

**4S5.2****Blood deficiency with excess-heat pattern<sup>(TM)</sup>**

血虛實熱證 - Xue xu shi re zheng<sup>(zh)</sup>, Kekkyo netsu jitsu sho<sup>(ja)</sup>

A pattern characterized by anemia, atrophic dry skin, alopecia, nail deformity, muscle cramp, forgetfulness, heat intolerance, red complexion, hot limbs, thickly coated tongue, dense or thick discharge, strong pulse, strong abdominal wall. It may be explained by malnutrition due to anemia or impaired blood circulation, increase in metabolic activity level, strong response to pathogens.

**4S5.3****Blood deficiency with excess-moderate pattern<sup>(TM)</sup>**

血虛寒熱中間實證 - Xue xu han re zhong jian shi zheng<sup>(zh)</sup>, Kekkyo kannetsu chukan jitsu sho<sup>(ja)</sup>

A pattern characterized by anemia, atrophic dry skin, alopecia, nail deformity, muscle cramp, forgetfulness, absence of findings that indicate Heat pattern<sup>(TM)</sup>, such as heat intolerance, red complexion, hot limbs, or Cold pattern<sup>(TM)</sup>, such as cold intolerance, pale complexion, cold limbs; strong pulse, strong abdominal wall. It may be explained by malnutrition due to anemia or impaired blood circulation, average level of metabolic activity, strong response to pathogens.

**4S6****Blood stasis patterns<sup>(TM)</sup>**

血瘀證 - Xue yu zheng<sup>(zh)</sup>, Oketsu sho<sup>(ja)</sup>, Hyeoleojeung<sup>(ko)</sup>

A pattern characterized by various menstrual disorders such as amenorrhea, dysmenorrhea, menopausal syndrome; lower abdominal fullness, varicose veins, hemorrhoids, mood swings. It may be explained by impaired peripheral blood circulation or obstruction of venous return. (Alternative definition - Ja)

**4S6.1****Blood stasis in the stomach collateral pattern<sup>(TM)</sup>**

- Yu zu wei luo zheng<sup>(zh)</sup>, Oso Iraku sho<sup>(ja)</sup>, Eojoweerakjeung<sup>(ko)</sup>

A pattern characterized by sharp pain in the stomach and upper abdomen, local palpable lumps, vomiting of dark blood with clots, tongue with purple spots, wiry and choppy pulse. It may be explained by localized stagnation of circulation in the stomach.

**4S6.2****Blood stasis in the diaphragm pattern<sup>(TM)</sup>**

- Yu xue zu ge zheng<sup>(zh)</sup>, Oketsu sokaku sho<sup>(ja)</sup>, Eohyeoljogyukjeung<sup>(ko)</sup>

A pattern characterized by fixed sharp pain in the chest, diaphragm or upper abdomen, along with difficulty in eating, tongue with purple spots, wiry and choppy pulse. It may be explained by decreased circulation of the blood in the chest and diaphragm.

**4S6.3****Blood stasis with deficiency-moderate pattern<sup>(TM)</sup>**

血瘀寒熱中間虛證 - Xue yu han re zhong jian xu zheng<sup>(zh)</sup>, Oketsu kannetsu chukan kyo sho<sup>(ja)</sup>

A pattern characterized by various menstrual disorders such as amenorrhea, dysmenorrhea, menopausal syndrome; lower abdominal fullness, varicose veins, hemorrhoids, mood swings, absence of findings that indicate Heat pattern<sup>(TM)</sup>, such as heat intolerance, red complexion, hot limbs, or Cold pattern<sup>(TM)</sup>, such as cold intolerance, pale complexion, cold limbs; fatigue or weakness, weak pulse, weak abdominal wall. It may be explained by impaired peripheral blood circulation or obstruction of venous return, average level of metabolic activity, weak response to pathogens.

**4S7**

**Blood heat patterns<sup>(TM)</sup>**

血熱證 - Xue re zheng<sup>(zh)</sup>, Ketsu netsu sho<sup>(ja)</sup>, Hyeolyeoljeung<sup>(ko)</sup>

A group of patterns characterized by bleeding, including nosebleeds, vomiting of blood, coughing up blood, blood in the stool, skin eruption of bleeding, profuse and bright red menstrual blood, fever, agitation, restlessness, delirium, convulsions, a crimson tongue or rapid wiry pulse. They may be explained by fire or heat entering the blood.

**4S8**

**Blood cold patterns<sup>(TM)</sup>**

血寒證 - Xue han zheng<sup>(zh)</sup>, Kekkan sho<sup>(ja)</sup>, Hyeolhanjeung<sup>(ko)</sup>

A group of patterns characterized by cold pain of the extremities with dark purple skin or cramps in the lower abdomen which are relieved by warmth and exacerbated by cold, delayed menstruation and dark purple menstrual discharge with blood clots, pale tongue coating or sunken, slow and choppy pulse. They may be explained by qi stagnation or cold blocking the circulation of qi and blood.

**4S9**

**Blood dryness pattern<sup>(TM)</sup>**

血燥證 - Xue zao zheng<sup>(zh)</sup>, Kesso sho<sup>(ja)</sup>, Hyeoljojeung<sup>(ko)</sup>

A pattern characterized by dry mouth and pain in throat, dry skin in limbs and the body, dry hair, nasal bleeding, constipation, and dry tongue with no moisture. It may be explained by insufficiency of body fluid or heat which is created within the body.

**Fluid Patterns<sup>(TM)</sup>**

津證 (包括痰) Jin zheng (bao kuo tan)<sup>(zh)</sup>  
Sui no ijo / suidoku<sup>(ja)</sup>  
Jinaekseupdamjeung<sup>(ko)</sup>

**4T5**

**Fluid deficiency pattern<sup>(TM)</sup>**

津液虧虛證 - Jin ye kui xu zheng<sup>(zh)</sup>, Shin'eki kikyō sho<sup>(ja)</sup>, Jinaekhyusonjeung<sup>(ko)</sup>

A pattern characterized by, dry mouth and throat, parched lips, scaly lips and cracking at the corners of the mouth, thirst with desire to drink, scanty urination, dry bowel movements, red dry tongue and thin, rapid, and weak pulse. It may be explained by insufficient body fluids that fail to moisten and nourish the organs and body tissues.

## Fluid disturbance patterns<sup>(TM)</sup>

水毒證 Shui du zheng<sup>(zh)</sup>  
Suidoku sho<sup>(ja)</sup>  
Sudokjeung<sup>(ko)</sup>

A pattern characterized by fluid retention or dehydration in the digestive tract, body tissues or cavities. It may be explained by abnormal distribution of body fluids and an imbalance in fluids and electrolytes.

**4T6**

### Body Yin deficiency patterns<sup>(TM)</sup>

陰虛證 - Yin xu zheng<sup>(zh)</sup>, Inkyo sho<sup>(ja)</sup>, Eumheojeung<sup>(ko)</sup>

A group of patterns characterized by emaciation, dizziness, tinnitus, dryness of the mouth and throat, constipation, dark colored urine, fever in the afternoon, redness and warmth of the cheeks, night sweats, reddened tongue or a fine, rapid pulse. They may be explained by deficiency of yin fluid and essence, associated with accumulation of fire or heat, or loss and consumption of yin.

**4T7**

### Body Yin collapse pattern<sup>(TM)</sup>

亡陰證 - Wang yin zheng<sup>(zh)</sup>, Bo'in sho<sup>(ja)</sup>, Mangeumjeung<sup>(ko)</sup>

A pattern characterized by thirst, flushed skin, restlessness, dry tongue fine, rapid pulse, fever or oily sweat. It may be explained by deficiency to absence of yin essence or deficiency of body fluid.

**4T8**

### Dry phlegm pattern<sup>(TM)</sup>

燥痰證 [燥痰蘊結證] - Zao tan zheng [Zao tan yun jie zheng]<sup>(zh)</sup>, Sotan sho<sup>(ja)</sup>, Jodamjeung<sup>(ko)</sup>

A pattern characterized by scant or bloody sputum that is difficult to cough up, chest pain or discomfort, dry mouth and nose, a dry or slimy coating on the tongue, or thin, choppy, rough and rapid pulse. It may be explained the by the accumulation of fire/heat, dryness or turbid phlegm in the lungs.

