

Table 5: Recorded adult (15+ years, both sexes) per capita consumption (in litres of pure alcohol) in ASEAN, East Asia and Oceania countries, 2000-2008

Country	Year								
	2000	2001	2002	2003	2004	2005	2006	2007	2008
ASEAN									
Brunei Darussalam	0.37	0.44	0.12	0.11	0.09	0.15	0.21	0.13	0.12
Cambodia	1.43	1.7	1.64	1.68	1.65	1.95	1.98	2.04	2.2
Indonesia	0.06	0.06	0.05	0.05	0.06	0.06	0.06	0.06	0.07
Lao PDR	5.49	5.46	5.56	5.64	5.69	5.77	5.72	5.84	5.93
Malaysia	0.57	0.55	0.49	0.49	0.49	0.46	0.43	0.43	0.47
Myanmar	0.07	0.07	0.06	0.06	0.07	0.07	0.08	0.08	0.08
Philippines	4.77	4.57	4.44	4.46	4.46	4.22	4.07	4.17	4.28
Singapore	2.03	2.08	2.17	1.45	1.49	1.55	1.63	1.69	1.81
Thailand	6	6.05	6.08	6.31	6.35	6.46	6.38	6.41	6.12
Viet Nam	0.7	0.75	0.81	0.99	1.18	1.26	1.4	1.55	1.71
East Asia									
China	3.45	4.33	4.42	3.94	4.28	4.4	4.56	4.71	...
Japan	7.97	8.03	7.87	7.82	7.7	7.99	7.49	7.29	...
Republic of Korea	10.94	12	12.02	12.23	12.03	11.72	12.01	12.1	...
Oceania									
Cook Islands	3.68	1.94	2.06	9.26	9.38	11.69	13.08	16.64	18
Fiji	2.05	1.93	1.86	1.79	1.66	2.06	2.12	2.16	2.02
Kiribati	1.16	1.37	1.45	1.67	1.88	1.59	0.7
Micronesia	0.22	0.22	1.81	3.47	6.7	3.34	4.25
Nauru	5.51	4.13	2.37	2.33	2.33	2.25	2.26	2.23	2.23
Niue	6.08	11.75	7.42	10.77	6.6	7.83	7.9	8.84	8.86
Palau	6.98	9.01	11.3	8.86
Papua New Guinea	1.75	1.86	1.76	1.54	1.44	1.43	1.46	1.56	1.59
Samoa	2.95	3.37	3.28	4.16	3.62	3.63	3.51	3.84	3.92
Solomon Islands	0.94	0.94	1.08	1.18	1.18	0.9	0.99	0.8	1.06
Tonga	1.57	1.59	1.51	1.79	1.8	1.58	1.8	2.08	...
Tuvalu	1.02	1.56	0.92	2.01	2.69	0.95	1.08	1.29	1.58
Vanuatu	1.3	0.9	1.23	1.18	0.83	0.86	0.85	0.99	0.81

Source: WHO Global Information System on Alcohol and Health (GISAH)
available at <http://apps.who.int/ghodata/?theme=GISAH#>

Table 6: Robust estimate of five-year change in recorded adult (15+ years) per capita consumption in ASEAN, East Asia and Oceania countries, 2001-2005

Region	Country	Five-year change
ASEAN	Brunei Darussalam	Decrease
	Cambodia	Increase
	Lao PDR	Stable
	Malaysia	Stable
	Myanmar	Stable
	Singapore	Stable
	Thailand	Stable
	Philippines	Stable
	Viet Nam	Increase
	Indonesia	Stable
East Asia	China	Stable
	Japan	Stable
	Republic of Korea	Stable
Oceania	Cook Islands	Increase
	Fiji	Stable
	Kiribati	Increase
	Nauru	Decrease
	Niue	Stable
	Papua New Guinea	Decrease
	Samoa	Increase
	Solomon Islands	Increase
	Tonga	Increase
	Tuvalu	Increase
Vanuatu	Decrease	

Source: WHO Global Information System on Alcohol and Health (GISAH) available at <http://apps.who.int/ghodata/?theme=GISAH#>

Table 7: Total (recorded + unrecorded) adult (15+ years, both sexes) per capita consumption in liters of pure alcohol in ASEAN, East Asia and Oceania countries, 2005 report and 2008 projections.

Region	Country	2005 report	2008 projection
ASEAN	Brunei Darussalam	2.01	1.86
	Cambodia	4.77	4.71
	Indonesia	0.59	0.56
	Lao PDR	6.73	6.99
	Malaysia	0.82	0.87
	Myanmar	0.57	0.58
	Philippines	6.38	6.53
	Singapore	1.55	1.54
	Thailand	7.08	7.08
	Viet Nam	3.77	3.91
East Asia	China	5.91	5.56
	Japan	8.03	7.79
	Republic of Korea	14.8	14.81
Oceania	Cook Islands	3.7	3.23
	Fiji	2.43	2.76
	Kiribati	3.71	2.7
	Micronesia	5.5	5.25
	Nauru	4.83	11.46
	Niue	9.85	12.72
	Palau	10.1	0.05
	Papua New Guinea	3.49	7.3
	Samoa	4.8	4.51
	Solomon Islands	1.66	1.37
	Tonga	3.78	3.92
	Tuvalu	2.44	2.14
Vanuatu	0.93	0.96	

Source: WHO Global Information System on Alcohol and Health (GISAH)
available at <http://apps.who.int/ghodata/?theme=GISAH#>

Table 8: Alcohol consumers (%), past 12 months in ASEAN, East Asia and Oceania countries, latest available

Region	Country	Time Period	Alcohol consumers (%), past 12 months		
			M	F	Both sexes
ASEAN	Indonesia	2001	6.4	0.4	3.4
	Lao PDR	2003	55.6	23.5	39.2
	Malaysia	2003	4.6	0.8	2.7
	Myanmar	2003	15.4	0.8	7.9
	Philippines	2003	56.4	18.7	37.5
	Singapore	2004	60.6	40.9	50.7
	Thailand	2006	48.2	12.5	29.6
	Viet Nam	2003	47.4	1.3	24.1
East Asia	China	2003	72.6	38.1	55.7
	Japan	2001	88.1	81.4	84.6
	Republic of Korea	2002	88	61.1	74.4
Oceania	Cook Islands	2003	71.3	46.5	59.0
	Fiji	2002	40.9	7.8	24.0
	Kiribati	2004	52.2	8.6	50.0
	Micronesia	2002	49.5	8.9	29.3
	Nauru	2004	60.1	30.1	45.0
	Samoa	2002	42.3	9.9	26.7
	Solomon Islands	2005	53.5	17.6	36.1
	Tonga	2004	19.4	4.4	11.9
	Vanuatu	2005	31.8	7.3	19.8

Source: WHO Global Information System on Alcohol and Health (GISAH) available at <http://apps.who.int/ghodata/?theme=GISAH#>

Table 9: Crude and age-standardized estimate of insufficiently active population in ASEAN, East Asia and Oceania countries, 2008

