	Model 1 1,094				Model 2				Model 3 848 0.553			
N					1,711 0.366							
Adjust R ²	R ² 0.366											
Independent variables	В	95% CI	β	P	В	95% CI	β	P	В	95% CI	β	P
Physical variable	s											
Gender	-2.808	-3.963 to -1.654	-0.170	<0.001	-2.687	-3.571 to -1.803	-0.169	<0.001	-4.539	-5.645 to -3.432	-0.292	<0.001
Age	-0.002	-0.040 to 0.036	-0.003	0.921	-0.005	-0.035 to 0.026	-0.007	0.764	0.176	0.151 to 0.201	0.378	<0.001
Height	-0.186	-0.251 to -0.120	-0.212	<0.001	-0.170	-0.221 to -0.119	-0.199	<0.001	-0.119	-0.181 to -0.057	-0.147	<0.001
BMI	-0.293	-0.410 to -0.175	-0.120	<0.001	-0.210	-0.301 to -0.120	-0.090	<0.001	-0.469	-0.598 to -0.340	-0.174	<0.001
Hemodynamic v	ariables											
PR	-0.342	-0.375 to -0.308	-0.492	<0.001	-0.336	-0.362 to -0.310	-0.508	<0.001	-0.238	-0.273 to -0.203	-0.318	<0.001
DBP	0.149	0.114 to 0.184	0.212	<0.001	0.141	0.114 to 0.168	0.210	<0.001	0.257	0.214 to 0.300	0.295	<0.001
Group of drugs												
Nitro	-3.393	-5.058 to -1.728	-0.098	<0.001	-3.631	-4.913 to -2.350	-0.109	<0.001				
Drug group	2.678	0.984 to 4.372	0.075	0.002	2.709	1.073 to 4.345	0.064	0.001				
Mixed					0.448	-0.209 to	0.027	0.181				

Drug group: code "1" = treated with non-VD only; code "0" = other treatments with VD only and mixed combination with VD and non-VD. Mixed: code "1" = mixed combination with VD and non-VD; code "0" = all other treatments (with VD only or non-VD only). VD (vasodilating antihypertensive drugs) includes angiotensin receptor blockers, angiotensin-converting enzyme inhibitors, calcium channel blockers, and α-blockers; non-VD (nonvasodilating antihypertensive drugs) includes diuretics and β-blockers. Subject populations for Models 1 through 3 were hypertensives (HT) without mixed (VD + non-VD) combination, HT including mixed combination except Nitro only and non-HT, respectively. Sixteen HT patients taking Nitro alone were excluded from Models 1 and 2. ΔSBP2 is defined in **Figure 1**. 95% CI, 95% confidence interval of *B*; *B*, nonstandardized partial regression coefficient; BMI, body mass index; DBP, diastolic blood pressure; PR, pulse rate; β, standardized partial regression coefficient.

In contrast, with non-VD alone, it was even higher than in non-HT.

To enable the characterization of each individual class, we constructed a model including all classes of antihypertensive agents and a significant interactive term as independent variables (Table 4). Only "CCB \times Diur" was significant among all interactive terms that could have been assessed previously (Supplementary Table S2a–d online). Among antihypertensive classes, ARB, CCB, and α -blockers had significant associations with lower Δ SBP2.

Using this model, we performed adjusted interclass comparisons of antihypertensive drugs to characterize each individual class in terms of $\Delta SBP2$ (Figure 3a). Treatments with VD antihypertensive classes showed a lower $\Delta SBP2$ than nonvasodilators comparably to VD and non-VD in Figure 2. Most importantly, no significant difference in $\Delta SBP2$ was detected among any VD classes. The mean level of $\Delta SBP2$ (-9.7 mm Hg) was 3.3 and 2.0 mm Hg lower than with nonvasodilators and in non-HT. In contrast, with βBL or diuretics, the averaged $\Delta SBP2$ value was 1.3 mm Hg higher than in non-HT. When pulse rate adjustment was added (Figure 3b), the higher level of $\Delta SBP2$ associated with

βBL was reduced, which abolished the significant difference from ACEI.

Adjusted comparisons of $\Delta SBP2$ among treatments with frequently used combinations of antihypertensives were also performed (**Figure 4**) based on the model (**Table 4**). The combination of two different VD antihypertensive classes, such as CCB plus ARB or ACEI, showed the lowest level of $\Delta SBP2$ ($-10.5\,\mathrm{mm\,Hg}$; **Figure 4a**), which was lower than in any single VD antihypertensive class shown in **Figure 3a**. When the drug combined with ARB or CCB was a diuretic or βBL , the $\Delta SBP2$ value increased in this order. The combination of diuretics and βBL showed the highest $\Delta SBP2$ ($-3.9\,\mathrm{mm\,Hg}$). Additional pulse rate adjustment tended to reduce $\Delta SBP2$ with βBL -including combinations, whereas its influence varied for Diur-including combinations. Differences between the combination of CCB plus ARB or ACEI and that of diuretics plus βBL remained significant even after pulse rate adjustment.

