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書籍

1. 森田栄伸：重症薬疹における遺伝的背景（2）DIHS/DRESS の研究動向．薬疹診療のフロンライン 古江増隆総編集、相原道子専門編集 中山書店 pp157-158

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[V]

班会議プログラム

厚生労働省科学研究費補助金
「難治性疾患克服研究事業：重症多形滲出性紅斑に関する調査研究
(H22 - 難治 - 一般 - 003)」

平成 23 年度班会議プログラム

研究代表者：杏林大学医学部皮膚科、塩原哲夫

日時：平成 23 年 7 月 30 日（土）9：30 から 17：00 まで

場所：東京駅前：マルビルコンファレンススクエア ルーム 5

住所：〒100-6307 東京都千代田区丸の内 2-4-1 丸ビル 8 階

TEL 03-3217-7111（平日 10：00～19：00）FAX 03-3217-7501）

●JR ご利用の場合／東京駅丸の内南口より徒歩 1 分

●地下鉄をご利用の場合／丸ノ内線東京駅より直結

千代田線二重橋前駅 7 番出口より徒歩 2 分

Asian SCAR Meeting

9:30

開会の挨拶 研究代表者 塩原哲夫 先生 (5 min)

・班員自己紹介：京都大学 皮膚科 谷崎英昭 先生

・Drs. from Taiwan：Drs. Chia-Ying Chang, Cheng-Han Lee,
Chin-Fang Lu, Ting-Jui Chen, and Jen-Yu Wang.

9:35

1. DIHS の治療指針の検討 Guideline of treatment for DIHS

・サラゾスルファピリジンによる DIHS の 2 例 (10 min)

DIHS due to salazosulfapyridine

奈良県立医大 森戸 啓統 ・小川浩平 先生

・DIHS 経過中に TEN を発症し救命し得なかった症例(10 min)

DIHS followed by clinical manifestations of TEN

昭和大 渡辺秀晃 先生

・DIHS 3 例の免疫学的なフォローアップのまとめ(10 min)

Immunological aspects of DIHS

慶應大 足立剛也 先生

- ・愛媛大皮膚科における DIHS 治療経験 (15 min)

Treatment for DIHS in Ehime University

愛媛大 藤山幹子 先生

10:40

- ・DIHS 治療指針案の検討

Discussion: Guideline of treatment for DIHS

杏林大 狩野葉子

12:00 昼食 (お弁当)

12:40-12:45 事務局連絡、次回班会議日程 (Official announcement of the next meeting) など

12:45

2. 症例呈示・研究報告

- ・ Case report: DIHS with severe CNS involvement (15 min)

Dr. Chia-Ying Chang

- ・ Generalized bullous fixed drug eruption mimicking TEN: A clinical and pathological study of 10 cases (15 min)

Dr. Cheng-Han Lee

- ・ Enterovirus induced SJS-like reaction (15 min)

Mackay Memorial Hospital, Taipei, Taiwan

Drs. Chin-Fang Lu, MD, Wen-Hung Chung

- ・ Serine protease inhibitors as early prognostic markers and implication of treatment in Stevens-Johnson syndrome and toxic epidermal necrolysis (15 min)

Wan-Fang hospital-Taipei Medical University, Taiwan

Drs. Ting-Jui Chen, Wen-Hung Chung

13:50

- ・ 2008-2010 SJS/TEN 眼障害患者の国内実態調査 進行状況

高度の眼障害を伴った急性期 SJS および亜急性期 SJS (15 min)

Ocular complications of SJS/TEN: Survey of SJS/TEN in Japan 2008-2010

Severe ocular complications in acute and subacute stages of SJS

京都府立大 外園千恵 先生

- ・ DIHS における HMGB-1 の関与 (15 min)

Involvement of HMGB-1 in DIHS

島田市民病院 橋爪秀夫 先生

14:20 Coffee Break

14:30

3. HLA 解析の報告とカルバマゼピン介入臨床研究について (30 min)

Analyses of HLA in patients with carbamazepine-induced drug eruptions

理化学研究所 薙田泰誠 先生

15:00

4. 講演「カルバマゼピンのてんかん治療における位置づけ

—当院の治療状況—」

Carbamazepine for treatment of epilepsy

愛知医科大学精神科教授

兼本浩祐 先生

質疑応答 Q and A

16:00

5. その他

共同研究について(5 min)

