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Original Article

Changes in hepatitis C viral load during first 14 days can predict the undetectable time point of serum viral load by pegylated interferon and ribavirin therapy

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Aim: In the treatment of chronic hepatitis C, pegylated interferon (PEG-IFN) and ribavirin combination therapy must be continued for an adequate duration to improve the rate of sustained virological response. We attempted to predict the time point at which serum hepatitis C virus (HCV) RNA are undetectable during combination therapy.

Methods: Patients with HCV genotype 1b were enrolled in a model preparation ($n = 35$) and a validation group ($n = 70$). All patients received PEG-IFN-α-2b/ribavirin combination therapy for at least 48 weeks, and serological samples were screened a minimum of 17 times during the therapy. Serum HCV RNA were measured by the Abbott RealTime HCV assay. Using the HCV dynamics model described by Neumann *et al.*, we used multiple linear regression analysis to select factors that affected the undetectable time point.

Results: Difference in viral load between weeks 1 and 2 was the only predictive factor for the undetectable time point of serum HCV RNA ($r^2 = 0.67$, $P < 0.0005$), and we derived the following prediction equation: undetectable time point (week) = 13.495 × (viral load at day 14 [log IU/mL] – viral load at day 7 [log IU/mL]) + 25.456. The equation was applicable to the validation group.

Conclusion: We created a formula for predicting the undetectable time point from viral load measurements early in PEG-IFN-α-2b/ribavirin combination therapy. An early response reflects sensitivity to therapy, and the estimation of an undetectable time point would be useful for determining the optimal duration of treatment for chronic hepatitis C patients.

Key words: hepatitis C, interferon, kinetics, real-time polymerase chain reaction, undetectable time point

INTRODUCTION

INTERFERON (IFN)-BASED therapy is the main form of therapy for chronic hepatitis C, but it requires a long-term period to complete, typically lasting at least 48 weeks for hepatitis C virus (HCV) genotypes 1 and 4. The final therapeutic effect is eradication of HCV, which is referred to as a sustained virological response (SVR). Although combination therapy with pegylated (PEG)-IFN-α and ribavirin is now established as the standard treatment for chronic HCV infection genotype 1b, the SVR rate in these patients is still approximately 50%.[1–3] Moreover, it is difficult to know the treatment outcomes during treatment and follow-up period.

Various factors have been investigated to predict the treatment efficacy before initiation of therapy, including pretreatment viral load,[4] viral genotype,[5] and gene sequences, such as IFN sensitivity determining region,[6] and host factors, including sex, age, fibrosis stage and race.[7,8] These factors cannot be modified by therapy and are unfortunately not completely reliable for predicting therapeutic response. However, other studies have documented the importance of the period when HCV is cleared from the serum (we define this as the

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"undetectable time point").[9–13] When an undetectable time point is achieved within 4 weeks of therapy initiation, the SVR rate is high. In contrast, the later the undetectable time point, the lower the SVR rate. One disadvantage with this prediction method during therapy is that SVR cannot be predicted until serum viral clearance. If one can predict the undetectable time point early during the treatment, physicians can modify and optimize the ongoing treatment.

There are various patterns of patient response to IFN therapy. In clinical settings, the following three response patterns are observed: (i) SVR; (ii) non-virological response (NVR), in which viral loads continue to be detected during therapy; and (iii) relapse, in which viral loads transiently drop below the detection limit but become detectable again after the end of therapy.[8] Mathematical models have been developed for analyzing therapy-induced changes in HCV viral load. Neumann *et al.*[14] introduced a model for IFN monotherapy in 1998, and a pharmacokinetic model for PEG-IFN has been developed by Powers *et al.*[15] These models are very useful for understanding the therapeutic effects of IFN on HCV.

In recent years, techniques to quantify serum viral RNA levels have advanced. The detection limit and the dynamic range of the quantitative real-time polymerase chain reaction (PCR) assay are lower and wider than those of Amplicor PCR assay.[16,17] As a result, the real-time PCR assay can show us the more accurate viral dynamics. In the present study, we used the model of Powers *et al.*[15] and real-time PCR to measure serum viral loads. Our aim was to ascertain whether it is possible to predict the undetectable time point during the early stage of PEG-IFN-α-2b/ribavirin combination therapy for genotype 1b patients with a high viral load, which is the most difficult-to-treat phenotype of HCV.

METHODS

Patients

THE MODEL PREPARATION group comprised 35 patients with biopsy-proven chronic hepatitis C who were treated at the Musashino Red Cross Hospital from 2000–2001. All patients had HCV genotype 1b and a high viral load (>100 000 IU/mL) as determined by the Amplicor-HCV Monitor Assay (Roche Diagnostics, Tokyo, Japan). Patients with other liver disease, such as liver cirrhosis, autoimmune hepatitis or alcoholic liver injury, were excluded. None of the patients had hepatitis B virus-related antigens, antibodies or anti-HIV antibodies. At the time of enrollment, it was confirmed that none of the patients were taking drugs that could affect their immune system. The dosage of ursodeoxycholic acid and glycyrrhizin was not changed during therapy.

The model validation group comprised 70 patients with biopsy-proven chronic hepatitis C who were treated at the Musashino Red Cross Hospital from 2004–2006. As with the model preparation group, all patients had HCV genotype 1b and a high viral load, and patients with liver cirrhosis or alcoholic liver injury were excluded. None of the patients had hepatitis B virus-related antigens, antibodies or anti-HIV antibodies.

Informed consent was obtained from all patients in writing. The present study was approved by the Ethics Review Board of Musashino Red Cross Hospital in accordance with the Declaration of Helsinki.

Treatment protocol

All patients received at least 48 weeks of PEG-IFN-α-2b (PegIntron; Schering-Plough, Kenilworth, NJ, USA) and ribavirin (Rebetol; Schering-Plough) combination therapy. In the model validation group, if viral clearance was not achieved by week 12, combination therapy was prolonged to 72 weeks. PEG-IFN-α-2b (1.5 μg/kg per week) was administrated s.c. Ribavirin was administrated p.o. at 600 mg/day twice daily to patients weighing less than 60 kg, and 800 mg/day was given to patients weighing between 60 and 80 kg. The dosage of PEG-IFN-α-2b was reduced to 0.75 μg/kg per week when white blood cells, neutrophils or platelets dropped below 1500, 750 or $80 \times 10^3/mm^3$, respectively. When hemoglobin concentration dropped below 10 g/dL, the dosage of ribavirin was reduced from 600 to 400 mg/day for patients weighing less than 60 kg, and from 800 to 600 mg/day for patients weighing between 60 and 80 kg. Both drugs were discontinued when white blood cells, neutrophils, platelets or hemoglobin levels dropped below $1000/mm^3$, $500/mm^3$, $50 \times 10^3/mm^3$ or 8.5 g/dL, respectively.

HCV dynamics in serum

To analyze viral dynamics, serum samples were collected from each patient according to the following schedule with respect to the start of PEG-IFN-α2b/ribavirin combination therapy: immediately before and at 4, 8 h, and 1, 2, 4, 7, 8, 14 and 28 days after the therapy was started; and then at 4-week intervals until completion of the therapy. HCV viral loads were measured in all serum samples using the Abbott RealTime HCV assay (Abbott Molecular, Des Plaines, IL, USA) at an Abbott laboratory in the USA.[16] The dynamic range

was 1.08–8 $\log_{10}$ IU/mL. The assay is standardized to the 2nd World Health Organization (WHO) International Standard for HCV RNA (National Institute for Biological Standards and Control code 96/798). Nucleic acid extraction was performed on 0.5-mL samples using an Abbott *m2000sp* (Abbott Molecular). The Abbott *m2000rt* (Abbott Molecular) was used for reverse transcription, PCR amplification and detection/quantification. A single-stranded linear probe was used as the HCV probe.

Definitions of response to therapy

The undetectable time point was defined as the first time the viral load dropped below the detection limit (1.08 $\log_{10}$ IU/mL) during therapy. Patients with SVR had no detectable viral load 6 months after the end of PEG-IFN-α-2b/ribavirin combination therapy. Patients in relapse had no detectable viral load at the end of therapy but had a detectable viral load 6 months after the end of therapy. Patients with NVR had a detectable viral load throughout the treatment period.

Calculation of the HCV dynamic parameters

Hepatitis C virus dynamic parameters (c, δ, ε, T_0 and V_0) were calculated from viral loads with equations for HCV dynamics.[15] The parameter c is the constant viral death rate, δ is the death rate of infected cells, ε is the effect of PEG-IFN on blocking production of virus from infected cells, and T_0 and V_0 are the numbers of uninfected cells and virus at the start of therapy, respectively.

Statistical analysis

SAS ver. 9.13 was used for the statistical analysis. *P*-values of less than 0.05 were considered significant.

