

5C,D). Thus, apoptosis was induced *in vivo* in association with intraneuronal accumulation of A β oligomers. Collectively, these results indicate that intraneuronal A β oligomers caused cell death by inducing ER stress, endosomal/lysosomal leakage, and mitochondrial dysfunction *in vivo*.

DISCUSSION

We previously demonstrated that the APP Osaka mutation induces the accumulation of A β oligomers in the ER and subsequent ER stress in COS-7 cells (Nishitsuji et al., 2009). ER stress elicits the UPR, which includes three responses that protect the cell against toxic buildup of misfolded proteins (Yoshida, 2007): 1) up-regulation of molecular chaperones to assist in protein refolding, 2) halt of further protein synthesis, and 3) ubiquitination of misfolded proteins and their translocation to proteasomes to degrade them (i.e., ERAD). We previously detected the first two responses in APP_{OSK}-transfected cells, i.e., enhanced induction of the molecular chaperone Grp78 and increased phosphorylation (i.e., inactivation) of the translation initiation factor eIF2 α (Nishitsuji et al., 2009). In the present study, we demonstrated the occurrence of the last response, ERAD, by showing up-regulation of an E3 ubiquitin ligase, HRD1, in COS-7 cells. Consistent with these *in vitro* observations, we also observed accumulation of A β oligomers in ER and up-regulation of Grp78 and HRD1 in APP_{OSK}-Tg mouse brain. The occurrence of ERAD indicates that A β oligomers are transported from the ER into the cytoplasm, which may be a source of mitochondrial A β .

In addition to the ubiquitin-proteasome system, autophagy also participates in clearance of misfolded intracellular proteins. Autophagosomes engulf damaged organelles and aggregated proteins in the cytoplasm and sort them to lysosomes. The sorted materials are subsequently digested within autolysosomes that are formed by fusion of autophagosomes and lysosomes. Thus, the autophagy-lysosome system compensates for the deficiency of the ubiquitin-proteasome system, the latter of which is reportedly caused by excessive accumulation of intracellular A β (Almeida et al., 2006; Park et al., 2009). We previously reported that autophagy was markedly induced in APP_{OSK}-transfected cells (Nishitsuji et al., 2009). In spite of these protective mechanisms, severe and prolonged ER stress ultimately induces apoptosis. ER stress-induced apoptosis is mediated by activation of caspase-12 in rodents (Nakagawa et al., 2000) and caspase-4 in humans (Hitomi et al., 2004). We previously detected activation of both caspase-3 and -4 and DNA fragmentation in APP_{OSK}-transfected cells (Nishitsuji et al., 2009). Here we presented further evidence of apoptosis in APP_{OSK}-transfected cells using the annexin V and propidium iodide markers. In accordance with these *in vitro* observations, we revealed the occurrence of apoptosis in APP_{OSK}-Tg mice at 18 months of age with increased levels of activated caspase-3. These findings suggest that the APP Osaka mutation causes severe ER

stress by producing A β oligomers beyond the capacity of UPR/autophagy cell survival systems. We supposed that the observed ER stress and apoptosis were attributed to intracellular accumulation of A β oligomers, rather than other APP-derived fragments such as soluble APP and the C-terminal fragments, because the control APP_{WT}-Tg mice displayed only slight increases in Grp78, HRD1, and activated caspase-3, despite the fact that they expressed human APP twice as much as APP_{OSK}-Tg mice (Tomiyama et al., 2010). Previously, we demonstrated that APP_{OSK}-Tg mice showed apparent neuronal loss in the hippocampus (particularly the CA3 region) at 24 months of age (Tomiyama et al., 2010). The present study showed the induction of apoptosis in several hippocampal and cortical neurons of APP_{OSK}-Tg mice at 18 months of age. As speculated previously, intracellular A β oligomer-induced neuronal death may require a long period of time *in vivo* and may occur in neurons vulnerable to A β oligomers.

Accumulation of A β oligomers was also observed in the endosomes/lysosomes of both APP_{OSK}-transfected cells and APP_{OSK}-Tg mouse brain. Exogenously applied A β has been shown to disrupt endosomal/lysosomal membrane impermeability and cause the leakage of the contents into the cytoplasm (Yang et al., 1998; Ditaranto et al., 2001; Ji et al., 2002). The acidic environment within endosomal/lysosomal vesicles accelerates A β aggregation, and the leakage likely occurs during this process. A β oligomers may assemble with one another to form pore-like structures in the membrane (Quist et al., 2005; Singer and Dewji, 2006; Kaye et al., 2009), and A β fibrils may grow during crossing of the membrane into the cytoplasm (Friedrich et al., 2010); both of these mechanisms should break down membrane impermeability. The present study demonstrated that endogenously generated A β oligomers induced endosomal/lysosomal leakage in both APP_{OSK}-transfected cells and APP_{OSK}-Tg mouse brain. Endosomal/lysosomal leakage is known to affect cellular functions profoundly and to cause cell death (Yang et al., 1998; D'Andrea et al., 2001; Ditaranto et al., 2001; Ji et al., 2002; Friedrich et al., 2010) and may be another source of mitochondrial A β . There are three possible origins or pathways of endosomal/lysosomal A β : 1) A β is secreted from cells by the secretory pathway and subsequently taken up from the extracellular space by endocytosis, 2) A β is generated within the endosomes by local processing of APP that is internalized from the plasma membrane via endocytosis, and 3) A β is transported from other intracellular compartments by the autophagic pathway. In the present study, we demonstrated that the first pathway contributed to endosomal/lysosomal leakage. Nevertheless, we conclude that the third pathway may also play a crucial role in endosomal/lysosomal leakage, because excessive accumulation of intraneuronal A β has been shown to cause both impairment of the autophagy-lysosome system (Yu et al., 2005; Ling et al., 2009) and eventually autolysosomal leakage that leads to cell death (Ling et al., 2009).

We found in the present study that A β oligomers also accumulated in mitochondria in both APP_{OSK}-transfected cells and APP_{OSK}-Tg mouse brain. Mitochondria are not typically thought to be a site of A β generation; it is assumed that mitochondrial A β is transported from other intracellular compartments (Hansson Petersen et al., 2008; Reddy, 2009). The potential origin of mitochondrial A β is possibly the ER and/or the endosomes/lysosomes, as mentioned above. However, it has been shown that both APP and γ -secretase components, including presenilin, nicastrin, Aph-1, and Pen-2, localize to mitochondria (Anandatheerthavarada et al., 2003; Hansson et al., 2004) and that APP has a mitochondrial targeting signal sequence (Anandatheerthavarada et al., 2003). These observations indicate the possibilities that at least a portion of mitochondrial A β is generated in situ and that A β may play a physiological, beneficial role for mitochondrial function. However, there is no evidence to date to confirm the physiological role of mitochondrial A β ; instead, A β has been demonstrated to impair mitochondrial function (Keil et al., 2004; Caspersen et al., 2005; Crouch et al., 2005; Manczak et al., 2006; Eckert et al., 2008; Park et al., 2009; Yang et al., 2009; Yao et al., 2009). Interestingly, a portion of mitochondrial A β has been shown to form oligomers in AD, transgenic mouse brains and APP-transfected cells (Caspersen et al., 2005; Manczak et al., 2006). Furthermore, when it was applied exogenously, oligomeric and/or fibrillar A β , but not monomeric A β , displayed toxic effects (Crouch et al., 2005; Eckert et al., 2008; Yang et al., 2009). For APP_{OSK}-transfected cells, we demonstrated that mitochondrial accumulation of A β oligomers caused altered mitochondrial membrane potential and cytochrome c release from mitochondria. The latter was also observed in APP_{OSK}-Tg mouse brain. A β oligomer-induced mitochondrial dysfunction may be caused by the same mechanism at play in A β oligomer-induced endosomal/lysosomal leakage, whereby A β oligomers form pore-like structures in the membranes. Alternatively, A β may generate free radicals during aggregation and therefore cause oxidative damage to mitochondrial membranes and proteins. In either case, disruption of mitochondrial membrane impermeability allows passage of ions across the membranes and leads to their depolarization, the uncoupling of the respiratory chain from oxidative phosphorylation, and subsequently the release of cytochrome c. Injured mitochondria are also disposed by autophagy, which could overload the autophagy-lysosome system, resulting in enhanced lysosomal leakage.

It has been shown that there is cross-talk between cellular organelles (Ferri and Kroemer, 2001). In particular the ER and mitochondria are well known to interact via Ca²⁺ transfer and to regulate apoptosis (Pinton et al., 2008). Specifically, increased Ca²⁺ release from the ER causes excessive entry of this ion into mitochondria, which leads to apoptosis. Endosomal/lysosomal leakage has also been implicated in mitochondria-dependent apoptosis (Ferri and Kroemer, 2001). Both cathepsin D

