IFN therapy.[6] The limited success of combination therapy for genotype 1 HCV infection is because of the low response rate during therapy and high relapse rate after therapy.[7]

Recent studies have identified both viral and host factors predictive of IFN therapy. Among the viral factors, amino acid (aa) substitutions in the IFN-sensitivity–determining region (ISDR) (nucleotides 2209-2248 or aa positions 237-276 within the NS5A region) are associated with sustained virological response (SVR) after IFN treatment in HCV genotype 1b patients.[8,9] Akuta et al. reported that substitution of aa70 or 91 in the HCV core region are independent predictors of SVR and nonvirological response (NVR).[10-12] Recently, we[13] and another group[14] also reported that wild-type HCV core aa70 and two or more aa substitutions in the ISDR are effective predictors of SVR in patients with HCV genotype 1b.

Among host factors associated with SVR, many common genetic polymorphisms in the human genome have been identified, including single-nucleotide polymorphisms (SNPs).[15-19] More recently, an association between several linked SNPs in the interleukin-28B (IL28B) locus and the effect of combination therapy has been reported.[20-22]

We recently reported that the core aa wild type is significantly more likely to be found in patients with the eradication-favorable IL28B SNP genotype.[23-25] The underlying mechanism of this association as well as the reason for the differential response to therapy by viruses with core aa substitutions are unknown. This is partly because of the presence of HCV quasispecies in human serum samples and the difficulty of performing infection experiments in a small animal model.

The severe combined immunodeficient (SCID) urokinase-type plasminogen activator (uPA) mouse permits repopulation of the liver with human hepatocytes, resulting in human hepatocyte chimeric mice able to develop HCV viremia after injection of serum samples positive for the virus.[26] We and other groups have reported that the human hepatocyte chimeric mouse is useful for evaluating anti-HCV drugs, such as IFN-alpha and NS3-4A protease inhibitor.[27,28] We have further improved the replacement levels of the human hepatocytes in this mouse model,[29] which enabled us to perform infection experiments more easily because highly repopulated mice (defined as human serum albumin [HSA] levels well above 1 mg/mL) successfully develop viremia more often than poorly repopulated mice.[30] Using this mouse model, we developed a reverse genetics system for HCV.[31,32] This system is useful for studying characteristics of HCV strains with various substitutions of interest, because the effects of quasispecies can be minimized. Furthermore, as there is no adaptive immune system in this mouse model, we are able to examine the replication of HCV and the effect of therapy while avoiding the influence of the immunological response. In the present study, we investigated effects of viral and host factors on HCV infectivity, replication ability, and IFN susceptibility using genetically engineered genotype 1b HCV-infected mice that underwent transplantation with hepatocytes having eradication-favorable or eradication-unfavorable IL28B SNP genotypes.

Table 1. Characteristics of Donors for Transplanted Human Hepatocytes

Donor	A	B	C	D
Sex	Female	Male	Female	Male
Age	10	2	5	2
Ethnic group	Caucasian	Caucasian	African American	Hispanic
rs8099917	TG	TT	TG	TT
rs8109886	AA	CC	AA	CC
rs12979860	TT	CC	TT	CC
rs11882871	GG	AA	GG	AA
rs73930703	TT	CC	TT	CC
rs8107030	AG	AA	AG	AA
rs28416813	GG	CC	GG	CC
rs8103142	CC	TT	CC	TT
rs11881222	GG	AA	GG	AA
rs4803217	AA	CC	AA	CC

Materials and Methods

Animal Treatment. Generation of the $uPA^{+/+}$/$SCID^{+/+}$ mice and transplantation of human hepatocytes were performed as described previously.[29] All animal protocols described in this study were performed in accord with the guidelines of the local committee for animal experiments, and all animals received humane care. Infection, extraction of serum samples, and sacrifice were performed under ether anesthesia. Mouse serum concentrations of HSA, which serve as useful markers of the extent of repopulation, were measured as previously described.[29] Mice underwent transplantation with frozen human hepatocytes obtained from four different human donors (Table 1). Genotyping of IL28B SNPs of human hepatocytes was performed using the Invader assay as described previously.[33,34] We used 1000 IU/g/day of IFN-alpha (Dainippon Sumitomo Pharma Co., Tokyo, Japan) for 2 weeks. This dosage was selected based on a previous report showing that this regimen reduced mouse serum

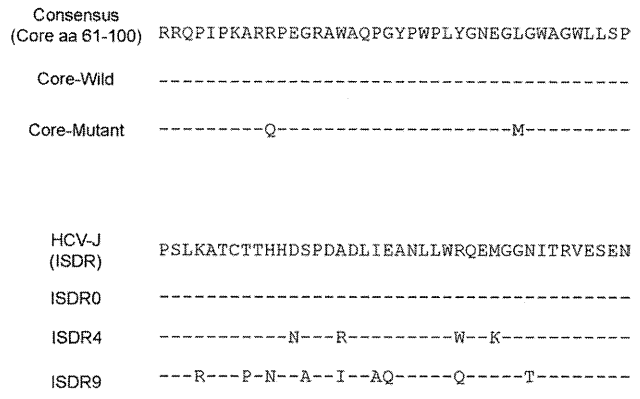

Fig. 1. The aa sequences of infectious genotype 1b HCV clones, Core-Wild, Core-Mutant (substitutions at aa70 and aa91), and ISDR variants (with 0, 4, and 9 substitutions).

HCV RNA levels by 0.5-2 log copies/mL during therapy.[31]

HCV RNA Transcription and Inoculation into Mice. We previously established an infectious genotype 1b HCV clone, HCV-KT9, that was obtained from a Japanese patient with severe acute hepatitis (GenBank accession no. AB435162).[32] Ten micrograms of plasmid DNA, linearized by digestion with *Xba*I (Promega, Madison, WI), was transcribed in a 100-μL reaction volume with T7 RNA polymerase (Promega) at 37°C for 2 hours and then analyzed by agarose gel electrophoresis. Each transcription mixture was diluted with 400 μL of phosphate-buffered saline (PBS) and injected into the livers of chimeric mice.[32] The HCV-KT9 clone has aa substitutions at aa70 and 91 (arginine to glutamine and leucine to methionine, respectively) in the core region (Core-Mutant), compared to the consensus sequence,[10-12] and no aa substitutions in the ISDR (ISDR0),[8] relative to the prototype sequence (HCV-J).[35] Using the original HCV-KT9 clone, we created two additional HCV clones having wild-type core aa70 and 91 (Core-Wild) and four (ISDR4) and nine (ISDR9) aa substitutions in the ISDR, respectively (Fig. 1). To introduce the aa substitutions, site-directed mutagenesis was performed with a QuikChange site-directed mutagenesis kit (Stratagene, La Jolla, CA).

Human Serum Samples. Human serum samples containing a high titer of genotype 1b HCV (2.2×10^6 copies/mL) were obtained from a patient with chronic hepatitis after obtaining written informed consent. Aliquots of serum were stored in liquid nitrogen until use. Core 70 and 91 aas were Gln and Leu, respectively, and only one aa substitution was present in the ISDR. The study protocol involving human subjects conformed to the ethical guidelines of the 1975 Declaration of Helsinki and was approved by the institutional review committee.

Quantitation of HCV RNA and IFN-stimulated gene-expression levels. RNA was extracted from mice serum and liver samples by Sepa Gene RV-R (Sankojunyaku, Tokyo, Japan), dissolved in 8.8 μL of ribonuclease-free H_2O, and reverse transcribed using random primer (Takara Bio Inc., Shiga, Japan) and M-MLV reverse transcriptase (ReverTra Ace, TOYOBO Co., Osaka, Japan) in 20 μL of reaction mixture according to the instructions provided by the manufacturer. Nested polymerase chain reaction (PCR) and quantitation of HCV by Light Cycler (Roche Diagnostics, Tokyo, Japan) were performed as previously described.[32] Quantitation of IFN-stimulated genes (ISGs) (myxovirus resistance protein A [MxA], oligoadenylate synthetase [OAS], and RNA-dependent protein kinase [PKR]) was performed using real-time PCR Master Mix (Toyobo, Kyoto, Japan) and TaqMan Gene Expression Assay primer and probe sets (PE Applied Biosystems, Foster City, CA). Thermal cycling conditions were as follows: a precycling period of 1 minute at 95°C, followed by 40 cycles of denaturation at 95°C for 15 seconds and annealing/extension at 60°C for 1 minute. ISG messenger RNA expression levels were expressed relative to the endogenous RNA levels of the housekeeping reference gene, glyceraldehyde-3-phosphate dehydrogenase (GAPDH).

Statistical Analysis. The HCV infectious ratio of chimeric mice was assessed using the chi-square test. Mice serum HCV RNA titers, HSA concentrations, and ISG expression levels were compared using the Mann-Whitney U test. A P value less than 0.05 was considered statistically significant.

Results

Influence of aa Substitutions in the HCV Core Region and ISDR on HCV Infectivity and Replication Ability. We investigated the influence of aa substitutions in the core region and ISDR on HCV infectivity and replication ability in mice that underwent transplantation with human hepatocytes obtained from donor A (Table 1). Each 30 μg of *in vitro*–transcribed RNA was inoculated into the livers of mice. Six weeks after inoculation, serum HCV RNA titers increased above the detectable limit (1000 copies/mL) in 11 of 12 (92%) mice infected with Core-Wild-ISDR0 and in 14 of 16 (88%) mice with Core-Mutant-ISDR0 (Fig. 2A). HCV RNA titers in Core-Wild-ISDR0– and Core-Mutant-ISDR0–infected mice increased to the same levels (Fig. 2B). In contrast, serum HCV

