

Notably, many patients in the present study showed sinus bradycardia, although HR was not significantly different among LQT1, LQT2, and LQT3. Sinus bradycardia has been considered a significant presentation of LQTS, especially in the fetal-neonatal period,^{3,19,20} and is often a clue to the diagnosis of LQTS. The present study verified that sinus bradycardia is common among all types of LQTS in this age group, especially in fetal-neonatal periods.

Another remarkable feature of the present study was the high incidence of AVB (55% in LQT2, 83% in LQT3), compared with 5% or less in child or adult LQTS.^{4,20} It is intriguing that mutations in our LQT2 patients were almost exclusively located at the pore region of HERG gene (amino acid residues 550 through 650),²¹ as mutations in that region are related to high risk for cardiac events.^{21,22} Lupoglazoff et al⁶ reported similar phenotype tendency for neonates with LQTS, that AVB is associated with LQT2 and sinus bradycardia with LQT1. Most of their LQT2 cases also had a mutation in the pore region of the HERG gene, although this was not mentioned in their report. AVB in neonates with an SCN5A mutation have also been reported in single case reports.^{8,11,23,24} Considering the implication of sodium channel dysfunction in many other hereditary arrhythmias,²⁵ the association between LQT3 and AVB is an important finding.

SCD/ACA was seen in 14 cases (24% of all subjects) (7 SCD, 7 ACA), even though 12 of them were under treatment with β -blockers, mexiletine, or both when the events occurred (Table 3). The direct trigger of SCD/ACA remains to be determined, but the mean QTc interval of those patients was apparently prolonged (617 ± 81 ms), and patients with no gene test (6 cases) were included as well, possibly making the selection of drugs inappropriate, such that only β -blockers were given to a possible LQT3 patient. Furthermore, 4 other cases had no known mutation on genotyping. It is possible that the cryptogenic mutations unidentifiable in the current era could be resistant to many drugs.

Therapy

Because individuals with LQT3 showed serious clinical disorders, they were treated aggressively with multiple antiarrhythmic drugs including mexiletine, β -blockers, lidocaine, Mg, and PM/ICD, and only 1 definite LQT3 patient showed ACA. For LQT2, malignant arrhythmias were a little more controllable with the same kind of pharmacotherapy than for LQT3. Again, only 1 definite LQT2 patient showed ACA. Thus, no death was ultimately observed in LQT2 and LQT3. This favorable clinical course might be derived from implicit strategy prevalent among pediatric cardiologists in our country that early-onset LQTS should be treated with the combination of β -blockers and mexiletine at the start of therapy because the genotype is not easy to confirm immediately. In other words, treatment strategies in Japan have been driven more by the clinical symptoms than by the genotype. Nevertheless, the response to the multiple antiarrhythmic pharmacotherapy and the long-term outcome presented in this study are encouraging.

It should be noted that the number of patients who underwent PM/ICD was small in the present cohort compared with other reports.^{5,6} It is known that TdP tends to follow a prolonged R-R interval in LQT2 and LQT3, in which

conduction disturbances or sinus node dysfunction are common features.^{25,26} Thus, PM/ICD should be considered without delay even when the patient who shows drug-resistant, bradycardia-induced VT/TdP is a small baby.²⁷

Study Limitations

Because of the retrospective nature of the present survey using questionnaires, the extent of clinical data that could be obtained varied among cases. Although approximate tendency in genotype-phenotype correlations for infants with LQT1, LQT2, and LQT3 was determined, most cases registered in the present study did not undergo genetic analysis for genes other than the 3 typical types. One case with LQT8 was registered in addition to LQT1–3, but no cases with the other types (LQT4–7) were found. Also, decision of treatment strategy depended on the in-charge physician in each case without the use of a uniform protocol for VT/TdP and/or AVB, making it difficult to evaluate the effects of pharmacotherapy and to determine the event rate beyond infancy for each genotype other than the last outcome, alive or death. Therefore, we should wait for accumulation of more cases for establishment of the genotype-specific strategy.

Conclusion

Our nationwide survey indicates that early-onset malignant LQTS are mostly those with LQT2 and LQT3 among the 3 major genes, and the most vulnerable age to life-threatening arrhythmias is from 0 to 2 days of age. A combination pharmacotherapy with a β -blocker and mexiletine sometimes combined with Mg and PM/ICD is recommended as the initial therapy. Prospective study of a large number of patients with LQTS diagnosed from fetal to infantile periods and further application of gene testing are needed to establish the most appropriate treatment strategies for those patients.

Acknowledgments

We are grateful to Dr Minako Hoshiai, University of Yamanashi; Dr Fukiko Ichida, University of Toyama; Dr Hiroki Kajino, Asahikawa Medical College; Dr Masaru Miura, Tokyo Metropolitan Kiyose Children's Hospital; Dr Tomoaki Murakami, Hokkaido University; Dr Kiyoshi Ogawa, Saitama Children's Medical Center; Dr Hirofumi Saiki, Hyogo Children's Hospital; Dr Jun-ichi Sato, Funabashi Municipal Medical Center; Dr Hiroshi Shimizu, Chugoku Rosai Hospital; Dr Kenji Suda, Kurume University School of Medicine; Dr Hiroshi Suzuki, Yamagata University School of Medicine; Dr Jun-ichi Takagi, University of Miyazaki; Dr Sho Takeda, Seirei Hamamatsu General Hospital; Dr Kiyohiro Takigiku, Nagano Children's Hospital; and Dr Hiroyuki Yamagishi, Keio University, for their contribution to the survey.

Disclosures

Drs Shimizu and Horie were supported by the Health Sciences Research Grants (H18–Research on Human Genome–002) and a Research Grant for Cardiovascular Diseases (21C-8) from the Ministry of Health, Labor, and Welfare of Japan. The other authors declare no conflicts of interest.

References

1. Moss AJ, Kass RS. Long QT syndrome: from channels to cardiac arrhythmias. *J Clin Invest*. 2005;115:2018–2024.
2. Priori SG, Napolitano C, Schwartz PJ, Grillo M, Bloise R, Ronchetti E, Moncalvo C, Tulipani C, Veia A, Botelli G, Nastoli J. Association of

- long QT syndrome loci and cardiac events among patients treated with beta-blockers. *JAMA*. 2004;292:1341–1344.
3. Hofbeck M, Ulmer H, Beinder E, Sieber E, Singer H. Prenatal findings in patients with prolonged QT interval in the neonatal period. *Heart*. 1997; 77:198–204.
 4. Garson A Jr, Dick M II, Fournier A, Gillette PC, Hamilton R, Kugler JD, van Hare GF III, Vetter V, Vick GW III. The long QT syndrome in children: an international study of 287 patients. *Circulation*. 1993;87: 1866–1872.
 5. Gorgels AP, Al Fadley F, Zaman L, Kantoch MJ, Al Hales Z. The long QT syndrome with impaired atrioventricular conduction: a malignant variant in infants. *J Cardiovasc Electrophysiol*. 1998;9:1225–1232.
 6. Lupoglazoff JM, Denjoy I, Villain E, Fressart V, Simon F, Bozio A, Berthet M, Benammar N, Hainque B, Guicheney P. Long QT syndrome in neonates: conduction disorders associated with HERG mutations and sinus bradycardia with KCNQ1 mutations. *J Am Coll Cardiol*. 2004;43: 826–830.
 7. Shim SH, Ito M, Maher T, Milunsky A. Gene sequencing in neonates and infants with the long QT syndrome. *Genet Test*. 2005;9:281–284.
 8. Chang CC, Acharfi S, Wu MH, Chiang FT, Wang JK, Sung TC, Chahine M. A novel SCN5A mutation manifests as a malignant form of long QT syndrome with perinatal onset of tachycardia/bradycardia. *Cardiovasc Res*. 2004;64:268–278.
 9. Johnson WH, Yang P, Yang T, Lau YR, Mostella BA, Wolff DJ, Roden DM, Benson DW. Clinical, genetic, and biophysical characterization of a homozygous HERG mutation causing severe neonatal long QT syndrome. *Pediatr Res*. 2003;53:744–748.
 10. Hoorntje T, Alders M, van Tintelen P, van der Lip K, Sreeram N, van der Wal A, Mannens M, Wilde A. Homozygous premature truncation of the HERG protein: the human HERG knockout. *Circulation*. 1999;100: 1264–1267.
 11. Schulze-Bahr E, Fenge H, Eitzrodt D, Haverkamp W, Monnig G, Wedekind H, Breithardt G, Kehl HG. Long QT syndrome and life threatening arrhythmia in a newborn: molecular diagnosis and treatment response. *Heart*. 2004;90:13–16.
 12. Arnestad M, Crotti L, Rognum TO, Insolia R, Pedrazzini M, Ferrandi C, Vege A, Wang DW, Rhodes TE, George AL Jr, Schwartz PJ. Prevalence of long-QT syndrome gene variants in sudden infant death syndrome. *Circulation*. 2007;115:361–367.
 13. Otagiri T, Kijima K, Osawa M, Ishii K, Makita N, Matoba R, Umetsu K, Hayasaka K. Cardiac ion channel gene mutations in sudden infant death syndrome. *Pediatr Res*. 2008;64:482–487.
 14. Tester DJ, McCormack J, Ackerman MJ. Prenatal molecular genetic diagnosis of congenital long QT syndrome by strategic genotyping. *Am J Cardiol*. 2004;93:788–791.
 15. Cuneo BF, Ovadia M, Strasburger JF, Zhao H, Petropoulos T, Schneider J, Wakai RT. Prenatal diagnosis and in utero treatment of torsades de pointes associated with congenital long QT syndrome. *Am J Cardiol*. 2003;91:1395–1398.
 16. Hamada H, Horigome H, Asaka M, Shigemitsu S, Mitsui T, Kubo T, Kandori A, Tsukada K. Prenatal diagnosis of long QT syndrome using fetal magnetocardiography. *Prenat Diagn*. 1999;19:677–680.
 17. Horigome H, Iwashita H, Yoshinaga M, Shimizu W. Magnetocardiographic demonstration of torsade de pointes in a fetus with congenital long QT syndrome. *J Cardiovasc Electrophysiol*. 2008;19:334–335.
 18. Zareba W, Moss AJ, Schwartz PJ, Vincent GM, Robinson JL, Priori SG, Benhorin J, Locati EH, Towbin JA, Keating MT, Lehmann MH, Hall WJ. Influence of genotype on the clinical course of the long-QT syndrome: International Long-QT Syndrome Registry Research Group. *N Engl J Med*. 1998;339:960–965.
 19. Beinder E, Grancay T, Menéndez T, Singer H, Hofbeck M. Fetal sinus bradycardia and the long QT syndrome. *Am J Obstet Gynecol*. 2001;185: 743–747.
 20. Trippel DL, Parsons MK, Gillette PC. Infants with long-QT syndrome and 2:1 atrioventricular block. *Am Heart J*. 1995;130:1130–1134.
 21. Moss AJ, Zareba W, Kaufman ES, Gartman E, Peterson DR, Benhorin J, Towbin JA, Keating MT, Priori SG, Schwartz PJ, Vincent GM, Robinson JL, Andrews ML, Feng C, Hall WJ, Medina A, Zhang L, Wang Z. Increased risk of arrhythmic events in long-QT syndrome with mutations in the pore region of the human ether-a-go-go-related gene potassium channel. *Circulation*. 2002;105:794–799.
 22. Nagaoka I, Shimizu W, Itoh H, Yamamoto S, Sakaguchi T, Oka Y, Tsuji K, Ashihara T, Ito M, Yoshida H, Ohno S, Makiyama T, Miyamoto Y, Noda T, Kamakura S, Akao M, Horie M. Mutation site dependent variability of cardiac events in Japanese LQT2 form of congenital long-QT syndrome. *Circ J*. 2008;72:694–699.
 23. Miura M, Yamagishi H, Morikawa Y, Matsuoka R. Congenital long QT syndrome and 2:1 atrioventricular block with a mutation of the SCN5A gene. *Pediatr Cardiol*. 2003;24:70–72.
 24. Lupoglazoff JM, Cheav T, Baroudi G, Berthet M, Denjoy I, Cauchemez B, Extramiana F, Chahine M, Guicheney P. Homozygous SCN5A mutation in long-QT syndrome with functional two-to-one atrioventricular block. *Circ Res*. 2001;89:e16–e21.
 25. Benson DW, Wang DW, Dymont M, Knilans TK, Fish FA, Strieper MJ, Rhodes TH, George AL Jr. Congenital sick sinus syndrome caused by recessive mutations in the cardiac sodium channel gene (SCN5A). *J Clin Invest*. 2003;112:1019–1028.
 26. Hansen RS, Olesen SP, Grunnet M. Pharmacological activation of rapid delayed rectifier potassium current suppresses bradycardia-induced triggered activity in the isolated Guinea pig heart. *J Pharmacol Exp Ther*. 2007;321:996–1002.
 27. Ten Harkel AD, Witsenburg M, de Jong PL, Jordaens L, Wijman M, Wilde AA. Efficacy of an implantable cardioverter-defibrillator in a neonate with LQT3 associated arrhythmias. *Europace*. 2005;7:77–84.

CLINICAL PERSPECTIVE

The congenital long-QT syndrome (LQTS) diagnosed at perinatal life and through infancy is associated with high morbidity and mortality rates. However, data on the clinical presentation and genotype-phenotype correlation of this youngest age group of LQTS are limited. A nationwide survey was conducted in Japan, and 58 cases (18 fetuses, 31 neonates and 9 infants) were registered. Among them, the peak age at diagnosis was 0 to 2 days, and the 3 most frequent clinical presentations included sinus bradycardia, ventricular tachycardia/torsades de pointes, and atrioventricular block. The genotype was confirmed in 29 (71%) of 41 patients who underwent genotyping; the incidence resembled that of child LQTS. Patients who presented with early-onset ventricular tachycardia/torsades de pointes and atrioventricular block were almost exclusively those with LQT2 and LQT3 among the 3 major genes, but a considerable number of genetically unidentified ones were included. Sudden cardiac death/aborted cardiac arrest were prevalent in the latter. LQT1 patients tended to show only sinus bradycardia or positive family history of LQTS. These results mean that many life-threatening episodes observed in early-onset LQTS should be treated immediately and aggressively even without knowledge of the genotype. On the other hand, the present study was encouraging in that the outcome of patients was favorable with multiple pharmaceutical agents, typically with β -blockers, mexiletine, and magnesium and with pacemaker implantation/implantable cardioverter-defibrillator, independent of the genotype. Further application of gene testing is needed to establish the most appropriate genotype-specific strategy for these patients.

