

Figure 2. Electric responses and strain distributions. A, Probability that an action potential develops in at least 1 region of the whole tissue as a function of global stretch (n=7). The smooth curve through the data points was fit with a logistic regression model. B, Representative isochronal maps of a transmembrane potential showing the point of initial depolarization (left) and distributions of local strain (right). Top and bottom show 10% and 20% stretch, respectively. Scale bar: 4 mm. C, Relationship between the probability of stretch-induced excitation in the local area and the strain in the corresponding area (n=7). The smooth curve through the data points was fit with a logistic regression model.

strain distribution with the isochronal electric responses, the whole tissue area was divided into 9 blocks and the average strain value in each block was shown in grayscale. The local strain maps at each level of stretch with the corresponding isochronal maps are shown in Figure 2B (right). Initial excitation tended to take place at the locus of high strain (top: right lower block with 14% strain; bottom: left lower block with 14% strain; right upper 2 blocks with 23% and 24% strains). The excitation probability was clearly found to be more prominent for higher strains (Figure 2C), when the probability of local excitation was plotted as a function of the corresponding local strain (n=7).

Involvement of SACs in Stretch-Induced Excitations

To examine the involvement of SACs in the genesis of stretch-induced excitation, we repeated the experiments with a 15% stretch in the presence of 10 μ mol/L Gd³⁺, a blocker of nonspecific SACs. Gd³⁺ inhibited the stretch-induced excitation by 71.4±18.4% compared with the control condition and its effect was reversed by washout of Gd³⁺ (Figure 3A; n=7; P<0.01, Gd(+) versus control condition and washout). We also administered ryanodine to examine whether stretch-induced Ca²⁺ release from the sarcoplasmic reticulum and the triggered activity are involved in the activation process. When we applied 15% stretches, action potentials developed similarly in both ryanodine-treated and untreated (control condition) tissues (Figure 3B; n=3).

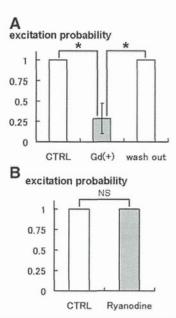


Figure 3. Modulation of stretch-induced excitation by drugs. A, Effect of Gd^{3+} on the probability of stretch-induced excitation after a 15% stretch (n=7). *P<0.05. CTRL indicates control condition. B, Effect of ryanodine on the probability of stretch-induced excitation after a 15% stretch (n=3).

Strain Distribution and Tissue Structure

Because we applied uniaxial stretches to the ventricular tissue, the strain distribution on the epicardial surface was most probably created by heterogeneity within the tissue structure. To clarify the relationships between the strain distribution and the tissue structure, we measured the thickness distribution in each preparation using a laser displacement meter (Figure 4A; n=7). We divided the tissue into 9 blocks and calculated the average thickness in each block to facilitate comparisons with the strain data. Figure 4B shows a comparison between the thickness and local strain distributions after a 10% stretch from a single experiment. We found that the strain was high in regions where the tissue thickness was thin. For further comparisons between the tissue structure and the strain, we calculated the normalized thickness value of each block (mean thickness value of each block relative to the mean thickness value of all the blocks). Figure 4C summarizes the relationships between the local strain and the local thickness under different levels of stretch. Local strain was negatively correlated with the local thickness, which supported our hypothesis (10% stretch: n=7, r=-0.52, P < 0.0001; 20% stretch: n=7, r = -0.53, P < 0.0001).

Heterogeneous Excitation in Accordance With the Tissue Thickness and Stretch Level

We then plotted the relationship between the local wall thickness and the probability of stretch-induced local excitation for various levels of stretches (Figure 5A; n=7; closed circles, 5% stretch; closed triangles, 15% stretch; open circles, 30% stretch). When the applied stretch was small (5%), there was hardly any excitation (low probabilities over the entire range of thickness) because the local strain was below the threshold. As the amplitude of the stretch increased, the probability of excitation started to rise from the

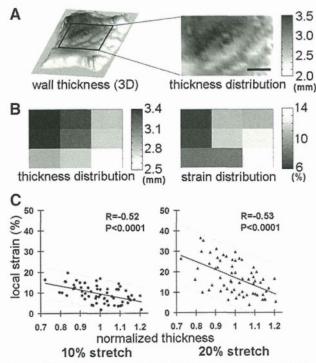


Figure 4. Thickness and local strain distributions of cardiac tissue. A, Representative case of the wall thickness distribution (laser-scanned data). Scale bar: 4 mm. B, Thickness distribution (left) and strain distribution (right) in response to a global 10% stretch in a representative experiment. C, Relationship between the normalized wall thickness and local strain in response to 10% (left) and 20% (right) global stretches. Lines are linear regression lines (10% stretch: n=7, r=-0.52, P<0.0001; 20% stretch: n=7, r=-0.53, P<0.0001).

thin area (15%) and all areas were finally excited in response to a large stretch (30%). We calculated the variability (standard deviation) of the excitation probability over the entire thickness range for each stretch amplitude, and these data are plotted in Figure 5B (n=7). In regions of small (5%) or large (30%) stretches, the variability was low (0.18 or 0.26) because the whole tissue was either unresponsive or responsive to the stretch, respectively, whereas heterogeneous excitation was achieved in response to a stretch of intermediate amplitude (0.50 on 15% stretch).

