

Table 2. Factors related to overall survival

Factor	No. of patients	% of OAS at 3 years (MST, months)	Univariate <i>p</i> value	Multivariate <i>p</i> value, hazard ratio (95% CI)
Age				
<70	29	55 (41)	0.660	0.087
≥70	31	61 (42)		
				(0.24–1.10)
Gender				
Male	42	62 (41)	0.332	0.194
Female	18	44 (42)		
				(0.29–1.30)
Tumor size (mm)				
<50	36	66 (44)	0.178	0.070
≥50	24	46 (23)		
				(0.28–1.05)
Pretreatment ICG R15				
<40%	45	67 (44)	0.002	
≥40%	15	33 (15)		
Child-Pugh classification				
A	47	68 (45)	<0.001	<0.001
B	13	23 (15)		
				(0.07–0.50)
Serum alpha-fetoprotein level (IU/mL)				
<300	41	61 (42)	0.617	0.618
≥300	19	53 (39)		
				(0.39–1.74)
PHI				
No	49	65 (44)	0.001	0.011
Yes	11	18 (9)		
				(0.11–0.76)
% of patients receiving V30				
<25%	40	57	0.724	
≥25%	20	60		
Total dose = 65 Gy				
Yes	11	44 (29)	0.646	0.185
No	49	61 (42)		
				(0.73–4.76)
Prior treatment				
None	24	67 (47)	0.112	0.002
Recurrence	36	53 (36)		
				(0.15–0.66)

Abbreviations: OAS = overall survival; MST = median survival time; CI = confidence interval; PHI = proton-induced hepatic insufficiency.

higher, the indication for PRT should be considered with extreme caution to prevent life-threatening PHI, as shown in Fig. 3.

Results of this retrospective study showed 56% OAS at 3 years in all patients and 68% in 47 Child-Pugh class A patients. All of them were judged strictly as unresectable and not amenable to local ablation. Therefore, a survival benefit of adding PRT to TACE could be expected, which should be tested in randomized trials. Suitable candidates for such a study may be patients who have unresectable HCC of >4

cm in diameter (*i.e.*, a high probability of microscopic vascular invasion) or who show macroscopic vascular invasion, which is amenable to selective segmental TACE as a curative treatment. Nevertheless, before developing that kind of randomized study, data should still be compiled regarding the safety and patterns of failure after PRT combined with TACE while ICG R15 and V30 are taken into account. Preliminary results of hypofractionated stereotactic body radiotherapy for patients with relatively small primary or metastatic liver tumors showed 70% to >90% of objective response rates and 20 or more months of median survival time (1, 18–20). Mature data regarding the relationship between oncological outcomes and tumor characteristics, as well as functional reserve of the liver, are needed to optimize cost-effectiveness of localized, high-dose RT using X-ray or charged particles for treatment of this disease. Nonetheless, RT should have no role in preventing multifocal tumorigenesis, which will be continuously encountered by multidisciplinary approaches (21).

The risk of developing serious gastrointestinal sequela after PRT is another important issue to consider in patients who have HCC located adjacent to the digestive tract. We attempted once-daily fractionation of PRT with 65 CGE/26 fractions. However, 2 of 11 patients who received this treatment developed gastrointestinal toxicity grade of ≥2. Moreover, these 11 patients showed significantly worse LPF rates than those who received 76 CGE/20 fractions of PRT. Three patients who received 60 CGE/10 fractions of PRT were controlled locally. Although our current data are based on a limited number of patients, precluding definitive conclusions, they suggest a low α/β ratio (22) of HCC, and this assumption should be examined further in clinical trials. Based on currently available data, efforts to exclude the gastrointestinal loop from the PTV by using, for example, surgical manipulations, seem to be positively considered in order to expand the role of PRT for HCC.

CONCLUSIONS

In conclusion, PRT achieved excellent local progression-free rates when aggressive, high-dose/fractionation was administered. Child-Pugh class A patients with ICG R15 of less than 40% tolerated PRT of a large irradiated volume well, despite development of transient PHI. However, in Child-Pugh class B patients, it seems reasonable to minimize the irradiated volume to prevent detrimental liver damage induced by PRT and underlying liver diseases. A V30 of less than 25% in the noncancerous portion of the liver is considered an indicator of the safety of PRT in patients who have pre-PRT ICG R15 of 20% to 50%. We believe that there are extremely few indications for PRT in patients who have ICG R15 of 50% or higher. Gastrointestinal toxicity is a major drawback of PRT for tumors adjacent to the gastrointestinal tract, and surgical manipulation to exclude the intestinal loop from the PTV should be positively considered as indicated. If these issues are carefully considered, with special attention to the patterns of tumor spread, when determining the

CTV, aggressive high-dose PRT could become a legitimate treatment for a certain population of patients with unresect-

able HCC for whom there is no standard treatment available other than TACE or liver transplantation.

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Surgical treatment of lymph node metastases from hepatocellular carcinoma

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Abstract

Background No consensus has been reached on the feasibility and efficacy of surgery for lymph node metastases (LNM) from hepatocellular carcinoma (HCC).

Methods Of 2189 patients with HCC treated at our hospital between July 1992 and March 2008, we retrospectively reviewed the medical dossiers of the 18 patients (0.8%) who underwent lymph node resection and were pathologically diagnosed to have LNM from HCC. The surgical procedure for LNM was selective lymphadenectomy of those lymph nodes suspected to harbor metastasis. The feasibility and efficacy of selective lymphadenectomy was examined, and clinicopathological factors were analyzed with the aim of determining which patients would most benefit from surgery.

Results Eighteen patients underwent surgery without mortality or liver failure. Morbidities were found in four patients (22.2%). The median survival time (MST) after surgery was 29 months [95% confidence interval (CI) 21–38 months]. The 1-, 3-, and 5-year overall survival rates were 85, 42, 21%. The median progression-free survival (PFS) after surgery was 6 months (95% CI 1–11 months), and the median extrahepatic PFS was 16 months (95% CI 13–18 months). Single LNM was the only favorable prognostic factor after surgery (Hazard ratio 0.082, 95% CI 0.008–0.83).

Conclusion Selective lymphadenectomy of LNM from HCC was a feasible and efficacious procedure. Survival

rates can be expected to improve after selective lymphadenectomy of single LNM.

Keywords Hepatocellular carcinoma · Lymph node metastases · Surgery

Introduction

Lymph node metastases (LNM) are rare and generally associated with poor prognosis in hepatocellular carcinoma (HCC) [1, 2]. No consensus has yet been reached on the treatment strategy for LNM from HCC [3–5]. A few case reports have been published on the surgical treatment of LNM from HCC. Abe et al. [6] described two patients who survived for more than 4 years after the resection of an isolated metastatic lymph node followed by transarterial embolization (TAE). Togo et al. [7] also described a patient who survived for 7 years without recurrence after single node resection and simultaneous hepatectomy. In contrast, Uenishi et al. [8] reported that the resection of multiple LNM led to a poor prognosis, and they questioned the efficacy of regional lymphadenectomy in HCC. Their poor results are partly attributable to the deterioration of cirrhotic liver function due to altered portal or lymphatic drainage caused by extensive LN dissection [9]. Based on these findings, it is possible that selective lymphadenectomy of suspected metastatic lymph nodes instead of regional lymphadenectomy would be an effective treatment for LNM from HCC.

The aims of this study were to present our surgical experiences on LNM from HCC and to discuss the feasibility and efficacy of selective lymphadenectomy. We also

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examined prognostic factors to determine who might most benefit from surgical resection.

Patients and methods

From July 1992 to March 2008, 2189 patients with HCC were treated at the National Cancer Center Hospital East in Kashiwa, Japan. Among those 2189 patients with HCC, 75 patients (3.4%) were clinically diagnosed to have LNM from HCC and 21 patients (1.0%) actually underwent surgery. Eighteen patients (0.8%) who underwent lymph node resection and in whom LNM were pathologically diagnosed were included in this and their medical histories retrospectively examined.