Country	Crude estimate [95 % confidence interval]			Age-standardized estimate [95 % confidence interval]		
	M	F	Both sexes	M	F	Both sexes
ASEAN						
Cambodia	10.8 [9.9-11.9]	10.9 [9.5-12.4]	10.9 [10.1-11.7]	11.4 [10.4-12.5]	11.1 [9.7-12.5]	11.2 [10.4-12.1]
Indonesia	31.9 [28.7-35.1]	27.9 [25.2-30.7]	29.9 [27.8-32.0]	31.5 [28.4-34.8]	28.1 [25.4-30.9]	29.8 [27.7-31.9]
Lao PDR	15.6 [4.8-41.6]	19.5 [6.5-48.7]	17.6 [6.1-48.9]	16.7 [5.3-43.5]	21 [7.3-51.0]	18.8 [6.6-50.6]
Malaysia	56 [52.9-59.0]	65 [62.6-67.4]	60.5 [58.5-62.4]	57.3 [54.3-60.4]	65.6 [63.1-67.9]	61.4 [59.5-63.3]
Myanmar	9.8 [8.7-11.0]	14.4 [13.4-15.4]	12.2 [11.4-13.0]	10.4 [9.3-11.6]	14.9 [13.9-15.9]	12.7 [11.9-13.4]
Philippines	20 [7.1-52.4]	25.7 [9.4-59.9]	22.9 [8.2-56.8]	21.2 [7.6-53.6]	26.2 [9.8-60.4]	23.7 [8.6-57.6]
Thailand	16.5 [15.7-17.3]	20.7 [19.9-21.5]	18.7 [18.1-19.2]	17.1 [16.3-17.8]	21.4 [20.6-22.1]	19.2 [18.7-19.8]
Viet Nam	14.2 [4.2-38.3]	15.6 [5.0-41.2]	14.9 [5.3-43.6]	14.6 [4.5-39.5]	15.9 [5.2-41.8]	15.3 [5.6-44.4]
East Asia						
China	29.3 [28.2-30.4]	32 [30.9-33.0]	30.6 [29.8-31.4]	29.7 [28.6-30.8]	32.3 [31.2-33.3]	31 [30.2-31.8]
Japan	64.4 [26.5-83.2]	66.1 [27.5-84.9]	65.3 [26.4-83.9]	58.9 [24.6-81.1]	61.6 [26.3-83.7]	60.2 [24.8-82.5]
Oceania						
Cook Islands	71.6 [68.7-74.3]	73 [69.8-76.1]	72.3 [70.2-74.3]	70.9 [68.0-73.6]	73.2 [70.0-76.3]	72 [69.9-74.1]
Kiribati	42.4 [38.8-46.1]	57.1 [53.9-60.4]	49.8 [47.3-52.2]	38.4 [34.8-42.1]	54.9 [51.7-58.2]	46.7 [44.2-49.1]
Marshall Islands	46.3 [43.5-49.2]	57.1 [54.7-59.4]	51.7 [49.9-53.5]	43.5 [40.6-46.3]	55.7 [53.3-58.1]	49.6 [47.7-51.4]
Micronesia	56.4 [53.4-59.3]	74.3 [70.1-78.4]	65.2 [62.7-67.7]	58.2 [55.2-61.1]	74.4 [70.2-78.6]	66.3 [63.8-68.8]
Nauru	47.7 [44.7-50.7]	51.2 [48.1-54.3]	49.4 [47.3-51.6]	43 [40.0-46.0]	50 [46.9-53.1]	46.5 [44.3-48.7]
Papua New Guinea	14.1 [12.1-16.3]	18.1 [16.3-20.0]	16.1 [14.7-17.5]	17.2 [15.2-19.3]	21.5 [19.7-23.4]	19.3 [18.0-20.8]
Samoa	35.1 [32.6-37.6]	65.6 [62.9-68.4]	49.7 [47.8-51.6]	36.8 [34.3-39.3]	65.4 [62.7-68.1]	51.1 [49.2-53.0]
Solomon Islands	36.8 [34.1-39.7]	48.6 [46.1-51.1]	42.6 [40.7-44.4]	38 [35.3-40.8]	49.5 [47.0-52.0]	43.7 [41.9-45.6]
Tonga	30.6 [26.0-35.5]	52.1 [47.8-56.4]	41.4 [38.2-44.7]	31.8 [27.1-36.7]	51.9 [47.6-56.2]	41.8 [38.6-45.1]

Source: WHO Global Health Observatory Data Suppository available at <http://apps.who.int/gho/data/?vid=1805#>

**Table 10: Age-standardized estimate of prevalence of obesity for men and women
In ASEAN, East Asia and Oceania countries, 2008**

Regions	Country	M (%)	F (%)
ASEAN	Brunei Darussalam	8.5	7.2
	Cambodia	1.6	2.8
	Indonesia	2.5	6.9
	Lao PDR	1.7	4.1
	Malaysia	10.4	17.9
	Myanmar	2	6.1
	Philippines	4.5	8.3
	Singapore	6.6	6.2
	Thailand	4.9	11.8
	Viet Nam	1.2	2
East Asia	China	4.6	6.5
	Japan	5.5	3.5
	Republic of Korea	6.9	7.7
Oceania	Cook Islands	59.7	68.5
	Fiji	21.3	42.2
	Kiribati	37.7	53.6
	Marshall Islands	38.8	53.9
	Micronesia	30.9	53.4
	Nauru	67.5	74.7
	Palau	44.9	56.3
	Papua New Guinea	11.8	20.1
	Samoa	45.3	66.7
	Solomon Islands	25.3	39.2
	Tonga	49.1	70.3
Vanuatu	22.9	36.8	

Data of Niue and Tuvalu was not available.

Source: WHO Global Health Observatory Data Repository,
available at <http://apps.who.int/gho/data/?vid=1805#>

Table 11: Age-standardized estimate of prevalence of raised blood pressure for men and women in ASEAN, East Asia and Oceania countries, 2008

Regions	Countries	M (%)	F (%)
ASEAN	Brunei Darussalam	38.2	30.2
	Cambodia	35.5	28.1
	Indonesia	42.7	39.2
	Lao PDRc	39.7	35.1
	Malaysia	40.3	35.7
	Myanmar	44.3	39.8
	Philippines	40	34.4
	Singapore	38.2	30.9
	Thailand	37	31.6
	Viet Nam	40	33.7
East Asia	China	40.8	36.3
	Japan	41.3	30.7
	Republic of Korea	33.5	25.8
Oceania	Cook Islands	48.4	38.5
	Fiji	43.2	39.7
	Kiribati	42.2	32.8
	Marshall Islands	40.7	33.1
	Micronesia	46.2	37.5
	Nauru	48.4	39.7
	Palau	44.4	36
	Papua New Guinea	34.4	29.8
	Samoa	46.5	38.5
	Solomon Islands	38.5	36.2
	Tonga	44.3	37.7
	Vanuatu	48.9	45.6

