Ruxolitinib oral Jakavi Novartis	Indication:  Myelofibrosis (MF), chronic idiopathic, and MF due to polycythaemia vera or essential thrombocythaemia.	Current status: Approved in EU Aug 2012. Launched in US – see prescribing data.	Predicted UK launch: 2012	National guidance: NICE: Ruxolitinib due Jun 2013. Reviews: LCNDG Jul 2012, NHSC Aug 2010.
Target population: The UK incidence of myelofibrosis is 0.5-1.5 per 100,000 people. Overall median survival is 5 years.  Sector: Secondary care.		Implications: Stem-cell transplant is the only potentially curative treatment but is often unsuitable. Unlicensed palliative treatment options used for splenomegaly include hydroxycarbamide, interferon alfa and thalidomide.  Financial: Ruxolitinib could replace current unlicensed and comparatively less expensive therapeutic options but may delay need for surgical treatment. US cost is about \$6,800/month.  PbR: Tariff excluded.		

Pharmacology: Janus kinase-1 and 2 inhibitor. First in a new drug class for myelofibrosis.

Efficacy: In the <u>published</u> PIII COMFORT-I trial (n=309), response rates for the primary outcome of ≥35% reduction in spleen volume were 42% and 0.7% at 24 weeks in the ruxolitinib and placebo groups, respectively (p<0.001). In the <u>published</u> PIII COMFORT-II trial (n=219), response rates were 32% and 0% at 24 weeks, and 29% and 0% at 48 weeks, in patients given ruxolitinib or best available therapy, respectively (all p<0.001).

Safety: Common adverse effects include thrombocytopenia, anaemia, diarrhoea and peripheral oedema.

Alemtuzumab injection Lemtrada Genzyme	Indication: Multiple sclerosis (MS), relapsing remitting disease (RRMS).	Current status: Filed in EU Jun 2012.	Predicted UK launch: 2013	National guidance: NICE: Multiple sclerosis (update due TBC), Fingolimod, Natalizumab, Beta interferon & glatiramer.  Reviews: NHSC Dec 2010.
Target population: Around 100,000 people in the UK have MS and 40% have RRMS (67 per 100,000 people). Around 2,500 new cases are diagnosed each year, 80% of which are RRMS. There were 28,430 hospital admissions for MS in 2010/11.  Sector: Secondary care.		Implications: This is a new class of drug for MS and as a single annual treatment it may be attractive.  Financial: Cost of the MabCampath brand of alemtuzumab was about £1,300 for a 5 day course. This is no longer available as the company intends to focus on Lemtrada for MS whilst supplying MabCampath on a named patient basis for non-MS indications. The cost of Lemtrada is likely to be in line with that of other MS treatments.  PbR: Likely tariff excluded.		

**Pharmacology:** Monoclonal CD52 antibody given by i.v. infusion daily for 5 consecutive days as a first annual treatment course, and as a 3 day course in the second year. An ongoing study will help define a subsequent treatment regimen.

Efficacy: Two PIII studies, <u>CARE-MS 1</u> in 581 patients with early, active RRMS who had received no prior therapy, and <u>CARE MS II</u> in 840 patients who had relapsed on prior therapy, compared alemtuzumab to high dose s.c. interferon beta-1a. Both studies met the co-primary outcome of reducing relapse rate at 2 years (a 55% and 49% reduction vs. interferon, respectively, p<0.0001). CARE-MS II also met the co-primary outcome of sustained accumulation of disability at 2 years (42% risk reduction vs. interferon, p=0.0084), but CARE-MS I did not.

Safety: See emc.medicines.org.uk.

<u>Laquinimod</u> oral Teva	Indication: Multiple sclerosis (MS), relapsing remitting disease (RRMS).	Current status: Filed in EU Jul 2012. Further studies needed to support US licensing.	Predicted UK launch: 2013	<b>National guidance:</b> As for alemtuzumab above. <b>Reviews:</b> <u>NHSC</u> Aug 2011.
Target population: As for alemtuzumab above. Sector: Secondary care initiated.		Implications: Around 30% of patients are treated with injectable agents, mainly beta-interferon. Oral options may increase the proportion treated. Financial: Beta-interferon costs up to £10,500/year. The cost of fingolimod, the only licensed oral preparation for RRMS is about £19,500/year, although there is a PAS in place. There may be price competition as more oral agents become available.  PbR: Likely tariff excluded.		

Pharmacology: SAIK compound, an immune defence regulator.

*Efficacy:* In the 2-year PIII <u>ALLEGRO</u> study (n=1,106), laquinimod reduced the annualised relapse rate (ARR) by 23% (p=0.0024), disability progression by 36% (p<0.02) and progression of brain atrophy by 33% (p<0.0001) vs. placebo. In the PIII <u>BRAVO</u> study, laquinimod did not reduce the ARR vs. placebo whereas beta-interferon did.

Safety: Adverse events include headaches, nasopharyngitis and back pain. Increases in liver enzymes are reported.

Dimethyl fumarate oral Panaclar Biogen Idec	Indication: Multiple sclerosis (MS), relapsing remitting disease (RRMS).	Current status: Filed in EU May 2012.	Predicted UK launch: 2013	National guidance: As for alemtuzumab above. Reviews: NHSC Dec 2011.
Target population: As for alemtuzumab above. Sector: Secondary care initiated.		Implications: As for laquinimod above.  Financial: As for laquinimod above.  PbR: Likely tariff excluded.		

Pharmacology: A derivative of fumaric acid with dual immunosuppressive and cytoprotective actions,

Efficacy: Two PIII studies, <u>DEFINE</u> (n=1,237) and <u>CONFIRM</u> (n=1,232), evaluated dimethyl fumarate 240mg 2-3 times a day. In DEFINE, the proportion of patients relapsing over 2 years vs. placebo was reduced by 49% and 50%, respectively (p<0.0001 for both doses), and by 34% and 45% (p<0.003 and p<0.0001, respectively) in CONFIRM. In the glatiramer arm in CONFIRM, 29% fewer patients relapsed (p<0.01 vs. placebo). Across the 2 studies, dimethyl fumarate was associated with a reduction in annualised relapse rate of between 44-53% vs. placebo (p<0.0001), and a reduction in risk of disability progression of 21-34%. In a <u>published</u> PIIb study, dimethyl fumarate 240mg 3 times daily was associated with 69% fewer new gadolinium enhancing lesions than placebo (1.4 vs. 4.5, p<0.0001).

Safety: Flushing and gastrointestinal effects are the most frequent adverse events.

Teriflunomide oral Aubagio Sanofi	Indication: Multiple sclerosis (MS), relapsing-remitting disease (RRMS) - monotherapy	Current status: Filed in EU Feb 2012.	Predicted UK launch: 2013	National guidance: As for alemtuzumab above and NICE: Teriflunomide -proposed appraisal. Reviews: NHSC Aug 2011.
Target population: As for alemtuzumab above. Sector: Secondary care initiated.		Implications: As for dimethyl fumarate above. Financial: As for dimethyl fumarate above. PbR: Likely tariff excluded.		

Pharmacology: The active metabolite of leflunomide, teriflunomide is a dehydrogenase inhibitor.

Efficacy: In the <u>published</u> 2-year PIII TEMSO study (n=1,088), the annualised relapse rate (ARR) was 0.37 for patients on either 7mg or 14mg terflunomide daily vs. 0.54 in those on placebo, equating to a relative risk reduction of around 31% (p<0.001). Terflunomide was superior to placebo in a key secondary outcome, time to disability progression, only at the 14mg dose. In the <u>TOWER</u> study (n=1,169), patients in the 14mg teriflunomide group had a 36.3% reduction in the primary outcome of ARR vs. placebo (p<0.0001) and a 31.5% reduction in the risk of 12-week sustained accumulation of disability (SAD), p=0.04 vs. placebo. Although the reduction in ARR in the 7mg group reached statistical significance vs. placebo, the 12-week SAD did not. In the PIII <u>TENERE</u> trial, the risk of treatment failure (primary outcome, defined as a confirmed relapse, or discontinuation of treatment for any reason) was similar among the 324 patients randomised to teriflunomide 7mg or 14mg or to beta-interferon (48.6%, 37.8% and 42.3%, respectively).

Safety: Headache, diarrhoea, hair thinning and rises in liver enzymes have been reported.

## BNF 9. Nutrition and blood

Ferumoxytol injection Rienso Takeda	Indication: Anaemia in chronic kidney disease (CKD).	Current status: Approved in EU Jul 2012.	Predicted UK launch: 2012	National guidance: NICE: Anaemia in CKD. SIGN: CKD Reviews: NHSC Feb 2011.
stage 3-5 kidney per 100,000 pec		visits and for some, injection and require <i>Financial:</i> Ferumox	lengthy infusions only 1 or 2 of the control is likely to the control in the cont	be competitively priced with the more a reduced number of outpatient visits for

**Pharmacology:** Iron oxide semi-synthetic nanoparticle with a polyglucose sorbitol carboxymethylether coating formulated with mannitol. It is given by slow i.v. injection for 1 or 2 doses only.

