Table 4. Factors associated with IL28B genotype.

	IL28B major allele n = 345	*IL28B* minor allele n = 151	*p* value
Gender: male	166 (48%)	84 (56%)	0.143
Age (years)	57 ± 10	57 ± 10	0.585
ALT (IU/L)	79 ± 60	78 ± 62	0.842
Platelets (10^9/L)	153 ± 54	155 ± 52	0.761
GGT (IU/L)	51 ± 45	78 ± 91	0.001
Fibrosis: F3-4	76 (22%)	45 (30%)	0.063
Steatosis:			
>10%	16/88 (18%)	13/23 (57%)	0.024
>30%	6/88 (7%)	6/23 (26%)	0.017
HCV-RNA: >600,000 IU/ml	284 (82%)	125 (83%)	1.000

ALT, alanine aminotransferase; GGT, gamma-glutamyltransferase.

Four GWAS studies have shown the association between a genetic polymorphism near the *IL28B* gene and response to PEG-IFN plus RBV therapy. The SNPs that showed significant association with response were rs12979860 [8] and rs8099917 [6,7,9]. There is a strong linkage-disequilibrium (LD) between these two SNPs as well as several other SNPs near the *IL28B* gene in Japanese patients [34] but the degree of LD was weaker in Caucasians and Hispanics [8]. Thus, the combination of SNPs is not useful for predicting response in Japanese patients but may improve the predictive value in patients other than Japanese who have weaker LD between SNPs.

Other significant predictors of response independent of *IL28B* genotype were platelet counts, stage of fibrosis, and HCV RVA load. A previous study reported that platelet count is a predictor of response to therapy [35], and the lower platelet count was related with advanced liver fibrosis in the present study. The association between response to therapy and advanced fibrosis independent of the *IL28B* polymorphism is consistent with a recent study by Rauch et al. [9].

There is agreement that the viral genotype is significantly associated with the treatment outcome. Moreover, viral factors such as substitutions in the ISDR of the NS5A region [10] or in the amino acid sequence of the HCV core [4] have been studied in relation to the response to IFN treatment. The amino acid Gln or His at Core70 and Met at Core91 are repeatedly reported to be associated with resistance to therapy [4,14,15] in Japanese patients but these data wait to be validated in different populations or other geographical areas. In this study, we confirmed that patients with two or more mutations in the ISDR had a higher rate of undetectable HCV-RNA at each time point during therapy. In addition, the rate of relapse among patients who achieved cEVR was significantly lower in patients with two or more mutations in ISDR compared to those with only one or no mutations (15% vs. 31%, $p < 0.05$). Thus, the ISDR sequence may be used to predict a relapse among patients who achieved virological response during therapy, while the *IL28B* polymorphism may be used to predict the virological response before therapy. A higher number of mutations in the ISDR are reported to have close association with SVR in Japanese [11–13,15,36] or Asian [37,38] populations but data from Western countries have been controversial [39–42]. A meta-analysis of 1230 patients including 525 patients from Europe has shown that there was a positive correlation between the SVR and the number of mutations in the ISDR in Japanese as well as in European patients [43] but this correlation was more pronounced in Japanese patients. Thus, geographical factors may account for the different impact of ISDR on treatment response, which may be a potential limitation of our study.

To our surprise, these HCV sequences were associated with the *IL28B* genotype: HCV sequences with an IFN resistant phenotype were more prevalent in patients with the minor IL28B allele than those with the major allele. This was an unexpected finding, as we initially thought that host genetics and viral sequences were completely independent. A recent study reported that the *IL28B* polymorphism (rs12979860) was significantly associated with HCV genotype: the *IL28B* minor allele was more frequent in HCV genotype 1-infected patients compared to patients infected with HCV genotype 2 or 3 [33]. Again, patients with the *IL28B* minor allele (IFN resistant genotype) were infected with HCV sequences that are linked to an IFN resistant phenotype. The mechanism for this association is unclear, but may be related to an interaction between the *IL28B* genotype and HCV sequences in the development of chronic HCV infection as discussed by McCarthy et al., since the *IL28B* polymorphism was associated with the natural clearance of HCV [44]. Alternatively, the HCV sequence within the patient may be selected during the course of chronic infection [45,46]. These hypotheses should be explored through prospective studies of spontaneous HCV clearance or by testing the time-dependent changes in the HCV sequence during the course of chronic infection.

How these host and viral factors can be integrated to predict the response to therapy in future clinical practice is an important question. Because various host and viral factors interact in the same patient, predictive analysis should consider these factors in combination. Using the data mining analysis, we constructed a simple decision tree model for the pre-treatment prediction of SVR and NVR to PEG-IFN/RBV therapy. The classification of patients based on the genetic polymorphism of *IL28B*, mutation in the ISDR, serum levels of HCV-RNA, and platelet counts, identified subgroups of patients who have the lowest probabilities of NVR (0%) with the highest probabilities of SVR (90%) as well as those who have the highest probabilities of NVR (84%) with the lowest probability of SVR (7%). The reproducibility of the model was confirmed by the independent validation based on a second group of patients. Using this model, we can rapidly develop an

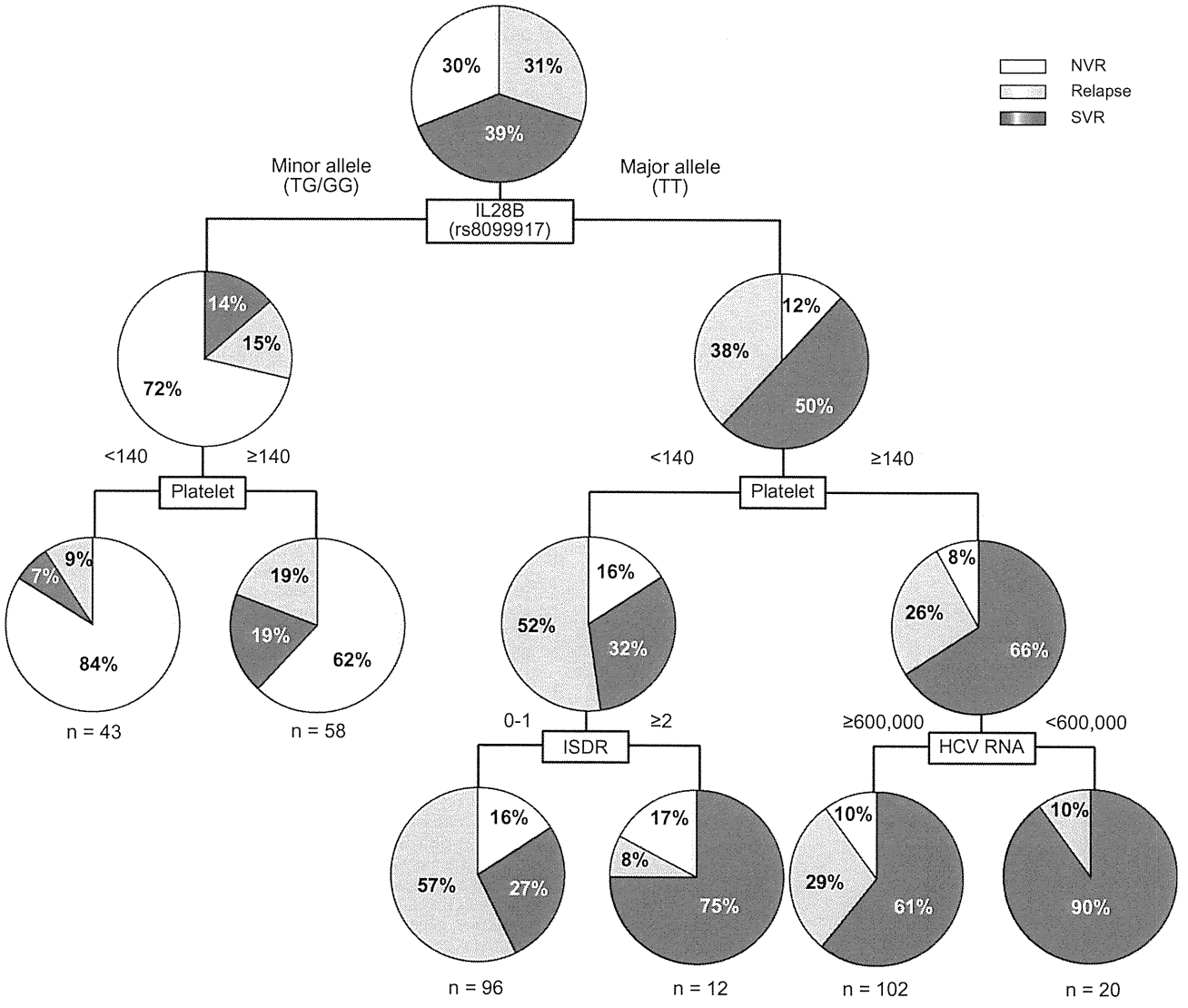

Fig. 5. Decision tree for the prediction of response to therapy. The boxes indicate the factors used for splitting. Pie charts indicate the rate of response for each group of patients after splitting. The rate of null virological response, relapse, and sustained virological response is shown.

estimate of the response before treatment, by simply allocating patients to subgroups by following the flow-chart form, which may facilitate clinical decision making. This is in contrast to the calculating formula, which was constructed by the traditional logistic regression model. This was not widely used in clinical practice as it is abstruse and inconvenient. These results support the evidence based approach of selecting the optimum treatment strategy for individual patients, such as treating patients with a low probability of NVR with current PEG-IFN/RBV combination therapy or advising those with a high probability of NVR to wait for more effective future therapies. Patients with a high probability of relapse may be treated for a longer duration to avoid a relapse. Decisions may be based on the possibility of a response against a potential risk of adverse events and the cost of the therapy, or disease progression while waiting for future therapy.

We have previously reported the predictive model of early virological response to PEG-IFN and RBV in chronic hepatitis C [26]. The top factor selected as significant was the grade of steatosis, followed by serum level of LDL cholesterol, age, GGT, and blood sugar. The mechanism of association between these factors and treatment response was not clear at that time. To our interest, a recent study by Li et al. [47] has shown that high serum level of LDL cholesterol was linked to the *IL28B* major allele (CC in rs12979860). High serum level of LDL cholesterol was associated with SVR but it was no longer significant when analyzed together with the *IL28B* genotype in multivariate analysis. Thus, the association between treatment response and LDL cholesterol levels may reflect the underlining link of LDL cholesterol levels to *IL28B* genotype. Steatosis is reported to be correlated with low lipid levels [48] which suggest that *IL28B* genotypes may be also associated with steatosis. In fact, there were significant correlations between the *IL28B* genotype and the presence of steatosis in the present study (Table 4). In addition, the serum level of GGT, another predictive factor in our previous study, was signif-