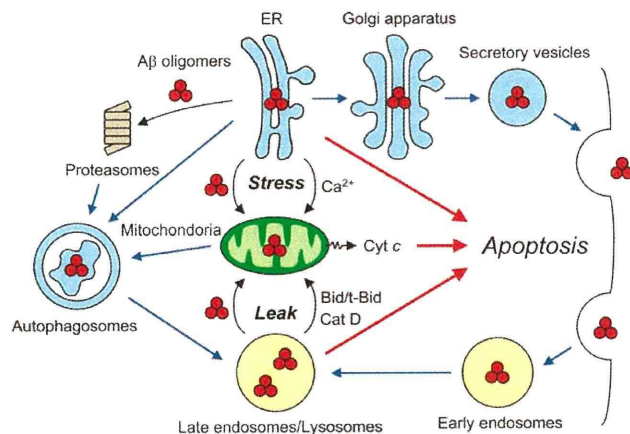


Fig. 6. Proposed mechanism underlying intracellular A β oligomer-induced cell death. Accumulation of A β oligomers in the ER causes ER stress that elicits the unfolded protein responses, including up-regulation of molecular chaperones, halt of further protein synthesis, and induction of ERAD. In ERAD, the A β oligomers are translocated from the ER into the cytoplasm to be degraded by proteasomes. Damaged ER and undegradable A β oligomers in the cytoplasm are engulfed by autophagosomes and sorted to lysosomes to be digested. In spite of these protective mechanisms, severe and prolonged ER stress activates caspase-4 in humans and initiates apoptosis. ER stress also induces Ca²⁺ release from the ER and causes excessive entry of Ca²⁺ into mitochondria, which elicits cytochrome c (Cyt c) release and apoptosis. Excessive formation of A β oligomers causes impairment of the autophagy-lysosome system, which results in disruption of endosomal/lysosomal membrane impermeability. Membrane disruption is also caused by A β taken up from the extracellular space by endocytosis and/or by A β generated within the endosomes via local processing of APP. Endosomal/lysosomal leakage profoundly affects cellular functions to cause cell death. Simultaneously, cathepsin D (Cat D) leaked from late endosomes/lysosomes activates Bid in the cytoplasm to generate t-Bid, which acts on mitochondria to induce cytochrome c release and apoptosis. A portion of A β oligomers in the cytoplasm, which presumably originate from the ER and endosomes/lysosomes, is sorted to mitochondria and directly damages their membranes, ultimately leading to apoptosis. Injured mitochondria are also disposed by autophagy, which may overload the autophagy-lysosome system, resulting in enhanced endosomal/lysosomal leakage. Thus, intracellular A β oligomers cause cell death by inducing ER stress, endosomal/lysosomal leakage, and mitochondrial dysfunction, both directly and indirectly.

and a cathepsin-L-related protease released from late endosomes/lysosomes induce the proteolytic activation of Bid, a Bcl-2 family member, which generates a truncated Bid (t-Bid) that causes release of cytochrome c from mitochondria and activation of caspases-9 and -3 (Stoka et al., 2001; Heinrich et al., 2004). Thus, the enhanced release of cytochrome c from mitochondria in APP_{OSK}-transfected cells and in APP_{OSK}-Tg mouse brain may reflect, at least in part, both ER stress-induced Ca²⁺ release and lysosomal enzyme-mediated Bid activation (Fig. 6).

Similar mechanisms have been proposed for mutant α -synuclein-induced cell death. It has been demonstrated

that expression of A53T-mutant α -synuclein in PC12 cells decreases proteasome activity, increases the reactive oxygen species level, and eventually causes cell death, which is accompanied by mitochondrial dysfunction (decreased membrane potential and increased cytochrome c release); ER stress (increased phosphorylated eIF2 α and Grp78); and activation of caspases-12, -9, and -3 (Smith et al., 2005). In addition, it has been shown that proteosomal dysfunction in A53T-mutant α -synuclein-expressing cells is caused by α -synuclein oligomers (Emmanouilidou et al., 2010). Our finding in the present study that intracellular accumulation of peptide oligomers causes cell death by inducing ER stress, endosomal/lysosomal leakage, and mitochondrial dysfunction is not restricted to the APP Osaka mutation or AD but instead seems also to be plausible for other neurodegenerative disorders.

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OLIGOMERIC A β IS THE SOLE CULPRIT MOLECULE TO CAUSE ALZHEIMER'S DISEASE?

Hiroshi Mori¹⁾, Takami Tomiyama¹⁾, Kennichi Ishibashi¹⁾, Kiyuhisa Ohnishi¹⁾, Rie Teraoka¹⁾, Akiko Fukushima¹⁾, Hiroshi Takuma¹⁾, Hiroyuki Shimada¹⁾, Suzuka Ataka¹⁾, Tomohiro Umeda¹⁾, Erika Kitajima¹⁾, Yuki Fujita¹⁾, Yuki Yamashita¹⁾, Keiichi Yamamoto¹⁾, Takami Miki¹⁾, Shogo Matsuyama²⁾, Hiroyuki Iso³⁾, Tetsu Nagata⁴⁾, Tomoyuki Nishizaki⁴⁾, Yasuhiro Wada^{5),6)}, Eito Yoshioka^{5),6)} and Yasuyoshi Watanabe^{5),6)}

Abstract Alzheimer's disease (AD) is the major and common disease usually for aged people to show progressive neurodegenerative disorder with the dementia. Amyloid-beta (also β -protein and referred here to as A β) is a well-established seminal peptide in AD that is produced from the amyloid precursor protein (APP) by consecutive digestions with β -secretase of BACE and gamma-secretase of the presenilin complex. Abnormal cerebral accumulation of A β such as insoluble fibrils in senile plaques and cerebral amyloid angiopathy (CAA) are observed as a neuropathological hallmark of AD. In contrast to such insoluble fibrillary A β , a soluble oligomeric complex is discussed as ADDLs, A β oligomer, low-n oligomer A β , A β *56 or so. Despite their different names, it is proposed as the current hypothesis that oligomeric A β is the direct molecule to cause synaptic toxicity and cognitive dysfunction in the early stages of AD. We identified a novel APP mutation (E693delta; referred to as the Osaka mutation) in a pedigree with probable AD resulting in a variant A β lacking glutamate at position 22. Based on theoretical prediction and *in vitro* studies on synthetic mutant A β peptides, the mutated A β peptide showed a unique aggregation property of enhanced oligomerization but no fibrillization. This was further confirmed by PiB-PET analysis on the proband patient. Collectively together, we conclude that the Osaka mutation is the first human evidence for the hypothesis that oligomeric A β is involved in AD.

Hirosaki Med. J. 61, Supplement : S105—S110, 2010

Key words: Alzheimer's disease; amyloid genetics; oligomeric A β

Amyloid beta (A β) oligomers are suggested to cause synaptic dysfunction in the early stages of Alzheimer's disease (AD)¹⁻⁶⁾. However, their precise contribution to the AD pathology is unknown: It is not evident whether oligomer formation of A β is sufficient for the progression of the disease in the absence of fibril formation. We had a chance to study a patient with a Japanese familial AD who was supposed to have A β oligomers without fibrils.

The proband was a 62-year-old woman with a history of suspected familial AD. She noticed memory disturbance at the age of 56. She had

no history or symptoms of other neurological disorders. Her Hachinski's ischemic and Mini Mental State Examination (MMSE) scores were normal. MRI and PET showed no cortical atrophy or abnormal metabolism, while SPECT demonstrated bilateral mild hypoperfusion in the temporal lobes. Electroencephalogram showed bilateral intermittent generalized slow theta activity. Thus, she was diagnosed as having mild cognitive impairment at that time. At the age of 59, she showed ideomotor apraxia, and her MMSE score was 22/30 points. According to the Diagnostic and Statistical Manual of

¹⁾Department of Neuroscience and Neurology, Osaka City University Medical School, Osaka, Japan, ²⁾Department of Pharmaceutical Sciences, Himeji Dokkyo University, Hyogo, Japan, ³⁾Department of Behavior Science, Hyogo University of Health Sciences, Kobe, Japan, ⁴⁾Department of Physiology,

Hyogo College of Medicine, Nishinomiya, Japan, ⁵⁾Department of Physiology, Osaka City University Medical School, Osaka, Japan, ⁶⁾Molecular Imaging Research Program, FRS, RIKEN, Kobe, Japan. Correspondence should be addressed to H.M. (mori@med.osaka-cu.ac.jp, Fax: +81-6-6645-3922).

Mental Disorders (DSM-III-R) and the criteria of the National Institute of Neurological and Communicative Disorders and Stroke, AD and Related Disorders Association (NINCDS-ADRDA), she was diagnosed as having AD. At the age of 62, her MMSE score dropped to 5 and she exhibited cerebellar ataxia. The axial T1 weighted MRI images showed only mild parietal lobe atrophy. Genetic analysis was examined after an appropriate consultation in which they gave their informed consent to participate in this study. This study was approved by the institutional ethics committee of Osaka City University Graduate School of Medicine. Exons 16 and 17 of APP and all exons of presenilin 1 and 2 were amplified from the patient's genomic DNA by PCR. The DNA sequence of each product was analyzed using a BigDye Terminator v1.1 Cycle Sequencing Kit (Applied Biosystems, Tokyo, Japan) and an ABI PRISM 310 genetic analyzer (Applied Biosystems). Since this patient was found to have a mutation in APP exon 17 but not in the presenilin 1 or 2 exons, only APP exon 17 was examined for other family members. ApoE genotyping was performed by detection of the restriction site polymorphism, as described previously⁷.

From her and her family members, we identified a novel mutation (hereafter referred to as the Osaka mutation) in APP exon 17 but not in presenilin 1 or 2 exons. This mutation is the deletion of codon 693 encoding glutamate (E693 Δ) at position 22 in the A β sequence. The patient had a homozygous deletion while her unaffected older and younger sisters showed only heterozygous deletions. ApoE genotype appeared not to be associated with this familial case. This Osaka mutation is the first deletion-type mutation in APP. The same homozygous deletion was recently found in another pedigree with AD and the heterozygous deletion in two other pedigrees, one of which was with mild cognitive impairment and the other was normal.

These findings strongly suggest that the Osaka mutation is a cause of AD. In addition, this mutation might represent the first recessive one linked to familial AD, though any conclusion cannot be drawn from the little information. To identify A β species produced from the mutant APP, we examined the molecular mass of A β secreted from HEK293 cells transfected with the APP construct. The resultant A β was found to start and end at normal positions but lack a glutamate at position 22. The secretion of the mutant A β 1-42 and A β 1-40 were both reduced to about 60% of wild-type A β but the ratio A β 1-42/ A β 1-40 was unaffected. This lowered A β secretion may explain why the present mutation appears to be recessive. This issue remains to be further investigated.

