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Brief clinical data

USS-D4 (*ADAMTS13* genotype: **p.1673F/c.414+1G>A**) was born as the second of 2 children to non-consanguineous parents. Her history was previously described [40,41].

Family USS-E

Patient

One male (USS-E4) born in 1985.

Brief clinical data

USS-E4 (*ADAMTS13* genotype: **p.I673F/p.C908Y**) was born as the second of three children to non-consanguineous parents. His history was previously described [40]. The third sibling had Down's syndrome and died of an unknown cause soon after birth.

Family USS-F

Patient

One male (USS-F3) born in 1993.

Brief clinical data

USS-F3 (*ADAMTS13* genotype: p.R193W/c.1244+2T>G) was born as the first of three children to non-consanguineous parents. His history was previously described [40]. He currently receives 120 mL FFP infusions when he develops an occasional haemolytic crisis.

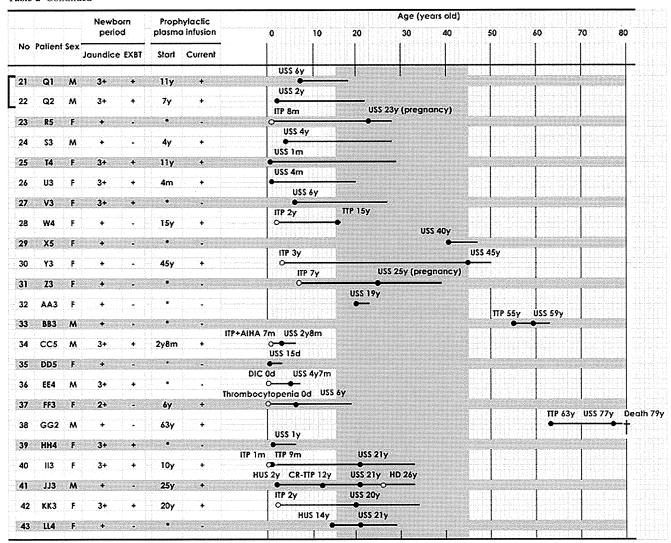
Family USS-G

Patient

One female (USS-G3) born in 1987.

Table 2 Clinical course of 43 Japanese patients with USS

1 2	A4 B3	Sex M	Jaundice	EXBT					Age (years old) 0 10 20 30 40 50 60 70				
		м			Start	Current							
2	B3		3+		4m		USS 4m						
		F	3+	•	11m	*	•						
				ļ.,		:	USS 8y	CAPD 23y HD 27y					
3	C3	M	2+	*	8y	, *	USS 4y		t				
4	D4	F	34		residential and the second	*							
5	E4	м	3+		ļ		USS 5y	ASSESSED TO THE					
	E4	W	37				ITP 10m USS 2.5y						
6	F3	M	3			-	- و						
7	G3	F	3+	+			Evans synd 5y	USS 14y					
			st total interpretation					Thromb	ocytopenia	TTP 51y Death	52y		
8	Н3	M		MERCOS NESSES		•	ITP 3m TTP 2y						
9	14	M	2+		2y	,	O						
	data ya kana ka						TTP 3y				Apparental Dale Paris Carrier Control		
10	J3		*				— — — — — — — — — — — — — — — — — — —			l l			
11	J4	M	+			•							
12	К3				27y		l ITP 6y	USS 27y (Pregnancy)				
	NO.				10121-401-1011 10121-4011-1011		ITP 4y	US\$ 25v (I	Pregnancy)	1			
13	K4	F	3+	+	25y	•	o	-	-				
25208000			*					USS 25 y (P	regnancy)				
14	L2	E		Service of the servic			I ITP 3y	USS 25 y (P	regnancy)				
15	L3	F	+										
16	мз	F			SEASON THAN			USS 33y (Pregnancy)				
30								USS 30y (Pregnancy)				
17	M4	F	***		•			· ·					
18	Ně		3+		4y	*	USS 4y						
han-Lafetti setti	6045444/015860	ties Diagram						USS 26y (Pregnancy)		PACITIVE PARTIES IN THE		
19	04	F	+		26y		TTP 3y	•					
20	P3	м			21y		i iir sy						



EXBT, exchange blood transfusion; TTP, thrombotic thrombocytopenic purpura; HUS, hemolytic uremic syndrome; ITP, idiopatic thrombocytopenic purpura; DIC, disseminated intravasclar coagulation; AIHA, autoimmune hemolytic anemia; CAPD, continuous ambulatory peritoneal dialysis; HD, hemodialysis; USS, Upshaw–Schulman syndrome. *Undertermined.

Brief clinical data

USS-G3 (ADAMTS13 genotype: p.R1123C/c.686+1G>A) was born as the third of four children to non-consanguineous parents. Her history before she reached 14 years of age was previously described [40]. Of note, her elder sister (second child) had severe jaundice soon after birth and received an exchange blood transfusion. She died of intracranial bleeding after a trivial traffic accident when she was 8 years old. USS-G3 received prophylactic FFP infusions after she was diagnosed with USS, but the infusion intervals gradually increased. Under these circumstances, she became pregnant at 21 and 22 years of age. During the first pregnancy, she had a spontaneous abortion at 5 weeks of gestation. During the second pregnancy, she delivered a premature baby girl (1446 g BW) at 35 weeks of gestation after a caesarean section under extensive prophylactic FFP infusions (normal

Japanese female baby at 35 weeks of gestation has a BW of median 2173 g). Interestingly, many of the placental small vessels were occupied with hyaline thrombosis (communication with Dr Michiko Kajiwara, details will be published elsewhere by the physicians in charge).

Family USS-H

Patient

One male (USS-H3) born in 1951.

Brief clinical data

USS-H3 (*ADAMTS13* genotype: **p.A250V/c.330+1G>A**) was born to non-consanguineous parents, but the details were unclear [42]. At 51 years of age, he visited a nearby

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hospital because of a convulsive seizure after haemorrhoidectomy where he was diagnosed with TTP. He had an episode of childhood thrombocytopenia, but there is no additional information. After 51 years of age, he had two episodes of overt TTP, and both were efficiently treated with FFP infusions. In July 2002, he experienced a fourth episode of overt TTP that developed after cholecystectomy, followed by gastrointestinal bleeding that was unsuccessfully treated with FFP infusions and further complicated by renal failure, which ultimately resulted in death at 52 years of age.

Family USS-I

Patient

One male (USS-I4) born in 1972.

Brief clinical data

USS-I4 (ADAMTS13 genotype: p.H234Q/p.R1206X) was born as the second of two children to non-consanguineous parents. His elder brother died at 2 years of age with clinical signs that were compatible with TTP, as previously described [43]. At the age of 3 months, USS-I4 developed thrombocytopenia after receiving the diphtheria/pertussis/ tetanus vaccine and was diagnosed with idiopathic thrombocytopenic purpura (ITP). Since he was 2 years old, he has experienced repeated overt TTP that has been treated with plasma infusions.

Family USS-J

Patients

One female (USS-J3) born in 1977 and one male (USS-J4) born in 1979.

Brief clinical data

USS-J3 (ADAMTS13 genotype: p.R312C/c.3198delCT) and -J4 (ADAMTS13 genotype: p.R312C/c.3198delCT) are the first and second of three children to non-consanguineous parents, respectively. For these two patients, severe jaundice was not noted during the newborn period. At 3 years of age, USS-J3 developed a cold followed by purpura with thrombocytopenia and was diagnosed with disseminated intravascular coagulation (DIC). Since then, she has experienced repeated episodes of thrombocytopenia and haemolytic anaemia, and was diagnosed with CR-TTP at 6 years of age. USS-J4 had an episode of purpura and thrombocytopenia when he was 5 years old. In 2000, both patients were shown to have a severe deficiency in ADAMTS13 activity in the absence of ADAMTS13 inhibitors. These two patients were not given prophylactic FFP infusions.

Family USS-K

Patients

Two females (USS-K3 born in 1976 and USS-K4 born in 1978).

Brief clinical data

Patients USS-K3 (*ADAMTS13* genotype: **p.Y304C**/p.T339R-p.Q448E-**p.G525D**-p.P618A) and -K4 (*ADAMTS13* genotype: **p.Y304C**/p.T339R- p.Q448E-**p.G525D**-p.P618A) were the first and second of two children of non-consanguineous parents, respectively. The history of these two patients was previously reported [12]. In 2003, USS-K3 became pregnant at 27 years old and developed overt TTP at 25 weeks of gestation. She experienced intrauterine foetal death followed by a caesarean delivery with a hysterectomy. On this occasion, she was diagnosed with USS. Since then, she has received prophylactic FFP infusions (80–120 mL) every 4 weeks in an out-patient clinic with a good clinical course. However, at the end of 2010, she had H1N1 influenza A virus infection that remarkably aggravated thrombocytopenia and was hospitalised for treatment (communication with Dr Junji Tomiyama).

