

Table 1
Primers and conditions for PCR.

Name	Primer	Position	Sequence	Size of PCR product (bp)	Annealing temperature (°C)
GLDC 1F	Sense	Exon1	5'-AAAGACCAGAGAGAGATGCT-3'	719	65⇒60*
GLDC 1R	Antisense	Exon7	5'-ATGTCTACCCCAAATTCTCCA-3'		
GLDC 2F	Sense	Exon6	5'-GAAAAGATGTCAGTGGAGTGT-3'	720	65⇒60*
GLDC 2R	Antisense	Exon11/12	5'-GTTCTGCAGATGACTCACAAC-3'		
GLDC 3F	Sense	Exon10	5'-GCATCAACTCCAGCATGACC-3'	682	60
GLDC 3R	Antisense	Exon17	5'-GGTCCCATGTGCTGATTTCCG-3'		
GLDC 4F	Sense	Exon15	5'-AGGATATCAGCAGCTTTTCC-3'	718	60
GLDC 4R	Antisense	Exon21	5'-TTGTTAAGACCCCTTGCCCTC-3'		
GLDC 5F	Sense	Exon19/20	5'-TCGGAGTGAAGAAACATCTC-3'	743	60
GLDC 5R	Antisense	Exon25	5'-CCTCTTTTGTTCAGAAAATGGAG-3'		
GLDC 6F	Sense	Exon23	5'-TGATCAGCATTCCGCAGGAAA-3'	622	60
GLDC 6R	Antisense	Exon25	5'-TCTCCAGGATAGCCTCTATGACA T-3'		
GLDCex22F	Sense	Intron21	5'-ACATAAAAAGCTGATGCACT-3'	345	60
GLDCex22R	Antisense	Intron22	5'-CTATTATTTGGAGGTTGCC-3'		
GLDCex23F	Sense	Intron22	5'-TTCTATGAACAGCACTGAGA-3'	434	60
GLDCex23R	Antisense	Intron23	5'-GTATCATCCTCAGTTGAGAG-3'		

primers using Ex Taq PCR version 1.0 kit (Takara, Shiga, Japan) according to the manufacturer's instructions (Table 1). The PCR fragments were sequenced using the Big Dye Terminators v1.1 Cycle Sequencing kit (Applied Biosystems, Foster City, CA).

3. Results

From the MRI findings, we suspected a metabolic disorder causing white matter degeneration. Leukocyte lysosomal enzyme activities, including arylsulfatase A, were normal. Bone marrow revealed normocellularity without

foam cells. Amino acid analysis of plasma revealed a substantially high level of glycine (1671.1 nmol/ml, normal range: 127–341) with high CSF/plasma glycine levels (266.8/2074.5 nmol/ml, normal range: 4.8–8.4/127–341). The elevated glycine and characteristic white matter tract abnormalities revealed by diffusion-weighted (DWI) in patients with NKH [5], led us to conduct the ¹³C-glycine breath test. This showed a significantly decreased ¹³C-cumulative recovery of only 13.1% (<−2SD), strongly suggesting NKH [4]. RT-PCR and subsequent sequencing revealed Leu885Pro/Trp897Cys missense mutations in *GLDC* that were transmitted from both parents

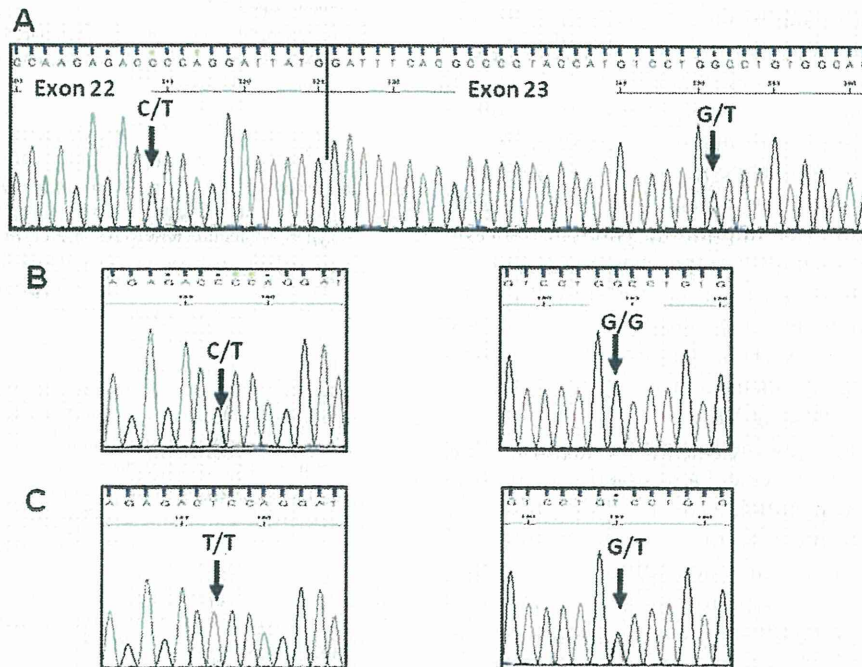


Fig. 2. (A) RT-PCR and subsequent sequencing showed heterozygous Leu885Pro/Trp897Cys missense mutations of the *GLDC* gene. Sequencing genomic DNA from her parents revealed that these mutations were transmitted from her mother (B), and father (C).

		L885	W897							
homo.protein	879:	VD	AK	LDYGFHAPTMSW	PVAGTLM	EFTESEDK	ELDRFCD	AMISIR	QEIADIEEGR	938
chimpanzee.protein	879:	VD	AK	LDYGFHAPTMSW	PVAGTLM	EFTESEDK	ELDRFCD	AMISIR	QEIADIEEGR	938
mouse.protein	884:	VD	AK	LDYGFHAPTMSW	PVAGTLM	EFTESEDK	ELDRFCD	AMISIR	QEIADIEEGR	943
cattle.protein	879:	VD	AK	LDYGFHAPTMSW	PVAGTLM	EFTESEDK	ELDRFCD	AMISIR	QEIADIEEGR	938
chicken.protein	863:	VD	AK	LDYGFHAPTMSW	PVAGTLM	EFTESEDK	ELDRFCD	AMISIR	QEIADIEEGR	922
dog.protein	882:	VD	AK	LDYGFHAPTMSW	PVAGTLM	EFTESEDK	ELDRFCD	AMISIR	QEIADIEEGR	941
zebrafish.protein	844:	VD	AK	LDYGFHAPTMSW	PVAGTLM	EFTESEDK	ELDRFCD	SLLA	IRQEIADIEEGR	903

Fig. 3. Patient's GLDC amino acid sequence compared with that of several other animals reveals that both substituted residues Leu885 and Trp897 are highly conserved among species.

(Fig. 2). These mutations should not be polymorphisms, because both residues are highly conserved among species (Fig. 3) and we did not detect them in more than 100 control alleles. After we diagnosed the patient with NKH, we started sodium benzoate (250 mg/kg) and dextromethorphan (20 mg/kg). She showed dramatically decreased hypertonicity and now goes to a special elementary school.

4. Discussion

NKH is often erroneously diagnosed as sepsis or hypoxic ischemic injury, particularly in the severe neonatal cases [3,6]. In the present case, septic meningitis with echo-related virus made the correct diagnosis of NKH difficult. Seizure frequencies were increased following both occasions of VPA therapy. VPA reduces GCS activity and inhibits glycine uptake to mitochondria and increases the level of glycine in serum and CSF in NKH patients [7,8]. Excessive stimulation by glycine of the excitatory N-methyl-D-aspartate (NMDA)-type glutamate receptor causes the seizures and possible excitotoxicity characteristic of NKH [9]. That raised the possibilities that the VPA therapy elevated the level of glycine and exaggerated the neurological presentation in this patient. A somewhat similar case report describes a patient with nonketotic hyperglycinemia following her presentation with acute encephalopathy and chorea shortly after initiation of valproate therapy [10]. As far as we know, increases in seizure frequencies after administration of VPA have not been reported in the English literature. This patient again teaches us to consider a differential diagnosis of NKH in patients showing paradoxical worsening of neurological status such as seizure frequency following VPA.

Benzoate decreases glycine levels by conjugation and excretion as hippurate glycine. Dextromethorphan, converted to its active metabolite, dextrorphan, acts as a noncompetitive inhibitor of the NMDA receptor [9]. Sodium benzoate and dextromethorphan dramatically decreased the patient's hypertonicity and seizure frequency. Although NKH is an incurable disease, a correct diagnosis altered the patient's life completely,

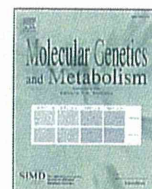
enabling her to leave hospital, return home, and to attend school, thus emphasizing the importance of a correct diagnosis of NKH.

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Simple and rapid genetic testing for citrin deficiency by screening 11 prevalent mutations in *SLC25A13*

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ABSTRACT

Citrin deficiency is an autosomal recessive disorder caused by mutations in the *SLC25A13* gene and has two disease outcomes: adult-onset type II citrullinemia and neonatal intrahepatic cholestasis caused by citrin deficiency. The clinical appearance of these diseases is variable, ranging from almost no symptoms to coma, brain edema, and severe liver failure. Genetic testing for *SLC25A13* mutations is essential for the diagnosis of citrin deficiency because chemical diagnoses are prohibitively difficult. Eleven *SLC25A13* mutations account for 95% of the mutant alleles in Japanese patients with citrin deficiency. Therefore, a simple test for these mutations is desirable. We established a 1-hour, closed-tube assay for the 11 *SLC25A13* mutations using real-time PCR. Each mutation site was amplified by PCR followed by a melting-curve analysis with adjacent hybridization probes (HybProbe, Roche). The 11 prevalent mutations were detected in seven PCR reactions. Six reactions were used to detect a single mutation each, and one reaction was used to detect five mutations that are clustered in a 21-bp region in exon 17. To test the reliability, we used this method to genotype blind DNA samples from 50 patients with citrin deficiency. Our results were in complete agreement those obtained using previously established methods. Furthermore, the mutations could be detected without difficulty using dried blood samples collected on filter paper. Therefore, this assay could be used for newborn screening and for facilitating the genetic diagnosis of citrin deficiency, especially in East Asian populations.