**4T9**

### Damp phlegm pattern<sup>(TM)</sup>

濕痰證 - Shi tan zheng<sup>(zh)</sup>, Shitsutan sho<sup>(ja)</sup>, Seupdamjeung<sup>(ko)</sup>

A pattern characterized by profuse, thick sputum that is easy to cough up, a sensation of heaviness in the limbs, stuffy chest and epigastrium, poor appetite, stickiness in the mouth, soggy and moderate or slippery pulse. It may be explained by a build up of dampness or phlegm in the zangfu lung.

**4U0**

### Phlegm and fire harassing the heart pattern<sup>(TM)</sup>

痰火擾心證 - Tan huo rao xin zheng<sup>(zh)</sup>, Tanka joshin sho<sup>(ja)</sup>, Damhwayosimjeung<sup>(ko)</sup>

A pattern characterized by restlessness, insomnia or even raving madness, reddened tongue tip, yellow dense and slimy tongue coat, and rapid slippery pulse. It may be explained by phlegm-fire that harasses the heart spirit.

**4U1**

**Wind and phlegm pattern<sup>(TM)</sup>**

風痰證 - Feng tan zheng<sup>(zh)</sup>, Futan sho<sup>(ja)</sup>, Pungdamjeung<sup>(ko)</sup>

A pattern characterized by expectoration of frothy sputum, chest distress, dizziness, distending pain of the head and eyes, throat congestion, numbness of limbs, loss of consciousness with inability to speak, facial spasms, white greasy tongue coating, or wiry, slippery pulse. It may be explained by the weather factor of wind or turbid phlegm.

**Essence Patterns<sup>(TM)</sup>**

精證 Jing zheng<sup>(zh)</sup>

Sei sho<sup>(ja)</sup>

Jeongjeung<sup>(ko)</sup>

**4V0**

**Essence deficiency pattern**

**Organ System Patterns<sup>(TM)</sup>**

臟腑和經絡證 Zang fu he jing luo zheng<sup>(zh)</sup>

Zofu byosho keiraku byosho (shinkyu)<sup>(ja)</sup>

JangbugyeongnakByeonjeung<sup>(ko)</sup>

**Liver Patterns<sup>(TM)</sup>**

肝病證 Gan bing zheng<sup>(zh)</sup>

Kambyo sho<sup>(ja)</sup>

Ganbyeongjeung<sup>(ko)</sup>

**4W0**

**Liver yin deficiency pattern<sup>(TM)</sup>**

肝陰虛證 - Gan yin xu zheng<sup>(zh)</sup>, Kan inkyo sho<sup>(ja)</sup>, Ganeumheojeung<sup>(ko)</sup>

A pattern characterized by mild dizziness, dim vision, dry eyes, blurry of vision, flushed cheeks, , or burning pain of hypochondrium, irritation with a sensation of heat in the palms, soles and the heart, red tongue with little coating, and a thin rapid pulse. It may be explained by insufficient yin fluid of the liver to cool and nourish the tissues associated with the liver.

**4W1**

**Liver yang deficiency pattern<sup>(TM)</sup>**

肝陽虛證 - Gan yang xu zheng<sup>(zh)</sup>, Kan yo kyo sho<sup>(ja)</sup>, Ganyangheojeung<sup>(ko)</sup>

A pattern characterized by depression and susceptibility to fright, distension and oppression in the hypochondriac regions, fear of cold with cold limbs, dizziness, blurred vision, pale tongue with white coat and sunken slow weak pulse. It may be explained by weakened yang qi with diminished function of the liver.

**4W2****Liver yang hyperactivity pattern<sup>(TM)</sup>**

肝陽上亢證 [肝陽上擾證] [肝陽亢盛證] - Gan yang shang kang zheng [Gan yang shang rao zheng] [Gan yang kang sheng zheng]<sub>(zh)</sub>, Kan'yo joko sho<sub>(ja)</sub>, Ganyangsanghangeung<sub>(ko)</sub>

A pattern characterized by dizziness, ringing in the ears, distending pain of the head and eyes, heaviness of the head, reddish complexion and ears, hastiness, irritability, insomnia, dream disturbed sleep, aching and weakness of waist and knees, bitter taste, red tongue, and wiry pulse. It may be explained by an exaggerated movement of liver yang that affects the head and nervous system.

**4W3****Liver qi deficiency pattern<sup>(TM)</sup>**

肝氣虛證 - Gan qi xu zheng<sub>(zh)</sub>, Kan kikyō sho<sub>(ja)</sub>, Gangiheojeung<sub>(ko)</sub>

A pattern characterized by blurred vision, a sensation of fullness in the hypochondrium, dull nails, bluish complexion, and a feeling of fear. It may be explained by deficiency of qi resulting in impaired function of the zangfu liver.

**4W4****Liver depression and qi stagnation pattern<sup>(TM)</sup>**

肝郁證 [肝郁氣滯證] - Gan yu zheng [Gan yu qi zhi zheng]<sub>(zh)</sub>, Kan utsu kitai sho<sub>(ja)</sub>, GanulGichejeung<sub>(ko)</sub>

A pattern characterized by emotional depression, frequent sighing, chest, hypochondrium and lower abdominal distention and oppression with pain that moves and comes, along with breast distention and irregular menstruation in women, and a wiry pulse. It may be explained by dysfunction of the zangfu liver and stagnation of qi movement in the body and in tissues associated with the liver.

**4W5****Liver blood deficiency pattern<sup>(TM)</sup>**

肝血虛證 - Gan xue xu zheng<sub>(zh)</sub>, Kan kekkyō sho<sub>(ja)</sub>, Ganhyeolheojeung<sub>(ko)</sub>

A pattern characterized by mild dizziness, dim or blurry vision, visual floaters, or night blindness, numbness of the limbs, scant light-colored menstruation or amenorrhea, pale complexion, nail beds and tongue, and a thin pulse. It may be explained by depletion of blood in the liver with a state of anemia, or other condition that causes a lack of normal blood in the body and failure to nourish the liver and tissues associated with it.

**4W6****Liver depression and blood stasis pattern<sup>(TM)</sup>**

肝郁血瘀證 - Gan yu xue yu zheng<sub>(zh)</sub>, Kan utsu ketsuo sho<sub>(ja)</sub>, GanulHyeoleojeung<sub>(ko)</sub>

A pattern characterized by emotional depression, distending or sharp pain or formation of a fixed mass in the hypochondriac region or pelvis, purple tongue or purple spots on the tongue, and wiry, choppy pulse. It may be explained by stagnant liver qi causing blood stasis in the liver.

**4W7****Liver wind stirring in the interior pattern<sup>(TM)</sup>**

肝風內動證 - Gan feng nei dong zheng<sub>(zh)</sub>, Kampu naido sho<sub>(ja)</sub>, Ganpunгнаedongjeung<sub>(ko)</sub>

A pattern characterized by convulsion of limbs, dizziness, and trembling. It may be explained by dysfunction of the zangfu liver associated with wind-yang, fire-heat, blood deficiency leading to neurological symptoms.

**4W8**

**Liver yang transforming into wind pattern<sup>(TM)</sup>**

肝陽化風證 - Gan yang hua feng zheng<sup>(zh)</sup>, Kan yo kahu sho<sup>(ja)</sup>, Ganyanghwapungjeung<sup>(ko)</sup>

肝腎の極度の陰虚、血の不足、肝陽の過度の亢進を背景として起こる。ふるえやふらつき、めまい、しびれ、拘急、痙攣などの症状の発現を見る。

**4W9**

**Liver qi depression transforming into fire pattern<sup>(TM)</sup>**

肝氣化火證 [肝郁化火證] - Gan qi hua huo zheng [ Gan yu hua huo zheng]<sup>(zh)</sup>, Kanki kaka sho [Kan utsu kaka sho]<sup>(ja)</sup>, Ganulhwahwajeung<sup>(ko)</sup>

A pattern characterized by distending and burning pain of the hypochondrium, along with restlessness, irritability, bitter taste, dry mouth, red tongue with yellow coat, and wiry rapid pulse. It may be explained by long-term stagnation of liver qi that transforms into fire that affects tissues and functions associated with the liver.

**4X0**

**Liver fire flaming upward pattern<sup>(TM)</sup>**

肝火上炎證 - Gan huo shang yan zheng<sup>(zh)</sup>, Kanka joen sho<sup>(ja)</sup>, Ganwasangyeomjeung<sup>(ko)</sup>

A pattern characterized by fever, thirst, headache, dizziness, tinnitus with buzzing in the ears, impairment of hearing, red eyes, bleeding of profuse, bright-red blood in the upper body (nose, cough, vomiting) or urine, irritability, bitter taste, red tongue with yellow coating, rapid wiry pulse. It may be explained by hyperactivity of superabundant liver fire affecting the tissues that the liver corresponds to.