To examine their aggregation property, the mutant A β 1-40 Δ E and A β 1-42 Δ E peptides, which lack a glutamate at position 22, were synthesized (American Peptide Company, Sunnyvale, CA). Molecular weight and amino acid composition of the peptides were confirmed by electro spray mass spectral analysis and amino acid analysis, respectively. The purity of the A β 1-40 Δ E and A β 1-42 Δ E peptides, which was determined by reverse-phase HPLC, was 95.0% and 91.0%, respectively. Control wild-type A β 1-40 and A β 1-42 peptides were obtained from American Peptide Company and Peptide Institute (Osaka, Japan). In the thioflavin T fluorescence assay, wild-type peptides showed a quick increase of fibril aggregation, whereas the mutant peptides exhibited little or no increase. In Western blotting, synthetic A β peptides were initially dissolved to 0.1 mM in the alpha-helix promoting solvent hexafluoroisopropanol (HFIP) (Sigma) and the solvent was evaporated under vacuum using a Savant Speed Vac system (GMI, Ramsey, MN). The dried peptides were resuspended to 1 mM in 0.1% NH₄OH and dispensed, in quadruplicate, into tubes containing PBS to make a peptide concentration of 100

microM. The peptide solutions were incubated at 37°C for 7 days; aliquots were taken every 24 hr to monitor peptide aggregation by ThT fluorescence assay⁸⁾. For Western blotting, the aliquots were diluted 10-fold in SDS sample buffer and boiled for 5 min. After a further 200-fold dilution in SDS sample buffer, 4 microlitre (equivalent to 0.2 pmol A β peptide) of sample was separated by SDS-PAGE on a 12% NuPage Bis-Tris gel (Invitrogen, Tokyo, Japan) and transferred to Immobilon-P polyvinylidene difluoride (PVDF) membrane (Millipore, Tokyo, Japan). The membranes were boiled in PBS for 10 min to enhance signals and blocked overnight with 3% BSA/1% skin milk/0.1% Tween 20/150 mM NaCl/50 mM Tris-HCl, pH 7.6. A β peptides were probed with 6E10 or beta001 followed by horseradish peroxidase (HRP)-labeled anti-mouse or anti-rabbit antibody (Bio-Rad Laboratories, Tokyo, Japan), respectively. Wild-type peptides showed a rapidly decrease of monomers, reflecting their aggregation into fibrils, but those of the mutant peptides only gradually decreased. However, the mutant peptides showed massive formation of SDS-stable oligomers (dimers, trimers and tetramers) immediately after solubilization.

The peptides in aliquots were adsorbed onto 200-mesh Formvar-coated copper grids and negative-stained with 2% uranyl acetate. The specimens were viewed using a JEM-1200EXII electron microscope (JEOL, Tokyo, Japan), showing that wild-type A β 1-42 peptide formed abundant fibrils during 7-day incubation, whereas virtually no fibrillization was observed in the mutant peptide. Thus, the mutant peptides were shown to rapidly form stable oligomers but not to transform into fibrils.

The unique aggregation property of the mutant A β was suggestive of no amyloid formation in the patient's brain. To assess this possibility, we performed PET amyloid imaging of the patient's brain with [¹¹C]-Pittsburgh compound-B (PiB)

using a PET scanner Eminence-B (Shimadzu Corp., Kyoto, Japan) which was composed of 352 detector blocks, each with a 6 x 8 array of 3.5 x 6.25 x 30 mm³ bismuth germinate oxyorthosilicate crystals, arranged as 32 crystal rings with 208 mm axial field of view. Transmission scans were performed before PiB administration for 5 min in singles mode with ¹³⁷Cs point source to obtain attenuation correction data. Emission data were acquired over 60 min (29 frames: 6x30 s, 12x60 s, 5x180 s, 6x300 s). Images were reconstructed with segmented attenuation correction, using Fourier rebinning followed by two-dimensional filtered back-projection applying Ramp filter cutoff at Nyquist frequency. Three-dimensional Gaussian filter with a kernel full-width of a half maximum of 5 mm was applied to the images as a post filter. All subjects had an intravenous bolus injection of 150-300 MBq PiB with a high specific activity (average 20-30 GBq/micro mol). PiB retention data were given as standard uptake values, as described previously⁹⁾. Slight but significant PiB retention signals were observed in temporal, parietal and occipital lobes and cerebellum but not in frontal lobe, which was apparently different

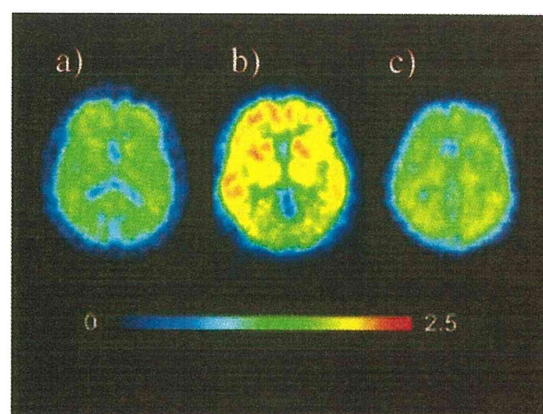


Figure 1 PiB-PET analysis

Amyloid imaging of the patient's brain with [¹¹C]PiB. PiB standardized uptake value images summed over 40 to 60 minutes are shown. (a) aged control (81-yr, female); (b) sporadic AD (71-yr, female); (c), the present case (62-year-old, female).

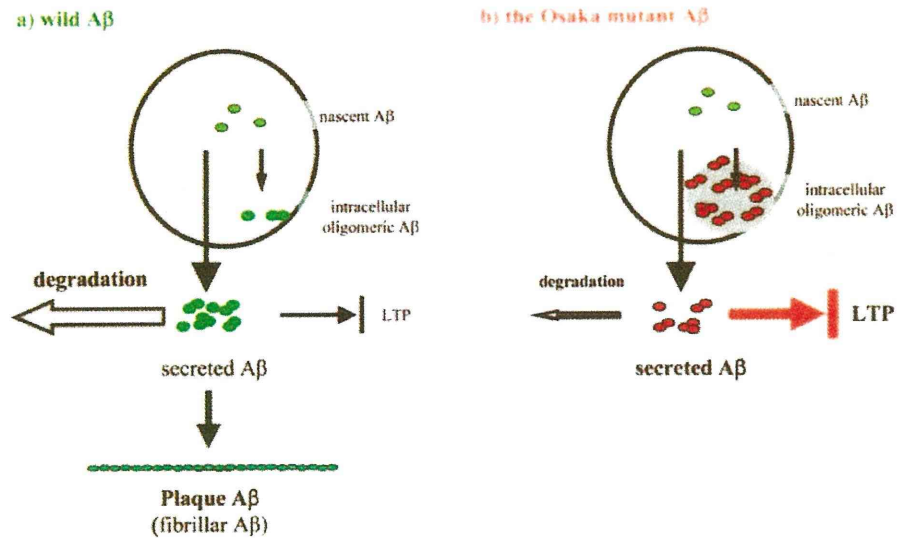


Figure 2 Scheme of A β pathway

A β was produced from APP by the consecutive digestions with β -secretase and γ -secretase. (a) Wild A β was produced from APP and its majority was secreted out in media. Some of secreted A β was in an oligomeric form that causes the synaptic LTP function. (b) The mutant A β was enhanced to form an oligomeric state due to the lack of the 22nd glutamate residue resulted in less secretion and in intracellular accumulation. The mutant A β was less vulnerable to proteases such as IDE or neprilysin and showed stronger inhibiting activity on LTP than wild A β .

from most cases of AD. Thus, the absence of fibril formation of the mutant A β was observed both *in vitro* and *in vivo*. It has been proposed that the formation of a beta-turn at positions 22 and 23 in A β molecules plays a crucial role in peptide aggregation¹⁰. The Osaka mutation at position 22 may cause disruption of the secondary structure of the peptide necessary for its formation into fibrils. The lack of a polar amino acid (glutamate) should lead to increased hydrophobicity of the peptide, which may result in accelerated assembly of the peptides into oligomers.

The recent findings of A β oligomer-induced synaptic dysfunction^{3,4} led us to examine effects of the mutant A β on synaptic plasticity in comparison with wild-type A β . Synthetic A β 1-42 peptides were injected into rat cerebral ventricle and hippocampal LTP was examined *in vivo*. As shown previously³, wild-type peptide caused a significant inhibition of LTP ($p = 0.0497$ vs. PBS). Notably, the mutant peptide showed a much stronger inhibition than wild-type peptide

($p < 0.0001$ vs. PBS; $p < 0.0001$ vs. wild-type). The observed result appears to reflect the ability of the mutant peptide to form oligomers.

Beside extracellular A β , several reports have suggested that synaptic dysfunction and neurodegeneration are associated with intraneuronal A β ¹¹⁻¹⁷. We also examined their occurrence in cells transfected with wild and mutated APP cDNA.

Unlike other APP mutations¹⁸⁻²², the Osaka mutation neither increased total A β or A β 1-42 production nor promoted A β aggregation into fibrils but markedly enhanced A β oligomerization. Our results suggest that this novel mutation causes AD by enhancing A β oligomerization. Furthermore, it is suggested that A β fibrillization is not a definite requirement to induce AD, rather its oligomerization may be a crucial event in the pathogenesis of the disease. Alternatively, the present case may represent not a typical but variant type of AD in which the enhanced oligomerization of A β enables

to induce the disease without A β fibrillization. Finally, as a model to represent A β oligomer-related neuropathology, our APP_{E693delta}-Tg mice have an advantage in that they control for the influence of A β fibrils. Therefore, they will be useful not only for investigating the pathogenic roles of A β oligomers but for evaluating therapeutic strategies for AD targeting A β oligomers. This will be hoped to break through a current problem on A β oligomers. Probably our main goal is to vividly show and specify "the A β oligomer" as the culprit of the disease.

Acknowledgments

This study was supported by Grants-in-aid for Scientific Research from MEXT of Japan to T.T. and H.M., a Health and Labour Sciences Research Grant on Dementia and in part by the Alzheimer's Association (IIRG-09-132098) to H.M.

