associations were obtained for type1 to type3 in any combinations. When we performed the same analysis between type4 and the pooled genotypes of type1 to type3, we again obtained a significant difference (p=4.8 x 10^{-6}, OR=1.96, 95%CI: 1.47-2.62).

We further examined the specific association of rs738409 with type4 subgroup by using the case/control association results of the initial genome scan. 529 NAFLD patients were divided into 202 patients with type1 to type3 and 327 patients with type4, and genotype distributions of rs738409 in each subgroup were compared with those of 932 control subjects. Exact trend test returned an extremely strong association of rs738409 with type4 subgroup (p=1.7 x 10^{-16}, OR=2.18, 95%CI: 1.81-2.63) whereas no association was obtained for type1 to type3 subgroups (p=0.41).

Association of rs738409 genotypes with clinical traits

The quantitative effects of rs738409 genotypes to clinical traits were examined by multivariable regression adjusted for age, sex and BMI (statistical calculation 1, Table 3). Five categorical ordinals, namely, anti-nuclear antibody (ANA), Brunt grade, Brunt stage, fat deposition and iron deposition, were also tested by an ordinal logistic regression analysis. Potential associations (p<0.05) were obtained for 11 traits, namely, aspartate transaminase (AST), alanine aminotransferase (ALT), type IV collagen 7S, hyaluronic acid, hemoglobin

A1c (HbA1c), fasting immunoreactive insulin (IRI), fasting plasma glucose (FPG), platelet count (PLT), Brunt grade, fat deposition and iron deposition (Table 3). When the results were further adjusted for Matteoni type (statistical calculation 2), AST, hyaluronic acid, HbA1c, FPG, PLT, Brunt grade and iron deposition showed *p*-values smaller than 0.05. The level of serum triglyceride was not significant in the initial analysis, but became significant after being adjusted for Matteoni's type (p=0.013). Among them, only three traits, namely, hyaluronic acid, HbA1c and iron deposition, remained significant (p<0.0021) after Bonferroni's correction for multiple testing (Table 3).

Associations of previously reported SNPs with NAFLD

Previous genetic studies identified four chromosomal loci, namely, *LYPLAL1* at 1q41, *GCKR* at 2p23, *NCAN* at 19p12 and *PPP1R3B* at 8p23.1, associated with NAFLD in populations of European descent [14]. We examined whether or not the associations were reproduced in the Japanese population by extracting genotype information of SNP markers corresponding to these four loci. As shown in Table 4, the association of rs780094 in *GCKR* with NAFLD was at the border of significance (p=0.011, OR=0.82, 95%CI: 0.70-0.91) in the case/control analysis. However, the association was lost when examined between rs780094 genotypes and Matteoni types. There were no associations of rs2228603 in *NCAN* and

rs12137855 in *LYPLAL1* with either NAFLD or Matteoni types. Rs4240624 in *PPP1R3B* was not in the SNP array used for this study, and this marker was not polymorphic or at a very low frequency in the Japanese (0 in 90 chromosomes in the Japanese result of the International HapMap Project).

Discussion

NASH is a type of hepatic steatosis in NAFLD with poor prognosis accompanying liver fibrosis, and subsequent liver cirrhosis and hepatocellular carcinoma [18]. Despite the extensive biochemical and histological investigation of NAFLD, whether or not NASH forms a distinct disease entity in NAFLD still remains unclear. The principle aim of this study was to identify the genetic factors related to the pathogenic status of NAFLD by collecting DNA samples of Japanese NAFLD patients with critically diagnosed disease status by liver biopsy. To our knowledge, this is the first GWA study of NAFLD using patients with known histology-based Matteoni type. In the initial association study using pooled genotyping results of all the cases, we found a significant association of the *PNPLA3* gene at chromosome 22q13.31 with NAFLD in the Japanese. Rs738409 which showed the strongest association with NAFLD in the GWA study of Caucasians was also genotyped and its strongest association with NAFLD was confirmed. These results were in agreement with the former GWA analyses in populations of European descent and in Hispanics, giving strong evidence of the involvement of *PNPLA3* in NAFLD beyond ethnicities. Rs738409 is located in exon3 of the *PNPLA3* gene which is expressed in the liver and adipose tissue. This SNP introduces an amino acid substitution from isoleucine to methionine (I148M), and biological studies demonstrated that its risk allele (G) abolishes the triglyceride hydrolysis activity of *PNPLA3*

[19]. These observations strongly suggest rs738409 to be a causative genetic variation for NAFLD. However, future genomic analyses by fine mapping or extensive sequencing may identify additional genetic determinants within the *PNPLA3* locus.