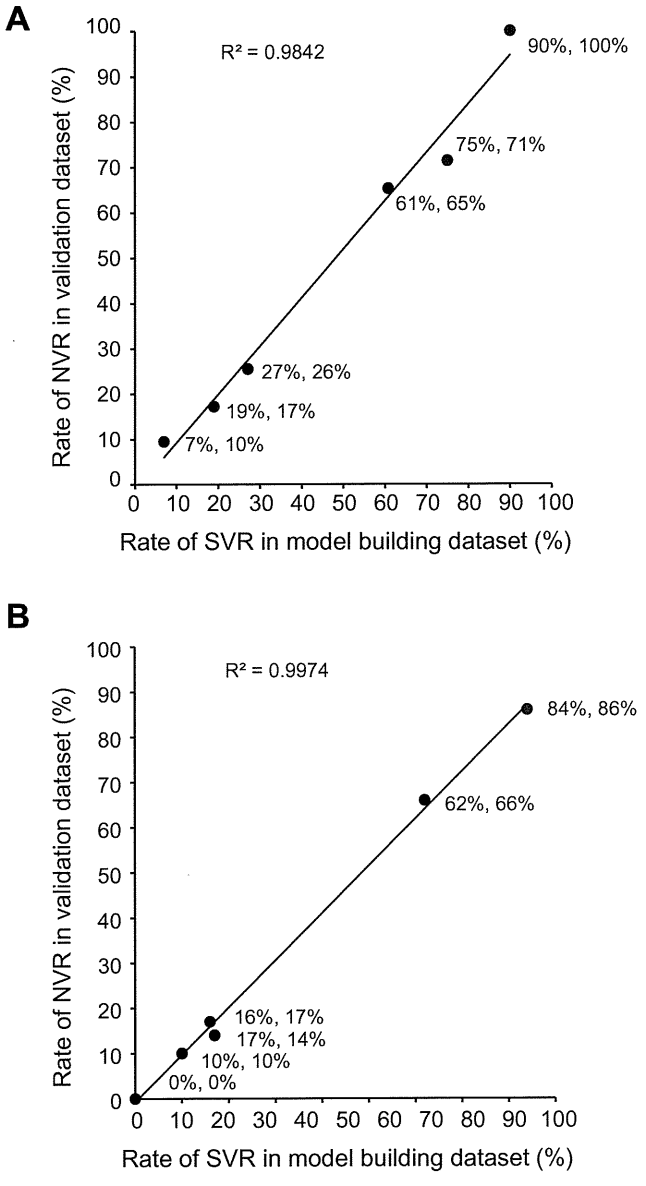

Fig. 6. Validation of the CART analysis. Each patient in the validation group was allocated to one of the six subgroups by following the flow-chart form of the decision tree. The rate of (A) sustained virological response (SVR) and (B) null virological response (NVR) in each subgroup was calculated and plotted. The *X*-axis represents the rate of SVR or NVR in the model building patients and the *Y*-axis represents those in the validation patients. The rate of SVR and NVR in each subgroup of patients is closely correlated between the model building and the validation patients (correlation coefficient: $r^2 = 0.98–0.99$).

icantly associated with *IL28B* genotype in the present study (Table 4). The serum level of GGT was significantly associated with NVR when examined independently but was no longer significant when analyzed together with the *IL28B* genotype. These observations indicate that some of the factors that we have previously identified may be associated with virological response to therapy through the underlining link to the *IL28B* genotype.

In conclusion, the present study highlighted the impact of the *IL28B* polymorphism and mutation in the ISDR on the pre-treatment prediction of response to PEG-IFN/RBV therapy. A decision model including these host and viral factors has the potential to support selection of the optimum treatment strategy for individual patients, which may enable personalized treatment.

Conflict of interest

The authors who have taken part in this study declare that they do not have anything to disclose regarding funding or conflict of interest with respect to this manuscript.

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Cell Metabolism
Article

A Liver-Derived Secretory Protein, Selenoprotein P, Causes Insulin Resistance

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SUMMARY

The liver may regulate glucose homeostasis by modulating the sensitivity/resistance of peripheral tissues to insulin, by way of the production of secretory proteins, termed hepatokines. Here, we demonstrate that selenoprotein P (SeP), a liver-derived secretory protein, causes insulin resistance. Using serial analysis of gene expression (SAGE) and DNA chip methods, we found that hepatic SeP mRNA levels correlated with insulin resistance in humans. Administration of purified SeP impaired insulin signaling and dysregulated glucose metabolism in both hepatocytes and myocytes. Conversely, both genetic deletion and RNA interference-mediated knockdown of SeP improved systemic insulin sensitivity and glucose tolerance in mice. The metabolic actions of SeP were mediated, at least partly, by inactivation of adenosine monophosphate-activated protein kinase (AMPK). In summary, these results demonstrate a role of SeP in the regulation of glucose metabolism and insulin sensitivity and suggest that SeP may be a therapeutic target for type 2 diabetes.

INTRODUCTION

Insulin resistance is an underlying feature of people with type 2 diabetes and metabolic syndrome (Saltiel and Kahn, 2001), but is also associated with risk for cardiovascular diseases (Després et al., 1996) and contributes to the clinical manifestations of nonalcoholic steatohepatitis (Ota et al., 2007). In an insulin-resistant state, impaired insulin action promotes hepatic glucose production and reduces glucose uptake by peripheral tissues, resulting in hyperglycemia. The molecular mechanisms underlying insulin resistance are not fully understood, but are now known to be influenced by the secretion of tissue-derived factors, traditionally considered separate from the endocrine system. Recent work in obesity research, for example, has demonstrated that adipose tissues secrete a variety of proteins, known as adipocytokines (Friedman and Halaas, 1998; Maeda et al., 1996; Scherer et al., 1995; Steppan et al., 2001; Yang et al., 2005), which can either enhance or impair insulin sensitivity, thereby contributing to the development of insulin resistance.

SeP (in humans encoded by the *SEPP1* gene) is a secretory protein primarily produced by the liver (Burk and Hill, 2005; Carlson et al., 2004). It contains ten selenocysteine residues and functions as a selenium supply protein (Saito and Takahashi, 2002). However, the role of SeP in the regulation of glucose metabolism and insulin sensitivity has not yet been established. Furthermore, the clinical significance of SeP in human diseases has not been well defined, although studies of SeP knockout mice showed SeP deficiency to be associated with neurological injury and low fertility (Hill et al., 2003; Schomburg et al., 2003).

The liver plays a central role in glucose homeostasis and is also the site for the production of various secretory proteins. For example, recent work in our laboratory has revealed that genes encoding secretory proteins are abundantly expressed in the livers of people with type 2 diabetes (Misu et al., 2007). Moreover, genes encoding angiogenic factors, fibrogenic factors, and redox-associated factors were differentially expressed in the livers of people with type 2 diabetes (Takamura et al., 2004; Takeshita et al., 2006), possibly contributing to the pathophysiology of

type 2 diabetes and its clinical manifestations. On the basis of these findings, we hypothesize that, analogous to adipose tissues, the liver may also contribute to the development of type 2 diabetes and insulin resistance, through the production of secretory proteins, termed hepatokines.

RESULTS

Identification of a Hepatic Secretory Protein Involved in Insulin Resistance

To identify hepatic secretory proteins involved in insulin resistance, we performed liver biopsies in humans and conducted a comprehensive analysis of gene expression profiles, using two distinct methods. First, we obtained human liver samples from five patients with type 2 diabetes and five nondiabetic subjects who underwent surgical procedures for malignant tumors, and we subjected them to serial analysis of gene expression (SAGE) (Velculescu et al., 1995). Consequently, we identified 117 genes encoding putative secretory proteins with expression levels in people with type 2 diabetes, 1.5-fold or greater higher than those in normal subjects. Next, we obtained ultrasonography-guided percutaneous needle liver biopsies from ten people with type 2 diabetes and seven normal subjects (Table S1 available online), and we subjected them to DNA chip analysis to identify genes whose hepatic expression was significantly correlated with insulin resistance (Table S2). We performed glucose clamp experiments on these human subjects and measured the metabolic clearance rate (MCR) of glucose (glucose infusion rate divided by the steady-state plasma glucose concentration) as a measure of systemic insulin sensitivity. As a result, we found that *SEPP1* expression levels were upregulated 8-fold in people with type 2 diabetes compared with normal subjects, as determined by SAGE (Table S2). Additionally, there was a negative correlation between hepatic *SEPP1* messenger RNA (mRNA) levels and the MCR of glucose, indicating that elevated hepatic *SEPP1* mRNA levels were associated with insulin resistance (Figure 1A). As a corollary, we found a positive correlation between the levels of hepatic *SEPP1* mRNA and postloaded or fasting plasma glucose (Figures 1B and 1C).

Elevation of SeP in Type 2 Diabetes

To characterize the role of SeP in the development of insulin resistance, we measured serum SeP levels in human samples (Table S3), using enzyme-linked immunosorbent assays (ELISA), as described previously (Saito et al., 2001). Consistent with elevated hepatic *SEPP1* mRNA levels, we found a significant positive correlation between serum SeP levels and both fasting plasma glucose and hemoglobin A_{1c} (HbA_{1c}) levels (Figures 1D and 1E). HbA_{1c} is a clinical marker of protein glycation due to hyperglycemia, and elevated HbA_{1c} levels generally reflect poor glucose control over a 2–3 month period. Additionally, serum levels of SeP were significantly elevated in people with type 2 diabetes compared with normal subjects (Figure 1F and Table S4). Similar to data derived from clinical specimens, in rodent models of type 2 diabetes, including OLETF rats and KKAy mice, hepatic *Sepp1* mRNA and serum SeP levels were elevated (Figures 1G–1J and Table S5).

SeP Expression in Hepatocytes Is Regulated by Glucose, Palmitate, and Insulin

To clarify the pathophysiology contributing to the hepatic expression of SeP in type 2 diabetes, we investigated the effects of nutrient supply on *Sepp1* mRNA expression in cultured hepatocytes. We found that the addition of glucose or palmitate upregulated *Sepp1* expression, whereas insulin downregulated it in a dose- and time-dependent manner (Figures 2A, 2C, 2E, and 2F). Similar effects on SeP protein levels were observed in primary mouse hepatocytes (Figures 2B, 2D, and 2G). Consistent with the negative regulation of *Sepp1* by insulin in hepatocytes, *Sepp1* mRNA levels were elevated in the livers of fasting C57BL6J mice, compared with those that had been fed (Figure 2H). Thus, multiple lines of evidence suggest that elevated SeP is associated with the development of insulin resistance.

SeP Impairs Insulin Signaling and Dysregulates Glucose Metabolism In Vitro

Because there is no existing cell culture or animal model in which SeP is overexpressed, we purified SeP from human plasma using chromatographic methods (Saito et al., 1999; Saito and Takahashi, 2002) to examine the effects of SeP on insulin-mediated signal transduction. Treatment of primary hepatocytes with purified SeP induced a reduction in insulin-stimulated phosphorylation of insulin receptor (IR), and Akt (Figures 3A and 3B). SeP exerts its actions through an increase in cellular glutathione peroxidase (Saito and Takahashi, 2002). Coadministration of BSO, a glutathione synthesis inhibitor, rescued cells from the inhibitory effects of SeP (Figure 3C). Moreover, SeP increased phosphorylation of IRS1 at Ser307, the downregulator of tyrosine phosphorylation of IRS (Figure S1A). Similar effects of SeP were also observed in C2C12 myocytes (Figure S1B). Next, we assessed whether SeP dysregulated cellular glucose metabolism. In H4IIHEC hepatocytes, treatment with SeP upregulated mRNA expression of *Pck1* and *G6pc*, key gluconeogenic enzymes, resulting in a 30% increase in glucose release in the presence of insulin (Figures 3D–3F). Treatment with SeP alone had no effects on the levels of mRNAs encoding gluconeogenic enzymes or on glucose production in the absence of insulin, suggesting that SeP modulates insulin signaling. Additionally, treatment with SeP induced a reduction in insulin-stimulated glucose uptake in C2C12 myocytes (Figure 3G). These in vitro experiments indicate that, at physiological concentrations, SeP impairs insulin signal transduction and dysregulated cellular glucose metabolism.

