

FIG. 2. Location of interferon lambda genes and the four SNPs (rs11881222, rs8103142, rs12979860, and rs8099917) associated with IL-28B. chr19, chromosome 19.

1B), recruited from NHO Nagasaki Medical Center, Nagoya City University Hospital, Nagoya Daini Red Cross Hospital, and Kawasaki Medical University Hospital in Japan, in the second stage (Table 1). We then focused on 10 patients whose four SNPs were found in the first and second stages not to be in LD and investigated the response to PEG-IFN/RBV treatment in detail for these patients. Informed consent was obtained from each patient who participated in the study. This study was conducted in accordance with provisions of the Declaration of Helsinki.

Definition of treatment responses. Nonvirological response (NVR) was defined as less than a 2-log-unit decline in the serum level of HCV RNA from the pretreatment baseline value within the first 12 weeks or detectable viremia 24 weeks after treatment. Virological response (VR) was defined in this study as the achievement of sustained VR (SVR) or transient VR (TVR); SVR was defined as undetectable HCV RNA in serum 6 months after the end of treatment, whereas TVR was defined as a reappearance of HCV RNA in serum after treatment was discontinued in a patient who had undetectable HCV RNA during

the therapy or had achieved a more than 2-log-unit decline within the first 12 weeks after treatment.

**DNA extraction.** Whole blood was collected from all participants and centrifuged to separate the buffy coat. Genomic DNA was extracted from the buffy coat with Genomix (Talent SRL, Italy).

Five different genotyping methods. Four SNPs (rs11881222, rs8103142, rs12979860, and rs8099917) (Fig. 2) were determined in 292 patients by five different genotyping methods. We developed the five methods (direct sequencing, high-resolution melting analysis [HRM], hybridization probe (HP), Invader-Plus assay (Invader), and the TaqMan SNP genotyping assay (TaqMan) to determine the genotypes of the rs11881222 and rs8103142 polymorphisms. We also developed four different methods (direct sequencing, HRM, HP, and Invader) to determine the genotypes of the rs12979860 and rs8099917 polymorphisms. The genotype of rs12979860 was also determined by the TaqMan genotyping method developed by Duke University, and the genotype of rs8099917 was also determined with the TaqMan predesigned SNP genotyping assay. Figures 3,



FIG. 3. The nucleotide sequence around rs8099917 is shown. Primers and probes for four different methods (Sequence, direct sequencing; HRM, high-resolution melting analysis; HP, hybridization probe; Invader, InvaderPlus assay) to determine rs8099917 polymorphism are shown. F, forward primer; R, reverse primer.

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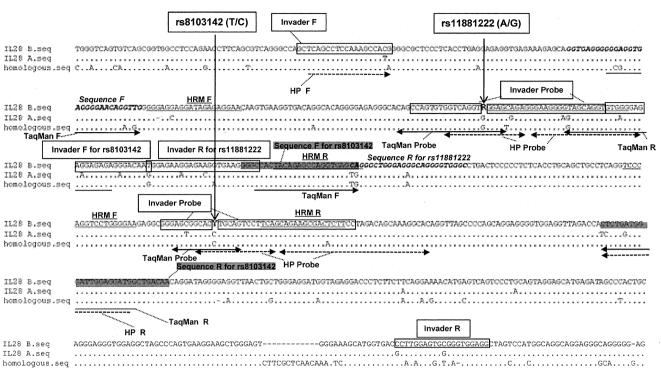


FIG. 4. The nucleotide sequence around rs11881222 and rs8103142 is shown. Primers and probes for five different methods (Sequence, direct sequencing; HRM, high-resolution melting analysis; HP, hybridization probe; Invader, InvaderPlus assay; TaqMan, TaqMan assay) to determine rs11881222 and rs8103142 polymorphisms are shown. F, forward primer; R, reverse primer.

4, and 5 show the primers and probes for each genotyping method. Because the sequence of IL-28B is very similar to those of IL-28A, IL-29, and a homologous sequence upstream of IL-28B, we had to design the primers and probe for each method to distinguish IL-28B from the other sequences. First, primers were designed with Visual OMP Nucleic Acid software, and then we confirmed that the candidate primers should not amplify sequences other than the target region by using UCSC Genome Browser. Next, we confirmed that the amplicon was resolved as a single band, when the PCR products amplified by the primers under evaluation were electrophoresed. Finally, we had to optimize each set of primers and probe for each method (Fig. 3 to 5; see the table in the supplemental material).

Direct sequencing, PCR was carried out with 12.5 μl AmpliTaq Gold 360 master mix (Applied Biosystems), 10 pmol of each primer, and 10 ng of genomic DNA under the following thermal cycler conditions: stage 1, 94°C for 5 min; stage 2, 94°C for 30 s, 65°C for 30 s, 72°C for 45 s, for a total of 35 cycles; and stage 3, 72°C for 7 min. For sequencing, 1.0 μl of the PCR products was incubated with the use of a BigDye Terminator v3.1 cycle sequencing kit (Applied Biosystems). After ethanol purification, the reaction products were applied to the Applied Biosystems 3130xl DNA analyzer.

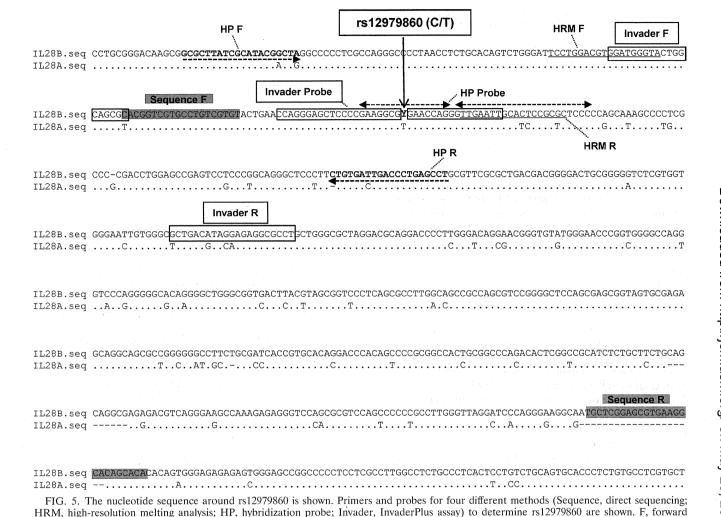
HRM analysis. HRM analysis was performed on a LightCycler 480 (LC480; Roche Diagnostics) as described previously (5, 15, 24). We designed pairs of primers flanking each SNP (Fig. 3 to 5) to amplify DNA fragments shorter than 200 bp. PCR was performed in a 20-μl volume containing 10 μl LightCycler 480 high-resolution melting master mix (Roche Applied Science), 4 pmol of each primer, and 10 ng genomic DNA. The cycling conditions were as follows: SYBR green I detection format, 1 cycle of 95°C for 10 min and 50 cycles of 95°C for 5 s, 60°C for 10s, and 72°C for 20 s, followed by an HRM step of 95°C for 1 min, 40°C for 1 min, and 74°C for 5 s and continuous acquisition to 90°C at 25 acquisitions per 1°C. HRM data were analyzed with Gene Scanning software (Roche Diagnostics).

**Hybridization probe.** We designed oligonucleotide primers and hybridization probes for the four SNPs (Fig. 3 to 5). All assays were performed with the LC480 as described previously (4, 18). The amplification mixture consisted of 4  $\mu$ l of 5× reaction mixture (LightCycler 480 genotyping master; Roche Diagnostics), 5 pmol of each oligonucleotide primer, 3.2 pmol of each oligonucleotide probe, and 10 ng of template DNA in a final volume of 20  $\mu$ l. Samples were amplified

as follows: 45 cycles of denaturation at 95°C for 10 s, annealing at 60°C for 10 s, and extension at 72°C for 20 s. The generation of target amplicons for each sample was monitored between the annealing and elongation steps at 610 and 640 nm. Samples positive for target genes were identified by the instrument at the cycle number where the fluorescence attributable to the target sequences exceeded that measured as background. Those scored as positive by the instrument were confirmed by visual inspection of the graphical plot (cycle number versus fluorescence value) generated by the instrument.

InvaderPlus assay. The InvaderPlus assay, which combines PCR and the Invader reaction (11, 12), was performed with the LC480. The enzymes used in InvaderPlus are native Taq polymerase (Promega Corporation, Madison, WI) and Cleavase enzyme (Third Wave Technologies, Madison, WI). The reaction is configured to use PCR primers with a melting temperature ( $T_m$ ) of 72°C and Invader detection probe with a target-specific  $T_m$  of 63°C. The Invader oligonucleotide overlaps the probe by one nucleotide, forming at 63°C an overlap flap substrate for the Cleavase enzyme. The first step of InvaderPlus is PCR target amplification, in which the reaction is subjected to 18 cycles of a denaturation step (95°C for 15 s) and hybridization and extension steps (70°C for 1 min). At the end of PCR cycling, the reaction mixture is incubated at 99°C for 10 min to inactivate the Taq polymerase. Next, the reaction temperature is lowered to 63°C for 15 to 30 min to permit the hybridization of the probe oligonucleotide and the formation of the overlap flap structure. Data were analyzed by endpoint genotyping software (Roche Diagnostics).

TaqMan assay. The rs8099917 polymorphism was determined by using TaqMan predesigned SNP genotyping assays, as recommended by the manufacturer. The TaqMan assay for determination of the genotype of rs12979860 was kindly provided by David B. Goldstein at Duke University. We designed primers and probes for TaqMan genotyping assays for the other two SNPs. Each genomic DNA sample (20 ng) was amplified with TaqMan universal PCR master mix reagent (Applied Biosystems, Foster City, CA) combined with the specific TaqMan SNP genotyping assay mixture, corresponding to the SNP to be genotyped. The assays were carried out using the LC480 (Roche Applied Science) and the following conditions: 2 min at 50°C and 10 min at 95°C, followed by 40 cycles of 15 s at 95°C and 1 min at 60°C. Data were analyzed by endpoint genotyping software (Roche Diagnostics).