In 2003, USS-K4, the younger sibling, became pregnant 2 months after her elder sister. She developed mild thrombocytopenia without significant clinical signs at 22 weeks of gestation. She underwent ADAMTS13 analysis, which confirmed a diagnosis of USS. While being treated with FFP infusions, she delivered a premature baby by a caesarean section [12]. Since then, she has received FFP infusions of 80 mL every 3 weeks. In 2008, 5 years after her first pregnancy, USS-K4 became pregnant for the second time and received more frequent FFP infusions (160 mL biweekly). At 29 weeks of gestation, her platelet count suddenly and severely dropped. Thus, at 30 weeks of gestation, a caesarean section was performed, and she delivered a baby (1522g BW) with congenital heart failure due to a ventricular septum defect (details will be published elsewhere by the physicians in charge).

Family USS-L

Patients

Two females (USS-L2 born in 1967 and USS-L3 born in 1972).

Brief clinical data

Both patients USS-L2 (*ADAMTS13* genotype: p.618A-p. Q1302X/p.R125fsX6-p.T339R-p.Q448E) and -L3 (*ADAMTS13* genotype: p.618A-p.Q1302X/p.R125fsX6-p.T339R-p.Q448E) were born as the second and fifth of five children to non-consanguineous parents. The history of these two patients was previously described [12]. At 27 years of age, USS-L2 became pregnant. At 27 weeks of gestation, she had intrauterine foetal death due to a suspected diagnosis of HELLP (haemolysis, elevated liver-enzymes, low platelets) syndrome. However, she

subsequently had four children who were all premature and uniformly born at approximately 30 weeks of gestation by a caesarean section with oral aspirin. Patient USS-L3, the younger sister of USS-L2, was diagnosed with ITP at 3 years of age. She had two pregnancies at 25 and 27 years of age. However, she lost both babies at 23 and 24 weeks of gestation, respectively, under a suspected diagnosis of 'habitual abortion'.

Family USS-M

Patients

Two females (USS-M3 born in 1969 and USS-M4 born in 1971).

Brief clinical data

USS-M3 (ADAMTS13 genotype: p.R193W/ Patients p.R349C) and USS-M4 (ADAMTS13 genotype: p.R193W/ p.R349C) were born as the second and third of four children to non-consanguineous parents. The history of USS-M3 was previously described [12]. USS-M3 was primigravida at 33 years of age, and at 20 weeks of gestation she miscarried with overt TTP. The history of her younger sister, USS-M4, was also previously reported [12]. However, recently Kato et al. [44] reported a more detailed account of the pregnancy of USS-M4, to which we have to make some corrections. According to that report, USS-M4 became primigravida at 28 years of age. Until 28 weeks of gestation, the pregnancy was uneventful when she suddenly stopped feeling foetal movement, resulting in intrauterine foetal death and a subsequent diagnosis of HELLP syndrome. One year later, at the age of 29, she became pregnant for the second time. She was diagnosed with ITP and treated with prednisolone therapy until 37 weeks of gestation, but with incremental low platelet counts (approximately 23×10^9 L⁻¹). Soon after this, she underwent a caesarean section after receiving concentrated platelet infusions that transiently increased her platelet counts to 96×10^9 L⁻¹. As a result, she delivered a healthy baby. At 32 years of age, she became pregnant for the third time. At 20 weeks of gestation, she developed DIC followed by multi-organ failure, despite extensive treatments, including platelet transfusions. By this time, she had been diagnosed with USS and had undergone ADAMTS13 analysis, along with her elder sister, USS-M3. At the age of 36, USS-M4 became pregnant for a fourth time. With extensive FFP infusions, she continued her pregnancy until 36 weeks of gestation and delivered a healthy baby (2506 g BW) by natural birth with a skin incision [44].

Family USS-N

Patient

One female (USS-N6) born in 1986.

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Brief clinical data

Patient USS-N6 (*ADAMTS13* genotype: p.**H234R**-p.P475S/c.3220delTACC) was born as the last of four children to nonconsanguineous parents. She had a history of severe neonatal jaundice and childhood thrombocytopenia. Her clinical data were previously reported [11,37]. Of note, she developed a thrombotic occlusion of the left carotid artery at 11 years of age that resulted in right hemiparesis. Subsequently, she developed hypertension and proteinuria, but these clinical signs have significantly improved during a long clinical course with prophylactic FFP infusions, although some neurological sequelae have persisted (communication with Dr Seiji Kinoshita)

Family USS-O

Patient

One female (USS-O4) born in 1958.

Brief clinical data

Patient USS-O4 (*ADAMTS13* genotype: p.I178T/p.Q929X) was the second of two children to non-consanguineous parents. The history of USS-O4 was previously described [12]. At the age of 26, USS-O4 became pregnant. At 23 weeks of gestation, she developed thrombocytopenia and delivered a premature infant at 25 weeks of gestation who died soon after birth. After delivery, she developed overt TTP that was rescued with plasma exchange. At 31 years of age, she became pregnant for the second time while receiving prophylactic FFP infusions every 1–2 weeks. At 8 weeks of gestation, she developed proteinuria and thrombocytopenia, and therefore received more frequent FFP infusions. At 36 weeks of gestation, she delivered a healthy baby girl.

Family USS-P

Patient

One male (USS-P3) born in 1971.

Brief clinical data

The clinical data for patient USS-P3 (*ADAMTS13* genotype: p.C908Y/p.C322G-p.T323R-p.F324L, *de novo* mutation) were previously described [45]. Briefly, USS-P3 was the second of four children to non-consanguineous parents. The first and fourth siblings died of an abortion at 6 and 22 weeks of gestation, respectively, due to unknown causes. At 3 years of age, USS-P3 had clinical signs of overt TTP, which was efficiently treated with FFP infusions. He was repeatedly treated with FFP infusions when overt TTP developed. Thus, after 21 years of age, the prophylactic FFP infusions were continued.

Family USS-Q

Patients

Two males, (USS-Q1) born in 1983 and (USS-Q2) born in 1988

Brief clinical data

Patients USS-Q1 (*ADAMTS13* genotype: **p.G227R**-p.G1181R/**p.C908Y**) and -Q2 (*ADAMTS13* genotype: **p.G227R**-p.G1181R/**p.C908Y**) were the first and third of three children to non-consanguineous parents. Their detailed clinical data during childhood were reported in 1990 [46].

Family USS-R

Patient

One female (USS-R5) born in 1982.

Brief clinical data

USS-R5 (*ADAMTS13* genotype: **p.R193W**/p.T339R-p.Q448E-**p.A606P**-p.P618A) was the last of three children to nonconsanguineous parents. The history of USS-R5 was previously reported [12]. Briefly, at 23 years of age, she became pregnant. At 23 weeks of gestation, she developed mild thrombocytopenia, and at 31 weeks of gestation, she had sudden intrauterine foetal death. After a caesarean section, she developed overt TTP, which was treated with plasma exchange and steroids. On this occasion, she was diagnosed with USS after her ADAMTS13 activity and ADAMTS13 inhibitor status were analysed. This patient did not receive prophylactic FFP infusions.

Family USS-S

Patient

One male (USS-S3) born in 1982.

Brief clinical data

USS-S3 (*ADAMTS13* genotype: undetermined) was born to non-consanguineous parents. Neither his childhood nor family history have been obtained. The patient was clinically diagnosed with USS at a nearby hospital when he was 4 years old. Since then, he has received prophylactic FFP infusions every 1 weeks at the same hospital. In 2002, USS-S3 was confirmed to have a severe deficiency in ADAMTS13 activity in the absence of ADAMTS13 inhibitors. Furthermore, the ADAMTS13 activities for his father and mother were 34.2% and 47.6%, respectively. This family has not been examined for *ADAMTS13* gene mutations.

Family USS-T

Patient

One female (USS-T4) born in 1981.

Brief clinical data

USS-T4 (*ADAMTS13* genotype: **c.3220delTACC**/**c.3220delTACC**) was born as the second of two children to nonconsanguineous parents. Soon after birth, she developed severe neonatal jaundice and received exchange blood transfusion for three times [47]. One month after birth, she developed haematuria with thrombocytopenia, which led to a clinical diagnosis of USS. She received DDAVP infusion once at the age of 4, by which her platelet count promptly dropped and her clinical signs were aggravated, in accord with a transient disappearance of larger VWFMs from plasma [47]. Thus, she has received prophylactic FFP infusions every 2 weeks since 1992.In 1998, USS-T4 was confirmed to have a severe deficiency in ADAMTS13 activity in the absence of ADAMTS13 inhibitors. She had a homozygous *ADAMTS13* gene mutation of **c.3220del TACC**/**c.3220delTACC** (exon 24).