Stretch-Induced Focal Excitations Develop Into Reentrant Arrhythmias in the Ventricle

To examine whether the findings at the tissue level are applicable to more physiological situations, we applied volume pulses to the RV in whole heart preparations and recorded the transmembrane potential responses. Figure 6A and 6B shows representative optical signals in response to 2 different amplitudes of volume pulses. When we applied a small volume pulse (0.5 mL), virtually no response was observed. However, local excitation (excitation from less than one-third of all the blocks) was induced by a 1.0-mL volume pulse (Figure 6A), and a large volume pulse (2.0 mL) elicited excitation from a larger area simultaneously (global excitation) (Figure 6B). The corresponding thickness distribution in the optically mapped region revealed that the focal excitation originated from a thin region (Figure 6C). As summarized in Figure 6D (n=6), focal excita-

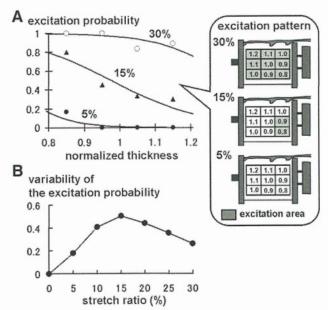


Figure 5. Relationship between the probability of focal excitation and the stretch amplitude. A, Probabilities of stretch-induced local excitation as a function of the relative wall thickness for 5% (closed circles), 15% (closed triangles), and 30% (open circles) stretches (n=7). The smooth curves through the data points were fit with logistic regression models. Right, Distributions of the wall thicknesses, in which the segments where the action potentials developed are depicted in gray for 30% (top), 15% (middle), and 5% (bottom) stretches. B, From the data shown in A, the variability of the probability for the development of local excitation over the entire range of wall thickness was plotted as a function of the global stretch (n=7). Heterogeneous excitation is induced by a stretch of intermediate amplitude rather than a large stretch.

tion was only induced with pulses of intermediate volumes (1.0 and 1.5 mL). Structural measurements revealed that such focal excitations tended to take place in regions where the wall thickness was thinner (Figure 6E; n=6, P<0.05), similar to the case for the tissue preparations. All of these findings were in accordance with the tissue experiments, thus confirming that only global stretches of medium intensity can induce focal excitation in the ventricular wall.

Focal excitation is a prerequisite for the initiation of reentrant arrhythmias, but may not fulfill the conditions. Therefore, we hypothesized that when the propagation of the focal excitations induced by medium mechanical stimuli interacts with the preceding electric activations, it can develop to fatal reentrant arrhythmias. To assess this hypothesis, we applied the volume pulses to the RV for 50 ms at various coupling intervals (90 to 130 ms) with a preceding electric stimulus. Similar to the electric "pinwheel experiment" protocol,18 this protocol involves the simultaneous establishment of a spatial gradient of momentary stretch-induced excitability together with a spatial gradient of refractoriness induced by the prior passage of an activation. As shown in Figure 7A, a 1.5-mL volume pulse after a 110-ms coupling interval initiated vortex-like reentrant waves pivoting around phase singularities. As clearly shown in Figure 7B, a large volume pulse (2.0 mL) never elicited arrhythmias, whereas an intermediate volume pulse (1.5 mL) applied after a proper coupling interval (110 ms) triggered reentrant arrhythmias (n=3, 66.7% probability).

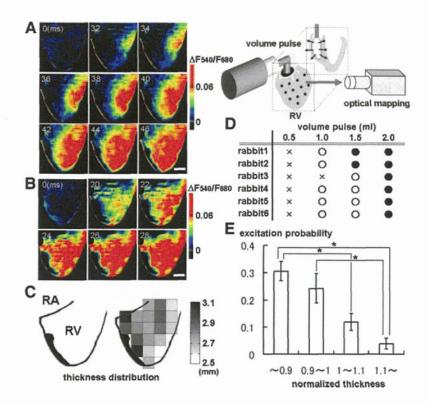


Figure 6. Alterations in the electric responses in a whole heart preparation. A and B, Representative optical maps of the responses of the RV to volume pulses of 1.0 mL (A) and 2.0 mL (B). The stretches start at 0 ms. Scale bar: 4 mm. C, Corresponding thickness distribution in the ventricle. RA indicates right atrium; RV, right ventricle. D, Response patterns to stretches in 6 rabbit hearts. Crosses indicate no excitation; focal excitation, open circles; global excitation, closed circles. E, Excitation probability for each normalized thickness range in the initiation of focal excitation (n=6). *P<0.05.

Discussion

In the present study, we simultaneously measured the transmembrane potentials and local strains while applying uniaxial stretches of varying amplitudes to rabbit RV wall tissue to clarify the linkage of electric activity between cells and organs. The use of optical transmembrane potential mapping coupled with local strain measurements based on bead markers enabled us to record the strain—electric response relationship of myocardial tissue. In addition, structural measurements of the preparations suggested that the complex architecture of the ventricular wall could cause heterogeneous strain responses to mechanical stimuli, thereby leading to the initiation of focal

excitation. We confirmed this hypothesis under more physiological conditions by successfully inducing reentrant arrhythmias using a volume pulse of medium amplitude.

Optical Mapping of the Transmembrane Potential

Owing to its high temporal and spatial resolutions, optical recording of transmembrane potentials has been widely used, but most studies have only dealt with immobile preparations where the motion was inhibited mechanically and/or pharmacologically. ^{19–21} These stabilizations of the preparations were conducted to prevent motion artifacts caused by changes in the fluorescence intensity along the light path, and also

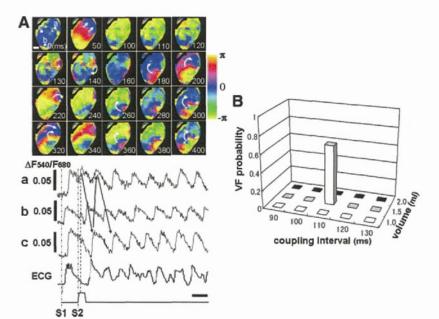


Figure 7. Initiation of spiral waves by volume pulses. A, Representative phase maps of spiral wave formation. The volume pulse was applied at 110 ms after the electric stimulus. Scale bar: 4 mm. a through c represent the ratiometric optical signals ($\Delta F_{540}/F_{680}$) for the corresponding positions shown in the 0-ms optical map (top left). The electric stimulus starts at 0 ms. The ECG is shown at the bottom. Scale bar: 100 ms. *Phase singularity points. B, Excitation probabilities in relation to the coupling intervals and the intensities of the volume pulses (n=3).

changes in the x-y position. In the present study, we tried to account for the motion-induced contamination of optical signals by using 2 methods to accurately evaluate the transmembrane potentials of the local myocardium while applying a stretch to the whole tissue. First, the fluctuation of light intensity was cancelled by ratiometry of the 2 emission bands of the fluorescent indicators. Second, by using the affine transformation based on motion tracking, we successfully traced the tissue points, presumably a cluster of specific myocytes, during a stretch and induced contraction, and showed the sequential changes in the transmembrane potential in the reference position. As shown in Figure 1A, the local action potential triggered by the stretch reconstructed with these techniques is similar to that recorded by an electrode with its clear zero phase characteristics. Compared with a previous study of the local response of electric activity to a linear acute stretch using a pair of electrodes in isolated frog ventricular tissue at only 2 points,22 detailed maps of the action potentials were obtained with the present technique.