# RESULTS

primer; R, reverse primer.

Genotyping for four SNPs associated with IL-28B was unsuccessful by HRM in five cases. Figure 1A shows the patients' flowchart of the first stage. Genotyping of four SNPs (rs11881222, rs8103142, rs12979860, and rs8099917) was attempted by five different methods (direct sequencing, HRM, HP, Invader, and TaqMan) for 292 patients. In five cases, one of the four SNPs could not be genotyped by HRM. Therefore, we excluded the HRM method from further study. The genotyping failures by HRM involved two cases for rs11881222, two cases for rs8103142, and one case for rs8099917.

Consistencies of four different methods to determine genotypes for four SNPs associated with IL-28B. Consistencies among the results of genotyping by the remaining four methods were 100%, except for the results for rs8099917 (Table 2). For rs8099917, the results determined by direct sequencing were inconsistent with the other three methods in two cases (Tables 2 and 3). The HP, TaqMan, and Invader methods were accurate and reliable for genotyping the four SNPs associated with IL-28B. Invader was chosen for genotyping in the second stage, because the analysis time was the shortest and the sen-

TABLE 2. Determination of four SNPs associated with IL-28B by four different methods  $^a$ 

		No. (%) of cases with genotype by:					
SNP	Genotype	Direct sequencing	НР	Invader	TaqMan		
rs11881222	AA	199 (69.3)	199 (69.3)	199 (69.3)	199 (69.3)		
	AG	84 (29.3)	84 (29.3)	84 (29.3)	84 (29.3)		
	GG	4 (1.4)	4 (1.4)	4 (1.4)	4 (1.4)		
rs8103142	TT	199 (69.3)	199 (69.3)	199 (69.3)	199 (69.3)		
	TC	84 (29.3)	84 (29.3)	84 (29.3)	84 (29.3)		
	CC	4 (1.4)	4 (1.4)	4 (1.4)	4 (1.4)		
rs12979860	CC	198 (69.0)	198 (69.0)	198 (69.0)	198 (69.0)		
	CT	85 (29.6)	85 (29.6)	85 (29.6)	85 (29.6)		
	TT	4 (1.4)	4 (1.4)	4 (1.4)	4 (1.4)		
rs8099917	TT	204 (71.1)	202 (70.4)	202 (70.4)	202 (70.4)		
	TG	79 (27.5)	81 (28.2)	81 (28.2)	81 (28.2)		
	GG	4 (1.4)	4 (1.4)	4 (1.4)	4 (1.4)		

 $<sup>^{\</sup>prime\prime}$  There was 100% consistency for rs11881222, rs8103142, and rs12979860, and there was 99.3% consistency for rs8099917.

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TABLE 3. Inconsistency in two cases between rs8099917 genotyping by direct sequencing and three other methods

Case no.	rs8099917 genotype by":				
	Direct sequencing	НР	Invader	TaqMan	
1 2	T/T T/T	T/G T/G	T/G T/G	T/G T/G	

<sup>&</sup>quot; Homozygous genotypes are highlighted in boldface.

sitivity was the greatest of the three methods (HP, TaqMan, and Invader), as reported previously (20).

Genotyping error for rs8099917 by direct sequencing due to novel SNP. In two cases, the results of genotyping for rs8099917 by direct sequencing were inconsistent with the results by the other methods (Table 3). Direct sequencing determined the genotype for rs8099917 as T/T in cases 1 and 2; however, the other three genotyping methods (HP, Invader, and TaqMan) determined the genotypes for rs8099917 as T/G in both cases. Further study using alternative primers for direct sequencing revealed that the correct genotypes were T/G and revealed a novel minor SNP present in the forward primer binding site in these two cases (data on file) and which interfered with the PCR amplification step (Fig. 3).

Distribution of haplotypes among four SNPs associated with IL-28B. In the first stage, the four SNPs were in LD in 281 (98.6%) of 285 cases and not in LD in the remaining 4 (1.4%). The first stage revealed five different haplotypes (no. 1 to 5 in Table 4). In haplotypes 1 to 3, the four SNPs were in LD (haplotype 1, homozygous of the major allele among 4 SNPs; n = 198 [69.5%]; haplotype 2, heterozygous among 4 SNPs; n = 79 [27.7%]; and haplotype 3, homozygous of the minor allele among 4 SNPs; n = 4 [1.4%]). In haplotype 4 (3 cases) rs11881222, rs8103142, rs12979860, and rs8099917 were AG, TC, CT, and TT, respectively. In haplotype 5 (one case), rs11881222, rs8103142, rs12979860, and rs8099917 were AA, TT, CT, and TT, respectively. Genotyping by the Invader method of the four SNPs associated with IL-28B in 416 patients in the second stage revealed that the four SNPs were not in LD in 6 cases (1.4%) (Table 4). A total of 410 (98.6%) of 416 cases were in LD for the four different SNPs. The second stage showed six different haplotypes (haplotypes 1 to 4, 6, and 7). Haplotypes 1 to 4 were detected in the first stage, but haplotypes 6 and 7 were not. The distribution of haplotypes was such that haplotypes 1, 2, 3, and 4 were found in 294 (70.7%), 110 (26.5%), 6 (1.4%), and 4 (1.0%) cases, respectively. In haplotype 6 (one case), rs11881222, rs8103142, rs12979860, and rs8099917 were AG, TT, CC, and TT, respectively. In haplotype 7 (one case), rs11881222, rs8103142, rs12979860, and rs8099917 were AA, TT, CT, and TG, respectively.

Response to PEG-IFN/RBV treatment in 10 cases in which the four SNPs associated with IL-28B were not in LD. In 7 (cases 1 to 7 [70%]) of the 10 cases where the four SNPs were not in LD, the haplotype was such that rs11881222, rs8103142, rs12979860, and rs8099917 were AG, TC, CT, and TT, respectively (Table 5). In nine cases (cases 1 to 9), rs8099917 was homozygous for the major allele, while one or more of the other SNPs were heterozygous. Eight (cases 1 to 8) of these

TABLE 4. Distribution of haplotypes among four SNPs associated with IL-28B in stages 1 and 2

Ctana	Haplotype	Genotype for SNP:				
Stage	no.	rs11881222	rs8103142	rs12979860	rs8099917	haplotype shown
1	1	AA	TT	CC	TT	198 (69.5)
	2	AG	TC	CT	TG	79 (27.7)
	3	GG	CC	TT	GG	4 (1.4)
	4	AG	TC	CT	TT	3 (1.0)
	5	AA	TT	CT	TT	1 (0.4)
2	1	AA	TT	CC	TT	294 (70.7)
	2	AG	TC	CT	TG	110 (26.5)
	3	GG	CC	TT	GG	6 (1.4)
	4	AG	TC	CT	TT	4 (1.0)
	6	AG	TT	CC	TT	1 (0.2)
	7	AA	TT	CC	TG	1 (0.2)

nine cases were viral responders who met the following criteria: HCV had disappeared during therapy, or HCV RNA had decreased more than 2 log copies/ml before 12 weeks after beginning of therapy, although some cases were under treatment or before determination of the final response to PEG-IFN/RBV. Case 9 was NVR due to poor adherence of PEG-IFN (<50% dose), even though rs8099917 was homozygous of the major allele. The haplotype of case 9 showed that rs11881222, rs8103142, rs12979860, and rs8099917 were AA, TT, CT, and TG, respectively. NVR in case 10 was reasonable from the genotypes of rs8099917 and rs12979860, because they were heterozygous, although rs11881222 and rs8103142 were homozygous for the major allele.

#### DISCUSSION

The relationship between SNPs associated with IL-28B and the response to PEG-IFN/RBV therapy for chronic hepatitis C was found by SNP array, using GWAS technology, by three different groups throughout the world, including our own, in 2009 (6, 19, 21). Following these reports, many studies have confirmed the association between the response to PEG-IFN/ RBV and SNPs associated with IL-28B (14, 16). Therefore, it is obvious that these SNPs may be valuable for predicting the response to PEG-IFN/RBV therapy. Recently, it was reported that various SNPs were associated with development of disease and response to therapy and correlated with adverse effects. Several SNPs, such as the UGT1A1 polymorphism for the treatment with irinotecan (1, 17), have already been exploited in clinical practice to avoid severe adverse effects. These tailor-made therapies are expected to become more common in clinical practice in the near future (9). The next step toward tailor-made therapy for PEG-IFN/RBV therapy against chronic hepatitis C involved the development of simple, accurate, and inexpensive methods to determine the genotype of SNPs and determination of the best SNP where the four SNPs associated with IL-28B were not in LD, so that they may be applied in clinical practice.

Genotyping of IL-28B SNPs is quite different from other SNPs, because the sequence of IL-28B is very similar to those of IL-28A, IL-29, and an additional homologous sequence upstream of IL-28B (Fig. 2). We had to design primers and probes for each method to distinguish IL-28B specifically. We

TABLE 5. Clinical characteristics of 10 cases in which the SNPs associated with IL-28B were not in LD

Case		SNP of IL-28B <sup>b</sup>		Age Gender C		Genotype Vir		Final response to	VR or NVR	Period of disappearance of	
no.a	rs11881222	rs8103142	rs12979860	rs8099917	(yr)	Gender	Genetype	titer	PEG-IFN/RBV		HCV
1	A/G	T/C	C/T	T/T	64	Female	1b	6.5	TR	VR	4 wk
2	A/G	T/C	C/T	T/T	72	Male	1b	2.9	SVR	VR	4 wk
3	A/G	T/C	C/T	T/T	64	Male	1b	7	$ND^c$	VR	8 wk
4	A/G	T/C	C/T	T/T	51	Female	1b	7.2	Under treatment	VR	3.6 log units down after 12 wk
5	A/G	T/C	C/T	T/T	60	Female	2	5.8	Under treatment	VR	12 wk
6	A/G	T/C	C/T	T/T	56	Female	1b	5.9	Under treatment	VR	2.0 log units down after 2 wk
7	A/G	T/C	C/T	T/T	62	Male	1b	5.4	SVR	VR	4 wk
8	A/G	T/T	C/C	T/T	58	Male	1b	6.2	TR	VR	12 wk
9	A/A	T/T	C/T	T/T	68	Male	1b	7	NVR	NVR	<u></u> d
10	A/A	T/T	C/T	T/G	48	Female	1b	6	NVR	NVR	· · · · · · · · · · · · · · · · · · ·

<sup>&</sup>quot; All cases shown were treated with PEG-IFN/RBV.