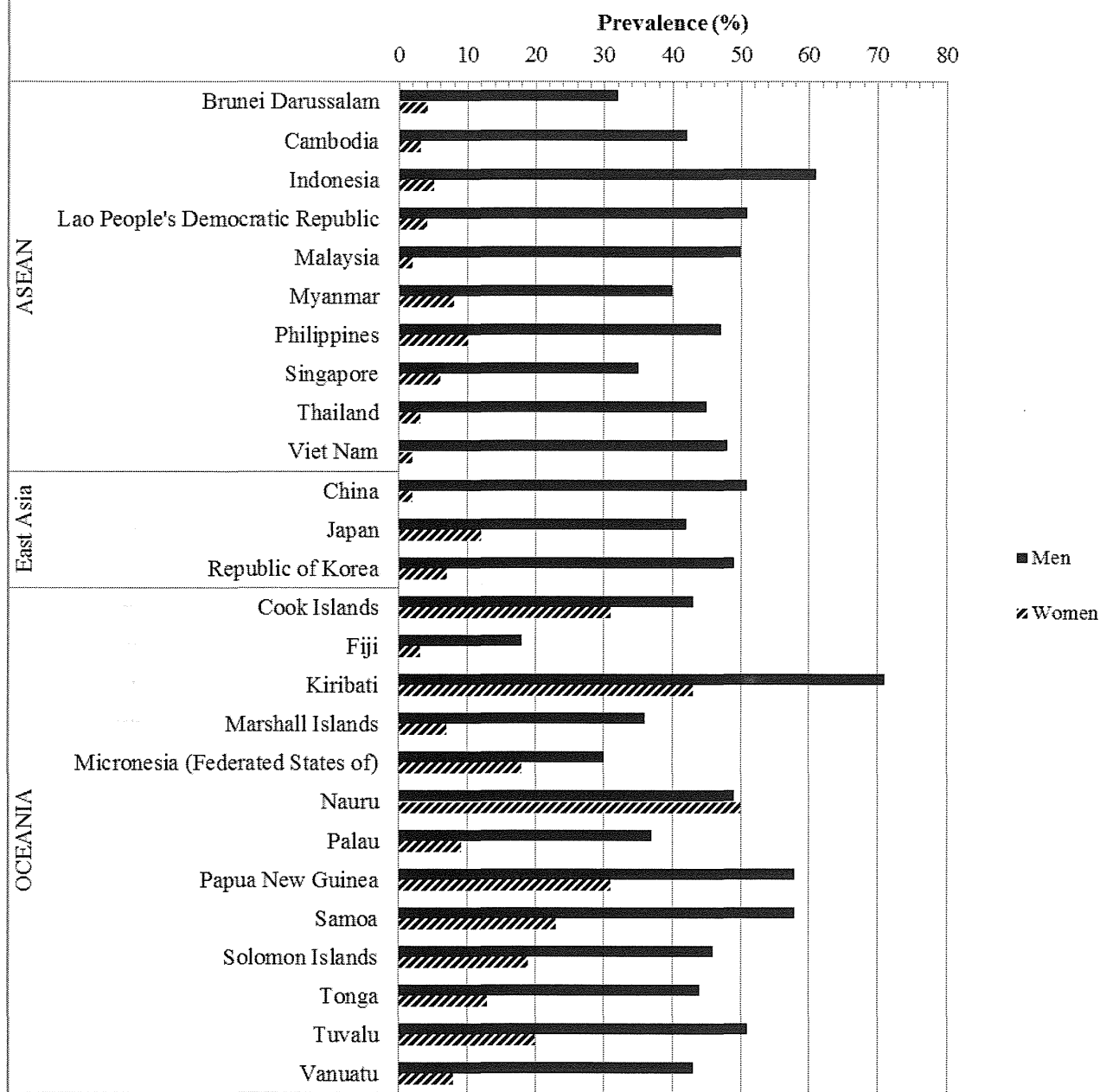
Table 12: Age-standardized estimate of prevalence of raised fasting blood glucose for men and women in ASEAN, East Asia and Oceania countries, 2008

Regions	Countries	M (%)	F (%)
ASEAN	Brunei Darussalam	8.7	5.9
	Cambodia	4.7	5.2
	Indonesia	6.6	7.1
	Lao PDR	7.1	7.6
	Malaysia	11.6	11.2
	Myanmar	6.1	7.1
	Philippines	6.5	6.6
	Singapore	7.5	5.4
	Thailand	7.3	7.1
	Viet Nam	7.5	7.9
East Asia	China	9.6	9.4
	Japan	7.2	4.7
	Republic of Korea	6.8	5.3
Oceania	Cook Islands	20.5	21.1
	Fiji	13.2	16.4
	Kiribati	23.6	24.9
	Marshall Islands	25.5	31.9
	Micronesia	14	19.8
	Nauru	12.8	15.2
	Palau	17.5	19
	Papua New Guinea	15.2	14.7
	Samoa	21.2	23.7
	Solomon Islands	17.1	18.3
	Tonga	17	19.3
Vanuatu	9.2	9.6	

Table 13: Age-standardized estimate of prevalence of raised total cholesterol for men and women in ASEAN, East Asia and Oceania countries, 2008

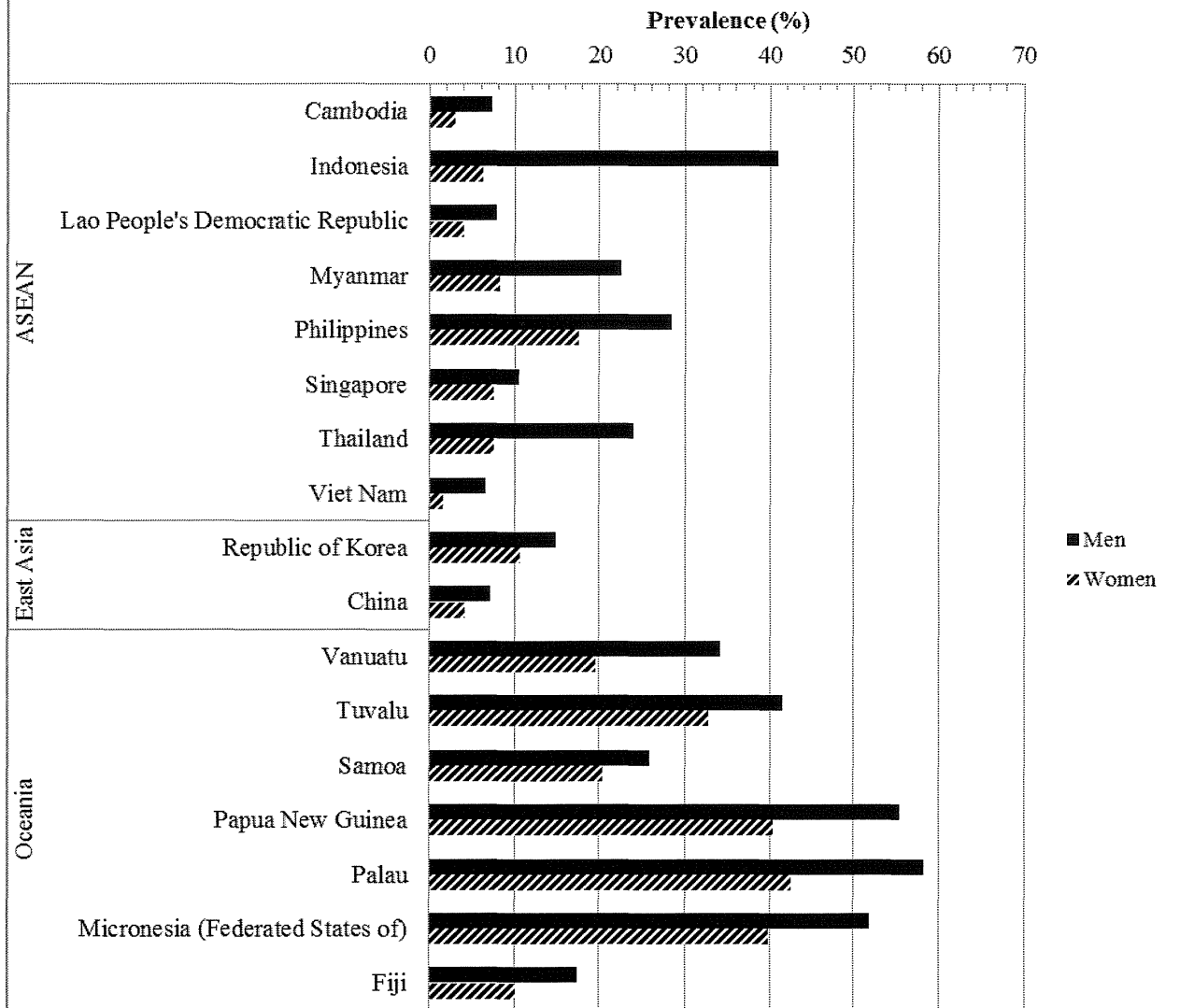
Regions	Countries	M (%)	F (%)
ASEAN	Brunei Darussalam	55.1	55.8
	Cambodia	26.9	32
	Indonesia	33.1	38.2
	Lao PDR	28.8	33.6
	Malaysia	50	54
	Myanmar	27.6	32.8
	Philippines	39.3	46.7
	Singapore	56.3	58.5
	Thailand	54.6	56.1
	Viet Nam	33.9	38.1
East Asia	China	31.5	35.1
	Japan	58.2	55.7
	Republic of Korea	41.7	42.7
Oceania	Cook Islands	59.3	58.3
	Fiji	56.4	49.7
	Kiribati	32.6	38.2
	Marshall Islands	43.1	49
	Micronesia	48.5	47.5
	Nauru	41.2	50.9
	Palau	54.7	54.8
	Papua New Guinea	36.5	39.8
	Samoa	31.4	37.8
	Solomon Islands	30.1	36.5
	Tonga	53.4	45.4
Vanuatu	36.1	39.3	

Figure 1: Age-standardized prevalence estimates for tobacco smoking among adult men and women in ASEAN, East Asia, and Oceania countries, 2009.



