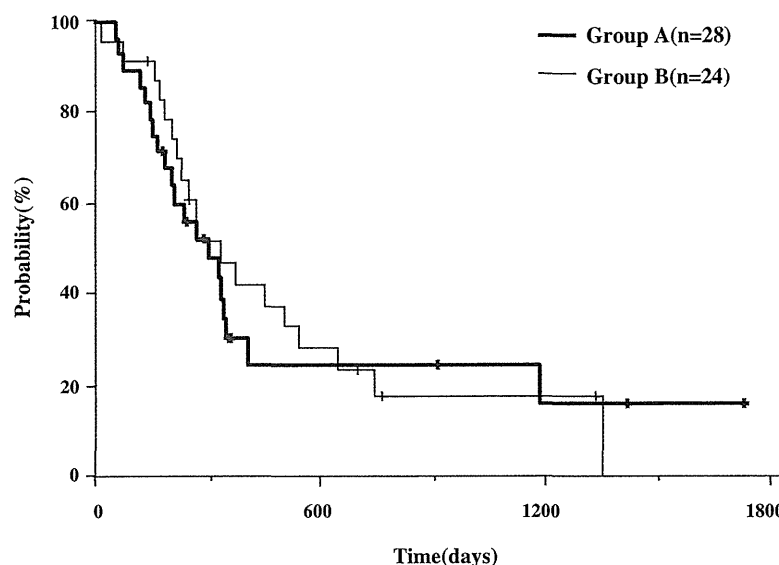


Fig. 3 Disease-/relapse-free survival. RFS was calculated from the date of achieving complete remission to the date of relapse, death or the most recent follow-up. These data were not censored at the time of HSCT. All randomized patients were not included this data in each group. Due to this reason, some patients were not known to be CR state or relapse, but known to be alive or not



start of treatment) in Group A, suggesting that intensive treatment produced higher CR rate, and higher toxicity resulted in a similar survival rate with low-dose induction therapy at least during the early phase of treatment.

There are several reasons that could explain why no difference in survival rate was observed regardless of the difference in CR rate. One could be the similar post-remission therapy between Groups A and B, as demonstrated by the almost similar DFS curves among the two groups. Another reason could be the disease status at the time of transplantation for patients in the two groups. In Group A, 60% of the transplantation was performed during the period other than that covering the first CR; this was 79% in Group B. Allo-HSCT has been shown to have the strongest antileukemia effect, and this was also found in the current study in which 6 out of 15 long-term survivors received allo-HSCT in Groups A and B. From the viewpoint of transplantation, intensive treatment merely selected cases that were suitable for transplantation, as observed in the case of transplantation for relapsed AML patients [17]. There are arguments against remission induction therapy for MDS patients in that it does not affect post-transplant prognosis [6, 18]. In the results of JSHCT, the chemotherapy before undergoing allo-SCT is not necessary in patients with MDS [6]. A group from the Institute of Medical Science of Tokyo University performed umbilical cord blood stem cell transplantation without remission induction therapy in high-risk MDS patients aged not more than 55 years and obtained favorable results with reduced time from diagnosis to transplantation [19]. It is important to perform clinical studies based on the concept that HCST should be performed immediately after diagnosis without remission induction, and determine the types of patients

who would benefit from remission induction therapy prior to transplantation in terms of prognosis. In the present study, although suspended because of the insufficient number of patients enrolled, it appears that remission induction therapy with IDR and Ara-C did not produce better survival than that with low-dose chemotherapy despite higher CR rate. Therefore, it is suggested that CR rate is not a suitable surrogate marker for the evaluation of the outcome of chemotherapy for high-risk MDS and MDS-AML. In the latest reports, induction chemotherapy for patients with high-risk MDS and MDS-AML also provide no survival advantage [20, 21]. Considering the low survival rate of patients in this category, it is clearly necessary to introduce new strategies for the treatment of high-risk MDS and MDS-AML, such as molecular targeting agents and allo-HSCT with reduced-intensity conditioning regimens.

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