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1. Introduction

Citrin deficiency is an autosomal recessive disorder that results from mutations in the *SLC25A13* gene [1] and causes two diseases: adult-onset type II citrullinemia (CTLN2; OMIM #603471) and neonatal intrahepatic cholestasis caused by citrin deficiency (NICCD; OMIM#605814) [1–4]. The clinical appearance of these diseases is variable and ranges from almost no symptoms to coma, brain edema, and severe liver failure requiring transplantation [5–8]. In a study of patients with NICCD, only 40% of individuals were identified by newborn screenings to have abnormalities, such as hypergalactosemia, hypermethioninemia, and hyperphenylalaninemia [9]. Other

patients were referred to hospitals with suspected neonatal hepatitis or biliary atresia, due to jaundice or discolored stool [9]. Hypercitrullinemia was not observed in all patients [9]. Mutation analysis of *SLC25A13* is indispensable because of the difficulties associated with the chemical diagnosis of citrin deficiency. The *SLC25A13* mutation spectrum in citrin deficiency is heterogeneous, and more than 31 mutations of *SLC25A13* have been identified to date [1,10–18]. However, there are several predominant mutations in patients from East Asia. As shown in Table 1, 6 prevalent mutations account for 91% of the mutant alleles in the Japanese population [12,19]. Five additional mutations also occur within a 21-bp cluster in exon 17 (Table 1 and Fig. 1D). The six prevalent mutations, together with the five mutations in exon 17, account for 95% of the mutant alleles in Japan [12,19].

Several different methods, such as direct sequencing, PCR restriction fragment length polymorphism (PCR-RFLP), and denaturing high performance liquid chromatography (DHPLC), are currently used for the detection of mutations in *SLC25A13* [1,10–14,19]. However, these methods are too complex for clinical use. Direct sequencing is a standard but cumbersome method. The PCR-RFLP method is

Abbreviations: CTLN2, adult-onset type II citrullinemia; FRET, fluorescence resonance energy transfer; HRM, high resolution melting; NICCD, neonatal intrahepatic cholestasis caused by citrin deficiency; Tm, melting temperature.

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Table 1
Seven primer/probe sets and 11 targeted mutations of *SLC25A13*.

Primer/probe set	Mutation	Location	Nucleotide change	Effects of mutations	Allele frequency* [19]	References
A	Mutation [I]	:851del4	c.851_854delGTAT	p.R284fs(286X)	33.2%	[1]
B	Mutation [II]	:g.IVS11+1G>A	c.1019_1177del	p.340_392del	37.6%	[1]
C	Mutation [III]	:1638ins23	c.1638_1660dup	p.A554fs(570X)	3.4%	[1]
D	Mutation [IV]	:S225X	c.675C>A	p.S225X	5.3%	[1]
E	Mutation [V]	:g.IVS13+1G>A	c.1231_1311del	p.411_437del	8.2%	[1]
F	Mutation [XIX]	:IVS16ins3kb	c. aberrant RNA	p.A584fs(585X)	4.6%	[19]
G	Mutation [VI]	:1800ins1	c.1799_1800insA	p.Y600X	1.3%	[10]
	Mutation [VII]	:R605X	c.1813C>T	p.R605X	0.90%	[10]
	Mutation [VIII]	:E601X	c.1801G>T	p.E601X	1.2%	[11]
	Mutation [IX]	:E601K	c.1801G>A	p.E601K	0.30%	[11]
	Mutation [XXI]	:L598R	exon 17	c.1793T>G	p.L598R	0%
					Total 95.1%	

* The frequency of each mutant allele among Japanese patients with citrin deficiency.

complicated and can lead to genotyping errors, due to incomplete digestion by the restriction enzymes. DHPLC is time-consuming and requires expensive equipment. Thus, there is a strong need for the development of a simple test for these mutations.

The goal of this study was to establish a rapid and simple test for the detection of the 11 most common *SLC25A13* mutations. We adopted the HybProbe format (Roche) for the detection of the mutations using real-time PCR followed by a melting-curve analysis with adjacent hybridization probes [20,21]. This assay can be completed in less than 1 h and has the advantage of being a closed-tube assay. The fundamental process for detecting point mutations using the HybProbe assay is presented in Fig. 1A. The 11 prevalent mutations contain not only point mutations but also include a 4-bp deletion and insertions of 1-bp, 23-bp and 3-kb genomic fragments (Table 1 and Fig. 1). Careful design of the PCR primers and HybProbes enabled us to test for these various *SLC25A13* mutations.

2. Methods

2.1. Subjects

CTLN2 and NICCD were diagnosed, as previously described [9,10,19,22–24]. Genomic DNA of the patients was obtained from peripheral blood leukocytes using the DNeasy blood kit (Qiagen Inc., Valencia, CA, USA). Genomic DNA was purified from filter paper blood samples using the ReadyAmp Genomic DNA Purification System (Promega, Madison, WI, USA). Mutations in these DNA samples

were analyzed at Kagoshima University using a combination of PCR with or without restriction enzyme digestion or by direct sequencing, as previously described [1,10–14,19]. Another set of samples was obtained from 420 healthy volunteers (mainly from Miyagi prefecture in the northeastern region of Japan) at Tohoku University. Genomic DNA from leukocytes was extracted, as described above.

2.2. Detection of seven prevalent mutations in *SLC25A13* using the HybProbe assay

HybProbe probes comprise a pair of donor and acceptor oligonucleotide probes designed to hybridize adjacent to their target sites in an amplified DNA fragment [20,21]. The donor probes are labeled at their 3' end with fluorescein isothiocyanate (FITC), whereas the acceptor probes are labeled at their 5' end with LC Red640; these acceptor probes are phosphorylated at their 3' end to prevent extension by the DNA polymerase. When two probes hybridize to the amplicon, the fluorescent dyes are located within 5 bases of each other, which allows fluorescence resonance energy transfer (FRET) between the excited FITC and the LC Red640; this process emits light that can be quantified by real-time PCR. Following PCR amplification, a melting-peak analysis is performed. The melting peak is produced by the reporter probe, which has a lower melting temperature (T_m) than the other probe, called the anchor probe. As the reporter melts from the target, the fluorophores are separated, and the FRET ceases. The T_m of the reporter probe determines the reaction

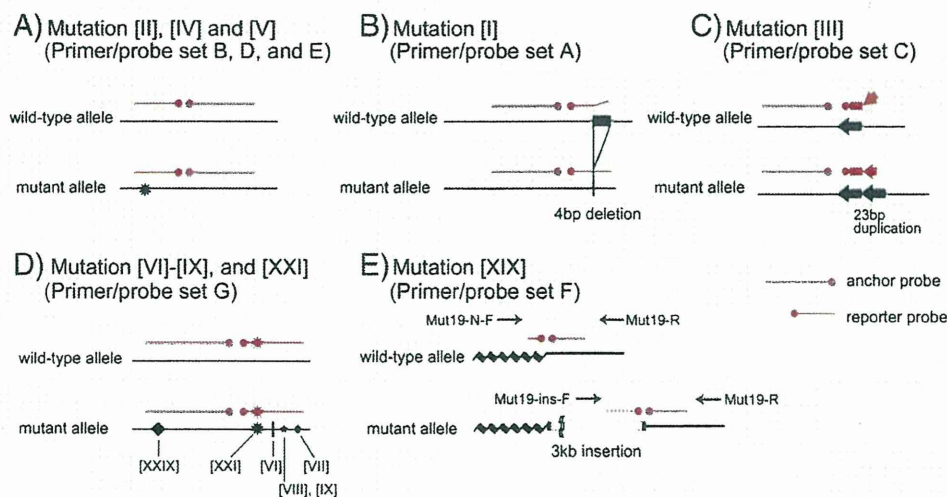


Fig. 1. Principle of *SLC25A13* mutation detection by melting-curve analysis with the HybProbe assay. In primer/probe sets A–E, and G, PCR was performed with a pair of primers, whereas in primer/probe set F, two forward primers and one common reverse primer were used for the amplification of both wild-type and mutant alleles. Note that mutation [XXIX], located on the anchor probe of primer/probe set G, is a non-target mutation.

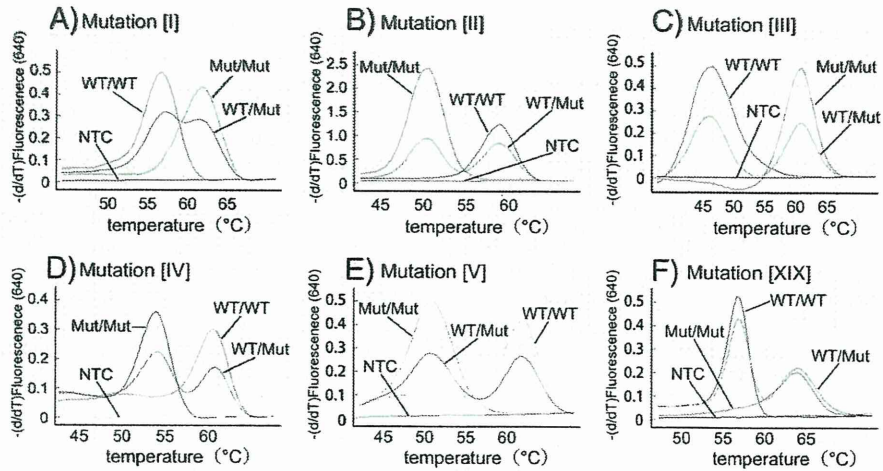


Fig. 2. Typical melting curves used in the detection of mutations [I–V] and [XIX]. Each assay using primer/probe sets A–F is displayed in a separate graph (A–F). WT: wild-type allele, Mut: mutant allele, NTC: no DNA template control.

2.3. Validation of the mutation detection system

After establishing the protocol for detecting the 11 prevalent mutations, 50 DNA samples from patients' blood were sent from Kagoshima University to Tohoku University for the validation of this system in a single-blind manner. Similarly, 26 DNA samples purified from paper-filter blood samples were analyzed in the same manner as the blood DNA samples.

2.4. Estimation of the carrier frequency

For the estimation of the heterozygous carrier frequency, 420 genomic DNA samples from healthy volunteers were screened using the HybProbe analysis for the 11 prevalent mutations. All detected mutations were confirmed by direct sequencing.

2.5. Ethics

This study was approved by the Ethical Committees of Tohoku University School of Medicine and Kagoshima University. Written informed consent was obtained from all participants or their guardians.