The staging and resectability of tumors were assessed by contrast-enhanced computed tomography (CT) scans, magnetic resonance imaging (MRI), hepatic arterial angiography, ultrasounds, and chest X-rays. The clinical diagnosis of LNM was based on the following findings from the contrast-enhanced CT, MRI, or ultrasound scans: (1) the short axis diameter of the lymph node was minimally >1 cm; (2) the lymph node showed hypervascularity in the arterial phase and washout of enhancement in the venous phase; (3) the liver tumor had been pathologically or clinically diagnosed as HCC according to the guidelines issued by American Association for the Study of Liver Diseases [10]. A typical case of LNM from HCC is depicted in Fig. 1. Indications of surgery for LNM from HCC were: (1) isolated LNM; (2) metachronous LNM without any tumor in the liver or synchronous LNM with

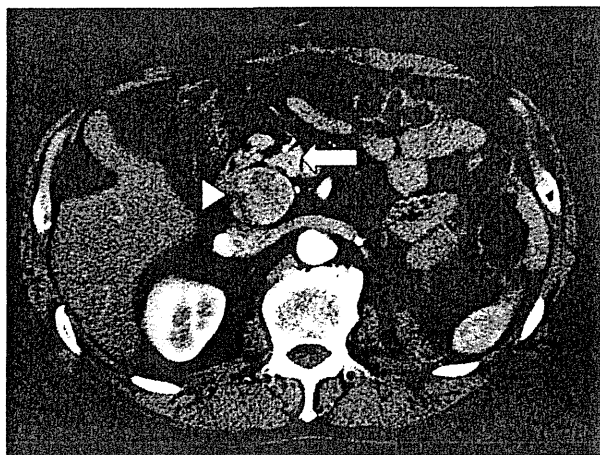


Fig. 1 Computed tomography findings of a solitary lymph node metastasis from hepatocellular carcinoma (HCC). A round-shaped, large lymph node (*arrowhead*) was found on the posterior surface of pancreas head (*arrow*). The lymph node was 6.0 cm in diameter and showed early enhancement in the arterial phase of the dynamic study

intrahepatic tumor that was potentially resectable or controllable by non-surgical treatments, such as TAE or radiofrequency ablation (RFA); (3) no extrahepatic metastases except lymph nodes; (4) sufficient liver function (Child–Pugh grade [11]: A or B) and performance status [Eastern Cooperative Oncology Group Performance Status (ECOG PS) [12]: 0 or 1] to undergo surgery. Liver function was assessed by liver biochemistry tests, the Child–Pugh grade, and the indocyanine green retention rate at 15 min [13]. The patients' data were reviewed by hepatic surgeons, medical oncologists, and interventional radiologists during a conference to determine if the patients met the aforementioned criteria.

The surgical treatment procedure for LNM was, in principle, selective lymphadenectomy in which only lymph nodes suspected of metastasis were resected. With this approach, potential deterioration of liver function caused by altered lymphatic drainage after extensive LN dissection was avoided. Thin vessels around the lymph nodes were ligated whenever possible to prevent lymphatic leakage. Resected lymph nodes were pathologically examined with hematoxylin–eosin (HE) stain. When the results from the HE stain were not definitive, we also performed immunohistochemistry tests to confirm the diagnosis. Patients were followed-up every 3 months after surgery and were assessed for recurrence by CT examination and tumor marker level (alpha fetoprotein and protein induced by vitamin K absence-II).

Survival time was calculated from the date of operation. Clinicopathological findings and survival were compared among the 18 patients who underwent resection for LNM. The correlation between survival and clinicopathological findings was also examined. Survival analyses were performed using the Kaplan–Meier method, and differences between the curves were tested using the log-rank test (SPSS ver. 11.0J for Windows; SPSS, Chicago, IL). Factors related to survival were analyzed with the Cox proportional hazards regression model. *p* values <0.05 were considered to be statistically significant.

Results

Patient characteristics

Patient characteristics of the 18 patients are listed in Table 1. Sixteen and two patients were Child–Pugh grade A and B, respectively. The LNM was solitary in 13 patients and multiple in five patients. The mean diameter of the metastatic lymph nodes was 5.1 cm. Thirteen patients had received previous treatments that consisted of hepatectomy (*n* = 8), TAE (*n* = 3), percutaneous ethanol injection (*n* = 1), and proton-beam therapy (*n* = 1). Median

Table 1 Patient characteristics

Patient characteristics	Patients (<i>n</i> = 18)
Male, <i>n</i> (%)	16 (88.9)
Age (years)	65.2 ± 2.1
Performance status (0/1/2/3), <i>n</i> ^a	17/1/0/0
HCV Ab (+), <i>n</i> (%)	9 (50)
Child–Pugh grade (A/B/C), <i>n</i>	16/2/0
Albumin (g/dl)	3.9 ± 0.1
T.Bil (mg/dl)	0.9 ± 0.1
ICG15R (%)	17.3 ± 2.6
PT (% standard)	82.6 ± 3.9
Platelet (× 10 ⁴ /mm ³)	15.3 ± 1.1
AFP (ng/ml)	1200 ± 750
PIVKA-II (mAU/ml)	410 ± 270
Previous treatments, <i>n</i> (%)	13 (72.2)
Simultaneous intrahepatic lesion, <i>n</i> (%)	13 (72.2)
Portal vein invasion, <i>n</i> (%) ^b	8 (44.4)
Multiple intrahepatic lesions, <i>n</i> (%) ^b	7 (38.9)
T-stage of intrahepatic lesions (T1/T2/T3/T4), <i>n</i> ^{b,c}	3/5/5/5
Size of LNM (cm)	5.1 ± 1.0
Multiple LNM, <i>n</i> (%)	5 (27.8)
Extrahepatic metastasis except LNM, <i>n</i> (%)	0 (0)
JIS score (3/4/5), <i>n</i> ^d	16/2/0

All values are given as the standard error of the mean (SEM) unless otherwise indicated

HCV Ab Hepatitis C virus antibody, *T.Bil* total bilirubin, *ICG15R* indocyanine green retention rate at 15 min, *PT* prothrombin time, *AFP* alpha fetoprotein, *PIVKA-II* protein induced by vitamin K absence-II, *LNM* lymph node metastases, *JIS score* Japan Integrated Staging score

^a Performance status was evaluated according to the ECOG (Eastern Cooperative Oncology Group) criteria [11]

^b When LNM was metachronous and the hepatic lesion did not exist simultaneously, the findings were evaluated for the most recently treated hepatic lesions

^c T-stage was evaluated according to the TNM staging by the Liver Cancer Study Group of Japan [14]

^d Japan Integrated Staging score can be obtained by combining the TNM stage score by the Liver Cancer Study Group of Japan and the Child–Turcotte–Pugh stage score [18]

duration from the primary treatment for HCC to LN recurrence in these 13 patients was 36 months (range 4–124 months). In 13 patients, LNM were accompanied by simultaneous hepatic lesions, and five of the 13 patients had multiple hepatic lesions. Of the five patients without simultaneous hepatic lesions, two had multiple hepatic lesions previously while three patients had only single lesions. The underlying liver pathology in three patients was normal, while seven patients had chronic hepatitis and eight patients had cirrhosis.

Locations of LNM

The metastatic lymph nodes in the 18 patients were located along the left gastric artery (*n* = 4), on the posterior surface of the pancreas head (*n* = 4), around the abdominal aorta (*n* = 3), above the diaphragm (*n* = 3), in the hepatoduodenal ligament (*n* = 3), and along the common hepatic artery (*n* = 1).

Surgery for LNM

Selective lymphadenectomy was performed in 17 patients, while one patient underwent regional lymphadenectomy along the left-gastric artery, common hepatic artery, and hepatoduodenal ligament. Among the 13 patients with simultaneous hepatic lesions, nine patients underwent simultaneous hepatectomy (3 lobectomies, 3 partial resections, 1 segmentectomy, 1 central bisegmentectomy, and 1 extended lobectomy), three patients received non-operative treatments (2 TAE and 1 RFA), and one patient received careful follow-up without treatment because the lesion became obscure in severely cirrhotic liver and could not undergo TAE. During the same period, one patient underwent surgery for LNM, but the lymph node could not be resected due to involvement of main portal vein. Two other patients underwent surgery for LNM, but the pathological findings revealed that one was benign reactive lymphadenopathy and the other was metastasis from a neuroendocrine tumor. These three cases were not included in the present study. There was no postoperative mortality. Six postoperative complications occurred in four patients: transient pleural effusions (*n* = 2), cholecystitis (*n* = 1), bile leak (*n* = 1), intestinal obstruction (*n* = 1), and wound infection (*n* = 1). No patients developed liver failure or refractory ascites. Transient pleural effusions were treated with single thoracentesis.

Survival

The median survival time (MST) of 18 patients was 29 months after surgery [95% confidence interval (CI) 21–38 months] and 32 months after clinical diagnosis (95% CI 23–41 months). The 1-, 3-, and 5-year overall survival rates after surgery were 85, 42, 21%, respectively. The median progression-free survival (PFS) after surgery for LNM was 6 months (95% CI 1–11 months), and the median extrahepatic PFS was 16 months (95% CI 13–18 months) (Fig. 2).