P wave and the development of atrial fibrillation

Katsuya Ishida, MD,* Hideki Hayashi, MD, PhD,* Akashi Miyamoto, MD,* Yoshihisa Sugimoto, MD, PhD,* Makoto Ito, MD, PhD,* Yoshitaka Murakami, PhD,[†] Minoru Horie, MD, PhD*

From the *Department of Cardiovascular and Respiratory Medicine, Shiga University of Medical Science, Shiga, Japan, and [†]Department of Health Science, Shiga University of Medical Science, Shiga, Japan.

BACKGROUND Terminal P-wave inversion in lead V₁ representing left atrial overload has been considered a precursor of atrial fibrillation (AF).

OBJECTIVE The purpose of this study was to determine whether this P-wave morphologic characteristic can predict the development of AF.

METHODS Digital analysis of 12-lead ECGs was performed to enroll patients with P terminal force $\geq 0.06 \text{ s} \times 2 \text{ mm}$ in lead V₁ from among a database of 308,391 ECG recordings. The prognostic value of ECG characteristics for developing AF was determined.

RESULTS A total of 78 patients (mean age 52 ± 19 years) with left atrial overload were chosen from among 102,065 patients in the database. During mean follow-up of 43 months, 15 (19%) patients developed AF (AF group) versus 63 (81%) patients who did not (non-AF group). No significant difference was noted between the AF and non-AF groups with regard to the area, duration, and amplitude of the P-wave terminal portion in lead V₁. In

contrast, the area, duration, and amplitude of the P-wave initial portion in the same lead were significantly greater in the AF group than in the non-AF group ($114.6 \pm 73.0 \mu\text{V} \times \text{ms}$ vs $73.1 \pm 59.3 \mu\text{V} \times \text{ms}$, $42.2 \pm 12.4 \text{ ms}$ vs $35.7 \pm 10.1 \text{ ms}$, and $94.0 \pm 39.9 \mu\text{V}$ vs $68.8 \pm 49.4 \mu\text{V}$, respectively; $P < .05$ for each). Multivariate analysis confirmed that the area of the P-wave initial portion was independently associated with the development of AF (hazard ratio 4.02, 95% confidence interval 1.25–17.8; $P = .018$).

CONCLUSION P-wave initial portion in lead V₁ was an independent risk stratifier of AF development in patients with marked left atrial overload.

KEYWORDS Atrium; Electrocardiography; Fibrillation; Prognosis

ABBREVIATIONS AF = atrial fibrillation; CI = confidence interval; ECG = electrocardiogram; LA = left atrium; RA = right atrium

(Heart Rhythm 2010;7:289–294) © 2010 Heart Rhythm Society. All rights reserved.

Introduction

The P wave reflects electrical depolarization of both the right atrium (RA) and the left atrium (LA). When the P wave is biphasic in lead V₁, the positive initial portion and the negative terminal portion of the P wave represent depolarization of the RA and the LA, respectively.^{1,2} Morris et al³ reported that the magnitude of the negative terminal portion of the P wave, calculated as the algebraic product of the duration and amplitude (P terminal force) in precordial lead V₁, was significantly larger in patients with various valvular heart diseases than in normal subjects. In their study, the P terminal force was associated with mitral valve area and increased LA pressure. The magnitude of the P terminal force has been shown to be associated with LA enlargement as revealed by transthoracic echocardiography.^{4,5} These findings suggest that the negative terminal portion of the P wave in lead V₁ is a sign of pressure and volume overload in the LA, which may lead to structural and functional remodeling in the LA. Because atrial fibril-

lation (AF) often occurs and/or recurs in the remodeled LA,⁶ the increased P terminal force may underlie the generation of AF. The increased P terminal force is observed not only in valvular heart diseases but also in other heart diseases, including hypertension, myocardial infarction, and cardiomyopathy.^{7,8} These disorders potentially underlie the generation of AF. However, little is known about whether P terminal force occurring in those disorders is associated with a prognostic risk for the development of AF. Prolonged P-wave duration is a useful predictor of AF development.^{9,10} The signal-averaged P-wave electrocardiogram (ECG) has a significant role in identifying patients who are susceptible to paroxysmal AF and in predicting the progression from paroxysmal to permanent AF.¹¹ Measurement of signal-averaged P-wave duration requires a dedicated system, which is not widely available in general clinical practice. In contrast, standard 12-lead ECGs can be conveniently recorded, and automatic analysis of 12-lead ECG recordings yields information to clinicians. In our university hospital, more than 300,000 ECGs obtained from more than 100,000 patients are available for digital analysis. Using this large database, we performed a retrospective cohort study to investigate whether terminal P-wave inversion in lead V₁ predicts the development of AF.

Address reprint requests and correspondence: Dr. Hideki Hayashi, Department of Cardiovascular and Respiratory Medicine, Shiga University of Medical Science, Otsu, Shiga 520-2192, Japan. E-mail address: hayashih@belle.shiga-med.ac.jp. (Received October 11, 2009; accepted November 9, 2009.)

Methods

Database

We constructed a database for analyzing resting 12-lead ECGs recorded in our hospital, which is associated with the Shiga University of Medical Science. A total of 102,065 patients (49,286 females and 52,779 males) who had undergone ECG recordings between January 1983 and October 2008 were collected in our database, and a total of 308,391 ECG recordings were performed during this period. Twelve leads were simultaneously acquired. The 12-lead ECG was recorded for 10 seconds at a sweep speed of 25 mm/s and calibrated to 1 mV/cm in the standard leads. ECG signals were recorded at an interval of 2 ms (i.e., 500 Hz). Digital data were stored on a computer server with 12-bit resolution. From the database, patients who fulfilled ECG criteria of LA overload were chosen using the analysis software MUSE7.1 (GE Marquette Medical Systems, Inc., Milwaukee, WI, USA). Computer-processed ECGs defined LA overload criteria as follows. (1) ECGs displaying biphasic P wave in lead V_1 were chosen. (2) The P wave was divided into the positively deflected portion in the initial P wave and the negatively deflected portion in the terminal P wave. (3) The terminal P wave in lead V_1 with duration ≥ 0.06 second and amplitude ≤ -0.2 mV (i.e., P terminal force ≥ 0.12) was considered as meeting LA overload criteria in this study (Figure 1).

Study participants

From our database, 78 participants who had marked LA overload were selected and assessed for the development of AF. A control group of 234 participants who did not have LA overload also was selected (1:3 matching). Individual matching was performed accounting for confounders (age, gender, date when ECG was taken), and when control candidates numbered more than three, the three controls were chosen randomly from among the candidates. The research

protocol was approved by the Ethical Committee of Shiga University of Medical Science (19–75).

Digital analysis of ECG

The MUSE7.1 software detected identical P waves using a template matching technique. A point that had an area ≥ 160 $\mu\text{V}/\text{ms}$ from the baseline level was considered to be P-wave onset, and a point that had an area ≤ 160 $\mu\text{V}/\text{ms}$ from the baseline level was considered to be P-wave offset. The duration, amplitude, and area of total P wave, initial P wave, and terminal P wave in lead V_1 were measured using matrix parameters available in MUSE7.1. P-wave area was constructed by integrating the duration and amplitude. Duration \times amplitude of P-wave initial and terminal portions in lead V_1 were calculated as force values. These variables were composed using the average value of the P wave during 10 seconds of recording time. Because all measurements of 12-lead ECGs were performed digitally using MUSE7.1, neither intraobserver nor interobserver variability occurred in this study.

Statistical analysis

The occurrence of AF was set as an endpoint, and the prognostic factors for developing AF were explored in the analysis. Patients whose ECG exhibited AF during the follow-up period (AF group) were compared with patients who did not (non-AF group). The follow-up period was defined as the interval between the first day when an ECG with LA overload was recorded and the first day when an ECG displaying AF was recorded in the AF group, or the interval between the first day when an ECG with LA overload was recorded and the latest day when an ECG with LA overload was recorded in the non-AF group. The occurrence of death from any cause during the follow-up period was assessed by mail questionnaire. Written informed consent was obtained from all patients. Data are given as mean \pm SD or percentage, and group comparisons were made using t-test or Mann-Whitney test, as appropriate. Categorical variables were compared using the Fisher exact test. Comparison of AF occur-

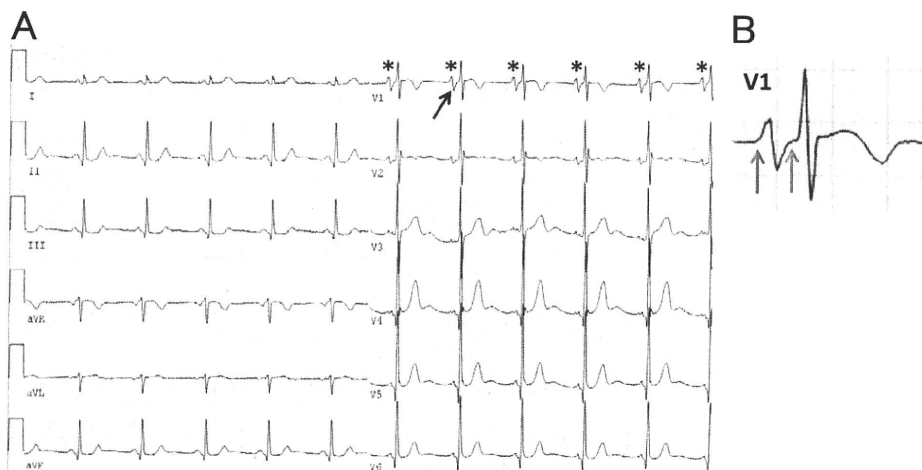


Figure 1 A: Twelve-lead ECG showing typical pattern of left atrial overload in lead V_1 . Red arrow indicates P-wave negative terminal portion in lead V_1 . Asterisks indicate P waves with identical morphology detected by template matching. B: Magnified ECG trace of lead V_1 . Blue arrow indicates P-wave onset. Green arrow indicates P-wave offset.

rence between patients with LA overload and control patients was performed by logistic regression analysis and reported as odds ratio with 95% confidence interval (CI). Kaplan-Meier curves were used for determining the difference between two groups, and log rank test was used for examining the difference. Cox proportional hazard regression was used to estimate multivariate adjusted hazard ratios accounting for confounders (age, sex, cause of heart disease, ECG variables of P wave). All statistical tests were two-tailed, and $P < .05$ was considered significant.

Results

Atrial fibrillation

A total of 78 patients (mean age 52 ± 19 years) who fulfilled ECG criteria of marked LA overload were selected from our database using the GE Marquette 12SL ECG analysis program and enrolled for ECG analysis in this study. Of these patients, 15 (19%) developed AF (AF group), whereas 63 did not present AF (non-AF group). The control group consisted of 234 patients who were well matched for age (52 ± 19 years) and gender (78 women and 156 men; Table 1). AF developed in 3 (1.3%) of 234 control patients. The incidence of AF in patients with marked LA overload was 15-fold higher than that in control patients ($P < .001$). The odds ratio for occurrence of AF in patients with LA overload compared with control patients was 18.3 (95% CI 5.15–65.3). The mean follow-up period of the control patients was significantly longer than that of the patients with LA overload (78 ± 73 months vs 43 ± 52 months; $P < .001$). Kaplan-Meier survival analysis is shown in Figure 2. The AF-free event rate was significantly higher ($P < .001$) in patients with LA overload than in control patients (hazard ratio 24.5, 95% CI 7.94–107.3).

Characteristics of the patients

The clinical characteristics of patients in the AF and non-AF groups are listed in Table 2. The mean follow-up period of the AF group and non-AF group averaged 45 ± 61 months and 43 ± 50 months, respectively ($P = .93$). No significant difference with regard to age and sex was disclosed between the AF and non-AF groups. The average age at ECG documentation of AF was 59 ± 13 years. In the AF group, 14 (93%) of 15 patients had structural heart diseases such as hypertension, myocardial infarction, valvular heart diseases, and nonischemic cardiomyopathy. In contrast, structural

Table 1 Comparison of characteristics of control patients and patients with left atrial overload

	Control	Left atrial overload
No. of patients	214	78
Age (years)	52.4 ± 19.3	52.4 ± 19.3
Male [n (%)]	156 (66.7)	52 (66.7)
Follow-up period (months)	$78.0 \pm 72.9^*$	43.3 ± 52.0

Values are given as mean \pm SD unless otherwise indicated. * $P < .001$ vs patients with left atrial overload.

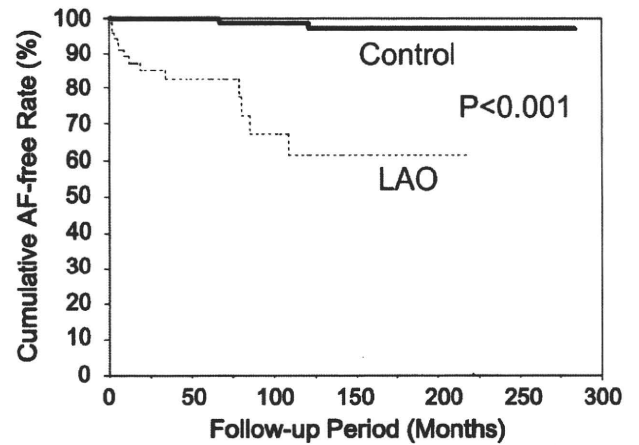


Figure 2 Kaplan-Meier estimates of atrial fibrillation (AF)-free event rate in patients with left atrial overload (LAO) and control patients. The difference between the two groups was significant ($P < .001$ by log rank test).

heart disease was present in 46 (73%) of 63 patients in the non-AF group ($P = .081$). The presence of hypertension was more frequent in the AF group than in the non-AF

Table 2 Characteristics of the patients

Characteristic	AF group (n = 15)	Non-AF group (n = 63)	P value
Age (years)	55.8 ± 14.7	51.6 ± 20.3	.22
Gender (male/female)	10/5	42/21	1
Structural heart disease	14 (93)	46 (73)	.063
Hypertension	9 (60)	20 (31)	.045
Valvular heart disease	7 (47)	16 (25)	.12
Myocardial infarction	0 (0)	8 (13)	.06
Nonischemic cardiomyopathy	3 (20)	15 (24)	.66
Hypertrophic cardiomyopathy	3 (20)	7 (11)	.38
Dilated cardiomyopathy	0 (0)	8 (13)	.06
NYHA functional class I/II/III/IV	13/2/0/0	30/28/5/0	.80
Left ventricular ejection fraction (%)	63.2 ± 9.89	54.0 ± 18.5	.04
Antiarrhythmic drug			
Class IA	6	2	.01
Class IC	1	1	.32
Class III	1	0	.07
Diuretic	5	21	.70
Beta blocker	5	9	.32
Calcium antagonist	2	14	.44
Angiotensin II receptor blockade	1	2	.55
Angiotensin-converting enzyme inhibitor	3	8	.48
Nitrate	3	11	.81
Digitalis	5	15	.37
Oral anticoagulant	5	11	.14
Aspirin	3	5	.20

Values are given number, number (%), or mean \pm SD. AF = atrial fibrillation; NYHA = New York Heart Association.

group (odds ratio 3.2, 95% CI 1.01–10.3; $P = .04$), but other structural heart diseases showed no significant difference between the two cohort groups. Of note, the prevalence of both hypertension and valvular heart disease was significantly higher in the AF group (4/15 [26.7%]) than in the non-AF group (3/63 [4.8%]; odds ratio 7.3, 95% CI 1.4–37.1; $P = .018$).