RESULTS

Baseline patient characteristics

TABLE 1 SHOWS the baseline characteristics of the patients. The SVR rate was 60% and 27 patients accomplished undetectable serum HCV until 24 weeks after the therapy was started. The therapy was discontinued in three of the 35 patients because of a reduction in

Table 1 Patient characteristics at baseline

	Model preparation group ($n = 35$)	Model verification group ($n = 70$)
Age (years)	52.1 ± 9.9	57.8 ± 11
Sex (male/female)	24/11	36/34
BMI	23.7 ± 2.9	23.9 ± 3.7
Hemoglobin (g/dL)	14.7 ± 1.2	14.2 ± 1.6
Platelet count ($\times 10^3/\mu L$)	17.9 ± 4.8	15.5 ± 5.2
Albumin (g/dL)	4.2 ± 0.33	3.92 ± 0.048
ALT (U/L)	91.7 ± 64	80.0 ± 7.4
Liver histology (Metavir score)		
A (0/1/2/3/4/not measured)	0/17/13/5/0/0	0/40/26/2/0/2
F (0/1/2/3/4/not measured)	0/17/15/3/0/0	2/23/25/18/0/2
Viral load (log IU/mL)		
At pretreatment	5.49 ± 0.52	5.54 ± 0.92
At 7th day of treatment	4.05 ± 0.98	4.75 ± 1.05
at 14th day of treatment	3.23 ± 1.41	4.23 ± 1.29
Durations of therapy		
(48 weeks/72 weeks/dropout)	32/0/3	45/7/18
Drug adherence†		
(PEG-IFN/ribavirin/both/non-)	7/5/2/21	6/21/30/13
Outcome (SVR/relapse/NVR)	21/6/8	20/26/24
Actual undetectable time point‡		
(14/28 days/8/12/16/20/24/28/32 weeks/therapy end)	3/7/8/4/1/2/2/0/0	2/2/12/14/4/4/2/2/4

†Patients numbers with dose reduction during the therapy.
‡NVR cases were excluded.
BMI, body mass index; ALT, alanine aminotransferase; PEG-IFN, pegylated interferon; SVR, sustained virological response; NVR, non-virological response.

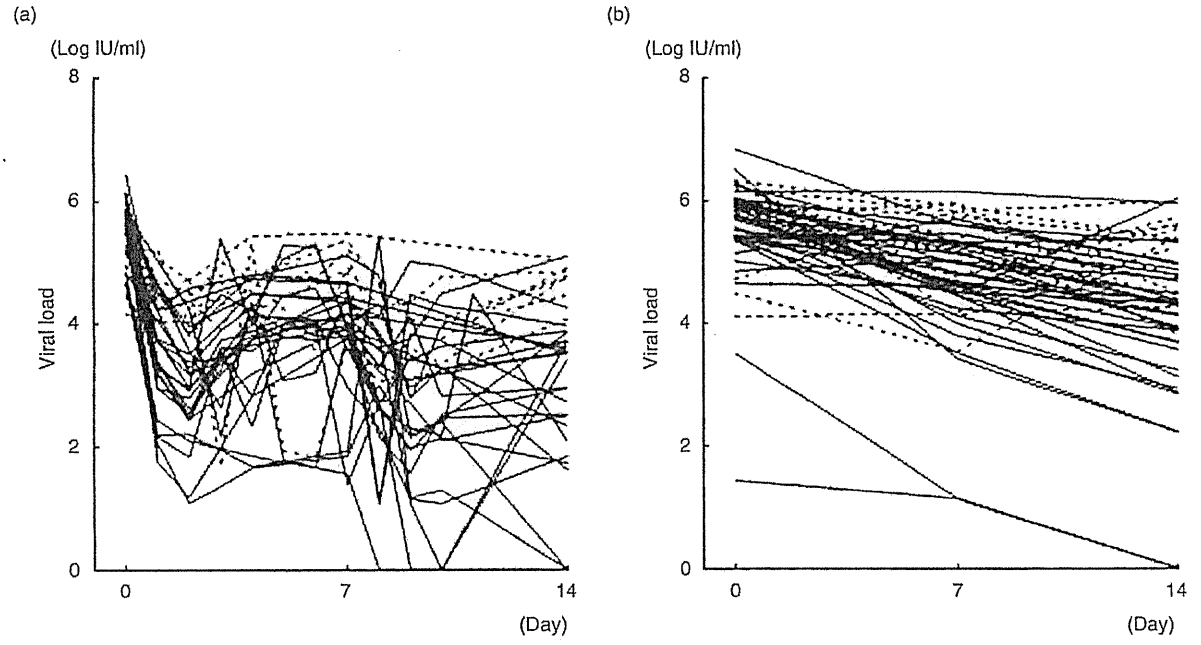

Figure 1 Early hepatitis C virus (HCV) dynamics of model preparation group (a) and of model validation group (b). The patients with incomplete blood collection were excluded from the figure of the model validation group. Solid line, dynamics of those who accomplished undetectable serum HCV until the therapy ended; dotted line, of those in whom serum HCV was detected through the whole therapy.

the hemoglobin concentration, a reduction in the neutrophil count and a worsening of depressive symptoms. In comparison to the model preparation group, there were more NVR patients, and the SVR rate was 29% in the model validation group. There were six patients who accomplished undetectable serum HCV after 24 weeks, and the latest patients achieved it 40 weeks after the therapy started. More patients had advanced hepatic fibrosis in the model validation group than in the model preparation group. Eighteen patients discontinued the combination therapy for various reasons, for example, decreased neutrophil count. The early HCV dynamics of both group are shown in Figure 1.

Undetectable time point prediction

From the model preparation group, 29 patients were analyzed and six patients were excluded for the following reasons: therapy was discontinued before viral clearance in one patient, PEG-IFN dosage was decreased before viral clearance in three patients, viral load increased during therapy in one patient, and an incomplete series of samples were obtained from one patient.

First, we hypothesized that the HCV dynamic parameters have a possibility to predict the undetectable time point. HCV dynamic parameters were calculated with three dataset patterns of viral loads, as follows: (i) immediately before and at 4, 8 h, and 1, 2, 4, 7 and 8 days; (ii) before and at 8 h, and 1, 2, 4 and 7 days; and (iii) before and at 4, 8 h, and 1, 2, 4 and 7 days after the therapy was started. Unfortunately, no significant factors for prediction of the undetectable time points were detected in these HCV dynamic parameters (Table 2), even when adding parameters of age and sex.

Next, we investigated the possibility using early-stage treatment dynamics. Multiple linear regression analysis was conducted for viral load, and changes in viral load up to day 14 as the explanatory variables and undetectable time points as the objective variables. Among various factors which became significant alone, the decrease in viral load from day 7 to 14 was found to be the best predictor for the undetectable time points by multiple linear regression analysis ($r^2 = 0.67$, Table 3). Then, whole datasets were analyzed again including HCV dynamic parameters, sex, age, viral loads and viral

Table 2 Calculated HCV-dynamic parameters of model preparation group

Dataset	Dataset 1† median (range)	*P*	Dataset 2‡ median (range)	*P*	Dataset 3§ median (range)	*P*
c	0.77 (0.032–5.21)	0.73	1.54 (0.0515–7.58)	0.37	2.75 (0.040–6.19)	0.85
δ	0.0033 (0–0.69)	0.76	0.013 (0–0.99)	0.094	0.053 (0–0.70)	0.91
ε	0.28 (0.023–0.84)	0.30	0.067 (0.0083–0.72)	0.038	0.28 (0.023–0.71)	0.18
T_0	0.36 (0.0001–0.95)	0.63	0.415 (0.0049–0.98)	0.23	0.36 (0.007–0.90)	0.21
V_0	5.49 (4.40–6.69)	0.53	4.99 (4.10–6.48)	0.090	5.29 (4.30–6.69)	0.29
R^2	0.012		0.090		0.056	

†Dataset 1: serum hepatitis C virus (HCV) load immediately before and at 4, 8 h, and 1, 2, 4, 7, 8 days after the therapy was started.
‡Dataset 2: serum HCV load before and at 8 h, and 1, 2, 4, 7 days after the therapy was started.
§Dataset 3: serum HCV load before and at 4, 8 h, and 1, 2, 4, 7 days after the therapy was started.

load changes. The results showed that only the change in viral load from day 7 to 14 was associated with the prediction of the undetectable time point ($r^2 = 0.67$). Finally, prediction in each patient was valid (Cook's D = 0.046, mean, data not shown), and we derived the following prediction formula:

Undetectable time point (week) = 13.495 × (viral load at day 14 [log IU/mL] − viral load at day 7 [log IU/mL]) + 25.456.

The degree of decrease in viral load from day 7 to 14 for the model preparation group and the actual

Table 3 Early viral dynamics of model preparation group, correlation to undetectable time point and the result of multiple linear regression analysis

	Viral load (log IU/mL)	Spearman's rank correlation test coefficient (*P*-value)	Multiple linear regression analysis r^2 (*P*-value)
Pretreatment (0 days)	5.48 ± 0.30	0.27 (0.28)	Excluded
4 h	5.66 ± 0.22	0.045 (0.82)	Excluded
8 h	5.55 ± 0.19	0.026 (0.89)	Excluded
1 day	3.74 ± 0.75	0.68 (<0.001)	Excluded
2 days	3.20 ± 0.76	0.66 (<0.001)	Excluded
4 days	4.01 ± 0.74	0.56 (0.002)	Excluded
7 days	4.05 ± 0.75	0.77 (<0.001)	Excluded
8 days	3.34 ± 0.80	0.67 (<0.001)	Excluded
14 days	3.52 ± 0.95	0.87 (<0.001)	Excluded
Subtracted values of viral load (log scale)			
1 day – 0 days	−1.78 ± 0.88	0.59 (0.001)	Excluded
2 days – 0 days	−2.18 ± 0.79	0.53 (0.003)	Excluded
4 days – 0 days	−1.46 ± 0.65	0.72 (0.000)	Excluded
7 day – 0 days	−1.38 ± 0.80	0.38 (0.049)	Excluded
14 days – 0 days	−2.24 ± 1.17	0.83 (0.000)	Excluded
2 days – 1 day	−0.55 ± 0.13	0.085 (0.67)	Excluded
4 days – 1 day	0.17 ± 0.25	0.22 (0.27)	Excluded
7 days – 1 day	0.44 ± 0.46	0.27 (0.19)	Excluded
14 days – 1 day	−0.42 ± 0.46	0.76 (<0.001)	Excluded
4 days – 2 days	0.61 ± 0.23	0.12 (0.54)	Excluded
7 days – 2 days	0.86 ± 0.50	0.12 (0.56)	Excluded
14 days – 2 days	0.11 ± 0.44	0.76 (<0.001)	Excluded
7 days – 4 days	−0.11 ± 0.17	0.047 (0.82)	Excluded
14 days – 4 days	−0.7 ± 0.37	0.78 (<0.001)	Excluded
14 days – 7 days	−0.86 ± 0.50	0.76 (<0.001)	0.667 (<0.0005)

