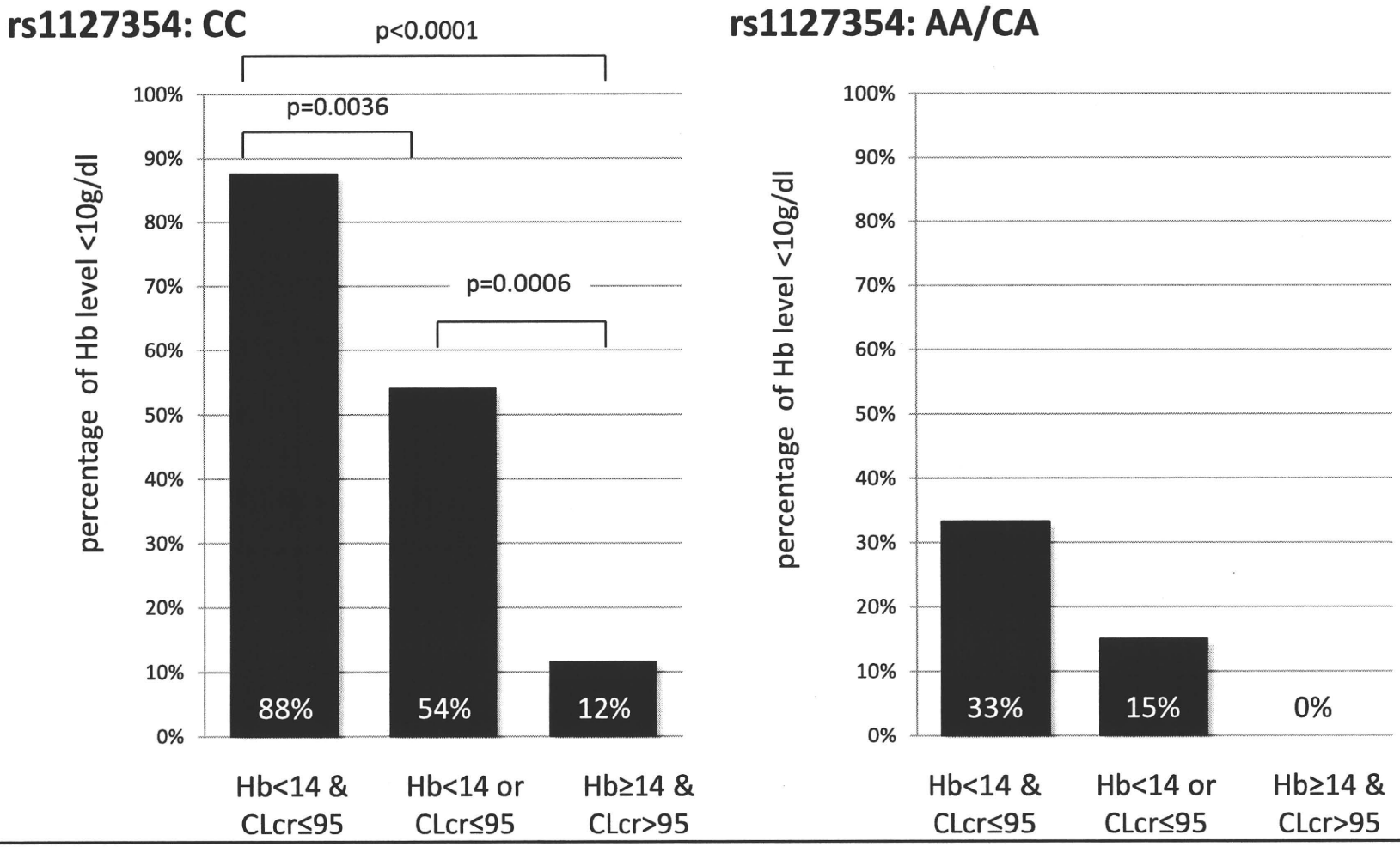
Figure 4



Number of patients						
Total patients	32	37	26	9	20	8
Hb <10g/dl	28	20	3	3	3	0

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Secondary Structure of the Amino-Terminal Region of HCV NS3 and Virological Response to Pegylated Interferon Plus Ribavirin Therapy for Chronic Hepatitis C

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The aim of the study was to identify a predictive marker for the virological response in hepatitis C virus 1b (HCV-1b)-infected patients treated with pegylated interferon plus ribavirin therapy. A total of 139 patients with chronic hepatitis C who received therapy for 48 weeks were enrolled. The secondary structure of the 120 residues of the amino-terminal HCV-1b non-structural region 3 (NS3) deduced from the amino acid sequence was classified into two major groups: A and B. The association between HCV NS3 protein polymorphism and virological response was analyzed in patients infected with group A (n = 28) and B (n = 40) isolates who had good adherence to both pegylated interferon and ribavirin administration (>95% of the scheduled dosage) for 48 weeks. A sustained virological response (SVR) representing successful HCV eradication occurred in 33 (49%) in the 68 patients. Of the 28 patients infected with the group A isolate, 18 (64%) were SVR, whereas of the 40 patients infected with the group B isolate only 15 (38%) were SVR. The proportion of virological responses differed significantly between the two groups ($P < 0.05$). These results suggest that polymorphism in the secondary structure of the HCV-1b NS3 amino-terminal region influences the virological response to pegylated interferon plus ribavirin therapy, and that virus grouping based on this polymorphism can contribute to prediction of the outcome of this therapy. ***J. Med. Virol. 82:1364–1370, 2010.*** © 2010 Wiley-Liss, Inc.

KEY WORDS: hepatitis C; interferon; ribavirin; interaction; polymorphism

INTRODUCTION

Hepatitis C virus (HCV) is the major pathogen that causes chronic liver diseases with a risk of progression to cirrhosis and hepatocellular carcinoma. Currently, the standard treatment for chronic hepatitis C is antiviral therapy using pegylated interferon (Peg-IFN) plus ribavirin (RBV), and this approach is most effective for eradication of HCV viremia. However, even with the widely used treatment regimen of 48 weeks, the rate of sustained virological response (SVR), which indicates eradication of viremia, is still approximately 50% for patients infected with the therapy-resistant HCV genotype 1b (HCV-1b) with a high viral load [Manns et al., 2001; Bruno et al., 2004; Hadziyannis et al., 2004]. It would be useful to predict the virological response to this therapy and to identify patients who would obtain beneficial therapeutic effects before treatment, in order to avoid any serious side effect and to eliminate those who would not be helped by the treatment. In the future it will be important to establish a protocol of tailor-made medicine for chronic hepatitis C.

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Both the HCV genotype and pre-treatment viral load are major viral factors that influence the response to IFN-based antiviral therapy, but IFN resistance is also partly due to variation of the amino acid sequence encoded by HCV itself. Enomoto et al. [1996] proposed that variation of 40 amino acids within the NS5A region (aa 2,209–2,248), which is referred to as the IFN sensitivity-determining region (ISDR), is well correlated with IFN responsiveness. ISDR and its adjacent sequence bind and inhibit the enzymatic activity of a double-stranded RNA-activated protein kinase (PKR), which can have an antiviral effect, and therefore the combined region is referred to as the PKR-binding domain (PKR-BD) [Gale et al., 1997, 1998]. A correlation between sequence variation in the PKR-BD and IFN responsiveness has been reported [Nousbaum et al., 2000], and some reports show a correlation between IFN responsiveness and the sequence diversity of variable region 3 (V3) (aa 2,356–2,379) or surrounding regions near the carboxy terminus of NS5A [Murphy et al., 2002; Sarrazin et al., 2002; Puig-Basagoiti et al., 2005]. A high degree of amino acid substitution in the V3 and pre-V3 regions (aa 2,334–2,355) of NS5A, which is referred to as the IFN/RBV resistance-determining region (IRRDR) (aa 2,334–2,379), has been associated with SVR in Peg-IFN/RBV combination therapy for patients infected with HCV-1b [El-Shamy et al., 2007, 2008]. In addition to these findings in non-structural proteins of the virus, amino acid substitution in a structural region of HCV has been reported to be a predictive viral marker for the virological response to PegIFN/RBV therapy. Amino acid polymorphisms in the HCV core region (Arg70 vs. Gln70 and Leu91 vs. Met91) correlate with virological outcome and on-treatment viral kinetics in Peg-IFN/RBV therapy [Akuta et al., 2006, 2007], and a double wild-type HCV core (Arg70 and Leu91) may be a significant predictor of SVR in Peg-IFN/RBV therapy [Akuta et al., 2007].

Interactions between viral and host proteins in infected cells may influence therapeutic effects and the natural history of infection, since the HCV NS3 region has a significant effect on immunity. The amino-terminal part of this region encodes a serine protease, for which the minimum activity has been mapped to a region between aa 1,059 and 1,204 [Yamada et al., 1998]. The serine protease inactivates Cardif, a caspase recruitment domain (CARD)-containing adaptor protein that interacts with the RNA helicase retinoic acid inducible gene 1 (RIG-1)-dependent antiviral pathway in infected cells [Foy et al., 2003; Meylan et al., 2005; Evans and Seeger, 2006]. This action inhibits phosphorylation and subsequent heterodimerization of interferon regulatory factor-3 (IRF-3), which is essential for activation of IFN signaling through translocation of IRF-3 heterodimers into the nucleus, and eventually blocks IFN-beta production. In addition, inactivation of IRF-3 is postulated to influence the therapeutic effect of IFN-based antiviral therapy, because the IRF-3 heterodimer translocates into the nucleus to bind to the IFN-stimulated response element that produces many antiviral proteins, including 2′,5′-oligoadenylate synthetase and PKR [Nakaya et al., 2001; Grandvaux et al., 2002]. Collectively, these findings suggest that polymorphisms in HCV NS3 structure deduced from sequence variation may influence IFN-related signaling and the antiviral effect of IFN-based anti-HCV therapy.