In the current study we did not find other genetic loci showing genome-wide significance ($p < 1.0 \times 10^{-7}$). However, two additional chromosomal loci with p-values being smaller than 1×10^{-5} were identified on chromosome 1p (rs11206226) and chromosome 4p (rs1390096) neither of which has been reported as being associated with NAFLD in Caucasians (supplementary table 1). Statistical calculation by taking their allele frequencies and effect sizes into account showed that approximately three times as many case and control samples are required to obtain sufficient statistical power (>0.8) for genome wide significance. Hence, further confirmation is required using a larger collection of patients and controls although they may be potential candidates of low-penetrance genes for susceptibility to NAFLD in Japanese.

Subsequent analyses through comparison of genotype distribution among four subgroups of NAFLD (type1 to type4) categorized by Matteoni's classification revealed that the seven NAFLD-associated SNPs in the *PNPLA3* gene were also significantly associated with the pathogenic status of NAFLD. There were also marked differences in genotype distribution of rs738409 between type4 subgroup and the other three groups (p=4.8 x 10^{-6},

OR=1.96, 95%CI: 1.47-2.62 between type4 and pooled genotypes of type1 to type3). Moreover, a case/control analysis of rs738409 between Matteoni type4 and controls returned a surprisingly strong association (p=1.7 x 10^{-16}) which was much stronger than the initial analysis using all NAFLD cases (p=1.4 x 10^{-10}), whereas the analysis using Matteoni type1 to type3 as cases didn't show significance (p=0.41). There were differences in the score of HOMA-IR and hs-CRP, indicators of insulin resistance and inflammation, respectively, between Matteoni type1 to type3 and type4 subgroups (Table 1). Our results provide compelling evidence that NASH corresponding to Matteoni type4 is both a clinically and genetically different disease subset from other spectrums of NAFLD. Previous studies showed association between *PNPLA3* and fatty liver, inflammation, fibrosis grade and NASH [13]. In our result, strong association between rs738409 and fatty liver was not observed by comparing control and Matteoni type1. In addition, strong association between rs738409 and lobular inflammation was not observed by comparing Matteoni Type1 and Type2. In contrast, a strong association between rs738409 and NASH was observed. Although we could not observe the strong association between rs738409 and fibrosis stage, strong association between rs738409 and Hyaluronic acid suggests that an association exists between *PNPLA3* and fibrosis.

We have also undertaken association analyses of rs738409 and clinical traits in the

patients. The multivariable regression analysis adjusted for age, sex, BMI and Matteoni type followed by the correction for multiple testing revealed hyaluronic acid and HbA1c as being significantly associated with rs738409. Hyaluronic acid is one of the principle components of the extracellular matrix and its involvement in fibrosis has been previously suggested [20]. This may indicate another possible functional involvement of *PNPLA3* in the progression of liver fibrosis by influencing the circulating hyaluronic acid levels. A weak association of rs738409 and HbA1c levels was observed in our study population. However, there are no reports to date indicating such an association, and confirmation with different sample sets is needed for definitive conclusion. Also, the association between rs738409 and iron deposition was demonstrated by an ordinal logistic regression analysis. Since the association still remained after the results were adjusted with Matteoni type, rs738409 may play a functional role in the oxidative stress through iron absorption in the liver.

Recently, a genetic analysis of Japanese NAFLD patients was reported demonstrating a significant association in the increase of AST, ALT, ferritin levels and fibrosis stage (Brunt stage) and in the decrease of serum triglyceride with the risk allele (G) of rs738409 [12]. In our study, the association of rs738409 with AST (p=1.2 x 10^{-4}) and ALT (p=0.0016) was reproduced and that of AST still remained after the results were adjusted for Matteoni type (p=0.038). No association was observed for ferritin level. Brunt stage was available for

Matteoni type4 patients only in our study. Although the odds ratio was slightly high (OR=1.28, 95%CI: 0.95-1.72), it was not possible to examine the association. In addition, the inverse association of the risk allele of rs738409 with decrease of serum triglyceride was confirmed in our study (p=0.013 after being adjusted for Matteoni type). For all of these biomarkers, however, the significance was lost after the correction for multiple testing.