Characteristics of ECG

ECG characteristics are listed in Table 3. No significant difference with regard to heart rate and frontal plane P-wave axis was seen between the AF and non-AF groups. The total duration of P wave in lead V_1 was significantly longer in the AF group than in the non-AF group. In contrast, the total amplitude (amplitude from top to bottom level) of the P wave in lead V_1 was not significant between the two groups.

For the two cohorts, we first evaluated the P-wave terminal portion in lead V_1 , which was assigned as a marker for choosing patients from the database in the study. Table 4 (top) lists measurements of the P-wave terminal portion in lead V_1 . The area of the P-wave terminal portion did not differ between the AF and non-AF groups. Neither the duration nor the amplitude of the P-wave terminal portion was different between the AF and non-AF groups. The same was true for the P-wave terminal force between the two groups. Because no significant difference in P-wave terminal portion in lead V_1 was observed between the AF and non-AF groups, we then estimated the initial portion of P wave in lead V_1 . Table 4 (bottom) lists measurements of the P-wave initial portion in lead V_1 . The area of the P-wave initial portion was significantly larger in the AF group than in the non-AF group. The duration of the P-wave initial portion was significantly longer in the AF group than in the non-AF group, and the amplitude of the P-wave initial portion was significantly higher in the AF group than in the non-AF group. Therefore, the P-wave initial force was significantly greater in the AF group than in the non-AF group.

AF development

Based on the significant association of the P-wave initial portion in lead V_1 with AF development, the AF-free event rate was estimated according to the area of P-wave initial portion. Using receiver operating characteristic analysis, the sensitivity and specificity of P-wave initial portion in response to developing AF were maximized by the area of P-wave initial portion of 65 (relative risk 4.0, 95% CI 1.2–13.1). Kaplan-Meier life-table analysis is shown in Fig-

Table 4 Measurements of P wave in lead V_1

Measurement	AF group	Non-AF group	<i>P</i> value
Terminal Portion			
Duration (ms)	84.5 ± 15.0	80.1 ± 12.5	.123
Amplitude (μV)	-216.7 ± 20.1	-234.0 ± 40.0	.108
Area (μV × ms)	468.2 ± 155.0	477.7 ± 139.5	.41
Terminal force (s × μV)	18,491 ± 5,149	18,779 ± 4,584	.42
Initial Portion			
Duration (ms)	42.2 ± 12.4	35.7 ± 10.1	.018
Amplitude (μV)	94.0 ± 39.9	68.8 ± 49.4	.035
Area (μV × ms)	114.6 ± 73.0	73.1 ± 59.3	.011
Initial force (s × μV)	4,346.7 ± 2,712	2,650.3 ± 2,375	.0089

ure 3. The area of the P-wave initial portion was associated with a significant difference of AF-free event rate between patients with area of P-wave initial portion ≥ 65 ($n = 39$) and those with area of P-wave initial portion < 65 ($n = 39$; hazard ratio 4.02, 95% CI 1.25–17.8; $P = .02$). The rate of use of Class I antiarrhythmic drugs was identical between patients with area of P-wave initial portion ≥ 65 and those with area of P-wave initial portion < 65 (10% vs 8%; $P = .72$). Because age is an important factor affecting the development of AF, the AF-free event rate was compared between patients < 65 years old ($n = 55$) and those ≥ 65 years ($n = 23$). No significant difference was seen with regard to age (hazard ratio age ≥ 65 years to age < 65 years = 2.39, 95% CI 0.72–7.19; $P = .12$). The AF-free event rate between patients with and those without hypertension was compared because hypertension was more prevalent in the AF group than in the non-AF group, but the presence of hypertension did not significantly affect the development of AF (hazard ratio of presence to absence of hypertension = 1.4, 95% CI 0.4–4.4; $P = .54$). In addition, no significant gender difference was found with regard to the AF-free

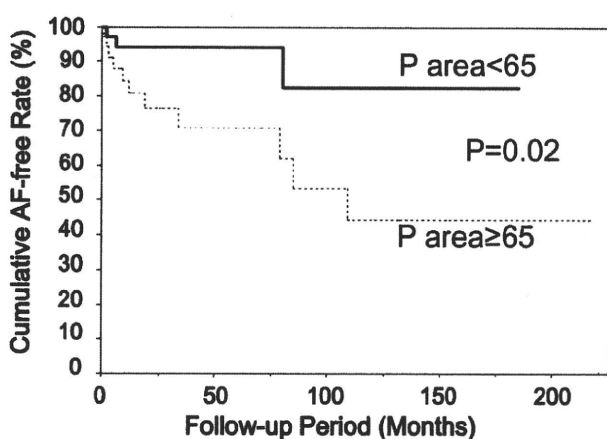


Figure 3 Kaplan-Meier estimates of atrial fibrillation (AF)-free event rate in patients with left atrial overload according to the area of P-wave initial portion in lead V_1 . The AF-free event rate in patients with area of P-wave initial portion ≥ 65 $\mu\text{V} \times \text{ms}$ was significantly lower than in those with area of P-wave initial portion < 65 $\mu\text{V} \times \text{ms}$ ($P = .02$).

Table 3 Characteristics of ECG

Measurement	AF group	Non-AF group	<i>P</i> value
Heart rate (bpm)	69.0 ± 22.4	84.1 ± 19.3	.99
P-wave axis (°)	60.5 ± 20.5	61.9 ± 14.3	.62
P wave (ms) in lead V_1			
Total duration (ms)	126.7 ± 14.8	115.8 ± 16.7	.012
Total amplitude (μV)	310.7 ± 15.8	302.9 ± 64.9	.33

Table 5 Probability of AF development during follow-up based on clinical and ECG variables

	Hazard ratio	95% Confidence interval	P value
P area $\geq 65 \mu\text{V} \times \text{ms}$	4.07	1.16–19.4	.02
P area $< 65 \mu\text{V} \times \text{ms}$	1	—	—
Age ≥ 65 years	1.96	0.56–6.18	.28
Age < 65 years	1	—	—
Hypertension	0.91	0.27–3.09	.87
No hypertension	1	—	—
Male	0.79	0.23–2.88	.71
Female	1	—	—

AF = atrial fibrillation; ECG = electrocardiographic.

event rate (hazard ratio of male to female 1.0, 95% CI 0.3–3.3; $P = .99$).

Multivariate analysis confirmed that the area of P-wave initial portion was independently associated with an increased propensity for development of AF (Table 5). After adjustment for age and gender, the hazard ratio for AF development was 4.07 (95% CI 1.16–19.4; $P = .02$). The level of the area of P-wave initial portion in lead V_1 was compared in patients with and those without hypertension. The area of P-wave initial portion in lead V_1 was not significantly different between patients with and those without hypertension (84 ± 59 vs 80 ± 67 , respectively; $P = .80$) and was not significantly different between patients ≥ 65 years old and those < 65 years (86 ± 67 vs 79 ± 62 ; $P = .69$). In addition, gender was not significantly related to the area of P-wave initial portion (male 83 ± 61 , female 77 ± 70 ; $P = .68$), nor was left ventricular ejection fraction ($R^2 = 0.00048$, $P = .86$ by linear regression analysis).

Discussion

Since the early description of an asynchrony of atrial depolarization by Reynolds,¹² several studies reported P-wave abnormality suggesting LA enlargement.^{13–15} In 1964, Morris et al³ advanced this concept as representing LA overload. They proposed that P terminal force > 0.04 second in duration and > 0.1 mV in depth at lead V_1 was associated with hemodynamically strained LA in various valvular heart diseases. Since then, increased P terminal force in lead V_1 has been considered a probable precursor to development of AF, as patients with such disorders likely suffer from AF. In this study, we systematically tested in a large size of population the hypothesis that P wave with LA overload is linked to the development of AF. Consistent with previous epidemiologic studies,^{16,17} AF occurred in a few percentage of control patients in this study but occurred at a substantially higher incidence in AF patients with LA overload. Our results confirmed that when LA overload was present, the magnitude of overload in the RA could be independently attributed to the development of AF, indicating that analysis of P wave in lead V_1 deserves consideration for predicting AF. This is an important for clinicians. The measurements of P wave in our study were performed using 12-lead ECG recordings, which are commonly available in clinical practice.

Moreover, computer-based measurements were performed at high resolution for data analysis of P-wave variables, which provides precise reproducibility.

P wave and AF

A principal aim of this study was to establish the prognostic importance of the P wave in lead V_1 . The terminal portion of the P wave in lead V_1 has been associated with electrical depolarization of the LA alone in humans¹⁸ and in dogs.¹⁹ Using angiocardiology, Miller and Spertus²⁰ showed a correlation of marked negative component in leads V_1 and V_2 with LA enlargement. Subsequently, Morris et al³ showed a significant correlation of the magnitude of P terminal force with severity of hemodynamic abnormality. The P terminal portion in lead V_1 is composed of several factors: (1) anatomic shift of the LA to the posterior side by hemodynamic strain, (2) enlarged LA size, (3) LA hypertrophy, and (4) reduced conduction velocity in the LA.^{8,21,22} These factors are also attributed to prolonged P-wave duration. We used a much larger P terminal force for patient selection in this study than did Morris et al. Therefore, it is reasonable to speculate that patients included in this study have a high probability of AF occurrence. Indeed, compatible with this assumption, patients with marked LA overload developed AF at a substantially higher rate than did control patients. This finding indicates that increased magnitude of P-wave terminal portion in lead V_1 is a useful marker for predicting the development of AF. Furthermore, in the current study, the increased P-wave terminal portion provided information on predictivity of AF when the P-wave initial portion in lead V_1 was additively estimated. Regardless of the magnitude of the P-wave terminal portion in lead V_1 , however, the magnitude of the P-wave initial portion in lead V_1 was attributed to the development of AF. This finding indicates that overload in the RA may be critical to the development of AF, and atrial vulnerability to fibrillation is likely to increase when both atria are overloaded. In addition to LA overload, electrophysiologic abnormality in the RA may increase susceptibility to AF development. Although depolarization originating from the atrial septum and/or left atrium may participate in part of the P-wave initial portion, the P-wave initial portion in lead V_1 mainly represents depolarization of the RA. Thus, our data indicate the importance of evaluating whether or not the RA is overloaded when LA overload is present. Although Class I antiarrhythmic drugs were used more frequently in the AF group than in the non-AF group, the drugs were administered similarly between two groups dichotomized according to the area of P-wave initial portion, thereby indicating that overload in the RA is an independent prognostic marker of AF.

P-wave features observed in this study reflect electrophysiologic and structural remodeling of the atrium that predisposes to the development of AF. Increased P-wave duration results from either slow conduction or an enlarged atrium. The former shortens wavelength, and the latter provides a sufficient area for reentry to occur. These pathophysiologic changes are linked to the maintenance of AF.⁶

Increased intracardiac pressure of the left ventricle may cause LA remodeling, which is likely to occur in patients with structural heart disease. Disturbed transmitral blood flow due to elevated diastolic pressure in the left ventricle may induce heterogeneous distribution of the atrial refractory period. Structural remodeling, as occurs with interstitial fibrosis and connexin redistribution, causes anisotropic conduction or discontinuous propagation. In hypertrophied atrial myocytes, triggered activity, such as early and delayed afterdepolarizations, is prone to occur.^{23,24} The present study showed that an increased magnitude of P-wave initial force in lead V₁ was associated with a higher rate of AF development. This finding suggests that when a substrate develops in the RA in addition to the LA, susceptibility to the development of AF may increase.

Study limitations

Because the retrospective cohort study was conducted using ECGs recorded in our hospital, several limitations are inherent. First, we determined AF development by reviewing past ECGs, but recordings of AF might have been missed if AF terminated spontaneously before the ECGs were recorded in the hospital. Because no AF can be documented during follow-up of a patient who suffered from transient AF, this patient was classified into the non-AF group, and the AF-free duration appears longer than the true AF-free duration. Second, in the present study, LA overload was defined based on the P-wave terminal portion in lead V₁. Although this ECG marker is representative of LA overload, surrounding tissue of the heart (e.g., fat and lung) may affect the amplitude and area of the P-wave terminal portion in lead V₁, indicating that how precisely the P-wave terminal portion reflected LA overload might differ depending on the individual. Third, because our study included patients who underwent ECG recording in our hospital, the risk of AF in the study population undoubtedly is greater than that in the general population. Therefore, this factor should be considered when our results are extrapolated to a broader population.