We have focused on polymorphisms in the secondary structure of the viral polyprotein that interacts with host proteins involved in immunity, with the aim of identification of predictive viral markers for the response to Peg-IFN/RBV therapy. In this study, we examined the potential correlation between polymorphisms in the secondary structure of the HCV NS3 amino-terminal region and virological responses to Peg-IFN/RBV therapy in patients infected with HCV-1b with a high viral load.

PATIENTS AND METHODS

Patients and Treatment Regimen With Peg-IFN Plus Ribavirin

A total of 139 consecutive patients diagnosed with chronic hepatitis C were enrolled in the study from December 2004 to March 2007. These patients included 81 men and 58 women, and were aged from 31 to 75 years old (mean ± SD, 56.8 ± 8.7 years old). All patients were infected with HCV-1b with a high viral load of over 100 KIU/ml, and all received Peg-IFN/RBV therapy. Patients with alcoholic liver injury, autoimmune liver disease, and those who had symptoms of decompensated cirrhosis including ascites were excluded. Briefly, all patients were treated with a combination of Peg-IFN-alpha 2b (Pegintron®; Schering-Plough, Kenilworth, NJ) and RBV (Rebetol®; Schering-Plough) for 48 weeks. Peg-IFN was administered subcutaneously once a week and RBV was given orally twice a day for the total dose. The dosages were determined on the basis of body weight according to the Japanese standard prescription information supplied by the Japanese Ministry of Health, Labour and Welfare, and there was a limit for calculating the optimized dose: patients with body weights of 35–45, 46–60, 61–75, and 76–90 kg were given Peg-IFN at doses of 60, 80, 100, and 120 μg, respectively, and those with body weights of <60, 60–80, and >80 kg were given RBV at doses of 600, 800, and 1,000 mg, respectively. The dose of Peg-IFN or RBV was reduced according to the Japanese standard criteria based on the white blood cell count, neutrophil count, hemoglobin concentration and platelet count [Hiramatsu et al., 2008].

Virological Tests and Response to Peg-IFN Plus Ribavirin

Virological responses were evaluated at 12 weeks after the start of treatment with an early depletion of viremia referred to as an early virological response (EVR), at the end of treatment with depletion of viremia referred to as an end of treatment virological response (ETR), and at 24 weeks after completion of treatment,

with a clinical outcome of a sustained virological response (SVR) representing successful HCV eradication. All patients were negative for hepatitis B surface antigen. Quantification of serum HCV RNA was performed using an RT-PCR-based commercial kit (Amplicor HCV monitor test, ver. 2.0, Roche Diagnostics, Tokyo, Japan). This Amplicor HCV RNA assay has a lower limit of detection of 50 IU/ml. SVR was determined by monitering negativity for HCV RNA monthly for 6 months. The real-time PCR assay kit (COBAS TaqMan HCV Auto, Roche Diagnostics) for more precise quantitation of HCV viremia has recently become available and pre-treatment viral titers were re-evaluated using preserved serum samples. This real-time PCR assay has a lower limit of detection of 15 IU/ml. The study protocol was approved by the Ethics Committee of Yamagata University Hospital. Informed consent was obtained from all patients.

PCR Amplification of the Amino-Terminal Region of NS3

RNA was extracted from 50 μl of serum using an RNeasy Mini kit (Qiagen, Tokyo, Japan). To amplify the region of the HCV genome encoding the amino-terminal region of NS3 (1,027–1,206), a one-step PCR was performed in a tube using the Superscript One-Step RT-PCR kit with Platinum Taq (Gibco-BRL, Tokyo, Japan) and an outer set of primers: NS3-F1 (sense primer; 5′-ACA CCG CGG CGT GTG GGG ACA T-3′; nucleotides 3,295–3,316) and NS3-AS2 (antisense primer; 5′-GCT CTT GCC GCT GCC AGT GGG A-3′; nucleotides 4,040–4,019), as reported previously [Ogata et al., 2002a, 2003]. PCR was initially performed at 45°C for 30 min at RT and then at 94°C for 2 min, followed by the first-round PCR for forty 3-min cycles at 94°, 55°, and 72°C for 1 min each. The second-round PCR was performed with *Pfu* DNA polymerase (Promega, Tokyo, Japan) and an inner set of primers: NS3-F3 (sense primer; 5′-CAG GGG TGG CGG CTC CTT-3′; nucleotides 3,390–3,407) and NS3-AS1 (antisense primer; 5′-GCC ACT TGG AAT GTT TGC GGT A-3′; nucleotides 4,006–3,985). The second-round PCR was performed for 35 cycles, with each cycle consisting of 1 min at 94°C, 1.5 min at 55°C, and 3 min at 72°C. This method allowed amplification of the corresponding portion of the HCV genome from HCV-1b RNA-positive samples. The amplified fragments were purified with a QIAquick PCR purification kit (Qiagen) and directly sequenced (without being subcloned) in both directions using a dRhodamine Terminator Cycle Sequencing Ready Reaction kit and an ABI 377 sequencer (Applied Biosystems, Tokyo, Japan).

Classification of the Secondary Structure of the HCV-1b NS3 Amino-Terminal Region

The secondary structure of the amino-terminal region of HCV NS3 was predicted by computer-assisted Robson analysis [Garnier et al., 1978] with Genetyx-Mac software (ver.10.1; Software Development Co., Tokyo, Japan). Previously, the full-length secondary structure of the HCV-1b NS3 region was analyzed, and this showed that the secondary structure deduced from the carboxy-terminal 60 residues was well conserved in terms of linear structure, without any turn structure [Ogata et al., 2002a]. We have shown that the secondary structure of the 120 residues in the amino-terminal region of HCV-1b NS3 can be classified into two major groups: A and B (Fig. 1) [Ogata et al., 2002a, 2003]. Briefly, the criteria for this classification are as follows: in group A isolates, the carboxy-terminal 20 residues (aa 1,125–1,146) are oriented leftward relative to a domain composed of the remaining amino-terminal region; whereas in group B isolates, the same 20 residues are oriented rightward relative to the rest of the amino-terminal domain.

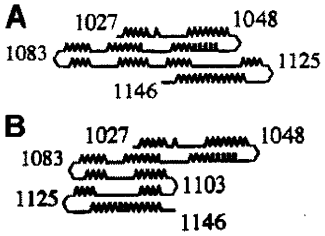

Fig. 1. Secondary structure of the 120 amino-terminal residues of HCV-1b nonstructural 3 (NS3) region classified into two major groups: A and B. The looped, zigzag, straight, and bent lines represent α-helix, β-sheet, coil, and turn structures, respectively. The numbers indicate amino acid positions. **A**: Group A, (**B**) Group B.

Analysis of Amino Acid Substitutions in the Core Region

To amplify a region of the HCV genome encoding the core region including positions 70 and 91, reverse transcription and the first-round PCR were performed in a tube by the Superscript One-Step RT-PCR kit with Platinum *Taq* (Gibco-BRL) and an outer set of primers, followed by second-round PCR with an inner set of primers in accordance with procedures reported previously [Ogata et al., 2002b]. The sequences of the amplified fragments were determined by direct sequencing.

Statistical Analysis

Data were analyzed by a χ^2 test for independence with a two-by-two contingency table and a Student *t*-test. A P-value <0.05 was considered significant.

RESULTS

Virological Response *and Adherence* to the Peg-IFN Plus Ribavirin Regimen

Rates of virological responses in patients treated with PegIFN/RBV combination therapy for 48 weeks are shown in Figure 2. Of the 139 patients enrolled in the study, SVR, non-SVR and cessation of therapy occurred in 58 (42%), 62 (45%), and 19 (14%), respectively. Serious

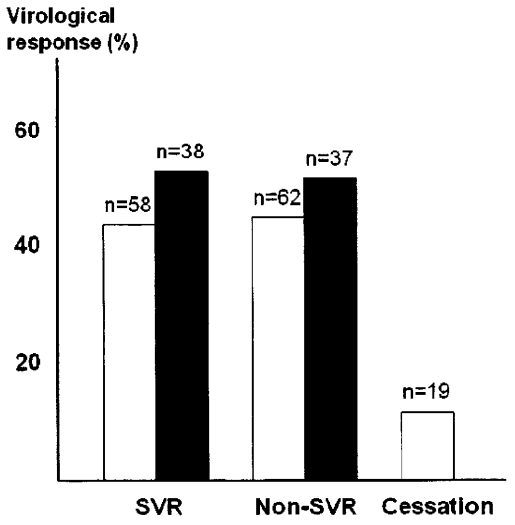

Fig. 2. Virological response in patients treated with peginterferon plus ribavirin for 48 weeks. The results are shown for all 139 subjects (open bars) and for 75 cases with good adherence of >80% of the scheduled dosages (closed bars). SVR, sustained virological response.

adverse events that necessitated discontinuation of this therapy were depression in one patient, thyroid function disorder in 2, general itching in 2, infection in 2, anorexia in 2, occurrence of hepatocellular carcinoma in 2, and a decreased neutrophil count in 2. Six patients also terminated this therapy at their own request. Of the 139 patients, 75 (54%) received >80% of the scheduled dosage of Peg-IFN and RBV designated before treatment, and of these 75 cases SVR and non-SVR occurred in 38 (51%) and 37 (49%), respectively.

