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Indigenous opportunistic bacteria inhabit mammalian gut-associated lymphoid tissues and share a mucosal antibody-mediated symbiosis

Takashi Obata^{a,b}, Yoshiyuki Goto^{a,b}, Jun Kunisawa^a, Shintaro Sato^a, Mitsuo Sakamoto^b, Hiromi Setoyama^c, Takahiro Matsuki^c, Kazuhiko Nonaka^d, Naoko Shibata^a, Masashi Gohda^a, Yuki Kagiya^a, Tomonori Nochi^a, Yoshikazu Yuki^a, Yoshiko Fukuyama^e, Akira Mukai^f, Shinichiro Shinzaki^f, Kohtaro Fujihashi^e, Chihiro Sasakawa^g, Hideki Iijima^f, Masatoshi Goto^d, Yoshinori Umesaki^c, Yoshimi Benno^b, and Hiroshi Kiyono^{a,e,1}

^aDivision of Mucosal Immunology, Institute of Medical Science, University of Tokyo, Tokyo 108-8639, Japan; ^bMicrobe Division, Japan Collection of Microorganisms, RIKEN BioResource Center, Saitama 351-0198, Japan; ^cYakult Central Institute for Microbiological Research, Tokyo 186-8650, Japan; ^dDepartment of Bioscience and Biotechnology, Faculty of Agriculture, Kyushu University, Fukuoka 812-8581, Japan; ^eDepartments of Pediatric Dentistry and Microbiology, Immunobiology Vaccine Center, University of Alabama at Birmingham, Birmingham, AL 35294-0007; ^fDepartment of Gastroenterology and Hepatology, Osaka University Graduate School of Medicine, Osaka 565-0871, Japan; and ^gDivision of Bacterial Infection, International Research Center for Infectious Diseases, Institute of Medical Science, University of Tokyo, Tokyo 108-8639, Japan

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The indigenous bacteria create natural cohabitation niches together with mucosal Abs in the gastrointestinal (GI) tract. Here we report that opportunistic bacteria, largely *Alcaligenes* species, specifically inhabit host Peyer's patches (PPs) and isolated lymphoid follicles, with the associated preferential induction of antigen-specific mucosal IgA Abs in the GI tract. *Alcaligenes* were identified as the dominant bacteria on the interior of PPs from naïve, specific-pathogen-free but not from germ-free mice. Oral transfer of intratissue uncultured *Alcaligenes* into germ-free mice resulted in the presence of *Alcaligenes* inside the PPs of recipients. This result was further supported by the induction of antigen-specific Ab-producing cells in the mucosal (e.g., PPs) but not systemic compartment (e.g., spleen). The preferential presence of *Alcaligenes* inside PPs and the associated induction of intestinal secretory IgA Abs were also observed in both monkeys and humans. Localized mucosal Ab-mediated symbiotic immune responses were supported by *Alcaligenes*-stimulated CD11c⁺ dendritic cells (DCs) producing the Ab-enhancing cytokines TGF- β , B-cell-activating factor belonging to the TNF family, and IL-6 in PPs. These CD11c⁺ DCs did not migrate beyond the draining mesenteric lymph nodes. In the absence of antigen-specific mucosal Abs, the presence of *Alcaligenes* in PPs was greatly diminished. Thus, indigenous opportunistic bacteria uniquely inhabit PPs, leading to PP-DCs-initiated, local antigen-specific Ab production; this may involve the creation of an optimal symbiotic environment on the interior of the PPs.

Alcaligenes | intratissue habitation | Peyer's patch

The intestine is most frequently exposed to a huge number and a wide variety of environmental antigens, including bacteria and food products. As a result, indigenous bacteria create appropriate homeostatic conditions for physiologic processes such as the production of vitamin K and the metabolism of indigestible dietary carbohydrates and polysaccharides (1). In addition to nutritional mutualism, microbial stimulation is required for full maturation of the host immune system, including intestinal secretory IgA (SIgA) production (2). It was demonstrated that germ-free (GF) mice have an immature mucosal immune system, including hypoplastic Peyer's patches (PPs) and diminished numbers of IgA-producing cells and CD4⁺ T cells (3). Both naturally occurring and acquired Abs in the intestine are of the IgA isotype. SIgA Abs recognize either T cell-independent or -dependent forms of antigens, which may limit the adherence of commensal bacteria to epithelial cells and prevent their penetration into deeper mucosal and systemic lymphoid tissues (4, 5).

Our current understanding is that commensal bacteria in the lumen and intestinal IgA together create natural cohabitation niches in the gastrointestinal (GI) tract (6). However, the nature

and location of these cohabitation niches remain to be elucidated because more than 90% of the intestinal microbes have not been cultured. This limits the ability to perform detailed immunologic and bacteriologic analyses of the cohabitation mechanism between the host immune system and commensal bacteria. However, recent advances in the 16S rRNA gene clone library analysis technique have made it possible to study the composition of symbiotic bacteria in the GI tract (7, 8) and thus allow us to understand the molecular and cell biology of bilateral interactions between the mucosal immune system and the intestinal microbiota.

PPs are an example of well-characterized gut-associated lymphoid tissue and contain a wide variety of immunocompetent cells, including dendritic cells (DCs), macrophages, and B and T cells. The tissues continuously take up gut luminal antigens through M cells, including both beneficial and undesired antigens, and initiate antigen-specific immune responses in the host. The numbers of PPs range from 8 to 10 in the murine, and up to 200 in the human, small intestine (4). In a previous study of the interactions between the GI commensal bacteria and mucosal Ab production, luminal bacteria (e.g., *Enterobacter cloacae*) were shown to be taken up by CD11c⁺ DCs in the PPs (PP-DCs); this led to the development of the intestinal IgA immune system (9).

Here, we tested the hypothesis that PPs, a major inductive and regulatory site for mucosal immunity (4) and also the entry site for luminal antigens such as indigenous bacteria (9), are one of the intratissue cohabitation niches of the intestinal microbiota necessary for the development of the mucosal immune system. This intratissue colonization may create a state of symbiosis with instructive environmental antigens on the interior of the PPs.

Results

Presence of Indigenous Opportunistic Bacteria on the Interior of PPs.

To determine the bacterial composition at the surface and on the interior of PPs in naïve, specific-pathogen-free (SPF) mice, we

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¹To whom correspondence should be addressed. E-mail: kiyono@ims.u-tokyo.ac.jp.

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first used the 16S rRNA gene clone library method. Consistent with a previous report (10), segmented filamentous bacteria were the predominant species detected on the surface of the follicle-associated epithelium covering PPs (Fig. 1A). In contrast, several species of indigenous microbiota, including *Alcaligenes* spp., *Ochrobactrum* spp., *Serratia* spp., and *Burkholderia* spp., were detected on the interior of PPs. Of these, *Alcaligenes*, which are opportunistic bacteria (11), were dominant (72%; Fig. 1A).

To confirm the presence and localization of *Alcaligenes* on the interior of PPs, we next performed a whole-mount FISH analysis to identify the bacterial distribution in this tissue (12). The microbial cells were visualized by three distinct probes used in several previous studies (12–14) (Table S1). EUB338 is routinely used for detecting bacterial species in an indiscriminate manner (12). ALBO34a is a specific probe for *Alcaligenes* and *Bordetella* (13), and BPA is for *Alcaligenes*, *Burkholderia*, and *Comamonas* (14). Thus, *Alcaligenes* are identified as ALBO34a and BPA double-positive cells.

Consistent with the 16S rRNA analysis (Fig. 1A), EUB338-positive bacteria morphologically similar to segmented filamentous bacteria were observed over the entire surface area of PPs covered by wheat germ agglutinin positive (WGA⁺) epithelial cells (Fig. 1B). ALBO34a and BPA double-positive *Alcaligenes* were detected on the interior of PPs, where WGA⁺ epithelial cells were not observed (Fig. 1B). Sequential analysis through the z axis convincingly showed that *Alcaligenes* were

present on the interior of PPs (Movie S1). We also confirmed the presence of *Alcaligenes* by the PCR method in a separate study using the 16S rRNA-gene-targeted group-specific PCR primers for *Alcaligenes*.

In contrast to the preferential localization of *Alcaligenes* in PPs, this species was essentially absent in the diffuse lamina propria (LP) region of the small intestine (Fig. 1B), whereas EUB338-positive bacteria were scattered throughout the surface layer of the LP (Fig. S1A). Thus, although some antigen-sampling cells [e.g., villous M cells (15) and epithelial DCs (16)] are located in the epithelium covering the more diffuse LP region, it seems that antigen-sampling M cells and DCs in the follicle-associated epithelium of PPs are responsible for the entry of *Alcaligenes*. Furthermore, the presence of *Alcaligenes* inside PPs was demonstrated to be a common feature by the characterization of different species of mice housed in various SPF-maintained experimental animal facilities (Fig. S1B). These findings suggest a possibility that commensal bacteria live within the tissues of the organized lymphoid structures associated with the GI tract.