SeP Impairs Insulin Signaling and Disrupts Glucose Homeostasis In Vivo

To examine the physiological effects of SeP in vivo, we treated female C57BL/6J mice with two intraperitoneal injections of purified human SeP (1 mg/kg body weight), 12 and 2 hr before the experiments. Injection of purified human SeP protein resulted in serum levels of 0.5–1.5 μg/mL (data not shown). These levels correspond to the incremental change of SeP serum levels in people with normal glucose tolerance to those with type 2 diabetes (Saito et al., 2001). Glucose and insulin tolerance tests revealed that treatment of mice with purified SeP induced glucose intolerance and insulin resistance (Figures 3H and 3I). Blood insulin levels were significantly elevated in

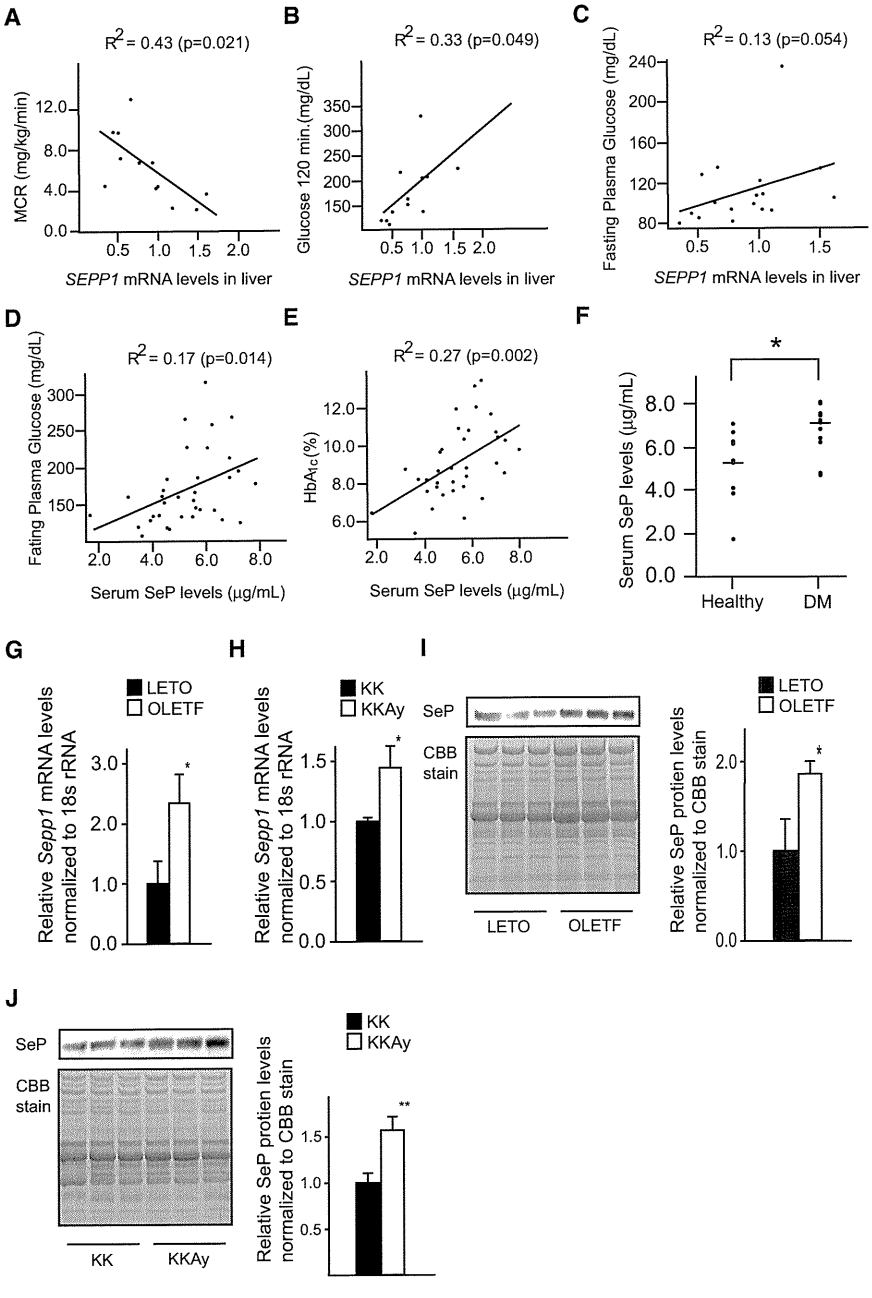

Figure 1. Elevation of Serum SeP Levels and Hepatic *Sepp1* Expression in Type 2 Diabetes

(A–C) Individual correlations between hepatic *SEPP1* mRNA levels and metabolic clearance rate (MCR) of glucose (A), postloaded plasma glucose levels (B), and fasting plasma glucose levels (C) in humans (n = 12–17). MCR equals the glucose infusion rate divided by the steady-state plasma glucose concentration, and is a measure of systemic insulin sensitivity. MCR values were determined by glucose clamp. *SEPP1* mRNA levels were quantified with DNA chips.

(D and E) Correlations between serum levels of SeP and fasting plasma glucose levels (D) and HbA_{1c} (E) in people with type 2 diabetes (n = 35).

(F) Serum levels of SeP in people with type 2 diabetes and healthy subjects (n = 9–12). Age and body weight were not significantly different between the two groups. Data represents the means ± SEM from two groups. *p < 0.05.

(G and H) Hepatic *Sepp1* mRNA levels in an animal model of type 2 diabetes (n = 5–6).

(I and J) Serum SeP levels in an animal model of type 2 diabetes. SeP was detected by western blotting. Coomassie brilliant blue (CBB)-stained gel is used as a control for protein loading. Graphs display the results of densitometric quantification, normalized to CBB-stained proteins (n = 5).

Data represent the mean ± SEM from five to six mice per group. *p < 0.05, **p < 0.01. See also Tables S1–S5.

SeP-injected mice, although those of glucagon and GLP-1 were unaffected during a glucose tolerance test (Figure S1C). Western blot analysis showed a reduction in insulin-induced serine phosphorylation of Akt in both liver and skeletal muscle of SeP-injected mice (Figures 3J and 3K). Hyperinsulinemic-euglycemic clamp studies showed that treatment with SeP significantly increased endogenous glucose production and decreased peripheral glucose disposal (Figure S1D and Figures 3L and 3M). Additionally, serum levels of injected human SeP protein negatively correlated with rates of peripheral glucose disposal (Figure S1E). These data indicate that SeP impairs insulin signaling in the liver and skeletal muscle and induces glucose intolerance in vivo.

Knockdown of *Sepp1* in Liver Improves Glucose Intolerance and Insulin Resistance in Mice with Type 2 Diabetes

To determine whether knockdown of endogenous *Sepp1* enhances insulin signaling, we transfected H4IIEC hepatocytes with *Sepp1*-specific small interfering RNA (siRNA), and we observed a reduction in endogenous *Sepp1* mRNA and SeP protein levels (Figures 4A and 4B). Insulin-stimulated serine phosphorylation of Akt was enhanced in these treated cells (Figure 4C). Similarly, delivery of *Sepp1*-specific siRNAs into KKAy mice via a hydrodynamic transfection method (McCaffrey et al., 2002; Zender et al., 2003) resulted in a 30% reduction in SeP protein levels in the liver and blood (Figures 4D–4G and Figure S2). Knockdown of *Sepp1* improved both glucose intolerance (Figures 4H and 4I) and insulin resistance (Figures 4J and 4K) in KKAy mice.

SeP-Deficient Mice Show Improved Glucose Tolerance and Enhanced Insulin Signaling in Liver and Muscle

We further confirmed the long-term effects of lowered SeP using *Sepp1* knockout mice (Hill et al., 2003). SeP knockout mice were viable and displayed normal body weights when maintained on a selenium-sufficient diet. Body weight, food intake, and O_2 consumption were unaffected by SeP knockout (Figures S3A

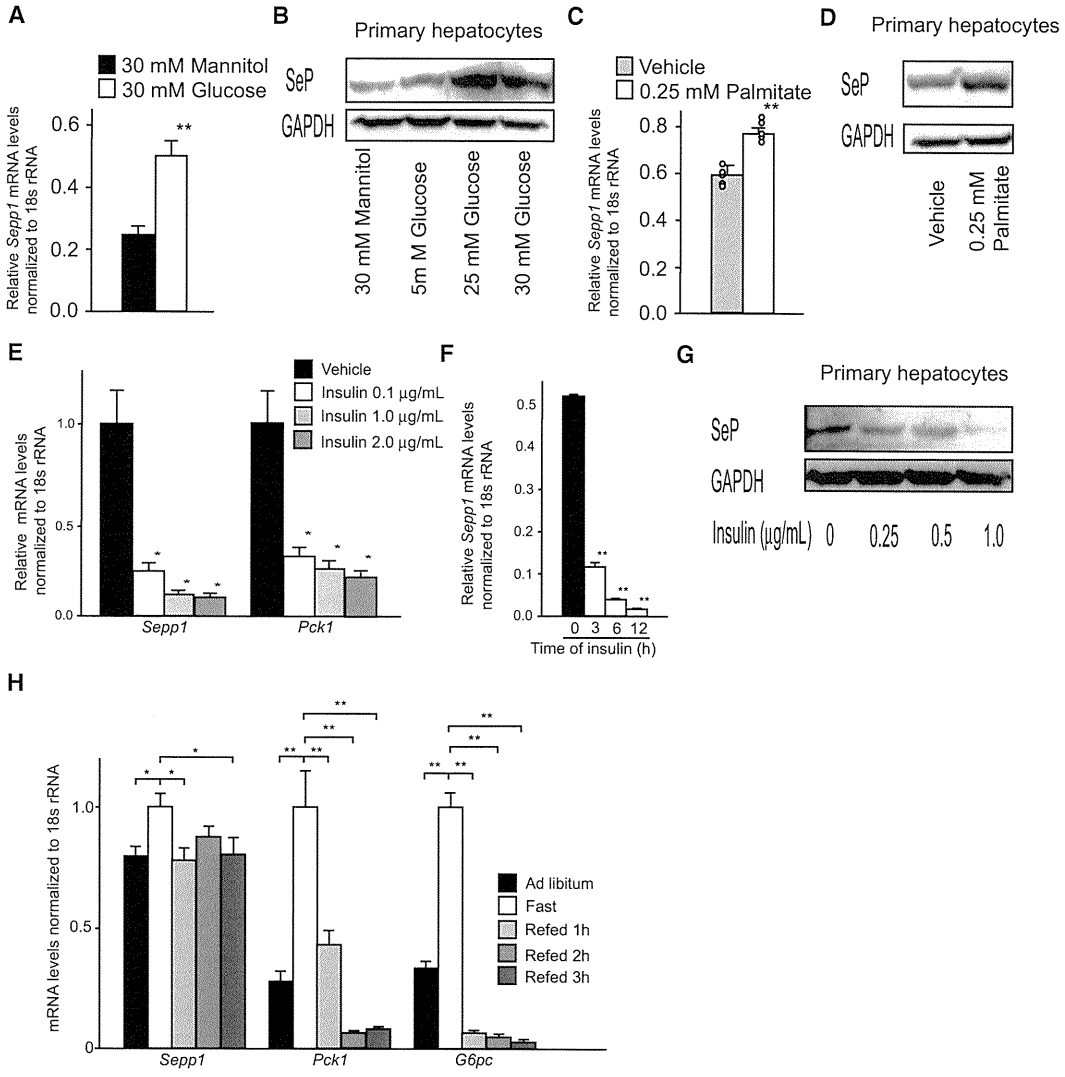

Figure 2. SeP Expression Is Regulated by Glucose, Palmitate, and Insulin

(A) *Sepp1* mRNA levels in H4IIEC hepatocytes treated with glucose or mannitol (30 mM) for 6 hr (n = 4).

(B) SeP protein levels in primary hepatocytes treated with glucose or mannitol for 6 hr.

(C) *Sepp1* mRNA levels in H4IIEC hepatocytes treated with palmitate (0.25 mM) for 16 hr (n = 5).

(D) SeP protein levels in primary hepatocytes treated with palmitate (0.25 mM) for 16 hr.

(E) *Sepp1* and *Pck1* mRNA levels in H4IIEC hepatocytes treated with various concentrations of insulin for 6 hr (n = 4).

(F) *Sepp1* mRNA levels in H4IIEC hepatocytes treated with insulin (0.1 μg/ml) for the indicated periods of time (n = 4).

(G) SeP protein levels in primary hepatocytes treated with various concentrations of insulin for 6 hr.

(H) Liver *Sepp1*, *Pck1*, and *G6pc* mRNA levels in C57BL/6J mice following fasting for 12 hr and subsequent refeeding (n = 4).