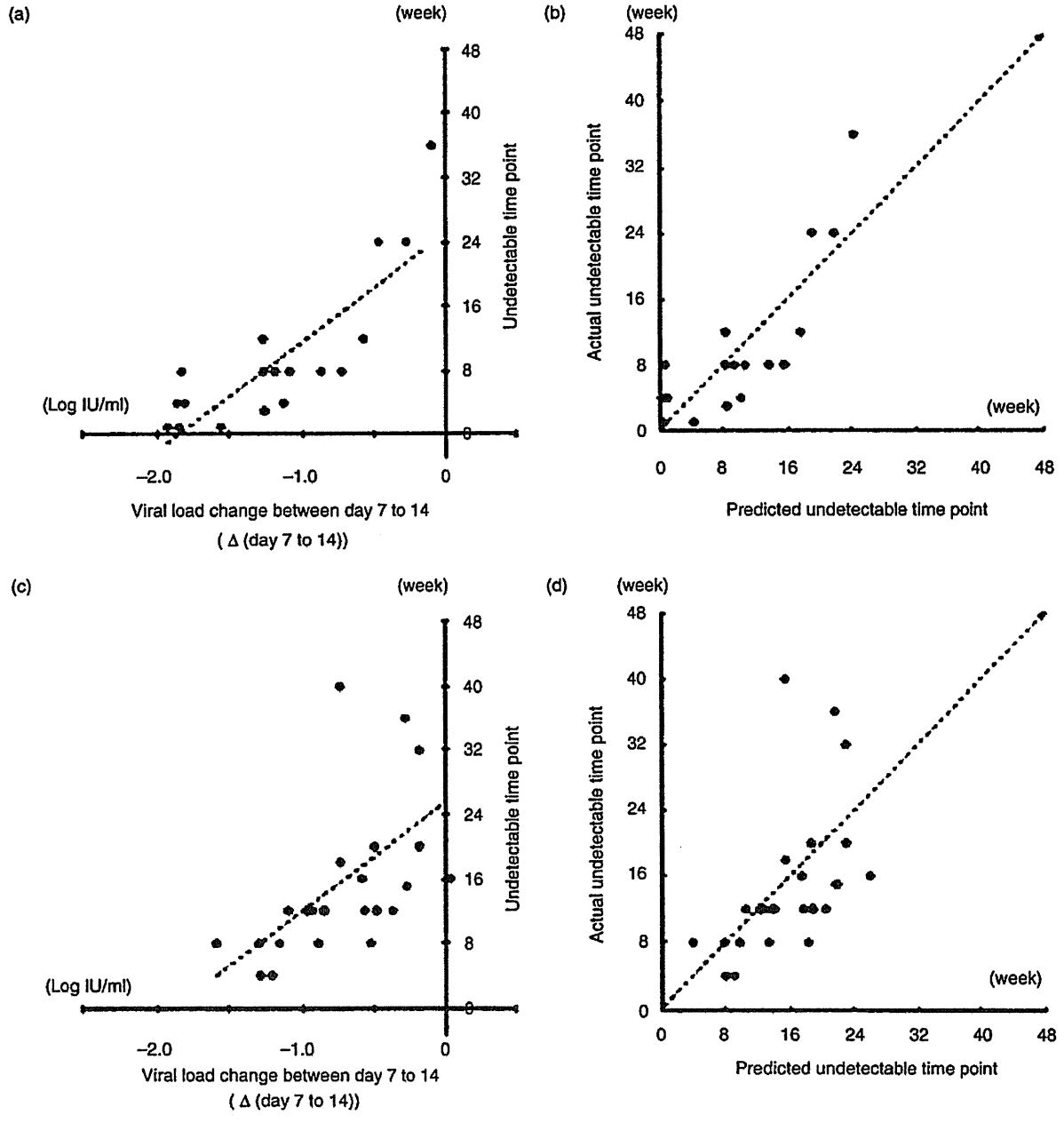

Figure 2 Correlation between the undetectable time point and the decrease in viral load from day 7 to 14 (a,b) and correlation between the actual and predicted undetectable time points (c,d). (a,c) Results of analyses for the model preparation group; and (b,d) analyses for the model validation group. Black circles, actual cases; dotted line, (a,c) estimate obtained from the prediction formula; (b,d) equal values of actual and predicted undetectable time points.

undetectable time point are plotted in Figure 2(a), which shows a very strong and a significant correlation ($r^2 = 0.67$, $P < 0.0005$).

The validity of the prediction formula was investigated in the validation group. Analysis was possible in 32 patients, as the other patients were excluded from the analysis due to the following reasons: therapy was discontinued before viral clearance in eight patients, PEG-IFN dosage was reduced before viral clearance in nine patients and viral clearance was achieved before day 14 in two patients. There were six cases of NVR, and incomplete blood collections from 13 patients on day 7 and/or 14. A strong and a significant correlation was demonstrated between the undetectable time points that were predicted using this formula and the actual undetectable time points (Fig. 2c, $r = 0.53$, $P = 0.005$).

Although only one case was predicted to achieve a rapid virological response (undetectable viral load at week 4)[13] in the model validation group, the actual undetectable time point of this patient was week 8 (Fig. 2d). In contrast, all nine cases who were predicted to achieve a complete early virological response (undetected viral load until week 12),[13] the actual undetectable time points of these patients were within week 12. Because the prediction formula was derived by the least squares method, half of the patients, who were predicted not to achieve the complete early virological response, actually achieved it.

DISCUSSION

NUMEROUS STUDIES HAVE documented that the undetectable time point is related to therapeutic responses, and its usefulness in predicting therapeutic efficacy is clear.[9–13] In the present study, we were able to derive a formula for predicting the undetectable time point for patients with HCV genotype 1b and high serum viral loads during PEG-IFN-α-2b/ribavirin combination therapy. Though the various parameters for the HCV dynamics were investigated, the change in viral load from day 7 to 14 was the only parameter that was useful for predicting the undetectable time point.

The standard length of PEG-IFN/ribavirin combination therapy is 48 weeks for patients with HCV genotype 1b and high serum viral loads; however, a 72-week administration is recommended to improve therapeutic response.[3,13,18] Therefore, when undetectable time points are predicted as from weeks 13–24 by our formula, the SVR rates could be improved by continuing the IFN therapy for longer periods. By prediction of the undetectable time point early during the treatment using our formula, the physician can make early modification and optimization of currently ongoing therapy.

Another important issue of PEG-IFN/ribavirin treatment is adherence to treatment. Because dose reductions may delay the time until serum viral clearance, patients in whom the dosage of IFN and ribavirin was reduced during therapy were excluded in the present study. However, there are many patients in whom the dosage of drugs has to be reduced during therapy for a wide variety of clinical reasons. If reducing dosage before the predicted undetectable time point, administration of IFN for longer periods should be considered.

In conclusion, we created a formula for predicting the undetectable time point in patients treated with PEG-IFN-α-2b/ribavirin combination therapy. Viral eradication is the ultimate objective of IFN-based therapy, but many patients failed to achieve viral eradication for some reason. Because our prediction formula for the undetectable time point was made with a small population, it is necessary to correct it by further analysis with a larger population. However, an early viral response reflects efficacy of the therapy, and the estimation of an undetectable time point by our formula would be useful for determining the optimal duration of treatment in the early period of the therapy for each chronic hepatitis C patient.

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Association of Gene Expression Involving Innate Immunity and Genetic Variation in Interleukin 28B With Antiviral Response

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Innate immunity plays an important role in host antiviral response to hepatitis C viral (HCV) infection. Recently, single nucleotide polymorphisms (SNPs) of *IL28B* and host response to peginterferon α (PEG-IFNα) and ribavirin (RBV) were shown to be strongly associated. We aimed to determine the gene expression involving innate immunity in *IL28B* genotypes and elucidate its relation to response to antiviral treatment. We genotyped *IL28B* SNPs (rs8099917 and rs12979860) in 88 chronic hepatitis C patients treated with PEG-IFNα-2b/RBV and quantified expressions of viral sensors (*RIG-I, MDA5*, and *LGP2*), adaptor molecule (*IPS-1*), related ubiquitin E3-ligase (*RNF125*), modulators (*ISG15* and *USP18*), and *IL28* (*IFNλ*). Both *IL28B* SNPs were 100% identical; 54 patients possessed rs8099917 TT/rs12979860 CC (*IL28B* major patients) and 34 possessed rs8099917 TG/rs12979860 CT (*IL28B* minor patients). Hepatic expressions of viral sensors and modulators in *IL28B* minor patients were significantly up-regulated compared with that in *IL28B* major patients (≈3.3-fold, $P < 0.001$). However, expression of *IPS-1* was significantly lower in *IL28B* minor patients (1.2-fold, $P = 0.028$). Expressions of viral sensors and modulators were significantly higher in nonvirological responders (NVR) than that in others despite stratification by *IL28B* genotype (≈2.6-fold, $P < 0.001$). Multivariate and ROC analyses indicated that higher *RIG-I* and *ISG15* expressions and *RIG-I/IPS-1* expression ratio were independent factors for NVR. IPS-1 down-regulation in *IL28B* minor patients was confirmed by western blotting, and the extent of IPS-1 protein cleavage was associated with the variable treatment response. *Conclusion:* Gene expression involving innate immunity is strongly associated with *IL28B* genotype and response to PEG-IFNα/RBV. Both *IL28B* minor allele and higher *RIG-I* and *ISG15* expressions and *RIG-I/IPS-1* ratio are independent factors for NVR. (HEPATOLOGY 2012;55:20-29)