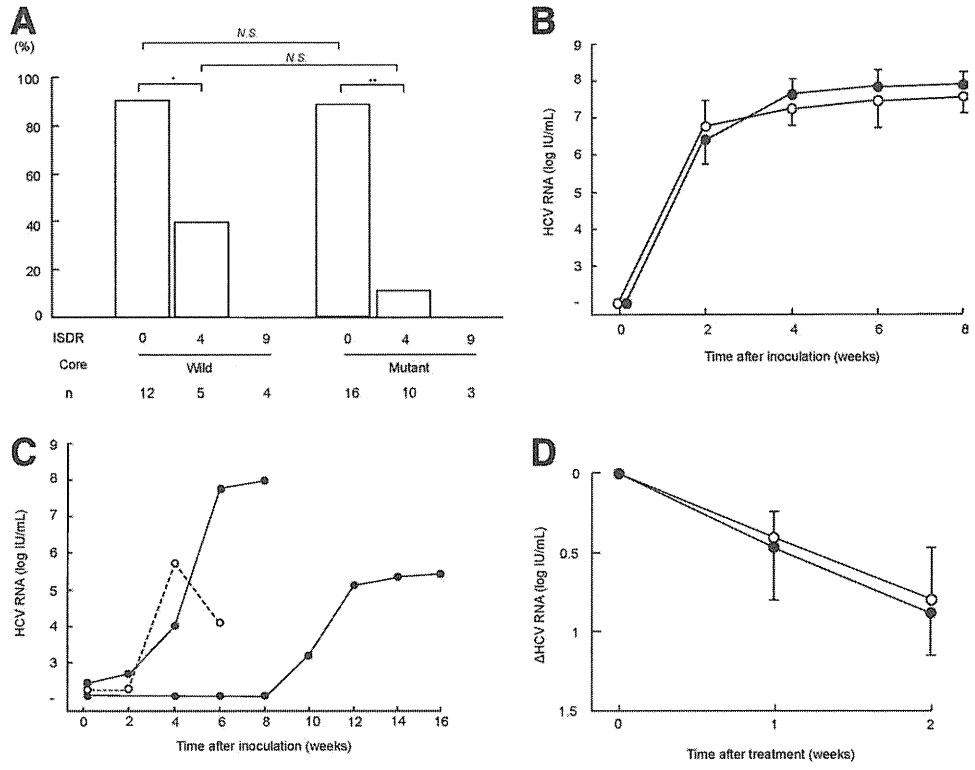

Fig. 2. Infectivity and replication ability of HCV clones. Mice that underwent transplantation with hepatocytes obtained from donor A were inoculated with 30 μg of *in vitro*-transcribed RNAs of indicated clones. (A) Proportion of HCV-infected mice. Infection was defined as serum HCV RNA titer above the detection limit (1000 copies/mL) 6 weeks after inoculation. aa sequences of the core (Wild or Mutant) and number of substitutions in the ISDR are noted below the graph. (B) Time course of serum HCV RNA levels in mice inoculated with either Core-Wild-ISDR0 (closed circles, n = 11) or Core-Mutant-ISDR0 (open circles, n = 14) HCV clones. Data are represented as mean ± standard deviation. (C) Time course of serum HCV RNA levels in two Core-Wild-ISDR4-infected mice (closed circles) and a Core-Mutant-ISDR4-infected mouse (open circles). Serum HCV RNA levels were measured until the mice died. (D) Core-Wild-ISDR0- (closed circles, n = 8) and Core-Mutant-ISDR0 (open circles, n = 4)-infected mice were treated daily with 1000 IU/g/day of IFN-alpha for 2 weeks. Mice serum HCV RNA titers were measured at the indicated times. *$P < 0.05$, **$P < 0.01$; NS, not significant.

RNA titer increased above the detection limit in only two of five (40%) Core-Wild-ISDR4 mice and in only 1 of 10 (10%) Core-Mutant-ISDR4 mice, and the titers in these mice were lower than in mice with ISDR0 (Fig. 2C). HCV RNA titers failed to increase above the detection limit in mice with Core-Wild-ISDR9 and Core-Mutant-ISDR9 (Fig. 2A).

Influence of Core aa Substitutions on the Effect of IFN. To investigate the influence of aa substitutions in the core region on the effect of IFN, Core-Wild-ISDR0– and Core-Mutant-ISDR0–infected mice were treated with 1000 IU/g of human IFN-alpha daily for 2 weeks. The treatment resulted in a 0.84 ± 0.3 log IU/mL reduction of HCV RNA titer in Core-Wild-ISDR0–infected mice and a 0.79 ± 0.34 log IU/mL reduction in Core-Mutant-ISDR0–infected mice (Fig. 2D).

We also investigated the influence of aa substitutions in the core region on the effect of IFN plus RBV combination therapy. Core-Wild-ISDR0– and Core-Mutant-ISDR0–infected mice were treated with 1000 IU/g of human IFN-alpha and 20 mg/kg of RBV daily for 2 weeks. The treatment resulted in similar HCV RNA reductions in all treated mice. However, as with IFN monotherapy, there were no significant differences in HCV reductions among mice with different aa substitutions in the core region (data not shown). The dose of ribavirin used was relatively small, however, because of the drug's toxicity in mice.

HCV Infectivity, Replication Levels, and IFN Susceptibility by Core aa Substitutions and Genetic Variation in the IL28B Locus. We investigated the influence of IL28B genotypes on HCV infectivity, replication ability, and IFN susceptibility. *In vitro*–transcribed RNA (30 μg) was inoculated into the livers of mice with hepatocytes from donor A (rs8099917 TG and rs12979860 TT) or donor B (rs8099917 TT and rs12979860 CC). Eight weeks after inoculation, serum HCV RNA titers increased above the detection limit in 22 of 25 (88%) mice with hepatocytes from donor A and in 20 of 23 (87%) mice with hepatocytes from donor B (Fig. 3A). Serum HCV RNA levels were

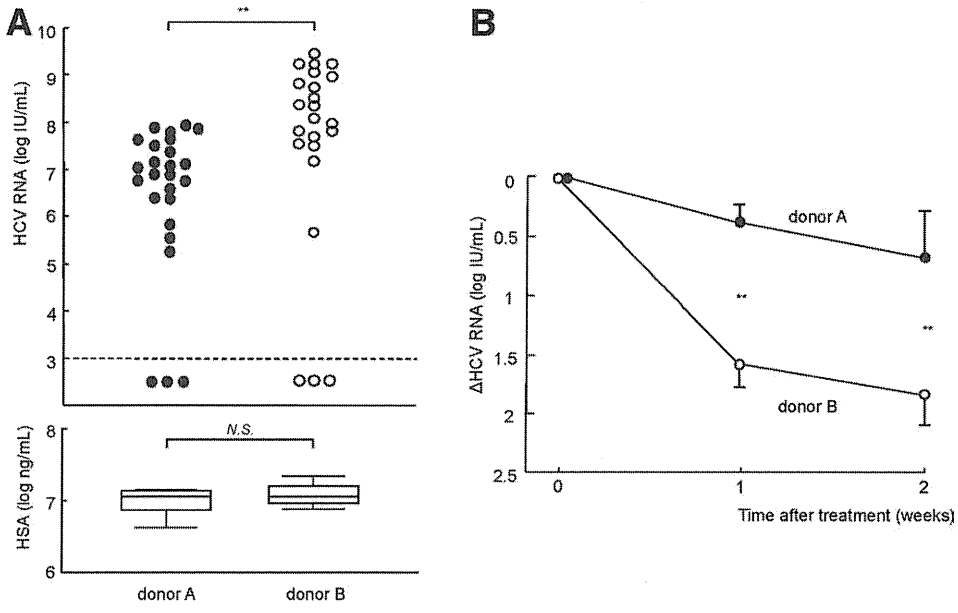

Fig. 3. HCV infectivity, replication ability, and IFN susceptibility in HCV-KT9-injected mice. Mice that underwent transplantation with hepatocytes from donor A (rs8099917 TG and rs12979860 TT) (closed circles, n = 25) or B (rs8099917 TT and rs12979860 CC) (open circles, n = 23) were intrahepatically inoculated with RNA transcribed from either Core-Wild-ISDR0 or Core-Mutant-ISDR0 clones. (A) Eight weeks after infection, serum HCV RNA titers (upper panel) and HSA concentrations (lower panel) were measured. The horizontal dotted line indicates the HCV RNA titer detection limit (1000 copies/mL). In these box-and-whisker plots, lines within the boxes represent median values; the upper and lower lines of the boxes represent the 75th and 25th percentiles, respectively; the upper and lower bars outside the boxes represent the 90th and 10th percentiles, respectively. (B) HCV-infected mice with hepatocytes from donor A (closed circles, n = 12) or B (open circles, n = 8) were treated daily with 1000 IU/g/day of IFN-alpha for 2 weeks. Changes in mice serum HCV RNA titers measured after 1 and 2 weeks are shown. Data are represented as mean ± standard deviation. $*P < 0.05$, $**P < 0.01$; NS, not significant.

significantly higher in mice with hepatocytes from donor B than from donor A ($P < 0.001$). HCV-infected mice were treated with 1000 IU/g of human IFN-alpha daily for 2 weeks. The treatment resulted in 0.65 ± 0.38 and 1.84 ± 0.23 log IU/mL reductions in HCV RNA titer in mice with hepatocytes from donors A and B, respectively ($P < 0.01$) (Fig. 3B). Interestingly, despite the higher serum HCV RNA levels, reduction levels of HCV were higher in mice that underwent transplantation with hepatocytes obtained from donor B than in mice that underwent transplantation with hepatocytes obtained from donor A.

To confirm an association between IL28B SNP genotype and HCV RNA titer, we compared HCV RNA titers using mice with hepatocytes from an additional pair of donors with the favorable (donor C) and unfavorable (donor D) SNP genotypes. To determine whether results obtained by clonal infection would be comparable to results obtained using the more natural serum injection, which should have contained more complex viral species, mice were injected with genotype 1b HCV obtained from a human patient with core and ISDR substitutions, as described above. Mice with hepatocytes from donor C (rs8099917 TG and rs12979860 TT) or donor D (rs8099917 TT and rs12979860 CC) were inoculated intravenously with 10^5 copies of HCV. Eight weeks after inoculation, serum HCV RNA titer increased above the detection limit in 13 of 14 (93%) mice with hepatocytes from donor C (rs8099917 TG and rs12979860 TT) and in 12 of 12 (100%) mice with hepatocytes from donor D (rs8099917 TT and rs12979860 CC) (Fig. 4A). With results similar to those found for the mice inoculated with transcribed HCV RNA, serum HCV RNA levels were significantly higher in mice with hepatocytes from donor D than from donor C ($P < 0.001$), and the effect of IFN was also greater in donor D mice than in donor C mice (Fig. 4B); however, statistical significance using these donors was only achieved at week 1, probably resulting from fluctuation of HCV RNA titers and the small number of animals analyzed.

Expression Levels of ISGs in Mouse Livers. ISG expression levels in mice livers were measured after 2 weeks of IFN treatment (Fig. 4B). MxA, OAS, and PKR levels were significantly higher in mice with human hepatocytes from donor D than from donor C (Fig. 4C).

Discussion

In this study, we investigated the effect of substitutions at core protein aa70 and 91 and within the

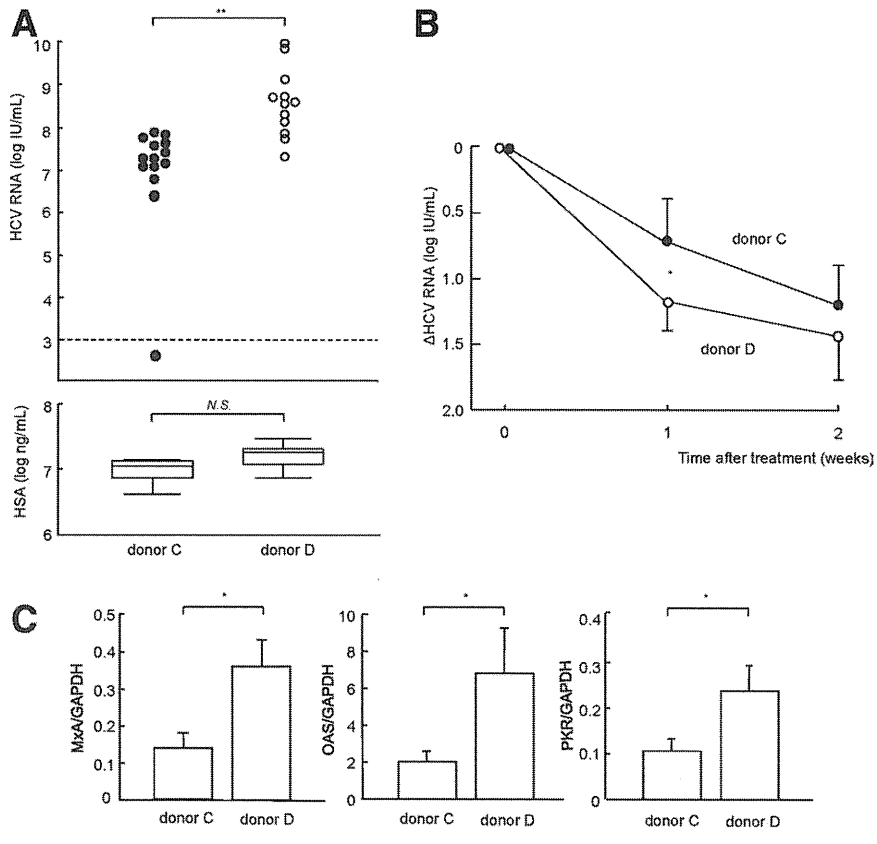

Fig. 4. HCV infectivity, replication ability, and IFN susceptibility in HCV-infected mice. Mice that underwent transplantation with hepatocytes from donor C (rs8099917 TG and rs12979860 TT) (closes circles, n = 14) or D (rs8099917 TT and rs12979860 CC) (open circles, n = 12) were intravenously injected with HCV-infected patient serum samples. (A) Eight weeks after infection, serum HCV RNA titers (upper panel) and HSA concentrations (lower panel) were measured. The horizontal dotted line indicates the HCV RNA titer detection limit (1000 copies/mL). In these box-and-whisker plots, lines within the boxes represent median values; the upper and lower lines of the boxes represent the 75th and 25th percentiles, respectively; the upper and lower bars outside the boxes represent the 90th and 10th percentiles, respectively. HCV-infected mice with hepatocytes from donor C (closed circles, n = 5) or D (open circles, n = 4) were treated daily with 1000 IU/g/day of IFN-alpha for 2 weeks. (B) Changes in mice serum HCV RNA titers measured after 1 and 2 weeks are shown. (C) Intrahepatic ISG expression levels in the IFN-treated mice with donor C (n = 4) or D (n = 3) were measured and expressed relative to GAPDH messenger RNA. Data are reported as mean ± standard deviation. $*P < 0.05$, $**P < 0.01$; NS, not significant.