DISCUSSION

In the present study, all individual classes of antihypertensive agents commonly used in Japan and combinations of two different classes were tentatively characterized in terms of central

N		1,727					
Adjusted R ²		0.379					
Independent variables	В	95% C.I.	β	P			
Physical variables							
Gender	-2.358	-3.236 to -1.480	-0.148	<0.001			
Age	-0.004	-0.034 to 0.027	-0.005	0.813			
Height	-0.185	-0.235 to -0.134	-0.215	<0.001			
BMI	-0.200	-0.290 to -0.109	-0.085	<0.001			
Hemodynamic variables							
PR	-0.336	-0.362 to -0.310	-0.508	<0.001			
DBP	0.140	0.113 to 0.167	0.207	<0.001			
Class of drugs							
ARB	-1.012	-1.682 to -0.343	-0.062	0.003			
ACEI	-0.516	-1.512 to 0.479	-0.021	0.309			
ССВ	-0.837	-1.619 to -0.056	-0.049	0.036			
αBL	-2.122	-3.158 to -1.087	-0.077	<0.001			
Diur	1.890	0.690 to 3.090	0.102	0.002			
βBL	0.537	-0.218 to 1.292	0.028	0.163			
Nitro	-3.675	-4.882 to -2.468	-0.118	<0.001			
Interactive term							
CCB × Diur	-1.953	-3.414 to -0.493	-0.089	0.009			

ACEI, angiotensin-converting enzyme inhibitors; ARB, angiotensin receptor blockers; BMI, body mass index; CCB, calcium channel blockers; DBP, diastolic blood pressure; Diur, diuretics; Nitro, nitrates or nicorandil; PR, pulse rate; α BL, α -blockers; β BL, β -blockers.

effects indexed by Δ SBP2. We found that treatment with any VD antihypertensive class showed lower CBP than any nonvasodilatory class when peripheral BP was lowered to the same level. CBP assessment was highly objective using a validated semiautomatic radial artery tonometry system, ^{15,19} which could minimize variance and errors related to observer or operator skill.

Feature of ΔSBP2 and its cross-sectional determinants

The augmentation index reportedly depends on age, 21 gender, 22 height, 23 heart rate, 24,25 and BP levels. 26 Δ SBP2 relates to radial augmentation index by definition as radial augmentation index is the ratio of (PP+ Δ SBP2) to PP1 (**Figure 1**). The Δ SBP2 value is always negative and reflects the actual reduction in SBP and pulse pressure from peripheral to central sites. Comparing Models 2 and 3 (**Table 3**), significant associations between these variables and Δ SBP2 observed in the non-HT population were partially preserved even in treated HT except for age.

Interpretation of the results

In addition to adjustment for common confounders, model-based estimation of $\Delta SBP2$ compensating for coadministered drug effects enabled interclass comparisons of central

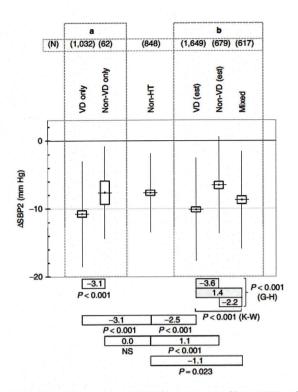


Figure 2 | Adjusted comparisons of ΔSBP2 between vasodilating (VD) and non-VD antihypertensive drugs. VD group includes angiotensin receptor blockers, calcium channel blockers, angiotensin-converting enzyme inhibitors, and α-blockers, and non-VD group includes β-blockers and diuretics. Data are shown as the mean level (horizontal line) and the 95% confidence interval (box height) as well as the range of ±1 s.d. by a vertical error bar. P value in the lower part of the figure indicates the result of the Mann-Whitney U-test of each specified intergroup comparison unless specified in the figure (K-W, Kruskal-Wallis test; G-H, Games-Howell multiple comparison test). The number in each box indicates the difference (mm Hg) of mean ΔSBP2 between compared groups. Gray area A shows the comparison between actual VD and non-VD only regimens irrespective of the number of drugs. ASBP2 data were adjusted for confounding factors (age, gender, height, BMI, DBP, and the use of nitrates = "0") based on Model 1 in Table 3. Cases with mixed combination (VD + non-VD) regimens were excluded. Gray area B shows the comparison among VD(est), non-VD(est) and Mixed combinations of VD and non-VD. "(est)" indicates including data derived from mixed combination, for which the effects of VD or non-VD alone on ΔSBP2 were estimated using Model 2 in Table 3. Data in the nonhypertensive (non-HT) population indicate the physiological reference value of ΔSBP2 estimated by adjusting confounding factors to the mean value of treated HT using Model 3 in Table 3.

effects of antihypertensives that were impossible to make directly with raw data, and played a "data-mining" role in this study.

Central effects of antihypertensive classes. The lower level of CBP, even lower than in non-HT, with VD antihypertensives administered alone (area B in Figures 2 and 3a) might lead to more effective unloading of pulsatile mechanical stress on the cardiovascular system than nonvasodilatory agents. The observed reduction of $\Delta SBP2$ with βBL by additional pulse rate adjustment (Figure 3b) suggested that the CBP-raising feature of βBL might be attributable to its negative chronotropic effect.

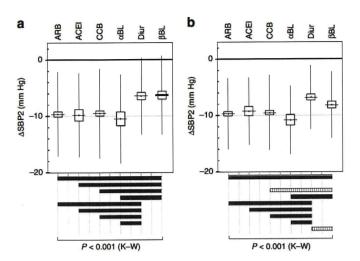


Figure 3 | Adjusted interclass comparisons of ΔSBP2. Data are shown in the same format as in Figure 2. A solid or striped horizontal bar in the lower part of the figure denotes a comparison with significant difference determined by Games–Howell multiple comparison test indicating P < 0.001 or P < 0.05, respectively. The number of patients included in each antihypertensive group is shown in Table 2 ("Class of antihypertensives"). As indicated in that table, it includes patients treated with two or more drugs in combination as well as patients actually taking the specified drug alone. (a) Using the model shown in Table 4, ΔSBP2 was adjusted for age, gender, height, BMI, DBP, coadministered drugs (including Nitro = "0") other than the specified antihypertensive class, and the interactive term. (b) In addition to the adjustment in Figure 3a, ΔSBP2 values were adjusted for pulse rate. ACEI, angiotensin-converting enzyme inhibitors; ARB, angiotensin receptor blockers; CCB, calcium channel blockers; Diur, diuretics; αBL, α-blockers; βBL, β-blockers.