事務局より

16:30 終了予定

厚生労働省科学研究費補助金
「難治性疾患克服研究事業：重症多形滲出性紅斑に関する調査研究
(H22 - 難治 - 一般 - 003)」

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研究代表者：杏林大学医学部皮膚科、塩原哲夫

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千代田線二重橋前駅 7 番出口より徒歩 2 分

Asian SCAR Meeting

9:30

開会の挨拶 研究代表者 塩原哲夫

9:35

1. DIHS 全国疫学調査について：DIHS 臨床像調査の担当研究者の決定
Epidemiological survey for DIHS
黒沢美智子（順天大 衛生学）

9:50

2. DIHS 関連薬内服中の患者における唾液中 HHV-6 HHV-7DNA 量の検討
HHV-6 and HHV-7 DNA loads in saliva in patients with drug administration
森戸啓統、小川浩平、浅田秀夫（奈良医大）

10:10

3. 薬疹の原因薬同定における DLST と BAT 法（basophil activation test）の比較
Comparison between DLST and BAT in the evaluation of culprit drug
足立剛也（慶應大）

10:30

4. Clinical characteristics and risk factors of lamotrigine induced hypersensitivity reactions

Chung Wen-Hung

11:00

5. Long-term sequelae of DIHS--A retrospective cohort study from a medical center in northern Taiwan

Chia-Yu Chu

11:30

6. 重症薬疹の長期予後調査について

Prognosis of severe drug eruptions

平原和久（杏林大）

11:50 昼食（お弁当） Lunch

12:45 事務局連絡 Official announcement

次回班会議日程 next meeting 、 契約書、 IVIG treatment

12:50

2008-2010 年発症 SJS/TEN の調査状況

木下茂 （京都府立大・眼科）

13:00

7. アロプリノールによる重症薬疹国内例の HLA 解析

HLA analysis of severe drug eruptions due to allopurinol

新原寛之、金子 栄、森田栄伸（島根大）

13:20

8. 「遺伝子型に基づくカルバマゼピンのオーダーメイド投薬の検証に関する前向き臨床研究」の進行状況

Genotype-based carbamazepine therapy (GENCAT) study

蒔田泰誠、久保充明（理化学研究所 ゲノム医科学研究センター）

13:40

9. 薬疹データベースについて

Data base of drug eruptions

永尾圭介（慶應大）

14:00

10. ラミクタールによる SJS の 2 例

Lamotrigine induced Stevens-Johnson syndrome

松倉節子 (横浜市立大 市民総合医療センター)

14:10

11. 放射線照射が誘因となったと考えられた Stevens-Johnson 症候群の 1 例

Stevens-Johnson syndrome triggered by radiation therapy

谷崎英昭 野々村優美 中島沙恵子 椋島健治 (京都大)

14:20

12. DIHS 治療指針案の検討 資料配付

Discussion: Guideline of treatment for DIHS

狩野葉子、平原和久 (杏林大)

14:30 Coffee break

15:00

13. その他

16:30 終了

[VI]

研究成果の刊行物・印刷

to the Wickham striae) surrounded by dotted or linear vessels (figure 1D). In contrast, the atrophic plaque on the sacrum showed structureless white areas and chrysalis structures [5] and diffusely arranged elongated, partially looped telangiectasias of different lengths and calibers (figure 1E). Finally, dermoscopy of the hyperpigmented plaque allowed the observation of fine lilac vessels arranged in a ring-like distribution (figure 1F). Due to the dermoscopic polymorphisms, biopsies were taken from one papule on the leg, the sacral plaque and from the peripheral border of the hyperpigmented plaque on the abdomen; subsequent histopathologic examination revealed LP, extragenital LS and morphea, respectively.

The diagnosis of LP was based on the presence of compact orthokeratosis, wedge-shaped hypergranulosis, irregular acanthosis, a dense band-like infiltrate, predominantly of lymphocytes, in the papillary dermis, accumulation of melanophages and vacuolar alteration of the basal layer.

Histopathologically, LS revealed a compact hyper- and orthokeratotic scale with follicular plugging and an atrophic epidermis with vacuolar alteration of the basal layer; a zone of pallor (lymphedema) in the papillary dermis and an interstitial lymphocytic inflammatory infiltrate in the medial dermis were present.

The diagnosis of morphea was based on the presence of dermal sclerosis with swollen collagen fibers and decreased spaces between collagen bundles of the reticular dermis; in addition, a moderately perivascular inflammatory infiltrate of lymphocytes and loss of adnexal structures were noted. Standard laboratory tests, antibodies against thyroid and antinuclear antibodies, antinuclear antibodies (ANA), IgG and IgM Borrelia serology, as well as hepatitis A, B and C virus serology were within normal ranges or negative.

To our knowledge, our patient represents the third documented case of co-existing LP, LS and morphea. Despite the rare co-occurrence of all three entities, our case suggests that dermoscopy not only aids clinical recognition, but revealing different patterns in each corresponding entity, may also guide selection of the most representative lesion for biopsy. ■

Disclosure. Financial support: none. Conflicts of interest: none.