3. Results

3.1. Development of the mutation detection system

In primer/probe sets B, D, and E, the reporter probes were designed to be complementary to the wild-type allele (Fig. 1A). To allow for an improved detection of the mutations, primer/probe sets A and C were designed to be complementary to the mutant allele (Figs. 1B, C). In the primer/probe set F, two forward PCR primers, which were specific to the wild-type and the mutant alleles, were used with a common reverse primer for the co-amplification of the wild-type and 3-kb insertion alleles (Fig. 1E). Two reporter probes, which had a common anchor probe, were used for the detection of the wild-type and mutant alleles. Because the two reporter probes had different melting temperatures, we were able to identify the allele that was amplified. Fig. 2 shows representative results of the melting curve analyses using the primer/probe sets A–F, in which all of the mutant alleles generated distinct peaks corresponding to the wild-type alleles.

In the primer/probe set G, we used a reporter probe that was complementary to the mutant [XXI] allele (Fig. 1D). All five mutations in exon 17 were successfully differentiated from the wild-type allele (Figs. 3A–E). The [XXIX] mutation is an additional mutation in exon

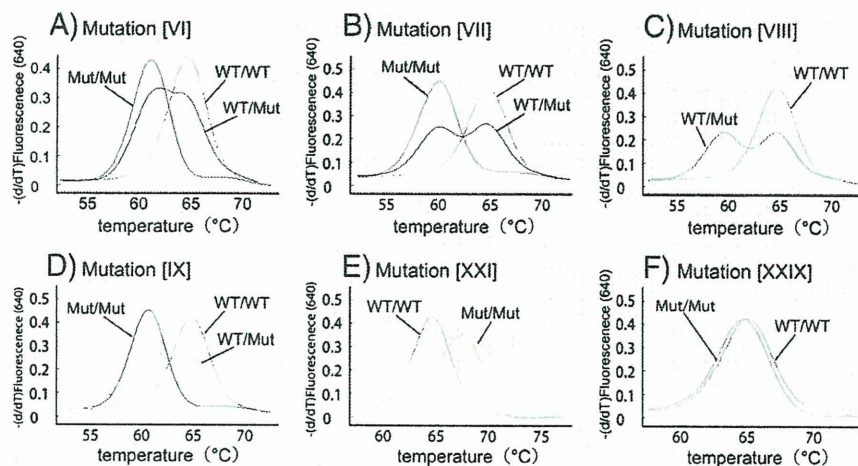


Fig. 3. Typical melting curves used in the detection of mutations [VI–XI], [XXI], and [XXIX] on exon 17. Genotyping was performed using primer/probe set G. Each melting curve for a target mutation is displayed in a separate graph (A–F). Note that mutation [XXIX] (F) is a non-target mutation on the anchor probe. WT: wild-type allele, Mut: mutant allele.

17 that is not listed in Table 1. The [XXIX] mutation is located in the anchor-probe binding site and not on the reporter-probe binding site (Fig. 1D). To examine the effect of mutations on the anchor probe, we genotyped a patient with a heterozygous [XXIX] mutation using primer/probe set G (Fig. 3F). We found no change in the melting curves between the wild-type allele and the [XXIX] allele, thereby suggesting that point mutations within the anchor probe sequence have little effect on the melting curve analysis.

3.2. Validation

The genotypes determined at Tohoku University using the proposed method and those determined at Kagoshima University using a previously published method were identical for the 11 common mutations (Table S1 in supplementary material). We performed a similar test using DNA samples purified from filter-paper blood samples to determine if this method could be used for newborn screening. The genotypes determined in both laboratories were identical for all 26 DNA samples (Table S2 in supplementary material).

3.3. Frequency of eleven prevalent mutations

We found four heterozygous carriers of mutation [I], three of mutation [II], and two of mutation [V]. In addition, primer/probe set G detected one heterozygous mutation, which was confirmed as mutation [VIII] by direct sequencing. Altogether, 10 mutations were detected in 420 Japanese healthy controls.

4. Discussion

We developed a simple and rapid genetic test using real-time PCR combined with the HybProbe system for the 11 prevalent mutations in *SLC25A13*: mutations [I], [II], [III], [IV], [V], [VI], [VII], [VIII], [IX], [XIX], and [XXI]. This genetic test is a closed-tube assay in which no post-PCR handling of the samples is required. In addition, the genotyping is completed within 1 h. This test can utilize DNA samples purified from both peripheral blood and filter-paper blood. The reliability of the test was confirmed by genotyping 76 blind DNA samples from patients with citrin deficiency, including 50 peripheral blood and 26 filter-paper blood DNA samples. Because screening for the 11 targeted mutations would identify 95% of mutant alleles in the Japanese population [19], both, one, and no mutant alleles are expected to be identified in 90.4%, 9.3%, and less than 0.3% of patients, respectively. This genetic test would be useful not only in Japan but also other East Asian countries, including China, Korea, Taiwan and Vietnam, in which the same mutations are prevalent. Our test is expected to detect 76–87% of the mutant alleles in the Chinese population [12,19,25], 95–100% in the Korean population [12,19,26], 60–68% in the Taiwanese population [27,28], and 100% in the Vietnamese population [12,19]. If we were to prepare a primer/probe set for mutation [X]:g.IVS6+5G>A [12], which is prevalent in Taiwan, the estimated sensitivity would exceed 90% in the Taiwanese population [27,28].

Recently, the high resolution melting (HRM) method was reported to be suitable for the screening of mutations in the diagnosis of citrin deficiency [28]. HRM analysis is a closed-tube assay that screens for any base changes in the amplicons. The presence of SNPs anywhere on the amplicons can affect the melting curve, thereby suggesting that HRM is not suitable for screening for known mutations, but rather, is best suited to screening for unknown mutations. When we detected one heterozygous prevalent mutation, we performed HRM screening for all 17 exons of *SLC25A13*. After HRM screening, only the HRM-positive exons were subjected to direct sequencing analysis. Several mutant alleles were identified using this approach.

The frequency of homozygotes, including compound heterozygotes, presenting *SLC25A13* mutations in the population at Kagoshima (a prefecture in the southern part of Japan) has been calculated to be 1/17,000 based on the carrier rate (1/65) [19]. The prevalence of NICCD has been also reported to be 1/17,000–34,000 [29]. In this study, the carrier rate in Miyagi (a prefecture in northern Japan) was 1/42 (95% confidential interval, 1/108–1/26), thereby yielding an estimated frequency of patients with citrin deficiency of 1/7,100. Our result, together with the previous report [19], suggests that a substantial fraction of the homozygotes or compound heterozygotes of *SLC25A13* mutations was asymptomatic during the neonatal period.

The early and definitive diagnosis of citrin deficiency may be beneficial for patients with citrin deficiency by encouraging specific dietary habits and avoiding iatrogenic worsening of brain edema by glycerol infusion when patients develop encephalopathy [30,31]. Because the screening of blood citrulline levels by tandem mass analysis at birth does not detect all patients with citrin deficiency, the development of a genetic test would be welcomed. In this study, we demonstrated that genomic DNA extracted from filter paper blood samples was correctly genotyped, thereby indicating the feasibility of newborn screening using this genetic test. If 100,000 babies in the northern part of Japan were screened by this method, we would detect 14 homozygotes or compound heterozygotes with *SLC25A13* mutations and 2400 heterozygous carriers. In 2400 heterozygous carriers, we would expect to observe only 1 to 2 compound heterozygotes with one target and one non-target mutation. The estimated frequency of babies with two non-target mutations is 0.04/100,000. Our genetic method would therefore allow us to screen newborn babies efficiently. If we performed this genetic test in a high-throughput real-time PCR system, such as a 384- or 1,536-well format, the cost per sample could be lowered.

In conclusion, we have established a rapid and simple detection system using the HybProbe assay for the 11 prevalent mutations in *SLC25A13*. This system could be used to screen newborns for citrin deficiency and may facilitate the genetic diagnosis of citrin deficiency, especially in East Asian populations.

Supplementary materials related to this article can be found online at doi:10.1016/j.ymgme.2011.12.024.

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Homozygous c.14576G>A variant of *RNF213* predicts early-onset and severe form of moyamoya disease

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Supplemental data at www.neurology.org

Supplemental Data



ABSTRACT

Objective: *RNF213* was recently reported as a susceptibility gene for moyamoya disease (MMD). Our aim was to clarify the correlation between the *RNF213* genotype and MMD phenotype.

Methods: The entire coding region of the *RNF213* gene was sequenced in 204 patients with MMD, and corresponding variants were checked in 62 pairs of parents, 13 mothers and 4 fathers of the patients, and 283 normal controls. Clinical information was collected. Genotype-phenotype correlations were statistically analyzed.

Results: The c.14576G>A variant was identified in 95.1% of patients with familial MMD, 79.2% of patients with sporadic MMD, and 1.8% of controls, thus confirming its association with MMD, with an odds ratio of 259 and $p < 0.001$ for either heterozygotes or homozygotes. Homozygous c.14576G>A was observed in 15 patients but not in the controls and unaffected parents. The incidence rate for homozygotes was calculated to be >78%. Homozygotes had a significantly earlier age at onset compared with heterozygotes or wild types (median age at onset 3, 7, and 8 years, respectively). Of homozygotes, 60% were diagnosed with MMD before age 4, and all had infarctions as the first symptom. Infarctions at initial presentation and involvement of posterior cerebral arteries, both known as poor prognostic factors for MMD, were of significantly higher frequency in homozygotes than in heterozygotes and wild types. Variants other than c.14576G>A were not associated with clinical phenotypes.

Conclusions: The homozygous c.14576G>A variant in *RNF213* could be a good DNA biomarker for predicting the severe type of MMD, for which early medical/surgical intervention is recommended, and may provide a better monitoring and prevention strategy. *Neurology*® 2012;78:803-810

GLOSSARY

CI = confidence interval; HRM = high-resolution melting; MMD = moyamoya disease; OR = odds ratio; PCA = posterior cerebral artery.

Moyamoya disease (MMD) is a cerebrovascular disease, which is now a relatively common cause of pediatric strokes.^{1,2} Annual incidence is estimated to be 0.35–0.54 per 100,000 person-years in Japan^{3,4} and about one tenth of that in Europe.^{5,6} MMD can lead to devastating neurologic deficits and intellectual impairments if left untreated.

Although MMD is a progressive disease, its natural history varies from slow progression to rapid neurologic decline.⁷ Preoperative infarctions, early age at onset, intellectual impairment, seizure, and progressive posterior cerebral artery (PCA) stenosis are known prognostic factors.^{8–11} Surgical revascularization can improve the cerebrovascular hemodynamics and prevent subsequent attacks in the ischemic type of MMD.⁸ Thus, early diagnosis and surgical intervention are very important.