Data not reported/not available for: Niue. Source: WHO report on the global tobacco epidemic, 2011 available at <http://www.who.int/tobacco/>

Figure 2: Prevalence of current use of any tobacco product among adolescents aged 13-15 years in ASEAN, East Asia, and Oceania countries, 2010



Data not reported/not available for some countries

Source: WHO Global Health Observatory Data Repository available at <http://apps.who.int/gho/data/?vid=1805>

Figure 3: Total (recorded + unrecorded) adult (15+ years, both sexes) per capita consumption of alcohol in 2005 and projections for 2008

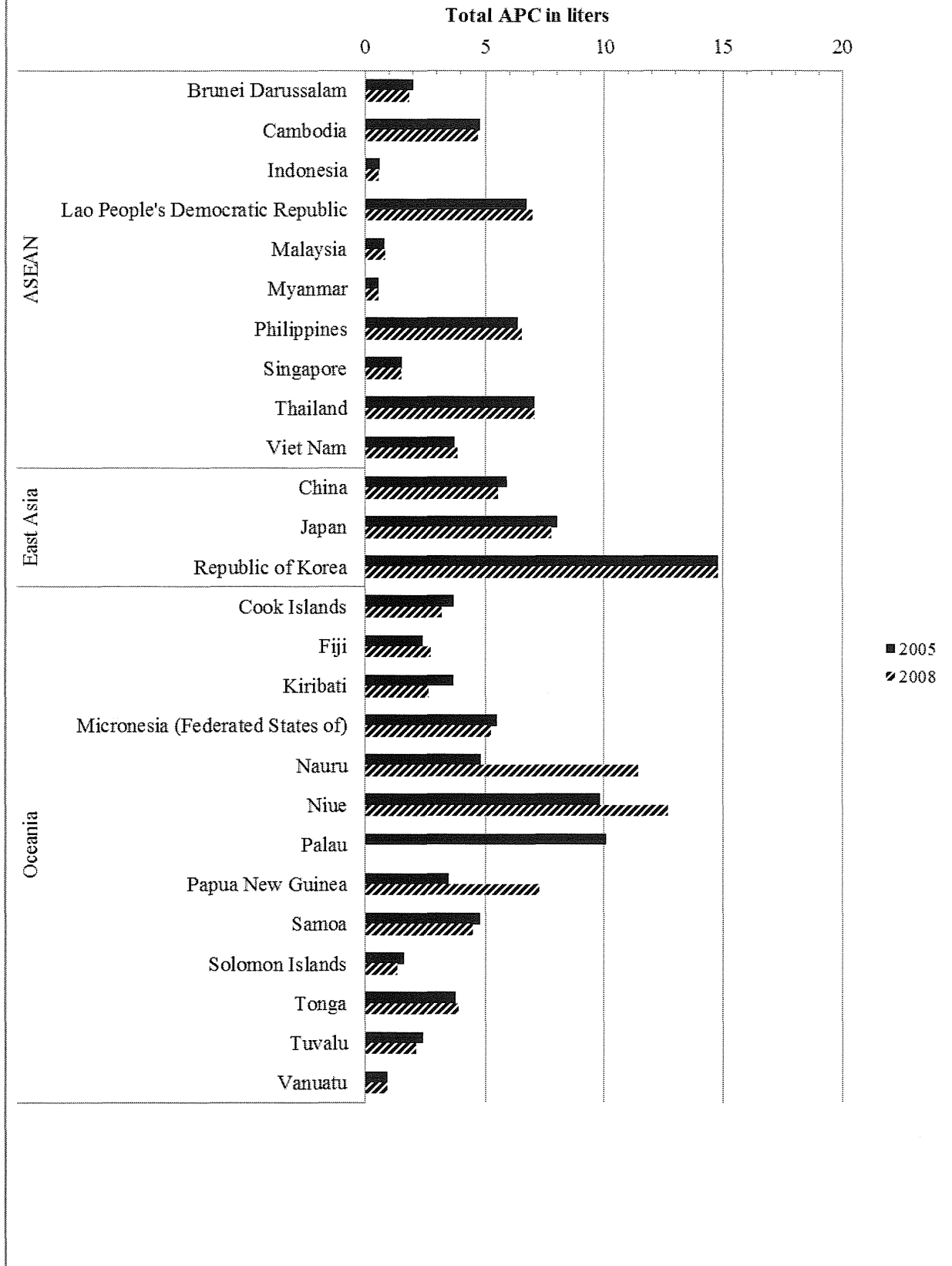
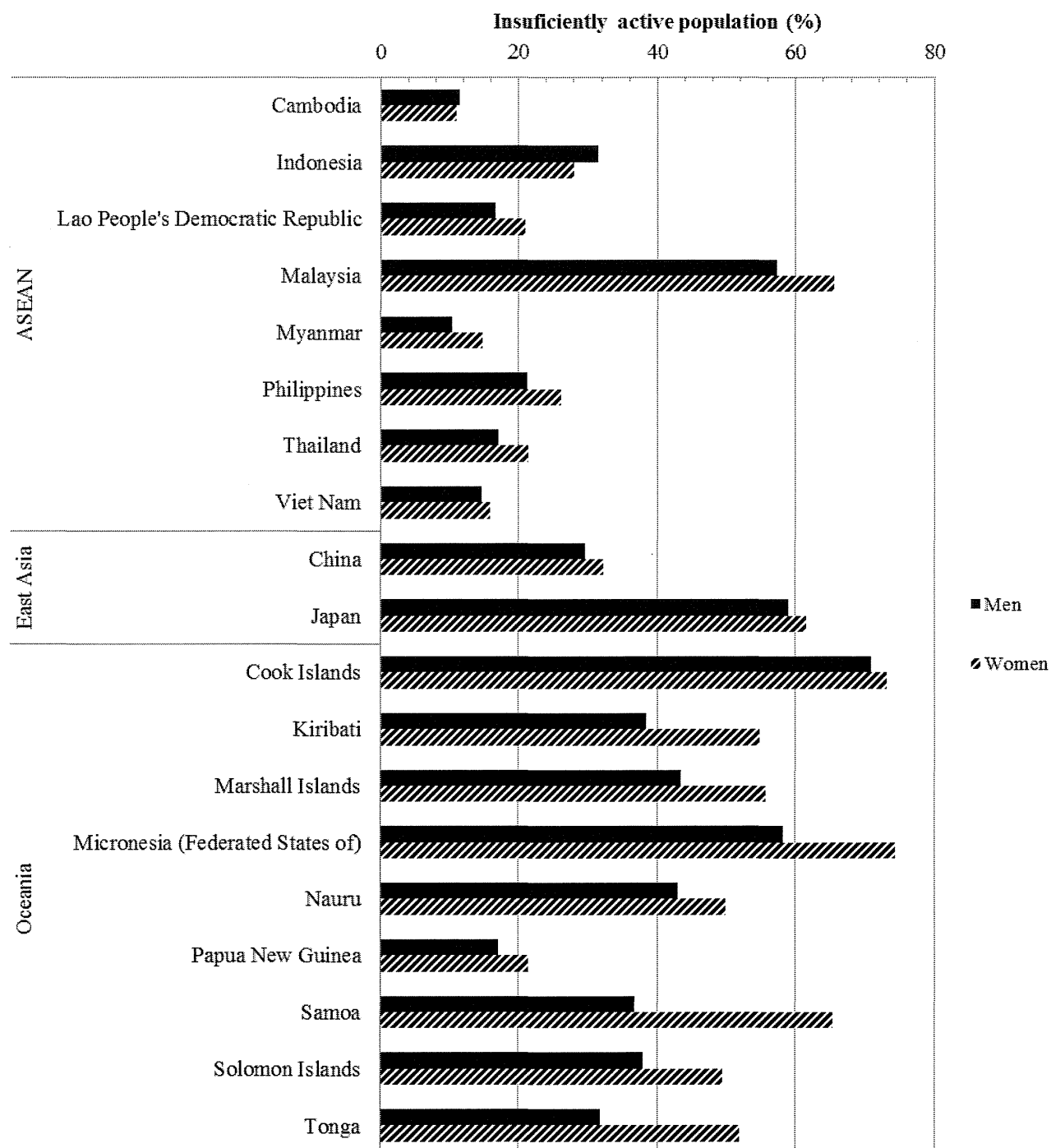