Prevalence of Types of Secondary Structure of the Amino-Terminal Region of HCV NS3

The prevalence of the types of secondary structure of HCV NS3 in the 139 subjects is shown in Table I. Among these subjects, 43 (31%), 70 (50%), and 26 (19%) were classified into groups A, B, and others, including 3 of mixed type (A plus B) and 23 of non-A, non-B type. Of the 75 cases with good adherence to administration of >80% of the scheduled dosage, 28 (37%), 40 (53%) and 7 (9%) were classified into groups A, B, and others. The amino acid data of group A and B in the cases with good adherence to administration are available in the DDBJ/EMBL/GenBank databases with the accession numbers AB548070–AB548137. Our analysis revealed no specific correlations between amino acid sequences and the secondary structure deduced by the Robson method, as we have reported previously [Ogata et al., 2003].

TABLE I. Prevalence of the HCV NS3 Secondary Structure Type

	Group A (%)	Group B (%)	Others (%)
Enrolled cases (n = 139)	43 (31)	70 (50)	26 (19)
Adherent cases (n = 75)	28 (37)	40 (53)	7 (9)

Characteristics of Adherent Patients Based on Different HCV NS3 Structure Types

The virological responses to Peg-IFN/RBV combination therapy for patients infected with group A and B isolates were assessed in the 68 subjects with good adherence to the scheduled dosage of Peg-IFN and RBV. The characteristics of patients infected with group A and B isolates are shown in Table II. Age, gender, pre-treatment level of serum HCV RNA and ALT, and frequency of fibrosis stage did not differ significantly between the two groups. Peg-IFN/RBV combination therapy was completed in all the patients, and the total administered dosages of Peg-IFN and RBV was >95% of the scheduled dosage in both groups.

Relationship Between Virological Responses and Polymorphisms in the HCV NS3 Amino-Terminal Region

In the 68 patients who received >95% of the scheduled doses of Peg-IFN and RBV for 48 weeks, SVR and non-SVR occurred in 33 (49%) and 35 (51%), respectively. The EVR, ETR, and SVR rates in patients infected with group A and B isolates are shown in Table III. There was a significant difference in the rates of EVR between subjects infected with group A and B isolates: EVR was achieved in 19 of 28 (68%) patients with group A infection, compared to 17 of 40 (43%) with group B infection ($P < 0.05$). The final outcome also differed significantly between subjects infected with group A and B isolates: SVR was achieved in 18 of 28 (64%) patients with group A infection, compared to 15 of 40 (38%) with group B infection ($P < 0.05$).

Polymorphisms in Core Amino Acids 70/91 and in the HCV NS3 Secondary Structure

The wild-type core sequence (Arg70, Leu91) has been associated with SVR in Peg-IFN/RBV combination therapy, while the non-double wild-type containing one or two substitutions at positions 70 and/or 91 was associated with non-SVR [Akuta et al., 2007]. Therefore, we examined substitutions at positions 70 and 91 in the HCV core region in pre-treatment serum samples of 44 cases that were available for testing. The double wild-type 70/91 sequence was found in 22 of the 44 cases (50%), of which 12 were SVR and 10 were non-SVR. Combination analysis of polymorphisms of the HCV core 70/91 positions and the NS3 amino-terminal region showed that 10 (83%) of the 12 SVR cases and only 3 (30%) of the 10 non-SVR cases with the double wild-type core had a group A polymorphism in HCV NS3 (Table IV). Thus, combination analysis of the core and NS3 regions may improve prediction of the outcome of Peg-IFN/RBV therapy.

TABLE II. Characteristics of Adherent Patients Infected With HCV Group A and B Isolates

	Group A (n = 28)	Group B (n = 40)	P
Age (years)	55.5 ± 9.5	55.5 ± 8.9	NS[a]
Sex (men/women)	18/10	21/19	NS[b]
Pre-treatment HCV RNA (KIU/ml)	1,635 ± 930	2,087 ± 1,422	NS[a]
Alanine aminotransferase level (U/L)	80 ± 62	71 ± 47	NS[a]
Stage of liver fibrosis			
F1 or F2/F3 or F4	19/9	28/12	NS[b]
Drug adherence dosage (%)			
Pegylated interferon	97.7 ± 5.2	95.2 ± 7.3	NS[a]
Ribavirin	96.8 ± 6.4	95.3 ± 7.7	NS[a]

NS, not significant.
[a]t-test.
[b]χ^2 test.

Re-Evaluation of Pre-Treatment HCV Viremia Status Using Real-Time PCR

Since the viral titer before treatment is a major predictive marker of the outcome of Peg-IFN/RBV therapy, we re-evaluated the pre-treatment viral titers more precisely using preserved serum samples taken within 1 month before treatment, using a real-time PCR assay. The pre-treatment viral titers did not differ significantly between sera with group A and B isolates (5.98 ± 0.94 vs. 6.25 ± 0.62 logIU/ml) (Table V). The secondary structure polymorphisms of HCV NS3 were independent of the pre-treatment viral titers.

DISCUSSION

Antiviral therapy with Peg-IFN/RBV for 48 weeks fails to eradicate HCV in about half of patients infected with a high titer of HCV genotype 1b, and the severe adverse events and high costs associated with this therapy require outcome prediction to allow targeted treatment for chronic hepatitis C. The pre-treatment viral titer, viral factors that influence the virological response to IFN-based anti-HCV therapy have been widely investigated. Viral kinetics showing prompt seronegativity after the start of treatment is a critical factor for achieving SVR, and thus the possible correlation between an early virological response and genetic sequence variation of the HCV has been studied. In particular, amino acid substitutions in the HCV core region at positions 70 and 91 or multiple mutations detected in the IRRDR of the HCV NS5A region are useful markers for predicting EVR and subsequent SVR.

TABLE III. Virological Responses in Subjects With Different Polymorphisms in the Secondary Structure of HCV NS3

	EVR*	ETR**	SVR*
Group A (n = 28)	19 (68%)	23 (82%)	18 (64%)
Group B (n = 40)	17 (43%)	25 (63%)	15 (38%)

EVR: early virological response at 12 weeks after the start of treatment.
ETR: virological response at the end of treatment.
SVR: sustained virological response 24 weeks after completion of treatment.
*$P < 0.05$.
**$P = 0.08$; χ^2 test.

To date, the influence of several single amino acid substitutions and accumulation of these changes in the viral genome on the effect of IFN-based anti-HCV therapy has been examined. Since interactions between host and viral proteins in infected cells may influence the therapeutic effect of an antiviral agent, we focused on the association of structural polymorphism of a viral protein with the effect of Peg-IFN/RBV combination therapy in this study. Our results suggest that polymorphism analysis of secondary structure deduced from sequence variations in the HCV NS3 amino-terminal region can be used to predict viral responses to this therapy.

Amino acid sequences of the HCV NS3 amino-terminal region, which encodes a serine protease, vary greatly among HCV isolates. Interactions between HCV NS3 and host proteins may influence both oncogenesis and immunity, and thus elucidation of the biological significance of these interactions could result in a new prognostic marker for HCC or a predictive marker for anti-HCV therapy. First, HCV NS3 interacts with the p53 tumor suppressor to suppress p53-dependent apoptosis or p21 transcriptional activity [Ishido and Hotta, 1998; Kwun et al., 2001; Deng et al., 2006]. Transfection of a plasmid expressing the amino-terminal portion of HCV NS3 induces cell transformation in vitro, and transplanted cells proliferate with sarcoma-like features in vivo [Sakamuro et al., 1995]. These findings suggest that NS3 may be involved in the oncogenic pathway in HCV infection. We have shown that the secondary structure of the 120-residue amino-terminal region of NS3 (1,027–1,146) is classifiable into two major groups: A and B. This region encodes a serine protease and also includes p53-binding sites. Our

TABLE IV. Treatment Outcome of Cases With a Double Wild-Type Core Region and Different HCV NS3 Structural Polymorphism

	Group A (%)	Group B (%)	P
SVR (n = 12)	10 (83)	2 (17)	0.02[a]
Non-SVR (n = 10)	3 (30)	7 (70)	

SVR, sustained virological response.
[a]χ^2 test.