*Efficacy:* Pooled data from PIII trials (437, 424 and a <u>published</u> trial) involving a total of 885 patients who received 2 doses of ferumoxytol or oral iron 200mg/day for 3 weeks showed that the primary outcome, the mean increase in haemoglobin (Hb) from baseline at day 35, was greater in the ferumoxytol group than the oral iron group (1.03 vs. 0.42 g/dL, p<0.0001). In a PII <u>study</u> (n=162), the Hb increase at week 5 was comparable in patients receiving ferumoxytol or iron sucrose, but more patients on ferumoxytol (50% vs. 42%) achieved ≥1g/dL increase in Hb.

**Safety:** Serious and life-threatening adverse reactions have occurred, monitoring is recommended for at least 30 minutes after administration. See <u>prescribing data</u>.

Peginesatide injection Omontys (US) Takeda	Indication: Anaemia due to chronic kidney disease (CKD) in adults on dialysis.	Current status: Filed in EU Feb 2012. Launched in US - see prescribing data.	Predicted UK launch: 2013	National guidance: As for ferumoxytol above. Reviews: NHSC Jun 2012.
Target population: The UK prevalence of stage 3-5 kidney failure is about 8,500 per 100,000 people; about 80 per 100,000 are on dialysis.  Sector: Secondary care.		Implications: Peginesatide is given less frequently (once a month) than available treatment options, reducing the need for outpatient appointments for those on peritoneal dialysis. It may be suitable for homecare delivery.  Financial: The price may be competitive as recombinant technology is not required for manufacture.  PbR: In tariff.		

**Pharmacology:** a PEGylated synthetic erythropoiesis stimulating agent (ESA) mimetic given by monthly i.v or s.c. injection. **Efficacy:** In open-label PIII studies, <u>EMERALD 1</u> and <u>EMERALD 2</u> (>1,600 patients in total), once-monthly peginesatide was non-inferior to continued treatment with epoetin alpha or beta, given 1-3 times weekly, in maintaining haemoglobin (Hb) within the range 10 -12 g/dL during weeks 29 and 36 (primary outcome). The proportion who maintained Hb within range between weeks 29 and 52 was similar between groups, as was the need for blood transfusions.

**Safety:** In patients on dialysis, the rate of adverse cardiovascular events in the peginesatide and epoetin groups was similar (22.8% vs. 24.4%). The rate was higher with peginesatide in patients not on dialysis. The company must conduct extra studies to further assess safety as a requirement of US approval. The studies are due to report in 2018 and 2019.

Eltrombopag oral Revolade GlaxoSmith- Kline	Indication: Thrombocytopenia (TCP) associated with hepatitis C (HepC).	Current status: Filed in EU May 2012.	Predicted UK launch: 2012	National guidance: NICE: TCP- eltrombopag. SIGN: Management of hepatitis C. Reviews: None.
Target population: About 250,000 people in the UK are infected with hepatitis C (400 per 100,000). In a systematic review of 27 studies, the prevalence of HepC associated		Implications: Thrombocytopenia may interfere with diagnostic procedures, such as liver biopsy, because of bleeding risk, and can exclude patients from effective antiviral treatment jeopardising the chances of achieving sustained virologic response (SVR).		
TCP was 0.16- 45.4%. More than half of the studies reported a TCP prevalence of ≥ 24%.  Sector: Secondary care initiated.		Financial: For a 28 day course, eltrombopag costs £770 for 25mg/day or £1,540 for 50mg/day.  PbR: Tariff excluded.		

**Pharmacology:** Thrombopoietin receptor agonist given orally in doses (25 to 100mg daily) determined by platelet count. **Efficacy:** Two PIII studies, <u>ENABLE 1</u> (n=716) and <u>ENABLE 2</u> (n=805) treated patients with HepC associated TCP with open-label eltrombopag for 9 weeks. Those patients who achieved a platelet count that enabled antiviral therapy to be started were randomised to continued eltrombopag or placebo, plus peginterferon alfa and ribavirin for 24 or 48 weeks depending on genotype. The primary outcome was the proportion of patients who achieved SVR 24 weeks after antiviral therapy had finished. SVR was achieved by 23% vs. 14% in the eltrombopag and placebo groups, respectively (p=0.0064) in ENABLE 1 and 19% vs.13% (p=0.02) in ENABLE 2. <u>ENABLE ALL</u> is an ongoing open-label study enrolling 340 subjects from ENABLE 1 and 2, who discontinued from these studies due to thrombocytopenia.

**Safety:** See <a href="mailto:emc.medicines.org.uk">emc.medicines.org.uk</a>. In ENABLE 1 and 2, events consistent with worsening of liver function were reported in 13-15% of eltrombopag patients and in 8% of placebo patients. The ocular safety of eltrombopag is being investigated in the long-term observational <a href="mailto:LENS">LENS</a> study in patients treated in PII or PIII trials for any indication.

BNF 10. I	Musculoskeletal and jo	int diseases			
Tofacitinib oral Pfizer	Indication: Rheumatoid arthritis (RA) in patients with moderate-to-severe disease unresponsive to DMARDs.	Current status: Filed in EU Nov 2011. Recommended for approval in US May 2012 but further data review requested Aug 2012.	Predicted UK launch: 2012	National guidance:  NICE: RA: clinical guideline, commissioning guides (RA, biologicals), quality standard due Jun 2013. Tofacitinib due Sep 2013, Tocilizumab, Golimumab, Certolizumab, Adalimumab, etanercept and infliximab. SIGN: Early RA. Reviews: None.	
Target population: NICE suggest the benchmark rate for the number of people with RA eligible for and receiving biologic drugs is 86 per 100,000 adults per year.  Sector: Secondary care.		more attractive. The Financial: The average patient but competit for RA was £0.8 to soutpatient facilities in	Implications: Oral tofacitinib will compete with i.v. or s.c. therapies and be more attractive. There may be potential for homecare delivery.  Financial: The average annual cost of a biological is about £9,500 per patient but competition is reducing this. In 2007-8, the cost of biologic drugs for RA was £0.8 to £3.5 million per acute trust. Funding, staff and outpatient facilities may limit use of second-line agents. PASs are in place for golimumab and tocilizumab use in RA.		

Pharmacology: Janus kinase (JAK) 3 inhibitor.

Efficacy: The ORAL PIII programme evaluating tofacitinib, at doses of 5mg and 10mg twice daily, is ongoing. In ORAL Scan (n=797, all on methotrexate) tofacitinib 10mg improved ACR20 response rates and DAS28.4 scores at 6 months (both p<0.001 vs. placebo) and delayed progression of structural damage (p<0.05). Two year data are due in 2012. In the published ORAL Standard study (n=717), the primary outcome of ACR20 at 6 months was achieved by 28.3% of patients on placebo, by 51.5% and 52.6% patients on tofacitinib 5mg and 10mg, respectively and by 47.2% of patients on adalimumab twice monthly. All patients were on background methotrexate. This study was not designed to show comparative efficacy with adalimumab. ORAL sync (n=792) assessed patient reported outcomes at 3 months. Tofacitinib in combination with disease modifying agents, improved scores for patient global assessment of disease activity, pain, physical function, health-related quality of life (HRQoL), fatigue and sleep (p≤0.05 for both doses vs. placebo). All primary outcomes were met in ORAL Step (n=400) in which tofacitinib was evaluated in patients on methotrexate who had an inadequate response to TNF inhibitors. The published ORAL Solo study (n=610) compared tofacitinib vs. placebo as monotherapy in moderate-to-severe RA. Two of three primary outcomes were met (ARC20 response rate and physical function).

Safety: Potential risks include higher rates of cancers and serious infections.

Canakinumab injection <i>llaris</i> Novartis	Indication:  Gout - acute flares and reduction in frequency of subsequent attacks.	Current status: Filed in EU Dec 2010. Not recommended in US due to safety concerns.	Predicted UK licence extension: 2013	National guidance: NICE: Canakinumab appraisal suspended due to non submission. Reviews: NHSC May 2010.
Target population: Prevalence of gout is 1.4%, increasing to 7.3% in men >65 years. About 72% have at least one flare annually. Sector: Secondary care.		Implications: Current management of acute gout flares includes colchicine and/or a NSAID. Canakinumab could be used as an alternative to corticosteroids for second-line therapy.  Financial: Cost of Ilaris is £9,928 per 150mg dose.  PbR: Tariff excluded.		

Pharmacology: Interleukin-1 beta inhibitor, given as a single s.c. injection.