Central effects of major combinations of antihypertensive drugs. Figure 4a suggested some additive CBP-lowering effects of two different vasodilatory classes. In contrast, along with higher ΔSBP2 above the physiological level with non-VD (Figure 2), the findings with non-VD-including combinations suggested that the central effects of non-VD antihypertensives were CBP-raising rather than less potent CBP-lowering.

The negative B estimate of the significant interactive term, "CCB × Diur", suggested some synergistic CBP-lowering effect.

Comparison with other studies

The results of this study are consistent with reported studies, such as the CAFE study,¹ and other small-scale studies.³⁻¹¹ More recently, other small-scale treatment trials dealing with the effects on CBP of a newer class of antihypertensives, ARB, compared with \$\beta\$BL, have been reported.²⁷⁻²⁹ The results of these studies can be summarized as the superiority of vasodilatory antihypertensives, including CCB, ARB, and ACEI, to nonvasodilatory agents, such as diuretics and \$\beta\$BL. Similar to the CAFE study, the higher CBP level with \$\beta\$BL including treatments was evident in this study; however, these studies used only limited antihypertensive regimens. This cross-sectional observation, including a data-mining model-based estimation process, enabled tentative but simultaneous comparisons of all commonly used antihypertensive agents

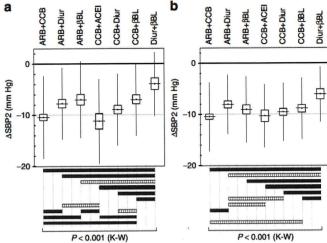


Figure 4 | Adjusted comparisons of ΔSBP2 among frequently used combinations of antihypertensive agents. The number of cases included in each treatment group is indicated in Table 2 ("Drug classes used in combination"). As indicated in that table, it includes patients treated with three or more drugs as well as patients actually taking only two specified drugs in combination. The format of each graph is as in Figure 3. (a) Using the model shown in Table 4, data were adjusted for age, gender, height, BMI, DBP, and coadministered drugs (including Nitro = "0") other than the specified two-drug combination if applicable. The interactive term was set as "0" except for the CCB+Diur combination. (b) In addition to the adjustment in Figure 4a, data were also adjusted for pulse rate. ACEI, angiotensin-converting enzyme inhibitors; ARB, angiotensin receptor blockers; CCB, calcium channel blockers; Diur, diuretics; βBL, β- blockers.

specifically in terms of central effects by individual class as well as by common combination regimens. Additionally, this study reported Δ SBP2 levels in HT compared with an adjusted physiological reference level.

Limitations

Issues relating to the observational study design. This study was designed as an exploratory study to generate rather than to test hypotheses; therefore, the results cannot confirm the causal effects of each drug class on CBP but provide hypotheses to be assessed. Because of the cross-sectional and observational design, in which the selection of antihypertensive drugs was left to the clinician, and might have been related to patients' clinical characteristics, an indication bias was inevitable. Although we examined available clinical variables in some participants (Supplementary Tables S1a and S1b online), they included only some of the population studied and all data could not be adjusted for clinical confounders. The influence of indication bias could therefore not be avoided and should be taken into consideration when interpreting the results of this study.

Issues relating to model-based adjustment. In addition, the results should be interpreted with caution for the following reasons. Data adjustments were based on linear regression models. The influences of adjusted variables are not necessarily linear. Also, the doses and duration of specified antihypertensive medications were not taken into consideration due

ORIGINAL CONTRIBUTIONS

to the limited study design. Although the findings obtained from such analysis are not conclusive, we believe that they can provide information to develop hypotheses.

Interpretation of nitrates. As nitrates are not classified as antihypertensive agents, data were compared adjusting for the use of this type of drugs. Only a minority of subjects was given nitrates (Table 2), but significantly lower ΔSBP2 was observed. This may be attributable to, at least in part, cardiac dysfunction, 30,31 because nitrates are usually prescribed for cardiac patients. We could not adjust for cardiac function because of the absence of required information. It is well-known that nitrates markedly reduce aortic wave reflections or late systolic BP augmentation. 4,32,33 In this study, to compare each class of antihypertensives in terms of central effects, the DBP level was adjusted, indicating that the mean pressure-lowering effect was ignored, which was likely to exaggerate the effect of nitrates as a central antihypertensive. Although a small-scale uncontrolled trial using extended-release isosorbide mononitrate has already been reported, 7 randomized intervention trials are necessary to elucidate whether significant associations with lower ΔSBP2 are from pharmacological effects or cardiac dysfunction, as well as its clinical benefit for HT without cardiac dysfunction.

In summary, among all classes of antihypertensive drugs, any single VD antihypertensive agent (CCB, ARB, ACEI, or α -blockers) might lower CBP without interclass difference, whereas nonvasodilators (Diur and β BL) might raise CBP above the physiological level when peripheral BP is adjusted to the same level. The other novel findings obtained in this study are that (i) among assessable combinations, only CCB+Diur showed synergistic interaction; (ii) otherwise, coadministered VD antihypertensives did not affect the CBP-raising features of nonvasodilators; (iii) the CBP-raising effect of β BL is chiefly attributable to negative chronotropism; and (iv) total cholesterol level, serum creatinine, and hemoglobin showed modest but significant associations with Δ SBP2.