TABLE V. Pre-Treatment HCV RNA Levels Measured by Real-Time PCR for Subjects With Different HCV NS3 Structural Polymorphism

	Group A	Group B	P
SVR (n = 33)	5.78 ± 1.05	6.13 ± 0.71	NS[a]
Non-SVR (n = 35)	6.33 ± 0.59	6.32 ± 0.55	NS[a]
Total (n = 68)	5.98 ± 0.94	6.25 ± 0.62	NS[a]

SVR, sustained virological response. NS, not significant.
[a]*t* test.

previous cross-sectional studies revealed that the prevalence of group B infection is significantly higher in HCC cases than in non-HCC cases [Ogata et al., 2003], and that the group B infection is an independent risk factor for development of HCC in patients with chronic HCV infection [Nishise et al., 2007]. Second, NS3 interacts with host proteins associated with IFN signaling and thus influences cellular immunity. Since the serine protease encoded by the amino-terminal region of NS3 inhibits the IFN-signaling pathway, polymorphism of this region is likely to influence the effect of Peg-IFN/RBV combination therapy.

Several factors associated with the virological response to this therapy are well known, with adherence to both IFN and RBV strongly influencing outcome [Pearlman, 2004; Arase et al., 2005; Yamada et al., 2008]. In this study, we analyzed 75 cases in which >80% of the scheduled dosage of both drugs was administered. Of these cases, 28 (37%) and 40 (53%) were infected with group A and B isolates, respectively, which were similar rates to those for the 139 cases in the overall study. Age, gender, viral load before treatment, ALT level, proportion of fibrosis stage and adherence to Peg-IFN and RBV did not differ between the group A and B cases. However, the frequencies of SVR and EVR were significantly higher in group A, and those for non-EVR and non-SVR were significantly higher in group B. The results suggest that infection with the group B isolate, which correlates with a higher rate of HCC, is resistant to Peg-IFN/RBV therapy. The pre-treatment viremia status in the 68 cases with group A or B isolates showed no significant differences between the two groups of patients. Therefore, these results suggest that the secondary structure of the HCV NS3 amino-terminal region may be useful for prediction of the outcome of Peg-IFN/RBV combination therapy. In this initial study setting, the relationship of these polymorphisms to the frequency of rapid viral response at 4 weeks after the start of treatment was not evaluated. It will be important to assess this relationship in a future study.

The polymorphism in HCV core region (Arg70/Leu91) is a useful predictive marker for virological responses in Peg-IFN/RBV therapy [Akuta et al., 2007]. Interestingly, a combined analysis of polymorphisms of the core region (which encodes a structural protein) and HCV NS3 (a nonstructural protein) improved the prediction rate. Therefore, analysis of NS3 polymorphism in combination with the core structural polymorphism appears to improve prediction of the outcome of Peg-IFN/RBV therapy. A larger, multi-center prospective study would be necessary to validate the present results. In conclusion, the results of this study suggest that secondary structure polymorphism in the amino-terminal region of HCV NS3 is a useful predictive marker of the effect of Peg-IFN/RBV combination therapy for chronic hepatitis C. Although the present findings are clinically important, and will be helpful for predicting the outcome of Peg-IFN/RBV therapy, further in vitro studies will be needed to elucidate the molecular mechanism underlying the association of HCV NS3polymorphisms with clinical outcome.

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Original Article

ITPA gene variant protects against anemia induced by pegylated interferon-α and ribavirin therapy for Japanese patients with chronic hepatitis C

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Aim: Host genetic variants leading to inosine triphosphatase (ITPA) deficiency, a condition not thought to be clinically important, protect against hemolytic anemia in chronic hepatitis C patients receiving ribavirin. In this study, we evaluated the clinical significance of *ITPA* variants in Japanese hepatitis C patients who were treated with pegylated interferon plus ribavirin.

Methods: In this multicenter retrospective cross-sectional study, 474 hepatitis C patients were enrolled who were treated with pegylated interferon plus ribavirin in four geographically different hospitals in Japan. Patients were grouped according to hemoglobin decline of more than 3 g/dL at week 4. Two single nucleotide polymorphisms (SNP) within or adjacent to the *ITPA* gene (rs6051702, rs1127354) were genotyped.

Results: A functional SNP, rs1127354, within the *ITPA* exon was strongly associated with protection against anemia with only one (0.8%) in 129 patients with the *ITPA* minor variant A developing severe anemia ($P = 5.9 \times 10^{-20}$). For rs6051702, which had significant association in European-Americans, significant but weak association with severe hemoglobin reduction was found in Japanese ($P = 0.009$). In patients excluding genotype 1b and high viral load, those with the *ITPA* minor variant A achieved significantly higher sustained viral response rate than those with the major variant (CC) (96% vs 70%, respectively, $P = 0.0066$).

Conclusion: *ITPA* SNP, rs1127354, is confirmed to be a useful predictor of ribavirin-induced anemia in Japanese patients. Patients with the *ITPA* minor variant A (~27%) have an advantage in pegylated interferon plus ribavirin-based therapies, due to expected adherence of ribavirin doses, resulting in a higher viral clearance rate.

Key words: *c20orf194*, hemolytic anemia, hepatitis C virus, *ITPA* (inosine triphosphatase), pegylated interferon plus ribavirin therapy

INTRODUCTION

APPROXIMATELY 3% OF the worldwide population is infected with the hepatitis C virus (HCV), which represents 170 million people, with 3–4 million individuals newly infected each year. Chronic hepatitis C (CHC) has a variable course; although 20–25% of CHC patients maintain persistently normal serum aminotransferases and experience relatively slow histological progression, other patients present a more active biochemical course.[1–3] Overall, 30% of the CHC patients progress to cirrhosis in their lifetime,[3] and 3–8% of cirrhosis patients develop hepatocellular carcinoma (HCC) every year.[4–6] Among various factors, older age and hepatic steatosis are significant factors accelerating the rate of progression in CHC.[3,7–9]

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Antiviral treatment has been shown to improve liver histology and decrease incidence of HCC in CHC.[6,10] Current therapy for CHC consists of treatment with pegylated interferon (PEG IFN), which acts both as an antiviral and as an immunoregulatory cytokine, and ribavirin (RBV), an antiviral prodrug that interferes with RNA metabolism.[11,12] However, less than 50% of patients infected with HCV genotype 1 treated in this way achieve a sustained viral response (SVR) or a cure of the infection.[11,13] Older patients have showed a significantly lower SVR rate due to poor adherence resulting from adverse events and laboratory abnormalities.[14–16] In particular, hematological abnormalities and RBV-induced hemolytic anemia often necessitate dose reduction and premature withdrawal from therapy in 10–14% of patients.[11,17–20] New drugs and therapeutic approaches for CHC are actively developed and several candidates are in the early trial phase.[21,22] Given these backgrounds, effective pre-treatment screening for predictor biomarkers with the aim to evaluate possible risks over benefits from currently available treatment would allow avoiding these side-effects in patients who will not be helped by the treatment, as well as to reduce the substantial cost of the treatment.

The completion of the Human Genome Project has led to the advent of a new era of scientific research, including a revolutionary approach: the genome-wide association study (GWAS). Several recent studies have demonstrated remarkable associations between single nucleotide polymorphisms (SNP) near or within the region of the *IL28B* gene, which codes for IFN-λ3.[23–28] Another recent study indicated that genetic variants leading to inosine triphosphatase (ITPA) deficiency, a condition not thought to be clinically important, protect against hemolytic anemia in CHC patients receiving RBV.[29] The results obtained in one GWAS study need to be evaluated and confirmed in the context of different geographical and racial populations, and independent cohorts. Here, we describe clinical evaluation of two SNP within or adjacent to the *ITPA* gene (6051702 and rs1127354), that was recently highlighted by the GWAS of HCV treatment-induced anemia.[29]

METHODS

Patients

IN THIS RETROSPECTIVE cross-sectional case–control study, 474 patients with chronic HCV infection treated at Tokyo Medical and Dental University Hospital, Nagoya City University Hospital, Yamanashi University Hospital, Nagasaki Medical Center and Hyogo University of Health Science Hospital in Japan were enrolled from April 2007 to April 2009. Each patient was treated with PEG IFN-α-2b (1.5 μg/kg s.c. once a week) or PEG IFN-α-2a (180 μg/kg once a week) plus RBV (600–1000 mg daily depending on bodyweight). The treatment duration was set at a standard 48 weeks for genotype 1b high viral load (≥5 log copies/mL) patients and 24 weeks for genotype 1 low viral load (≤5 log copies/mL) and genotypes 2 and 3 patients. On-treatment dose reduction and discontinuation of PEG IFN or RBV were decided based on the recommendations of package inserts or clinical situations in individual patients to avoid possible side-effects. The rates of PEG IFN and RBV administration achieved were calculated as percentages of actual total dose administrated of a standard total dose of 24 weeks, according to bodyweight before therapy. Hepatitis B surface antigen (HBsAg) positive and/or anti-HIV positive individuals were excluded from this study. Hemoglobin (Hb) values were measured at baseline and every week until 8 weeks. We considered Hb decline at week 4 to be a clinically important time point, as previously reported.[29] The threshold of Hb reduction of more than 3 g/dL was chosen as a clinically significant Hb decline according to the previous reports.[29–31]

Informed consent was obtained from each patient who participated in the study. The study protocol conformed to the relevant ethical guidelines as reflected in a priori approval by the ethics committees of all the participating universities and hospitals.