<sup>d</sup> —, HCV did not disappear.

think that the results in this paper are especially applicable to IL-28B genotyping. In this study, only HRM failed to determine the genotype of SNPs associated with IL-28B. The reason HRM failed more frequently than the other genotyping methods is attributable to the characteristics of this specific method. Because HRM determines the genotype of each SNP by distinguishing the melting curve of an amplicon of around 200 bp, it may tend to be influenced by another SNP. As a matter of fact, minor SNPs around rs8099917 were found in cases of genotyping failure by HRM (data not shown). Although this specific characteristic of the HRM method is useful for detecting novel mutations or SNPs, it is not suitable for determination of the genotype of SNPs associated with IL-28B.

Direct sequencing erroneously reported the T/G genotype as T/T for the rs8099917 polymorphism. We found that the cause of this genotyping error was a novel rare SNP in the forward primer binding site used for amplification and direct sequencing (data on file). Because this novel SNP was not registered as an SNP in the NCBI database, the primer was designed at this site. Since the novel SNP correlated with the rs8099917 polymorphism in LD, adenine for the novel SNP is present on the same allele as guanine in the rs8099917 polymorphism. Therefore, the forward PCR primer (AAGTAACACTTGTTCCTT GTAAAAGATTCC) could not anneal to the binding site, which was changed from guanine (G) to adenine (A) at the underlined nucleotide position: only the allele which has T at the rs8099917 was amplified, the genotype was determined as T/T. Rare sequence variations not registered in the database, might be present in the primer binding sites for amplification and might be the cause of erroneous direct sequencing. Ikegawa et al. reported that annealing efficiency in direct sequencing led to the mistyping of an SNP (10). Although our results in this paper are especially applicable to IL-28B genotyping, it should be recognized that allele-dependent PCR amplification and erroneous typing can occur when SNPs are genotyped by a PCR-based approach. Should SNPs associated with IL-28B be found not to be in LD, it would be preferable to confirm the genotype by another method.

In 10 cases, four SNPs associated with IL-28B were not in LD. In seven (70%) of the 10 cases, the haplotype showed that

rs11881222, rs8103142, rs12979860, and rs8099917 were AG, TC, CT, and TT, respectively. Only the rs8099917 polymorphism differed frequently from the other three SNPs. The reason for the high frequency of this haplotype is thought to be attributable to the location of these SNPs. The location of rs8099917 is downstream and quite far from the two SNPs (rs11881222 and rs8103142) in the IL-28B gene (Fig. 2). The SNPs rs11881222 and rs8103142 were almost perfectly in LD, because they are located close to each other.

It is well described that homozygosity for the major allele of SNPs associated with IL-28B is correlated with a better response to PEG-IFN/RBV treatment, and minor allele-positive patients are poor responders. However, the response to PEG-IFN/RBV remains unknown when several SNPs associated with IL-28B are not in LD. Because cases in which the SNPs are not in LD are quite rare, it was thought to be difficult to study such cases. In this study, 10 (1.4%) of 708 patients showed haplotypes in which the four SNPs were not in LD. We focused on the response to PEG-IFN/RBV therapy in these 10 cases (Table 5). We evaluated the response to PEG-IFN/RBV treatment from the viewpoint of virological response, because some patients had not completed their PEG-IFN/RBV treatment. (Case 3 was before determination for the final response after finishing the treatment, and cases 4 to 6 were under treatment.)

Thomas et al. reported that allele frequencies for rs12979860 varied among racial and ethnic groups (23). Indeed, the observation that the major allele is less frequent among individuals of African descent than those of European descent might explain the observed discrepancy in the frequencies of viral clearance in these two ethnic groups, where clearance occurs in 36.4% of HCV infections in individuals of non-African ancestry, but in only 9.3% of infections in individuals of African ancestry (22). We have recruited only Japanese chronic hepatitis C patients for this study. Since the distribution of haplotype and response to PEG-IFN/RBV treatment should vary among populations, further study will be necessary for any other populations except Japanese.

We have shown that the rs8099917 polymorphism determined by Invader assay should be the best predictor of the

h Homozygous genotypes are highlighted in boldface

ND, not determined. The final response to PEG-IFN/RBV was not determined in this patient because 6 months had not passed after the end of treatment.

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response to PEG-IFN/RBV in Japanese chronic hepatitis C patients.

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# Association of IL28B Variants With Response to Pegylated-Interferon Alpha Plus Ribavirin Combination Therapy Reveals Intersubgenotypic Differences Between Genotypes 2a and 2b

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Genetic polymorphisms of the interleukin 28B (IL28B) locus are associated closely with outcomes of pegylated-interferon (PEG-IFN) plus ribavirin (RBV) combination therapy. The aim of this study was to investigate the relationship between IL28B polymorphism and responses to therapy in patients infected with genotype 2. One hundred twenty-nine chronic hepatitis C patients infected with genotype 2, 77 patients with genotype 2a and 52 patients with genotype 2b, were analyzed. Clinical and laboratory parameters, including genetic variation near the IL28B gene (rs8099917), were assessed. Drug adherence was monitored in each patient. Univariate and multivariate statistical analyses of these parameters and clinical responses were carried out. Univariate analyses showed that a sustained virological response was correlated significantly with IL28B polymorphism, as well as age, white blood cell and neutrophil counts, adherence to RBV, and rapid virological response. Subgroup analysis revealed that patients infected with genotype 2b achieved significantly lower rapid virological response rates than those with genotype 2a. Patients with the IL28B-major allele showed higher virus clearance rates at each time point than those with the IL28B-minor allele, and the differences were more profound in patients infected with genotype 2b than those with genotype 2a. Furthermore, both rapid and sustained virological responses were associated significantly with IL28B alleles in patients with genotype

Abbreviations: HCV, hepatitis C virus; HCC, hepatocellular carcinoma; IFN, interferon; PEG-IFN, pegylated-interferon; RBV, ribavirin; IL28B, interleukin 28B; SNPs, single nucleotide polymorphisms; BMI, body mass index; ALT, alanine transaminase; ISDR, the interferon sensitivity determining region; ITPA, inosine triphosphatase

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2b. IL28B polymorphism was predictive of PEG-IFN plus RBV combination treatment outcomes in patients infected with genotype 2 and, especially, with genotype 2b. In conclusion, IL-28B polymorphism affects responses to PEG-IFN-based treatment in difficult-to-treat HCV patients. J. Med. Virol. 83:871-878, 2011. © 2011 Wiley-Liss, Inc.

KEY WORDS: hepatitis C virus (HCV); chronic hepatitis C; genotype 2; PEG-IFN plus RBV therapy: combination therapy; IL28B; interferon-λ3

#### INTRODUCTION

Hepatitis C virus (HCV) infects around 170 million people worldwide and is characterized by a high probability of developing chronic inflammation and fibrosis of the liver, leading to end-stage liver failure and hepatocellular carcinoma (HCC) [Alter, 1997; Sakamoto and Watanabe, 2009]. Since the first report in 1986, type I interferons have been the mainstay of HCV therapy [Hoofnagle, 1994]. Current standards of care consist of a combination of ribavirin (RBV) plus pegylated interferon (PEG-IFN)-alpha for 48 weeks for infection with genotypes 1 and 4, and for 24 weeks for the other genotypes [Zeuzem et al., 2000; Fried et al., 2002]. Although this treatment improved substantially sustained virological response rates, it may result also in serious adverse effects and a considerable proportion of patients require early discontinuation of treatment. Patients of African origin have even poorer treatment outcomes [Rosen and Gretch, 1999]. Given this situation, a precise assessment of the likely treatment outcomes before the initiation of treatment may improve substantially the quality of antiviral treatment.

Recently, several studies have reported that genetic polymorphisms of the IL28B locus, which encodes interferon-λ3 (interleukin 28B), are associated with response to interferon-based treatment of chronic HCV infections with genotype 1 [Ge et al., 2009; Suppiah et al., 2009; Tanaka et al., 2009] and also spontaneous clearance of HCV [Thomas et al., 2009].

While chronic HCV infections with genotype 2 are associated with good treatment outcome, there are some refractory cases among patients infected with genotype 2, similar to genotype 1. The aims of this study were to analyze retrospectively clinical and virological factors associated with treatment response in patients with chronic HCV infection with genotype 2 who were treated with PEG-IFN plus RBV combination therapy and to clarify the relationship between IL28B polymorphism and the response to combination therapy.

#### PATIENTS AND METHODS

The authors analyzed retrospectively 129 patients with chronic HCV infection with genotype 2 who received combination therapy with PEG-IFN plus RBV between December 2004 and December 2009 at 10 multicenter hospitals (liver units with hepatologists) throughout Japan. All patients had chronic active hepatitis confirmed histologically or clinically and were positive for anti-HCV antibodies and serum HCV RNA by quantitative or qualitative assays. Patients with a positive test for serum hepatitis B surface antigen, coinfection with other HCV genotypes, coinfection with human immunodeficiency virus, other causes of hepatocellular injury (such as alcoholism, autoimmune hepatitis, primary biliary cirrhosis, or a history of treatment with hepatotoxic drugs), and a need for hemodialvsis were excluded.