Data in (A), (C), (E), and (F) represent the means ± SEM from four to five cells per group, and data in (H) represent the means ± SEM from four mice per group. $^{*}p < 0.05$, $^{**}p < 0.01$.

and S3B). Lipid accumulation in the liver and adipose tissues was also unaffected (Figure 5A). However, postprandial plasma levels of insulin were reduced in *Sepp1*$^{-/-}$ mice, although blood glucose levels remained unchanged (Figures 5B and 5C). Glucose loading test revealed that *Sepp1*$^{-/-}$ mice showed improved glucose tolerance (Figure 5D). Insulin loading test revealed that *Sepp1*$^{-/-}$ mice showed lower blood glucose levels 60 min after insulin injection (Figure 5E). Insulin signaling, including phosphorylation of Akt and insulin receptor, was enhanced in the liver and skeletal muscle of *Sepp1*$^{-/-}$ mice (Figures 5F–5K). Additionally, *Sepp1*$^{+/-}$ tended to show enhanced insulin sensitivity. Plasma levels of glucagon, active GLP-1, and total GIP were unaffected by the loss of SeP in both fasted and fed mice (Figure S3C), suggesting that SeP dysregulated glucose metabolism in vivo primarily by modulating the insulin pathway, but not by affecting other hormones, including glucagon, GLP-1, and GIP.

SeP Deficiency Attenuates Adipocyte Hypertrophy and Insulin Resistance in Dietary Obese Mice

To determine whether SeP deficiency reduces insulin resistance caused by diet-induced obesity, we fed SeP knockout mice

a high-fat, high-sucrose diet (HFHSD) that is known to induce obesity, insulin resistance, and steatosis (Maeda et al., 2002). HFHSD tended to induce body weight gains in wild-type and *Sepp1*-deficient mice, although there was no significance between the three groups of animals (Figure 6A). Daily food intake was significantly increased in *Sepp1*$^{-/-}$ mice compared with wild-type animals (Figure 6B). Basal energy expenditure, as measured by O_2 consumption through indirect calorimetry, was also increased in *Sepp1*$^{-/-}$ mice (Figure 6C). Liver triglyceride content and epididymal fat mass were unaffected by *Sepp1* gene deletion (Figures S4A and 6D). However, diet-induced hypertrophy of adipocytes was attenuated in *Sepp1*$^{-/-}$ mice (Figures 6E and 6F and Figure S4B). Additionally, serum levels of free fatty acid and insulin were significantly reduced in these animals (Figures 6G–6I). Glucose and insulin loading tests revealed that *Sepp1*$^{-/-}$ mice were protected against glucose intolerance and insulin resistance even when on an obesity-inducing diet (Figures 6J and 6K).

SeP Reduces Phosphorylation of AMPKα Both In Vitro and In Vivo

Adenosine monophosphate-activated protein kinase (AMPK) is a serine/threonine kinase that phosphorylates a variety of energy-associated enzymes and functions as a metabolic regulator that promotes insulin sensitivity (Kahn et al., 2005). In this study, we found that SeP treatment reduced phosphorylation of AMPKα and ACC in both H4IIEC hepatocytes and mouse liver (Figures S5A and 7A). Fatty acid β oxidation and β oxidation-related gene expression were also suppressed by SeP (Figures S5B–S5D). The levels of AMP and ATP were unchanged in hepatocytes treated with SeP (Figure S5E). In contrast, *Sepp1*-deficient mice exhibited increased phosphorylation of AMPKα and ACC in the liver (Figure 7B). To determine whether AMPK pathways were involved in the action of SeP, we infected H4IIEC hepatocytes with an adenovirus encoding dominant-negative (DN) or constitutively active (CA) AMPK. Transduction with DN-AMPK reduced insulin-stimulated Akt phosphorylation such that it could not be further decreased by SeP (Figures 7C–7E). In contrast, when CA-AMPK was overexpressed, SeP was unable to impair insulin-stimulated Akt phosphorylation (Figures 7F–7H). Additionally, coadministration of 5-aminoimidazole-4-carboxyamide ribonucleoside (AICAR), a known activator of AMPK, rescued cells from the inhibitory effects of SeP on insulin signaling (Figure 7I). These results suggest that reduced phosphorylation of AMPK mediates, at least in part, the inhibitory effects of SeP on insulin signal transduction. Next, we examined the effects of SeP on some of the proteins that regulate the phosphorylation of AMPK. SeP dose-dependently increased the levels of protein phosphatase 2C (PP2C), a negative regulator of AMPK phosphorylation, in H4IIEC hepatocytes (Figure 7J). Expression of LKB1 and CaMKKβ, two positive regulators of AMPK, was unaffected by SeP treatment.

DISCUSSION

A Liver-Derived Secretory Protein, SeP, Causes Insulin Resistance

Our research reveals that hepatic overproduction of SeP contributes to the development of insulin resistance in the liver and skeletal muscle (Figure S5F). The liver plays a central role in glucose homeostasis, mainly via glycogen storage and glucose release into the blood stream. In addition, the liver is a major site for the production of secretory proteins. Therefore, we hypothesized that the liver would maintain glucose homeostasis by producing liver-derived secretory protein(s) termed hepatokines. In fact, several studies have shown that hepatic secretory factors, including the angiopoietin-like protein family (Oike et al., 2005; Xu et al., 2005) and fetuin-A (Auberger et al., 1989; Srinivas et al., 1993), are involved in insulin sensitivity. However, we speculated that the identification of the liver-derived proteins that directly contribute to the pathogenesis of insulin resistance or type 2 diabetes may not be adequate. Specifically, our comprehensive approach using global gene expression analyses revealed that numerous genes encoding secretory proteins are expressed and altered in the human type2 diabetic liver (Misu et al., 2007). Thus, by comparing the expression levels and clinical parameters for glycemic control and insulin resistance, we selected candidate genes for liver-produced secretory proteins that cause insulin resistance. The current study sheds light on a previously underexplored function of the liver that is similar to adipose tissue; the liver may participate in the pathogenesis of insulin resistance through hormone secretion.

Suppression of SeP Expression by Insulin in Hepatocytes

Our results indicate that insulin negatively regulates SeP expression in hepatocytes. These findings are consistent with recent reports that the SeP promoter is a target of FoxO (forkhead box, class O) and PGC-1α (peroxisome proliferator-activated receptor-γ coactivator 1α), both of which are negatively regulated by insulin in hepatocytes (Speckmann et al., 2008; Walter et al., 2008). Consistent with these findings in vitro, we showed that hepatic SeP expression was upregulated in mice in the fasting state. Under hypoinsulinemic conditions, such as a fasting state, upregulation of SeP might prevent hypoglycemia by decreasing glucose uptake in peripheral tissues and by increasing hepatic glucose production. Our results raise the possibility that the liver regulates systemic insulin sensitivity by sensing blood insulin levels and altering the production of SeP.

SeP Decreases Phosphorylation of AMPK and ACC in Hepatocytes

Identification of SeP receptor(s) in insulin-target organs is necessary to clarify the action mechanisms of SeP. Several lines of evidence have shown that apolipoprotein E receptor 2 (ApoER2) functions as an SeP receptor in the testis (Olson et al., 2007) and brain (Burk et al., 2007), both by acting as a cellular uptake receptor and by inducing intracellular signaling (Masiulis et al., 2009). It remains unknown whether ApoER2 acts as the SeP receptor in the liver or skeletal muscle. However, in this study, technical difficulties in the identification of a SeP receptor(s) led us to screen for well-established pathways associated with metabolic derangement to clarify the specific mechanisms of SeP action. As a result, our experiments reveal that SeP reduces phosphorylation of AMPK and its target ACC in H4IIEC hepatocytes and the livers of C57BL6J mice, possibly in an AMP/ATP ratio-independent manner. AMPK functions as a regulator of

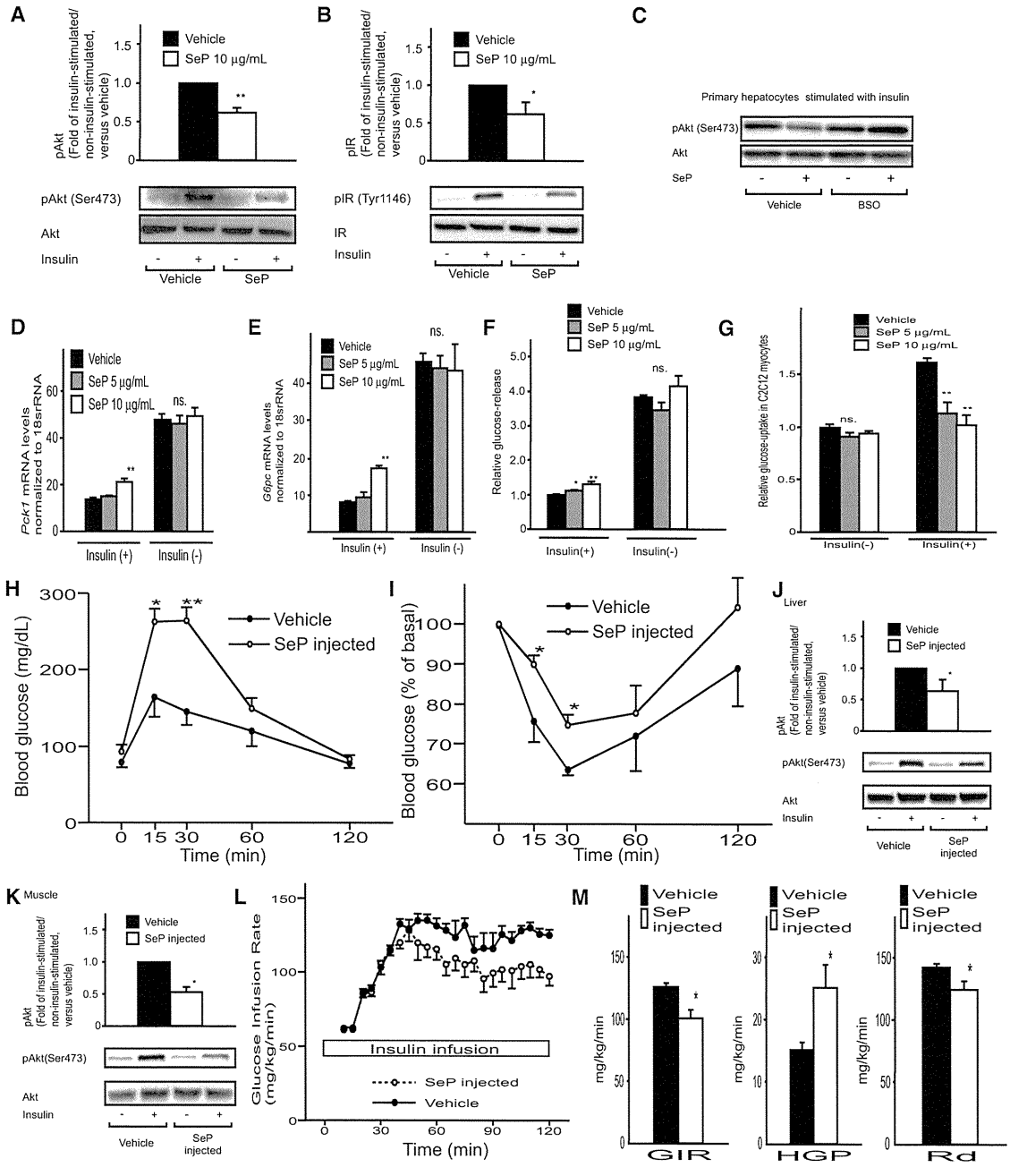

Figure 3. SeP Impairs Insulin Signaling In Vitro and In Vivo

(A and B) Effects of SeP on serine phosphorylation of Akt (A) and tyrosine phosphorylation of insulin receptor (B) in insulin-stimulated primary hepatocytes. Data represent the means ± SEM of three independent experiments. *$p < 0.05$, **$p < 0.01$ (versus vehicle-treated cells). Primary hepatocytes were treated with SeP or vehicle for 24 hr, and then the cells were stimulated with 1 ng/ml insulin for 15 min.

