

Fig. 6. Whole-body imaging of [11C]IL-8 in mice with PPIS. Mice anesthetized with isoflurane were positioned prone on an acrylic plate and placed on the midplane between two opposing detectors (PPIS) arranged in a horizontal mode.

Here, we proposed a unique approach for preparing a positron-labeled peptide or protein using a positron-labeled amino acid and a cell-free translation system that contains enzymes and essential factors for protein synthesis. To prove the concept of this new approach, we tried to synthesize a positron-labeled IL-8 with easily available [11 C]MET and a commercially available PURESYSTEM. As the synthesis reaction proceeded very smoothly, [11 C]IL-8 was efficiently (63% yield) prepared within a short time (20 min) even when using [11 C]MET with a short half-life of 20.4 min. In addition, we succeeded in synthesizing [11 C]dihydrofolate reductase, a prokaryotic protein, using the PURESYSTEM and [11 C]MET (data not shown). As far as we know, this is the first report that a cell-free translation system can be used for synthesis of a positron-labeled protein for PET.

One of the notable features of this method is that the protein synthesis will stop when the positron-labeled amino acid is exhausted. That is, only a trace amount of positron-labeled protein is synthesized in this method because a positron-labeled amino acid is generally prepared with high specific activity by a non-carrier-added condition. Therefore, this method holds promise to prepare a positron-labeled protein with high specific activity at the same level of the positron-labeled amino acid in theory. Further study is needed for the large-scale production of carbon-11-labeled proteins using a cell-free translation system and [11C] methionine. One possible approach will be the radiochemistry on microfabricated devices.

Besides facilitating the synthesis of active natural proteins, the purified protein synthesis system has many other applications due to its high controllability. Cell-free systems provide greater flexibility for incorporation of unnatural amino acids at a specific residue of a synthesized protein using a suppressor-tRNA charged chemically or enzymatically [24]. This would enable us to use a fluorine-18-labeled amino acid for preparation of a positron-labeled protein, although some unnatural amino acid cannot be

recognized by a cell-free translation system. Because imaging of neutrophilic infiltration with radiolabeled IL-8 requires imaging at several hours after injection, the development of new labeling methods using fluorine-18-labeled unnatural amino acid would be a next step for this study. Although further studies are needed to improve the procedures, this labeling method using protein translation system could open up a new field of positron-labeled protein research in the future.

#### 4. Conclusions

In summary, we investigated the use of a cell-free protein synthesis system for preparation of positron emitter-labeled protein. [11C]IL-8 was synthesized using commercially available PURESYSTEM and [11C]MET as an example. The in vitro synthesis proceeded very smoothly, and maximum radioactivity of [11C]IL-8 was obtained within a short reaction time (20 min). In addition, purification of [11C]IL-8 could be achieved easily by a simple cation exchange and ultrafiltration system, resulting in excellent radiochemical purity was sufficient for use of [11C]IL-8 as a radioactive probe for PET imaging. This new method promises to be a useful tool for radiolabeling of biomolecules.

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#### ORIGINAL ARTICLE

## A modified method of 3D-SSP analysis for amyloid PET imaging using [11C]BF-227

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#### **Abstract**

Objective Three-dimensional stereotactic surface projection (3D-SSP) analyses have been widely used in dementia imaging studies. However, 3D-SSP sometimes shows paradoxical results on amyloid positron emission tomography (PET) analyses. This is thought to be caused by errors in anatomical standardization (AS) based on an <sup>18</sup>F-fluorodeoxyglucose (FDG) template. We developed a new method of 3D-SSP analysis for amyloid PET imaging, and used it to analyze <sup>11</sup>C-labeled 2-(2-[2-dimethylaminothiazol-5-yl]ethenyl)-6-(2-[fluoro]ethoxy)benzoxazole (BF-227) PET images of subjects with mild cognitive impairment (MCI) and Alzheimer's disease (AD).

Methods The subjects were 20 with MCI, 19 patients with AD, and 17 healthy controls. Twelve subjects with MCI were followed up for 3 years or more, and conversion to AD was seen in 6 cases. All subjects underwent PET

with both FDG and BF-227. For AS and 3D-SSP analyses of PET data, Neurostat (University of Washington, WA, USA) was used. Method 1 involves AS for BF-227 images using an FDG template. In this study, we developed a new method (Method 2) for AS: First, an FDG image was subjected to AS using an FDG template. Then, the BF-227 image of the same patient was registered to the FDG image, and AS was performed using the transformation parameters calculated for AS of the corresponding FDG images. Regional values were normalized by the average value obtained at the cerebellum and values were calculated for the frontal, parietal, temporal, and occipital lobes. For statistical comparison of the 3 groups, we applied oneway analysis of variance followed by the Bonferroni post hoc test. For statistical comparison between converters and non-converters, the t test was applied. Statistical significance was defined as p < 0.05.

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Results Among the 56 cases we studied, Method 1 demonstrated slight distortions after AS of the image in 16 cases and heavy distortions in 4 cases in which the distortions were not observed with Method 2. Both methods demonstrated that the values in AD and MCI patients were significantly higher than those in the controls, in the parietal, temporal, and occipital lobes. However, only Method 2 showed significant differences in the frontal lobes. In addition, Method 2 could demonstrate a significantly higher value in MCI-to-AD converters in the parietal and frontal lobes.

Conclusions Method 2 corrects AS errors that often occur when using Method 1, and has made appropriate 3D-SSP analysis of amyloid PET imaging possible. This new method of 3D-SSP analysis for BF-227 PET could prove useful for detecting differences between normal groups and AD and MCI groups, and between converters and nonconverters.

 $\begin{tabular}{ll} \textbf{Keywords} & 3D\text{-SSP} \cdot Voxel\text{-based} \cdot Amyloid \cdot PET \cdot \\ BF\text{-}227 & \\ \end{tabular}$ 

#### Introduction

Three-dimensional stereotactic surface projection (3D-SSP) analysis [1, 2] has been widely used in dementia imaging studies. This is a method of analysis that extracts metabolic activity from cortical gray matter after anatomical standardization (AS). By extracting the peak activity for each corresponding area of the cortex and assigning it to a surface pixel, the algorithm also can compensate for individual differences in cortical thickness and gyri depth in the standard stereotactic system. Thus, 3D-SSP is advantageous in intergroup comparisons and provides sensitive and robust results when evaluating dementing diseases [2]. However, 3D-SSP sometimes demonstrates paradoxical results on amyloid PET analyses, such as significant abnormalities in cognitively normal subjects. This is thought to be caused by AS errors. Automated AS requires a digital brain template that is matched anatomically with a standard brain atlas. 3D-SSP uses a brain template created by averaging a large number of normal <sup>18</sup>F-fluorodeoxyglucose (FDG) positron emission tomography (PET) data (FDG template) [1]. FDG accumulates mainly in the gray matter in the brain, thus showing a totally different distribution from the amyloid PET tracer. On the other hand, amyloid PET tracers, such as Pittsburgh Compound-B (PiB) [3, 4] and <sup>11</sup>C-labeled 2-(2-[2-dimethylaminothiazol-5-yl]ethenyl)-6-(2-[fluoro]ethoxy)benzoxazole (BF-227) [5, 6], often demonstrate non-specific high levels of accumulation in the white matter, more commonly in cognitively normal individuals. The FDG template therefore seems inappropriate for 3D-SSP analysis of amyloid PET images. However, a template for amyloid PET is not yet available for 3D-SSP analysis. In this study, we report the development of a new 3D-SSP analysis method for amyloid PET imaging, which solves this problem; we also describe its use in the analysis of BF-227 PET in normal subjects as well as patients with mild cognitive impairment (MCI) and Alzheimer's disease (AD).