Efficacy: In 12-week PIII studies (β-RELIEVED AND β-RELIEVED-II, n>450) s.c. canakinumab 150mg was more effective than i.m. triamcinolone 40mg. Mean pain intensity, measured by a visual analogue scale at 72 hours (primary outcome), was 11.4mm and 9.8mm lower in the canakinumab groups, respectively, p<0.01 for both studies. The risk of a new gouty attack within 3 months (secondary outcome) was reduced with canakinumab by 55% in β-RELIEVED (40 vs. 21) and 68% in β-RELIEVED II (42 vs. 15), p<0.01 for both studies.

Safety: See emc.medicines.org.uk.

Pegloticase injection Krystexxa Savient	Indication: Gout prophylaxis - second-line in patients refractory to conventional urate lowering drug therapy or when these are unsuitable.	Current status: Filed in EU May 2011. Launched in US - see prescribing data.	Predicted UK launch: 2012	National guidance: NICE: Pegloticase due May 2013, Febuxostat. SMC: Febuxostat Feb 2010. Reviews: NHSC Dec 2010.
Target population: The prevalence of gout is 1.4%, increasing to 7.3% in men >65 years. Urate lowering drugs may be used in up to 61% of people. The number refractory to conventional therapy is uncertain.		Implications: An option for refractory patients, likely to be used after failure of allopurinol and febuxostat, or for patients unsuitable for these. Currently no licensed alternative options exist.  Financial: It is likely to be expensive, and has outpatient service implications for administration of an i.v. infusion.		
Sector: Second	dary care.	PbR: Likely tariff excluded.		

Pharmacology: A polyethylene glycol conjugate of recombinant uricase given by a 2-hour i.v. infusion every 2 weeks.

Efficacy: The published PIII GOUT1 and 2 studies (n=225) randomised patients to pegloticase 8mg bi-weekly or monthly. or placebo, for 6 months. The primary outcome, plasma uric acid <6.0mg/dL 80% of the time at 3 and 6 months, was met in GOUT1 by 47% of patients (2 weekly, p<0.001) and 20% (4 weekly, p<0.05) and in GOUT2 by 38% (p=0.001) and 49% (p<0.001), respectively.

Safety: Anaphylaxis and infusion reactions are reported and premedication with antihistamines and corticosteroids is advised in US prescribing data. Exacerbation of heart failure has been reported. Long term safety data are available.

Strontium ranelate oral sachet Protelos Servier	Indication: Osteoarthritis (OA).	Current status:	Predicted UK licence extension: Uncertain.	National guidance: NICE: OA (update due Jan 2014). Reviews: NHSC Apr 2011.
Target population: By the age of 65, at least 50% of people have some degree of joint OA. About 10% of people over 65 have a major disability due to OA.  Sector: Primary care.		Implications: An add-on therapy for patients who require disease modifying therapy and of benefit for those with osteoporosis and OA.  Financial: An additional cost; currently Protelos is about £30/month.  PbR: In tariff.		

Pharmacology: Dual acting agent that stimulates bone formation and reduces resorption.

Efficacy: In a PIII study (n=1,683), after a median follow-up of 29.8 months, strontium ranelate 1g and 2g/day was associated with smaller decreases in joint space width (-0.230mm and -0.270mm, respectively), vs. -0.370mm in the placebo group (p<0.001 and p<0.05, respectively). A PIII study in patients with knee OA has been completed and another 3year PIII study assessed progression of knee articular damage in men and women is ongoing. A <u>published</u> post-hoc analysis of the SOTI and TROPOS studies assessed strontium ranelate vs. placebo in delaying clinical and structural progression of OA in a subgroup of 1,105 postmenopausal women with osteoporosis. Of the patients with worsening overall spinal OA score, 9.9% were in the strontium ranelate group vs. 17.1% on placebo (p=0.0005).

Safety: See emc.medicines.org.uk.

## BNF 11. Eve

Fluocinolone acetonide intravitreal implant Iluvien Alimera Sciences	Indication: Diabetic macular oedema (DMO) - second-line.	Current status: Approved in UK May 2012. See prescribing data.	Predicted UK launch: 2012	National guidance: NICE: Fluocinolone due Nov 12, Ranibizumab in DMO. Reviews: LNDG Feb 2011.
Target population: Up to 10% of patients with diabetes develop DMO. In older patients, prevalence is 3-8% within 3 years of type 2 diabetes diagnosis.  Sector: Secondary care.		Implications: Frequency of use differs between available treatment options which may have service implications. This implant will treat for up to 3 years with one injection.  Financial: Could be similar to dexamethasone implant (£870).  PbR: Tariff excluded.		nplications. This implant will treat for up

Pharmacology: Corticosteroid. The intravitreal implant provides sustained therapy for 24 -36 months.

Efficacy: In the PIII FAME study (n=956), at 2 years, an improvement of ≥15 letters of vision was seen in 28.7%, 28.6% and 16.2% treated with fluocinolone acetonide 0.2mcg/day, 0.5mcg/day and sham, respectively (p=0.002 for both vs. sham).

Safety: Intraocular pressure increases ≥30mmHg were seen in 16.3% (0.2mcg) and 21.6% (0.5mcg) of patients. 2.1% and 5.1%, respectively, required a trabeculectomy to reduce pressure. It is unclear whether the insert can be removed to manage adverse effects.

Ocriplasmin intravitreal injection Clerezo Alcon	Indication: Symptomatic vitreomacular adhesion (VMA), including macular hole.	Current status: Filed in EU Oct 2011.	Predicted UK launch: 2013	National guidance: NICE: Ocriplasmin – proposed appraisal. Reviews: NHSC Sep 2011.
Target population: VMA occurs when vitreous gel adheres to the retina due to partial posterior vitreous detachment (PVD); a normal physiologic process in at least 75% of those aged >65 years, but also has other causes e.g. trauma. In the UK, macular holes occur in about 6,200 people each year.		Implications: Curre surgical treatment fo Financial: Likely to I PbR: Tariff excluded	r PVD. oe expensive.	rith vitrectomy, ocriplasmin will be a non-
Sector: Secondary care.				

Pharmacology: Truncated form of plasmin which dissolves protein structures in the eye that link the vitreous to the retina, given by intravitreous injection.

Efficacy: In the TG-MV-006 study (n=326) a single injection of ocriplasmin was compared with placebo. The primary outcome of resolution of VMA at 1 month was met by 27.7% of ocriplasmin group vs. 13.2% receiving placebo (p=0.003, NNT=7). At least a 10 letter improvement in visual acuity (VA) was achieved by 25.5% vs. 11.3%, respectively (p<0.005). Of the patients with full thickness macular hole (FTMH), 45.6% of the 52 treated with ocriplasmin vs. 15.6% of the 32 receiving placebo had closure of the FTMH at 6 months (p=0.005). In the similarly designed <u>TG-MV-007</u> study (n=326) the primary outcome was met by 25.3% vs. 6.2% of the ocriplasmin and placebo groups, respectively (p=0.001, NNT=5). At least a 10 letter improvement in VA was achieved by 22% vs. 11.1%, respectively (p<0.05). FTMH closure at 28 days was achieved in 36.7% of the 49 patients treated with ocriplasmin vs. 6.7% of 15 treated with placebo, p<0.03.

Safety: Most commonly reported side effects were vitreous floaters, eye pain and photopsia. No increase in the rate of retinal tear or detachment was seen with ocriplasmin vs. placebo.

Aflibercept intravitreal injection Eylea Bayer	Indication: Wet age related macular degeneration (AMD).	Current status: Filed in EU Jun 2011. Launched in US – see prescribing data.	Predicted UK launch: 2012	National guidance: NICE: Ranibizumab and pegaptanib, Photodynamic therapy, Aflibercept due Aug 13. Reviews: NETAG Mar 2012, NHSC Dec 2010, LNDG due TBC.
Target population: Estimates of the incidence of AMD range from 0.088% to 0.2% (88-200 per 100,000 people).  Sector: Secondary care.		Implications: Another option for AMD but may be given less frequently.  Financial: Likely to be competitive with other options.  PbR: Tariff excluded.		

Pharmacology: A vascular endothelial growth factor and placental growth factor inhibitor given monthly for 3 months then every 2 months.

Efficacy: The 52-week PIII VIEW1 (n=1,217) and VIEW2 (n=1,240) studies assessed aflibercept (AFL) 0.5mg or 2mg given monthly, or 2mg every 2 months vs. ranibizumab (RAN) 0.5mg monthly in maintaining vision. In both studies, ≥94% of patients in all groups achieved the primary outcome of maintained vision (losing <15 letters). In VIEW1, the mean visual acuity improvement vs. baseline for AFL 2mg monthly was a gain of 10.9 letters vs. 8.1 for RAN (p<0.01). All other doses in VIEW1 and all groups in VIEW 2 were not statistically different demonstrating aflibercept is non-inferior to ranibizumab.

Safety: Ocular adverse events include conjunctival and retinal haemorrhage and vitreous floaters.