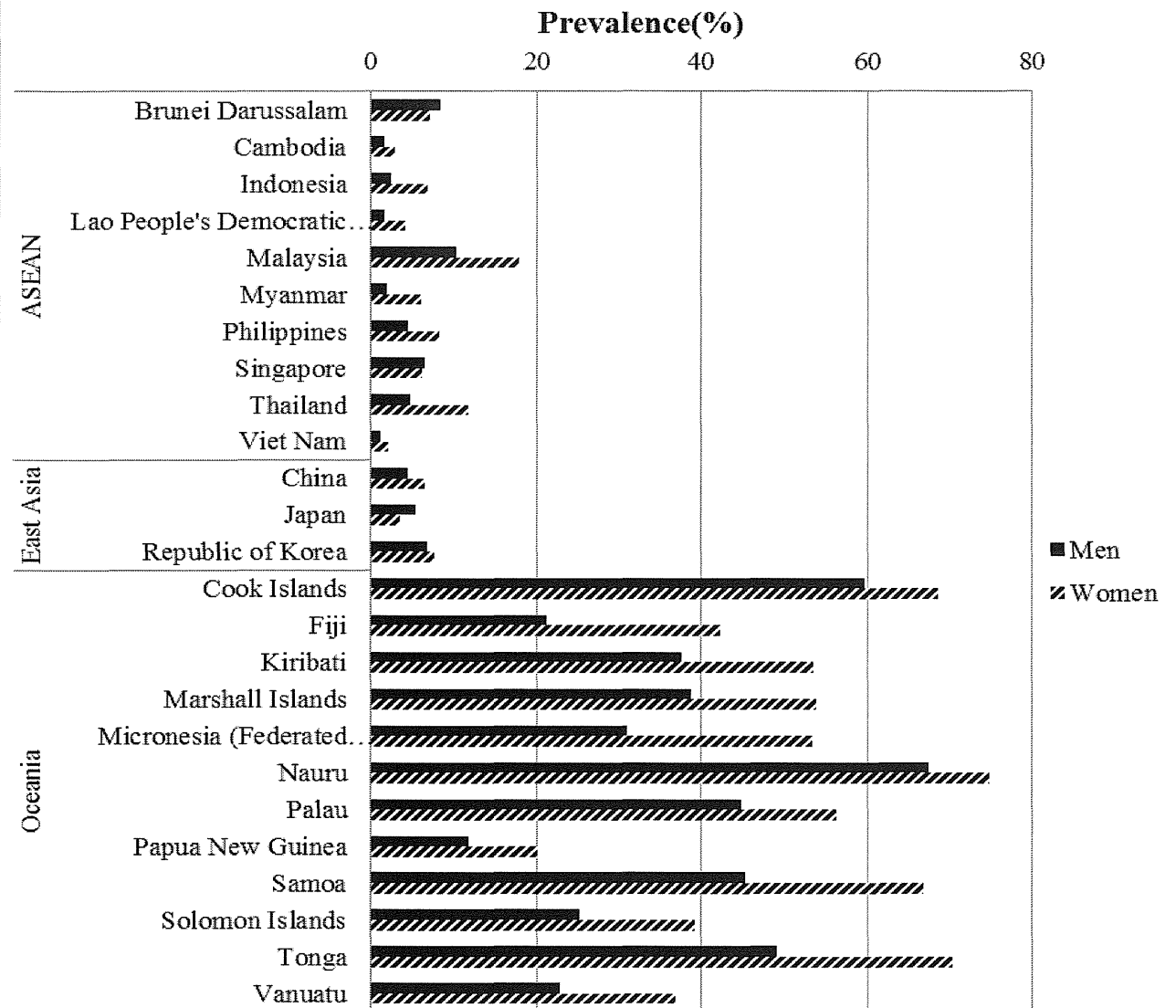
Figure 4: Age-standardized estimate of insufficiently active population (%) in ASEAN, East Asia and Oceania countries, 2008.



Data missing for some countries.

Source: WHO Global Health Observatory Data Suppository available at <http://apps.who.int/gho/data/?vid=1805#>