Recurrence after resection of LN metastasis from HCC

Among the 12 patients with disease progression after surgery, four patients developed only intrahepatic lesions that were treated by TAE (*n* = 2) or RFA (*n* = 2). The other

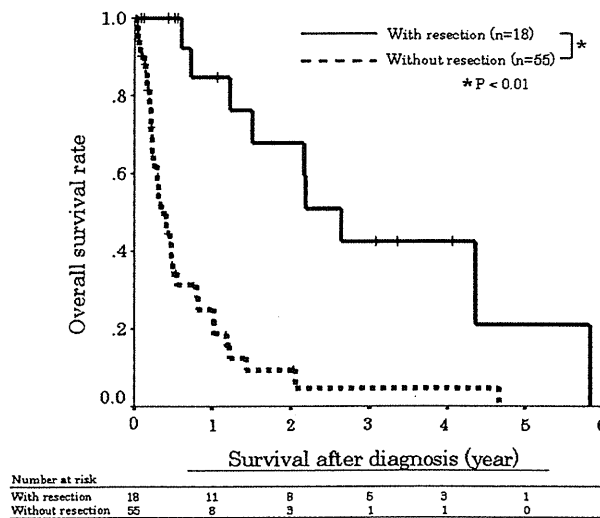


Fig. 2 Cumulative survival curves of patients with or without resection of lymph node metastases (LNM). The median survival time after clinical diagnosis was 32 months with resection (95% CI 23–41 months) and 4 months without resection (95% CI 3–6 months)

eight patients developed both intra- and extrahepatic lesions. The extrahepatic recurrences occurred in LN ($n = 6$), lung and LN ($n = 1$), and peritoneum ($n = 1$). One patient with lung and LN recurrence was treated with repeated selective lymphadenectomy and partial lung resection each time. The remaining seven patients with extrahepatic recurrences received the best supportive care ($n = 4$) or chemotherapy ($n = 3$).

Correlation between clinicopathological factors and overall survival

The correlation between clinicopathological factors and overall survival of the 18 patients is shown in Table 2. The survival rate of the patients with resection of single LNM was statistically higher than that of multiple LNM (MST: 52 vs. 14 months after surgery, $p < 0.01$) (Fig. 3). Liver functions, status of viral hepatitis, history of previous treatments, presence of intrahepatic lesions, curability of simultaneous intrahepatic lesions, regions of metastatic LNs, and other factors were not statistically significant. In order to eliminate the effect of possible confounding factors and small sample size, factors with p values < 0.2 by univariate analysis were analyzed with the Cox proportional hazards regression model: the single LNM was found to be the only favorable prognostic factor (hazard ratio 0.082, 95% CI 0.008–0.83).

Non-surgical treatments

During the same period, 55 patients were clinically diagnosed to have LNM, but did not undergo lymphadenectomy

due to the following reasons: (1) poor control of intrahepatic lesions ($n = 18$); (2) regional or systemic LNM ($n = 16$); (3) extrahepatic metastasis other than LNM ($n = 9$); (4) poor liver function (Child–Pugh grade C) ($n = 5$); (5) poor performance status (ECOG PS ≥ 2) ($n = 4$); (6) patients' preference ($n = 2$); (7) involvement of main portal vein ($n = 1$). The MST of 55 patients without lymphadenectomy was 4 months after clinical diagnosis (95% CI 3–6 months) and was significantly shorter than that of patients with lymphadenectomy (32 months; 95% CI 23–41 months) ($p < 0.01$) (Fig. 2). Non-operative treatments included the best supportive care ($n = 19$), systemic chemotherapy ($n = 13$), TAE ($n = 8$), external beam radiation therapy ($n = 5$), transarterial infusion chemotherapy ($n = 5$), immunotherapy ($n = 3$), and hepatic arterial continuous infusion chemotherapy ($n = 2$). Four patients developed complications that were directly related to the LNM from HCC, namely, obstructive jaundice ($n = 2$), esophageal obstruction ($n = 1$), and obstruction of inferior vena cava ($n = 1$) (Fig. 4).

Discussion

Lymph node metastases from HCC are rare. The feasibility and efficacy of surgical treatment for LNM from HCC has not been fully evaluated. Several case studies have reported mortality cases and high morbidity rate after surgery [8, 9]. In our study, however, there was no mortality or liver failure associated with surgery for LNM, although eight cases were complicated by liver cirrhosis. These results demonstrate the safety of selective lymphadenectomy for LNM from HCC in selected patients and are in contrast to the high rate of liver failure previously reported following regional lymphadenectomy [8, 9]. The favorable outcomes of selective lymphadenectomy may be attributable to the maximum conservation of the lymphatic and portal flow around the liver. Selective lymphadenectomy of LNM might be a safer and feasible procedure in patients with liver cirrhosis, although the indication for selective lymphadenectomy should still be carefully considered, especially in terms of liver function.

Considering the survival benefit of selective lymphadenectomy for patients with LNM, the MST was 29 months after lymphadenectomy and the 1-, 3-, and 5-year OS were 85, 42, and 21%. Survival more than 3 years was achieved in five patients after surgery, and two of these patients are still alive without a recurrence. These results indicate the survival benefit of selective lymphadenectomy for LNM from HCC in selected patients. The efficacy of lymphadenectomy was recently questioned by Sun et al. [3]. However, the methods and patient backgrounds were different between two studies. In Sun's study, the evaluation

Table 2 Correlation between clinicopathological factors and overall survival after lymph node resection of HCC (the log-rank test)

Patient characteristics	n	Univariate analysis				Multivariate analysis		
		3-year OS (%)	5-year OS (%)	MST (months)	p value	Hazard ratio	(95% CI)	p value
Age (years)								
<70	12	34.3	0	24.5	0.15	0.09	(0.005–1.62)	0.29
≥70	6	66.7	66.7	68.3				
Serology of viral hepatitis								
HBs Ag (–) and HCV Ab (–)	5	100	0	52.3	0.13	0.02	(0.00–1.12)	0.19
HBs Ag (+)/HCV Ab (+)/both (+)	13	22.2	22.2	24.5				
Child–Pugh grade								
A	16	40.9	0	29.4	0.48			
B	2	50	50	24.5				
AFP (ng/ml)								
≥400	5	50	50	14.5	0.97			
<400	13	38.1	19.1	29.4				
PIVKA-II (mAU/ml)								
≥100	9	40	40	29.4	0.77			
<100	9	41.7	41.7	24.5				
Liver cirrhosis								
Yes	8	57.1	57.1	68.3	0.18	0.04	(0.00–5.73)	0.07
No	10	22.2	0	25.6				
Simultaneous hepatic lesions								
Absent	5	75	75	68.3	0.08	0.57	(0.00–88.8)	0.21
Present	13	25.9	0	25.6				
Number of intrahepatic lesions^a								
Single	12	37.5	37.5	24.5	0.6			
Multiple	6	50	25	25.6				
T-stage of intrahepatic lesions^b								
T1/2	8	33.3	33.3	24.5	0.67			
T3/4	10	51.4	25.7	52.3				
Portal vein invasion^a								
Present	8	62.5	0	52.3				
Absent	10	28.6	28.6	25.6	0.77			
Number of LNM								
Single	13	55.6	27.8	52.3	<0.01	0.082	(0.008–0.83)	0.03
Multiple	5	0	0	14.5				
Size of metastatic LN (cm)								
≥4.0	12	33.3	16.7	25.6	0.48			
<4.0	6	66.7	66.7					
Differentiation of metastatic LNs								
Well or moderately differentiated	3	50	50	25.6				
Poorly differentiated	15	40.9	20.5	29.4	0.68			
JIS score^c								
3	16	40.9	0	29.4	0.48			
4 or 5	2	50	50	24.5				

HCC Hepatocellular carcinoma, OS overall survival, MST median survival time, CI confidence interval, LN lymph node, HBs Ag hepatitis B surface antigen

^a Metachronous intrahepatic lesions were evaluated in the absence of simultaneous intrahepatic lesions

^b T-stage of intrahepatic lesions was evaluated according to the TNM staging by the Liver Cancer Study Group of Japan [14]

^c Japan Integrated Staging score can be obtained by combination of the TNM stage score by the Liver Cancer Study Group of Japan and the Child–Turcotte–Pugh stage score [18]

of LNM and decision whether lymphadenectomy should be done or not were mostly based on the palpation of surgeons during surgery. The preoperative evaluation of LNM was not performed precisely in most of the patients. In comparison, in our study, the diagnosis of LNM was made by preoperative imaging diagnosis. Selective lymphadenectomy was performed only for lymph nodes which were clinically diagnosed for metastasis. Patients' backgrounds were also different because the present study included many recurrent cases and cirrhotic cases. Based on these aspects, we consider that the efficacy of resection for LNM from HCC was not fully evaluated in Sun's study and that selective lymphadenectomy is a safe and beneficial procedure in selected patients.