Finally, the hypothetical feature of each antihypertensive class in terms of CBP and its prognostic predictive value should be assessed by large-scale randomized intervention trials.

Supplementary material is linked to the online version of the paper at http://www.nature.com/ajh

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平成21年度~平成23年度総合研究報告書

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主任研究者:砂川 賢二

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Sympathoinhibition Induced by Centrally Administered Atorvastatin Is Associated With Alteration of NAD(P)H and Mn Superoxide Dismutase Activity in Rostral Ventrolateral Medulla of Stroke-Prone Spontaneously Hypertensive Rats

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Abstract: Oxidative stress in the rostral ventrolateral medulla (RVLM) increases sympathetic nervous system activity (SNA). Oral treatment with atorvastatin decreases SNA through antioxidant effects in the RVLM of stroke-prone spontaneously hypertensive rats (SHRSP). We aimed to examine whether centrally administered atorvastain reduces SNA in SHRSP and, if so, to determine whether it is associated with the reduction of oxidative stress induced by alteration of activities of nicotinamide adenine dinucleotide phosphate [NAD(P)H] oxidase and superoxide dismutase (SOD) in the RVLM of SHRSP. SHRSP received atorvastatin (S-ATOR) or vehicle (S-VEH) by continuous intracerebroventricular infusion for 14 days. Mean blood pressure, heart rate, and SNA were significantly lower in S-ATOR than in S-VEH. Oxidative stress, Rac1 activity, NAD(P)H oxidase activity, Rac1, gp91^{phox} and p22^{phox} expression in the membrane fraction, and p47^{phox} and p40^{phox} expression in the cytosolic fraction in the RVLM were significantly lower in S-ATOR than in S-VEH. Rac1 expression in the cytosolic fraction and Mn-SOD activity, however, were significantly higher in S-ATOR than in S-VEH. Our findings suggest that centrally administered atorvastatin decreases SNA and is associated with decreasing NAD(P)H oxidase activity and upregulation of Mn-SOD activity in the RVLM of SHRSP, leading to suppressing oxidative stress.

Key Words: hypertension, sympathetic nerve activity, atorvastatin, oxidative stress, brain

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In the brainstem, the rostral ventrolateral medulla (RVLM) is known as one of the vasomotor centers that regulates sympathetic nervous system activity (SNA).1,2 Previously, we reported that the levels of reactive oxygen species (ROS) in the RVLM are increased in stroke-prone spontaneously hypertensive rats (SHRSP), which is a hypertensive rat model exhibiting increased SNA. We also demonstrated that the increase in SNA was due to ROS activation,3 consistent with the findings of other studies.4-6 Furthermore, oral administration of atorvastatin, an inhibitor of 3-hydroxy-3-methylglutaryl coenzyme A reductase, suppresses SNA probably through the inhibition of ROS in the RVLM of SHRSP.⁷ Other studies suggest that central infusion of simvastatin suppresses SNA in heart failure models.8-10 Our previous study was based on the oral administration of atorvastatin, however, and it is not known whether atorvastatin directly and chronically administered into the brain reduces the central sympathetic outflow via its effects on oxidative stress in the brain, particularly in the RVLM of hypertensive models.

INTRODUCTION

In the brain, ROS are produced mainly through the activation of nicotinamide adenine dinucleotide phosphate [NAD(P)H] oxidase by the small G protein Rac1.11,12 NAD(P)H oxidase is a multicomponent enzyme complex that comprises a membrane-bound heterodimer of gp91^{phox} (phagocytic oxidase) and p22^{phox}, and the cytosolic regulatory subunits p40^{phox}, p47^{phox}, p67^{phox}, and Rac1. Transfection of dominant-negative Rac1 in the nucleus tractus solitarius decreases ROS and SNA.12 Atorvastatin is also suggested to inhibit NAD(P)H oxidase activity in the vasculature, 16 the quadriceps muscle of diabetic rats, 17 and cardiomyocytes. 18 Furthermore, atorvastatin inhibits membrane translocation of Rac1, which is required for the activation of NAD(P)H oxidase in the vasculature. 16 In the kidney, rosuvastatin attenuates NAD(P)H oxidase activity through the inhibition of Rac1 and p22^{phox 18,19} In the brain, however, the contribution of atorvastatin to reducing ROS and its involvement in the inhibition of the membrane translocation of Rac1 and NAD(P)H oxidase activity is unknown. We previously demonstrated that Mn superoxide dismutase (SOD) activity is decreased in the RVLM of SHRSP, and the decrease contributes to the increase

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in ROS.3 A number of reports suggest that statins upregulate SOD in the vasculature. 20-23 Furthermore, the upregulation of Rac1 and NAD(P)H oxidase and the inhibition of SOD in the RVLM and nucleus tractus solitarius have major roles in increasing SNA and blood pressure (BP).3,24 However, the mechanisms involved by which atorvastatin reduces ROS in the RVLM of SHRSP are not evaluated. The aim of the present study was thus to determine whether the sympathoinhibitory effect of atorvastatin due to the reduction of ROS in the RVLM is caused by the inhibition of Rac1-NAD(P)H oxidase activity and upregulation of Mn-SOD and Cu/Zn-SOD in the RVLM of SHRSP. Therefore, the aim of the present study was to examine the effects of atorvastatin administered into the brain and evaluate the changes in BP and SNA in SHRSP and to evaluate the oxidative stress and the NAD(P)H oxidase activity in the RVLM as the ROS generation. For this purpose, we determined the expression of Rac1, gp91phox, and p22phox in the membrane fraction and the expression of Rac1 and p40^{phox} in the cytosolic fraction of the RVLM. In addition, the activity of Cu/Zn-SOD, and Mn-SOD as scavenging enzymes of ROS was measured in the RVLM of intracerebroventricular (ICV) atorvastatin-treated and vehicle-infused SHRSP and Wistar Kyoto (WKY) rats.