#### Methods

Subjects recruited in the present study included 20 individuals with amnestic MCI, 19 patients with AD, and 17 age-matched normal controls (NC). The demographic parameters of the subjects are shown in Table 1. Among the MCI subjects, 12 were followed up for 3 years or more, and conversion to AD was seen in 6. The control group was recruited from among volunteers, none of whom were on centrally acting medication, had cognitive impairment, or had cerebrovascular lesions identified on MRI. The study protocol was approved by the Committee on Clinical Investigation at Tohoku University School of Medicine and the Advisory Committee on Radioactive Substances at Tohoku University. After describing the study to the patients and subjects, written informed consent was obtained.

All subjects underwent PET with both FDG and BF-227. BF-227 and its N-desmethylated derivative (a precursor of BF-227) were custom-synthesized by Tanabe R&D Service Co. BF-227 was synthesized from the precursor by N-methylation in dimethyl sulfoxide using [11C]methyl triflate. Both FDG and BF-227 PET were performed using a PET SET-2400W scanner (Shimadzu Inc., Japan) with a spatial resolution of 4 mm (transaxial) and 4.5 mm (axial) at full-width half-maximum (FWHM) in the center of the field of view. For attenuation correction, a transmission scan was performed using <sup>68</sup>Ge/Ga sources for 7 min. The BF-227 PET scan was performed for 60 min after intravenous injection of 211-366 MBq of BF-227 with the subjects' eyes closed. The data obtained at 40-60 min after injection were used for the calculation of standardized uptake value (SUV), a tissue radioactivity concentration

Table 1 Demographic details of the subjects in this study

	N	Gender	Age	MMSE
NC	17	M/F = 7/10	$67.0 \pm 4.1$	$29.9 \pm 0.3$
MCI	20	M/F = 10/10	$76.6 \pm 4.7$	$25.5 \pm 2.3$
AD	19	M/F = 5/14	$73.7 \pm 7.0$	$20.0 \pm 3.5$

NC normal control, MCI mild cognitive impairment, AD Alzheimer's disease, M male, F female



normalized by injected dose and body weight. For FDG PET, subjects were scanned after at least 4 h of food restriction in a quiet and dimly lit room with their eyes closed. An emission scan was performed 60 min after intravenous injection of about 370 MBq of FDG for 10 min. The emission data were corrected for tissue attenuation on the basis of the transmission data.

#### Anatomical standardization of BF-227 images

Two kinds of AS for BF-227 images were performed: (1) Method 1, which performs AS for BF-227 images using an FDG template; (2) Method 2 (a new method for AS), which we have described below. First, the FDG image was subjected to AS using an FDG template. The BF-227 image was then registered to the FDG image, and AS was performed using the transformation parameters calculated for AS of the corresponding FDG images. We used the software library Neurostat (University of Washington, Seattle, WA, USA) for neurological and biomedical image analyses. The programs used in Method 2 were mainly "stereo," "coreg," and "swarpreg." "Stereo" is a program for stereotactic image registration, and creates library files containing data for linear and nonlinear transformation. In Method 2, we created these library files for FDG images, and applied them to BF-227 images. "Coreg" is a program for three-dimensional image co-registration, which we used to align BF-227 images to FDG images. Next, we used "swarpreg," which is a program for three-dimensional stereotactic image warping for BF-227 images that uses library files for FDG images. A combination of these procedures enabled the transformation of individual BF-227 images into the stereotactic space of the standard brain.

#### Analysis

Regional values were extracted from cortical gray matter to the surface of the template by the 3D-SSP method in the same manner as FDG PET, and were normalized by the extracted value from the cerebellar gray matter (eSUVR). The values were calculated for the frontal, parietal, temporal, and occipital lobes using "sspvoiclassic" program in Neurostat. The right and left lobes of each subject were analyzed evenly. For statistical comparison between the 3 groups, we applied one-way analysis of variance followed by the Bonferroni post hoc test. For statistical comparison between converters and non-converters, the t test was applied. Statistical significance was defined as p < 0.05.

For voxel-based comparison with normal subjects, normal databases were created by averaging the images from NC after AS by Method 1 and 2, individually. The 3D-SSP

z-map images were normalized to those of the cerebellum, and were shown within the range of 1-5 of the z score.

For voxel-based two-sample comparison, t test was applied. Z scores were calculated using "ssp2tz" program in Neurostat. The 3D-SSP z-map images were shown within the range of 1–5 of the z score.

#### Results

#### Case presentation

The patient was an 81-year-old woman with a diagnosis of MCI. The mini-mental state examination (MMSE) score was 26. FDG PET did not demonstrate an AD-like pattern, which is characterized by decreased uptake at the parietal lobe or posterior cingulate gyrus (Fig. 1a). BF-227 PET did not demonstrate significantly increased uptake in the brain (Fig. 1b). However, 3D-SSP results analyzed by Method 1 showed significant generalized abnormalities in the brain, suggesting AD (Fig. 1c). On the other hand, those analyzed by Method 2 did not demonstrate such abnormalities (Fig. 1d). This patient was followed up for over 3 years, but did not convert to AD. Figure 1e shows the BF-227 image after AS by Method 1, showing considerable distortions, mainly in the frontal lobes. The BF-227 image after AS by Method 2 did not show such distortions (Fig. 1f).

#### Anatomical standardization

When a total of 56 cases were analyzed by both methods, Method 1 demonstrated 17 cases with slightly distorted images and 4 cases with heavily distorted images after AS. Table 2 shows the cases with such distortions after Method 1. These distortions were mainly seen at the frontal lobes with angular deformity, and were seen uniformly among subjects with AD, MCI, and NC. On the other hand, analysis by Method 2 did not show such distortions, and AS was successful in these cases (Fig. 1). However, scan failure in one case and an error in the registration of the BF-227 image to the FDG image in another case necessitated their exclusion from subsequent analyses.

#### Regional analyses

The regional analyses demonstrated that the mean values for the AD, MCI, and NC groups by Method 1 were in the range 1.05–1.09, 1.01–1.05, and 0.96–0.98, respectively, while they were found to be 1.08–1.12, 1.06–1.10, and 0.96–1.00, respectively, by Method 2. Method 2 demonstrated significant differences between AD and NC, and



Fig. 1 An 81-year-old female with a diagnosis of MCI (MMSE was 26). a FDG PET did not demonstrate an AD pattern. b BF-227 PET did not demonstrate significantly increased uptake in the brain. c 3D-SSP results by Method 1 showed generalized significant abnormalities in the brain suggesting AD, although d those analyzed by Method 2 did not. This patient was followed up for 3 years, but did not convert to AD. e BF-227 images after co-registration to FDG images by Method 1. The distortions were seen mainly in the frontal lobes. f BF-227 images after co-registration to FDG images by Method 2. No distortions were seen

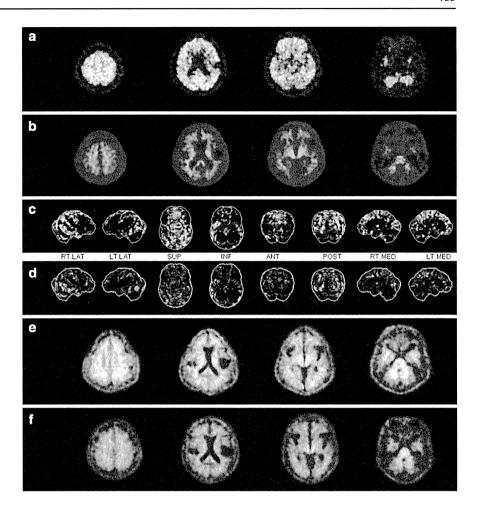
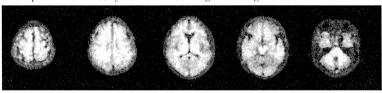


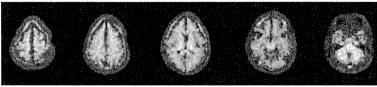
Table 2 The numbers of cases with distortions after Method 1

	AD	MCI	NC	Total
Slight	6	5	6	17
Strong	1	2	1	4
Total	7	7	7	21

A sample of anatomically standardized image with slight distortion.