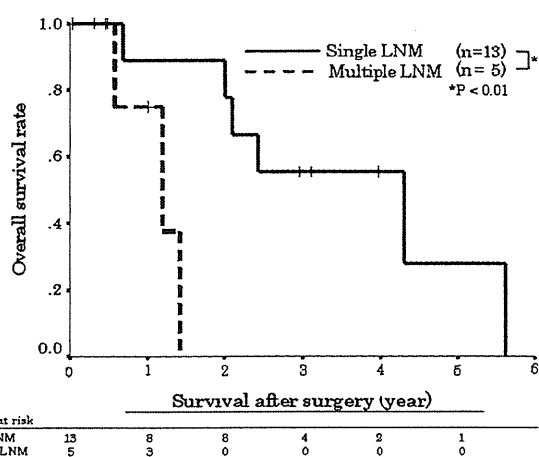


Fig. 3 Cumulative survival curves after surgery according to the number of MLN. The survival rate of the patients with resection of single LNM was statistically higher than that of multiple LNM (mean survival time 52 vs. 14 months; $p < 0.01$)

The possible candidates for selective lymphadenectomy are not many. In the present study, among 2189 patients with HCC who were treated in our institution, 75 patients (3.4%) were clinically diagnosed to have LNM from HCC, and 21 patients (1.0%) actually underwent surgery according to the aforementioned criteria. Among those 21 patients, 19 patients were pathologically diagnosed to have LNM from HCC while benign reactive lymphadenopathy was identified in resected lymph nodes in one case and metastasis from neuroendocrine tumor in the other. The positive predictive value of our diagnostic criteria of LNM from HCC was 90.5%. Among 19 patients with pathologically proven LNM, 18 patients underwent successful lymphadenectomy while it was abandoned due to invasion of the main portal vein in one patient. Thus, selective lymphadenectomy might be indicated in 24.0% (18/75) of cases with clinical diagnosis of LNM from HCC.

A comparison of surgical and non-surgical treatments suggests that external beam radiation therapy can be considered as a possible alternative modality for the treatment of LNM from HCC. However, median survival following this therapy has been found to be only 7–9.4 months, while the incidence of gastrointestinal bleeding was fairly high (9.4–22.0%) [4, 15]. A newer molecular targeting agent, Sorafenib (Nexavar; Bayer HealthCare Pharmaceuticals, Basel, Switzerland/Onyx Pharmaceuticals, Emeryville, CA), has been recently shown to prolong survival in patients with advanced HCC [16, 17]. However, a survival benefit was not demonstrated in the sub-group analysis of patients with extrahepatic metastasis. Long-term survival was rarely seen after those non-surgical treatments. Although candidates for resection are limited, and multimodal treatment might be necessary after resection, surgery for LNM seems to play an important role in achieving

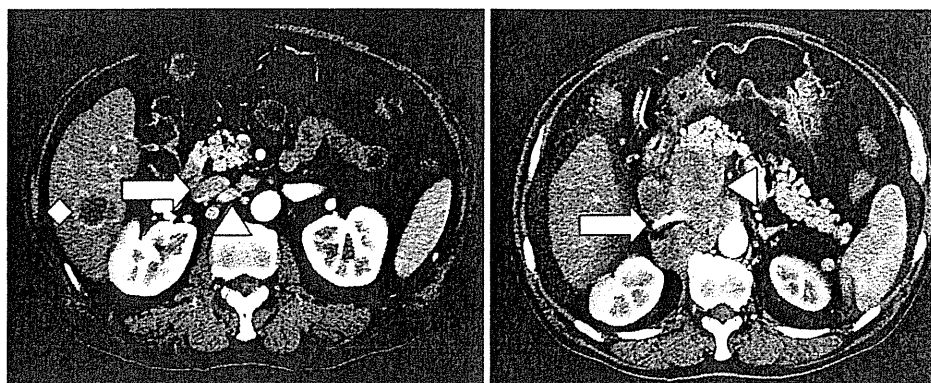


Fig. 4 Computed tomography findings of inferior vena cava obstruction by huge metastatic lymph nodes from hepatocellular carcinoma. *Left* A 57-year-old female underwent proton beam therapy for her solitary HCC (diamond). The slightly enlarged lymph nodes

(arrowhead) around the inferior vena cava (IVC) (arrow) were at first judged equivocal as metastases (short axis diameter <1.0 cm). *Right* Only 2 months later, the patient developed IVC obstruction (arrow) by the rapidly growing lymph nodes (arrowhead)

long-term survival in the treatment strategy for LNM from HCC.

Evaluating the correlation between clinicopathological factors and prognosis after selective lymphadenectomy, single LNM was the only favorable prognostic factor after surgery (hazard ratio 0.082, 95% CI 0.008–0.83). The MST of patients with single and multiple LNM after surgery were 52 and 14 months, respectively ($p < 0.01$). All five patients who survived >3 years had single LNM and four of them did not develop extrahepatic metastasis within 3 years. On the contrary, three of the five patients with multiple LNM developed intra- and extrahepatic recurrences within 6 months after surgery. Therefore, multiple LNM indicated its advanced and systemic nature of the disease, while single LNM might be considered to be a localized disease. The MST of patients with resection of multiple LNM was not significantly longer than that of patients without resection (15 vs. 4 months after diagnosis, respectively; $p = 0.12$). Patients with single LNM appear to be the best candidates for selective lymphadenectomy. On the other hand, efficacy of selective lymphadenectomy for multiple LNM seemed equivocal due to its advanced and systemic nature of the disease.

The LNM from HCC might also cause severe complications, such as obstructive jaundice, pyloric obstruction, and inferior vena cava obstruction [15]. The resection of LNM might prevent these complications. In our institution, there were four complications directly related to LNM during the same period as that covered by our study. One patient developed inferior vena cava obstruction due to rapidly growing lymph nodes while receiving proton beam therapy for her solitary intrahepatic lesion (Fig. 4). Another patient developed esophageal obstruction due to large metastatic lymph nodes in the mediastinum. Two other patients developed obstructive jaundice due to metastatic lymph nodes in the hepatoduodenal ligament, which were treated with percutaneous transhepatic biliary drainage. Although selective lymphadenectomy should be performed with curative intent, it might additionally be beneficial as a preventative and palliative measure against these life-threatening complications.

The present study has several limitations. It is a single institutional study with a small patient population. Also, this study was not performed as a randomized controlled trial (RCT). However, RCTs are very difficult to conduct in this disease group due to the small number of patients scattered over diverse facilities. Our future perspective is to conduct a prospective observational study in a multi-institutional setting focusing on selective lymphadenectomy for patients with single LNM.

Conclusion

Selective lymphadenectomy of LNM from HCC is a feasible and efficacious procedure. Long-term survival can be expected after selective lymphadenectomy, especially in patients with a single LNM.

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Borderline resectable pancreatic cancer: rationale for multidisciplinary treatment

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Abstract

Background Borderline resectable pancreatic cancer (BRPC) appears to be most frequently related to a positive surgical margin and has a poor prognosis after resection. However, few reports are available on differences in tumor characteristics and prognoses among resectable pancreatic cancer (PC), BRPC, and unresectable PC.

Methods Records of 133 patients resected for pancreatic ductal adenocarcinoma and 185 patients treated as locally advanced PC (LAPC) were reviewed.

Results Twenty-four patients who initially underwent resection (BRPC-s) and 10 patients who were initially treated as LAPC (BRPC-n) met the criteria for BRPC. Prognosis of BRPC was significantly better than that of unresectable PC, but was significantly worse than that of resectable PC. BRPC-s showed more frequent nerve plexus invasion ($P < 0.01$), portal vein invasion ($P < 0.01$), and loco-regional recurrence ($P = 0.03$) than resectable PC. The positive surgical margin rate was not significantly higher in BRPC-s (29%) than in resectable PC (19%) ($P = 0.41$).

Conclusions BRPC had a poorer prognosis with more local failure than resectable PC although prognosis of BRPC was significantly better than that of unresectable PC. Considering the tumor and treatment characteristics, multidisciplinary treatment including resection is required for BRPC.

Keywords Pancreatic cancer · Resection · Borderline resectable pancreatic cancer

Introduction

Borderline resectable pancreatic cancer (BRPC) is a newly proposed category that is now being established [1–4]. BRPC tumors can be understood radiologically and technically as an intermediate stage between resectable tumor and locally advanced tumor. These tumors are often treated as resectable in some specialized centers, but are more likely to be removed with positive surgical margins, with positive margins generally being predictive of decreased survival [5, 6]. Multidisciplinary treatment for BRPC aiming to improve surgical resectability and prognosis is thought to be a promising strategy [7]. The surgical oncology group of the MD Anderson Cancer Center proposed neoadjuvant chemotherapy and chemoradiation for BRPC patients, and they reported favorable outcomes, with a low positive surgical margin rate and relatively long survival after the combined modality treatment [1, 2]. In the report of the AHPBA/SSO/SSAT Consensus Conference, it was recommended that BRPC patients should be studied separately from those with resectable PC or unresectable PC [7].