## Study Design

Each patient was treated with combination therapy with PEG-IFN-α2b (Peg-Intron, Schering-Plough Nordic Biotech, Stockholm, Sweden, at a dose of 1.2-1.5 µg/ kg subcutaneously once a week) or PEG-IFN-α2a (Pegasys; Roche, Basel, Switzerland, at a dose of 180 µg subcutaneously once a week) plus RBV (Rebetol, Schering-Plough Nordic Biotech or Copegus; Roche) 600-1,000 mg daily depending on the body weight (b.w.) (b.w. <60 kg: 600 mg po daily; b.w: 60-80 kg: 800 mg po daily; b.w. >80 kg: 1,000 mg po daily; in two divided doses). The duration of the combination therapy was set at a standard 24 weeks, but treatment reduction or discontinuation was permitted by doctor's decision. The rates of PEG-IFN and RBV administration achieved were calculated as percentages of actual total dose administered of a standard total dose of 24 weeks, according to body weight before therapy. During treatment, patients were assessed as outpatients at weeks 2, 4, 6, 8, and then every 4 weeks for the duration of treatment and at every 4 weeks after the end of treatment. Biochemical and hematological testing was carried out in a central laboratory. Serum HCV RNA was measured before treatment, during treatment at 4 weekly intervals, and after therapy at 4 weekly intervals for 24 weeks, by quantitative or qualitative assays.

# **Patient Evaluation**

The following factors were analyzed to determine whether they were related to the efficacy of combination therapy: age, gender, body mass index (BMI), previous IFN therapy, grade of inflammation and stage of fibrosis on liver biopsy, pretreatment biochemical parameters, such as white blood cells, neutrophils, hemoglobin, platelet count, alanine transaminase (ALT) level, serum HCV RNA level (log IU/ml), and single nucleotide polymorphism (SNPs) in the *IL28B* locus (rs8099917). Liver biopsy specimens were evaluated blindly, to determine the grade of inflammation and stage of fibrosis, by an independent interpreter who was not aware of the clinical data. Activity of inflammation was graded on a scale of 0-3: A0 shows no activity, A1 shows mild activity, A2 shows moderate activity and A3 shows severe activity. Fibrosis was staged on a scale of 0-4:

F0 shows no fibrosis. F1 shows moderate fibrosis. F2 shows moderate fibrosis with few septa, F3 shows severe fibrosis with numerous septa without cirrhosis and F4 shows cirrhosis.

Informed written consent was obtained from each patient who participated in the study. The study protocol conformed to the ethical guidelines of the Declaration of Helsinki and to the relevant ethical guidelines as reflected in a priori approval by the ethics committees of all the participating universities and hospitals.

# **SNP** Genotyping

Human genomic DNA was extracted from whole blood of each patient. Genetic polymorphism of IL28B was determined by DigiTag2 assay by typing one tag SNP located within the IL28B locus, rs8099917 (22). Heterozygotes (T/G) or homozygotes (G/G) of the minor allele (G) were defined as having the IL28B minor allele, whereas homozygotes for the major allele (T/T) were defined as having the IL28B major allele.

#### Outcomes

The primary end point was a sustained biochemical and virological response. A sustained virological response was defined as serum HCV RNA undetectable at 24 weeks after the end of treatment. Secondary end points were a rapid virological response (HCV RNA undetectable in serum at week 4) and end-of-treatment virological response. In addition, tolerability (adverse events) and drug adherence were recorded and factors potentially associated with virological response explored.

#### Statistical Analysis

SPSS software package (SPSS 18J, SPSS, Chicago, IL) was used for statistical analysis. Discrete variables were evaluated by Fisher's exact probability test and distributions of continuous variables were analyzed by the Mann-Whitney U-test. Independent factors possibly affecting response to combination therapy were examined by stepwise multiple logistic-regression analysis. All P-values were calculated by two-tailed tests, and those of less than 0.05 were considered statistically significant.

## RESULTS

# Clinical Characteristics and Response to Therapy

The clinical characteristics and response rates to therapy of 129 patients are summarized in Tables I and II. Sixty-eight patients achieved a rapid virological response, whereas 44 patients remained HCV-RNA positive at week 4. Treatment reduction or cessation was permitted also to avoid side effects, and one patient stopped treatment at week 12 because he was

TABLE I. Baseline Characteristics of Participating Patients Infected With HCV Genotype 2

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Total number	129
Genotype (2a/2b)	77/52
IL28B SNPs (rs8099917)	
TT/TG/GG	100/28/1
Age (years) <sup>a</sup>	64 (20-73)
Gender (male/female)	64/65
Body mass index $(kg/m^2)^a$ $(N = 80)$	23.7 (16.9–33.5)
Previous interferon therapy (no/yes)	102/21 (unknown 6)
Histology at biopsy $(N = 96)$	
Grade of inflammation	
A0/1/2/3	10/53/29/4
Stage of fibrosis	
F0/1/2/3	7/59/19/11
White blood cells $(/\mu l)^b$ (N = 94)	$5{,}115 \pm 1{,}630$
Neutrophils $(/\mu l)^b$ (N = 94)	$2,765 \pm 1,131$
Hemoglobin $(g/dl)^b$ $(N = 95)$	$14.2\pm1.3$
Platelet count $(\times 10^{-3}/\mu l)^b$ (N = 98)	$187\pm95$
$ALT (IU/L)^b (N = 95)$	$82 \pm 78$
Serum HCV-RNA level (log(IU/ml)) <sup>a,c</sup>	6.2(3.6-7.4)
Treatment duration (>16, $\leq 24$ )	19/110

SNPs, single nucleotide polymorphisms; ALT, alanine transaminase.

<sup>a</sup>Data are shown as median (range) values.

Data are expressed as mean  $\pm$  SD.

<sup>c</sup>Data are shown as log(IU/ml)).

anticipated to be a non-responder. On an intention-totreat analysis, serum HCV-RNA levels were negative at the end of treatment in 125 of the 129 patients (97%) treated and, among them, 98 (76%) achieved a sustained virological response. The rapid virological response rate of patients infected with genotype 2b was lower significantly than that of patients infected with genotype 2a (P = 0.036) (Table II). The sustained virological response rate decreased with RBV drug discontinuation and dose reduction (84% and 66% with  $\geq$  80% and <80% of RBV dose, P = 0.021, Table III). Adherences to PEG-IFN did not influence a sustained virological response or end of treatment response significantly, while RBV adherence was associated significantly with a sustained virological response (Table III).

# Factors Associated With a **Sustained Virological Response**

Next the host clinical and viral factors associated with a sustained virological response were analyzed. Univariate statistical analysis showed that six parameters were associated significantly with the sustained virological response rates, including age, white blood cells, neutrophils, adherence to RBV, rapid virological response and an IL28B SNP (rs8099917) (Table IV). There was no significant association of sustained virological response with gender, previous interferon therapy, stage of fibrosis, pretreatment HCV titer or adherence to PEG-IFN. Further multivariate analyses were conducted using significant factors identified by the univariate analysis (Table V). The multiple logisticregression analysis showed that only a rapid virological response was associated with a sustained virological response (OR = 0.170, P = 0.019).

TABLE II. Response Rates to Therapy

Character	naracter Number		total number (%)
Overall RVR ETR SVR		12	88/112 (61) 85/129 (97) 8/129 (76)
Genotype	2a	2b	P-value
RVR ETR SVR	46/67 (69) 74/77 (96) 56/77 (73)	22/45 (49) 51/52 (98) 42/52 (81)	0.036 NS NS

RVR, rapid virological response; ETR, end of treatment response; SVR, sustained virological response. Bold indicated *P*-value of less than 0.05.

TABLE III. Response Rates to Treatment According to Drug Adherence

	≥80%	<80%	P-value
PEG-IFN adhere	nce		
ETR	94/96 (98)	31/33 (94)	NS
SVR	75/96 (78)	23/33 (70)	NS
RBV adherence			
ETR	72/73 (99)	53/56 (95)	NS
SVR	61/73 (84)	37/56 (66)	0.021

ETR, end of treatment response; SVR, sustained virological response; PEG-IFN, pegylated interferon; RBV, ribavirin.

The rates of PEG-IFN and RBV administration achieved were calculated as percentages of actual total dose administered of a standard total dose of 24 weeks, according to body weight before therapy. Bold indicated P-value of less than 0.05.