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Regulation of Cholesterol Efflux by Amyloid β Secretion

Tomohiro Umeda,¹ Hiroshi Mori,¹ Hui Zheng,² and Takami Tomiyama^{1*}

¹Department of Neuroscience, Osaka City University Graduate School of Medicine, Osaka, Japan

²Huffington Center on Aging, Departments of Molecular and Human Genetics, Molecular and Cellular Biology, and Neuroscience, Baylor College of Medicine, Houston, Texas

Amyloid β ($A\beta$) is a key molecule in the pathogenesis of Alzheimer's disease, but its physiological function remains unclear. $A\beta$ is produced from amyloid precursor protein (APP) by β - and γ -secretases, which is enhanced by high levels of cellular cholesterol, so cholesterol is a risk factor for Alzheimer's disease. This linkage led us to hypothesize that $A\beta$ is produced to regulate cellular cholesterol levels in response to high-cholesterol stimulation. Here we show that $A\beta$ production caused a reduction of cellular cholesterol levels in transfected HEK293 cells and neuronal IMR-32 and Neuro2a cells, which was accompanied by an increase in efflux of cholesterol from cells. Fractionation of the culture media by ultracentrifugation and subsequent immunoelectron microscopic observation revealed that $A\beta$ assembled high-density lipoprotein-like particles with cellular cholesterol during its secretion. This assembly was mediated by the ATP-binding cassette transporter A1. APP transgenic and knockout mice exhibited lower and higher levels of cellular cholesterol in their brains, suggesting that $A\beta$ -mediated regulation of cellular cholesterol is physiological. Furthermore, we found that, when injected into mouse cerebral ventricle, reconstituted lipoproteins with $A\beta$ were excreted into the peripheral tissues more efficiently than those without $A\beta$. This result suggests that $A\beta$ mediates cholesterol transport from the brain to the circulation. We propose, based on these findings, a novel, apolipoprotein-like function for $A\beta$ that is involved in maintenance of cellular and cerebral cholesterol homeostasis. © 2010 Wiley-Liss, Inc.

Key words: Alzheimer's disease; risk factor; apolipoprotein; HDL; ABCA1

Cerebral accumulation of amyloid β ($A\beta$) is a hallmark of Alzheimer's disease (AD). $A\beta$ is generated from amyloid precursor protein (APP) by β - and γ -secretases at the cellular membranous compartments and secreted into the extracellular space. Several factors have been shown to affect $A\beta$ production and thereby influence the incidence of AD. For example, high levels of plasma cholesterol are known to be a risk factor for AD (Solomon and Kivipelto, 2009; Stefani and Liguri, 2009). Cholesterol loading of cells causes increased $A\beta$ generation via activation of both β - and γ -secretases

(Frears et al., 1999; Xiong et al., 2008), whereas cholesterol depletion results in reduced $A\beta$ production (Simons et al., 1998; Frears et al., 1999; Grimm et al., 2008). In transgenic mouse models of AD, diet-induced hypercholesterolemia increased $A\beta$ levels in the brain and thus accelerated $A\beta$ deposition (Refolo et al., 2000; Shie et al., 2002), whereas treatment with statin, an inhibitor of the cholesterol biosynthesis enzyme hydroxymethylglutaryl-CoA (HMG-CoA) reductase, attenuated amyloid pathology (Petanceska et al., 2002). Although the relationship between cholesterol and AD is still somewhat controversial, the above-mentioned observations indicate that cerebral $A\beta$ accumulation is evidently influenced by the levels of cholesterol. Nevertheless, neither the physiological function of $A\beta$ nor the biological significance of cholesterol-induced $A\beta$ production is well understood.

A recent study has demonstrated that $A\beta$ (particularly $A\beta_{40}$) reduces cholesterol de novo synthesis by inhibiting HMG-CoA reductase activity (Grimm et al., 2005). This negative feedback effect of $A\beta$ on cellular cholesterol may account for why high levels of cellular cholesterol increase $A\beta$ production. On the other hand, it has been reported that $A\beta$ can bind to lipids and exists on lipoproteins in the cerebrospinal fluid together with apoE and/or ApoA-I (Koudinov et al., 1996). Some investigators have thus speculated that $A\beta$ may influence cholesterol transport in the brain (Yao and Papadopoulos, 2002; Kontush, 2004). In addition to its existence on brain lipoproteins, $A\beta$, as well as apoE, has been shown to bind to lipoprotein receptors and to be transported from the brain to the circulation across the blood-brain barrier (Deane et al., 2008). These

Contract grant sponsor: JSPS; Contract grant number: 21500352; Contract grant sponsor: MEXT; Contract grant number: 17300114; Contract grant number: 18023033; Contract grant number: 20023026.

*Correspondence to: Takami Tomiyama, PhD, Department of Neuroscience, Osaka City University Graduate School of Medicine, 1-4-3 Asahimachi, Abeno-ku, Osaka 545-8585, Japan.

E-mail: tomi@med.osaka-cu.ac.jp

Received 14 October 2009; Revised 9 November 2009; Accepted 1 December 2009

Published online 12 February 2010 in Wiley InterScience (www.interscience.wiley.com). DOI: 10.1002/jnr.22360

observations led us to hypothesize that A β is produced to regulate cellular and cerebral cholesterol levels in an apolipoprotein-like manner.

To test this hypothesis, we examined the effects of A β on cellular cholesterol levels and on cholesterol transport *in vitro* and *in vivo*. We found that A β enhanced cholesterol efflux from cells by assembling lipoprotein-like particles during its secretion, which was mediated by the ATP-binding cassette transporter A1 (ABCA1). This effect of A β was confirmed *in vivo* by measuring cellular cholesterol levels in APP transgenic and knockout mouse brains. Furthermore, we demonstrated that A β promoted cholesterol transport from the brain to the peripheral tissues in mice. Our findings suggest a novel, apolipoprotein-like function for A β that is involved in maintenance of cellular and cerebral cholesterol homeostasis.

MATERIALS AND METHODS

APP₆₉₅, C99, C83, C59, and C50 cDNA Constructs

APP₆₉₅, C99, C83, C59, and C50 cDNA constructs were prepared by using a pCI mammalian expression vector (Promega, Madison, WI), as described previously (Nishitsuji et al., 2009).

A β ELISA

A β concentrations in culture media were determined by ELISA using human amyloid β (1–40) (N) and (1–42) (N) kits (IBL, Takasaki, Japan).

Cellular Cholesterol

Human embryonic kidney (HEK293) cells were transfected with the above-mentioned constructs using the Lipofectamine Plus reagent (Invitrogen, Carlsbad, CA). Two days after transfection, cells were loaded with cholesterol by incubation at 37°C for 1 hr with 1 mM cholesterol/methyl- β -cyclodextrin (M β CD) complex (Sigma, St. Louis, MO) in serum-free DMEM. After being washed with PBS, cells were harvested and subjected to protein assay and Western blotting with a polyclonal antibody to the C-terminal region of APP (C40; Suga et al., 2004) to confirm expression of the constructs. Cellular cholesterol was extracted from cell pellets by pipetting and vortexing in chloroform/methanol (2:1). Five hundred microliters of chloroform/methanol was used for cells from each well in six-well culture plates. After a brief centrifugation, 300 μ l of the chloroform fraction was transferred into a new tube, and the solvent was evaporated under a vacuum. The dried lipid was resuspended in 20 μ l of 10% Triton X-100/isopropanol, and 1 μ l of the sample was subjected to cholesterol assay using a Cholesterol/Cholesteryl Ester Quantitation Kit (BioVision, Inc., Mountain View, CA). The obtained cholesterol levels were normalized to the protein levels. In some experiments, transfected HEK293 cells were treated overnight with 100 μ M α -secretase inhibitor TAPI-I (Peptides International, Louisville, KY), 10 μ M β -secretase inhibitor II (Calbiochem, EMD Chemicals, Madison, WI), or 1 μ M γ -secretase inhibitor L-685,458 (Peptide Institute, Minoh, Japan) before cholesterol loading. In another set of

experiments, untransfected HEK293 cells were loaded with cholesterol for 1 hr, then incubated for a further 1 hr with synthetic A β 1–40 peptide (Peptide Institute) at 10 ng/ml. This A β concentration was similar to that in 2-day conditioned media of APP_{SW}-expressing cells. Alternatively, untransfected HEK293 cells were loaded with cholesterol for 1 hr using cholesterol/M β CD complex solubilized in 2-day conditioned media of APP_{SW}-expressing cells.

Human neuroblastoma IMR-32 and mouse neuroblastoma Neuro2a cells were also treated overnight with β - or γ -secretase inhibitor and then loaded with cholesterol. In ABCA1 knockdown experiments, IMR-32 cells were transfected with the Silencer Select Predesigned siRNA to ABCA1 (s846; Ambion, Applied Biosystems, Foster City, CA) at a concentration of 5 nM using the siPORT NeoFX reagent (Ambion). 2 days after transfection, cholesterol loading was performed as described above. Expression levels of ABCA1 were determined by Western blotting with a monoclonal antibody to ABCA1 (AB.H10; Applied Biological Materials, Richmond, British Columbia, Canada). In some experiments, IMR-32 cells were loaded with cholesterol for 1 hr in the presence of a monoclonal antibody to the N-terminus (82E1; IBL) or C-terminus (6A for A β 40 and 11C for A β 42; Lippa et al., 1999) of A β at 10 ng/ml. This antibody concentration was approximately fourfold higher in molar ratio than the concentration of A β (about 50 pg/ml) secreted from IMR-32 cells for 1 hr in response to cholesterol loading. Neither 82E1 nor 6A/11C binds to APP holoprotein. As a control, a mouse monoclonal antibody to FLAG (M2; Eastman Kodak Company, New Haven, CT) was used.

Cellular Cholesterol in Mouse Brains

Tg2576 mice (Hsiao et al., 1996) were purchased from Taconic Farms (Hudson, NY) and mated with wild-type C57/BL6 mice to obtain heterozygotes (+/–) and nontransgenic littermates (–/–). Homozygous APP knockout mice (Zheng et al., 1995) were cross-bred with the APP_{WT} transgenic mice (Matsuyama et al., 2007) to establish human APP (+/–), mouse APP (–/–) mice. As controls for APP knockout mice, wild-type C57/BL6 mice were used. Brains were removed from 6- or 12-month-old mice and incubated in 2.5 ml of 0.25% trypsin-EDTA solution (Sigma) containing 15 kU/ml of DNase (Washington Biochemical, Lakewood, NJ) at 37°C for 10 min. Enzyme reactions were stopped with 50% horse serum. The brain tissues were washed with PBS, and cells in the tissues were dissociated by pipetting several times. After brief centrifugation, the resulting cell pellets were subjected to cholesterol and protein assays. The obtained cholesterol levels were normalized to protein levels.

