

Figure 4. Significance of DNA methylation alterations at precancerous stages during

urothelial carcinogenesis. (A) Histological features of superficial papillary UC and nodular invasive UC. Superficial papillary carcinomas usually remain noninvasive, although patients need to undergo repeated urethrocystoscopic resection because of recurrences. By contrast, the clinical outcome of nodular invasive carcinomas is poor. **(B)** Scattergrams of the signal ratios in noncancerous urothelia obtained from patients with superficial UCs, noncancerous urothelia obtained from patients with invasive UCs, and invasive UCs themselves. Wilcoxon test revealed that the signal ratios of 131 bacterial artificial chromosome (BAC) clones differed significantly between noncancerous urothelia obtained from patients with superficial UCs and noncancerous urothelia obtained from patients with invasive UCs. If the average signal ratios in noncancerous urothelia obtained from patients with invasive UCs were significantly higher than those in noncancerous urothelia obtained from patients with superficial UCs (67 BAC clones), the average signal ratios in invasive UCs themselves were even higher than (42 BAC clones such as clone 1), or not significantly different from (25 BAC clones such as clone 2), those in noncancerous urothelia obtained from patients with invasive UCs without exception. If the average signal ratios in noncancerous urothelia obtained from patients with invasive UCs were significantly lower than those in noncancerous urothelia obtained from patients with superficial UCs (64 BAC clones), the average signal ratios in invasive UCs themselves were even lower than (38 BAC clones such as clone 3), or not significantly different from (26 BAC clones such as clone 4), those in noncancerous urothelia obtained from patients with invasive UCs without exception. Therefore, DNA methylation profiles of noncancerous urothelia obtained from patients with invasive UCs were inherited by the invasive UCs themselves. UC: Urothelial carcinoma.

not with a sensitivity and specificity of 100% [55]. Thus, after validation using other technologies such as pyrosequencing, a combination of CpG sites on the present nine BAC clones may provide an optimal indicator for the development of intravesical metachronous UC.

Prognostication of patients with cancers based on DNA methylation profiles

Some RCCs relapse and metastasize to distant organs, even if resection has been considered complete. Recently, immunotherapy and novel targeting agents have been developed for treatment of RCC. However, unless relapsed or metastasized tumors are diagnosed early by close follow-up, the effectiveness of any therapy is very restricted. Therefore, to assist close follow-up of patients who have undergone nephrectomy and are still at risk of recurrence and metastasis, prognostic indicators have been explored. Among the examined patients in the abovementioned cluster B_{TK}, 38% died owing to recurrent RCCs, whereas only 2.3% of the patients in cluster A_{TK} died. Multivariate analysis revealed that our clustering was a predictor of recurrence and was independent of histological grade, macroscopic configuration, vascular involvement and renal vein tumor thrombi [60]. We were able to set the cutoff values of the signal ratios for 14 BAC clones to determine whether or not patients in this cohort belonged to cluster B_{TK} with a sensitivity and specificity of 100% [60].

To establish criteria for prognostication of patients with HCCs, in the learning cohort, HCC samples obtained from patients who had survived more than 4 years after hepatectomy and

HCC samples obtained from patients who had suffered recurrence within 6 months and died within a year after hepatectomy were defined as a favorable-outcome group and a poor-outcome group, respectively. Wilcoxon test revealed that the signal ratios of 41 BAC clones differed significantly between the two groups (n = 19). We established the criteria for prognostication by combining the cutoff values of signal ratios for the 41 BAC clones (FIGURE 3B) [65]. Multivariate analysis revealed that satisfying the criteria for 32 or more BAC clones was a predictor of recurrence, and was independent of histological differentiation, portal vein tumor thrombi, intrahepatic metastasis and multicentricity [65]. The cancer-free and overall survival rates of patients with HCCs in the validation cohort (n = 44) satisfying the criteria for 32 or more BAC clones were significantly lower than those of patients with HCCs satisfying the criteria for less than 32 BAC clones [65]. Such prognostication using biopsy or hepatectomy specimens may be able to assist clinicians in devising therapeutic strategies for patients with insufficient liver function.

