this allows us to ignore these differences. Ellika et al. [22] reported findings for *n*CBV using CTP in 19 patients with glioma, composed of a mixture of enhancing and nonenhancing WHO G1–G4 gliomas, and the utility of *n*CBF and *n*CBV for distinguishing HGG from LGG. They also documented *n*CBF and *n*CBV ranges of 0.78–3.75 and 1.5–3.7 in two patients with nonenhancing G3 glioma, and ranges of 1.26–1.48 and 0.94–1.72 in three patients with nonenhancing G2 glioma, respectively. Mean values of *n*CBF and *n*CBV in G3 and G2 in this study (Table 3) seemed close to the values reported by Ellika et al.

Radiographic grading of gliomas with conventional MRI is not always accurate, with 85.7% sensitivity for predicting HGG, even when including subjects with enhancing glioma [22]. When subjects are limited to those with nonenhancing gliomas, radiographic grading using conventional MRI should be more difficult. A previous report documented 85.7% sensitivity and 100% specificity for identifying HGG using *n*CBV [22]. In the present study, CTP could distinguish nonenhancing G3 glioma from nonenhancing G2 glioma with 83.3% sensitivity and 90.9% specificity using *n*CBV (Fig. 2). This was superior to the results for *n*CBF. Accuracy for distinguishing G3 using *n*CBV in the present study was by no means inferior to that reported by Ellika et al. [22], but subjects in this study were limited to those with nonenhancing glioma. These results suggest that *n*CBV in CTP is useful as an auxiliary examination in addition to routine neuroimaging for predicting the grade of malignancy in nonenhancing gliomas.

Previous studies using MRP have documented higher relative CBV in OT than in other gliomas [32–34]. Lev et al. [33] suggested that OTs tend to appear as high blood volume lesion on MRP, without respect to tumor grade. Two reports using MRP documented that G2 OTs show higher relative CBV than diffuse astrocytoma [32, 34]. Also in a report using CTP by Narang et al. [15], G2 OTs showed a trend towards higher CBV than G2 astrocytic tumors, although no significant difference was found, and no significant difference in CBV between G3 OTs and G2 OTs was identified. Those reports explained the high relative CBV of OT by a hypothesis based on the specific histological features of fine capillary networks [33]. Furthermore, those reports suggested that grading malignancy may be difficult when patients with OT are included, due to a high relative CBV. In the present study, no significant difference in *n*CBV was seen between diffuse astrocytoma and G2 OT, whereas significant differences were found between G3 OT and G2 OT. The difference between the reports described above and the present investigation might be explained by differences between MRP and CTP, and by the use of the VPE method in this study. Signal changes in dynamic susceptibility contrast (DSC) MRI for MRP do not depend on only the concentration of contrast material, but also on T2* or T2 relaxation rates, which are affected by calcified foci and hemorrhage within tumor tissue. These histological features are commonly seen in OTs. DSC signals might thus be higher in OTs than in diffuse astrocytoma, even when the microvascular densities are comparable. The VPE method may have eliminated pixels of high-CBV vessels in OTs, if vascular density in OTs is significantly higher than that in diffuse astrocytoma. However, exclusion of large vessels at the cerebral surface and sulci from CTP maps is important, as OTs grow superficially in the brain. Cha et al. [32] explained for reason of high relative CBV for OTs in MRP by the predominant cortical location in addition to distinct vascular pattern in OTs. We think that CTP with the VPE method is useful for simple malignancy grading in subjects with OTs. Conversely, MRP offers potential advantages for the diagnosis of OTs. However, CTP should not be performed additionally to MRP if the purpose in examination is achieved by MRP, as CTP retains drawbacks such as radiation dose and iodine contrast medium.