***Alcaligenes*-Ingested PP-DCs Migrate into Mesenteric Lymph Nodes but not Spleen.** We next investigated the fate of *Alcaligenes* inhabiting PPs, and particularly their interactions with mucosal immunocompetent cells. When the microbial populations within DCs purified from different tissues were characterized by the 16S rRNA analysis, *Alcaligenes* were detected within PP-DCs and mesenteric lymph node (MLN) DCs (Fig. 2A) but not splenic DCs (Fig. S2). Our findings support the presence of a restricted PP-MLN axis for migration of DCs that have taken up indigenous microbiota and suggest that MLNs act as reinforcement to help prevent intrusions

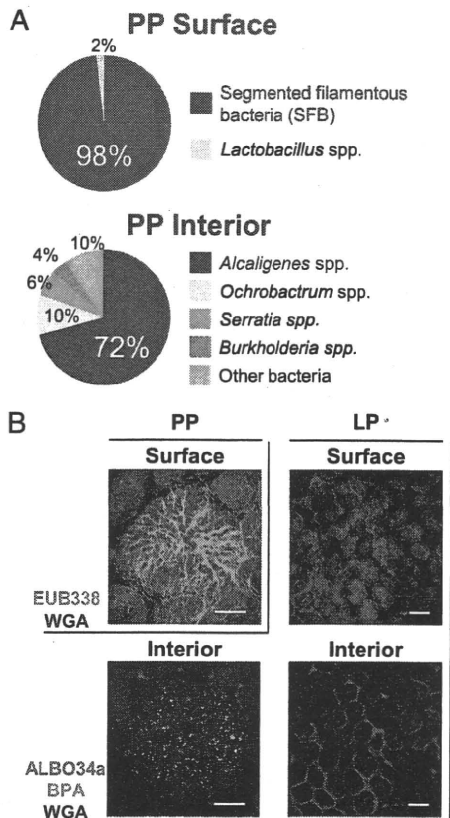


Fig. 1. Microbial distribution in the GI immune compartment. (A) Microbial composition at the surface and on the interior of PPs was examined by 16S rRNA gene clone library analysis. (B) The presence of *Alcaligenes* was visually analyzed by whole-mount FISH at the surface and on the interior of PPs and LP. Data are representative of five independent experiments. [Scale bars, 100 μ m (PP), 150 μ m (LP).]

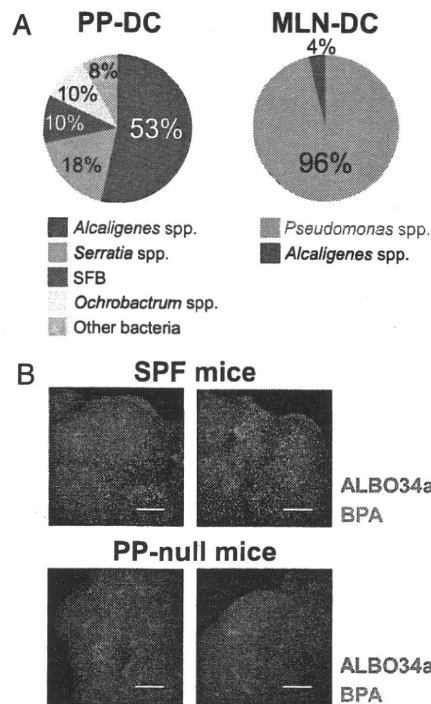


Fig. 2. PP-MLN migration axis for *Alcaligenes*-ingested GI tract DCs. (A) CD11c⁺ DCs were isolated from the PPs and MLNs. Bacterial composition was determined by 16S rRNA gene clone library analysis. (B) Whole-mount FISH was performed to detect *Alcaligenes* (yellow) in the MLNs of PP-intact and PP-null mice. The confocal images were sequentially captured at 20- μ m intervals along the z axis. Data are representative of five independent experiments. (Scale bars, 300 μ m.)

by indigenous microbiota into the systemic compartment (17). By using FISH analysis, we also found substantial numbers of *Alcaligenes* in the MLNs of SPF mice (Fig. 2B).

To investigate whether PP-DCs are the main source of MLN-DCs harboring *Alcaligenes*, PP-null mice were generated by in utero treatment with an anti-IL-7 receptor α chain mAb (18). In PP-null mice, negligible numbers of *Alcaligenes* were detected in their MLNs (Fig. 2B); these bacteria presumably originated from isolated lymphoid follicles (ILFs) (Fig. S1C and Movie S2), which resemble PPs and still develop in PP-null mice (19). This result was identical to previous reports showing that PPs are the major sites for uptake of orally inoculated bacteria and the subsequent induction of host immune responses (e.g., *Salmonella typhimurium* and *Helicobacter pylori*) (20, 21).

Preferential Induction of *Alcaligenes*-Specific Mucosal Ab Responses for the Establishment of Symbiosis. To elucidate whether the intratissue presence of *Alcaligenes* and their uptake by PP-DCs affect intestinal mucosal Ab responses, we next examined IgA Ab responses to *Alcaligenes* because IgA is the major isotype of mucosal Abs (4). We used *Alcaligenes faecalis* subsp. *faecalis* NBRC (National Institute of Technology and Evaluation Biological Resource Center) 13111^T, which was the predominant species in the PPs (Fig. S3A), for the analysis of antigen-specific immune responses. Substantial amounts of *Alcaligenes*-specific IgA Abs were detected in the feces of SPF mice, whereas GF mice failed to produce this isotype of antigen-specific Abs (Fig. 3A, Left). No serum IgG Abs specific for *Alcaligenes* were seen in either SPF or GF mice (Fig. 3A, Right). This result reflected the localization of *Alcaligenes* in PPs, a major mucosal Ab-inductive lymphoid tissue, and not spleen, where systemic IgG Ab responses predominate (Fig. 1 and Fig. S2).

In agreement with this finding, an enzyme-linked immunospot (ELISPOT) assay showed that naïve, SPF mice possessed *Alcaligenes*-specific IgA Ab-forming cells (AFCs) in their intestinal compartments, including PPs and the LP region, but not in the spleen (Table 1). Additionally, no *Alcaligenes*-specific IgG-AFCs were seen in MLNs or spleen (Table 1). *Alcaligenes*-specific IgA-AFCs were more commonly observed in the PPs than in the LP region: more than 2% of IgA-AFCs in the PPs were reactive to *Alcaligenes*, whereas only approximately 0.5% of IgA-AFCs in the LP were specific for *Alcaligenes* (Table 1). This tissue-specific pattern of *Alcaligenes*-specific IgA-AFCs was further confirmed by FACS analysis using GFP-*Alcaligenes* (Fig. S3B): 5.3% of IgA-positive B cells (including 2.3% of IgA plasmablasts) were specific for *Alcaligenes* in the PPs, whereas only 1.1% of IgA-positive B cells in the LP were specific for this bacterium (Fig. S3B). In addition, when we examined LP-homing properties of local IgA class-switched (or IgA committed) B cells in PPs, *Alcaligenes*-specific IgA⁺ B cells expressed fewer gut-homing receptors ($\alpha 4\beta 7$, CCR9,

and CCR10) than the rest of the PP-IgA⁺ B cells (Fig. S3C). Therefore, *Alcaligenes*-specific IgA-committed B cells most likely remained in PPs, which accounted for the presence of elevated *Alcaligenes*-specific IgA-AFCs in PPs compared with LP.

Some intestinal IgA Abs are derived from B1 B cells and recognize T cell-independent antigens commonly expressed by commensal bacteria. Thus, it is possible that *Alcaligenes*-specific IgA Abs show some cross-reactivity with other commensal bacteria. We tested this possibility by FACS analysis and found that *Alcaligenes*-specific Abs did not cross-react with other bacteria (e.g., *Escherichia coli*; Fig. S4A). This view was further supported by the analysis of *Alcaligenes*-specific IgA mAb (#3E-12A-6D-3G) developed by fusion of B cells from the PPs of SPF mice. This mAb did not cross-react with *E. coli*. In addition, impaired intestinal IgA Ab responses to *Alcaligenes* were noted in TCR $\beta^{-/-}$ $\delta^{-/-}$ mice (Fig. S4B). These data suggest that *Alcaligenes*-specific IgA Abs are mostly derived from B2 B cells producing T cell-dependent, antigen-specific Abs. This agrees with the evidence that PPs are major sites for the induction of intestinal mucosal Ab responses to T cell-dependent microbial antigens regardless of whether the microbes are commensal or pathogenic (4).

Although PPs are thought to play a major role in the induction of IgA-committed B cells and plasmablasts, but not plasma cells (4), these data suggest that a large part of *Alcaligenes*-specific fecal IgA Abs are derived from PP IgA-producing cells in a T cell-dependent manner. In fact, markedly decreased levels of anti-*Alcaligenes* fecal IgA Abs were seen in PP-null mice (Fig. S4C). These findings are in agreement with previous reports demonstrating that PP-DCs are involved not only in the class-switching of IgM⁺ B cells to IgA⁺ ones and the determination of gut-tropism via retinoic acid synthesis (22, 23), but also in regulating IgA secretion in the PPs through the stimulation signal provided by the Ab-enhancing cytokine IL-6 (24). We examined IL-6 production by PP cells from GF mice after treatment with *Alcaligenes* and found that *Alcaligenes* induced mainly PP-DCs to produce substantial levels of IL-6 (Fig. S5A). When PP-DCs were isolated from WT mice and cocultured with *Alcaligenes*, the synthesis of the IgA isotype-switching cytokines TGF- β and B-cell-activating factor belonging to the TNF family (BAFF) were also elevated in addition to IgA-enhancing cytokine IL-6 (Fig. S5B).