Clinical implications

AF is one of the most common cardiac rhythm disorders; however, useful ECG identification of patients at greatest risk for developing AF remains the preeminent challenge to physicians who care for AF-prone patients. Assessment of signal-averaged ECGs of P wave has served as the principal noninvasive means of determining AF risk. This method, which estimates vulnerability to AF, is fundamentally based on delayed conduction, which may provide the substrate for reentry. Consistent with signal-averaged ECG, our ECG parameters also reflect interatrial conduction disturbance. Our data indicate that P-wave analysis using standard 12-lead ECG recordings could successfully detect a risk stratifier of AF. In addition, our quantitative relationship between P wave and vulnerability to AF could be exploited to define the risk of AF development and determine which patients are most likely to benefit from preventive anticoagulant therapy. Our results suggest that coexistence of overload in the RA and the LA may be

useful for evaluating some patients. For example, screening patients with palpitations might provide a means for identifying those at high risk for AF development. In order to make measurement of the P wave a widely available marker for patients, improvements of the automatic algorithm for analysis of 12-lead ECGs are needed to predict AF in a timely fashion.

Acknowledgements

We thank Kahaku Emoto, Seiichi Fujisaki, and Tatsumi Uchiyama (GE Yokokawa Medical System Co.) for technical assistance.

References

1. Abildskov JA, Cronvich JA, Burch GE. An analysis of activation in human atria. *Circulation* 1955;11:97-105.
2. Haywood LJ, Selvester RH. Analysis of right and left atrial vectorcardiograms. Timed records of 100 normal persons. *Circulation* 1966;33:577-587.
3. Morris JJ Jr, Estes EH Jr, Whalen RE, Thompson HK Jr, McIntosh HD. P-wave analysis in valvular heart disease. *Circulation* 1964;29:242-252.
4. Munuswamy K, Alpert MA, Martin RH, Whiting RB, Mechlin NJ. Sensitivity and specificity of commonly used electrocardiographic criteria for left atrial enlargement determined by M-mode echocardiography. *Am J Cardiol* 1984;53:829-832.
5. Hazen MS, Marwick TH, Underwood DA. Diagnostic accuracy of the resting electrocardiogram in detection and estimation of left atrial enlargement: an echocardiographic correlation in 551 patients. *Am Heart J* 1991;122:823-828.
6. Allesie M, Ausma J, Schotten U. Electrical, contractile and structural remodeling during atrial fibrillation. *Cardiovasc Res* 2002;54:230-246.
7. Shettigar UR, Barry WH, Hultgren HN. P wave analysis in ischaemic heart disease. An echocardiographic, haemodynamic, and angiographic assessment. *Br Heart J* 1977;39:894-899.
8. Josephson ME, Kastor JA, Morganroth J. Electrocardiographic left atrial enlargement. Electrophysiologic, echocardiographic and hemodynamic correlates. *Am J Cardiol* 1977;39:967-971.
9. Ciaroni S, Cuenoud L, Bloch A. Clinical study to investigate the predictive parameters for the onset of atrial fibrillation in patients with essential hypertension. *Am Heart J* 2000;139:814-819.
10. De BD, Willekens J, De BG. Long-term prognostic value of p-wave characteristics for the development of atrial fibrillation in subjects aged 55 to 74 years at baseline. *Am J Cardiol* 2007;100:850-854.
11. Guidera SA, Steinberg JS. The signal-averaged P wave duration: a rapid and noninvasive marker of risk of atrial fibrillation. *J Am Coll Cardiol* 1993;21:1645-1651.
12. Reynolds G. The atrial electrogram in mitral stenosis. *Br Heart J* 1953;15:250-258.
13. Martinez DE Oliv, Zimmerman HA. Auricular overloads: electrocardiographic analysis of 193 cases. *Am J Cardiol* 1959;3:453-471.
14. Soloff LA, Zatulni J. Relationship of the P wave to left atrial volume in rheumatic heart disease with mitral stenosis. *Am J Med Sci* 1958;235:290-296.
15. Revalo AC, Spagnuolo M, Feinstein AR. A simple electrocardiographic indication of left atrial enlargement. A study of young patients with rheumatic heart disease. *JAMA* 1963;185:358-362.
16. Feinberg WM, Blackshear JL, Laupacis A, Kronmal R, Hart RG. Prevalence, age distribution, and gender of patients with atrial fibrillation. Analysis and implications. *Arch Intern Med* 1995;155:469-473.
17. Tanizaki Y, Kiyohara Y, Kato I, et al. Incidence and risk factors for subtypes of cerebral infarction in a general population: the Hisayama study. *Stroke* 2000; 31:2616-2622.
18. Wenger R, Hofmann-Credner D. Observations on the atria of the human heart by direct and semidirect electrocardiography. *Circulation* 1952;5:870-877.
19. Puech P, Esclavissat M, Sodi-Pallares D, Cisneros F. Normal auricular activation in the dog's heart. *Am Heart J* 1954;47:174-191.
20. Miller HI, Spertus I. P wave changes reflecting atrial morphology. *Dis Chest* 1964;46:578-591.
21. Sutnick AI, Soloff LA. Posterior rotation of the atrial vector. An electrocardiographic sign of left ventricular failure. *Circulation* 1962;26:913-916.
22. Gooch AS, Calatayud JB, Gorman PA, Saunders JL, Caceres CA. Leftward shift of the terminal P forces in the ECG associated with left atrial enlargement. *Am Heart J* 1966;71:727-733.
23. Benjamin EJ, Chen PS, Bild DE, et al. Prevention of atrial fibrillation: report from a national heart, lung, and blood institute workshop. *Circulation* 2009;119: 606-618.
24. Nattel S. New ideas about atrial fibrillation 50 years on. *Nature* 2002;415:219-226.

High prevalence of early repolarization in short QT syndrome

Hiroshi Watanabe, MD, PhD, FESC,* Takeru Makiyama, MD, PhD,[†] Taku Koyama, MD,[‡] Prince J. Kannankeril, MD, MSCI,[¶] Shinji Seto, MD,[§] Kazuki Okamura, MD, PhD,^{||} Hirotaka Oda, MD, PhD,^{||} Hideki Itoh, MD, PhD,^{**} Masahiko Okada, MD, PhD,^{††} Naohito Tanabe, MD, PhD,^{‡‡} Nobue Yagihara, MD,* Shiro Kamakura, MD, PhD,[‡] Minoru Horie, MD, PhD,^{**} Yoshifusa Aizawa, MD, PhD,* Wataru Shimizu, MD, PhD[‡]

From the *Division of Cardiology, Niigata University Graduate School of Medical and Dental Sciences, Niigata, Japan, [†]Department of Cardiovascular Medicine, Kyoto University Graduate School of Medicine, Kyoto, Japan, [‡]Division of Cardiology, Department of Internal Medicine, National Cardiovascular Center, Suita, Japan, [¶]Department of Pediatrics, Vanderbilt University School of Medicine, Nashville, Tennessee, [§]Department of Cardiology, Inoue Hospital, Nagasaki, Japan, ^{||}Department of Cardiology, Niigata City General Hospital, Niigata, Japan, ^{**}Department of Cardiovascular and Respiratory Medicine, Shiga University of Medical Science, Shiga, Japan, ^{††}Department of Laboratory Medicine, Niigata University Graduate School of Medical and Dental Sciences, Niigata, Japan, and ^{‡‡}Division of Health Promotion, Niigata University Graduate School of Medical and Dental Sciences, Niigata, Japan.

BACKGROUND Short QT syndrome (SQTS) is characterized by an abnormally short QT interval and sudden death. Due to the limited number of cases, the characteristics of SQTS are not well understood. It has been reported recently that early repolarization is associated with idiopathic ventricular fibrillation and the QT interval is short in patients with early repolarization.

OBJECTIVE The purpose of this study was to study the association between early repolarization and arrhythmic events in SQTS.

METHODS The study consisted of three cohorts: SQTS cohort (N = 37), control cohort with short QT interval and no arrhythmic events (N = 44), and control cohort with normal QT interval (N = 185). ECG parameters were compared among the study cohorts.

RESULTS Heart rate, PR interval, and QRS duration were similar among the three study cohorts. Early repolarization was more common in the SQTS cohort (65%) than in the short QT control cohort (30%) and the normal QT control cohort (10%). Duration from T-wave peak to T-wave end was longer in the SQTS cohort

than in the short QT control cohort, although QT and corrected QT intervals were similar. In the SQTS cohort, there were more males among patients with arrhythmic events than in those with a family history but without arrhythmic events. In multivariate models, early repolarization was associated with arrhythmic events in the SQTS cohort. ECG parameters including QT and QTc intervals were not associated with arrhythmic events in the SQTS cohort.

CONCLUSION There is a high prevalence of early repolarization in patients with SQTS. Early repolarization may be useful in identifying risk of cardiac events in SQTS.

KEYWORDS Arrhythmia; Electrocardiogram; QT interval; Repolarization; Sudden death

ABBREVIATIONS QTc = corrected QT interval; SQTS = short QT syndrome

(Heart Rhythm 2010;7:647–652) © 2010 Heart Rhythm Society. All rights reserved.

Introduction

The short QT syndrome (SQTS) is characterized by an abnormally short QT interval and increased risk of ventricular fibrillation and sudden death.^{1,2} Similar to other arrhythmia syndromes, such as long QT syndrome and Brugada syndrome,³ SQTS is a genetically heterogeneous disease, and, to date, five responsible genes encoding different ion channels have been identified.^{3–7} Some inherited

arrhythmia syndromes may share genetic backgrounds that result in overlapping arrhythmia phenotypes.³

Although early repolarization is generally considered benign,⁸ it has been reported recently that early repolarization is associated with increased risk for sudden cardiac death in patients with idiopathic ventricular fibrillation.^{9–12} Haissaguerre et al⁹ reported that, among patients with idiopathic ventricular fibrillation, the QT interval was shorter in patients with early repolarization than in those without, suggesting an association between early repolarization and QT interval shortening. Evidence that mutations in calcium channel genes are associated with Brugada-type ST-segment elevation and abnormally short QT intervals further suggests a relationship between early phase repolarization abnormalities and short QT interval.⁴ Here we report on our

Drs. T. Makiyama, M. Horie, and W. Shimizu were supported in part by the Research Grant for the Cardiovascular Diseases (21C-8) from the Ministry of Health, Labour and Welfare, Japan. **Address reprint requests and correspondence:** Dr. Wataru Shimizu, Division of Cardiology, Department of Internal Medicine, National Cardiovascular Center, 5-7-1 Fujishiro-dai, Suita 565-8565, Japan. E-mail address: wshimizu@hsp.ncvc.go.jp. (Received November 29, 2009; accepted January 9, 2010.)

study of the prevalence of early repolarization and its association with arrhythmic events in SQTS.

Methods

This cooperative study consisted of three cohorts. (1) *SQTS cohort* included patients with SQTS referred to our institutions and patients with SQTS from previous reports. The diagnosis of SQTS was made if a patient with a short QT interval [corrected QT interval (QTc) by Bazett formula ≤ 330 ms] had an arrhythmic event including documented ventricular fibrillation, resuscitated sudden cardiac death, and syncope and/or had a family history of SQTS, or if a patient with a short QT interval (QTc ≤ 360 ms) had mutations in ion channel genes responsible for SQTS.^{3,13} We searched in the electronic databases PubMed, EMBASE, and Cochrane for all published studies that examined patients with SQTS. The search was limited to the end of June 2009. Published studies were considered eligible if they included clinical characteristics of the patients and ECGs. All ECGs from patients reported in the literature were reanalyzed. Electrophysiologic study was performed in patients with SQTS based on the indication of each institution. (2) *Control cohort with short QT interval* (QTc ≤ 330 ms) and no arrhythmic events was selected from among 86,068 consecutive ECGs stored on the ECG database at Niigata University Medical and Dental Hospital from May 7, 2003 to July 2, 2009. Subjects who did not have arrhythmic events or cardiovascular disease and were not taking any medication were included in this cohort. (3) *Control cohort with normal QT interval* was also selected from the ECG database. This cohort consisted of subjects who were matched to the SQTS cohort for gender and age. Subjects who had normal QT interval (360–440 ms) and did not have cardiovascular disease or were not taking any medication were included in this cohort. Subjects with Brugada-type ST-segment elevation were excluded from all study cohorts.^{3,9}

QT intervals were measured on lead V₂ with the tangent methods for determination of QT_{end} using a semi-automated digitizing program with electronic calipers by an experienced observer blinded to the clinical details of all subjects

included in this study.^{14,15} Early repolarization was defined as elevation of the J point noted as either as QRS slurring or notching ≥ 0.1 mV in more than two leads.⁹

Differences in parameters were analyzed using multivariable logistic regression models when SQTS cohort and control cohort with short QT interval were compared and analyzed using conditional logistic regression models when SQTS cohort and control cohort with normal QT interval were compared. All statistical analyses were performed with SPSS (version 12.0, SPSS, Inc., Chicago, IL, USA). Two-sided $P < .05$ was considered significant. Values are expressed as mean \pm SD. The study protocol was approved by the Ethics Committee of Niigata University School of Medicine. To determine interobserver variability, a second observer made independent blinded QT interval determinations of all study subjects with short QT interval.

Results

Thirty-seven patients with SQTS were identified: 12 from our institutions and 25 reported in the literature,^{2,5,6,14,16–25} Forty-four control subjects with short QT interval and 185 control subjects with normal QT interval also were identified (Table 1). The SQTS cohort consisted of 25 (68%) patients with symptoms, including 14 with cardiac arrest (3 sudden death, 11 resuscitated) and 11 with syncope. Genetic screening identified mutations in ion channels in 7 (41%) of 17 probands who were genetically screened (2 *KCNQ1*, 4 *KCNH2*, 1 *KCNJ2*). Among patients in our institutions and those reported in the literature, there was no difference with regard to gender, age, prevalence of family history, QT or QTc interval, or inducibility of ventricular tachyarrhythmia by electrical programmed stimulation.