Immunoprecipitation

Nontransfected IMR-32 and APP_{SW}-transfected HEK293 cells were homogenized by sonication in 500 μ l of 1% Triton X-100/Tris-buffered saline (100 mM Tris-HCl, pH 7.6, 150 mM NaCl) containing protease inhibitor cocktail P8340 (Sigma). Cell lysates were immunoprecipitated with an antibody to ABCA1 (AB.H10), or APP (C40), and Protein G Sepharose (Pharmacia, Piscataway, NJ) at 4°C overnight. As a

negative control, an antibody to COX-IV, a mitochondrial membrane protein, was used. The precipitates were subjected to SDS-PAGE, followed by Western blotting with AB.H10 and a monoclonal antibody to APP/A β (6E10; Signet Laboratories, Dedham, MA), as described previously (Nishitsuji et al., 2009).

¹⁴C-Labeled Cholesterol/M β CD Complex

¹⁴C-labeled cholesterol/M β CD complex was prepared using ¹⁴C-cholesterol (Amersham Biosciences, Piscataway, NJ) essentially as described previously (Klein et al., 1995). In brief, 25 μ Ci (0.195 mg) of ¹⁴C-cholesterol and 2.805 mg of nonlabeled cholesterol (Sigma) were mixed with 100 mg M β CD (Sigma) in 0.3 ml water and stirred for 60 min at room temperature. The clear solution was frozen at -80°C , and the solvent was evaporated under a vacuum. The dried complex was resuspended in 7.75 ml of DMEM (Sigma) to a cholesterol concentration of 1 mM. The calculated specific activity of the resulting complex was 3.33 mCi/immol cholesterol.

¹⁴C-Labeled Reconstituted Lipoproteins

¹⁴C-labeled reconstituted lipoproteins were prepared using ¹⁴C-cholesterol essentially as described previously (Tajima et al., 1983). In brief, 50 μ Ci (0.39 mg) of ¹⁴C-cholesterol, 3.51 mg of nonlabeled cholesterol, 11.52 mg of cholesteryl oleate (Sigma), 18.59 mg of phosphatidylcholine (Sigma), and 3.16 mg of glyceryl trioleate (Sigma) were mixed in 3 ml of PBS, and sonicated 10 times for 3 min each with 1-min intervals at 12 W while being cooled in an ice bath. The proportion of lipids in this mixture reflects that in plasma HDL. The solution was centrifuged at 410,000g for 2 hr at 4°C . The floating fraction (about 1 ml) at the top of the solution was recovered as lipoprotein-like particles. The radioactive concentration of the particle solution was 55,000 dpm/ μ l. An aliquot of the solution was incubated with 10 μ M A β 40 in 5.4 ml of PBS for 30 min at room temperature. The ratio of A β to lipid particles in this mixture was 5:1, which reflects that of apoE to HDL particles in plasma. After being concentrated using a 50K-cut membrane device (Centricon YM-50; Millipore, Billerica, MA), the solution was diluted to 100,000 dpm/ μ l. ¹⁴C-labeled control lipid particles without A β were also prepared. The A β /lipid particles complex prepared by the same method, except for use of nonlabeled cholesterol instead of ¹⁴C-cholesterol, was examined for A β by immunoelectron microscopy with an anti-A β antibody, as described below. The resultant lipid particles were approximately 30–60 nm in diameter and thus larger than plasma HDL and similar to LDL-VLDL in size.

Cholesterol Efflux From Cells

Cholesterol loading onto cells was performed with 1 mM ¹⁴C-labeled cholesterol/M β CD complex in serum-free DMEM at 4°C for 1 hr. At this temperature, cellular activities presumably declined, and A β production was probably inhibited. After cholesterol loading, the culture media were replaced with serum-free DMEM, and the cells were further incubated at 37°C for 1 hr to allow cholesterol efflux. The culture media and cells were harvested separately, and their

radioactivity was counted with a liquid scintillation counter. In some experiments, the conditioned media were fractionated to VLDL, LDL, HDL, and VHDL fractions by sequential ultracentrifugation according to the method of Hatch (1968), with minor modifications. In brief, conditioned media were supplemented with 0.1% EDTA and 0.01% NaN₃, and 2 ml of the solution was overlaid with 1 ml of NaCl solution ($d = 1.006$) and centrifuged at 80,000 rpm for 4 hr at 16°C using a himac CS120 ultracentrifuge and a RP80AT rotor (Hitachi Koki Co., Ltd., Tokyo, Japan). The upper phase (1 ml) was harvested as the VLDL ($0.96 < d < 1.006$) fraction. The lower phase (1.8 ml) was mixed with 0.9 ml of NaCl-NaBr solution ($d = 1.182$) to make the relative density 1.063. Then, the solution was overlaid with 500 μ l of NaCl-NaBr solution ($d = 1.063$) and centrifuged at 80,000 rpm for 5 hr. The upper phase (1 ml) was harvested as the LDL ($1.006 < d < 1.063$) fraction. The lower phase (2 ml) was mixed with 1 ml of NaCl-NaBr solution ($d = 1.478$) to make the relative density 1.21, overlaid with 200 μ l of NaCl-NaBr solution ($d = 1.21$), and centrifuged at 80,000 rpm for 10 hr. The upper phase (1 ml) was harvested as the HDL ($1.063 < d < 1.21$) fraction. The lower phase (2.2 ml) was mixed with 386 μ l of NaCl-NaBr solution ($d = 1.478$) to make the relative density 1.25, overlaid with 700 μ l of NaCl-NaBr solution ($d = 1.25$), and centrifuged at 80,000 rpm for 4.5 hr. Finally, the upper phase (1 ml) was harvested as the VHDL ($1.21 < d < 1.25$) fraction. The radioactivity in each fraction was counted.

Cholesterol Efflux From the Brain

Twelve-month-old APP knockout mice were anesthetized with pentobarbital and placed on a stereotaxic apparatus. One microliter (100,000 dpm) of the ¹⁴C-labeled reconstituted lipoproteins with or without A β was injected into the cerebral ventricle over 1 min using a Hamilton syringe. The syringe was left in place for 10 min to avoid regurgitation of the injectate. 10 or 60 min after injection, the mice were dissected into liver, spleen, kidney, heart, and lung, and then decapitated to harvest the brain. The collected tissues were homogenized in a Polytron PT3100 homogenizer (Kinematica, Bohemia, NY) in 9 vol of water, and 200 μ l of the homogenate was mixed with 3 ml of water and added to 10 ml of liquid scintillation cocktail Insta-Gel Plus (PerkinElmer, Waltham, MA). The radioactivity in each sample was counted. All animal experiments were performed in accordance with the Guide for Animal Experimentation, Osaka City University.

Immunoelectron Microscopy

Samples were absorbed onto 200-mesh carbon-coated nickel grids (Stork Veco B.V., Eerbeek, The Netherlands). The grids were blocked with 1%BSA/PBS for 10 min and incubated with an anti-A β polyclonal antibody (β 001; Lippa et al., 1999) for 1 hr, followed by 10 nm gold-labeled second antibody (AuroProbe EM GAR G10; Amersham) for 1 hr. After being washed with PBS and water, the specimens were negatively stained with 2% phosphotungstate (TAAB Laboratories Equipment Ltd., Berks, United Kingdom) and viewed

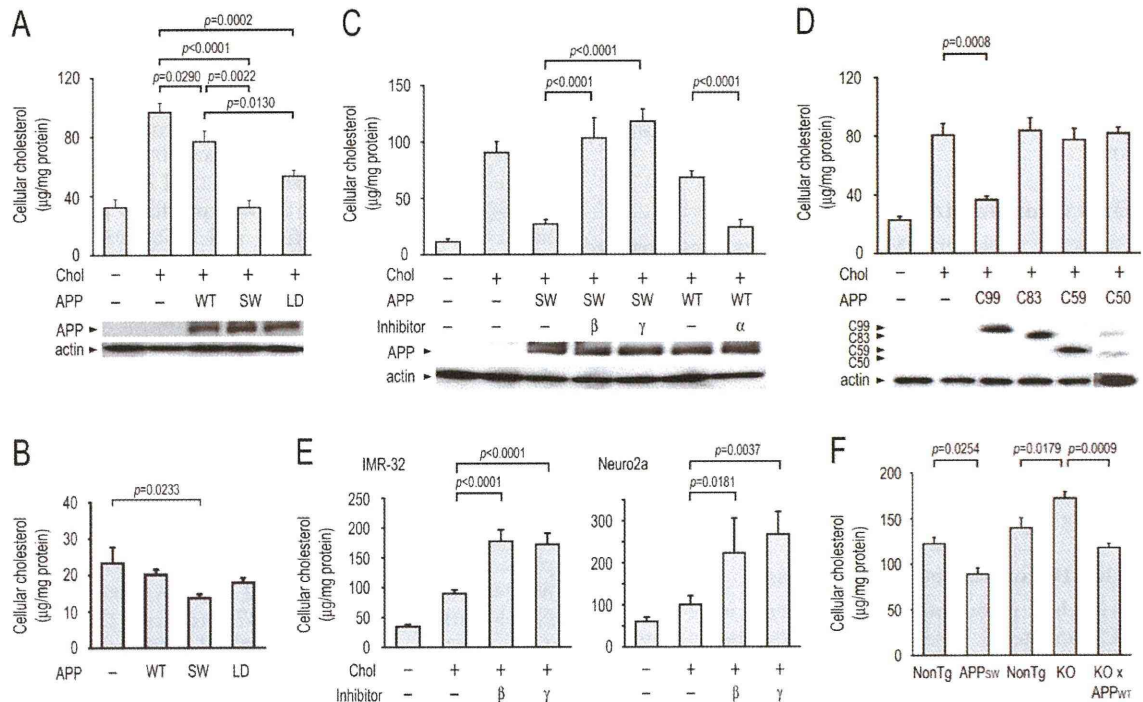


Fig. 1. A β regulates cellular cholesterol levels. **A:** APP-expressing HEK293 cells exhibited lower levels of cellular cholesterol than mock-transfected cells after cholesterol loading. APP_{SW} and APP_{LD} exhibited more potent effects than APP_{WT}. **B:** Cholesterol-lowering effects of APP expression were also observed under physiological conditions without cholesterol loading. **C:** Inhibition of A β production with β - and γ -secretase inhibitors attenuated the effect of APP expression, whereas enhancement of A β production with α -secretase inhibitor exhibited the opposite effect. **D:** C99, but not C83, C59, or C50, exhibited an effect similar to that of APP. **E:** A β -mediated regulation of cellular cholesterol was also observed in nontransfected neuronal cells. Inhibition of A β production with β - and γ -secretase

