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REGULAR ARTICLE

## Impact of leptin and leptin-receptor gene polymorphisms on serum lipids in Japanese obese children

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### Abstract

**Aim:** Leptin is one of the factors affecting serum lipid profile. We investigated the association between serum lipids and leptin/leptin receptor (LEPR) gene polymorphisms in obese Japanese children.

**Methods:** One hundred and thirty-six obese children (99 males and 37 females, relative weight over than 20%) from 5 to 17 years of age were recruited from 10 institutes. Four known polymorphisms in leptin gene [(+19)A G, (-2548)G A, (-188)C A, (-633)C T] and four known polymorphisms in LEPR gene [Lys109Arg, Gln223Arg, Pro(C)1019Pro(A), Ser(T)343Ser(C)] were determined using polymerase chain reaction-restriction fragment length polymorphism-based analyses.

**Results:** No associations were found between leptin gene polymorphisms and serum lipid profile. On the other hand, Lys109Arg and Ser343Ser polymorphism in LEPR gene, but not Gln223Arg or Pro1019Pro, had significant relationships with serum lipid profile; lower total and low-density lipoprotein cholesterol levels in Arg109Arg homozygotes, and lower TG levels in Ser343Ser(C/C) homozygotes. In addition, LEPR gene also associated with relative weight; Arg109Arg homozygotes had higher relative weight and Ser343Ser(C/C) homozygotes had lower one.

**Conclusion:** These results suggest that LEPR gene polymorphisms may partly contribute to serum lipid profile in obese children.

### INTRODUCTION

The recent rapid increase in the prevalence of obesity is undoubtedly caused by changes in life-style such as diet and physical activity. However, the individual susceptibility to these changes depends on some factors including genetic predisposition (1). The genetic contribution to control body weight in humans has been investigated by family studies, especially in twins (2-5), demonstrating that genetic factors account for 20-60% of the variation in body weight. In addition, this effect is presumed to be polygenic in origin (6). However, it has been confirmed that several single genes in the leptin-melanocortin pathway have a profound effect on the development of early-onset severe obesity (7). Leptin, an adipocyte-derived hormone, regulates body weight and energy expenditure as a result of both anorectic effects and metabolic effects (8). Leptin acts via leptin receptor (LEPR), which is expressed predominantly in hypothalamus but is also widely distributed in most peripheral tissues. Mutations in genes encoding leptin/LEPR resulting in leptin/LEPR deficiency have been reported in severely obese children (9). These abnormalities, however, are extremely rare and thus cannot explain the genetic predisposition for common human obesity. By contrast, several

polymorphisms of leptin/LEPR genes are commonly demonstrated in humans (10).

Many epidemiological and clinical studies have been performed to investigate the association between leptin/LEPR gene polymorphisms and obesity, demonstrating the limited influence of the gene polymorphisms (10,11). In Japanese, the effect of leptin gene polymorphisms on obesity is controversial (12,13), and no association was found between LEPR gene polymorphisms and obesity (14-18). Several studies in humans, however, demonstrated that some LEPR gene polymorphisms had significant influences on complications of obesity, such as hypertension (19), glucose intolerance (17) or sleep apnea syndrome (20). Leptin also has a profound influence on serum lipid levels through both central and peripheral actions (21,22). The previous studies have shown the significant association of LEPR gene polymorphisms with serum lipids (20,23,24). However, only the limited information is provided in this field. Therefore, we investigated the impact of leptin/LEPR gene polymorphisms on serum lipid profile in obese children in this study. In children, the phenotypic presentation caused by gene polymorphisms may be more obvious, because they have less influenced by life-style related environmental factors.

**MATERIALS AND METHODS****Subjects**

A total of 136 obese children (99 males and 37 females) from 5 to 17 years of age were recruited from outpatient clinics of 10 institutes in Japan (mean relative weight  $\pm$  SE was  $156.2 \pm 2.1\%$ , that ranges from 120.5 to 269.4%). Obesity was defined as relative body weight greater than 120% for children, calculated according to the standard weight for sex, age and height. Children with short stature (below  $-2.0$  SD for age and sex) and/or endogen obesity were excluded. Informed consent was obtained from the children and their parents before participation in this study. The study protocol was approved by the ethics committee of each institute.

**Measurements**

Blood sample was obtained during 9–11 in the morning after overnight fasting. Total cholesterol (TC), high density lipoprotein cholesterol (HDL-C) and triglyceride (TG) levels are measured using enzymatic methods. Low density lipoprotein cholesterol (LDL-C) levels were obtained using the Friedewald formula (25).

**Polymorphism analysis**

Genomic DNA was extracted from peripheral blood leucocytes. The four leptin gene polymorphisms, (+19)A  $\rightarrow$  G, (-2548)G  $\rightarrow$  A, (-188)C  $\rightarrow$  A and (-633)C  $\rightarrow$  T, and four LEPR gene polymorphisms, Lys109Arg, Gln223Arg, Pro(G)1019Pro(A), Ser(T)343Ser(C), were determined using a polymerase chain reaction (PCR)-restriction fragment length polymorphism (RFLP)-based analyses. The sequences of primer pairs and restriction endonucleases are listed in Table 1.

**Statistical analysis**

Data are expressed as mean  $\pm$  standard error. Differences among gene polymorphism groups were analysed using

Kruskal–Wallis test. A chi-squared test was used to analyse the distributions of the gene polymorphisms in groups. To analyse the interaction of gene polymorphisms and relative weight, multiple regression analyses were employed. A *p*-value below 0.05 was considered statistically significant. Statistical analyses were conducted using the statistical package STATVIEW (ver. 4.5; Abacus Concepts, Berkeley, CA, USA).

**RESULTS****Characteristics of the study population**

According to the criteria of normal serum lipid levels for Japanese children (26,27), 19 children (14.0%; 13 males and 6 females) had hypercholesterolaemia ( $>220$  mg/dL), 36 (26.5%; 24 males and 12 females) had borderline levels of TC (190–219 mg/dL), 19 (14.0%; 15 male and 4 female) had low HDL-C levels ( $<40$  mg/dL), and 32 (23.5%; 18 males and 14 females) had hypertriglyceridaemia ( $>140$  mg/dL). We found one child with TG levels over 400 mg/dL, thus its LDL-C levels could not be obtained using the Friedewald formula. Twenty-one children (15.6%; 14 males and 7 females) had high LDL-C levels ( $>140$  mg/dL) and 39 (28.9%; 30 males and 9 females) had borderline levels (110–139 mg/dL).

**Polymorphisms in leptin and leptin receptor genes**

In the present subjects, the genotype distribution of leptin/LEPR genes was shown in Table 2. We found no children with polymorphism of (-188) C  $\rightarrow$  A or (-633) C  $\rightarrow$  T in leptin gene. In (+19)A  $\rightarrow$  G and (-2548)G  $\rightarrow$  A locus of leptin gene, however, about two-third was demonstrated to be mutant homozygotes. While, in LEPR gene, we also found that about two-third of the obese children had Arg109Arg, Arg223Arg and Pro1019Pro(A/A), and, by contrast, only 15.4% of the subjects had Ser343Ser(C/C).

**Table 1** Sequences of primer pairs and endonucleases for polymorphism analyses

	Oligonucleotide primer	Restriction endonuclease
Leptin gene polymorphism		
(+19)A $\rightarrow$ G	5'-TGATCGGGCCGTATAAGAG-3' 5'-AGGAGGAAGGAGCGCC-3'	MspA1 I
(-2548)G $\rightarrow$ A	5'-TTTCCTGTAATTTCCCGTGAG-3' 5'-AAAGCAAAGACAGGCATAAAAA-3'	Hha I
(-188)C $\rightarrow$ A	5'-CAACGAGGGCGCAGCCGTAT-3' 5'-CGCATTCTAGCGCCAGCTC-3'	BssH II
(-633)C $\rightarrow$ T	5'-TGGGACCACCCCAACCCCACTTTGTAC-3' 5'-AAGTTGTCTCTGGCTGGCACCCAGGGAGTGCGC-3'	BssH II
Leptin receptor gene polymorphism		
Lys(G)109Arg(A)	5'-TTCCACTGTTGCTTCGGA-3' 5'-AAACTAAAGAATTTACTGTTGAAACAATGGC-3'	Hae III
Gln(G)223Arg(A)	5'-ACCTTTAAGCTGGGTGCCAAATAG-3' 5'-AGCTAGCAAATTTTTGTAAGCAATT-3'	Msp I
Pro(G)1019Pro(A)	5'-CAGATCTTGAAAGGGTCT-3' 5'-TCCCATGAGCTATTAGAGAAGAATCCTTCCA-3'	Nco I
Ser(T)343Ser(C)	5'-CTTCCACCTAAAATCTGACAAT-3' 5'-CATGATCACTACAACATCATACT-3'	Mfe I

**Table 2** Genotype distribution of leptin and leptin receptor genes (n = 136). Leptin gene polymorphism locus

(+19) A → G	A/A	A/G	G/G
	4 (2.9%)	39 (28.7%)	93 (68.4%)
(-2548) G → A	G/G	G/A	A/A
	7 (5.1%)	40 (29.4%)	89 (65.5%)
(-188) C → A	C/C	C/A	A/A
	136 (100%)		
(-633) C → T	C/C	C/T	T/T
	136 (100%)		
Leptin receptor gene polymorphism			
Lys(G)109Arg(A)	G/G	G/A	A/A
	3 (2.2%)	53 (39.0%)	80 (58.8%)
Gln(G)223Arg(A)	G/G	G/A	A/A
	4 (2.9%)	41 (30.1%)	91 (67.0%)
Pro(G)1019Pro(A)	G/G	G/A	A/A
	1 (0.7%)	40 (29.4%)	95 (69.9%)
Ser(T)343Ser(C)	T/T	T/C	C/C
	99 (72.8%)	16 (11.8%)	21 (15.4%)

### Relationship between leptin/leptin receptor gene polymorphisms and serum lipid profile

Serum lipid profiles of LEPR gene polymorphism groups are shown in Table 3. The mean serum lipid levels were not statistically different among leptin/LEPR gene polymorphism groups (+19)A→G, (-2548)G→A, Gln223Arg, Pro1019Pro). Arg109Arg homozygotes in LEPR gene had lower TC and LDL-C levels, and the frequency of Lys109Lys homozygotes was significantly higher in the high LDL-C group ( $p = 0.0060$ ). In addition, Ser343Ser(C/C) homozygotes in LEPR gene had lower TG levels; however, the gene polymorphism distribution was not different between hypertriglyceridaemia group and normal TG level group ( $p = 0.2567$ ).