 $\boldsymbol{A}$  sample of an atomically standardized image with strong distortion.



between MCI and NC in all the lobes, but Method 1 did not show a significant difference between MCI and NC in the frontal lobe (Fig. 2).

Method 2 demonstrated that converters showed significantly higher values than non-converters in the parietal and frontal lobes, which was not observed with Method 1 (Fig. 3).



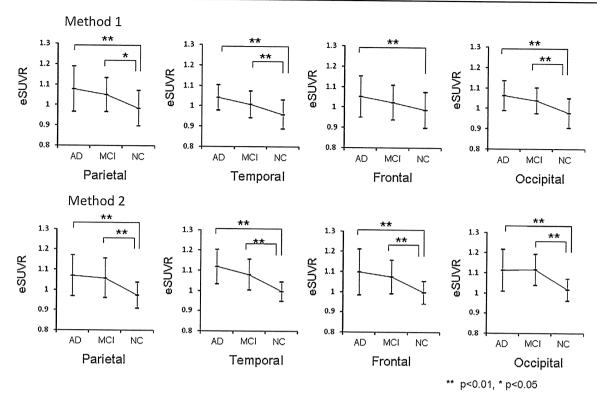


Fig. 2 Mean (SD) of eSUVR in the AD, MCI, and control groups calculated by Method 1 and 2. The values were calculated for the parietal, temporal, frontal, and occipital lobes

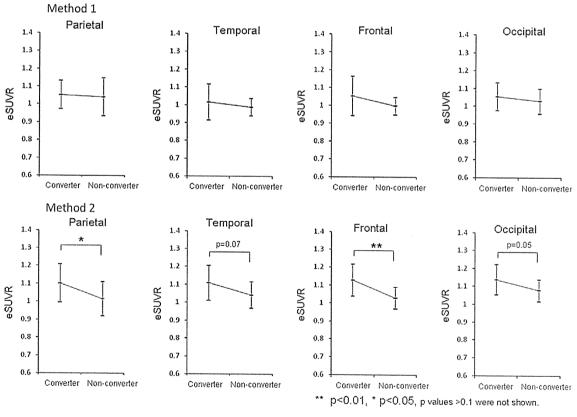


Fig. 3 Mean (SD) of eSUVR for MCI-to-AD converters and non-converters calculated by Method 1 and 2. The values were calculated for the parietal, temporal, frontal, and occipital lobes



#### 3D-SSP analyses

Figure 4 a–c shows the Z score maps of 3D-SSP analyses processed by Method 1 and 2, comparing AD and NC, MCI and NC, and converters and non-converters. The differences between Method 1 and 2 were not clear in Fig. 4a, b; however, Fig. 4c demonstrated more intense and widespread abnormalities between converters and non-converters by Method 2 than by Method 1.

Figure 5 a–c shows the Z score maps processed by Method 2 comparing converters and NC, non-converters and NC, and converters and non-converters, respectively. Figure 5a reveals a similar distribution to that in Fig. 4a, b, but with the scores slightly higher than those in Fig. 4b and slightly lower than those in Fig. 4a. Figure 5b showed a globally low z score that was slightly higher in the left temporal lobe. Figure 5c demonstrated differences between converters and non-converters especially in both lateral frontal lobes.

#### Discussion

Voxel-based analysis allows an objective and sensitive identification of regional changes. Statistical parametric mapping (SPM) [7] and 3D-SSP have both been commonly used for voxel-based analysis for brain PET and SPECT. However, for amyloid PET analysis, most researchers have performed SPM analyses using an MR template after registration of PET images to MR images [8, 9]. In this case, the AS of SPM will not be influenced by the distribution of PET tracers. 3D-SSP can also utilize MR images, but this method is not commonly performed. The 3D-SSP analysis of amyloid PET images using an FDG template entails the problems mentioned in "Introduction". In fact, our results demonstrated that Method 1 showed varying degrees of errors for AS in 38% of the cases. These errors may not only produce an overestimation or underestimation of the amyloid burden in the brain, but also result in the creation of inaccurate normal databases for voxel-based analysis. Thus, Method 1 seems inappropriate for 3D-SSP analysis of amyloid PET. FDG PET has been widely accepted as the method to assess functional abnormalities in dementia [10-12], and is commonly used for clinical evaluation of patients with MCI and AD. Most of those who underwent amyloid PET have also undergone FDG PET. We proposed to take advantage of this coupling of PET images to solve the problem of 3D-SSP analysis for amyloid PET. Although this problem has been noticed by some researchers, to our knowledge, this is the first paper to demonstrate this problem and present a solution.

For AS of the brain images, a standard stereotactic atlas brain (template) is necessary. Although templates differ to

some degree between software programs, a template is basically created by averaging a large number of normal scans. In addition, Neurostat uses hundreds of predefined landmarks for nonlinear warping [1]. It seemed difficult to create an original template with landmarks for amyloid PET by ourselves. Therefore, the next step was to utilize an FDG template after co-registration of FDG and BF-227 images. Because these images are obtained from the same subjects, it is possible to register them accurately using linear transformation methods, such as translocations and rotations. For the registration criterion, Neurostat uses mutual information (MI). The MI of the image intensity values of corresponding voxel pairs is maximal if the images are geometrically aligned. Because no assumptions are made regarding the nature of the relation between the image intensities in both modalities, this criterion is very general and powerful and can be applied automatically without prior segmentation to a large variety of techniques [13-16]. After the registration, Neurostat successfully warped registered BF-227 images using transformation parameters calculated for the AS of corresponding FDG images.

Results of regional analysis demonstrated that both Method 1 and 2 showed significantly higher uptake in AD and MCI patients compared to NC subjects for most lobes, but Method 1 did not show significant differences between MCI and NC subjects for the frontal lobe. In addition, only Method 2 demonstrated significant differences between converters and non-converters. These differences were also obvious on 3D-SSP results when Method 2 was used. Because BF-227 is thought to have lower sensitivity for diffuse amyloid plaques, and a higher sensitivity for neuritic plaques than PiB, BF-227 has been reported to have potential as a method for predicting the conversion from MCI to AD accurately [6, 17, 18]. Previous regions-ofinterest analyses for almost same subjects with this study demonstrated that increased BF-227 retention was evident in both the converters and AD patients, but not in the control subjects or the non-converters [17]. Considering these facts, Method 2 seems to provide more sensitive and accurate results than Method 1. In addition, 3D-SSP results subjected to Method 2 showed preferential accumulation in the temporal lobes, supporting previous reports that used SPM [19].

The new method, however, has some limitations. First, it requires successful FDG scans. If an FDG image has problems, Method 2 cannot be applied to it. Another problem with Method 2 is the possible creation of errors by misregistration of amyloid images. While the reason for this is not clear, it has been reported that standardization by 3D-SSP was not accurate enough at a head tilt of approximately 25° or more [20]. It is thus important to check each image after registration and AS.



