TABLE 2 Risk factors for lymph node metastasis in 567 patients with T1–T2 lower rectal cancer determined by univariate and multivariate analysis

Parameters	No. of lymph node metastasis (%)	Univariate analysis			Multivariate analysis		
		P value	OR	95% CI	*P* value	OR	95% CI
Gender							
Male	49/346 (14.2)	0.0006	1		0.0009	1	
Female	57/221 (25.8)		2.50	1.62–3.85		2.18	1.38–3.46
Age (yr)							
<61	57/288 (19.8)	NS	1				
≥61	49/278 (17.6)		0.867	0.57–1.32			
Unknown	1						
Size (cm)							
≤2	25/173 (14.5)	NS	1				
>2	80/386 (20.7)		1.55	0.95–2.53			
Unknown	8						
Histology							
Well-differentiated adenocarcinoma	39/327 (11.9)	<0.0001	1		0.017	1	
Others	67/238 (28.2)		2.89	1.87–4.48		1.79	1.11–2.88
Unknown	2						
T-factor							
T1	20/233 (8.6)	<0.0001	1		0.0085	1	
T2	86/334 (25.7)		3.69	2.20–6.21		2.13	1.22–3.77
Lymphatic invasion							
Absent	15/241 (6.1)	<0.0001	1		<0.0001	1	
Present	91/320 (28.4)		5.99	3.37–10.65		3.95	2.11–7.46
Unknown	6						
Venous invasion							
Absent	40/317 (12.6)	<0.0001	1		NS	1	
Present	66/244 (27.0)		2.57	1.66–3.97		1.25	0.76–2.07
Unknown	6						

OR odds ratio, *CI* confidence interval. *Others* moderately differentiated adenocarcinoma, poorly differentiated adenocarcinoma, or mucinous adenocarcinoma

(range, 3–61) months. Total recurrence rates in this study were 3.4% (8/233) and 12.3% (41/334) among patients with T1 and T2 lower rectal cancer, respectively.

Prognosis of Patients with T1–T2 Lower Rectal Cancer

Relapse-free ($P = 0.0016$) and overall ($P = 0.011$) survival significantly differed between patients with T1 and T2 rectal cancer (Fig. 4). The 5-year relapse-free and overall survival rates were 90.6% and 91.7% in patients with T1 tumors and 82.6% and 86.8% in those with T2 tumors, respectively.

DISCUSSION

The oncological outcome of radical resection for rectal cancer has improved since the adoption of TME.[8] A reasonable quality of life and curability is required to treat patients with rectal cancer, especially those with lower rectal cancer. Therefore, early distal rectal cancer has been treated by local excision in some patients, despite the absence of definitive criteria for local excision. Because the rates of lymph node metastasis in rectal cancer range from 6.5–18% in T1 and 17–38% in T2, respectively, selecting the appropriate surgical procedure for patients with early rectal cancer by predicting lymph node metastasis is important.[6,9–11]

The present study demonstrated that gender, in addition to depth of tumor invasion, histological type, and lymphatic invasion, is a predictive marker for lymph node metastasis in early lower rectal cancer. Approximately 1% of men with well-differentiated T1 adenocarcinoma of the lower rectum had lymph node metastasis. Such patients are suitable candidates for local excision. On the other hand, the rate of lymph node metastasis in women with histological types other than

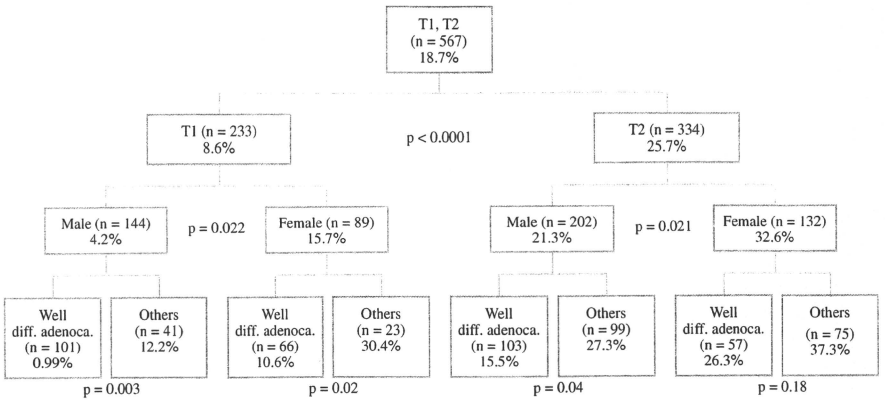

FIG. 1 Rates of lymph node metastasis in patients with T1–T2 lower rectal cancer hierarchized by depth of tumor invasion, gender, and histologic type as risk factors

TABLE 3 Risk factors for lymph node metastasis in 233 patients with T1 lower rectal cancer

Parameters	No. of lymph node metastasis (%)	Univariate analysis *P* value	Multivariate analysis		
			P value	OR	95% CI
Gender					
Male	6/144 (4.2)	0.0022	0.0019	1	
Female	14/89 (15.7)			5.68	1.90–16.9
Age (yr)					
<61	13/118 (11.0)	NS			
≥61	7/115 (6.1)				
Size (cm)					
≤2	14/128 (10.9)	NS			
>2	5/98 (5.1)				
Unknown	7				
Histology					
Well-differentiated adenocarcinoma	8/167 (4.8)	0.0007	0.010	1	
Others	12/64 (18.8)			1.5	1.4–11.1
Lymphatic invasion					
Absent	6/142 (4.2)	0.0018	0.059	1	
Present	14/86 (16.3)			2.87	0.96–8.62
Unknown	5				
Venous invasion					
Absent	9/169 (5.3)	0.0018	0.041	1	
Present	11/59 (18.6)			2.99	1.04–8.55
Unknown	5				

OR odds ratio, *CI* confidence interval, *Others* moderately differentiated adenocarcinoma, poorly differentiated adenocarcinoma, or mucinous adenocarcinoma

well-differentiated adenocarcinoma was 30.4%, even when the tumor did not invade the muscularis propria. Therefore, radical resection should be indicated for these patients. The reason why female gender is one of the risk factors for nodal involvement in T1–T2 rectal cancer is unclear in the present study. One of the possible

TABLE 4 Risk factors for lymph node metastasis in 334 patients with T2 lower rectal cancer

Parameters	No. of lymph node metastasis (%)	Univariate analysis *P* value	Multivariate analysis *P* value	OR	95% CI
Gender					
Male	43/202 (21.3)	0.021	0.033	1	
Female	43/89 (32.6)			2.18	1.38–3.46
Age (yr)					
<61	44/170 (25.9)	NS			
≥61	42/163 (25.8)				
Unknown	1				
Size (cm)					
≤2	11/45 (24.4)	NS			
>2	75/288 (26.0)				
Unknown	1				
Histology					
Well-differentiated adenocarcinoma	31/160 (19.4)	0.011	0.14	1	
Others	55/174 (31.6)			1.5	0.88–2.56
Lymphatic invasion					
Absent	9/99 (9.1)	<0.0001	0.0001	1	
Present	77/234 (32.9)			4.65	2.11–10.2
Unknown	1				
Venous invasion					
Absent	31/148 (20.9)	0.069	0.92	1	
Present	55/185 (29.7)			0.97	0.55–1.71
Unknown	1				

OR odds ratio, *CI* confidence interval, *Others* moderately differentiated adenocarcinoma, poorly differentiated adenocarcinoma, or mucinous adenocarcinoma

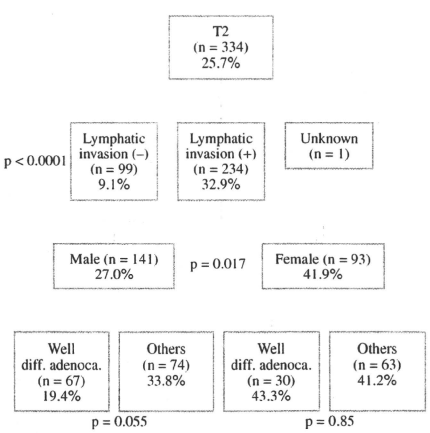

FIG. 2 Classification tree for risk of lymph node metastasis in patients with T2 lower rectal cancer

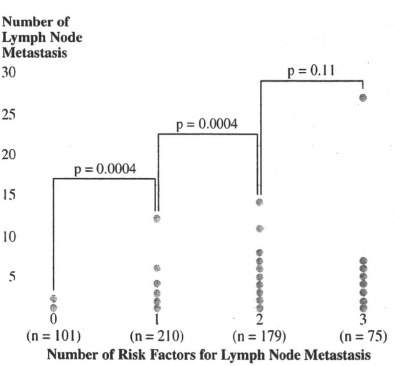

FIG. 3 Number of lymph node metastases according to numbers of risk factors

explanations might be a hormone, such as estrogen. Estrogen receptor is expressed in approximately 70% of colorectal adenocarcinoma.[12] Moreover, a previous study demonstrated that tamoxifen inhibited metastasis from colorectal cancer in a murine model.[13]

Further studies are required to determine therapeutic strategies for patients with T1 lower rectal cancer. Radical resection might be feasible from the viewpoint of

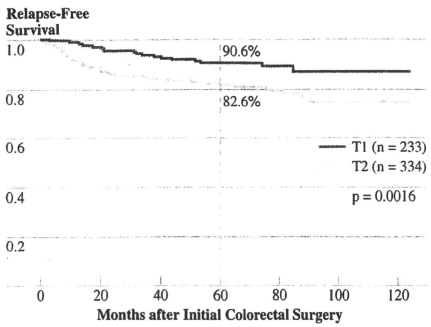

FIG. 4 Relapse-free survival after radical resection for T1 and T2 lower rectal cancer

oncological outcome, although the quality of life worsens after radical surgery compared with that after local excision. Local excision with informed consent would be one option for such patients.