### Interaction of leptin/leptin receptor gene polymorphisms and relative weight for serum lipids

The mean relative weights of LEPR gene polymorphism groups are shown in Table 4. No significant relationship was observed between leptin gene polymorphisms and relative weight. Among Gln223Arg and Pro1019Pro polymorphism groups in LEPR gene, no difference was

demonstrated in relative weight. On the other hand, Lys109Arg and Ser343Ser polymorphisms had significant relationship with relative weight. Arg109Arg homozygotes in LEPR gene had higher relative weight, and Ser343Ser(C/C) homozygotes in LEPR gene had lower relative weight. The gene polymorphism distribution of Lys109Arg was similar in two groups (relative weight >150 and 120–150,  $p = 0.2383$ ). However, the frequency of Ser343Ser(T/T) homozygotes was significantly higher in severe obesity group ( $p = 0.0008$ ). To investigate the interaction of LEPR gene polymorphisms (Lys109Arg, Ser343Ser) and relative weight on serum lipids, multiple regression analyses were performed (Table 5). Lys109Arg polymorphism was the only significant determinant of TC and LDL-C levels. However, both relative weight and Ser343Ser polymorphism were the significant determinants of TG levels.

### DISCUSSION

In mice, leptin may play a physiological role in regulating HDL-C and apolipoprotein levels (28,29). In a human twins study (30), 19A homozygotes of leptin (+19)A→G had lower HDL-C levels. However, in this study, the significant association between leptin gene polymorphisms and serum lipids, including HDL-C levels, was not found. Therefore, our results suggested that the influence of leptin gene polymorphisms was less than other factors affecting serum lipids in obese Japanese children. In respect of LEPR gene polymorphisms, the genotype frequencies in this study were similar to the previous reports in Japanese population (15–18,24), although all our subjects were obese children. The association between LEPR

**Table 4** Genotypes of leptin receptor genes and relative weight

Leptin receptor gene polymorphism	Relative weight (%)			p-value
	G/G (n = 3)	G/A (n = 53)	A/A (n = 80)	
Lys(G)109Arg(A)	134.4 ± 7.0	150.3 ± 2.7	160.8 ± 3.1	0.0251
Ser(T)343Ser(C)	159.8 ± 2.6	148.7 ± 4.7	144.6 ± 5.1	0.0040

**Table 3** Genotypes of leptin receptor genes and serum lipid profile (Kruskal–Wallis test)

Leptin receptor gene polymorphism				
Lys(G)109Arg(A)	G/G (n = 3)	G/A (n = 53)	A/A (n = 80)	p-value
Total cholesterol (mg/dL)	186.7 ± 15.6	194.0 ± 5.7	176.2 ± 3.9	0.0196
Low density lipoprotein cholesterol (mg/dL)	121.8 ± 22.2	117.1 ± 4.6	105.1 ± 3.5	0.0402
High density lipoprotein cholesterol (mg/dL)	49.3 ± 3.4	55.2 ± 2.0	49.3 ± 1.1	0.1138
Triglyceride (mg/dL)	178.0 ± 127.0	110.6 ± 8.3	109.3 ± 6.4	0.8100
Ser(T)343Ser(C)	T/T (n = 99)	T/C (n = 16)	C/C (n = 21)	
Total cholesterol (mg/dL)	180.6 ± 3.7	202.3 ± 9.8	182.1 ± 8.9	0.0959
Low density lipoprotein cholesterol (mg/dL)	106.7 ± 3.0	126.1 ± 8.8	113.5 ± 8.3	0.1034
High density lipoprotein cholesterol (mg/dL)	50.8 ± 1.3	55.1 ± 3.3	52.7 ± 2.3	0.4204
Triglyceride (mg/dL)	119.0 ± 6.8	104.9 ± 15.0	79.9 ± 8.7	0.0139

**Table 5** Multiple regression analyses of the relationship between indices of obesity and serum lipids

Predictor	Coefficient	SE	p-value
Total cholesterol ( $r = 0.255$ , $p = 0.0115$ )			
Relative weight	0.231	0.132	0.0818
Lys109Arg	-17.349	6.125	0.0053
LDL-cholesterol ( $r = 0.222$ , $p = 0.0358$ )			
Relative weight	0.158	0.112	0.1590
Lys109Arg	-13.122	5.334	0.0152
Triglyceride ( $r = 0.284$ , $p = 0.0038$ )			
Relative weight	0.473	0.219	0.0327
Ser343Ser	-15.088	7.364	0.0425

gene polymorphisms and serum lipid profile in Japanese population has been investigated in several studies. Nishikai et al. reported that, in non-diabetic adults, HDL-C levels and apolipoprotein A-I levels were influenced by LEPR gene 3'-untranslated region polymorphism (14). Takahashi-Yasuno et al. shown that Gln223Arg polymorphism is associated with significant elevation of serum TC and LDL-C levels (24). However, in another report in Japanese adults (15), serum lipid profile did not relate with Lys109Arg or Gln223Arg polymorphisms. In addition, in Japanese children, Gln223Arg polymorphism was also reported to have no influence on serum lipids (16). In this study, we found the significant influence of Lys109Arg polymorphism on TC and LDL-C, but not on HDL-C or TG, and no effect of Gln223Arg polymorphism on each serum lipid. In the study in Thai children, Lys656Asn polymorphism of LEPR gene associated with serum lipids; high TC and LDL-C levels in Lys656Lys homozygotes (23). Thus, the locus of SNP in LEPR gene that had significant influence on serum lipids was different among the reports, probably because of the subject characteristics, such as ethnicity, sex, age and complications.

Another new finding of this study was the effect of LEPR gene polymorphisms on the degree of obesity, being observed in Lys109Arg and Ser343Ser. Several previous Japanese studies were carried out in other population including Japanese to investigate the association. However, those studies could not find the significant association of any LEPR gene polymorphism, including Lys109Arg or Ser343Ser, with obesity (15,17,18). The Gln223Arg polymorphism was investigated in Japanese children, demonstrating no association with relative weight (16). According to our results, the genotype frequencies in LEPR (Lys109Arg and Ser343Ser) of obese Japanese children were similar to the previous reports. Therefore, the influence on the degree of obesity observed in this study may depend on the interactions with other factors that deteriorate obesity. Unfortunately, we could not recruit non-obese children in this study. Therefore, case-control studies should be performed to confirm the impact of LEPR polymorphisms on relative weight and serum lipids.

In conclusion, this is the first report of the association between serum lipids and LEPR gene polymorphisms in

obese Japanese children. The significant influence of Lys109Arg polymorphism in LEPR gene on both TC and LDL-C elevations was demonstrated. In addition, Lys109Arg and Ser343Ser polymorphisms were associated with the degree of obesity. Therefore, LEPR gene polymorphisms may partly contribute to the cardiovascular risks in obesity.

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# Wolfram syndrome 1 gene (*WFS1*) product localizes to secretory granules and determines granule acidification in pancreatic $\beta$ -cells

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Wolfram syndrome is an autosomal recessive disorder characterized by juvenile-onset insulin-dependent diabetes mellitus and optic atrophy. The gene responsible for the syndrome (*WFS1*) encodes an endoplasmic reticulum (ER) resident transmembrane protein. The *Wfs1*-null mouse exhibits progressive insulin deficiency causing diabetes. Previous work suggested that the function of the *WFS1* protein is connected to unfolded protein response and to intracellular  $\text{Ca}^{2+}$  homeostasis. However, its precise molecular function in pancreatic  $\beta$ -cells remains elusive. In our present study, immunofluorescent and electron-microscopic analyses revealed that *WFS1* localizes not only to ER but also to secretory granules in pancreatic  $\beta$ -cells. Intragranular acidification was assessed by measuring intracellular fluorescence intensity raised by the acidotropic agent, 3-[2,4-dinitroanilino]-3'-amino-*N*-methyldipropylamine. Compared with wild-type  $\beta$ -cells, there was a 32% reduction in the intensity in *WFS1*-deficient  $\beta$ -cells, indicating the impairment of granular acidification. This phenotype may, at least partly, account for the evidence that *Wfs1*-null islets have impaired proinsulin processing, resulting in an increased circulating proinsulin level. Morphometric analysis using electron microscopy evidenced that the density of secretory granules attached to the plasma membrane was significantly reduced in *Wfs1*-null  $\beta$ -cells relative to that in wild-type  $\beta$ -cells. This may be relevant to the recent finding that granular acidification is required for the priming of secretory granules preceding exocytosis and may partly explain the fact that glucose-induced insulin secretion is profoundly impaired in young prediabetic *Wfs1*-null mice. These results thus provide new insights into the molecular mechanisms of  $\beta$ -cell dysfunction in patients with Wolfram syndrome.

## INTRODUCTION

Diabetes mellitus is a heterogeneous disorder characterized by glucose intolerance that affects over 170 million people worldwide (1). The disease arises from a combination of absolute (type 1) or relative (type 2) insulin deficiency with variable peripheral insulin resistance. The failure of insulin supply is implicated to result from both impaired  $\beta$ -cell function and decreased  $\beta$ -cell mass (2–4).