Recently, new forms of systemic chemotherapy and targeted therapy have been developed for treatment of UCs. In order to start adjuvant systemic chemotherapy immediately in patients who have undergone surgery and are still at high risk of recurrence and metastasis, prognostic indicators have been explored. It is expected that a combination of several CpG islands of tumor-related genes would be useful as epigenetic markers for prognostication of UCs [70]. In addition, when we applied BAMCA to UCs, unsupervised 2D hierarchical clustering analysis based on BAMCA data for UCs was

able to group the examined patients into two subclasses, clusters A_{TU} and B_{TU} . Among the patients belonging to cluster B_{TU} , 19% suffered recurrence after surgery, whereas none belonging to cluster A_{TU} did so [55]. Wilcoxon test revealed that the signal ratios of 20 BAC clones in UCs differed significantly between the patients who suffered recurrence after surgery and the patients who did not. The criteria for a combination of the 20 BAC clones were able to discriminate patients who suffered recurrence after surgery from patients who did not with a sensitivity and specificity of 100%, whereas a high histological grade, invasive growth (pT2 or more) and vascular or lymphatic involvement were incapable of such complete discrimination [55]. The reliability of such prognostication will need to be validated in a prospective study.

Future perspective

The incidence of DNA methylation alterations is generally high in various organs during multistage carcinogenesis. Since even subtle alterations of DNA methylation profiles at the precancerous stage are stably preserved on DNA

double strands by covalent bonds, and these can be detected using highly sensitive methodology. Therefore, they may be better diagnostic indicators than mRNA and protein-expression profiles, which can be easily affected by the micro-environment of cancer cells or precursor cells. Genome-wide DNA methylation profiling can provide indicators for carcinogenetic risk estimation and prognostication using samples of urine, sputum and other body fluids, and also biopsy and surgically resected specimens. However, exploitation of diagnostic indicators can never be regarded as optimal, and it is expected that ongoing technical innovation and prospective validation will lead to further improvements of diagnostic sensitivity and specificity.

Patients with cancers are frequently clustered into subclasses showing both distinct genome-wide DNA methylation profiles and distinct clinicopathological characteristics (FIGURE 1B). Such clustering of cancers may provide clues for clarification of the molecular mechanisms establishing the distinct DNA methylation profiles of each cluster and the identification of target molecules for prevention and therapy in

Executive summary

Introduction

- Human cancer cells show a drastic change in DNA methylation status, that is overall DNA hypomethylation and regional DNA hypermethylation.
- DNA methylation alterations are known to result in altered expression of tumor-related genes and chromosomal instability in human cancers.

DNA methylation alterations during multistage carcinogenesis

- DNA methylation alterations play a significant role even at the precancerous stage, especially in association with chronic inflammation and persistent infection with viruses, such as hepatitis B virus or hepatitis C virus.
- DNA methyltransferase 1 overexpression in cancers is frequently correlated with accumulation of DNA methylation of tumor-related genes and poorer patient outcome.

Genome-wide DNA methylation analysis

- For genome-wide analysis, microarray platforms are used in combination with DNA methylation-sensitive restriction enzyme-based or antimethyl-cytosine antibody affinity techniques, and new generation sequencing technologies are also being introduced.
- Bacterial artificial chromosome array-based methylated CpG island amplification (BAMCA) may be suitable for overviewing the DNA methylation tendency of individual large regions among all chromosomes.

Genome-wide DNA methylation profiles at precancerous stages are inherited by cancers & determine tumor aggressiveness

- Distinct DNA methylation profiles in noncancerous tissue at the precancerous stage is basically inherited by the cancer developing in each individual patient.
- DNA methylation alterations at the precancerous stage, which may not occur randomly but may foster further epigenetic and genetic alterations, can generate more malignant cancers and even determine patient outcome.

Carcinogenetic risk estimation based on DNA methylation profiles

- On the basis of BAMCA data, criteria for estimation of the risk of hepatocellular carcinoma and urothelial carcinoma development have been established.

Prognostication of patients with cancers based on DNA methylation profiles

- On the basis of BAMCA data, criteria for the prognostication of patients with renal cell carcinomas, hepatocellular carcinomas and urothelial carcinomas have been established.

Future perspective

- Genome-wide DNA methylation profiling can provide indicators for carcinogenetic risk estimation and prognostication using samples of body fluids and tissue specimens.
- Based upon genome-wide DNA methylation profiling, translational epigenetics has come of age.

patients belonging to each cluster. Based upon genome-wide DNA methylation profiling, translational epigenetics has clearly come of age.

Financial & competing interests disclosure

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Ethical conduct of research

The authors state that they have obtained appropriate institutional review board approval or have followed the principles outlined in the Declaration of Helsinki for all human or animal experimental investigations. In addition, for investigations involving human subjects, informed consent has been obtained from the participants involved.