Aflibercept intravitreal injection Eylea Bayer	Indication: Retinal vein occlusion (RVO).	Current status: PIII with plans to file in EU in 2012.	Predicted UK launch: 2013	National guidance: NICE: Dexamethasone, Ranibizumab due TBC. Reviews: NHSC May 2011.
Target population: Data from population studies suggest there are 520 new cases per million of RVO per year, typically occurring in patients >50 years of age.  Sector: Secondary care.		Implications: A new treatment option that will compete with ranibizumab injection and dexamethasone implant.  Financial: Likely to be competitive with current options.  PbR: Tariff excluded.		
Pharmacology	Pharmacology: A vascular endothelial growth factor inhibitor and placental growth factor inhibitor given monthly.			

Efficacy: In the 6-month PIII GALILEO study (n=177), 60.2% on aflibercept 2mg monthly and 22.1% on sham treatment,

gained ≥15 letters of vision from baseline (p<0.0001). The mean number of letters gained was 18 vs. 3.3, respectively (p<0.0001). In the PIII <u>COPERNICUS</u> (n=189), at 6 months, ≥15 letters were gained by 56.1% on aflibercept vs. 12.3% on placebo (p<0.0001). Those on aflibercept gained a mean of 17.3 letters vs. a mean loss of 4 letters with placebo, p<0.001.

Safety: The most frequent adverse events were eye pain, conjunctival haemorrhage and elevated intraocular pressure.

BNF 13. S	kin			
Ingenol mebutate gel Picato LEO Pharma	Indication: Actinic keratosis (AK) - first-line.	Current status: Filed in EU Nov 2011. Launched in US - see prescribing data.	Predicted UK launch: 2012	National guidance: NICE: None for topical therapy. Reviews: NHSC Dec 10.
Target population: In 2000 a published study estimated the prevalence of AK in a Merseyside population as 16% in men and 6% in women.  Sector: Primary care.		Implications: Ingenol is an alternative to existing options but has a shorter duration of treatment; 2-3 days only vs. several weeks treatment for other topical options. This could make it attractive.  Financial: Likely to be competitive.  PbR: Likely in tariff.		

Pharmacology: Protein kinase C inhibitor and stimulator of apoptosis in cancer cells. It is applied daily for 2 to 3 days. Efficacy: Pooled data from four PIII studies have been published. In 2 trials (n=547) ingenol mebutate 0.015% or placebo

was applied daily to the face and scalp for 3 days; the primary outcome of complete clearance at 57 days was achieved by 42.2% vs. 3.7% patients, respectively (p<0.001, NNT=3). In the other 2 trials (n=458), after 2 days application of ingenol mebutate 0.05% or placebo to the trunk and extremities complete clearance at 57 days was achieved by 34.1% vs. 4.7%, respectively (p<0.001, NNT=3).

Safety: Severe application site reactions can occur.

Afamelanotide implant Scenesse Clinuvel pharmaceuticals	Indication: Erythropoietic protoporphyria (EPP).	Current status: Filed in EU Feb 2012 with orphan status. Launched in Italy (2010) and Switzerland (2012).	Predicted UK launch: 2013	National guidance: None relevant. Reviews: No recent reviews.
Target population: EPP affects < 2 per 100,000 people in the EU. Protoporphyrin accumulates in the skin and causes severe photosensitivity with sun exposure leading to burning, erythema and pain.  Sector: Secondary or tertiary care.		Implications: There are no other specific EPP treatments. Options includ staying indoors, sunblocking clothes and sunscreen.  Financial: Likely to be expensive and will be a new cost pressure.  PbR: Tariff excluded.		es and sunscreen.

Pharmacology: Synthetic analogue of alpha-melanocyte-stimulating hormone which induces the synthesis of melanin. Given as a controlled release dissolvable s.c implant.

Efficacy: In the PIII CUV029 study 74 patients received afamelanotide or placebo once every 60 days, over nine months. Afamelanotide was associated with fewer phototoxic reactions measured by visual analogue scale (primary outcome; p=0.044) and a lower total median pain score (secondary outcome; 6.0 vs. 17.5, p=0.035). In the 12-month PIII CUV017 crossover trial 91 patients received afamelanotide or placebo implants every 2 months for a total of 6 implants (3 implants each of active and placebo drug). Afamelanotide reduced the total number of days on which patients experienced pain (p<0.003) and all individual daily pain scores were lower vs. placebo (p<0.002).

Table 2. L	Orugs in Pre	scribing Outlook 2011 - development delayed
Generic and trade name	Company	Indication and reason for delay.
Afatinib oral Tomtovok	Boehringer Ingelheim	Non-small cell lung cancer, advanced relapsed. The PIII Lux-Lung 1 trial did not achieve its primary outcome.
Bortezomib injection Velcade	Janssen-Cilag	Non-Hodgkin's lymphoma (NHL), relapsed/ refractory follicular disease. EU application withdrawn because the EU licensing authority considered data did not support a positive benefit-risk balance. See <a href="EMA Q&amp;A">EMA Q&amp;A</a> .
Brivanib alaninate oral	Bristol-Myers Squibb	Hepatocellular carcinoma (HCC), advanced. Two PIII trials (BRISK-FL and BRISK-PS) did not achieve their primary outcomes.
Ecallantide injection Kalbitor	Dyax	Hereditary angioedema (HAE).  EU application withdrawn. The company stated they were unable to provide sufficient information to address the outstanding clinical issues identified during the evaluation of their application. See <a href="EMA Q&amp;A">EMA Q&amp;A</a> .
<u>Lapatinib</u> <b>oral</b> <i>Tyverb</i>	GlaxoSmith- Kline	Breast cancer, metastatic – first-line in HER2-positive disease combined with paclitaxel. EU application withdrawn. The licensing authority stated the lack of an active-controlled trial with trastuzumab plus paclitaxel hampers the assessment of the benefit-risk balance in this indication. See <a href="EMA Q&amp;A">EMA Q&amp;A</a> .
Lenalidomide oral Revlimid	Celgene	Multiple myeloma – <u>maintenance</u> after induction drug therapy or <u>stem cell transplant</u> .  EU application withdrawn as the EU authority decided more data was required to allow a clear decision on benefit-risk balance to be reached. See <u>EMA Q&amp;A</u> .
Nintedanib (formerly intedanib) oral Vargatef	Boehringer Ingelheim	Non-small cell lung cancer (NSCLC) advanced – second-line. PIII trials not due to complete until late 2013, therefore nintedanib is unlikely to be available before late 2014.
Pralatrexate injection Folotyn	Mundipharma	Peripheral T-cell lymphoma - relapsed or refractory.  EU negative opinion has been issued. Initially, and in a re-examination of data, the licensing authority was concerned that data did not allow assessment compared with any other treatment or placebo and concluded there was insufficient evidence to establish the benefits of treatment. See <a href="EMA Q&amp;A">EMA Q&amp;A</a> .
Romidepsin injection Istodax	Celgene	Peripheral T-cell lymphoma (PTCL) - second-line.  EU negative opinion has been issued. It was considered there was insufficient evidence on the benefits and that the balance of its benefits and risks could not be established. See <a href="EMA Q&amp;A">EMA Q&amp;A</a> .
Telavancin injection Vibativ	Theravance	Pneumonia known or suspected to be caused by methicillin-resistant <i>S. aureus</i> .  An EU licence was granted in Sep 2011. However, the agreement between Astellas and Theravance for the licensing, development and commercialisation of telavancin was terminated in Jan 2012. Theravance are considering options.
Telavancin injection Vibativ	Theravance	Skin and soft tissue infections.  The EU licensing authority concluded that, although telavancin is effective, due to safety concerns, the benefits do not outweigh the risks. See <a href="EMA Q&amp;A.">EMA Q&amp;A.</a>
Tesamorelin injection Egrifta	Ferrer	Abdominal fat reduction in HIV-associated lipodystrophy.  EU application withdrawn by the company as the EU authorities considered data provided did not show a positive benefit-risk balance. See <a href="EMA Q&amp;A">EMA Q&amp;A</a> .

