

administered, the total dose of Ara-C was almost the same ( $72 \text{ g/m}^2$  vs  $60 \text{ g/m}^2$ ).

The Acute Leukemia French Association (ALFA) Group compared a timed-sequential consolidation consisting of ETP, MIT and Ara-C with a postremission chemotherapy including four cycles of HiDAC ( $3 \text{ g/m}^2$ ), and reported that there were no statistically significant differences between the two groups in the rates of event-free survival (EFS) and OS at 3 years.<sup>15</sup> The British Medical Research Council (MRC) also compared a conventional MRC schedule (MACE/MidAC) with two courses of HiDAC regimens ( $3 \text{ g/m}^2$  or  $1.5 \text{ g/m}^2$ ), and reported that there were no significant differences in DFS and OS at 5 years.<sup>16</sup> On the contrary, the CALGB-8525 study<sup>14</sup> revealed that their HiDAC regimen was superior to the intermediate dose of Ara-C ( $400 \text{ mg/m}^2$  for 5 days) or to the conventional dose of Ara-C ( $100 \text{ mg/m}^2$  for 5 days) regimens in DFS and OS, this plausibly comes from the lower dose-intensity of the intermediate or standard dose Ara-C regimens. In fact, the CALGB-9222 study<sup>17</sup> showed no difference in DFS and OS between the HiDAC group and the intensified sequential multi-agent chemotherapy group.

Cytogenetics is considered one of the most valuable prognostic determinants in adult AML<sup>8,18</sup>. In the present study, although in the intermediate risk group, the DFS and OS of both consolidation groups were almost identical, in the favorable risk group, the outcome of HiDAC group (n = 108) tended to be superior to that of Multiagent CT group (n = 110) in DFS (57% versus 39%) ( $P = 0.050$ ) and OS (75% versus 66%) ( $P = 0.174$ ) but not at statistically significant level, and, in the adverse risk group, the similar but statistically non-significant trend in DFS (33% versus 14%) and OS (39% versus 21%) was noted. Bloomfield et al.<sup>19</sup> reported that HiDAC regimen is the most effective to CBF leukemia. In their study, patients with CBF leukemia (n = 18) had a 78% chance of remaining CR at 5 years when treated with HiDAC regimen. However our study showed that DFS of CBF leukemia (n = 108) treated with HiDAC regimen was only 57% at 5 years.

There are two possible explanations of difference between our results and those reported by Bloomfield et al. One is that their superior results may come from a small number of patients (n = 18). In fact, the CALGB 9222 study<sup>17</sup>

including 28 patients with CBF leukemia demonstrated that the 5-year DFS and OS of CBF leukemia treated with HiDAC was 60% and 70%, respectively. These data are similar to our results. The other is that CBF leukemia reveals different sensitivity to HiDAC therapy. Some patients with CBF abnormality has KIT mutations which confer higher relapse risk on CBF AML.<sup>20,21</sup> CALGB reported that 29.5% of patients with inv(16) and 22% of patients with t(8;21) had KIT mutations and the cumulative incidence of relapse was higher for patients with mutated KIT than for those with wild type KIT.<sup>20</sup> The difference of mutation rates of KIT might result in the difference in DFS. Unfortunately, in our present study, KIT mutations were not prospectively evaluated. However, high mutation rate of KIT is reported among Asian patients with t(8;21) from Japan (37.8%)<sup>22</sup> and China (48.1%)<sup>23</sup>. Consequently, JALSG is prospectively evaluating KIT mutation and its impact on the outcome in patients with CBF leukemia treated with repetitive HiDAC therapy. In the adverse cytogenetic risk group, the outcome of the HiDAC group also tends to be better than that of the Multiagent CT group, but the difference is not statistically significant. Small number of this

cohort may explain the statistical insignificance. Nevertheless, HiDAC therapy may be recommended to this group if patients have no HLA-matched donor.