Others have reported local recurrence rates of 4% to 18% after local excision alone for T1 rectal cancer, although those rates were >10% in most studies.[3,4,14–18] Furthermore, local recurrence rates after the local excision with adjuvant therapy in patients with T1 rectal cancer were 0% to 38%.[14,18–21] An optimal indication for local excision in patients with T1 rectal cancer is urgently required. The present study suggests that approximately 40% of patients with T1 lower rectal cancer could have avoided radical resection if the present classification had been applied. Additional studies are necessary to validate our data along with a large-scale, randomized, controlled study to compare the outcomes of radical resection and local excision with adjuvant therapy, such as radiation.

The present study also demonstrated that risk factors for lymph node metastasis, such as gender, histologic type, and the depth of tumor invasion, also are useful to predict numbers of lymph node metastases. Fewer risk factors for lymph node metastasis mean less development of lymph node metastasis. These findings also suggest that gender, histologic type, and depth of tumor invasion are useful to distinguish which patients should be indicated for local excision of early distal rectal cancer.

Lymphatic invasion was the most relevant risk factor to lymph node metastasis in patients with T2 lower rectal cancer. The rates of lymph node metastasis in men and women with T2 lower rectal cancer without lymphatic invasion were 8.3% and 10.3%, respectively. The feasibility of local excision for these patients should be carefully considered, because the present standard therapy for T2 lower rectal cancer seems to be radical resection. However, an initial option for these patients could be local excision. After a pathological examination, careful follow-up under informed consent or chemoradiotherapy might be indicated for patients without lymphatic invasion. On the other hand, radical resection should be added for patients with lymphatic invasion, because the rate of lymph node metastasis for such patients in this study was >30%. Others have reported 5-year local recurrence rates of 15% to 24% in patients with T2 rectal cancer after local excision and adjuvant therapy.[14,18–20,22,23]

The American College of Surgeons Oncology Group is presently conducting a phase II trial of neoadjuvant chemoradiation and local excision for uT2uN0 rectal cancer. The purpose of that study is to determine the rate of disease-free survival at 3 years in patients with ultrasound-staged uT2uN0 rectal cancer treated with chemoradiotherapy followed by local excision.[24] While the results of that study are anticipated, more effective therapeutic strategies are clearly required for patients with T2 lower rectal cancer from the perspective of posttreatment quality of life.

CONCLUSIONS

Gender is an independent determinant of lymph node metastasis in patients with early distal rectal cancer. The combination of gender, histologic type, and depth of tumor invasion is useful to determine indications for local excision in these patients. However, radical resection ought to be recommended for patients with T2 lower rectal cancer. Additional studies should establish the minimum optimal treatment for early distal rectal cancer.

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ORIGINAL ARTICLE

Anastomotic Leakage Contributes to the Risk for Systemic Recurrence in Stage II Colorectal Cancer

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Abstract
Purpose In stage II colorectal cancer (CRC), high-risk patient selection is required, but no candidate markers have been elucidated. Our concern was whether anastomotic leakage (Lk) is a potential available clinicopathological factor for selecting high-risk stage II.
Methods Two hundred seven patients with stage II CRC who underwent curative resection were analyzed. Clinical variables were tested for their relationship to survival.
Results The 5-year disease-free survival rate (DFS) was 87.0%. The univariable prognostic analyses indicated that Lk (P= 0.003) was the only significant factor. The multivariable prognostic analysis revealed that Lk remained to be potently independent [hazard ratio (HR), 4.21, P=0.021), and the DFS was 58.3% in cases with Lk, while 88.7% in the counterpart. The multivariable logistic regression analysis revealed perioperative blood transfusion (P=0.001) was independently associated with Lk. Intriguingly, Lk was closely associated with hematogenic recurrence (P=0.003) rather than peritoneal or local recurrence. Although sustained increase of the serum C-reactive protein at 2 weeks after operation predicted poor prognosis, the mutitivariable analysis including the C-reactive protein level revealed that Lk still indicated the prognostic potential (HR, 3.70, P=0.075).
Conclusions The findings concluded that Lk may be a high risk for systemic recurrence in stage II CRC.

Keywords Colorectal cancer · Stage II · Prognosis · Anastomotic leakage

Introduction

Colorectal cancer (CRC) is the second most prevalent cancer,[1], and chemotherapy has dramatically improved prognostic outcome of CRC patients over the past decades.[2,3] Nevertheless, CRC remains the fourth leading cause of cancer death worldwide with about 530,000 deaths every year.[1] Recently, as the prognostic outcome of stage III patients has been dramatically improved due to prevalent use of adjuvant chemotherapy and improvement of chemotherapy regimens,[2,4] adjuvant chemotherapy is consented as standard therapy in stage III CRC. Similarly, application of adjuvant chemotherapy is under discussion for patients with high-risk stage II disease[5] although no selecting marker has been clinically identified at present. In stage II patients, approximately 20% of the patients have yet suffered from recurrence in spite of potentially curative resection.[6] Therefore, pre- or postoperative prognostic markers have been anticipated for selecting high-risk patients who may benefit from adjuvant

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chemotherapy after curative operation of stage II CRC. Several prognostic markers or predictors of chemosensitivity for stage II patients have been reported such as allelic imbalance,[7] gene expression profiling by cDNA microarray,[8] or microsatellite instability,[9] respectively. However, such molecular markers have been unsuitable for routine application at present because they have not been finally validated yet and are still costly and time-consuming.

Anastomotic leakage (Lk) is thought to occur at a rate ranged from 3% to 18% and has been reported to be a risk factor for local recurrences in curatively operated CRC patients.[10–12] In this meaning, at least patients with Lk may be potential candidate for adjuvant chemotherapy. However, these results were based upon curatively operated patients with CRC of several stages, and the impact of Lk on long-term survival remains controversial,[10–14] especially in stage II CRC. Accordingly, clinicopathological factors including Lk were prognostically analyzed within stage II patients to evaluate whether Lk could be a clinically available parameter for predicting long-term prognosis.

Patients and Methods

Characteristics of Patients with Stage II CRC

A total of 1,101 patients having electively undergone surgical resection of primary CRC at the Kitasato University Hospital from January 1, 1990 to March 31, 2000, were reviewed. Patients with colorectal multiple cancer, malignant disease of other organ, familial adenomatous polyposis, or inflammatory bowel diseases, patients who underwent resections without anastomosis, and patients undergone emergency resection for perforation or one-stage resection for obstruction were excluded. Among the remaining 946 patients of sporadic CRC, 207 patients were diagnosed (21.9%) as stage II CRC disease and were operated on with curative intent. Preoperative chemotherapy or radiation therapy had not been performed in this cohort. Patients without obstruction received mechanical bowel preparation with polyethylene glycol electrolyte solution the day before surgery, and patients with obstruction and patients with rectal cancer received bedside orthograde colorectal lavage with lukewarm water. Prophylactic intravenous antibiotics were administered at the induction of anesthesia and 3 h after the beginning of operation. Patients were followed up until the recurrence of cancer or end point (April 30 2007). All patients were followed up at least every 3 months for the first year and every 6 months thereafter. Follow-up assessment involved a medical history-taking, physical examination, biologic tests, measurement of the serum CEA and CA19-9 levels, colonoscopy, chest radiography, abdominal ultrasonography (US), and chest/abdominal computed tomography (CT). Serum CEA and CA19-9 were usually evaluated every visit, and abdominal US and CT were performed every 6 months. Chest CT and colonoscopy were examined every year. Recurrence was diagnosed on the basis of imaging and, if necessary, either cytologic analysis or biopsy was performed. Patient demographics, tumor characteristics, and postoperative course were recorded and analyzed. Perioperative transfusion was defined as allogeneic blood transfusion during surgery or in the first two postoperative days, as in previous press,[15] and was performed at the discretion of the treating surgeons and anesthesiologists. The number of total dissected lymph nodes was also classified according to previous press.[16] Pathological TNM classification was made according to the UICC (*Unio Internationalis Contra Cancrum*) staging system.