Infection with hepatitis C virus (HCV) is a common cause of chronic hepatitis, which progresses to liver cirrhosis and hepatocellular carcinoma in many patients.[1] Pegylated interferon α (PEG-IFNα) and ribavirin (RBV) combination therapy has been used to treat chronic hepatitis C (CH-C) to alter the natural course of this disease. However, 20% patients are nonvirological responders (NVR) whose HCV-RNA does not become negative during the 48 weeks of PEG-IFNα/RBV combination therapy.[2] In a recent genome-wide association study, single nucleotide polymorphisms (SNPs) located near interleukin 28B

Abbreviations: CH-C, chronic hepatitis C; γ-GTP, γ-glutamyl transpeptidase; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; HCV, hepatitis C virus; HMBS, hydroxymethylbilane synthase; IL28, interleukin 28; IPS-1, IFNβ promoter stimulator 1; ISG15, interferon-stimulated gene 15; MDA5, melanoma differentiation associated gene 5; NVR; nonvirological responders; PEG-IFNα, pegylated interferonα; SNP, single nucleotide polymorphism; RIG-I, retinoic acid-inducible gene I; RBV, ribavirin; RNF125, ring-finger protein 125; ROC, receiver operator characteristic; SVR, sustained viral responder; TVR, transient virological responder; USP18, ubiquitin-specific protease 18; VR, virological responder.

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(*IL28B*) that encodes for type III IFNλ3 were shown to be strongly associated with a virological response to PEG-IFNα/RBV combination therapy.[3-5] In particular, the rs8099917 TG and GG genotypes were shown to be strongly associated with a null virological response to PEG-IFNα/RBV.[3] However, mechanisms involving resistance to PEG-IFNα/RBV have not been completely elucidated.

The innate immune system has an essential role in host antiviral defense against HCV infection.[6] The retinoic acid-inducible gene I (RIG-I), a cytoplasmic RNA helicase, and related melanoma differentiation associated gene 5 (MDA5) play essential roles in initiating the host antiviral response by detecting intracellular viral RNA.[7,8] The IFNβ promoter stimulator 1 (IPS-1)—also called the caspase-recruiting domain adaptor inducing IFNβ, mitochondrial antiviral signaling protein, or virus-induced signaling adaptor—is an adaptor molecule. IPS-1 connects RIG-I sensing to downstream signaling, resulting in *IFNβ* gene activation.[9-12] RIG-I sensing of incoming viral RNA has been shown to be modified by LGP2,[8,13] a helicase related to RIG-I and MDA5 lacking caspase-recruiting domain. The ubiquitin ligase ring-finger protein 125 (RNF125) has been shown to conjugate ubiquitin to RIG-I, MDA5, and IPS-1 and this suppresses the functions of these proteins.[14] Further, these molecules are ISGylated by the IFN-stimulated gene 15 (ISG15), a ubiquitin-like protein,[15] and ISG15 is specifically removed from ISGylated protein by ubiquitin-specific protease 18 (USP18) to regulate the RIG-I/IPS-1 system.[16,17] Moreover, the NS3/4A protease of HCV specifically cleaves IPS-1 as part of its immune-evasion strategy.[9,18] Therefore, the RIG-I/IPS-1 system and its regulatory systems have essential roles in the innate antiviral response.

Recently, we demonstrated that baseline intrahepatic gene expression levels of the RIG-I/IPS-1 system were prognostic biomarkers of the final virological outcome in CH-C patients who were treated with PEG-IFNα/RBV combination therapy.[19] We found that up-regulation of *RIG-I* and *ISG15* and a higher expression ratio of *RIG-I/IPS-1* could predict NVR for subsequent treatment with PEG-IFNα/RBV combination therapy.[19] However, association of gene expression involving innate immunity and genetic variation of *IL28B* has not yet been elucidated. Hence, the aim of this study was to determine gene expression involving the innate immune system in different genetic variations of *IL28B* and elucidate the relation of gene expression to final virological outcome of PEG-IFNα/RBV combination therapy in CH-C patients.

Patients and Methods

Patients. Among histologically proven CH-C patients admitted at the Musashino Red Cross Hospital, 88 patients with HCV genotype 1b and a high viral load (>5 log IU/mL by TaqMan HCV assay; Roche Molecular Diagnostics, Tokyo, Japan) were included in the present study (Table 1). Patients with decompensated liver cirrhosis, autoimmune hepatitis, or alcoholic liver injury were excluded. No patient had tested positive for hepatitis B surface antigen or anti-human immunodeficiency virus antibody or had received immunomodulatory therapy before enrollment. Forty-two patients had been enrolled in a previous study that determined hepatic gene expression involving innate immunity.[19] Written informed consent was obtained from all patients and the study was approved by the Ethical Committee of Musashino Red Cross Hospital in accordance with the Declaration of Helsinki.

Treatment Protocol. The patients were administered subcutaneous injections of PEG-IFNα-2b (PegIntron, MSD, Whitehouse Station, NJ) at a dose of 1.5 $\mu g\ kg^{-1}\ week^{-1}$ for 48 weeks. RBV (Rebetol, MSD) was administered concomitantly over this treatment period, administered orally twice daily at 600 mg/day for patients who weighed less than 60 kg and 800 mg/day for patients who weighed between 60-80 kg. The dose of PEG-IFNα-2b was reduced to 0.75 $\mu g\ kg^{-1}\ week^{-1}$ when either neutrophil count was less than $750/mm^3$ or platelet count was less than $80 \times 10^3/mm^3$. The dose of RBV was reduced to 600 mg/day when the hemoglobin concentration decreased to 10 g/dL. More than 80% adherence was achieved in all patients.

Measurement of Hepatic Gene Expression. Liver biopsy was performed immediately before initiating

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Table 1. Patient Characteristics and *IL28B* Genotype

	IL28B Major*	*IL28B* Minor†	*P*-value‡
Patients, n	54	34	
Age (SD), year	58.8 (10.0)	59.1 (10.3)	0.918§
Sex, n (%)			0.051‖
Male	13 (24.1)	15 (44.1)	
Female	41 (75.9)	19 (55.9)	
BMI (SD), kg/m^2	22.7 (3.5)	23.5 (3.6)	0.193§
ALT (SD), IU/L	61.3 (50.7)	62.4 (44.7)	0.962§
γ-GTP (SD), IU/L	36.7 (25.9)	57.3 (52.4)	0.010§
LDL-cholesterol (SD), mg/dL	103.3 (29.8)	91.8 (26.9)	0.067§
Hemoglobin (SD), g/dL	14.1 (1.4)	14.4 (1.3)	0.186§
Platelet count (SD), ×10^{3}3/μL	161 (6.4)	163 (4.4)	0.489§
Fibrosis stage, n (%)			0.532‖
F1, 2	38 (70.4)	26 (76.5)	
F3, 4	16 (29.6)	8 (23.5)	
Viral load (SD), ×10^{63} IU/mL	1.7 (1.4)	1.9 (2.0)	0.788§
%HCV core 70 & 91 a.a. double mutation¶	8.9	43.5	0.001‖
%ISDR wild**	43.5	51.7	0.486‖
Viral response, n (%)			<0.001‖
SVR	17 (31.5)	13 (38.2)	
TVR	26 (48.1)	3 (8.8)	
NVR	11 (20.4)	18 (52.9)	

Unless otherwise indicated, data are given as mean (SD).

*rs8099917 TT and rs12979860 CC.

†rs8099917 TG and rs12979860 CT.

BMI, body mass index; ALT, alanine aminotransferase; γ-GTP, γ-glutamyl transpeptidase; LDL-C, low-density lipoprotein cholesterol; HCV, hepatitis C virus; ISDR, interferon sensitivity determining region; SVR, sustained virological response; TVR, transient virological response; NVR, nonvirological response.

‡Comparison between *IL28B* major and minor genotypes.

§Mann-Whitney *U* test.

‖Chi-square test.

¶HCV core mutation was determined in 68 patients.