ISDR, which have been reported to be associated with the outcome of IFN plus ribavirin combination therapy.[8-14] Clones with core aa70 and 91 substitutions showed comparable infection and replication abilities, whereas clones with substitutions in the ISDR showed reduced infectivity and replication rates. It has been reported that patients infected with HCV strains with multiple substitutions in the ISDR have lower viral titers than those with wild-type ISDR, and that these patients respond well to IFN therapy.[8,9] We showed, in this study, that infectivity and replication ability of HCV are apparently impaired in ISDR mutants (Fig. 2A,C). This may explain, at least partially, the better effect of IFN therapy in patients with multiple ISDR mutations. However, why aa substitutions in this particular region are associated with the effect of IFN still remains to be elucidated. In contrast, aa substitutions in the core, which more profoundly affect the outcome of combination therapy,[10-13] did not influence the infectivity and replication ability of the virus (Fig. 2A,B). This suggests that aa substitutions in this region affect response to therapy in a way that is independent of the replication level of the virus. A recent report by Eng et al.[36] showed that a mutation in core aa91 results in the production of minicore protein, which might alter the effect of IFN. The presence of minicore protein and its effect on IFN therapy should be further investigated using the chimeric mouse model.

In contrast to these viral substitutions, host IL28B genotype significantly affected viral replication levels (Figs. 3A and 4A). Curiously, replication levels of the virus are higher in mice with human hepatocytes from donors with rs8099917 TT and rs12979860 CC genotypes, even though these genotypes are associated with successful response to the therapy.[20-22] This result is consistent with clinical observation of higher viral loads in patients with the rs12979860 CC genotype.[20] The favorable IL28B genotype is associated not only with successful response to IFN treatment, but also to spontaneous clearance of the virus.[37,38] However, the incidence of HCV infection was similar in mice with hepatocytes from donors with rs8099917 TT and rs8099917 TG (Figs. 3A and 4A), suggesting that spontaneous clearance was rare. The fact that our animal model was immunodeficient suggests that spontaneous clearance of HCV might require the involvement of the adaptive immune system. The wild-type core protein, aa70, is reported to be found more often in patients with the rs8099917 TT genotype,[23,24] even though patients with this genotype are more likely to be able to eradicate the virus without therapy during

the natural course of infection.[37,38] These data suggest that core aa70 wild-type virus can be eradicated more easily in the natural course of infection, especially in patients with rs8099917 TT or rs12979860 CC genotypes; but once the infection is established, core aa70 wild type replicates more effectively than core aa70 mutant strains.

The effect of IFN on reduction of the virus did not differ between core aa70 wild-type and mutant strains, which showed similar replication levels (Fig. 2D). This is in contrast to clinical observations that the effect of therapy on viral reduction is more prominent in patients with wild-type core protein.[13,25] One of the differences between the mouse model and human patients is term of infection. Long-term HCV infection results in alteration of lipid metabolism and accumulation of lipids in hepatocytes.[39] Patients with fatty change of the liver often fail to respond to therapy.[40] We observed no severe fatty change in mouse livers, suggesting that such long-term change might be absent in this mouse model (data not shown).

On the other hand, the effect of IFN was significantly greater in mice with hepatocytes with the eradication-favorable IL28B genotype (rs8099917 TT and rs12979860 CC) (Figs. 3B and 4B), despite the higher replication rate of the virus. This suggests that the IL28B genotype affects the outcome of therapy based on a different mechanism than viral replication. Because of strong linkage disequilibrium, genotypes of the SNPs around the two IL28B landmark SNPs (rs8099917 and rs12979860) were identical between donors A and C as well as between B and D (data not shown). Further study using human hepatocytes with various IL28B SNP genotypes will identify a primary SNP that directly affects the outcome of therapy. Response to IFN was associated with higher expression levels of ISGs, including MxA, OAS, and PKR (Fig. 4C). This is in agreement with previous studies showing that SVR is associated with stronger induction of ISG expression.[41] However, we observed no statistically significant differences in ISG expression levels from the IL28B SNP genotype before therapy (data not shown). This may result from lower ISG expression levels before therapy and the relatively small number of mice examined. Because there is no adaptive immune system in this mouse model, such differences primarily involve individual hepatocytes, although whether the presence of immune cells enhances this difference should be investigated further.

In summary, we demonstrated that viral infectivity and replication ability are associated with hepatocyte IL28B genotype and are not associated with viral substitutions in the core protein or ISDR. Understanding the mechanism underlying the higher, more prolonged expression of antiviral genes in response-favorable hepatocytes will help us to develop improved therapeutic regimens to eradicate HCV more effectively.

Acknowledgment: We thank Rie Akiyama, Kiyomi Toyota, and Yoko Matsumoto for their expert technical help.

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Malnutrition Impairs Interferon Signaling Through mTOR and FoxO Pathways in Patients With Chronic Hepatitis C

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BACKGROUND & AIMS: Patients with advanced chronic hepatitis C (CH-C) often are malnourished, but the effects of malnutrition on interferon (IFN) signaling and response to treatment have not been determined. We assessed the importance of the nutritional state of the liver on IFN signaling and treatment response. **METHODS:** We studied data from 168 patients with CH-C who were treated with the combination of pegylated-IFN and ribavirin. Plasma concentrations of amino acids were measured by mass spectrometry. Liver gene expression profiles were obtained from 91 patients. Huh-7 cells were used to evaluate the IFN signaling pathway, mammalian target of rapamycin complex 1 (mTORC1), and forkhead box O (FoxO). Antiviral signaling induced by branched-chain amino acids (BCAAs) was determined using the in vitro hepatitis C virus replication system. **RESULTS:** Multivariate logistic regression analysis showed that Fischer's ratio was associated significantly with nonresponders, independent of interleukin-28B polymorphisms or the histologic stage of the liver. Fischer's ratio was correlated inversely with the expression of BCAA transaminase 1, and was affected by hepatic mTORC1 signaling. IFN stimulation was impaired substantially in Huh-7 cells grown in medium that was low in amino acid concentration, through repressed mTORC1 signaling, and increased Socs3 expression, which was regulated by Foxo3a. BCAA could restore impaired IFN signaling and inhibit hepatitis C virus replication under conditions of malnutrition. **CONCLUSIONS: Malnutrition impaired IFN signaling by inhibiting mTORC1 and activating Socs3 signaling through Foxo3a. Increasing BCAAs to up-regulate IFN signaling might be used as a new therapeutic approach for patients with advanced CH-C.**

Keywords: HCV; Liver Disease; Therapy; Diet.

Interferon (IFN) and ribavirin (RBV) combination therapy is a popular modality for treating patients with chronic hepatitis C (CH-C), but approximately 50% of patients usually relapse, particularly those with hepatitis C virus (HCV) genotype 1b and a high viral load.[1]

Recent landmark studies of genome-wide associations identified genomic loci associated with treatment responses to pegylated (Peg)-IFN and RBV combination therapy,[2,3] and a polymorphism in the interleukin (IL)-28B gene was found to predict hepatitis C treatment-induced viral clearance. Moreover, we previously showed that expression of hepatic IFN-stimulated genes (ISGs) was associated with the IL-28B polymorphism and might contribute to the treatment response.[4] In addition to the IL-28B polymorphism, host factors such as fibrosis stage and metabolic status of the liver might be associated with the treatment outcome[4,5]; however, the significance of these factors in conjunction with the IL-28B polymorphism has not been evaluated fully.

In CH-C livers, prolonged liver cell damage, fibrosis development, and microcirculation failure can lead to a state of malnutrition in hepatocytes, resulting in the impairment of multiple metabolic pathways. In patients with advanced stage CH-C, hypoalbuminemia and decreased plasma values for the Fischer's ratio of branched-amino acids (BCAA; leucine, isoleucine, and valine) to aromatic amino acids (tyrosine and phenylalanine) commonly are observed. BCAA are the essential amino acids necessary for ammonium metabolism in muscle when the liver is unable to perform this function. Recent reports have shown that BCAA activates albumin synthesis in rat

Abbreviations used in this paper: BCAA, branched-chain amino acid; BCAT1, branched chain amino-acid transaminase 1; CH-C, chronic hepatitis C; ChIP, chromatin immunoprecipitation; DMEM, Dulbecco's modified Eagle medium; FBE, Foxo binding element; FBEmut, Foxo binding element mutant; FoxO, forkhead box, subgroup O; GLuc, Gaussia luciferase; IFN, interferon; IL, interleukin; ISG, interferon-stimulated genes; mTOR, mammalian target of rapamycin; mTORC1, mammalian target of rapamycin complex 1; NR, no response; PCR, polymerase chain reaction; Peg, pegylated; p-mTOR, phosphorylated form of mammalian target of rapamycin; pS6K, phosphorylated form of p70 S6 protein kinase; pSTAT1, phosphorylated form of signal transducer and activator of transcription 1; Raptor, regulatory associated protein of mTOR; RBV, ribavirin; S6K, p70 S6 protein kinase; siRNA, small interfering RNA; SVR, sustained viral response; TR, transient response.

0016-5085/$36.00
doi:10.1053/j.gastro.2011.03.051

primary hepatocytes[6] and cirrhotic rat liver[7] through mammalian target of rapamycin (mTOR) signaling, a central regulator of protein synthesis, by sensing nutrient conditions.[8] Thus, peripheral amino acid composition is closely related to signaling pathways in the liver.

In addition to metabolic aspects, recent reports have elucidated new functional roles for mTOR in the IFN signaling pathway. Targeted disruptions of tuberous sclerosis 2 and eukaryotic translation initiation factor 4E binding protein 1, which both inhibit mTOR complex 1 (mTORC1) signaling, substantially enhanced IFN-alfa–dependent antiviral responses.[9,10] Therefore, mTORC1 signaling might be involved in the antiviral response as well as in metabolic processes. However, these issues have not yet been addressed in terms of IFN treatment for CH-C. In the present study, therefore, we evaluated the clinical relevance of the nutritional state of the liver, as estimated by the plasma Fischer's ratio, on Peg-IFN and RBV combination therapy. We also evaluated antiviral signaling induced by BCAA using an in vitro HCV replication system.