A replication analysis of other genetic loci that had been reported for their association with NAFLD in East coast white Americans [14] was performed in our sample collection. We confirmed the association of rs780094 in *GCKR* with NAFLD in a case/control analysis but at a much weaker level (p=0.011, OR=0.82, 95%CI: 0.70-0.95) than that shown for the populations of European-descent. No associations were found for *LYPLAL1* and *NCAN* loci in our study. There are several reasons to explain such differences, such as the insufficient statistical power with a limited number of study subjects in our study due to the difficulty in the collection of a larger number of histologically diagnosed NAFLD patients. The difference in genetic background between the Japanese and Europeans is also conceivable. Indeed, the risk allele frequency of rs12137855 in *LYPLAL1* was 0.944 in our control subjects but approximately 0.79 in the European populations [14]. Similarly, there was a difference in the risk allele frequency of rs2228603 in *NCAN* (0.049 in Japanese and 0.08 in Europeans). Rs4240624 in *PPP1R3B* was not polymorphic in the Japanese while its risk

allele frequency was 0.91 in Europeans.

Materials and Methods

Ethics Statement

In compliance with the Declaration of Helsinki, ethical approval for this study was given by the respective Institutional Review Board and subject written informed consent were obtained for all subjects (Ethical committee of Nara City Hospital; Ethical committee of Saiseikai Suita Hospital; Medical Ethics Committee of Kanazawa University; Ethics committee of Kyoto Prefectural University of Medicine; Ethical Committee of Aichi Cancer Center; Ethical Committee of Kochi Medical School, Kochi University; Ethics Committee of Tokyo Women's Medical University; Ethical Committee on Kawasaki Medical School and Kawasaki Medical School Hospital; Ethical Committee of Juntendo University; Ethics Committee of Yamagata University School of Medicine; Ethical Committee of the Ikeda Municipal Hospital; Institutional Review Board and Ethics Committee of Kyoto University School of Medicine).

Study population

A total of 543 patients histologically diagnosed for NAFLD in 2007-2009 were recruited through the Japan study of Nonalcoholic Fatty Liver Disease. Biopsy specimens were stained with H&E and Masson's trichrome for morphological review and assessment of

fibrosis. Perl's Prussian blue was performed to evaluate iron load. Biopsy specimens were reviewed by a hepatopathologist (T.O). NAFLD patients were classified into four categories by liver histology according to the classification by Matteoni *et al* [2] as follows; type1: fatty liver alone, type2: fat accumulation and lobular inflammation, type3: fat accumulation and ballooning degeneration, type4: fat accumulation, ballooning degeneration, and either Mallory-Denk body or fibrosis. With these criteria, the 543 patients were classified as type1; 102, type2; 75, type3; 31 and type4; 335. The histological grade and fibrosis stage were also evaluated by the classification of Brunt *et al* [21] for advanced NAFLD cases (type3 and type4) as follows; grade 1: steatosis involving up to 66% of biopsy, occasional ballooned zone 3 hepatocytes and absence or mild portal chronic inflammation, grade2: steatosis, ballooning hepatocytes mild to moderate chronic inflammation, grade3: panacinar steatosis, ballooning and disarray obvious and mild or portal mild to moderate inflammation, stage1: perivenular and/or perisinusoidal fibrosis in zone3, stage2: combined pericellular portal fibrosis, stage3: septal/bridging fibrosis, stage4: cirrhosis. The degree of fat deposition was evaluated by amount of fat droplets as observed under the microscope as follows; 0: <5%, 1: 5-<10%, 2: 10-<34%, 3: 34-<67%, 4: >67%. The degree of iron deposition was categorized by the presence of granules of free iron observed under the microscope as follows; 0: absence by x400, 1: easily identifiable by x400 and rarely

identifiable by x250, 2: identifiable by x100, 3: identifiable by x25, 4: identifiable at lower than x25.

Inclusion criteria for NAFLD patients were as follows; (i) no history of alcoholism, (ii) no history for HBV/HCV/HIV infection, (iii) diagnosed by liver biopsy, (iv) information regarding age and BMI available. The sex of two samples was unknown, and was imputed from the results of the genome scan. As general Japanese population controls, the genome scan results of 942 healthy Japanese volunteers from Aichi Cancer Center Hospital and Research Institute were used [22].