**4X1**

**Liver heat stirring wind pattern<sup>(TM)</sup>**

肝熱動風證 - Gan re dong feng zheng<sup>(zh)</sup>, Kannetsu dofu sho<sup>(ja)</sup>, GanyeolDongpungjeung<sup>(ko)</sup>

A pattern characterized by high fever, thirst, coma and delirium, spasm of limbs, opisthotonos, red tongue with yellow coat, rapid pulse. It may be explained by superabundant heat that generates wind and leading to nervous system symptoms.

**4X2**

**Liver-gallbladder dampness-heat pattern<sup>(TM)</sup>**

肝膽濕熱證 - Gan dan shi re zheng<sup>(zh)</sup>, Kantan shitsunetsu sho<sup>(ja)</sup>, Gandamseupyeoljeung<sup>(ko)</sup>

A pattern characterized by fever and chills, yellowish discoloration of the skin and eyes, hypochondrium and abdominal pain, bitter taste in the mouth, nausea and rapid, slippery pulse. It may be explained by accumulation of dampness-heat in the liver and gallbladder resulting in impaired bile flow, and downward pouring of dampness-heat.

**4X3**

**Dampness-heat in liver meridian pattern**

肝經濕熱證 - Gan jing shi re zheng<sup>(zh)</sup>, Kan kei shitsunetsu sho<sup>(ja)</sup>, Gangyeongseupyeoljeung<sup>(ko)</sup>

a pattern arising when dampness and heat invade liver meridian, marked by distending pain the hypochondriac region, or itching and painful swollen genitalia, or ear pain with purulent discharge, reddened tongue with yellow slimy coating and rapid slippery pulse

**4X4****Cold stagnation in liver vessel pattern<sup>(TM)</sup>**寒滯肝脈證 - Han zhi gan mai zheng<sup>(zh)</sup>, Kantai kanmyaku sho<sup>(ja)</sup>, Hancheganmaekjeung<sup>(ko)</sup>

A pattern characterized by cold-natured pain of the lower abdomen or contracting pain of the exterior genitalia, or parietal headache that are aggravated by application of cold and relieved by application of warmth, along with aversion to cold, cold limbs, vomiting of frothy white saliva, white tongue coat, and wiry tight pulse. It may be explained by the invasion of cold that stagnates in the liver meridian/ channel.

**4X5****Gallbladder qi deficiency pattern<sup>(TM)</sup>**膽氣虛證 - Dan qi xu zheng<sup>(zh)</sup>, Tanki kyo sho<sup>(ja)</sup>, Damgiheojeung<sup>(ko)</sup>

A pattern characterized by a tendency toward panic, suspicion, sighing, nervousness, irritability, lethargy, dizziness and insomnia. It may be explained by deficiency of gallbladder qi, restlessness of heart-spirit and disturbance of the Shen spirit associated with chemical imbalances that lead to timidity.

**4X6****Depressed gallbladder with harassing phlegm pattern<sup>(TM)</sup>**膽郁痰擾證 - Dan yu tan rao zheng<sup>(zh)</sup>, Tanutsu tanjo sho<sup>(ja)</sup>, Damuldamyojeung<sup>(ko)</sup>

A pattern characterized by timidity, susceptibility to fright, insomnia and dreamful sleep, irritation, oppression and distension in the chest and hypochondriac region, frequent sighing, dizziness, bitter taste in the mouth, nausea, vomiting, white slimy tongue coating and string-like pulse.

**4X7****Gallbladder heat pattern<sup>(TM)</sup>**膽熱證 - Dan re zheng<sup>(zh)</sup>, Tannetsu sho<sup>(ja)</sup>, Damyeljeung<sup>(ko)</sup>

A pattern characterized by irritability, anger, hypochondriac distension, bitterness in the mouth, or ear pain, tinnitus, insomnia, red tongue with yellow coat. It may be explained by exuberant heat invading gallbladder meridian.

**4X8****Gallbladder cold pattern**膽寒證 - Dan han zheng<sup>(zh)</sup>, Tan kan sho<sup>(ja)</sup>, Damhanjeung<sup>(ko)</sup>

A pattern characterised by sleeplessness and It may be explained by deficient yang in the gall bladder.

**4X9****Worm harassing the gallbladder and diaphragm pattern<sup>(TM)</sup>**蟲擾膽膈證 [蟲擾膽膈證] - Chong rao dan ge zheng [Chong rao dan fu zheng]<sup>(zh)</sup>, Chujo tankaku sho [Chujo tanfu sho]<sup>(ja)</sup>, Chungyodamgyeokjeung<sup>(ko)</sup>

A pattern characterized by sudden acute piercing pain of the upper abdomen, a pale complexion during an attack, cold limbs, vomiting of bitter liquid, vomiting of roundworms, and wiry pulse. It may be explained by interior disturbance of roundworms that invade upwards into the gallbladder and digestive system (biliary ascariasis).

**4Y0****Liver kidney yin deficiency pattern<sup>(TM)</sup>**

肝腎陰虛證 - Gan shen yin xu zheng<sup>(zh)</sup>, Kanjin inkyo sho<sup>(ja)</sup>, Gansineumheojeung  
[Gansineumhyujeung]<sup>(ko)</sup>

A pattern characterized by mild dizziness, blurred vision, ringing in the ears, forgetfulness, insomnia and dream-disturbed sleep, hypochondriac pain, aching soreness in lower back and legs, decreased muscle tone in the legs, flushed cheeks, heat sensation in the chest, palms and soles, night sweats, nocturnal emission in men, scant menstruation in women, red tongue with scanty coat, and a rapid thin pulse. It may be explained by insufficiency of yin in the liver and the kidney with harassment of endogenous heat leading to insufficient circulation to and nourishing of tissues associated with hormonal and endocrine changes.

**4Y1****Disharmony of liver and spleen pattern**

肝脾不和證 - Gan pi bu he zheng<sup>(zh)</sup>, Kan hi fuwa sho<sup>(ja)</sup>, Ganbibilhwajeung<sup>(ko)</sup>

A pattern characterised by pain on the bilateral flank area, flatulence, anorexia, irritability, tongue with white coating, and tongue being both taut and of decreased tension. It may be explained by disharmony between the liver and the spleen, with overexcited liver qi influencing on the spleen.

**4Y2****Liver-stomach disharmony pattern<sup>(TM)</sup>**

肝胃不和證 [肝胃不調證] - Gan wei bu he zheng [Gan wei bu tiao zheng]<sup>(zh)</sup>, Kan'i fuwa sho  
(Kan'i fucho sho)<sup>(ja)</sup>, Ganwibulhwajeung<sup>(ko)</sup>

A pattern characterized by dizziness, hypochondriac pain, irritability, epigastric distension and pain, anorexia, belching, nausea, vomiting and string-like pulse. It may be explained by stress or metabolic states associated with stagnation of liver qi that flows upwards to invade the stomach, disturbing stomach qi to descend normally and leading the presence of stomach symptoms.

**4Y3****Liver fire invading the stomach pattern<sup>(TM)</sup>**

肝火犯胃證 - Gan huo fan wei zheng<sup>(zh)</sup>, Kanka han'i sho<sup>(ja)</sup>, GanhwaBeomwijeung<sup>(ko)</sup>

A pattern characterized by a burning sensation and pain of the stomach, epigastrium and hypochondrium, bitter taste, dry mouth, vomiting of bitter liquid, constipation, yellow urine, reddish tongue with yellow coat, wiry and rapid pulse. It may be explained by superabundant liver fire that invades the stomach, making it hard for stomach qi to descend normally leading to digestive dysfunction.

**4Y4****Liver fire invading the lung pattern<sup>(TM)</sup>**

肝火犯肺證 - Gan huo fan fei zheng<sup>(zh)</sup>, Kanka hanhai sho<sup>(ja)</sup>, Ganhwabeompyejeung<sup>(ko)</sup>

A pattern characterized by bitter taste, dizziness and red eyes, irritability, anger, pain in the chest and hypochondriac, cough with thick sputum or blood, red tongue and rapid strong wiry pulse. It may be explained by superabundant liver fire that moves upwards to invade the lung affecting the normal function of lung purify and descend normally.