Family USS-U

Patient

One female (USS-U3) born in 1990.

Brief clinical data

USS-U3 (*ADAMTS13* genotype: **c.2259delA/c.2259delA**) was born as the second of two children to consanguineous parents (second cousins). Soon after birth, she developed severe neonatal jaundice that required an exchange transfusion. She was clinically diagnosed with USS at 4 months of age. In 1998, USS-U3 was confirmed to have a severe deficiency in ADAMTS13 activity but no ADAMTS13 inhibitors. She was homozygous for an *ADAMTS13* gene mutation of **c.2259delA/c.2259delA** (exon 19). This patient has continued prophylactic FFP infusions.

Family USS-V

Patient

One female (USS-V3) born in 1983.

Brief clinical data

USS-V3 (*ADAMTS13* genotype: **p.W1081X/p.R193W**) was born as the second of two children to non-consanguineous parents. Soon after birth, she developed severe neonatal jaundice that required an exchange blood transfusion. She was clinically diagnosed with USS at 4 years of age. In 1998,

USS-V3 was confirmed to have a severe deficiency in ADAMTS13 activity but no ADAMTS13 inhibitors. She had a compound heterozygous ADAMTS13 gene mutation with p.W1081X (exon 24) from her father and p.R193W (exon 6) from her mother. The patient has been administered FFP infusions on demand.

Family USS-W

Patient

One female (USS-W4) born in 1990.

Brief clinical data

USS-W4 (*ADAMTS13* genotype: p.Q448E-**p.G550R**/p.P475S) was born as the second of two children to non-consanguineous parents. She did not have episodes of severe jaundice as a newborn. At 2 years of age, she developed pneumonia followed by thrombocytopenia. Since then, she has had repeated episodes of thrombocytopenia and haemolytic anaemia that have coincided with various infections, resulting in a diagnosis of Evans syndrome. In 2005, USS-W4 was confirmed to have a severe deficiency in ADAMTS13 activity in the absence of ADAMTS13 inhibitors. ADAMTS13 gene analysis in USS-W4 suggested that she was a compound heterozygote with a p.G550R (exon 14) mutation from her father and an unidentified DCM from her mother. This patient has received prophylactic FFP infusions every 2 weeks.

Family USS-X

Patient

One female (USS-X5) born in 1963.

Brief clinical data

USS-X5 (ADAMTS13 genotype: p.G1181R/p.P475S) was the last of four children to non-consanguineous parents. She did not have severe neonatal jaundice or childhood thrombocytopenia. She had two pregnancies at the ages of 24 and 26 years that yielded two children. During her first pregnancy, she had pregnancy-induced hypertension, but the details are unknown. At 32 years of age, she developed nephrotic syndrome, followed by repeated haemolytic anaemia and thrombocytopenia of an unknown cause. None of the laboratory markers were indicative of connective tissue disease. She underwent a splenectomy at the age of 36. In 2004, she had a relapse of nephrotic syndrome with haemolytic anaemia and thrombocytopenia that was treated with high-dose steroid therapy with limited success. At this time, her plasma ADAMTS13 activity levels and ADAMTS13 inhibitor status were examined, and she was determined to have a severe deficiency in ADAMTS13 activity in the absence of ADAMTS13 inhibitors. The same results were obtained 6 months later with a different plasma specimen. An ADAMTS13 gene analysis in USS-X5 identified no DCMs, but revealed two SNPs of p.P475S from her mother and p.G1181R from her father. In 2007, she developed systemic lupus erythematosus (SLE) and was moved to a different hospital, after which we were unable to follow her clinical and laboratory data. From these results, USS-X5 could be considered to be a possible USS.

Family USS-Y

Patient

One female (USS-Y3) born in 1960.

Brief clinical data

USS-Y3 (ADAMTS13 genotype: p.G385E/p.R1206X) was the last of three children to non-consanguineous parents. It is unclear whether this patient had a history of severe neonatal jaundice. However, during childhood she had an episode of thrombocytopenia and was diagnosed with ITP. She has a history of fresh whole blood transfusions, although the details are unclear. Since then, she had no remarkable changes. However, at 45 years of age, she suddenly developed thrombocytopenia and haemolytic anaemia, leading to a diagnosis of Evans syndrome. On this occasion, her physician noted many schistocytes on her blood film, and USS-Y3 was confirmed to have a severe deficiency in ADAMTS13 activity in the absence of ADAMTS13 inhibitors. An ADAMTS13 gene analysis determined that she was a compound heterozygote with p.G385E (exon 10) from her father and p.R1206X (exon 26) from her mother.

Family USS-Z

Patient

One female (USS-Z3) born in 1971.

Brief clinical data

USS-Z3 (ADAMTS13 genotype: p.R193W/p.R193W) was the last of three children to consanguineous parents (second cousins). Her clinical data were previously described [12]. Briefly, she became pregnant for the first time at 25 years of age, and at 12 weeks of gestation, she developed thrombocytopenia and was diagnosed with pregnancy-associated ITP. At 32 weeks of gestation, she had a live birth by caesarean section, and then developed overt TTP, which was treated with daily plasma exchange. This patient was referred to our laboratory in 1998, and USS-Z3 was confirmed to have a severe deficiency in ADAMTS13 activity in the absence of ADAMTS13 inhibitors. This patient did not receive prophylactic FFP infusions, and she had more than five TTP episodes between 1998 and 2005. Each episode was treated with 320 mL plasma infusions. She has been receiving prophylactic FFP infusions every 2 weeks.

Family USS-AA

Patient

One female (USS-AA3) born in 1987.

Brief clinical data

USS-AA3 (ADAMTS13 genotype: not performed) was the first of two children born to non-consanguineous parents. She had neither an apparent history of severe neonatal jaundice nor thrombocytopenia during childhood. At 19 years of age, she suddenly developed petechiae, and her laboratory data indicated severe thrombocytopenia and haemolytic anaemia. Thus, her ADAMTS13 activity was examined and revealed a severe deficiency in ADAMTS13 activity but no ADAMTS13 inhibitors. Plasma exchange therapy was performed, and her platelet counts normalised. One month later, her ADAMTS13 activity and ADAMTS13 inhibitor status were re-tested and yielded the same results. In addition, her family members had the following ADAMTS13 activities: father (32%), mother (53%), and younger sister (46%). An ADAMTS13 gene analysis was not performed in this family because permission was not obtained. In 2009, we determined that USS-AA3 had a normal platelet count ($201 \times 10^9 L^{-1}$), but her ADAMTS13 activity was still very low (< 0.5% of normal) with no AD-AMTS13 inhibitors. Since this point, we have been unable to obtain more up-dated information on this patient.

Family USS-BB

Patient

One male (USS-BB3) born in 1947.

Brief clinical data

USS-BB3 (ADAMTS13 genotype: p.R193W/p.R193W) was the first of three children to consanguineous parents (first cousins). His younger sister died of 'purpura of unknown cause' at 23 years of age. It is unclear whether USS-BB3 experienced episodes of severe jaundice as a newborn or childhood thrombocytopenia. He was married and had three children. At 55 years of age, he developed overt TTP, which was successfully treated with plasma exchange. When he was 59 years old, he developed haematuria and was admitted to a nearby hospital, where an ADAMTS13 analysis showed that he had a severe deficiency in ADAMTS13 activity but no ADAMTS13 inhibitors. An ADAMTS13 gene analysis indicated that he was a homozygote with p.R193W (exon 6) (communication with Dr Toshi Imai, details will be reported by the physicians in charge).

Family USS-CC

Patient

One male (USS-CC5) born in 2004.

Brief clinical data

USS-CC5 (*ADAMTS13* genotype: **p.Q723K/p.R398C**) was the last of three children to non-consanguineous parents. Soon after birth, he developed Coombs-negative haemolytic anaemia and was treated with an exchange blood transfusion. At 7 months of age, he became infected with influenza A virus that aggravated his thrombocytopenia and haemolytic anaemia. At 32 months of age, he suddenly developed a transient disturbance in his ability to walk and converse. On this occasion, an ADAMTS13 analysis revealed that USS-CC5 had a severe deficiency in ADAMTS13 activity but no ADAMTS13 inhibitors. An *ADAMTS13* gene analysis indicated that he was a compound heterozygote with **p.Q723K** (exon 18) from his father and **p.R398C** (exon 10) from his mother. Since he was diagnosed with USS, he has received prophylactic FFP infusions every 2 weeks.

Family USS-DD

Patient

One female (USS-DD5) born in 2007.