Materials and Methods

Patients

A total of 168 patients with CH-C at the Graduate School of Medicine at Kanazawa University Hospital (Kanazawa, Japan) and its related hospitals in Japan (Table 1, Supplementary Table 1) were evaluated in the present study. The clinical characteristics of these patients have been described previously.[4] All patients were administered Peg-IFN-alfa 2b (Schering-Plough K.K., Tokyo, Japan) and RBV combination therapy for 48 weeks. The definition of the treatment response was as follows: sustained viral response (SVR), clearance of HCV viremia 24 weeks after the cessation of therapy; transient response (TR), no detectable HCV viremia at the cessation of therapy but relapse during the follow-up period; and no response (NR). Genetic variation of the IL-28B polymorphism at rs8099917 was evaluated in all patients using TaqMan Pre-Designed SNP Genotyping Assays (Applied Biosystems, Carlsbad, CA) as described previously.[4] Gene expression profiling in the liver was performed in 91 patients using the Affymetrix Human 133 Plus 2.0 microarray chip (Affymetrix, Santa Clara, CA) as described previously (Supplementary Table 1).[4]

Plasma Amino Acid Analysis

Amino acid concentrations in plasma samples were measured by high-performance liquid chromatography–electrospray ionization–mass spectrometry, followed by derivatization.[11] Detailed experimental procedures are described in the Supplementary Materials and Methods section.

Culture Medium

Huh-7 and Huh-7.5 cells (kindly provided by Professor C. M. Rice, Rockefeller University, New York, NY) were maintained in Dulbecco's modified Eagle medium (DMEM; Gibco BRL, Gaithersburg, MD) containing 10% fetal bovine serum and 1% penicillin/streptomycin (normal medium). Amino acid-free medium (ZERO medium) was prepared by mixing 5.81 g nutrition-free DMEM (Nacalai Tesque, Kyoto, Japan), 1.85 g $NaHCO_3$, 1 g glucose, and 0.5 mL 1M (mol/L) sodium pyruvate in 500 mL Milli-Q water, then sterilizing with a 0.22-μm filter (Millipore, Billerica, MA). Low amino acid media ($\times$1/5, $\times$1/10, $\times$1/30, and $\times$1/100 DMEM) were prepared by diluting $\times$1 DMEM with ZERO medium. Powdered BCAA (leucine-isoleucine-valine, 2:1:1.2) (Ajinomoto Pharma, Tokyo, Japan) was freshly dissolved with distilled water at 100 mmol/L, then applied to cultured medium at 2 mmol/L, 4 mmol/L, or 8 mmol/L.

Western Blotting and Immunofluorescence Staining

A total of 1.5×10^5 Huh-7 cells were seeded in normal medium 24 hours before performing the experiments. The medium was changed to low-amino-acid medium and maintained for up to 24 hours. Western blotting was performed as previously described.[12] Cells were washed in phosphate-buffered saline (PBS) and lysed in RIPA buffer containing complete Protease Inhibitor Cocktail and PhosSTOP (Roche Applied Science, Indianapolis, IN). The membranes were blocked in Blocking One-P (Nacalai Tesque). The antibodies used for Western blotting are summarized in the Supplementary Materials and Methods section.

For immunofluorescence staining, cells were fixed with 4% paraformaldehyde in PBS, then permeabilized with 0.1% Triton-X 100 in PBS. The primary anti–forkhead box O (Foxo)3a antibody (Abcam, Cambridge, MA) was used at a final concentration of 2 μg/mL in PBS containing 2% fetal bovine serum at 4°C for 16 hours. Incubation with the Alexa Fluor 488–conjugated secondary antibody (Invitrogen, Carlsbad, CA) at a 500-fold dilution in PBS containing 3% fetal bovine serum antibody was performed for 4 hours, and cells were stained with Hoechst 33258 to visualize nuclear DNA (Vector Laboratories, Burlingame, CA).

Quantitative Real-Time Detection Polymerase Chain Reaction

A total of 1.5×10^5 Huh-7 cells were seeded in normal medium 24 hours before performing the experiments. The medium was changed to low-amino-acid medium, to which IFN-alfa and/or BCAA was added, and maintained for 24 hours. Rapamycin treatment (100 nmol/L) was performed for 30 minutes in normal medium before a medium change. RNA was isolated using TriPure isolation reagent (Roche Applied Science), and complementary DNA (cDNA) was synthesized using the High Capacity cDNA reverse transcription kit (Applied Biosystems, Carlsbad, CA). Real-time detection polymerase chain reaction (PCR) was performed using the 7500 Real-Time PCR System (Applied Biosystems) and Power SYBR Green PCR Master Mix (Applied Biosystems) containing specific primers according to the manufacturer's

Table 1. Comparison of Clinical Factors Between Patients With and Without NR

Clinical category	SVR+TR	NR	Univariate *P* value	Multivariate odds (95% CI)	Multivariate *P* value
Patients, n	125	43		—	
Age and sex					
Age, y	57 (30–72)	56 (30–73)	.927	—	
Sex, male vs female	68 vs 57	24 vs 19	.872	—	
Liver histology					
F stage (F1–2 vs F3–4)	95 vs 30	20 vs 23	.001	6.35 (2.02–23.7)	.001
A grade (A0–1 vs A2–3)	68 vs 57	19 vs 24	.248	—	
Host gene factors					
IL-28B (TT vs TG/GG)[a]	109 vs 12	12 vs 31	<.001	19.7 (5.74–82.7)	<.001
ISGs (Mx, IFI44, IFIT1), (<3.5 vs ≥3.5)	103 vs 22	12 vs 31	<.001	5.26 (1.65–17.6)	.005
Metabolic factors					
BMI, kg/m^2	23.2 (16.3–34.7)	23.4 (19.5–40.6)	.439	—	
TG, mg/dL	98 (30–323)	116 (45–276)	.058	—	
T-Chol, mg/dL	167 (90–237)	160 (81–214)	.680	—	
LDL-Chol, mg/dL	82 (36–134)	73 (29–123)	.019	—	
HDL-Chol, mg/dL	42 (20–71)	47 (18–82)	.098	—	
FBS, mg/dL	94 (60–291)	96 (67–196)	.139	—	
Insulin, μU/mL	6.6 (0.7–23.7)	6.8 (2–23.7)	.039	—	
HOMA-IR	1.2 (0.3–11.7)	1.2 (0.4–7.2)	.697	—	
Fischer ratio	2.3 (1.5–3.3)	2.1 (1.5–2.8)	.005	8.91 (1.62–55.6)	.011
Other laboratory parameters					
AST level, IU/L	46 (18–258)	64 (21–283)	.017	—	
ALT level, IU/L	60 (16–376)	82 (18–345)	.052	—	
γ-GTP level, IU/L	36 (4–367)	75 (26–392)	<.001	—	
WBC, /mm^3	4800 (2100–11100)	4800 (2500–8200)	.551	—	
Hb level, g/dL	14 (9.3–16.6)	14.4 (11.2–17.2)	.099	—	
PLT, ×104/mm^3	15.7 (7–39.4)	15.2 (7.6–27.8)	.378	—	
Viral factors					
ISDR mutations ≤1 vs ≥2	80 vs 44	34 vs 9	.070	4.12 (1.25–15.9)	.019
HCV-RNA, KIU/mL	2300 (126–5000)	1930 (140–5000)	.725	—	
Treatment factors					
Total dose administered					
Peg-IFN, μg	3840 (960–7200)	3840 (1920–2880)	.916	—	
RBV, g	202 (134–336)	202 (36–336)	.531	—	
Achieved administration rate					
Peg-IFN, %					
≥80%	84	28	.975	—	
<80%	42	14			
RBV (%)					
≥80%	76	24	.745	—	
<80%	50	18			
Achievement of EVR	101/125 (81%)	0/43 (0%)	<.001	—	

BMI, body mass index; CI, confidence interval; FBS, fasting blood sugar; γ-GTP, gamma-glutamyl transpeptidase; Hb, hemoglobin; HDL-chol, high density lipoprotein cholesterol; LDL-chol, low density lipoprotein cholesterol; PLT, platelets; T-chol, total cholesterol; TG, triglycerides; WBC, leukocytes.

[a]IL-28B SNP at rs8099917.

instructions. The primer sequence for real-time detection PCR is given in the Supplementary Materials and Methods section. HCV RNA was detected as described previously[12] and expression was standardized to that of glyceraldehyde-3-phosphate dehydrogenase.

Reporter Assay

Construction of the interferon stimulated response element (ISRE)-luc reporter plasmid and Socs3-luc or Socs3 (FoxO binding element mutant [FBEmut])-luc reporter plasmids is described in the Supplementary Materials and Methods section.

Huh-7 cells were transfected with the ISRE-luc reporter plasmid 24 hours before IFN-alfa treatment. Cells were treated with IFN-alfa (0 or 100 U/mL) and BCAA (2 mmol/L) in low-amino-acid media. After 24 hours, luciferase activities were measured using the Dual Luciferase assay system (Promega, Madison, WI). For Socs3 promoter activities, Huh-7 cells were transfected with Socs3-luc or Socs3 (FBEmut)-luc reporter plasmids together with the Foxo3a expression plasmid, and luciferase activities were measured after 24 hours. Values were normalized to the luciferase activity of the co-transfected pGL4.75 Renilla luciferase-expressing plasmid (Promega).

Knockdown Experiments

Huh-7 cells were transfected with Ctrl (Stealth RNAi Negative Control Low GC Duplex #2; Invitrogen) or

targets (regulatory associated protein of mTOR [Raptor] and Foxo3a) (Supplementary Materials and Methods) small interfering RNA (siRNA) using Lipofectamine RNAiMAX reagent (Invitrogen) according to the manufacturer's instructions. After 48 hours, cells were cultured in normal or low-amino-acid media for a further 24 hours. The knockdown effect was confirmed by Western blotting.

Chromatin Immunoprecipitation Assay

Detailed experimental procedures are described in the Supplementary Materials and Methods section.

HCV Replication Analysis

pH77S3 is an improved version of pH77S, a plasmid containing the full-length sequence of the genotype 1a H77 strain of HCV with 5 cell culture-adaptive mutations that promote its replication in Huh-7 hepatoma cells.[13] pH77S.3/Gaussia luciferase (GLuc)2A is a related construct in which the GLuc sequence, fused to the 2A autocatalytic protease of foot-and-mouth virus RNA, was inserted in-frame between p7 and NS2[14] (Supplementary Materials and Methods). A signal sequence in GLuc directs its secretion into cell culture media, allowing real-time, dynamic measurements of GLuc expression to be performed without the need for cell lysis.

A 10-μg aliquot of synthetic RNA transcribed from pH77S.3/GLuc2A was used for electroporation. Cells were pulsed at 260 V and 950 μF using the Gene Pulser II apparatus (Bio-Rad Laboratories, Hercules, CA) and plated in fresh normal medium for 12 hours to recover. Cell medium was changed to ×1 DMEM without serum for 8 hours, then changed to low-amino-acid medium containing 0–8 mmol/L BCAA for a further 24 hours. Cells and culture medium were collected and used for GLuc assays, real-time detection PCR, and Western blotting. The number of viable cells was determined by a (3-[4,5-dimethylthiazol-2-yl]-5-[3-carboxymethoxyphenyl]-2-[4-sulfophenyl] -2H-tetrazolium, inner salt) assay (Promega).