Wolfram syndrome (OMIM 222300) is an autosomal recessive disorder with severe neurodegeneration. Affected individuals present with juvenile-onset insulin-dependent diabetes mellitus and optic atrophy (5). Postmortem studies of the pancreas from patients with Wolfram syndrome have revealed a selective  $\beta$ -cell loss (6). The gene responsible for the disorder, *WFS1*, encodes a novel transmembrane protein (7,8). The *WFS1* protein, also called Wolframin, consists of 890 amino acids and is predicted to have nine membrane-spanning

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domains. This protein is known to be embedded in the endoplasmic reticulum (ER) membrane (9). Mice with a disrupted *Wfs1* gene exhibit a selective  $\beta$ -cell loss. This phenotype has been thought to result from the activation of ER stress, impaired cell cycle progression and apoptosis (10–14). In addition, insulin secretion from the isolated islets of *Wfs1*-null mice was shown to be impaired (15). An early study has shown that WFS1 might serve directly as a divalent ion channel or, alternatively, as a regulator of existing channel activity (16). Later, it was demonstrated that WFS1 positively modulates the  $\text{Ca}^{2+}$  level in ER by increasing the rate of  $\text{Ca}^{2+}$  uptake (10). However, the lack of distinct domains in WFS1 makes it difficult to understand its precise physiological function in pancreatic  $\beta$ -cells.

Secretory granules are acidified through a proton gradient, established and maintained by coordinated action between  $\text{H}^+$ -pumping vacuolar-type ATPase (V-ATPase) (17) and ClC-3, a chloride ion channel (18). The low pH of late secretory granules is necessary for proinsulin processing, and in addition, for the priming of the granules preceding exocytosis (18).

In this study, WFS1 was found to localize not only in ER but also in dense-core secretory granules in pancreatic  $\beta$ -cells. *Wfs1*-null mice exhibited severely impaired insulin secretion in response to glucose. These observations prompted us to investigate the functional significance of the granule-resident WFS1 protein, including its role in the acidification of insulin secretory granules, as an additional physiological function of WFS1.

## RESULTS

### WFS1 protein localizes to insulin secretory granules

Previous studies have shown that the majority of WFS1-immunoreactive cells were insulin-producing  $\beta$ -cells (16,19) in pancreatic islets. However, the precise intracellular localization of WFS1 in  $\beta$ -cells has not been examined, whereas this protein is thought to localize predominantly in ER in WFS1-overexpressing heterologous cells (7,9,11,20). We thus attempted to detail its intracellular localization to obtain a clue to understand further physiological roles of WFS1 in pancreatic  $\beta$ -cells. Immunohistochemical analysis of pancreatic sections from wild-type (*Wt*) animals using anti-WFS1 antibodies and antibodies against markers for either ER or secretory granules was performed. As shown in Figure 1A–C, only a little part of the immunoreactive area for WFS1 protein (red) appeared to merge with that for Grp78, an ER marker (green). Surprisingly, there appeared to be better co-localization of WFS1 protein with chromogranin A (green), a marker of secretory granules (Fig. 1D–F). To further substantiate the localization of WFS1 protein to the secretory granule, immunoelectron microscopy using anti-WFS1 antibodies was performed.  $\beta$ -Cells could be distinguished from  $\alpha$ - and  $\delta$ -cells by the appearance of the secretory granules.  $\beta$ -Cell granules have a white halo, which is not apparent in  $\alpha$ - and  $\delta$ -granules. As described previously (19), immunoreactivity for WFS1 protein was observed in  $\beta$ -cells but not in  $\alpha$ -cells (Fig. 1G). As shown in Figure 1H, there appeared to be the accumulation of immunoreactivity not

only in ER but also in dense-core granules in *Wt*  $\beta$ -cells. High magnification more clearly showed accumulation of immunoreactivity in the periphery of electron-dense-core granules accompanied by a halo in *Wt*  $\beta$ -cells (Fig. 1I). Consistently, no immunoreactivity for WFS1 was observed in WFS1-deficient  $\beta$ -cells (Fig. 1J). These results clearly demonstrate that WFS1 localizes not only in ER but also in secretory granules in pancreatic  $\beta$ -cells. The intracellular distribution of WFS1 in pancreatic  $\beta$ -cells was assessed by immunogold electron microscopic analysis (Fig. 1K–M). We quantified the labeling by counting gold particles per  $\beta$ -cell area and found  $\sim 40\%$  more immunogold particles in secretory granules relative to those in ER (Fig. 1M). No particles were found in mitochondria. From these immunohistological observations at the tissue and ultrastructural levels, we concluded that WFS1 preferentially localizes in dense-core granules in pancreatic  $\beta$ -cells.

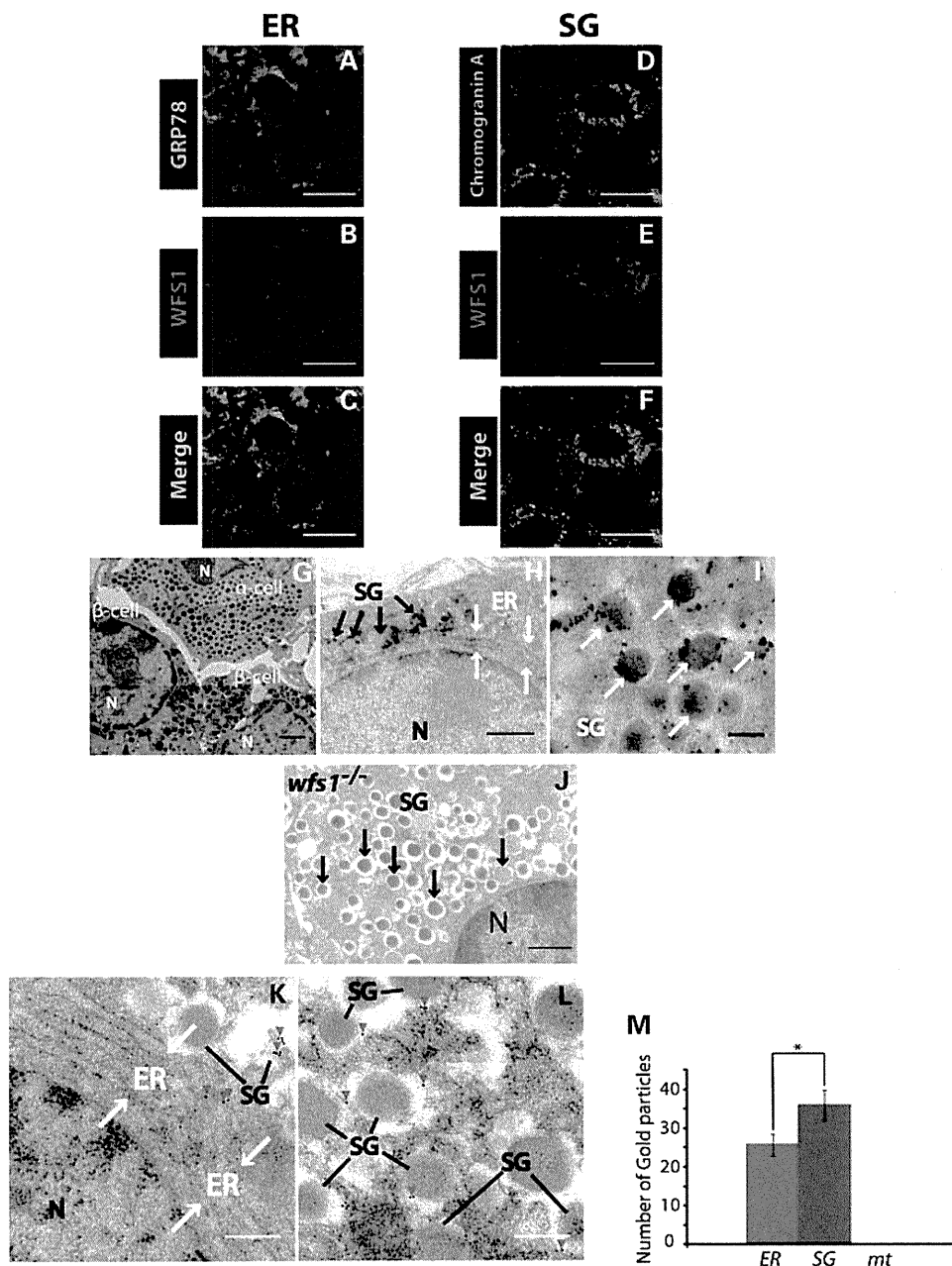
### WFS1 deficiency impairs intragranular acidification

Of interest to the function of WFS1, despite a lack of distinct domains in WFS1, it has nine membrane-spanning domains, enabling us to expect that this protein may function as an ion-channel regulator. We hypothesized that WFS1 in insulin granules might play a role in the regulation of acidification of insulin granules. To test this hypothesis, granular acidification was examined by incubating mechanically dispersed islet cells with the acidotrophic agent 3-[2,4-dinitroanilino]-3'-amino-*N*-methyldipropylamine (DAMP) (21,22). Insulin-producing cells were selected by co-staining for insulin. Indirect immunofluorescence intensity, raised by DAMP accumulation, in the whole cell with the exception of the nucleus was measured. The number of lysosomes in  $\beta$ -cells is negligible compared with insulin granules (estimated as 48 and 11 000 per  $\beta$ -cell, respectively) (17) and, therefore, will not significantly contribute to the fluorescent signal. Indirect immunofluorescence intensity for DAMP (green) in insulin immunoreactive cells from *Wfs1*<sup>-/-</sup> mice appeared to be weaker than that in insulin immunoreactive cells from *Wt* mice (Fig. 2A–I). *Wfs1*<sup>-/-</sup>  $\beta$ -cells had significantly reduced immunofluorescence intensity to an average of 68% of the average intensity of *Wt*  $\beta$ -cells (Fig. 2J). *Wt*  $\beta$ -cells incubated with bafilomycin A1, a V-ATPase inhibitor, exhibited an even larger reduction in intensity. These observations were replicated when granular acidification was assessed using LysoTracker, another acidotrophic probe (Fig. 2K). Hence, these results strongly suggest that WFS1 plays a role in maintenance of acidification in dense-core granules of pancreatic  $\beta$ -cells.