Brief clinical data

USS-DD5 (ADAMTS13 genotype: p.R268P/p.Y304C) was born as the last of three children to non-consanguineous parents. One day after birth, the patient developed haematuria, petechiae, moderate jaundice, and thrombocytopenia, suggesting immune thrombocytopenia. A platelet transfusion was performed that subsequently aggravated her jaundice, which was ameliorated with albumin infusions and phototherapy from three directions. Therefore, an exchange blood transfusion was not performed. Her platelet counts were maintained around $60-100 \times 10^9 L^{-1}$, and at 15 days of age the physician infused FFP at a dose of 10 mL kg⁻¹ due to suspected USS. This treatment markedly increased her platelet counts (written information from Dr Hitoshi Miyabayashi). One month after birth, ADAM-TS13 analysis showed that the patient had a severe deficiency in ADAMTS13 activity but no ADAMTS13 inhibitors. An ADAMTS13 gene analysis determined that USS-DD5 was a compound heterozygote with p.R268P (exon 7) from her father and p.Y304C (exon 8) from her mother. The patient did not receive prophylactic FFP infusions.

Family USS-EE

Patient

One male (USS-EE4) born in 2003.

Brief clinical data

USS-EE4 (ADAMTS13 genotype: c.2259delA/c.2259delA) was born as the second child of bi-ovular twins by a caesarean delivery at 37 weeks of gestation to consanguineous parents (second cousins). Soon after birth, USS-EE4 received an exchange blood transfusion under a diagnosis of DIC. However, the other twin did not have these complications. Since then, USS-EE4 has continued to experience mild thrombocytopenia. At 18 months of age, his platelet count dropped to 11×10^9 L⁻¹, and schistocytes appeared on a blood film when the patient had a rotavirus infection. The patient subsequently experienced repeated episodes of thrombocytopenia and haemolytic anaemia associated with a variety of infectious diseases. At the age of 4 years and 7 months, the patient was admitted to a nearby hospital because of exacerbated asthmatoid bronchitis together with severe thrombocytopenia $(4 \times 10^9 \text{ L}^{-1})$. After being diagnosed with ITP, the patient was administered high-dose immunoglobulin therapy with steroid therapy, but there was no clinical improvement (written information from Dr Masahiro Migita). ADAMTS13 analysis showed severe deficiency in ADAMTS13 activity but no ADAMTS13 inhibitors. ADAMTS13 gene analysis in USS-EE4 identified a homozygous mutation of c.2259delA (exon 19). This patient did not receive prophylactic FFP infusions.

Family USS-FF

Patient

One female (USS-FF3) born in 1991.

Brief clinical data

USS-FF3 (*ADAMTS13* genotype: **p.Q449X/p.Q449X**) was born as the first of two children to non-consanguineous parents [48]. As a newborn, the patient had moderate jaundice that required phototherapy, but no exchange blood transfusion was required. She also had a history of chronic thrombocytopenia as a newborn, but did not receive specific treatment. At 6 years of age, she developed severe thrombocytopenia and haemolytic anaemia, and ADAMTS13 analysis revealed a severe deficiency in ADAMTS13 activity but no ADAMTS13 inhibitors. *ADAMTS13* gene analysis was performed at the laboratory of Dr David Ginsburg, where a homozygous mutation of **p.Q449X** (exon 6) was identified ([40] and written communication with Dr Yoji Sasahara). Since the USS diagnosis was confirmed, the patient has received FFP infusions (5 mL kg⁻¹) every 2 weeks.

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Family USS-GG

Patient

One male (USS-GG2) born in 1931.

Brief clinical data

USS-GG2 (ADAMTS13 genotype: p.C1024R/p.C1024R) was born as the fifth of seven children to consanguineous parents (first cousins). The ancestors of this family can be traced back to Kochi on Shikoku Island. The first two siblings died of an unknown aetiology during childhood. Interestingly, USS-GG2 suddenly developed overt TTP with neurological signs at 63 years of age and was admitted to a nearby hospital. Before this, he had never had an episode of anaemia or thrombocytopenia. He was treated with plasma infusions because plasma exchange was not readily available at that hospital. The next day, his neurological signs dramatically improved. He subsequently has experienced repeated episodes of overt TTP, resulting in a clinical diagnosis of CR-TTP, which was treated with biweekly prophylactic FFP infusions (320-480 mL per each). However, at 77 years of age, he had cerebellar bleeding. Thus, he received an ADAMTS13 analysis that showed a significant reduction in ADAMTS13 activity (2.4-3.4% of normal on three different occasions) but no ADAMTS13 inhibitors. An ADAMTS13 gene analysis revealed that he was a p.C1024R/p.C1024R (exon 24) homozygote, confirming the USS diagnosis. Under prophylactic FFP infusions, he was alive until 79 years old, but he suddenly died of stroke in 2011 at the age of 79 (communication with Dr Fumihiro Taguchi, details will be published elsewhere by the physician in charge).

Family USS-HH

Patient

One female (USS-HH4) born in 2003.

Brief clinical data

USS-HH4 (ADAMTS13 genotype: p.Q449X/c.4119delG) was born as the second of two children to non-consanguineous parents. Soon after birth, she developed Coombs-negative haemolytic anaemia that was treated with an exchange blood transfusion. In 2005, she had three episodes of thrombocytopenia and haemolytic anaemia that occurred concomitantly with fever or the chicken pox. Therefore, her ADAMTS13 activity was assayed, and she was determined to have a severe deficiency in ADAMTS13 activity but no ADAMTS13 inhibitors. ADAM-TS13 gene analysis revealed that she was a compound heterozygote with p.Q449X (exon 12) from her father and c.4119delG (exon 29) from her mother. Although she had a history of severe neonatal jaundice followed by an exchange blood transfusion, she subsequently has only had mild clinical signs and has not received prophylactic FFP infusions. She receives FFP infusions only when her platelet count severely drops.

Family USS-II

Patient

One female (USS-II3) born in 1977.

Brief clinical data

USS-II3 (ADAMTS13 genotype: not performed) was born by a caesarean section as the fourth and final pregnancy of her mother at 40 weeks of gestation. Her parents were nonconsanguineous. Her mother had previously had two abortions (5 and 3 months of gestation) and a stillbirth (9 months of gestation) before USS-II3 was born. On the second day after birth, USS-II3 was treated with an exchange blood transfusion because of severe jaundice and thrombocytopenia. One month later, the patient was discharged but the thrombocytopenia continued, suggesting ITP. Since then, she has received whole blood transfusions when her platelet counts have dropped to $10 \times 10^3 \text{ L}^{-1}$. At 9 months of age, the patient was clinically diagnosed with TTP. She was administered FFP infusion when severe thrombocytopenia developed. At 10 years of age, she underwent a splenectomy but there was no clinical improvement. The prophylactic FFP infusions have continued. At 21 years of age, she was diagnosed with USS after it was determined that she had a severe deficiency in ADAMTS13 activity but no ADAMTS13 inhibitors. She currently receives prophylactic FFP infusions (120 mL) every week.

Family USS-JJ

Patient

One male (USS-JJ3) born in 1980.

Brief clinical data

USS-JJ3 (ADAMTS13 genotype: c.1885delT/p.C908Y) was born as the last of four children to non-consanguineous parents. He had no history of exchange blood transfusions as a newborn. At 2 years of age, he suddenly complained of abdominal pain and developed haemolytic anaemia, haematuria, and thrombocytopenia. On this occasion, he was diagnosed with acute renal insufficiency due to diarrhoeanegative atypical HUS at a nearby hospital. Under this diagnosis, he received conservative therapy, including heparin, anti-platelet drugs, and red blood cell transfusion, but no platelet or FFP infusions. Over the next 14 years, he occasionally experienced overt HUS. At 12 years of age, his physician noticed that the FFP infusions were highly effective and improved his clinical manifestations, suggesting a clinical diagnosis of CR-TTP. Since 1996, he has received FFP infusions (160-240 mL per each) when his platelet counts have dropped below 100×10^9 L⁻¹, and has been administered FFP infusions of greater volumes (320-480 mL) during instances of overt TTP. In 1998, he was diagnosed with USS after an

ADAMTS13 analysis revealed a severe deficiency in ADAMTS13 activity but no ADAMTS13 inhibitors. Furthermore, he was a heavy drinker, which increased the frequency of overt TTP. Under these unhealthy conditions, the prophylactic FFP infusions were sometimes interrupted. Thus, when he was 25 years old, he experienced a cerebral infarction and the prophylactic FFP infusions were re-started. Nevertheless, 1 year later, he had severe renal insufficiency that required haemodialysis. Thus, he currently receives maintenance dialysis therapy and prophylactic FFP infusions of 240 mL per week. In 2009, an ADAMTS13 activity analysis revealed a severe deficiency in ADAMTS13 activity but no ADAMTS13 inhibitors. *ADAMTS13* gene analysis revealed that he was a compound heterozygote with **c.1885delT** (exon 16) and **p.C908Y** (exon 21), but that was not performed to his parents.

Family USS-KK

Patient

One female (KK3) born in 1976.