Fig. 4 Z score maps of 3D-SSP analyses processed by Method 1 and 2 of the a AD group compared to NC group, the b MCI group compared to NC group, and c converters compared to non-converters

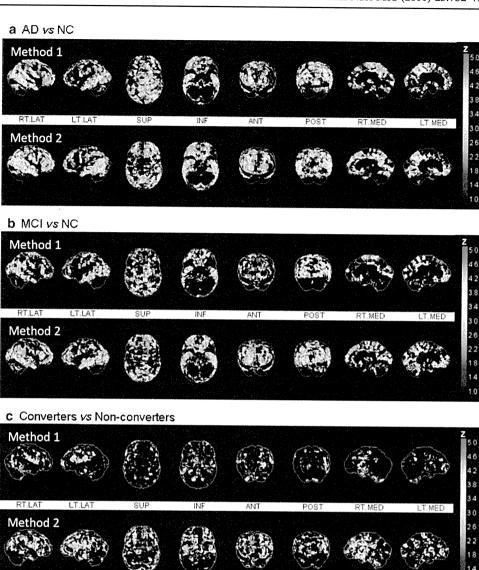
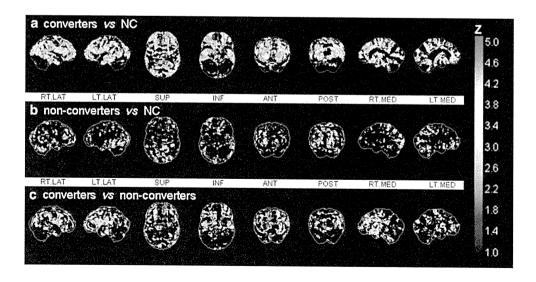


Fig. 5 Z score maps processed by Method 2 of a converters compared to NC group, b nonconverters compared to NC group, and c converters compared to non-converters





We would like to conclude that our newly developed method can be used to modify errors in 3D-SSP analyses of amyloid PET imaging. 3D-SSP analysis of BF-227 PET was useful for detecting differences between AD and NC groups, MCI and NC groups, and converters and non-converters. Further investigation is required for the evaluation of the utility for individual differentiations.

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# YOKUKANSAN, A TRADITIONAL JAPANESE MEDICINE, AMELIORATES MEMORY DISTURBANCE AND ABNORMAL SOCIAL INTERACTION WITH ANTI-AGGREGATION EFFECT OF CEREBRAL AMYLOID $\beta$ PROTEINS IN AMYLOID PRECURSOR PROTEIN TRANSGENIC MICE

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Abstract—The deposition of amyloid  $\beta$  protein (A $\beta$ ) is a consistent pathological hallmark of Alzheimer's disease (AD) brains. Therefore, inhibition of Aeta aggregation in the brain is an attractive therapeutic and preventive strategy in the development of disease-modifying drugs for AD. An in vitro study demonstrated that yokukansan (YKS), a traditional Japanese medicine, inhibited Aeta aggregation in a concentrationdependent manner. An in vivo study demonstrated that YKS and Uncaria hook (UH), a constituent of YKS, prevented the accumulation of cerebral A $\beta$ . YKS also improved the memory disturbance and abnormal social interaction such as increased aggressive behavior and decreased social behavior in amyloid precursor protein transgenic mice. These results suggest that YKS is likely to be a potent and novel therapeutic agent to prevent and/or treat AD, and that this may be attributed to UH. © 2011 IBRO. Published by Elsevier Ltd. All rights reserved.

Key words: Alzheimer's disease, aggression, amyloid  $\beta$  proteins, traditional medicine, Uncaria hook, yokukansan.

Alzheimer's disease (AD), the most prevalent cause of dementia, is characterized by loss of memory and cogni-

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Abbreviations: AD, Alzheimer's disease, APP, amyloid precursor protein; A $\beta$ , amyloid  $\beta$  protein; BPSD, behavioral and psychological symptoms of dementia; DLB, dementia with Lewy bodies; TBS, trisbuffered saline; Tg(+), transgenic; Tg(-), non-transgenic; UH, Uncaria hook; YKS, yokukansan.

tion in the elderly. One of the pathological characteristics of AD is the progressive deposition of insoluble amyloid  $\beta$ protein  $(A\beta)$  as a form of senile plaques (Wirths et al., 2004). This protein comprises peptides of approximately 39-43 amino acid residues derived from the transmembrane amyloid precursor protein (APP) (Selkoe, 2002). Aß can exist as monomers and form a variety of different aggregate morphologies including dimers, small soluble oligomers, protofibrils, diffuse plaques, and the fibrillar deposits seen in senile plaques. Protofibrils, diffuse plaques, and fibrillar deposits seem to have a predominant  $\beta$ -sheet structure (Tierney et al., 1988; Barrow and Zagorski, 1991), while oligomers are believed to be more globular (Barghorn et al., 2005). Abundant evidence showing that formation of these aggregates causes primary neurodegeneration in AD has led to the amyloid hypothesis, which states that the accumulation of  $A\beta$  in the CNS is highly neurotoxic and degrades synaptic function (Selkoe, 2002; Wirths et al., 2004). Therefore, it is hypothesized that the formation, deposition, and aggregation of  $A\beta$  in the brain should be primary targets for amelioration of dementia. Currently, drugs available for dementia such as acetylcholinesterase inhibitors exert only a temporary effect on cognitive dysfunction (Millard and Broomfield, 1995; Park et al., 2000; Darreh-Shori et al., 2004), and they do not prevent or reverse the formation of  $A\beta$  deposits. Among the potentially promising strategies for developing more effective anti-dementia drugs are the inhibition of  $A\beta$  fibril formation, destabilization of aggregated  $A\beta$ , or a combination of both.

In patients with AD, not only core symptoms such as cognitive impairment, but also behavioral and psychological symptoms of dementia (BPSD) such as aggression, anxiety, and hallucinations often emerge. BPSD is a serious problem for caregivers, and because its severity and the care burden show a positive correlation, therapy for BPSD is considered to be as important as therapy for the core symptoms (Nagaratnam et al., 1998; Tanji et al., 2005). To date, anti-psychotic medicines have been used for treatment of BPSD. However, the drugs induce extrapyramidal symptoms and other adverse events, and in consequence, they decrease the quality of life and increase the difficulty of maintaining activities of daily living. Thus, new remedies without adverse effects have been sought.

Herbal remedies are used worldwide and have a long history of use to alleviate a variety of symptoms of many

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different conditions and diseases. Recently, clinical trials in patients with AD have also shown that some traditional Japanese medicines called kampo improved Mini-Mental State Examination scores (Iwasaki et al., 2004) and blood flow in the cerebral cortex (Maruyama et al., 2006). We have reported that several traditional herbal medicines such as kamiuntanto (Formula lienalis angelicae compositae) (Wang et al., 2000; Nakagawasai et al., 2004) and hachimijiogan (Pilulae octo-medicamentorum rehmanniae) (Iwasaki et al., 2004) ameliorated symptoms of dementia.

Yokukansan (YKS, Pulvis depressionis hepatis) is a traditional Japanese medicine approved by the Ministry of Health, Labour and Welfare of Japan as a remedy for neurosis, insomnia, and irritability in children. Recently, we reported that it improved such BPSD as hallucinations, agitation, and aggression in patients with Alzheimer's disease, dementia with Lewy bodies (DLB), and other forms of senile dementia (Iwasaki et al., 2005a,b). Recently, to clarify the improving effect of YKS, various basic studies have been performed (Ikarashi et al., 2009; Kawakami et al., 2009, 2010; Terawaki et al., 2010). We also previously demonstrated that Uncaria hook (UH), a constituent herb of YKS, inhibited Aβ aggregation in vitro (Fujiwara et al., 2006), suggesting that YKS containing UH may possess anti-aggregation activity toward AB, and that it may improve memory disturbance and BPSD. However, sufficient animal experiments to confirm this hypothesis have not been performed yet.