## Heart Patterns<sup>(TM)</sup>

心病證 Xin bing zheng<sup>(zh)</sup>  
Shimbyo sho<sup>(ja)</sup>  
Simbyeongjeung<sup>(ko)</sup>

4Z0

### Severe heat pattern<sup>(TM)</sup>

火毒證 [熱毒證] [火毒熾盛證] [熱毒熾盛證] - Huo du zheng [re du zheng] [huo du chi sheng zheng] [re du chi sheng zheng]<sup>(zh)</sup>, Kadoku sho (Netsudoku sho) (Kadoku shisei sho) (Netsudoku shisei sho)<sup>(ja)</sup>, Hwadokjeung<sup>(ko)</sup>

A pattern characterized by sores, furuncles or carbuncles of the skin with redness, swelling, burning pain, purulence or ulceration, fever, thirst, yellow tongue coating and a rapid pulse. It may be explained by severe excess build up of fire or heat.

4Z1

### Heart qi deficiency pattern<sup>(TM)</sup>

心氣虛證 [心氣虧虛] - Xin qi xu zheng [Xin qi kui xu]<sup>(zh)</sup>, shin ki kyo sho<sup>(ja)</sup>, Simgiheojeung<sup>(ko)</sup>

A pattern characterized by palpitations, shortness of breath, listlessness, spontaneous sweating, pallor, pale tongue, and weak or irregular pulse. It may be explained by deficiency of heart qi and spirit.

4Z2

### Heart blood deficiency pattern<sup>(TM)</sup>

心血虛證 [心血虧虛] - Xin xue xu zheng [Xin xue kui xu]<sup>(zh)</sup>, Shin kekkyo sho<sup>(ja)</sup>, Simhyeolheojeung<sup>(ko)</sup>

A pattern characterized by palpitations, dizziness, dream-disturbed sleep, forgetfulness, pale or sallow complexion, pale lips and tongue, and fine or thin pulse. It may be explained by a state such as anemia, deficiency of blood fail to nourish the zangfu heart and shen.

4Z3

### Dual deficiency of heart qi and blood pattern<sup>(TM)</sup>

心氣血兩虛證 - Xin qi xue liang xu zheng<sup>(zh)</sup>, Shinki ketsu ryo sho<sup>(ja)</sup>, Simgihyeolyangheojeung<sup>(ko)</sup>

A pattern characterized by palpitations, shortness of breath, listlessness, fatigue, dizziness, forgetfulness, dream-disturbed sleep, pale complexion and tongue, and fine weak pulse. It may be explained by deficiency of both qi and blood depriving the heart and spirit.

4Z4

### Heart vessel obstruction pattern<sup>(TM)</sup>

心脈痹阻證 - Xin mai bi zu zheng<sup>(zh)</sup>, Shinmyaku sotai sho<sup>(ja)</sup>, Simmaekbijejeung<sup>(ko)</sup>

A pattern characterized by episodes of palpitations with fearful throbbing, pain and a feeling of pressure in the heart and chest radiating to the shoulder or upper arm. It may be explained by the heart vessels being impeded.

4Z5

### Heart yin deficiency pattern<sup>(TM)</sup>

心陰虛證 [心陰虧虛] - Xin yin xu zheng [Xin yin kui xu]<sup>(zh)</sup>, Shin inkyo sho<sup>(ja)</sup>, Simeumheojeung<sup>(ko)</sup>

A pattern characterized by mental irritability, palpitation, insomnia, low fever, night sweating, redness and warmth of the cheeks, thirst, agitation, dizziness, forgetfulness, a reddish tongue with coat, and a thin, rapid pulse. It may be explained by deficiency of yin fluid to nourish the heart and spirit /shen.

**4Z6**

**Dual deficiency of heart qi and yin pattern**

心氣陰兩虛證 - Xin qi yin liang xu zheng<sup>(zh)</sup>, Shi ki in ryo kyo sho<sup>(ja)</sup>,  
Simgieumyangheojeung<sup>(ko)</sup>

A pattern characterized by the combined manifestations of depleted Heart qi and yin at once.

**4Z7**

**Heart yang deficiency pattern<sup>(TM)</sup>**

心陽虛證 [心陽虧虛] - Xin yang xu zheng [Xin yang kui xu]<sup>(zh)</sup>, Shin yokyo sho<sup>(ja)</sup>,  
Simyangheojeung<sup>(ko)</sup>

A pattern characterized by palpitations, shortness of breath, a feeling of pressure in the chest, asthma, aversion to cold, cold limbs, bright pale complexion, dark lips and tongue with white coat, weak or irregular pulse. It may be explained by deficiency of yang to warm and activate the heart and body.

**4Z8**

**Heart yang collapse pattern<sup>(TM)</sup>**

心陽暴脱證 - Xin yang bao tuo zheng<sup>(zh)</sup>, Shin yo bodatsu sho<sup>(ja)</sup>, Simyangpoktaljeung<sup>(ko)</sup>

A pattern characterized by sudden profuse sweating, cold skin, coldness of the limbs, feeble breathing, palpitations, clouding or loss of consciousness, pale complexion and hardly perceptible pulse. It may be explained by extreme deficiency of heat yan.

**4Z9**

**Heart fire flaming upward pattern<sup>(TM)</sup>**

心火上炎證 - Xin huo shang yan zheng<sup>(zh)</sup>, Shinka koshin sho<sup>(ja)</sup>, Simhwasangyeomjeung<sup>(ko)</sup>

五志の異常、六淫の邪気の熱化、刺激物（アルコール・タバコ・辛い物）の過度の摂取、長期にわたる温熱性の漢方薬の摂取などを背景として、心火が心神に影響を及ぼすことで起こる病証。心悸、胸部の煩熱感、不眠、尿赤などを主症状とする。うわごと、意識障害、狂乱などの精神症状を見る場合もある。また口舌に瘡をみることもある。

**5A0**

**Fire or heat harassing heart spirit pattern<sup>(TM)</sup>**

熱擾心神證 [火擾心神證] - Re rao xin shen zheng [huo rao xin shen zheng]<sup>(zh)</sup>, Netsujyo  
shinshin sho (Ka jyo shin shin sho)<sup>(ja)</sup>, Yeolyosimsinjeung<sup>(ko)</sup>

A pattern characterized by palpitations, agitation, insomnia, increase dreams during sleep, delirium, fever, thirst, reddish complexion, reddish tongue with yellow coat, slippery and rapid pulse. It may be explained by superabundant heat that disturbs heart spirit.

**5A1**

**Water qi intimidating the heart pattern<sup>(TM)</sup>**

水氣凌心證 - Shui qi ling xin zheng<sup>(zh)</sup>, Sui ki ryo shin sho<sup>(ja)</sup>, Sugineungsimjeung<sup>(ko)</sup>

A pattern characterized by palpitations, shortness of breath, generalized swelling, especially in the legs, scanty clear urine, listlessness, lethargy, cold extremities, pale or dark gloomy complexion, pale plump tongue with white slippery coating and sunken weak pulse. It may be explained by deficiency of yang qi in the heart and kidney that leads to water flooding.

**5A2****Disquieted heart spirit pattern<sup>(TM)</sup>**

心神不甯證 - Xin shen bu ning zheng<sup>(zh)</sup>, Shinshin funei sho<sup>(ja)</sup>, Sinsinbulnyungjeung<sup>(ko)</sup>

A pattern characterized by palpitation, agitation, insomnia, increased dreams during sleep, timidity. It may be explained by disturbance of the shen /heart spirit associated with emotional and disease states.

**5A3****Anxiety damaging the spirit pattern<sup>(TM)</sup>**

憂傷神氣證 - You shang shen qi zheng<sup>(zh)</sup>, Josho shinki sho<sup>(ja)</sup>, UsangSingjeung<sup>(ko)</sup>

A pattern characterized by depressed emotion, apathy, insomnia, dreaminess, dizziness, lassitude, loss of appetite and wiry pulse. It may be explained by excessive anxiety which impairs the spirit.

**5A4****Small intestine qi stagnation pattern**

小腸氣滯證 - Xiao chang qi zhi zheng<sup>(zh)</sup>, Shocho kitai sho<sup>(ja)</sup>, Sojanggichejeung<sup>(ko)</sup>

a pattern caused by qi stagnation in the small intestine, marked by abdominal pain with borborigmus

**5A5****Small intestinal excess-heat pattern<sup>(TM)</sup>**

小腸實熱證 - Xiao chang shi re zheng<sup>(zh)</sup>, Shocho jitsunetsu sho<sup>(ja)</sup>, Sojangsilyeoljeung<sup>(ko)</sup>

A pattern characterized by mental restlessness, oral ulcers, heat sensation in the chest, abdominal pain, thirst with desire for cold beverages, scanty dark urine, bloody urine, red tongue tip with yellow coat and rapid pulse. It may be explained by excess heat attributing to the shift of heart fire to the small intestine.