Brief clinical data

USS-KK3 (ADAMTS13 genotype: not performed) was born as the second of three children to non-consanguineous parents. She had no history of exchange blood transfusion during the newborn period. At the age of 2, she developed thrombocytopenia and was diagnosed of ITP. She received a steroid therapy for thrombocytopenia at the age of 17 but without improvement, and then received splenectomy. As a university student at the age of 20, she developed thrombocytopenia and haemolytic anaemia after heavily drinking alcohol, and on this occasion she was clinically diagnosed of TTP at Shinshu university hospital in Nagano. A diagnosis of CR-TTP was made by Dr Miha Furlan at University of Bern in 1998, after ADAMTS13 analysis, which showed a severe deficiency of the activity but without its inhibitors (these results were re-confirmed in March 2011 using chromogenic act-ELISA). Her mother and two siblings had a slightly decreased ADAMTS13 activity (25–50%) (communication with Drs Fumihiro Ishida and Hikaru Kobayashi). Now, the patient receives the prophylactic FFP infusions (240 mL per each) every 3 weeks. ADAMTS13 gene analysis has not been performed.

Family USS-LL

Patient

One female (LL4) born in 1981.

Brief clinical data

USS-LL4 (*ADAMTS13* genotype: **p.C438S**/p.T339R-p.Q448E-p.P618A-**p.G909R**) was born as the last of two children to non-consanguineous parents. She had no history of exchange blood transfusion during the newborn period. At the age of 14, she was diagnosed of HUS of unknown aetiology,

and received haemodialysis. During 1996-2001, she repeated overt TTP when she had various infectious diseases, and in each occasion she was treated with FFP infusions. In 2002, she was diagnosed of USS after analysing ADAMTS13, showing a severe deficiency of the activity but without its inhibitors in our laboratory. Since then, however, a low-titer ADAMTS13 inhibitor (< 1.4 BU mL⁻¹) was detected on a few occasions, but its clinical significance was not well evaluated. Her parents and elder sister are asymptomatic and have a slightly decreased ADAMTS13 activity (27–57%). The ADAMTS13 gene analysis in this patient revealed a compound heterozygote of p.C438S (exon 12) from her father and p.G909R (exon 21) from her mother. She had been treated with FFP infusions on demand. Most recently, she has become pregnant, and her inhibitor titers have remained below 0.5 BU mL⁻¹. Thus, the prophylactic FFP infusions (10 mL kg BW⁻¹) have been started biweekly, and so far no increase of ADAMTS13 inhibitor titer has been observed (communication with Dr Yoshiyuki Ogawa).

Characterisation and allelic numbers of ADAMTS13 gene mutations in Japanese patients with USS

Of our 43 USS-patients, 39 received an ADAMTS13 gene analysis while it was not performed in four patients (USS-S3, AA3, II3 and KK3). Nine of these 39 USS-patients were homozygous for ADAMTS13 gene mutations, and 29 were the compound heterozygotes, including one patient (USS-W4) with p.G550R mutation on one allele while DCM on the other allele was unidentified. In the remaining patient (USS-X5), two SNPs (p.P475S/p.G1181R) but no DCMs were identified on each allele. Of these 39 USS-patients, five were siblings that each belonged to different families. Thus, the 65 $[2 \times (39 - 5) - 3]$ allelic numbers of DCMs in these patients are summarised in Table 3. Interestingly, these mutations are quite different from those reported in the US and Western countries [3,49–66], except for p.R268P. However, the p.R349C mutation was previously reported in a Chinese USS patient in Hong Kong [67], and c.330 + 1G > A was identified in a Korean patient [68]. Thus, it is likely that specific ADAMTS13 gene mutations are more common among certain ethnicities. In this regard, the mutation of **p.R268P** is quite unique, as the same mutation was reported by Veyradier *et al.* [55] in France, but in a Haitian patient.

The ADAMTS13 gene mutation with the highest frequency in Japan was $\mathbf{p.R193W}$ (n=8), followed by the remaining alleles in order of descending frequency: $\mathbf{p.Q449X}$ (n=5), $\mathbf{p.C908Y}$ (n=4), $\mathbf{c.2259delA}$ (n=4), etc. The $\mathbf{p.Q449X}$ mutation was localised to the northern part (Tohoku) of Honshu, $\mathbf{c.2259delA}$ to Kyushu, $\mathbf{p.C908Y}$ to western Japan, and $\mathbf{p.R193W}$ to a relatively wide area across Japan but more frequently in western Japan, suggesting some geographical specificity in these mutations (Fig. 1).

Plasma levels of ADAMTS13 activity, ADAMTS13 inhibitor, and IgG-type anti-ADAMTS13 binding antibody in USS-patients

Most of our USS-patients had the plasma levels of ADAM-TS13 activity with a < 0.5% of the normal (Table 1), but USS-GG2 alone had the ADAMTS13 activity of 2.4–3.4% of the normal, measured in three different occasions, as described above. Further, seven USS-patients (USS-F3, J3, K3, H3, Q1, S3, and LL4) had a trace amount of ADAMTS13 activity (0.6–1.8% of the normal) on some occasions, of whom four patients (USS-J3, K3, Q1, and LL4) had the ADAMTS13 activity below 0.5% of the normal in different occasions. The reason for this slight variation of plasma ADAMTS13 activity in our patients is presently unknown.

As for the ADAMTS13 inhibitors, all of our USS-patients had plasma levels of $< 0.5~BU~mL^{-1}$, with one exception (USS-LL4), who showed the inhibitor titers ranging from < 0.5–1.4 BU mL⁻¹.

In regard to the IgG-type anti-ADAMTS13 binding anti-body, 36 of 43 USS-patients did not have it (shown as the titer of 25 or $< 25 \times$ in Table 1). However, seven patients (USS-K3, K4, X5, AA3, EE4, II3, and LL4) had the antibody titers ranged from 50 to $400 \times$ on some occasions. Clinical significance of the IgG-type anti-ADAMTS13 binding antibody is also unclear at moment, but notably six of these seven patients are female.

Table 3 Summary of 65 allelic numbers of ADAMTS13 disease-causing gene mutation out of 69 mutations in 35 Japanese patients with USS (five siblings)

\geq 2 Allelic numbers ($n = 11$)	Allelic numbers	One allelic number ($\dot{n} = 28$)			
p.R193W	8	p.I178T	p.A606P		
p.Q449X	5	p.G227R	p.Q723K		
p.C908Y	4	p.H234R	p.G909R		
c.2259del A	4	p.H234Q	p.Q929X		
c.414 + 1G > A	3	p.A250V	p.W1081X		
c.3220delTACC	3	p.R312C	p.R1123C		
p.R268P	2	p.C322G/p.T323R/ p.F324L	p.Q1302X		
p.Y304C	2	p.R349C	c.372insGT		
p.I673F	2	p.G385E	c.1885delT		
p.C1024R	2	p.R398C	c.3198delCT		
p.R1206X	2	p.C438S	c.4119delG		
		p.C508Y	c.330 + 1G > A		
		p.G525D	c.686 + 1G > A		
		p.G550R	c.1244 + 2T > G		



Fig. 1. Geographical distribution of 43 Japanese patients with USS and their *ADAMTS13* gene mutations. Among 43 USS patients, an *ADAMTS13* gene analysis was performed in 39 patients. Nine of the 39 USS patients had homozygous *ADAMTS13* gene mutations, and 29 were the compound heterozygotes, including one patient (USS-W4: patient no 28) with disease-causing mutation (DCM) on one allele while the other was unidentified. In the remaining one patient (USS-X5: patient no 29), two single nucleotide polymorphisms (SNPs), p.P475S and p.G1181R, but not DCMs were identified on each allele. The p.Q449X mutation localised to the northern part (Tohoku) of Honshu, c.2259delA to Kyushu, p.C908Y to western Japan, and p.R193W to a relatively wide area across Japan. Circled numbers indicate the patients shown in Tables 1 and 2.

Discussion

Since ADAMTS13 was originally discovered, one major question has been why USS-patients who consistently lack ADAMTS13 activity do not always experience acute symptoms of overt TTP. Furthermore, symptoms often become evident only when the patients have infections or become pregnant [12,69]. In both instances, vascular endothelial cell injury may be involved, and these cases have been indirectly associated with elevated plasma levels of cytokines or soluble thrombomodulin [70]. Consistent with these observations, studies on two different groups of ADAMTS13 gene knockout mice revealed that UL-VWFMs were detectable in the blood, although the mice did not exhibit acute symptoms [71,72]. Considering these results, investigators have assumed that a deficiency in ADAMTS13 activity is prothrombotic, but alone is insufficient to provoke acute symptoms. Thus, second hits or triggers must exist. Related to this hypothesis, it has been said that there are two clinical features of USS, termed the 'early-onset' and 'late-onset' phenotypes. To partially address this question, we have extensively analysed the natural histories and ADAMTS13 genotypes of 43 Japanese patients with USS.