Table 3. Recent	UK drug launches or licence extensions (Aug 2011 to Aug 2012)
Generic and <i>brand</i> name. Company.	Indication and relevant guidance. Full prescribing information can be found on the electronic medicines compendium at

Table 3. Recent	UK drug launches or licence extensions (Aug 2011 to Aug 2012)
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Conestat alfa Ruconest - SmPC Swedish Orphan Biovitrum	Licensed indication: Treatment of acute angioedema in hereditary angioedema due to C1 esterase inhibitor deficiency.  Guidance: SMC: Not approved.  Reviews: LNDG Jun 2012.
Mannitol <u>Bronchitol - SmPC</u> Pharmaxis	Licensed indication: Treatment of cystic fibrosis in adults aged 18 years and above.  Guidance: NICE: Mannitol due Nov 2012.  Reviews: None.
BNF 4. Central ner	vous system
Asenapine <u>Sycrest - SmPC</u> Lundbeck	Licensed indication: Treatment of moderate to severe manic episodes associated with bipolar I disorder.  Guidance: NICE: Bipolar disorder, update due TBC. SMC: Not approved.  Reviews: NYRDTC Mar 2012.
<b>Midazolam</b> <u>Buccolam - SmPC</u> ViroPharma	Licensed indication: Treatment of prolonged, acute, convulsive seizures in patients aged 3 months to 17 years.  Guidance: NICE: Epilepsy pathway. SMC: Approved. AWMSG: Recommended.  Reviews: None.
<b>Zonisamide</b> Zonegran - SmPC Eisai	Licence extension: Monotherapy to treat partial seizures in newly diagnosed epilepsy.  Guidance: NICE: Epilepsy pathway.  Reviews: NHSC Apr 2011.
BNF 5. Infections	and the state of the
Fidaxomicin <u>Difficlir - SmPC</u> Astellas	Licensed indication: Treatment of Clostridium difficile infection in adults.  Guidance: SMC: Approved.  Reviews: LNDG Jun 2012, NICE evidence summary Jun 2012, NHSC Dec 2010.
Rifaximin  Xifaxanta - SmPC  Norgine	Licensed indication: Treatment of travellers' diarrhoea.  Guidance: SMC: Not approved. AWMSG: Recommended.  Reviews: UKMi due TBC.
Rilpivirine  Edurant - SmPC  Janssen-Cilag	Licensed indication: Treatment of HIV-1 infection in treatment-naïve adults.  Guidance: SMC: Approved. AWMSG: Recommended.  Reviews: LNDG Mar 2012.
Rilpivirine/ emtricitabine/ tenofovir Eviplera - SmPC Gilead	Licensed indication: Treatment of HIV-1 infection in treatment-naïve adults.  Guidance: SMC: Approved. AWMSG: Recommended.  Reviews: LNDG Mar 2012.
<b>Telaprevir</b> <i>Incivo - SmPC</i> Janssen-Cilag	Licensed indication: Treatment of genotype 1 chronic hepatitis C in adults with compensated liver disease.  Guidance: NICE: Telaprevir. SMC: Approved treatment-naïve, experienced.  Reviews: NYRDTC Dec 2011, LNDG Dec 2011, NPC Oct 2011, Sep 2011.
<b>Tobramycin</b> <i>TOBI podhaler - SmPC</i> Novartis	Licensed indication: Pseudomonas aeruginosa pulmonary infection in adults and children aged 6 years and older with cystic fibrosis.  Guidance: NICE: Tobramycin due Mar 2013. SMC: Approved.  Reviews: None.
BNF 6. Endocrine	system
<b>Exenatide</b> <u>Byetta - SmPC</u> Eli Lilly	Licence extension: Treatment of type 2 diabetes mellitus in combination with basal insulin.  Guidance: NICE: Diabetes pathway. SMC: Approved. AWMSG: Not endorsed.  Reviews: NHSC Aug 2011.

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<b>Linagliptin</b> <i>Trajenta - SmPC</i> Boehringer Ingelheim	Licensed indication: Treatment of type 2 diabetes mellitus in adults.  Guidance: NICE: Diabetes pathway. SMC: Restricted use. AWMSG: Not recommended.  Reviews: NYRDTC Mar 2012.
Saxagliptin Onglyza - SmPC Bristol-Myers Squibb- AstraZeneca	Licence extension: Treatment of type 2 diabetes mellitus in combination with insulin.  Guidance: NICE: Diabetes pathway. SMC: Not approved. AWMSG: Recommended.  Reviews: None.
<b>Vildagliptin</b> <u>Galvus - SmPC</u> Novartis	Licence extension: As monotherapy for the treatment of type 2 diabetes mellitus.  Guidance: NICE: Diabetes pathway. SMC: Due TBC.  Reviews: None.
Ulipristal Esmya - SmPC Preglem UK	gynaecology, and urinary-tract disorders  Licensed indication: Pre-operative treatment of symptoms of uterine fibroids.  Guidance: NICE: Ultrasound, Embolisation, Laser ablation. AWMSG: Not endorsed.  Reviews: LNDG May 2012.
BNF 8. Malignant	disease and immunosuppression
Abiraterone  Zytiga - SmPC  Janssen-Cilag	Licensed indication: Treatment of metastatic castration-resistant prostate cancer in men whose disease has progressed on or after a docetaxel-based chemotherapy regimen.  Guidance: NICE: Prostate cancer pathway. SMC: Restricted use. AWMSG: Recommended.  Reviews: LCNDG Sep 2011, NYRDTC Feb 2011.
Belatacept Nulojix - SmPC Bristol-Myers Squibb	Licensed indication: Prophylaxis of renal transplant rejection.  Guidance: NICE: Belatacept due TBC. SMC: Not approved. AWMSG: Not recommended.  Reviews: None.
Belimumab Benlysta - SmPC GlaxoSmithKline	Licensed indication: Treatment of autoantibody-positive systemic lupus erythematosus.  Guidance: NICE: Belimumab due May 2012. SMC: Not approved.  Reviews: NYRDTC Apr 2012, LNDG Oct 2011.
Bevacizumab <u>Avastin - SmPC</u> Roche	Licence extension: First-line treatment of advanced ovarian, fallopian tube or primary peritoneal cancer.  Guidance: NICE: Ovarian cancer pathway. SMC: Due Oct 2012.  Reviews: LCNDG Mar 2012.
<b>Erlotinib</b> <i>Tarceva - SmPC</i> Roche	Licence extension: First-line treatment of locally advanced or metastatic non-small cell lung cancer with EGFR-positive mutations.  Guidance: NICE: Lung cancer pathway. SMC: Approved.  Reviews: LCNDG Jan 2012, NHSC Aug 2010.
Everolimus <u>Afinitor - SmPC</u> Novartis	Licence extension: Treatment of unresectable or metastatic pancreatic neuroendocrine tumours.  Guidance: SMC: Approved. AWMSG: Recommended.  Reviews: LCNDG Sep 2011.
Everolimus <u>Votubia - SmPC</u> Novartis	Licensed indication: Treatment of tuberous sclerosis complex-associated subependymal giant cell astrocytoma in patients aged 3 years and older.  Guidance: SMC: Not approved. AWMSG: Not endorsed.  Reviews: None.
Everolimus  Afinitor - SmPC  Novartis	Licence extension: Treatment of hormone receptor-positive, HER2 negative advanced breas cancer.  Guidance: NICE: Breast cancer pathway.  Reviews: NHSC Apr 2011.

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Interferon beta-1a <u>Rebif - SmPC</u> Merck Serono	Licence extension: Treatment of patients with multiple sclerosis with a single demyelinating event and an active inflammatory process.  Guidance: NICE: Multiple sclerosis. AWMSG: Not endorsed.  Reviews: None.
Mercaptopurine suspension Xalupurine. Nova Laboratories	Licensed indication: Acute lymphoblastic leukaemia.  Guidance: NICE: Haemato-oncology. SMC: Approved.  Reviews: None.
Panitumumab <u>Vectibix - SmPC</u> Amgen	Licence extension: First and second-line treatment of KRAS metastatic colorectal cancer.  Guidance: NICE: Colorectal cancer pathway. SMC: Not approved.  Reviews: LCNDG May 2012.
Pazopanib <u>Votrient - SmPC</u> GlaxoSmithKline	Licensed indication: Treatment of advanced soft tissue sarcoma (STS).  Guidance: NICE: STS- trabectedin, Sarcoma. SMC: Due Dec 2012.  Reviews: NHSC Dec 2010.
Tegafur/ gimeracil/ oteracil Teysuno - SmPC Nordic Pharma	Licensed indication: Treatment of adults with advanced gastric cancer.  Guidance: SMC: Due Sep 2012. AWMSG: Not endorsed.  Reviews: None.
<b>Trastuzumab</b> <u>Herceptin - SmPC</u> Roche	Licence extension: Treatment of HER2 positive early breast cancer in combination with neoadjuvant chemotherapy, followed by adjuvant trastuzumab, for locally advanced disease.  Guidance: NICE: Breast cancer pathway.  Reviews: NHSC Aug 2010.
<b>Vandetanib</b> <u>Caprelsa - SmPC</u> AstraZeneca	Licensed indication: Treatment of medullary thyroid cancer in patients with unresectable locally advanced or metastatic disease.  Guidance: SMC: Not approved. AWMSG: Not endorsed.  Reviews: NYRDTC Feb 2011.
<b>Vemurafenib</b> <u>Zelboraf - SmPC</u> Roche	Licensed indication: Treatment of BRAF V600-positive unresectable/ metastatic melanoma.  Guidance: NICE: Vemurafenib due Oct 2012. SMC: Due Sep 2012.  Reviews: LCNDG Apr 2012, Mar 2012, NHSC Aug 2010.
BNF 9. Nutrition a	nd blood
Eculizumab <u>Soliris - SmPC</u> Alexion	Licence extension: Treatment of atypical haemolytic uremic syndrome.  Guidance: SMC: Not approved. AWMSG: Not endorsed.  Reviews: NHSC Aug 2011, RDTC Jul 2012.
Methylthioninium chloride <u>Proveblue - SmPC</u> Provepharm	Licensed indication: Acute symptomatic treatment of methaemoglobinaemia.  Guidance: AWMSG: Not endorsed.  Reviews: None.
<b>Colecalciferol</b> <i>Fultium-D3 - SmPC</i> Internis	Licensed indication: Prevention and treatment of vitamin D deficiency and as an adjunct to the treatment of osteoporosis in patients with or at risk of vitamin D insufficiency.  Guidance: SMC: Due Sep 2012.  Reviews: None.
BNF 10. Musculos	keletal and joint diseases
<b>Adalimumab</b> <u>Humira - SmPC</u> AbbVie	Licence extension: Treatment of adults with severe axial spondyloarthritis.  Guidance: None.  Reviews: NHSC May 2011.