Heterogeneity in the Tissue Structure for Bridging Cellular Responses to Arrhythmias

Although the activity of ion channels was not directly measured, the present results were consistent with previous studies demonstrating the involvement of SACs in MEF. Zeng et al23 recorded the stretch-dependent inward current, which was blocked by Gd3+ in rat cardiac myocytes. They also observed that a 10% stretch induced an immediate contraction of the myocytes. Although the threshold for excitation varies among studies, similar observations were made for rat (>20%),²⁴ guinea pig (20% to 25%),²⁵ and frog (15%)²⁶ myocytes. In our probability curves of stretch-induced excitation for both whole tissues and segments (Figure 2A and 2C), the transition from nonresponse to excitation took place within a similar range of stretch amplitudes. Furthermore, the response was inhibited by Gd3+ and recovered by washout of the agent. Taken together, these results suggest that a uniaxial stretch applied to the tissue induces strain in the myocytes, which in turn triggers the activation of molecular mechanotransducers, most probably SACs.

The use of a tissue preparation provided us with a unique opportunity to elucidate the relationships among electric excitation, global strain and local strain on the epicardial surface. Although a uniaxial global stretch was applied to the preparation, excitation was usually only induced in a limited area where the local strain was high. We speculate that such heterogeneity in the strain distribution reflects the complex structure of the ventricular wall, such that the excitation is initiated in regions where the wall is thin. Whereas the complex structure of the ventricles normally allows vigorous contraction, different hemodynamic overloads in diseased states lead to abnormalities in the ventricular shape and regional wall motion,^{27,28} which may sometimes evoke focal excitations.

We must consider the possibility that the presence of damaged ends may have caused an abnormal strain near the tissue supports to initiate the excitation from the edge region. However, the locus of focal excitation always followed the thickness distribution, such that the excitation was elicited in the center of a preparation that had a thin central region (Online Figure VI, A). Furthermore, ter Keurs et al²⁹ reported that stretch-induced excitations from the damaged myocardium occur through a calcium-related triggering mechanism, and that Gd³⁺ does not suppress these phenomena.

We also considered the relevance of a Ca2+-related mechanism to our experiments. Fujiwara et al30 showed that triggered activities were subsequently evoked by a Ca²⁺ release from the sarcoplasmic reticulum through ryanodine receptors. Furthermore, some previous studies reported that an acute stretch can also trigger a Ca²⁺ release from the sarcoplasmic reticulum through ryanodine receptors.31,32 In our experiments, however, the stretch-induced excitations were still observed after administration of ryanodine. Moreover, changes in the extracellular calcium concentration did not affect the stretch-induced excitability. These observations indicate that the stretch-induced excitations in our experiments were not linked to calcium-related membrane activations like the triggered activities. Wakayama et al33 also reported that excitation caused by MEFs can be the consequence of a quick stretch release, which is related to stretchdependent binding and release of Ca²⁺ to contractile proteins. In our experiments, however, the excitations were initiated during the rise or plateau of the stretches, and not during the release of the stretches (Figure 1A, right). This discrepancy may be caused by the fact that the excitation as a consequence of a quick release in the previous report was only observed at a high Ca²⁺ concentration (5.2±0.73 mmol/L), whereas our experiments were carried out with a lower Ca2+ concentration (1.8 mmol/L). These observations indicate that the stretch-induced excitations observed in our study are not related to the release of Ca²⁺ to contractile proteins following the stretch release.

Translation of data obtained with tissue preparations to the intact heart requires consideration in terms of both the magnitude and the nature of the deformation. A volume pulse of 2.0 mL induced global excitation, the effect caused by a 20% stretch of the tissue. However, if we simply assume a spherical ventricle, a 20% increase in its circumference would lead to an almost 70% increase in its volume, which cannot be accounted for by the 2.0-mL volume pulse in the rabbit RV. We can speculate that the thinner RV free wall was preferentially stretched whereas the thick ventricular septum remained unchanged. In addition to the stretch applied to the tissue preparations, volume expansion of the ventricle also causes shear and compression of the wall. In fact, Isenberg et al34 revealed that stretch and compression activated different ion currents in guinea pig ventricular myocytes. Furthermore, Gopalan et al35 reported that transverse stretches have more pronounced effects on mechanotransduction signaling pathways. This may be associated with the stretch sensitivity regarding the spatial distributions of SACs and cytoskeletal structures. Although currents and cytoskeletal structures were not examined in the present study, such aspects should be addressed in future studies.

Modulation of Transmembrane Potentials and Conduction Velocity by the Stretches

Although we focused on the magnitude of the stretch in the present study, care was taken to eliminate confounding

factors. Fasciano and Tung²² revealed that the stretch speed significantly affects the stretch-induced excitability. In this context, we made the speed of the stretch constant in all the experiments (Online Figure IV). We checked the influence of the stretch duration in another set of experiments in which the stretch duration was made constant at 50 ms. We confirmed that these 2 types of protocols did not cause any significant differences in the excitability induced by the stretch.

We also examined the effect of the stretch timing relative to the action potentials. Similar to previous reports, ^{17,36} stretches applied in each phase (2, 3 and 4) of the action potentials modulated the transmembrane potentials differently (Online Figure V, B).