Heart rate, PR interval, and QRS duration in the SQTS cohort were not different among patients in either the short QT control cohort or the normal QT control cohort (Table 1). QT and corrected QT intervals were shorter in the SQTS and short QT control cohorts than in the normal QT control cohort. Early repolarization occurred in 24 (65%) patients with SQTS (Figure 1). Interobserver variability between two investigators was 8.6 ms (95% confidence interval -0.5 to 17.7 ms) for QT interval and 9.0

Table 1 ECG parameters of study cohorts

	Patients with SQTS (N = 37)	Subjects with short QTc (N = 44)	Versus subjects with short QTc*		Subjects with normal QTc† (N = 185)	Versus subjects with normal QTc	
			OR (95% CI)	P value		OR (95% CI)	P value
Male gender [N (%)]	27 (73)	34 (77)	2.84 (0.72–11.2)	.14	135 (73)	—	—
Age (years)	30 \pm 19	47 \pm 23	1.05 (1.02–1.08)	.001	30 \pm 19	—	—
Heart rate (bpm)	69 \pm 393	65 \pm 398	1.00 (1.00–1.01)	.3	70 \pm 327	1.00 (1.00–1.00)	0.70
PR interval (ms)	138 \pm 19	153 \pm 38	1.01 (0.99–1.03)	.54	143 \pm 24	0.99 (0.97–1.01)	0.18
QRS interval (ms)	86 \pm 7	84 \pm 8	0.97 (0.91–1.04)	.38	85 \pm 7	1.01 (0.96–1.06)	0.74
QT interval (ms)	286 \pm 36	286 \pm 15	0.99 (0.97–1.01)	.28	367 \pm 36	0.97 (0.96–0.98)	<0.001
QTc (ms)	308 \pm 29	299 \pm 21	0.98 (0.96–1.00)	.06	399 \pm 24	0.97 (0.97–0.98)	<0.001

CI = confidence interval; OR = odds ratio; QTc = corrected QT interval; SQTS = short QT syndrome.

*Models were adjusted for gender and age.

†Gender and age were matched between patients with SQTS and subjects with normal QT interval.

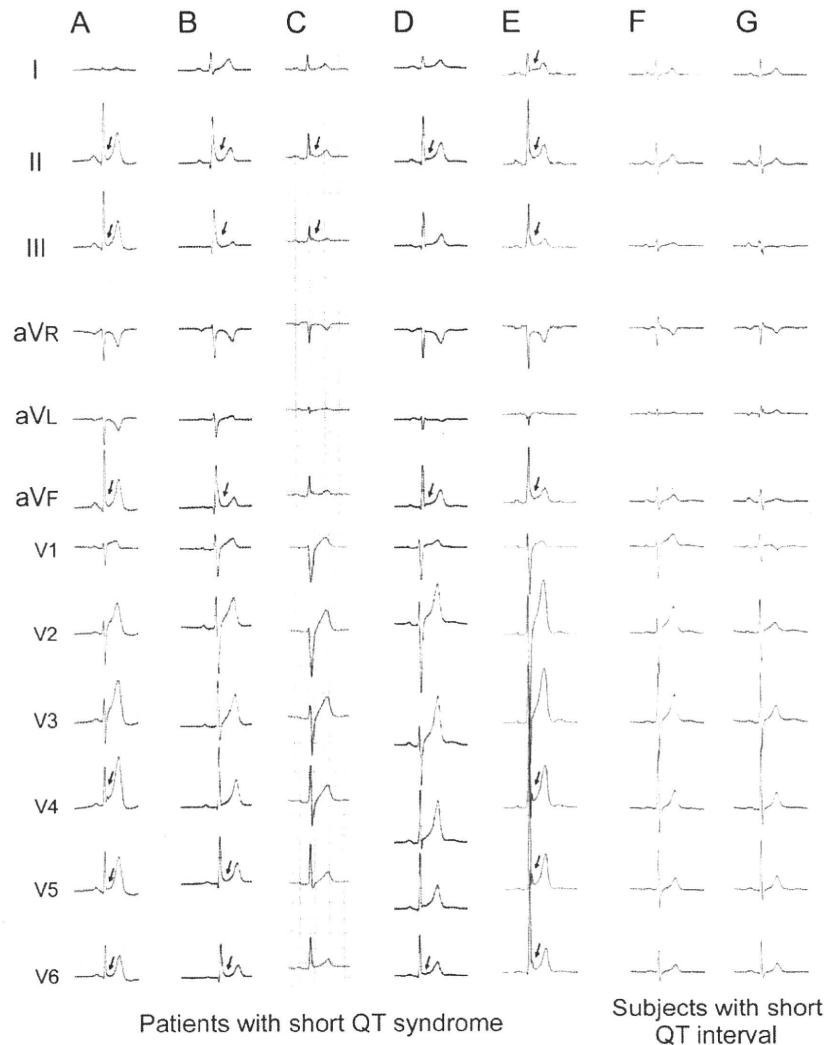


Figure 1 Early repolarization in short QT syndrome. ECGs were recorded from patients with short QT syndrome (A: 61-year-old woman; B: 30-year-old man; C: 38-year-old man; D: 31-year-old man; E: 22-year-old man) and control subjects with a short QT interval (F: 23-year-old man; G: 44-year-old woman). In each patient with short QT syndrome, early repolarization was evident in the inferolateral leads (arrows).

ms (95% confidence interval -0.6 to 18.7 ms) for QTc interval. The frequency of early repolarization was not different between patients in our institutions and those reported in the literature. Early repolarization was present in the inferior leads (II, III, aVF) in 9 patients, in the lateral leads (I, aVL, V_4 – V_6) in 6 patients, and in both the inferior and lateral leads in 9 patients. Of 10 probands with early repolarization genetically screened, mutations were identified in 3 patients (1 *KCNQ1*, 2 *KCNH2*). Early repolarization was more common in the SQTS cohort than in the short QT control and normal QT control cohorts (Figure 2).

The association of early repolarization with arrhythmic events then was studied in patients with SQTS. In the SQTS cohort, there were more males among patients with arrhythmic events than among those with a family history but without arrhythmic events (Table 2). In multivariate models adjusted for gender and age, early repolarization was associated with arrhythmic events, although ECG parameters

including QT and QTc intervals were not associated with arrhythmic events. Early repolarization remained associated with arrhythmic events after adjustment for age, gender, and QTc interval ($P = .001$). Electrophysiologic study performed in 18 patients with SQTS revealed no difference in inducibility of ventricular tachyarrhythmia between patients with arrhythmic events (73%) and those without arrhythmic events (71%).

QT interval parameters were compared between SQTS and short QT control cohorts because some of the parameters recently have been associated with SQTS.²⁶ Interval from T-wave peak to T-wave end (T_{peak} to T_{end}) was longer in the SQTS cohort than in the short QT control cohort even after heart rate correction using the Bazett formula, whereas QT interval, QTc interval, and interval from Q-wave to T-wave peak (QT_{peak}) were not different between the two cohorts (Table 3). Ratio of T_{peak} to T_{end} per QT was larger in the SQTS cohort than in the short QT control cohort.

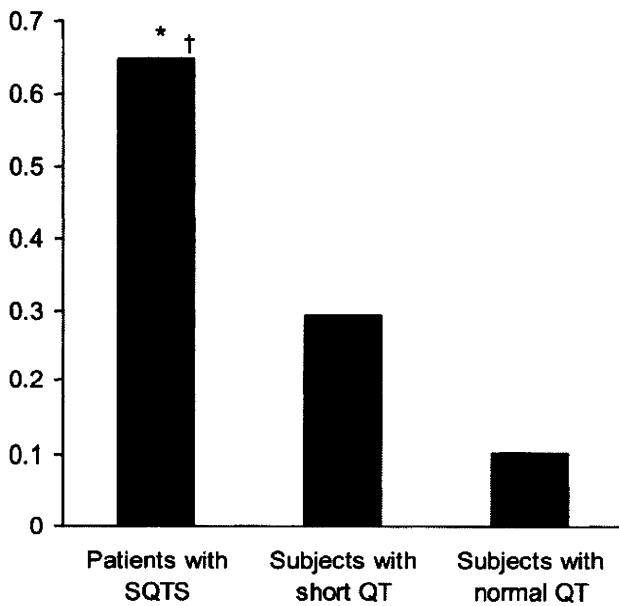


Figure 2 Frequency of early repolarization. Odds ratios (95% confidence intervals) for early repolarization in patients with short QT syndrome (SQTs) were 5.64 (1.97–16.15) and 16.58 (7.2–38.21) versus subjects with short QT interval and those with normal QT interval, respectively. * $P = .001$ vs subjects with short QT interval. † $P < .001$ vs subjects with normal QT interval.

Discussion

SQTs is a recently discovered, very rare disease with an increased risk of sudden death.² Due to the limited number of cases, the characteristics of SQTs are not well understood. Therefore, we conducted a cooperative analysis of ECGs from patients with SQTs in our institutions and those reported in the literature and found that early repolarization is common in SQTs.

Early repolarization is a common ECG finding. It is present in 1% to 13% of the general population and usually is considered as a normal variant due to its benign long-term prognosis.^{8,11,27–29} However, increasing evidence suggests that early repolarization is associated with arrhythmia.^{9,27,30–34} Since 1985, we and other investigators have reported an association between early repolarization (or late depolarization) and sudden cardiac death.^{30–32} A multicenter study includ-

ing our institution recently showed that early repolarization is present in one third of patients with idiopathic ventricular fibrillation.⁹ Early repolarization is associated with increased risk of sudden cardiac arrest in idiopathic ventricular fibrillation, and the amplitude of early repolarization increases before development of arrhythmic events.^{9,10} In Brugada syndrome, which is characterized by J-wave and ST-segment elevation in the right precordial leads on ECG and sudden cardiac death,³ early repolarization in the inferolateral leads is not uncommon and is associated with arrhythmic events,³⁴ although another report has shown negative results.³³ In our study, early repolarization in the inferolateral leads was frequently found in SQTs and, more importantly, was associated with arrhythmic events in SQTs. In addition to arrhythmia syndromes unassociated with structural heart disease, a high frequency of early repolarization in arrhythmogenic right ventricular dysplasia/cardiomyopathy has been reported.²⁷

It has been suggested that SQTs and idiopathic ventricular fibrillation share clinical characteristics.²³ Short QT interval is frequently found in idiopathic ventricular fibrillation,²³ and QT interval is relatively short in patients with idiopathic ventricular fibrillation who have early repolarization.⁹ Spontaneous and inducible ventricular fibrillation can be initiated by short-coupled premature ventricular beat in SQTs and idiopathic ventricular fibrillation.^{21,35,36} The efficacy of isoproterenol and quinidine has been reported for both arrhythmia syndromes,^{21,37} although the arrhythmogenic effects of isoproterenol in an experimental model of SQTs have been reported.³⁸ Our study showing an association of early repolarization with SQTs further supports the presence of common arrhythmogenic substrates in SQTs and idiopathic ventricular fibrillation.

A precise mechanism for ventricular fibrillation in SQTs is not known, but characteristic ECG abnormalities may reflect arrhythmogenicity. A prior study showed that the interval from T-wave peak to T-wave end is relatively long in SQTs, and our study replicated the results.²⁶ T-wave peak to T-wave end interval is considered to reflect transmural dispersion of repolarization, and relative prolongation of the interval in SQTs may indicate a high vulnerability to ventricular fibrillation.³⁹ An experimental model of SQTs

Table 2 Characteristics of SQTs patients with and those without arrhythmic events

	Patients with arrhythmic events (N = 25)	Patients without arrhythmic events (N = 12)	OR (95% CI)	P value
Male gender [N (%)]	21 (84)	6 (50)	10.44 (0.85–127.48)	.07
Age (years)	30 ± 19	23 ± 18	1.05 (0.99–1.12)	.13
Heart rate (bpm)	69 ± 393	76 ± 473	1.00 (1.00–1.01)	.38
PR interval (ms)	138 ± 19	134 ± 18	0.99 (0.95–1.04)	.84
QRS interval (ms)	86 ± 7	85 ± 10	0.93 (0.82–1.07)	.31
QT interval (ms)	286 ± 36	271 ± 40	1.00 (0.97–1.03)	.75
QTc (ms)	308 ± 29	306 ± 33	0.98 (0.94–1.02)	.33
Early repolarization [N (%)]	22 (88)	2 (17)	46.53 (4.52–478.79)	.001

CI = confidence interval; OR = odds ratio; QTc = corrected QT interval; SQTs = short QT syndrome. Models were adjusted for gender and age.

Table 3 ECG parameters for study cohorts with short QT interval

	Patients with SQTS	Subjects with short QTc	OR (95% CI)	P value
QT _{peak} (ms)	211 ± 37	222 ± 19	0.99 (0.98–1.01)	.37
Corrected QT _{peak}	226 ± 32	234 ± 24	0.99 (0.98–1.01)	.56
T _{peak} to T _{end} (ms)	81 ± 21	67 ± 13	1.08 (1.03–1.13)	<.001
Corrected T _{peak} to T _{end}	89 ± 28	72 ± 17	1.05 (1.02–1.09)	.002
QT _{peak} /QT ratio (%)	27 ± 6	22 ± 4	0.83 (0.73–0.94)	.004

Models were adjusted for gender and age.

CI = confidence interval; OR = odds ratio; QTc = corrected QT interval; SQTS = short QT syndrome.

provides evidence that increased transmural dispersion of repolarization under short QT interval conditions results in ventricular tachyarrhythmia.³⁸ A tall peaked T wave is one of the characteristic ECG abnormalities in SQTS,¹ but the amplitude of the T wave is not different between patients with SQTS and subjects with short QT interval and no arrhythmic events, suggesting that a tall T wave is associated with a short QT interval but is not associated with arrhythmogenicity.²⁶ In SQTS, characteristic ECG abnormalities are also found in the early repolarization phase. In patients with SQTS, the ECG shows a very short J-point to T-wave peak interval and no flat ST segment.²⁶ In our study, early repolarization was frequently found in SQTS and was associated with arrhythmic events. Whether the inferolateral J-point elevation reflects late depolarization or early repolarization is controversial, but this pattern has been considered repolarization because of slower inscription, spontaneous changes occurring concurrently with ST segment but not with QRS complexes, and absence of late potentials on signal-averaged ECG.^{9,40} Taken together, the finding suggest that abnormalities in the early phase of repolarization create the arrhythmogenic substrate in SQTS.