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# Patent expiries 2012 - 2014

Generic medicines have a significant impact on prescribing budgets and can offset, to some extent, costs associated with the introduction of new medicines. Generic products can be marketed once the patent on the original product has expired although manufacturers may apply for a Supplementary Protection Certificate (SPC) to extend the effective patent life by up to 5 years (5½ years if it includes a Paediatric Investigation Plan). Expiry dates below take account of SPCs. The table highlights those drugs where there is a greater potential for the availability of a generic/biosimilar product. In addition, the table indicates where a licence for a generic/biosimilar product is in the latter stages of the EU licensing process or is already available in the EU. However, it does not follow that the generic/biosimilar product will be available in the UK as patent issues may differ between countries.

- \* Drugs which have the greatest potential for generic/biosimilar preparations becoming available.
- # Drugs where generic/biosimilar products are in later stages of EU licensing or are licensed in EU
- ♦ Patent extended by 6 months (paediatric extension)

Expiry date	Drug
2012	
Jan	Latanoprost +
	Galantamine #
Feb	Donepezil HCl #
	Mometasone furoate#
	Tolcapone
	Eptifibatide
Mar	Zolmitriptan #
	Naratriptan #
	Lepirudin
	Quetiapine fumarate #
Apr	Eprosartan mesylate
	Candesartan #
	Cidofovir
May	Atorvastatin calcium lactate #♦
Jul	Bemiparin
All and the second seco	Carmustine
	Rivastigmine hydrogen tartrate #
	Dipyridamole plus Aspirin
Aug	Irbesartan #
Sep	Tolterodine tartrate #
	Ramipril plus felodipine
Nov	Indinavir
	Rabeprazole #
	Entacapone
Dec	Desogestrel

Expiry date	Drug
2013	
Feb	Montelukast ♦
	Fosphenytoin sodium
	Ganirelix
	Dorzolamide plus timolol #
	Zidovudine plus lamivudine
Apr	Basiliximab
May	Nelarabine
	Tirofiban
	Zoledronic acid ♦#
Jun	Capecitabine #
	Nevirapine ♦#
	Sildenafil #
Jul	Etonogestrel
Aug	Raloxifene HCI#
	Rizatriptan ♦#
	Clopidogrel hydrogen sulphate ♦
Oct	Irbesartan plus hydrochlorothiazide
Nov	Efavirenz
	Rituximab *
Dec	Telmisartan #

Expiry date	Drug					
2014						
Feb	Alemtuzumab					
	Temoporfin					
	Zanamivir *					
Mar	Somatropin (synthetic hGH)					
Apr	Memantine HCI					
May	Anakinra					
	Escitalopram oxalate					
Jun	Abacavir					
	Hydroxyethyl starch					
	Moxifloxacin					
	Ulipristal acetate *					
Jul	Trastuzumab					
	Verteporfin					
Aug	Infliximab *					
	Palivizumab					
Sep	Cetuximab *					
	Rosiglitazone					
Oct	Aripiprazole *					
	Nelfinavir mesylate					
	Paliperidone					
Nov	Insulin glargine					
	Icatibant acetate					
Dec	Almotriptan					
	Bevacizumab					
	Brinzolamide *					
	Omalizumab					

# Index

AbbVie	51, 54	Byetta	52	Exenatide	
Abiraterone	8, 34, 53	C1 inhibitor	51	Eylea	
Aclidinium	16	Cabozantinib	28	Fampridine	55
Actilyse	51	Calsed	29	Fampyra	55
Actimid	41, 42	Canagliflozin	22	Farletuzumab	36
Adalimumab	51, 54	Canakinumab	46	Ferrer	50
Adasuve	17	Caprelsa	54	Ferumoxytol	44
Adcetris	39, 40	Carfilzomib		Fidaxomicin	52
Aegerion Pharmaceuticals	15	Ceftaroline	20	Fluenz	
Afamelanotide		Celgene	29, 41, 50	Fluocinolone acetonide	47
Afatinib		Cell Therapeutics		Folotyn	50
Afinitor		Celsion		Forxiga	
Aflibercept		Cinryze		Fresenius Medical Care	
Alcon		Clerezo		Fultium-D3	
Alemtuzumab		Clevidipine		Galvus	
Alexion		Cleviprex		Gentium	
Alexza Pharmaceuticals		Clinuvel pharmaceuticals		Genzyme	
Alimera Sciences		Cobicistat		Gilead	
Allergan		Colecalciferol		GlaxoSmithKline 30, 36,	
Almirall		Collagenase		53, 54, 55	,,
Alogliptin		Conestat alfa		Glycopyrronium bromide	16
Alpharadin		Constella		Golimumab	
Alteplase		Crizotinib		Herceptin	29. 54
Amgen		Dabigatran	•	Herpes zoster	
Amrubicin		Dabrafenib		Humira	
Apaziquone		Dacogen		Hydrocortisone	
Apixaban7,	11 12 51	Daiichi Sankyo		llaris	
Arena		Danagliflozin		lluvien	
		Dapoxetine		Imatinib	
Argatroban		Decitabine		Incivo	
Arid Pharmaceuticals		Defibrotide		Indacaterol/ glycopyrrolate	
Asenapine		Defitelio		Infliximab	
Astellas26, 33,		Dendreon		Influenza vaccine	
AstraZeneca20,		Dexdor		Ingenol mebutate	
Ataluren		Dexmedetomidine		Inlyta	
Aubagio		Dificlir		Inspra	
Avastin				Insulin degludec	
AWMSG		Dimethyl fumarate  Doxorubicin heat-sensiti		Insulin degludec/ insulin a	
Axitinib		Dyax		Intedanib	
Azilsartan		Ecallantide		Interferon beta-1a	
B cell lymphoma vaccine				InterMune	
Bayer 11, 13, 28, 31, 32,		Eculizumab Edarbi		Internis	
Belatacept		Edurant		Istodax	
Belimumab				lvabradine	
Bendamustine		Efient		lvacaftor	7 15
Benlysta		Egrifta		Jakavi	/, 10
Betanis		Eisai			
Bevacizumab		Eklira Genuair		Janssen-Cilag 22, 34,	40, 42, 50
Biogen Idec		Eli Lilly		52, 53	27
BiovaxID		Eliquis		Jenzyl KAEL-GemVax	31
Biovest International		Eltrombopag			
Boehringer Ingelheim	11, 12, 29,	Elvitegravir/ cobicistat/ e		Kalbitor	
50, 51, 53		tenofovir		Kalydeco	
Bortezomib		Enzalutamide		Krystexxa	
Bosulif		Eplerenone		Kynamro	
Bosutinib		Erivedge		Kyprolis	4
Botox		Erlotinib		L(C)NDG	4
Botulinum A toxin		Esbriet		Lapatinib	
Brentuximab		Esmya		Laquinimod	
Bristol-Myers Squibb		Everolimus		Lemtrada	
Brivanib		Eviplera		Lenalidomide	
Bronchitol		Exelixis		LEO Pharma	49
Buccolam	52	Exembol	51	Levact	38