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Genome-wide DNA methylation profiles in urothelial carcinomas and urothelia at the precancerous stage

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To clarify genome-wide DNA methylation profiles during multi-stage urothelial carcinogenesis, bacterial artificial chromosome (BAC) array-based methylated CpG island amplification (BAMCA) was performed in 18 normal urothelia obtained from patients without urothelial carcinomas (UCs) (C), 17 noncancerous urothelia obtained from patients with UCs (N), and 40 UCs. DNA hypo- and hypermethylation on multiple BAC clones was observed even in N compared to C. Principal component analysis revealed progressive DNA methylation alterations from C to N, and to UCs. DNA methylation profiles in N obtained from patients with invasive UCs were inherited by the invasive UCs themselves, that is DNA methylation alterations in N were correlated with the development of more malignant UCs. The combination of DNA methylation status on 83 BAC clones selected by Wilcoxon test was able to completely discriminate N from C, and diagnose N as having a high risk of carcinogenesis, with 100% sensitivity and specificity. The combination of DNA methylation status on 20 BAC clones selected by Wilcoxon test was able to completely discriminate patients who suffered from recurrence after surgery from patients who did not. The combination of DNA methylation status for 11 BAC clones selected by Wilcoxon test was able to completely discriminate patients with UCs of the renal pelvis or ureter who suffered from intravesical metachronous UC development from patients who did not. Genome-wide alterations of DNA methylation may participate in urothelial carcinogenesis from the precancerous stage to UC, and DNA methylation profiling may provide optimal indicators for carcinogenic risk estimation and prognostication. (*Cancer Sci* 2010; 101: 231–240)

It is known that DNA hypomethylation results in chromosomal instability as a result of changes in chromatin structure, and that DNA hypermethylation of CpG islands silences tumor-related genes in cooperation with histone modification in human cancers.^(1–5) Accumulating evidence suggests that alterations of DNA methylation are involved even in the early and the precancerous stages.^(6,7) On the other hand, in patients with cancers, aberrant DNA methylation is significantly associated with poorer tumor differentiation, tumor aggressiveness, and poorer patient outcome.^(6,7) Therefore, alterations of DNA methylation may play a significant role in multistage carcinogenesis.

With respect to urothelial carcinogenesis, we have reported accumulation of DNA methylation on C-type CpG islands in a cancer-specific but not age-dependent manner, and protein overexpression of DNA methyltransferase (DNMT) 1, a major DNMT, even in noncancerous urothelia with no apparent histological changes obtained from patients with urothelial carcinomas (UCs).^(8,9) Moreover, accumulation of DNA methylation on C-type CpG islands associated with DNMT1 protein overexpression was more frequently evident in aggressive nodular invasive UCs^(8–10) resulting in poorer patient outcome than in superficial

papillary UCs, which usually remain noninvasive even after repeated urethroscopic resection.^(11,12) Since aberrant DNA methylation is one of the earliest molecular events during urothelial carcinogenesis and also participates in tumor aggressiveness, it may be possible to estimate the future risk of developing more malignant UCs. However, only a few previous studies focusing on UCs⁽¹³⁾ have employed recently developed array-based technology for assessing genome-wide DNA methylation status,^(14–16) and such studies have focused on identification of tumor-related genes that are silenced by DNA methylation.⁽¹³⁾ DNA methylation profiles, which could become the optimum indicators for carcinogenic risk estimation and prognostication of UCs, should therefore be explored using array-based approaches.

In this study, in order to clarify genome-wide DNA methylation profiles during multistage urothelial carcinogenesis, we performed bacterial artificial chromosome (BAC) array-based methylated CpG island amplification (BAMCA)^(17–19) using a microarray of 4361 BAC clones⁽²⁰⁾ in normal urothelia obtained from patients without UCs, noncancerous urothelia obtained from patients with UCs, and UCs themselves.