Taken together, these findings suggest that mucosal Abs, including locally produced, antigen-specific IgA Abs, may play a critical role in the intratissue cohabitation of *Alcaligenes* in PPs. Supporting this view, *Alcaligenes* numbers were much lower in the PPs of CBA/N *xid* mice, which exhibit a B cell defect, than in WT mice (Fig. 3B and Fig. S6A). Further, *Alcaligenes* levels tended to be lower also in PPs of IgA-deficient mice, although no statistically significant differences were observed (Fig. S6B). Because the IgA-deficient condition did not lead to the complete removal of PP intratissue *Alcaligenes*, it is also possible that *Alcaligenes*-

Table 1. Induction of *Alcaligenes*-specific and total AFCs in *Alcaligenes*-associated ex-GF mice

Variable	SPF mice			<i>Alcaligenes</i> -associated mice		
	A (Anti- <i>Alcaligenes</i>)	B (Total)	A/B \times 100 (%)	A (Anti- <i>Alcaligenes</i>)	B (Total)	A/B \times 100 (%)
IgA-AFCs/10⁵ lymphocytes						
PP	28 \pm 15	1,304 \pm 364	2.10 \pm 0.83	10 \pm 5	625 \pm 307	1.68 \pm 0.46
LP	52 \pm 12	9,750 \pm 3,350	0.57 \pm 0.19	12 \pm 9	3,133 \pm 1,087	0.32 \pm 0.20
MLN	2 \pm 1	221 \pm 64	0.63 \pm 0.51	0	20 \pm 6	0
Spleen	0	36 \pm 8	0	0	15 \pm 5	0
IgG-AFCs/10⁵ lymphocytes						
MLN	0	13 \pm 7	0	0	10 \pm 5	0
Spleen	0	15 \pm 8	0	1 \pm 1	40 \pm 18	0.77 \pm 1.72

Alcaligenes-specific and total AFCs in SPF and the *Alcaligenes*-associated ex-GF mice were enumerated by ELISPOT assay. Data are expressed as means \pm SD ($n = 6$, respectively).

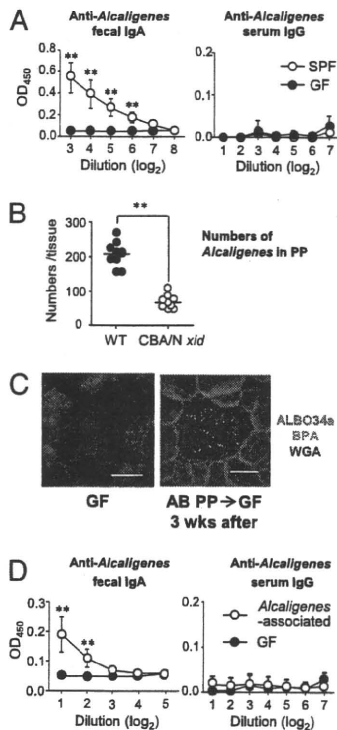


Fig. 3. Preferential induction of *Alcaligenes*-specific mucosal Ab responses in the PPs. (A) *Alcaligenes*-specific fecal IgA and serum IgG Ab responses were determined by ELISA. Data are means \pm SD ($n = 4$). (B) The numbers of *Alcaligenes* inside PPs were counted in 10 randomly chosen PPs of CBA/N *xid* and WT mice. Data are representative of three independent experiments. Horizontal bar indicates the mean. (C) Bacterial distribution on the interior of PPs of GF mice. AB, antibiotic-treated mice. Data are representative of three independent experiments. (Scale bars, 100 μ m.) (D) *Alcaligenes*-specific fecal IgA and serum IgG Ab responses in the *Alcaligenes*-associated ex-GF mice were measured by ELISA. Data are means \pm SD ($n = 6$). $**P < 0.01$.

specific IgA Abs may not be fully involved in the presence of *Alcaligenes* in PPs. Alternatively, this lack of significant differences may offer another explanation due to the compensation of IgA function by IgM Abs in deficient mice because the numbers of anti-*Alcaligenes* IgM-AFCs was much increased in IgA-deficient mice when compared with WT mice (Fig. S6C).

Ability of *Alcaligenes* to Colonize the Interior of PPs. Intratissue cohabitation of *Alcaligenes* in PPs should be addressed formally and directly by the establishment of a gnotobiotic mouse model monoassociated with *Alcaligenes*. The current technology, however, does not permit the isolation and culture of *Alcaligenes* from PPs. Previous studies have shown that *Alcaligenes* have the distinctive feature of being resistant to multiple antibiotics (25, 26), suggesting to us a unique strategy to directly assess the presence of intratissue *Alcaligenes* in PPs. By isolating PPs from antibiotic-treated mice under sterile conditions for the preparation of homogenized tissue and its subsequent oral administration to GF mice, we were able to establish PP-derived, *Alcaligenes*-associated mice. When we examined the antibiotic-treated mice, no bacteria were seen at the intestinal epithelial surface (including the follicle-associated epithelium), whereas *Alcaligenes* were present inside PPs (Fig. S7A). Three weeks after oral inoculation, *Alcaligenes* were again noted on the interior of PPs of ex-GF mice (Fig. 3C). The colonization of *Alcaligenes* in the PPs of ex-GF mice was further supported by the presence of antigen-specific fecal SIgA

but not serum IgG Abs (Fig. 3D). A significant increase in antigen-specific IgA- but not IgG-AFCs was also observed in these mice (Table 1). Furthermore, the levels of total IgA were partially increased in the *Alcaligenes*-associated mice (Fig. S7B). When we examined PPs of GF mice, the numbers of total IgA-AFCs were 143 ± 45 per 10^5 lymphocytes. On the other hand, the numbers of total IgA-AFCs in PPs isolated from both SPF and the mono-associated mice were $1,304 \pm 364$ and 625 ± 307 , respectively (Table 1). A similar tendency was also seen when total IgA levels were examined in fecal samples taken from monoassociated, GF, and SPF mice (Fig. S7B). These findings further suggest that the intratissue habitation of *Alcaligenes* in the PPs may contribute to not only the induction of *Alcaligenes*-specific IgA but also the development of at least a portion of mucosal IgA-associated humoral immunity.

Alcaligenes Were Present on the Interior of Monkey and Human PPs.

On the basis of the findings demonstrated by a variety of mouse experiments as described above, we next examined the presence of *Alcaligenes* inside PPs of higher mammals, namely nonhuman primates and humans. This bacterium was observed on the interior of monkey PPs by FISH analysis (Fig. 4A, Left), and anti-*Alcaligenes* IgA Abs were also detected in the feces of these monkeys (Fig. 4A, Right). To further demonstrate the intratissue habitation of *Alcaligenes* in monkey PPs, an *Alcaligenes*-specific mAb (#11E-8C-7A, IgM isotype) was developed. Immunohistochemical analysis with *Alcaligenes*-specific mAb #11E-8C-7A showed the presence of this bacterium on the interior of primate PPs (Fig. 4C, Left). When human PPs were obtained from noninflamed sites of healthy patients who underwent endoscopic biopsy, the intratissue habitation of *Alcaligenes* was demonstrated inside human PPs by FISH

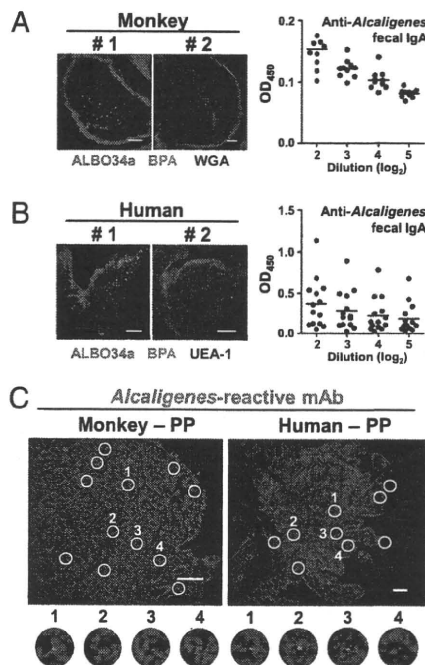


Fig. 4. Intratissue habitation of *Alcaligenes* inside nonhuman primate and human PPs. (A and B) *Alcaligenes* were detected on the interior of monkey and human PPs by whole-mount FISH (Left). *Alcaligenes*-specific fecal IgA Ab responses in monkeys and human were examined by ELISA [Right; $n = 10$ (A), $n = 14$ (B)]. Horizontal bar indicates the mean. (Scale bars, 100 μ m.) (C) Immunohistochemical analysis was conducted in monkey and human PPs with *Alcaligenes*-reactive #11E-8C-7A mAb and phycoerythrin-labeled anti-mouse IgM Ab. Open circles indicate the presence of *Alcaligenes*. (Scale bars, 100 μ m.)

analysis (Fig. 4B, Left). In addition, anti-*Alcaligenes* fecal IgA Abs were also detected in human fecal samples (Fig. 4B, Right), consistent with the murine and nonhuman primate studies (Fig. 3A, Left and Fig. 4A, Right). The intratissue habitation of *Alcaligenes* in human PPs was further confirmed by the use of *Alcaligenes*-specific mAb #11E-8C-7A (Fig. 4C, Right).