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doi:10.1684/ejd.2011.1585

Diffuse large B-cell lymphoma as a sequela of Stevens-Johnson syndrome associated with an increased Epstein-Barr virus load

Little attention has been paid to long-term sequelae developing years after complete recovery of Stevens-Johnson syndrome (SJS) [1]. We present a SJS patient who developed diffuse large B-cell lymphoma (DLBCL) two years after complete resolution of SJS.

A 48-year-old woman was treated with minocycline, and then cefcapene pivoxil (CFPN PI) for pneumonia. On days 7 and 14 of the treatment with CFPN PI and minocycline, respectively, an eruption appeared on the trunk and face. Examination revealed high-grade fever (38.5°C), widespread erythematous macules with erosions (figures 1A, B), and severe erosive lesions on the lips; conjunctivas were hyperemic. No cervical lymphadenopathy was detected. Histology of a biopsy from the flat

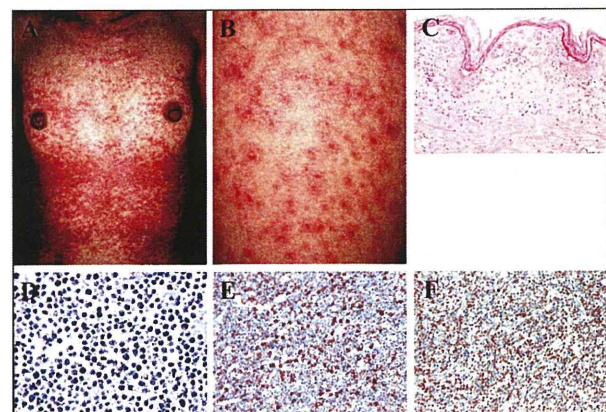


Figure 1. A) Erythematous macules with erosions on the trunk.

B) Atypical target lesions on the thigh.

C) Epidermal necrosis with a mild lymphocytic infiltration in the upper dermis (hematoxylin and eosin stain; original magnification X 100).

D) Atypical lymphoid cells in the cervical lymph node (hematoxylin and eosin stain; original magnification X 400).

E) Positive CD20 expression on atypical lymphoid cells in the lymph node (original magnification X 200).

F) Positive Bcl-2 expression on lymphoid cells in the lymph node (original magnification X 200).

erythematous abdominal macule showed epidermal necrosis and a mild lymphocytic infiltration in the upper dermis (figure 1C). Direct immunofluorescence demonstrated no depositions. Laboratory findings on admission: white blood cell count $3.7 \times 10^9/L$ with no atypical lymphocytosis or eosinophilia, with mild liver dysfunction. Anti-Epstein-Barr virus (EBV) virus capsid antigen (VCA) IgG titer, anti-EBV VCA IgM titer and EBNA were 640-fold, 10-fold>, and 20-fold, respectively. EBV DNA loads were 440 copies/ 10^6 leukocytes. Chest X-ray was normal. After the SJS diagnosis, treatment with systemic corticosteroids 50 mg daily was initiated. Her eruptions steadily improved, corticosteroids were tapered to 60% over 4 weeks and zero over 8 weeks. To determine the causative agents of SJS, lymphocyte transformation test (LTT) was performed on the second day of admission. Positive LTT reactions for CFPN-PI and minocycline were obtained. No significant increases in anti-human herpesvirus 6 (HHV-6) IgG titers or HHV-6 DNA loads were detected during the course of the disease. This patient had persistently detectable levels of EBV DNA (150-280 copies/ 10^6 leukocytes) for 5 months after complete resolution. 9 months after resolution, the viral load declined.

Two years later, when the EBV load was undetectable, she noticed swelling of cervical lymph nodes and a high-grade fever. Examination revealed a large subcutaneous mass in the neck and multiple palpable axillary and inguinal lymph nodes. Anti-EBV VCA IgG titer, anti-EBV VCA IgM titer and EBNA were 640-fold, 10-fold>, and 40-fold, respectively. Computed tomography scan showed multiple lymph nodules around the aorta and splenomegaly. A cervical lymph node biopsy revealed marked proliferation of atypical lymphoid cells (figure 1D) and immunohistochemical stainings for CD 20 (figure 1E), CD 79, CD 10, and Bcl-2 (figure 1F) showed strong immunopositivity. Positive EBV-encoded small RNA (EBER) staining cells were not detected. DLBCL was diagnosed. Despite a good response to combination therapy with rituximab and CHOP, she died of pneumonia from opportunistic infections.