Continuously JFH-1–infecting Huh-7 cells were obtained by the infection of Huh-7 cells with JFH-1 cell culture-derived HCV at a multiplicity of infection of 0.01. Cells were maintained in normal medium by passaging every 3–4 days for approximately 6 months. About 20%–30% of the cells consistently were positive for HCV core protein (Supplementary Figure 4). Culture medium of JFH-1–infecting Huh-7 cells was changed to the low-amino-acid medium containing 0–8 mmol/L BCAA for 24 hours. Cells then were collected and used for assays.

Statistical Analysis

Results are expressed as mean ± standard deviation. Significance was tested by 1-way analysis of variance with the Bonferroni method, and differences were considered statistically significant at a P value of less than .05.

Results

Fischer's Ratio as a Predictive Factor for Treatment Response

The clinical characteristics of patients who received Peg-IFN and RBV combination therapy are shown in Table 1 and Supplementary Table 1, and explanations of these characteristics have been described previously.[4] All patients were infected with HCV genotype 1b and had a high viral load (>100 IU/mL). We compared patients with SVR + TR against those with NR, as assessed by the overall plausibility of treatment response groups using Fisher's C statistic as previously described.[4] We included data on the IL-28B polymorphism and plasma amino acid composition (aminogram).

Univariate regression analysis showed that no single amino acid was associated significantly with treatment response; however, using Fischer's ratio, the BCAA (Ile+Leu+Val)/aromatic amino acids (Phe+Tyr) ratio was associated significantly with treatment response (P = .005) (Table 1). Of the 121 patients with IL-28B major type, SVR, TR, and NR were observed in 53%, 37%, and 10%, respectively, and among 33 patients with IL-28B minor type, SVR, TR, and NR were observed in 15%, 17%, and 68%, respectively (P < .001) (data not shown). Fischer's ratio of SVR, TR, and NR was 2.35 ± 0.38, 2.30 ± 0.29, and 2.10 ± 0.31, respectively (P < .015) (data not shown).

We selected IL-28B polymorphism, hepatic ISG expression, fibrosis stage, HCV RNA, interferon sensitivity determining region mutation, and Fischer's ratio as factors for multivariate analysis. Multivariate analysis revealed that the minor type of IL-28B polymorphism (TG or GG at rs8099917) (odds ratio, 19.7; P < .001), advanced fibrosis stage of the liver (F3–4) (odds ratio, 6.35; P = .001), high hepatic ISGs (≧3.5) (odds ratio, 5.26; P = .005), low Fischer's ratio (continuous range, 1.5–3.3) (unit odds, 8.91; P = .011), and presence of ISDR mutation (≦1) (odds ratio, 4.12; P = .019) independently contributed to NR (Table 1).

The distribution of the Fischer's ratio according to fibrosis stage is shown in Supplementary Figure 1. The ratio decreased significantly in advanced fibrosis stage (F3–4) compared with early fibrosis stage (F1). No significant association between major or minor type of IL-28B polymorphism and different fibrosis stages of the liver was observed (Supplementary Figure 1*A*). In early fibrosis (F1–2) (Supplementary Figure 1*B*), 90% (80 of 89) of SVR+TR cases had the major type of IL-28B polymorphism, and 94% (16 of 17) of NR cases had the minor type. However, in the advanced fibrosis stage of the liver (F3–4) (Supplementary Figure 1*C*), 85% (23 of 27) of SVR+TR cases had the major type of IL-28B polymorphism and 50% (10 of 20) of NR cases had the minor type. Thus, in advanced fibrosis stages, factors other than the IL-28B polymorphism appear to contribute to NR. Interestingly, the Fischer's ratio was significantly lower in NR patients than SVR+TR pa-

tients in the advanced fibrosis stage of the liver. Therefore, Fischer's ratio could be an important predictor for NR that is independent of IL-28B polymorphism and histologic stage of the liver.

Fischer's Ratio and mTORC1 Signaling in CH-C Livers

Hepatic gene expression in 91 of 168 patients (Supplementary Table 1) was obtained using Affymetrix genechip analysis as described previously.[4] To examine the relationship between the plasma Fischer's ratio and mTORC1 signaling in the liver we evaluated the expression of key regulatory genes related to mTORC1 signaling. We found that expression of branched chain amino-acid transaminase 1 (BCAT1), an important catalytic enzyme of BCAA, was significantly negatively correlated with Fischer's ratio (Figure 1*A*). This indicates that the plasma Fischer's ratio is regulated in the liver as well as in peripheral muscle. Interestingly, the expression of c-myc, a positive regulator of BCAT1 (Figure 1C),[15] was correlated negatively with the Fischer's ratio (Figure 1*B*). The expression of PDCD4, a negative transcriptional target of ribosomal p70 S6 protein kinase (S6K), downstream of mTORC1, was correlated significantly with BCAT1 (Figure 1*D* and *E*). Thus, in CH-C livers, BCAT1 is induced with progressive liver disease and mTORC1 signaling is repressed, a process that might involve c-myc. Fischer's ratio of the plasma therefore can be seen to reflect mTORC1 signaling in the liver.

Impaired IFN Signaling in Huh-7 Cells Grown in Low-Amino-Acid Medium

Recent reports have shown the functional relevance of mTOR on IFN signaling and antiviral responses.[9,10] To evaluate IFN-alfa signaling and the mTOR pathway, we used Huh-7 cells grown in different amino acid conditions (×1 DMEM, ×1/5 DMEM, ×1/30 DMEM, and ×1/100 DMEM). The phosphorylated forms of mTOR (p-mTOR) and S6K (pS6K), an important downstream regulator of mTORC1 signaling, were decreased substantially in ×1/30 DMEM and ×1/100 DMEM (Figure 2*A*). Interestingly, the expression of the phosphorylated form of signal transducer and activator of transcription 1 (pSTAT1), an essential transducer of type 1 IFN signaling, also was decreased in these conditions (Figure 2*A*). Similarly, the expression of p-mTOR and pSTAT1 was repressed significantly in CH-C livers with a low Fischer's ratio compared with those with a high Fischer's ratio (Supplementary Figure 2, Supplementary Table 2).

To examine whether decreased pSTAT1 expression might be owing to repressed mTORC1 signaling, we knocked down the expression of Raptor, a specific subunit of mTORC1. We achieved more than 50% knockdown of Raptor by specific siRNA (Figure 2*B*). Under these conditions, the expression of p-mTOR and pSK6 were repressed, which is consistent with previous reports.[16] The expression of pSTAT1 also was repressed after Raptor knockdown (Figure 2*B*).

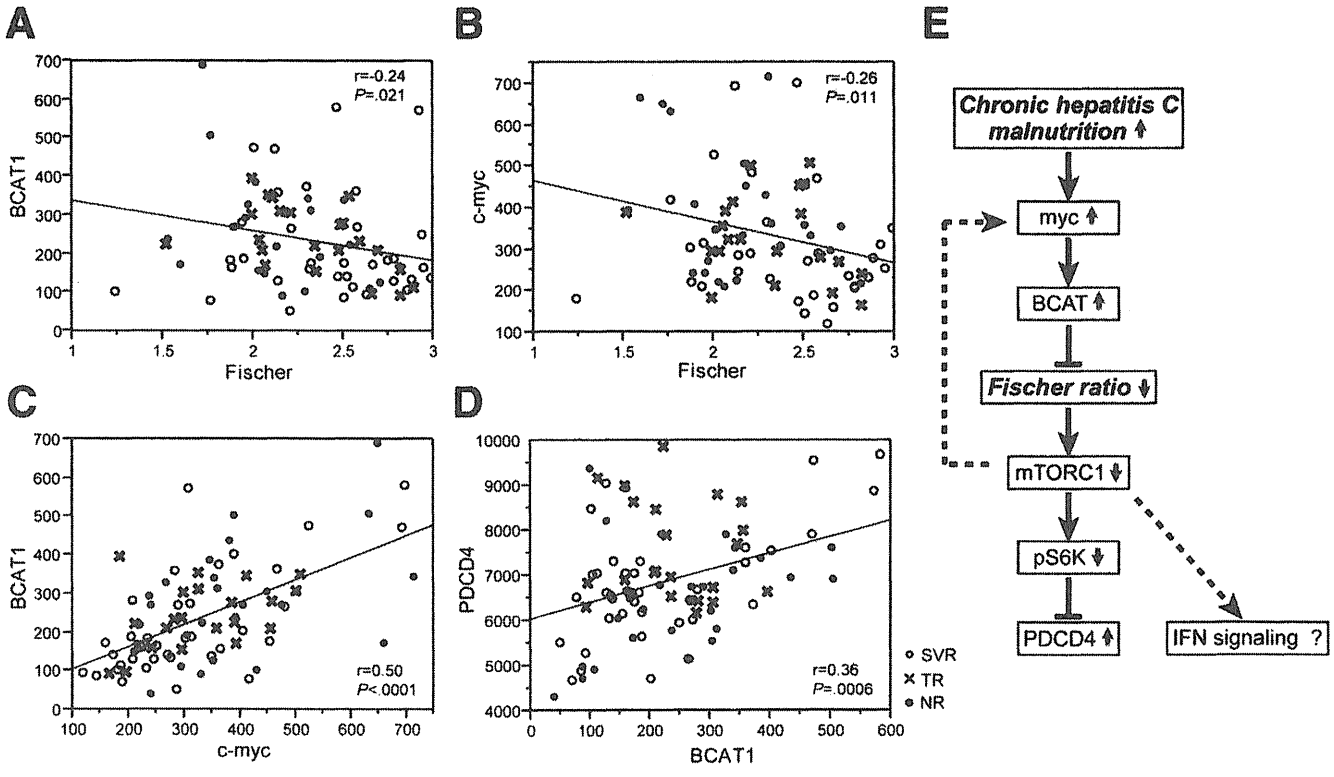

Figure 1. Regression analysis of mTORC1-related gene expression in liver. Gene expression values were determined by probe intensities. (*A*) BCAT1 and Fischer's ratio. (*B*) c-myc and Fischer's ratio. (*C*) BCAT1 and c-myc. (*D*) PDCD4 and BCAT1. (*E*) Putative signaling of mTORC1-related genes in CH-C.