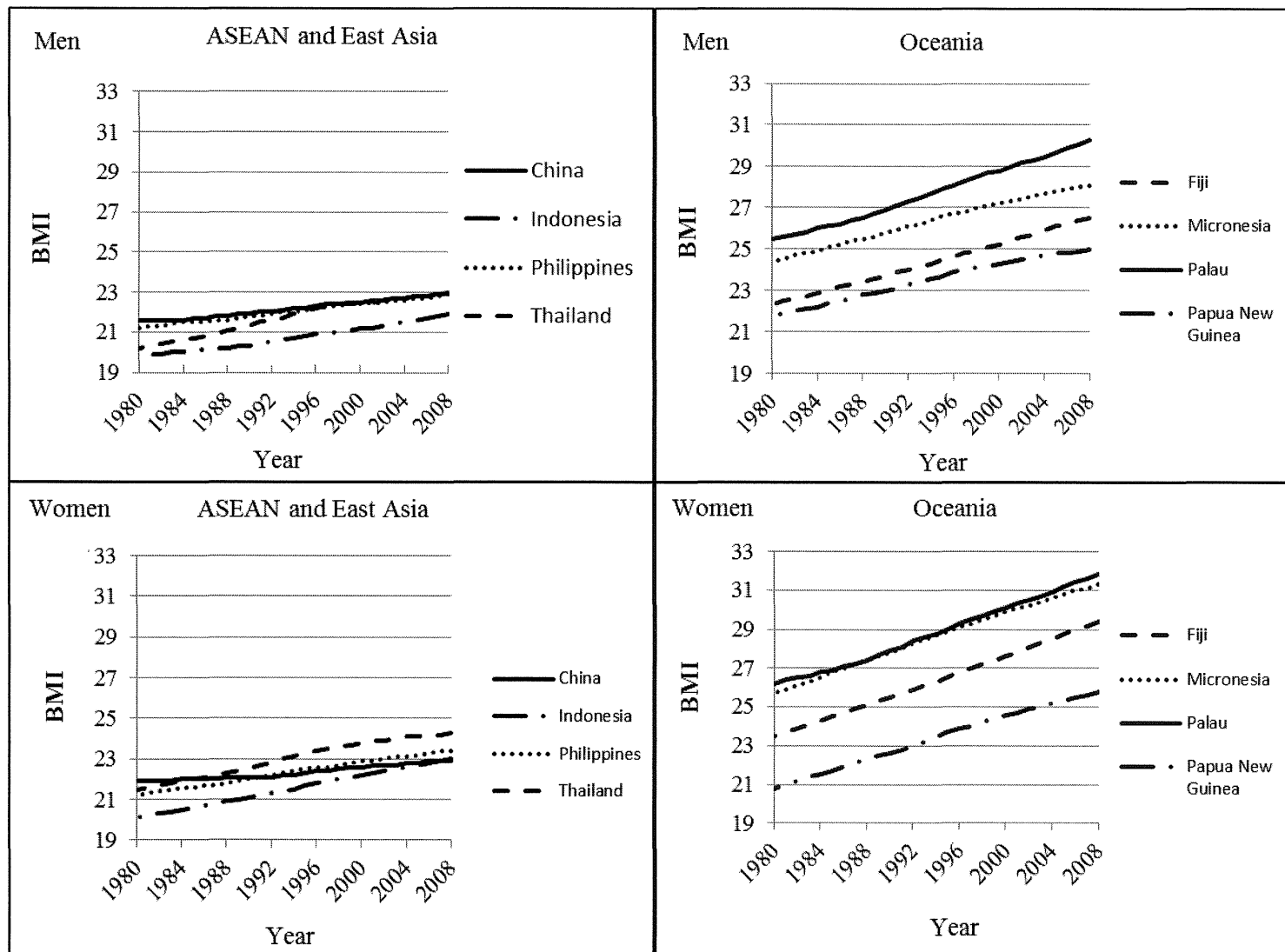
Figure 5: Age-standardized estimate of obesity prevalence in ASEAN, East Asia and Oceania countries, 2008



Data of Niue and Tuvalu was not available.

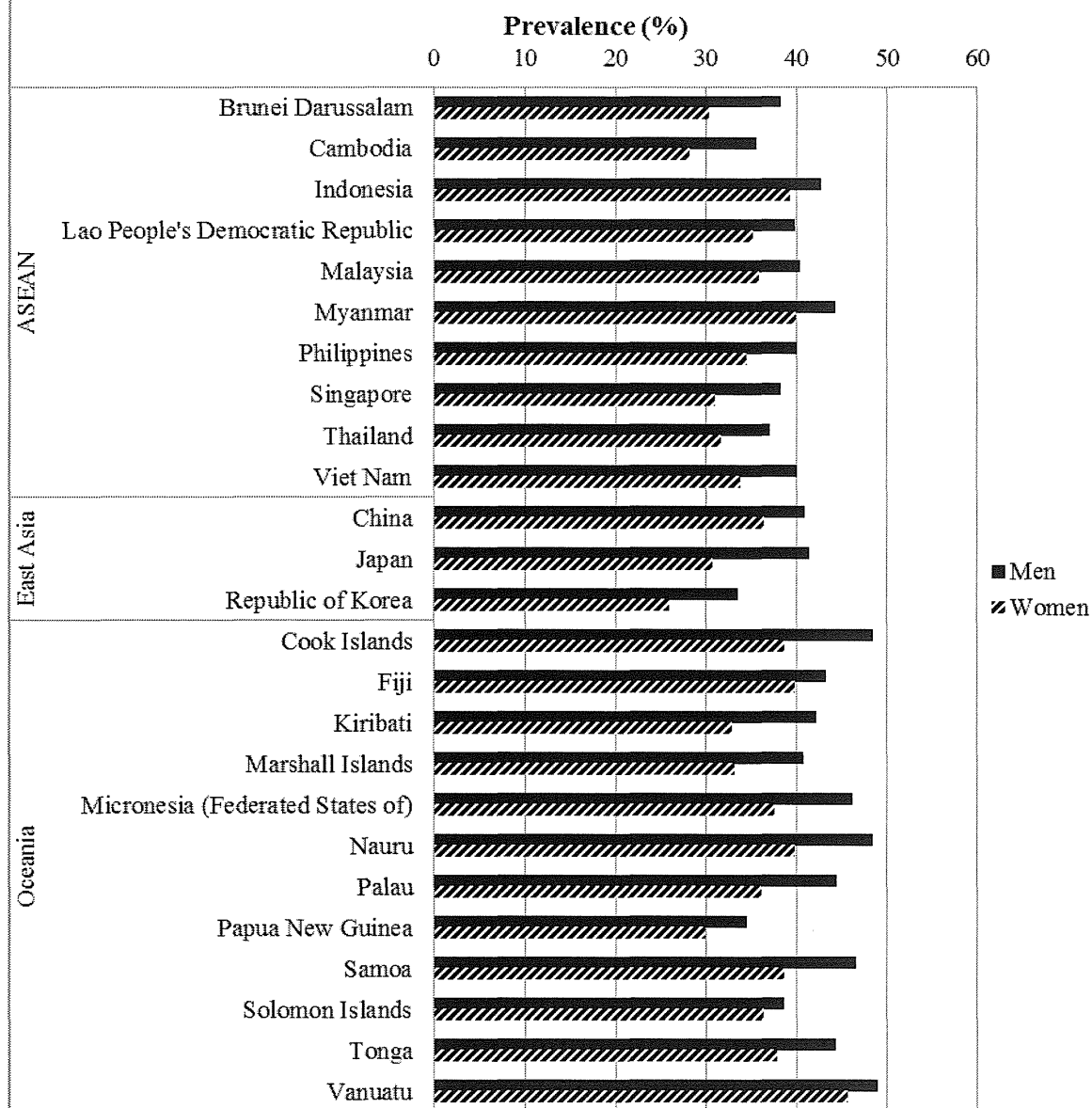
Source: WHO Global Health Observatory Data Repository, available at

Figure 6: Mean BMI trends (age standardized estimate) in some countries of ASEAN, East Asia and Oceania, 1980-2008



Source: WHO Global Health Observatory Data Suppository , available at <http://apps.who.int/gho/data/?vid=1805#>