# **Comparison of Sustained Virological Response** Rates According to IL28B SNPs

The PEG-IFN plus RBV treatment efficacy was compared after dividing the study subjects into two groups based on IL28B alleles (Table VI). Patients homozygous for the IL28B major allele (TT allele) achieved significantly higher rapid and sustained virological response rates than those heterozygous or homozygous for the IL28B minor allele (TG/GG alleles) (P < 0.05). In addition, responses to PEG-IFN plus RBV treatment were analyzed after dividing the study subjects into those with genotype 2a and with genotype 2b. The rapid and sustained virological response rates tended to be higher in patients homozygous for the IL28B major allele than those heterozygous or homozygous for the

TABLE IV. Clinical and Virological Characteristics of Patients Based on Therapeutic Response

	SVR (n = 98)	Non-SVR $(n = 31)$	P-value
Genotype (2a/2b)		56/42	21/10
$IL28B \hat{S}NPs (rs8099917)$			
$\mathrm{TT/TG}+\mathrm{GG}$	81/17	19/12	0.024
Age (years) <sup>a</sup>	56 (20–73)	61 (40–72)	0.002
Gender (male/female)	51/47	13/18	NS
Body mass index (kg/m <sup>2</sup> ) <sup>a</sup>	22.8 (16.9–33.5)	24.1 (20.3–27.6)	NS
Previous Interferon therapy (no/yes)	80/14	22/7	NS
Grade of inflammation (A0-1/2-3)	46/28	15/7	NS
Stage of fibrosis (F0-2/3-4)	64/10	21/1	NS
White blood cells (/μl) <sup>b</sup>	$5,318 \pm 1,617$	$4,489 \pm 1,540$	0.032
Neutrophils $(/\mu l)^b$	$2,913 \pm 1,139$	$2,278 \pm 983$	0.021
Hemoglobin (g/dl) <sup>b</sup>	$14.2\pm1.4$	$14.1 \pm 1.1$	NS
Platelet count $(\times 10^{-3}/\mu l)^b$	$193 \pm 105$	$171\pm54$	NS
$ALT (IU/ml)^b$	$79 \pm 73$	$94 \pm 92$	NS
Pretreatment Serum HCV-RNA level (log(IU/ml)) <sup>a,c</sup>	6.1(3.6-7.4)	6.3(4.0-6.7)	NS
PEG-IFN adherence ( $\geq 80\%/<80\%$ )	75/23	21/10	NS
RBV adherence ( $\geq 80\%/<80\%$ )	61/37	12/19	0.024
RVR/non-RVR	57/24	11/20	0.001

SNPs, single nucleotide polymorphisms; ALT, alanine transaminase; RVR, rapid virological response.

<sup>&</sup>lt;sup>a</sup>Data are show as median (range) values. <sup>b</sup>Data are expressed as mean ± SD.

Data are shown as log (IU/ml)).

Bold indicated P-value of less than 0.05.

TABLE V. Multivariate Analysis for the Clinical and Virological Factors Related to Sustained Response With Peg-IFN Plus RBV Therapy in 63 Patients

Factor	Category	Odds ratio (95% CI)	<i>P</i> -value
Regression analysis RVR	RVR Non-RVR	1 0.170 (0.039–0.744)	0.019
RBV adherence	≥80% <80%	$0.250\ (0.0591.064)$	0.061
IL28B SNPs (rs8099917)	$\mathrm{TT} \ \mathrm{TG} + \mathrm{GG}$	$0.252 \ (0.048 - 1.330)$	0.104
Age		$\begin{array}{c} 1.087 \ (0.976 - 1.211) \\ 0.999 \ (0.997 - 1.001) \\ 1.000 \ (0.999 - 1.002) \end{array}$	$0.128 \\ 0.209 \\ 0.504$

CI, confidence interval; SNPs, single nucleotide polymorphisms; RVR, rapid virological response, RBV, ribavirin.

ribavirin. Bold indicated *P*-value of less than 0.05.

IL28B minor allele infected with both genotype 2a and 2b, and these differences were more profound in patients infected with genotype 2b than with genotype 2a. The rapid and sustained virological response rates of patients with the major IL28B allele were higher significantly than those of patients with the minor IL28B allele infected only with genotype 2b (rapid virological response: 58% and 0% with IL28B major and hetero/minor, P=0.002, sustained virological response: 88% and 44% with IL28B major and hetero/minor, P=0.009).

Although the rapid virological response rate of patients infected with genotype 2b was lower significantly than that of patients infected with genotype 2a, the sustained virological response rate was higher in patients infected with genotype 2b than with genotype 2a (Table II), In order to investigate that discrepancy, sustained virological response rates in patients with or without rapid virological response were analyzed according to IL28B SNPs. In patients infected with genotype 2b and a non-rapid virological response, the sustained virological response rates differed significantly between IL28B major and hetero/minor groups (sustained virological response with non-rapid virological response: 75% and 29% with IL28B major and hetero/minor, P = 0.044), and no one achieved a rapid

virological response among the patients infected with genotype 2b and with the IL28B hetero/minor allele. In patients infected with genotype 2a, on the contrary, there was no significant correlation of rapid and sustained virological response rates between IL28B SNPs (sustained virological response with rapid virological response: 78% and 70% with IL28B major and hetero/minor, P=0.630, sustained virological response with non-rapid virological response: 57% and 43% with IL28B major and hetero/minor, P=0.552).

Next, changes in virological response rates over time were investigated in patients treated with PEG-IFN plus RBV and the time course was analyzed after separating the patients infected with genotype 2a and 2b (Fig. 1). Patients with IL28B-TG and -GG showed significantly lower rates of rapid and sustained virological response, compared to patients with IL28B-TT, and greater differences were observed according to IL28B SNPs among patients infected with genotype 2b than with 2a.

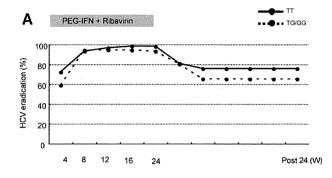
#### **Side Effects**

Side effects leading to Peg-IFN plus RBV discontinuation occurred in eight patients (6.2%) and discontinuation of RBV alone occurred in four patients (3.1%).

TABLE VI. Rapid and Sustained Virological Response Rates to Treatment According to

Character IL28B major		IL28B hetero/mino	P-value	
Number/total number	oer (%)	at your	1912457	35 - 15
Overall				
RVR	58/88 (66)	10/24 (42)		0.031
SVR	81/100 (81)	17/29 (59)		0.013
Genotype 2a				
RVŘ 1	36/50 (72)	10/17 (59)		NS
SVR	43/57 (75)	13/20 (65)		NS
Genotype 2b				
RVŘ	22/38 (58)	0/7 (0)		0.002
SVR	38/43 (88)	4/9 (44)		0.009

RVR, rapid virological response; ETR, end of treatment response; SVR, sustained virological response.



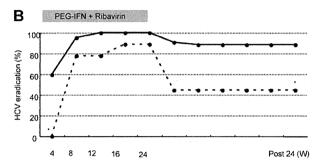


Fig. 1. Changes over time in virological response rates were confirmed in patients treated with PEG-IFN plus RBV, and the time courses were analyzed after separating the patients infected with genotypes 2a and 2b. Patients with the IL28B major (TT allele) are indicated in the figure by a continuous line and those with IL28B hetero or minor (TG or GG), by a dotted line. IL28B-TG and -GG patients showed significantly lower rates of rapid and sustained virological response, compared to IL28B-TT patients. P-values were two-tailed and those of less than 0.05 were considered to be statistically significant. P < 0.01

Among the eight patients who withdrew from both drugs, four, including one who stopped at week 7, had achieved a sustained virological response. Among four patients who withdrew from RBV alone, three had achieved a sustained virological response. The events leading to drug withdrawal were HCC treatment (n=2), general fatigue (n=2), retinopathy, neuro-psychiatric event, severe dermatological symptoms suggestive of the drug-induced hypersensitivity syndrome, and arrhythmia.

#### DISCUSSION

Recent studies suggest that genetic variations in IL28B are strongly associated with response to therapy of chronic HCV infection with genotype 1 [Ge et al., 2009; Suppiah et al., 2009; Tanaka et al., 2009] and with spontaneous HCV clearance [Thomas et al., 2009]. In this study, univariate analyses showed that the sustained virological response was correlated significantly with IL28B polymorphism (rs8099917) as well as age, adherence to RBV and rapid virological response, and multiple logistic-regression analysis showed that only a rapid virological response was associated with a sustained virological response in all patients infected with genotype 2 (Table V). Although the IL28B

polymorphisms are not so useful for predicting the clinical outcomes of PEG-IFN plus RBV combination therapy among patients with genotype 2, compared to genotype 1, IL28B polymorphism was predictive of PEG-IFN plus RBV treatment outcomes among patients with genotype 2 and, more remarkably, among patients with genotype 2b in this study. Indeed, both rapid and sustained virological response rates according to the rs8099917 genotypes were different significantly in patients with genotype 2b but not in patients with genotype 2a. Furthermore, in the plot of virological response (Fig. 1), a stronger effect of the IL28B allele was observed in patients with genotype 2b than with genotype 2a.

It has been reported that there was no significant association between genetic variation in IL28B and response to therapy of HCV patients infected with genotype 2 or 3, indicating that the prognostic value of the risk allele for treatment response might be limited to individuals with difficult-to-treat HCV genotypes [Rauch et al., 2010]. This report lacks details of the distribution of the various genotypes. The present study agrees with a more recent report that the IL28B polymorphism was associated with a sustained virological response in patients with chronic HCV infection with genotype 2 or 3 who did not achieve a rapid virological response [Mangia et al., 2010]. In Japan, the percentage of HCV infection with genotype 1b is 70%, genotype 2a is 20% and genotype 2b is 10%, whilst other genotypes are observed only rarely. In this study, the association of IL28B polymorphism with response to therapy was analyzed in more detail, considering the subtypes 2a and 2b, and IL28B polymorphism (rs8099917) found to be linked more closely to the virological response of patients infected with genotype 2b than those with genotype 2a. A recent in vitro study, which constructed several chimeric virus clones between HCV-2b and HCV-JFH1 (2a), also supported subgenotypic differences between genotype 2a and 2b [Suda et al., 2010]. The authors speculated that the prognostic value of the risk allele for treatment response might be more pronounced in individuals with difficult-to-treat HCV subgenotypes, such as patients infected with genotype 2b, compared with 2a. In addition, the prevalence of the IL28B minor allele is much higher in Caucasians and African Americans than in eastern Asian populations [Thomas et al., 2009], which suggest that the effects of IL28B polymorphism could be more pronounced in non-Asian populations. In the present results, however, the sustained virological response rate of patients infected with genotype 2b was higher than that of patients with genotype 2a overall. We speculate that, among patients infected with genotype 2b, only those with the IL28B minor variant might be treatment-refractory. That possibility might be validated further by a larger cohort study with genotype 2b.