MATERIALS AND METHODS

Animals and General Procedures

Male SHRSP/Izm rats and age-matched WKY rats (14–16 weeks old) were obtained from SLC Japan, Hamamatsu, Japan. Rats were fed a standard diet, and each strain was divided into 4 groups (SHRSP treated with atorvastatin, S-ATOR; SHRSP treated with vehicle, S-VEH; WKY treated with atorvastatin, W-ATOR; and WKY treated with vehicle, W-VEH; n = 5 per group). Atorvastatin (Pfizer, Inc, New York, NY) was dissolved in dimethyl sulfoxide and further diluted in artificial cerebrospinal fluid for a final concentration of 40 µg/mL. Atorvastatin or dimethyl sulfoxide in artificial cerebrospinal fluid was infused at 1 µL/h for 14 days with an osmotic minipump (Alzet 1003D; Alza Scientific Products, Palo Alto, CA) into the left lateral ventricle of the brain (from bregma: anteroposterior, -0.8 mm; lateral, 1.5 mm; and depth, 3.5 mm). The flow rate of agents in ICV methods was determined to have the significant effect in brainstem.²⁵ In a preliminary experiment, this dose of atorvastatin did not affect BP and heart rate (HR) when administered intravenously. Food and tap water were available ad libitum throughout the study. BP and HR were measured using the UA-10 radio-telemetry system (Data Science International, Dallas, TX) as described previously.^{3,26–28} Urinary norepinephrine excretion (uNE) for 24 hours was calculated as an indicator of SNA, as described previously.^{3,25–27} In addition, spectral analysis was performed using an adaptive autoregressive model to provide power spectra for systolic BP (SBP). Low frequency power of SBP was computed by integrating the spectra between 0.04 and 0.15 Hz, and SNA is presented as the normalized unit of the low frequency component of SBP (LFnuSBP). 29-31 Baroreflex sensitivity (BRS) was measured using the spontaneous sequence method as a parameter of autonomic control. Sequence analysis was performed to detect sequences of 3 or more beats in which there was either an increase in SBP and pulse interval (up sequence) or a decrease in SBP and pulse interval (down sequence). BRS was estimated as the mean slope of the up and down sequences. The RVLM was defined according to a rat brain atlas as described previously. The study protocol was reviewed and approved by the Committee on the Ethics of Animal Experiments at the Kyushu University Graduate School of Medical Sciences and conducted according to the Guidelines for Animal Experiments of Kyushu University.

Measurement of TBARS

The RVLM tissues were homogenized, and thiobarbituric acid (0.3%) was added to the homogenate. The mixture was extracted with a mixture of distilled water and *n*-butanolpyridine (15:1) and centrifuged at 1600*g* for 10 minutes. The amount of thiobarbituric acid reactive substances (TBARS) was determined by absorbance measured at 532 nm, as described previously.^{3,7}

Expression of Rac1, gp91^{phox}, and p22^{phox} in the Membrane Fraction and Rac1, p47^{phox} and p40^{phox} in the Cytosolic Fraction

Western blot analysis was used to determine the expression of Rac1 (Upstate Biotechnology, Lake Placid, NY), ¹² gp91^{phox}, and p22^{phox} in the membrane fraction (Santa Cruz Biotechnology, Santa Cruz, CA), and the expression of Rac1, p47^{phox}, and p40^{phox} in the cytosolic fraction (Santa Cruz Biotechnology, Santa Cruz, CA) of the RVLM.

Activity of Rac1 in the RVLM

Rac1 activity can be monitored by its interaction with p21-activated kinase, which only occurs when Rac1 is active. We used a Rac1 Activation kit (Upstate Biotechnology, Lake Placid, NY) to evaluate Rac1 activity in the RVLM, as previously described. 12

NAD(P)H Oxidase Activity

NAD(P)H-dependent superoxide production in the RVLM was measured using a lucigenin luminescence assay as described previously. Si, and Quantification of NAD(P)H oxidase activity was expressed relative to that in WKY rats, which was assigned a value of 1.

Cu/Zn-SOD and Mn-SOD Activity in the RVLM

Cu/Zn-SOD or Mn-SOD activity was assayed by monitoring the inhibition of the rate of xanthine-mediated/xanthine oxidase-mediated reduction of cytochrome c (pH 7.4). To discriminate between Cu/Zn-SOD and Mn-SOD activities, the assay was also performed after incubation in the presence of KCN, which selectively inhibits the Cu/Zn-SOD isoform.³⁷ Cu/Zn- and Mn-SOD activities were expressed relative to those in vehicle-treated WKY rats, which were assigned a value of 1.

Microinjection of Apocynin Into the Bilateral RVLM

In other S-ATOR and S-VEH, (n = 5 for each) on day 14, the NAD(P)H oxidase inhibitor apocynin (1 nmol) was microinjected bilaterally into the RVLM, as described previously.³

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Statistical Analysis

Normally distributed variables were expressed as mean \pm SD. An unpaired t test was used to compare the differences between groups of normally distributed variables, and the Mann–Whitney U test was used to compare differences between groups of non–normally distributed variables. A 2-factor repeated-measures analysis of variance was used to compare differences between groups. Differences were considered to be statistically significant with a P value of less than 0.05.