Patients who received adjuvant chemotherapy for more than 3 months were defined as adjuvant chemotherapy "Yes" group. Adjuvant chemotherapy was consisted of oral administration of 5-fluorouracil (5FU)-based regimens: 5FU, Tegafur/uracil (UFT), or Furtulon (5′-deoxy-5-fluorouridine) alone, or one of them plus PSK (protein-bound polysaccharide K). Although curative operation alone is a standard therapy in stage II CRC at present, oral adjuvant chemotherapy had been recommended to patients with stage II CRC during the term of this patient cohort if they fulfilled the following eligibility criteria: age of 20 to 75 years; the absence of prior chemo-immunotherapy or radiotherapy, and the absence of severe liver dysfunction, heart failure, renal dysfunction, or other severe systemic complications. Therefore, patients who received oral adjuvant chemotherapy reached 180 cases, and the remaining 27 patients declined or did not fulfill the above criteria.

Lk was defined as any clinical or radiological evidence of dehiscence of the anastomosis: the presence of peritonitis caused by anastomosis dehiscence, the presence of feculent discharge from the drainage tube, or the presence of abscess with demonstration of Lk. These were also confirmed by radiography from drainage tube, hydrosoluble enema, or CT-guided abscess drainage except the cases with obvious feculent discharge from the drainage tube (Supplemental Table 1). Anastomotic dehiscence, which was basically diagnosed by, later, routine imagings prior to closure of diverting ileostomy, was not included. We performed routine imagings only for patients with diverting ileostomy prior to ileostomy closure more than 3 months after primary operation. Four patients underwent diverting ileostomy, but no anastomotic dehiscence was detected in such routine diagnosis.

Statistical Analysis

The relationship between Lk and clinicopathological parameters were assessed by Pearson's chi-square test or

Fisher's exact test, as appropriate, and multivariate logistic regression analysis were performed to obtain an adjusted effect of each factor. The time of follow-up was calculated from the operation date for the primary lesion to the date of recurrence. Cumulative disease-free survival (DFS) of patients was estimated using the Kaplan–Meier method, and statistical significance of the difference of the survival rate between groups was tested using the log-rank test. For the Kaplan–Meier estimate of the survival curves, we truncated the data at a follow-up period of 5 years to avoid the number at risk to be too small. Those with a survival time of more than 5 years were reported to be 5 years, and events occurring after the end of the 5-year follow-up period were computed as censored data. Five-year cumulative DFS probability was estimated using the life table method with the interval length set at 1 month. Multivariable analysis was performed by employing the Cox proportional hazards model to examine the interaction between Lk and other clinicopathological variables and estimate the independent prognostic effect of Lk on survival by adjusting for confounding factors. For ordinal variable, when zero event was detected in the lowest exposure group, analyses was designed to be performed by grouping categories together, treating it as ordinal data to get an average effect, or by confounding sensitivity analyses excluding it from analysis. Within the present study population, there were 27 recurrences of stage II CRC which allows up to three variables to be included in a multivariable regression model. To avoid over-fitting, all potential confounding factors of Lk were reduced to one single composite characteristic by applying a propensity score.[17] The conventional P value of 0.05 or less was used to determine the level of statistical significance. All reported P values are two-sided. Analyses were performed independently at our clinical research center using SPSS version 17.0 software (SPSS Inc., Chicago, IL).

Results

Patients' Characteristics and Their Association with Lk

The clinicopathological characteristics were shown in Table 1. One hundred twenty-seven males and 80 females were analyzed with age being 61.0±11.1 years. Lk occurred in 12 (5.8%) cases, and, among them, only one patient had a particularly preoperative complication (diabetes mellitus). The diabetes of this patient was well-controlled by insulin from preoperation through postoperation. And, there was no patient with other factors for poor nourishment such as medication of steroids. Lk occurred in 22.2% of patients with perioperative blood transfusion and in 1.2% of those without perioperative blood transfusion. Lk was significantly related to perioperative blood transfusion ($P<0.001$, Fisher's exact test), followed by T4 factor (direct invasion into other organ; $P=0.071$), the elevation of preoperative CEA ($P=0.110$), and tumor position ($P=0.129$). Preoperative obstruction was observed in only one patient with Lk (Table 1). There was also no significance in relationship between Lk and obstruction in the present study population. Lk occurred in five cases (3.8%) in colon cancer and seven in rectal cancer (9.2%). Among them, two patients required ileostomy (reoperation) for Lk in colon cancer and five in rectal cancer, and one patient (colon cancer) underwent ileostomy before curative resection (two-stage operation) for obstruction, one patient (rectal cancer) underwent diverting ileostomy, and the remaining three patients were conservatively observed with percutaneous drainage and finally cured. The multivariable logistic regression analysis of these factors indicated that Lk was independently associated with perioperative blood transfusion ($P<0.001$).

Kaplan–Meier Estimate of 5-Year DFS

All the patients were included in the survival analysis. The overall follow-up period ranged from 2 to 207 months (median, 116 months), and the mean DFS was 55.4 months corresponding to a 5-year follow-up. Because a cumulative DFS probability of 50% was not yet reached by the end of 5-year follow-up, the overall median DFS time was not determined. The overall DFS rate was 87.0% (27 cases with recurrence and 180 cases without recurrence). Five-year cumulative DFS of patients with Lk was remarkably worse (58.3%), which corresponded to stage III CRC (63.2%), compared with those without Lk (88.7%; $P<0.001$, Fig. 1a). Lymphatic involvement (ly; $P=0.119$) and vascular involvement (v; $P=0.086$) tended to indicate poor prognosis (Supplemental Fig. 1a, b), and patients with both ly and v involvement ($n=28$) showed significantly poor prognosis (DFS, 84.9%) compared with the counterpart ($n=179$; 100.0%; $P=0.033$; Supplemental Fig. 1c).

When separately analyzed on tumor position, Lk still significantly affected adversely on long-term prognosis in both colon and rectum (Fig. 1b, c), and there was no significant difference between DFS of patients with Lk in colon cancer (60.0%) and that in rectal cancer (57.1%). In addition, Lk was the only significant prognostic factor, and there was no factor which had prognostic potential ($P<0.1$) both in colon and rectum when separately analyzed (data not shown).

Contribution of Lk to the Risk of Recurrence with Multivariable Analysis

Cox proportional hazards model was applied to estimate the effect of Lk on DFS. Lk was the only significant prognostic

Table 1 Characteristics and those in correlation with anastomotic leakage (Lk)

Variables	No. of patients	Percentage	Lk			
			Present	Absent	Present rate (%)	P^a values
Gender						
Male	127	61	10	117	7.9	0.13
Female	80	39	2	78	2.5	
Age (years)						
<60	94	45	4	90	4.3	0.55
>60	113	55	8	105	7.1	
Tumor position						
Ccolon	131	63	5	126	3.8	0.13
Rectum	76	37	7	69	9.2	
Differentiation						
Non-poor	194	94	12	182	6.2	0.36
Poor[b]	13	6	0	13	0.0	
T factor						
T3	199	96	10	189	5.0	0.07
T4	8	4	2	6	25.0	
Lymphatic involvement (ly)						
Negative	16	8	0	16	0.0	0.61
Positive	191	92	12	179	6.3	
Vascular involvement (v)						
Negative	19	9	1	18	5.3	0.92
Positive	188	91	11	177	5.9	
Preoperative CEA						
Normal (<2.5 ng/ml)	138	67	5	133	3.6	0.110
Elevated (>2.5 ng/ml)	69	33	7	62	10.1	
Preoperative CA19-9						
Normal (<37 ng/ml)	183	88	10	173	5.5	0.64
Elevated (>37 ng/ml)	24	12	2	22	8.3	
Obstruction						
Yes	16	8	1	15	6.3	0.94
No	191	92	11	180	5.8	
Lk						
Yes	12	6	n/a	n/a	n/a	n/a
No	195	94	n/a	n/a	n/a	
Number of total dissected lymph node						
<6	5	2	0	5	0.0	0.78
6–10	27	13	1	26	3.7	
11–15	34	17	3	31	8.8	
>15	141	68	8	133	5.7	
Laparoscopy-assisted operation						
Yes	8	4	0	8	0.0	0.47
No	199	96	12	187	6.0	
Adjuvant chemotherapy						
Yes	180	87	9	171	5.0	0.2
No	27	13	3	24	11.1	
Perioperative transfusion						
Yes	45	22	10	35	22.2	<0.001
No	162	78	2	160	1.2	