inhibitors increased cellular cholesterol levels in both IMR-32 and Neuro2a cells. **F:** APP_{SW} transgenic (Tg2576) mice (6 months) exhibited lower, whereas APP knockout mice (12 months) exhibited higher cellular cholesterol in the brain than the age-matched control mice. Cross-breeding of APP knockout mice with APP_{WT} transgenic mice resulted in lower cellular cholesterol levels. NonTg, nontransgenic littermates of the Tg2576 mice or nontransgenic wild-type mice; KO, APP knockout mice. Comparison between APP_{SW} and NonTg was performed using the unpaired Student's *t*-test, whereas those among KO, NonTg, and KO \times APP_{WT} were performed using Fisher's PLSD test following ANOVA. All columns and bars represent the mean \pm SEM (A–E, *n* = 3; F, *n* = 4).

under a JEM-1200EX2 electron microscope (JEOL Ltd., Akishima, Japan).

Statistical Analysis

All values obtained are expressed as the mean \pm SEM. Comparisons of means between two groups were performed using the unpaired Student's *t*-test, whereas those among multiple groups were performed using Fisher's PLSD test following ANOVA.

RESULTS

A β Regulates Cellular Cholesterol Levels

We initially examined the effect of A β production on cellular cholesterol levels in vitro. HEK293 cells transfected with APP were cholesterol-loaded by incubation with cholesterol/ M β CD complex. Compared with mock-transfected cells, APP-expressing cells exhibited significantly lower levels of cellular cholesterol (Fig. 1A).

APP with the Swedish mutation (K670N/M671L; APP_{SW}), which increases total A β production (Table I), and that with the London mutation (V717I; APP_{LD}), which selectively enhances A β 42 production (Table I), were more effective than wild-type APP (APP_{WT}). The cholesterol-lowering effect of APP expression was also observed under physiological conditions without cholesterol loading (Fig. 1B). When A β production was inhibited by β -secretase inhibitor II or γ -secretase inhibitor L-685,458 (Table I), the effect of APP expression on cellular cholesterol was attenuated (Fig. 1C). In contrast, in the presence of α -secretase inhibitor TAPI-I, which leads to increased A β production (Table I), the effect of APP was enhanced (Fig. 1C). Thus, cellular cholesterol level was shown to be regulated depending on A β (particularly A β 42) production but not expression of APP holoprotein. A cholesterol-lowering effect was also displayed by C99, an APP carboxyl-terminal fragment that can produce A β (Table I), but not by C83, another

TABLE I. A β Secretion From Cells

	A β 1-40 (pg/ml)	A β 1-42 (pg/ml)
HEK293 cells		
Mock	33 \pm 2	0 \pm 0
APP _{WT}	258 \pm 25	14 \pm 0
+ α -Inhibitor	829 \pm 14	32 \pm 1
APP _{SW}	4,078 \pm 1,420	137 \pm 21
+ β -Inhibitor	26 \pm 3	2 \pm 1
+ γ -Inhibitor	53 \pm 15	ND
APP _{LD}	161 \pm 14	31 \pm 2
C99	2,142 \pm 428	106 \pm 1
C83	58 \pm 3	3 \pm 1
C59	75 \pm 4	3 \pm 1
IMR-32 cells		
Control	159 \pm 3	10 \pm 0
+ β -Inhibitor	46 \pm 1	6 \pm 1
+ γ -Inhibitor	31 \pm 3	4 \pm 1
HEK293 cells		
APP _{SW}	175 \pm 7	12 \pm 1
+ Cholesterol	261 \pm 15	14 \pm 1

*HEK293 cells were transfected with APP constructs and cultured in serum-free medium for 1 day in the presence or absence of secretase inhibitors. A β concentrations in culture media were determined by ELISA. IMR-32 and Neuro-2a cells were also cultured in serum-free medium for 1 day in the presence or absence of secretase inhibitors. A β concentrations of IMR-32 cells are shown, but those of Neuro-2a cells could not be measured because the ELISA kits used are for human A β alone and not mouse A β . In another experiment, HEK293 cells transfected with APP_{SW} were loaded with cholesterol in serum-free medium for 1 hr, and culture media were immediately removed without further incubation to determine A β concentrations. Values are means \pm SEM for triplicate transfections. ND, not detected.

APP carboxyl-terminal fragment that produces p3 peptide instead of A β , or APP intracellular domains (AICDs) such as C59 and C50 (Fig. 1D). These findings exclude the possibility of contribution of p3 peptide and AICD to the cholesterol-lowering effect. A β -mediated regulation of cellular cholesterol was also observed in two types of neuronal cells, IMR-32 and Neuro2a, both of which were not transfected with APP but produce endogenous human and mouse A β , respectively. Inhibition of A β production by β - and γ -secretase inhibitors induced higher levels of cellular cholesterol in these cells (Fig. 1E).

APP Expression Influences Cellular Cholesterol Levels in the Brain

If A β participates in the regulation of cellular cholesterol, APP expression levels should influence cellular cholesterol levels in vivo. Thus we examined cellular cholesterol levels in the brains of APP_{SW} transgenic (Tg2576) mice at 6 months and APP knockout mice at 12 months of age. The Tg2576 mice are known to possess no amyloid pathology at this age. Cellular cholesterol levels in Tg2576 mice were lower than those in age-matched nontransgenic littermates, whereas those in APP knockout mice were higher than those in

nontransgenic wild-type mice (Fig. 1F). Importantly, the high cholesterol levels in APP knockout mice were reversed to levels beneath those in wild-type mice by cross-breeding with APP_{WT} transgenic mice. This suggests that APP is involved in physiological regulation of cellular cholesterol probably through A β production.

A β Promotes Cholesterol Efflux From Cells

We assumed that A β reduced cellular cholesterol levels by enhancing cholesterol efflux from cells probably via its apolipoprotein-like function. Thus we examined efflux of cellular cholesterol in APP-expressing cells. For this purpose, we prepared radiolabeled cholesterol/M β CD complex using ¹⁴C-cholesterols and loaded it onto HEK293 cells. Cholesterol efflux was measured by counting radioactivities of the culture media and cells. In mock-transfected cells, approximately 13% of the loaded ¹⁴C-cholesterol was excreted into the media, whereas excretion increased up to 39% in APP_{SW}-expressing cells (Fig. 2A). In parallel with the cholesterol efflux, increased A β secretion from cells was observed (Table I). When A β production was inhibited by γ -secretase inhibitor, cholesterol efflux decreased to levels in mock-transfected cells (Fig. 2A). A β -mediated cholesterol efflux was also observed in nontransfected IMR-32 cells, in which β - and γ -secretase inhibitors attenuated the efflux again. (Fig. 2B).

A β Assembles Lipoprotein-Like Particles During Its Secretion

Cholesterol efflux from cells is usually accompanied by lipoprotein formation (Yokoyama, 2005). To determine whether lipoprotein formation occurs in A β -mediated cholesterol efflux and which lipoproteins are formed, if any, we fractionated conditioned media of APP_{SW}-expressing HEK293 cells by sequential ultracentrifugation into the VLDL (0.96 < d < 1.006), LDL (1.006 < d < 1.063), HDL (1.063 < d < 1.21), and VHDL (1.21 < d < 1.25) fractions. Approximately 50% of ¹⁴C-cholesterol in the media was collected in the HDL fraction (Fig. 2C). With immunoelectron microscopy, the HDL fraction was found to contain many A β -positive lipoprotein-like particles with diameters of 10–50 nm, ranging from HDL to VLDL in size, whereas very few lipoprotein-like particles were observed in the HDL fraction in the presence of γ -secretase inhibitor (Fig. 2D). These findings indicate that A β promoted cholesterol efflux by assembling lipoprotein-like particles with cellular cholesterol during its secretion. It is unlikely that these particles were formed after A β secretion by extracellular A β to pull out cholesterol from the plasma membrane (Michikawa et al., 2001), insofar as addition of synthetic A β peptide to culture medium after cholesterol loading did not reduce cellular cholesterol levels (Fig. 2E). Furthermore, the possibility was ruled out that A β secreted from cells bound to cholesterol in the media to prevent their cellular uptake (Yao and Papadopoulos, 2002), because the presence of A β in