**ISDR was determined in 75 patients.

the therapy. After extraction of total RNA from liver biopsy specimens, the messenger RNA (mRNA) expression of the positive and negative cytoplasmic viral sensor (*RIG-I, MDA5*, and *LGP2*), the adaptor molecule (*IPS-1*), the related ubiquitin E3-ligase (*RNF125*), the modulators of these molecules (*ISG15* and *USP18*), and *IFNλ* (*IL28A/B*) was quantified by real-time quantitative polymerase chain reaction (PCR) using target gene-specific primers. In brief, total RNA was extracted by the acid-guanidinium-phenol-chloroform method using Isogen reagent (Nippon Gene, Toyama, Japan) from the liver biopsy specimen, which was 0.2-0.4 cm in length and 13G in diameter. Complementary DNA (cDNA) was transcribed from 2 μg of total RNA template in a 140-μL reaction mixture using the SYBR RT-PCR Kit (Takara Bio, Otsu, Japan) with random hexamer. Real-time quantitative PCR was performed using Smart Cycler version II (Takara Bio) with the SYBR RT-PCR Kit (Takara Bio) according to the manufacturer's instructions. Assays were performed in duplicate and the expression levels of target genes were normalized to the expressions of glyceraldehyde-3-phosphate dehydrogenase (*GAPDH*) gene and hydroxymethylbilane synthase (*HMBS*), an enzyme that is stable in the liver, as quantified using real-time quantitative PCR as internal controls. For accurate normalization, a set of two housekeeping genes was used in the present study. Sequences of the primer sets were as follows: *RIG-I*, 5′-AAAGCATGCA TGGTGTTCCAGA-3′, 5′-TCATTCGTGCATGCTC ACTGATAA-3′; *MDA5*, 5′-ACATAACAGCAACATG GGCAGTG-3′, 5′-TTTGGTAAGGCCTGAGCTGG AG-3′; *LGP2*, 5′-ACAGCCTTGCAAACAGTACAAC CTC-3′, 5′-GTCCCAAATTTCCGGCTCAAC-3′; *IPS-1*, 5′-GGTGCCATCCAAAGTGCCTACTA-3′, 5′-CAGC ACGCCAGGCTTACTCA-3′; *RNF125*, 5′-AGGGCA CATATTCGGACTTGTCA-3′, 5′-CGGGTATTAAAC GGCAAAGTGG-3′; *ISG15*, 5′-AGCGAACTCATCT TTGCCAGTACA-3′, 5′-CAGCTCTGACACCGACA TGGA-3′; *USP18*, 5′-TGGTTCTGCTTCAATGACT CCAATA-3′, 5′-TTTGGGCATTTCCATTAGCACT C-3′; *IFNλ*: 5′-CAGCTGCAGGTGAGGGA-3′, 5′-G GTGGCCTCCAGAACCTT-3′; *GAPDH*, 5′-GCACC GTCAAGGCTGAGAAC-3′, 5′-ATGGTGGTGAAGA CGCCAGT-3′; *HMBS*, 5′-AAGCGGAGCCATGTCT GGTAAC-3′, 5′-GTACCCACGCGAATCACTCTCA-3′.

Genotyping for* IL28B *(rs8099917 and rs12979860) Polymorphism. Genetic polymorphism in a tagged SNP located near the *IL28B* gene (rs8099917 and rs12979860) was determined by direct sequencing of PCR-amplified DNA. In brief, after extraction from whole blood samples, genomic DNA was amplified by PCR. Sequences of the primer sets were: rs8099917, 5′-ATCCTCCTCTCATCCCTCA TC-3′, 5′-GGTATCAACCCCACCTCAAAT-3′; rs129 79860, 5′-GGACGAGAGGGCGTTAGAG-3′, 5′-AG GGACCGCTACGTAAGTCAC-3′.

Both strands of the PCR products were sequenced by the dye terminator method using BigDye Terminator v3.1 Cycle Sequencing Kit (Applied Biosystems, Chiba, Japan); nucleotide sequences were determined by a capillary DNA sequencer ABI3730xl (Applied Biosystems). Homozygosity (rs8099917 GG and rs12979860 TT) or heterozygosity (rs8099917 TG and rs12979860 CT) of the minor sequence was defined as having the *IL28B* minor allele, whereas homozygosity for the major sequence (rs8099917 TT and rs12979860 CC) was defined as having the *IL28B* major allele.

Western Blotting. Western blotting was performed using samples from 14 patients (six from *IL28B* major patients and eight from *IL28B* minor patients) as described.[19] In brief, liver biopsy specimens of

approximately 10 mg were homogenized in 100 μL of Complete Lysis-M (Roche Applied Science, Penzberg, Germany). Next, 30 μg of protein was separated by NuPAGE 4%-12% Bis-Tris gels (Invitrogen, Carlsbad, CA) and blotted on polyvinylidene difluoride membranes. The membranes were immunoblotted with anti-RIG-I (Cell Signaling Technology, Danvers, MA) or anti-IPS-1 (Enzo Life Science, Farmingdale, NY), followed by anti-β-actin (Sigma Aldrich, St. Louis, MO). After immunoblotting with horseradish peroxidase-conjugated secondary antibody, signals were detected by chemiluminescence (BM Chemiluminescence Blotting Substrate, Roche Applied Science, Mannheim, Germany). Optical densitometry was performed using ImageJ software (NIH, Bethesda, MD). Naive Huh7 cells were used for a positive control for full-length IPS-1, and cells transfected with HCV-1b subgenomic replicon[20] were used for a positive control for cleaved IPS-1.

Definitions of Response to Therapy. A patient negative for serum HCV-RNA during the first 6 months after completing PEG-IFNα-2b/RBV combination therapy was defined as a sustained viral responder (SVR), and a patient for whom HCV-RNA became negative at the end of therapy and reappeared after completion of therapy was defined as a transient virological responder (TVR). A patient for whom HCV-RNA became negative at the end of therapy (SVR + TVR) was defined as a virological responder (VR). A patient whose HCV-RNA did not become negative during the course of therapy was defined as an NVR. HCV-RNA was determined by TaqMan HCV assay (Roche Molecular Diagnostics).

Statistical Analysis. Categorical data were compared using the chi-square test and Fisher's exact test. Distributions of continuous variables were analyzed by the Mann-Whitney *U* test for two groups. All tests of significance were two-tailed and $P < 0.05$ was considered statistically significant.

Results

Patient Characteristics and* IL28B *Genotype. Table 1 shows patient characteristics according to *IL28B* genotype. SNPs at rs8099917 and rs12979860 were 100% identical; 54 patients were identified as having the major alleles (rs8099917 TT/rs12979860 CC; *IL28B* major patients) and the remaining 34 had the minor alleles (rs8099917 TG/rs12979860 CT; *IL28B* minor patients). Patients having a minor homozygote (rs8099917 GG or rs12979860 TT) were not found in this study, which is consistent with a recent report of the rarity of a minor homozygote in Japanese patients.[3] *IL28B* minor patients were significantly associated with a higher γ-glutamyl transpeptidase (γ-GTP) level and higher frequency of mutations at amino acid positions 70 and 91 of the HCV core region (glutamine or histidine mutation at amino acid position 70; methionine mutation at amino acid position 91). NVR rate was significantly higher in *IL28B* minor patients than in *IL28B* major patients.

Gene Expression Involving Innate Immunity and* IFNλ *in the Liver. Hepatic expression levels of cytoplasmic viral sensors (*RIG-I, MDA5*, and *LGP2*) were significantly higher in *IL28B* minor patients than in *IL28B* major patients (Fig. 1). Similarly, expressions of *ISG15* and *USP18* were significantly higher in *IL28B* minor patients than in *IL28B* major patients (Fig. 1). In contrast, the hepatic expression of the adaptor molecule (*IPS-1*) was significantly lower in *IL28B* minor patients than that in *IL28B* major patients (Fig. 1). Hepatic expression of *RNF125* was similar among *IL28B* genotypes (Fig. 1). *IFNλ (IL28A/B)* expression was higher in *IL28B* minor patients, but not statistically significant (Fig. 1). Because expression of *RIG-I* and *IPS-1* were negatively correlated, the expression ratio of *RIG-I/IPS-1* in *IL28B* minor patients was significantly higher than in *IL28B* major patients (Fig. 1).

Next, to assess the relationship between baseline hepatic gene expression and treatment efficacy, we compared levels of gene expression involving innate immunity and *IFNλ* based on the final virological response (Fig. 2). Overall, hepatic expressions of cytoplasmic viral sensors and the ISG15/USP18 system in NVR patients were significantly higher than those in VR patients. In a similar but opposite manner, hepatic expressions of *IPS-1* and *RNF125* in NVR patients were significantly lower than that in VR patients, and the expression of *IFNδ* was higher in NVR patients, but the differences were not statistically significant. Expression ratio of *RIG-I/IPS-1* was significantly higher in NVR patients than that in VR patients.

Because hepatic expressions of the RIG-I/IPS-1 and ISG15/USP18 systems were significantly related both to *IL28B* minor and NVR patients, *RIG-I* and *ISG15* expression levels and the *RIG-I/IPS-1* ratio between VR and NVR patients were further stratified by *IL28B* genotype (Fig. 3). Even in the subgroup of *IL28B* minor patients, the expressions of *RIG-I* and *ISG15* were significantly higher in NVR patients than those in VR patients. Similar tendencies were observed in a subgroup of *IL28B* major patients, in whom the *RIG-I/IPS-1* expression ratio was significantly higher in