OR odds ratio, *LNDE* lymph node dissection extent, *n/a* not applicable

[a] Compared by Fisher's exact test or chi-square test

[b] Poor consists of poorly differentiated, mucinous, and undifferentiated types

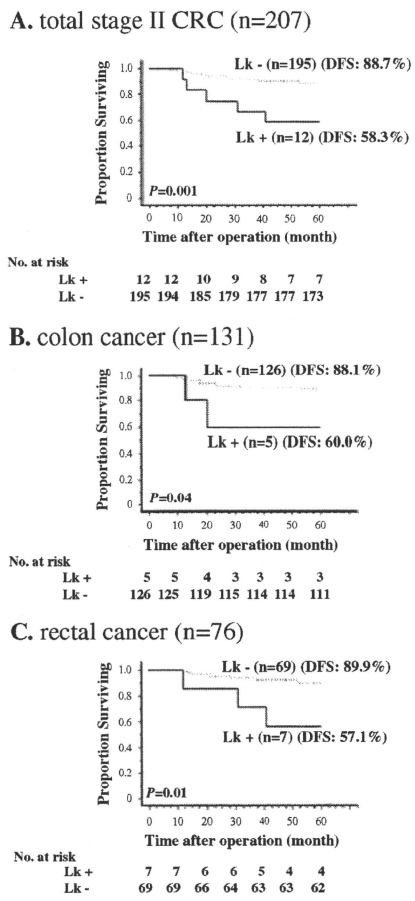

Fig. 1 Kaplan–Meier curve of 5-year DFS according to anastomotic leakage (Lk): **a** Total stage II CRC (n=207). **b** Colon cancer (n=131). **c** Rectal cancer (n=76)

factor, and there was no other factor which had prognostic potential (P<0.1). The crude hazard ratio (HR) of Lk-positive compared to Lk-negative was 4.38 (95% confidence interval (CI), 1.66–11.58; P=0.003), which indicated Lk increased the risk of recurrence of CRC and cancer-related death by more than four times that of without Lk. The effect of Lk on recurrence in colon and rectal cancer group gave similar results: crude HR (95%CI) was 4.1 (0.9–17.9) for the colon group and 4.9 (1.3–19.0) for the rectal group.

Before multivariable analyses were adopted to estimate adjusted effect of Lk on DFS, we further confirmed that there was no interaction effect between cancer position (colon or rectum) and Lk (P=0.874); taking into account that evaluation in each group would result in a small sample size and thus decrease the power of the study, we finally combined them together. Potential confounders of variables were included in the multivariable analysis (Table 2). The adjusted HR of Lk became 5.27 (95%CI, 1.54–18.10; P= 0.008) in comparison to Lk-negative. We also performed an analysis by using propensity score to adjust the effect of Lk by transforming all other confounding variables into a single estimator and revealed that, after the adjustment, the HR of Lk became 4.21 (95%CI, 1.24–14.33; P=0.021). These findings suggested that Lk seems to be an independent and significant risk factor of poorer DFS (Table 2).

Lk was Associated with Hematogenic Recurrence Rather than Local or Peritoneal Recurrence in Stage II CRC

Next, first recurrence site in patients with stage II CRC was analyzed according to Lk. Interestingly, Lk was correlated with hematogenic recurrence (P=0.003 by Fisher's exact test) rather than local recurrence or peritoneal dissemination (P=0.605; Table 3). Therefore, Lk may cause systemic micrometastasis, leading to systemic recurrence.

Effect of Lk on DFS When Taking Systemic Inflammatory Response into Account

Recently, a systemic inflammatory response, as evidenced by raised circulating levels of C-reactive protein (CRP), has been reported to be associated with poor survival in patients who underwent potentially curative resection for CRC.[18] These reports may explain the above implication of Lk in systemic recurrences, hence circulating level of CRP was analyzed, which was measured as a part of routine blood examination either before or after potentially curative resection for stage II CRC. CRP level was classified as raised (≥1.0 mg/dl) or normal (<1.0 mg/dl) from a clinical practice view. Lk was significantly correlated with CRP level at 1 or 2 weeks after curative operation (P=0.018, 0.003, respectively, by Fisher's exact test; Supplemental Table 2). Moreover, the sustained elevation of CRP level at 2 weeks after operation predicted significantly worse prognosis (DFS, 75.0%) than its counterpart (89.3%; P= 0.022, compared by log-rank test, Supplemental Fig. 2), while preoperative CRP and CRP at 1 week after operation did not show prognostic significance (data not shown). The multivariable prognostic analysis including CRP at 2 weeks

Table 2 Prognostic analysis of stage II patients according to 5-year DFS (n=207)

Variables	Univariable analysis		Multivariable analysis			
			Model 1		Model 2	
	HR (95%CI)	P^b values	HR (95%CI)	P^b values	HR (95%CI)	P^b values
Lk	4.38 (1.66–11.58)	0.003	5.27 (1.54–18.10)	0.008	4.21 (1.24–14.33)	0.021
Gender (male)	1.87 (0.79–4.43)	0.154	1.76 (0.71–4.34)	0.221	n/d	n/d
Age >60	1.26 (0.58–2.71)	0.559	1.24 (0.56–2.73)	0.603	n/d	n/d
Tumor position (colon)	0.99 (0.46–2.17)	0.988	1.12 (0.47–2.69)	0.797	n/d	n/d
Poor differentiation[c]	0.56 (0.08–4.14)	0.572	0.59 (0.07–5.29)	0.637	n/d	n/d
T factor (T4)	1.02 (0.14–7.51)	0.985	0.65 (0.07–5.66)	0.693	n/d	n/d
Lymphatic involvement (ly)	22.90 (0.05–9651.67)	0.310	n/d	n/d	n/d	n/d
Vascular involvement (v)	23.51 (0.09–6204.78)	0.267	n/d	n/d	n/d	n/d
Preoperative CEA elevation	1.21 (0.55–2.64)	0.636	1.13 (0.48–2.68)	0.783	n/d	n/d
Preoperative CA19-9 elevation	0.59 (0.14–2.48)	0.470	0.57 (0.13–2.55)	0.458	n/d	n/d
Obstruction	1.54 (0.46–5.11)	0.482	1.89 (0.47–7.56)	0.368	n/d	n/d
Number of total dissected lymph node					n/d	n/d
<6	reference		reference		n/d	n/d
6–10	1.60 (0.21–12.01)	0.649	0.50 (0.05–5.53)	0.570	n/d	n/d
11–15	1.26 (0.43–3.75)	0.674	0.48 (0.05–5.05)	0.542	n/d	n/d
>15	1.29 (0.48–3.50)	0.615	0.40 (0.04–3.68)	0.416	n/d	n/d
Laparoscopy-assisted operation	0.96 (0.13–7.05)	0.956	1.15 (0.15–8.79)	0.895	n/d	n/d
Adjuvant chemotherapy	0.90 (0.31–2.59)	0.838	0.95 (0.29–3.08)	0.928	n/d	n/d
Perioperative transfusion	1.28 (0.54–3.03)	0.575	0.70 (0.22–2.24)	0.547	n/d	n/d
Propensity score	n/d	n/d	n/d	n/d	1.16 (0.07–18.50)	0.918

DFS disease-free survival, *HR* hazard ratio, *CI* confidence interval, *n/d* not determined

[a] End-point: date of death or April 30, 2007, no patient was lost to follow-up

[b] Significance based on Cox's proportional hazard model

[c] Poor consists of poorly differentiated, mucinous, and undifferentiated types

There was no event in ly or v negative cases, so that these variables were excluded from multivariable analysis

Multivariable model 2 indicates the adjusted effect of Lk by applying propensity score which is a conditional probability of presenting Lk given by other clinicopathological factors including gender, age, tumor position, differentiation, vascular involvement, preoperative CEA elevation, and perioperative transfusion

after operation (n=175) showed that Lk still indicated prognostic potential (HR, 3.70, P=0.075; Table 4). This result suggests that Lk is more strongly associated with recurrence independent of sustained systemic inflammation.