### Islets from WFS1-deficient mice have impaired insulin processing

Processing of proinsulin into mature insulin requires cleavage by the prohormone convertase enzymes, PC1/3 and PC2 (23–25). These enzymes have an acidic optimum pH (23), and the conversion of proinsulin to insulin is strictly dependent on a low pH (24,26). We thus hypothesized that proinsulin conversion to insulin might be affected by impaired intragranular acidification in WFS1-deficient  $\beta$ -cells. To test this hypothesis, the amounts of insulin and proinsulin in isolated islets

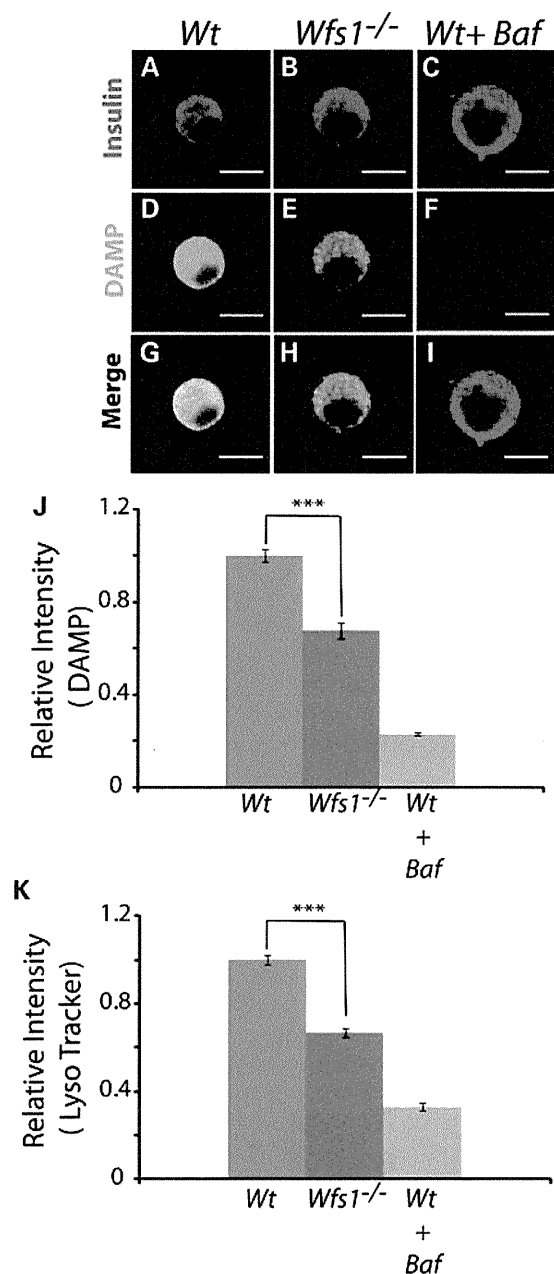




**Figure 1.** Localization of WFS1 to secretory granules (SG) in pancreatic  $\beta$ -cells. (A–F) Immunofluorescence analysis of pancreatic islets of *Wt* mice using antibodies to WFS1 (B and E, red) and antibodies to either GRP78 (A, green) or chromogranin A (D, green). Scale bars represent 10  $\mu$ m. Immunoelectron microscopy of WFS1 with the DAB method, performed on pancreatic sections from *Wfs1*<sup>-/-</sup> and *Wt* mice (G–J). (G) Representative electron micrograph showing the localization of WFS1 in  $\beta$ -cells but not in  $\alpha$ -cells. Scale bar represents 1  $\mu$ m. Red arrow heads indicate WFS1 immunoreactivity. (H) Representative areas of  $\beta$ -cell from *Wt* mice. Scale bars represent 500 nm. (I) High magnification of representative dense-core secretory granules in  $\beta$ -cell from *Wt* mice. Scale bar represents 200 nm. (J) Representative area of  $\beta$ -cell from *Wfs1*<sup>-/-</sup> mice. Scale bars represent 500 nm. (K and L) Distribution of WFS1 in pancreatic  $\beta$ -cells. The distribution of WFS1 is shown by immunogold labeling (red arrow heads indicate examples). Bar: 200 nm. (M) Gold particle frequency in ER and SG per  $\beta$ -cell area (36  $\mu$ m<sup>2</sup>  $\times$  24 sections). SG, secretory granule; ER, endoplasmic reticulum; mt, mitochondria.

from mice at 12 weeks of age were examined by western blot. As shown in Fig. 3A, there was a significant reduction in the abundance of mature insulin relative to GAPDH, a control for protein loading, in *Wfs1*<sup>-/-</sup> islets compared with that in *Wt* mice (Fig. 3B), whereas the proinsulin level was not altered (Fig. 3C). There was a consistent parallel increase in the proinsulin to insulin ratio in *Wfs1*<sup>-/-</sup> islets relative to that in *Wt*

islets (Fig. 3D), indicating that the lack of WFS1 causes impaired insulin processing. In accordance with this observation, the plasma proinsulin level after 6 h fasting was higher in *Wfs1*-deficient mice than in *Wt* mice (Table 1). Expression levels of prohormone convertases were further examined. As shown in Figure 3E, there was a significant reduction in the PC1/3 level in *Wfs1*<sup>-/-</sup> islets relative to



**Figure 2.** Disturbed intragranular acidification in WFS1-deficient  $\beta$ -cells. Dispersed islet cells from *Wfs1*<sup>-/-</sup> and *Wt* mice were incubated with either 3  $\mu$ M DAMP or 25 nM LysoTracker for 1 h or 30 min, respectively, and were then fixed. (A–I) Representative photographs of DAMP-incubated islet cells stained with antibodies to DNP (green) and insulin (red). Treatment of *Wt* islet cells with bafilomycin A1 was a control of disturbed intragranular acidification. (J) Mean fluorescence intensity of DNP per area of each insulin-immunoreactive cell was measured. The results were obtained from 76 randomly selected *Wfs1*<sup>-/-</sup>  $\beta$ -cells and 65 *Wt*  $\beta$ -cells from nine different animals of each genotype. Relative intensity was expressed as the mean  $\pm$  SEM. \*\*\**P* < 0.001. (K) Relative mean fluorescence intensity of LysoTracker per area of each insulin-immunoreactive cell was calculated in a total of 167 *Wt*  $\beta$ -cells and 170 *Wfs1*<sup>-/-</sup>  $\beta$ -cells from six different animals of each genotype and graphically expressed as the mean  $\pm$  SEM. \*\*\**P* < 0.001.

that in *Wt* islets, whereas the PC2 level was not altered (Fig. 3F and G). In *Wfs1* haploinsufficiency (*Wfs1*<sup>+/-</sup>) islets, no appreciable changes were observed in either

proinsulin processing or PC1/3 expression (data not shown). To further examine the mechanism linking the lack of WFS1 to the reduced PC1/3 level, immunoprecipitation analysis using anti-WFS1 antibody was performed. However, a direct interaction of WFS1 with PC1/3 was not proved (data not shown).

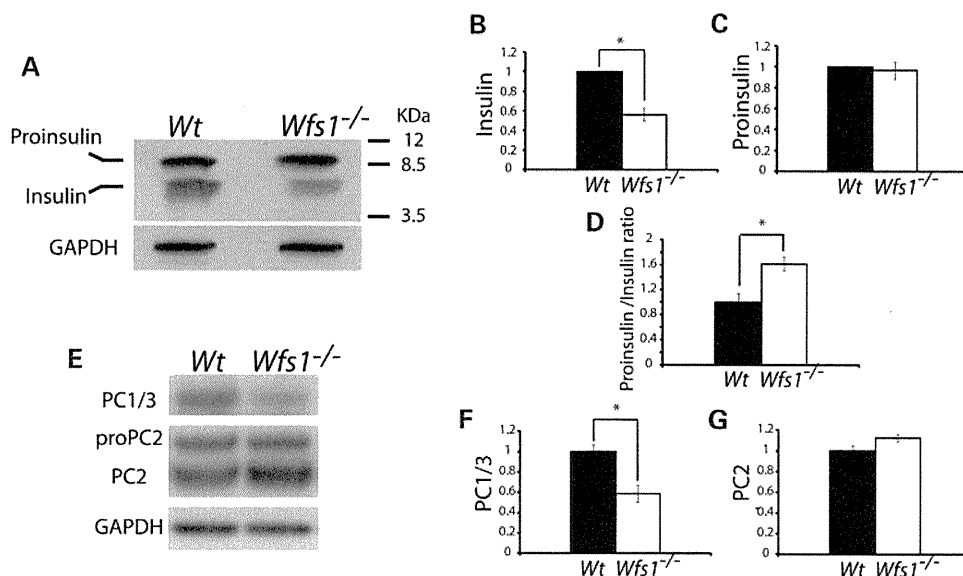
### WFS1 plays a role in regulation of insulin secretion *in vivo*

It has been documented that islets isolated from *Wfs1*<sup>-/-</sup> mice exhibited a decrease in insulin secretion in response to glucose (15). We further examined the effect of lack of WFS1 on *in vivo* insulin secretion in response to glucose at 12 weeks of age. At this age, the non-fasting blood glucose level of *Wfs1*<sup>-/-</sup> mice was similar to that of *Wt* mice (Fig. 4A). Glucose tolerance tests were then conducted. Blood glucose levels after overnight fasting were indistinguishable between the mutant mice and the *Wt* mice. The blood glucose level at 60 min after intraperitoneal glucose injection in WFS1-deficient mice was slightly but significantly increased relative to that in *Wt* mice (Fig. 4B). Insulin secretory response to glucose was then assessed. Whereas there was no significant change in the insulin level after overnight fasting, serum insulin levels at 2 and 15 min after glucose challenge were markedly reduced in *Wfs1*<sup>-/-</sup> mice compared with those in *Wt* mice. The reduced insulin levels in *Wfs1*<sup>-/-</sup> mice persisted until 30 min after glucose injection (Fig. 4C).

The effect of WFS1 deficiency on the  $\beta$ -cell mass at this age was examined. As shown in Figure 4D, insulin-positive cells still appeared to be maintained in 12-week-old WFS1-deficient mice. The insulin-immunoreactive area in WFS1-deficient mice was indistinguishable from that in *Wt* mice (Fig. 4E). Consistently, whole pancreatic insulin content was maintained in WFS1-deficient mice compared with that in *Wt* mice (Fig. 4F). These results indicate that WFS1-deficient mice have severely impaired insulin secretion in response to glucose, when abundance of  $\beta$ -cells is still maintained, before progressive  $\beta$ -cell loss becomes apparent.