However, little information is available on the differences in patient demographics and surgical results,

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including prognosis and positive surgical margin rate, between resectable PC and BRPC that might support a rationale for selective neoadjuvant therapy for BRPC patients. Furthermore, prognosis of BRPC patients initially treated with nonsurgical treatment such as chemotherapy or chemoradiotherapy has not been well documented.

The objective of this paper was to investigate clinicopathological factors and prognosis in patients with resected BRPC and to compare the above factors between patients with resected BRPC and those with resectable PC. We also compared outcomes between BRPC and unresectable PC to assess prognostic significance of surgical resectability in PC patients initially treated with nonsurgical treatment for local development of the tumor.

Methods

Definition of BRPC

BRPC was defined in this study according to the criteria for resectability status in the “NCCN Practice Guidelines in Oncology” [4]. Namely, the criteria for BRPC were as follows: (1) severe superior mesenteric vein (SMV)/portal impingement; (2) $<180^\circ$ tumor abutment on the superior mesenteric artery (SMA); (3) abutment or encasement of the hepatic artery, if reconstructible; and (4) SMV occlusion, if of a short segment, and reconstructible. In this study, in terms of SMV/portal impingement, only patients with bilateral SMV/portal impingement were included.

Patient population

A total of 133 patients who had undergone surgical resection for pancreatic ductal adenocarcinoma at the National Cancer Center Hospital East between January 2002 and December 2008 were examined retrospectively. No patients received neoadjuvant chemotherapy or chemoradiation. According to staging by multidetector-row computed tomography (MDCT) findings, 24 patients met the criteria for BRPC, and the remaining 109 patients had resectable pancreatic cancer. The 24 BRPC patients who were initially treated with resection were classified as BRPC-s.

In order to find BRPC patients who had been initially treated with nonsurgical therapy, resectability status of a total of 185 patients who were treated as locally advanced pancreatic cancer (LAPC) between January 2002 and December 2008 was examined. According to staging by MDCT findings, 10 patients met the criteria for BRPC, and the remaining 175 patients had unresectable pancreatic

cancer. The 10 BRPC patients who were initially treated with nonsurgical therapy were classified as BRPC-n. For treatment of the 10 BRPC-n patients, chemotherapy was performed in 7 and concurrent or sequential chemoradiotherapy in 3. For treatment of the 175 unresectable PC patients, chemotherapy was performed in 120 patients, radiotherapy in 2, and concurrent or sequential chemoradiotherapy in 53. After initial therapy, surgical resection was performed in 2 patients out of the 10 BRPC-n patients, and 3 out of the 175 unresectable patients.

All patients had a confirmed pathological diagnosis as pancreatic ductal adenocarcinoma.

Operative procedure

Patients with ductal adenocarcinoma of the head of the pancreas typically underwent subtotal stomach-preserving pancreaticoduodenectomy, and those with ductal adenocarcinoma of the body or tail underwent distal pancreatectomy. All patients underwent dissection of lymph nodes, including nodes along the common hepatic artery (CHA) and SMA and the regional lymph nodes around the pancreas, while patients with pancreatic head cancer underwent dissection of the lymph nodes in the hepatoduodenal ligament in addition. Dissection of para-aortic lymph nodes was not routinely performed. The operative procedure generally included resection of the nerve plexus around the SMA (half on the tumor side), the nerve plexus around the CHA, and the celiac plexus. When the portal vein (PV) or SMV was involved, PV/SMV resection was performed if reconstructible. However, when the SMA, CHA, or celiac axis was definitively involved at operation, the tumor was considered unresectable, unless distal pancreatectomy with celiac axis resection for pancreatic body cancer that involved the celiac axis or the proximal part of the CHA could be performed for curative intent. Intraoperative pathological assessment of the pancreatic cut end margin was performed using frozen tissue sections. If the cut end margin was positive for adenocarcinoma, further resection of the pancreas was performed.

CT examination

All images were viewed on soft-tissue windows of MDCT. Two-phase abdominal contrast-enhanced CT (arterial and portal venous phase) was performed with 16-slice MDCT scanner in all patients before initial treatment. Images were reconstructed at 2-mm intervals using a standard soft-tissue algorithm. For interpretation of CT images, axial images were mainly assessed, but oblique-coronal MPR images

were assessed concurrently whenever available. All interpretations in terms of resectability were made by experienced surgeons and a radiologist according to the aforementioned criteria for BRPC.

Pathology investigations

Each resected pancreatic specimen was examined histologically for the histological type, tumor size, arterial invasion, PV invasion, nerve plexus invasion, bile duct invasion, duodenal invasion, serosal invasion, retroperitoneal invasion, nodal status, and margin status. Histological diagnosis was performed according to the TNM classification system of malignant tumors published by the International Union Against Cancer (UICC), 6th edition [8].

Postoperative adjuvant chemotherapy

No patients received postoperative adjuvant chemotherapy until 2007. Since 2007, 35 patients have received adjuvant chemotherapy consisting of three weekly intravenous infusions of gemcitabine 1,000 mg/m² followed by a 1-week pause for 6 months. Alternatively, 80 mg/m² of oral S-1 was given for 4 weeks, followed by a 2-week pause, for 6 months in 10 patients on a protocol designed for patients after resection of pancreatic adenocarcinoma.

Survival

Patients were followed regularly at 3-month intervals with blood testing and MDCT. Survival and follow-up were calculated from the time of the operation to the date of death or last available follow-up, and for LAPC patients, from the time of beginning first treatment. Cause of death and recurrence status were recorded. The survivors' median follow-up time after surgery was 26.4 months.

Statistical analysis

The χ^2 test and Student *t* test were used for univariate comparisons of clinicopathological factors except preoperative CA 19-9 level between subgroups based on resectability status. Mann-Whitney's *U* test was used to compare preoperative CA 19-9 level between subgroups. Analyses of survival were performed using the Kaplan–Meier method [9], and differences between the curves were tested using the log-rank test. Factors related to survival were analyzed with the Cox proportional hazards regression model [10]. A *P* value of <0.05 was considered significant. Statistical analysis was performed using SPSS version 17.0 software (SPSS, Chicago, IL, USA).

Results

MDCT findings for BRPC

During the period of this study, 24 of the 133 patients who initially underwent surgical resection for pancreatic ductal adenocarcinoma (i.e., BRPC-s) and 10 of the 185 patients who were initially treated as LAPC (i.e., BRPC-n) met the criteria for BRPC. Bilateral SMV/portal impingement was recognized in 11 patients (Fig. 1a, b), tumor abutment on the CHA in 7 (Fig. 1c), tumor abutment on the SMA in 16 (Fig. 1d), and tumor abutment on the celiac axis in 7.

Clinicopathological features of patients with BRPC

Table 1 summarizes the clinicopathological features of patients with resectable PC, BRPC, and unresectable PC. Tumor located in the head of the pancreas was significantly more frequent in patients with resectable PC than in those with BRPC (*P* < 0.01). Tumor size of BRPC was significantly greater than that of resectable PC (*P* < 0.01) and was significantly smaller than that of unresectable PC (*P* < 0.01). Preoperative CA 19-9 value seemed to increase as tumor resectability status progressed, but the differences were not significant.

Moreover, detailed pathological analyses were performed between resectable PC and BRPC-s. Tumor size of BRPC-s was 3.3 cm and tended to be greater than that of resectable PC (*P* = 0.16). Invasion of the artery, the PV, and the nerve plexus was seen in 14, 32, and 33 out of 109 resectable PC patients, and in 4, 14, and 18 out of 24 BRPC-s patients. Invasion of the PV and the nerve plexus was observed more frequently in BRPC-s than in resectable PC (*P* < 0.01). There was no significant difference in status of arterial invasion and invasion to other organs between the two subgroups. Patients with N1 were more frequently seen in BRPC-s patients (*n* = 21) than in resectable PC patients (*n* = 81), but the difference was not significant (*P* = 0.19). According to the TNM system [8], 1, 22, and 1 patients were diagnosed with stage IIA, IIB, and III disease, respectively, in BRPC-s patients, while 3, 25, 80, and 1 patients were diagnosed with IB, IIA, IIB, and III disease, respectively, in resectable PC patients.