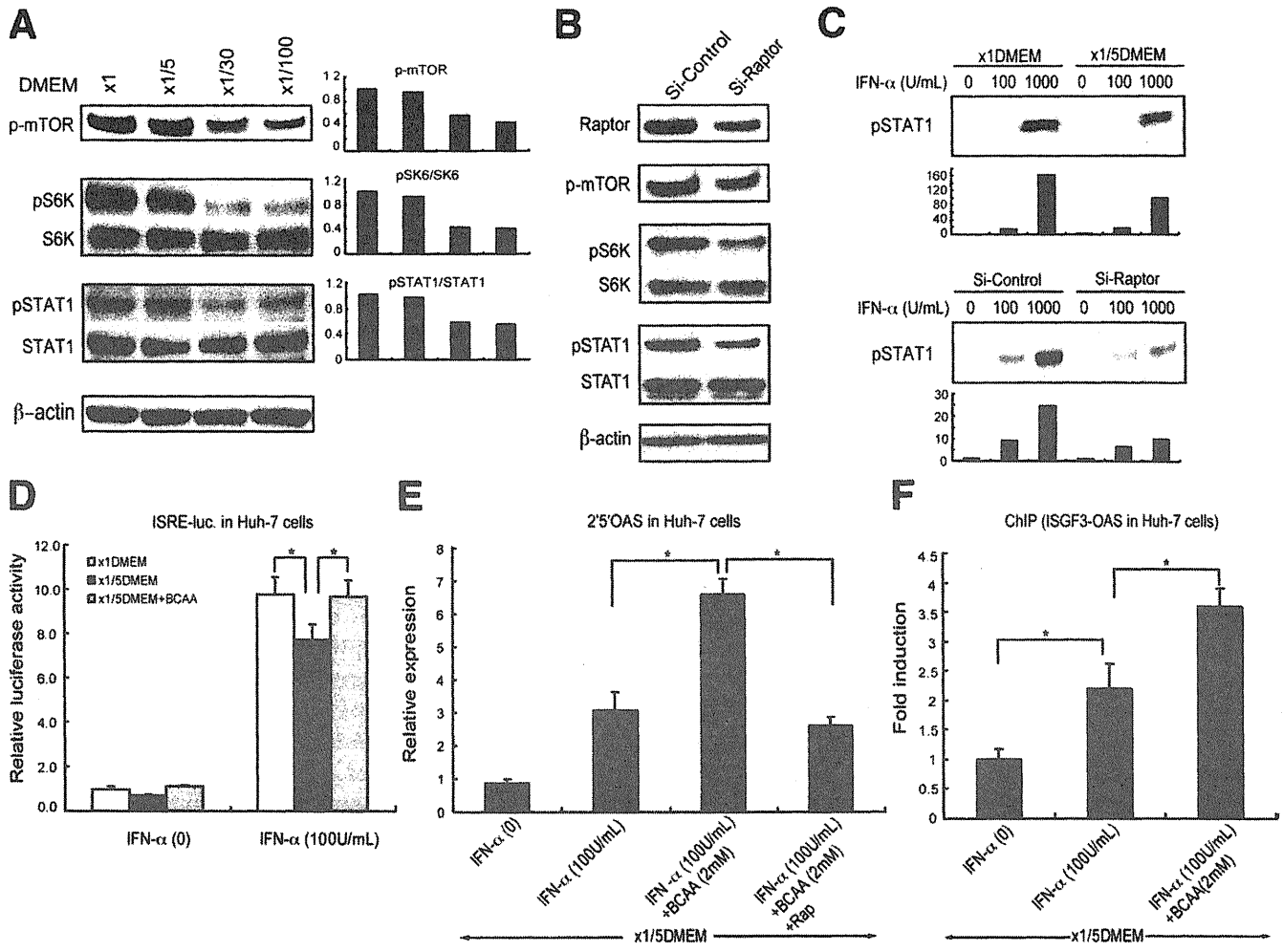

Figure 2. mTORC1 and IFN signaling in Huh-7 cells in low-amino-acid medium. (*A*) p-mTOR, pS6K, and pSTAT1 expression in different amino acid media. (*B*) p-mTOR, pS6K, and pSTAT1 expression under Raptor knock-down conditions. (*C*) IFN-alfa stimulation and pSTAT1 expression in low-amino-acid media or under Raptor knock-down conditions. (*D*) IFN-alfa stimulation and ISRE reporter activities in normal and low-amino-acid media. (*E*) IFN-alfa stimulation and 2'5'OAS expression supplemented with BCAA or rapamycin in low-amino-acid medium. (*F*) Chromatin immunoprecipitation of 2'5'OAS promoter region by ISGF3γ.

The induction of pSTAT1 by IFN-alfa (1000 U/mL) stimulation was impaired in ×1/5 DMEM or in Raptor knocked-down condition, compared with the control (Figure 2*C*). Consistent with these results, IFN-alfa–induced ISRE-dependent transcriptional activity, as measured using an ISRE-luciferase reporter assay, was impaired significantly in ×1/5 DMEM compared with ×1 DMEM (Figure 2*D*). However, this activity could be rescued by the addition of 2 mmol/L BCAA (Figure 2*D*). These results were confirmed by determining the expression of the endogenous IFN-alfa responsive gene, 2'5'OAS, using quantitative reverse-transcription PCR. Figure 2*E* shows that BCAA treatment augmented 2'5'OAS expression in low levels of amino acids, and that this could be reversed by the addition of rapamycin, an inhibitor of mTORC1 (Figure 2*E*). Furthermore, chromatin immunoprecipitation (ChIP) experiments revealed that transcriptional augmentation by BCAA was mediated by the binding of the IFN-alfa–inducible transcription factor, ISGF3γ, to the promoter region of 2'5'OAS (Figure 2*F*). These results indicate that amino acids in culture media play an essential role in IFN-alfa signaling through mTORC1 signaling, and that the addition of BCAA can overcome impaired IFN-alfa signaling in Huh-7 cells.

Induction of Socs3 in Low-Amino-Acid Medium in Huh-7 Cells

Besides being involved in mTOR signaling, Foxo transcriptional factors mediate another important branch of nutrition-sensing signaling pathway.[17] Therefore, we evaluated forkhead box O3A (Foxo3a) expression in low-amino-acid conditions in Huh-7 cells. After 6 hours culture in ×1/5, ×1/30, and ×1/100 DMEM, expression of the phosphorylated form of Foxo3a (pFoxo3a) decreased, whereas that of total Foxo3a increased in ×1/5 and ×1/30 DMEM, and the ratio of pFoxo3a to Foxo3a (pFoxo3a/Foxo3a) substantially decreased (Figure 3*A* and *B*). It has been reported that dephosphorylated Foxo3a is translocated to the nucleus before activation of its target genes.[18] In the present study, immunofluorescent staining

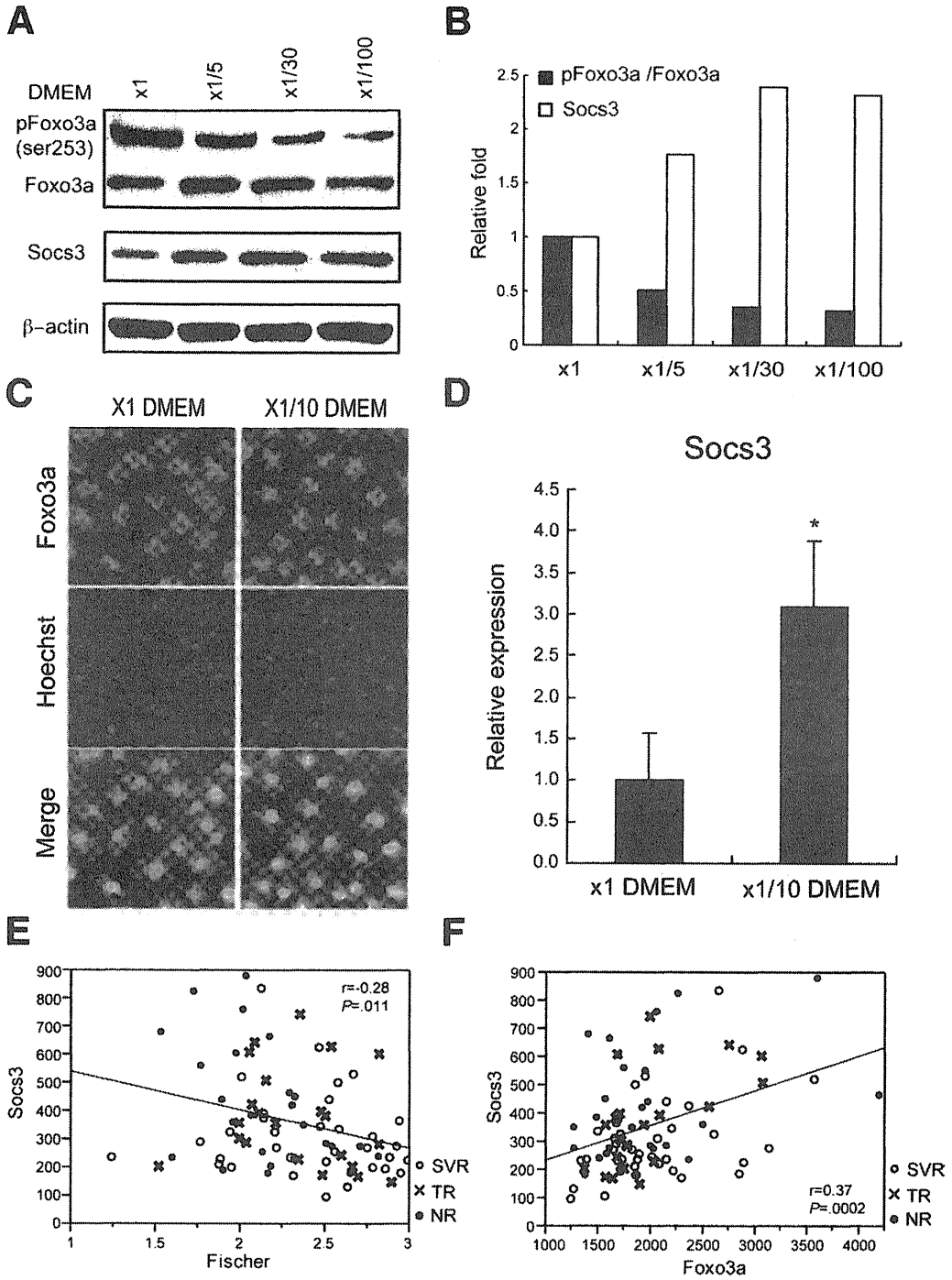

Figure 3. Foxo3a and Socs3 signaling in Huh-7 cells in low-amino-acid medium. (*A*) Foxo3a and Socs3 expression in different amino acid media. (*B*) Relative change of pFoxo3a/Foxo3a and Socs3 expression in different amino acid media. (*C*) Immunofluorescence staining of Foxo3a in Huh-7 cells in normal and low-amino-acid media. (*D*) Relative change of Socs3 messenger RNA in Huh-7 cells in normal and low-amino-acid media. (*E*) Regression analysis of Socs3 in liver and Fischer's ratio. (*F*) Regression analysis of Socs3 and Foxo3a in liver.

with an anti-Foxo3a antibody showed that Foxo3a diffused in both the cytoplasm and nucleus in normal amino acid medium, but localized in the nucleus in low-amino-acid medium (×1/10 DMEM) (Figure 3*C*).

Interestingly, in low-amino-acid medium, transcription and protein expression of Socs3 increased significantly (Figure 3*A*, *B*, and *D*). The induction of Socs3 in a state of malnutrition also was confirmed in clinical samples. In CH-C livers there was a significant negative correlation between the plasma Fischer's ratio and Socs3 expression, implying that Socs3 expression increases during the malnutrition state induced by CH-C. There was also a significant correlation between Foxo3a and the transcriptional level of Socs3 in CH-C livers (Figure 3*E* and *F*), suggesting an in vitro and in vivo biological role for Foxo3a in the activation of Socs3 expression. These findings also were confirmed by Western blotting of CH-C livers (Supplementary Figure 2, Supplementary Table 2).

Socs3 Is a Transcriptional Target of Foxo3a

The significant correlation between Socs3 and Foxo3a in CH-C livers prompted us to analyze the Socs3 promoter sequence and, in doing so, we identified a putative Foxo binding element (FBE) (Figure 4*A*). To investigate the functional relevance of Foxo3a in the transcriptional regulation of Socs3, we constructed reporter plasmids containing a luciferase coding region fused to the Socs3 promoter region (Socs3-luc). Socs3-luc promoter activity was increased substantially by the overexpression of Foxo3a (Figure 4*B*). The mutations introduced in the putative FBE (FBEmut) in the Socs3 promoter significantly reduced Foxo3a-induced Socs3 promoter activation (Figure 4*B*).