The APP transgenic [Tg(+)] mouse expressing the human form of APP695SWE is known as a model of AD. A $\beta$  accumulates in the brain of the mice with aging (Hsiao et al., 1996; Ikarashi et al., 2004). In addition, not only cognitive dysfunction but also BPSD-like symptoms such as disinhibition, hyperactivity, and impulsive behavior have been observed in Tg(+) mice (Lalonde et al., 2003; Stackman et al., 2003; Ognibene et al., 2005; Dong et al., 2005; Adriani et al., 2006; Quinn et al., 2007). These findings suggest that the Tg(+) mouse is a valuable tool for developing new drugs for dementia and BPSD.

To clarify the hypothesis described above, in the present study, we first examined the effect of YKS on  $A\beta$  aggregation *in vitro* as well as UH. Next, the effects of YKS and UH on accumulation of  $A\beta$  in the brain and phenotypes such as memory disturbance and BPSD-like behaviors such as the increase in aggressive behavior and decrease in social behavior in the Tg(+) mice were investigated.

#### **EXPERIMENTAL PROCEDURES**

#### **Animals**

Male APP Tg(+) mice, who overexpress a 695-amino acid splice form (Swedish mutation K670N M671I) of the human amyloid  $\beta$  precursor protein (APP695), and non-transgenic [Tg(-)] mice were purchased from Taconic Farms Inc. (Germantown, NY, USA). Each animal was housed individually in a plastic cage  $(230\times155\times155~\text{mm}^3)$  and allowed free access to water and standard laboratory food in a facility with the temperature controlled at  $24\pm1~^{\circ}\text{C}$  and relative humidity at  $55\pm5\%$  and with lights on from 7:00 to 19:00 h daily until the animals were used in the experiments. Experimental protocols were approved by the Animal Care

and Use Committee of Tohoku University Graduate School of Medicine and complied with the procedures outlined in the Guide for the Care and Use of Laboratory Animals of Tohoku University.

#### Drugs and reagents

YKS is composed of seven dried medicinal herbs: Atractylodes lancea rhizome (4.0 g, rhizome of Atractylodes lancea De Candolle), Poria sclerotium (4.0 g, sclerotium of Poria cocos Wolf), Cnidium rhizoma (3.0 g, rhizome of Cnidium officinale Makino), Japanese Angelica root (3.0 g, root of Angelica acutiloba Kitagawa), Bupleurum root (2.0 g, root of Bupleurum falcatum Linné), glycyrrhiza (1.5 g, root and stolon of Glycyrrhiza uralensis Fisher), and UH (3.0 g, thorn of Uncaria rhynchophylla Miquel). The dry powdered extracts of YKS and UH were supplied by Tsumura & Co. (Tokyo, Japan).

 $A\beta$  peptides (1-40 and 1-42) and thioflavin-T were obtained from the Peptide Institute (Osaka, Japan) and Sigma (St. Louis, MO, USA), respectively. Other reagents (analytical grade) used for analysis were purchased from commercial sources.

## In vitro study to evaluate effect of YKS on $A\beta$ aggregation

Measurement of thioflavin-T to evaluate  $A\beta$  aggregation was performed using the method described by Suemoto et al. (2004) with slight modifications.  $A\beta$  (20  $\mu$ M) dissolved in 50 mM potassium phosphate buffer (pH 7.4) with YKS was incubated at 37 °C for 96 h ( $A\beta_{1.40}$ ) or 24 h ( $A\beta_{1.42}$ ). At the end of the incubation, 3  $\mu$ M thioflavin-T dissolved in 100 mM glycine buffer (pH 8.5) was added to the mixture. After incubation for 30 min at room temperature, the fluorescence of thioflavin-T bound to  $A\beta$  aggregates was measured using a microplate reader (Spectramax Gemini XS, Molecular Devices, Sunnyvale, CA, USA) with excitation at 442 nm and emission at 485 nm. The percentage inhibition was calculated by comparing the fluorescence values of test samples with those of control solutions without YKS.

### In vivo study to evaluate behaviors and accumulation of $A\beta$

Ten-month-old Tg(+) mice were randomly divided into five groups: Tg(+) (n=10), Tg(+)+0.3% YKS (n=10), Tg(+)+1.0% YKS (n=10), Tg(+)+0.1% UH (n=10), and Tg(+)+1.0% UH (n=10). Tg(-) mice (n=10) were set as the control group. The mice in both the Tg(-) and Tg(+) groups were given normal powdered chow for 5 months from 10 to 15 months old. The mice in the Tg(+)+0.3% YKS and Tg(+)+1.0% YKS groups were given the powdered chow including 0.3% or 1.0% of YKS for 5 months. The mice in the Tg(+)+0.1% UH and Tg(+)+1.0% UH groups were given the powdered chow including 0.1% or 1.0% of UH for 5 months.

Step-through passive-avoidance tests were performed to evaluate learning ability from the age of 11 months to 14 months. Social interaction tests were performed at the age of 15 months. All behavioral tests were performed between 10:00 and 17:00 h.

After completion of behavioral tests, all mice were decapitated, and the dissected cerebral cortex was used for determination of  $A\beta$  levels.

#### Step-through passive-avoidance test

The apparatus (TK402D model, Neuroscience, Inc., Tokyo, Japan) for the step-through passive-avoidance test consisted of two compartments, one illuminated [100×120×100 mm³; light at the top of compartment (27 W, 3000 lx)] and the other dark (100×170×100 mm³). The compartments were separated by a guillotine door. During the learning stage, a mouse was placed in the illuminated safe compartment. While this compartment was lit,

the mouse stepped through the opened guillotine door into the dark compartment. The time spent in the illuminated compartment was defined as the latency period. 3 s after the mouse entered the dark compartment, a foot shock (0.01 mA, 200 V, 50 Hz ac, for 1 s) was delivered to the floor grid in the dark compartment. The mouse could escape from the shock only by stepping back into the safe illuminated compartment. Such acquisition trials during the learning stage were carried out once a day for 5 days. The mouse was judged to have learned avoidance from the foot shock when the latency period reached 300 s. Retention trials were carried out once per week for 78 days (11–14-months-old) to evaluate the retention of avoidance memory. The latency was measured for up to 300 s without delivering a foot shock. It was judged that the mouse retained the avoidance memory when it stayed in the illuminated safe compartment for 300 s.

#### Social interaction test

Social interaction such as aggressive behavior and social behavior in mice were evaluated by a social interaction test (File, 1980) using a square box-type open-field apparatus (50×50×40 cm³, Neuroscience, Inc., Tokyo, Japan). A video camera was mounted vertically over the apparatus. Two mice in each group were placed together in the open-field apparatus. The interactive behaviors between the two animals were monitored by the video camera for 10 min, and the behavioral data were saved directly on a computer. Then, the total number of aggressive behaviors (tail rattling, chasing, and attacking) as the index of aggressiveness or normal social behaviors (sniffing, following, and contacting) as the index of sociability of each animal was counted by two observers blind to the treatment. The total distance traveled (cm) of each animal was analyzed as motor activity by using software (analyzing behavior system, Viewer II, Bioserve, Bonn, Germany).

#### Measurement of brain $A\beta$ levels

The dissected cerebral cortex was homogenized and sonicated in Tris—buffered saline (TBS) and 70% formic acid containing 1× protease inhibitor mixtures to obtain soluble and insoluble fractions with slight modification of the method described previously (Calon et al., 2004). The homogenate was subjected to ultracentrifugation at 200,000×g at 4 °C for 20 min. The soluble supernatant was collected and frozen. To analyze the insoluble A $\beta$ , the insoluble pellet was sonicated in 200  $\mu$ l of 70% formic acid and subjected to ultracentrifugation at 300,000×g at 4 °C for 30 min to collect the soluble supernatant.