Recently IDR is frequently included into induction regimen for AML because of its better effectiveness comparing with DNR.<sup>24-26</sup> Actually a meta-analysis of randomized trials showed that the use of IDR instead of DNR results in a high CR rate.<sup>27</sup> However, German group reported that the advantage of IDR in response rate may be lost during HiDAC consolidation therapy due to increased toxicity in the IDR group.<sup>28</sup> However, our current study demonstrated that, among the HiDAC group, there is no difference in DFS and OS between patients receiving IDR or DNR in induction phase. In our study, although one or two courses of the IDR regimen were given before the HiDAC consolidation, only 19% of patients required two courses to obtain CR. In contrast, German group gave two courses of IDR induction regimen before the HiDAC consolidation. Thus, severe adverse events during HiDAC therapy likely depend on the total dose of prior IDR. Nevertheless, the HiDAC regimen could be given safely in our patients who had received IDR as induction therapy.

We conclude that post-remission consolidation regimen should be selected on the basis of such prognostic factors as cytogenetics. Although several types of HiDAC regimen have been widely adopted as the optimal post-remission therapy, the conventional Multiagent CT may be recommendable for the intermediate or adverse cytogenetic risk groups. However, our HiDAC regimen should be recommended to the favorable cytogenetic risk group.

### **Acknowledgement**

This work was supported in part by a grant from the Ministry of Health, Labor, and Welfare of Japan. We would like to thank the clinicians and the leaders of the 129 institutions who entered their patients into the JALSG AML201 study and provided the necessary data to make this study possible. The authors are indebted to Miki Nishimura, who is recently deceased, for her major contributions to the design, conduct, and performed this study.

### **Authorship**

Contribution: S.M. designed and performed research, interpreted data, and wrote the manuscript; S.O. designed and performed research, and collected and analyzed data, and participated in writing manuscript; S.F., H.K., K.S., N.U., T.S., K.M., C.N., Y.M., M.M., T.N., T.Y., A.F., M.T., F.Y., Y.K., N.A., H.S., H.H., S.H., K.O., and T.N. performed research; R.O. interpreted data, and participated in writing manuscript.

Conflict-of-interest disclosure: The authors declare no competing financial interests.

Correspondence: Shuichi Miyawaki, Division of hematology Tokyo Metropolitan Ohtsuka Hospital, 2-8-1 Minamiohtsuka, Toshima-ku, Tokyo, 170-8476, Japan; e-mail: miyawaki@mail.wind.ne.jp

## References

1. Ohno R, Kobayashi T, Tanimoto M, et al: Randomized study of individualized induction therapy with or without vincristine, and of maintenance-intensification therapy between 4 or 12 courses in adult acute myeloid leukemia. AML-87 Study

of the Japan Adult Leukemia Study Group. *Cancer*. 1993;71(12):3888-3895.

2. Kobayashi T, Miyawaki S, Tanimoto M, et al: Randomized trials between behenoyl cytarabine and cytarabine in combination induction and consolidation therapy, and with or without ubenimex after maintenance/intensification therapy in adult acute myeloid leukemia. *J Clin Oncol*. 1996;14(1):204-213.

3. Miyawaki S, Tanimoto M, Kobayashi T, et al: No beneficial effect from addition of etoposide to daunorubicin, cytarabine, and 6-mercaptopurine in individualized induction therapy of adult acute myeloid leukemia: the JALSG-AML92 study. *Int J Hematol*. 1999;70(2):97-104.

4. Büchner T, Hiddemann W, Berdel WE, et al: 6-Thioguanine, cytarabine, and daunorubicin (TAD) and high-dose cytarabine and mitoxantrone (HAM) for induction, TAD for consolidation, and either prolonged maintenance by reduced monthly TAD or TAD-HAM-TAD and one course of intensive consolidation by sequential HAM in adult patients at all ages with de novo acute myeloid leukemia (AML): a randomized trial of the German AML Cooperative Group. *J Clin Oncol*. 2003;21(24):4496-4504.