As the EBV DNA load was more than 8 times that in asymptomatic EBV carriers in our study, elevated EBV DNA loads may predispose the development of lymphoma. DLBCL is thought to arise from EBV-immortalized B cells which escaped T-cell surveillance, suggesting that the impairment of anti-EBV immunity during SJS results in uncontrolled, EBV-driven B cell proliferation in the absence of adequate T-cell surveillance [2, 3]. EBV-specific immunity in this patient may have exhibited a reduced ability to control the outgrowth of EBV-infected B cells during SJS. The EBV load during the acute stage of SJS was higher than after resolution and persistence was observed even during resolution, this patient may have had defects in long-term anti-EBV immunity. Interestingly, the persistently elevated EBV load declined just prior to the development of DLBCL.

Other factors, particularly those associated with drug therapy, may also be important. Systemic corticosteroid use has been associated with an increased risk of non-Hodgkin lymphoma [4, 5]. However, systemic corticosteroids were only given for 8 weeks in this patient; it is implausible that the DLBCL would be caused by such a short exposure. The causative drug of SJS may also have influenced the risk of lymphoma development because minocycline is

well known to have the potential to cause lymphoproliferative disorders [6]. This is also unlikely, however, in view of the duration of exposure.

Our case emphasizes the importance of long-term follow-up in patients with SJS. ■

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Basal cell carcinoma which developed on the surface of recurrent parotid pleomorphic adenoma: coincidence or causality?

Pleomorphic adenoma is the most common benign tumor of salivary gland and basal cell carcinoma (BCC) is the most common cutaneous malignant tumor. Coexisting pleomorphic adenoma and BCC has rarely been reported.

A 66-year-old female complained of a painless enlarging mass on her left post-auricular and mandibular area. She had received tumor excision on the same area ten years ago. The pathology report was a benign pleomorphic adenoma at that time. Several years later, the patient found recurrence of the subcutaneous tumor and a gradually enlarging red plaque above the tumor. The patient denied any systemic

Herpes Zoster in Patients with Drug-induced Hypersensitivity Syndrome/DRESS

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Drug-induced hypersensitivity syndrome/drug reaction with eosinophilia and systemic symptoms (DIHS/DRESS) is a severe systemic hypersensitivity reaction caused by specific drugs and involves the reactivation of human herpesvirus 6 (HHV-6) (1, 2). Accumulating evidence suggests that other herpesviruses, such as Epstein-Barr virus (EBV) (3, 4), HHV-7 (5) and cytomegalovirus (CMV) (6) reactivate during the course of DIHS/DRESS, similar to the herpesvirus reactivation observed in recipients who have undergone bone marrow transplantation (BMT) (7). Although varicella-zoster virus (VZV) reactivations are frequently observed in recipients with BMT (8), VZV reactivations have rarely been reported in the setting of DIHS/DRESS (9). In view of the similarity between BMT and DIHS/DRESS (10), it is likely that VZV reactivation might also be present in patients with DIHS/DRESS. Because herpes zoster (HZ) is often observed without any relationship to the underlying disease, it is difficult to determine whether there is any relationship between HZ and DIHS/DRESS. We have therefore retrospectively analysed patients with DIHS/DRESS who developed HZ.

METHODS

Between 1998 and 2010, 28 patients who developed DIHS/DRESS and were treated in our hospital were enrolled in this study. The criteria used for DIHS/DRESS were the presence of a high fever, a widespread maculopapular and/or diffuse erythematous eruption, lymphadenopathy, leukocytosis with atypical lymphocytosis and/or eosinophilia, liver dysfunction and HHV-6 reactivation (11). To detect HHV-6 reactivation, patients with suspected DIHS/DRESS were tested for anti-HHV-6 IgG antibody titres and/or real-time PCR assays for HHV-6 DNA loads in peripheral leukocytes. HHV-6 reactivation was defined by a >4-fold increase in anti-HHV-6 IgG antibody titres or detection of HHV-6 DNA in the leukocytes. The 6-month observation period after the onset of drug reactions was defined. Patients who were followed up for less than the 6-month

observation period or those who did not satisfy the criteria for DIHS completely were excluded in this study. The DIHS/DRESS patients were classified into two groups: 12 patients who received systemic corticosteroid therapy, and 16 patients who received supportive care for dehydration alone. As a drug eruption control group, patients with Stevens-Johnson syndrome/toxic epidermal necrolysis (SJS/TEN) were selected. SJS/TEN was diagnosed according to the criteria described by Bastuji-Garin et al. (12). There were 8 cases of SJS and 3 of TEN who satisfied the criteria for SJS/TEN and were treated with systemic corticosteroids. The clinical features of each group are summarized in Table I. The clinical diagnosis of HZ was made based on the assessment by the dermatologists at our hospital in the follow-up period. A questionnaire was sent to the control patients who were not regularly followed up.