Surgical resections of BRPC

In the BRPC-s group, subtotal stomach-preserving pancreaticoduodenectomy was performed in 15 patients, distal pancreatectomy in 4, distal pancreatectomy with celiac axis resection in 4, and total pancreatectomy in 1. In the 24 BRPC-s patients, 14 underwent SMV/PV resection, and 4 underwent celiac axis/CHA resection without reconstruction. The colon, jejunum, left adrenal gland, and left kidney

Fig. 1 Axial images from contrast-enhanced MDCT in patients with BRPCs. **a** Bilateral impingement of the SMV by the tumor located in the uncus. **b** Occlusion of a short segment at the confluence of the SMV and splenic vein. **c** Tumor abutment on the CHA. **d** Tumor abutment on the SMA with involvement of the root of the first jejunal artery

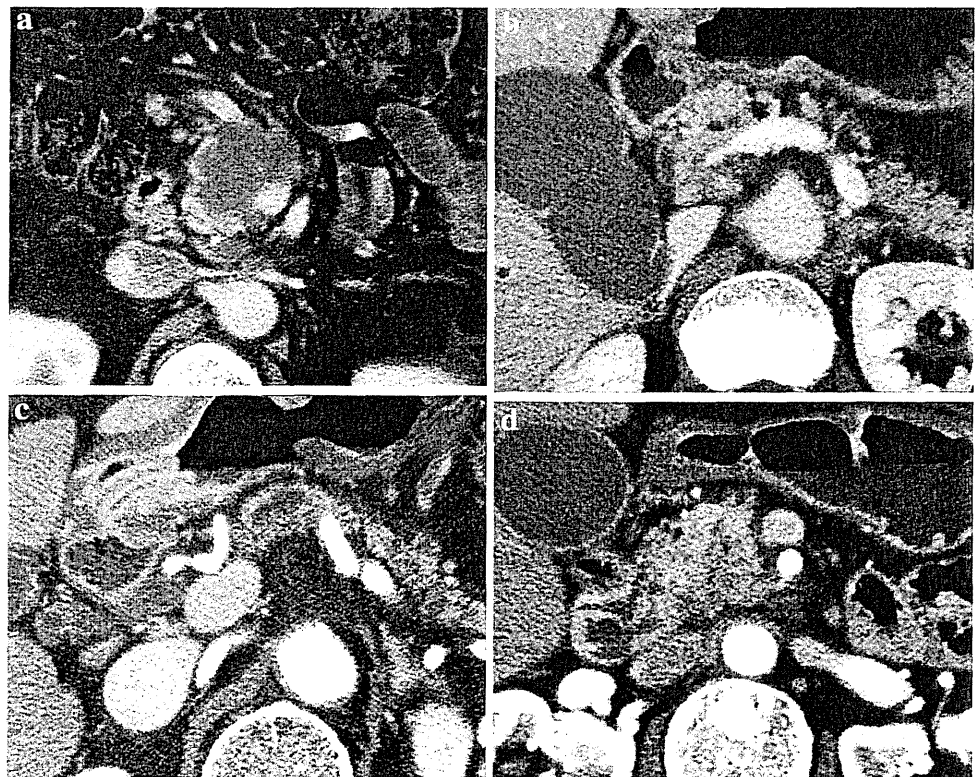


Table 1 Clinicopathological characteristics of patients with resectable PC, BRPC, and unresectable PC

Factor	Status of resectability			P value
	Resectable PC (n = 109)	BRPC (n = 34)	Unresectable PC (n = 175)	
Age, median (range) (years)	65 (34–85)	64 (40–84)	65 (34–85)	NS
Sex (n)				
Male	72	19	84	NS
Female	37	15	91	
Location of tumor (n)				
Head	77	17	90	<0.01*
Body or tail	32	17	85	
Histological type of tumor (n)				
Well	15	8	24	NS
Moderate/poor or others	94	26	84	
Not classified	0	0	67	
Tumor size, median (range) (cm)	2.8 (1.0–8.0)	3.5 (1.5–10.0)	4.1 (1.8–12.0)	<0.01**
CA 19-9, median (range) (U/ml)	106.0 (0.6–53,820)	191.5 (0.5–35,380.0)	339 (0.1–24,365.0)	NS

* Difference between resectable PC and BRPC

** Difference between resectable PC and BRPC, and between BRPC and unresectable PC

were also resected with pancreatic tumor in 2, 1, 1, and 1 patients, respectively. Positive microscopic surgical margins were more frequently seen in BRPC-s (7 of 24, 29%) than in resectable PC (21 of 109, 19%). However, the difference between the two groups was not significant ($P = 0.41$). There was no mortality. Eight postoperative complications were observed: five cases of pancreatic fistula, two cases of diarrhea, and one case of pleural effusion.

In the BRPC-n group, two patients underwent subtotal stomach-preserving pancreaticoduodenectomy for pancreas head cancer after systemic chemotherapy. One patient was alive with disease 35 months, and the other patient was alive without recurrence 21 months after beginning of the first treatment. Surgical resection was performed significantly more frequently in BRPC-n patients than in unresectable patients ($P < 0.01$).

Survival after resection of BRPC

The 2-year survival rates [estimated median survival time (MST)] of 109 patients with resectable PC, 34 patients with BRPC, and 175 patients with unresectable PC were 50.4% (24.6 months), 33% (15.7 months), and 13.5% (10.3 months), respectively (Fig. 2a). The prognosis of BRPC patients was significantly better than that of unresectable PC patients ($P < 0.01$), but was significantly worse than that of resectable PC patients ($P = 0.04$). In patients who initially underwent surgical resection for PC, survival was significantly shorter after resection of BRPC-s than after resection of resectable PC ($P = 0.03$) (Fig. 2b). On the other hand, in patients who were initially treated with nonsurgical therapy, the prognosis of BRPC-n was significantly better than that of unresectable PC patients ($P = 0.03$) (Fig. 2b).

Correlation between clinicopathological factors and overall survival in 133 PC patients who initially underwent resection

To identify prognostic factors for survival after resection of pancreatic ductal adenocarcinoma, clinicopathological factors and overall survival were analyzed in the 133 patients (Table 2). Maximum size above 3 cm ($P = 0.03$), nerve plexus invasion ($P < 0.01$), N1 ($P = 0.03$), SMV/portal impingement ($P = 0.02$), resectability ($P = 0.03$), and no adjuvant chemotherapy ($P < 0.01$) were significantly correlated with overall survival. The aforementioned factors were entered into multivariate analysis with a Cox proportional hazards model. Resectability was excluded from the analyses because it was strongly correlated with SMV/portal impingement. Nerve plexus invasion ($P < 0.01$), N1 ($P = 0.03$), and no adjuvant chemotherapy ($P = 0.02$) were predictors for decreased overall survival.

Recurrences after resection of BRPC

After surgical resection, 22 patients (92%) in the BRPC-s group and 75 (69%) in the resectable PC group developed recurrences. The locations of the initial recurrences in BRPC-s and resectable PC, respectively, were as follows: liver in 7 (29%) and 34 (31%); local recurrence in 10 (42%) and 23 (21%); lymph node in 4 (17%) and 13 (12%); peritoneum in 9 (38%) and 21 (19%); and other organs in 3 (13%) and 10 (9%). Local recurrence was more frequent in the BRPC-s group than in the resectable PC group ($P = 0.03$).

Postoperative adjuvant chemotherapy

Seven (29%) of 24 BRPC-s patients and 28 (26%) of 109 resectable PC patients received postoperative adjuvant chemotherapy. Gemcitabine was administered to 6 BRPC-s patients and 19 resectable PC patients, while S-1 was administered to 1 BRPC-s patient and 9 resectable PC patients. The median duration from operation to the start of adjuvant chemotherapy was 64 days in the BRPC-s patients and 56 days in the resectable patients (NS). Six (86%) BRPC-s patients and 19 (68%) resectable PC patients completed the 6-month course of adjuvant chemotherapy. Relative dose intensity of adjuvant chemotherapy was 85% in BRPC-s patients and 78% in resectable PC patients (NS).