We calculated the conduction velocity of the focal excitations elicited by 10% stretches and compared it with that elicited by an electric stimulus (Online Figure VI, B). In these experiments, the spread of conduction between 2 recording positions (crosses) was completed during the stretch plateau. Although the number of observations was limited owing to the technical difficulty, we confirmed that the conduction velocities of the stretch-induced excitations in both the horizontal and vertical directions tended to be slower (31.7% and 38.7% decrease in vertical and horizontal direction, respectively). In addition, we also examined the relationship between the normalized dV/dt_{max} (evaluated by the time derivative of the ratiometric optical signal, dF/dt_{max}) of action potential upstrokes and local strains. Normalized dV/dt_{max} of the action potential upstroke was decreased in regions where local strain was high (Online Figure VII). Although the effects of stretches on the conduction velocity are still controversial,37 conduction slowing has been reported in previous studies.^{21,38} Eijsbouts et al³⁸ reported that the anisotropic nature in the heterogeneous wall thickening may play an important role in conduction disturbances attributable to dilation. Geometric and structural changes during an acute stretch should be some of the causes of this effect, and SACs and the intracellular calcium dynamics may also be involved in this phenomenon. In either case, such changes in the propagation characteristics could also contribute to the development of reentrant arrhythmias.

Clinical Implications

When a mechanical stimulus of moderate amplitude was applied to the ventricular wall, local excitation was induced in regions where the wall thickness was thin and, if other facilitatory conditions were met, it was propagated to the adjacent area to develop into fatal arrhythmias. We expect that further increases in the intensity of the stimulus would induce multiple excitations to exaggerate the electric heterogeneity, thereby increasing the possibility of arrhythmias. However, if a very intense stimulus is applied, the whole tissue can be synchronously excited, which considerably decreases the possibility of arrhythmias (Figure 5B). Interestingly, we can see a similar tendency in the relationship between the ventricular fibrillation probability and the rise in ventricular pressure produced by a baseball impact in an experimental study on commotio cordis by Link et al,10 who did not provide any mechanistic comments.

In this study, a volume pulse of 1.5 mL at a 110-ms coupling interval after the last electric stimulus initiated a reentrant arrhythmia. No reentrant arrhythmia, however, was induced by 1.0-mL volume pulses that triggered focal excitations when applied at 500-ms coupling intervals. These findings probably arise from a dependence of the strength of the mechanical stimuli required to generate focal activity on the phase of the action potential at which it is applied. In contrast to the protocol (a), in which the pulses were applied to the fully relaxed ventricle after a long coupling interval (500 ms), we confirmed that the myocardium in activated states has higher thresholds for activation (Online Figure VIII). Based on these observations, a 1.0-mL volume pulse cannot initiate the excitation with coupling intervals from 90 to 130 ms, whereas a 1.5-mL volume pulse can initiate focal excitations with coupling intervals of >100 ms. Although the focal excitations were frequently initiated with coupling intervals of >120 ms, the excitations did not develop into reentrant arrhythmias because a unidirectional conduction block cannot be formed at these timings. Owing to the trapezoidal volume change and viscoelastic nature of the tissue, the effect of the volume pulse was realized with some delay. In fact, although we applied a volume pulse after a 110-ms coupling interval, excitation was initiated at around 130 ms corresponding to the late phase 2 of the action potential. We speculate that these findings correspond to the observation that ventricular fibrillations were triggered when the chest wall impacts were applied during the vulnerable portion of the T wave.9

Our present results suggest that the complex structure of the ventricular wall functions to modulate a mechanical impact and create a heterogeneous excitation distribution in response to a stimulus of intermediate intensity, rather than an intense stimulus, to initiate ventricular fibrillation in otherwise healthy young subjects.

The structural complexity of the ventricular wall may also contribute to the genesis of arrhythmias in old myocardial infarctions. Regarding myocardial infarction, it is considered that the conduction abnormality in the infarct area acts as the substrate for arrhythmias,39 but its trigger still remains unclear. Bogen et al40 reported that a large mechanical load is added to the border zone in regions where the wall thickness is thin in systole. Moreover, Josephson⁴¹ revealed that arrhythmias are often initiated from these borders. Calkins et al8 observed that ventricular dilation shortens the refractoriness of the surviving myocardium in the infarct area rather than the healthy myocardium. Taken together, the following scenario is conceivable. In an old myocardial infarction, a systolic rise in ventricular pressure can induce a large stretch in the functional border zone, where the wall thickness is thin to provoke an ectopic excitation, which may develop into fatal reentrant arrhythmias promoted by the conduction abnormality in the infarct area.

In either case, the structural and/or functional heterogeneity of the myocardial tissue serves to create a heterogeneous strain distribution, and establishes a MEF-mediated electrophysiological dispersion in the tissue, which is known to be a potent substrate for arrhythmias.

Study Limitations

Although the use of flattened tissue preparations made it easy to evaluate local strain, the results cannot be translated directly to the clinical setting where volume/pressure loading or external compression distorts the ventricular tissue in a complex manner. Furthermore, although uniaxial stretches may cause 3D strain within the tissue with reductions in the width and thickness, these effects were not taken into consideration. On the other hand, the intact heart preparations pose a problem for potential mapping and the measurement of strain. In either case, because the action potentials and strains were recorded at the epicardial surface, we did not evaluate the heterogeneity in the transmural structure from the epicardium to the endocardium. Furthermore, as stated above, we did not measure the ion currents in response to the stretches, although they seemed to greatly promote our understanding of stretch-induced arrhythmias in the intact heart. Finally, we only used the RV in our experiments based on our assumption that the RV is more vulnerable to mechanical stimuli because of its weak elasticity, and stretch-induced arrhythmias could also be evoked in the left ventricle.

In summary, a global stretch applied to the ventricular wall tissue can create a heterogeneous strain distribution in the heterogeneous structure of the ventricular wall. Such heterogeneity in the strain distribution can lead to local excitation, which in turn leads to fatal reentrant arrhythmias.

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Disclosures

None.