RESULTS

Three out of the 28 patients with DIHS/DRESS developed HZ within 6 months after the onset of DIHS/DRESS; all 3 patients had been given systemic corticosteroids. No patient with SJS/TEN developed HZ in the same period (Table II). The 3 patients had had childhood varicella, but not HZ before the onset of DIHS/DRESS. One patient had a renal cell cancer. The causative drug of DIHS/DRESS was anticonvulsants in all 3 patients. HZ developed approximately 60 days after the onset of DIHS/DRESS during the tapering period of administration of systemic corticosteroids in cases 1 and 2; HZ developed 30 days after the cessation of systemic corticosteroids in case 3. There was no identical dermatomal involvement with HZ, and the cutaneous manifestations were mild with no complications. A significant increase in the anti-VZV IgG antibody titre at >2 weeks after the onset of the HZ was seen in all cases. Two patients (cases 2 and 3) were treated with systemic acyclovir and one patient was treated with topical acyclovir alone. Analysis of CMV DNA was

Table I. Characteristics of 28 patients with drug-induced hypersensitivity syndrome/drug reaction with eosinophilia and systemic symptoms (DIHS/DRESS) and 11 patients with Stevens-Johnson syndrome/toxic epidermal necrolysis (SJS/TEN). DIHS/DRESS patients are divided into two groups depending on whether or not they received corticosteroids

Diagnosis n (M:F)	Corticosteroid treatment ^a (n)	Age, years Mean ± SD	Underlying disease (n)	Causative drug (n)
DIHS/DRESS				
16 (7:9)	None	56.7 ± 14.8	Cerebral infarction (2), convulsion (5), epilepsy (1), hyperuricaemia (3), neuralgia (2), psychiatric disease (3)	Allopurinol (3), carbamazepine (10), phenobarbital (1), phenytoin (2)
12 (8:4)	0.6–1.0 mg/kg/day (12)	55.2 ± 18.6	Arrhythmia (1), cerebral infarction (2), convulsion (1), epilepsy (3), hyperuricaemia (1), psychiatric disease (3), rheumatoid arthritis (1)	Allopurinol (1), carbamazepine (6), mexiletine (1), phenobarbital (2), phenytoin (1), salazosulphapyridine (1)
SJS/TEN				
11 (5:6)	0.8–1.0 mg/kg/day (8) 1000 mg/day ^b (3)	51.5 ± 21.5	Asthma (1), convulsion (1), cardiovascular disease (2), LE (1), multiple sclerosis (1), pneumonia (2), psychiatric disease (2), ulcerative colitis (1)	Lamotrigine (1), loxoprofen (1), phenytoin (1), salazosulphapyridine (1), sulphamethoxazole trimethoprim (1), unknown (6)

^aInitial dose. ^bSteroid pulse therapy. SD: standard deviation; M:F: male:female; LE: lupus erythematosus.

Table II. Characteristics of patients with herpes zoster (HZ) in DIHS/DRESS

Case no./ Age, years/sex	Underlying illness	Causative drug Duration ^a , day	Detection of HZ Duration ^b , day	Corticosteroid treatment dose ^c	Dermatome involved	Alteration of anti-VZV IgG antibody titre ^d
1/39/M	Psychiatric disease	Carbamazepine 44	60	+ 40 → 10	Lt. L5	30 → 277
2/63/M	Convulsion due to metastatic tumour	Carbamazepine 27	63	+ 40 → 20	Lt. V2	87 → 514
3/70/F	Cerebral infarction	Phenytoin 43	147	+ 40 → 0	Rt. C5 & C6	36 → 653

^aBetween the initial drug intake and the onset of DIHS/DRESS. ^bBetween the onset of drug reaction and that of HZ. ^cAt the initial dose and the dose at the onset of HZ (mg/daily). ^dAnti-varicella-zoster virus (VZV) IgG antibody titres were examined at the onset of HZ and more than 2 weeks after that of HZ using an enzyme immunoassay method. Lt: left side; Rt: right side.

carried out in cases 1 and 2. After HHV-6 reactivation, CMV DNA was detected in the blood and then HZ lesions appeared in one patient (case 2).

DISCUSSION

Our results demonstrated that HZ was present in only 11% of patients who developed DIHS/DRESS in the 6-month observation period after the onset of drug reaction. As VZV reactivation is thought to occur in the absence of skin lesions following renal transplantation (13), it is likely the case also in DIHS/DRESS. Thus significant increases in anti-VZV IgG antibody titre were detected in 2 out of the 11 patients with DIHS/DRESS without any clinical symptom in this observation period (unpublished observation).