**5A6****Small intestinal deficiency cold pattern<sup>(TM)</sup>**

小腸虛寒證 - Xiao chang xu han zheng<sup>(zh)</sup>, Shocho kyokan sho<sup>(ja)</sup>, Sojangheohanjeung<sup>(ko)</sup>

A pattern characterized by undigested food in stool, abdominal dull pain that is better with warmth and pressure, desire for hot beverages, reversal cold of the extremities, inhibited urination, sloppy stool, pale tongue with white and slippery coat, deep weak slow pulse. It may be explained by impairment of the small intestine associated with insufficient yang qi with endogenous cold, affecting function of zangfu small intestine in separation of the clear and turbid fluid.

**5A7****Heart and liver blood deficiency pattern<sup>(TM)</sup>**

心肝血虛證 - Xin gan xue xu zheng<sup>(zh)</sup>, Shinkan ketsukyo sho<sup>(ja)</sup>, Simganhyeolheojeung<sup>(ko)</sup>

A pattern characterized by insomnia, palpitations, forgetfulness, scanty menses, pale complexion, brittle nails and hair, dim vision, visual floaters, pale tongue and thin pulse. It may be explained by deficiency of heart blood and liver blood depriving the brain, head, eyes, tendons and nails of nourishment, associated with conditions such as anemia or sequelae of blood loss that affect the normal function of the blood, zangfu heart and zangfu liver.

**5A8****Heart and gallbladder qi deficiency pattern<sup>(TM)</sup>**

心膽氣虛證 [心膽氣虛不甯證] - Xin dan qi xu zheng [Xin dan qi xu bu ning zheng]<sup>(zh)</sup>, Shintan kikyo sho<sup>(ja)</sup>, SimdamGiheojeung [SimdamGiheobulnyeongjeung]<sup>(ko)</sup>

A pattern characterized by palpitation, insomnia, timidity, dizziness, chest distress, light colored tongue. It may be explained by deficiency of heart qi that leads to restlessness of gallbladder qi.

**5A9**

**Dual deficiency of the heart and spleen pattern<sup>(TM)</sup>**

心脾兩虛證 - Xin pi liang xu zheng<sup>(zh)</sup>, Shinhi ryokyo sho<sup>(ja)</sup>, Simbiyangheojeung<sup>(ko)</sup>

A pattern characterized by palpitation, amnesia, insomnia or disturbed sleep, loss of appetite, abdominal distention, loose bowels, lethargy, sallow face, pale, tender, soft tongue and fine weak pulse. It may be explained by deficiency of heart and spleen affecting the normal function of heart and spleen.

**5B0**

**Heart and lung qi deficiency pattern<sup>(TM)</sup>**

心肺氣虛證 - Xin fei qi xu zheng<sup>(zh)</sup>, Shinpai kikyō sho<sup>(ja)</sup>, Simpyegiheojeung<sup>(ko)</sup>

A pattern characterized by palpitations, feeling of pressure in the chest, cough, shortness of breath aggravated on exertion, thin expectoration, dizziness, listlessness and lack of strength, feeble voice, spontaneous sweating, pale tongue and weak pulse. It may be explained by deficiency of qi in zangfu heart and lung, affecting the normal functions.

**5B1**

**Disharmony between the heart and kidney pattern<sup>(TM)</sup>**

心腎不交證 - Xin shen bu jiao zheng<sup>(zh)</sup>, Shinjin fuko sho<sup>(ja)</sup>, Sinsinbulgyojeung<sup>(ko)</sup>

A pattern characterized by palpitation, agitation, insomnia, ringing in the ears, dizziness, aching and weakness of back and knees, spermatorrhea, constipation, yellow urine, reddish tongue with little coat, and thin or rapid pulse. It may be explained by disturbance of the relationship between the heart and kidney that is attributed to deficiency of kidney yin and stirring of heart fire.

**5B2**

**Heart and kidney yang deficiency pattern<sup>(TM)</sup>**

心腎陽虛證 - Xin shen yang xu zheng<sup>(zh)</sup>, Shinjin yokyo sho<sup>(ja)</sup>, Sinsinyangheojeung<sup>(ko)</sup>

A pattern characterized by palpitations, aversion to cold, cold extremities, inhibited urination, swelling of the legs, pain and cold in lumbar region and knees, white slimy tongue coat and weak sunken pulse. It may be explained by insufficient yang qi that fails to warm and activate both the zangfu heart and kidney.

**Spleen Patterns<sup>(TM)</sup>**

脾病證 Pi bing zheng<sup>(zh)</sup>  
Hibyō sho<sup>(ja)</sup>  
BiByeongjeung<sup>(ko)</sup>

**5C0**

**Spleen qi deficiency pattern<sup>(TM)</sup>**

脾氣虛證 [脾氣虧虛] - Pi qi xu zheng [Pi qi kui xu]<sup>(zh)</sup>, Hi ki kyo sho<sup>(ja)</sup>, Bigiheojeung<sup>(ko)</sup>

A pattern characterized by reduced appetite, abdominal distension, loose stool, lethargy, a pale tongue or a weak pulse. It may be explained by a decrease of spleen qi associated with poor digestion, decreased blood production and circulation, and an inability to regulate the water level in the body.

**5C1****Sunken middle qi pattern<sup>(TM)</sup>**

脾中氣下陷證 - Pi zhong qi xia xian zheng<sup>(zh)</sup>, Hichuki gekan sho<sup>(ja)</sup>, Junggihahamjeung<sup>(ko)</sup>

A pattern characterized by a bearing-down sensation in the epigastrium and abdomen, frequent diarrhea feeling of incomplete defecation, even prolapse of rectum or visceroptosis. It may be explained by deficiency of spleen qi affecting the holding function.

**5C2****Spleen qi insecurity pattern<sup>(TM)</sup>**

脾氣不固證 - Pi qi bu gu zheng<sup>(zh)</sup>, Hiki fuko sho<sup>(ja)</sup>, Bigibulgojeung<sup>(ko)</sup>

A pattern characterized by chronic diarrhea, incontinence of defecation, shortness of breath, reduced appetite, abdominal distension, pale tongue, weak pulse. It may be explained by deficiency of spleen qi or qi sinking.

**5C3****Spleen deficiency with qi stagnation pattern<sup>(TM)</sup>**

脾虛氣滯證 - Pi xu qi zhi zheng<sup>(zh)</sup>, Hikyo kitai sho<sup>(ja)</sup>, BiheoGichejeung<sup>(ko)</sup>

A pattern characterized by reduced appetite, distending pain of abdomen, incontinence of loose stool, increased bowel sounds, flatus, lethargy, decreased movements, wiry pulse. It may be explained by deficiency of spleen qi that leads to stagnation of qi movement.

**5C4****Spleen deficiency with food retention pattern<sup>(TM)</sup>**

脾虛食積[夾食]證 - Pi xu shi ji [jia shi] zheng<sup>(zh)</sup>, Hikyo shokuseki (kyoshoku) sho<sup>(ja)</sup>, Biheosikjeokjeung<sup>(ko)</sup>

A pattern characterized by gradual reduced appetite, abdominal distension, frequent diarrhea, distending pain of epigastrium and abdomen associated with irregular diet, belching with foul odor, acid regurgitation, inhibited diarrhea, pale tongue with greasy coat. It may be explained by the deficiency of spleen qi to digest and transport that leads to food retention and putrefaction in the stomach and intestine.

**5C5****Spleen failing to control the blood pattern<sup>(TM)</sup>**

脾不統攝血證 - Pi bu tong [she] xue zheng<sup>(zh)</sup>, Hi futo (setsu) ketsu sho<sup>(ja)</sup>, Bibultonghyeoljeung<sup>(ko)</sup>

A pattern characterized chronic bleeding such as red or purple discolored spots of the skin, flooding or spotting in women, sallow complexion, anorexia, loose bowels, lethargy, lack of strength, shortness of breath, reluctance to speak, pale tongue and weak pulse. It may be explained by deficiency of spleen qi affecting the function of controlling and holding blood.