Foxo3a then was knocked down by siRNA and Socs3 induction was evaluated. After suppression of Foxo3a (Supplementary Figure 3), Socs3 promoter activity was repressed significantly in low-amino-acid medium (×1/10 DMEM) (Figure 4*C*). Thus, Foxo3a appears to be indispensable for activating the Socs3 promoter under low-amino-acid conditions. Correlating with these results, ChIP assays using an anti-Foxo3a antibody showed a significant increase in the association between Foxo3a and the FBE of the Socs3 promoter in low-amino-acid conditions (×1/10 DMEM) (Figure 4*D*). Taken together, these results suggest that, besides mTORC1 signaling, the Foxo3a-mediated Socs3 signaling pathway might contribute to impaired IFN signaling in a state of malnutrition in CH-C. BCAA potentially restores this signaling (Figure 4*E*).

Effect of BCAA on HCV Replication in Huh-7 or Huh-7.5 Cells

Based on the earlier-described results, we used 2 HCV in vitro replication systems to examine whether BCAA affects HCV replication in Huh-7 or Huh-7.5 cells. The first system used a recombinant infectious genotype 1a clone, H77S.3/GLuc2A (Supplementary Materials and Methods, Supplementary Figure 4), including reporter genes, whereas the second used continuously JFH-1–infecting Huh-7 cells (Supplementary Materials and Methods).

The synthetic RNA transcribed from pH77S.3/GLuc2A was introduced into Huh-7.5 cells and replication of H77S.3/GLuc2A was evaluated in normal or low-amino-acid medium supplemented with BCAA. H77S.3/GLuc2A increased significantly by 2.6-fold in Huh-7.5 cells grown in low-amino-acid medium (×1/5 DMEM) compared with normal amino acid medium (×1 DMEM). Interestingly, BCAA repressed H77S.3/GLuc2A replication in a dose-dependent manner (Figure 5*A*). In agreement with these results, the expression of Mx-1 was increased significantly by the addition of BCAA (Figure 5*B*). Similar findings were observed in JFH-1–infecting Huh-7 cells (Materials and Methods, Supplementary Figure 4). Although no obvious increase in HCV replication was observed in low-amino-acid medium (×1/5 DMEM) compared with normal amino acid medium (×1 DMEM), JFH-1 replication was repressed significantly by the addition of BCAA in a dose-dependent manner (Figure 5*D*). The expression of Mx-1 was increased substantially by the addition of BCAA (Figure 5*E*), suggesting that BCAA significantly repressed HCV replication in cells with either naive or persistent HCV infection. Importantly, there were no significant differences in cell viability between the conditions (Figure 5*C* and *F*).

To validate these findings, signaling pathways in HCV replicating cells were examined (Figure 6*A* and *B*). BCAA increased pS6K in a dose-dependent manner, implying its involvement in the activation of mTORC1 signaling. Related to this, expression of pSTAT1 was shown to be increased and the ratio of pSTAT1 to total STAT1 (pSTAT1/STAT1) increased 2.5- to 3-fold after the addition of BCAA. Thus, BCAA activated mTORC1 and the JAK-STAT signaling pathway in HCV-infected cells. In addition, the expression ratio of pFoxo3a to total Foxo3a (pFoxo3a/Foxo3a) increased 3- to 4-fold, indicating an increase in the cytoplasmic form of Foxo3a that is exposed to proteasome degradation. Concordant with these findings, we observed a decrease in the expression of Socs3. In addition, expression of the HCV core protein decreased as shown in Figure 6*A* and *B*. Thus, these results clearly show that BCAA repressed HCV replication through activation of IFN signaling and repression of Socs3-mediated IFN inhibitory signaling, as proposed in Figure 4*E*.

Discussion

Thompson et al[5] showed that the IL-28B polymorphism, HCV RNA, nationality (Caucasian/Hispanic vs African American), hepatic fibrosis stage, and fasting blood sugar level are all significant variables for achieving SVR in patients infected with genotype 1 HCV. However, the significance of variable factors for treatment response in conjunction with the IL-28B polymorphism has not been evaluated fully. In the present study, in addition to previously examined variables,[4] we included the plasma Fischer's ratio as a nutritional parameter. Multivariate analysis showed that the minor type of IL-28B polymorphism, advanced fibrosis stage, high hepatic ISGs, low Fischer's ratio, and ISDR mutation (≤1) independently contributed to NR (Table 1). Interestingly, among patients of similar fibrosis stage (F3–4), the Fischer's ratio was significantly lower in NR than SVR+TR cases. Therefore, the plasma value of Fischer's ratio was associated with the treatment response that was independent of the IL-28B polymorphism and histologic stage of the liver, although patients with advanced hepatic fibrosis are likely to be nutritionally affected.

As a nutrient sensor signaling pathway, the protein kinase mTOR plays an essential role in maintaining homeostasis and regulates protein synthesis in response to nutrient conditions. mTOR is the catalytic subunit of 2 distinct complexes, mTORC1 and mTORC2. In addition

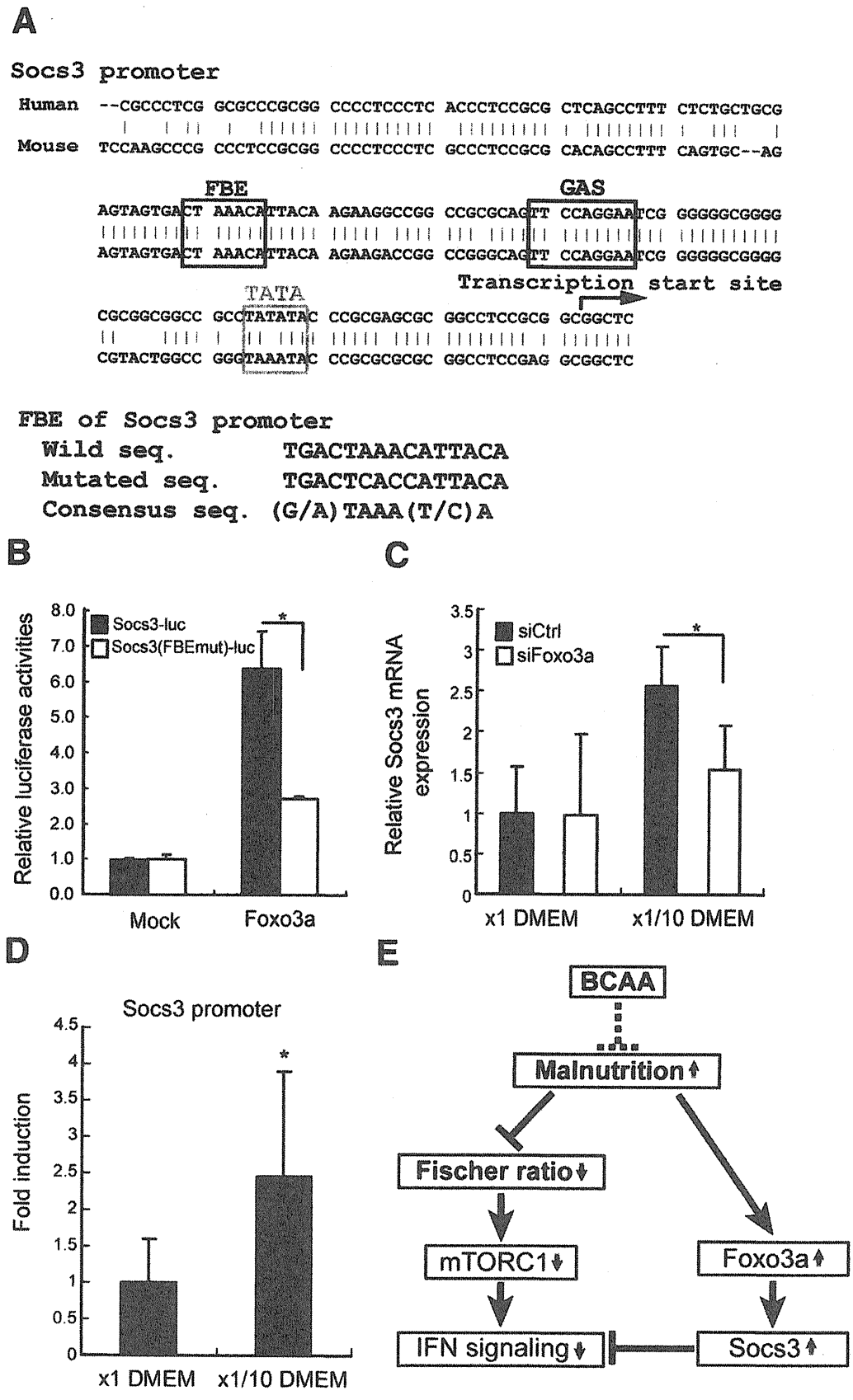

Figure 4. Socs3 promoter assay. (*A*) Primary structure of putative Foxo binding element in Socs3 promoter region. (*B*) Socs3-luc and Socs3 (FBEmut)-luc activities after overexpression of Foxo3a in Huh-7 cells. (*C*) Relative Socs3 messenger RNA (mRNA) expression after knockdown of Foxo3a in normal and low-amino-acid media. (*D*) Chromatin immunoprecipitation of Socs3 promoter region by Foxo3a in normal and low-amino-acid media. (*E*) Model of impaired IFN signaling by repressed mTORC1 signaling and increased Socs3 signaling under CH-C state of malnutrition.