This study has two advantages. One advantage is that Japan basically has four small islands, Hokkaido, Honshu, Shikoku,

and Kyushu that make tracing the ancestral roots of a targeted USS family favourable. This is because USS patients tend to live near their parents or healthy relatives to receive medical support when they develop overt signs of TTP. In fact, before ADAMTS13 was discovered in 2001, nine patients were clinically diagnosed with USS or congenital CR-TTP in Japan, and none of these patients have moved to other areas or countries. The other advantage of this study can be attributed to the development of two convenient ADAMTS13 activity assays in our country, FRETS-VWF73 [29] and the chromogenic ADAMTS13-ac-ELISA [28]. Both assays are now used worldwide, and in 1998 Nara Medical University started voluntarily using the VWFM assay to meet the requests of clients across Japan. In 2005, the act-ELISA shortened the time required to diagnose TTP, and more importantly facilitated the identification of new USS-patients in Japan.

Although severe neonatal jaundice that requires exchange blood transfusion has been a hallmark of USS, this clinical sign was only present in 18 of 43 (42%) patients in this study. Because of this just four (/18) physicians correctly diagnosed their patient with USS before the patient reached 6 months of age, whereas 10 (/18) physicians required 6 years to reach a diagnosis of USS. On the other hand, among 25 USS patients without severe newborn jaundice, two (/25) were correctly diagnosed within

6 months of age, and six (/25) were diagnosed within 6 years. As a whole, 25 of 43 (58%) USS patients were correctly diagnosed before they reached 15 years of age, including 12 females and 13 males, indicating that there is no gender disparity in diagnosing USS during childhood. These 25 patients would be unanimously considered to have the 'early-onset phenotype'. However, the remaining 18 USS patients were diagnosed after 15 years of age. This raises the question of whether these patients were the true 'late-onset phenotype' or not. One particularly interesting result was that 15 (/18) patients were diagnosed between 15 and 45 years of age, and interestingly they were all female. Furthermore, among these 15 female patients, nine were diagnosed in association with pregnancy. The remaining three patients (USS-H3, -BB3, and -GG2) were diagnosed after 45 years of age, and they were all male, which sharply contrasts the previous scenario. Thus, the natural history of these three male patients appeared to be an excellent means to analyse the pathogenesis of the 'late-onset phenotype'. Among these patients, USS-H3 with a p.A250V/c.330 + 1G > A genotype had an episode of thrombocytopenia, but there are few clinical details and the patient died of renal failure in 2002 [42], Thus, no further results on USS-H3 are available.

However, two other males, USS-BB3 and USS-GG2, had received annual health examinations during adulthood, and there were no apparent abnormalities until sudden and overt TTP developed at 55 and 63 years of age, respectively. This may indicate that the clinical signs of TTP were very mild during their childhood and adulthood, and any symptoms might have been attributed to isolated mild thrombocytopenia. Interestingly, these two elderly men carried two different ADAMTS13 gene mutations, p.R193W/ homozygous p.R193W and p.C1024R/p.C1024R, respectively. We previously reported that the p.R193W protein was present in the plasma of patient USS-Z3 [12,73]. In this study we also determined that the p.C1024R protein was present in the plasma of patient USS-GG2 (data not shown). Furthermore, in vitro expression studies using HeLa cells that were transfected with either of these two mutant gene plasmids showed that each protein was consistently secreted into the culture medium but had much reduced activity compared to the wild-type protein ([39] and unpublished data). Consistent with these observations, the ADAMTS13 activity of patient USS-GG2 was mildly reduced (2.4-3.4% of the normal) on three different occasions. As for the homozygous p.R193W/p.R193W mutation, we identified another female patient (USS-Z3) who was correctly diagnosed with USS at 27 years of age as a result of pregnancy-associated TTP at 25 years of age. Her past history was well recorded, and indicated that she had mild jaundice as a newborn and thus did not receive an exchange blood transfusion. However, she was diagnosed with ITP with isolated thrombocytopenia at 7 years of age. Taken together, these results indicate that the phenotype of the homozygous p.R193W/p.R193W mutation is mild. Therefore, patients carrying this mutation would presumably have mild thrombocytopenia during childhood, as shown in USS-Z3, unless they are exposed to strong stimuli such as a cytokine storm during influenza virus infection. However, after adolescence the gender disparity apparently determines the fate of these USS-patients. Pregnancy undoubtedly is a strong inducer of overt TTP in female USS-patients, although the pathogenesis is not fully elucidated. However, it is now well established that plasma VWF levels remarkably increase as gestation progresses, along with the appearance of UL-VWFMs, which are accompanied by reduced ADAMTS13 activity due to consumption, even in normal pregnant women [74,75]. Thus, in pregnant USS women, an enormous excess of the substrate (larger VWFM) relative to the ADAMTS13 enzyme is the most plausible pathogenic mechanism.

As a consequence, our studies here have re-confirmed that pregnancy, influenza infection, and DDAVP administration can be the strong triggers inducing overt TTP in USS-patients. Besides, now it is indicated that the aging, interferon therapy, and heavily drinking alcohol could be additional modifiers aggravating clinical signs of USS-patients.

Given that the p.R193W mutation is a frequent DCM for USS in Japan, male patients carrying this mutation might not exhibit clinical signs of thrombosis at a younger age. However, as they age, multi-factorial endogenous and exogenous causes mentioned above would facilitate thrombotic events, leading to brain infarctions and chronic renal failure as a result of microcirculation disturbances. We speculate that thrombotic events in the brain or kidney, which still have an unknown pathogenesis, might result from ADAMTS13 gene abnormalities. Our examination of the natural history in this large cohort of USS-patients with ADAMTS13 mutations may shed light on these important diseases. Thus, here we emphasise again an importance of the assay for ADAMTS13 activity as a routine test to make and/or exclude a diagnosis of USS, when physicians meet the patients with thrombocytopenia of unknown aetiology, not only in childhood but also in adulthood.

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Disclosure of Conflict of Interests

YF is a clinical advisory board for Baxter Bioscience.

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\square CASE REPORT \square

H1N1 Influenza (Swine Flu)-Associated Thrombotic Microangiopathy with a Markedly High Plasma Ratio of von Willebrand Factor to ADAMTS13

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Abstract

We describe an 18-year-old woman infected with H1N1 influenza followed by thrombotic microangiopathy. During the acute phase, her plasma levels of von Willebrand factor (VWF) were remarkably elevated, whereas those of ADAMTS13 were reduced without its inhibitors, generating a markedly high ratio of VWF to ADAMTS13 in circulation. A retrospective analysis established the following hypothesis: an influenzamediated cytokine storm induced an enhanced release of unusually large VWF multimers (UL-VWFM) from vascular endothelial cells, generating platelet thrombi in microcirculatures under high shear stress. Plasma exchange removed UL-VWFM and cytokines, and rescued her life. This report sheds a light on a hitherto unrecognized influenza complication.

Key words: swine influenza, TMA, cytokine storm, UL-VWFM, ADAMTS13

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Introduction

Thrombotic microangiopathies (TMAs) are pathological conditions, characterized by organ dysfunction due to platelet thrombi in the microvasculature, consumptive thrombocytopenia, and microangiopathic hemolytic anemia (MAHA). Two typical phenotypes of TMAs are thrombotic thrombocytopenic purpura (TTP) and hemolytic uremic syndrome (HUS) (1). But, other diseases such as HELLP syndrome (hemolysis, elevated liver enzymes, and low platelet syndrome) associated with pregnancy-induced hypertension are also included in a category of TMA.

ADAMTS13 (a disintegrin-like and metalloproteinase with thrombospondin type 1 motif, member 13) is a metalloprotease which specifically cleaves the Tyr1605-Met1606 bond in the von Willebrand factor (VWF) A2 domain (2). In the absence of ADAMTS13 activity (ADAMTS13: AC), unusually large VWF multimers (UL-VWFM) released from vascular endothelial cells (EC) are not appropriately cleaved,

accumulate in circulation, and induce generalized formation of platelet thrombi in the microvasculature under conditions of high shear stress. This results in TTP, a life-threatening disease. Currently, a severe deficiency of ADAMTS13: AC due to the genetic mutations or acquired autoantibodies is thought to be a specific feature for TTP (3).

The accumulation of UL-VWFM in the circulation is alternatively achieved under conditions of an extremely low enzyme-to-substrate (E/S) ratio, when the plasma level of UL-VWFM is substantially higher than that of ADAMTS13, which is mainly produced in the liver (4). This scenario often occurs when there are high plasma levels of cytokines such as interleukin (IL)-6 and its receptor complex, IL-8, and tumor necrosis factor (TNF)-α. This condition, termed cytokine storm, which stimulates the release of UL-VWFM from vascular EC (5), can develop in the context of connective tissue disease, organ transplantation, and sepsis. In these clinical settings, a pathological diagnosis of TMA is often used in clinical practice (6).