The present study possesses some limitations regarding the interpretation of study results. First, the number of patients in this study was small, with remarkably fewer cases of anaplastic astrocytoma compared with OT in G3, as mentioned above. Further investigation including a larger number of cases of anaplastic astrocytoma is needed. A second limitation is the possible discrepancy between histological diagnosis and the region of highest CBV within the tumor. The region targeted for stereotactic biopsy was not rigorously transferred from the region of highest *r*CBV ("hot spots"). However, risk of histological misdiagnosis caused by sampling error during biopsy might be negligible, since the number of patients who underwent biopsy was small in both G3 and G2, and no significant difference in frequency of biopsy was seen between groups. In patients who underwent tumor resection, histological diagnosis was not made using tissue specimens rigorously corresponding to "hot spots." However, histological diagnosis based on the most malignant histological features should be closely associated with high CBV, as increased malignancy is associated with higher vascular density. CTP with a 16-row multidetector CT scanner, covering only four contiguous 8-mm-thick sections, did not cover the entire tumor bulk in some patients. For those patients, histological diagnosis was made using tumor tissues corresponding to the area depicted in CTP. A third limitation was that data calculated from CTP in this study were not the highest CBV values for a small ROI placed in "hot spots" on a color map, but rather were mean values for a large ROI covering the entire tumor bulk. This issue also influences the second limitation. We thought that the simple protocol in this study, combining absolute values as a mean in a large ROI with histological diagnosis from the

area of the most malignant features, is suitable for application in clinical practice, as tissue sampling error of regions corresponding to a small ROI can be avoided. High ICC in inter- and intrarater reliabilities showed that the protocol used in this study offers high reproducibility.

Conclusions

We performed CTP combined with the VPE method for 17 patients, to clarify whether CTP can accurately differentiate between G3 and G2 nonenhancing glioma. Our results showed that *n*CBV from CTP was highly accurate in differentiating G3 from G2 nonenhancing gliomas. The most important result was that CTP enabled differentiation between G3 and G2 nonenhancing OTs. CTP combined with the VPE method offers a useful technique for differentiating between G3 and G2 in nonenhancing gliomas.

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Clinical Trial Note

A Multicenter Phase I Trial of Interferon-β and Temozolomide Combination Therapy for High-grade Gliomas (INTEGRA Study)

Toshihiko Wakabayashi[1], Takamasa Kayama[2], Ryo Nishikawa[3], Hiroshi Takahashi[4], Toshiki Yoshimine[5], Nobuo Hashimoto[6], Tomokazu Aoki[7], Kaoru Kurisu[8], Atsushi Natsume[1], Masatoshi Ogura[1] and Jun Yoshida[1]

[1]Department of Neurosurgery, Nagoya University School of Medicine, Nagoya, [2]Department of Neurosurgery, Yamagata University School of Medicine, Yamagata, [3]Department of Neurosurgery, Saitama Medical University, Saitama, [4]Department of Neurosurgery, Nippon Medical School, Tokyo, [5]Department of Neurosurgery, Osaka University School of Medicine, Osaka, [6]Department of Neurosurgery, Kyoto University School of Medicine, Kyoto, [7]Department of Neurosurgery, Kitano Hospital, Osaka and [8]Department of Neurosurgery, Hiroshima University School of Medicine, Hiroshima, Japan

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A multicenter phase I clinical trial, namely, Integrated Japanese Multicenter Clinical Trial: A Phase I Study of Interferon-β and Temozolomide for Glioma in Combination with Radiotherapy (INTEGRA Study), is being conducted for patients with high-grade glioma in order to evaluate the safety, feasibility and preliminary clinical effectiveness of the combination of interferon-β and temozolomide. The primary endpoint is incidence of adverse events. The secondary endpoints are progression-free survival time and overall survival time. In addition, objective tumor response will be evaluated in a subpopulation of patients with the measurable disease. The reduction rate of tumor will be calculated according to Response Evaluation Criteria In Solid Tumors for measurable tumors as determined by magnetic resonance imaging. Subsequently, the overall response will be evaluated based on the results of measurable and non-measurable tumors. Ten newly diagnosed and 10 recurrent patients will be enrolled in this study.