Discussion

The present study showed that an anastomotic leakage (Lk) was closely associated with an adverse impact on long-term DFS (5-year DFS, 58.3%) in patients who underwent potentially curative resection for stage II CRC, and it was the most robust independent prognostic factor. This DFS was comparable to that of patients with stage III CRC. Although intramural vessel involvement may be available for the selection of low-risk patients (DFS, 100.0%), it was insufficient for the patient selection who have high risk of recurrence and would be rather low-risk selection (Supplemental Fig. 1). Therefore, with regard to patient selection, Lk alone may be potential classifier of stage II CRC. Lk has

Table 3 Association of Lk with first recurrence site in stage II patients

Lk	Local or peritoneal recurrence		P^a values	Hematogenic recurrence		P^a values
	Present	Absent		Present	Absent	
Yes	1	11	0.605	4	8	0.003
No	14	181		8	187	

[a] Significance based on Fisher's exact test

Table 4 Multivariate analysis of Lk effect on 5-year DFS in stage II CRC patients taken CRP into account (n=175)

Variables	Model 1		Model 2	
	HR (95%CI)	P^b values	HR (95%CI)	P^b values
Lk	3.05 (0.79–11.83)	0.106	3.70 (0.88–15.62)	0.075
Post-CRP (2w)	0.53 (0.21–1.35)	0.182	n/d	n/d
Gender (male)	1.97 (0.73–5.30)	0.178	n/d	n/d
Age>60	1.34 (0.59–3.14)	0.464	n/d	n/d
Tumor position (colon)	1.12 (0.43–2.91)	0.823	n/d	n/d
Poor differentiation[c]	1.02 (0.12–8.45)	0.986	n/d	n/d
T factor (T4)	0.53 (0.05–5.14)	0.583	n/d	n/d
Preoperative CEA elevation	1.30 (0.52–3.22)	0.572	n/d	n/d
Preoperative CA19-9 elevation	0.21 (0.03–1.66)	0.139	n/d	n/d
Obstruction	1.50 (0.33–6.90)	0.602	n/d	n/d
Number of total dissected lymph node			n/d	n/d
<6	Reference		n/d	n/d
6–10	6863.02	0.938	n/d	n/d
11–15	10138.02	0.935	n/d	n/d
>15	7343.4	0.937	n/d	n/d
Laparoscopy-assisted operation	1.17 (0.15–9.12)	0.884	n/d	n/d
Adjuvant chemotherapy	0.79 (0.23–2.75)	0.710	n/d	n/d
Perioperative transfusion	0.86 (0.26–2.84)	0.803	n/d	n/d
Propensity score	n/d	n/d	1.50 (0.16–13.88)	0.724

DFS disease-free survival, *HR* hazard ratio, *CI* confidence interval, *n/d* not determined, post-CRP (2w), *CRP* level at 2 week after operation

[a] End-point: date of death or April 30, 2007, no patient was lost to follow-up

[b] Significance based on Cox's proportional hazard model

[c] Poor consists of poorly differentiated, mucinous, and undifferentiated types

Variables with no event were excluded from multivariate analysis

Multivariable model 2 indicates the adjusted effect of Lk by applying propensity score which is a conditional probability of presenting Lk given by other clinicopathological factors and CRP level

been reported to be a risk factor of local recurrences in curatively operated CRC patients[10–12,19] which included several stage CRCs. However, to our knowledge, our study is the first report concerning Lk with high risk of recurrence limited in stage II disease. Interestingly, in our study, Lk was significantly implicated in systemic recurrence (P=0.003) rather than local recurrence in stage II.

In our study, there was no prognostic difference between colon cancer and rectal cancer. Although tumor position did not affect Lk and long-term prognosis in this study, anastomosis and prognosis in rectal cancer is thought to be affected by various factors compared with that in colon cancer.[10,20–23] However, even when separately analyzed on tumor positions, Lk was still significant prognostic factor (Fig. 1b, c).

Adjuvant chemotherapy for stage II CRC has been controversial at present because stage II patients show good prognosis and only a part of high-risk stage II patients may benefit in prognosis from previous studies.[6,24,25] Nevertheless, at present, standard chemotherapy is not recommended for stage II CRC patients because of excellent prognosis. Our current study included many such patients even with Lk who actually underwent adjuvant chemotherapy, but which did not include the most active agents such as oxaliplatin, CPT-11, bevacizumab, or cetuximab, suggesting that Lk anyway showed high risk for stage II CRC irrespective of adjuvant therapy. Therefore, our current result is worthy of further study on high-risk patient selection in stage II CRC and also on more powerful adjuvant chemotherapy such as FOLFOX in stage II patients with Lk in order to elucidate the benefit of adjuvant chemotherapy for these patients. In addition, neoadjuvant chemo-radiotherapy for locally advanced rectal cancer is now becoming standard. However, during the terms of this current study, we did not think that neoadjuvant treatment is really effective for such patients from a prognostic point of view. Thus, Lk in patients with neoadjuvant treatment should be also studied in the future.

Several parameters have been reported as independent prognostic factor or chemosensitive marker for patient selection allowing for the application of adjuvant chemotherapy in stage II CRC.[6,24,26] The number of evaluated lymph nodes,[27] T4 factor (direct invasion into adjacent structure),[16,28] tumor budding/infiltrating,[29] vascular involvement,[16,28] or perforation through the tumor[28] were such high-risk potential markers. In the present study, vascular involvement tended to be a prognostic factor, however, it was not insufficient to select high-risk patients. On the other hand, the number of evaluated lymph nodes and T4 factor did not indicate any prognostic significance in our current cohort of stage II CRC. Several molecular and genetic markers have also been reported to indicate poor prognosis of stage II CRC such as the DNA aneuploid,[30] 17p or 18q allelic imbalance,[7] gene expression profiling by cDNA microarray,[8] and micrometastasis detected by reverse transcriptase-polymerase chain reaction of CEA[31] or CK20.[32] In addition, microsatellite instability (MSI) has been reported as chemoresistant marker.[9] Actually, the largest stage II colon cancer trial (ECOG 5202, the US Gastrointestinal Intergroup including the National Cancer Institute of Canada) is ongoing, in which patients are now selected prospectively for adjuvant chemotherapy based on 18q loss of heterozygosity and MSI status.[33] Nevertheless, all such genetic and molecular tools are unsuitable for routine application at present because they are costly and time-consuming methods and have not been validated yet. In this meaning, Lk is easily available for patient selection at any minute.

Viable cancer cells in the lumen may be present at the site of the anastomosis at the time of surgery, which can be detected on suture or staple lines of anastomosis,[34] and on the occasion of Lk, those may be capable of implantation and subsequent local recurrence.[35] However, this theory alone did not explain the association of Lk with systemic recurrence in the present study. Systemic inflammatory response, as evidenced by raised circulating concentrations of CRP, has been reported to predict recurrence and disease-specific survival in curatively operated CRC patients.[18] Consistently, the sustained CRP elevation at either 1 or 2 weeks after operation was significantly associated with Lk, and especially, CRP at 2 weeks after operation per se predicted poor prognosis (P=0.022) in the present study. CRP may reflect the inflammatory response promoted by various cytokines which are presumably released from leukocytes in the malignant process.[36] On the other hand, a raised CRP level was thought to be related to the reduction of circulating lymphocytes.[37] In addition, the reduction of lymphocytes in the peripheral blood was shown to reflect the immune suppression in patients with malignant tumor,[38] and tumor-induced immune suppression adversely affects their prognosis.[39]

Perioperative allogeneic blood transfusion was reported to be an independent risk factor for Lk in a dose-dependent manner.[23] Also in the present study, perioperative blood transfusion affected Lk most robustly even when CRP was included in the multivariable logistic analysis (data not shown). Allogenic blood transfusion impairs the cell-mediated immune response[40] and predisposes to postoperative infectious complication,[41] and cell-mediated immune responses, which include mainly macrophage and T-lymphocyte, has been thought to affect the healing process.[42] Tadros T. et al. reported that perioperative blood transfusion impaired the healing of experimental intestinal anastomosis in an animal model using bursting pressure of anastomosis, in addition, cell-mediated immune response, as evidenced by exogenous IL-2, reversed the negative effects of blood transfusion on anastomotic repair.[43] Taken together, Lk may lead to systemic recurrences partly through cancer immune suppression together with sustained CRP elevation and perioperative blood transfusion. Conversely, we could also say that Lk is favored by a local depression of the immune system for the presence of undetected micrometastasis.

Recently, it has been suggested that tumor progression such as invasion and metastasis is coordinated by both cancer cells and host stromal cells, which consist tumor microenvironment.[44–46] A variety of host bone marrow-derived cells, which include inflammatory cells, cancer-associated fibroblasts, and endothelial progenitor cells compose of a tumor microenvironment.[47–49] Host inflammatory cells produce much more TGF-β than tumor cells, leading to inhibition of host tumor immune surveillance,[50,51] which may lead to cancer cell escape and intravasate into circulation. Local inflammation caused by Lk may additionally affect the above mechanism and may result in metastasis-prone phenotype. However, in order to answer the reason why Lk was associated with systemic recurrence, further experimental studies, such as comparison of circulating cancer cells or cytokines in both patients and experimental model, may be needed.