Discussion

The present study has revealed a unique aspect of intestinal symbiosis between the host immune system and its indigenous microbiota. In this system some opportunistic bacteria, such as *Alcaligenes*, exploit organized murine mucosal inductive tissues (PPs and ILFs) as their tissue-interior cohabitation niches *in vivo*. The intratissue habitation of *Alcaligenes* was further demonstrated by the analysis of PPs from nonhuman primates and humans. Recently, the microbial composition of mucosa-associated lymphoid tissue (MALT) lymphomas was analyzed by the use of a 16S rRNA method and revealed that *Alcaligenes* were highly detected in those lymphoma tissues (27). This finding also suggests the likelihood that *Alcaligenes* ordinarily inhabit the human mucosal compartment and that the dysregulation of this mutualism in the organized MALT of the host GI tract may contribute to the development of the MALT lymphoma.

The origin of *Alcaligenes* involved in this intratissue colonization remains unknown. *Alcaligenes* are widely present in soil, fresh water, sewage, marine systems, human clinical materials, and the feces of healthy people (11). In this study we attempted to isolate and culture this unique bacterium from PPs of naïve SPF mice, but we unfortunately have not yet developed suitable culture conditions. However, we did confirm that *Alcaligenes faecalis* NBRC 13111^T never entered the PPs after oral inoculation. This may be because *Alcaligenes* can change their morphology, which includes rod-shaped (0.8–1 × 1–2 μm) and coccoid (0.2–1 μm) forms (11). Similarly, *H. pylori* exhibits a coccoid form in the specific environment of the small intestine, which is essential for its selective uptake by PPs and the subsequent induction of antigen-specific and pathogenic CD4⁺ T cells that cause gastritis (21). Thus, it is possible that a specific form, presumably the coccoid form, of *Alcaligenes* is a prerequisite for its effective transfer into PPs and subsequent establishment of the intratissue cohabitation in the PPs. Supporting this prediction, we detected morphologically small, or presumably coccoid forms of *Alcaligenes* on the surface of the PP (Fig. S8).

An additional observation in the present study was that the numbers of *Alcaligenes* decreased in the absence of B cells and mucosal Abs (Fig. 3B and Fig. S6A). These results suggest that *Alcaligenes*-specific Abs may play a critical role in the PP tissue colonization by these bacteria. An interesting hypothesis would be that the coccoid form of *Alcaligenes* coated with specific mucosal Abs is selectively taken up by PPs through M cells expressing IgA receptors (28), and formation of the immune complex results in the creation of an appropriate environment for their cohabitation on the interior of PPs.

Another unresolved issue is why *Alcaligenes* exclusively inhabit the PPs. It has already been demonstrated that *Alcaligenes* produce antimicrobial substances inhibiting growth of other bacteria, including multidrug-resistant pathogenic bacteria (29–31). Kalimantacins, antibiotics derived from *Alcaligenes* spp. YL-02632S, were shown to suppress the reproduction of *Staphylococcus* spp., including *Staphylococcus aureus* (29). Further, unique antibacterial compounds produced by *Alcaligenes* spp. FC-88 (30) and M3A (31) were reported to interfere with growth of a wide variety of bacteria, such as *E. coli*, *Streptococcus pyogenes*, *Pseudomonas aeruginosa*, and *Staphylococcus aureus*. Thus, the presence of *Alcaligenes* spp. in PPs, the active antigen-sampling site, may be beneficial for the host by eliminating other opportunistic and pathogenic bacteria at their portal of entry.

Physiologically, *Alcaligenes* are known to bear a nitric oxide (NO) reductase gene and reduce NO (32), which was recently reported to up-regulate IgA class-switch recombination (33). These findings suggest that *Alcaligenes* possess unique functions to exclusively coexist in the PPs and to create an optimal environment for their cohabitation through the induction and regulation of mucosal Abs. In general, IgM⁺ B cells, a major source for μ to α class switching, are a dominant B cell fraction in PPs of naïve mice (≈70%) (34). Under the appropriate molecular environment including TGF-β1, CD40L, and IL-4 (4), these B cells undergo class switching to IgA-committed B cells, and thus ≈5% of the total cells in PPs are IgA⁺ B cells (34). Because NO has been shown to be an additional key regulatory molecule for TNFα/iNOS-producing DC (tip-DC) mediated IgA class switching (33), it is interesting to postulate that NO reductase produced by tissue-inhabiting *Alcaligenes* may serve as a regulatory molecule for the creation of an optimal and steady rate of IgA⁺ B cell generation in the PPs.

Unexpectedly, we also detected *Pseudomonas* spp. (genetically homologous with *Pseudomonas fluorescens*) and *Stenotrophomonas* spp. (closely related to *Stenotrophomonas maltophilia*) within the systemic- (or splenic-) but not PP-DCs of naïve, SPF mice (Fig. S2). These two bacteria are considered to be nosocomial pathogens with low levels of virulence in the natural cohabitation state (35, 36). It has also been reported that they spontaneously emerge in immunocompromised cancer patients in the absence of contamination from their surrounding environment (37, 38). Therefore, our present findings may be of crucial clinical significance for a possible role of the intratissue cohabitation by commensal opportunistic bacteria in systemic lymphoid tissues. This line of investigation is now being intensively studied in our laboratory to further elucidate the significance of commensal microbiota that inhabits both systemic and mucosal lymphoid tissues.

In summary, the present study has indicated a unique aspect of mutualism of indigenous opportunistic bacteria with the host immune system in the GI tract. By cohabiting within the organized lymphoid tissues (e.g., PPs and ILFs), these bacteria affect the development and maturation of the host mucosal immune system. Further, the PP-inhabiting, commensal microbiota are an additional element that contributes to creating and maintaining immunologic homeostasis in the host. The universality for the concept of intratissue habitation of *Alcaligenes* is shared by mice and primates, and perhaps other mammals, because their presence inside PPs was demonstrated in mice, monkeys, and humans.

Materials and Methods

Animals and Human Samples. BALB/c and C57BL/6 mice were obtained from CLEA Japan. CBA/N *xid* and control DBA/2 mice were purchased from Japan SLC. TCRβ^{-/-} δ^{-/-} mice were obtained from the Jackson Laboratory. IgA^{-/-} mice were originally generated by Dr. Gregory Harriman and were kindly provided by the Baylor College of Medicine. Mice were maintained under SPF conditions at the Institute of Medical Science, University of Tokyo and the Immunobiology Vaccine Center, University of Alabama at Birmingham (UAB). GF mouse experiments were performed at the Yakult Central Institute for Microbiological Research. All experiments were conducted in accordance with the guidelines for the Animal Care and Use Committees of the University of Tokyo and UAB.

Nonhuman primate PPs were obtained from cynomolgus macaques housed in the Tsukuba Primate Research Center (TPRC), National Institute of Biomedical Innovation (Tsukuba, Japan). All procedures were conducted in accordance with the guidelines for the Animal Care and Use Committees of the TPRC.

Human PPs were kindly provided by healthy patients without irritable bowel disease who underwent endoscopic biopsy at Osaka University Hospital. All of the subjects provided written informed consent, and the study protocol was approved by the Ethics Committee of Osaka University Graduate School of Medicine (approval no. 08243) and Institute of Medical Science, University of Tokyo (IMSUT) (approval no. 20-67-0331).

16S rRNA Analysis. The 16S rRNA gene was amplified by PCR with two universal primers (27F: 5'-AGAGTTGATCTGGCTCAG-3'; 1492R: 5'-GGTACC-

TTGTTACGACTT-3') ligated into plasmid vector pCR2.1 and transformed into INVα' competent cells by using a TA Cloning Kit (Invitrogen). Plasmid DNA of randomly selected transformants was prepared by using a TempliPhi DNA Amplification Kit (GE Healthcare) and sequenced by using the primers 27F and 520R (5'-ACCGCGGTCTGGC-3'). All sequences were examined by BLAST search to identify the closest relatives. Representative nucleotide sequences obtained in this 16S rRNA gene clone library analysis have been deposited in the International Nucleotide Sequence Database (accession nos. AB453241-AB453250).