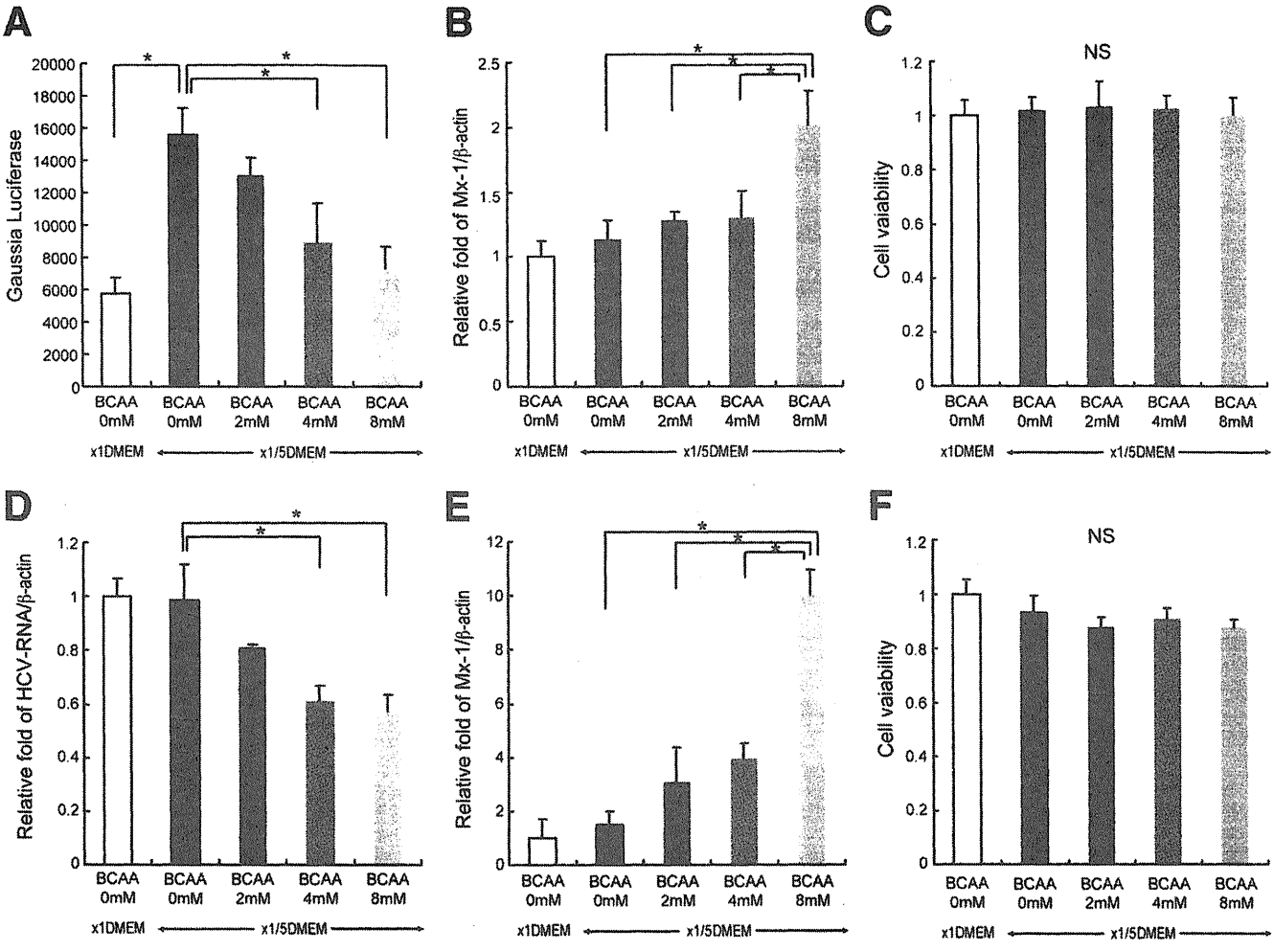

Figure 5. Effect of BCAA on HCV replication in cells in low-amino-acid medium. (*A*) Effect of BCAA on H77S.3/GLuc2A replication in Huh-7.5 cells. (*B*) Mx-1 expression in H77S.3/GLuc2A-transfected Huh-7.5 cells supplemented with BCAA. (*C*) Viability of Huh-7.5 cells. (*D*) Effect of BCAA on JFH-1 replication continuously infecting Huh-7 cells. (*E*) Mx-1 expression in continuously JFH-1–infecting Huh-7 cells supplemented with BCAA. (*F*) Viability of Huh-7 cells.

to these metabolic aspects, recent reports have shown that mTORC1 participates in IFN signaling and antiviral defense responses,[9,10] although the precise signaling pathway has not yet been clarified. In the present study, we evaluated mTORC1 signaling in CH-C livers using gene expression profiling of 91 patients (Figure 1, Supplementary Table 1). We observed a significant negative correlation between plasma Fischer's ratio and hepatic expression of BCAT1, an important catalytic enzyme of BCAA (Figure 1*A*). Moreover, BCAT1 expression was correlated positively with PDCD4 expression, which in turn is regulated negatively by pS6K at the transcriptional level (Figure 1*D*).[16] Thus, the expression of BCAT1 appears to be a negative indicator of mTORC1 signaling in the liver, and the plasma Fischer's ratio is partially reflected by mTORC1 signaling in the liver and muscle.

Interestingly, the expression of c-myc was correlated significantly with BCAT1 (Figure 1C) as reported previously.[15] Several studies observed up-regulated c-myc expression in advanced stages of CH-C[19] but, on the other hand, c-myc recently was shown to be a target of mTORC1 in hepatic cells.[17] The existence of a feedback mechanism between c-myc and mTORC1 signaling to maintain liver homeostasis (Figure 1*E*) is plausible, although the precise mechanisms need to be confirmed.

Impaired mTORC1 signaling is suggested to affect the IFN-alfa–induced signaling pathway. To address this, the relationship between mTORC1 and IFN signaling was assessed using a cell culture system. In low-amino-acid medium (×1/5, ×1/30, and ×1/100 DMEM), expression of pSTAT1 was decreased substantially, correlating with the impaired mTORC1 signaling represented by decreased p-mTOR and pS6K expression in Huh-7 cells (Figure 2*A*).

The relationship between mTORC1 and IFN signaling was confirmed further by the knock-down experiment of Raptor, a specific subunit of mTORC1 (Figure 2*B*), although a more precise analysis should be performed to confirm this relationship. Importantly, when Huh-7 cells were stimulated by IFN-alfa, pSTAT1 induction was repressed significantly in low-amino-acid medium (×1/5 DMEM) or in Raptor knocked-down conditions (Figure 2*C*). It therefore could be speculated that IFN treat-

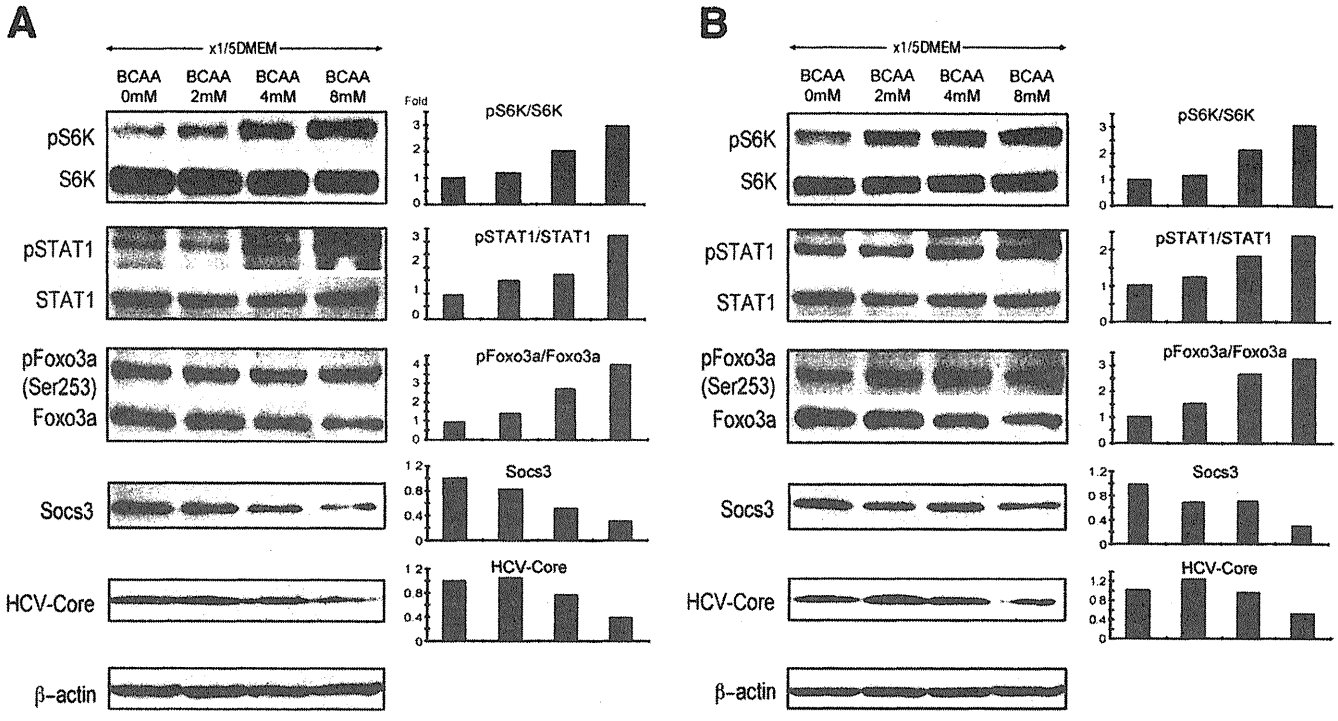

Figure 6. Expression of S6K, STAT1, Foxo3a, Socs3, and HCV core in H77S.3/GLuc2A-transfected Huh-7.5 cells or continuously JFH-1–infecting Huh-7 cells supplemented with BCAA.

ment of patients with liver malnutrition and impaired mTORC1 signaling would lead to reduced induction of ISGs. Importantly, BCAA was able to restore impaired IFN signaling through increased binding of ISGF3γ to its targets (Figure 2*D–F*).

Besides cross-talk of mTORC1 and IFN signaling, we revealed that Foxo3a also is involved in the IFN inhibitory pathway. In low-amino-acid medium, expression of pFoxo3a (ser253) was decreased substantially whereas that of Socs3 was increased. A decreased pFoxo3a/Foxo3a ratio indicates nuclear accumulation of Foxo3a before activation of its target genes, and this was confirmed by immunofluorescent staining (Figure 3*C*). The expression of Foxo3a was significantly positively correlated with that of Socs3 in CH-C liver (Figure 3*F*). These findings prompted us to identify a putative FBE in the Socs3 promoter region (Figure 4*A*). In fact, Socs3 promoter reporter activity was activated by overexpression of Foxo3a, and mutation of FBE impaired Foxo3a-dependent Socs3 promoter activation. Conversely, induction of Socs3 was not observed when expression of Foxo3a was knocked down by siRNA in low-amino-acid medium. Socs3 induction in low-amino-acid medium was owing to increased binding of Foxo3a to the FBE, which was confirmed by ChIP (Figure 4*D*). Therefore, in addition to impaired mTORC1 signaling, the Foxo3a-mediated Socs3 IFN inhibitory pathway might be involved in impaired IFN signaling in patients with liver malnutrition (Figure 4*E*).

Finally, we examined whether BCAA could restore impaired IFN signaling and inhibit HCV replication in cells under conditions of malnutrition. Importantly, BCAA could repress replication of the recombinant genotype 1a-derived HCV, H77S.3/GLuc2A, in a dose-dependent manner (Figure 5*A*). H77S.3/GLuc2A RNA produces infectious virus[14] and, therefore, the results indicate that BCAA might act on a naive HCV infection. Moreover, BCAA inhibited JFH-1–infected Huh-7 cells in which JFH-1 continuously was infecting in a dose-dependent manner. These results indicate that BCAA had an inhibitory effect on either naive or persistent HCV infection irrespective of genotypes (1a and 2a). Consistent with these results, BCAA induced the expression of pSTAT1 and Mx protein in a dose-dependent manner, and repressed Socs3 expression through increasing the ratio of pFoxo3a (ser243) to Foxo3a in a dose-dependent manner (Figures 5 and 6). Therefore, BCAA potentially could restore impaired IFN signaling and inhibit HCV replication in a CH-C state of malnutrition.

In conclusion, we addressed the clinical significance of the nutritional state of the liver on the treatment response of Peg-IFN and RBV combination therapy for CH-C. Although further studies are required to fully define the precise mechanisms underlying mTOR and IFN signaling, we showed that plasma values of Fischer's ratio are a useful nutritional parameter associated with treatment response. Fischer's ratio reflects mTORC1 signaling in the liver, which is correlated with IFN signaling and related to Socs3 IFN inhibitory signaling through Foxo3a. The potential usefulness of BCAA for the augmentation of IFN signaling could suggest a new therapeutic application for advanced-stage CH-C.

Supplementary Material

Note: To access the supplementary material accompanying this article, visit the online version of *Gastroenterology* at www.gastrojournal.org, and at doi: 10.1053/j.gastro.2011.03.051.

Appendix A

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Received October 19, 2010. Accepted March 18, 2011.

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Acknowledgments

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The authors thank Mina Nishiyama and Yuki Hatayama for excellent technical assistance.

Conflicts of interest

The authors disclose no conflicts.