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SUPPLEMENT MATERIAL

Detailed Methods

Tissue preparation

Japanese white rabbits weighing 2.4–2.9 kg were anesthetized with intravenous sodium pentobarbital (50 mg/kg). After a thoracotomy was performed, the heart was quickly excised, and the aorta was connected to a Langendorff apparatus and perfused at a pressure of 66 mmHg with Tyrode's solution (pH 7.40) containing (mmol/L): 130 NaCl, 4 KCl, 1 MgCl₂, 1.2 NaH₂PO₄, 1.8 CaCl₂, 5.6 glucose and 24 NaHCO₃. The perfusion solution was equilibrated with 95% O₂/5% CO₂ at 37°C.

After the heart was allowed to recover in fresh Tyrode's solution for 10 min, the right ventricular (RV) free wall was peeled off from the heart taking care to avoid damage to the coronary artery. We trimmed the RV free wall to a rectangular shape while the connection to the left ventricle (LV) remained intact (Online Figure IA). The tissue was glued to tissue supports, as shown in Online Figure IA, with a cyanoacrylate tissue adhesive (VetbondTM; 3M, St. Paul, MN). The left edge of the tissue was attached to a linear motor (ET-126A; Labworks Inc., Costa Mesa, CA) for application of linear stretches to the tissue and a displacement transducer (IW12; TWK-Elektronik, Düsseldorf, Germany) was used to measure the length of the various stretches. We set the right coronary artery in parallel with the stretch direction. The reaction force in the direction of the stretch was also measured with a force transducer (FORT-1000; World Precision Instruments, Sarasota, FL). To make the tissue taut, we applied a force of 10 gf, which defined our 0% stretch level. Zirconia beads (diameter, 0.5 mm) were attached to the myocardial surface as landmarks for motion tracking and strain measurement. At this point, the curvature of the RV surface was negligible and we assumed that the preparation was flat. To avoid tissue damage from the direct electrical stimuli, two Ag-AgCl electrodes were attached to the LV wall for ventricular pacing. The shapes of the action potentials measured on the RV surface under these conditions did not differ appreciably from those in whole heart preparations, thereby indicating that the procedures for the RV free wall preparation did not cause significant damage to the tissue and that the electrical activation was propagated from the LV normally (Online Figure II). ECG was recorded by electrodes. The measured signals were digitized at 2 kHz with a 12-bit analog-to-digital converter and stored in the hard disk of a personal computer (PC).

All experimental procedures were performed in strict accordance with the Guiding Principles for the Care and Use of Animals in the Field of Physiological Sciences approved by the Physiological Society of Japan and were approved by the National Cardiovascular Center Research Institutional Committee.

Whole heart preparation

Whole hearts from Japanese white rabbits weighing 2.4–2.9 kg were connected to a Langendorff apparatus using the same method described above. After the heart was stabilized in fresh Tyrode's solution for 10 min, a compliant polyvinyl chloride balloon was inserted into the RV. The balloon was connected to a water-filled piston pump system based on an electromagnetic shaker and a linear power amplifier (ARB-126; AR Brown, Tokyo, Japan) for rapid volume changes (Online Figure III). The volume changes were controlled by monitoring the motion of the piston with a displacement transducer (IW12; TWK-Elektronik). Volume commands were generated by a computer. Zirconia beads (diameter, 0.5 mm) were attached to the myocardial surface as landmarks. In these experiments, however, they were only used for correction of motion artifacts because the curvature of the RV surface prevented their use for strain measurement. Two Ag-AgCl electrodes were attached to the LV apex for ventricular pacing. ECG was recorded by electrodes. The measured signals were digitized at 2 kHz with a 12-bit analog-to-digital converter and stored in the hard disk of a PC.

Optical mapping of transmembrane potentials on the epicardial surface

Schematic representations of the experimental systems used are shown in Online Figure IB and Online Figure III. The methods used for recording transmembrane activity from the arterially perfused RV free walls and whole hearts were similar to those described in a previous study ¹. The tissues or hearts were loaded with a voltage-sensitive dye, di-4-ANEPPS (5 µmol/L), for 20 min. The epicardial surfaces of the tissues or hearts were illuminated by filtered excitation light (480±10 nm) obtained from bluish-green light-emitting diodes (Nichia Chemical Industries, Tokushima, Japan). The emitted fluorescent light was collected by a high numerical aperture complex photographic lens (50mm F/1.2; Nikon, Tokyo, Japan) and was split by a dichroic mirror (580nm; Andover, Salem, NH) and narrowed down to two frequency bands (540±20 nm and 680±20 nm; Andover, Salem, NH) through bandpass filters. The dual-wavelength lights were simultaneously collected by two independent complementary metal oxide semiconductor (CMOS) cameras with image intensifiers (FASTCAM-Ultima; Photron, Tokyo, Japan). The optical images were captured at a speed of 500 frames/s and a resolution of 256×256 pixels and stored in a PC. No electromechanical uncoupling agents were used.

Image processing

To account for motion artifacts caused by the stretch or contraction from the optical signals, we used ratiometry combined with a recently developed motion tracking technique ¹. For motion tracking, the initial images were chosen as a reference. In these reference images, several bead landmarks were selected manually. The corresponding positions of landmarks in the current image were automatically determined by finding the optimal local correlation of the surrounding image. We used template matching of the image of each bead with its surroundings between the resting state and the stretched state to determine the displacement of the landmark beads at high resolution (0.12 mm). These positional data were used for two purposes. First, the distances between the markers in the stretched

state were divided by the corresponding distances in the reference state to yield the epicardial local strain. Second, we used the positional data to determine the affine transformation matrices for the geometric distortion during the stretch or contraction. By using affine transformation, we mapped the sequential changes in fluorescence in the original resting geometry. Subsequently, ratiometry with numerator wavelengths of 540±20 nm and denominator wavelengths of 680±20 nm was used to remove the artifacts caused by motion along the light path. After the spatial and temporal filtering, we constructed isochronal maps of activation to determine the excitation points or the excitation propagation pattern. Moreover, phase analysis was used to study the initiation of excitations and the pattern of wave propagations ².