Whole-Mount FISH Analysis. To detect the domain *Bacteria* or *Alcaligenes*, oligonucleotide probes were purchased from Invitrogen-Molecular Probes (Table S1). Isolated tissue segments were fixed in 4% paraformaldehyde at 4 °C overnight and washed with PBS. Tissues were hybridized in hybridization buffer [0.9 M NaCl, 20 mM Tris-HCl, 45% (ALBO34a, BPA) or 0% (EUB338) formamide, 0.1% SDS, and 10 μg/mL DNA probe] at 60 °C (ALBO34a, BPA) or 42 °C (EUB338) overnight. After washing twice in washing buffer [0.45 M NaCl, 20 mM Tris-HCl, 45% (ALBO34a, BPA) or 0% (EUB338) formamide, and 0.01% SDS] at 60 °C (ALBO34a, BPA) or 42 °C (EUB338) for 10 min, tissue segments were flushed with PBS. Lectin-labeling experiments were performed Alexa

Fluor 633-labeled WGA (Invitrogen-Molecular Probes) and biotinylated UEA1 (Vector Laboratories) followed by Alexa 633-conjugated streptavidin (Molecular Probes) at a concentration of 10 μg/mL for 1 h. After being washed with PBS, the tissue samples were mounted and examined by DM IRE2/TCS SP2 confocal microscopy (Leica Microsystems).

Statistical Analysis. Data were expressed as the mean ± SD or SEM and evaluated by an unpaired Student's *t* test. Significance was defined as *P* < 0.01.

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9 Analysis of Intestinal T Cell Populations and Cytokine Productions

Jun Kunisawa and Hiroshi Kiyono

Division of Mucosal Immunology, Department of Microbiology and Immunology, The Institute of Medical Science, The University of Tokyo, Minato-ku, Tokyo, Japan



CONTENTS

- Introduction
- Cell Isolation from Intestinal Tissues
- Measuring Cytokine Production from Intestinal T Cells
- Conclusion

Analysis of Intestinal T Cell Populations and Cytokine Productions

◆◆◆◆ I. INTRODUCTION

Intestinal tissues act as the frontlines of the host defense against large numbers of antigens and microorganisms at the most harsh environment in our body. To achieve immunosurveillance and immunological homeostasis in the gut, intestines establish the unique mucosal immune system tightly regulating a state of opposing but harmonized immune activation and quiescence (Kiyono *et al.*, 2008). Accumulating evidence has revealed that numerous types of immunocompetent cells are involved in the maintenance of an appropriate immunological environment of the mucosal immune system. Although the intestinal immune system shared some common immunological features with the systemic immune system, they also show distinct and unique immunological features (Kunisawa *et al.*, 2008).

Among various immunocompetent cells presented at the intestinal tissues, CD4⁺ T cells play a key role in the regulation of harmonized mucosal immune responses. Classically, CD4⁺ T cells are divided into two subsets, namely Th1 and Th2 cells, according to their distinct cytokine production profiles which account for two major functions (e.g. cell-mediated immunity [CMI] and humoral-mediated immunity in host immune responses, respectively) (Mosmann and Coffman, 1989; Street and Mosmann, 1991). It is well established that Th1 cells secrete interleukin (IL)-2, interferon (IFN)- γ and tumor necrosis factor (TNF)- α and function in CMI for protection against intracellular bacteria and viruses. In this regard, it has been shown that CD8⁺ T cells, through their production of IFN- γ , are closely related to

and play a central role in their cytotoxic functions (Mosmann and Coffman, 1989; Street and Mosmann, 1991). Furthermore, Th1 cells also provide limited help for B cell responses where IFN- γ supports μ to γ 2a switches and IgG2a synthesis in mice (Mosmann and Coffman, 1989; Street and Mosmann, 1991). By contrast, the Th2 cells preferentially secrete IL-4, IL-5, IL-6, IL-10 and IL-13 and provide effective help for B cell responses, in particular for IgG1 (and IgG2b), IgE and IgA antibody synthesis (Coffman *et al.*, 1987; Beagley *et al.*, 1988, 1989; Harriman *et al.*, 1988). Thus, numerous numbers of Th2 cells are observed in the mucosal tissues for the preferential induction and regulation of IgA B cell responses.

In addition to classical Th1/Th2 paradigm, recent studies have discovered novel T cell subsets involving in the pro- and anti-inflammatory responses. One subset is CD4⁺ T cells producing IL-17 and is known as Th17 cells (Harrington *et al.*, 2005; Littman and Rudensky, 2010; Weaver *et al.*, 2007). Like Th1 and Th2 cells, Th17 cells act as effector cells to exclude pathogens by inflammatory responses. On the other hand, it has been shown that CD4⁺ CD25⁺ Foxp3⁺ T cells (known as regulatory T [Treg] cells) play a critical role in the down-regulation of immune responses by IL-10 production and cell-cell interaction (Hand and Belkaid, 2010; Littman and Rudensky, 2010; Sakaguchi *et al.*, 2008). Another regulatory T cell population is known as Tr1 cells, which also produce IL-10 but lack the expression of Foxp3 (Groux *et al.*, 1997; Asseman and Powrie, 1998). It should be noted that these novel types of T cells are preferentially observed in the mucosal tissues, especially in the intestine. Therefore, it is essential to examine cytokine responses in order to characterize the nature of immune responses induced at different stages of host-pathogen interactions or inflammatory responses in the intestine.

Several important cytokines influence the process of generation and development of these T cell subsets. For example, IL-12 and IL-4 direct CD4⁺ T cells to

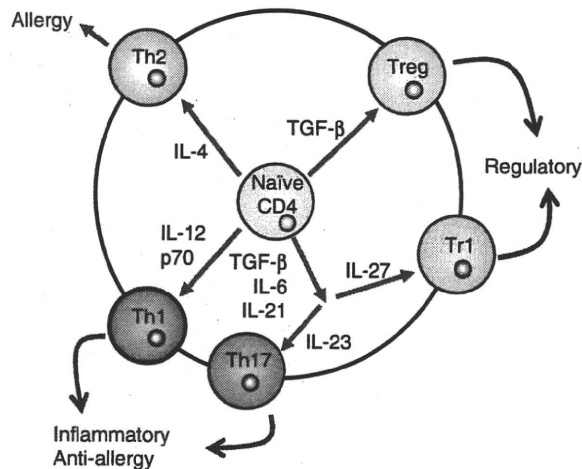


Figure 1. Versatile T cell network in the intestine. Naïve CD4⁺ T cells activated in the presence of TGF- β differentiate into Treg cells. IL-10-producing Tr1 cells is another type of regulatory T cell induced by TGF- β and IL-6, 21 and 27. On the other hand, IL-23 and IL-12 p70 are involved in the induction of Th17 and Th1 cells, respectively. Th2 cells, a major T cell population in the development of allergic responses, require IL-4.

the differentiation into Th1 and Th2 cells, respectively, while later in development IFN- γ and IL-10 (together with IL-4) can reinforce Th1 or Th2 phenotype expansion (Seder and Paul, 1994). Transforming growth factor (TGF)- β and IL-2 promote the differentiation of Foxp3⁺ Treg cells (Chen *et al.*, 2003). Although TGF- β is also a prerequisite factor for the differentiation of Th17 and Tr1 cells, IL-6 and IL-23 are additionally required for Th17 cell development (Bettelli *et al.*, 2006; Zhou *et al.*, 2007), whereas IL-6 and IL-27 enhance the Tr1 cell differentiation (Stumhofer *et al.*, 2007) (Figure 1).

◆◆◆◆◆ II. CELL ISOLATION FROM INTESTINAL TISSUES

A. Background

Intestinal tissues are generally and functionally divided into two sites. One is organized lymphoid organs and acts as the inductive site for the initiation of antigen-specific immune responses. Peyer's patches (PPs) are representative lymphoid organs in the intestine and known as a member of gut-associated lymphoid tissues (GALTs) (Kunisawa *et al.*, 2008) (Figure 2A). PPs show the features of

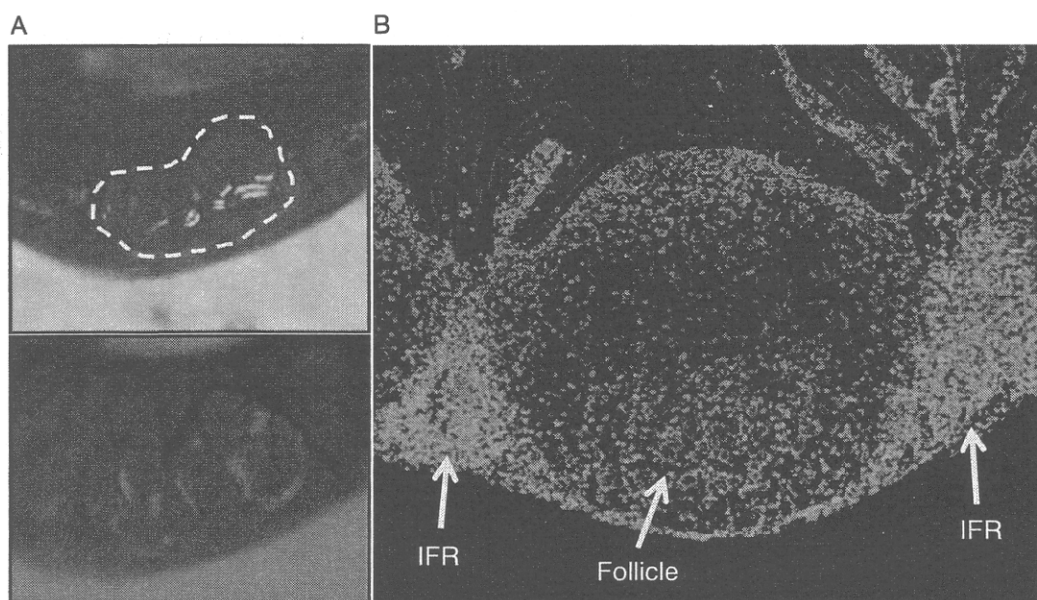


Figure 2. Macroscopic and histological views of Peyer's patches. (A) Mice were adoptively transferred with green fluorescent dye (carboxyfluorescein succinimidyl ester)-labelled naïve T cells. Sixteen hours later, small intestine was observed by conventional (upper) and fluorescent (bottom) stereomicroscopy. Yellow line in upper picture indicates the place of Peyer's patch. (B) Immunohistochemical data on Peyer's patch are shown. CD4⁺ T cells (green) are present mainly in the intrafollicular regions (IFRs) and follicle. (See color plate section).