In 1981, Wasserstein et al (7) described the first case of

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recurrent TTP in association with influenza. The pathological diagnosis was made by renal biopsy findings with features of chronic renal disease: glomeruli with thickened capillary walls and numerous 'double contours,' as well as several hyaline capillary thrombi, accompanied by MAHA and thrombocytopenia. However, there have been no subsequent reports of influenza-induced TTP described since, except for cases of influenza vaccine-associated TTP (8, 9). We previously identified a 68-year-old woman with influenza A-associated TTP who had severe ADAMTS13: AC deficiency due to the production of neutralizing IgG-inhibitors (10), but we suggested that the frequency of this phenomenon is far less common.

Here, we describe an 18-year-old woman with H1N1 influenza who developed TMA with a mild reduction of plasma ADAMTS13 activity (ADAMTS13: AC) without ADAMTS 13-neutralizing autoantibodies (inhibitors) (ADAMTS13: INH), and was successfully treated with plasma exchange (PE). A retrospective analysis of plasma VWF and VWF multimers may address how influenza-induced TMA, a hitherto unrecognized complication, developed in this patient and why PE was effective.

Case Report

Clinical course: An 18-year-old woman presented to our institution, Matsudo City Hospital, with gross hematuria and massive epistaxis in August, 2009. Two days earlier she visited a nearby clinic complaining of fever and chills, where she was diagnosed with influenza and received a prescription for zanamivir 20 mg daily for 2 days. At age 4 she had an episode of atypical hemolytic uremic syndrome (HUS) associated with influenza A infection which was successfully treated by three courses of PE but she had no subsequent episodes.

On physical examination, the patient was afebrile (37.2) °C). Her heart rate was 85 beats per minute and regular, blood pressure 121/78 mmHg, respiration rate 18 breaths per minute and regular. She was alert, without any disturbances in consciousness. There were no apparent signs of bruising. The results of laboratory testing on hospital day (HD) 1-3 are shown in Table 1. Of note, prothrombin time (PT) and activated prothrombin time (A-PTT) on HD1 were within the normal ranges, but two markers of disseminated intravascular coagulation (DIC), fibrinogen degradation products (FDP) and D-dimer, were slightly increased. Thus, by the diagnostic criteria for DIC from the International Society of Thrombosis and Haemostasis (11) and from the Japanese Ministry of Health and Welfare (12), the patient had a DIC score of 4 (non-overt DIC) and 7 (overt DIC), respectively. On the other hand, the patient's plasma level of VWF antigen (VWF: Ag) was increased (191% of normal), and that of ADAMTS13: AC determined by chromogenic act-ELISA (13) was significantly reduced (37% of normal) with a marginal level of ADAMTS13: INH (0.7 Bethesda U/ mL). These results suggested that a diagnosis of TMA was preferable to TTP. Thus, on admission a differential diagnosis of DIC or TMA was not readily suggested. In fact, through the following clinical course, plasma levels of fibrinogen, PT, and A-PTT were within the normal range, however the high plasma levels of VWF: Ag and low levels of ADAMTS13: AC were consistently noted during the acute phase. Together with these results, the characteristic clinical features, such as MAHA, thrombocytopenia and renal dysfunction, a diagnosis of influenza-associated TMA rather than DIC was made. The H1N1 influenza infection was confirmed on HD 2 by genotyping.

The timing of various therapeutic interventions and relevant laboratory data trends are shown in Fig. 1A. The patient was initially treated with an infusion of 480 mL of fresh frozen plasma (FFP). Since there was no appreciable clinical improvement, we next initiated PE, which was performed on a total of 4 days (HD 2-4 and HD 6), with a single daily plasma dose of 3,000-4,200 mL. Red blood cell concentrates (RCC) were also infused with a total volume of 420 mL on HD 5, but no platelets were administered. Since no distinct anti-ADAMTS13: INH were detected, steroid therapy was not initiated. Platelet counts began to increase on HD 5 and reached the normal range on HD 9, along with the patient's clinical condition and laboratory data for MAHA and renal function. Renal biopsy performed on HD 18 showed signs of vascular endothelial cell injury, namely focal segmental endocapillary proliferative glomerulonephritis with focal segmental double contours (figure not shown).

Sequential VWF multimer analysis during the clinical course: A retrospective analysis of VWFM by vertical SDSagarose gel electrophoresis (14) was performed using plasma samples stored at -80°C. As shown in Fig. 1B, plasma levels of VWF: Ag were significantly elevated during the acute phase (HD 1-7) with a uniquely and dynamically changed multimer profile. On HD 1 the plasma VWF: Ag level was elevated but lacked High molecular weight (HMW) forms. We identified an extremely high level of plasma VWF: Ag on HD 4 and 7 along with the appearance of UL-VWFM. In sharp contrast, on HD 3 and 6, UL-VWFM and HMW-VWFM were undetectable. During the recovery stage (HD 9-23) the VWFM pattern normalized and became almost indistinguishable. Plasma levels of the cytokines IL-6, IL-8, and TNF-α, were also analyzed and found to be remarkably elevated on admission.

Discussion

Although this patient had a history of atypical HUS at age 4, she did not have any further episodes during the subsequent 14 years. It is currently recognized that there is a late-onset form of congenital ADAMTS13: AC deficiency called Upshaw-Schulman syndrome (15). However, this possibility was excluded by the measurement of ADAMTS13: AC on this occasion. Another possibility which remains is that the patient has TMA-predisposing genetic defects in complement regulatory proteins, such as factor H, factor I,

Table 1. Laboratory Findings

Hospital days	1	2	3	Normal range
Peripheral blood				
Platelet count (x109/L)	8	7	20	(130-369)
WBC ($\times 10^6/L$)	5200	6000	7300	(3500-9100)
RBC ($\times 10^{12}/L$)	3.91	3.44	2.56	(3.76-5.00)
Hb (g/dL)	11.0	9.7	7.1	(11.3-15.2)
Schistocytes on blood smear	++	++	++	(-)
Blood chemistry				
Total protein (g/dL)	7.1	7.4	6.5	(6.7-8.3)
Total bilirubin (mg/dL)	3.92	4.57	2.44	(0.2-1.2)
AST (IU/L)	123	136	70	(0-31)
ALT (IU/L)	15	19	16	(0-41)
LDH (IU/L)	3241	3974	2293	(119-234)
BUN (mg/dL)	28.2	29.8	28.3	(5.0-21.0)
Creatinine (mg/dL)	0.96	1.15	1.45	(0.4-1.0)
Antinuclear antibody (titer)	40	ND	ND	(<40)
Anti-DNA antibody (RIA: IU/mL)	<2.0	ND	ND	(<6.0)
Coagulation				
PT (sec)	13.9	11.1	13.9	(11.5-15.5)
A-PTT	35.0	30.9	26.7	(29.5-39.5)
Fibrinogen (mg/dL)	ND	352.5	357	(200-400)
Fibrin degradation products (μ g/mL)	20	38.1	7.5	(0-10)
D-dimer (μ g/mL)	17.4	18.1	2.9	(0-1.0)
VWF:Ag	191	ND	187	(50-150)
Cytokines				
TNF- α (pg/mL)	5.7	ND	ND	(0.6-2.8)
IL-6 (pg/mL)	7.6	ND	ND	(<4.0)
IL-8 (pg/mL)	18.7	ND	ND	(<2.0)
C-reactive protein (mg/dL)	3.2	2.0	2.0	(0-0.3)
ADAMTS13				
:AC (%)	37	ND	48	(50-150)
:INH (Bethesda U/mL)	0.7	ND	0.6	(<0.5)
Urinalysis				
Specific gravity	>1.030	1.020	1.015	(1.005-1.039)
Protein	2+	3+	3+	(-)
Sugar	-	-	-	(-)
Ketones	-	+/-	-	(-)
Blood	2+	3+	3+	(-)
Sediment				()
RBC/HPF	>100	4-6/EF	4-6/EF	(<1-2)
WBC/HPF	4-6	3-6/SF	10-20/EF	(<2-5)
—				\

ND: not determined

factor B, membrane cofactor protein (CD46), or most recently, thrombomodulin, an anticoagulant glycoprotein (16). However, if she had such an underlying defect, she would likely have severe renal impairment, whereas her renal dysfunction was marginal and transient; thus, it is less likely she had such genetic defects.