Materials and Methods

Patients and tissue samples. Seventeen samples of noncancerous urothelia (N1–N17) and 40 samples of UCs (T1–T40) of the urinary bladder, ureter, and renal pelvis were obtained from specimens that had been surgically resected by radical cystectomy (12 patients) or nephroureterectomy (28 patients) at the National Cancer Center Hospital, Tokyo, Japan. The patients comprised 31 men and nine women whose mean age was 69.03 ± 9.77 (mean \pm SD) years (range, 49–85 years). Microscopic examination revealed no remarkable histological changes in the noncancerous urothelia. The patients from whom noncancerous urothelia were obtained comprised 11 men and six women with a mean age of 70.41 ± 9.33 (mean \pm SD) years (range, 49–85 years). There were 17 superficial UCs (two pTa and 15 pT1 tumors) and 23 invasive UCs (six pT2, 16 pT3, and one pT4 tumor) according to the criteria proposed by World Health Organization classification.⁽²¹⁾ For comparison, 18 samples of normal urothelia obtained from patients without UCs (C1–C18) were used. Fourteen, three, and one patient underwent nephrectomy for renal cell carcinoma, nephrectomy for retroperitoneal sarcoma around the kidney, and partial cystectomy for urachal carcinoma, respectively. The patients from whom normal urothelia were obtained comprised 13 men and five women with a mean age of 61.17 ± 15.16 (mean \pm SD) years (range, 27–82 years). This study was approved by the Ethics Committee of the National Cancer Center, Tokyo, Japan and has

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been performed in accordance with the Declaration of Helsinki in 1995. All patients gave their informed consent prior to their inclusion in this study.

BAMCA. High-molecular-weight DNA from fresh frozen tissue samples was extracted using phenol-chloroform, followed by dialysis. Because DNA methylation status is known to be organ-specific,⁽²²⁾ the reference DNA for analysis of the developmental stages of UCs should be obtained from the urothelium, and not from other organs or peripheral blood. Therefore, a mixture of normal urothelial DNA obtained from 11 male patients (C19–C29) and six female patients (C30–C35) without UCs was used as a reference for analyses of test or reference DNA samples, respectively. DNA methylation status was analyzed by BAMCA using a custom-made array (MCG Whole Genome Array-4500) harboring 4361 BAC clones located throughout chromosomes 1–22, X and Y,⁽²⁰⁾ as described previously.^(7,19) Briefly, 5- μ g aliquots of test or reference DNA were first digested with 100 units of the methylation-sensitive restriction enzyme Sma I and subsequently with 20 units of the methylation-insensitive Xma I. Adapters were ligated to the Xma I-digested sticky ends, and PCR was performed with an adapter primer set. Test and reference PCR products were labeled by random priming with Cy3- and Cy5-dCTP (GE Healthcare, Buckinghamshire, UK), respectively, and precipitated together with ethanol in the presence of Cot-I DNA. The mixture was applied to array slides and incubated at 43°C for 72 h. Arrays were scanned with a GenePix Personal 4100A (Axon Instruments, Foster City, CA, USA) and analyzed using GenePix Pro 5.0 imaging software (Axon Instruments) and Acue 2 software (Mitsui Knowledge Industry, Tokyo, Japan). The signal ratios were normalized in each sample to make the mean signal ratios of all BAC clones 1.0.

Statistics. Differences in the average number of BAC clones that showed DNA methylation alterations (DNA hypo- and hypermethylation) between groups of samples were analyzed using the Mann–Whitney *U*-test. Differences at $P < 0.05$ were considered significant. Principal component analysis based on BAMCA data was performed using the Expressionist software program (Gene Data, Basel, Switzerland). Unsupervised two-dimensional hierarchical clustering analysis of tissue samples and the BAC clones were performed using the Expressionist software program. Correlations between the subclassification of patients yielded by unsupervised hierarchical clustering analysis and clinicopathological parameters of UCs were analyzed using the χ^2 -test. Differences at $P < 0.05$ were considered significant. BAC clones whose signal ratios yielded by BAMCA were significantly different between groups of samples were identified by Wilcoxon test ($P < 0.01$).

Results

Genome-wide DNA methylation alterations during multistage urothelial carcinogenesis. Figure 1(b,c) shows examples of scanned array images and scattergrams of the signal ratios (test signal/reference signal), respectively, for normal urothelium from a patient without UC (panel C), and both noncancerous urothelium (panel N) and cancerous tissue (panel T) from a patient with UC. In all normal urothelia (C1–C18), the signal ratios of 97% of the BAC clones were between 0.67 and 1.5 (red bars in Fig. 1c). Therefore, in noncancerous urothelia obtained from patients with UCs and UCs, DNA methylation status corresponding to a signal ratio of less than 0.67 and more than 1.5 was defined as DNA hypomethylation and DNA hypermethylation of each BAC clone compared to normal urothelia, respectively, as in our previous study.⁽²³⁾ In noncancerous urothelia obtained from patients with UCs, many BAC clones showed DNA hypo- or hypermethylation (panel N of Fig. 1c). In UCs themselves, more BAC clones showed DNA hypo- or hyperme-