Genetic factors underlying MMD are of clinical relevance. Epidemiologic studies have shown that about 15% of patients had a family history.¹² Anticipation of the disease is

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Table 1 Sample demographics of patients with moyamoya disease and controls^a

Clinical features	No. of patients (%)	No. of patients without data
MMD	204	
Gender (M/F)	68 (33.5)/135 (66.5)	1
Distribution of age at onset	0-58 y	7
Frequency of childhood onset (<15 y)	143 (72.6)	
Frequency of childhood onset (<4 y)	36 (18.3)	
Clinical manifestation		11
Infarction	87 (45.1)	
TIA	77 (39.9)	
ICH/IVH	17 (8.8)	
Others	12 (6.2)	
With family history	41 (20.1)	0
With intellectual impairment	33 (17.7)	18
With epilepsy	33 (17.6)	16
PCA involvement		52
Unilateral	31 (20.4)	
Bilateral	43 (28.3)	
Total	74 (48.7)	
Bilateral MMD	148 (96.1)	50
Controls	283	
Gender (M/F)	140 (51.5):132 (48.5)	11

Abbreviations: ICH/IVH = intracranial hemorrhage/intraventricular hemorrhage; MMD = moyamoya disease; PCA = posterior cerebral artery; TIA = transient ischemic attack. ^a Numbers of patients (%) in each feature are shown, except for the distribution of ages at onset for all patients.

also observed in familial MMD.¹³ Recently, the important MMD susceptibility gene, *RNF213*, was identified.^{14,15} However, its clinical relevance remains unknown. For this investigation, we conducted a comprehensive genetic study of *RNF213* as well as a clinical phenotype analysis of MMD.

METHODS **Study subjects.** Blood samples from 204 Japanese patients with MMD were obtained consecutively between January 2008 and February 2011. There were no sample overlaps between ours and those in the previous studies.^{14,15} MMD was diagnosed as either definite (bilateral) or probable (unilateral) according to published guidelines.¹⁶ Six patients with probable MMD were female adults and 5 of them had sporadic MMD. The medical charts were completed by the clinicians who were blinded to the genotype of the patients. Sample demographics are shown in table 1. We also obtained either blood or saliva samples from 62 pairs of

parents, as well as 4 fathers and 13 mothers whose partners were unavailable. As many as 94 to 283 samples from healthy Japanese individuals were tested as normal controls for each sequence variant found.

Standard protocol approvals, registrations, and patient consents. Experimental protocols were approved by the Committee for Ethical Issue at Yokohama City University School of Medicine. Written informed consents were obtained from all the patients or their parents.

Mutation screening. Genomic DNA was obtained from peripheral blood leukocytes using QuickGene-610L (Fujifilm, Tokyo, Japan) or from saliva using Oragene DNA (DNA Genotek, Kanata, Canada). DNA was amplified using GenomiPhi version 2 (GE Healthcare, Buckinghamshire, UK). Mutation analysis of exons and exon-intron borders covering the coding region of *RNF213* (GenBank accession number, NM_020914.4), except for exon 61, was performed in all MMD patient samples by high-resolution melting (HRM) analysis on a LightCycler 480 System II (Roche Diagnostics, Basel, Switzerland). Primer sequences, PCR conditions, and HRM settings are available on request. HRM analysis with and without the spike-in method was performed for the detection of homozygous mutations.¹⁷ If samples showed any aberrant melting curve patterns, direct sequencing was performed using an ABI Genetic Analyzer 3100 or 3500xL (Applied Biosystems, Foster City, CA) and analyzed with sequence analysis software version 5.1.1 (Applied Biosystems) and Sequencher 4.10 build 5828 (GeneCodes Corporation, Ann Arbor, MI). For exon 61, which bears the c.14576G>A variant, direct sequencing was performed for all patients with MMD and their parental samples. Additional screenings by HRM analysis were performed for the confirmed mutations in up to 283 normal control Japanese individuals. All variants were confirmed with PCR direct sequencing using either genomic DNA or another DNA, amplified with GenomiPhi separately. No discrepancy was seen in the data between the 2 different conditions of DNA.

Statistical analysis. Patients without information for each clinical feature (listed below) were excluded from the analyses (table 1 and tables e-2 and e-3 on the *Neurology*[®] Web site at www.neurology.org). All statistical analyses were performed using SPSS Statistics 19 (IBM, New York, NY) software. χ^2 tests were applied to compare each categorical phenotype variable between different genotypes: clinical symptom at onset, with/without family history, intellectual impairment, epilepsy, and the unilateral/bilateral distribution of vasculopathy. Non-normally distributed continuous variables, such as age at onset and the number of steno-occlusive PCA arteries were compared using the Mann-Whitney *U* test and Kruskal-Wallis test between different genotypes. *p* < 0.05 was considered statistically significant. A Kaplan-Meier curve was used to assess the cumulative incidence with the log-rank test. The Cox regression model was used to test which variables were associated with age at onset. The exact 95% confidence interval (CI) of the incidence rate of MMD was calculated according to the binomial distribution. The comparisons of clinical features between parent-offspring pairs or sibling pairs were performed using the Wilcoxon signed-rank test and McNemar test.

RESULTS **Identification of *RNF213* variants.** c.14576G>A was identified in 39 of 41 patients with familial MMD (95.1%), in 129 of 163 patients with nonfamilial MMD (79.2%), and in 5 of

Table 2 Distribution of the c.14576G>A variant among patients with MMD, parents of the patients, and normal control Japanese individuals^a

	Total	c.14576G>A genotype			
		Wild-type: G/G (%)	Heterozygous: G/A (%)	Homozygous: A/A (%)	GA + A/A (%)
Patients with MMD	204	36 (17.6)	153 (75.0)	15 (7.4)	168 (82.4)
Sporadic	163	34 (20.8)	117 (71.8)	12 (7.4)	129 (79.2)
With no other variant	137	20 (14.6)	105 (76.6)	12 (8.8)	117 (85.4)
With one other variant	25	13 (52)	12 (48)	0	12 (48)
With one other homozygous variants	1	1 (100)	0	0	0
Familial	41	2 (4.9)	36 (87.8)	3 (7.3)	39 (95.1)
With no other variant	36	0	33 (91.7)	3 (8.3)	36 (100)
With one other variant	3	0	3 (100)	0	3 (100)
With 2 other compound heterozygous variants	2	2 (100)	0	0	0
Parents of patients with MMD	141	77 (54.6)	63 (44.7)	1 (0.7)	64 (45.4)
Affected	9	0	8 (88.9)	1 (11.1)	9 (100)
Unaffected	132	77 (58.3)	55 (41.7)	0	55 (41.7)
Normal controls	283	278 (98.2)	5 (1.8)	0	5 (1.8)
OR (patients with MMD vs normal control)			236	ND	259
95% CI			91-615		100-674
p (Fisher exact test)			<0.001	<0.001	<0.001

Abbreviations: CI = confidence interval; MMD = moyamoya disease; ND = not determined; OR = odds ratio.

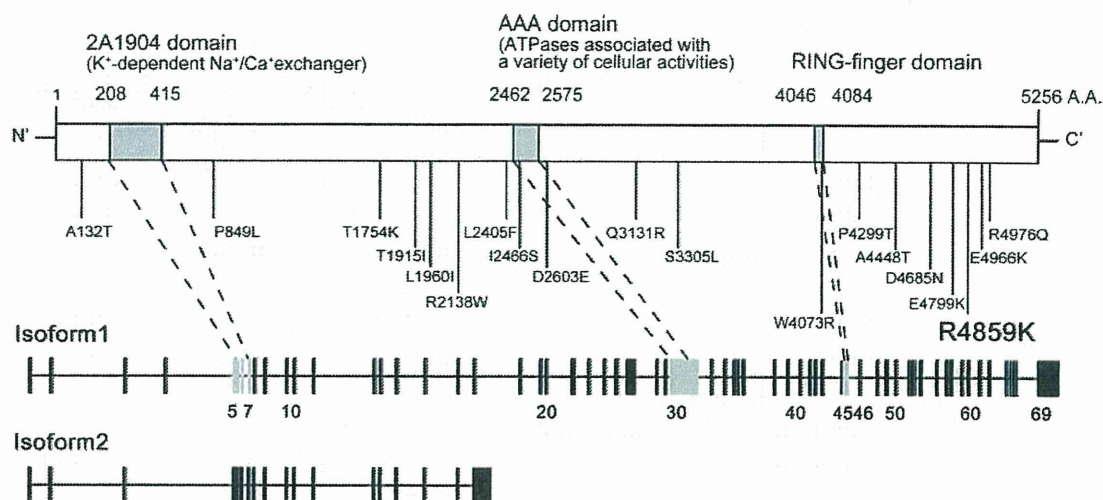
^a Numbers of patients in each category (%) are shown.

283 normal control Japanese individuals (1.8%) (table 2 and table e-1). Sixty-two pairs of parents were also tested for the c.14576G>A genotype, with the conclusion that the c.14576G>A variant allele was inherited from either or both parents in all patients tested. Among 168 patients with the c.14576G>A variant, 15 had a homozygous change, whereas none of the controls and unaffected parents did. We conclude that the heterozygous c.14576G>A variant increases the risk for MMD with an odds ratio (OR) of 236 (95% CI 91–615, $p < 0.001$). Because no homozygous mutation was detected in the control samples or unaffected family members, the OR for the homozygote could not be calculated (∞), suggesting its strong effect. The incidence rate of MMD was calculated to be extremely high with a 95% CI of 0.78–1.00 with the homozygous mutation. Eighteen other genetic variants beside c.14576G>A were also identified in *RNF213* (figure 1, table e-1). Sixteen of them were novel, which had not been reported in the previous studies.^{14,15} Two of the variants were also found in the previous study¹⁴; however, they were thought to be common single nucleotide polymorphisms because they were also found in the normal controls without the significant difference of frequency. Other genetic variants showed a relatively small OR without any significance (table e-1). Thirty-one patients had these individual variants (table 2). Fifteen of them also had the heterozygous

c.14576G>A, and 4 of 5 patients whose parents' samples were available had these 2 variants existing as compound heterozygotes (for example, one variant from the father and the other from the mother). In the other 16 patients having no c.14576G>A, 1 had a homozygous c.13342G>A variant, and 2 had 2 variants: c.13342G>A and c.14053G>A as a compound heterozygote. Of the novel 16 variants, 11 of them were not found in 188 normal control Japanese individuals and were all private mutations (only once in one family).