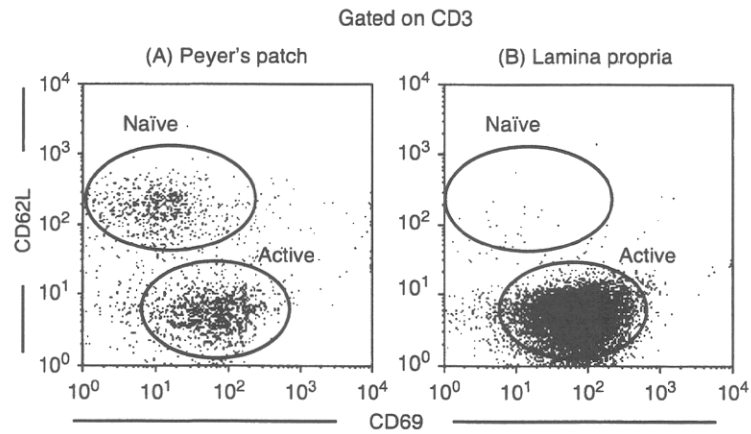


Figure 3. Immunological phenotypes of intestinal T cells. Cells were isolated from the Peyer's patches (A) and intestinal lamina propria (B), and stained with fluorescent-labelled antibodies for CD3, CD62L and CD69. The figures show the naïve ($CD62L^{hi} CD69^{-}$) and activated ($CD62L^{lo} CD69^{+}$) cells in $CD3^{+}$ T cells.

secondary lymphoid organs and thus contain naïve T cells, especially at the inter-follicular region (IFR: Figures 2B and 3A). In the IFR, naïve T cells recognize antigen presented by dendritic cells and subsequently differentiate into activated Th1- or Th2-type T cells in the follicle (Figures 2B and 3A). The other part is lamina propria region containing various types of T cells such as Th1, Th2, Th17, Tr1 and Treg cells for the execution of different effector functions including active and quiescent immune responses and thus known as the effector site. Under the epithelium, T cells exist diffusely with IgA^{+} plasma cells (Figure 4) and show activated phenotype mainly (Figure 3B).

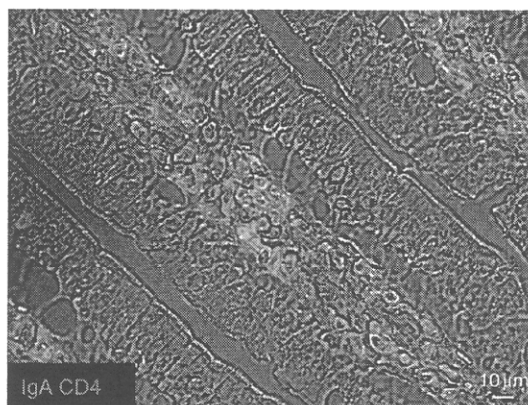


Figure 4. Distribution of immunocompetent cells in the intestinal lamina propria. Immunohistochemical data on intestinal lamina propria are shown. $CD4^{+}$ T cells (red) and IgA^{+} plasma cells (green) are diffusely present in the lamina propria region of small intestine. (See color plate section).

B. Isolation Lymphocytes from the Peyer's Patches (PPs)

1. Isolate the intestines and remove the PPs carefully using scissors.
2. Cut into small pieces as possible by scissors.
3. Incubate the pieces in 15 ml of pre-warmed RPMI1640 medium containing 2% foetal calf serum (FCS) plus 0.5 mg/ml of collagenase (available from many companies, but activity is different among companies and their lot. Therefore, it is necessary to check the activity and determine the optimal concentration). Stir the intestine for 20 min at 37°C.
4. Collect the supernatants in a fresh 50-ml tube and centrifuge for 5 min at 500 × g at 4°C. Suspend pellet with RPMI1640 containing 2% FCS.
5. Repeat twice steps 3 and 4.
6. Combine all cells and pass the cells through a 80-µm cell strainer. Centrifuge for 5 min at 500 × g at 4°C.
7. Suspend the cells with appropriate solution for further analysis.

C. Isolation Lymphocytes from the Intestinal Lamina Propria

1. Isolate the intestines and remove the PPs.
2. Open the intestine longitudinally, and wash it with ice-cold RPMI1640 medium (no FCS). Place the intestine in ice-cold RPMI1640 medium containing 2% FCS.
3. Cut the intestine into 2–3 cm pieces by scissors and incubate the pieces in 25 ml of pre-warmed (37°C) RPMI1640 medium containing 2% FCS and 0.5 mM ethylenediaminetetraacetic acid (EDTA). Stir the intestine in conical flask for 20 min at 37°C.
4. Remove the solution by passing the intestine through stainless mesh (e.g. a tea strainer). Put the intestine in a 50-ml tube containing 20 ml of plain RPMI1640 medium and shake them vigorously (~15 s).
5. Repeat step 4 once again.
6. Incubate the pieces in 25 ml of pre-warmed RPMI1640 medium containing 2% FCS. Stir the intestine in conical flask for 20 min at 37°C.
7. Repeat step 4 twice.
8. Cut into small pieces by scissors.
9. Incubate the pieces in 15 ml of pre-warmed (37°C) RPMI1640 medium containing 2% FCS plus 0.5 (small intestine) or 1.0 (large intestine) mg/ml of collagenase (concentration is dependent on the lot). Stir the intestinal pieces for 20 min at 37°C.
10. Collect the cell suspensions in a fresh 50-ml conical tube and centrifuge for 5 min at 500 × g at 4°C. Suspend pellet with RPMI1640 containing 2% FCS and pass the cell suspensions through a 100-µm cell strainer.
11. Repeat steps 9 and 10 twice.
12. Combine all cells and pass them through a 80-µm cell strainer. Centrifuge for 5 min at 500 × g at 4°C.
13. Suspend the pellet with 40% Percoll solution and overlay the cell suspension on 75% Percoll solution (Figure 5). Centrifuge for 20 min at 900 × g at 20°C without brakes.

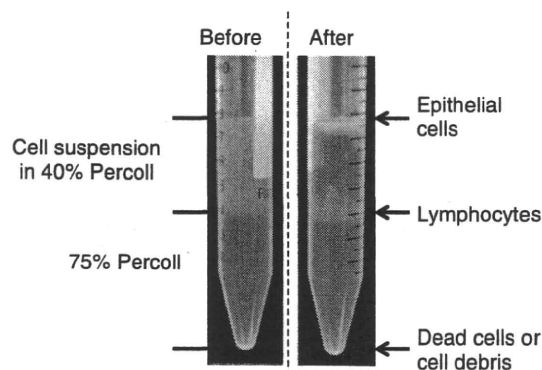


Figure 5. Cell purification using Percoll gradient centrifugation. To remove the epithelial cells, cell debris and dead cells, Percoll gradient centrifugation was performed. Initially, cells were suspended in the 40% of Percoll solution and put on the 75% of Percoll solution (before). After the centrifugation, lymphocytes were observed at the interphase between 40 and 75% Percoll solution. Epithelial cells and dead cells plus cell debris are observed at the top of layer and the bottom of the tube, respectively.

14. Collect cells at the interphase between 40 and 75% Percoll solutions (some epithelial cells are observed at the top of layer and debris and dead cells are at the bottom of the tube) (Figure 5).
15. Wash cells with 30 ml of RPMI1640 plus 2% FCS and centrifuge the cell suspension for 5 min at 500×g at 4°C.
16. Suspend the cells with appropriate solution and use for analysis.

◆◆◆◆◆ III. MEASURING CYTOKINE PRODUCTION FROM INTESTINAL T CELLS

A. Background

Cytokines are important biological molecules regulating distinct functions of different immunocompetent cells. As indicated above, T cells can be divided into several populations by the cytokine productions. Various techniques for the detection of cytokine production and/or expression have proven to be valuable for studies of T cell-mediated immune responses and examine the outcome of vaccine- and immune therapy-induced responses. We describe here three of these commonly used techniques to detect murine cytokines productions at protein levels and show some representative data on various cytokine productions by intestinal T cells. First, enzyme-linked immunosorbent assay (ELISA) assay can enumerate the amounts of produced cytokines from T cells. Second, ELISPOT assay is used to quantify the numbers of T cells producing particular cytokines (Czerkinsky *et al.*, 1988). Third, Intracellular cytokine staining assay can determine the T cell subsets and frequencies producing the specific cytokines when the cell were simultaneously stained with subset-specific markers.