Linaclotide	10	Pfizer 11, 12, 20, 27, 28,	33, 41, 46,	Spectrum	
Linagliptin	53	51		Strontium ranelate 9,	47, 55
Liraglutide	18	Pharmaxis	52	Swedish Orphan Biovitrum	52
Lisdexamfetamine dimesylate		Phentermine/ topiramate.	18	Sycrest	52
Lixisenatide		Picato		Tafamidis meglumine	20
Lomitapide		Pirfenidone		Takeda 10, 23, 39, 40, 44,	
Lorcaserin	•	Pixantrone		Tarceva	
Lorqess		Pixuvri		Teduglutide	
Loxapine		Plenadren		Tegafur/ gimeracil/ oteracil	
Lundbeck		Pomalidomide		Telaprevir	
Lyxumia		Ponatinib		Telavancin	
MabThera	•	Pradaxa	,	Teriflunomide	-
Mannitol		Pralatrexate		Tertomotide	
Menarini		Prasugrel		Tesamorelin	
Meningococcal vaccine	55	Preglem UK	53	Teva	43
Mercaptopurine	54	Priligy	27	Teysuno	54
Merck		Procoralan	51	The Medicines Company	14
Merck Serono	54	Protelos	9, 47, 55	Theravance	50
Methylthioninium chloride		Proveblue		ThermoDox	
Midazolam		Provenge	35	Tivozanib	33
Mipomersen		Provepharm		TOBI podhaler	
Mirabegron	•	PTC Therapeutics		Tobramycin	
Mitsubishi Pharma Europe		Qnexa		Tofacitinib	
		Quad		Tomtovok	
MSD10, 13					
MTRAC		Radium-223		Trajenta	
Mundipharma		Rebif		Trastuzumab	
Nalfurafine	19	Regorafenib	8, 31, 32	Trastuzumab/ hyaluronidase	
Nalmefene	7, 19	Remicade	51	Trastuzumab emtansine	
Napp	38	Remitch	19	Tresiba	24
Neoquin	34	Revestive	10	Tyverb	30, 50
NETAG		Revlimid	50	UKMi	4
Nexavar	28	Revolade	45	Ulipristal	53
NHSC	4	Ridaforolimus		Vandetanib	
NICE		Rienso		Vargatef	
Nimenrix		Rifaximin		Vectibix	
Nintedanib		Rilpivirine		Velcade	
Nordic Pharma		Rilpivirine/ emtricitabine/ t		Vemurafenib	
		Rituximab		Venvanse	
Norgine					
Nova Laboratories		Rivaroxaban7		Vertex	
Novartis 14, 16, 17, 25, 30	, 43, 46,	Roche 29, 30, 31, 35,	37, 30, 42,	Vibativ	
52, 53		53, 54		Victoza	
Novo Nordisk		Romidepsin		Vildagliptin	
NPC		Ruconest		Vintafolide	
Nulojix		Ruvise	14	ViroPharma25,	51, 52
NYRDTC	4	Ruxolitinib	8, 43	Vismodegib	. 8, 37
Oasmia	36	Ryzodeg	24	Vivus	18
Ocriplasmin	48	Sanofi		Vorapaxar	13
Olmesartan/ amlodipine/		SanofiPasteur MSD	55	Votrient	
hydrochlorothiazide	51	Savient		Votubia	
Omnitarg		Saxagliptin		Vyndagel	
Omontys		Scenesse		Xalkori	
Onglyza		Seebri Breezhaler			
• •				Xalupurine	
Onyx		Selincro		Xarelto 11, '	
Orion Pharma		Servier		Xiapex	
Paclical		Sevikar HCT		Xifaxanta	
Paclitaxel		Shire		Zaltrap	
Panaclar	44	SIGN		Zelboraf	54
Panitumumab	54	Signifor	25	Zinforo	20
Pasireotide	25	Simponi	10, 55	Zonegran	52
Pazopanib8		Sipuleucel-T		Zonisamide	
Peginesatide	45	SMC	4	Zostavax	hh
Peginesatide Pegloticase		SMC Soliris		Zostavax Zytiga	

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# **London New Drugs Group**

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# Azilsartan medoxomil Primary Care Briefing

This Primary Care Briefing has been produced to inform healthcare professionals in primary care of the new angiotensin II receptor blocker (ARB), azilsartan medoxomil (Edarbi® ▼).

#### Azilsartan medoxomil

- Azilsartan medoxomil ('azilsartan') is the eighth ARB to be launched in the UK.<sup>1</sup> It is licensed for the treatment of essential hypertension in adults.<sup>2</sup> The recommended starting dose is 40mg once daily (20mg once daily in those ≥75 years who are at risk of hypotension), increasing to 80mg OD if necessary. Near-maximal antihypertensive effect is seen at 2 weeks, with maximal effects at 4 weeks.<sup>2</sup>
- No dose adjustment is required in patients with mild or moderate renal impairment. Azilsartan should be used with caution in patients with severe renal impairment or end-stage renal disease, and in those with severe hepatic impairment due to lack of data. Close monitoring of patients with mild to moderate hepatic impairment is recommended and a starting dose of 20mg OD should be used. There are no data for the use of azilsartan in patients with congestive heart failure.
- Peak plasma concentrations of azilsartan are reached within 1.5 to 3 hours post-dose. The elimination half-life is 11 hours.<sup>2</sup>

#### **Current guidelines**

NICE Guidance for the treatment of hypertension are 3:

Age	Step 1	bendroflumethia	
≤55 years	ACE inhibitor or low-cost ARB	Add calcium channel blocker	Add thiazide-like diuretic, e.g.
≥55 years OR black person of African/Caribbean family origin	Calcium channel blocker	Add ACEI or low-cost ARB	bendroflumethiazide, indapamide

Candesartan, losartan and valsartan are currently available as lower cost generic ARBs in the UK. 4

#### Place in therapy

- Azilsartan is structurally related to candesartan but it is more lipophilic, which potentially increases its oral bioavailability. <sup>5</sup> It appears to be an overwhelmingly selective angiotensin receptor (AT1) antagonist, with greater potency and, because it takes longer to dissociate from the site of action, it has a longer-lasting pharmacologic effect compared with other ARBs. <sup>5</sup>
- Takeda suggest that azilsartan may be a useful treatment option to enhance blood pressure lowering for patients in whom dual antihypertensive therapy with a generic ACEI or ARB, plus either a calcium channel blocker (CCB) or diuretic has not reduced blood pressure to the desired level, before trying triple antihypertensive therapy. This is not in line with NICE guidance. In most cases the addition of azilsartan may be a more expensive option than the addition of a calcium channel blocker (CCB) or diuretic, noting the recent availability of generic ARBs in the UK (see Table 2). Patient adherence to and tolerability of a multiple-drug treatment regimen may need to be taken into consideration.
- However, bear in mind that none of the studies have compared azilsartan monotherapy with an ARB/ACEI plus CCB, as per NICE guidance.

#### Benefits of blood pressure lowering

- There are no cardiovascular outcome data for azilsartan. However the benefits of lowering blood pressure have been studied. A specified absolute BP reduction from any point on the BP distribution produces a constant proportional reduction in cardiovascular risk. For a reduction of 5mmHg in diastolic BP (DBP), cohort studies indicate that the risk of stroke is reduced by 34% and the risk of ischaemic heart disease by 21%, at 60-65 years. These proportional effects are similar at different ages.<sup>6</sup> Systolic (SBP) and diastolic BP are highly correlated and the results are similar whichever is used. The risk of a stroke or heart disease decreases as blood pressure is reduced, but there is no lower threshold.<sup>6</sup>
- The benefits of antihypertensive treatment on cardiovascular morbidity are thought to be mainly due to blood pressure lowering effects per se, independent of the drug class used. A recent meta-analysis of 20 cardiovascular morbidity-mortality trials (n=158,998) evaluated the impact of renin-angiotensin-aldosterone-system inhibitors (RAAS inhibitors which comprise of ARBs and ACE inhibitors) on all-cause and cardiovascular mortality. The trials included were those with compared ACEI or ARB treatment with a control (placebo, active or usual care). Analysis was stratified according to ACEI (n=76,615) or ARB (n=82,383) treatment. The overall analysis included 677,005 patient years and 15,061 deaths.
  - o In the 20 trials grouped together, treatment with a RAAS inhibitor was associated with a statistically significant 5% reduction in all-cause mortality and a significant 7% reduction in cardiovascular mortality.
  - ACEI treatment was associated with a 10% reduction in all-cause mortality (mortality incidence rate: 20.4 vs. 24.2 deaths
    per 1000 patient-years) (7 trials, HR 0.90, 95% CI: 0.84-0.97, p=0.004 compared with control).

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- No significant reduction in mortality was demonstrated with ARB therapy (IR: 21.4 vs. 22.0 deaths per 1000 patient-years)
   (13 trials, HR 0.99, 95% CI: 0.94-1.04, p=0.683 compared with control).
- o No difference in cardiovascular mortality was seen between ACEI and ARBs.
- There are limitations to the review: different definitions of hypertension were used in the trials, doses of the active and control drugs varied, target BP levels differed and follow-up times were different.