In conclusion, we showed that Lk was the most robust independent prognostic factor among the clinicopathological factors in stage II CRC. These results suggest that Lk may be appropriate for the selection of high-risk patients. And, Lk was associated with systemic recurrence in both colon and rectal cancer. Because Lk necessarily occurs at a given rate in spite of perioperative treatment with maximal attention and it is immediately available for clinical use from cost and technical point of view, Lk could be a factor for selecting high-risk patients. As only 12 patients (out of 207) had an Lk in this study, the prognostic impact of Lk should be validated in a larger study. On the other hand, because the DFS of patients without Lk was still 88.7%, further molecular tools would be necessary.

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Genetic Alterations of K-*ras* May Reflect Prognosis in Stage III Colon Cancer Patients Below 60 Years of age

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Purpose: Genetic alterations that are closely associated with patient prognosis can be landmarks of definitive therapeutic targets as well as useful biomarkers in human cancer clinics.

Methods: Three hundred seventy-eight colorectal cancer (CRC) patients were examined for K-*ras* mutations by single-strand conformation polymorphism (SSCP), with a subsequent 144 young colon cancer (YCC) patients added to validate its prognostic significance.

Results: K-*ras* mutations were identified in 161 (43%) of the 378 CRC patients and were significantly associated with tumor location (colon vs. rectum; 80/218 = 37% vs. 81/160 = 51%; $P = 0.0068$) and age (≥60 vs. <60; 103/220 = 47% vs. 58/158 = 37%; $P = 0.049$). The incidence of K-*ras* mutations was 30% in YCC patients as compared to 55% in elderly rectal cancer patients ($P = 0.0004$). K-*ras* mutations significantly correlated with a worse prognosis ($P = 0.0014$) only in 73 curatively resected YCC with stages I–III, but not in other CRCs, which was further validated in the independent set of the corresponding 144 YCC patients ($P = 0.024$). Both univariate and multivariate analyses identified K-*ras* mutations as an independent prognostic factor (HR = 5.5, $P = 0.029$; HR = 3.6, $P = 0.011$) in both learning and validation sets of the curatively resected YCC with stages I–III, respectively, and the prognostic relevance was marked in stage III YCC patients ($P = 0.002$), but not in stages I, II, and IV.

Conclusion: In curative YCC, K-*ras* mutations could have excellent prognostic value. Hence, the K-*ras* mutation status could be a good indicator to predict the clinical outcome in curatively resected stage III YCC patients, and K-*ras* pathway inhibition may be a relevant therapeutic target in CRC, excluding YCC patients with no K-*ras* mutation.

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KEY WORDS: colorectal cancer; k-ras mutation; prognosis

INTRODUCTION

Cancer, especially solid tumor, is a dismal disease that can ultimately lead to death. As the optimal strategy for solid tumors, attention has recently been focused on molecular therapies, such as the targeting of c-erbB2/HER2/neu for breast cancer [1,2], c-kit for gastrointestinal stromal tumors (GIST) [3,4], and epidermal growth factor receptor (EGFR) for non-small cell lung carcinoma [5,6]. Genetic alterations of such genes have been occasionally reported to be of prognostic significance [7–10]. As a result, cancer researchers have reached the consensus that the DNA status of therapeutic targets has a prognostic value.

In colorectal cancer (CRC), one of the most frequent causes of cancer-related deaths world-wide, K-*ras* is a critical oncogene with a prevalent mutation. K-*ras* persistently activates diverse onco-pathways, such as Raf/MEK (mitogen-activated protein/extracellular signal-regulated kinase)/ERK (extracellular signal-regulated kinase), PI3K (phosphatidylinositol 3-kinase)/PDK1 (3-phosphoinositide-dependent protein kinase-1)/Akt, and TIAM1 (T-cell lymphoma invasion and metastasis-inducing protein 1)/Rac (a Rho family GTPase) [11]. In CRC, somatic knockout of a mutant K-*ras* gene led to defective tumorigenesis accompanied by reduced expression of vascular endothelial growth factor (VEGF) [12,13], indicating that K-ras pathway activation plays a critical role in tumor progression in CRC.

K-*ras* mutations are an early event in adenoma, a precancerous form of CRC [14], but its prognostic value remains controversial, with both supporters [15–19] and detractors [20–26]. As a result, the American Society of Clinical Oncology (ASCO) 2008 update of recommendations addresses the utility of KRAS gene mutation testing in patients with metastatic colorectal carcinoma to predict response to anti-EGFR

Additional Supporting Information may be found in the online version of this article.

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monoclonal antibody (MoAb) therapy with cetuximab or panitumumab but did not acknowledge K-*ras* mutation as having any clinical usefulness as a prognostic marker at present [27,28]. We believe that mutations relevant to CRC should be evaluated for their clinical and prognostic significance, not only for predicting outcome but also in the search for a therapeutic target in CRC. In this study, detailed clinicopathological analysis was performed with a larger number of CRC patients than previously evaluated to reach accurate conclusions regarding the clinical significance of K-*ras* mutations.

MATERIALS AND METHODS

Three hundred seventy-eight patients with CRC were used to identify a subgroup with definite prognosis in terms of K-*ras* mutations and definition of clinicopathological factors.

From among CRC patients surgically resected at Kitasato University East Hospital between 1995 and 2004, 378 cases were investigated. Data on the CRC patients are shown in Supplemental Table I, in which the 6th Japanese Classification of Colorectal Cancer (JCCC), equivalent to the Dukes' stage, was applied.

Patients were divided into two groups, categorized as either elderly, $\geq$60 years old or young, <60 years old. If 40, 50, 60, and 70 years old were used to define young age, patient numbers below the cut-off were 8 (2.1%), 48 (12.6%), 158 (42.0%), and 281 (74.0%) in 378 CRC patients, respectively (Supplemental Table II). K-ras mutation exhibited the most intense association with age at a cut-off value of 50 (relative ratio = 2.2, $P = 0.02$), followed by 60 (RR 1.5, $P = 0.049$), when significant associations were found, but patients younger than 50 years of age were too few (13% of all CRC patients). We thus used 60 years old as the cut-off. Moreover, CRC was divided into either colon or rectal cancer, with colon cancer further divided into cecal, ascending, transverse, descending, and sigmoid.

According to the JCCC, pT was designated as follows: pT0 (mucosal invasion, M), pT1 (submucosal invasion, SM), pT2 (muscularis propria invasion, MP), pT3 (subserosal invasion or serosal exposure, SS/SE or A1/A2), and pT4 (invasion to the surrounding organs, SI or AI). Factors pN, H, LM, and P represented lymph node metastasis, hepatic metastasis, lung metastasis, and peritoneal dissemination, respectively. pN was defined as pN1/N2, the first/second tiers of lymph node metastasis, respectively. pN1 was defined as the first tier (Pericolic lymph nodes), and pN2 was defined as the second tier (Intermediate lymph nodes). CRC was classified into JCGC stages 0, I, II, III, and IV, based on pT, pN, and pM. Stages 0 and I were equivalent to pT0N0M0 and pT1/T2N0M0, respectively. Stage II was characterized by pT3N0M0. Stage III was defined by the presence of lymph node metastasis without distant metastasis (M0). Finally, stage IV featured distant metastases.

All cases were informative regarding the preoperative values of tumor markers CEA and CA19-9. The cut-off value determined by BRL Laboratory (Tokyo, Japan) was 2.5 ng/ml and 37.0 U/ml, respectively. Patients were followed up for at least 5 years, or until death. Follow-up was at least every 3 months during the first year, and then every 6 months. Assessment included medical history-taking, physical examination, biological tests, determination of serum CEA and CA19-9 levels (evaluated at every visit), colonoscopy, chest radiography, and chest computed tomography (CT; once yearly), abdominal ultrasonography, and abdominal CT (every 6 months). Recurrence was diagnosed on the basis of imaging and, if necessary, either cytological analysis or biopsy findings. Treatment of recurrence or metastasis included surgical resection (if possible), or 5-FU-based chemotherapy or radiotherapy.

All 378 cases were further analyzed for K-*ras* gene mutations and clinicopathological factors, including patient survival. The observation period ranged from 1 to 60 months, with a mean follow-up period of 42.7 months.