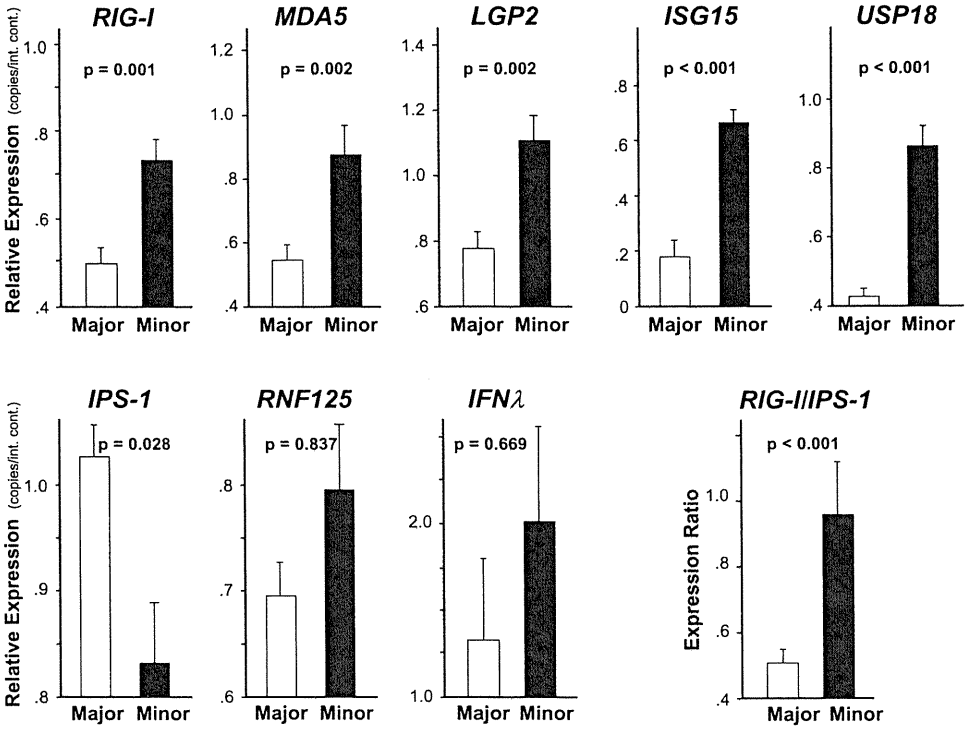

Fig. 1. Comparison of hepatic gene expression levels between *IL28B* major (rs8099917 TT/rs12979860 CC, n = 54) and *IL28B* minor patients (rs8099917 TG/rs12979860 CT, n = 34). Expression levels of cytoplasmic viral sensors (*RIG-I*, *MDA5*, and *LGP2*), modulators (*ISG15* and *USP18*), an adaptor (*IPS-1*), negative regulators (*RNF125*) and *IFNλ*, and expression ratio of the *RIG-I/IPS-1* are shown. Error bars indicate standard error. The *P*-values were determined by the Mann-Whitney *U* test.

NVR patients than in VR patients. However, in patients of the same virological response subgroup, *RIG-I* and *ISG15* expression levels and *RIG-I/IPS-1* ratio were higher in *IL28B* minor patients, and the difference in *ISG15* expression in subgroup of VR and NVR patients and that in *RIG-I/IPS-1* ratio in subgroup of VR patients was statistically significant between *IL28B* genotypes (Fig. 3).

Receiver Operator Characteristic (ROC) Analysis. To determine the usefulness of these gene quantifications and *IL28B* genotyping as predictors of NVR, an ROC analysis was conducted (Fig. 4A). The area under the ROC curve for *RIG-I* and *ISG15* expressions and *RIG-I/IPS-1* expression ratio was 0.712, 0.782, and 0.732, respectively, suggesting that quantification of these gene transcripts is useful for

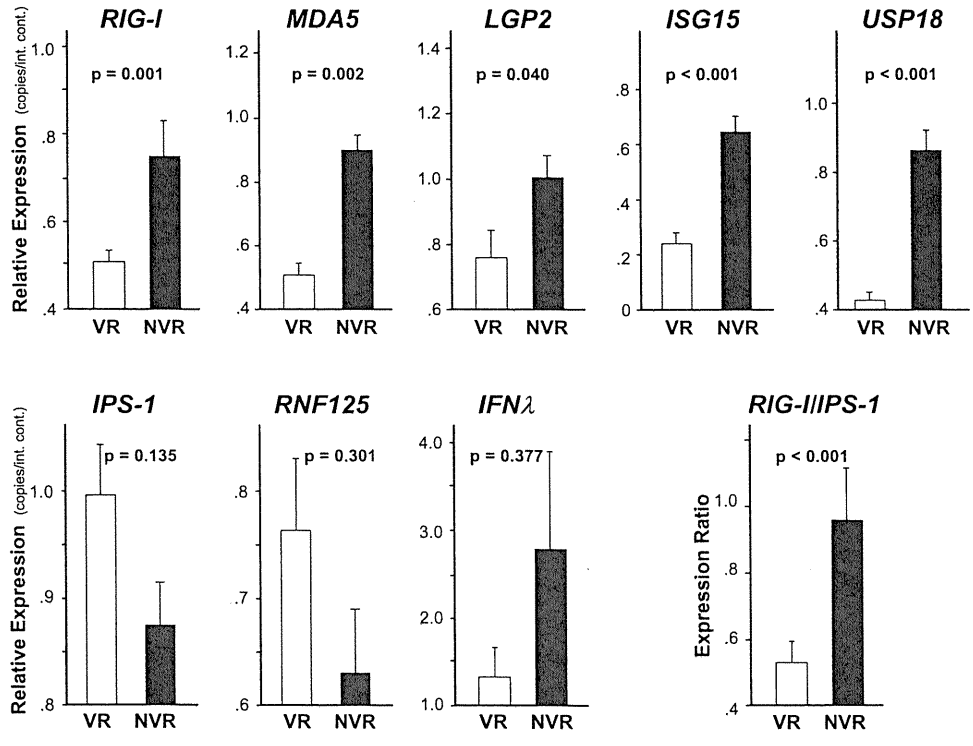

Fig. 2. Comparison of hepatic gene expression levels between virological responders (VR, n = 60) and nonvirological responders (NVR, n = 28). Expression levels of cytoplasmic viral sensors (*RIG-I*, *MDA5*, and *LGP2*), modulators (*ISG15* and *USP18*), an adaptor (*IPS-1*), negative regulators (*RNF125*) and *IFNλ*, and *RIG-I/IPS-1* expression ratio are shown. Error bars indicate standard error. The *P*-values were determined by the Mann-Whitney *U* test.

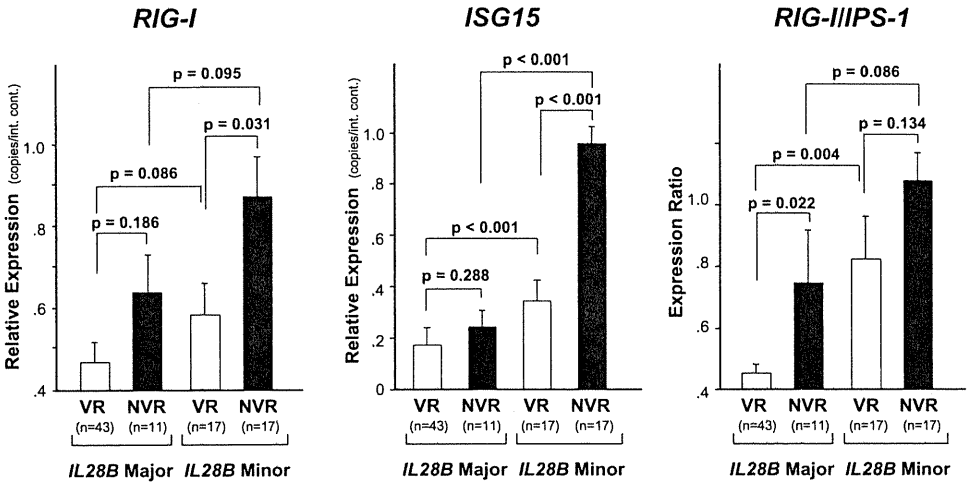

Fig. 3. Comparison of hepatic gene expression levels between virological responders (VR) and nonvirological responders (NVR) in subgroups of the *IL28B* genotype (*IL28B* Major, rs8099917 TT/rs12979860 CC; *IL28B* Minor, rs8099917 TG/rs12979860 CT). Expressions of *RIG-I* and *ISG15* as well as the *RIG-I/IPS-1* expression ratio are shown. Error bars indicate standard error. The numbers of patients in each subgroup are shown in the bottom of the figure.

prediction of NVR (Table 2). The area under the ROC curve for *IL28B* genotype was 0.662, which was lower compared with that for *RIG-I* and *ISG15* expressions and *RIG-I/IPS-1* ratio.

When we stratified the patients by the cutoff value for *RIG-I* and *ISG15* expressions and *RIGI/IPS-1* ratio, no statistically significant difference was found in NVR rates among *IL28B* genotypes within the same subgroup (Fig. 4B).

Factors Associated with NVR. In univariate analysis, age, platelet counts, double mutation at amino acid positions 70 and 91 of the HCV core region, *IL28B* minor allele, and hepatic expressions of *RIG-I, MDA5, LGP2, ISG15*, and *USP18*, and *RIG-I/IPS-1* ratio were significantly

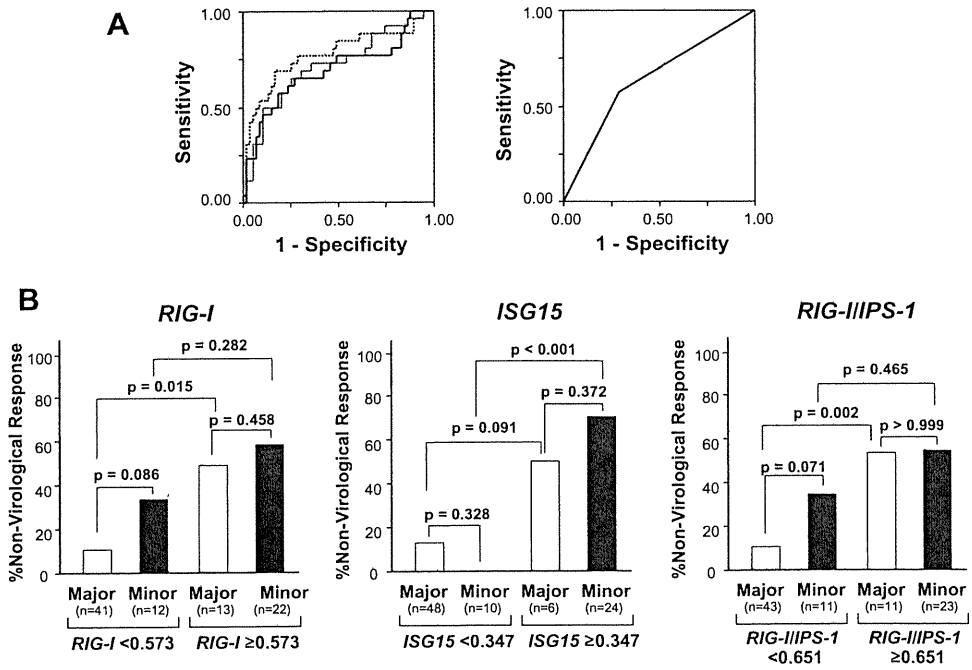

Fig. 4. (A) Receiver operator characteristics (ROC) curve for prediction of nonvirological response. ROC curves were generated to compare *RIG-I* (black line), *ISG15* (dotted line), and *RIG-I/IPS-1* ratio (gray line) (all in the left panel), and *IL28B* genotype (in the right panel). (B) Nonvirological response rate in *IL28B* major (rs8099917 TT/rs12979860 CC) and minor patients (rs8099917 TG/rs12979860 CT) in subgroups divided by the cutoff value of *RIG-I* and *ISG15* expression and the *RIG-I/ISG15* ratio determined by ROC analysis. Cutoff values of *RIG-I* and *ISG15* expression are expressed as expression copy number normalized to the expression of an internal control. The numbers of patients in each subgroup are shown in the bottom of the figure.