B. Cytokine-Specific ELISA

For the analysis of murine cytokines, various kinds of ELISA kits are currently available from many companies. In addition, wide-ranging cytokine assays such as cytokine bead array (BD Biosciences, San Jose, CA) and Bio-plex system (Bio-rad, Richmond, CA) are currently available. Therefore, we summarize here the basic protocol by cytokine-specific ELISA system. We also show the example of cytokine production of small intestinal CD4⁺ T cells (Figure 6).

1. Dilute the capture antibody in phosphate-buffered saline (PBS) and add 100 μ l to the wells of 96-well microtitre plates (e.g. Immulon [Thermo Fisher Scientific, Rochester, NY]). Incubate the plates overnight at 4°C.
2. Remove the antibody solution from wells and block the coated antibody with PBS containing 1% BSA for 1 h at room temperature.
3. Wash the plates three times with PBS.
4. Prepare the standard curves using recombinant cytokines (e.g. two-fold serial dilutions in PBS containing 0.5% Tween 20 [PBS-T]).
5. To obtain the T cell culture supernatant, 2–10 $\times 10^4$ purified T cells were stimulated with immobilized anti-CD3 antibody (clone: 145-2C11; 1–5 μ g/ml in PBS) plus 1 μ g/ml of anti-CD28 antibody (clone: 37.51) for 72–96 h at 37°C. Alternatively, antigen-primed T cells (2–10 $\times 10^4$ cells) are stimulated with appropriate antigen plus antigen-presenting cells (e.g. irradiated splenocytes) for 96 h at 37°C.
6. Add 100 μ l of cytokine standards or appropriately diluted T cell culture supernatants and incubate the plates overnight at 4°C.
7. Wash the plates four times with PBS-T.
8. Add 100 μ l of appropriate biotinylated capture antibody diluted in PBS-T with 1% BSA. Incubate the plates overnight at 4°C.
9. Repeat step 7.
10. Add 100 μ l of peroxidase-labelled anti-biotin antibody and incubate the plates for 1 h at room temperature.

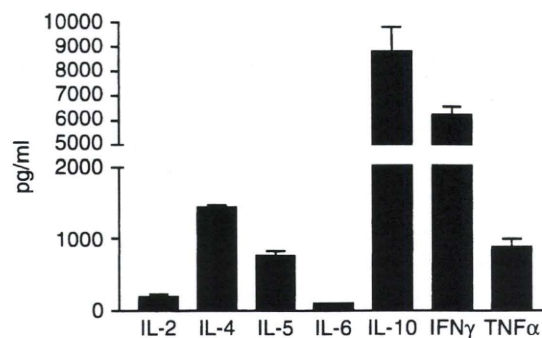


Figure 6. Cytokine productions by activated intestinal CD4⁺ T cells. Lymphocytes were isolated from the small intestine and applied to the FACS cell sorting to purify the CD4⁺ T cells. For the stimulation of T cells, 2 $\times 10^4$ purified CD4⁺ T cells were cultured with immobilized anti-CD3 antibody plus 1 μ g/ml of anti-CD28 antibody for 96 h at 37°C. Cytokine production in the culture supernatant was determined by cytokine-specific ELISA.

11. Repeat step 7.
12. Develop the colour with appropriate chromogenic substrates (e.g. TMB micro-well peroxidase substrate system [KPL, Gaithersburg, MD]) and read the absorbance.
13. Calculate the concentrations of samples by reference to the linear portion of the standard curve.

C. Cytokine-Specific ELISPOT

Like cytokine ELISA assay, several ELISPOT kits are commercially available. Thus, we summarize here a basic protocol of cytokine ELISPOT assay.

1. Dilute the capture antibody in PBS and add 100 μ l to the wells of 96-well nitrocellulose-backed microtitre plate (e.g. Millititer-HA [Millipore, Billerica, MA]). Place the plates in a humidified chamber or carefully wrap the plate in saran wrap and incubate overnight at 4°C.
2. Remove the antibody solution from wells and block the immobilized antibody with culture medium (e.g. RPMI1640 medium containing 10% FCS) for 1 h at 37°C.
3. Rinse the plate three times with PBS.
4. Prepare the five-fold dilutions of purified T cells in culture medium starting at 1–10 \times 10⁶ cells/ml. Immediately add 100 μ l of cells and incubate them for 12–16 h at 37°C. The time required for T cell purification significantly reduces the numbers of detectable cytokine-producing cells. Therefore, it is important to prepare the cells in a prompt manner.
For the assessment of cytokine productions by antigen-specific T cells, purified T cells should be re-stimulated with the same antigens in the presence of irradiated antigen-presenting cells. Between 1 and 6 days after antigen stimulation, T cells are harvested and immediately added to the capture antibody-coated plates as described above.
5. Wash the plates three times with PBS followed by three times washes with PBS-T.
6. Add 100 μ l of appropriate biotinylated capture antibody diluted in PBS-T with 1% BSA. Incubate the plates overnight at 4°C.
7. Wash the plates six times with PBS-T.
8. Add 100 μ l of peroxidase-labelled anti-biotin antibody and incubate the plates for 1 h at room temperature.
9. Wash the plates four times with PBS.
10. Develop the colour with appropriate chromogenic substrates (e.g. AEC [BD Biosciences]) and count red spots by stereomicroscope or automated ELISPOT readers (e.g. KS ELISPOT [Carl Zeiss, Oberkochen, Germany]).

D. Intracellular Cytokine Staining

Using intracellular cytokine staining method, the frequency of cytokine-producing cells and their phenotypes can be determined by flow cytometer. By using subset-

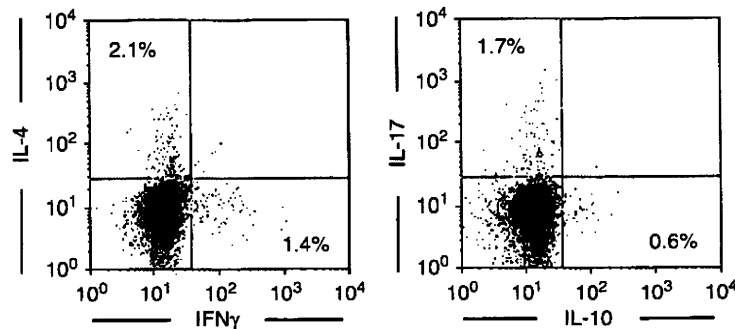


Figure 7. Intracellular cytokine staining of small intestinal T cells. Lymphocytes were isolated from the small intestine and cultured with 50 ng/ml PMA, 5 μ M calcium ionophore A23187 and golgistop (BD Biosciences) for 4 h at 37°C. Cells were stained with anti-CD3 antibody followed by the fixation and permeabilization of cell membrane by Cytofix/Cytoperm kit (BD Biosciences). The permeable cells were further stained with antibodies specific for each cytokine and analysed by flow cytometry.

specific antibody, we do not need to purify the T cells. As example, we show here the data on cytokine-producing CD4⁺ T cells isolated from small intestines (Figure 7).

1. Incubate lymphocytes in culture medium with 50 ng/ml PMA, 5 μ M calcium ionophore A23187 and golgistop (BD Biosciences) for 4 h at 37°C.
2. Harvest the cells and stain cells with a corresponding cocktail of fluorescently labelled antibodies for 30 min at 4°C.
3. Wash the cells twice with PBS plus 2% FCS (PBS-F).
4. Fix the stained cells with 250 μ l of Cytofix/Cytoperm solution (BD Biosciences) or 2% paraformaldehyde for 20 min at 4°C.
5. Wash cells twice with 1 ml of Perm/Wash buffer (BD Biosciences).
6. Incubate cells with fluorescently labelled cytokine-specific antibodies for 20 min at 4°C.
7. Repeat step 5 and suspend cells with PBS-T.
8. Analyse with Flow cytometer.

◆◆◆◆◆ IV. CONCLUSION

In this chapter, we have described the protocol for the analysis of T cell population in the intestine and their cytokine productions. For the cytokine production assay, we show three different methods: ELISA, ELISPOT and intracellular cytokine staining. These three assay systems allow the detection of different stages of cytokine production. Although each assay has unique advantages for the detection of T cell cytokines, the use of individual assays in a separate manner may often not

be sufficient for a thorough and accurate determination of the T cell cytokine profiles. Additionally, recent advances in the imaging technologies allow us to observe the cytokine-producing cells *in vivo* (Kamanaka *et al.*, 2006). Thus, combining traditional technologies with the modern and novel technologies will lead to the better understanding of T cell responses in the intestine.