(C) Effects of BSO on SeP-induced changes in insulin-stimulated Akt phosphorylation in primary hepatocytes.

(D and E) Effects of SeP on the expression of mRNAs encoding gluconeogenic enzymes in H4IIEC hepatocytes (n = 5).

(F) Release of glucose from H4IIEC hepatocytes treated with SeP for 24 hr (n = 6).

(G) Effects of SeP on glucose uptake in C2C12 myocytes (n = 6).

(H and I) Glucose (H) and insulin (I) tolerance tests in mice injected with SeP or vehicle (n = 5). Glucose (1.5 g/kg body weight) and insulin (0.5 unit/kg body weight) were administered intraperitoneally.

(J and K) Effects of SeP on serine phosphorylation of Akt in liver (J) and skeletal muscle (K) in mice injected with purified human SeP or vehicle. Mice (n = 3 or 4) were stimulated with insulin (administered intraperitoneally). At 20 min after insulin stimulation, mice were anesthetized, and liver and hind-limb muscle samples removed for analysis.

(L) Time course of glucose infusion rate (GIR) during hyperinsulinemic-euglycemic clamp in mice injected with SeP or vehicle (n = 6).

(M) GIR, endogenous glucose production (EGP), and rate of glucose disposal (Rd) during hyperinsulinemic-euglycemic clamp (n = 6).

cellular energy homeostasis (Kahn et al., 2005) and mediates some effects of peripheral hormones such as leptin (Minokoshi et al., 2002) and adiponectin (Yamauchi et al., 2002); however, the mechanisms by which these adipokines alter AMPK phosphorylation are not fully understood. Our present findings demonstrate that SeP increases the levels of PP2C in H4IIEC hepatocytes. PP2C is a phosphatase that inactivates AMPK by dephosphorylating a threonine residue (Thr172) that lies in its α-catalytic subunit (Davies et al., 1995). Tumor necrosis factor α (TNF-α), a representative inflammatory cytokine linked to insulin resistance, is known to reduce AMPK phosphorylation by upregulating PP2C (Steinberg et al., 2006). Similar to TNF-α, SeP may reduce AMPK phosphorylation, at least partly, by upregulating PP2C. Further characterization of SeP and SeP-receptor-mediated interactions will provide insights into the involvement of SeP in PP2C upregulation and AMPK dephosphorylation.

Mechanism Underlying SeP-Mediated Insulin Resistance Varies between Liver and Skeletal Muscle

Given that plasma SeP is derived mainly from the liver (Carlson et al., 2004), our results suggest that AMPK mediates, at least in part, the autocrine/paracrine action of SeP. One limitation of our study is that the mechanism by which SeP acts on skeletal muscle remains unknown. Unlike in the liver, SeP-induced inhibitory effects on AMPK were not observed in either the skeletal muscle of C57BL6J mice or C2C12 myocytes (data not shown). Additionally, we showed that SeP reduces tyrosine phosphorylation of insulin receptors in primary hepatocytes. In contrast, SeP acts on serine phosphorylation of IRS1, but not tyrosine phosphorylation of insulin receptors, in C2C12 myocytes (data not shown). These results suggest that SeP disrupts the insulin signal cascade at different levels between hepatocytes and myocytes. SeP might induce insulin resistance in skeletal muscle, possibly through AMPK-independent pathways. The mechanisms that connect SeP to insulin resistance likely exhibit tissue specificity.

We showed that SeP heterozygous mice have no phenotype in glucose- and insulin-loading tests, whereas a 30% decrease in SeP levels caused by the injection of siRNA improves glucose tolerance and insulin resistance in KKAy mice. In general, multiple compensatory changes are observed in knockout mice, because the target gene has been absent since conception. In contrast, compensation may be inadequate in adult animals in which the target gene has been knocked down with siRNA. In fact, real-time PCR analysis showed that expression of the gene encoding IL-6, a representative inflammatory cytokine linked to insulin resistance, shows compensatory upregulation in the liver of *Sepp1*$^{-/+}$ mice, but not in *Sepp1* siRNA-treated KKAy mice (data not shown). Induction of IL-6 might compensate for the 50% reduction in SeP levels in *Sepp1*$^{-/+}$ mice.

Actions of SeP on the central nervous system may contribute to the in vivo phenotype. We did find that SeP-deficient mice fed a high-fat, high-sucrose diet display increases in food intake and O2 consumption (Figures 6B and 6C), suggesting that SeP acts on the central nervous system. Additionally, an earlier report described the colocalization of SeP and amyloid-β protein in the brains of people with Alzheimer's disease, suggesting the potential involvement of SeP in this condition's pathology (Bellinger et al., 2008). More recently, Takeda et al. reported that amyloid pathology in Alzheimer's disease may adversely affect diabetic phenotypes in mice (Takeda et al., 2010). Further experiments are necessary to determine whether the actions of SeP on the central nervous system involve the in vivo phenotype seen in this study.

We cannot exclude the possibility that the current phenotype in *Sepp1*-deficient mice is affected by the abnormal distribution of selenium. In fact, selenium levels in plasma and several tissues have been reported to be reduced in *Sepp1*-deficient mice fed a selenium-restricted diet (Schomburg et al., 2003). However, Burk et al. reported that the selenium levels in all tissues except the testis were unchanged in these mice fed a diet containing adequate amounts of selenium (Hill et al., 2003). In this study, we performed experiments using *Sepp1*-deficient mice fed a diet containing adequate amounts of selenium. Thus, we speculate that the effects of abnormal selenium distribution on our results in *Sepp1*-deficient mice may be insignificant.

A limitation of this study is that we could not match age, gender, or body weight completely between people with type 2 diabetes and normal subjects when comparing the serum SeP levels, as a result of the limited sample numbers. However, a previous large-scale clinical report showed that the age-, gender-, race-, and BMI-adjusted mean serum selenium levels were significantly elevated in participants with diabetes compared with those without diabetes in the US population (Bleys et al., 2007). Additionally, several lines of evidence showed that serum selenium levels are positively correlated with those of SeP in humans (Andoh et al., 2005; Persson-Moschos et al., 1998). In combination with our result, these reports lead us to speculate that serum SeP levels are also elevated in people with type 2 diabetes compared with normal subjects. However, additional large-scale clinical trials are needed to address this.

In summary, our experiments have identified SeP as a liver-derived secretory protein that induces insulin resistance and hyperglycemia. Our findings suggest that the secretory protein SeP may be a target for the development of therapies to treat insulin resistance-associated diseases, including type 2 diabetes.

EXPERIMENTAL PROCEDURES

Animals

Eight-week-old c57BL/6J mice were obtained from Sankyo Lab Service (Tokyo, Japan). Male Otsuka Long-Evans Tokushima Fatty (OLETF) rats and Long-Evans Tokushima Otsuka (LETO) rats were obtained from the Otsuka Pharmaceutical Tokushima Research Institute (Tokushima, Japan). OLETF

C57BL/6J mice were twice injected intraperitoneally with purified human SeP (1 mg/kg body weight) or vehicle in (H)–(M). Injections were administered 12 and 2 hr before the each experiment. Data in (D)–(G) represent the means ± SEM from five to six cells per group, and data in (H)–(M) represent the means ± SEM from three to six mice per group. *$p < 0.05$, **$p < 0.01$ versus cells treated with vehicle in (D)–(G). *$p < 0.05$, **$p < 0.01$ versus mice treated with vehicle in (H)–(M). See also Figure S1.

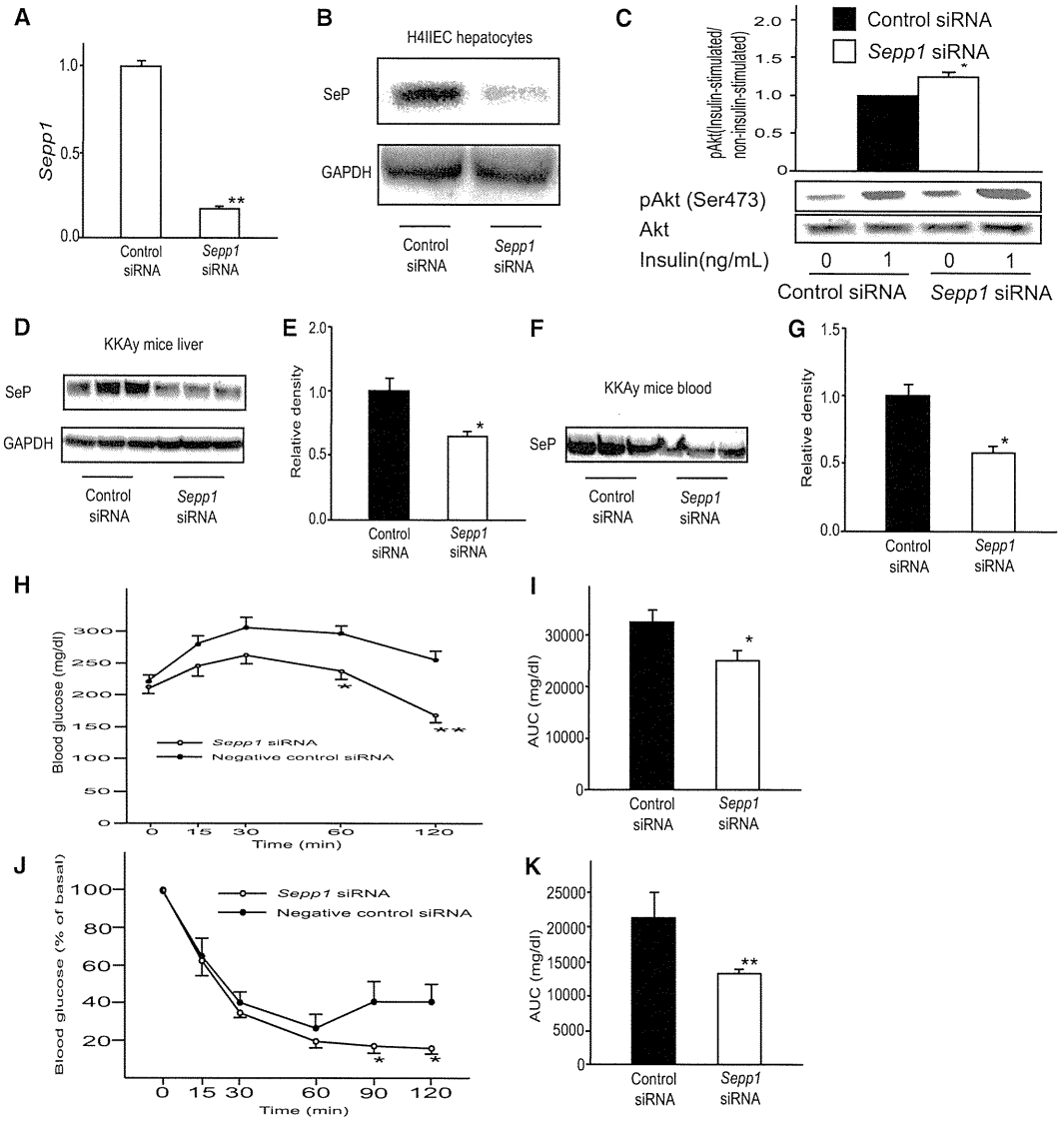

Figure 4. *Sepp1* Knockdown in the Liver Improves Insulin Sensitivity

(A) *Sepp1* mRNA levels in H4IIEC hepatocytes transfected with control or *Sepp1*-specific siRNA (n = 4).

(B) SeP protein production in H4IIEC hepatocytes transfected with *Sepp1*-specific siRNA. SeP production was detected in whole cell lysates by western blotting.