Table 2. Area Under the ROC Curves, Sensitivity, Specificity, and Negative as Well as Positive Predictive Values of Nonvirological Responses

Variables	AUC	95% CI	Cutoff	Sensitivity	Specificity	NPV	PPV
RIG-I (copies/int. control)	0.712	0.584-0.840	0.573	0.679	0.733	0.830	0.543
ISG15 (copies/int. control)	0.782	0.666-0.899	0.347	0.714	0.833	0.862	0.667
RIG-I/IPS-1 (copies/int. control)	0.732	0.611-0.852	0.651	0.679	0.750	0.833	0.559
IL28B genotype	0.662	0.537-0.787	TG*/CT†	0.607	0.717	0.796	0.500

AUC, area under the curve; NPV, negative predictive value; PPV, positive predictive value.
*Genotype at rs8099917.
†Genotype at rs12979860.

associated with NVR (Table 3). Among these, multivariate analysis identified old age, HCV core double mutant, and higher hepatic expressions of *RIG-I* and *ISG15* as factors independently associated with NVR (Table 3).

IPS-1 and RIG-I Protein Expression in the Liver. Western blotting revealed that full-length and cleaved IPS-1 were variably present in all the samples from CH-C patients (Fig. 5A). Similar to mRNA

Table 3. Factors Associated with Nonvirological Response

	Univariate Analysis		Multivariate Analysis*	
Factors	Risk Ratio (95% CI)	*P*-value	Risk Ratio (95% CI)	*P*-value
Age (by every 10 year)	1.84 (1.10-3.14)	0.027	3.76 (1.19-11.7)	0.023
Sex				
Male	1			
Female	1.62 (0.59-4.42)	0.350		
BMI (by every 5 kg/m^2)	0.87 (0.46-1.65)	0.672		
Fibrosis stage				
F1/F2	1			
F3/F4	1.82 (0.69-4.85)	0.228		
Degree of steatosis				
<10%	1			
≥10%	1.46 (0.43-5.03)	0.544		
Albumin (by every 1 g/dL)	0.41 (0.11-1.56)	0.190		
AST (by every 40 IU/L)	0.89 (0.53-1.56)	0.681		
ALT (by every 40 IU/L)	0.85 (0.57-1.32)	0.481		
γ-GTP (by every 40 IU/L)	1.32 (0.82-2.07)	0.235		
Fasting blood sugar (by every 100 mg/dL)	1.35 (0.74-2.45)	0.340		
Hemoglobin (by every 1 g/dL)	0.93 (0.67-1.31)	0.683		
Platelet counts (by every 10^4/μL)	0.90 (0.82-0.99)	0.037	0.92 (0.78-1.08)	0.296
HCV load (by every 100 KIU/mL)	1.00 (1.00-1.00)	0.688		
Core 70 & 91 double mutation				
Wild	1		1	
Mutant	3.92 (1.14-13.5)	0.030	11.1 (1.40-88.7)	0.023
ISDR				
Nonwildtype	1			
Wildtype	1.38 (0.13-3.61)	0.513		
IL28B genotype				
Major allele†	1		1	
Minor allele‡	3.91 (1.52-10.0)	0.005	1.53 (0.20-11.9)	0.684
Hepatic gene expression (by every 0.1 copy/*int. control*)				
RIG-I	1.28 (1.10-1.50)	0.002	1.53 (1.07-2.22)	0.021
MDA5	1.53 (1.12-2.00)	0.001		
LGP2	1.34 (1.04-1.74)	0.026		
IPS-1	0.90 (0.78-1.04)	0.143		
RNF125	0.93 (0.83-1.04)	0.204		
ISG15	1.37 (1.16-1.62)	<0.001	1.28 (1.04-1.58)	0.021
USP18	1.67 (1.27-2.20)	<0.001		
IFNλ	1.02 (0.99-1.05)	0.170		
RIG-I/IPS-1 ratio (by every 0.1)	1.21 (1.07-1.36)	0.002		

Risk ratios for nonvirological response were calculated by the logistic regression analysis. BMI, body mass index; AST, aspartate aminotransferase; ALT, alanine aminotransferase; γ-GTP, gamma-glutamyl transpeptidase; HCV, hepatitis C virus; ISDR, IFN sensitivity determining region.
*Multivariate analysis was performed with factors significantly associated with nonvirological response by univariate analysis except for *MDA5*, *LGP2*, *USP18*, and *RIG-I/IPS-1* ratio, which were significantly correlated with *RIG-I* and *ISG15*.
†rs8099917 TT and rs12979860 CC.
‡rs8099917 TG and rs12979860 CT.

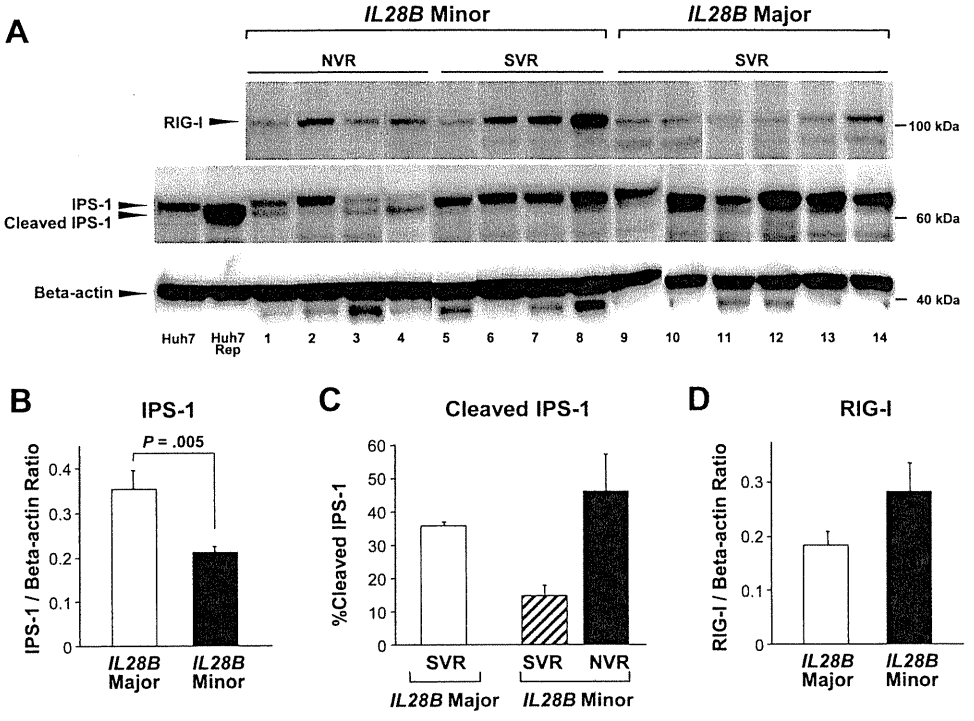

Fig. 5. (A) Western blotting for IPS-1 and RIG-I protein expression levels. Eight lanes contain samples from *IL28B* minor patients (lanes 1-8) and six lanes contain samples from *IL28B* major patients (lanes 9-14). Four lanes contain samples from nonvirological responders (NVR, lanes 1-4) and 10 lanes contain samples from sustained virological responders (SVR, lanes 5-14). Specific bands for RIG-I, full-length IPS-1, cleaved IPS-1, and β-actin are indicated by arrows. Naive Huh7 cells were used for a positive control for full-length IPS-1 (lane Huh7), and cells transfected with HCV-1b subgenomic replicon (Reference #20) were used for a positive control for cleaved IPS-1 (lane Huh7 Rep). (B) Total IPS-1 protein expression levels normalized to β-actin according to *IL28B* genotype. Error bars indicate standard error. *P*-value was determined by Mann-Whitney *U* test. (C) Percentage of cleaved IPS-1 products in total IPS-1 protein according to treatment responses stratified by *IL28B* genotype. Error bars indicate standard error. (D) RIG-I protein expression levels normalized to β-actin according to *IL28B* genotype. Error bars indicate standard error.

expression, total hepatic IPS-1 protein expression was significantly lower in *IL28B* minor patients than in *IL28B* major patients (Fig. 5B). With regard to *IL28B* minor patients, the percentage of cleaved IPS-1 protein in total IPS-1 in SVR was lower than that in NVR (Fig. 5C). In contrast to IPS-1 protein expression, hepatic RIG-I protein expression was higher in *IL28B* minor patients than that in *IL28B* major patients (Fig. 5D).