Patient evaluation

The following factors were analyzed to determine whether they were related to the efficacy of combination therapy: age, sex, previous IFN therapy, grade of inflammation and stage of fibrosis on liver biopsy, pre-treatment biochemical parameters, such as white blood cells, neutrophils, Hb, platelet count, alanine transaminase (ALT) level, serum HCV RNA level (log IU/mL). Liver biopsy specimens were evaluated blindly, to determine the grade of inflammation and stage of fibrosis, by an independent interpreter who was not aware of the clinical data. Activity of inflammation was graded on a scale of 0–3: A0, showing no activity; A1, showing mild activity; A2, showing moderate activity; and A3, showing severe activity. Fibrosis was staged on a scale of 0–4: F0, showing no fibrosis; F1, showing moderate fibrosis; F2, showing moderate fibrosis with

few septa; F3, showing severe fibrosis with numerous septa without cirrhosis; and F4, showing cirrhosis.

SNP genotyping

Human genomic DNA was extracted from whole blood of each patient. Genetic polymorphisms, rs1127354 in *ITPA*, rs6051702 in *C20orf194*, and rs8099917 around the *IL28B* gene were determined by real-time detection polymerase chain reaction with a TaqMan probe or DigiTag2 assay typing one tag SNP located within each locus.[23] Another functional SNP, rs727010 within the *ITPA* gene, was excluded due to no variants in the Asian genetic population as reported in the International HapMap Project database. Our preliminary genotyping of a 100-patient population did not find variants in that SNP.

Outcomes

The primary end-point was Hb decline and dose reduction of PEG IFN or RBV in week 4, the secondary end-point was SVR. An SVR was defined as serum HCV RNA undetectable at 24 weeks after the end of treatment. A transient viral response (TVR) meant that HCV RNA became undetectable during treatment but reappeared at the end of follow up. A null response (NR) was defined as persistently positive HCV RNA throughout the treatment. Adverse events and drug adherence were recorded.

Statistical analyses

The association between individual ITPA SNP and the incidence of significant Hb decline was tested by a basic allelic test and calculated using the χ^2-test. Multivariate logistic regression analysis with stepwise forward selection was performed with *P*-values of less than 0.05 as the criteria for model inclusion. These statistical analyses were conducted by using SPSS software package ver. 18J (Chicago, IL, USA) or Microsoft Excel Mac 2008 (Redmond, WA, USA). Discrete variables were evaluated by Fisher's exact probability test. The *P*-values were calculated by two-tailed Student's *t*-tests for continuous data and χ^2-test for categorical data, and those of less than 0.05 were considered statistically significant.

RESULTS

THE CLINICAL CHARACTERISTICS of the 474 patients are summarized in Table 1. First, we compared baseline clinical and host genetic characteristics of patient groups according to the SNP within the *ITPA* gene, rs1127354, between major homozygote (CC) and a group of heterozygote (CA) and minor homozygote (AA) (Table 2). There were no significant differences in age, sex, blood cell counts, ALT levels, serum viral loads, frequencies of core 70/91 mutations[32,33] and the numbers of NS5A interferon sensitivity determining region (ISDR) mutations[34,35] between the two groups. The SNP in the *ITPA* gene did not show significant linkage between the SNP around the *IL28B* gene, rs8099917, which is strongly associated with IFN treatment responses.[23,25] In contrast, the SNP in the *ITPA* gene showed significant linkage with the SNP in *C20orf194*, rs6051702 ($P = 7.1 \times 10^{-14}$).[29]

Next, we analyzed two SNP, rs6051702 in *C20orf194* and rs1127354 in *ITPA* loci, respectively, for their association with significant Hb decline at 4 weeks of PEG IFN plus RBV treatment using a basic allelic model that compares frequencies of alleles in cases versus controls. The SNP, rs6051702, which showed the strongest association in the European-American population,[29] was

Table 1 Baseline characteristics of participating patients

Total number	474
Age (years)	57.2 ± 10.0
Sex (male/female)	264/210
Bodyweight (kg)	61.1 ± 10.8
HCV genotypes	
1b/2a/2b/3a	416/31/26/1
1b, high viral load/others	387/87
NS5A-ISDR mutations (genotype 1b, $n = 334$, 0–1/≥2)	285/49
Core mutations (genotype 1b, $n = 379$)	
C70 (wild/mutant)	240/139
C91 (wild/mutant)	234/145
Histology at biopsy ($n = 278$)	
Grade of inflammation (A0/1/2/3)	4/97/154/23
Stage of fibrosis (F0/1/2/3/4)	8/102/74/74/20
White blood cells (/μL)†	5707 ± 1495
Neutrophils (/μL)†	2568 ± 1013
Hemoglobin (g/dL)†	14.2 ± 1.4
Platelet count ($\times 10^{-3}$/μL)†	158 ± 58
ALT (IU/L)†	89 ± 66
Serum HCV RNA (log [IU/mL])‡	6.0 ± 0.9
PEG IFN (PEG IFN-α-2a/PEG IFN-α-2b)	40/434
Hb decline at week 4 (g/dl)	2.4 ± 1.4
Severe anemia, Hb <10 g/dL at week 4	56/474 (11.8%)

†Data are expressed as mean ± standard deviation.
‡Data are shown as median (range) values.
High viral load: HCV RNA ≥ 5 log IU/mL.
ALT, alanine transaminase; Hb, hemoglobin; HCV, hepatitis C virus; IFN, interferon; ISDR, interferon sensitivity determining region; PEG, pegylated.

Table 2 Clinical and host genetic characteristics of patients according to *IPTA* gene variants

	ITPA SNP, rs1127354		
	CC ($n = 345$)	CA + AA ($n = 129$)	*P*-value
Age (years)†	57.2 ± 10.0	57.1 ± 10.1	0.87
Sex (male/female)	192/153	72/57	0.97
White blood cells (/μL)‡	5312 ± 1537	4995 ± 1388	0.92
Neutrophils (/μL)‡	1696 ± 1415	1803 ± 1516	0.49
Hemoglobin (g/dL)‡	14.2 ± 1.4	14.1 ± 1.4	0.52
Platelet count ($\times 10^{-3}$/μL)‡	157 ± 54	159 ± 70	0.81
ALT (IU/mL)‡	91 ± 70	83 ± 55	0.46
Serum HCV RNA (log copies /mL)†	6.1 ± 0.7	5.8 ± 1.1	0.093
NS5A-ISDR mutations (genotype 1b, $n = 334$, 0–1/≥2)	213/31	72/18	0.095
Core mutations (genotype 1b, $n = 389$)			
aa. 70 (wild/mutant)	179/96	61/43	0.25
aa. 91 (wild/mutant)	172/103	62/42	0.60
IL28B, rs8099917 (TT/TG/GG)	233/94/3	96/29/1	0.23
C20orf194, rs6051702 (AA/AC/CC)	254/85/6	47/72/10	7.1×10^{-14}*

*P-values were calculated by student's t-test or by χ^2 analysis.
†Data are show as median (range) values.
‡Data are expressed as mean ± standard deviation.
IL28B SNP, major allele-T and minor allele-G.
C20orf194 SNP, major allele-A and minor allele-C.
ALT, alanine transaminase; HCV, hepatitis C virus; SNP, single nucleotide polymorphisms.

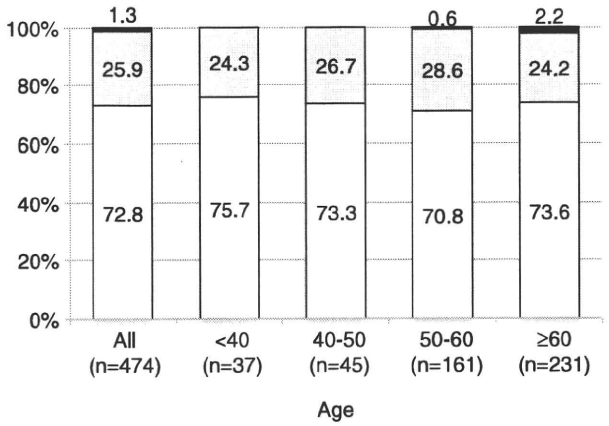

Figure 1 *ITPA* variant, rs1127354, known to be responsible for inosine triphosphatase deficiency and its age-related differences. *ITPA*, inosine triphosphatase. The numbers in parentheses denote numbers of patients.

associated with the Hb decline significantly but with smaller effect size (odds ratio [OR] = 1.40, $P = 9.0 \times 10^{-3}$, Table 3). Notably, another SNP in the *ITPA* gene, rs1127354, showed overwhelming association with the Hb decline (OR = 62.8, $P = 5.9 \times 10^{-20}$). The prevalence of *ITPA* variants is shown in Figure 1. Percentages of *IPTA*, rs1127354, major homozygote (CC), heterozygote (CA) and minor homozygote (AA) were 72.8%, 25.9% and 1.3%, respectively. There was no difference in the frequency of the *ITPA* variants throughout ages and sexes (Fig. 1).