### WFS1 deficiency results in reduction in plasma membrane-attached secretory granules in pancreatic $\beta$ -cells

To further examine the effects of WFS1 deficiency, the morphological characteristics of dense-core granules were studied by an electron microscopic analysis of pancreatic sections from randomly fed 12-week-old mice. There were no apparent differences in the appearance of electron-dense-core granules between *Wfs1*-null and *Wt*  $\beta$ -cells, whereas mild dilatation of ER was shown in some WFS1-deficient  $\beta$ -cells, as described previously (11,14) (Fig. 5A). There was no significant difference in granule size assessed by measuring granule diameter (Fig. 5B). Granule density (granule number per cytosolic area) was not affected in WFS1-deficient  $\beta$ -cells (Fig. 5C), either. On the other hand, the density of insulin granules docking to the plasma membrane appeared to be decreased. In fact, the number of insulin granules directly attached to the plasma membrane per cytosolic area (Fig. 5E) and per granule density (Fig. 5F) was significantly reduced in *Wfs1*<sup>-/-</sup>  $\beta$ -cells compared with that in *Wt*



**Figure 3.** Impaired insulin processing in WFS1-deficient  $\beta$ -cells. Islets were isolated from 12-week-old *Wfs1*<sup>-/-</sup> and *Wt* mice. (A) Western blot analysis with antibodies to insulin and GAPDH. Representative results of multiple independent experiments are presented. Densities of mature insulin and proinsulin were measured and normalized to GAPDH. The results for insulin versus GAPDH (B), proinsulin versus GAPDH (C) and relative proinsulin/insulin ratio (D) are graphically illustrated as the mean  $\pm$  SEM. \* $P < 0.05$ . (E) Western blot analysis with anti-PC1, anti-PC2 and anti-GAPDH antibodies. Representative results from four independent experiments are presented. (F and G) Densities of PC1 and PC2 were measured and normalized to GAPDH. Mean protein levels  $\pm$  SEM are summarized in the graph. \* $P < 0.05$ .

$\beta$ -cells. These results suggest that WFS1 function somehow determines the intracellular distribution of secretory granules, especially the docking of insulin granules to the plasma membrane. This defect may underlie, at least in part, the impairment of glucose-stimulated insulin secretion and hence may play a role in the regulation of the insulin secretory pathway.

## DISCUSSION

The combination of  $\beta$ -cell dysfunction and  $\beta$ -cell loss results in progressive insulin deficiency in *Wfs1*-null mice. WFS1 has been thought to be connected with unfolded protein response and intracellular  $Ca^{2+}$  homeostasis. The present study provides additional insights into the physiological role of WFS1 in pancreatic  $\beta$ -cells. The following observations were documented: (i) WFS1 protein localizes in secretory granules in pancreatic  $\beta$ -cells; (ii) lack of WFS1 results in disturbed intragranular acidification; (iii) WFS1 deficiency causes impaired conversion of proinsulin to insulin accompanied by a decreased PC1/3 protein level; (4) WFS1-deficient  $\beta$ -cells have a reduced number of dense-core vesicles attached to the plasma membrane, possibly providing cellular evidence correlated with impaired insulin secretion. Taken together, these findings provide additional insights into the mechanisms of  $\beta$ -cell dysfunction in Wolfram syndrome.

In our present study, histological analysis at the tissue level and the ultrastructural level revealed that WFS1 was expressed not only in ER but also in dense-core granules in mouse pancreatic  $\beta$ -cells. In addition, immunogold particles against WFS1 were detected rather more abundantly in dense-core granules than in ER, indicating that WFS1 in dense-core granules as well as in ER could be required for sufficient  $\beta$ -cell function. In this regard, WFS1-deficient  $\beta$ -cells exhibited

disturbed intragranular acidification. Because a number of membrane proteins in dense-core granules participate in important processes, such as vesicle trafficking or generation of intragranular acidification, impaired intragranular acidification is likely to result from the defect of WFS1 in dense-core granules. Intragranular acidification depends on the simultaneous operation of the V-type  $H^+$ -ATPase and the ClC-3  $Cl^-$  channel on the insulin granule membrane (18). Although the present study did not address how WFS1 contributes to the maintenance of intragranular acidification, the function of WFS1 in insulin granules could be connected with the regulation of these channel activities.

Impaired proinsulin processing was documented in WFS1-deficient islets. Granted the impaired vesicular acidification, this is an expected and confirmatory result because acidic pH in insulin granules is required for sufficient endopeptidase activities of PC1/3 and PC2, and hence efficient proinsulin processing (23). In addition, we observed that the PC1/3 level but not the PC2 level was decreased in WFS1-deficient islets. The reduced PC1/3 level may contribute to a further reduction in endopeptidase activity of PC1/3. However, a direct link between lack of WFS1 and reduced PC1/3 level has not been proved. Exact mechanisms by which WFS1 deficiency causes reduced PC1/3 levels are unclear at this stage. Both PC1/3 and PC2 are expressed in the  $\beta$ -cells, whereas only PC2 is predominantly expressed in  $\alpha$ -cells (27). If  $\beta$ -cells were selectively lost, decrease in PC1/3 protein would be apparent compared with PC2 in total islets. However, this is not the case because  $\beta$ -cell mass is not decreased at this age (Fig. 4D–F).

Secretory granules in  $\beta$ -cells can be divided into the readily releasable pool (RRP) and the reserve pool (28–30). The process in which granules proceed from the reserve pool

**Table 1.** Serum insulin and proinsulin level of 12–16-week-old mice after a 6 h fast

Genotype	Blood glucose (mg/dl)	Serum insulin (ng/ml)	Serum proinsulin (ng/ml)	Proinsulin/insulin (%)	Number
<i>Wt</i>	185 ( $\pm$ 9)	0.34 ( $\pm$ 0.03)	0.026 ( $\pm$ 0.005)	4.6 ( $\pm$ 0.8)	9
<i>Wfs1</i> <sup>-/-</sup>	182 ( $\pm$ 11)	0.47 ( $\pm$ 0.05)	0.050 ( $\pm$ 0.006)*	7.0 ( $\pm$ 1.0)	9

\* $P < 0.01$  by one-factor Student's *t*-test compared with *wt* mice.

into the RRP is referred to as mobilization and involves priming by ATP hydrolysis. A recent study demonstrated that acidification of the secretory granules is necessary for the priming of the granules preceding exocytosis (18,22,31,32). We observed that the number of dense-core granules attached to the plasma membrane was reduced in  $\beta$ -cells of *Wfs1*-null mice, in association with impaired granular acidification. Docking and priming precede the Ca<sup>2+</sup>-evoked exocytic granular fusion events, and thus this observation may explain, at least in part, the impaired glucose-stimulated insulin secretion, another pathologic feature of  $\beta$ -cells, in *Wfs1*-null mice.

What is the molecular function of WFS1 protein? Current information on this fundamental question is very limited. As mentioned earlier, WFS1 protein may be a channel/transporter or its functional regulator (10,16). Calcium, protons or chloride channels are candidates in ER and in the insulin secretory granules for regulation of ER calcium homeostasis or secretory granule acidification. It was also reported that WFS1 protein bound to the sodium-potassium ATPase b1 subunit (33) and calmodulin (34), although the functional significance of binding to these target molecules is unknown. Very recently, WFS1 was reported to negatively regulate activating transcription factor 6 $\alpha$  through the ubiquitin-proteasome pathway (35). According to this finding, WFS1 may regulate target protein function, by modulating their turnover. Clearly, WFS1 can regulate multiple cellular functions and play a different role in each compartment in pancreatic  $\beta$ -cells.

In conclusion, previous studies have shown that WFS1 is an ER transmembrane protein that is implicated in cellular Ca<sup>2+</sup> homeostasis and unfolded protein response in  $\beta$ -cells. Our present study has demonstrated that the WFS1 protein is also localized to the secretory granules in mouse pancreatic  $\beta$ -cells and suggested its functional significance. The current study provides new insights into WFS1 protein function and the pathophysiology of Wolfram syndrome.

## MATERIALS AND METHODS

### Animal production and metabolic phenotype analysis

Generation and genotyping of *Wfs1*<sup>-/-</sup> mice have been described previously (15). We maintained *Wfs1*<sup>-/-</sup> mice on a C57BL/6J background. For the glucose tolerance test, mice were subjected to overnight fasting followed by intraperitoneal glucose injection (2.0 g/kg). Blood glucose was measured at 0, 15, 30 and 60 min after injection using an automatic blood glucose meter, Antsense III (Horiba, Kyoto Japan). Blood samples were collected at 0, 2, 5, 15 and 30 min after injection. Insulin levels were measured by an enzyme-linked immunosorbent assay (ELISA) kit using a rat insulin standard