The chronological timing of VZV reactivation after BMT is highly variable, ranging from days to several years after BMT (13). In our study, HZ appeared during corticosteroid treatment of DIHS/DRESS in 2 patients and one month after complete recovery in one patient. Alas, our study was not large enough to demonstrate the exact timing of HZ onset.

The administration of systemic corticosteroid for treatment of DIHS/DRESS may have contributed to the increased risk of HZ. Indeed, HZ was not detected in patients with DIHS/DRESS who were treated with only supportive care. On the other hand, HZ was also not observed in patients with SJS/TEN who were given systemic corticosteroids. Presumably, the altered underlying immunological pathomechanism of DIHS/DRESS due to the systemic corticosteroid might have played an important role in the onset of HZ. It has been shown that DIHS/DRESS is a manifestation of newly observed immune reconstitution syndrome (IRS) (14), and HZ is observed as the most common manifestation of IRS after highly active antiretroviral therapy in AIDS (15). Therefore, it is possible that the reduction or withdrawal of corticosteroid in the setting of DIHS/DRESS could contribute to the development of HZ.

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制御性 T 細胞と重症薬疹

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1. はじめに

1995年にSakaguchiらにより、制御性T細胞(Regulatory T cell: Treg)の存在と機能が明らかになった¹⁾。Tregは基本的には自己抗原に対する免疫寛容、すなわち自己反応性リンパ球の活性化および増殖を抑制する特殊なCD4⁺T細胞の一サブセットであるが、それ以外にも後述する様々な免疫反応に関与する。実際の疾患では、主に自己免疫疾患や悪性腫瘍との関連が報告されてきたが、薬疹では今まで殆ど注目されてこなかった。

2. Tregとは

TregはCD4⁺T細胞のサブセットの一つであり、過剰な免疫反応や自己免疫などを抑制し、生体の恒常性を維持している。その作用機序は未だ不明なところも多いが、細胞同士の直接接触やIL-10等の抑制性サイトカインの放出を介し、標的細胞のapoptosisや増殖抑制などを起こすこと等が知られている²⁾。様々な疾患でTregの関与が指摘されており、例えば関節リウマチ³⁾やSLE患者⁴⁾においてTregの機能異常が報告されている。これはTregによる自己抗原への免疫寛容が破綻することが、自己免疫疾患の発症に関与する可能性を示す有力な根拠である。逆に悪性腫瘍では、腫瘍細胞がTregを誘導して腫瘍免疫から逃れている機序が推測されている⁵⁾。薬疹においては、Tregが中毒性表皮壊死症(toxic epidermal necrolysis: TEN)の発症を抑制する可能性が、2005年のAzukizawaらの動物モデルでの報告によって初めて示された⁶⁾。しかし、実際の患者における報告はこれまで殆どなかった。

3. 重症薬疹患者におけるTregの動態

我々はTregが薬疹の発症に関与している可能性を考え、薬疹患者におけるTregの動態を検討してきた。そして重症薬疹であるTENと薬剤性過敏症候群(drug-induced hypersensitivity syndrome: DIHS)患者の病態の違いが、Tregによって見事に説明できることを見出した⁷⁾。

TENは原因薬剤の投与後、急激に発症し高度の表皮壊死を起こす。致死率も高く、日常診療で最も気をつけるべき疾患の一つである。一方、DIHSは遅発性で、TEN程の皮膚障害はないが、ヘルペスウイルスの再活性化や臓器障害を伴い症状が遷延し、時に致死性となる。このようにTENとDIHSは相反する臨床症状を呈するが、それを反映するかのように、我々は各患者におけるTregの動態も全く逆の傾向を示すことを明らかにした。

a. Tregの機能異常がTENをおこす

TENとDIHS患者の末梢血単核球(peripheral blood mononuclear cell: PBMC)におけるTregの解析を行ったところ、急性期TEN患者のTregの数は健康人と同程度であったが、その機能は著しく低下していた。TENではTregの機能異常からエフェクターT細胞(Teff)の過剰な活性化が引き起こされ、それにより急激な経過で高度の表皮障害がおこると考えられた(図1a)。

b. 増加したTregがDIHS特有の臨床像を形成する

TENとは対照的に、急性期のDIHS患者では機能が正常なTregが著明に増加していた。このTregはcutaneous lymphocyte-associated antigen(CLA)やE-セレクチンリガンドなどの皮膚指向性マーカーを発現しており、実際に皮疹部の病理組織でも浸潤していることが確認された。つまり、皮膚の場において、TregはTeffの遊走や活性化を抑制していると考えられた。このようなTregの増大が、DIHSではTENと比し遅発性で、皮膚障害も軽度となる理由と思われる。またDIHS最大の特徴として、経過中のhuman herpesvirus 6(HHV-6)再活性化があげられるが、これも増加したTregによる免疫抑制が原因である可能性があ