**5C6****Spleen deficiency and blood depletion pattern<sup>(TM)</sup>**

脾虛血虧證 - Pi xu xue kui zheng<sup>(zh)</sup>, Hikyo ketsuki sho<sup>(ja)</sup>, Biheohyeolhyujeung<sup>(ko)</sup>

A pattern characterized by reduced appetite, abdominal distension, loose stool, dizziness, lethargy, delayed or absence of menstrual cycle, scanty menstruation, pale complexion, pale tongue, thin and feeble pulse. It may be explained by deficiency of spleen qi, reducing blood production function of spleen.

**5C7**

**Spleen yin deficiency pattern<sup>(TM)</sup>**

脾陰虛證 [虧] - Pi yin xu zheng [kui]<sub>(zh)</sub>, Hi inkyo sho<sub>(ja)</sub>, Bieumheojeung<sub>(ko)</sub>

A pattern characterized by hunger with inability to eat, emaciation, lethargy, constipation, scanty saliva, dry lips, low grade fever, reddish tongue with little coating, thin and rapid pulse. It may be explained by deficiency of yin in the spleen with impaired the function of fluid transportation and digestion.

**5C8**

**Spleen yang deficiency pattern<sup>(TM)</sup>**

脾陽虛證 [虧] - Pi yang xu zheng [kui]<sub>(zh)</sub>, Hi yo kyo sho (Hiyo fusin)<sub>(ja)</sub>, Biyangheojeung<sub>(ko)</sub>

A pattern characterized by cold limbs, pain and cold sensation in the abdomen, anorexia, abdominal fullness, swelling, chronic diarrhea, lethargy and emaciation. It may be explained by spleen deficiency cold, insufficient yang qi failing to warm and activate the spleen.

**5C9**

**Spleen yang deficiency with water retention pattern<sup>(TM)</sup>**

脾陽虛水泛[停]證 - Pi yang xu shui fan [ting] zheng<sub>(zh)</sub>, Hi yokyo suiha (tei) sho<sub>(ja)</sub>, Biyangheosubeomjeung<sub>(ko)</sub>

A pattern characterized by reduced appetite, abdominal distension, loose stool, aversion to cold, cold limbs, edema of face and limbs, or ascites, whitish complexion, pale enlarged tongue with white greasy coat, soggy pulse or weak pulse. It may be explained by decline of spleen yang affecting the spleen function in warm and transport of fluid, resulting in the interior retention of the body fluid.

**5D0**

**Dual deficiency of spleen and stomach yang pattern<sup>(TM)</sup>**

脾胃陽虛證 - Pi wei yang xu zheng<sub>(zh)</sub>, Hi i yokyo sho<sub>(ja)</sub>, Biwiyangheojeung<sub>(ko)</sub>

A pattern characterized by pain and sensation of cold over the stomach, accompanied by anorexia, abdominal fullness, belching, vomiting thin fluid, chronic diarrhea, lethargy and cold limbs. It may be explained by insufficient yang qi to warm the spleen with coldness in the stomach.

**5D1**

**Dampness and heat accumulating the spleen pattern<sup>(TM)</sup>**

濕熱蘊[困]脾證 - Shi re yun [kun] pi zheng<sub>(zh)</sub>, Shitsunetsu un (kon) pi sho<sub>(ja)</sub>, Seupyeolgonbijeung<sub>(ko)</sub>

A pattern characterized by abdominal distension, vomiting, nausea, anorexia, heaviness of limbs, incontinence of loose stool, yellow discoloration of face and eyes, dull fever not relieved after sweating, thirst, reddish tongue with yellow and greasy coat, soggy and rapid pulse. It may be explained by the interior accumulation of dampness and heat that leads to the failure of the spleen to transport.

**5D2**

**Spleen deficiency with dampness encumbrance pattern<sup>(TM)</sup>**

脾虛濕困[蘊][盛][泛]證 - Pi xu shi kun [yun] [sheng] [fan] zheng<sub>(zh)</sub>, Hikyo shitsukon (un) (sei) (han)<sub>(ja)</sub>, Biheoseupgonjeung<sub>(ko)</sub>

A pattern characterized by reduced appetite, abdominal distension, loose stool, heaviness sensation of the body or with mild edema, pale enlarged tongue with white moist or greasy coat, soggy and moderate pulse. It may be explained by deficiency of spleen qi that leads to the interior retention of turbid and dampness.

**5D3****Spleen deficiency with water flooding pattern<sup>(TM)</sup>**

脾（氣）虛水泛[停][濕]證 - Pi (qi) xu shui fan [ting] [shi] zheng<sub>(zh)</sub>, Hi (Ki) kyo suihan (tei) (shitsu) sho<sub>(ja)</sub>, Biheosubeomjeung<sub>(ko)</sub>

A pattern characterized by reduced appetite, abdominal distension, loose stool, swelling of face and limbs, fluid accumulation in the peritoneal cavity, lethargy, decreased movement, pale complexion, pale, enlarged tongue with white and greasy coat, soggy pulse or weak pulse. It may be explained by deficiency of spleen qi affecting the function of spleen in transport and transform of fluid, resulting in the interior retention of the body fluid.

**5D4****Dampness and heat in the spleen and stomach pattern<sup>(TM)</sup>**

脾胃濕熱證 - Pi wei shi re zheng<sub>(zh)</sub>, hii shinetsu sho<sub>(ja)</sub>, Biwiseupyeoljeung<sub>(ko)</sub>

A pattern characterized by epigastric or abdominal distention, anorexia, nausea, vomiting, lethargy, heavy sensation of the body, bright yellow discoloration of the skin and the white of the eyes, yellow dense and slimy tongue coat. It may be explained by accumulation of dampness and heat in spleen and stomach affecting digestive function.

**5D5****Dampness encumbering the spleen and stomach pattern<sup>(TM)</sup>**

濕困脾胃證 - Shi kun pi wei zheng<sub>(zh)</sub>, Shitsu konpi'i sho<sub>(ja)</sub>, Seupgonbiwijeung<sub>(ko)</sub>

A pattern characterized by distension and oppression of the epigastrium and abdomen, greasy taste in the mouth, anorexia, nausea, vomiting, bland taste in the mouth, absence of thirst, abdominal pain, loose stool, heaviness of the head and body, yellow discoloration of skin and eyes, pale enlarged tongue with white and greasy coat, soggy and moderate pulse. It may be explained by interior superabundance of turbid dampness that stagnates in the middle sanjiao.

**5D6****Cold and dampness encumbering the spleen pattern<sup>(TM)</sup>**

寒濕困脾證 - Han shi kun pi zheng<sub>(zh)</sub>, Kanshitsu konpi sho<sub>(ja)</sub>, Hanseupgonbijeung<sub>(ko)</sub>

A pattern characterized by epigastric and abdominal distention, stickiness in the mouth, lack of taste, nausea, loose bowels, heavy sensation of the head and body, or dull yellow discoloration of skin and eyes, pale plump tongue with white slimy coat and soggy relaxed pulse. It may be explained by accumulation of cold and dampness affecting the function of spleen.

**5D7****Stomach qi deficiency pattern<sup>(TM)</sup>**

胃氣虛證 - Wei qi xu zheng<sub>(zh)</sub>, I kikyō sho<sub>(ja)</sub>, Wigiheojeung<sub>(ko)</sub>

A pattern characterized by decreased appetite and impaired digestion. It may be explained by weakness of stomach qi, affecting its function.

**5D8****Stomach qi counterflow pattern<sup>(TM)</sup>**

胃氣上逆證 - Wei qi shang ni zheng<sub>(zh)</sub>, Iki jogyaku sho<sub>(ja)</sub>, Wigisangyeokjeung<sub>(ko)</sub>

A pattern characterized by belching, hiccups, acid regurgitation and vomiting. It may be explained by counterflow ascent of stomach qi associated with cold and heat affecting the stomach qi, hindering the qi from descending normally, driving it to flow upwards.

**5D9**

**Stomach yin deficiency pattern<sup>(TM)</sup>**

胃陰虛證 [虧] - Wei yin xu zheng [kui]<sub>(zh)</sub>, i inkyo sho<sub>(ja)</sub>, Wieumheojeung <sub>(ko)</sub>

A pattern characterized by dry mouth and throat, vague burning pain of the stomach and epigastrium, or dry vomiting, hiccup, constipation, reddish tongue with scanty fluid, thin and rapid pulse. It may be explained by deficiency of fluid in the stomach with impaired function, caused by intense stomach fire or exuberant heat.