The sustained virological response rates decreased significantly with failure of adherence to RBV (Table III), which was extracted as a factor associated with sustained virological response by univariate

analysis (Table IV). Regardless of the drug adherence. end of treatment response rates of patients infected with genotype 2 were around 94-99%, but the sustained virological response rates of the patients who received a total cumulative treatment dose of RBV of  $<\!80\%$  was reduced significantly. As reported previously, increased RBV exposure during the treatment phase was associated with an increased likelihood of a sustained virological response [McHutchison et al., 2009] and these results confirm the importance of RBV in order to prevent relapse. Furthermore, host genetic variation leading to inosine triphosphatase (ITPA) deficiency protects against hemolytic anemia in chronic hepatitis C patients receiving RBV as revealed recently [Fellay et al., 2010]. We have reported also that the ITPA SNP, rs1127354, is confirmed to be a useful predictor of RBV-induced anemia in Japanese patients and that the incidence of early dose reduction was significantly higher in patients with ITPA-major (CC) variant as expected and, more importantly, that a significant higher sustained virological response rate was achieved in patients with the ITPA-hetero/minor (CA/AA) variant with non-genotype 1 or low viral loads [Sakamoto et al.,

A rapid virological response was extracted in this study as a factor associated with sustained virological response only by multivariate analysis. It has been reported recently that a rapid virological response is an important treatment predictor and that drug adherence, which is reported to affect the therapeutic efficacy in patients infected with genotype 1, had no impact on the both sustained and rapid virological responses in combination therapy for patients infected with genotype 2 [Inoue et al., 2010]. The reasons why several host factors useful for predicting the response to therapy in patients with genotype 1, such as gender, age, progression of liver fibrosis and IL28B polymorphism had no influence on the efficacy in patients with genotype 2, can be attributed to IFN-sensitive genotypes. Similarly, the other viral factors useful for predicting the response to therapy, such as viral load and amino acid substitutions in the Core and NS5A regions had no influence on treatment outcomes. In this study, patients who achieved a rapid virological response had a high sustained virological response rate, regardless of IL28B polymorphism in patients with genotype 2a but, interestingly, none of the IL28B-TG and -GG patients with genotype 2b achieved a sustained virological response (although there were nine IL28B-TG and -GG patients with genotype 2b, two could not be determined as rapid virological response because the times at which they became HCV-negative were not recorded clearly, being described as 4-8 weeks.) These results also suggest that patients with both genotype 2b and IL28B minor allele are refractory cases.

IL28B encodes a protein also known as IFN- $\lambda 3$  [O'Brien, 2009]. IL28A (IFN- $\lambda 2$ ) and IL29 (IFN- $\lambda 1$ ) are found adjacent to IL28B on chromosome 19. These three IFN- $\lambda$  cytokines, discovered in 2003 by two independent groups [Kotenko et al., 2003; Sheppard et al.,

2003l have been suggested to be involved in the suppression of replication of a number of viruses, including HCV [Robek et al., 2005; Marcello et al., 2006; Tanaka et al., 2010]. Humans have these three genes for IFN-λ, and this group of cytokines is now collectively referred to as type III IFN [Zhou et al., 2007]. IFN-λ functionally resembles type I IFN, inducing antiviral protection in vitro [Kotenko et al., 2003; Sheppard et al., 2003] as well as in vivo [Ank et al., 2006]. Type III IFN utilizes a receptor complex different from that of type I IFN, but both types of IFN induce STAT1, STAT2, and STAT3 activation by activation of a highly overlapping set of transcription factors, and the two types of IFN seem to have similar biological effects at a cellular level. Some in vitro studies have suggested that IFN-α induces expression of IFN-λ genes [Siren et al., 2005]. Other in vitro studies also suggest that IFN-\(\lambda\) inhibits hepatitis C virus replication through a pattern of signal transduction and regulation of interferon-stimulated genes that is distinct from IFN-α and that the anti-HCV activity of either IFN- $\alpha$  or IFN- $\lambda$  is enhanced by a low dose of the other [Marcello et al., 2006]. A novel mechanism of the interaction between IFN-α and IFN-λ may play a key role in the suppression of HCV [O'Brien, 2009].

In conclusion, IL28B polymorphism is predictive of PEG-IFN plus RBV treatment outcomes in patients infected with genotype 2, and more remarkably with genotype 2b. These results suggest that IL-28B polymorphism affects responses to IFN-based treatment in more difficult-to-treat subpopulations of HCV patients, and that intersubgenotypic differences between genotype 2a and 2b are revealed by responses to PEG-IFN plus RBV treatment according to IL28B variants.

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Table 3. Concordance of genotype calls between Kapa 2GFast HotStart DNA polymerase and QIAGEN Multiplex PCR Kit.

		Kapa 2G QIAGEN
1st set	96-plex PCR	99.94% (6,513/6,517 genotype)
	192-plex PCR	99.89% (7,441/7,449 genotype)
2nd set	96-plex PCR	99.99% (7,778/7,779 genotype)
	192-plex PCR	99.99% (7,700/7,701 genotype)

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polymerase and multiplicity in multiplex PCR (192-plex or 96plex). However, the SNP191, which was amplified by primer pair 191, was successfully genotyped only when the QIAGEN Multiplex PCR Kit was used for the multiplex PCR. The concentration of amplicon amplified by primer pair 99 was the same as the 2.8 nM observed with the amplicon amplified by primer pair 191. SNP99, which was amplified by primer pair 99, was successfully genotyped independently of polymerase type and multiplicity in multiplex PCR (192-plex or 96-plex). These results suggest that the sensitivity in genotyping with Kapa 2GFast HotStart DNA polymerase was lower than the previously used protocol with QIAGEN Multiplex PCR Kit. These results would be explained by a biased amplification with the shortened protocol using Kapa 2GFast HotStart DNA polymerase, which tends to lead to a consequent biased genotyping. However, the investigated number of primer pairs would not be sufficient to decide the sensitivity in genotyping; therefore, it is necessary to continuously accumulate genotyping data. As the investigated number of primer pairs was only 192 (384 primers) in this study, melting temperature of each primer and the number of potential amplicons predicted by the MFE primer software were strongly associated with low sensitivity and low specificity in an amplification, respectively (multiple regression analysis,  $P = 1.26 \times 10^{-37}$   $1.52 \times 10^{-21}$ , respectively). and P=(multiple

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Through the use of Kapa 2GFast HotStart DNA polymerase, the genotype calls for 96 SNPs can be acquired in about 7 hours by the DigiTag2 assay. The genotyping platform with high conversion rate plays an important role for the replication studies to identify the disease associated genes from candidate loci found in the GWAS (genome-wide association study). The DigiTag2 assay with an improved protocol will be an efficient platform for screening an intermediate number of SNPs (tens to hundreds of sites) in the replication studies. Because of limitations in the variation of DNA coded numbers (DCNs), 192-plex genotyping is not available for the current DigiTag2 assay. However, 192-plex PCR can save genomic DNA samples and time for target preparation. Moreover, 192-plex PCR is also available for direct-sequencing and other PCR-based assays to amplify the target regions from genomic DNA.

#### Supporting Information

Table S1 Sequence information of 192 pairs of locus specific primer. (XLSX)

Table S2 Results of singleplex PCR with 192 pairs of locus specific primer. (XLSX)

Table S3 The 15 discordant genotype calls in 8 different conditions. (XLSX)

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#### **Author Contributions**

Conceived and designed the experiments: NN KT. Performed the experiments: YM MS. Analyzed the data: NN YM MS. Contributed reagents/materials/analysis tools: NN YM MS. Wrote the paper: NN KT.

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# Genome-wide association study identified ITPA/DDRGK1 variants reflecting thrombocytopenia in pegylated interferon and ribavirin therapy for chronic hepatitis C

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Hematologic abnormalities during current therapy with pegylated interferon and ribavirin (PEG-IFN/RBV) for chronic hepatitis C (CHC) often necessitate dose reduction and premature withdrawal from therapy. The aim of this study was to identify host factors associated with IFN-induced thrombocytopenia by genome-wide association study (GWAS). In the GWAS stage using 900K single-nucleotide polymorphism (SNP) microarrays, 303 Japanese CHC patients treated with PEG-IFN/RBV therapy were genotyped. One SNP (rs11697186) located on DDRGK1 gene on chromosome 20 showed strong associations in the minor-allele-dominant model with the decrease of platelet counts in response to PEG-IFN/RBV therapy [ $P = 8.17 \times 10^{-9}$ ; odds ratio (OR) = 4.6]. These associations were replicated in another sample set (n = 391) and the combined P-values reached 5.29 × 10<sup>-17</sup> (OR = 4.5). Fine mapping with 22 SNPs around DDRGK1 and ITPA genes showed that rs11697186 at the GWAS stage had a strong linkage disequilibrium with rs1127354, known as a functional variant in the ITPA gene. The

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ITPA-AA/CA genotype was independently associated with a higher degree of reduction in platelet counts at week 4 (P < 0.0001), as well as protection against the reduction in hemoglobin, whereas the CC genotype had significantly less reduction in the mean platelet counts compared with the AA/CA genotype (P < 0.0001 for weeks 2, 4, 8, 12), due to a reactive increase of the platelet count through weeks 1–4. Our present results may provide a valuable pharmacogenetic diagnostic tool for tailoring PEG-IFN/RBV dosing to minimize druginduced adverse events.

#### INTRODUCTION

Chronic infection with hepatitis C virus (HCV) presents a significant health problem worldwide, with  $\sim 2.3\%$  of the world population, i.e. more than 120-130 million people, being infected (1). Only 20-30% of HCV-infected individuals recover spontaneously. The remaining 70-80% go on to develop chronic infection, being at significant risk for progressive liver fibrosis and subsequent liver cirrhosis (LC) and hepatocellular carcinomas (HCC). Successful treatment of chronic hepatitis C (CHC) leads to a reduction of liver fibrosis stage of patients, and also prevents HCC development (2).