Sex hormone and gender difference have an important role in the arrhythmia syndromes.^{41–43} It is well known that the QT interval is affected by sex hormones, and the QT interval is longer in women than men.⁴⁴ Female gender is a risk factor for development of ventricular tachyarrhythmias in both congenital and acquired long QT syndrome.^{41,42} On the other hand, Brugada syndrome is more prevalent in men than in women, and the male hormone testosterone is reported to contribute to male predominance in Brugada syndrome.⁴³ In this study, male gender was associated with arrhythmic events in SQTS and short QT interval was frequently found in men, suggesting a role of sex hormones in SQTS opposite to that in long QT syndrome. Recent evidence that the QT interval can be shortened by anabolic androgenic steroids and testosterone further supports this hypothesis.^{45,46}

SQTS is a genetically heterogeneous disease with five responsible genes encoding ion channels: *KCNQ1*, *KCNH2*, *KCNJ2*, *CACNA2D1*, and *CACNB2b*.^{3,4} An increase in outward current by gain-of-function mutations in potassium channels or a decrease in inward current by loss of function mutations in calcium channels may be responsible for SQTS.^{3,4} Early repolarization was found in patients with mutations in *KCNQ1* and *KCNH2* and in those without

mutations in the known genes, suggesting a heterogeneous genetic background for the association between short QT interval and early repolarization. To date, mutations in calcium channel genes (*CACNA2D1* and *CACNB2b*) have been identified in three probands with Brugada syndrome associated with a short QT interval, but early repolarization is not present in the inferolateral leads in any of them.⁴ A recent study has identified a mutation in *KCNJ8*, an initial responsible gene for idiopathic ventricular fibrillation associated with early repolarization.⁴⁷ Although there are some similarities in phenotype between SQTS and idiopathic ventricular fibrillation with early repolarization, a common genetic background has not been identified.

Conclusion

Our study showed a high prevalence of early repolarization in patients with SQTS and an association of early repolarization with arrhythmic events. Early repolarization may be a useful marker for risk stratification of cardiac arrest in SQTS, although further investigation with longitudinal follow-up is required to evaluate our results.

References

- Gussak I, Brugada P, Brugada J, et al. Idiopathic short QT interval: a new clinical syndrome? *Cardiology* 2000;94:99–102.
- Gaita F, Giustetto C, Bianchi F, et al. Short QT syndrome: a familial cause of sudden death. *Circulation* 2003;108:965–970.
- Lehnaert SE, Ackerman MJ, Benson DW Jr, et al. Inherited arrhythmias: a National Heart, Lung, and Blood Institute and Office of Rare Diseases workshop consensus report about the diagnosis, phenotyping, molecular mechanisms, and therapeutic approaches for primary cardiomyopathies of gene mutations affecting ion channel function. *Circulation* 2007;116:2325–2345.
- Antzelevitch C, Pollevick GD, Cordeiro JM, et al. Loss-of-function mutations in the cardiac calcium channel underlie a new clinical entity characterized by ST-segment elevation, short QT intervals, and sudden cardiac death. *Circulation* 2007;115:442–449.
- Brugada R, Hong K, Dumaine R, et al. Sudden death associated with short-QT syndrome linked to mutations in *HERG*. *Circulation* 2004;109:30–35.
- Belloq C, van Ginneken AC, Bezzina CR, et al. Mutation in the *KCNQ1* gene leading to the short QT-interval syndrome. *Circulation* 2004;109:2394–2397.
- Priori SG, Pandit SV, Rivolta I, et al. A novel form of short QT syndrome (SQTS) is caused by a mutation in the *KCNJ2* gene. *Circ Res* 2005;96:800–807.
- Klatsky AL, Oehm R, Cooper RA, et al. The early repolarization normal variant electrocardiogram: correlates and consequences. *Am J Med* 2003;115:171–177.
- Haissaguerre M, Derval N, Sacher F, et al. Sudden cardiac arrest associated with early repolarization. *N Engl J Med* 2008;358:2016–2023.
- Nam GB, Kim YH, Antzelevitch C. Augmentation of J waves and electrical storms in patients with early repolarization. *N Engl J Med* 2008;358:2078–2079.
- Rosso R, Kogan E, Belhassen B, et al. J-point elevation in survivors of primary ventricular fibrillation and matched control subjects: incidence and clinical significance. *J Am Coll Cardiol* 2008;52:1231–1238.
- Viskin S. Idiopathic ventricular fibrillation “Le Syndrome d’Haissaguerre” and the fear of J waves. *J Am Coll Cardiol* 2009;53:620–622.

13. Viskin S. The QT interval: too long, too short or just right. *Heart Rhythm* 2009;6:711–715.
14. Extramiana F, Maury P, Maison-Blanche P, et al. Electrocardiographic biomarkers of ventricular repolarisation in a single family of short QT syndrome and the role of the Bazett correction formula. *Am J Cardiol* 2008;101:855–860.
15. Watanabe H, Kaiser DW, Makino S, et al. ACE I/D polymorphism associated with abnormal atrial and atrioventricular conduction in lone atrial fibrillation and structural heart disease: implications for electrical remodeling. *Heart Rhythm* 2009;6:1327–1332.
16. Anttonen O, Vaananen H, Junttila J, et al. Electrocardiographic transmural dispersion of repolarization in patients with inherited short QT syndrome. *Ann Noninvas Electrocardiol* 2008;13:295–300.
17. Giustetto C, Di Monte F, Wolpert C, et al. Short QT syndrome: clinical findings and diagnostic-therapeutic implications. *Eur Heart J* 2006;27:2440–2447.
18. Hong K, Bjerregaard P, Gussak I, et al. Short QT syndrome and atrial fibrillation caused by mutation in KCNH2. *J Cardiovasc Electrophysiol* 2005;16:394–396.
19. Kirilmaz A, Ulusoy RE, Kardesoglu E, et al. Short QT interval syndrome: a case report. *J Electrocardiol* 2005;38:371–374.
20. Lu LX, Zhou W, Zhang X, et al. Short QT syndrome: a case report and review of literature. *Resuscitation* 2006;71:115–121.
21. Mizobuchi M, Enjoji Y, Yamamoto R, et al. Nifekalant and disopyramide in a patient with short QT syndrome: evaluation of pharmacological effects and electrophysiological properties. *Pacing Clin Electrophysiol* 2008;31:1229–1232.
22. Schimpf R, Wolpert C, Bianchi F, et al. Congenital short QT syndrome and implantable cardioverter defibrillator treatment: inherent risk for inappropriate shock delivery. *J Cardiovasc Electrophysiol* 2003;14:1273–1277.
23. Viskin S, Zeltser D, Ish-Shalom M, et al. Is idiopathic ventricular fibrillation a short QT syndrome? Comparison of QT intervals of patients with idiopathic ventricular fibrillation and healthy controls. *Heart Rhythm* 2004;1:587–591.
24. Redpath CJ, Green MS, Birnie DH, et al. Rapid genetic testing facilitating the diagnosis of short QT syndrome. *Can J Cardiol* 2009;25:e133–e135.
25. Villafane J, Young ML, Maury P, et al. Short QT syndrome in a pediatric patient. *Pediatr Cardiol* 2009;30:846–850.
26. Anttonen O, Junttila MJ, Maury P, et al. Differences in twelve-lead electrocardiogram between symptomatic and asymptomatic subjects with short QT interval. *Heart Rhythm* 2009;6:267–271.
27. Peters S, Selbig D. Early repolarization phenomenon in arrhythmogenic right ventricular dysplasia-cardiomyopathy and sudden cardiac arrest due to ventricular fibrillation. *Europace* 2008;10:1447–1449.
28. Sato A, Furushima H, Hosaka Y, et al. Frequency and characteristics of J-wave. *Jpn J Electrocardiol* 2009;29(Suppl 3):304.
29. Mehta M, Jain AC, Mehta A. Early repolarization. *Clin Cardiol* 1999;22:59–65.
30. Hayashi M, Murata M, Satoh M, et al. Sudden nocturnal death in young males from ventricular flutter. *Jpn Heart J* 1985;26:585–591.
31. Otto CM, Tauxe RV, Cobb LA, et al. Ventricular fibrillation causes sudden death in Southeast Asian immigrants. *Ann Intern Med* 1984;101:45–47.
32. Garg A, Finneran W, Feld GK. Familial sudden cardiac death associated with a terminal QRS abnormality on surface 12-lead electrocardiogram in the index case. *J Cardiovasc Electrophysiol* 1998;9:642–647.
33. Letsas KP, Sacher F, Probst V, et al. Prevalence of early repolarization pattern in inferolateral leads in patients with Brugada syndrome. *Heart Rhythm* 2008;5:1685–1689.
34. Kamakura S, Ohe T, Nakazawa K, et al. Long-term prognosis of probands with Brugada-pattern ST elevation in V1-V3 leads. *Circ Arrhythmia Electrophysiol* 2009;2:495–503.
35. Viskin S, Lesh MD, Eldar M, et al. Mode of onset of malignant ventricular arrhythmias in idiopathic ventricular fibrillation. *J Cardiovasc Electrophysiol* 1997;8:1115–1120.
36. Nam GB, Ko KH, Kim J, et al. Mode of onset of ventricular fibrillation in patients with early repolarization pattern vs. Brugada syndrome. *Eur Heart J* 2010;31:330–339.
37. Haissaguerre M, Sacher F, Nogami A, et al. Characteristics of recurrent ventricular fibrillation associated with inferolateral early repolarization role of drug therapy. *J Am Coll Cardiol* 2009;53:612–619.
38. Extramiana F, Antzelevitch C. Amplified transmural dispersion of repolarization as the basis for arrhythmogenesis in a canine ventricular-wedge model of short-QT syndrome. *Circulation* 2004;110:3661–3666.
39. Shimizu W, Antzelevitch C. Sodium channel block with mexiletine is effective in reducing dispersion of repolarization and preventing torsade de pointes in LQT2 and LQT3 models of the long QT syndrome. *Circulation* 1997;96:2038–2047.
40. Spach MS, Barr RC, Benson W, et al. Body surface low-level potentials during ventricular repolarization with analysis of the ST segment: variability in normal subjects. *Circulation* 1979;59:822–836.
41. Hashiba K. Hereditary QT prolongation syndrome in Japan: genetic analysis and pathological findings of the conducting system. *Jpn Circ J* 1978;42:1133–1150.
42. Makkar RR, Fromm BS, Steinman RT, et al. Female gender as a risk factor for torsades de pointes associated with cardiovascular drugs. *JAMA* 1993;270:2590–2597.
43. Shimizu W, Matsuo K, Kokubo Y, et al. Sex hormone and gender difference. Role of testosterone on male predominance in Brugada syndrome. *J Cardiovasc Electrophysiol* 2007;18:415–421.
44. Furukawa T, Kurokawa J. Regulation of cardiac ion channels via non-genomic action of sex steroid hormones: implication for the gender difference in cardiac arrhythmias. *Pharmacol Ther* 2007;115:106–115.
45. Bigi MA, Aslani A. Short QT interval: a novel predictor of androgen abuse in strength trained athletes. *Ann Noninvas Electrocardiol* 2009;14:35–39.
46. Charbit B, Christin-Maitre S, Demolis JL, et al. Effects of testosterone on ventricular repolarization in hypogonadic men. *Am J Cardiol* 2009;103:887–890.
47. Haissaguerre M, Chatel S, Sacher F, et al. Ventricular fibrillation with prominent early repolarization associated with a rare variant of KCNJ8/KATP channel. *J Cardiovasc Electrophysiol* 2009;20:93–98.

Characterization of the Rapidly Activating Delayed Rectifier Potassium Current, I_{Kr} , in HL-1 Mouse Atrial Myocytes

Futoshi Toyoda · Wei-Guang Ding ·
Dimitar P. Zankov · Mariko Omatsu-Kanbe ·
Takahiro Isono · Minoru Horie · Hiroshi Matsuura

Received: 29 November 2009 / Accepted: 29 April 2010 / Published online: 19 May 2010
© Springer Science+Business Media, LLC 2010

Abstract HL-1 is the adult murine cardiac cell line that can be passaged repeatedly in vitro without losing differentiated phenotype. The present study was designed to characterize the rapidly activating delayed rectifier potassium current, I_{Kr} , endogenously expressed in HL-1 cells using the whole-cell patch-clamp technique. In the presence of nisoldipine, depolarizing voltage steps applied from a holding potential of -50 mV evoked the time-dependent outward current, followed by slowly decaying outward tail current upon return to the holding potential. The amplitude of the current increased with depolarizations up to 0 mV but then progressively decreased with further depolarizations. The time-dependent outward current as well as the tail current were highly sensitive to block by E-4031 and dofetilide (IC_{50} of 21.1 and 15.1 nM, respectively) and almost totally abolished by micromolar concentrations of each drug, suggesting that most of the outward current in HL-1 cells was attributable to I_{Kr} . The magnitude of I_{Kr} available from HL-1 cells (18.1 ± 1.5 pA pF^{-1}) was sufficient for reliable measurements of various gating parameters. RT-PCR and Western blot analysis revealed the expression of alternatively spliced forms of mouse *ether-a-go-go*-related genes (mERG1), the

full-length mERG1a and the N-terminally truncated mERG1b isoforms. Knockdown of mERG1 transcripts with small interfering RNA (siRNA) dramatically reduced I_{Kr} amplitude, confirming the molecular link of mERG1 and I_{Kr} in HL-1 cells. These findings demonstrate that HL-1 cells possess I_{Kr} with properties comparable to those in native cardiac I_{Kr} and provide an experimental model suitable for studies of I_{Kr} channels.

Keywords Cardiac cell line · Potassium current · Potassium channel · Patch-clamp · HL-1 cell · siRNA

Introduction

Cardiac delayed rectifier potassium current (I_K) is responsible for action potential repolarization and pacemaker activity and consists of multiple components with distinct time and voltage dependence and pharmacological properties. I_{Kr} is the rapidly activating, inwardly rectifying component of I_K , which can be isolated as a fraction specifically blocked by the class III antiarrhythmic methanesulfonanilide agents such as E-4031 and dofetilide (Sanguinetti and Jurkiewicz 1990). It is now well known that I_{Kr} is conducted by ERG1 (*ether-a-go-go*-related gene) potassium channels (Sanguinetti et al. 1995; Trudeau et al. 1995). Mutations in the human ERG1 (HERG) channel gene underlie the inherited long QT syndrome, a disorder of cardiac repolarization that predisposes affected individuals to life-threatening arrhythmias (Curran et al. 1995). In addition, I_{Kr} is sensitive to block by a diverse range of therapeutic agents (e.g., antihistamines, gastrointestinal prokinetic agents, psychoactive substances), and these adverse drug effects can induce acquired long QT syndrome (Roden et al. 1996).