Discussion

In the present study we found that the baseline expression levels of intrahepatic viral sensors and related regulatory molecules were significantly associated with the genetic variation of *IL28B* and final virological outcome in CH-C patients treated with PEG-IFNα/RBV combination therapy. Although the relationship between the *IL28B* minor allele and NVR in PEG-IFNα/RBV combination therapy is evident, mechanisms responsible for this association remain unknown. *In vitro* studies have suggested that cytoplasmic viral sensors, such as RIG-I and MDA5, play a pivotal role in the regulation of IFN production and augment IFN production through an amplification circuit.[7,8] Our results indicate that expressions of *RIG-I* and *MDA5* and a related amplification system may be up-regulated by endogenous IFN at a higher baseline level in *IL28B* minor patients. However, HCV elimination by subsequent exogenous IFN is insufficient in these patients, as reported,[19] suggesting that *IL28B* minor patients may have adopted a different equilibrium in their innate immune response to HCV. Our data are further supported by recent reports of an association between intrahepatic levels of IFN-stimulated gene expression and PEG-IFNα/RBV response as well as with *IL28B* genotype.[21-23]

In contrast to cytoplasmic viral sensor (*RIG-I, MDA5*, and *LGP2*) and modulator (*ISG15* and *USP18*) expression, the adaptor molecule (*IPS-1*) expression was significantly lower in *IL28B* minor patients. Moreover, western blotting further confirmed IPS-1 protein downregulation in *IL28B* minor patients by revealing decreased protein levels. Because IPS-1 is one of the main target molecules of HCV evasion,[9,18]

transcriptional and translational *IPS-1* expression are probably suppressed by HCV with resistant phenotype, which may be more adaptive in *IL28B* minor patients than in *IL28B* major patients. When we analyzed the proportion of full-length or cleaved IPS-1 to the total IPS-1 protein in a subgroup of *IL28B* minor patients, cleaved IPS-1 product was less dominant in SVR than in NVR, whereas uncleaved full-length IPS-1 protein was more dominant in SVR than in NVR. Therefore, the ability of HCV to evade host innate immunity by cleaving IPS-1 protein and/or host capability of protection from IPS-1 cleavage is probably responsible for the variable treatment responses in *IL28B* minor patients.

Our results indicated a close association between *IL28B* minor patients with higher γ-GTP level and higher frequency of HCV core double mutants, which are known factors for NVR. In contrast, no significant association was observed between *IL28B* genotype and age, gender, or liver fibrosis, which are also known to be unfavorable factors for virological response to PEG-IFNα/RBV. Therefore, certain factors other than the *IL28B* genotype may independently influence virological response. To elucidate whether gene expression involving innate immunity independently associates with a virological response from the *IL28B* genotype, we performed further analysis in a subgroup and conducted a multivariate regression and ROC analyses. Our multivariate and ROC analyses demonstrate that higher expressions of *RIG-I* and *ISG15* as well as a higher ratio of *RIG-I/IPS-1* are independently associated with NVR, and quantification of these values is more useful in predicting final virological response to PEG-IFNα/RBV than determination of *IL28B* genotype in each individual patients. However, the SVR rates in our patients were similar among *IL28B* genotypes, which suggests more SVR patients with the *IL28B* minor allele were included in the present study than those in the general CH-C population. Hence, our data did not necessarily exclude the possibility of the *IL28B* genotype in predicting NVR, although our multivariate analysis could not identify the *IL28B* minor allele as an independent factor for NVR. Interestingly, an association between *IL28B* genotype and expressions of *RIG-I* and *ISG15* as well as *RIG-I/IPS-1* expression ratio is still observed even in patients with the same subgroup of virological response (Fig. 3).

In the present study, although hepatic *IFNλ* expression was observed to be higher in *IL28B* minor and NVR patients, it was not statistically significant. Because *IL28B* shares 98.2% homology with *IL28A*, our primer could not distinguish the expression of *IL28B* from that of *IL28A*, and moreover, we could not specify which cell expresses *IFNλ* (i.e., hepatocytes or other immune cells that have infiltrated the liver). Therefore, the precise mechanisms underlying *IL28B* variation and expression of *IFNλ* in relation to treatment response need further clarification by specifying type of IFNλ and uncovering the producing cells.

In the present study we included genotype 1b patients because it is imperative to designate a virologically homogenous patient group to associate individual treatment responses with different gene expression profiles that direct innate immune responses. We have reported that the *RIG-I/IPS-1* ratio was significantly higher in NVR with HCV genotype 2.[19] However, our preliminary results indicated that baseline hepatic *RIG-I* and *ISG15* expression and the *RIG-I/IPS-1* expression ratio is not significantly different among *IL28B* genotypes in patients infected with genotype 2 (Supporting Figure). This may be related to the rarity of NVR with HCV genotype 2 and the lower effect of *IL28B* genotype on virological responses in patients infected with HCV genotype 2.[24] The association among treatment responses in all genotypes, the different status of innate immune responses, and *IL28B* genotype needs to be examined further.

Differences in allele frequency for *IL28B* SNPs among the population groups has been reported. The frequency of *IL28B* major allele among patients with Asian ancestry is higher than that among patients with European and African ancestry.[25] Because *IL28B* polymorphism strongly influences treatment responses within each population group,[5] our data obtained from Japanese patients can be applied to other population groups. However, the rate of SVR having African ancestry was lower than that having European ancestry within the same *IL28B* genotype.[5] Hence, further study is required to clarify whether this difference among the population groups with the same *IL28B* genotype could be explained by differences in expression of genes involved in innate immunity.

In a recent report, an SVR rate of telaprevir with PEG-IFNα/RBV was only 27.6% in *IL28B* minor patients.[26] Because new anti-HCV therapy should still contain PEG-IFNα/RBV as a platform for the therapy, our findings regarding innate immunity in addressing the mechanism of virological response and predicting NVR remain important in this new era of directly acting anti-HCV agents, such as telaprevir and boceprevir.

In conclusion, this clinical study in humans demonstrates the potential relevance of the molecules involved in innate immunity to the genetic variation

of *IL28B* and clinical response to PEG-IFNα/RBV. Both the *IL28B* minor allele and higher expressions of *RIG-I* and *ISG15* as well as higher *RIG-I/IPS-1* ratio are independently associated with NVR. Innate immune responses in *IL28B* minor patients may have adapted to a different equilibrium compared with that in *IL28B* major patients. Our data will advance both understanding of the pathogenesis of HCV resistance and the development of new antiviral therapy targeted toward the innate immune system.

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Research Article

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Pre-treatment prediction of response to pegylated-interferon plus ribavirin for chronic hepatitis C using genetic polymorphism in *IL28B* and viral factors

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Background & Aims: Pegylated interferon and ribavirin (PEG-IFN/RBV) therapy for chronic hepatitis C virus (HCV) genotype 1 infection is effective in 50% of patients. Recent studies revealed an association between the *IL28B* genotype and treatment response. We aimed to develop a model for the pre-treatment prediction of response using host and viral factors.

Methods: Data were collected from 496 patients with HCV genotype 1 treated with PEG-IFN/RBV at five hospitals and universities in Japan. *IL28B* genotype and mutations in the core and IFN sensitivity determining region (ISDR) of HCV were analyzed to predict response to therapy. The decision model was generated by data mining analysis.

Results: The *IL28B* polymorphism correlated with early virological response and predicted null virological response (NVR) (odds ratio = 20.83, $p < 0.0001$) and sustained virological response (SVR) (odds ratio = 7.41, $p < 0.0001$) independent of other covariates. Mutations in the ISDR predicted relapse and SVR independent of *IL28B*. The decision model revealed that patients with the minor *IL28B* allele and low platelet counts had the highest NVR (84%) and lowest SVR (7%), whereas those with the major *IL28B* allele and mutations in the ISDR or high platelet counts had the lowest NVR (0–17%) and highest SVR (61–90%). The model had high reproducibility and predicted SVR with 78% specificity and 70% sensitivity.

Conclusions: The *IL28B* polymorphism and mutations in the ISDR of HCV were significant pre-treatment predictors of response to PEG-IFN/RBV. The decision model, including these host and viral factors may support selection of optimum treatment strategy for individual patients.

Keywords: *IL28B*; ISDR; Peg-interferon; Ribavirin; Data mining; Decision tree.
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Introduction

Hepatitis C virus (HCV) infection is the leading cause of cirrhosis and hepatocellular carcinoma worldwide [1]. The successful eradication of HCV, defined as a sustained virological response (SVR), is associated with a reduced risk of developing hepatocellular carcinoma. Currently, pegylated interferon (PEG-IFN) plus ribavirin (RBV) is the most effective standard of care for chronic hepatitis C but the rate of SVR is around 50% in patients with HCV genotype 1 [2,3], the most common genotype in Japan, Europe, the United States, and many other countries. Moreover, 20–30% of patients with HCV genotype 1 have a null virological response (NVR) to PEG-IFN/RBV therapy [4]. The most reliable method for predicting the response is to monitor the early decline of serum HCV-RNA levels during treatment [5] but there is no established method for prediction before treatment. Because PEG-IFN/RBV therapy is costly and often accompanied by adverse effects such as flu-like symptoms, depression and hematological abnormalities, pre-treatment predictions of those patients who are unlikely to benefit from this regimen enables ineffective treatment to be avoided.

Recently, it has been reported through a genome-wide association study (GWAS) of patients with genotype 1 HCV that single nucleotide polymorphisms (SNPs) located near the *IL28B* gene are strongly associated with a response to PEG-IFN/RBV therapy in