Brain  $A\beta_{1-40}$  and  $A\beta_{1-42}$  levels were measured using sandwich ELISA with a Human  $\beta$  Amyloid ELISA Kit (Wako Pure Chemical Industries, Ltd, Osaka, Japan) according to the manufacturer's instructions. BAN50 is a monoclonal antibody raised against a synthetic peptide of human  $A\beta_{1-16}$ ; it preferentially reacts with the N-terminal portion of human  $A\beta$  starting at Asp-1, but does not cross-react with N-terminal—truncated  $A\beta$  or with rodent-type  $A\beta$ . BA27 and BC05, which specifically recognize the C terminus of  $A\beta_{1-40}$  and  $A\beta_{1-42}$ , respectively, were conjugated with horseradish peroxidase and used as detector antibodies. The insoluble mouse brain fractions described above were neutralized and subjected to BAN50/BA27 or BAN50/BC05 ELISA. The protein concentration of the fraction was measured using a protein assay kit (Bio-Rad Lab., Hercules, CA, USA). Finally, the  $A\beta$  value was expressed as pmol per g of protein.

#### Data analysis

Data are expressed as mean $\pm$ SEM. The date of passive-avoidance test was evaluated by analysis of variance (Kruskal-Wallis) followed by a Mann-Whitney U test. The data of other experiments were evaluated by one-way analysis of variance (ANOVA) followed by Bonferroni/Dunn tests. The significance level in each statistical analysis was accepted at P < 0.05.

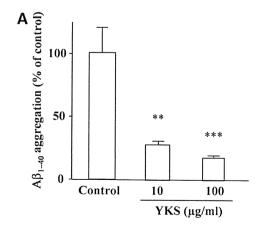
#### **RESULTS**

#### Effects of YKS on A $\beta$ aggregation in vitro

The effects of YKS on  $A\beta_{1-40}$  and  $A\beta_{1-42}$  aggregation *in vitro* are shown in Fig. 1A, B, respectively. YKS inhibited the aggregation of  $A\beta_{1-40}$  and  $A\beta_{1-42}$  in a concentration-dependent manner. Significant inhibition was observed at 10 and 100  $\mu$ g/ml for  $A\beta_{1-40}$  and at 100  $\mu$ g/ml for  $A\beta_{1-42}$ .

## Effects of YKS and UH on memory disturbance in Tg(+) mice

Step-through passive-avoidance tests were carried out on mice at 11–14 months of age. In the first acquisition trial of the learning stage, all mice (11 months old) in the Tg(-), Tg(+), Tg(+)+YKS, and Tg(+)+UH groups entered the dark compartment immediately after being placed in the illuminated compartment. Repeating the acquisition trial increased the latency times in all groups. All mice in all



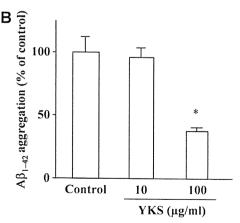


Fig. 1. Effects of YKS on  $A\beta_{1-40}$  (A) or  $A\beta_{1-42}$  (B) aggregation.  $A\beta$  aggregation was assessed by the thioflavin T method and expressed as the percentage of control aggregation in the absence of YKS. Values represent mean  $\pm$  SE from four independent experiments. Significance by Bonferroni/Dunn tests following one-way ANOVA is indicated as \* P<0.05, \*\* P<0.01, \*\*\* P<0.001 vs. control.

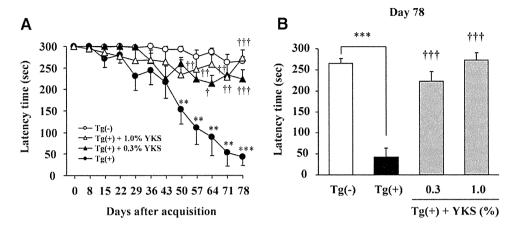


Fig. 2. Step-through latencies in the retention test of the passive-avoidance task in YKS-treated Tg mice. Changes in the latencies during retention tests for 78 d after acquisition of avoidance memory in each group are shown in (A), and the final results on day 78 are shown in (B). Values represent the means  $\pm$  SE (n=10 in each group). Significance by Mann-Whitney U test following analysis of variance (Kruskal-Wallis) is indicated as \*\* P<0.01, \*\*\* P<0.001 vs. corresponding Tg(-) control, and  $^{\dagger}$  P<0.05,  $^{\dagger\dagger}$  P<0.01 and  $^{\dagger\dagger\dagger}$  P<0.001 vs. Tg(+) on each day.

groups acquired avoidance memory, staying in the illuminated compartment over 300 s on the fifth day. No statistically significant differences were observed in the mean latency times among all groups during the acquisition trials (data not shown).

Memory retention tests were performed once a week for 78 days after the final acquisition trial. Changes in the step-through latency in the YKS-treated groups are shown in Fig. 2A, and the results on the terminal day 78 are shown in Fig. 2B. The latency time of the Tg(+) group was significantly shorter than that of the Tg(-) group. The shorter latency was significantly prolonged by treatments with 0.3 and 1.0% YKS.

Changes in the step-through latency in UH-treated groups are shown in Fig. 3A, and then the results on the terminal day 78 are shown in Fig. 3B. The shortened latency time of the Tg(+) group was significantly prolonged by treatment with UH (0.1% and 1.0%) in a dose-dependent manner.

## Effects of YKS and UH on aggressiveness and sociability in Tg(+) mice

The effects of YKS on aggressive behavior, social behavior, and motor activity are shown in Fig. 4. The aggressive behavior in the Tg(+) group increased significantly more than that in the Tg(-) group. The increase was significantly inhibited by treatment with 1.0% YKS (Fig. 4A). On the other hand, social behavior in the Tg(+) group decreased significantly more than that in the Tg(-) group. The decrease was significantly inhibited by treatment with 1.0% YKS (Fig. 4B). No significant differences of the motor activities (distance) were observed between Tg(-), Tg(+), and Tg(+)+YKS groups (Fig. 4C).

The effects of UH on aggressive behavior, social behavior, and motor activity are shown in Fig. 5. The aggressive behavior in the Tg(+) group increased significantly more than that in the Tg(-) group. The increase was

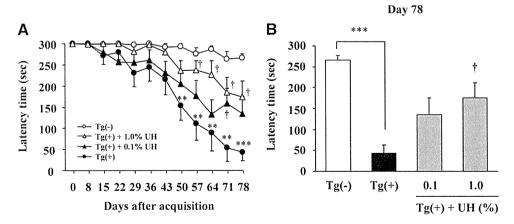
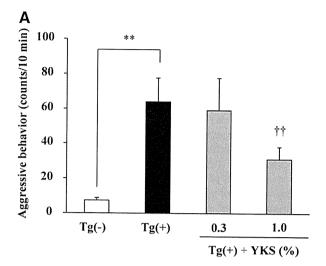
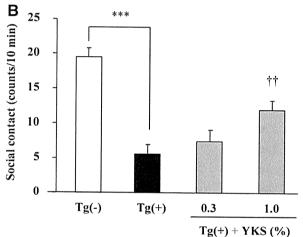
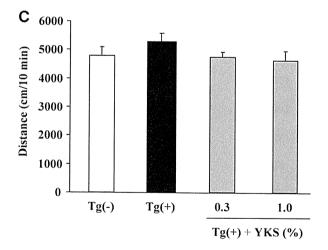


Fig. 3. Step-through latencies in the retention test of the passive-avoidance task in UH-treated Tg mice. Changes in the latencies during retention tests for 78 d after acquisition of avoidance memory in each group are shown in (A), and the final results on day 78 are shown in (B). All mice acquired avoidance memory by five repeated acquisition trials. Values represent the means  $\pm$ SE (n=10 in each group). Significance by Mann-Whitney U test following analysis of variance (Kruskal-Wallis) is indicated as \*\* P<0.01, \*\*\* P<0.001 vs. corresponding Tg(-) control, and † P<0.05 vs. Tg(+) on each day.