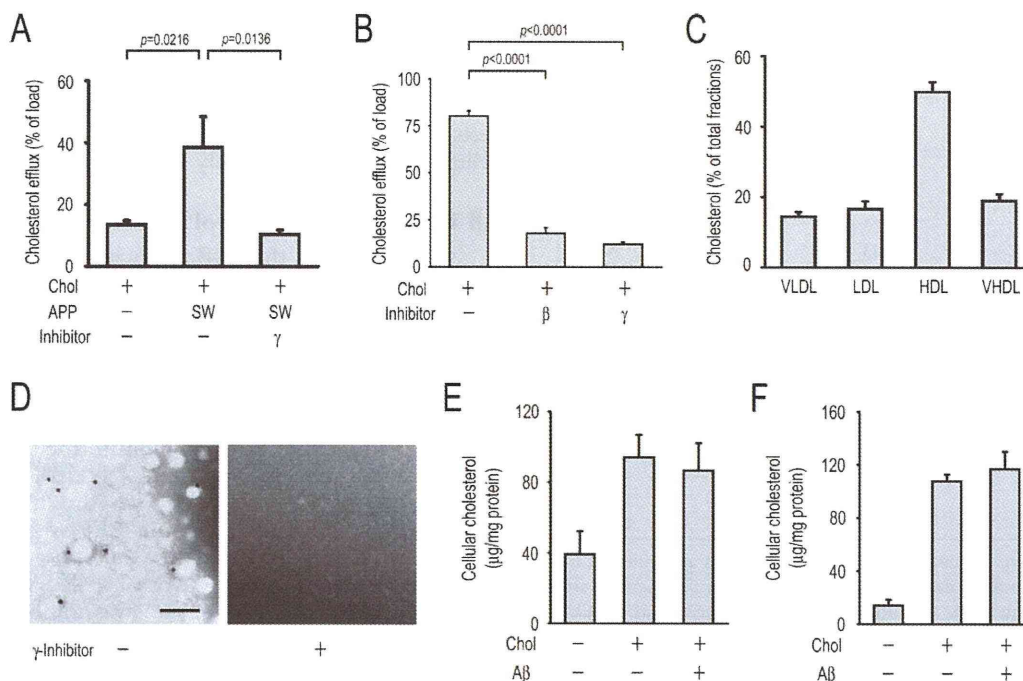


Fig. 2. $A\beta$ promotes cholesterol efflux from cells by assembling lipoprotein-like particles during its secretion. **A:** APP_{SW} -expressing HEK293 cells exhibited higher cholesterol efflux into medium than mock-transfected cells. Inhibition of $A\beta$ production with γ -secretase inhibitor attenuated the cholesterol efflux. **B:** Cholesterol efflux and its inhibition by β - and γ -secretase inhibitors were also observed in nontransfected IMR-32 cells. **C:** Conditioned media of APP_{SW} -expressing HEK293 cells were fractionated by sequential ultracentrifugation. Approximately 50% of cholesterol in the media was

collected in the HDL fraction. **D:** The HDL fraction contained many $A\beta$ -positive lipoprotein-like particles with diameters of 10–50 nm. In contrast, very few lipoprotein-like particles were observed in the HDL fraction in the presence of γ -secretase inhibitor. $A\beta$ was probed with 10-nm gold particles. **E:** Addition of $A\beta$ to culture medium after cholesterol loading did not affect cellular cholesterol levels. **F:** The presence of $A\beta$ in culture medium during cholesterol loading did not affect cholesterol levels loaded into cells. All columns and bars represent the mean \pm SEM ($n = 3$). Scale bar = 100 nm.

culture medium during cholesterol loading did not affect cholesterol levels loaded onto cells (Fig. 2F).

$A\beta$ -Induced Cholesterol Efflux Is Mediated by ABCA1

It has been proposed that ABCA1 plays a key role in apolipoprotein-mediated cholesterol efflux from cells (Yokoyama, 2005). ABCA1, a transmembrane protein, interacts with extracellular lipid-poor apolipoproteins, such as apoA-I and apoE, and transports cellular cholesterol to those proteins. To examine whether $A\beta$ -mediated cholesterol efflux depends on ABCA1, we knocked down ABCA1 of IMR-32 cells with a short interfering RNA (siRNA). This treatment resulted in increased cellular cholesterol levels (Fig. 3A) and decreased cholesterol efflux from cells (Fig. 3B). In addition, direct interaction between ABCA1 and $APP/A\beta$ was demonstrated in nontransfected IMR-32 and transfected HEK293 cells by immunoprecipitation (Fig. 3C). Notably, their interaction was apparently promoted by cholesterol loading onto cells. APP and $A\beta$ coprecipitated with ABCA1 increased up to 254% ($P = 0.0243$ vs. without cholesterol) and 206% ($P = 0.0483$), respectively, whereas

ABCA1 coprecipitated with APP increased up to 333% ($P = 0.0049$) by cholesterol loading ($n = 3$ for each group). These findings indicate that $A\beta$ -mediated cholesterol efflux requires ABCA1. The presence of anti- $A\beta$ antibodies in culture medium did not affect cholesterol efflux from cells (Fig. 3D), suggesting that ABCA1- $A\beta$ interaction does not occur between the cell surface and the extracellular space, where antibodies to $A\beta$ can interfere with the interaction (see, for example, Tsujita et al., 2005), but does occur within the plasma membrane or intracellular compartments.

$A\beta$ Accelerates Cholesterol Transport From the Brain to the peripheral tissues

It is known that $A\beta$ is transported from the brain into the circulation by receptor-mediated transcytosis across the blood-brain barrier (BBB; Shibata et al., 2000) and the choroids plexus (Crossgrove et al., 2005). This mechanism is presumed to function to clear toxic $A\beta$ from the brain. However, we speculate that $A\beta$ is exported from the brain to discharge cerebral cholesterol. To test this hypothesis, we examined whether intracranial cholesterol can be transported into the

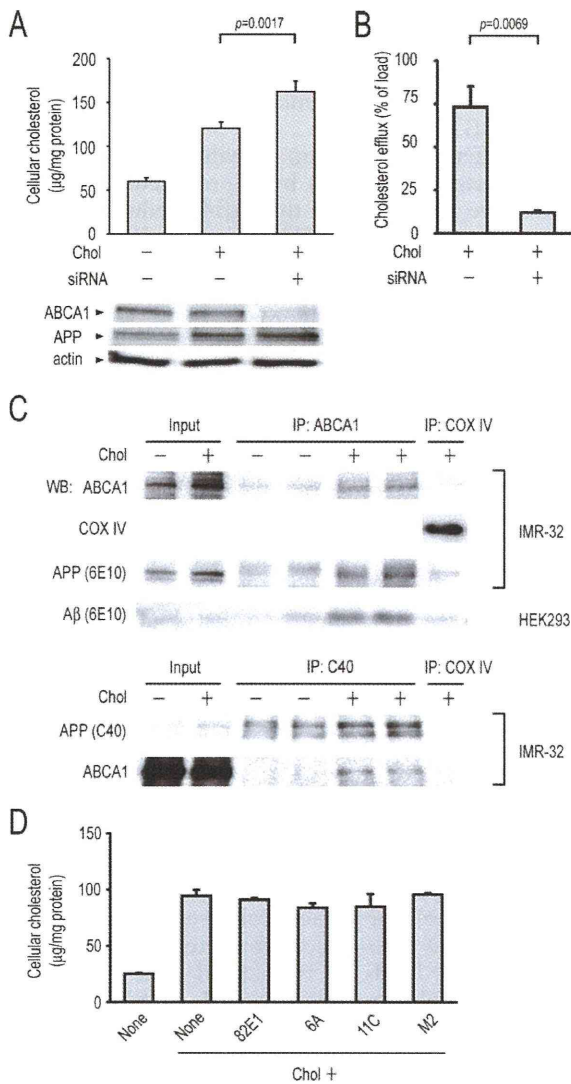


Fig. 3. A β -induced cholesterol efflux is mediated by ABCA1. Knocking down ABCA1 by siRNA increased cellular cholesterol levels (A) and decreased cholesterol efflux (B) in IMR-32 cells. C: ABCA1 and APP were immunoprecipitated from cell lysates of non-transfected IMR-32 and APP_{SW}-transfected HEK293 cells with or without cholesterol loading and stained with antibodies to these proteins. Antibodies C40 and 6E10 recognize the C-terminal and A β regions of APP, respectively. A cholesterol-promoted interaction between ABCA1 and APP/A β was demonstrated. As a negative control, an antibody to COX-IV, a mitochondrial membrane protein, was used. D: IMR-32 cells were cholesterol loaded in the presence of an antibody to the N-terminus (82E1) or C-terminus (6A for A β 40 and 11C for A β 42) of A β or an antibody to FLAG (M2). None of the antibodies affected cellular cholesterol levels, suggesting that ABCA1-A β interaction does not occur between the cell surface and the extracellular space. All columns and bars represent the mean \pm SEM (n = 3).

peripheral tissues and, if so, whether A β has any effect on such efflux. For this purpose, we reconstituted lipoproteins with or without A β using ¹⁴C-cholesterols (Fig. 4A) and injected them into the cerebral ventricle of APP knockout mice. Ten or sixty minutes after injection, mice were sacrificed and dissected into tissues including the brain, heart, kidney, liver, lung, and spleen. The distribution of the injected ¹⁴C-cholesterol in tissues was determined by measurement of the radioactivity of tissue homogenates. The injected cholesterol was found to be excreted rapidly from the brain into the peripheral tissues (Fig. 4B). Compared with control lipoproteins without A β , lipoproteins with A β exhibited accelerated transport from the brain to the liver (Fig. 4C). This finding supports our hypothesis that A β plays a role in maintenance of cerebral cholesterol homeostasis as well as of cellular cholesterol homeostasis. Even in the absence of A β , however, a certain amount of the injected cholesterol was excreted into the peripheral tissues. This might have occurred as a result of the function of endogenous brain apolipoproteins, such as apoE, or as a result of the conversion of cholesterol to membrane-diffusible oxysterols (Björkhem, 2006), which may have proceeded during preparation of lipoprotein-like particles.

DISCUSSION

High levels of plasma cholesterol are known to be a risk factor for AD (Solomon and Kivipelto, 2009; Stefani and Liguri, 2009). This epidemiological linkage could be explained by experimental evidence that cellular cholesterol influences the activities of both β - and γ -secretases and thereby affects A β production and amyloid pathology in the brain (Simons et al., 1998; Frears et al., 1999; Refolo et al., 2000; Petanceska et al., 2002; Shie et al., 2002; Grimm et al., 2008; Xiong et al., 2008). Nevertheless, it remains unclear why high levels of cholesterol increase A β production and what the physiological function of A β is.