To asses the clinical relevance of these SNP, we analyzed the proportion of patients suffering clinically significant anemia, which we defined as a decline in Hb levels of more than 3 g/dL or Hb levels of less than 10 g/dL, which is the threshold at which RBV dose reduction is recommended. As depicted in Figure 2, in *ITPA*-CC patients, Hb loss of more than 3 g/dL devel-

Table 3 Association of *C20orf194* and *IPTA* gene variants with treatment-induced Hb decline

Gene	SNP	Allele (major/minor)	MAF (%)	OR	*P*-value*
C20orf194	rs6051702	A/C	19.9	1.40	9.0×10^{-3}
ITPA	rs1127354	C/A	14.2	62.8	5.9×10^{-20}

*The SNP-phenotype associations were analyzed using a basic allelic test.
P-values were calculated by χ^2 analysis.
Hb, hemoglobin; MAF, minor allele frequency; OR, odds ratio; SNP, single nucleotide polymorphisms.

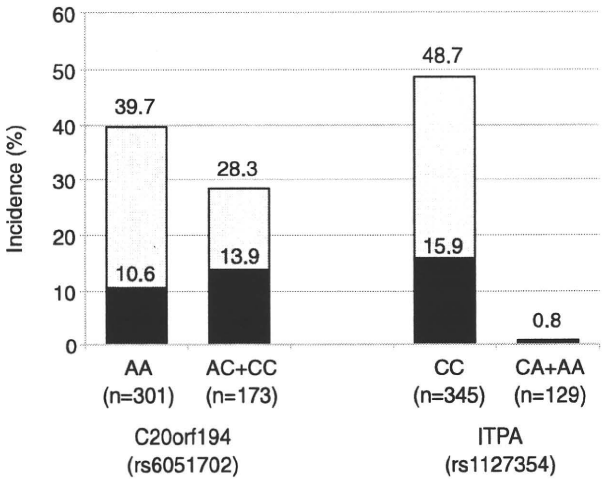

Figure 2 Effects of *c20orf194* and *ITPA* single nucleotide polymorphisms (SNP) on clinically significant anemia induced by pegylated interferon plus ribavirin treatment. Percentages of patients with hemoglobin (Hb) decline of >3 g/dL or Hb levels of >10 g/dL at week 4 of treatment are shown for each SNP in two genes, *c20orf94* (rs6051702) and *ITPA* (rs1127354).

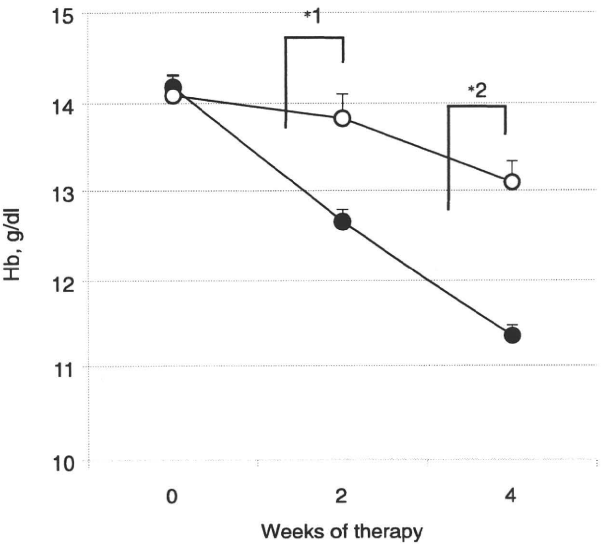

Figure 3 Time-dependent hemoglobin (Hb) decline in *ITPA* major and minor variants. Error bars indicate mean + standard error. Asterisks 1 and 2 indicate statistical significance of $P = 6.6 \times 10^{-13}$ and $P = 3.0 \times 10^{-29}$, respectively.

oped in 48.7% at week 4, and 15.9% of patients achieved Hb levels of less than 10 g/dL. In contrast, only one patient (0.8%) with *ITPA*-CA/AA developed anemia. These differences in the incidence of the treatment-induced Hb decline were consistent throughout ages. The time-dependent Hb decline in patients with *ITPA*-CC and *ITPA*-CA/AA is shown in Figure 3. In patients with *ITPA*-CC, mean Hb drop was 2.9 ± 1.3 g/dL, which was significantly higher than that of patients with *ITPA*-CA/AA (1.1 ± 0.7 g/dL). These results demonstrate that the *ITPA* minor variant A has a protective phenotype for the treatment-induced anemia. The positive predictive value of the *ITPA*-major (CC) for the development of severe anemia was 48.7%, while the negative predictive value of *ITPA*-hetero/minor (CA/AA) was 99.2%. In accordance with the incidence of anemia, there was significant difference in the incidence of RBV dose reduction. At week 4 of treatment, RBV doses were reduced in 27.9% of *ITPA*-CC patients while in only 14.4% of *ITPA*-CA/AA patients ($P = 0.012$, Fig. 4). Similarly to RBV, PEG IFN dose reduction was apparently higher in *ITPA*-CC patients though it did not reach statistical significance.

Knowing that significantly less frequent drug reduction occurred in patients with the *ITPA*-minor variant A, we next investigated if the *ITPA* gene variants affected final treatment outcomes. The treatment outcomes were available in 339 patients with genotype 1b and high viral load

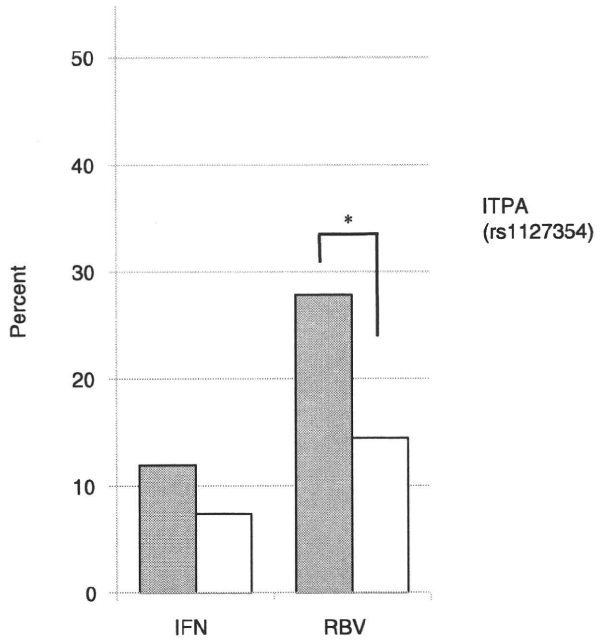

Figure 4 Percentages of patients requiring pegylated interferon (IFN) or ribavirin (RBV) dose reduction at week 4 in *ITPA* major and minor variants. *Y*-axis indicates percents of patients who required dose reduction. *$P = 0.012$.

Table 4 Sustained viral response rates of each group according to *IPTA* gene variants

IPTA SNP, rs1127354	Genotype 1b, high viral load		Others	
	CC	CA + AA	CC	CA + AA
SVR	92 (37.1%)	39 (42.9%)	41 (70%)	25 (96%)
TVR	90 (36.3%)	34 (37.3%)	15 (25%)	1 (4%)
NR	66 (26.6%)	18 (19.8%)	3 (5%)	0 (0%)
Total	248	91	59	26
P-value	0.33		**0.0066**	

High viral load; serum HCV RNA ≥ 5 logIU/mL.
"Others" include genotypes genotype 1b, serum HCV RNA <5 logIU/ml, genotypes 2a, 2b and 3a.
P-values were calculated by χ^2-test analyses of SVR versus TVR plus NR.
HCV, hepatitis C virus; SVR, sustained viral response; TVR, transient viral response; NR, null response.

(HCV RNA ≥5.0 log IU/ml) and 85 others, which included genotype 1b, low viral load and genotype 2a, 2b and 3a patients (Table 4). In patients with genotype 1b and high viral load, there was no significant difference in SVR rates between *ITPA*-CC and *ITPA*-CA/AA patients (37.1% and 42.9%, respectively). In contrast, there was a striking difference in SVR rates between *ITPA*-CC and *ITPA*-CA/AA in the other IFN-sensitive group (non-1b or low viral load); the SVR rate was 70% in *ITPA*-CC patients, while 96% of *ITPA*-CA/AA patients achieved SVR ($P = 0.0066$). These results indicate that the *ITPA* minor variant A is significantly associated with SVR in the IFN-sensitive group excluding genotype 1b and high viral load. Using those subpopulations of patients, we conducted a statistical analysis for association of several host and viral parameters with SVR. As shown in Table 5, univariate analysis identified four significant parameters including age, platelet count, stages of fibrosis and the ITPA SNP, rs1123354. Multivariate logistic regression analysis identified that only age and the ITPA SNP were significantly associated with SVR.