**5E0**

**Stomach heat pattern<sup>(TM)</sup>**

胃熱證 - Wei re zheng<sub>(zh)</sub>, Inetsu sho<sub>(ja)</sub>, Wiyeoljeung <sub>(ko)</sub>

A pattern characterized by acid reflux, burning pain of the stomach and epigastrium, swift digestion with increased hunger, foul mouth odor, constipation, gum swelling and bleeding, vomiting after eating, reddish tongue with thick and greasy coat, surging pulse or slippery and rapid pulse. It may be explained by impairment of the stomach by heat or overeating of hot pungent food.

**5E1**

**Stomach heat with fluid depletion pattern<sup>(TM)</sup>**

胃熱津傷 [虧] 證 - Wei re jin shang [kui] zheng<sub>(zh)</sub>, Inetsu shin (ki) sho<sub>(ja)</sub>, Wiyeoljinhyujeung <sub>(ko)</sub>

A pattern characterized by burning pain of the stomach and epigastrium, thirst with desire to drink, or increase appetite with frequent hunger, dry stool, reddish tongue, yellow coating with scanty fluid, rapid pulse. It may be explained by superabundant stomach heat that consumes body fluid.

**5E2**

**Dampness building up in the intestinal tract pattern<sup>(TM)</sup>**

濕阻[滯][蘊]腸道證 - Shi zu [zhi] [yun] chang dao zheng<sub>(zh)</sub>, Shitsuso (tai) (un) chodo sho<sub>(ja)</sub>, Seupchejangdojeung <sub>(ko)</sub>

A pattern characterized by vague pain and distension of the abdomen, soggy stool or diarrhea, or sticky fishy stool, white and greasy tongue coat, soggy and moderate pulse. It may be explained by accumulation of dampness in the intestine that leads to abnormal transportation and transformation of fluid.

**5E3**

**Cold invading the stomach pattern<sup>(TM)</sup>**

寒邪犯胃證 - Han xie fan wei zheng<sub>(zh)</sub>, Kanja han'i sho<sub>(ja)</sub>, Hansabeomwijeung <sub>(ko)</sub>

A pattern characterized by sharp cold pain of the stomach and epigastrium with a preference for warmth, vomiting of clear fluid, aversion to cold, cold limbs, white tongue coat, wiry pulse. It may be explained by the invasion of pathogenic cold into the stomach and epigastrium that prevents the stomach qi from descending normally.

**5E4**

**Cold stagnation in the intestine pattern<sup>(TM)</sup>**

寒滯腸道證 - Han zhi chang dao zheng<sub>(zh)</sub>, Kantai chodo sho<sub>(ja)</sub>, HancheJangdojeung <sub>(ko)</sub>

A pattern characterized by sharp, cold pain of the abdomen, clear thin diarrhea, aversion to cold, cold limbs, white tongue coat, wiry and tight pulse. It may be explained by the invasion of cold into the intestine affecting intestine function of transportation and transformation.



**5E5****Anxiety damaging the spleen pattern<sup>(TM)</sup>**

思傷脾氣證 - Si shang pi qi zheng<sup>(zh)</sup>, Shisho hiki sho<sup>(ja)</sup>, Sasangbigijeung<sup>(ko)</sup>

A pattern characterized by dull expression, anorexia, distension of chest, hypochondrium, epigastrium and abdomen, sighing, inhibited discharge of loose stool, and a wiry pulse. It may be explained by excessive anxiety that stagnates qi movement in liver and spleen associated with digestive function.

**5E6****Dual deficiency of the lung and spleen pattern<sup>(TM)</sup>**

脾肺兩虛證 - Fei pi liang xu zheng<sup>(zh)</sup>, Haihi ryokyo sho<sup>(ja)</sup>, Pyebiyangheojeung<sup>(ko)</sup>

A pattern characterized by hoarseness, coughing, shortness of breath or difficulty in breathing, clear, thin sputum, decreased appetite, abdominal distension, loose stool, pale tongue with white and greasy coating, or weak pulse. It may be explained by qi deficiency in either the spleen or the lung.

**5E7****Dual deficiency of spleen and kidney pattern<sup>(TM)</sup>**

脾腎陽虛證 - Pi shen yang xu zheng<sup>(zh)</sup>, Hijin yokyo sho<sup>(ja)</sup>, Bisinyangheojeung<sup>(ko)</sup>

A pattern characterized by pale complexion, aversion to cold with cold limbs, coldness and pain in the lower abdomen, chronic diarrhea, edema, inhibited urination, or pale, enlarged tongue. It may be explained by insufficiency of kidney or spleen yang qi.

**Lung Patterns<sup>(TM)</sup>**

肺病證 Fei bing zheng<sup>(zh)</sup>  
 Haiby sho<sup>(ja)</sup>  
 Pyebyeongjeung<sup>(ko)</sup>

**5F5****Lung qi deficiency pattern<sup>(TM)</sup>**

肺氣虛證 [虧] - Fei qi xu zheng [kui]<sup>(zh)</sup>, Hai ki kyo sho<sup>(ja)</sup>, Pyegiheojeung<sup>(ko)</sup>

A pattern characterized by weak coughing, short, heavy breathing upon exertion, excess production of saliva, spontaneous sweating, aversion to wind, a pale tongue or a weak pulse. It may be explained by diminished lung function associated with a decrease in the level of lung qi.

**5F6****Lung and defense qi deficiency pattern<sup>(TM)</sup>**

肺衛氣虛 (不固) 證 - Fei wei qi xu (bu gu) zheng<sup>(zh)</sup>, Hai eikikyo (fuko) sho<sup>(ja)</sup>, PyewiGiheo(Bulgo)jeung<sup>(ko)</sup>

A pattern characterized by aversion to wind, spontaneous sweating, frequent chills, shortness of breath, decreased movements, pale tongue and weak pulse. It may be explained by deficiency of lung qi that leads to unconsolidation of defense qi.

**5F7****Lung yin deficiency pattern<sup>(TM)</sup>**

肺陰虛證 [虧] - Fei yin xu zheng [kui]<sup>(zh)</sup>, Hai in kyo sho<sup>(ja)</sup>, Pyeumheojeung<sup>(ko)</sup>

A pattern characterized by dry cough with sticky sputum difficult to be expectorated, blood in sputum, dry mouth and throat, hoarseness, cyclical fever, flushed cheeks, night sweats, or reddish tongue with scanty fluid, thin and rapid pulse. It may be explained by combining the concept of yin deficiency with zangfu lung function.

**5F8**

**Lung and kidney yin deficiency pattern<sup>(TM)</sup>**

肺腎陰虛證 - Fei shen yin xu zheng<sub>(zh)</sub>, Haijin inkyo sho<sub>(ja)</sub>, Pyesineumheojeung<sub>(ko)</sub>

A pattern characterized by coughing with scanty expectoration, dryness of the mouth and throat or hoarseness of voice, pain in the lumbar region and limp legs, cyclical fever with sensation of internal origin, flushed cheeks, night sweats, nocturnal emission in men and menstrual irregularities in women, reddened tongue with scanty coat and rapid fine pulse. It may be explained by deficiency of yin fluid of the lung and the kidney with harassment of endogenous heat.

**5F9**

**Dual deficiency of lung qi and yin pattern<sup>(TM)</sup>**

肺氣陰兩虛證 - Fei qi yin liang xu zheng<sub>(zh)</sub>, Hai ki'in ryokyo sho<sub>(ja)</sub>, Pyegieumyangheojeung<sub>(ko)</sub>

A pattern characterized by hoarseness, weak, dry cough, shortness of breath or difficulty breathing, irritation with a sensation of heat in the palms, soles and the heart, or thin and feeble pulse. It may be explained by deficiency of qi and yin of lung.

**5G0**

**Lung yang deficiency pattern<sup>(TM)</sup>**

肺陽虛證 - Fei yang xu zheng<sub>(zh)</sub>, Hai yo kyo sho<sub>(ja)</sub>, Pyeyangheojeung<sub>(ko)</sub>

A pattern characterized by cough, shortness of breath, thin expectoration, fear of cold and cold extremities, spontaneous sweating, pale complexion, enlarged tongue with white slippery coat and weak pulse. It may be explained by deficiency of yang qi to warm the lung.

**5G1**

**Cold and phlegm obstructing the lung pattern<sup>(TM)</sup>**

寒痰阻閉證 - Han tan zu bi zheng<sub>(zh)</sub>, Kantan sohei sho<sub>(ja)</sub>, Handamjopyejeung<sub>(ko)</sub>

A pattern characterized by coughing with profuse phlegm, expectoration and pressure in the chest, or phlegmatic wheezing, aversion to cold and cold limbs, pale tongue with white slimy or slippery coating, and string-like slippery pulse. It may be explained by cold and phlegm stagnates in lung affecting lung function.