(C) Effects of SeP knockdown on insulin-stimulated serine phosphorylation of Akt in H4IIEC hepatocytes. Data represent the mean ± SEM of three independent experiments.

(D and E) Liver SeP production in KKAy mice injected with control or *Sepp1*-specific siRNA (n = 6). SeP protein levels were measured by western blotting 4 days after injection of siRNA.

(F and G) Blood SeP levels in KKAy mice injected with siRNA. Blood samples were obtained 4 days after siRNA injection (n = 6).

(H–K) Intraperitoneal glucose (H and I) and insulin (J and K) tolerance tests in KKAy mice (n = 6–8) injected with control or *Sepp1*-specific siRNA. Glucose and insulin was administered at doses of 0.3 g/kg body weight and 4 units/kg body weight, respectively.

Area under the curve (AUC) for blood glucose levels is shown in (I) and (K). Data in (A) represent the means ± SEM from four cells per group, and data in (E) and (G)–(K) represent the means ± SEM from six to eight mice per group. *$p < 0.05$ versus cells transfected with control siRNA in (A) and (C). *$p < 0.05$, **$p < 0.01$ versus mice injected with control siRNA in (E) and (G)–(K). See also Figure S2.

rats have been established as an animal model of obesity-related type 2 diabetes (Kawano et al., 1992). Female KKAy mice were obtained from CLEA Japan (Tokyo, Japan). All animals were housed in a 12 hr light/dark cycle and allowed free access to food and water. High-fat and high-sucrose diet (D03062301) was purchased from Research Diets (New Brunswick, NJ). The experiments with OLETF and LETO rats were performed with frozen blood and liver samples obtained in our previous study (Ota et al., 2007).

Purification of SeP

SeP was purified from human plasma via conventional chromatographic methods, as previously described (Saito et al., 1999; Saito and Takahashi, 2002). Homogeneity of purified human SeP was confirmed by analysis of both amino acid composition and sequence (Saito et al., 1999). Concentrations of purified SeP were measured by the Bradford method, using bovine immunoglobulin G as a standard.

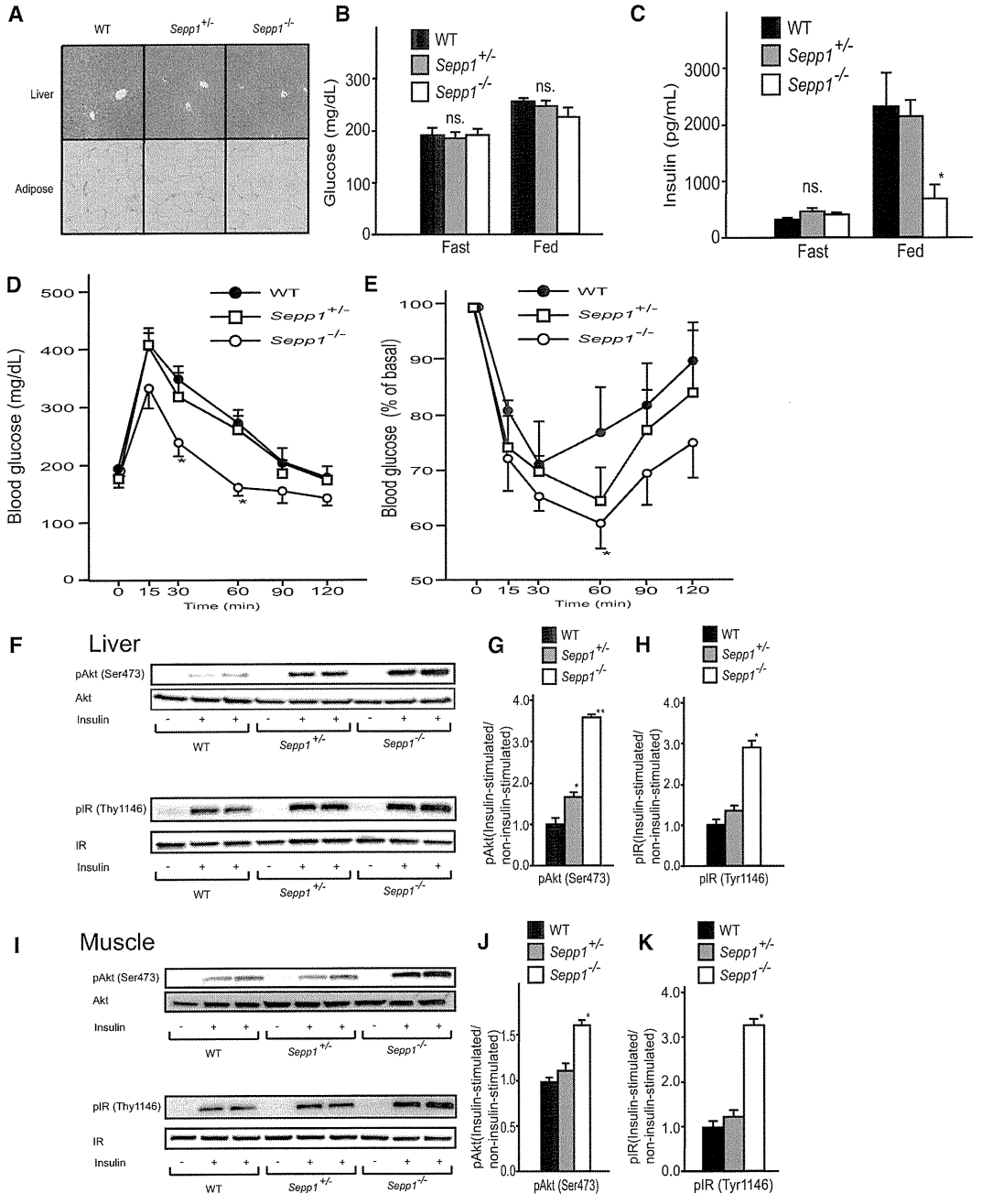

Figure 5. *Sepp1*-Deficient Mice Show Improved Glucose Tolerance and Enhanced Insulin Sensitivity

(A) Hematoxylin-and-eosin-stained liver and epididymal fat sections from male *Sepp1*$^{+/-}$ and *Sepp1*$^{-/-}$ mice.

(B) Blood glucose levels in *Sepp1*-deficient mice (n = 7). The mice were fasted for 6 hr.

(C) Blood insulin levels in *Sepp1*-deficient mice (n = 7).

(D and E) Intraperitoneal glucose (D) and insulin (E) tolerance tests in male *Sepp1*-deficient mice (n = 7). Glucose and insulin were administered at doses of 1.5 g/kg body weight and 4 units/kg body weight, respectively.

(F–K) Western blot analysis of phosphorylated Akt (pAkt) and phosphorylated insulin receptor (pIR) in liver (F–H) and skeletal muscle (I–K). Mice (n = 6) were stimulated with insulin (administered intraperitoneally). At 20 min after insulin stimulation, mice were anesthetized, and liver and hind-limb muscle samples removed for analysis.

Data in (B)–(E), (G), (H), (J), and (K) represent the means ± SEM from six to seven mice per group. *p < 0.05, **p < 0.01 versus wild-type mice. See also Figure S3.

siRNA Injection into KKAy mice

Delivery of siRNA targeted to the liver was performed by tail vein injections into mice, via hydrodynamic techniques, as previously described (McCaffrey et al., 2002; Zender et al., 2003). For these experiments, KKAy mice at 7–8 weeks of age (31–33 g body weight) were used. Mice were anesthetized with pentobarbital, and 2 nmol of siRNA, diluted in 3 ml of PBS, was injected into the tail vein over 15–20 s. All siRNAs were purchased from Applied Biosystems (Silencer^{R} In Vivo Ready Pre-designed siRNA). *Sepp1* siRNAs with the following

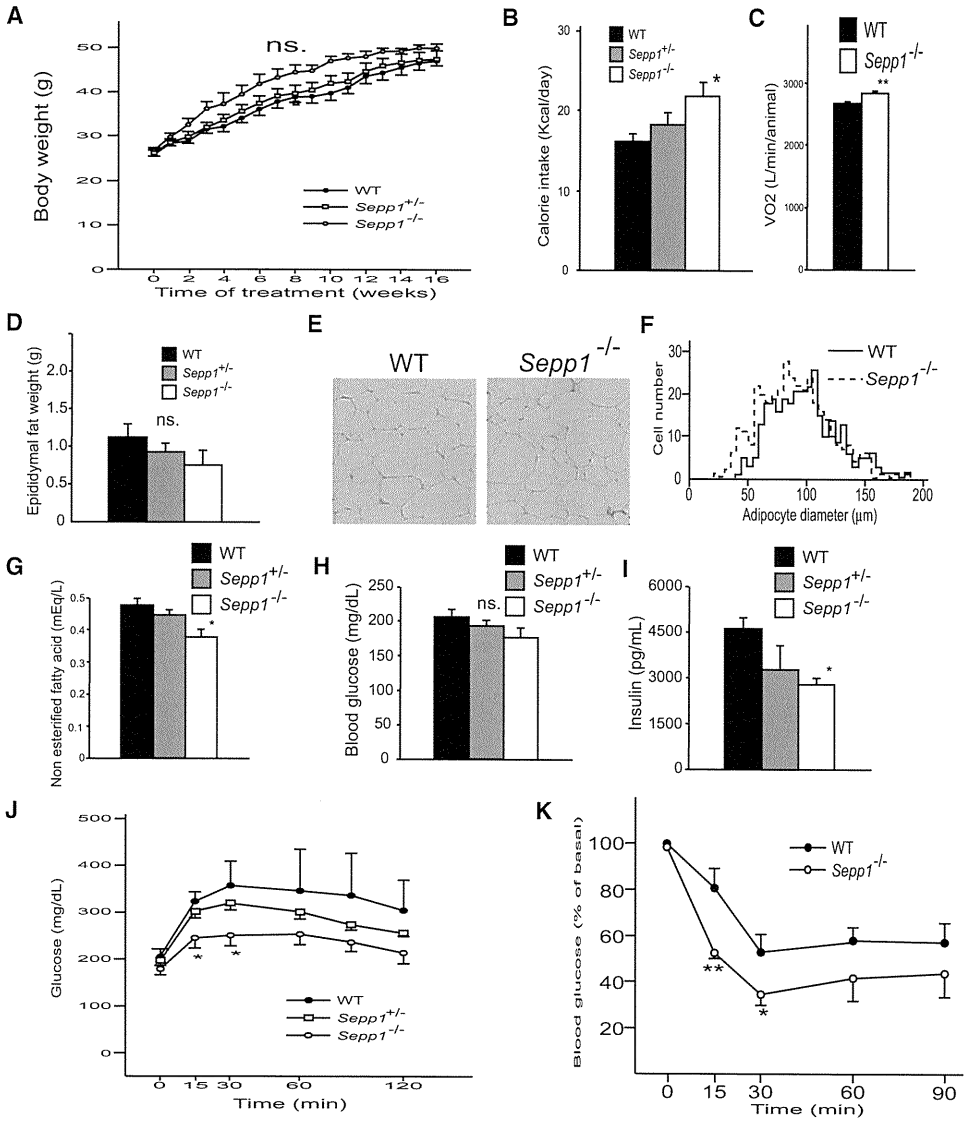

Figure 6. *Sepp1*-Deficient Mice Are Protected from Diet-Induced Insulin Resistance and Adipocyte Hypertrophy

(A) Body weight of *Sepp1*-deficient and wild-type mice fed a high-fat, high-sucrose diet (HFHSD; n = 4–8). Sixteen-week-old male mice were fed a HFHSD for 16 weeks.

(B) Daily calorie intake in *Sepp1*-deficient and wild-type mice (n = 4–8).

(C) Energy expenditure (as measured by VO_2 consumption through indirect calorimetry; n = 4).

(D) Epididymal fat mass in *Sepp1*-deficient and wild-type mice fed HFHSD (n = 4–7).