Antiviral treatment has been shown to improve liver histology and decrease incidence of hepatocellular carcinoma in CHC (3,4). Current therapy for CHC consists of treatment with pegylated interferon (IFN), which acts both as an antiviral and as an immunoregulatory cytokine, and ribavirin (RBV), an antiviral pro-drug that interferes with RNA metabolism However, <50% of patients infected with HCV genotype 1 treated in this way achieve a sustained viral response (SVR) or cure of the infection (5,7). Older patients with liver fibrosis showed a significantly lower SVR rate due to poor adherence resulting from adverse events and laboratory abnormalities (8-10). In particular, hematologic abnormalities often necessitate dose reduction, and premature withdrawal from therapy in 10-14% of patients (5,11-14). New drugs and therapeutic approaches for CHC are actively developed and several candidates are in early trial phase (15,16). Given this background, effective pre-treatment screening for predictive biomarkers with the aim of evaluating possible risks over benefits of currently available treatment will avoid these side effects in patients who will not be helped by treatment, as well as reduce the substantial cost of treatment.

The completion of the Human Genome Project has led to the advent of a new era of scientific research, including a revolutionary approach: the genome-wide association study (GWAS). Several recent studies, including our study, have demonstrated marked associations between single-nucleotide polymorphisms (SNPs) within and around IL28B gene, which codes for IFN $-\lambda 3$  (16-21). Another recent study indicated that genetic variants of ITPA gene leading to inosine triphosphatase (ITPA) deficiency could protect against hemolytic anemia (HA) in CHC patients receiving RBV (22).

In Japan, HCV-infected patients are relatively old and some of them have had severe fibrosis (9). Thrombocytopenia is one of the critical adverse events by IFN-based therapy among liver cirrhotic patients (23), because low platelet count (PLT), i.e. <30.0 (10<sup>9</sup>/l), would be a risk factor for any bleeding, as well as it would lead to poor treatment efficiency due to the initial or early dose reduction of PEG-IFN. Based on its pathogenesis, drug-induced thrombocytopenia is usually due to bone marrow

suppression, immune-mediated destruction and platelet aggregation (24). In this study, we firstly found that genetic variants in the *ITPA/DDRGK1* genes were associated with IFN-induced thrombocytopenia, and then examined the correlation between IFN-induced thrombocytopenia and RBV-induced HA in Japanese CHC patients under PEG-IFN/RBV treatment.

#### **RESULTS**

# Genetic variants associated with IFN-induced thrombocytopenia

In this study, we conducted a GWAS to identify host genes associated with the decrease of platelets in response to PEG-IFN/RBV treatment in 303 Japanese HCV patients (107 patients with the decrease of PLT versus 196 patients without the decrease of PLT based on the criteria described in Materials and Methods), using a genome-wide SNP typing array (Affymetrix SNP 6.0 for 900K SNPs). The characteristics of patients for each GWAS stage and replication stage are summarized in Table 1. Figure 1 shows a genome-wide view of the single-point association data based on allele frequencies. One SNP (rs11697186) located on DDRGK1 gene on chromosome 20 showed strong associations in the allele frequency model (P = $8.17 \times 10^{-9}$ ) with the decrease of PLT in response to PEG-IFN plus RBV treatment. The association reached genomewide level of significance [Bonferroni criterion  $P < 8.40 \times 10^{-8}$ (0.05/595052)], and another SNP (rs6139030) near ITPA gene had a marginal significance  $(P = 4.30 \times 10^{-7})$ , in Table 2).

To validate the results of the GWAS stage, 22 SNPs were selected for the replication in a set of 391 Japanese HCV patients with and without platelet reduction (Supplementary Material, Table S1). The associations of the original significant SNP (rs11697186) and the marginal SNP (rs6139030) at the GWAS stage were replicated in the second set of 391 patients in the minor-allele-dominant model [ $P = 5.88 \times 10^{-10}$ , odds ratio (OR) = 4.6 for rs11697186;  $P = 3.83 \times 10^{-10}$ , OR = 4.3 for rs6139030, Table 2]. The combined P-values for both stages reached 5.29 × 10<sup>-17</sup> (OR = 4.5; 95% CI = 3.1-6.5) and 1.33 × 10<sup>-15</sup> (OR = 3.9; 95% CI = 2.8-5.5), respectively (Table 2).

#### Genetic variants associated with RBV-induced anemia

We also conducted a GWAS to identify host genes associated with a quantitative change in hemoglobin (Hb) levels from baseline to week 4 of PEG-IFN/RBV treatment in the above 303 Japanese HCV patients (94 patients with an Hb reduction of  $\geq$ 3 g/dl at week 4 and 209 patients without Hb reduction), using a genome-wide SNP typing array (Affymetrix SNP 6.0 for 900K SNPs). Two SNPs (rs11697186 and rs6139030)

Table 1. Clinical characteristics of patients in this study

Replication (n = 391)  56.8 (9.9) 209/182	-
, ,	
61.3 (10.7) 23.7 (4.1) 14.1 (1.4) 159.7 (55.0) 86.8 (71.9) 0.72 (0.16) 175/59/43 296/95 6/101/284 11.9 (1.5)	
132.4 (51.0) -2.2 (1.4) -24.7 (30.4)	
)	23.7 (4.1) 14.1 (1.4) 159.7 (55.0) 86.8 (71.9) 0.72 (0.16) 175/59/43 296/95 6/101/284 11.9 (1.5) 132.4 (51.0) -2.2 (1.4)

located on *DDRGK1* gene and *ITPA* gene on chromosome 20 showed strong associations in the allele frequency model ( $P = 3.29 \times 10^{-10}$  and  $P = 2.56 \times 10^{-9}$ ) with Hb reduction in response to PEG-IFN plus RBV treatment (Table 3).

The above 22 SNPs were selected for the replication study and fine mapping, including rs1127354, which was reported by the US group (22) to be strongly associated with Hb reduction (Supplementary Material, Table S2). All SNPs were genotyped using the DigiTag2 assay in an independent set of 391 Japanese HCV patients with quantitative change in Hb in response to PEG-IFN/ RBV treatment [137 patients with Hb reduction versus 254 patients without Hb reduction (Table 3)]. The associations of the original SNPs were replicated in the second set of 391 patients in the minor-allele-dominant model ( $P = 3.86 \times$  $10^{-16}$ , OR = 0.02 for rs11697186;  $P = 6.90 \times 10^{-18}$ , OR = 0.03 for rs6139030, Table 3). The combined *P*-values for both stages reached  $9.43 \times 10^{-25}$  (OR = 0.03; 95% CI = 0.01–0.08) and  $2.12 \times 10^{-25}$  (OR = 0.04; 95% CI = 0.02–0.09), respectively (Table 3). The rs1127354 was also strongly associated with a quantitative change in Hb in response to PEG-IFN/ RBV treatment in a set of 694 Japanese HCV patients (303 patients from the GWAS stage plus the second set of 391 patients) with and without Hb reduction ( $P = 4.58 \times 10^{-26}$ , OR = 0.03; 95% CI = 0.01 - 0.08).

Fine mapping with 22 SNPs around *DDRGK1* and *ITPA* genes showed that four significant SNPs (rs11697186, rs6139030, rs1127354 and rs13830) at the GWAS stage had a strong linkage disequilibrium (LD) ( $r^2 > 0.86$ ) within the 22.7 kb region (Fig. 2). As the rs1127354 is known as a functional variant in the *ITPA* gene that caused ITPase deficiency and protected against RBV-induced HA (22,25), the representative SNP was applied for the following detailed studies.

# ITPA/DDRGK1 variants reflect anemia and reactive increase of the platelet count

The mean quantitative reduction of blood cells from the baseline according to the *ITPA* rs1127354 genotypes is shown in Figure 3. Patients with the rs1127354 genotypes AA and CA showed lower degree of Hb reduction at weeks 2, 4, 8 and

12 during therapy compared with those with the CC genotype (P < 0.0001 for weeks 2, 4, 8 and 12 in Fig. 3A). The most difference of mean Hb reduction was found at week 4 (AA/ CA - 1.14 versus CC - 2.72). These results show that the AA and CA genotypes are significantly associated with less absolute reduction in Hb levels, especially during the early weeks of therapy, and protect against the development of severe anemia. Interestingly, the CC genotype had significantly less reduction in the mean platelet count compared with the AA/CA genotype (P < 0.0001 for weeks 2, 4, 8; P = 0.019 for week 12 in Fig. 3B), due to a reactive increase of platelet count through weeks 1-4. The most difference of mean platelet reduction was found at week 4 [AA/CA -41.2 versus CC -18.0 ( $10^{9}/1$ )]. There was no difference in the neutrophil leukocyte count between genotypes (Fig. 3C). We then compared the percentage of patients with platelet count reduction in the ITPA rs1127354 genotypes at week 4 of PEG-IFN/RBV therapy (Fig. 4). The percentage of patients with a platelet count reduction of  $<30 (10^9/l)$  at week 4 was significantly higher in the rs1127354 genotypes CC (P < 0.0001), indicating that the degree of platelet count reduction was less in patients with the rs1127354 genotype CC. A multivariate analysis for factors associated with a platelet reduction  $> 30 (10^9/l)$  at week 4 showed that lower platelet count at the baseline and the rs1127354 genotypes AA/CA were independently associated with platelet reduction (OR = 1.15; 95% CI = 1.11 - 1.20; P < 0.0001, OR = 5.92; 95% CI = 3.82 - 9.17; P < 0.0001, respectively).