**5G2**

**Turbid phlegm building up in the lung pattern<sup>(TM)</sup>**

痰濁阻蘊肺證 - Tan zhuo [shij] zu [yun] fei zheng<sub>(zh)</sub>, Tandaku (shitsu) so (un) hai sho<sub>(ja)</sub>, Damseupjopyejeung<sub>(ko)</sub>

A pattern characterized by chest distress, coughing and asthma, expectoration of profuse whitish sputum, white greasy coat on the tongue, wiry and slippery pulse. It may be explained by the accumulation of phlegm dampness that obstructs lung qi.

**5G3**

**Exterior cold with lung heat pattern<sup>(TM)</sup>**

表寒肺熱證 - Biao han fei re zheng<sub>(zh)</sub>, Hyokan hainetsu sho<sub>(ja)</sub>, Pyohanpyeoljeung<sub>(ko)</sub>

A pattern characterized by aversion to cold with fever, thirst, decrease or lack of sweat production, restlessness, coughing and asthma, chest distress, yellow and white tongue coat, floating and rapid pulse. It may be explained by the affection of cold that leads to interior stagnation of lung heat.

**5G4****Intense congestion of lung heat pattern<sup>(TM)</sup>**

肺熱熾[壅]盛證 - Fei re chi [yong] sheng zheng<sup>(zh)</sup>, Hainetsu shi (yo) sei sho<sup>(ja)</sup>, Pyeyeolchiseongjeung<sup>(ko)</sup>

A pattern characterized by fever, thirst, cough, rough and heavy breathing, or chest pain, sore throat, nostril flaring, breath with hot sensation, constipation, yellow urine, reddish tongue with yellow coating, and rapid pulse. It may be explained by superabundant fire and heat that accumulate in the lung.

**5G5****Phlegm-heat obstructing the lung pattern<sup>(TM)</sup>**

痰熱壅肺證 - Tan re yong fei zheng<sup>(zh)</sup>, Tannetsu yohai sho<sup>(ja)</sup>, Damyelongpyejeung<sup>(ko)</sup>

A pattern marked by cough, shortness of breath, expectoration of thick, yellow or blood-stained sputum, chest pain, reddened tongue with yellowish slimy coating and rapid slippery pulse.

**5G6****Wind and heat invading the lung pattern<sup>(TM)</sup>**

風熱犯肺證 - Feng re fan fei zheng<sup>(zh)</sup>, Funetsu hanhai sho<sup>(ja)</sup>, Pungyeolbeompyejeung<sup>(ko)</sup>

A pattern characterized by fever with mild chilliness, headache, sore throat, coughing, reddened tip of the tongue with thin yellowish coat, and rapid floating pulse. It may be explained by wind and heat invading zangfu lung and affect the function of lung.

**5G7****Lung heat transmitting into the intestine pattern<sup>(TM)</sup>**

肺熱移腸證 - Fei re yi chang zheng<sup>(zh)</sup>, Hainetsu icho sho<sup>(ja)</sup>, Pyejeollijangjeung<sup>(ko)</sup>

A pattern characterized by fever, thirst, coughing, asthma, abdominal distension, constipation, reddish tongue, yellow tongue coating, rapid or excess pulse. It may be explained by superabundant lung heat accumulating, which leads to intestinal heat, affecting the transport function of the intestine.

**5G8****Wind and cold fettering the lung pattern<sup>(TM)</sup>**

風寒束肺證 - Feng han shu fei zheng<sup>(zh)</sup>, Fukan sokuhai sho<sup>(ja)</sup>, Pungansokpyejeung<sup>(ko)</sup>

A pattern characterized by cough with white watery sputum, fever with mild chills. It may be explained by an attack of the weather factors of wind and cold which impairs the normal flow of lung qi.

**5G9****Dryness pathogen invading the lung pattern<sup>(TM)</sup>**

燥邪犯肺證 - Zao xie fan fei zheng<sup>(zh)</sup>, Soja hanhai sho<sup>(ja)</sup>, Josabeompyejeung<sup>(ko)</sup>

A pattern characterized by dry cough without sputum or with scanty, sticky sputum difficult to expectorate, chest pain, mild chills and fever, thirst, dry lips, mouth, throat and nose, and floating pulse. It may be explained by dryness invading lung leading to deficiency of fluid and affecting lung function.

**5H0****Lung dryness with intestinal blockage pattern<sup>(TM)</sup>**

肺燥腸閉證 - Fei zao chang bi zheng<sup>(zh)</sup>, Haiso chohei sho<sup>(ja)</sup>, Pyejeolangpyejeung<sup>(ko)</sup>

A pattern characterized by coughing, thirst, asthma, constipation, distension, fullness and pain of abdomen, dry yellow coat on tongue, deep and replete pulse. It may be explained by lung dryness that leads to fluid consumption and obstruction of hollow organ qi in the intestine.

**5H1**

**Large intestinal excess heat pattern<sup>(TM)</sup>**

大腸實熱證 - Da chang shi re zheng<sup>(zh)</sup>, Daicho jitsunetsu sho<sup>(ja)</sup>, Daejangsilyeoljeung<sup>(ko)</sup>

A pattern characterized by constipation or dry stool with difficulty in defecation, abdominal distension and tenderness on palpation. It may be explained by exuberant pathogenic heat obstructing the bowel qi.

**5H2**

**Dampness and heat in the large intestine pattern<sup>(TM)</sup>**

腸道[大腸]濕熱證 - Chang dao [da chang] shi re zheng<sup>(zh)</sup>, Chodo (Daicho) shitsunetsu sho<sup>(ja)</sup>, Daejangseupyeoljeung<sup>(ko)</sup>

A pattern characterized by abdominal distention and pain, profuse diarrhea which may be malodorous or bloody, painful straining during bowel movement, a burning sensation in the anus, fever, thirst, decreased urine output, brownish urine, a greasy, yellow tongue coating, or a slippery, rapid pulse. It may be explained by a build up of the weather factors of dampness and heat in the large intestine or impaired qi movement.

**5H3**

**Large intestinal fluid deficiency pattern<sup>(TM)</sup>**

大腸津虧證 - Da chang jin kui zheng<sup>(zh)</sup>, Daicho shinki sho<sup>(ja)</sup>, Daejangjinhyujeung<sup>(ko)</sup>

A pattern characterized by constipation or difficulty in defecation accompanied by dry throat and reddened tongue with scanty coat. It may be explained by yin deficiency affecting intestinal function.

**5H4**

**Large intestinal deficiency cold pattern<sup>(TM)</sup>**

大腸虛寒證 - Da chang xu han zheng<sup>(zh)</sup>, Daicho kyokan sho<sup>(ja)</sup>, Daejangheohanjeung<sup>(ko)</sup>

A pattern characterized by abnormal bowel evacuations, abdominal dull pain, aversion to heat and pressure, diarrhea, coldness of limbs, increased bowel sounds, inhibited defecation, pale tongue, thin white watery coat, deep slow pulse. It may be explained by debilitation of yang qi in the large intestine leading to endogenous cold.

**Kidney Patterns<sup>(TM)</sup>**

腎病證 Shen bing zheng<sup>(zh)</sup>  
Jimbyo sho<sup>(ja)</sup>  
SinByeongjeung<sup>(ko)</sup>

A group of patterns characterized by their relationship to the zangfu kidney.

**5J0**

**Kidney qi deficiency pattern<sup>(TM)</sup>**

腎氣虛證 [虧] - Shen qi xu zheng [kui]<sup>(zh)</sup>, jin ki kyo sho<sup>(ja)</sup>, Singiheojeung<sup>(ko)</sup>

A pattern characterized by dizziness, forgetfulness, ringing in the ears, low back pain, decreased sex drive, or a weak pulse. It may be explained by a decrease in the levels of kidney qi.

**5J1**

**Kidney failing to receive qi pattern<sup>(TM)</sup>**

腎不納氣證 - Shen bu na qi zheng<sup>(zh)</sup>, Jin funoki sho<sup>(ja)</sup>, Sinbulnappgieung<sup>(ko)</sup>

A pattern characterized by shortness of breath with prolonged exhalation, difficulty breathing inward, asthenic cough and feeble voice. It may be explained by decrease function of zangfu kidney in holding qi.