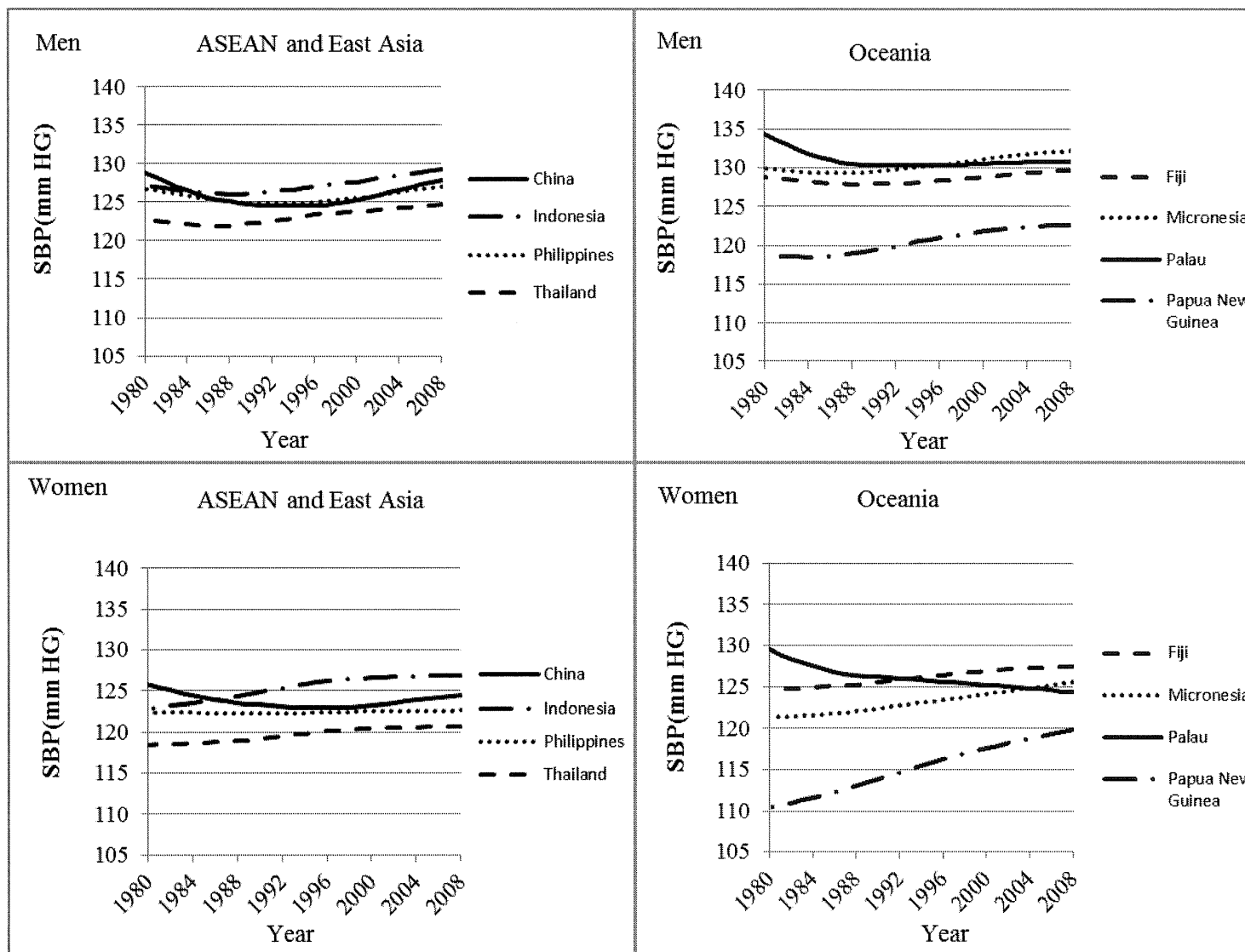
Figure 7: Age-standardized estimate of raised blood pressure prevalence in ASEAN, East Asia and Oceania countries, 2008



Data of Niue and Tuvalu was not available.

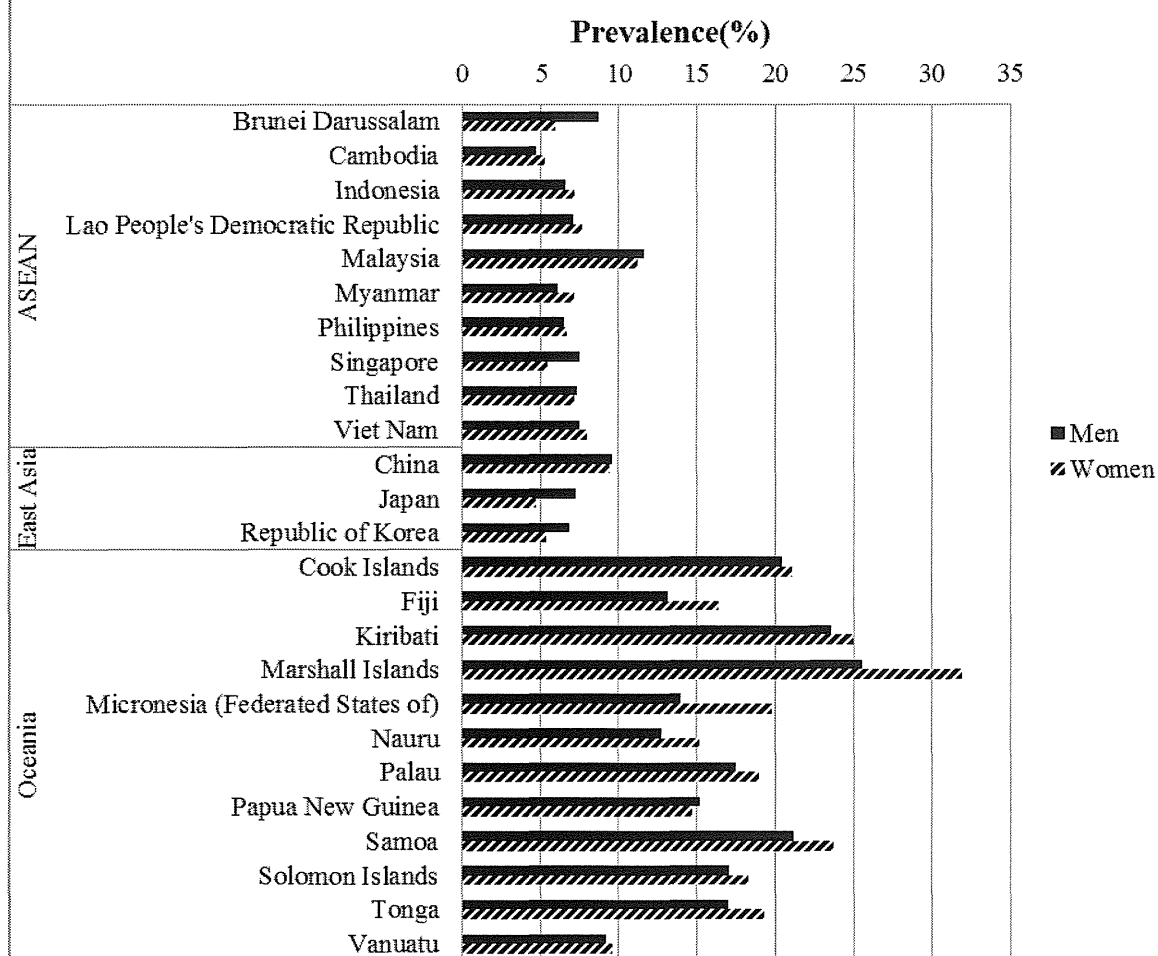
Source: WHO Global Health Observatory Data Repository, available at <http://apps.who.int/gho/data/?vid=1805#>

Figure 8: Trends in the mean systolic blood pressure (age-standardized estimate) of some countries in ASEAN, East Asia and Oceania, 1980-2008



Source: WHO Global Health Observatory Data Repository, available at: [at http://apps.who.int/gho/data/?vid=1805#](http://apps.who.int/gho/data/?vid=1805#)