Figure 5 showed reactive increase of the platelet count through weeks 1-4 of PEG-IFN/RBV therapy. Patients with anemia (Hb reduction  $\geq$  3.0 g/dl) at week 4 had a significantly higher degree of the reactive increase of the platelet count than those without anemia (P < 0.0001 in Fig. 5A). Within a subgroup of patients with the rs1127354 genotypes CC, patients with anemia still had a significantly higher degree of reactive increase of the platelet count than those without anemia (P =0.004 in Fig. 5B). On the other hand, patients with the rs1127354 genotypes CC had a significantly higher degree of the reactive increase of the platelet count than those with genotypes AA/CA (P < 0.0001 in Fig. 5C), and a similar result was obtained in a subgroup of patients without anemia (Fig. 5D). To elucidate the significant factors associated with the rs1127354 genotypes by multivariate analysis, the rs1127354 genotypes AA/CA were independently associated with protection against the reduction in Hb and more reduction in platelet counts at week 4 due to a lower degree of the reactive increase of the platelet count (OR = 0.029; 95% CI = 0.009-0.092; P < 0.0001, OR = 4.73; 95% CI = 3.04-7.37; P < 0.0001, respectively). Indeed, the reactive increase of the platelet count through weeks 1-4 was positively correlated with a high platelet count at the baseline and anemia (Hb reduction  $\geq$ 3.0 g/dl) at week 4, but was negatively correlated with rs1127354 genotypes AA/CA and a platelet count reduction of  $\geq 30 (10^9/1)$  at week 4 (Table 4).

# Relationship between ITPA rs1127354 genotypes and treatment outcome due to dose reduction of PEG-IFN or RBV

In this population, a multivariate analysis showed that SVR was significantly associated with *IL28B* TT-genotype [OR

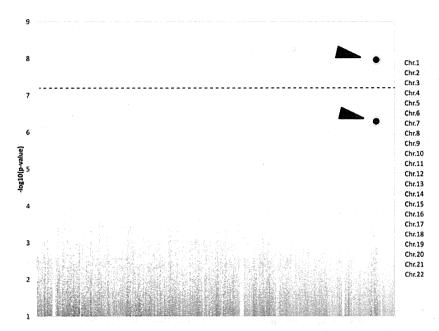


Figure 1. Genome-wide association results in 303 Japanese HCV patients with the decrease of platelets in response to PEG-IFN plus RBV treatment (107 patients with the decrease of PLT and 196 patients without the decrease of PLT). *P*-values were calculated using the  $\chi^2$  test for allele frequencies. Dots with arrow on chromosome 20 showed a significant SNP ( $P = 8.17 \times 10^{-9}$  for rs11697186) and a candidate SNP with a marginal significance ( $P = 4.30 \times 10^{-7}$  for rs6139030) associated with the decrease of PLT with response to PEG-IFN/RBV treatment. The dotted line indicates a genome-wide significance ( $P < 8.40 \times 10^{-8}$ ).

Table 2. Two SNPs (rs11697186 and rs6139030) significantly associated with the decrease of PLT in response to PEG-IFN/RBV treatment

dbSNP rsID	Nearest gene	MAF <sup>a</sup> (allele)	Allele (1/2)	Stage	Patients wit			Patients without the decrease of PLT			OR (95% CI) <sup>b</sup>	P-value <sup>c</sup>
					11	12	22	11	12	22 ,		
rs11697186	DDRGK1	0.15 (T)	T/A	GWAS	3 (2.8)	48 (44.9)	56 (52.3)	0 (0.0)	32 (16.6)	161 (83.4)	4.6 (2.7-7.8)	$8.17 \times 10^{-9}$
				Replication	3 (1.8)	65 (39.9)	95 (58.3)				4.6 (2.8-7.7)	
				Combined	6 (2.2)	113 (41.9)	151 (55.9)	3 (0.7)	57 (14.2)	342 (85.1)	4.5 (3.1-6.5)	$5.29 \times 10^{-17}$
rs6139030	ITPA	0.17 (C)	T/C	GWAS	56 (52.3)	48 (44.9)	3 (2.8)	157 (80.1)	38 (19.4)	1 (0.5)	3.7 (2.2-6.1)	$4.30 \times 10^{-7}$
				Replication	96 (54.9)	74 (42.3)	5 (2.9)	181 (83.8)	32 (14.8)	3 (1.4)	4.3 (2.7-6.8)	$3.83 \times 10^{-10}$
				Combined	152 (53.9)	122 (43.3)	8 (2.8)	338 (82.0)	70 (17.0)		3.9 (2.8-5.5)	

<sup>&</sup>lt;sup>a</sup>Minor allele frequency and minor allele in 184 healthy Japanese individuals.

6.12 (2.78–13.46), P < 0.0001] as well as platelet counts [OR 1.18 (1.11-1.26), P < 0.00001]. We analyzed whether the rs1127354 genotype could influence the treatment outcome by PEG-IFN/RBV therapy. When analyzed in the patients available for treatment outcome (172 with ITPA-AA/CA and 450 with ITPA-CC), the percentage of patients receiving >80% of the expected PEG-IFN and RBV dose at baseline and week 4 was not significantly different among the rs1127354 genotypes. However, the rate of SVR tended to be higher in patients with ITPA-AA/CA genotype than those with ITPA-CC (48.8 versus 37.3%), because the relapse rate was lower in patients with ITPA-AA/CA. To investigate the influence on treatment outcome by dose reduction of PEG-IFN, in a subgroup of patients with low platelet counts (<10) at baseline (19 with ITPA-AA/CA and 53 with ITPA-CC) we analyzed the treatment outcome according to

rs1127354 genotypes. The SVR rate was very low in each group (21.1% in *ITPA*-AA/CA and 17.0% in *ITPA*-CC), because many patients had the initial dose reduction of PEG-IFN (<80% of standard dose)—36.8% of patients with *ITPA*-CC genotype. Further prospective studies are required among the precirrhotic or cirrhotic patients with low platelet counts.

#### DISCUSSION

Recent genome-wide association studies, including our study on HCV infection, have identified two important host genetic variants: the SNP in *IL28B* gene, which is strongly associated with response to therapy for chronic genotype 1 HCV infection (16–21), and the SNP in *ITPA* gene, which precisely predicts RBV-induced anemia in

<sup>&</sup>lt;sup>b</sup>OR for the minor allele in a dominant model.

<sup>&</sup>lt;sup>c</sup>P-value by  $\chi^2$  test for the minor allele dominant model.

Table 3. Two SNPs (rs11697186 and rs6139030) significantly associated with quantitative change in Hb levels from baseline to week 4 of PEG-IFN/RBV treatment

dbSNP rsID	Nearest gene	MAF <sup>a</sup> (allele)	Allele (1/2)	Stage	Patients with quantitative change in Hb			Patients without quantitative change in Hb			OR (95% CI) <sup>b</sup>	P-value <sup>c</sup>
					11	12	22	11	12	22		
rs11697186	DDRGK1	0.15 (T)	T/A	GWAS	0 (0.0)	3 (3.3)	89 (96.7)	3 (1.5)	77 (37.0)	128 (61.5)	0.06 (0.02-0.16)	$3.29 \times 10^{-10}$
				Replication	0 (0.0)	2 (1.5)	134 (98.5)	6 (2.5)	88 (37.3)	142 (60.2)	0.02(0.01-0.09)	$3.86 \times 10^{-16}$
				Combined	0 (0.0)	5 (2.2)	223 (97.8)	9 (2.0)	165 (37.2)	270 (60.8)	0.03 (0.01 - 0.08)	$9.43 \times 10^{-25}$
rs6139030	ITPA	0.17 (C)	T/C	GWAS	88 (93.6)	6 (6.4)	0 (0.0)	125 (59.8)	80 (38.3)	4 (1.9)	0.08 (0.03-0.22)	$2.56 \times 10^{-9}$
				Replication	134 (97.8)	3 (2.2)	0 (0.0)	143 (56.3)	103 (40.6)		0.03 (0.01 - 0.08)	
				Combined	222 (96.1)	9 (3.9)	0 (0.0)	268 (57.9)	183 (39.5)	12 (2.6)	0.04 (0.02-0.09)	$2.12 \times 10^{-25}$

<sup>&</sup>lt;sup>a</sup>Minor allele frequency and minor allele in 184 healthy Japanese individuals.

<sup>&</sup>lt;sup>c</sup>P-value by  $\chi^2$  square test for the minor allele dominant model.

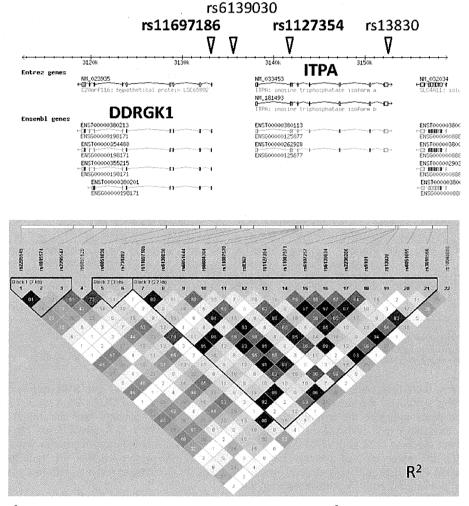


Figure 2. Pairwise LD  $(r^2)$  diagrams for DDRGKI and ITPA. Lower panel shows estimates of pairwise  $r^2$  for 22 SNPs selected in the replication study using the second set of 391 Japanese HCV patients with and without quantitative change in PLT levels from baseline to week 4 of PEG-IFN/RBV treatment.

European-American population (22) and Japanese population (26). The genetic variation of *ITPA* causing an accumulation of inosine triphosphate (ITP) has been shown to protect patients against RBV-induced anemia during treatment for

CHC infection. A recent report showed the biologic mechanism that ITP confers protection against RBV-induced ATP reduction by substituting for erythrocyte GTP, which is depleted by RBV, in the biosynthesis of ATP (25).

<sup>&</sup>lt;sup>b</sup>OR for the minor allele in a dominant model.