Survival by postoperative adjuvant chemotherapy

In the resectable PC group, survival in patients with adjuvant chemotherapy (MST: not reached) was significantly better than that in patients without adjuvant chemotherapy (MST: 20.5 months) ($P < 0.01$). However, in

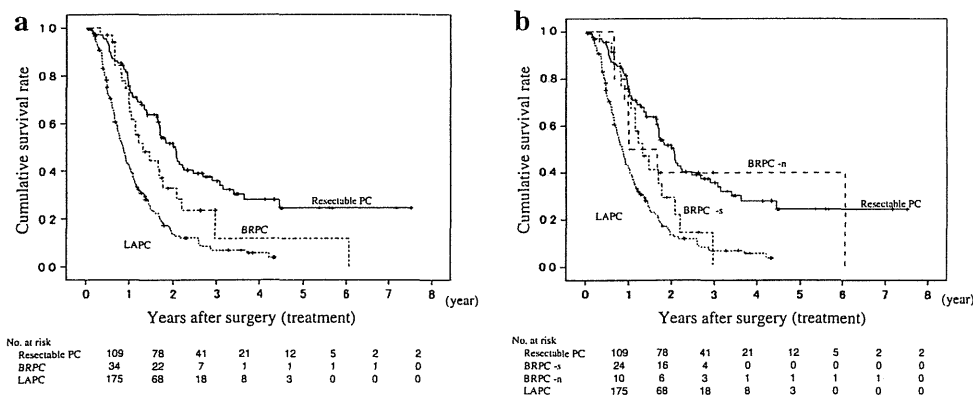


Fig. 2 a Comparison of survival in patients with resectable PC, BRPC, and unresectable PC. Both the differences between the resectable PC group and the BRPC group ($P = 0.04$) and between the BRPC group and the unresectable PC group ($P < 0.01$) were significant. **b** Cumulative survival curves according to detailed

resectability status. Prognosis of BRPC-s was significantly worse than that of resectable PC ($P = 0.03$). Prognosis of BRPC-n was significantly better than that of unresectable PC ($P = 0.03$). BRPC-s BRPC treated with resection initially, BRPC-n BRPC treated with nonsurgical therapy initially

Table 2 Associations between overall median survival time (MST) and patient, tumor, and treatment characteristics in PC patients who were initially treated with surgical resection

Factor	MST (months)	Univariate analysis <i>P</i> value	Multivariate analysis	
			Hazard ratio (95% CI)	<i>P</i> value
Age (years)				
<70	22.1	0.97		
≥70	20.8			
Tumor size				
≥3 cm	20.6	0.03	1.31 (0.84–2.05)	0.23
<3 cm	25.5			
CA 19-9				
≥200 U/ml	20.8	0.89		
<200 U/ml	25.0			
Portal vein invasion				
Present	21.6	0.196		
Absent	22.1			
Nerve plexus invasion				
Present	16.4	<0.01	2.33 (1.48–3.67)	<0.01
Absent	30.1			
Nodal status				
N1	20.5	0.03	1.89 (1.08–3.31)	0.03
N0	34.7			
SMV/portal impingement				
Present	12.8	0.02	1.72 (0.83–3.55)	0.15
Absent	25.0			
Tumor abutment on SMA, CE, or CHA				
Present	17.8	0.62		
Absent	22.1			
Status of resectability				
Borderline resectable	16.0	0.03	–	–
Resectable	25.0			
Resection status				
R0	22.4	0.09		
R1	21.6			
Adjuvant chemotherapy				
Yes	–	<0.01	0.49 (0.26–0.91)	0.02
No	20.8			

the BRPC-s group, the difference in survival between patients with adjuvant chemotherapy (MST: 20.3 months) and those without adjuvant chemotherapy (MST: 13.7 months) was not significant ($P = 0.54$).

Discussion

Borderline resectable pancreatic cancer is a newly proposed subset that shows interactions with the PV, SMV, SMA, celiac axis, and hepatic artery, and may have a high possibility of a positive surgical margin and worse prognosis after resection [1–3]. In the report of the AHPBA/SSO/SSAT Consensus Conference, it was recommended

that patients with BRPC receive neoadjuvant therapy to increase the possibility of R0 resection in a clinical trial setting specific for BRPC patients [7]. As the rationale for the recommendation, the MD Anderson Cancer Center group demonstrated that neoadjuvant therapy enabled margin-negative resection in 37%, with median survival after resection of 40 months in the 84 patients with anatomical BRPC as defined on CT [2]. Chun et al. [11] also reported significantly better survival (23 vs. 15 months) and a higher R0 resection rate (59 vs. 11%) in 74 BRPC patients with preoperative chemoradiation than in 35 BRPC patients without preoperative therapy. However, little has been reported on the difference in surgical results, including prognosis and positive surgical margin rate,

between resectable PC and BRPC that might support the use of neoadjuvant therapy specific for BRPC patients. Furthermore, prognosis of BRPC patients initially treated with nonsurgical treatment such as chemotherapy or chemoradiotherapy has not been well documented.

In the present study, MDCT findings before initial treatment of all resected PC patients and all patients treated for LAPC were assessed for the possibility of BRPC because BRPC should be diagnosed before initial treatment to determine the treatment plan. BRPC was sub-classified into two types: BRPC-s, which was initially treated with resection, and BRPC-n, which was initially treated with nonsurgical therapy. Prognosis of all 34 BRPC patients was significantly worse than that of resectable PC patients and significantly better than that of unresectable PC patients. Moreover, in patients who initially underwent resection, prognosis of patients with BRPC-s was significantly worse than that of resectable PC patients, and in patients who were initially treated with nonsurgical therapy, prognosis of BRPC-n was significantly better than that of unresectable PC patients.

As possible reasons for the worse prognosis of BRPC-s than that of resectable PC, BRPC-s had a high rate of positive PV invasion and nerve plexus invasion compared to resectable PC ($P < 0.01$). Moreover, BRPC-s tended to show a more advanced stage in nodal status ($P = 0.19$) and tumor size ($P = 0.16$) than resectable PC. Nerve plexus invasion and lymph node metastasis were the independent poor prognostic factors in all 133 resected PC patients. The poor prognosis of BRPC-s patients was primarily attributable to these advanced characteristics. In terms of resection status, patients with BRPC-s had a positive surgical margin rate 10% higher than that of resectable PC patients, but the difference was not significant ($P = 0.41$). Interpretation of the 10% difference in the R0 rate between BRPC-s and resectable PC was difficult when evaluating how much the poor prognosis of BRPC-s patients was due to the difference in the R0 rate, considering both the lesser prognostic value of margin status and the frequent recurrence at loco-regional sites in the BRPC-s patients. With respect to the surgical margin, there are no international standardized protocols for processing pancreatic specimens or criteria for positive margins [12, 13], and the relevance of margin status for prognosis is not clear in resected PC patients [6, 14–18]. An international standardized protocol for the histological examination of the surgical margins of pancreatic specimens is needed to prepare comparable data.

Nerve plexus invasion is a distinctive type of tumor spread in pancreatic ductal carcinoma, and it is also known to be a poor prognostic factor after tumor resection [19–21]. The nerve plexus of the pancreatic head runs from the pancreas to the celiac or superior mesenteric plexus along the celiac axis and SMA [22, 23]. Considering the

anatomy, it is understandable that BRPC invades the nerve plexus quite frequently. Mochizuki et al. [24] reported that the mass and strand pattern and the coarse reticular pattern continuous with tumor on MDCT images are highly suggestive of nerve plexus invasion. Taking these results into account, tumor abutment on the arteries in BRPC could represent mostly nerve plexus invasion along those arteries. The higher R1 rate and frequent local recurrence in BRPC-s patients could be partly due to nerve plexus invasion.

Curiously, the prognosis of BRPC-n was significantly better than that of unresectable PC in patients who were initially treated with nonsurgical therapy. Less tumor burden as shown in tumor size and CA 19-9 value could mostly account for the better prognosis of patients with BRPC-n than that of patients with unresectable PC. In addition, surgical resection after down-staging by nonsurgical therapy was performed significantly more frequently in the BRPC-n group than in the unresectable PC group. Frequent conversion from nonsurgical therapy to surgical resection might also be one of the possible reasons for better survival of patients with BRPC-n. However, assessment of tumor resectability during nonsurgical treatment was not performed systematically or thoroughly for BRPC-n patients or unresectable PC patients in this study. Thus, the resectability rate of BRPC patients and unresectable PC patients was not definitive in the present study. In order to investigate conversion rate from nonsurgical therapy to surgical resection, systematic assessment for resectability during nonsurgical treatment is required although criteria of resectability after treatment have not been clarified. Owing to the different backgrounds and prognoses between BRPC and unresectable PC, they should be regarded as different categories.

Similar to the AHPBA/SSO/SSAT Consensus Conference recommendation [7], we reached the conclusion that neoadjuvant therapy such as chemoradiation for BRPC should be evaluated separately from those for resectable PC or unresectable PC for several reasons. First, patients with BRPC-s had poorer survival and more frequent recurrence at the local site than patients with resectable PC. Thus, patients with BRPC should be treated with more intensive therapy with strong local effect rather than the existing treatment for resectable PC. Second, neoadjuvant therapy could benefit patients with BRPC by providing early treatment for those with advanced disease at high risk of early systemic and local failure [2, 7]. Several phase II studies showed the possibility of neoadjuvant chemotherapy [25] or chemoradiation [26] for BRPC. Furthermore, adjuvant chemotherapy might not be as effective in BRPC patients as in resectable PC patients according to the results of the present study, although multi-institutional randomized controlled study is needed to clarify the effectiveness of adjuvant treatment for BRPC. Adjuvant chemotherapy

with gemcitabine or S-1 was a favorable prognostic factor for all 133 resected PC patients. However, in BRPC-s, the prognosis of patients with adjuvant chemotherapy was as poor as that of patients without adjuvant chemotherapy, while the duration from surgery to start of adjuvant treatment and relative dose intensity of adjuvant treatment did not differ between BRPC-s patients and resectable PC patients. Third, BRPC should be studied separately from unresectable PC because of the different tumor characteristics and prognoses. BRPC is more often resectable than unresectable PC, thus resectability status should be assessed systematically and thoroughly.