5. Ohtake S, Miyawaki S, Kiyoi H, et al: Randomized trial of response-oriented individualized versus fixed-schedule induction chemotherapy with idarubicin and cytarabine in adult acute myeloid leukemia: the JALSG AML95 study. *Int J Hematol.* 2010;91(2):276-83.
6. Cassileth PA, Harrington DP, Hines JD, et al: Maintenance chemotherapy prolongs remission duration in adult acute nonlymphocytic leukemia. *J Clin Oncol.* 1988;6(4):583-587.
7. Miyawaki S, Sakamaki H, Ohtake S, et al: A randomized, postremission comparison of four courses of standard-dose consolidation therapy without maintenance therapy versus three courses of standard-dose consolidation with maintenance therapy in adults with acute myeloid leukemia. *Cancer.* 2005;104(12):2726-2734.
8. Grimwade D, Walker H, Oliver F, et al: The importance of diagnostic cytogenetics on outcome in AML: analysis of 1,612 patients entered into the MRC AML 10 trial. *Blood.* 1998;92(7):2322-2333.

9. Cheson BD, Bennett JM, Kopecky KJ, et al: Revised recommendations of the International Working Group for Diagnosis, Standardization of Response Criteria, Treatment Outcomes, and Reporting Standards for Therapeutic Trials in Acute Myeloid Leukemia. *J Clin Oncol*. 2003;21(24):4642-4649.
10. Ohtake S, Miyawaki S, Fujita H, et al: Randomized study of induction therapy comparing standard-dose idarubicin with high-dose daunorubicin in adult patients with previously untreated acute myeloid leukemia: JALSG AML201 Study. *Blood*. Prepublished on August 6, 2010, as DOI 10.1182/blood-2010-03-273243
11. Zittoun RA, Mandelli F, Willemze R, et.al: Autologous or allogeneic bone marrow transplantation compared with intensive chemotherapy in acute myeloid leukemia. *N Engl J Med*. 1995;332(4):217-223.
12. Burnett AK, Wheatley K, Goldstone AH et al: The value of allogeneic bone marrow transplant in patients with acute myeloid leukaemia at differing risk of relapse: results of the UK MRC AML 10 trial. *Br J Haematol*. 2002;118(2):385-400.

13. Sakamaki H, Miyawaki S, Ohtake S, et al: Allogeneic stem cell transplantation versus chemotherapy as post-remission therapy for intermediate or poor risk adult acute myeloid leukemia: results of the JALSG AML97 study. *Int J Hematol* 2010;91(2):284-292.
14. Mayer RJ, Davis RB, Schiffer CA, et al: Intensive postremission chemotherapy in adults with acute myeloid leukemia. *N Engl J Med.* 1994;331(14):896-903.
15. Thomas X, Raffoux E, Botton S et al: Effect of priming with granulocyte–macrophage colony-stimulating factor in younger adults with newly diagnosed acute myeloid leukemia: a trial by the Acute Leukemia French Association (ALFA) Group. *Leukemia.* 2007;21(3):453-461.
16. Burnett AK, Hills RK, Milligan D, et al: Attempts to optimise induction and consolidation chemotherapy in patients with acute myeloid leukaemia: results of the MRC AML15 trial [abstract]. *Blood.* 2009;114(22):200. Abstract 484
17. Moore JO, George SL, Dodge RK, et al: Sequential multiagent chemotherapy is not superior to high-dose cytarabine alone as postremission

intensification therapy for acute myeloid leukemia in adults under 60 years of age: Cancer and Leukemia group B study 9222. *Blood*. 2005;105(9):3420-3427.

18. Slovak ML, Kopecky KJ, Cassileth PA et al: Karyotypic analysis predicts outcome of preremission and postremission therapy in adult acute myeloid leukemia: a Southwest Oncology Group/Eastern Cooperative Oncology Group study. *Blood*. 2000;96(13):4075-4083.

19. Bloomfield CD, Lawrence D, Byrd JC, et al: Frequency of prolonged remission duration after high-dose cytarabine intensification in acute myeloid leukemia varies by cytogenetic subtype. *Cancer Res*. 1998;58(18):4173-4179.

20. Paschka P, Marcucci G, Ruppert AS, et al: Adverse prognostic significance of KIT mutations in adult acute myeloid leukemia with inv(16) and t(8;21): a Cancer and Leukemia Group B Study. *J Clin Oncol*. 2006;24(24):3904-3911.