(E) Hematoxylin-and-eosin-stained epididymal fat sections from wild-type and *Sepp1*$^{-/-}$ mice.

(F) Histogram showing adipocyte diameters. We determined adipocyte diameters by measuring at least 300 adipocytes randomly selected from four independent sections.

(G) Blood nonestimated fatty acid levels in *Sepp1*-deficient and wild-type mice fed HFHSD (n = 4–7).

(H) Blood glucose levels in *Sepp1*-deficient and wild-type mice fed HFHSD (n = 4–8).

(I) Blood insulin levels in *Sepp1*-deficient and wild-type mice fed HFHSD (n = 4–8). Blood samples were obtained from mice fed a HFHSD for 16 weeks after a 12 hr fast in (G)–(I).

(J) Intraperitoneal glucose tolerance tests in wild-type and *Sepp1*-deficient mice (n = 4–8). Glucose was administered at a dose of 0.3 g/kg body weight.

(K) Intraperitoneal insulin tolerance tests in wild-type and *Sepp1*-deficient mice (n = 5–10). Insulin was administered at a dose of 2.0 units/kg body weight.

Data in (A)–(D) and (G)–(K) represent the means ± SEM from four to ten mice per group. *p < 0.05, **p < 0.01 versus wild-type mice. See also Figure S4.

sequence were synthesized: mouse *Sepp1*, 5′-GGUGUCAGAACACAUC GCAtt-3′ (sense). Negative control siRNA was also used and had no significant homology with any known gene sequences in mouse, rat, or human. Glucose and insulin loading tests were performed 2–7 days after injection of mice with siRNA.

SeP Knockout Mice

SeP knockout mice were produced by homologous recombination with genomic DNA cloned from an Sv-129 P1 library, as described previously (Hill et al., 2003). As female SeP knockout mice had inconsistent phenotypes, only male mice were used in this study.

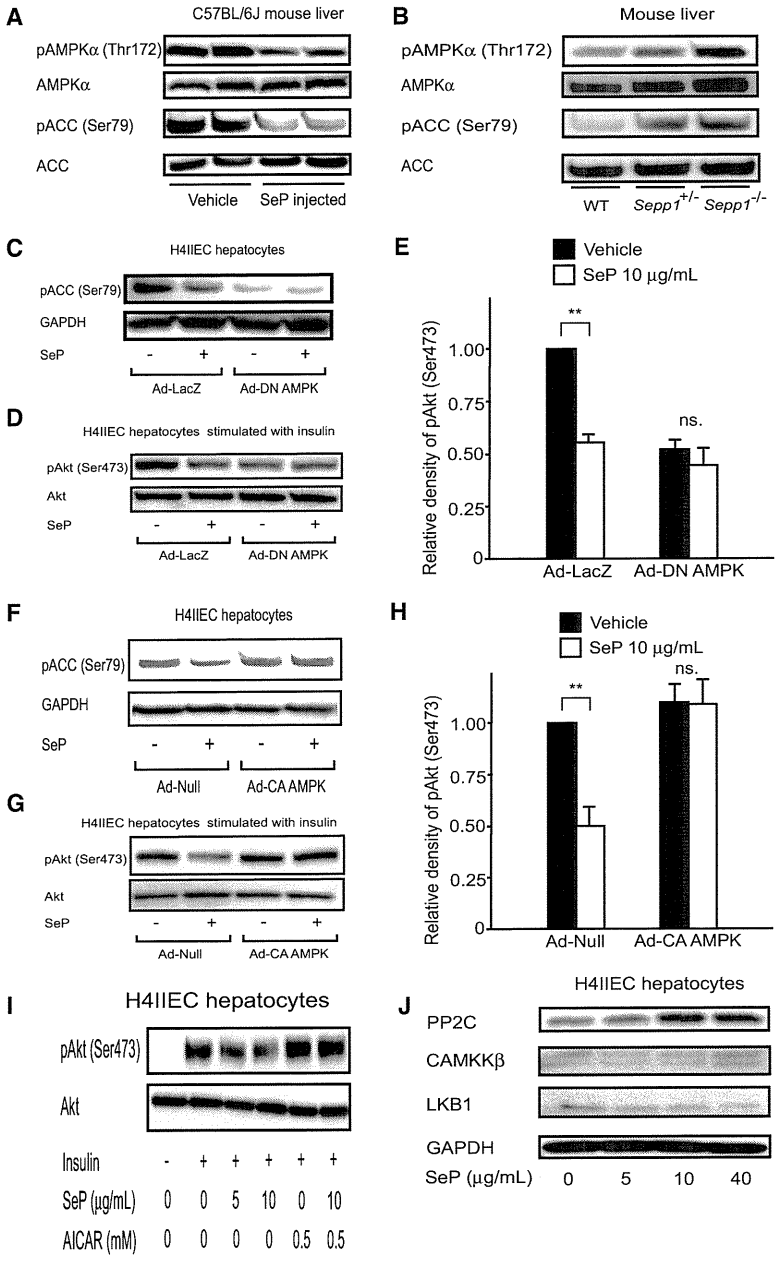

Figure 7. SeP Reduces Phosphorylation of AMPK and ACC in Hepatocytes

(A) Phosphorylation of AMPK and ACC in the liver of mice injected with SeP or vehicle. C57BL/6J mice were injected intravenously with purified human SeP (1 mg/kg body weight) or vehicle (phosphate-buffered saline). At 6 hr after injection, the liver was removed.

(B) Phosphorylation of AMPK and ACC in the liver of *Sepp1*-deficient mice after a 12 hr fast.

(C–E) Effects of dominant-negative AMPK on ACC phosphorylation (C) and insulin-stimulated Akt phosphorylation (D and E) in H4IIEC hepatocytes treated with SeP.

(F–H) Effects of constitutively active AMPK on ACC phosphorylation (F) and insulin-stimulated Akt phosphorylation (G and H) in H4IIEC hepatocytes treated with SeP.

(I) Effect of AICAR on SeP-induced insulin resistance in H4IIEC hepatocytes.

(J) Levels of PP2C, CaMKKβ, and LKB1 in H4IIEC hepatocytes treated with various concentrations of SeP for 12 hr.

Data in (E) and (H) represent the means ± SEM from three independent experiments. **p < 0.01 versus vehicle-treated cells. See also Figure S5.

Statistical Analyses

All data were analyzed using the Japanese Windows Edition of the Statistical Package for Social Science (SPSS) Version 11.0. Numeric values are reported as the mean ± SEM. Differences between two groups were assessed with unpaired two-tailed t tests. Data involving more than two groups were assessed by analysis of variance (ANOVA). Glucose and insulin tolerance tests were examined with repeated-measures ANOVA.

ACCESSION NUMBERS

Microarray data have been deposited in Gene Expression Omnibus under accession number GSE23343.

SUPPLEMENTAL INFORMATION

Supplemental Information includes Supplemental Experimental Procedures, five figures, and five tables and can be found with this article online at doi:10.1016/j.cmet.2010.09.015.

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Research Article

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Differential interferon signaling in liver lobule and portal area cells under treatment for chronic hepatitis C

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Background & Aims: The mechanisms of treatment resistance to interferon (IFN) and ribavirin (Rib) combination therapy for hepatitis C virus (HCV) infection are not known. This study aims to gain insight into these mechanisms by exploring hepatic gene expression before and during treatment.

Methods: Liver biopsy was performed in 50 patients before therapy and repeated in 30 of them 1 week after initiating combination therapy. The cells in liver lobules (CLL) and the cells in portal areas (CPA) were obtained from 12 patients using laser capture microdissection (LCM).

Results: Forty-three patients were infected with genotype 1 HCV, 20 of who were viral responders (genotype 1-Rsp) with treatment outcome of SVR or TR, while 23 were non-responders (genotype 1-nonRsp) with NR. Only seven patients were infected with genotype 2. Before treatment, the expression of *IFN and Rib-stimulated genes* (IRSGs), apoptosis-associated genes, and immune reaction gene pathways was greater in genotype 1-nonRsp than in Rsp. During treatment, IRSGs were induced in genotype 1-Rsp, but not in nonRsp. IRSG induction was irrelevant in genotype 2-Rsp and was mainly impaired in CLL but not in CPA. Pathway analysis revealed that many immune regulatory pathways were induced in CLL from genotype 1-Rsp, while growth factors related to angiogenesis and fibrogenesis were more induced in CPA from genotype 1-nonRsp.

Conclusions: Impaired IRSGs induction in CLL reduces the sensitivity to treatment for genotype 1 HCV infection. CLL and CPA in the liver might be differentially involved in treatment resistance. These findings could be useful for the improvement of therapy for HCV infection.

Introduction

A human liver infected with hepatitis C virus (HCV) develops chronic hepatitis, cirrhosis, and in some instances, hepatocellular carcinoma (HCC). Although interferon (IFN) and ribavirin (Rib) combination therapy has become a popular modality for treating patients with chronic hepatitis C (CH-C), about 50% of patients relapse, particularly those with genotype 1b and high viral load [8]. The reasons for treatment failure are poorly understood. Many studies of IFN and Rib combination therapy for CH-C suggested that patients who cleared HCV viremia early during therapy tended to show favorable outcomes. On the other hand, patients who needed a longer period to clear HCV had poorer outcomes [4,7,17], and those who showed no response (no or minimal decrease in HCV-RNA) to IFN and Rib combination therapy hardly ever achieved a sustained viral response (SVR).

To elucidate the underlying mechanism of treatment resistance, expression profiles in the liver [3,6,20] and peripheral mononuclear cells (PBMC) [10,21] during IFN treatment for CH-C patients have been examined. In chronic viral hepatitis, increased numbers of immune regulatory cells infiltrate the liver. These liver-infiltrating lymphocytes (LILs) might play important roles for virus eradication and are potentially linked to treatment outcome. Previously, we selectively isolated cells in liver lobules (CLL) and cells in the portal area (CPA) from biopsy specimens using laser capture microdissection (LCM) and analyzed their gene expression profiles [11,19]. From these profile analyses, it could be inferred that the majority of CLL were hepatocytes and the majority of CPA were lymphocytes, although other cellular components such as Kupffer cells, endothelial cells, myofibroblasts, and bile duct cells co-existed as well.

To gain further insight into the mechanisms of therapy resistance, we analyzed expression profiles in CLL and CPA in addition to whole liver tissues during IFN therapy for CH-C.

Keywords: HCV; IFN; LCM; Gene expression.
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Abbreviations: HCV, hepatitis C virus; HBV, hepatitis B virus; miRNA, micro RNA; CH-B, chronic hepatitis B; CH-C, chronic hepatitis C; HCC-B, hepatitis B-related hepatocellular carcinoma; HCC-C, hepatitis C-related hepatocellular carcinoma; OCT, optimum cutting temperature.

Materials and methods

Patients

Patients with CH-C were enrolled in this study at the Graduate School of Medicine, Kanazawa University Hospital, Japan, between 2001 and 2007 (Tables 1 and 2). Prior to the study, we obtained the required approvals, namely: informed consent from all participating patients and ethics approval from the ethics committee for human genome/gene analysis research at Kanazawa University Graduate School of Medical Science. Thirty patients were administered IFN-α 2b (6 MU: every day for 2 weeks, then three times a week for 22 weeks) (Schering-Plough K.K., Tokyo, Japan) and Rib (10–13 mg/kg/day) combination therapy for 24 weeks (Table 1). Twenty patients were administered Peg-IFN-α 2b and Rib combination therapy for 48 weeks (Table 2). The final outcome of the treatment was assessed at 24 weeks after cessation of the combination therapy. In addition, 10 samples of normal liver tissues obtained during surgery for metastatic liver cancer were used as controls.