Validation Set for Prognostic Significance of K-*ras* Mutations in 144 Patients With Curatively Resected Young Colon Cancer (YCC) With Stages I–III

An additional and independent set of 144 young colon cancer (YCC) patients, who had undergone curative resection of the tumors with stages I–III at the Kitasato University Main Hospital between 1995 and 2006, was prospectively registered for further validation of the prognostic significance of K-*ras* mutations. They were further analyzed in terms of K-*ras* gene mutations and clinicopathological factors, including patient survival. The 144 patients were observed for 1–60 months, with a mean follow-up period of 42.0 months, and the 5-year disease-specific survival (DSS) rate was calculated.

Adjuvant chemotherapy was recommended largely for curatively resected stage III patients, although it was heterogeneous as standard therapy had not been developed, but administration was carried out for patients who agreed to the anti-cancer drug administration protocols approved by the authors' institution, which were 5-FU-based regimens +/− leucovorin (isovorin) or CPT-11, orally or intravenously. None of the rectal patients in the current study underwent adjuvant radiotherapy either pre- or post-operatively.

The current study was performed in accordance with the clinical research guidelines of the ethics committee of the Kitasato University School of Medicine. All patients gave written informed consent.

DNA Extraction

After taking fresh samples, surgically resected materials were fixed in 20% buffered formalin for 24–48 hr, routinely processed, embedded in paraffin wax, and cut into 4-μm thick sections. Histological sections were stained with hematoxylin–eosin for histological typing and staging. For simultaneous DNA analysis, the procedures summarized in previous articles were conducted [29–32], as shown below. (1) Sampling of specimens from surgical materials: fresh non-neoplastic colonic mucosa and colorectal/gastric tumors were scraped with disposable bamboo combs (rods made of bamboo with a spatula-like end, 3 mm × 3 mm × 120 mm) to prevent cross-contamination. (2) Extraction of DNA: tissue samples were transferred from the disposable bamboo combs into 400-μl aliquots of lysis buffer, containing 35 mmol/L Tris–HCl (pH 8.8), 175 mmol/L KCL, 300 μg/mL proteinase K, 0.45% Nonidet P-40, and 0.45% Tween 20 (PNT buffer), in 1.5-ml Eppendorf tubes, which were then incubated for 1 hr at 55°C. To inactivate proteinase K, each sample was then incubated for 10 min at 95°C, and 1 ml distilled water was added. After centrifugation (12,000 rpm × 1 min), 5-μl aliquots of supernatant were used for PCR.

Search for Mutated K-*ras* Genes Using Single-Strand Conformation Polymorphism (SSCP)

Mutations in K-*ras* gene exon 1 (including both codon 12 and 13) and exon 2 (codon 61) were initially screened by non-radioactive single-strand conformation polymorphism (SSCP) analysis [33]: PCR product samples of 10 μl were diluted threefold with gel-loading buffer (95% deionized formamide, 20 mmol/L EDTA, 0.01% bromophenol blue, and 0.01% xylene cyanol) and heated to 95°C for 10 min, followed by quenching on ice. Aliquots of 3 μl were applied to modified polyacrylamide gels [PAFG: 18% polyacrylamide-bis (49:1), 0.5× TBE, 10% glycerol, 10% formamide, 0.05% ammonium persulfate, and 30 μl TEMED] of 120 mm × 150 mm × 0.35 mm. Electrophoresis was performed with 1.5× TBE running buffer at 500 V and 30 mA for 1 hr at room temperature. Detection: Gels were stained using a silver stain plus kit (Bio-Rad, Hercules, CA), with fixation, rinsing, development, and stopping of the reaction. In this

analysis, mutated bands with PCR-SSCP were evident at 1:64 dilution of mutated alleles [30].

Direct Sequencing

Direct sequencing of 50 DNA samples, 30 with likely mutations and 20 with a likely wild-type, was performed to confirm the K-*ras* mutational status, as previously described [32]. Briefly, amplified DNA was purified from a 4% agarose gel using a QIA Quick Gel Extraction Kit (QIAGEN, Hilden, Germany) and sequenced using a dRhodamine dye terminator cycle sequence kit and 310 Genetic Analyzer (PE Applied Biosystems, Foster City, CA).

Statistical Analysis

Clinicopathological characteristics across CRC groups were analyzed using the χ^2 test, and logistic regression was used for multivariate analysis, with $P < 0.05$ indicating a significant difference. The Kaplan–Meier method was used to estimate cumulative survival rates, and differences in survival rates were assessed using the log-rank test. All patient deaths were cancer-related, and DSS was measured from the date of surgery to the date of death or the last follow-up. On 5-year DSS, patients who survived for more than 60 months were analyzed as survivors.

RESULTS

A flow chart of our current research, including the learning and validation sets of prognostic relevance in terms of K-*ras* mutation, is shown in Figure 1.

K-*ras* Mutations Identified in CRC

K-*ras* mutations were identified in 161 of 378 CRC patients (43%) by SSCP analysis (Fig. 2A), consistent with previous reports on CRC [24]. From among the DNA samples examined, 30 CRC cases of presumed K-*ras* mutation and 20 putative cases of no K-*ras* mutation by SSCP analysis were randomly selected to assess the actual mutation using direct sequencing, which confirmed an actual K-*ras* mutation (Fig. 2B). Clinicopathological analysis was performed in the 378 CRC patients to identify basic clinical factors according to the K-*ras* mutational status (Supplemental Table I), which revealed that K-*ras* mutation was significantly associated with tumor location (colon vs. rectum; 80/218 = 37% vs. 81/160 = 51%; $P = 0.0068$), age (≥60 vs. <60; 103/220 = 47% vs. 58/158 = 37%; $P = 0.049$), and histology (degree of differentiation; well/moderate differentiation vs. poor differentiation; 155/353 = 44% vs. 6/25 = 24%; $P = 0.05$). On the other hand, K-*ras* mutation was not associated with parameters such as TNM factors or tumor markers predicting patient prognosis (Supplement Table I). K-ras mutation was found 90.1% in exon 1 (codon 12 or 13) among the 378 cases, and this tendency was preserved in subpopulations such as 90 YCC learning sets (96.3%) and 27 stage III YCC leaning sets (90%).

Univariate Prognostic Analysis Including K-*ras* Mutational Status in CRC

Univariate prognostic analysis was performed using the log-rank test and revealed that the poor prognosis of CRC patients was significantly associated with pT factor ($P < 0.0001$), pN factor ($P < 0.0001$), histology ($P = 0.019$), H (hepatic metastasis) factor ($P < 0.0001$), LM (lung metastasis) factor ($P < 0.0001$), P (peritoneal dissemination) factor ($P < 0.0001$), vascular invasion ($P < 0.0001$), preoperative serum CEA value ($P < 0.0001$), preoperative serum CA19-9 value ($P < 0.0001$), and operative curability ($P < 0.0001$). Prognostic relevance according to lymphatic invasion could not be assessed using StatView 5.0 software, because there was no excluded case with an absence of lymphatic invasion. The presence of K-*ras* mutations did not have any prognostic significance (Fig. 3A) and therefore more detailed sub-analysis was performed to elucidate the relationship between K-*ras* mutations and clinicopathological factors, including patient prognosis.

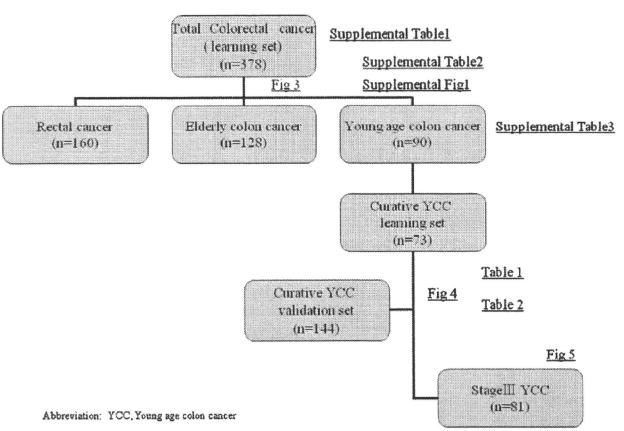

Fig. 1. Flow chart of our analytical process. [Color figure can be viewed in the online issue, available at wileyonlinelibrary.com.]