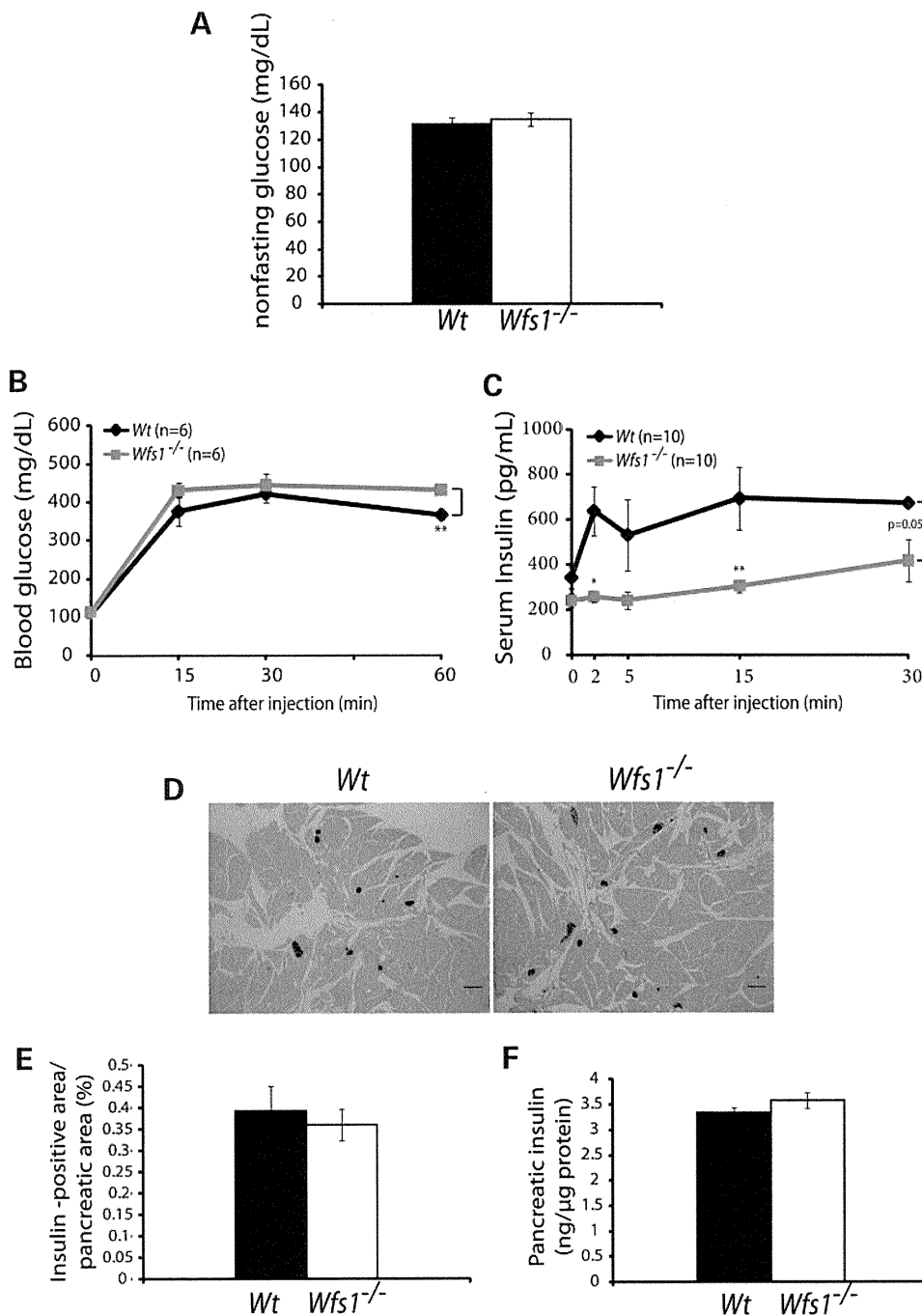
(Morinaga, Yokohama, Japan) or the mouse insulin ELISA kit (ALPCO, Salem, NH, USA). Proinsulin was measured by the mouse proinsulin ELISA kit (ALPCO). All the experiments were carried out in male mice and were approved by the Animal Ethics Committee of Yamaguchi University School of Medicine.

### Immunofluorescent staining of pancreatic islets

Pancreata were isolated from 12-week-old *Wfs1*<sup>-/-</sup> mice. Isolated pancreata were fixed overnight in 4% paraformaldehyde at room temperature. Tissue was then routinely processed for paraffin embedding, and 3- $\mu$ m sections were cut and mounted on glass slides. The sections were immunostained with antibodies to insulin (Dako Cytomation, CA, USA), Glucagon (Santa Cruz, CA, USA), GRP78 (BD Biosciences, San Jose, CA, USA) and chromogranin A (Santa Cruz). The antibody raised against the 290 amino acid mouse WFS1-N-terminus has been described previously (9). Cy3- or fluorescein isothiocyanate-conjugated (FITC) secondary antibodies (Jackson ImmunoResearch, West Grove, PA, USA) were used for fluorescence microscopy. Images were acquired on a confocal microscope (LSM 510, Carl Zeiss).

### Evaluation of intragranular acidification

Islets were mechanically dissociated as previously described (15) to obtain dispersed islet cells. Cells were allowed to adhere on polylysine-coated plastic slides (Lab-Tek Chambered Coverglass, Nalge Nunc International, NY, USA) in RPMI medium, followed by 1 h pre-incubation with or without 100 nM bafilomycin A1 (Calbiochem) prior to DAMP and LysoTracker treatment. For DAMP staining, 3  $\mu$ M DAMP (Invitrogen, OR, USA) was subsequently added to the medium for 1 h, and then dispersed islet cells were fixed with 4% paraformaldehyde in phosphate-buffered saline (PBS; pH 7.4). Anti-DNP-KLH secondary antibody (Molecular Probes, West Grove, PA, USA) was used for fluorescence microscopy. For LysoTracker (Molecular Probes) staining, 25 nM LysoTracker was added to the medium for 30 min. Then dispersed islet cells were fixed with 4% paraformaldehyde in PBS (pH 7.4). To recognize insulin-containing cells, after fixation, cells were stained with anti-insulin antibodies and visualized with FITC secondary antibodies. Fluorescent images were acquired with a confocal microscope, LSM 510 (Carl Zeiss). To measure fluorescence intensity derived from either DMAP or LysoTracker, a number of insulin-positive cells were randomly selected from both genotypes. The fluorescence intensity of each whole cell with the exception of the nucleus was measured and was later quantified using ImageJ 1.38  $\times$  (36).

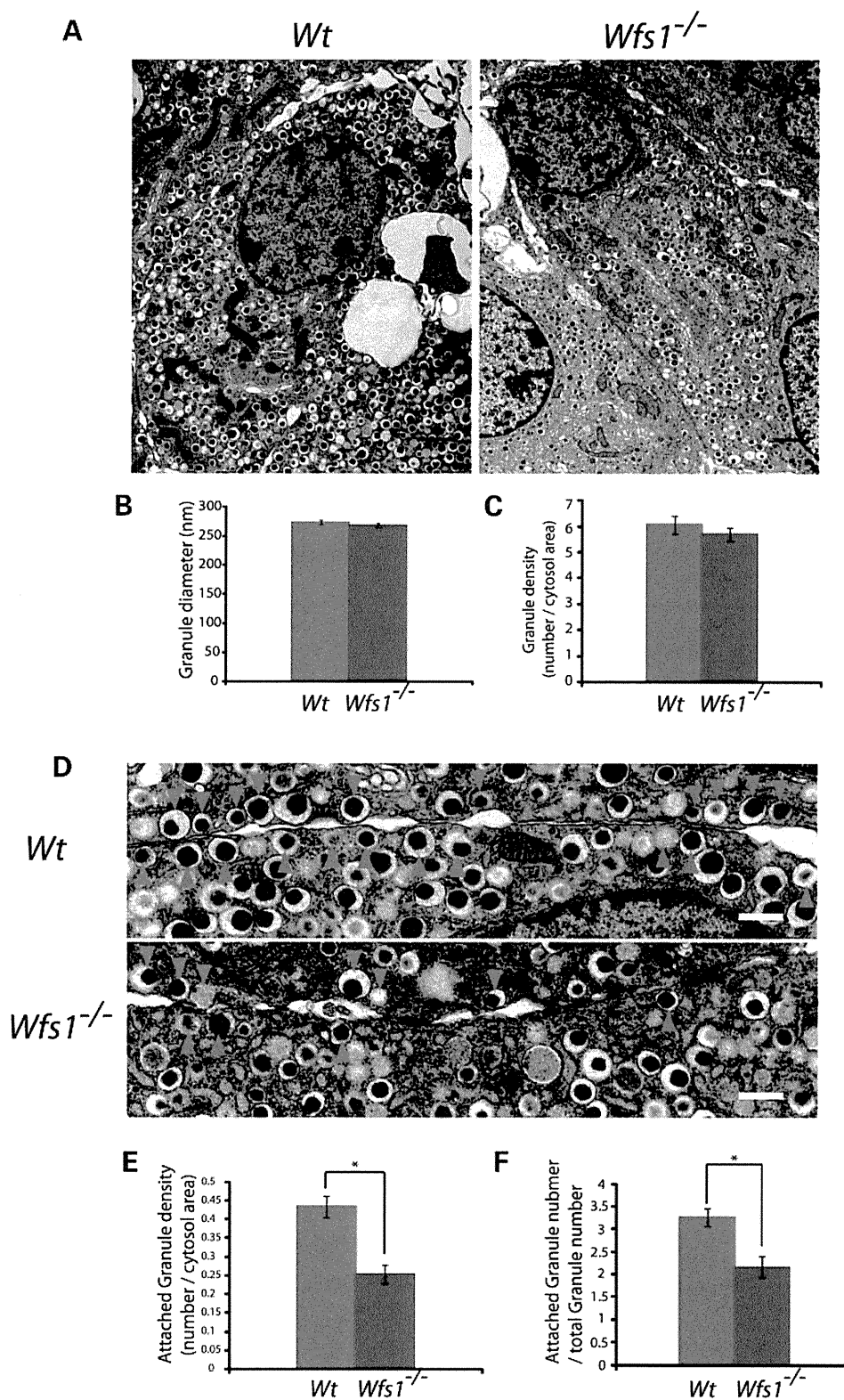


**Figure 4.** WFS1 deficiency results in glucose intolerance with severely impaired glucose-induced insulin release. (A) Non-fasting blood glucose levels in 12-week-old male mice (*Wt*, *n* = 11; *Wfs1*<sup>-/-</sup>, *n* = 11). Intraperitoneal glucose tolerance tests were performed on overnight-fasted male *Wt* and *Wfs1*<sup>-/-</sup> mice at 12 weeks of age after intraperitoneal injection of D-glucose (2 g/kg) (B and C). (B) Glucose levels at the indicated time intervals. \**P* < 0.05; \*\**P* < 0.01 (*Wt*, *n* = 6; *Wfs1*<sup>-/-</sup>, *n* = 6). (C) Plasma insulin levels at indicated time points after glucose injection (*Wt*, *n* = 10; *Wfs1*<sup>-/-</sup>, *n* = 10). Random pancreatic sections from the entire pancreas of 12-week-old mice of the indicated genotypes were stained with antibodies to insulin and then counterstained with hematoxylin (D and E). (D) Representative photographs of indicated genotypes are shown. Scale bar represents 300 μm. (E) Insulin-immunoreactive area was measured. Results are expressed as % of total pancreatic area containing insulin-immunoreactive cells (*Wt*, *n* = 3; *Wfs1*<sup>-/-</sup>, *n* = 3). (F) Insulin content extracted from whole pancreas of *Wt* and *Wfs1*<sup>-/-</sup> mice (*Wt*, *n* = 15; *Wfs1*<sup>-/-</sup>, *n* = 12).