Correlation between the c.14576G>A genotype and clinical phenotype. We compared the clinical features of patients with MMD according to the c.14576G>A genotype, the wild type (genotype GG, as group GG), the heterozygote (genotype GA, as group GA), or the mutant homozygote (genotype AA, as group AA). Age at onset was lower in AA than in GA or GG ($p = 0.002$ or $p = 0.007$) (figure 2A and table e-2). Median age at onset was 3 years in AA, 7 years in GA, and 8 years in GG. Among those with childhood onset (age at onset <15 years), in whom the effect of secondary vascular changes in later life could be ignored and therefore a pure genetic effect could be expected, the association between earlier onset age and the homozygous c.14576G>A genotype was clearly replicated (table e-2). Although the clinical manifestation is different

Figure 1 Schematic diagram of the RNF213 protein and genomic structure of RNF213

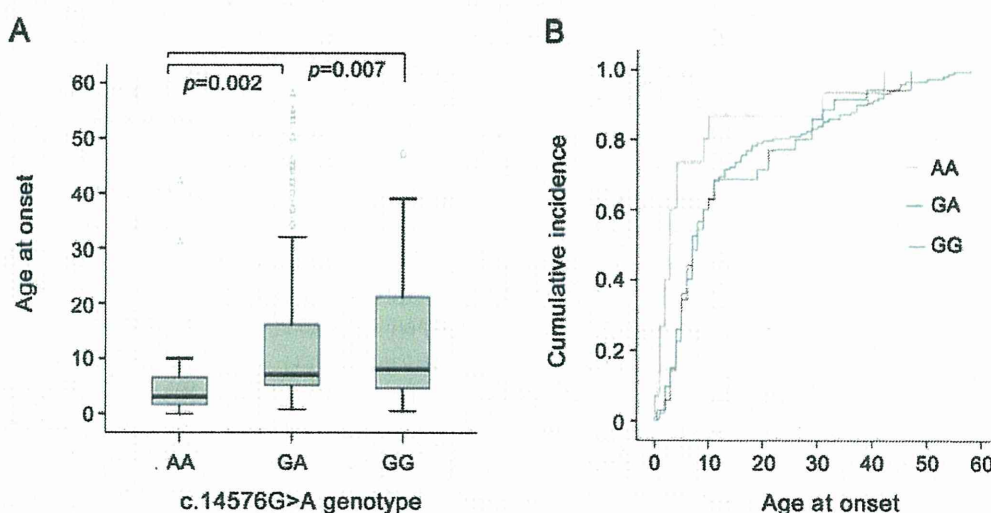


A schematic presentation of the RNF213 protein with 3 conserved domains, the genetic variants we have identified, and the genomic structures of 2 RNF213 isoforms (shown from top to bottom). All missense changes, including R4859K (c.14576G>A as larger characters) are indicated. A.A. = amino acids; AAA = ATPases associated with a variety of cellular activities; RING = really interesting new gene. (Based on National Center for Biotechnology Information Reference sequence, NP_065965.4.)

between the childhood-onset group and the adult-onset group, the rates of the patients with this variant, 83.2% (119 of 143 patients) and 79.6% (43 of 54 patients), respectively, were not significantly different. Among adult patients, there was no significant difference in the rate of having this variant between those with familial history (84.6%, 11 of 13 patients) and those without (78.0%, 32 of 41 patients). The univariate Cox regression analysis showed that only the c.14576G>A genotype was the

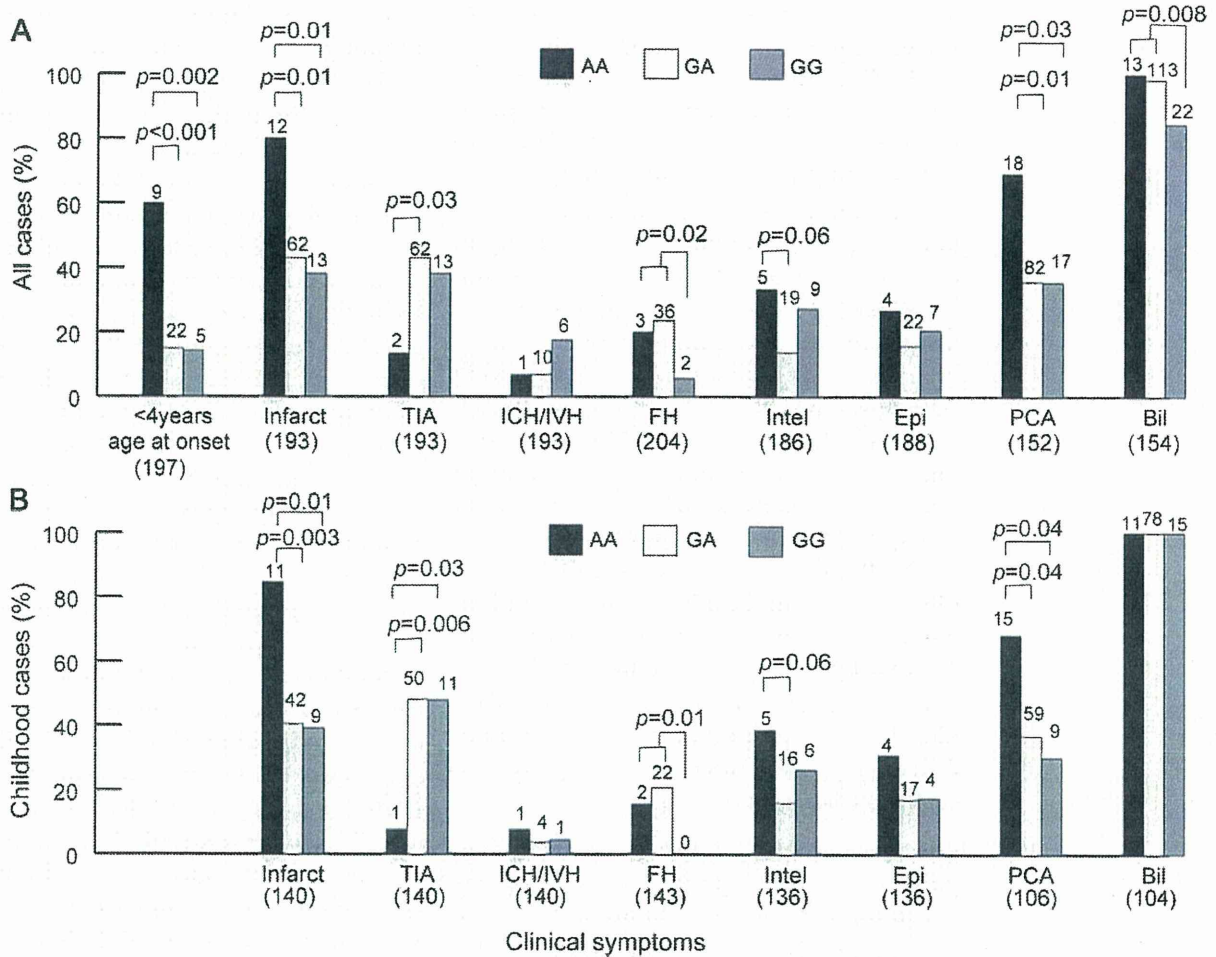
significant predictive variable for age at onset (table e-4). The cumulative incidence of MMD was higher in AA than GA or GG at almost all age distributions (figure 2B), but this tendency was more apparent in the childhood-onset group. Further investigation with more AA and GG patients is necessary for better statistical accuracy. More AA patients were affected before age 4, compared with GA and GG patients ($p < 0.001$) (figure 3A). All AA patients had infarctions at initial presentation.

Figure 2 Correlation between the c.14576G>A variant and age at onset



(A) A box plot of age at onset between 3 groups of patients with either the mutant homozygote (AA), heterozygote (GA), or wild type (GG) of the c.14576G>A variant. ○ indicates mild outliers; △ indicates extreme outliers. (B) Cumulative incidence curve of the 3 groups of patients with either the mutant homozygote (AA), heterozygote (GA), or wild type (GG) of the c.14576G>A variant.

Figure 3 Correlation between c.14576G>A variant and clinical features



(A) The clinical characteristics of MMD for the 3 groups of patients with either the mutant homozygote (AA), heterozygote (GA), or wild type (GG) of the c.14576G>A variant (204 patients). The numbers of total patients with clinical records regarding either the presence or absence of each characteristic are indicated below the bars, and the numbers of patients in each group are indicated above the respective bars. (B) Clinical characteristics of MMD for the 3 groups of patients with either the mutant homozygote (AA), heterozygote (GA), or wild type (GG) of the c.14576G>A variant among those with age at onset younger than 15 years. The numbers of total patients with clinical records regarding either the presence or absence of each characteristic are indicated below the bars, and the numbers of patients in each group are indicated above the respective bars. Bil = bilateral vasculopathy; Epi = epilepsy; FH = with family history; ICH/IVH = intracranial hemorrhage/intraventricular hemorrhage, Infarct = infarction; Intel = intellectual impairment; PCA = posterior cerebral artery involvement.

The frequencies of other clinical features of MMD in AA, GA, and GG were also compared (figure 3A and table e-2). As the clinical manifestation at diagnosis, infarction was more common in AA than in GA or GG ($p = 0.01$, OR 5.3, 95% CI 1.43–19.56 or $p = 0.01$, OR 6.5, 95% CI 1.53–27.32); TIA was less common in AA than in GA ($p = 0.03$; OR 0.20; 95% CI 0.04–0.94). Bilateral MMD and family history of the disease were more frequent in AA and GA than in GG ($p = 0.008$, OR 11, 95% CI 1.98–66.36 and $p = 0.02$, OR 5.1, 95% CI 1.18–22.36). The number of steno-occlusive PCAs was larger in AA than in GA ($p = 0.01$) (counted as 2 arteries per person). Seventy-four of the 152 patients (48.6%) had PCA lesions, and infarctions and intel-

lectual impairment were more frequent in those with PCA involvement than those without (infarctions 68.9% vs 30.8%, $p < 0.001$; intellectual impairment 26.8% vs 5.3%, $p < 0.001$). Intellectual impairment and epilepsy tended to be a more common complication in AA than in GA, with and without marginal significance. We also compared these clinical features in AA, GA, and GG, excluding 6 patients with unilateral MMD, but the results were not changed (data not shown). Among childhood-onset cases (age at onset <15 years), the associations between the c.14576G>A genotype and these clinical features were generally similar, except for bilateral vasculopathy (all genotypes in childhood-onset cases showed bilateral involvement) (figure 3B).