thylation, and the degree of DNA hypo- or hypermethylation, that is deviation of the signal ratio from 0.67 or 1.5, was increased (panel T of Fig. 1c) in comparison with noncancerous urothelia obtained from patients with UCs. The average number of BAC clones showing DNA hypomethylation increased significantly from noncancerous urothelia obtained from patients with UCs (24.53 ± 31.48) to UCs (236.78 ± 92.78 , $P = 4.37e-9$). The average number of BAC clones showing DNA hypermethylation increased significantly from noncancerous urothelia obtained from patients with UCs (29.18 ± 39.84) to UCs (289.13 ± 82.42 , $P = 7.35e-9$). Principal component analysis based on BAMCA data (signal ratios) revealed progressive DNA methylation alterations from normal urothelia, to noncancerous urothelia obtained from patients with UCs, and to UCs (Fig. 1d).

Clinicopathological significance of DNA methylation alterations in noncancerous urothelia obtained from patients with UCs. In order to clarify the clinicopathological significance of DNA methylation alterations in noncancerous urothelia obtained from patients with UCs, unsupervised two-dimensional hierarchical clustering analysis based on BAMCA data (signal ratios) for noncancerous urothelia was performed. Seventeen patients with UCs were clustered into two subclasses, Clusters A_N and B_N, which contained nine and eight patients, respectively, based on the DNA methylation status of the noncancerous urothelia (Fig. 2a). All eight patients (100%) belonging to Cluster B_N suffered from invasive UCs (pT2 or more), whereas five (55.6%) of the patients belonging to Cluster A_N did so ($P = 0.0311$).

The Wilcoxon test ($P < 0.01$) revealed that the signal ratios of 131 BAC clones differed significantly between noncancerous urothelia obtained from patients with superficial UCs (pTa and pT1) and noncancerous urothelia obtained from patients with invasive UCs (pT2 or more). If the average signal ratios in noncancerous urothelia obtained from patients with invasive UCs were significantly higher than those in noncancerous urothelia obtained from patients with superficial UCs (67 BAC clones), the average signal ratios in the invasive UCs themselves were even higher than (42 BAC clones, e.g. RP11-79K14 and RP11-29C11 in Fig. 2b) or not significantly different from (25 BAC clones, e.g. RP11-3A9 and RP11-73G16 in Fig. 2b) those in noncancerous urothelia obtained from patients with invasive UCs, without exception. If the average signal ratios in noncancerous urothelia obtained from patients with invasive UCs were significantly lower than those in noncancerous urothelia obtained from patients with superficial UCs (64 BAC clones), the average signal ratios in the invasive UCs themselves were even lower than (38 BAC clones, e.g. RP11-210F15 and RP11-368O13 in Fig. 2b) or not significantly different from (26 BAC clones, e.g. RP11-442N24 and RP11-65C22 in Fig. 2b) those in noncancerous urothelia obtained from patients with invasive UCs, without exception, that is DNA methylation status of the 131 BAC clones in noncancerous urothelia obtained from patients with invasive UCs was inherited by the invasive UCs themselves.

DNA methylation profiles discriminating noncancerous urothelia obtained from patients with UCs from normal urothelia. Our finding that DNA methylation alterations in noncancerous urothelia were correlated with the development of UCs, as described above, prompted us to estimate the degree of carcinogenetic risk based on DNA methylation profiles in noncancerous urothelia. We attempted to establish criteria for indicating that noncancerous urothelia obtained from patients with UCs, and not normal urothelia, were at high risk of carcinogenesis.

The Wilcoxon test ($P < 0.01$) revealed that the signal ratios on 201 BAC clones differed significantly between normal urothelia obtained from patients without UCs and noncancerous urothelia obtained from patients with UCs. Figure 3(a) shows