#### Measurement of β-cell area

All animals were anesthetized with sodium pentobarbital (65 mg/kg, intraperitoneally) and perfused intracardially with 4% paraformaldehyde. Isolated pancreatic tissues were then

routinely processed for paraffin embedding, and 3 μm sections were cut and mounted on glass slides. The sections were de-paraffinized and re-hydrated, then immunostained with antibodies to insulin (Dako) bound to biotin-conjugated secondary antibodies with 3,3'-diaminobenzidine



**Figure 5.** WFS1-deficient  $\beta$ -cells have reduced the number of dense-core secretory granules attached to the plasma membrane. Morphometric analyses of insulin granules in  $\beta$ -cells from *Wfs1*<sup>-/-</sup> and *Wt* mice. For each genotype, 20 randomly selected  $\beta$ -cells from two 12-week-old male mice were analyzed. (A) Electron micrographs of  $\beta$ -cell sections from *Wfs1*<sup>-/-</sup> and *Wt* mice. Scale bar represents 1  $\mu$ m. (B) Average granule diameter and (C) granule number per cytosol area ( $\mu$ m<sup>2</sup>). (D) Electron micrographs of insulin granules attached to the plasma membrane. Scale bars indicate 500 nm. (E) Average number of attached granules per cytosol area ( $\mu$ m<sup>2</sup>) and (F) the attached granules to total granules ratio are summarized as the mean  $\pm$  SEM in the graph. \**P* < 0.05.

tetrahydrochloride and hematoxylin. The  $\beta$ -cell area was determined after analysis of a number of random sections from three mice in each genotype and analyzed with ImageJ 1.38 $\times$ .

### Isolation of islets from mice

Islets from 12-week-old C57BL/6J male mice, *Wfs1*<sup>-/-</sup> and *Wfs1*<sup>+/-</sup>/C57BL/6J background male mice were isolated by ductal collagenase digestion of the pancreas (15) followed by filtering and washing through a 70-mm Nylon cell strainer (BD Biosciences). Isolated islets were then maintained in RPMI medium containing 11 mM glucose, 10% FBS, 200 U/ml of penicillin and 200 mg/ml of streptomycin in humidified 5% CO<sub>2</sub> and 95% air at 37°C. All experiments on isolated islets were carried out 15 h after isolation.

### Preparation of total cell extract

Isolated islets were washed twice in ice-cold PBS and lysed in ice-cold cell lysis buffer consisting of 50 mM HEPES (pH 7.5), 1% (v/v) Triton X-100, 2 mM activated sodium orthovanadate, 100 mM sodium fluoride, 10 mM sodium pyrophosphate, 4 mM EDTA, 1 mM phenylmethylsulfonyl fluoride, 1  $\mu$ g/ml of leupeptin and 1  $\mu$ g/ml of aprotinin, then passed through a syringe with a 21 gauge needle 10 times, and particulate material was removed by centrifugation (10 000g for 10 min at 4°C). The supernatant was collected. Protein concentrations were determined using the BCA protein assay (Thermo Scientific, Rockford, IL, USA).

For immunoprecipitation, mouse insulinoma MIN6 cells were cultured in 100 mm diameter culture dishes until 80% confluence and lysed in ice-cold RIPA buffer consisting of 20 mM HEPES (pH 7.2), 100 mM NaCl, 25 mM NaF, 1 mM sodium vanadate, 1 mM benzamide, 5  $\mu$ g/ml of leupeptin, 5  $\mu$ g/ml of aprotinin, 1 mM phenylmethylsulfonyl fluoride, 1 mM dithiothreitol and 0.5% NP-40 in the presence of 1 mM EDTA and centrifuged for 15 min at 15 000g. Immunoprecipitation was performed using anti-WFS1 antibody and protein A Sepharose. After washing, immune complexes were directly eluted from the Sepharose using RIPA buffer.

### Western blot analysis

Proteins were resolved on 4–20 or 15–25% gradient polyacrylamide gels (Cosmo Bio Tokyo), blotted onto a PVDF membrane (Amersham Plc, Buckinghamshire, UK) and incubated overnight at 4°C in Tris-buffered saline containing a 1:500–1000 dilution of antibodies as listed below. The membrane was then incubated at 4°C for 60 min in Tris-buffered saline with a 1:5000 dilution of anti-rabbit IgG or anti-mouse IgG horseradish peroxidase-conjugated secondary antibody (Jackson Immunoresearch). Antibodies used were anti-WFS1 (9), anti-insulin/proinsulin (Dako), anti-PC2 (Gene Tex), anti-PC1/3 (Abcam, Cambridge, UK) and anti-mGAPDH (Sigma, St Louis, MO, USA). Immune complexes were revealed using an ECL Western Blot Detection kit (Amersham Plc) and the images were acquired by exposure onto medical X-ray film (Konica Minolta). Band intensities in the blots

were later quantified using ImageJ 1.38 $\times$  (36), and mGAPDH bands were used to adjust for loading differences.

### Electron microscopy

Conventional electron microscopy was performed as described previously (14). In brief, isolated pancreases were routinely processed. Ultrathin sections were doubly stained with uranyl acetate and lead citrate, and then observed under an electron microscope (Tecnai<sup>TM</sup> G<sup>2</sup> Spirit, FEI Company). The diameter and the density of secretory granules were analyzed and quantified using ImageJ 1.38 $\times$  (36).

### Immunoelectron microscopy

All animals were anesthetized with sodium pentobarbital (65 mg/kg, intraperitoneally) and perfused intracardially with ice-cold saline, followed by 0.5% glutaraldehyde and 4% paraformaldehyde in 0.1 M phosphate buffer (PB; pH 7.4). Pancreata were removed and soaked in 0.1 M PB containing 30% sucrose until they sank, and then frozen in powdered dry ice. Pancreatic sections were cut at a thickness of 60  $\mu$ m using a cryostat. The free-floating sections were pre-incubated for 2 h with 20% normal goat serum (NGS) in PBS and bleached for 1 h with 50% methanol and 1.5% hydrogen peroxide at 4°C. After washing with PBS containing 0.05% NGS and 0.3% Triton X-100, the sections were incubated with anti-WFS1 diluted 1:200 in PBS containing 1% NGS for 2 days at 20°C. Then, the sections were incubated for 2 h at 20°C with biotinylated secondary antibody (Dako Cytomation, Glostrup, Denmark; diluted 1:500) in PBS containing 1% NGS, followed by incubation with a mixture of horseradish peroxidase and rabbit anti-horseradish peroxidase antibody complexes (PAP; Dako Cytomation) and peroxidase-conjugated streptavidin (Dako Cytomation, diluted 1:500) in PBS (PAP-BAP method) for 2 h at 20°C. Subsequently, they were washed in 0.05 M Tris-HCl buffer and colored by a nickel-enhanced DAB reaction. The sections were post-fixed for 1 h with 1% OsO<sub>4</sub> in 0.1 M PB, block-stained for 1 h with 2% uranyl acetate in distilled water, dehydrated with a graded series of ethanol rinses, infiltrated with propylene oxide and finally embedded in epoxy resin. Ultrathin sections were collected on copper grids and observed under a Tecnai<sup>TM</sup> G<sup>2</sup> Spirit (FEI Company) electron microscope, operated at 120 kV with 2 min of lead staining. For immune-gold-electron microscopy, the pre-embedded immunogold method was used. Cryosections (60  $\mu$ m) were incubated with anti-WFS1 diluted 1:100 in PBS containing 1% NGS for 5 days at 20°C, followed by incubation with secondary antibodies conjugated with colloidal gold (10 nm diameter, BB International, diluted 1:20). Quantification of the distribution of gold particles on secretory granules and ER was performed in representative sections of a number of cells ( $n = 24$ ).

### Statistical analysis

Data were obtained from at least three independent experiments and presented as mean  $\pm$  SEM. The significance of variations was analyzed by one-factor Student's *t*-test with a significance level of 0.05 (95% confidence interval).

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# Glucose and Fatty Acids Synergize to Promote B-Cell Apoptosis through Activation of Glycogen Synthase Kinase 3 $\beta$ Independent of JNK Activation

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## Abstract

**Background:** The combination of elevated glucose and free-fatty acids (FFA), prevalent in diabetes, has been suggested to be a major contributor to pancreatic  $\beta$ -cell death. This study examines the synergistic effects of glucose and FFA on  $\beta$ -cell apoptosis and the molecular mechanisms involved. Mouse insulinoma cells and primary islets were treated with palmitate at increasing glucose and effects on apoptosis, endoplasmic reticulum (ER) stress and insulin receptor substrate (IRS) signaling were examined.

**Principal Findings:** Increasing glucose (5–25 mM) with palmitate (400  $\mu$ M) had synergistic effects on apoptosis. Jun NH2-terminal kinase (JNK) activation peaked at the lowest glucose concentration, in contrast to a progressive reduction in IRS2 protein and impairment of insulin receptor substrate signaling. A synergistic effect was observed on activation of ER stress markers, along with recruitment of SREBP1 to the nucleus. These findings were confirmed in primary islets. The above effects associated with an increase in glycogen synthase kinase 3 $\beta$  (Gsk3 $\beta$ ) activity and were reversed along with apoptosis by an adenovirus expressing a kinase dead Gsk3 $\beta$ .

**Conclusions/Significance:** Glucose in the presence of FFA results in synergistic effects on ER stress, impaired insulin receptor substrate signaling and Gsk3 $\beta$  activation. The data support the importance of controlling both hyperglycemia and hyperlipidemia in the management of Type 2 diabetes, and identify pancreatic islet  $\beta$ -cell Gsk3 $\beta$  as a potential therapeutic target.