Key words: chemo-phase I-II-III – clinical trials – CNS

INTRODUCTION

Gliomas account for ~40% of all brain tumors and are thus the most common primary tumors of the central nervous system. Primary brain tumors are classified according to their cell type and histological grade into categories defined by the World Health Organization (WHO) (1). High-grade (WHO grades III and IV) gliomas, which include anaplastic astrocytoma (AA), anaplastic oligodendroglioma (AO), anaplastic oligoastrocytoma (AOA) and glioblastoma multiforme (GBM), are often resistant to treatment; GBM, the most common glioma in adults, kills patients within a median time span of a year after diagnosis despite treatment with aggressive surgical resection, nitrosourea-based chemotherapy and radiotherapy (2–4). A number of studies by large cooperative groups have shown the benefits of radiation therapy in doses up to 60 Gy after surgery for improving overall survival and time to progression (5). In Japan, nitrosourea agents such as 1-(4-amino-2-methyl-5-pyridiminyl)methyl-3-(2-chloroethyl)-3-nitrosourea and methyl-6-[3-(2-chloroethyl)-3-nitrosoureido]-6-deoxy-alpha-D-glucopyranoside have been used to treat malignant gliomas for a long time; however, this treatment offered few clinical benefits. Temozolomide (TMZ), an oral alkylating agent, has been demonstrated to possess antitumor activity against malignant gliomas, with minimal additional toxicity; furthermore, in a previous study of concomitant radiation therapy and chemotherapy with TMZ followed by adjuvant TMZ, survival duration substantially improved (6). In 2006, TMZ

For reprints and all correspondence: Toshihiko Wakabayashi, Department of Neurosurgery, Nagoya University School of Medicine, Nagoya, Japan.
E-mail: wakabat@med.nagoya-u.ac.jp

was certified as the treatment agent for malignant gliomas by the National Ministry of Health and Welfare of Japan, and a combination of radiotherapy and chemotherapy with TMZ is now used as the first-line therapy. However, its clinical outcomes depend on the *O*-(6)-methylguanine-DNA methyltransferase (MGMT) status, and MGMT modification is one of the key factors to obtain greater clinical benefits in the future.

Interferon-β (IFN-β) exhibits pleiotropic biological effects and has been widely used either alone or in combination with other antitumor agents in the treatment of malignant gliomas and melanomas (7). In the treatment of malignant gliomas, IFN-β can act as a drug sensitizer, enhancing toxicity against various neoplasms when administered in combination with nitrosourea. IFN-β and nitrosourea combination therapy has been particularly used for the treatment of gliomas in Japan (8). Previously, we demonstrated that IFN-β markedly enhanced chemosensitivity to TMZ in an *in vitro* study of human glioma cells (9); this finding suggested that one of the major mechanisms by which IFN-β enhances chemosensitivity is the downregulation of MGMT transcription via *p53* induction. This effect was also observed in an experimental animal model (10). These two studies suggested that chemotherapy with IFN-β and TMZ plus radiation might further improve the clinical outcome in malignant gliomas when compared with TMZ plus radiation therapy. Here, in order to evaluate the safety, feasibility and preliminary clinical effectiveness of the combination of IFN-β and TMZ, we are conducting a clinical study, namely, Integrated Japanese Multicenter Clinical Trial: A Phase I Study of Interferon-β and Temozolomide for Glioma in Combination with Radiotherapy (INTEGRA study). This study involves eight medical institutions, covering the entire regional population of Japan.

PROTOCOL DIGEST OF THE STUDY

Purpose

The main aim of this study is to evaluate the safety, feasibility and preliminary clinical effectiveness of IFN-β and TMZ for the treatment of malignant gliomas.

Study Setting and Protocol Review

This is a multicenter clinical trial involving eight neurosurgical institutions: Yamagata, Saitama Medical, Nippon Medical, Nagoya, Osaka, Kyoto, and Hiroshima Universities and Kitano Hospital. The protocol has been reviewed and approved by institutional review boards of each of these institutions.

Registration and Monitoring

Participating investigators are instructed to send an eligibility criteria report to the Data Center at Nagoya University, which is a third party different from the study director. Ten newly diagnosed and 10 recurrent patients are registered for a period of 6 months from December 2007. Data, including those of magnetic resonance imaging (MRI), blood tests, and pathology, will be collected at the data center. The quality of data will be checked and verified at the data center. If required, the data center would provide feedback to the institutions. The data center will send high-quality data to the study director. Committees of safety and efficacy (Dr Kazuo Tabuchi, Koyanagi Memorial Hospital, Saga), radiotherapy (Dr Shinji Naganawa, Department of Radiology, Nagoya University School of Medicine), pathological review (Dr Youichi Nagasato, Department of Pathology, Gunma University School of Medicine) and statistics (Dr Kunihiko Hayashi, Gunma University School of Health Science) will send their reports to the head office.