With regard to the biochemical and physiological aspects of A β , there are several features common to A β and apoE. First, both proteins are amphiphilic and exist on HDL-like lipoproteins in the CSF (Koudinov et al., 1996). Second, each can function as a ligand for LDL receptor-related protein 1 (LRP1) and the VLDL receptor and is transported from the brain to the circulation across the BBB (Deane et al., 2008). Third, both are up-regulated in response to high cholesterol stimulation in vivo (Wu et al., 2003; Petanceska et al., 2003). These findings imply that A β may play a role in cholesterol transport and metabolism as a member of the apolipoproteins or in cooperation with them. In the present study, we showed that A β promoted efflux of cellular cholesterol during its secretion, which was mediated by ABCA1 and was accompanied by or with formation of lipoprotein-like particles. This mechanism resembles that of apolipoprotein-mediated cholesterol efflux, although apolipoproteins interact with ABCA1 from the

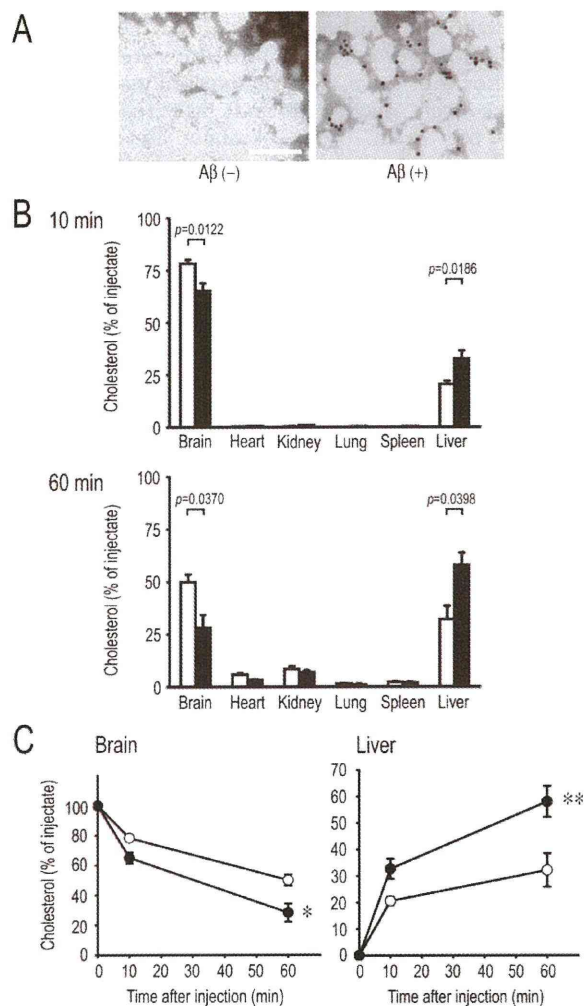


Fig. 4. A β accelerates cholesterol transport from the brain into the peripheral tissues. **A:** ^{14}C -labeled lipoprotein-like particles with or without A β were prepared. A β was probed with 10-nm gold particles. **B:** The reconstituted lipoproteins were injected into the cerebral ventricle of APP knockout mice (100,000 dpm/1 μl /head). At 10 and 60 min after injection, radioactivity in various tissues was measured. Approximately 60,000 dpm was successfully injected into the brain. Open columns, A β (-); solid columns, A β (+). Comparison between A β (+) and A β (-) in each tissue was performed using the unpaired Student's *t*-test. Columns and bars represent the mean \pm SEM (10 min, *n* = 5; 60 min, *n* = 3). **C:** A β -containing lipoproteins exhibited accelerated excretion from the brain into the peripheral tissues compared with control lipoproteins. Values at each point were calculated assuming that total count of tissues represents 100% successful injection and that the counts in the brain and liver at 0 min account for 100% and 0% of the injectate, respectively. Open circles, A β (-); solid circles, A β (+). **P* = 0.0007. ***P* = 0.0011 vs. A β (-), when values were compared 10–60 min after injection using two-way factorial ANOVA followed by Fisher's PLSD test. Scale bar = 100 nm.

extracellular space (Yokoyama, 2005), whereas the A β -ABCA1 interaction appeared to occur within the plasma membrane or intracellular compartments. Our findings suggest a novel, apolipoprotein-like function of A β by which A β participates in cellular cholesterol homeostasis. This is evidence for the biological significance of A β production.

A different mechanism by which A β regulates cellular cholesterol levels has been proposed. Grimm et al. (2005) have demonstrated that A β 40 reduces cholesterol synthesis by inhibiting HMG-CoA reductase, whereas A β 42 down-regulates sphingomyelin levels by activating sphingomyelinases. This finding is somewhat contrary to our finding that A β 42 appeared to be more effective than A β 40 in reduction of cellular cholesterol levels. Although the lower levels of cellular cholesterol we observed in APP-expressing cells likely reflect enhanced cholesterol efflux from cells rather than reduced cholesterol synthesis within cells, our results do not exclude the latter possibility. It may be that A β regulates cellular cholesterol levels by dual mechanisms, i.e., enhanced efflux by A β 42 and reduced synthesis by A β 40, both of which function as a negative feedback system against high levels of cellular cholesterol. On the other hand, Liu et al. (2007) have suggested that AICD, but not A β , regulates cellular and cerebral cholesterol levels through LRP1. AICD suppressed expression of the major apoE/lipoprotein receptor LRP1 and thereby reduced cellular uptake of apoE/lipoprotein. According to their hypothesis, the reduced cellular uptake of apoE/lipoprotein results in a decrease in their catabolism, which ends in increased apoE levels and decreased cholesterol levels in cells and in the brain. Consequently, cholesterol-enhanced γ -cleavage of APP, which generates not only AICD but also A β as a byproduct, would lead to down-regulation of cellular cholesterol levels. Our results indicate that AICD did not contribute to reduction of cellular cholesterol levels in transfected cells. However, in our assay, cholesterol was loaded onto cells not via LRP1 but by using M β CD. Thus, it is possible to assume that A β regulates cellular cholesterol by promoting its efflux and simultaneously AICD does so by inhibiting cellular cholesterol uptake. The lower and higher levels of cellular cholesterol that we observed in APP transgenic and knockout mouse brains may be, in part, attributable to the action of AICD. As an alternative mechanism, it is possible that A β or AICD induces expression of apoE, which in turn mediates cholesterol efflux from cells by interacting with ABCA1. This possibility remains to be addressed.

We also showed in the present study that A β accelerated transport of brain cholesterol to the peripheral tissues, at which cholesterol was injected into mouse cerebral ventricle as lipoprotein-like particles. A β has been demonstrated to be excreted from the brain to the circulation by receptor-mediated transcytosis at the BBB (Shibata et al., 2000) and the choroid plexus (i.e., the blood-CSF barrier; Crossgrove et al., 2005). LRP1 is the major receptor involved in this transport (Zlokovic,

2004; Johanson et al., 2008). This receptor also mediates the clearance of brain apoE to the circulation (Deane et al., 2008). Our finding implies an additional physiological function of A β by which A β transports brain cholesterol to the BBB and/or the blood–CSF barrier and discharges it into the circulation probably by a receptor-mediated mechanism. It is believed that cerebral cholesterol is excreted to the circulation at the BBB only after its conversion into 24S-hydroxycholesterol, which can cross the cell membranes more easily than cholesterol itself (Björkhem, 2006). The efflux of 24S-hydroxycholesterol to the circulation is presumed to occur by diffusion as a result of its concentration gradient between the brain and the circulation. Inversely, another oxysterol, 27-hydroxycholesterol, has been observed to be taken up by the brain from the circulation (Björkhem, 2006). This influx is also presumed to occur by diffusion dependent on its concentration gradient between the two compartments. Thus, cerebral cholesterol levels are thought to be regulated by de novo synthesis and by flux of these oxysterols and not by transport of cholesterol itself or lipoproteins. However, not a few reports have demonstrated that transcytosis of lipoproteins potentially occurs at the BBB (Dehouck et al., 1997; Balazs et al., 2004; Candela et al., 2008; Rohrer et al., 2009). In addition, 24S-hydroxycholesterol, as well as cholesterol, is not present free in plasma but is associated with acceptor proteins such as LDL and HDL (Babiker and Diczfalusy, 1998). Thus, it is likely that cerebral cholesterol including 24S-hydroxycholesterol are transported by apoE- and/or A β -containing lipoproteins to the BBB and/or the blood–CSF barrier and then are excreted to the circulation by transcytosis or by diffusion after dissociation from lipoproteins. Cerebral A β levels are regulated by de novo synthesis and degradation and also by influx and efflux at the BBB and the blood–CSF barrier (Zlokovic et al., 2000). Whereas the efflux is mediated mainly by LRP1, the influx is done primarily by the receptor for advanced glycation end products (RAGE; Zlokovic, 2004; Johanson et al., 2008). As well as the influx of oxysterols, the RAGE-mediated A β influx may also contribute to the regulation of cerebral cholesterol homeostasis.

The hypothesis presented here not only explains why cholesterol is a risk factor for AD but also provides new insights into the known link between apoE genotypes and AD (Corder et al., 1993). It is shown that the ability of apoE4 to mediate cholesterol efflux from cells is less than the abilities of apoE2 and apoE3 and that the presence of apoE4 therefore results in higher levels of cellular cholesterol in vitro (Michikawa et al., 2000). In addition, clearing of apoE4 from mouse brain across the BBB is less efficient than for apoE2, apoE3, and A β (Deane et al., 2008). Thus, the presence of apoE4 would result in enhanced A β production (Ye et al., 2005) to compensate for its lower cholesterol efflux, which might lead to increased accumulation of A β in the brain. Furthermore, compared with apoE2 and apoE3, apoE4 in the circulation is shown to be significantly taken up

by cerebral microvessels and choroids plexus when allowed to form a complex with A β , which resulted in a moderate, but significant, transport of this complex into the brain (Martel et al., 1997). This may also contribute to enhanced amyloid pathology in patients with apoE4. Our findings also highlight a potential adverse effect of agents administered to reduce A β production, such as β - and γ -secretase inhibitors: inhibition of A β production may disturb its function in cholesterol homeostasis proposed in this study. Therefore, careful management of cholesterol may be required upon such treatments.

ACKNOWLEDGMENTS

We thank Hideki Nakagawa and Hiroo Nakagawa for their technical assistance.

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