Correlation between variants other than c.14576G>A and clinical phenotype. We also compared the clinical features of patients with MMD with the other variants, except the c.14576G>A variant, with those without (table e-3). Interestingly, none of the c.14576G>A homozygotes had any other variants. The other patients were categorized into 4 groups, who showed at least one of any individual variants without c.14576G>A (as group GG1), no other variant without c.14576G>A (as group GG0), at least one of any other variants with heterozygous c.14576G>A (as group GA1), and no other variant with heterozygous c.14576G>A (as group GA0). Although there were no differences in age at onset between GG1 and GG0 patients, it was lower in GA0 patients than GA1 patients ($p = 0.03$). Median age at onset was 7 years for GA0 and 12 years for GA1. The frequency of infarctions was lower and that of intracerebral hemorrhage was higher in GA1 than in GA0 ($p = 0.02$, OR 0.19, 95% CI 0.04–0.90 and $p = 0.009$, OR 8.3, 95% CI 2.00–34.19). However, when patients with MMD with another variant, which was predicted to be pathogenic by PolyPhen-2¹⁸ or SIFT¹⁹ algorithms, were compared with those without, consistently no differences in any of these clinical features were observed (data not shown). Further analyses with larger numbers of patients are needed to validate this effect.

Anticipation of MMD. In addition, statistical comparisons of clinical features between 5 parent-offspring pairs having the same *RNF213* genotype (heterozygous c.14576G>A) were performed (table e-5). Age at onset was lower in the second generation than in the first generation ($p = 0.04$). Median age at onset was 5 and 37 years, respectively. This result may support the anticipation of MMD as reported previously.¹³ Conversely, age at onset was not different between 6 sibling pairs having the same *RNF213* genotype ($p = 0.67$). Median age at onset was 8 years for the older siblings and 12.5 years for the younger ones. There were no differences in other clinical symptoms among patients from the same pedigree.

DISCUSSION We confirmed a strong association between c.14576G>A in *RNF213* and MMD with the larger number of Japanese patients different from those of the previous studies.^{14,15} More importantly, this is the first report showing the significant phenotype-genotype correlation. The OR for the heterozygous c.14576G>A was 236 ($p < 0.001$) and could not be exactly calculated for the homozygote (∞). With the assumption that the effects of both heterozygous and homozygous changes on MMD onset were similar, the homozygous

c.14576G>A variant would increase the risk with an OR of 259 (95% CI 100–674, $p < 0.001$). However, the effect of the homozygous variant on MMD onset was expected to be much larger than that of the heterozygote because no homozygote was found in a total of 283 normal controls and 132 unaffected family members in this study and 429 normal controls and 28 unaffected family members in the previous study.¹⁴ We also showed that the risk of being diagnosed with MMD with the homozygous variant was more than 78%. Although this variant does not exactly fit the pure Mendelian inheritance pattern because it is observed to some extent in the normal population, this variant might have a much larger effect on the pathogenesis of MMD than the common variants of complex diseases, considering its extremely high OR. This rare variant could be an example of missing heritability, that is, the majority of heritability of complex traits that are unexplained by common variants with a small effect size.^{20,21} Thus, this variant should not be considered as one of common variants contributing to common diseases.

The c.14576G>A variant has not been found among the total number of 55 Caucasian patients in the previous studies on *RNF213*.^{14,15} However, 4 other rare variants were identified in 4 of 50 Caucasian patients.¹⁵ The overall variant detection rate for *RNF213* was as high as 90.2% for our Japanese patients, in contrast to 8% for the Caucasian patients in the previous study.¹⁵ Importantly, 82.4% of our patients were accounted for by the c.14576G>A variant. It was reported that c.14576G>A variant was identified in 90% of Japanese patients, 79% of Korean patients, and 23% of Chinese patients.¹⁵ The founder effect widely distributed in some areas of east Asia was likely to be expected, and this variant could explain the difference of prevalence of MMD between Asian and non-Asian populations.

RNF213 is a RING (really interesting new gene) finger protein containing an AAA (ATPases associated with variety of a cellular activities) domain, indicating that it has E3 ubiquitin ligase activity and energy-dependent unfoldase activity.^{14,22} Knockdown of *RNF213* in zebrafish leads to the abnormal sprouting and irregular diameter of intracranial vessels, suggesting its possible contribution to vascular formation.¹⁵ More research on its contribution to MMD pathogenesis will be necessary.

Although the number of adult-onset cases was relatively small, the similar rates of the cases with this variant between childhood-onset patients and sporadic adult-onset patients might suggest that the variant apparently contributes to both groups. Either a heterozygous or homozygous c.14576G>A variant increased the risk for adult-onset MMD (OR 217,

95% CI 72–656, $p < 0.001$) compared with that in adult normal controls.

Whether bilateral and unilateral MMD belong to a single entity is a very important question. Of the 6 patients with unilateral MMD, 2 were heterozygotes and the others were wild types, which indicated a lower frequency of heterozygotes than that in the previous study.¹⁴ Because we showed a significant difference in the frequency of bilateral vasculopathy between GG and other genotypes, we speculate that to some extent patients with unilateral MMD share a genetic background, but there could be different genetic backgrounds in these groups. Further investigation is needed to confirm these findings with larger numbers of patients with unilateral MMD.

The recent spread of brain check-up has increased the opportunity to encounter patients with asymptomatic MMD.²³ Whereas our patients in this study all had symptomatic MMD, it is necessary to further examine the *RNF213* variant in the asymptomatic group.

The homozygous c.14576G>A variant carriers showed significantly earlier age at onset, more frequent occurrence of infarctions at initial presentation, and PCA involvement. The association of PCA involvement and infarction or intellectual impairment in our data were compatible with the previous report.¹¹ These features indicate that c.14576G>A homozygotes have more severe and wider vasculopathy in the brain. The other poor prognostic factors, such as intellectual impairment and epilepsy,⁸ were probably more frequent in homozygotes but did not reach statistical significance. We speculated that these conditions might be modified or prevented by early diagnosis and by surgical and medical interventions.

Early surgery for young patients with MMD (<3–4 years of age) has been recommended previously,²⁴ because they often demonstrate a more severe clinical course.^{9,10,24} Approximately 80% of these patients had infarction at initial presentation and had subsequent preoperative infarctions more frequently than patients with older age at onset.^{24,25} In our study, 77.1% of the patients diagnosed before age 4 had infarctions at diagnosis, whereas 38% of those diagnosed after age 4 had infarctions ($p < 0.001$), results similar to the previous data.

Conversely, it was demonstrated that young age at onset of symptoms did not always herald a poor later outcome. Instead, neurologic deficits due to infarctions at the time of surgery held the most prognostic value.^{7,26} It was recently reported that an irreversible infarction was the greatest risk for an unfavorable outcome by multivariate logistic regression analysis.⁸ Specific biomarkers, which might be

strongly associated with infarction, would be of invaluable clinical importance to provide the appropriate timing for an operation. In our study, 60% of homozygous c.14576G>A individuals were diagnosed with MMD before age 4, and all of them had infarctions at initial presentation. Thus, the homozygous c.14576G>A variant may be a more specific predictor, which would discriminate those with poor prognosis from those with relatively favorable prognosis among patients with young-onset MMD.

We therefore propose that the homozygous c.14576G>A genotype could be an efficient DNA marker predicting the severe type of MMD with a poor prognosis and a strong biomarker for patients requiring early operation. c.14576G>A genotyping could also be useful to predict the actual risk of severe initial infarctions. Careful follow-up of these high-risk homozygotes could make it possible to undertake intervention before the first infarctions and prevent the irreversible neurologic deficits that can occur in these patients. Thus, the homozygous c.14576G>A variants may provide a better monitoring and prevention strategy. Furthermore, this variant could be very useful in genetic counseling.

AUTHOR CONTRIBUTIONS

Dr. Miyatake: study concept and design, analysis of the genetic data, data integrity, interpretation of the data, statistical analysis, and drafting/ revising the manuscript. Dr. Miyake: data integrity, interpretation of the data, and drafting/ revising the manuscript. Dr. Touho: analysis of the clinical data and sample collection. Dr. Nishimura-Tadaki: analysis of the genetic data. Dr. Kondo: analysis of the genetic data. Dr. Okada: analysis of the genetic data. Dr. Tsurusaki: analysis of the genetic data. Dr. Doi: analysis of the genetic data. Dr. Sakai: analysis of the genetic data. Dr. Saito: data integrity, interpretation of the data, and drafting/ revising the manuscript. Dr. Shimajima: analysis of the clinical data and sample collection. Dr. Yamamoto: analysis of the clinical data and sample collection. Dr. Higurashi: analysis of the clinical data and sample collection. Dr. Kawahara: analysis of the clinical data, sample collection, and drafting/ revising the manuscript. Dr. Kawauchi: analysis of the clinical data and sample collection. Dr. Nagasaka: analysis of the clinical data and sample collection. Dr. Okamoto: analysis of the clinical data and sample collection. Dr. Mori: analysis of the clinical data and sample collection. Dr. Koyano: analysis of the clinical data and sample collection. Dr. Kuroiwa: analysis of the clinical data and sample collection. Dr. Taguri: statistical analysis and drafting/ revising the manuscript. Dr. Morita: statistical analysis and drafting/ revising the manuscript. Dr. Matsubara: drafting/ revising the manuscript. Dr. Kure: drafting/ revising the manuscript. Dr. Matsumoto: study concept and design, analysis of the genetic data, data integrity, interpretation of the data, statistical analysis, and drafting/ revising the manuscript.