Stretch protocol for tissue preparations

The protocol for applying stretch to tissue preparations is shown in Online Figure IVA. In each experiment, a stretch pulse (S2) was preceded by at least 20 electrical pulses (S1: amplitude, 2 mA; duration, 2 ms; 2 Hz) to stabilize the tissue conditions. We applied a trapezoidal command signal with a fixed plateau phase (P) at 50 ms and a rise and fall rate of 0.5% of the tissue length/ms. The amplitude was set at 5%, 10%, 15%, 20%, 25% or 30% of the tissue length and the sequence was randomized. The coupling interval (I2) between the last S1 and S2 was set at 500 ms.

Volume pulse protocol for whole heart preparations

Two types of protocols were used for whole heart preparations (Online Figure IVB). In protocol (a), after hearts were paced electrically from the RV apex 20 times, volume pulses of varying amplitudes (0.5, 1.0, 1.5 and 2.0 ml) were applied in the diastolic phase (500 ms after the electrical stimulus) to observe the stretch-induced depolarization. Because the rise and fall rate of the pulses was made constant at 0.1 ml/ms and the total duration of the pulse was also made constant (60 ms), the plateau phase (P) varied from 20~50 ms. In protocol (b), after 20 electrical stimuli from the RV apex, volume pulses of varying amplitudes (1.0, 1.5 and 2.0 ml) and constant duration (50 ms) were applied at various coupling intervals (90~130 ms). The rise and fall rate of the pulses was made constant at 0.2 ml/ms.

Pharmacological intervention

To elucidate whether the stretch-induced excitation originated from SACs, we examined the effects of Gd³⁺. To avoid precipitation of GdCl₃, an oxygenated physiological salt solution (pH 7.40) was used containing (mmol/L): 137 NaCl, 5.4 KCl, 1.8 CaCl₂, 0.5 MgCl₂, 5 Hepes and 5.6 glucose. This solution was bubbled with 100% O₂ at 37°C ^{3,4}. After perfusion with the salt solution in the presence of 10 μmol/L Gd³⁺ for 10 min, we recorded the optical signals in response to a 15% stretch of the ventricular tissue. We then repeated the same procedure after 15 min of perfusion with the salt solution without Gd³⁺ (washout).

We further examined the effects of ryanodine, a blocker of Ca²⁺ release channels on the sarcoplasmic

reticulum. Briefly, we applied a 15% stretch to the tissue in the presence of 200 µmol/L ryanodine.

3D structure recording system

After the measurements of both tissues and whole heart preparations, the RV wall was isolated from the heart and glued to the bottom of a saline-filled chamber via its epicardial surface with the VetbondTM cyanoacrylate tissue adhesive. Care was taken to protect the tissue against drying by sealing the chamber with a thin polyvinylidene chloride film during the measurements. The chamber was placed on an automatic X-Y stage (KST-50XY; Sigma Koki, Tokyo, Japan) and the endocardial surface was scanned with a laser displacement meter (LK-G30; Keyence, Osaka, Japan) every 0.5 mm in both the X and Y directions to construct a wall thickness map. We discarded the thickness data for the margin because deformation caused by trimming and gluing was observed in this area.

Data analysis

To examine the inter-relationships among the isochronal map of electrical excitation, the strain distribution and the thickness distribution, each specimen was divided into 3×3 blocks of equal size and the spatially averaged data in each block were used for analyses.

To compare the optical membrane potentials among the preparations, we used the normalized value defined as follows:

Normalized
$$\Delta F_{540}/F_{680} = \frac{\text{Mean } \Delta F_{540}/F_{680} \text{ of depolarization}}{\text{Peak } \Delta F_{540}/F_{680} \text{ of action potential}}$$

where $\Delta F_{540}/F_{680}$ is the ratiometric value of the optical signal. To normalize $\Delta F_{540}/F_{680}$, we used the amplitude of preceding action potential initiated by the electrical stimulus (S1).

To compare the thickness distributions among the preparations, we used the normalized thickness value of each block defined as follows:

$$Normalized \ thickness \ value = \frac{Mean \ thickness \ value \ of \ each \ block \ (mm)}{Mean \ thickness \ value \ of \ all \ the \ blocks \ (mm)} \,.$$

To compare dF/dt max (time derivative of the ratiometric optical signal) among the preparations, we used normalized values defined as follows:

$$Normalized \ dF/dt \ max = \frac{Max \ d(F_{540}/F_{680})/dt \ of \ action \ potential \ upstroke}{Peak \ \Delta F_{540}/F_{680} \ of \ action \ potential} \,.$$

To estimate the probability of tissue excitation (y) as a function of the stretch ratio, strain or normalized thickness (x), the following logistic regression curve with a two-parameter equation was used:

$$y = \frac{1}{1 + \exp(a + bx)}$$

where a and b are regression coefficients.

To evaluate the relationship between changes in the membrane potentials (y) (under threshold) and local strain (x), we used the following non-linear regression curve with a two-parameter equation:

$$y = a(1 - \exp(-bx))$$

where a and b are regression coefficients.

The conduction velocity (CV) was calculated as the distance traveled normal to isochrones of activation per unit time. The CVs in the unstretched state and stretched state are defined as follows ⁵:

$$CV_{unstretched} = \frac{L_0}{\Delta t(L_0)}$$

$$CV_{stretched} = \frac{L_0}{\Delta t(L_1)}$$

where $\Delta t(X)$ is the conduction time measured over the two-point distance X. L₀ and L₁ are the unstretched and stretched two-point distances, respectively.

The relationships between the thickness and the strain and between the normalized dF/dt max and the local strain were assessed by univariate linear regression analysis and the Pearson correlation coefficient test. A repeated-measures ANOVA was used to evaluate the drug effects. When there was a significant difference, Tukey's test was applied for multiple comparisons. In the whole heart preparations, difference in the excitation probability among four groups of normalized thickness was analyzed by one-way ANOVA followed by Bonferroni's test. Data were expressed as means \pm SEM. Values of P<0.05 were considered statistically significant.