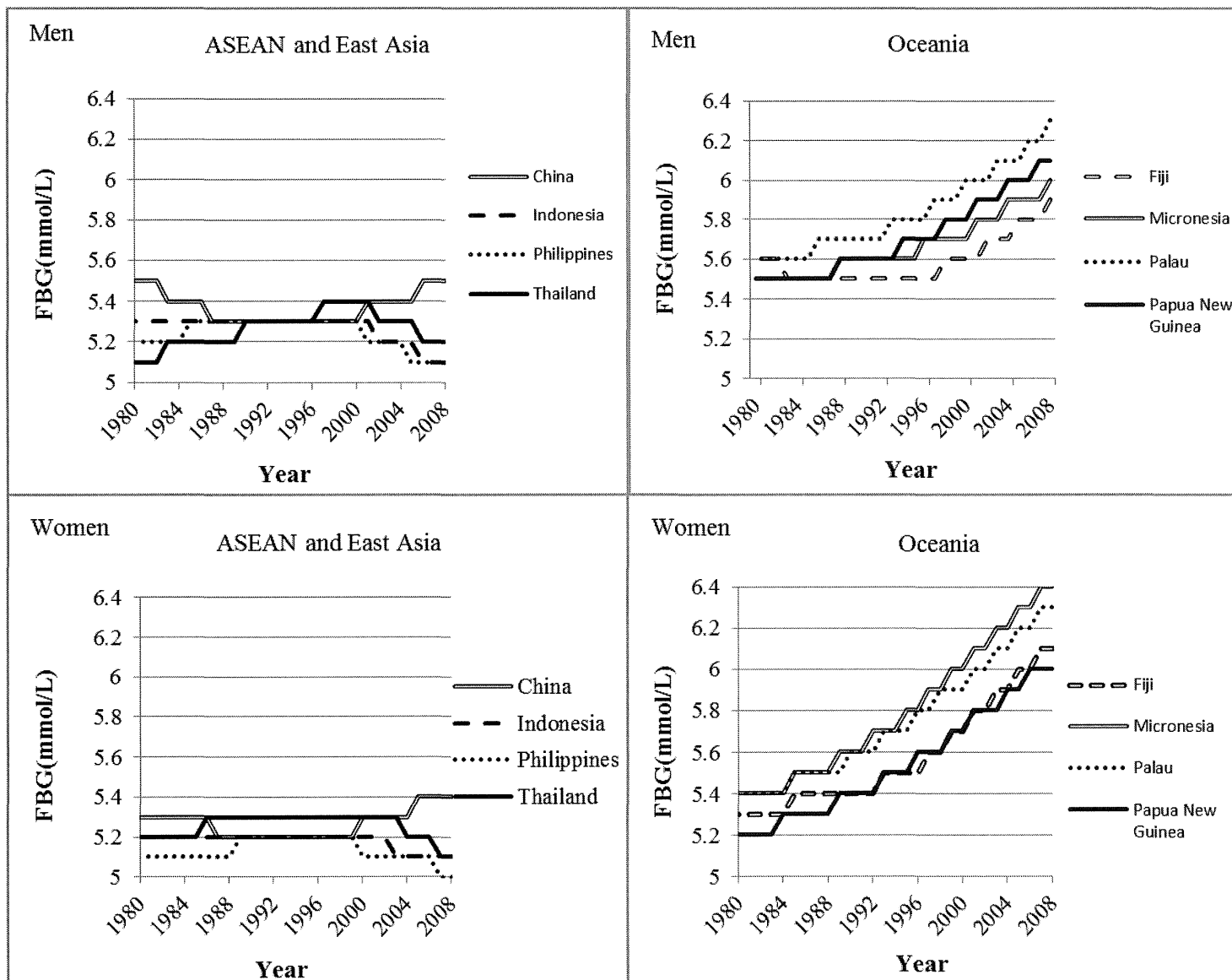
Figure 9: Age-standardized estimate of raised fasting blood glucose prevalence in ASEAN, East Asia and Oceania countries, 2008



Data of Niue and Tuvalu was not available.

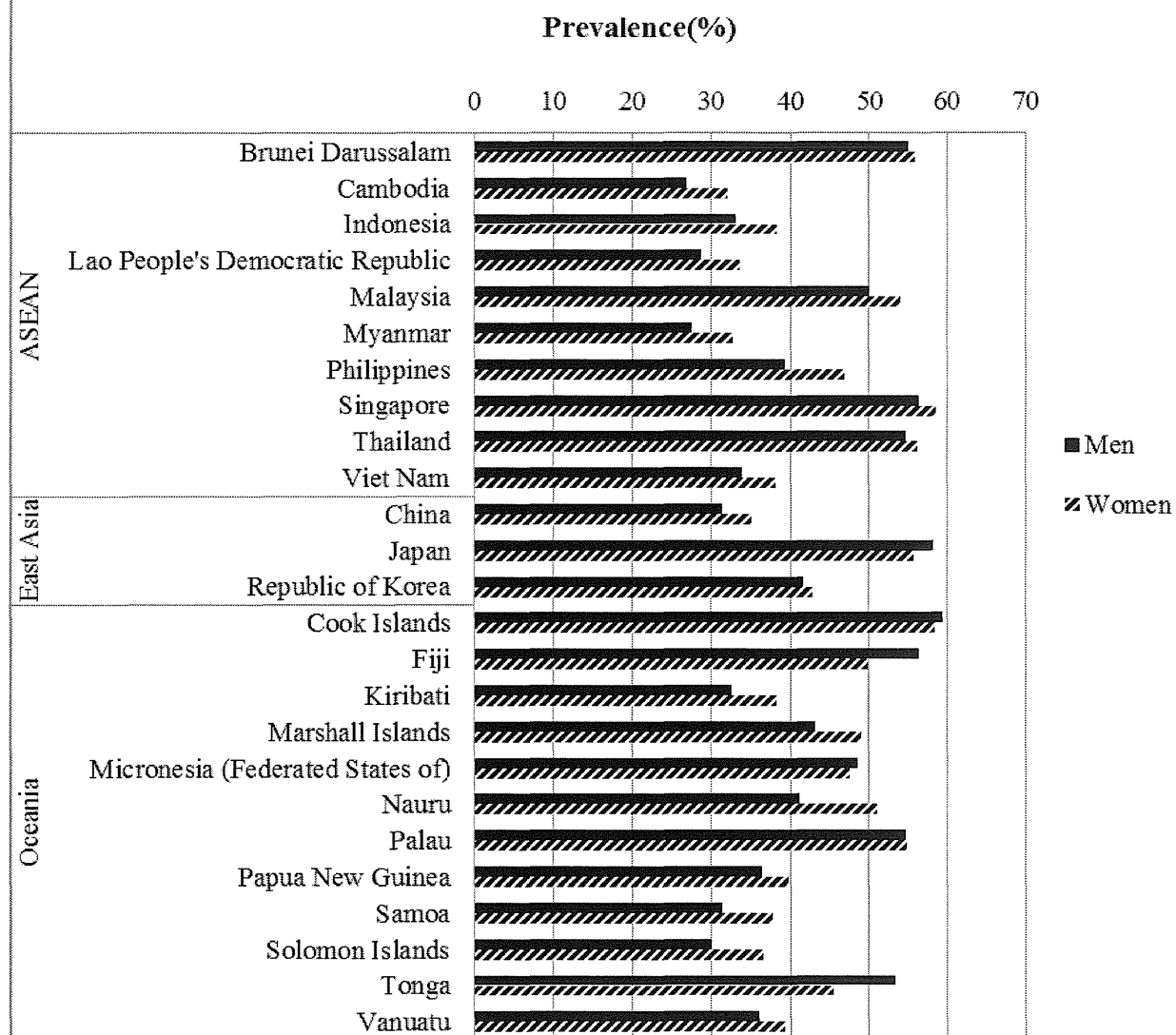
Source: WHO Global Health Observatory Data Repository, available at <http://apps.who.int/gho/data/?vid=1805#>

Figure 10: Trends of change in the mean fasting blood glucose (age-standardized estimate) of some countries of ASEAN, East Asia and Oceania, 1980-2008



Source: WHO Global Health Observatory Data Repository, available at: <http://apps.who.int/gho/data/?vid=1805#>

Figure 11: Age-standardized estimate of raised total cholesterol prevalence in ASEAN, East Asia and Oceania countries, 2008



Data of Niue and Tuvalu was not available.

Source: WHO Global Health Observatory Data Repository, available at: <http://apps.who.int/gho/data/?vid=1805#>