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DISCLOSURE

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Hypoperfusion in caudate nuclei in patients with brain–lung–thyroid syndrome

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ABSTRACT

Mutations in *NKX2-1* cause neurological, pulmonary, and thyroid hormone impairment. Recently, the disease was named brain–lung–thyroid syndrome. Here, we report three patients with brain–lung–thyroid syndrome. All patients were unable to walk until 24 months of age, and still have a staggering gait, without mental retardation. They have also had choreoathetosis since early infancy. Genetic analysis of *NKX2-1* revealed a novel missense mutation (p.Val205Phe) in two patients who were cousins and their maternal families, and a novel 2.6-Mb deletion including *NKX2-1* on chromosome 14 in the other patient. Congenital hypothyroidism was not detected on neonatal screening in the patient with the missense mutation, and frequent respiratory infections were observed in the patient with the deletion in *NKX2-1*. Oral levodopa did not improve the gait disturbance or involuntary movement. The results of ^{99m}Tc-ECD single-photon emission computed tomography (ECD-SPECT) analyzed using the easy Z-score imaging system showed decreased cerebral blood flow in the bilateral basal ganglia, especially in the caudate nuclei, in all three patients, but no brain magnetic resonance imaging (MRI) abnormalities. These brain nuclear image findings indicate that *NKX2-1* haploinsufficiency causes dysfunction of the basal ganglia, especially the caudate nuclei, resulting in choreoathetosis and gait disturbance in this disease.

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1. Introduction

NK2 homeobox 1 (*NKX2-1* or *TTF-1*; MIM #600635), which maps on chromosome 14q13, is a member of the *NK-2* gene family of highly conserved homeodomain-containing transcription factors [1,2]. The gene is expressed in the thyroid, bronchial epithelium, and specific areas of the forebrain during development in the mouse [3–5]. Mice homozygous for the disrupted gene are born dead and lack a thyroid gland, lung parenchyma, and pituitary gland, while heterozygous mice develop normally [4]. An abnormality of the gene in humans was first reported in patients with congenital hypothyroidism [6]. Subsequently, heterozygous point mutations in *NKX2-1* were identified in affected members of a family with benign hereditary chorea [7]. Recently, *NKX2-1* was reported as the gene responsible for brain–lung–thyroid syndrome (MIM #610978), which involves symptoms of neurological impairment, pulmonary disorders, and hypothyroidism [8–13]. Respiratory distress during the neonatal period, recurrent respiratory tract infection, and hypothyroidism are common clinical findings. The neurological impairment is characterized by gait disturbance with

delayed first walking and choreoathetosis, in the absence of mental retardation or brain magnetic resonance imaging (MRI) abnormalities [13]. However, some affected individuals have had low-average intelligence, learning problems, psychosis and seizures [14–16].

The pathological mechanism of *NKX2-1* haploinsufficiency has been clarified for the hypothyroidism [17] and pulmonary impairment [18,19], but it is still unclear for the neurological symptoms. Most of the neurological deficits, i.e., the gait disturbance and involuntary movements sometimes accompanied with dystonia, dysarthria, action tremor and saccadic abnormalities [20], reflect dysfunction of the control of movement. Therefore, the basal ganglia were considered to be the most important causal lesion [8,14]. The *NKX2-1* null mouse showed severe morphological changes in the basal ganglia, including absence of the globus pallidus and enlargement of the striatum [4]. *NKX2-1* gene expression has been identified as the origin of the pallidum in the mammalian and avian embryonic archistriatum. These studies indicated that *NKX2-1* is essential for development of the striatum, especially the pallidum rather than the caudate nuclei [5,21,22].

Brain MRI of patients with brain–lung–thyroid syndrome showed no notable abnormalities, except one case report of reduced size and intensity in the pallidum [8]. Previous brain nuclear imaging studies described various findings regarding the basal ganglia, including reduced blood flow in the striatum and thalamus [23], and hypometabolism in the basal ganglia, more prominent in the caudate nuclei [15].

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Here, we report three patients with brain–lung–thyroid syndrome in whom the diagnosis was confirmed by genetic examinations. We performed brain nuclear image analysis to investigate the causal lesion for the neurological symptoms.

2. Method

2.1. Clinical findings

We studied three patients (5, 6, and 7 years old; one male and two females) with gait disturbance who visited Tohoku University Hospital between 2008 and 2009 (Table 1).

Patient 1 was the second female child of healthy non-consanguineous parents (Fig. 1). She was born at term without neonatal respiratory problems. Congenital hypothyroidism was noted on neonatal screening and she has been given thyroxin replacement therapy since then. After the age of 1.6 years, she developed recurrent respiratory infections and was admitted to hospital five times in one year. She had normal mental development, but delayed gross motor development. She could sit alone at the age of 12 months and first walked at 38 months. A staggering gait persists. Her trunk and extremities were mildly hypotonic and continuous choreoathetosis was observed during wakefulness and exacerbated by stress.

Patients 2 and 3 were cousins via their maternal families (Fig. 1). Patient 2 was the third female and Patient 3 was an only male child. Both sets of non-consanguineous parents were healthy fathers and affected mothers with mild involuntary movement and a history of delayed first walking. Both patients were born at term without any perinatal complications. Congenital hypothyroidism was diagnosed in the neonatal period by screening in Patient 2, but at the age of 5 years in Patient 3, despite a neonatal screening test. Unlike Patient 1, they had no severe respiratory infections during infancy. Similar to Patient 1, first walking was observed at 30 months in Patient 2 and at 24 months in Patient 3. They also have persistent gait disturbance and choreoathetosis without mental retardation. The neurological examinations in all three patients did not detect any abnormalities, such as muscle weakness, abnormal deep tendon reflexes, or cerebellar manifestations.

Brain MRI in all three patients showed normal brain size, form, and intensity, including the basal ganglia. Oral levodopa (20 mg/kg/day) was given to all three patients, but no obvious improvement in the neurological symptoms was observed.

2.2. Brain nuclear image analysis

All three patients underwent single photon emission computed tomography (SPECT) to evaluate brain function at Tohoku University Hospital using technetium-99m ethyl cysteinate dimer (ECD,

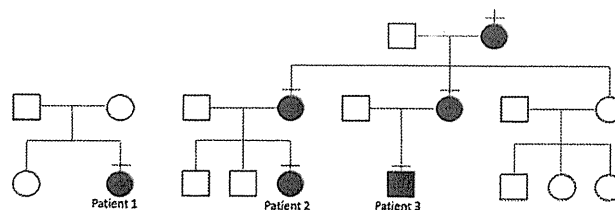


Fig. 1. Family pedigrees of three patients. Affected members are indicated by black squares and circles; unaffected members, white squares and circles. Patient 2 and 3 are cousins on mother's side.

approximately 12 MBq/kg of body weight) as the radiotracer. Twenty minutes after the injection, SPECT images were acquired using a PRISM IRIX (Shimadzu, Kyoto, Japan), with a low-energy, high-resolution, fan-beam collimator. In total, 120 projection datum points in a 128 × 128 matrix were obtained in 20 min. Using an ODYSSEY computer (Shimadzu), tomograms two pixels thick (5.8 mm) were reconstructed after a high-frequency cutoff with a Butterworth filter.

The easy Z-Score Imaging System (eZIS; Fuji Film RI Pharma), used for the statistical analysis of SPECT images, standardizes brain images using Statistical Parametric Mapping (SPM99) [24]. Each SPECT image of the subjects after anatomical standardization followed by isotropic 12-mm smoothing was compared with the mean and SD of SPECT images of the age-matched healthy controls already incorporated in the eZIS program as a normal database using voxel-by-voxel Z-score analysis after voxel normalization to global mean values: $Z \text{ score} = (\text{control mean} - \text{individual value}) / \text{control SD}$. These Z-score maps were overlain on tomographic sections and projection with an averaged Z-score of 14-mm thickness to surface rendering of the anatomically standardized MRI template.

Positron emission tomography (PET) was performed in Patients 2 and 3, 1 h after administering [^{18}F]-fluorodeoxyglucose (^{18}FDG) (approximately 3 MBq/kg of body weight) using a Biograph Duo, ECAT EXACT HR⁺ (Siemens, Hoffman Estates, IL) or SET-2400 W (Shimadzu) after fasting for at least 4 h. Emission scans were performed for 10 min for the entire brain. Attenuation was corrected. Fourteen 6-mm-thick slices parallel to the orbitomeatal line, encompassing virtually the entire brain, were analyzed visually by two investigators independently. When the interpretation was inconsistent, a third investigator was called to make a decision.

2.3. Gene analysis

Gene analyses were performed with the informed consent of the patients' parents. Genomic DNA was extracted from peripheral blood lymphocytes using a Sepa Gene kit (Sanko Junyaku, Tokyo, Japan). All coding exons and flanking introns in *NKX2-1* were amplified by PCR. All primers were based on the NCBI reference sequence (accession number NG_013365; the primer sequences are available upon request). The PCR products were separated on 3% agarose gels and purified with a QIAquick Gel Extraction kit (QIAGEN, Chatsworth, CA, USA). The PCR products were sequenced directly using a Big Dye Primer Cycle Sequencing kit and ABI 310 Genetic Analyzer (PE Applied Biosystems, Foster City, CA, USA).

Subsequent array-based comparative genomic hybridization (CGH) analysis was performed using an Agilent 244 K oligonucleotide array (Agilent, Santa Clara, CA; www.agilent.com) with a resolution of approximately 15 kb following the protocols provided by Agilent. The array was analyzed with the Agilent scanner and the Feature Extraction software (v. 9.1.3).

3. Results

From the raw nuclear image ECD-SPECT findings in all three patients (Fig. 2, lower figures) and FDG-PET in Patients 2 and 3

Table 1
Clinical characteristics in three patients.