21. Cairoli R, Beghini A, Grillo G, et al: Prognostic impact of c-KIT mutations in core binding factor leukemias: an Italian retrospective study. *Blood*. 2006;107(9):3463-3468.

22. Nanri T, Matsuno N, Kawakita T, et al: Mutations in the receptor tyrosine kinase pathway are associated with clinical outcome in patients with acute myeloblastic leukemia harboring t(8;21)(q22;q22). *Leukemia*. 2005;19(8):1361-1366.
23. Wang YY, Zhou GB, Yin T, et al: AML1-ETO and C-KIT mutation/overexpression in t(8;21) leukemia: implication in stepwise leukemogenesis and response to Gleevec. *Proc Natl Acad Sci U S A*. 2005;102(4):1104-1109.
24. Berman E, Heller G, Santorsa J, et al: Results of a randomized trial comparing idarubicin and cytosine arabinoside with daunorubicin and cytosine arabinoside in adult patients with newly diagnosed acute myelogenous leukemia. *Blood*. 1991;77(8):1666-1674.
25. Wiernik PH, Banks PL, Case DC Jr, et al: Cytarabine plus idarubicin or daunorubicin as induction and consolidation therapy for previously untreated adult patients with acute myeloid leukemia. *Blood*. 1992;79(2):313-319.

26. Vogler WR, Velez-Garcia E, Weiner RS, et al: A phase III trial comparing idarubicin and daunorubicin in combination with cytarabine in acute myelogenous leukemia: a Southeastern Cancer Study Group Study. *J Clin Oncol.* 1992;10(7):1103-1111.
27. The AML Collaborative Group: A systematic collaborative overview of randomized trials comparing idarubicin with daunorubicin (or other anthracyclines) as induction therapy for acute myeloid leukaemia. *Br J Haematol.* 1998;103(1):100-109.
28. Seipelt G, Hofmann W K, Martin H, et al: Comparison of toxicity and outcome in patients with acute myeloid leukemia treated with high-dose cytosine arabinoside consolidation after induction with a regimen containing idarubicin or daunorubicin. *Ann Hematol.* 1998;76(3-4):145-151.

Table 1. Clinical Characteristics of Randomized Patients

	HiDAC (n = 389)	Multiagent CT (n = 392)	P value
Age (year)	46 (15-64)	47 (15-64)	0.697
WBC (x10 <sup>9</sup> /L)	15.6 (0.1-382)	14.9 (0.2-260)	0.323
Karyotype			
Favorable	108	110	0.210
Intermediate	242	256	
Adverse	27	14	
Unknown	12	12	
Induction			
IDR	196	196	0.914
DNR	193	196	
Induction 1cycle (%)	81.0	81.4	0.886

Number indicates the median, and parentheses the range

Table 2. Factors to predict unfavorable prognostic features for DFS and OS by multivariate analysis

a. DFS			
variables		hazard ratio	<i>P</i> value
Initial WBC Count	$\geq 20 \times 10^9 /L$	1.49	<.0001
No of Induction therapies	2 courses	1.50	0.0006
Age	> 50 y.o.	1.33	0.0028
Consolidation therapy	Multiagent CT	1.04	0.7128
b. OS			
variables		hazard ratio	<i>P</i> value
Age	> 50 y.o.	2.00	<.0001
No of Induction therapies	2 courses	1.58	0.0033
Initial WBC Count	$\geq 20 \times 10^9 /L$	1.41	0.0070
MPO-positive blast	< 50 %	1.42	0.0149
Consolidation therapy	Multiagent CT	0.96	0.7768

Table 3. Tolerance of Consolidation

	% receiving the full courses	
	HiDAC	Multiagent CT
All patients	72.5	70.2
Patients ≤ 50yr of age	71.9	69.0
Patients > 50yr of age	73.4	71.9
Reason for not receiving the full courses (No. of Pat.)		
Relapse	18	31
Death	10	8
SCT in 1st CR	31	42
Adverse event*	27	13
Patient refusal	11	5
Unknown	10	19