RESULTS

BP, HR, SNA, and BRS

Mean BP (MBP) and HR were significantly decreased on day 4 after the administration of atorvastatin in S-ATOR. On day 14, MBP, HR, 24-hour uNE, and LFnuSBP were significantly higher in S-VEH than in W-VEH and lower in S-ATOR than in S-VEH (Fig. 1A–D). BRS was significantly lower in S-VEH than in W-VEH (12.8 \pm 2.3 vs. 19.7 \pm 1.8 ms/mm Hg, n = 5 for each; P < 0.05) and significantly higher in S-ATOR than in S-VEH (16.4 \pm 1.6 vs. 12.8 \pm 2.3 ms/mm Hg, n = 5 for each; P < 0.05). Mean BP, HR, 24-hour uNE, LFnuSBP, and BRS values did not significantly differ between W-ATOR and W-VEH (Fig. 1A–D).

Oxidative Stress Measured by TBARS Methods in the RVLM

Oxidative stress in the RVLM measured by the TBARS method was significantly lower in S-ATOR than in S-VEH

(Fig. 2). Oxidative stress did not differ significantly between W-ATOR and W-VEH (Fig. 2).

Activity of NAD(P)H Oxidase and Rac1 in the RVLM

The activity of NAD(P)H oxidase was significantly lower in S-ATOR than in S-VEH (Fig. 3A). The activity of Rac1 was also significantly lower in S-ATOR than in S-VEH (Fig. 3B). NAD(P)H oxidase activity and Rac1 activity did not significantly differ between W-ATOR and W-VEH (Fig. 3A, B).

Expression of Rac1, gp91^{phox}, and p22^{phox} in the Membrane Fraction and Rac1, p47^{phox}, and p40^{phox} in the Cytosolic Fraction

The expression of Rac1, gp91^{phox}, and p22^{phox} in the membrane fraction was significantly lower in S-ATOR than in S-VEH (Fig. 4A–C). The expression of p47^{phox} and p40^{phox} in the cytosolic fraction was also significantly lower in S-ATOR than in S-VEH (Fig. 5B, C). The expression of Rac1 in the cytosolic fraction was significantly higher, however, in S-ATOR than in S-VEH (Fig. 5A). The expression of Rac1, gp91^{phox}, and p22^{phox} in the membrane fraction and the expression of Rac1, p47^{phox}, and p40^{phox} in cytosolic fraction did not differ significantly between W-ATOR and W-VEH (Figs. 4A–C, 5A–C).

Cu/Zn- and Mn-SOD Activity in the RVLM

Mn-SOD activity in the RVLM was significantly higher in S-ATOR than in S-VEH, but Cu/Zn-SOD activity did not significantly differ between S-ATOR and S-VEH (Fig. 6A, B).

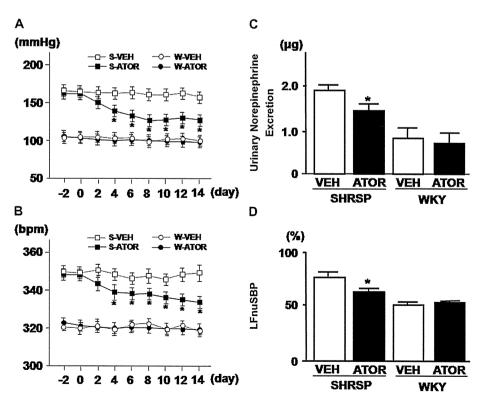


FIGURE 1. Time course of MBP (in mm Hg) (A) and HR (in beats per minute) (B) in S-ATOR (n = 5), S-VEH (n = 5), W-ATOR (n = 5), and W-VEH (n = 5). *P < 0.05 for ATOR versus VEH values in each strain. C, D, Urinary norepinephrine excretion for 24 hours (in micrograms) (C) and LFnuSBP (percentage) (D) at day 14 in ATÖR- or VEH-treated SHRSP or WKY (n = 5 for each). $^{\star}P$ < 0.05 for ATOR versus VEH values in each strain. †P < 0.05compared with VEH-treated WKY. Data are shown as mean ± standard error of the mean.

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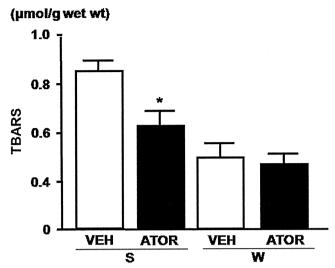


FIGURE 2. TBARS levels (in micromolars per gram wet weight) in the RVLM at day 14 in ATOR- or VEH-treated SHRSP or WKY (n = 5 for each). *P < 0.05 for ATOR versus VEH in each strain. †P < 0.05 compared with VEH-treated WKY. Data are shown as mean \pm standard error of the mean.

Cu/Zn- and Mn-SOD activity did not significantly differ between W-ATOR and W-VEH (Fig. 6A, B).

Microinjection of Apocynin Into the RVLM

The degree of the change in MBP induced by the microinjection of apocynin into the bilateral RVLM was significantly smaller in S-ATOR than in S-VEH (-9.4 ± 1.9 vs. -26.4 ± 3.7 mm Hg; n = 5; P < 0.05).

DISCUSSION

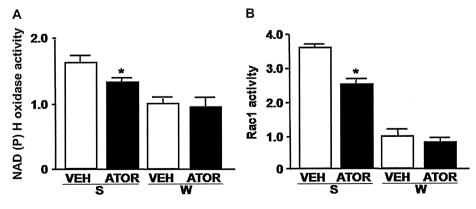
The novel finding of the present study was that atorvastatin administered chronically into the brain in SHRSP reduced BP and SNA in SHRSP and that it was associated with reduced oxidative stress, probably due to the inhibition of NAD(P)H oxidase and the activation of Mn-SOD in the RVLM of SHRSP. This is supported by the following findings: (1) ICV injection of atorvastatin for 14 days decreased MBP, HR, SNA, and TBARS in the RVLM of SHRSP; (2) ICV injection of atorvastatin decreased NAD(P)H oxidase activity

through the inhibition of Rac1 membrane translocation in the RVLM of SHRSP; (3) ICV injection of atorvastatin activated Mn-SOD in the RVLM of SHRSP; and (4) changes in MBP induced by microinjection of NAD(P)H oxidase inhibitor into the RVLM were significantly smaller in SHRSP treated with atorvastatin than in SHRSP treated with vehicle. Thus, atorvastatin inhibits Rac1 membrane translocation and Rac1 activity in the RVLM of SHRSP.