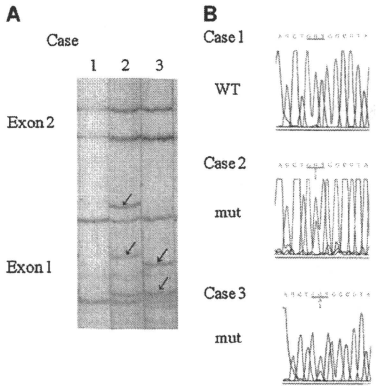

Fig. 2. Detection of K-*ras* mutation in colorectal cancer (CRC) tissues. **A**: Non-RI-SSCP analysis of amplified products of exons 1 and 2 of the K-*ras* gene in CRC. Lane 1, wild-type case; Lane 2, mutant case: Lane 3, mutant case. Arrows indicate mutant alleles. **B**: Direct sequencing of the corresponding cases in Figure 1A. Case 1 shows the wild-type sequence (GGT) of the K-*ras* gene (WT), while cases 2 and 3 have a mutant K-*ras* gene (mut), GTT and GAT, respectively. [Color figure can be viewed in the online issue, available at wileyonlinelibrary.com.]

K-*ras* Mutation Frequency According to Tumor Location and Age

K-*ras* mutation was significantly associated with tumor location and patient age (Supplemental Table I), suggesting gradual separation of CRC pathogenesis, which could be defined based on these clinical factors. The relationship of K-*ras* mutations with clinical characteristics determined by both location and age revealed that K-*ras* mutations are found significantly less often in YCC (27/90, 30%) than in other CRCs, especially elderly rectal cancer patients (50/89, 55%; $P = 0.0004$).

Univariate and multivariate Prognostic Analysis, Including K-*ras* Mutations in Curatively Resected YCC With Stages I–III in Both Learning and Validation Sets

The presence of a K-*ras* mutation had a significant predictive value for the 90 YCC patients ($P = 0.0038$; Fig. 3B), while it was not associated with patient prognosis in the other cases of CRC (Fig. 3C,D). Both univariate and multivariate prognostic analysis revealed that K-*ras* mutation was an independent prognostic factor in the 90 YCC cases (Supplemental Table III). Such prognostic relevance was confirmed ($P = 0.0014$), especially in the 73 YCC patients curatively resected with stages I–III (no significant difference in stage IV YCC; Fig. 4A). The presence of a K-*ras* mutation was not associated with any prognostic factors in the 73 YCC (Table I), suggesting that mutated K-*ras* is an independent prognostic factor in curatively resected YCC with stages I–III.

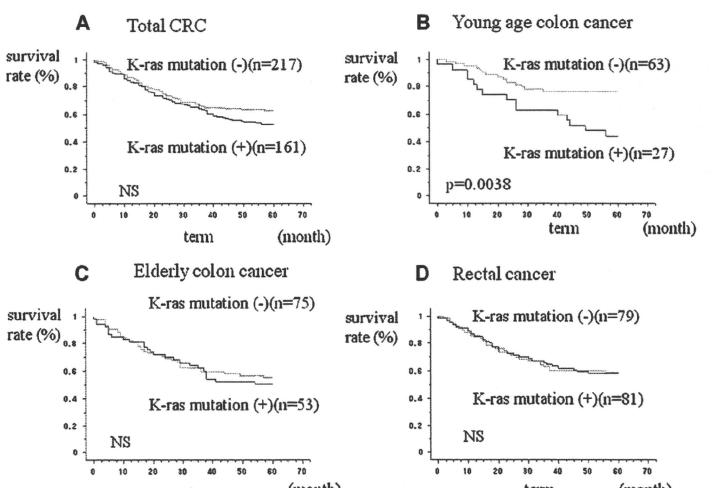

Fig. 3. K-*ras* mutation and prognosis in CRC. **A**: No significant difference in survival between the presence and absence of K-*ras* mutation in 378 CRC cases. **B**: Survival comparison according to K-*ras* mutations revealed a significant difference in young colon cancer patients (YCC; $P = 0.0038$). **C**: No significant difference in survival between the presence and absence of K-*ras* mutation in elderly colon cancer patients, and (**D**) rectal cancer irrespective of age.

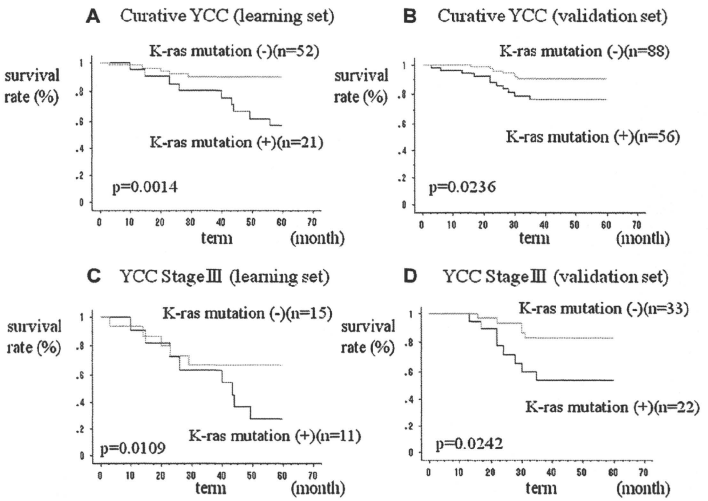

Fig. 4. K-*ras* mutation and prognosis in young colon cancer (YCC). **A**: Significant difference in survival between presence and absence of K-*ras* mutation in 73 curative YCC (learning set; $P = 0.0014$). **B**: Significant difference in survival according to K-*ras* mutation in curative YCC (validation set; $P = 0.0236$). **C**: Significant difference in survival according to K-*ras* mutation in stage III YCC (learning set; $P = 0.0109$). **D**: Significant difference in survival according to K-*ras* mutation in stage III YCC (validation set; $P = 0.0242$).

To confirm these results, an additional 144 cases (validation sets) of curatively resected YCC with stages I–III were newly analyzed as independent cases. The results again confirmed that the presence of a K-*ras* mutation still had significant prognostic value for YCC patients ($P = 0.0236$; Fig. 4B). K-*ras* mutations were not associated with any other parameters predicting outcome (Table I), suggesting that they are not related to carcinoma progression but rather represent definite pathways in YCC. Univariate and multivariate prognostic analyses of the 73 learning sets and 144 validation sets revealed that K-*ras* mutation could be a potent prognostic factor (HR = 5.5; $P = 0.0289$

TABLE I. K-ras Mutation and Its Clinicopathological and Prognostic Relation YCC

			K-ras mutational state (%)		
		Number (%)	Mutation (−) (n = 163)	Mutation (+) (n = 87)	*P*-value
Learning set (73 curative YCC)					
Sex	M/F	42 (58)/31 (42)	32 (76)/20(65)	10 (24)/11 (35	NS
pT factor	pT0, 1, 2/pT3, 4	18 (25)/55 (75)	15(83)/37(67)	3 (17)/18 (33)	NS
pN factor	Absence/presence	47 (64)/26 (36)	37 (79)/15 (58)	10 (21)/11 (42)	NS (0.057)
Histology	Differentiated/poorly differentiated	69 (95)/4 (5)	48 (70)/4 (100)	21 (30)/0 (0)	NS
Lymphatic permeation	Absence/presence	12 (16)/61 (84)	10 (83)/42 (69)	2 (17)/19 (31)	NS
Vascular permeation	Absence/presence	12 (16)/61 (84)	9 (75)/43(70)	3 (25)/18 (30)	NS
Preoperative CEA value	Low/high	52 (71)/21 (29)	38 (73)/4 (67)	14 (27)/7 (33)	NS
Preoperative CA19-9 value	Low/high	65 (89)/8 (11)	47 (72)/5 (63)	18 (28)/3 (37)	NS
Validation set (144 curative YCC)					
Sex	M/F	81 (56)/63 (34)	54 (67)/34 (54)	27 (33)/29 (46)	NS
pT factor	pT0, 1, 2/pT3, 4	50 (35)/94 (65)	28 (56)/60 (64)	22 (44)/34 (36)	NS
pN factor	Absence/presence	89 (62)/55 (38)	56 (63)/32 (58)	33 (37)/23 (42)	NS
Histology	Differentiated/poorly differentiated	141 (98)/3 (2)	85 (60)/3 (100)	56 (40)/0 (0)	NS
Lymphatic permeation	Absence/presence	43 (30)/101 (70)	27 (63)/61 (60)	16 (37)/40 (40)	NS
Vascular permeation	Absence/presence	47 (33)/97 (67)	27 (57)/61 (63)	20 (43)/36 (37)	NS
Preoperative CEA value	Low/high	117 (81)/27 (19)	74 (63)/14 (52)	43 (37)/13 (48)	NS
Preoperative CA19-9 value	Low/high	133 (92)/11 (8)	84 (63)/4 (36)	49 (37)/7 (64)	NS (0.079)
Family history	Absence/presence	124 (86)/20 (14)	74 (60)/14 (70)	50 (40)/6 (30)	NS

DSS, disease-specific survival; NS, not significant; NA, not assessible.