Anthropometric and laboratory evaluation

We employed conventional methods for the measurement of anthropometry (height, weight, amount of visceral fat and abdominal circumscript). BMI was calculated from the measurements. The following biochemical/hematological/immunological traits were also measured by conventional methods; aspartate aminotransferase (AST), alanine aminotransferase (ALT), γ-glutamyl transpeptidase (GGT), albumin, total bilirubin, cholinesterase, type IV collagen 7S, hyaluronic acid, triglyceride, total cholesterol, hemoglobin A1c (HbA1c), fasting immunoreactive insulin (IRI), fasting plasma glucose (FBS), high sensitive CRP (hs-CRP), adiponectin, leptin, ferritin, uric acid, and platelet (PLT)

count. Anti nuclear antibody (ANA) was measured by ELISA and categorized by the detection limit in a serial dilution as follows; 0: <40x, 1: 40-80x, 2: 81-160x, 3: 160x, 4: >320x. Homeostasis model assessment-insulin resistance (HOMA-IR) was calculated from the measurements. Patients were assigned a diagnosis of diabetes mellitus (DM) when they had documented use of oral hypoglycemic medication, a random glucose level >200 mg/dl, or FPG >126 mg/dl. Hyperlipidemia was diagnosed with the cholesterol level being >200mg/dl and/or triglyceride level being >160mg/dl. Hypertension was diagnosed when the patient was taking antihypertensive medication and/or had a resting recumbent blood pressure ≧140/90 mmHg on at least two occasions.

DNA preparation

Genomic DNA was extracted from peripheral blood mononuclear cells by standard phenol-chloroform extraction and resuspended in TE buffer. DNA concentration and purity were measured with Nanodrop 1000 spectrophotometer (Thermo Scientific, Waltham, MA, USA). The samples were stored at -20℃ until use.

Genome-wide genotyping and quality control

Genome scan was conducted for 543 patients with NAFLD and 942 healthy subjects

using Illumina Human 610-Quad Bead Chip on a Bead Station 500G Genotyping System (Illumina, Inc., San Diego, CA, USA) and subjected to the following quality controls. Initially, ten patients and six control subjects were removed due to low call rates (<0.99). Regarding the SNP markers, 85,472 SNPs with minor allele frequency of smaller than 0.01 in either case or control group, 6,479 SNPs with lower success rates (<0.98) and 35 SNPs with distorted Hardy-Weinberg equilibrium ($p<10^{-7}$) were removed, resulting in 484,751 SNP markers being used for analysis. Principal component analysis by EIGENSOFT [17] including phase II HapMap (http://hapmap.ncbi.nlm.nih.gov/) samples identified no samples that were deviated from the Japanese population. Subsequently, the degree of kinship between individuals was examined by pi-hat in PLINK 1.07 (http://pngu.mgh.harvard.edu/purcell/plink/) [23]. Of the eight pairs of samples (four case pairs and four control pairs) showing high degrees of kinship (PI-HAT>0.4), the sample with the lower call rate in each pair was removed. After these steps, 529 case and 932 controls were used for the analysis.

Statistical analysis

A case/control association analysis was performed by exact trend test between NAFLD patients and control subjects [24]. The correction of obtained *p*-values for

population stratification was performed using EIGENSTRAT [17]. In addition, an association between Matteoni classification (type1 to type4) and additive model of genotype for each SNP was examined using Jonckheere-Terpstra test for NAFLD patients. Assessment of population stratification of inflation of *p*-value was carried out by the genomic control method for asymptotic trend test [25]. Association between each quantitative trait and the genotype of significant SNPs in NAFLD patients were calculated by multivariable linear regression or multivariable ordinal regression adjusted for age, sex and BMI. Each quantitative trait was transformed as follows; natural log for ALT, AST, HOMA-IR, HbA1c, IRI, triglyceride, total bilirubin, adiponectin, hs-CRP, hyaluronic acid, leptin, reciprocal number for albumin, cholinesterase, type IV collagen 7S and square root for uric acid and ferritin. The values of FPG, PLT, total cholesterol, amount of visceral fat, and abdominal circumscript were not transformed. For each trait, values that were within only 4 S.D. were included for analysis. LD indices were calculated by default setting of Haploview [26] and the LD block was defined manually.

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