**Fig. 4.** Aggressive behavior (A), social contact (B), and distance as indexes of motor activity (C) of YKS-treated mice in the social interaction test. Value represents the mean $\pm$ SE (n=10 in each group). Significance by Bonferroni/Dunn tests following one-way ANOVA is indicated as \*\* P<0.01, \*\*\* P<0.001 vs. Tg(-), and †† P<0.01 vs. Tg(+).

significantly inhibited by treatment with 1.0% UH (Fig. 5A). On the other hand, social behavior in the Tg(+) group

decreased significantly more than that in the Tg(-) group. The decrease was significantly inhibited by treatment with 1.0% UH (Fig. 5B). No significant differences of the motor activities were observed between Tg(-), Tg(+), and Tg(+)+ UH groups (Fig. 5C).

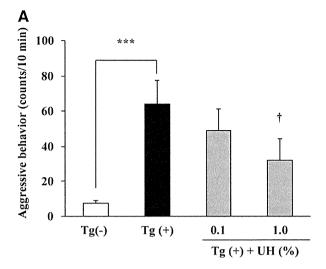
## Effects of YKS and UH on cerebral $A\beta$ levels in Tg(+) mice

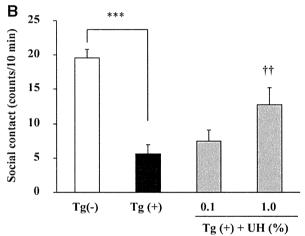
To determine whether oral YKS or UH treatment affected the accumulation of  $A\beta$  in cerebral cortex, the cortical  $A\beta_{1-40}$  and  $A\beta_{1-42}$  levels were measured. The results are shown in Fig. 6A, B, respectively. Large amounts of both forms of  $A\beta$  were detected in the cortex of Tg(+) mice but not in Tg(-) mice. YKS or UH treatment had no significant effect on  $A\beta_{1-40}$  levels in the Tg(+) mice (Fig. 6A). However, both YKS and UH inhibited  $A\beta_{1-42}$  accumulation in Tg(+) mice in a dose-dependent manner (Fig. 6B).

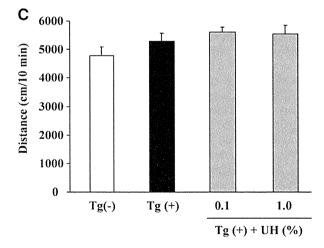
#### **DISCUSSION**

 $A\beta$  is thought to be a causative substance of AD (Hsiao et al., 1996; Selkoe, 2002; Wirths et al., 2004). We previously demonstrated that UH (10 and 100  $\mu g/ml$ ) had a potent anti-aggregation effect on  $A\beta$  proteins in vitro, in a concentration-dependent manner (Fujiwara et al., 2006). In the present in vitro study, we demonstrated that YKS (100  $\mu$ g/ml) significantly inhibited A $\beta$  aggregation as shown in Fig. 1. UH is contained 14.6% in YKS, that is, 14.6  $\mu$ g/ml of UH is contained in 100  $\mu g/ml$  of YKS. This 14.6  $\mu g/ml$ concentration is included within the range of effective concentrations (Fujiwara et al., 2006). Therefore, the antiaggregation effect of YKS is suggested to be attributed to UH. It is important to verify whether in vitro results are reflected in vivo. However, it is difficult to compare effective dose or concentration directly between in vitro and in vivo experiments, because the experimental conditions are different between them. In the present in vivo study, YKS or UH were given to animals as diets containing 0.3 and 1.0% YKS, or 0.1 and 1.0% UH. The YKS intake levels in 0.3 and 1.0% YKS groups corresponded to 240 and 800 mg/kg/d when the levels were calculated from food consumption. Similarly, the UH intake levels in 0.1 and 1.0% UH groups corresponded to 80 and 800 mg/kg/d. As shown in Fig. 6B, we found that both YKS and UH dose-dependently inhibited  $A\beta_{1-42}$  accumulation in the cerebral cortex of Tq(+)mice. As 800 mg/kg/d of YKS contains 117 mg/kg/d (14.6%) which is included within the range of 80 and 800 mg/kg/d of UH, we suggest the possibility that YKS (800 mg/kg/d) containing UH (117 mg/kg/d) has the anti-aggregation effect as well as the in vitro study. This is a first finding demonstrating that YKS and UH inhibit the accumulation of  $A\beta$  in vivo.

The Tg(+) mice used in the present study are known to develop disturbance of memory or cognitive function (Hsiao et al., 1996; Wegiel et al., 2001; Barnes et al., 2004; Ikarashi et al., 2004). In the present study, we evaluated the memory disturbance in Tg(+) mice using a stepthrough passive avoidance test. In the retention test, the latency time of the Tg(+) mice was significantly shorter





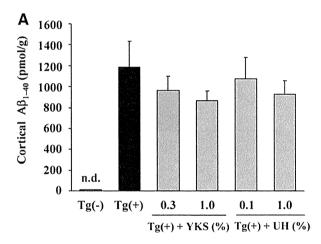


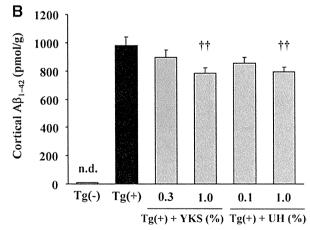
**Fig. 5.** Aggressive behavior (A), social contact (B), and distance as indexes of motor activity (C) of UH-treated mice in the social interaction test. Value represents the mean $\pm$ SE (n=10 in each group). Significance by Bonferroni/Dunn tests following one-way ANOVA is indicated as \*\*\* P<0.001 vs. Tg(-), and  $^{\dagger}$  P<0.05,  $^{\dagger\dagger}$  P<0.01 vs. Tg(+).

than that of the Tg(-) mice. The shorter latency in Tg(+) mice was significantly prolonged by treatment with YKS or

UH. Though the prolongation of latency time is well-known to be affected by drug-dependent physical effects such as catalepsy and suppression of motor activity, we previously demonstrated that YKS did not induce them as haloperidol or risperidone does (Sekiguchi et al., 2009). Therefore, the ameliorative data of YKS and UH against the shorter latency in Tg(+) mice is thought to be not due to the physical disturbance, that is, these changes are selective to memory function, suggesting that YKS and UH might ameliorate the memory disturbance in Tg(+) mice.

Up till now, Tateno et al. (2008) demonstrated neuroprotective effects of YKS on  $A\beta$ -induced cytotoxicity in a primary culture of rat cortical neurons. We also recently demonstrated not only neuroprotective effects of YKS on glutamate-mediated excitotoxicity in cultured cells (Kawakami et al., 2009, 2010) but also ameliorative effects of YKS on learning and memory disturbance induced by i.c.v. injection of  $A\beta$  in mice (Sekiguchi et al., in press) and thiamine deficiency in rats (Ikarashi et al., 2009). These findings suggest that YKS has neuroprotective effects as one of the mechanisms. In addition to the mechanism, the





**Fig. 6.** Effects of YKS and UH on cortical concentrations of A $\beta_{1-40}$  (A) and A $\beta_{1-42}$  (B) in Tg mice. Large amounts of both forms of A $\beta$  were detected in the cortex of Tg(+) mice but not in Tg(-) controls (n.d.). Values represent the mean $\pm$ SE (n=10 in each group). Significance by Bonferroni/Dunn tests following one-way ANOVA is indicated as  $^{\dagger\dagger}$  P<0.01 vs. Tg(+).

present results newly suggest a possibility that YKS ameliorates memory disturbance by preventing the aggregation of  $A\beta$ , which may be attributed to UH. To strongly support the participation of UH in the future, it will be necessary to confirm disappearance of the ameliorative effect of YKS by elimination of UH.