Supplemental References

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- **2.** Gray RA, Pertsov AM, Jalife J. Spatial and temporal organization during cardiac fibrillation. *Nature.* 1998;392:75-78.
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- 4. Kiseleva I, Kamkin A, Wagner KD, Theres H, Ladhoff A, Scholz H, Gunther J, Lab MJ. Mechanoelectric feedback after left ventricular infarction in rats. *Cardiovasc Res.* 2000;45:370-378.
- Mills RW, Narayan SM, McCulloch AD. The Effects of Wall Stretch on Ventricular Conduction and Refractoriness in the Whole Heart. In: Kohl P, Sachs F, Franz MR, eds. Cardiac Mechanoe-Electric Feedback and Arrhythmias: From Pipette to Patient. Philadelphia: Elsevier Sauders; 2005:127-136.

Supplemental Figure Legends

Online Figure I. Tissue preparation and the experimental setup.

A: A photograph of the tissue preparation. Scale bar: 5 mm.

B: Schematic representation of the experimental setup. The excised RV wall with its intact coronary artery is glued to a pair of tissue supports connected to a force transducer (FT) and a linear motor (LM). ECG, force (f) and displacement (d) signals are amplified (Amp) and recorded by an AD converter (A/D) and personal computer (PC). Stretch and electrical stimulation commands are generated by the PC and applied to the LM and an electrical stimulator (Stim) through a DA converter (D/A). For optical mapping, the tissue is illuminated by light emission diodes (LED). The fluorescent emission light is split by a dichroic mirror (DM) and narrowed down to two frequency bands by appropriate filters (F1 and F2). Optical images are captured by two independent CMOS cameras (CMOS) with image intensifiers (I.I) and stored in a memory controller (M/C) and the PC. L: lens.

Online Figure II. Action potential shapes of tissues and whole heart preparations.

Upper figure: Representative optical signals initiated by an electrical stimulus are shown for a tissue (left) and a whole heart preparation (right). Lower figure: 50% repolarizations of the action potential duration (APD50) are shown for a tissue and a whole heart preparation. Scale bar: 100 ms. NS: no significance.

Online Figure III. Experimental setup for the whole heart study.

A: Schematic representation of the experimental setup. A balloon (B) is inserted into the RV of the perfused whole heart. The balloon is connected to a piston pump (P) with a linear motor (LM). ECG and volume (V) signals are amplified (Amp) and recorded by an AD converter (A/D) and a personal computer (PC). Stretch and electrical stimulation commands are generated by the PC and applied to the LM and an electrical stimulator (Stim) through a DA converter (D/A). For optical mapping, the heart is illuminated by light emission diodes (LED). The fluorescent emission light is split by a dichroic mirror (DM) and narrowed down to two frequency bands by appropriate filters (F1 and F2). Optical images are captured by two independent CMOS cameras (CMOS) with image intensifiers (I.I) and stored in a memory controller (M/C) and the PC. L: lens.

Online Figure IV. Stretch and volume pulse protocols.

In both tissue and whole heart studies, a stretch/volume pulse (S2) is preceded by a train of pulses (S1: 2 Hz) to stabilize the heart conditions. In the tissue study (A), the coupling interval between the last S1 and S2 (I2) is set at 500 ms. The plateau (P) and velocity (V) of the stretch are 50 ms and 0.5%/ms, respectively. The amplitude of the stretch (E) is set at 5%, 10%, 15%, 20%, 25% or 30% of the tissue length. In the whole heart study (B), two different protocols were applied (a and b). In protocol (a), the coupling interval between the last S1 and S2 (I2) was set at 500 ms and the entire

duration (T) and the speed (V) of the volume pulses were set at 60 ms and 0.1 ml/ms, respectively. The amplitude of the volume pulses (E) was set at 0.5, 1.0, 1.5 or 2.0 ml. In protocol (b), I2 was varied from 90 to 130 ms. The entire duration (T) and the speed (V) of the volume pulses were set at 50 ms and 0.2 ml/ms, respectively. The amplitude of the volume pulses (E) was set at 1.0, 1.5 or 2.0 ml.

Online Figure V. Excitation and its modulation by shorter stretches.

A: Representative isochronal maps of optical mapping data in response to 10% and 25% stretches with a shorter entire time duration (50 ms). Scale bar: 4 mm. **B:** Ratiometric optical signals in response to 10% and 15% stretches with various timings (phases 2, 3 and 4) during the cardiac cycle. The transient stretch applied in phase 2 elicited a repolarization. The transient stretch applied in late phase 3 or phase 4 elicited a depolarization which was sometimes followed by a premature ventricular contraction. Scale bar: 50 ms.

Online Figure VI. Stretch-induced excitation from the center and conduction velocity.

A: Left panel: Representative isochronal maps of a membrane potential showing the focal excitation from the center region initiated by a 15% stretch. Right panel: Corresponding thickness distributions. Scale bar: 2 mm. **B:** a, Comparison of the vertical CVs between the excitations initiated by an electrical stimulus (electric stim) and a 10% stretch. b, Comparison of the horizontal CVs between the excitations initiated by an electrical stimulus and a 10% stretch. Left panels: Representative isochronal maps for the electrical stimuli. Right panels: Representative isochronal maps for the electrical stimuli. Right panels: Representative isochronal maps for the 10% stretches. Scale bar: 4 mm.

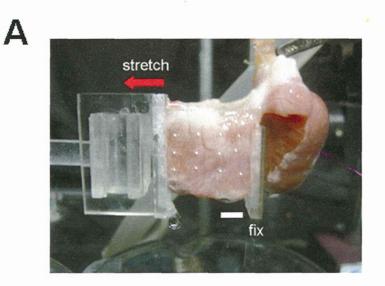
Online Figure VII. Relationship between dF/dt maximums and local strains.