Endpoints

The primary endpoint is incidence of adverse events. The secondary endpoints are progression-free survival time and overall survival time. In addition, objective tumor response will be evaluated in a subpopulation of patients with measurable disease. The reduction rate of tumor will be calculated according to Response Evaluation Criteria In Solid Tumors for measurable tumors as determined by MRI. Non-measurable tumors are classified into four grades: complete remission, partial response, progression and not evaluable. Subsequently, the overall response will be evaluated based on the results of measurable and non-measurable tumors.

Eligibility Criteria

The eligibility criteria are as follows:

(i) Histologically confirmed diagnosis of newly diagnosed or recurrent high-grade glioma (AA, AO, AOA or GBM). More than 50% volume of tumor is located in the supratentorial region.
(ii) No tumor recognized in the optic nerve, olfactory nerve and pituitary gland on pretreatment MRI.
(iii) No dissemination detected by MRI. Age between 18 and 75 years at the time of registration.
(iv) Performance status is 0–2, 3 only due to neurological deficits.
(v) Sufficient organ function before chemotherapy according to the following laboratory data: WBC $\geq$ 3000/mm^3 or neutrophils $\geq$1500/mm^3, platelets $\geq$100 000/mm^3, hemoglobin $\geq$8.0 g/dl, bilirubin $\leq$1.5 mg/dl, serum glutamic oxaloacetic transaminase $\leq$ 100 IU, serum glutamic pyruvic transaminase $\leq$ 100 IU, creatinine $\leq$1.5 mg/dl, creatinine clearance $\geq$50 ml/min and electrocardiogram showing no serious arrhythmia and no serious ischemic heart disease.
(vi) No prior chemoradiotherapy for newly diagnosed patients.

(vii) The interval from the end of prior anti-tumor therapy (e.g. chemotherapy, radiotherapy, immunotherapy) must be at least 4 weeks for recurrent patients, regardless of the regimen.
(viii) Written informed consent.

Exclusion Criteria

The exclusion criteria are as follows:

(i) synchronous double cancer or metachronous double cancer in last 5 years; carcinoma *in situ* accepted;
(ii) meningitis or pneumonia;
(iii) pregnant, possibly pregnant, or nursing women;
(iv) mental disorder;
(v) uncontrolled diabetes mellitus (DM) or under treatment with insulin for DM;
(vi) myocardial infarction in last 3 months;
(vii) history of pulmonary fibrosis or interstitial pneumonia.

Treatment Methods

For newly diagnosed patients:

Radiotherapy	60 Gy/30 fr, 2 Gy ×5 days/week;
IFN-β	3 MIU/body, administered intravenously on alternate days during radiotherapy;
TMZ	75 mg/(m^2 day), daily from the first day to the last day of radiotherapy.

After completing this induction period, all patients will have 4 weeks of washout period, and they will be then shifted to adjuvant period.

IFN-β	3 MIU/body, administered on the first day morning every 4 weeks;
TMZ	150 mg/(m^2 day) (days 1–5: first cycle); 200 mg/(m^2 day) (days 1–5: second to sixth cycle).

In the absence of hematologic toxicity, the dose is increased to 200 mg/(m^2 day), beginning with the second cycle to the sixth cycle.

This cycle is repeated six times every 28 days in the absence of tumor progression, serious adverse events such as grade 4 hematological toxicity, refusal of therapy and deviation from the protocol.

For recurrent patients:

IFN-β	3 MIU/body, administered the first day morning every 4 weeks (day 1);
TMZ	150 mg/(m^2 day) (days 1–5: first cycle); 200 mg/(m^2 day) (days 1–5: second to sixth cycle).

In the absence of hematologic toxicity, the dose is increased to 200 mg/(m^2 day), beginning with the second cycle to the sixth cycle.

This cycle is repeated six times every 28 days.

This regimen has been considered to be the most promising based on previous clinical studies (8,11–14). Thus, dose-limiting toxicity was not evaluated in this study.

Follow-up and Statistical Methods

Disease progression and occurrence of new disease will be examined by MRI performed at baseline and at least after every 4–5 weeks during treatment. Blood tests and symptom checks will be carried out before treatment and at least after every 2 weeks during treatment. Follow-up will continue for 3 months from the end of treatment. In cases wherein therapy is discontinued due to toxicity, clinicians would follow-up patients until they recover from toxicity. In addition, overall survival, progression-free survival and treatment success curves are constructed as time-to-event plots by the Kaplan–Meier method.

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Conflict of interest statement

None declared.

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