Kawarabayashi et al. (2001) demonstrated that AB deposit in the brain was started in the late stage (8-10 month old) though AB was detected biochemically in the early stage (4-5 month old). In the present study, YKS or UH was administered for 5 months from 10 to 15-monthold. In the acquisition trial for the learning at 11-month-old, no significant differences were observed in the latency times among all groups, suggesting that 11-month-old Tg(+) mice possess learning ability as well as Tg(-) control mice. However, the retention memory in the Tg(+) mice gradually decreased during 10- and 15-month-old during which  $A\beta$  deposits are facilitated. These data suggest close relation between AB deposit and memory disturbance. As YKS and UH ameliorated the memory disturbance in Tg(+) mice, these medicines are thought to have the preventing effect of memory disturbance.

On the other hand, in the present study, though it is true that YKS and UH statistically decreased  $A\beta$  accumulation, large amount of  $A\beta$  still existed in the brain: nevertheless, memory disturbance was ameliorated by treatment with YKS or UH. As a possible explanation for this ameliorative effect, synergistic effect of YKS including neuroprotective effect and inhibitory effect of  $A\beta$  aggregation is inferred. Furthermore, the improvement of cognition with YKS treatment was not demonstrated in clinical trials, most of which were evaluated in the comparatively short term of 4 weeks (Iwasaki et al., 2005a; Mizukami et al., 2009). To prove our hypothesis in the clinical trial, a long-term trial will be necessary in the future.

In patients with dementia, not only core symptoms but also BPSD often emerge. YKS has been reported to ameliorate BPSD such as hallucinations, agitation, and aggression in patients with AD, DLB, and other forms of senile dementia (Iwasaki et al., 2005a,b; Mizukami et al., 2009; Shinno et al., 2007, 2008). In the present study, the development of BPSD-like behaviors such as a marked increase in aggressive behavior and decrease in social behavior was observed in the Tg(+) mice, and YKS or UH ameliorated those abnormal behaviors. These effects, evaluated using social interaction tests, also are known to be influenced by changes in drug-dependent motor activity. In this test, we measured the traveling distance as an index of motor activity together with the interactive behavior, and confirmed that no significant difference in motor activity was observed among all groups. Therefore, the amelioration of aggression and sociability by YKS and UH are suggested to be a direct effect, not due to the secondary effect induced by the suppression of motor activity. The ameliorative effects by YKS of abnormal aggressiveness and sociability in Tg(+) mice are thought to support the finding in the clinical studies reporting that YKS ameliorated excitement, anger and decrease in activities of daily living in patients with AD (Iwasaki et al., 2005a).

Two mechanisms are inferred from the BPSD-ameliorating effect of YKS. One putative mechanism is that the effect may be obtained by inhibiting  $A\beta$  accumulation, which has already been discussed. However, it might be difficult to demonstrate this possibility by clinical studies because several clinical studies that evaluated YKS with a 4-week treatment period showed improvement in BPSD without amelioration of cognitive dysfunction in patients with dementia (Iwasaki et al., 2005a; Mizukami et al., 2009). This finding suggests another mechanism or possibility that YKS has a quicker improving effect on some neuronal function than the putative ameliorative effect on memory dysfunction and  $A\beta$  accumulation. Takeda et al. (2008a,b) reported that YKS attenuated the abnormal increase in cerebral glutamate release in zinc-deficient rats. Ikarashi et al. (2009) demonstrated YKS inhibited the increase in the cerebral extracellular concentration of glutamate in thiamine-deficient rats. Egashira et al. (2008) reported that YKS inhibited the 5-HT 2A receptor agonistinduced heat-twitch response by decreasing expression of 5-HT2A receptors in the prefrontal cortex. Terawaki et al. (2010) demonstrated in vitro that YKS and UH showed a partial agonistic effect on 5-HT1A receptors. This in vitro finding was also supported by in vivo experiment demonstrating that YKS ameliorated abnormal aggressiveness and sociability observed in para-chloroamphetamine-induced cerebral 5-HT-depletion rats, and the ameliorative effect was counteracted by co-administration of a 5-HT1A receptor antagonist, WAY-100635 (Kanno et al., 2009). Taken together, the ameliorative effects of YKS and UH on abnormal aggressive and social behaviors in Tg(+) mice may also relate to the glutamateric and serotonergic

YKS has been used in Asian countries as a remedy for restlessness and agitation in children since it was developed by Xue Kai in 1555 (Iwasaki et al., 2005a). Recently, approximately over 100 million packages of YKS were sold during a year in Japan. Recent accumulated clinical studies reported not only the usefulness of YKS on BPSD but also information on the side effects. Mizukami et al. (2009) reported the appearance of hypokalaemia (two patients), gastrointestinal symptoms including vomiting/diarrhoea, nausea, epigastric distress (three patients), sedation (one patient), and leg edema (one patient) in a randomized cross-over study of YKS using 106 patients with dementia. In particular, the kampo medicines including glycyrrhiza, such as YKS, have been well-known to sometimes cause hypokalaemia (Ohtake et al., 2007; Makino et al., 2008). Therefore, the serum potassium concentration should be monitored.

#### CONCLUSION

In conclusion, the present study demonstrated that YKS inhibited accumulation of  $A\beta$  fibrils *in vitro* and *in vivo*. As a result, it improved not only memory deficits but also BPSD-like behaviors such as increased aggressive behavior and decreased social behavior in the APP transgenic

mice. Therefore, YKS may have potential as a therapeutic drug for patients with AD and mild cognitive impairment.

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## <sup>18</sup>F-THK523: a novel in vivo tau imaging ligand for Alzheimer's disease

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While considerable effort has focused on developing positron emission tomography \(\beta\)-amyloid imaging radiotracers for the early diagnosis of Alzheimer's disease, no radiotracer is available for the non-invasive quantification of tau. In this study, we detail the characterization of <sup>18</sup>F-THK523 as a novel tau imaging radiotracer. In vitro binding studies demonstrated that <sup>18</sup>F-THK523 binds with higher affinity to a greater number of binding sites on recombinant tau (K18∆280K) compared with β-amyloid<sub>1-42</sub> fibrils. Autoradiographic and histofluorescence analysis of human hippocampal serial sections with Alzheimer's disease exhibited positive THK523 binding that co-localized with immunoreactive tau pathology, but failed to highlight β-amyloid plaques. Micro-positron emission tomography analysis demonstrated significantly higher retention of  $^{18}$ F-THK523 (48%; P < 0.007) in tau transgenic mice brains compared with their wild-type littermates or APP/PS1 mice. The preclinical examination of THK523 has demonstrated its high affinity and selectivity for tau pathology both in vitro and in vivo, indicating that <sup>18</sup>F-THK523 fulfils ligand criteria for human imaging trials.

Keywords: tau; imaging; Alzheimer's disease; dementia; PET

Abbreviations: PiB = Pittsburgh Compound-B

#### Introduction

The clinical diagnosis of neurodegenerative diseases such as Alzheimer's disease is typically based on progressive cognitive

impairments while excluding other diseases. However, clinical diagnosis is often challenging, with patients presenting with mild and non-specific symptoms attributable to diverse and overlapping pathologies that present as similar phenotypes (van der Zee et al.,