DISCUSSION

RECENT GWAS ON HCV infection have identified two important host genetic polymorphisms. One is the SNP in the *IL28B* gene, which is strongly associated with response to therapy of chronic genotype 1 HCV infection,[23–28] and another is the SNP in the *ITPA* gene, which precisely predicts RBV treatment-associated anemia in the European-American population.[29] In our present study, a functional SNP in the *ITPA* locus, rs1127354, is strongly associated with protection against anemia among 474 Japanese patients ($P = 5.9 \times 10^{-20}$, Table 3). Only one of 129 patients (0.8%) who carry the rs1127354 minor allele A had severe anemia (Figs 2,3). These data are consistent with the previous study in the US population[29] as well as a recent Japanese study by

Table 5 Univariate and multivariate logistic regression analyses of host and viral characteristics of patients excluding genotype 1b high virus load based on therapeutic responses ($n = 85$)

Variable	*P*-value (univariate)	*P*-value (multivariate)	OR	95% CI
Age	**0.017**	**0.047**	0.916	0.840–0.999
Sex (male vs female)	0.19	–		
Baseline Hb level	0.17	–		
Baseline platelet count	**0.019**	0.307	1.092	0.923–1.292
Stage of fibrosis (F0–2 vs 3–4)	**0.0020**	0.083	4.221	0.827–21.531
PEG IFN adherence (≥80% vs <80%)	0.67	–		
RBV adherence (≥80% vs <80%)	0.30	–		
ITPA SNP rs1127354 (CC vs CA + AA)	**0.0066**	**0.023**	12.680	1.386–116.042
IL28B SNP rs8099917 (TT vs TG + GG)	0.29	–		

CI, confidence interval; Hb, hemoglobin; IFN, interferon; ITPA, inosine triphosphatase; OR, odds ratio; PEG, pegylated; RBV, ribavirin; SNP, single nucleotide polymorphisms.

Ochi *et al.*[31] Our data were similar to these two reports; rs1127354 was the most significant SNP that was associated with RBV-induced anemia in Asian genetic populations. Additionally, we have demonstrated that the incidence of early dose reduction was significantly higher in *ITPA*-major (CC) patients as expected (Fig. 4) and, more importantly, that a significantly higher SVR rate was achieved in *ITPA*-hetero/minor (CA/AA) patients with HCV non-1b or low viral load strains (70% vs 96%, $P = 0.0066$, Table 4). Taken together, our results demonstrate that the *ITPA* minor variant A is not only a protective allele of PEG IFN and RBV treatment-associated anemia in the Japanese population, but also a significant predictor of SVR in certain HCV strains that show good response to IFN.

An SNP in *C20orf194*, rs6051702, which showed significant association with Hb reduction in European-Americans ($P = 1.1 \times 10^{-45}$),[29] was also significant in our study of a Japanese population, but with smaller effect size on Hb reduction ($P = 0.014$). The discrepancy may be due to the low levels of the linkage disequilibrium (LD) with the functional SNP in the *ITPA* gene in the Japanese/Asian population as compared with the high LD in white subjects. Indeed, it is reported that the predictive values of the *C20orf194* SNP varied between different races including African-Americans ($P = 0.19$) and Hispanics ($P = 9.5 \times 10^{-3}$).[29]

Ochi *et al.* sequenced the Japanese patient genome including ITPA and DDRGK1 loci, which are located adjacently on chromosome 20. They identified 83 SNP with major allele frequency of more than 0.05, of which four SNP including rs1127354 were significantly associated with RBV-induced anemia and which were in almost absolute LD with each other.[31] Their report indicates that the ITPA SNP, rs1127354, which we genotyped in the present study, represent a dominant variant of ITPA deficiency that protects against RBV-induced anemia in Japanese/Asian genetic populations. In our study, however, 51.3% of the ITPA-major (CC) patients did not develop significant Hb decline (Fig. 2). This finding suggests that there are other low-frequency ITPA variants or SNP in other enzymes that are involved in erythrocyte purine nucleoside metabolism.

The response to PEG IFN plus RBV treatment is affected by several viral and host factors such as age, sex,[36,37] NS5A-ISDR[38] and core region.[32,33] To maintain good adherence to drugs, especially RBV, it is important to achieve good treatment responses. Increased RBV exposure during the treatment phase was associated with an increased likelihood of SVR in the US[39] and Japanese studies.[40] Because patients with *ITPA* minor variant A are refractory to RBV-induced anemia, they are advantaged in maintaining good adherence to RBV and may be given even higher doses of RBV, resulting in a higher SVR rate. However, a study by Fellay *et al.* and a very recent replication study by Thompsom *et al.*[30] did not observe any significant association between the *ITPA* minor variants and early or late anti-HCV treatment outcomes.[29] A possible explanation for the discrepancy is that older and histologically more advanced patients were predominant in our study. Mean age in the US study was 47.5 years while 57.2 years in our present study. The percentage of advanced fibrosis (F3 or F4) was 12.0% in the US study while 34% in our study. It is well known that the incidence of drug dose reduction or discontinuation could increase according to old age as well as advanced stages, that may compromise final treatment outcomes.[14,15] Importantly, we have additionally demonstrated that in patients with other than genotype 1b HCV, ITPA minor variant A was significantly associated with better SVR rates in univariate and multivariate analyses. Because the typical PEG IFN plus RBV treatment period is shorter (24 weeks) in genotype 1 low viral load and genotype 2 patients than in genotype 1 high viral load (48 weeks), early dose reduction of RBV may be more critical to the final treatment outcome.

Ribavirin is a synthetic guanosine analog, and has actions *in vitro* against a wide range of RNA and DNA viruses.[41] Possible antiviral mechanisms of ribavirin include immune modulation by switching the T-cell phenotype from type 2 to type 1,[42] anti-proliferative effect by inhibition of cellular GTP synthesis,[41] and direct inhibition of virus replication.[43] Although monotherapy with RBV clinically showed minimal effect on the viral load and almost no effect on the viral clearance,[44–47] combinatory use of RBV with IFN elicits strong synergistic effects against HCV *in vitro*[48] and *in vivo*.[49,50]

Ribavirin is directly toxic to erythrocytes and is associated with hemolysis, which is usually reversible and dose-related.[49,50] RBV is incorporated into erythrocytes where it undergoes phosphorylation to its pharmacologically active forms through adenosine kinase. The RBV-phosphate conjugates are unable to cross the erythrocyte cell membrane and are thus accumulated intracellularly and cleared slowly from red cells with a half-life of approximately 40 days.[51] Inosine triphosphatase (ITP) deficiency or low activity variants, in turn, lead to an accumulation of ITP in red blood cells and may compete with RBV triphosphate, and may protect from RBV-induced hemolysis.[52,53]

There are several STAT-C agents (specifically targeted antiviral therapies for hepatitis C) being tested for

clinical efficacy against hepatitis C.[21,22] Most experts believe that when new drugs are approved to treat hepatitis C they will be used in combination with PEG IFN and RBV. Moreover, recent clinical trials including NS3 protease inhibitors have shown that PEG IFN plus RBV would be necessary to achieve optimal treatment responses.[18,19,54] Our present results may give a valuable pharmacogenetic diagnostic tool for the tailoring of RBV dosage to minimize drug-induced adverse events and for further optimization of the clinical anti-HCV chemotherapeutics.

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Association of IL28B Variants With Response to Pegylated-Interferon Alpha Plus Ribavirin Combination Therapy Reveals Intersubgenotypic Differences Between Genotypes 2a and 2b

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Genetic polymorphisms of the interleukin 28B (IL28B) locus are associated closely with outcomes of pegylated-interferon (PEG-IFN) plus ribavirin (RBV) combination therapy. The aim of this study was to investigate the relationship between IL28B polymorphism and responses to therapy in patients infected with genotype 2. One hundred twenty-nine chronic hepatitis C patients infected with genotype 2, 77 patients with genotype 2a and 52 patients with genotype 2b, were analyzed. Clinical and laboratory parameters, including genetic variation near the IL28B gene (rs8099917), were assessed. Drug adherence was monitored in each patient. Univariate and multivariate statistical analyses of these parameters and clinical responses were carried out. Univariate analyses showed that a sustained virological response was correlated significantly with IL28B polymorphism, as well as age, white blood cell and neutrophil counts, adherence to RBV, and rapid virological response. Subgroup analysis revealed that patients infected with genotype 2b achieved significantly lower rapid virological response rates than those with genotype 2a. Patients with the IL28B-major allele showed higher virus clearance rates at each time point than those with the IL28B-minor allele, and the differences were more profound in patients infected with genotype 2b than those with genotype 2a. Furthermore, both rapid and sustained virological responses were associated significantly with IL28B alleles in patients with genotype

Abbreviations: HCV, hepatitis C virus; HCC, hepatocellular carcinoma; IFN, interferon; PEG-IFN, pegylated-interferon; RBV, ribavirin; IL28B, interleukin 28B; SNPs, single nucleotide polymorphisms; BMI, body mass index; ALT, alanine transaminase; ISDR, the interferon sensitivity determining region; ITPA, inosine triphosphatase

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2b. IL28B polymorphism was predictive of PEG-IFN plus RBV combination treatment outcomes in patients infected with genotype 2 and, especially, with genotype 2b. In conclusion, IL-28B polymorphism affects responses to PEG-IFN-based treatment in difficult-to-treat HCV patients. ***J. Med. Virol. 83:871–878, 2011.*** © 2011 Wiley-Liss, Inc.