	Patient 1	Patient 2	Patient 3
Age/sex	7 years/female	5 years/female	6 years/male
Recurrence of respiratory infection	Yes	No	No
Neonatal respiratory problems	No	No	No
Hypothyroidism	Yes (neonatal screening)	Yes (neonatal screening)	Yes (diagnosed at 5 years)
Initiation of walking	3 years and 2 months	2 years and 6 months	2 years
Mental retardation	No	No	No
Choreoathetosis	Yes	Yes	Yes
Response to L-dopa	No	No	No
Brain MRI	Normal	Normal	Normal
<i>NKX2-1</i> analysis	del 14q12–13	p.V205P	p.V205P

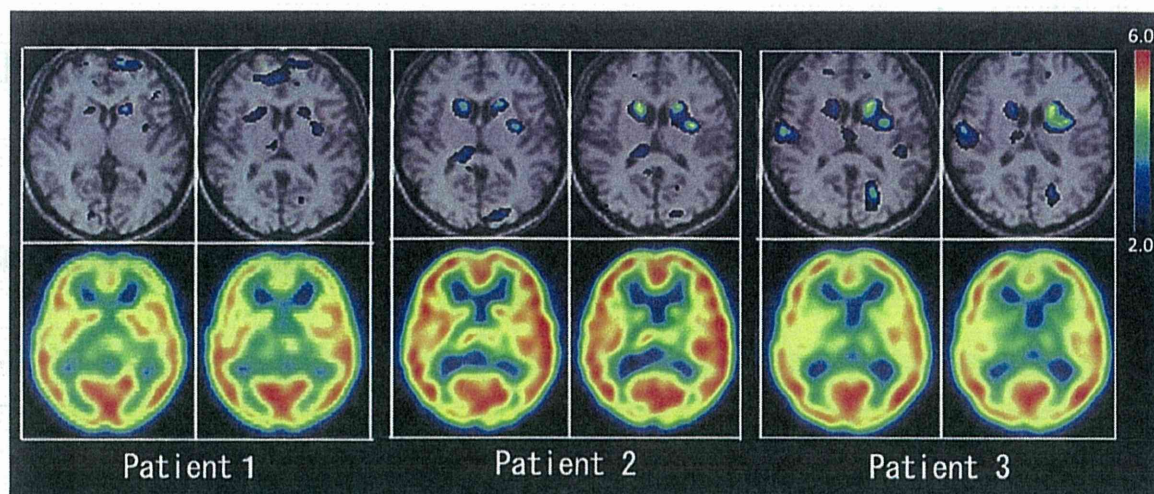


Fig. 2. ECD-SPECT and eZIS results. Usual color images of ECD-SPECT in three patients were shown on the lower figures in each patient. Analyzed images using eZIS were shown on the upper figures. The converted images indicate regions of decreased cerebral blood flow by colors from blue (2.0 standard deviation) to red (6.0 standard deviation). Reduction in cerebral blood flow was shown most common and prominent in the bilateral caudate nuclei in all three patients.

(data not shown), we could not discriminate visible areas of abnormal cerebral perfusion or glucose metabolism. However, the statistical analysis of the ECD-SPECT data using eZIS demonstrated significant declines in cerebral blood flow in the basal ganglia, especially in the caudate nuclei (Fig. 2, upper figure). Although several other brain regions were shown to have decreased blood flow, these were not shared in the three patients.

Array CGH analysis revealed that Patient 1 had an approximately 2.6-Mb hemizygous deletion including *NKX2-1* in 14q12–13 (Fig. 3, top). Direct sequencing analysis revealed a novel hemizygous mutation in the coding exons in Patients 2 and 3 (Fig. 3, bottom), but no mutation in Patient 1. A hemizygous G-to-T substitution at nucleotide position 613 (c.613G>T) in Patients 2 and 3 created an amino acid substitution at amino acid position 205 (p.Val205Phe) within exon 3, which is localized within the *NKX2-1* homeodomain. The mothers and grandmother of Patients 2 and 3 had the same missense mutation.

4. Discussion

In this study, we diagnosed three children with brain–lung–thyroid syndrome based on clinical findings of delayed walking, unsteady gait, choreoathetosis, and hypothyroidism. The diagnosis was confirmed by genetic analysis detecting a novel hemizygous deletion and missense mutations in *NKX2-1*. In addition, we performed nuclear image examinations and analyzed the results using statistical image analysis with eZIS. We found a significant reduction in the blood flow in the caudate nuclei in all three patients.

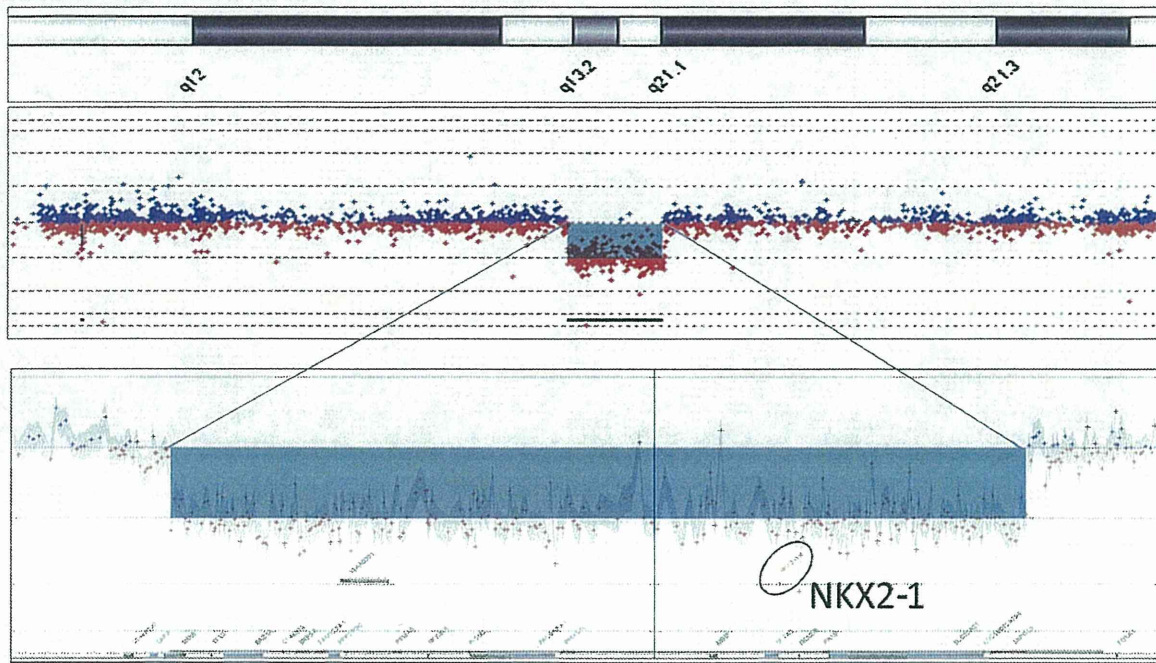
Recurrent respiratory infection was observed only in the patient with the deletion in *NKX2-1*, but not in the two patients with missense mutations. These phenotype–genotype correlations support previous reports [8,10–13] that large deletions and truncation mutations are related to the severe phenotype with the symptom triad, while missense mutations have a milder phenotype [13]. The existence of respiratory symptoms is very important for management because no deaths have been reported in patients without lung disease [12]. In one case with a missense mutation, hypothyroidism was not detected until the age of 5 years, while it was detected in his cousin with the same mutation at neonatal screening. This interfamilial heterogeneity, as described previously [25], indicates that simple haploinsufficiency cannot fully explain the spectrum of clinical presentations. Other modifying genes might contribute to the phenotype heterogeneity [9,12].

Central nervous impairment is the most common and essential symptom in brain–lung–thyroid syndrome [12,13]. Typically, mental retardation and brain MRI abnormalities are not associated with this disease. The characteristic presentation involves delayed walking, a staggering gait, and choreoathetosis. Since no obvious nervous system abnormalities were detected on neurological examinations, we speculate that the choreoathetosis in the lower limbs caused the delay in walking and unsteady gait.

To identify the brain region responsible for the neurological impairment, we examined brain ECD-SPECT and FDG-PET, but no obvious pathological abnormalities were detected on visual inspection of the raw images. Further statistical analysis of the ECD-SPECT data was performed using eZIS, while the FDG-PET was not analyzed because we did not have an appropriate analysis method. The eZIS method can detect a significant difference of regional cerebral blood flow by comparison with age-matched normal controls, and shows the result as color images. Previous reports described significant superiority of this program over visual inspection of raw SPECT images in several diseases [26–28]. We analyzed our patients and found a common, significant reduction in cerebral blood flow in the caudate nuclei. Although most reports describe expression of the *NKX2-1* gene in the pallidum [8,21,22], a recent study showed *NKX2-1* expression in the postnatal mouse striatum, including the caudate nuclei, in addition to the pallidum [29]. In humans, nuclear image studies indicated a reduction in blood flow [23] and glucose metabolism [15] in the basal ganglia. Hypoperfusion in the caudate nuclei was described in a patient with Huntington's disease [30,31], which usually involves chorea. From these reports and our ECD-SPECT findings using eZIS, we believe that the region responsible for the neurological symptoms in brain–lung–thyroid syndrome, pathologically, is the caudate nuclei. We speculate the possible mechanism that the mutation may impair developmental differentiation and organization of the striatum. Huntington's disease, which also involves the caudate nuclei, partially mimics brain–lung–thyroid syndrome clinically, although the latter is easily differentiated by the history of delayed walking.

In our cases, oral L-dopa [32], a dopamine agonist, and clonazepam failed to improve their neurological impairment. Only a few effective treatment for involuntary movement has been reported [13]. Although some reports described the choreatic movements tend to decrease over time [7,23], the movement disability causes severe trouble with daily life, especially writing difficulty resulting in a leaning impairment in

Patient 1



Patient 2, Patient 3

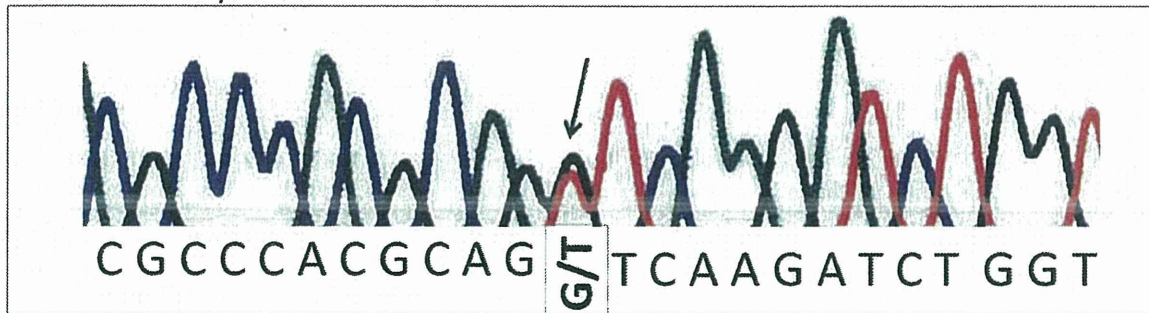


Fig. 3. Deletion and missense mutation in *NKX2-1*. Chromosome 14 profile and detail of 14q12–13 region generated by Cytogenomics (version 1.5, Agilent Technologies) showed a hemizygous 2.6-Mb deletion including *NKX2-1* in Patient 1. Sequencing analysis showed hemizygous missense mutations (c.613G>T) in *NKX2-1* in Patients 2 and 3.

childhood. We postulate that deep brain stimulation might treat involuntary movement, such as in Huntington's disease [33]. The pathophysiology of this disease should be clarified to develop an effective treatment.

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