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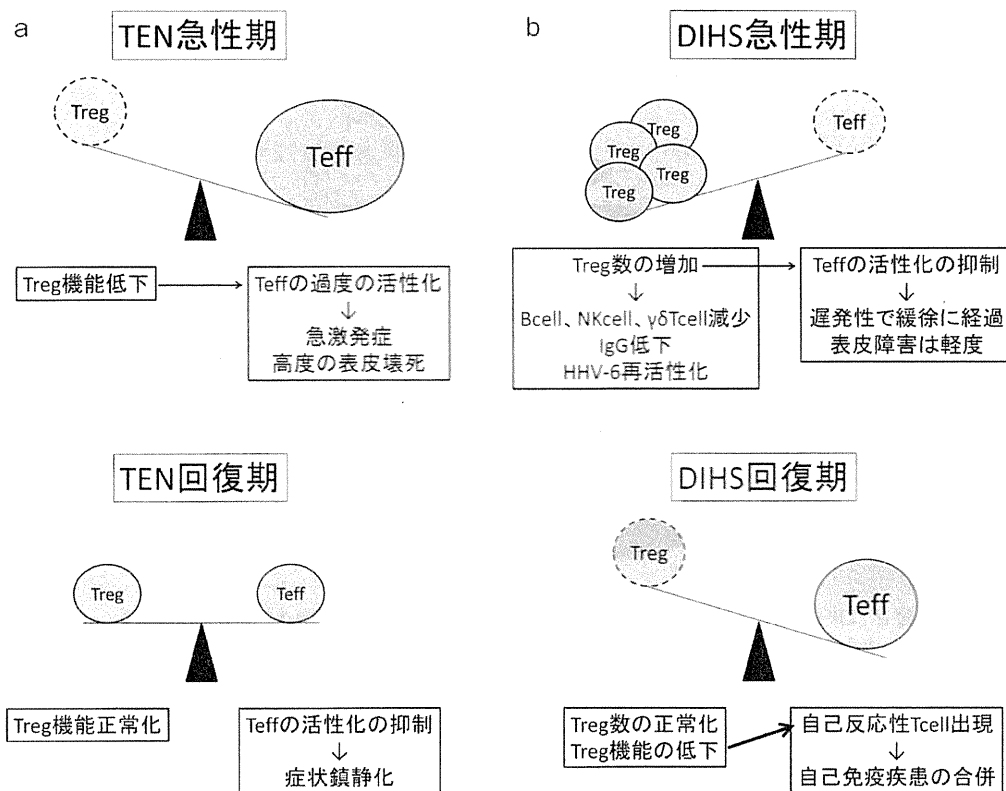


図1 TregとTeffのバランスが重症薬疹の臨床症状を決定する

a. TEN急性期ではTregの機能が低下しているため、薬剤刺激によるTeff活性化を抑制することができない。このためTeffが過度に活性化してしまい、急激な経過で高度の表皮障害を起こす。しかしTregの機能の回復とともに、炎症症状は鎮静化し回復に向かう。

b. DIHSでは急性期に機能が正常なTregが増加しており、Teffが抑制されている。そのため通常の薬疹よりも遅発性で、皮膚障害も軽度となる。しかしTregによる免疫抑制は、B細胞やNK細胞、 $\gamma\delta$ T細胞などの免疫担当細胞の減少や低 γ グロブリン血症をもたらす。HHV-6を始めとしたヘルペスウイルス再活性化の連鎖につながり、症状の遷延化を引き起こす。急性期を過ぎた後の回復期では、増加していたTregの数は正常化するが、その機能は低下する。そのため自己反応性T細胞の制御が出来ず、自己免疫疾患を合併する。

る。実際にDIHS急性期ではCD19⁺B細胞、 $\gamma\delta$ T細胞やCD56⁺NK細胞などの免疫担当細胞の数が減少し⁸⁾、免疫グロブリンIgGも低値を示す⁹⁾ことが分かっている。