F. Toyoda (✉) · W.-G. Ding · D. P. Zankov ·
M. Omatsu-Kanbe · H. Matsuura
Department of Physiology, Shiga University of Medical Science,
Otsu, Shiga 520-2192, Japan
e-mail: toyoda@belle.shiga-med.ac.jp

D. P. Zankov · M. Horie
Department of Cardiovascular and Respiratory Medicine, Shiga
University of Medical Science, Otsu, Shiga 520-2192, Japan

T. Isono
Central Research Laboratory, Shiga University of Medical
Science, Otsu, Shiga 520-2192, Japan

Taking advantage of molecular biological technology, functional analysis of reconstituted HERG channels in a heterologous expression system has provided information on the gating mechanisms, modulation and drug block of I_{Kr} channels. Nevertheless, current recordings from native channels are still important because several differences between native I_{Kr} and reconstituted HERG current have been revealed (Sanguinetti et al. 1995; Weerapura et al. 2002), possibly due to inadequate composition of channel proteins or lack of cardiac-specific environments in the heterologous expression system. AT-1 cells, a cardiac cell line derived from atrial tumor of adult transgenic mice expressing the simian virus 40 (SV40) large T-antigen targeted to atrial cardiomyocytes via the atrial natriuretic factor (ANF) promoter (Field 1988), have been often employed as a suitable source of native I_{Kr} channels (Liu et al. 1994; Yang and Roden 1996; Yang et al. 1994, 1995, 1997). Membrane current recorded from these cells displays phenotypical characteristics of cardiac I_{Kr} with minimal contamination of other time-dependent outward currents. Maintenance of AT-1 cells, however, is complicated and labored because it is impossible to passage these cells serially in vitro. They are maintained by serial propagation as a subcutaneous tumor in syngeneic mice and have to be used as primary cells (Delcarpio et al. 1991).

The HL-1 cell line was derived from subsequent development of AT-1 cells (Claycomb et al. 1998). Different from any other cardiac cell lines currently available, HL-1 cells can be repeatedly passaged in culture while maintaining a differentiated cardiac phenotype. They express many cardiac-specific proteins such as α -myosin heavy chain, ANF, α -cardiac actin and connexin 43 (Claycomb et al. 1998). Furthermore, several functional receptors, such as α_1 -adrenergic and δ -opioid receptors, and intracellular signaling proteins required for phosphatidylinositol hydrolysis and the cyclic AMP synthesis pathway have been demonstrated in HL-1 cells (McWhinney et al. 2000; Neilan et al. 2000; Sartiani et al. 2002). Recent patch-clamp studies have revealed the existence of several cardiac membrane currents, including I_{Kr} as well as the hyperpolarization-activated nonselective cation current (I_f) and the L- and T-type Ca^{2+} currents ($I_{Ca,L}$ and $I_{Ca,T}$) (Claycomb et al. 1998; Sartiani et al. 2002; Xia et al. 2004; Zankov et al. 2009). Thus, HL-1 cells may be used as a model of cardiac cells for studying many features of ion channels in a cardiac-specific environment (White et al. 2004).

The present study characterizes I_{Kr} channels endogenously expressed in HL-1 cells. Whole-cell patch-clamp experiments demonstrate that I_{Kr} , defined as the E-4031-sensitive current, can be elicited in almost all cells with current magnitude of 0.1–1.5 nA suitable for high-quality recording, which allows us to analyze biophysical and

pharmacological features extensively and reliably. In addition, alternatively spliced forms of mouse ERG1 (mERG1) are identified in HL-1 cells, and our RNA interference (RNAi) experiments suggest that these ERG1 isoforms indeed underlie I_{Kr} . Data obtained here will be helpful for future applications of HL-1 cells as a unique model to study cardiac I_{Kr} channels.

Methods

Culture of HL-1 Cells

The HL-1 cell culture (passage 36) was a kind gift from Dr. Claycomb (Louisiana State University Health Science Center, New Orleans, LA) who first established the cell line. Care of the HL-1 cells was described previously (Claycomb et al. 1998). Claycomb medium (JRH Bioscience, Lenexa, KS; catalog 51800), a commercially available medium specifically designed for the growth of HL-1 cells, was purchased. Before use, the Claycomb medium was supplemented with 10% fetal bovine serum (JRH Bioscience), 2 mM L-glutamine (Invitrogen, Carlsbad, CA), 0.1 mM norepinephrine (Sigma, St. Louis, MO) and penicillin–streptomycin (Nakalai Tesque, Kyoto, Japan). The supplemented Claycomb medium was prepared every 2 weeks and kept in the dark by covering the medium bottle with aluminum foil because it is highly light-sensitive. Cells were plated on T25 flasks (Techno Plastic Products, Trasadingen, Switzerland; 90025) precoated overnight with 0.00125% fibronectin (Sigma, F1141) in 0.02% gelatin (Difco, Detroit, MI; 0143-17-9) and maintained in supplemented Claycomb medium at 37°C in humidified 5% CO_2 and 95% air. The culture medium was changed daily. After full confluence, cells were dissociated by 0.05% trypsin/EDTA (Invitrogen). Isolated cells were then suspended in Claycomb medium supplemented with 5% fetal bovine serum and antibiotics, and the cell suspension was used for the patch-clamp experiments or split into new flasks for subsequent culturing.

Reverse Transcription-Polymerase Chain Reaction Amplification

HL-1 cells culture (passage 40) and atrial tissue dissected from adult mice were used for mRNA purification. Total RNA from each sample was extracted by the acid guanidium thiocyanate chloroform method (Chomczynski and Sacchi 1987). cDNA was synthesized from 5 μ g of total RNA with 20 units of RAV-2 reverse transcriptase (Takara, Otsu, Japan) using random primers. PCR for mouse ERG1 isoforms (mERG1a, mERG1a' and mERG1b) was

performed using the following primer sets reported previously (Clark et al. 2004) (from 5 to 3): ACA CCT TCC TCG ACA CCA TC (sense; position 621–641, accession AF012870) and GCA TCA GGG TTA AGG CTC TG (antisense; position 1405–1424, accession AF012871) for mERG1a, ACC ACT GGC ATA GGA CCA AG (sense; position 839–858, accession AF012870) and the same antisense as for mERG1a for mERG1a', ATG GCG ATT CCA GCC GGG AA (sense; position 3952–3971, accession AF012871) and GAT GCC ATT GGT GTA GGA CC (antisense; position 8239–8258, accession AF012871) for mERG1b. The reaction included 0.4 μ l of cDNA, 2.5 units of KOD dash polymerase (Toyobo, Osaka, Japan), 1 mM KCl, 6 mM $(\text{NH}_4)_2\text{SO}_4$, 0.1% Triton X-100, 10 μ g ml^{-1} BSA, 0.2 mM each of deoxynucleotide triphosphate and 4 pmol primers in 20 ml of 120 mM Tris–HCl buffer (pH 8.0). Amplification was conducted in a thermal cycler using 30 cycles consisting of denaturation at 98°C for 2 s, annealing at 55°C for 2 s and elongation at 72°C for 60 s. PCR products were identified in an ethidium bromide-stained 1.5% agarose gel by electrophoresis.

Western Blotting

HL-1 cells (passages 45–47) were washed with cold phosphate-buffered saline and resuspended in lysis buffer (50 mM Tris–HCl, 5 mM EDTA, 150 mM NaCl, 1% Triton X-100, pH 7.4) supplemented with a mix of protease inhibitors (Complete Mini; Roche, Mannheim, Germany). Cell lysate was centrifuged at 15,000 rpm for 5 min. Total protein was measured using the DC protein assay (Bio-Rad, Richmond, CA). For Western blot assay, 100 μ g of total proteins were dissolved in 2 \times SDS sample buffer (4% sodium dodecyl sulfate, 125 mM Tris–HCl, 12% 2-mercaptoethanol, 20% glycerol, 0.005% bromophenol blue, pH 6.8) and then sonicated and boiled for 5 min. Samples were resolved on 7.5% SuperSep gel (Wako, Osaka, Japan) and electrotransferred onto a polyvinylidene difluoride (PVDF) membrane (Bio-Rad). The membrane was blocked in Tris-buffered saline (TBS; 10 mM Tris–HCl, 100 mM NaCl, pH 7.5) containing 0.1% Tween-20 and 10% nonfat dry milk for 1.5 h at room temperature and then incubated overnight at 4°C with a rabbit polyclonal anti-ERG1 antibody (Chemicon, Temecula, CA; AB5222) directed against the C terminus (amino acid residues 1121–1137, accession O08962) of rat ERG1, at a dilution 1:200. After washing with TBS-Tween 0.1%, the membrane was incubated with a horseradish peroxidase-conjugated secondary antibody (Jackson ImmunoResearch, West Grove, PA; 1:5,000) for 1 h at room temperature. Signals were detected using an enhanced chemiluminescence system.

RNAi

Two Stealth small interfering RNA (siRNA) duplex oligonucleotides directed against all transcripts of the mERG1 gene and RNAi-negative control duplex oligonucleotide (ncRNA) were provided by Invitrogen. The siRNA sequences were as follows: siRNA-1, 5'-AGG CUG ACA UCU GCC UAC ACC UGA A-3'; siRNA-2, 5'-UGU CAU UCC GCA GGC GUA CAG ACA A-3'. HL-1 cell culture of nearly confluent (passages 42–45) was transfected with siRNA against mERG1 or nonspecific RNA (ncRNA, 50 pmol), together with a reporter plasmid DNA (pEGFP vector, 0.5 μ g) using Lipofectamine 2000 reagent (Invitrogen) according to the manufacturer's instructions. Only GFP-positive cells 2 days after transfection were employed for electrophysiological experiments.

Patch-Clamp Recordings

Current recordings from HL-1 cells (passages 38–52) were performed using the whole-cell configuration of the patch-clamp technique (Hamill et al. 1981) with an EPC-8 patch-clamp amplifier (Heka, Lambrecht, Germany). Cells were dissociated from culture dishes by 0.05% trypsin/EDTA, suspended in Claycomb medium and stored at 4°C for a few hours before use. A small aliquot of cell suspension was transferred into a small (0.5 ml) recording chamber placed on the stage of an inverted microscope (TMD-300; Nikon, Tokyo, Japan). After settling to the glass bottom of the chamber (5–10 min), the cells were continuously superfused with normal Tyrode solution (containing appropriate drugs) kept at $25 \pm 1^\circ\text{C}$ or $35 \pm 1^\circ\text{C}$, as indicated. Patch-clamp pipettes were prepared from glass capillary tube (Narishige, Tokyo, Japan) on a horizontal pipette puller (P-97; Sutter Instrument, Novato, CA), and the tips were then fire-polished by a microforge (MF-83, Narishige). Pipette resistance was 2–4 M Ω when filled with internal solution. Currents and voltages were digitized and voltage commands were generated through an ITC-16 AD/DA interface (InstruTECH, Long Island, NY) controlled by Pulse/Pulsefit software (version 8.54, Heka).

Data Analysis

Membrane capacitance (C_m) was calculated by fitting a single exponential function to the decay phase of the transient capacitive current in response to ± 5 -mV voltage steps (20 ms) from a holding potential of -50 mV. The current amplitude was divided by C_m to obtain the current density (pA pF^{-1}). Linear regression analysis was used for correlations. The voltage dependence of current activation and inactivation was determined by fitting the normalized

tail current (I_{tail}) vs. test potential (V) to a Boltzmann function expressed by $I_{tail} = 1/(1 + \exp[(V_{1/2} - V)/k])$ and $I_{tail} = 1/(1 + \exp[(V - V_{1/2})/k])$, respectively, where $V_{1/2}$ is the voltage at which the current is half-activated and k is the slope factor. The time constant for activation (τ_{act}) was determined from a single-exponential fit to the envelop of tail currents obtained after depolarizing pulses for varying durations, and time constants for deactivation (τ_{fast} and τ_{slow}) were obtained by fitting a two-exponential function to the time course of deactivating tail currents. Dose responses for drug block of currents were analyzed by fitting the relative amplitudes of tail currents (y/y_{max}) vs. the drug concentration ($[D]$) to a Hill function: $y/y_{max} = 1/(1 + (IC_{50}/[D])^n)$, where IC_{50} is the half-inhibitory concentration and n is the Hill coefficient. Data were expressed as mean \pm SEM. Statistical analysis was performed by means of ANOVA and a post hoc Tukey test.

Solutions and Drugs

Normal Tyrode solution contained (mM) 140 NaCl, 0.33 NaH_2PO_4 , 5.4 KCl, 1.8 $CaCl_2$, 0.5 $MgCl_2$, 5.5 glucose and 5 HEPES, pH adjusted to 7.4 with NaOH. The external solution for current recording was made by adding 0.4 μM nisoldipine (as 1 mM stock solution in ethanol) to normal Tyrode solution to eliminate $I_{Ca,L}$. In some experiments, the concentration of KCl was modified to 2 or 10 mM. The internal pipette solution contained (mM) 70 potassium aspartate, 50 KCl, 10 KH_2PO_4 , 1 $MgCl_2$, 3 Na_2-ATP , 0.1 Li_2-GTP , 5 EGTA and 5 HEPES, pH adjusted to 7.2 with KOH. Liquid junction potential between the test solution and the pipette solution was measured at around -10 mV and corrected. In order to rule out possible contamination of $I_{Ca,L}$ in our data, all experiments were conducted in the presence of 0.4 μM nisoldipine (a generous gift from Bayer AG, Wuppertal-Elberfeld, Germany), which is specific blocker of $I_{Ca,L}$. E-4031 (Wako), dissolved in distilled water (1 mM) and dofetilide (a generous gift from Pfizer, Sandwich, UK), dissolved in acidified water (pH 4.0, 1 mM), were diluted down to the final concentration in the test solution.