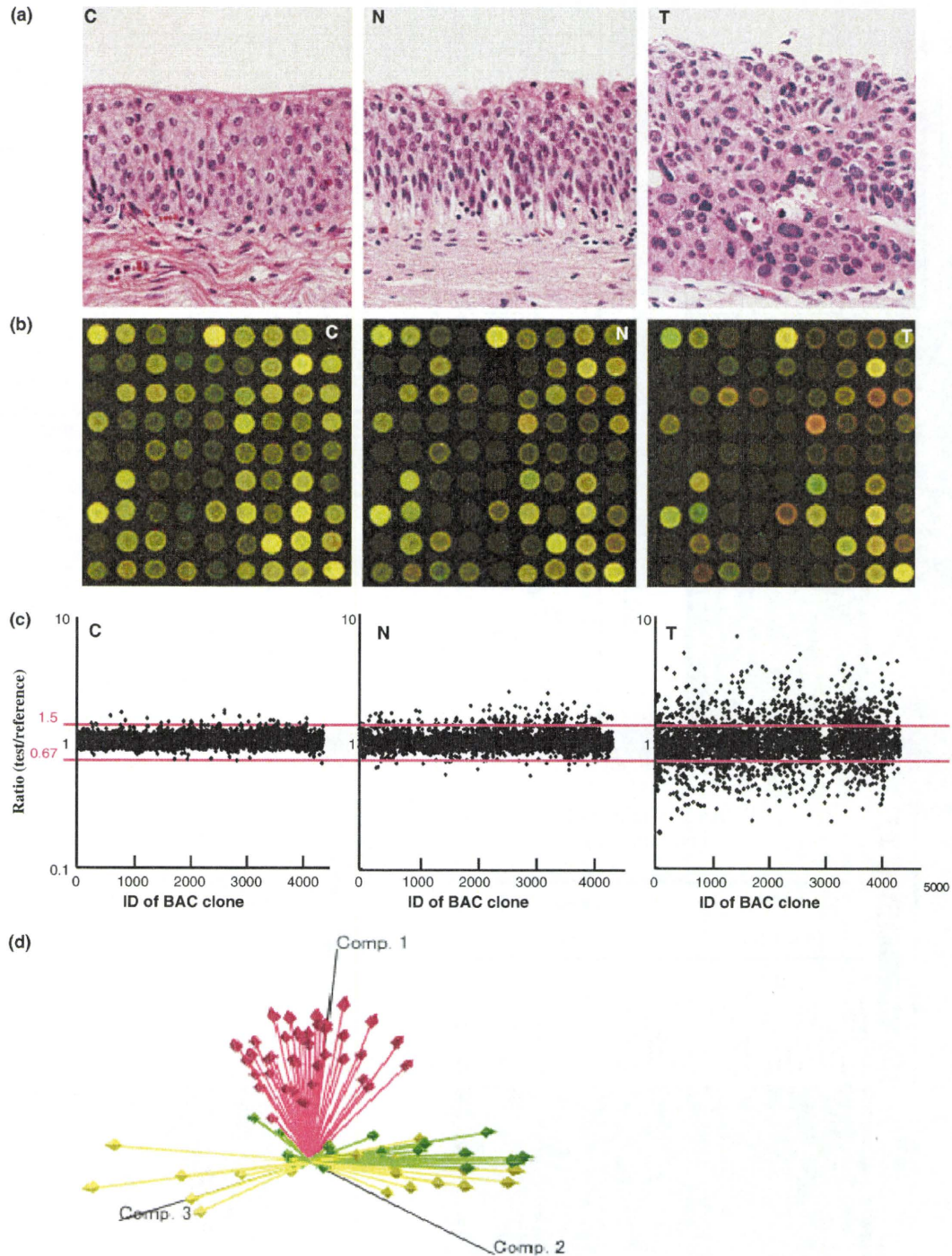


Fig. 1. DNA methylation alterations during multistage urothelial carcinogenesis. (a) Microscopic view of normal urothelium obtained from a patient without urothelial carcinoma (UC) (C), noncancerous urothelium obtained from a patient with UC (N), and UC (T). N shows no remarkable histological changes in comparison to C, that is no cytological or structural atypia is evident. Hematoxylin–eosin staining. Original magnification, ×20. (b) Scanned array images obtained by bacterial artificial chromosome (BAC) array-based methylated CpG island amplification (BAMCA) in C, N, and T. Co-hybridization was done with test and reference DNA labeled with Cy3 and Cy5, respectively. (c) Scattergrams of the signal ratios (test signal/reference signal) obtained by BAMCA in C, N, and T. In all 18 normal urothelia (C1–C18), the signal ratios of 97% of the BAC clones were between 0.67 and 1.5 (red bars). Therefore, in N and T, DNA methylation status corresponding to a signal ratio of less than 0.67 and more than 1.5 was defined as DNA hypomethylation and DNA hypermethylation on each BAC clone compared to C, respectively. Even though N did not show any marked histological changes in comparison to C (panels C and N in [a]), many BAC clones showed DNA hypo- or hypermethylation. In T, more BAC clones showed DNA hypo- or hypermethylation, whose degree, that is deviation of the signal ratio from 0.67 or 1.5, was increased in comparison to N. (d) Principal component analysis based on BAMCA data (signal ratios). Progressive alterations of DNA methylation status from normal urothelia (yellow arrows) to noncancerous urothelia obtained from patients with UCs (green arrows), and to UCs (red arrows) were observed.