The limitations of our study are its retrospective design and the relatively small number of patients studied.

In conclusion, patients with BRPC showed more advanced tumor characteristics, including frequent nerve plexus invasion, frequent loco-regional recurrence, and poorer prognosis than patients with resectable PC although BRPC had less tumor burden and better prognosis than patients with unresectable PC. Neoadjuvant treatment with intensive local and systemic effect that is specific for BRPC is required. A multi-institutional phase II trial of neoadjuvant chemoradiation for BRPC is now in the planning stage.

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Compliance with and effects of preoperative immunonutrition in patients undergoing pancreaticoduodenectomy

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Abstract

Background/purpose This study was conducted to ascertain the feasibility and effectiveness of preoperative enteral immunonutrition using an immune-enhanced formula (Impact) in patients undergoing pancreaticoduodenectomy.

Methods Twenty-five patients undergoing an elective pancreaticoduodenectomy were asked to ingest Impact for 5 days (750 mL/day) prior to surgery in addition to their normal diets. We retrospectively compared the early postoperative outcomes of the Impact group ($n = 18$), which consisted of patients who fully complied with the study protocol, and a control group ($n = 13$), which consisted of patients who had not ingested Impact prior to surgery.

Results Overall, 82.6% of the patients complied with the preoperative oral ingestion of Impact; all but four patients tolerated a daily intake of 750 mL. While the clinical backgrounds of the Impact and control groups were not significantly different, the frequency of incisional wound infection was lower (0 vs. 30.8%, $p = 0.012$) and the change in systemic severity as evaluated using the acute physiology and chronic health evaluation (APACHE)-II scoring system was milder ($p = 0.033$) in the Impact group than in the control group.

Conclusion The preoperative oral ingestion of Impact was well tolerated and appeared to be effective for preventing incisional wound infection and reducing the response to surgical stress in patients undergoing a pancreaticoduodenectomy.

Keywords Immunonutrition · Pancreaticoduodenectomy · Surgical site infection · Nutrition

Introduction

In recent years, pancreaticoduodenectomy (PD) has gained acceptance as an appropriate surgical procedure for selected patients with diseases of the pancreas head and periampullary region. Improvements in surgical techniques and accumulating experience have reduced the complication rate after PD. The postoperative mortality rates after PD are typically 5% or less at major surgical centers [1, 2], although the morbidity rates remain high, ranging from 10 to 50% [3–5]. Thus, postoperative morbidity after PD remains problematic and can lead to delays in the postoperative resumption of adequate oral food intake. Even in series with relatively good rates of postoperative morbidity, about 10% of the patients develop wound infections [1, 3–6]. However, the morbidity rate increases considerably if other complications, such as pancreatic fistula or delayed gastric emptying, are included [7]. Bacteria from the gut, especially Enterococci and *Escherichia coli* [8], translocate into the mesenteric lymph nodes or blood, where they cause the majority of the observed infections. Several conditions before, during, or after surgery can facilitate this bacterial translocation, including a reduction in postoperative intestinal motility, jaundice, the use of antibiotics resulting in small bowel bacterial overgrowth [9], the loss

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of mucosal barrier function caused by malnutrition, manipulation of the bowel, and parenteral nutrition [10].

Recently, enteral immune-enhancing formulas supplemented with arginine, omega-3 fatty acids, and ribonucleic acid (RNA) have been suggested to improve the immune response and wound healing in postoperative patients [11, 12]. Arginine, which is classified as a semi-essential amino acid for catabolism, serves as a substrate for the urea cycle and the production of nitric oxide during protein synthesis. Arginine is known to promote T cells and to have a direct enhancing effect on their activities [13], enhancing the phagocytosis of neutrophils. Arginine also reduces the production of inflammatory mediators, such as interleukin (IL)-1beta, tumor necrosis factor alpha (TNF- α), and IL-6 at the site of tissue injury and is capable of enhancing cellular immunity in rat septic models [14]. Finally, arginine accelerates tissue growth after infection [15]. Omega-3 fatty acids compete with omega-6 fatty acids for cyclo-oxygenase metabolism at the cell membrane and for the production of eicosapentanoic acid (EPA). In addition, omega-3 fatty acids increase the production of some prostaglandins (PGs) and leukotrienes, reducing the proinflammatory potential, and inhibit the production of some other PGs (PGE2) and leukotrienes, reducing the cytotoxicity of macrophages, lymphocytes, and natural killer (NK) cells [11]. Supplementation with agents rich in omega-3 fatty acids also decreases prostacyclin and thromboxane (TX)-A2 synthesis and increases the antiaggregatory substance TXA3 [16]. Omega-3 fatty acids and EPA are believed to inhibit excessive inflammatory responses but not to be immunosuppressive. The intravenous administration of omega-3 fatty acids significantly reduced the production of proinflammatory cytokines in a recent clinical trial in patients with sepsis [17]. RNA supplementation is necessary for the proliferation of immune cells or cells involved in wound healing [18].

Several studies have demonstrated that immune-enhancing formulas may improve the postoperative immune response and reduce inflammatory reactions in various groups of postoperative patients, thereby reducing the incidence of serious infectious complications [12, 19–25]. Thus, the preoperative administration of these formulas in patients undergoing gastrointestinal tract surgery has been recommended [15, 24, 26–29]. In Japan, an enteral diet was introduced for immunonutrition in 2002; however, to the best of our knowledge, the utility of preoperative immunonutrition in patients undergoing PD has yet to be examined. The present study was undertaken to determine whether the preoperative oral intake of an immune-enhancing formula may be suitable for patients undergoing elective PD. Furthermore, we attempted to evaluate the effect of a preoperative immune-enhancing formula containing arginine, omega-3 fatty acids, and RNA (Impact Japanese version; Ajinomoto, Tokyo, Japan) on the early

postoperative outcomes of patients, comparing outcomes with a historical control group who had received a normal diet alone.

Patients, materials, and methods

From February 2005 to November 2006, 25 consecutive patients (19 men, 6 women; age range, 48–77 years; median age, 64 years) who were candidates for a curative PD for the resection of a lesion in either the pancreatic head or the periampullary region were prospectively enrolled. The study protocol was reviewed and approved by the institutional review board of our hospital. Consenting patients who did not have malnutrition, bowel obstruction, severe cardiopulmonary complications, diabetes, collagen disease, renal failure, ongoing infection, or immune disorders were enrolled in the study. None of the patients had an immunosuppressive condition preoperatively. Patients were required to sign a written informed consent form once the protocol was explained.

The subjects included 5 patients with pancreatic invasive ductal carcinoma (PIDC), 6 with intraductal papillary mucinous neoplasm (IPMN), 9 with biliary tract cancers [bile duct cancer (BDC) in 6 and carcinoma of the papilla of Vater (VC) in 3], 3 with duodenal carcinoma, and 2 with other diseases (a pancreatic solid and pseudo-papillary neoplasm in 1 and a serous cystic adenoma in 1).

First, patient compliance with the preoperative ingestion of Impact was examined. After hospitalization, the patients were instructed to consume 3 packs/day (750 mL) of Impact Japanese version (Ajinomoto) in addition to their normal diets over a 5-day period immediately before surgery. Regarding the timing of the enteral immunonutrition, studies examining gastrointestinal cancer patients without malnutrition have reported that because a sufficient effect could be achieved with 5 days of preoperative administration, the postoperative administration of Impact was not necessary [26, 30]. In the study by Braga et al. [26], 1000 mL/day of Impact was prescribed to patients without malnutrition, but the actual mean intake was 890 mL. Because the mean body size of Japanese is smaller than that of Westerners, the daily intake of Impact Japanese version was set at 3 packs/day (750 mL/day) in the present study. Impact Japanese version is based on Impact (Novartis Consumer Health, Bern, Switzerland), and has been designed to suit the nutritional needs and flavor preferences of Japanese populations. A total of 750 mL of Impact Japanese version contains 9.6 g of arginine, 2.49 g of omega-3 fatty acids, and 0.96 g of RNA. The kilocalorie/milliliter ratio is 1:1. Regular meals of 1800 or 2000 kcal/day, depending on the patient's body size, were served preoperatively.