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## Introduction

The natural history of Type 2 diabetes mellitus (T2D) includes a progressive decline in  $\beta$ -cell function associated with peripheral insulin resistance. The  $\beta$ -cell dysfunction has been attributed in part to loss of  $\beta$ -cell mass via apoptosis [1] with inadequate insulin secretion leading to hyperglycemia and other diabetes symptoms [2]. Insulin resistance is at the core of obesity associated diabetes and is thought to reflect impaired insulin signaling due to chronically increased levels of free fatty acids (FFA). High FFA are also implicated in the reduction in  $\beta$ -cell mass that has been referred to as lipotoxicity. The combination of elevated glucose and FFA, or “glucolipotoxicity” that is prevalent

in T2D has been suggested to be a major contributor to  $\beta$ -cell death [3,4,5,6].

The search for molecular mechanisms for glucose potentiation of FFA-induced  $\beta$ -cell dysfunction has been the subject of several recent studies (see [7] for review). One area of investigation has focused on the insulin receptor substrate-PI3K-Akt signaling pathway. The first study showing that the FFA oleate impaired insulin signaling in insulinoma cells demonstrated that the cells were protected from FFA-induced apoptosis by expressing a constitutively active Akt [8]. Several biochemical and genetic studies subsequently showed that saturated FFA could promote ER stress in insulinoma cells and in primary rodent and human islets [9,10,11,12]. More recently, it was shown that high glucose

potentiated FFA induced apoptosis by enhancing ER stress [13]. ER stress in insulinoma cells was shown to impair insulin signaling through activation of ATF3, an ER stress response protein that was implicated in suppression of IRS2 expression [14]. ATF3 is another stress inducible gene that is activated in different tissues by a variety of stresses [15].

How glucose potentiates FFA induced ER stress, reduced insulin receptor substrate signaling, and apoptosis is incompletely understood. Our recent study showed that there was a dose-dependent effect of FFA in the presence of high glucose on apoptosis in insulinoma cells and primary islets [16] that was associated with JNK activation, ER stress, and reduced insulin signaling. In the current study, we found a dose-dependent effect of glucose in the presence of palmitate on cell death that appeared to be over and above JNK activation. We observed glucose dose-dependent synergistic effects on palmitate inhibition of receptor substrate signaling and activation of Gsk3 $\beta$ . Co-treatment with an adenovirus expressing a kinase dead Gsk3 $\beta$  significantly protected  $\beta$ -cells from cell death. Our data support importance of Gsk3 $\beta$  in the synergistic effects of glucose and FFA.

## Materials and Methods

### Cell Culture

Mouse insulinoma cell line MIN6 (passage 24–32) were grown in monolayer cultures as described previously [17] in Dulbecco's modified Eagle's medium (Sigma Aldrich) supplemented with 15% fetal bovine serum, 50 mmol/L  $\beta$ -mercaptoethanol at 37°C in a humidified (5% CO<sub>2</sub>, 95% air) atmosphere. Rat insulinoma INS-r3 cells were grown as previously described [18]. The palmitic acid (palmitate), formalin, propidium iodide, IL-1 $\beta$ , tunicamycin and TNF $\alpha$  were purchased from Sigma (Saint Louis, MO). Tauroursodeoxycholic Acid Sodium Salt (TUDCA) was purchased from CALBIOCEM (Darmstadt, Germany).

### Fatty acids (FFA) Treatment of MIN6 Cells and Islets

The complete protocol was previously described [16]. Briefly a 20 mM solution of the FFA in 0.01 M NaOH was incubated at 70°C for 30 minutes. Then, 330  $\mu$ L of 30% BSA and 400  $\mu$ L of the free FFA/NaOH mixture was mixed together and filter sterilized with 20 mL of either the DMEM or RPMI media. The approximate molar ratio of FFA:BSA is 6:1 with 400  $\mu$ M palmitate. The addition of BSA or a FFA:BSA mixture has not been shown to affect the pH of the media.

### Propidium iodide/Cell Death Assay

MIN6 cells were grown on glass cover slips within the wells of a 6-well plate and incubated with either BSA alone or 400  $\mu$ M both FFAs complexed with BSA for 24 hours as previously described [16]. After treating cells for 24 hours with various treatments, the cells were incubated with 10  $\mu$ g/ml (1 to 1000 dilution) Propidium Iodide (PI) and 20  $\mu$ g DAPI added directly to the media at 37°C, 5% CO<sub>2</sub> for 1 hour. The medium was then removed by aspiration, and the cells were washed once with PBS and then fixed by incubation with 3.7% formaldehyde for 15 min at room temperature. After fixation, the MIN6 cells were mounted with anti-fading gel solution including DAPI (Biomedica Corporation, Foster City, CA) on to glass slides. Each condition reported represents over 3000 cells counted by randomized field selection. The percentage of cell-death is reported as the number of PI stained nuclei over the total number of nuclei stained by DAPI as quantitated by Image J software 1.37 [19].

### Western blot analysis

MIN6 were washed twice in ice-cold phosphate-buffered saline and were lysed in ice-cold cell lysis buffer consisting of 50 mM HEPES (pH 7.5), 1% (v/v) Nonidet P-40, 2 mM activated sodium orthovanadate, 100 mM sodium fluoride, 10 mM sodium pyrophosphate, 4 mM EDTA, 1 mM phenylmethylsulfonyl fluoride, 1  $\mu$ g/mL leupeptin, and 1  $\mu$ g/mL aprotinin, then passed through syringe with a 21 gauge needle 10 times while INS-r3 cells were sonicated (Misonix, Farmingdale, NY) and particulate material from both cell lines were removed by centrifugation (10,000  $\times$  g; 10 min; 4°C). The supernatants were collected. Protein concentrations were determined using the Bio-Rad protein assay (Bio-Rad, Hercules, CA).

The extracts (20  $\mu$ g of total protein) were resolved on 7.5% or 4–15% gradient polyacrylamide gels and were blotted onto a nitrocellulose membrane (Bio-Rad, CA), and incubated overnight at 4°C in Tris-buffered saline containing a 1:1000–5000 dilution of antibody as listed below. The membrane was then incubated at 4°C for 60 min in Tris-buffered saline with a 1:2000 dilution of anti-rabbit IgG or anti-mouse IgG horseradish peroxidase-conjugated secondary antibody (Cell Signaling Technology). Antibodies used were anti-total Akt, anti-phospho-Akt (S473), anti-cleaved Caspase3, anti-phospho-PERK (980Thr), anti-phospho-eIF2 $\alpha$ (51Ser), anti-total JNK1/2, anti-phospho-JNK, anti-phospho-AMPK, total AMPK, anti-phospho-ACC, anti-total ACC from Cell Signaling Technology (Beverly, MA), anti-SREBP1 from Neo Markers (Fremont, CA), anti-IRS1, anti-IRS2 from Upstate (Billerica, MA), anti-ATF3, anti-Insig1, anti-Lamin from Santa Cruz (Santa Cruz, CA) and anti- $\alpha$ -Tubulin and from Sigma (Saint Louis, MO).

Immune complexes were revealed using ECL Advance Western Blot Detection kit (Amersham Plc, Buckinghamshire UK) and the images were acquired using a FluoroChem 8800 digital camera acquisition system (Alpha Innotech, San Leandro, CA, USA). Band intensities in the blots were later quantified using ImageJ 1.38  $\times$  [19] and  $\alpha$ -Tubulin or  $\beta$ -Actin bands were used to adjust for loading differences.

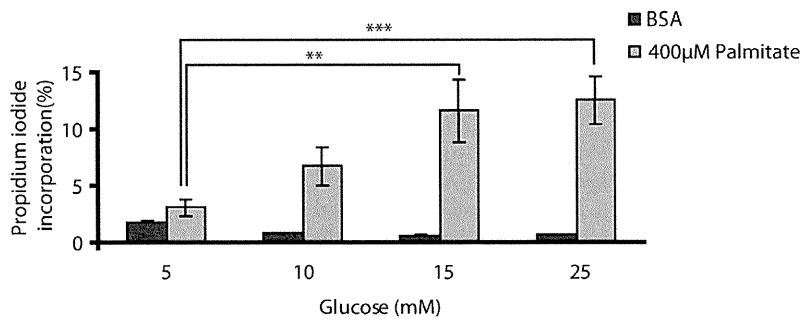
### Nuclear and cytoplasmic fractions from MIN6

MIN6 cells were cultured in 60-mm diameter culture dishes until 80% confluency. For isolation of nuclear extracts, the cells were then collected into microtubes, centrifuged for 20 s in a microcentrifuge, and resuspended in 200  $\mu$ l of 10.0 mM Hepes, pH 7.9, containing 10.0 mM KCl, 1.5 mM MgCl<sub>2</sub>, and 0.5 mM dithiothreitol. After incubation at 4°C for 15 min, the cells were lysed by passing 10 times through a 21-gauge needle. Next, the cells were centrifuged for 20s in a microcentrifuge, and the supernatant (cytoplasmic fraction) was removed and frozen in small aliquots. The pellet, which contained the nuclei, was resuspended in 150  $\mu$ l of 20 mM Hepes, pH 7.9, containing 20% v/v glycerol, 0.1 M KCl, 0.2 mM EDTA, 0.5 mM dithiothreitol, and 0.5 mM phenylmethanesulfonyl fluoride and then stirred at 4°C for 30 min. The nuclear extracts were then centrifuged for 20 min at 4°C in a microcentrifuge. The supernatant was collected, aliquoted into small volumes, and stored at –80°C.

### Islet isolation and culture

Islets from 12 weeks of age C57BL/6 male mice were isolated by ductal collagenase distension/digestion of the pancreas [20] followed by filtering and washing through a 70 mm Nylon cell strainer (BD Biosciences, San Jose, CA). Isolated islets were then maintained in RPMI medium containing 11 mM glucose, 10% FBS, 200 units/ml penicillin, and 200/ml streptomycin in humidified 5% CO<sub>2</sub>, 95% air at 37°C. The palmitate treatments were carried out 15 hours after isolation. Adenovirus infections

A.



B.