We have recently proposed a model for the pathogenesis of TMA, in which an extremely low circulating E/S (ADAMTS13/VWF) ratio is sufficient to cause TMA under certain rheological conditions, such as high shear stress (6). This hypothesis was drawn from previous reports (5), in which VWF release from vascular EC is upregulated in vitro by cytokines such as IL-6 (and its receptor complex), IL-8, and TNF- α , and plasma ADAMTS13: AC is thereby compensatively consumed. This further aggravates the low E/S (ADAMTS13/UL-VWFM) ratio while generating platelet thrombi in the microcirculation. Influenza viremia stimulates monocytes to release cytokines, which can result in severe cytokinemia, or cytokine storm.

To test this hypothesis, here we performed a retrospective analysis of cytokine and VWFM levels in this patient. The plasma levels of IL-6, IL-8, and TNF-\alpha, were indeed markedly increased. Most interestingly, however, a striking change was seen in the plasma levels of VWF: Ag, which were significantly elevated during the acute phase (HD 1-7) with a uniquely and dynamically changed multimeric pattern (Fig. 1B). In particular, the selective absence of UL- and HMW-VWFM under these circumstances might be attributable to the reduced production or increased removal from and/or degradation in the circulation. The former mechanism is less likely, because the cytokinemia observed in influenza patients during the acute phase continuously stimulates VWF release from vascular EC. Furthermore, to cleave the newly-released UL-/HMW-VWFM, plasma ADAMTS13: AC is vigorously consumed. The mild reduction of ADAMTS13: AC seen here, therefore, appears to be a reflection of this reaction. As for the latter mechanism, the circulating UL-/HMW-VWFM is consumed when it func-

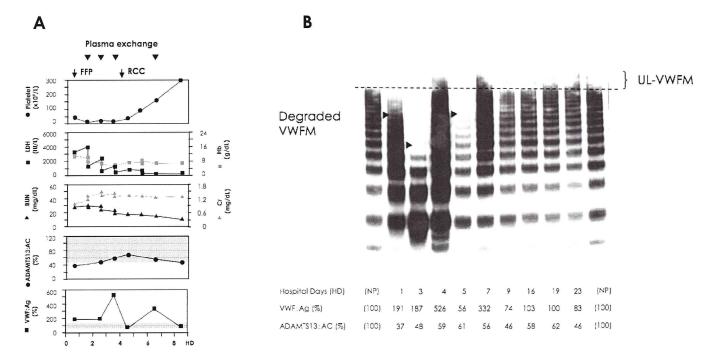


Figure 1. Clinical course and VWF multimer analysis. A: Clinical course and laboratory findings are shown in the left panel. On admission, plasma ADAMTS13:AC was 37% of normal, and the anti-ADAMTS13 inhibitor titer was 0.7 Bethesda U/mL. Therapeutic plasma exchange, each 3,000 - 4,200 mL, was performed on 4 occasions as indicated by the arrows, with a concomitant improvement of laboratory findings: lactate dehydrogenase (LDH), blood urea nitrogen (BUN), hemoglobin (Hb), and creatinine (Cr). Fresh frozen plasma (FFP) and red blood cell concentrates (RCC) were also administered. Note that plasma levels of ADAMTS13: AC were around the lower limit of normal (shadow area), but those of VWF:Ag were consistently high. HD denotes hospital day. B: As shown in the right panel, a retrospective analysis of VWF multimer patterns during the clinical course was performed. Note that plasma levels of VWF:Ag were remarkably high during the acute phase corresponding to hospital day (HD) 1-7, while ADAMTS13:AC levels were relatively low. We observed the presence UL-VWFM only on HD 4 and 7. In contrast, plasma UL- and HMW-VWFM were undetectable on HD 3 and 5. NP denotes plasma from a healthy control.

tions as a molecular glue that facilitates platelet hyperaggregation or thrombi formation. These explanations may address the co-existence of undetectable UL-/HMW-VWFM and a mild reduction of ADAMTS13: AC in the same patient. In line with this scenario, during the recovery stage on HD 9-23 the VWFM patterns became normal and almost indistinguishable from each other.

If the extensive analyses on VWF and ADAMTS13 had not been performed, the patient in this study might have had a diagnosis of flu-associated DIC, according to the previous diagnostic criteria (11, 12). In fact, TMAs are pathologically featured by platelet thrombi and DIC by fibrin thrombi, each formed in microvasculatures. Thus, it is conceivable that TMA is further complicated by DIC and both clinical conditions may co-exist, but its reversal clinical course appears to be less likely. Thus, the most important finding in this study is the markedly high plasma ratio of VWF to ADAMTS13, as seen in swine flu patients, that may induce microcirculatory disturbance by platelet thrombi under high shear-stress, a hitherto unrecognized flu complication.

From another point of view, the desialyation of VWF by influenza viral neuraminidase may play a role. The

carbohydrate- and sialic acid-rich VWF, once desialylated by neuraminidase, can bind to platelet glycoprotein Ib and induce platelet aggregation (17, 18). This was left unaddressed here since the level of sialyation in the patient's VWF was not assessed; future studies should address this possibility.

In conclusion, we propose that TMA is induced by influenza infection through the following mechanism. First, the release of UL-VWFM from vascular EC is enhanced by stimulation with cytokinemia induced by influenza infection. Second, elevated levels of plasma UL- and HMW-VWFM mediate platelet hyperaggregation and thrombi formation in the microvasculature. Third, the formed platelet thrombi can cause dysfunction in various organs, typically renal insufficiency. PE is a highly effective treatment for influenzainduced TMA by reducing plasma levels of cytokines and UL-/HMW-VWFM and through replenishing VWFM and ADAMTS13.

The authors state that they have no Conflict of Interest (COI).

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Regular Article

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ABSTRACT

Introduction: Autoantibodies to ADAMTS13 have a pivotal role in the pathogenesis of acquired thrombotic thrombocytopenic purpura (TTP). By decreasing the function of ADAMTS13, autoantibodies impair the cleavage of ultra-large von Willebrand factor (UL-VWF) multimers into smaller sizes, leading to lethal platelet-VWF thrombi in the microcirculation. We therefore aimed to determine the sites of autoantibody recognition on ADAMTS13.

Materials and Methods: In this study, IgG purified from 13 acquired TTP patients were examined to determine their binding sites on ADAMTS13. Immobilized IgG on microtiter plate or proteinG beads was screened by phage library expressing various peptides of ADAMTS13.

Results: In screening, diverse peptide sequences were obtained from almost all of the ADAMTS13 domains, including the spacer domain, which is considered a major binding site. In particular, we detected an identical amino-acid sequence in the C-terminus of the spacer domain from Gly662 to Val687 that was recognized by autoantibodies from 5 TTP patients. The specific autoantibody was expected to be associated with the plasma levels of the ADAMTS13 antigen or activity, and with the quantity of ADAMTS13 autoantibodies or the inhibitory autoantibody titer in TTP patient plasma. These measurements, however, did not seem to be related to the presence or absence of the specific autoantibody.

Conclusions: These findings indicate that the specific autoantibody might be a feature of acquired TTP, although its clinical significance remains to be elucidated.

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Introduction

Thrombotic thrombocytopenic purpura (TTP) is a life-threatening disease characterized by microvascular platelet-rich thrombi leading to multiple organ failure [1]. The main clinical features are thrombocytopenia, hemolytic anemia, renal failure, neurological dysfunction, and fever. The plasma of TTP patients contains ultra-large von Willebrand factor (UL-VWF) multimers, which are highly reactive with platelets [2,3]. UL-VWF multimers are secreted into the plasma and rapidly processed into smaller and less reactive multimers [4] by cleavage at position Tyr¹⁶⁰⁵-Met¹⁶⁰⁶ in the A2 domain. The VWF-cleaving protease is a member of the ADAMTS family, ADAMTS13 [5–8]. The proximal N-

terminal domains, consisting of a metalloprotease domain, a disintegrinlike domain, a thrombospondin-1 repeat (TSP1), a cysteine-rich domain, and a spacer domain, are considered essential for the specific binding and subsequent cleavage of VWF [9–12], and seven additional distal C-terminal TSP1 repeats and two CUB domains have significant roles in the recognition of VWF, especially under flow conditions [13,14]. Loss of ADAMTS13 function leads to the accumulation of UL-VWF, resulting in microvascular platelet aggregation.

Autoantibodies to ADAMTS13 are detected in the majority of patients with acquired TTP and are considered to be strongly involved in the pathogenesis. The inhibitory autoantibodies are usually the IgG isotype and non-inhibitory autoantibodies are usually the IgG, IgM [15,16] and IgA [17] isotypes. IgG4-subtype autoantibodies are detected in 90% of patients with acquired TTP [18], although the clinical significance remains unknown. Clinically, high inhibitory autoantibody titers at the onset or during remission are associated with a high risk of relapse in patients with acquired TTP [17,19,20] and lower survival rates [21]. Interestingly, IgG autoantibodies are also detected in 13% of patients with systemic lupus erythematosus and 5% of patients with

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