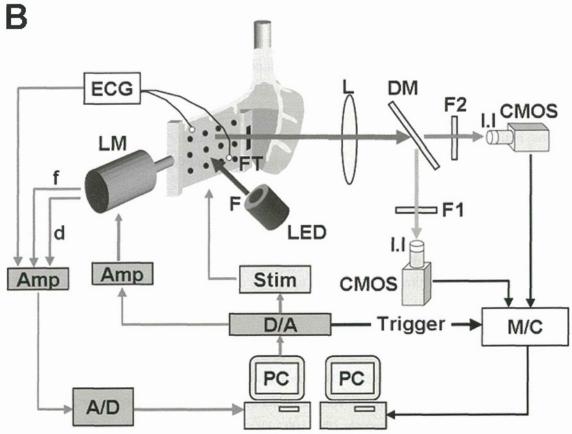
Relationships between the normalized dF/dt max (maximum value of the time derivative of the ratiometric optical signal) of the action potential upstrokes and local strains in response to 10% (open circle), 20% (closed black rectangle) and 30% (closed gray square) stretches. Line is a linear regression line (n=5, r=-0.40, P<0.0001).

Online Figure VIII. Phase dependency of the stretch-induced excitations

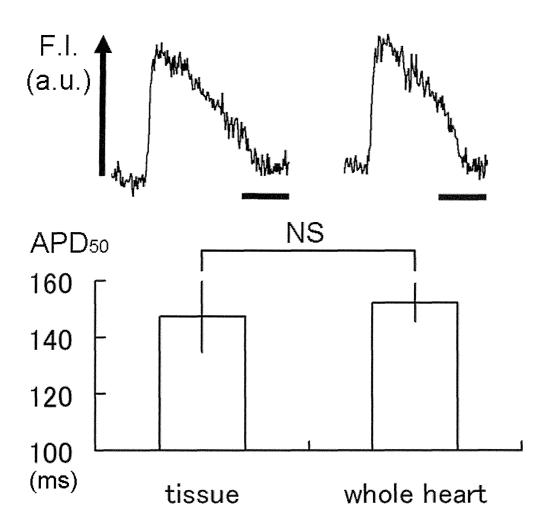
The excitation probabilities in response to volume pulses of 1.0 ml (closed triangles) or 1.5 ml (closed squares) with various coupling intervals (90, 100, 110, 120, 130, 150, 200 and 500 ms) were evaluated.

Supplemental Figures

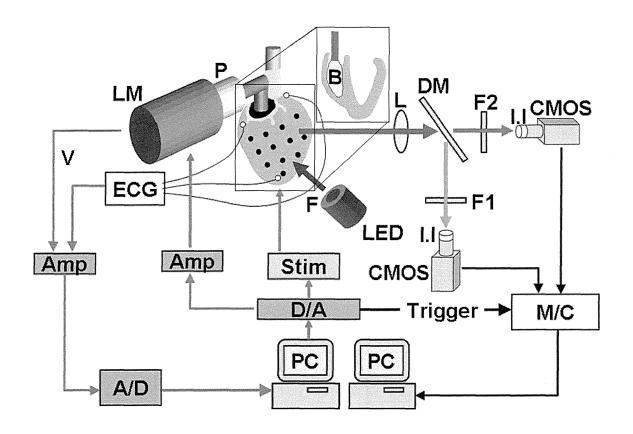




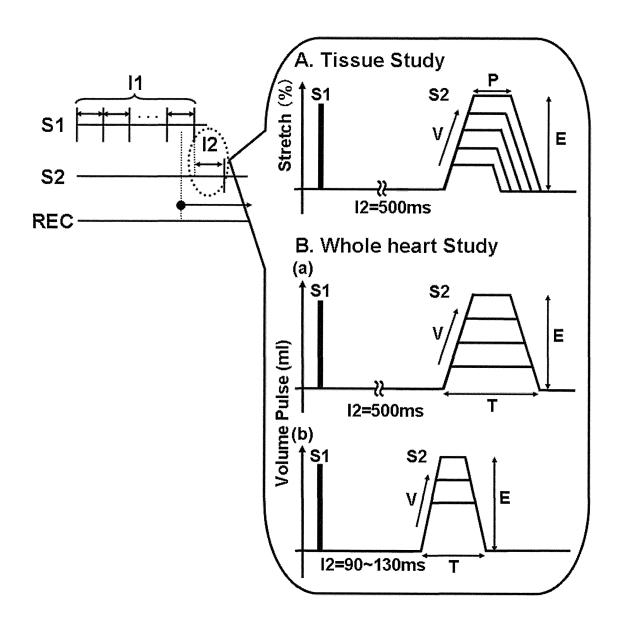
Online Figure I



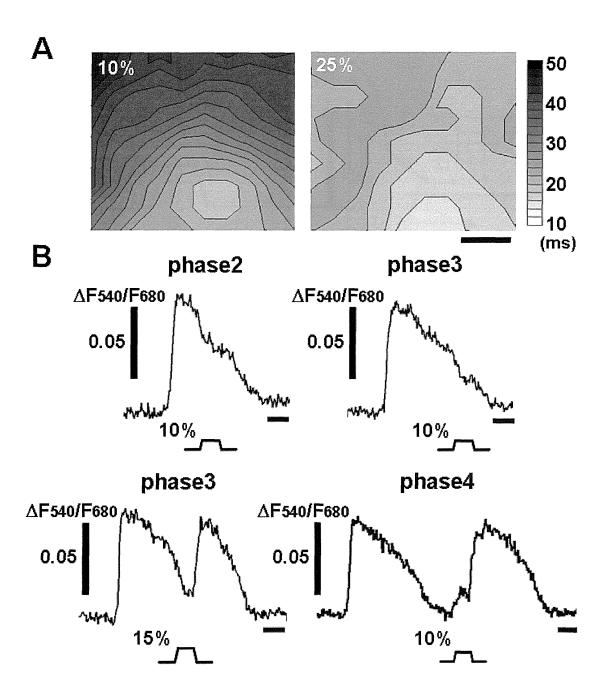
Online Figure II



Online Figure III



Online Figure IV



Online Figure V