\* $P < 0.05$

Table 4. Intensity of Consolidation

	HiDAC	Multiagent CT	<i>P</i> value
<b>After 1st Consolidation</b>			
Lowest WBC ( $\times 10^9/L$ )	0.17	0.40	< 0.0001
Days WBC < $1.0 \times 10^9/L$	13 (0-40)	12 (0-36)	0.0005
<b>After 2nd Consolidation</b>			
Lowest WBC ( $\times 10^9/L$ )	0.10	0.40	< 0.0001
Days WBC < $1.0 \times 10^9/L$	14 (0-34)	13 (0-241)	0.0007
<b>After 3rd Consolidation</b>			
Lowest WBC ( $\times 10^9/L$ )	0.10	0.40	<0.0001
Days WBC < $1.0 \times 10^9/L$	14 (0-38)	11.5 (0-28)	<0.0001
<b>After 4th Consolidation</b>			
Lowest WBC ( $\times 10^9/L$ )		0.40	
Days WBC < $1.0 \times 10^9/L$		12 (0-34)	

Number indicates the median, and parentheses the range

Table 5. Adverse Events (CTC grades 3 and 4) During Consolidation Therapy

	HiDAC	Multiagent CT	<i>P</i>
	%	%	Value
Documented Infection	20.9	14.5	< 0.001
Febrile Neutropenia	66.5	66.4	0.311
Bleeding	0.8	0.7	0.601
Early Death*	0.9	0.6	0.389

Early Death\*: death within 30 days after consolidation chemotherapy

#### Figure Legends

Figure 1: CONSORT diagram

IDR, idarubicin; DNR, daunorubicin; Ara-C, cytarabine, HiDAC, high-dose cytarabine.

Figure 2: Disease-free survival and overall survival according to treatment arm.

a: Disease-free survival of CR patients. Predicted 5-year DFS was 43% for the HiDAC group (n = 389) (red line) and 39% for the Multiagent CT group (n = 392) (blue line) (*P* = 0.724).

b: Overall survival of CR patients. Predicted 5-year OS was 58% for the HiDAC

group (n = 389) (red line) and 56% for the Multiagent CT group (n = 392) (blue line) ( $P = 0.954$ ).

Figure 3: Disease-free survival and overall survival according to treatment arm, after censoring the observation in transplanted patients.

Predicted 5-year DFS was 41% for the HiDAC group (n = 389) (red line) and 36% for the Multiagent CT group (n = 392) (blue line) ( $P = 0.608$ ).

Figure 4: Cumulative incidence of relapse and treatment related mortality in CR by treatment arm.

a: The incidence of relapse and mortality were 49% and 8% for the HiDAC group (solid line), and 56% and 5% for the Multiagent CT group (dotted line) ( $P = 0.324$ ,  $P = 0.172$ ).

b: After censoring the observation in transplanted patients, the incidence of relapse and mortality were 55% and 4% for the HiDAC group (solid line), and 61% and 3% for the Multiagent CT group (dotted line) ( $P = 0.402$ ,  $P = 0.409$ ).

Figure 5: Disease-free survival and overall survival by treatment arm for the favorable cytogenetic risk group.

a: Predicted 5-year DFS was 57% for the HiDAC group (n = 108) (red line) and 39% for the Multiagent CT group (n = 110) (blue line) ( $P = 0.050$ ).

b: Predicted 5-year OS was 75% for the HiDAC group (n = 108) (red line) and 66% for the Multiagent CT group (n = 110) (blue line) ( $P = 0.174$ ).

Figure 6: Disease-free survival and overall survival by treatment arm for the intermediate cytogenetic risk group.

a: Predicted 5-year DFS was 38% for the HiDAC group (n = 242) (red line) and 39% for the Multiagent CT group (n = 256) (blue line) ( $P = 0.403$ ).

b: Predicted 5-year OS was 53% for the HiDAC group (n = 242) (red line) and 54% for the Multiagent CT group (n = 256) (blue line) ( $P = 0.482$ ).

Figure 7: Disease-free survival and overall survival by treatment arm for the