## Phase III clinical studies with azilsartan (table 2)8-14

- The surrogate endpoint, change in 24 hour ambulatory blood pressure monitoring (ABPM), was used in most studies as the primary
  endpoint. This provides a good insight into blood pressure (BP) changes during everyday activities and is recommended for the
  evaluation of new antihypertensive drugs, but there are insufficient data to accept it as the sole basis for efficacy in an approval
  process.<sup>15</sup>
- Maximum licensed doses of the comparators (olmesartan, valsartan and ramipril) were used.
- All treatments lowered SBP and DBP but none of the studies were long enough to evaluate any differences between treatment groups in the reduction in clinical endpoints, i.e. morbidity and mortality.
- Azilsartan was shown to lower SBP and DBP to a greater degree than maximum doses of olmesartan, valsartan and ramipril and the differences were statistically significant for azilsartan 80mg vs. comparator.
- When used as monotherapy, the greatest difference in the primary endpoint was between azilsartan 80mg and ramipril 10mg (-9mmHg). Differences in the primary endpoints between azilsartan and other ARB monotherapies ranged from -0.4 to -4.3 mmHg.
- Response rates (SBP<140mHg and/or reduction of ≥20mmHg) were generally higher in patients treated with azilsartan.
- When azilsartan was used in combination with amlodipine or with chlorthalidone, blood pressure was lowered to a greater extent than amlodipine or chlorthalidone monotherapy, as would be expected.
- The combination of azilsartan plus chlorthalidone resulted in greater blood pressure reductions than olmesartan plus hydrochlorothiazide. Hydrochlorothiazide has traditionally been the thiazide used in combination products. Chlorthalidone has a longer half-life and can lower BP more effectively, which may partly account for these results. 16
- The mean age of patients in the studies was over 55 years of age; according to NICE guidance treatment would be initiated with a calcium channel blocker.
- Exclusion criteria included secondary hypertension, seated DBP >114mmHg, advanced renal disease, major CV events within 6 months of enrolment, poorly controlled diabetes and hepatic abnormalities.

In summary: Responder rates (SBP <140mmHg and/or reduction of ≥20mmHg) were higher in the azilsartan groups (50-59%) compared with ramipril (33.8%), valsartan (47-49%) and olmesartan (49-53%) but note that none of the studies evaluated the BP lowering effects of azilsartan vs. ACEI/ARB plus CCB. The use of azilsartan in place of dual therapy prior to using triple therapy cannot be evaluated from the available clinical trials.

# Cost Note that this is a selection of antihypertensives, based on those used in the trials above, other generic ARBs and commonly used diuretics.

Table 1: Cost of selected a	ntihypertensive drug	Examples of combinations, cost/year				
Drug	Max daily dose <sup>1</sup>	Cost per month <sup>1;17</sup>	Cost / year	+ amlodipine	+ amlodipine + bendroflumethiazide	+ amlodipine + indapamide
Azilsartan (Edarbi®)	40-80mg OD	28x40mg: £16.80 28x80mg: £19.95	28x40mg: £16.80 £218.40 -			
Candesartan*	32mg OD	28x32mg: £16.13	£209.69	£222.95	£233.22	£239.46
Losartan	100mg OD	28x100mg: £2.07	£26.91	£40.17	£50.44	£56.68
Olmesartan (Olmetec®)	40mg OD	28x40mg: £17.50	£227.50	£240.76	£251.03	£257.27
Valsartan	320mg OD	2x28x160mg: £10.34	£134.42	£147.68	£157.95	£164.19
Ramipril (capsules)	10mg OD	28x10mg: £1.43	£18.59	£31.85	£42.012	£48.36
Bendroflumethiazide	5mg OD	28x5mg: £0.79	£10.27	-	-	
Indapamide	2.5mg OD	28x2.5mg: £1.27	£16.51	-	-	
Amlodipine	10mg OD	28x10mg: £1.02	£13.26	-	-	

\*candesartan came off patent in May 2012, further price reductions are anticipated; therefore a greater price differential between candesartan azilsartan expected.

Ref	No. of patients Inclusion criteria	Dose, titration, power calculation	Results : Primary endpoint Results: other parameters (BP measured in mmHg)									
	1275 pts (mean age 58) with sitting trough clinic SBP ≥150 to ≤180mmHg and 24-hour mean SBP ≥130 to ≤170mmHg.	Placebo AZL 20mg, 40mg or 80mg OD	Mean change in 24-hour mean SBP (mmHg) by ABPM at week 6 (difference vs. OLM)				Early morning SBP at week 6 demonstrated trend towards greater reduction AZL80mg (-12.2) than with OLM40mg (-9.9, p=0.054).					
		OLM 40mg OD	Placebo	AZL	AZL	A71 90	OLM	Changes in BP		AZL 40mg	AZL80mg	OLM 40m
akris <sup>8</sup>	Exclusions: history of major CV	000/	Placebo	20mg	40mg	AZL80mg	40mg	Clinic SBP		14.5	-17.6†	-14.9
	events, secondary hypertension, severe renal impairment, renal	90% power to detect a difference of 5.5mmHg	-1.4	-12.2*	-13.5*	-14.6*	-12.6*	24-hr mean DBP*		7.7	-7.9	-7.0
	artery stenosis, type 1 or poorly	between AZL and placebo	1.4	(0.4)	(-0.9)	(-2)	-12.6	Clinic DBP*		7.1	-8.6†	-7.1
	controlled type 2 diabetes, hepatic	and a 4mmHg difference	-	p=NS†	p=NS†	p=0.038†	-	Responder rates		50%	57%	53%
	abnormalities and raised serum potassium (K <sup>+</sup> ) levels.	between AZL and OLM.	*p<0.001 vs.	placebo;	†p vs. olme	sartan		* placebo subtracted • Adverse events (AEs	•	those observ	ed in placel	oo group.
	984 pts (mean age 57) with clinic SBP ≥ 150 to ≤180mmHg and 24- hour mean SBP ≥130 to	Forced titration after 2 weeks AZL 20mg titrated to 40mg or 80mg OD	Mean change (difference fo		ur SBP (mmF	lg) by ABPM a	t week 24	<ul> <li>Changes in hourly SI than VAL 320mg.</li> <li>Adverse events incident</li> </ul>		•		•
	≤170mmHg. 75% Caucasian, remainder were	VAL 80mg titrated to 320mg OD  90% power to demonstrate non-inferiority between AZL and VAL on primary endpoint.	AZL 40mg:		AZL 80mg	VAL 320	mg	group (59.2%).				
Sica <sup>11</sup>	native American or Asian origin. Exclusion criteria: secondary hypertension, renal dysfunction, major CV events within 6 months, type 1 or poorly controlled type 2 diabetes, raised serum K*levels.		-14.9* (-3.6	5) -	-15.3* (-4)	-11.3		Changes in BP*	AZL 40mg	AZL 80m	σ ۷Δ	L 320mg
			*p<0.001 vs. VAL					24-hr mean DBP	-2.16 <sup>†</sup>	-2.69†	-	E SZOMB
			Mean decreases in ABPM tended to be smaller during 16- 24 hour interval than during 1-15 hour interval in all groups.					Clinic DBP	-2.52†	-2.76†		
								Responder rates	56% p=0.016			7
								Responder rates   56% p=0.016   59%, p=0.002   47%   relative to valsartan (actual values not stated)   †p≤0.001				
	884 pts (mean age 57) with clinic SBP 150-180mmHg.	Forced titration after 2 weeks AZL 20mg OD titrated to 40mg or 80mg RAM 2.5mg OD titrated to	Mean change in trough sitting clinic SBP (mmHg) at week 24 (difference from RAM)				24-hour ambulatory	AZL 40mg -12.7, p<0.00	AZL 80r		RAM 10mg	
Bonner <sup>13</sup>	351 130 10011111116.		AZL 40mg	Δ7	ZL 80mg	RAM 10mg		l				33.8%
	Exclusion criteria not stated		-20.6* (-8.4		1.2* (-9)	-12.2		Response rates P value vs. RAM	54%, p<0.001	53.6%,	0<0.001	55.8%
	Conference abstract only.	10mg OD	* p<0.001 vs. RAM			<ul> <li>Discontinuation due RAM 10mg. (2.4%, 3</li> </ul>			-	•		
			Mean change in 24-hour mean SBP (mmHg) by ABPM at week				Change	Placebo	AZL 40mg	AZL 8	0mg	
	562 pts (mean age 58) with stage 2				cebo + amlod		i week	Clinic SBP	-15.9	-27.0*	-25.5	k
Neber <sup>14</sup>	hypertension (clinic SBP ≥160mmHg). Mean age 58 yrs.	Placebo AZL 40mg or 80mg OD	Placebo +	AZL 40r		A71 90	<del></del>	Mean 24-hour DBP	-7.8	-15.3*	-15.4	k
weber-	,	All received amlodipine 5mg OD	AML	+AML	_	AZL 80mg + AML		Clinic DBP	-7.1	-12.0*	-12.7	*
	Exclusion criteria not stated – conference abstract only.		-13.6	-24.8* (	(-11.2)	-24.5* (-10.9)		Response rates	43%	66%	69%	
	compression and any		*p<0.001 vs. placebo. All received amlodipine					*p<0.001 vs. placebo.  Peripheral oedema taking AZL + AML.		•	olacebo + A	ML vs. 2.1% (n