Tregは一方で薬剤リンパ球刺激試験(drug lymphocyte stimulation test: DLST)の結果にも影響を及ぼす。DIHSは通常の薬疹と異なり、急性期にDLSTが陰性となるが、1カ月ほど経過した後に初めてDLSTは陽転化する¹⁰⁾。これも急性期に増加したTregが、*in vitro*で薬剤に反応するTeffを抑制するためにおこる現象と考えられ、注意する必要がある(図1b)。

c. DIHSの経過中に新たに生ずる免疫再構築症候群

DIHSでは、HHV-6以外にもEBVやCMV等の様々

なヘルペスウイルスが経時的に再活性化し、様々な症状を繰り返しながら遷延化する。この現象はHIV患者におけるHAART後に生じる免疫再構築症候群(immune reconstitution syndrome: IRS)と類似している。IRSとは、減少したCD4⁺T細胞がHAART(highly active antiretroviral therapy)後に回復するに伴って、それまで潜伏感染していたウイルスや真菌などに対する免疫応答も回復する結果、感染症状が顕在化することをいう。これに対し、DIHSでは発症前にも機能的なTregのある程度の増大があるが、原因薬剤の中止とともに急速な免疫応答の回復(それに伴うTregの二次的増大)があり、それはIRSと類似の病態をもたらす。それは潜伏感染していたヘルペスウイルスの再活性化と、それに伴うTeffの活性化による感染

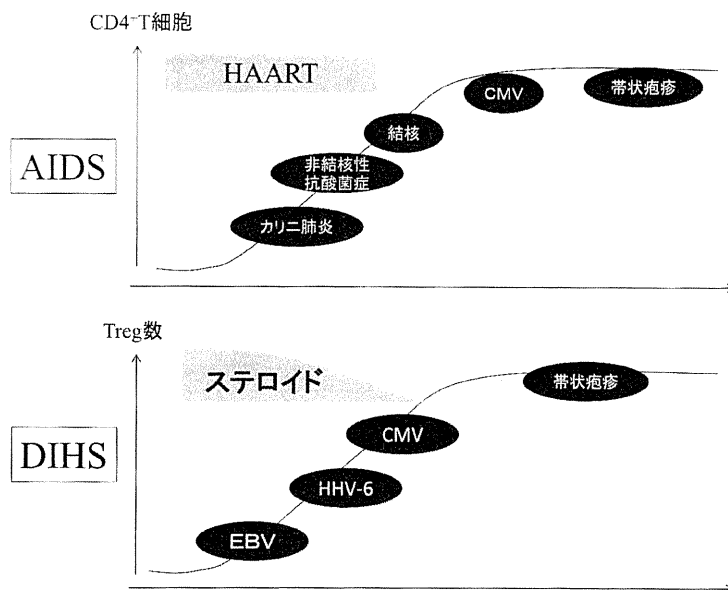


図2 DIHS自体がIRSであり、その免疫抑制から回復する過程で様々な感染症が起こる。AIDS患者ではHIV感染によりCD4⁺T細胞が減少しているが、HAART施行後にHIVウイルス量が減少すると共にCD4⁺T細胞数も回復する。この過程において、それまで潜伏感染していた病原微生物に対する免疫応答も回復する。その結果、IRSとしての様々な感染症状が引き起こされる。DIHS患者においても類似した現象がおこる。発症前から急性期のDIHS患者では機能的なTregが増加しており、個体は免疫抑制状態となっている。しかし原因薬剤の中止に伴いTregの数も正常化し、それに応じて次第に免疫抑制状態から回復していくこととなる。この過程で潜伏感染していたヘルペスウイルスの認識が次々と起こり、症状が遷延化していく。

症状の増悪として認められる(図2)。このようにDIHSそのものもIRSとみなせる上に、DIHSの治療としてステロイド内服を行うと、その減量のたびに新たなIRSが生じることになる。実際、DIHSにおけるCMV感染症はステロイドの減量のたびに起こる。そのため、DIHSの経過中にIRSと考えられる感染症状が出現した際には、ステロイドの減量は、一時中止するか、減量を行ったにしても緩徐に行うことが重要となる¹¹⁾。

d. Tregの機能低下が後遺症に関与する

前述のようにDIHSでは急性期にTregの数が増加するが、それは回復期には健常人と変わらないレベルまで戻る。しかしヘルペスウイルス再活性化の連鎖とそれに伴うTeffの過度の活性化は、Tregに疲弊をもたらす。回復期のTregの機能を調べてみると、有意に低下していることが分かった。DIHSの経過中、あるいは軽快した後に甲状腺疾患や1型糖尿病などの自己免疫疾患を合併する¹²⁾ことがあるが、これはこのようなTregの機能低下によるものと考えると理解しやすい(図1b)。

4. おわりに

薬疹では、皮膚障害を起こすTeffのみが注目されが

ちだが、それらの活性化を抑制するTregも重症薬疹の表現形の決定に重要な因子である。さらに急性期のみならず、回復期の状態も含め検討することによって、初めて予後を含めた病態の全体像を把握することが可能になる。薬疹だけではなく、様々な病態は急性期の一面のみから判断されることが多いが、幅広い観点から経時的に解析を加えることこそが真の病態の解明に重要であるといえよう。

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