We defined treatment outcomes according to the decrease in viremia as follows: sustained viral response (SVR), clearance of HCV viremia at 24 weeks after cessation of therapy; transient response (TR), no detectable HCV viremia at 24 weeks but relapse during the follow-up period; and nonresponse (NR), HCV viremia detected at the cessation of therapy. We defined a patient who achieved SVR or TR as a viral responder (Rsp) and a patient who exhibited an NR as a non-responder (nonRsp). As patient 10 stopped treatment at 5 weeks due to an adverse side effect, we grouped this patient as Rsp based on the observed viral decline within 2 weeks (Table 1).

HCV genotype was classified by the methods described by Okamoto et al. [16] Twenty-three patients were infected with genotype 1b and seven patients were infected with genotype 2 (2a; 6, 2b; 1) (Tables 1 and 2).

Patient serum was aliquoted and stored at −20 °C until use. HCV-RNA was serially monitored by quantitative real-time detection (RTD)-PCR (COBAS® AmpliPrep/COBAS® TaqMan® System®) [9] before treatment, at 48 h, 2 weeks and 24 weeks after initiation of therapy and at 24 weeks after cessation of therapy.

The grading and staging of chronic hepatitis were histologically assessed according to the method described by Desmet et al. (Table 1) [5].

Table 1. Characteristics of study patients who received IFN and ribavirin combination therapy.

				ALT (IU/ml)		Liver histology				HCV-RNA (Log IU/ml)				Viral kinetics			
Pt.No.	Sex	Age (yr)	Genotype	Before therapy	During therapy	Before therapy F A	During therapy F A	LCM		Before therapy	48 h	2 wk	24 wk	1st phase delinie Log/24 h	2nd phase decline Log/week	Viral response	Outcome
1	M	48	1b	83	45	1 1	1 1	+		6.6	4.5	3.5	-	1.1	0.5	Rsp	SVR
2	M	32	1b	192	95	1 1	1 1	-		6.4	3.9	3.2	-	1.3	0.4	Rsp	SVR
3	F	50	1b	57	37	1 1	1 1	-		5.8	2.5	1.5	-	1.7	0.5	Rsp	TR
4	M	36	1b	119	117	1 1	1 1	+		6.1	4.4	4.2	+	0.9	0.1	nonRsp	NR
5	M	54	1b	82	69	1 1	1 1	-		6.6	5.1	3.9	+	0.8	0.6	nonRsp	NR
6	M	43	1b	143	116	1 1	1 1	-		6.3	4.4	4.1	+	1.0	0.2	nonRsp	NR
7	M	48	1b	33	30	1 1	1 1	+		1.5	0.0	0.0	-	>0.8	-	Rsp	SVR
8	M	52	1b	316	374	1 2	1 1	-		4.7	5.1	3.9	+	-0.2	0.6	nonRsp	NR
9	M	45	1b	112	39	1 0	2 0	-		6.2	5.1	5.7	+	0.6	-0.3	nonRsp	NR
10	M	48	1b	48	30	2 2	2 1	+		6.4	4.0	2.6	NA	1.2	0.8	Rsp	NA
11	M	52	1b	114	80	2 2	2 1	-		6.1	3.7	3.0	-	1.2	0.4	Rsp	TR
12	F	63	1b	38	30	2 1	2 1	-		5.2	4.2	4.5	+	0.5	-0.2	nonRsp	NR
13	M	58	1b	90	83	2 2	2 2	+		6.9	4.9	5.6	+	1.0	-0.4	nonRsp	NR
14	F	61	1b	87	43	2 1	2 1	+		6.5	3.9	3.7	+	1.3	0.1	nonRsp	NR
15	F	64	1b	133	111	2 1	3 2	-		6.0	4.4	3.6	+	0.8	0.4	nonRsp	NR
16	F	62	1b	251	159	3 2	3 2	-		4.8	2.7	1.5	-	1.1	0.6	Rsp	SVR
17	M	54	1b	211	205	3 2	3 2	+		6.7	0.0	0.0	-	>3.4	-	Rsp	SVR
18	F	68	1b	153	145	3 2	3 2	+		4.9	4.3	3.5	+	0.3	0.4	nonRsp	NR
19	F	69	1b	64	43	3 2	3 2	-		4.4	1.5	0.0	-	1.5	0.8	Rsp	SVR
20	M	49	1b	91	83	3 2	3 2	+		6.6	4.2	3.8	+	1.2	0.2	nonRsp	NR
21	M	55	1b	187	196	4 1	4 2	-		5.8	5.1	5.6	+	0.4	-0.3	nonRsp	NR
22	F	45	1b	113	75	4 2	3 3	-		5.7	4.2	2.7	-	0.8	0.8	Rsp	TR
23	M	60	1b	86	49	4 2	3 1	-		6.3	3.5	3.5	+	1.4	0.0	nonRsp	NR
24	F	51	2b	98	90	1 1	1 1	-		2.7	1.5	0.0	-	0.6	0.8	Rsp	SVR
25	M	37	2a	241	211	1 0	1 0	-		4.0	1.5	0.0	-	1.3	0.8	Rsp	SVR
26	F	45	2a	91	33	2 1	2 1	-		5.4	2.2	1.5	-	1.6	0.4	Rsp	TR
27	M	46	2a	101	45	2 1	2 1	+		3.6	0.0	0.0	-	>1.8	-	Rsp	SVR
28	M	54	2a	196	177	3 2	2 1	+		4.2	0.0	0.0	-	>2.1	-	Rsp	SVR
29	F	68	2a	234	135	3 1	3 2	+		4.6	3.1	0.0	-	0.8	1.7	Rsp	SVR
30	M	67	2a	155	163	4 2	4 2	-		3.9	1.5	0.0	-	1.2	0.8	Rsp	SVR

First phase decline was determined by subtracting HCV-RNA at 48 h from before therapy.
Second phase decline was determined by subtracting HCV-RNA at 2 wk from 48 h.
NA, not applicable; LCM, laser capture microdissection; ALT, alanine aminotransferase; SVR, sustained viral response; A, activity; NR, nonresponse; F, fibrosis; TR, transient response; Rsp, viral responder, patients with SVR or TR; nonRsp, non-viral responder; patients with NR; HCV-RNA was assayed by COBAS® AmpliPrep/COBAS® TaqMan® System® (Log IU/mL).

Table 2. Characteristics of patients who received Peg-IFN and ribavirin combination therapy and normal control.

Pt.No.	Sex	Age (yr)	Genotype	ALT (IU/ml)	Liver histology		HCV-RNA (Log IU/ml)				Viral response	Outcome
				Before therapy	Before therapy		Before therapy	2 wk	4 wk	24 wk		
					F	A						
1	M	57	1b	68	1	1	6.5	-	-	-	Rsp	SVR
2	F	56	1b	31	1	1	6.5	4.4	-	-	Rsp	SVR
3	M	63	1b	50	1	1	6.1	-	-	-	Rsp	SVR
4	M	44	1b	45	1	1	6.5	3.7	-	-	Rsp	SVR
5	F	51	1b	27	2	1	6.5	4.1	-	-	Rsp	SVR
6	M	58	1b	72	2	1	6.2	-	-	-	Rsp	SVR
7	M	60	1b	71	2	2	6.2	3.9	-	-	Rsp	SVR
8	F	52	1b	58	2	2	6.5	4.1	-	-	Rsp	SVR
9	F	62	1b	60	3	2	5.9	3.8	-	-	Rsp	SVR
10	M	55	1b	106	3	2	6.4	-	-	-	Rsp	SVR
11	M	30	1b	31	1	1	6.4	6.1	5.9	+	nonRsp	NR
12	F	55	1b	23	1	2	6.5	6.1	5.9	+	nonRsp	NR
13	M	58	1b	129	1	2	6.3	6.0	5.8	+	nonRsp	NR
14	M	42	1b	326	2	1	6.6	6.2	5.8	+	nonRsp	NR
15	F	61	1b	77	2	1	6.1	5.9	5.7	+	nonRsp	NR
16	F	44	1b	31	2	2	5.5	5.3	4.7	+	nonRsp	NR
17	M	51	1b	38	2	2	6.5	6.2	5.9	+	nonRsp	NR
18	F	55	1b	97	2	2	6.7	6.3	6.1	+	nonRsp	NR
19	M	59	1b	31	3	2	6.7	5.9	5.7	+	nonRsp	NR
20	F	53	1b	71	3	2	5.9	5.8	5.8	+	nonRsp	NR
21	F	51	-	18	0	0	-	-	-	-	-	-
22	F	78	-	13	0	0	-	-	-	-	-	-
23	M	75	-	20	0	0	-	-	-	-	-	-
24	M	34	-	12	0	0	-	-	-	-	-	-
25	M	64	-	30	0	0	-	-	-	-	-	-
26	M	78	-	9	0	0	-	-	-	-	-	-
27	M	53	-	19	0	0	-	-	-	-	-	-
28	F	64	-	12	0	0	-	-	-	-	-	-
29	F	60	-	20	0	0	-	-	-	-	-	-
30	M	66	-	26	0	0	-	-	-	-	-	-

SVR, sustained viral response; NR, nonresponse; Rsp, viral responder, patients with SVR or TR; nonRsp, non-viral responder; patients with NR.

Preparation of liver tissue samples

Liver biopsy samples were taken from all the patients at around 1 week before treatment and at 1 week after starting therapy (Fig. 1A). The biopsy samples were divided into three parts: the first part was immersed in formalin for histological assessment, the second was immediately frozen in liquid nitrogen tank for future RNA isolation, and the final part was frozen in OCT compound for LCM analysis and stored at −80 °C until use. As a control, a liver tissue sample was surgically obtained from a patient who showed no clinical signs of hepatitis and was analyzed as described previously [11].

CLL and CPA were isolated by LCM using a CRI-337 (Cell Robotics, Albuquerque, NM, USA) (Supplementary Fig. 1) from the liver biopsy specimens frozen in OCT compound. The detailed procedure for LCM is described in the Supplementary materials and methods and was performed as previously described [11,19].

RNA isolation and Affymetrix gene chip analysis

Total RNA in each liver biopsy specimen was isolated using the RNAqueous® kit (Ambion, Austin, TX, USA). Total RNA in the specimens frozen for LCM was isolated with a carrier nucleic acid (20 ng poly C) using RNAqueous®-Micro (Ambion). The quality of the isolated RNA was estimated after electrophoresis using an Agilent 2001 Bioanalyzer (Palo Alto, CA, USA). Aliquots of total RNA (50 ng) isolated from the liver biopsy specimens were subjected to amplification with the WT-Ovation™ Pico RNA Amplification System (NuGen, San Carlos, CA, USA) as recommended by the manufacturer. About 10 μg of cDNA was amplified from 50 ng total RNA, and 5 μg of cDNA was used for fragmentation and biotin labeling using the FL-Ovation™ cDNA Biotin Module V2 (NuGen) as recommended by the manufacturer. The biotin-labeled cDNA was suspended in 220 μl of hybridization cocktail (NuGen), and 200 μl was used for the hybridization. Half of the total RNA isolated from the LCM specimens was amplified twice with the TargetAmp™ 2-Round Aminoallyl-aRNA Amplification Kit 1.0 (EPICENTRE, Madison, WI, USA). Twenty-five micrograms of amplified antisense RNA were used for biotin labeling according to the manufacturer's protocol *Biotin-X-X-NHS* (provided by EPICENTRE). The biotin-labeled aRNA was suspended in 300 μl of hybridization cocktail (Affymetrix Inc., Santa Clara, CA, USA), and 200 μl was used for the hybridization with the Affymetrix Human 133 Plus 2.0 microarray chip containing 54,675 probes. After stringent washing, the microarray chips were stained with streptavidin–phycoerythrin, and probe hybridization was determined using a GeneChip® Scanner 3000 (Affymetrix). Data files (CEL) were obtained with the GeneChip® Operating Software 1.4 (GCOS) (Affymetrix). All the expression data were deposited in Gene Expression Omunibus (GEO; http://www.ncbi.nlm.nih.gov/geo/) (NCBI) and the accession ID is GSM 425,995. The experimental procedure is described in detail in the Supplementary materials and methods.