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Peaceful Mutualism in the Gut: Revealing Key Commensal Bacteria for the Creation and Maintenance of Immunological Homeostasis

Jun Kunisawa^{1,2,*} and Hiroshi Kiyono^{1,2,3}

¹Division of Mucosal Immunology, Department of Microbiology and Immunology, The Institute of Medical Science

²Department of Medical Genome Science, Graduate School of Frontier Science

³Graduate School of Medicine

The University of Tokyo, Tokyo 108-8639, Japan

*Correspondence: kunisawa@ims.u-tokyo.ac.jp

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Quantitative and qualitative aspects of commensal bacteria determine the active and quiescent status of host immunity. In a recent *Science* paper, Atarashi et al. (2011) identify *Clostridium* clusters IV and XIVa as indigenous commensal bacteria that induce regulatory T cells for the creation and maintenance of immunological homeostasis.

The intestinal tract of mammals is home to 10^{13} to 10^{14} commensal bacteria composed of hundreds of species that benefit the host by supplying nutrients, metabolizing otherwise indigestible food, and preventing colonization by pathogens. Additionally, immune system development requires interactions with commensal bacteria (Hill and Artis, 2010). Because commensal bacteria commonly produce ligands of innate immunity, it was thought that unspecified commensal bacteria indiscriminately induced immune system development. However, accumulating evidence has indicated that individual species of commensal bacteria play specific roles in determining the immunological balance in the mucosal and systemic compartments. In a recent issue of *Science*, Honda and colleagues identified a cluster of indigenous commensal bacteria that are key to maintaining quiescent immunity (Atarashi et al., 2011).

Recent advances in genetic analyses of the composition of commensal bacteria led to the discovery that changes in microbial composition accompany alterations in the quality of host immunity and occasionally underlie immune diseases such as inflammatory bowel diseases (IBD) (Hill and Artis, 2010). These findings straightforwardly led to works addressing the puzzling question of how specific species of commensal bacteria regulate particular immune responses. One example of recent success in this area is the identification of segmented filamentous

bacteria (SFB) as inducers of active immunity. Several groups, including Honda's, showed that SFB efficiently induce effector T cells, especially Th17 cells observed predominantly in the gut, where they provide protective immunity against intestinal infection (Gaboriau-Routhiau et al., 2009; Ivanov et al., 2009).

In addition to immunosurveillance against harmful pathogens, the gut immune system mediates quiescent immunity (or tolerance/unresponsiveness) against harmless and beneficial nonself materials such as dietary antigens and commensal bacteria. Among multiple immunoregulatory pathways, regulatory T (Treg) cells play pivotal roles in achieving quiescent immunity. Like Th17 cells, Treg cells are abundantly present in the gut, which is explained at least partly by the function of the vitamin A metabolite retinoic acid that is produced by gut-associated dendritic cells (Mucida et al., 2009). Although probiotic strains could also induce Treg cells in the gut (Kwon et al., 2010), whether and how indigenous commensal bacteria induce Treg cells remained unclear.

In their recent *Science* paper, Honda's group extends their studies and identifies *Clostridium* clusters IV and XIVa (also known as the *Clostridium leptum* and *coccoides* groups) as among the indigenous commensal bacteria inducing colonic Treg cells. Atarashi et al. (2011) demonstrated that only a few Treg cells were present in the colon of germ-free mice but increased to normal levels in

specific pathogen-free (SPF) mice by colonization with commensal bacteria originating from SPF mice. By eliminating bacteria using antibiotics and chemical reagents, together with information about prominent commensal bacteria in the colon, they identified gram-positive and spore-forming *Clostridia* as candidate commensal bacteria that induce colonic Treg cells. Direct evidence was obtained from gnotobiotic mice that were generated by colonization with *Clostridium* clusters IV and XIVa. Intriguingly, the induction of Treg cells by commensal bacteria was observed specifically in the colon, whereas Treg cells in the small intestine were normally present in germ-free mice (Atarashi et al., 2011). The physiological functions of the small and large intestines differ substantially, and the small intestine is specialized to digest and absorb dietary materials. Treg cells in the small intestine increase after weaning (Atarashi et al., 2011), raising the possibility that materials in the diet and/or breast milk may regulate the induction of Treg cells in the small intestine.

Atarashi et al. also showed that an artificial increase in *Clostridium* in neonatal SPF mice resulted in the attenuation of intestinal inflammation in adulthood, which is potentially related to the lower levels of *Clostridium* clusters IV and XIVa in IBD patients (Frank et al., 2007). These regulatory effects were mediated by the preferential induction of Treg cells that produced IL-10 and expressed high levels of cytotoxic T-lymphocyte antigen

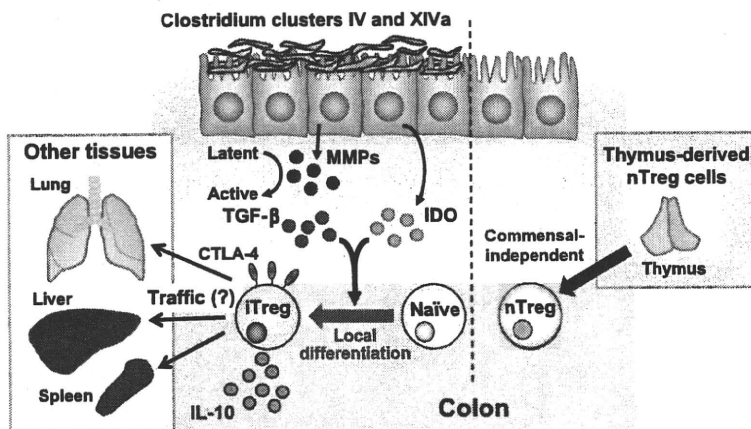


Figure 1. Induction of IL-10-Producing-Induced Treg (iTreg) Cells through the Interaction between Indigenous *Clostridium* Species and Epithelial Cells
After weaning, *Clostridium* clusters IV and XIVa become prominent in the colon, where they form a thick layer on the epithelium. *Clostridium* clusters IV and XIVa promote the production of matrix metalloproteinases (MMPs) from epithelial cells to convert TGF- β from the latent to the active form. Together with indoleamine 2,3-dioxygenase (IDO) produced by epithelial cells, the active form of TGF- β converts non-Treg cells into induced Treg (iTreg) cells that produce IL-10 and express high levels of CTLA-4. The locally differentiated iTreg cells prevent inflammatory and allergic responses in the gut and presumably other remote tissues. In contrast, thymus-derived naturally occurring Treg (nTreg) cells do not require stimulation by commensal bacteria.

4 (CTLA-4) (Figure 1). Interestingly, colonization with *Clostridium* resulted in the specific increase of IL-10-producing Treg cells at distant tissues, such as the spleen and lung, and inhibited allergic responses. These data suggest that T cells educated by commensal bacteria may move from the gut to remote tissues, where they determine the T cell-mediated immunological balance. This idea is plausible based on recent findings that Th17 cells induced by gut-resident SFB have pathogenic roles in the development of arthritis (Wu et al., 2010) and that probiotic-induced Treg cells accumulate at inflammatory sites of various tissues (Kwon et al., 2010).

Investigating the mechanisms of *Clostridium*-mediated induction of Treg cells, Atarashi et al. showed that *Clostridium* formed a thick colonizing layer on the epithelium where it enhanced the release of the active form of TGF- β and indoleamine 2,3-dioxygenase (IDO) from epithelial cells (Atarashi et al., 2011) (Figure 1). The TGF- β pathway was mediated by increasing the gene transcription of matrix metalloproteinases that converted latent TGF- β into the active form. Therefore,

colonization with *Clostridium* preferentially converts non-Treg cells into Helios-negative induced Treg cells with little effect on Helios-positive thymus-derived naturally occurring Treg cells. A recent study demonstrated that a mixture of probiotic strains, including *Lactobacillus* and *Bifidobacterium*, enhanced the production of TGF- β and IDO from dendritic cells and consequently induced Treg cells (Kwon et al., 2010), similar to the effects of *Clostridium* on epithelial cells. Interestingly, Atarashi et al. (2011) demonstrated that colonization with a mixture of three *Lactobacillus* strains was not sufficient to induce colonic Treg cells, suggesting that the generation of a bacterial community in which bacteria respond to each other's metabolic products and establish a niche among commensals is important to create an environment that facilitates the induction of Treg cells. Another major unresolved question is the function of *Clostridium* in the induction of colonic Treg cells. Atarashi et al. mention that pattern-recognition receptors were not involved in this pathway, in contrast to the Toll-like receptor 2-dependent conversion of Treg cells induced by poly-

saccharide A by the human commensal *Bacteroides fragilis* (Round and Mazmanian, 2010). Collectively, these findings suggest that there are versatile pathways in the commensal bacteria-mediated induction of Treg cells, and thus it is important to examine not only bacteria-host interactions but also the role of the bacterial community in the establishment of immunological mutualism. The role of dietary materials (e.g., fatty acids, vitamins, and carbohydrates) in the three-way communications with the host and commensal bacteria is an additional fascinating subject (Maslowski and Mackay, 2011). These future studies will facilitate our understanding of how our immune system mutually evolves with commensal bacteria to achieve the protective but still homeostatic immunity in the intricate environment of the gut, and will also lead to novel strategies to prevent and treat inflammatory, allergic, and infectious diseases.

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