KEY WORDS: hepatitis C virus (HCV); chronic hepatitis C; genotype 2; PEG-IFN plus RBV therapy; combination therapy; IL28B; interferon-λ3

INTRODUCTION

Hepatitis C virus (HCV) infects around 170 million people worldwide and is characterized by a high probability of developing chronic inflammation and fibrosis of the liver, leading to end-stage liver failure and hepatocellular carcinoma (HCC) [Alter, 1997; Sakamoto and Watanabe, 2009]. Since the first report in 1986, type I interferons have been the mainstay of HCV therapy [Hoofnagle, 1994]. Current standards of care consist of a combination of ribavirin (RBV) plus pegylated interferon (PEG-IFN)-alpha for 48 weeks for infection with genotypes 1 and 4, and for 24 weeks for the other genotypes [Zeuzem et al., 2000; Fried et al., 2002]. Although this treatment improved substantially sustained virological response rates, it may result also in serious adverse effects and a considerable proportion of patients require early discontinuation of treatment. Patients of African origin have even poorer treatment outcomes [Rosen and Gretch, 1999]. Given this situation, a precise assessment of the likely treatment outcomes before the initiation of treatment may improve substantially the quality of antiviral treatment.

Recently, several studies have reported that genetic polymorphisms of the IL28B locus, which encodes interferon-λ3 (interleukin 28B), are associated with response to interferon-based treatment of chronic HCV infections with genotype 1 [Ge et al., 2009; Suppiah et al., 2009; Tanaka et al., 2009] and also spontaneous clearance of HCV [Thomas et al., 2009].

While chronic HCV infections with genotype 2 are associated with good treatment outcome, there are some refractory cases among patients infected with genotype 2, similar to genotype 1. The aims of this study were to analyze retrospectively clinical and virological factors associated with treatment response in patients with chronic HCV infection with genotype 2 who were treated with PEG-IFN plus RBV combination therapy and to clarify the relationship between IL28B polymorphism and the response to combination therapy.

PATIENTS AND METHODS

The authors analyzed retrospectively 129 patients with chronic HCV infection with genotype 2 who received combination therapy with PEG-IFN plus RBV between December 2004 and December 2009 at 10 multicenter hospitals (liver units with hepatologists) throughout Japan. All patients had chronic active hepatitis confirmed histologically or clinically and were positive for anti-HCV antibodies and serum HCV RNA by quantitative or qualitative assays. Patients with a positive test for serum hepatitis B surface antigen, coinfection with other HCV genotypes, coinfection with human immunodeficiency virus, other causes of hepatocellular injury (such as alcoholism, autoimmune hepatitis, primary biliary cirrhosis, or a history of treatment with hepatotoxic drugs), and a need for hemodialysis were excluded.

Study Design

Each patient was treated with combination therapy with PEG-IFN-α2b (Peg-Intron, Schering-Plough Nordic Biotech, Stockholm, Sweden, at a dose of 1.2–1.5 μg/kg subcutaneously once a week) or PEG-IFN-α2a (Pegasys; Roche, Basel, Switzerland, at a dose of 180 μg subcutaneously once a week) plus RBV (Rebetol, Schering-Plough Nordic Biotech or Copegus; Roche) 600–1,000 mg daily depending on the body weight (b.w.) (b.w. <60 kg: 600 mg po daily; b.w: 60–80 kg: 800 mg po daily; b.w. >80 kg: 1,000 mg po daily; in two divided doses). The duration of the combination therapy was set at a standard 24 weeks, but treatment reduction or discontinuation was permitted by doctor's decision. The rates of PEG-IFN and RBV administration achieved were calculated as percentages of actual total dose administered of a standard total dose of 24 weeks, according to body weight before therapy. During treatment, patients were assessed as outpatients at weeks 2, 4, 6, 8, and then every 4 weeks for the duration of treatment and at every 4 weeks after the end of treatment. Biochemical and hematological testing was carried out in a central laboratory. Serum HCV RNA was measured before treatment, during treatment at 4 weekly intervals, and after therapy at 4 weekly intervals for 24 weeks, by quantitative or qualitative assays.

Patient Evaluation

The following factors were analyzed to determine whether they were related to the efficacy of combination therapy: age, gender, body mass index (BMI), previous IFN therapy, grade of inflammation and stage of fibrosis on liver biopsy, pretreatment biochemical parameters, such as white blood cells, neutrophils, hemoglobin, platelet count, alanine transaminase (ALT) level, serum HCV RNA level (log IU/ml), and single nucleotide polymorphism (SNPs) in the *IL28B* locus (rs8099917). Liver biopsy specimens were evaluated blindly, to determine the grade of inflammation and stage of fibrosis, by an independent interpreter who was not aware of the clinical data. Activity of inflammation was graded on a scale of 0–3: A0 shows no activity, A1 shows mild activity, A2 shows moderate activity and A3 shows severe activity. Fibrosis was staged on a scale of 0–4:

F0 shows no fibrosis, F1 shows moderate fibrosis, F2 shows moderate fibrosis with few septa, F3 shows severe fibrosis with numerous septa without cirrhosis and F4 shows cirrhosis.

Informed written consent was obtained from each patient who participated in the study. The study protocol conformed to the ethical guidelines of the Declaration of Helsinki and to the relevant ethical guidelines as reflected in a priori approval by the ethics committees of all the participating universities and hospitals.

SNP Genotyping

Human genomic DNA was extracted from whole blood of each patient. Genetic polymorphism of IL28B was determined by DigiTag2 assay by typing one tag SNP located within the IL28B locus, rs8099917 (22). Heterozygotes (T/G) or homozygotes (G/G) of the minor allele (G) were defined as having the IL28B minor allele, whereas homozygotes for the major allele (T/T) were defined as having the IL28B major allele.

Outcomes

The primary end point was a sustained biochemical and virological response. A sustained virological response was defined as serum HCV RNA undetectable at 24 weeks after the end of treatment. Secondary end points were a rapid virological response (HCV RNA undetectable in serum at week 4) and end-of-treatment virological response. In addition, tolerability (adverse events) and drug adherence were recorded and factors potentially associated with virological response explored.

Statistical Analysis

SPSS software package (SPSS 18J, SPSS, Chicago, IL) was used for statistical analysis. Discrete variables were evaluated by Fisher's exact probability test and distributions of continuous variables were analyzed by the Mann–Whitney *U*-test. Independent factors possibly affecting response to combination therapy were examined by stepwise multiple logistic-regression analysis. All *P*-values were calculated by two-tailed tests, and those of less than 0.05 were considered statistically significant.

RESULTS

Clinical Characteristics and Response to Therapy

The clinical characteristics and response rates to therapy of 129 patients are summarized in Tables I and II. Sixty-eight patients achieved a rapid virological response, whereas 44 patients remained HCV-RNA positive at week 4. Treatment reduction or cessation was permitted also to avoid side effects, and one patient stopped treatment at week 12 because he was anticipated to be a non-responder. On an intention-to-treat analysis, serum HCV-RNA levels were negative at the end of treatment in 125 of the 129 patients (97%) treated and, among them, 98 (76%) achieved a sustained virological response. The rapid virological response rate of patients infected with genotype 2b was lower significantly than that of patients infected with genotype 2a ($P = 0.036$) (Table II). The sustained virological response rate decreased with RBV drug discontinuation and dose reduction (84% and 66% with ≧80% and <80% of RBV dose, $P = 0.021$, Table III). Adherences to PEG-IFN did not influence a sustained virological response or end of treatment response significantly, while RBV adherence was associated significantly with a sustained virological response (Table III).

TABLE I. Baseline Characteristics of Participating Patients Infected With HCV Genotype 2

Total number	129
Genotype (2a/2b)	77/52
IL28B SNPs (rs8099917)	
TT/TG/GG	100/28/1
Age (years)[a]	64 (20–73)
Gender (male/female)	64/65
Body mass index (kg/m^2)[a] (N = 80)	23.7 (16.9–33.5)
Previous interferon therapy (no/yes)	102/21 (unknown 6)
Histology at biopsy (N = 96)	
Grade of inflammation	
A0/1/2/3	10/53/29/4
Stage of fibrosis	
F0/1/2/3	7/59/19/11
White blood cells (/μl)[b] (N = 94)	5,115 ± 1,630
Neutrophils (/μl)[b] (N = 94)	2,765 ± 1,131
Hemoglobin (g/dl)[b] (N = 95)	14.2 ± 1.3
Platelet count (×10^{-3}/μl)[b] (N = 98)	187 ± 95
ALT (IU/L)[b] (N = 95)	82 ± 78
Serum HCV-RNA level (log(IU/ml))[a,c]	6.2 (3.6–7.4)
Treatment duration (>16, ≦24)	19/110

SNPs, single nucleotide polymorphisms; ALT, alanine transaminase.
[a]Data are shown as median (range) values.
[b]Data are expressed as mean ± SD.
[c]Data are shown as log(IU/ml)).

Factors Associated With a Sustained Virological Response

Next the host clinical and viral factors associated with a sustained virological response were analyzed. Univariate statistical analysis showed that six parameters were associated significantly with the sustained virological response rates, including age, white blood cells, neutrophils, adherence to RBV, rapid virological response and an IL28B SNP (rs8099917) (Table IV). There was no significant association of sustained virological response with gender, previous interferon therapy, stage of fibrosis, pretreatment HCV titer or adherence to PEG-IFN. Further multivariate analyses were conducted using significant factors identified by the univariate analysis (Table V). The multiple logistic-regression analysis showed that only a rapid virological response was associated with a sustained virological response (OR = 0.170, $P = 0.019$).