Results

E-4031-Sensitive Current in HL-1 Cells

I_{Kr} was originally identified as a methanesulfonanilide-sensitive component of I_K in guinea pig cardiomyocytes (Sanguinetti and Jurkiewicz 1990). We recorded whole-cell membrane currents from single HL-1 cells before and after application of E-4031 and then analyzed a drug-sensitive current (Fig. 1). Possible participation of other

voltage-dependent currents in our data was minimized; i.e., 0.4 μM nisoldipine was included in the bath solution to block $I_{Ca,L}$ (Xia et al. 2004) and membrane potential was held at -50 mV to inactivate $I_{Ca,T}$ (Xia et al. 2004) and avoid I_f activation (Sartiani et al. 2002). Figure 1a shows representative membrane currents in response to 1-s depolarizing (upper panel) and hyperpolarizing (lower panel) pulses to various test potentials, ranging between -80 and $+40$ mV in 10-mV steps from a holding potential of -50 mV. As shown in the upper panel of Fig. 1a, depolarizing steps activated time-dependent outward currents with amplitudes that increased with depolarization up to 0 mV and then progressively decreased as the potential became more positive (filled circles, Fig. 1d). After return of the membrane to the holding potential, slowly deactivating tail currents were elicited. In contrast, as shown in the lower panel, hyperpolarizing steps induced small-amplitude inward currents with a slight time dependence, which was possibly due to activation of I_f channels, and following depolarizing steps to the holding potential elicited transient inward currents, which may be attributed to activation of $I_{Ca,T}$. When E-4031 (5 μM) was applied to the bath solution, the time-dependent outward current during depolarizing steps as well as the tail current were almost completely abolished, whereas the inward current during the hyperpolarizing pulse was not significantly influenced (Fig. 1b). The currents after exposure to the drug were nearly time-independent and exhibited small conductance with slight outward rectification (open circles in Fig. 1d). E-4031-sensitive currents obtained by digital subtraction of current traces in the presence of drug from those before application of the drug are illustrated in Fig. 1c. The drug-free and the E-4031-sensitive currents showed very similar current-voltage relationships, and both currents have the characteristics of inward rectification at more positive potential than 0 mV, indicating that I_{Kr} is the dominant outward current in HL-1 cells.

The voltage dependence for I_{Kr} activation was determined by measuring the tail amplitude of E-4031-sensitive current. Figure 2a shows the initial part of tail currents elicited upon return of the membrane potential to -50 mV from the 1-s depolarizing steps to test potentials ranging from -40 to $+40$ mV. The tail current obviously activated at -30 mV and increased in amplitude for the steps up to $+10$ mV. In Fig. 2b, the amplitude of the tail currents was normalized to the maximum tail current amplitude and plotted as a function of the membrane potential. The $V_{1/2}$ and k , which were determined by curve fitting the data points to a Boltzmann equation, were -20.4 and 8.0 mV, respectively.

In Fig. 3, kinetic properties were determined by measuring time constants for apparent activation and deactivation of I_{Kr} . An envelope-of-tails test was used to assess

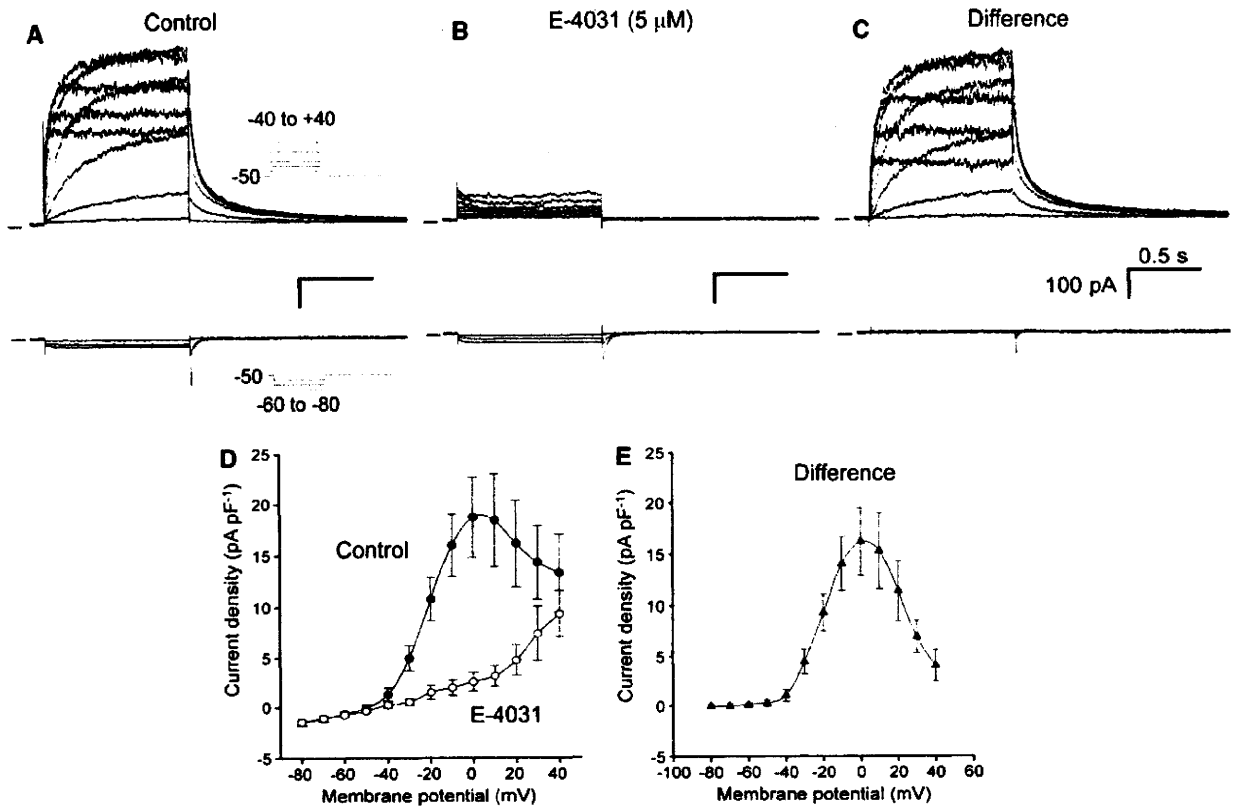


Fig. 1 E-4031-sensitive current recorded from isolated HL-1 cells. **a**, **b** Superimposed whole-cell membrane currents recorded from single HL-1 cell (passage 38) before (**a**) and after (**b**) exposure to 5 μ M E-4031. The cell was held at -50 mV and given 1-s depolarizing (between -40 and $+40$ mV, upper panel) and hyperpolarizing (between -80 and -60 mV, lower panel) test pulses. The experiment was conducted at 35°C . **c** E-4031-sensitive current obtained from

digital subtraction of two traces in **a** and **b**. **d** Average current-voltage relationships recorded before (*filled circles*) and after (*open circles*) exposure to E-4031. Current amplitudes measured just before the end of the 1-s pulses were plotted against the indicated membrane potentials. Values represent mean \pm SEM of 10 HL-1 cells (passages 38–41). **e** Current-voltage relationship for E-4031-sensitive currents

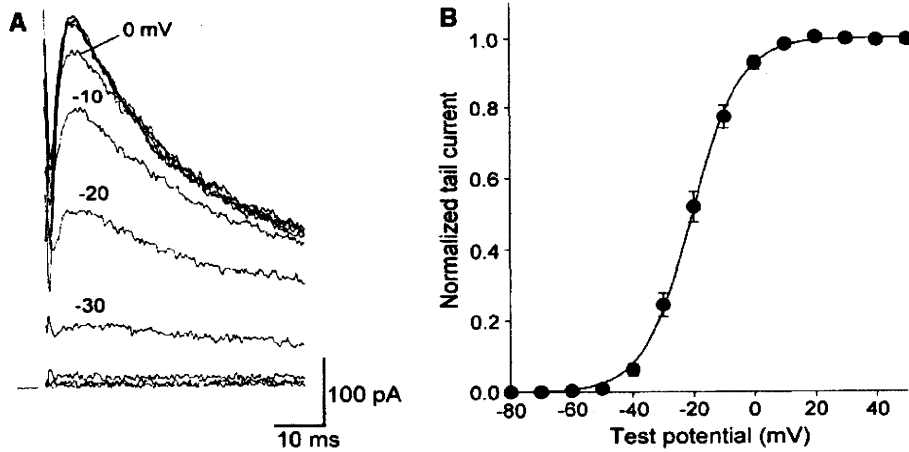
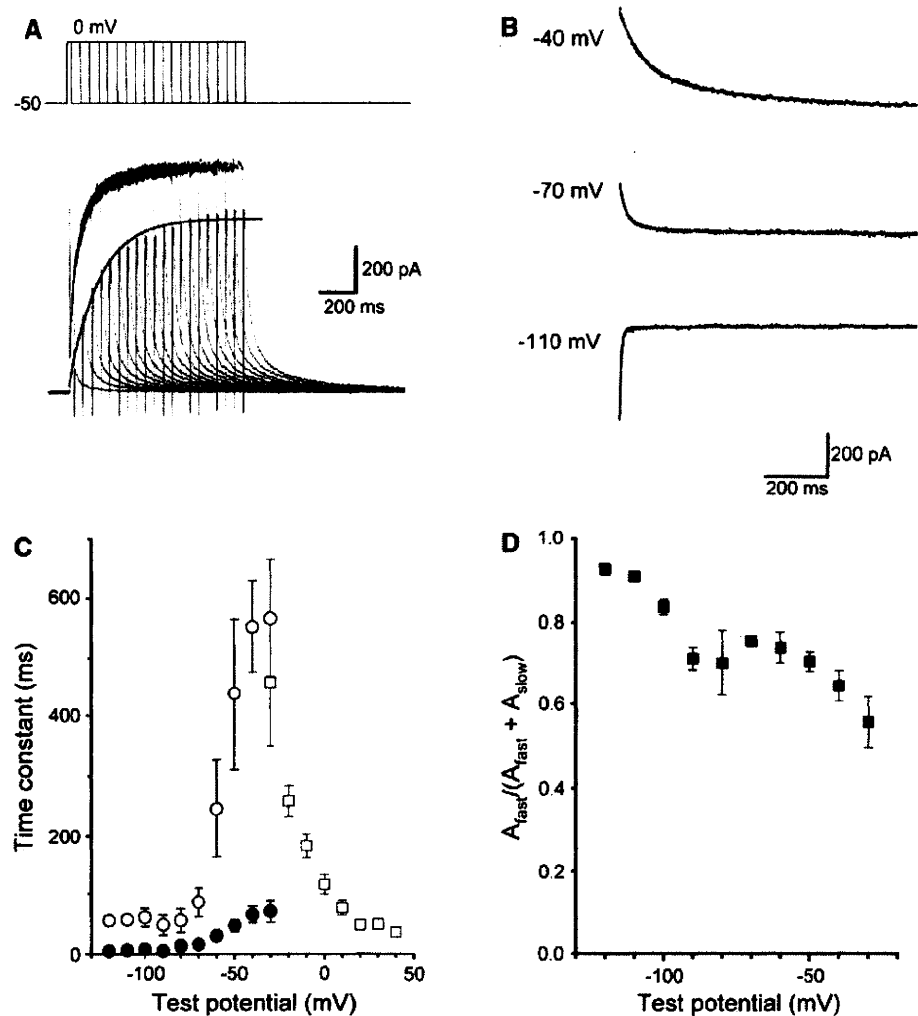


Fig. 2 Voltage-dependent activation of E-4031-sensitive current in HL-1 cells. **a** Representative tails of E-4031-sensitive current recorded from an HL-1 cell (passage 38). Tail currents were elicited on repolarization to -50 mV, following 1-s depolarization to $+20$ mV. **b** Voltage dependence of E-4031-sensitive current. Tail

current amplitudes were normalized to the maximal value at $+20$ mV, and averaged data were plotted against the indicated test potentials. Values represent mean \pm SEM of 10 HL-1 cells (passages 38–41). Smooth curve represents fitting of the data to the Boltzmann equation

Fig. 3 Activation and deactivation kinetics. **a** Activation time courses assessed with an envelope-of-tails protocol. Original current traces recorded from an HL-1 cell (passage 44) in response to the depolarizing steps to 0 mV of varying duration (25–975 ms in 50-ms increments) from a holding potential of –50 mV. Solid curve is a single-exponential fit to the peak tail current elicited upon repolarization to the holding potential. **b** Deactivation time courses of E-4031-sensitive current recorded from an HL-1 cell (passage 39). Decaying phase of tail currents (dots) elicited at –40, –70 and –110 mV after depolarizing prepulse to +20 mV of 1-s duration were fit to a sum of two exponential equations (solid line). **c** Average voltage dependence of time constants for the apparent activation (open squares) and the fast (open circles) and slow (filled circles) components of deactivation of the E-4031-sensitive current. **d** Voltage dependence of the relative amplitude of the fast component in decaying tail current. Values represent mean \pm SEM of four to 10 cells (passages 38–47)



the time course of activation. Figure 3a shows a representative example of current traces in response to depolarizing test pulses to 0 mV of varying duration (25–975 ms in 50-ms increments). The tail current amplitude on return to the holding potential reflects the extent of I_{Kr} activation produced during depolarization to 0 mV, which was well fitted by a single-exponential function, where the τ value was 162.8 ms. The kinetics was steeply voltage-dependent and the activation time constants decreased with incremental changes in the test potentials (τ_{act} , open squares in Fig. 3c). Time constants of deactivation were calculated by fitting the decay of tail currents at various test potentials between –120 and –20 mV following 1-s depolarizing pulses to +20 mV to a double-exponential function, as shown in Fig. 3b. In contrast to activation, the deactivation time course was accelerated at more negative potentials. As summarized in Fig. 3c, both the fast (τ_{fast} , filled circles) and slow (τ_{slow} , open circles) time constants of deactivation were increased as the test

potential became more positive. The slow time constants of deactivation at –30 mV were comparable to the time constant of activation at the same potential, and they were plotted as a bell-shaped function of the membrane potential. Figure 3d shows a plot of the relative amplitude of the fast component, $A_{fast}/(A_{fast} + A_{slow})$, of decaying tail current against the membrane potential. The value decreased from approximately 0.9 to 0.5 over the membrane potential from –120 to –20 mV.

I_{Kr} Density in HL-1 Cells

There was a large cell-to-cell variation in HL-1 cell size even in the same culture; C_m measured in patch-clamp experiments ranged between 5.4 and 84.0 pF (mean \pm SEM, 29.9 ± 2.3 pF). We tested whether ununiformity of cell size reflects their functional heterogeneity of I_{Kr} channel. The relationship between I_{Kr} density and C_m was investigated in 69 cells (Fig. 4a). The I_{Kr} density ranged between