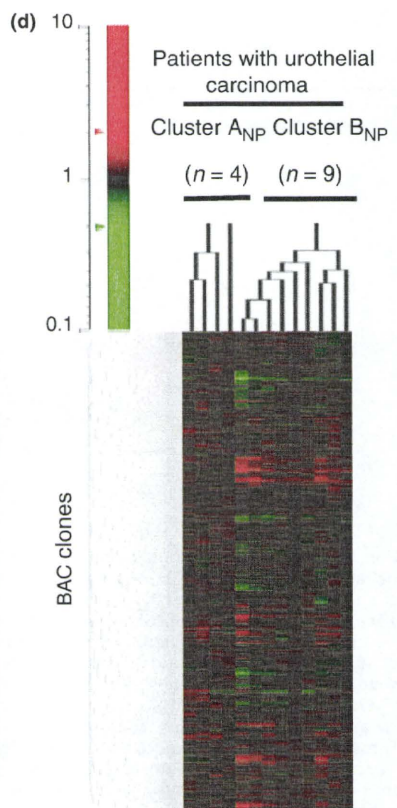
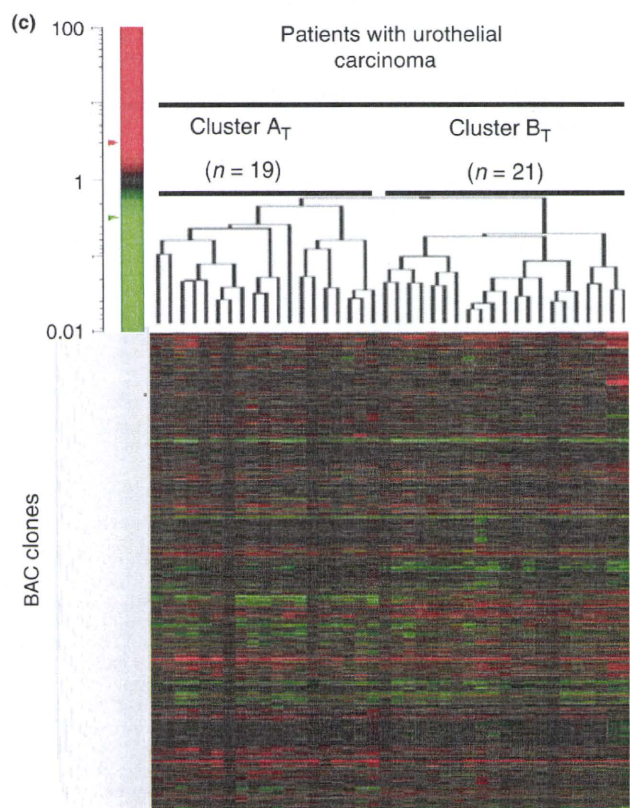
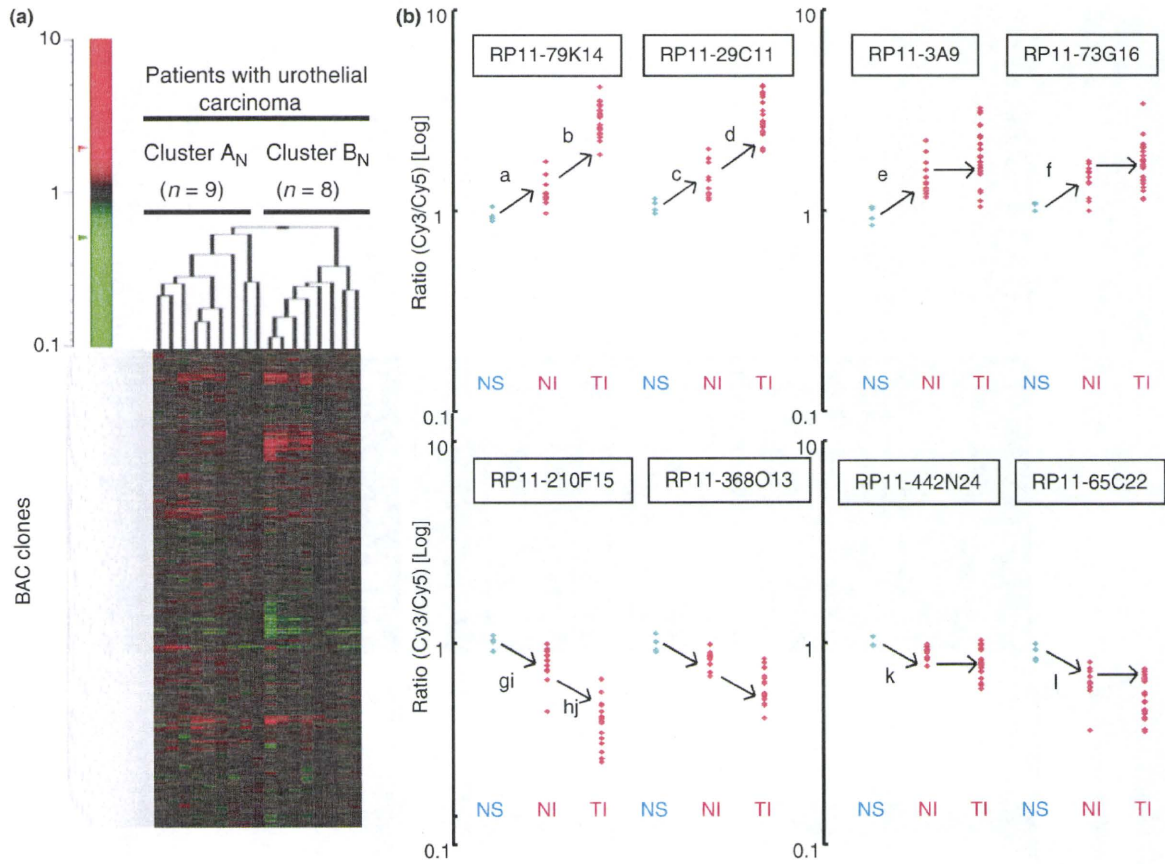