Atorvastatin decreased the expression of NAD(P)H membrane-bound subunits gp91phox and p22phox and the cytosolic regulatory subunit p47^{phox} and p40^{phox} and inhibited NAD(P)H oxidase activity in the RVLM of SHRSP. Oral administration of atorvastatin decreases ROS in the RVLM of SHRSP.³ In the brain, ROS is produced mainly by NAD(P)H oxidase, which is activated through Rac1 membrane translocation. 11 In another area of the brainstem, the nucleus tractus solitarius, the inhibition of Rac1 decreases NAD(P)H oxidase activity and ROS formation. 12 Previous reports suggest that atorvastatin inhibits Rac1 membrane translocation and NAD(P)H oxidase activity in the vasculature of hypertensive rats.13 We found that the depressor response elicited by apocynin into the RVLM was attenuated in SHRSP treated with ICV atorvastatin in the present study. Based on these findings, we suggest that the atorvastatin-induced reduction of ROS in the RVLM of SHRSP is caused by a decrease in NAD(P)H oxidase activity linked to the inhibition of Rac1 membrane translocation.

Atorvastatin activated Mn-SOD activity in the RVLM of SHRSP but not Cu/Zn-SOD. In the RVLM of SHRSP, Mn-SOD activity is decreased, and overexpression of Mn-SOD in the RVLM of SHRSP decreases ROS.³ A number of reports suggest that statins activate total SOD^{20–23} and Cu/Zn-SOD in the vasculature.^{26,27} In the present study, however, atorvastatin did not activate Cu/Zn-SOD in the RVLM of SHRSP. In the nucleus tractus solitarius, Cu/Zn-SOD expression is decreased in SHRSP.²⁶ It is not clear why atorvastatin did not activate Cu/Zn-SOD in the present study. Recently, we reported that angiotensin II increases the intracellular Ca²⁺ concentration and that the increase in mitochondrial Ca²⁺ uptake leads to mitochondrial ROS production in the RVLM.²⁴ Therefore, it is possible that atorvastatin-induced activation of Mn-SOD in the RVLM of SHRSP contributes to inhibit ROS to an even greater extent than Cu/Zn-SOD.

FIGURE 3. NAD(P)H oxidase activity (A) and Rac1 activity (B), in the RVLM at day 14 in ATOR- or VEH-treated SHRSP or WKY (n = 5 for each). *P < 0.05 for ATOR versus VEH in each strain. †P < 0.05 compared with VEH-treated WKY. NAD(P)H oxidase or Rac1 activity was expressed relative to that in W-VEH, which was assigned a value of 1. Data are shown as mean \pm standard error of the mean.



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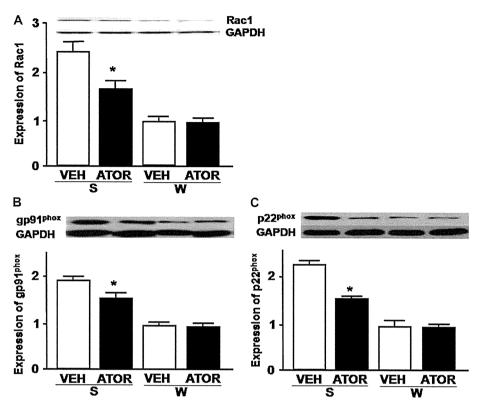


FIGURE 4. Western blot analysis showing the level of expression of Rac1 (A), gp91^{phox} (B), and p22^{phox} (C) in the membrane fraction of the RVLM at day 14 in ATOR- or VEH-treated SHRSP or WKY (n = 5 for each). *P < 0.05 for ATOR versus VEH in each strain. †P < 0.05 compared with VEH-treated WKY. The expression level of Rac1, gp91^{phox}, and p22^{phox} was expressed relative to that in W-VEH, which was assigned a value of 1. Data are shown as mean \pm standard error of the mean.

In the present study, we measured SNA by spectral analysis. Low frequency power of SBP was computed by integrating the spectra between 0.04 and 0.15 Hz, and SNA is presented as LFnuSBP, as described in previous reports.^{29–31} On day 14, the LFnuSBP values were comparable to those of uNE. Therefore, this method seems to be useful for measuring SNA in awake animals. Furthermore, atorvastatin improved the impaired baroreflex control in the SHRSP in the present study. Whereas we did not measure cardiac output in the present study and the reduction of BP and HR due to atorvastatin might cause a potential fall in cardiac output, the effects of atorvastatin are due to the decrease in sympathetic nerve activity. It is generally accepted that SNA is enhanced in SHRSP, 3,5,26-28,40 and atorvastatin attenuates the enhanced central sympathetic outflow to various organs including heart, kidney, and vasculature. At least, atorvastatin did not induce heart failure due to low cardiac output. We consider that the decrease in central sympathetic outflow reduced the peripheral vascular resistance by which cardiac output keep constant instead of the reduction of sympathetic outflow to the heart.

Another intriguing finding of the present study is that the BP-lowering and sympathoinhibitory effects are comparable between oral administration (50 mg/kg $^{-1}$ /day $^{-1}$) and ICV injection (2 $\mu g/kg^{-1}/day^{-1}$) of atorvastatin. We confirmed the direct effects of atorvastatin administered into the brain on BP, SNA, and baroreflex function in SHRSP as one of the hypertensive models in the present study. The changes in TBARS levels are also similar between oral administration and ICV injection of atorvastatin. In SHRSP, the blood–brain barrier might be disrupted 38 and oral

administration of atorvastatin is considered to affect the brain directly.³⁹ The present findings suggest that orally administered atorvastatin crosses the blood—brain barrier and affects the brain of SHRSP. The abnormal activation of sympathetic nervous system causes hypertension, heart failure, and ischemic heart diseases, and we consider that oral administration of atorvastatin has a potential to treat cardiovascular diseases due to the sympathoinhibition through the antioxidant effect in the RVLM.

We previously demonstrated that oral administration of atorvastatin increases the expression of endothelial nitric oxide synthase (eNOS) in the brainstem. 40 Overexpression of eNOS in the RVLM decreases SNA in WKY and SHRSP. 26-28 In the present study, we did not investigate whether an increase in NO production in the RVLM is involved in the reduction of BP and oxidative stress. It is possible, however, that ICV injection of atorvastatin increases eNOS in the RVLM of SHRSP and that an increase in eNOS contributes to the sympathoinhibitory effect. Further study is needed to clarify this issue.

In WKY rats, atorvastatin does not alter SNA and oxidative stress in the RVLM; these results are compatible with our previous report. Moreover, atorvastatin also does not alter Rac1-induced NAD(P)H oxidase activity and Mn-SOD activity in the RVLM of WKY rats. In the present study, the mechanisms by which atorvastatin affected Rac1-induced NAD(P)H oxidase activity and Mn-SOD activity in SHRSP, but not in WKY, were not determined. It may be that there are thresholds for the induction of Rac1-induced NAD(P)H oxidase activity and Mn-SOD activity in the RVLM, which

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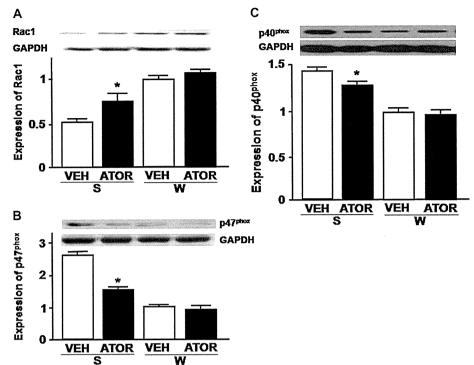


FIGURE 5. Western blot analysis showing the level of expression of Rac1 (A), p47^{phox} (B), and p40^{phox} (C) in the cytosolic fraction of the RVLM at day 14 in ATOR- or VEH-treated SHRSP or WKY (n = 5 per group). *P < 0.05 for ATOR versus VEH in each strain. †P < 0.05 compared with VEH-treated WKY. The expression level of Rac1, p47^{phox}, and p40^{phox} was expressed relative to that in W-VEH, which was assigned a value of 1. Data are shown as mean \pm standard error of the mean.

are differently affected by atorvastatin between SHRSP and WKY rats.

STUDY LIMITATIONS

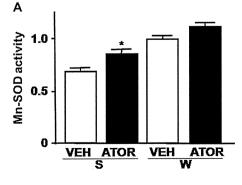
The present study has several limitations. First, we examined the effects of atorvastatin specifically in only the RVLM, and its effects in other brain areas cannot be excluded at this time. Nevertheless, neural activity in the RVLM has a direct influence on SNA, ^{1,2} and the present results identified an antioxidant effect of atorvastatin and its mechanisms in the RVLM. Angiotensin II type 1 receptors (AT₁R) are abundantly distributed in the RVLM, and there is a close link between AT₁R stimulation and NAD(P)H oxidase activation. ⁴¹ Therefore, in the present study, we focused on the RVLM, although other brain regions related to central autonomic control also contain AT₁R and NAD(P)H oxidase. Second, among all statins, we only studied the effect of atorvastatin, which is

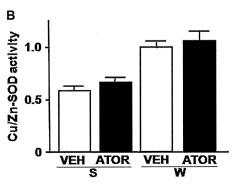
a lipophilic statin.⁴² Our previous studies suggested that oral atorvastatin also reduces oxidative stress in the RVLM.⁷ Further study is needed to clarify whether our results in the present study are broad class effects or are specific for atorvastatin. Finally, a recent study suggests that statins reduce BP in patients with hypertension.⁴³ It will be important to determine whether atorvastatin has this beneficial effect caused by the mechanism related to our suggestion in the present study, although we understand that this is difficult to examine in humans.

CONCLUSIONS

In conclusion, atorvastatin administered directly into the brain of SHRSP decreases BP, SNA, and baroreflex function. The findings of the present study suggest that these effects are associated with inhibition of oxidative stress in the RVLM, probably resulting from a decrease in NAD(P)H oxidase activity and the upregulation of Mn-SOD activity in the RVLM.

FIGURE 6. The activities of Mn-SOD (A) and Cu/Zn-SOD (B) in the RVLM at day 14 in ATOR- or VEH-treated SHRSP or WKY (n = 5 for each). *P < 0.05 for ATOR versus VEH in each strain. †P < 0.05 compared with VEH-treated WKY. The activities of Mn-SOD and Cu/Zn-SOD were expressed relative to that in W-VEH, which was assigned a value of 1. Data are shown as mean \pm standard error of the mean.





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