Fig. 2. Correlations between DNA methylation status and clinicopathological parameters. (a) Unsupervised two-dimensional hierarchical clustering analysis based on bacterial artificial chromosome (BAC) array-based methylated CpG island amplification (BAMCA) data (signal ratios) in noncancerous urothelia obtained from patients with urothelial carcinomas (UCs). The signal ratio is shown in the color range map. Seventeen patients with UCs were hierarchically clustered into two subclasses, Clusters A_N ($n = 9$) and B_N ($n = 8$). Eight patients (100%) belonging to Cluster B_N developed invasive UCs (pT2 or more), whereas five patients (55.6%) belonging to Cluster A_N did so ($P = 0.0311$). (b) Scattergrams of the signal ratios in tissue samples. NS, noncancerous urothelia obtained from patients with superficial UCs. NI, noncancerous urothelia obtained from patients with invasive UCs. TI, invasive UCs. If the average signal ratios in NI were significantly higher than those in NS, the average signal ratios in TI themselves were even higher than (BAC clones RP11-79K14 and RP11-29C11), or not significantly different from (BAC clones RP11-3A9 and RP11-73G16), those in NI without exception. If the average signal ratios in NI were significantly lower than those in NS, the average signal ratios in TI themselves were even lower than (BAC clones RP11-210F15 and RP11-368O13), or not significantly different from (BAC clones RP11-442N24 and RP11-65C22), those in NI without exception. ^a $P = 0.001680673$, ^b $P = 9.23504e-7$, ^c $P = 0.002197802$, ^d $P = 3.64223e-6$, ^e $P = 0.000840336$, ^f $P = 0.007692306$, ^g $P = 0.004395604$, ^h $P = 8.31509e-6$, ⁱ $P = 0.004395604$, ^j $P = 1.10173e-5$, ^k $P = 0.005882353$, ^l $P = 0.001098901$. (c) Unsupervised two-dimensional hierarchical clustering analysis based on BAMCA data (signal ratios) in UCs. Forty patients with UCs were hierarchically clustered into two subclasses, Clusters A_T ($n = 19$) and B_T ($n = 21$). All four patients with recurrence belonged to Cluster B_T . (d) Unsupervised two-dimensional hierarchical clustering analysis based on BAMCA data (signal ratios) for noncancerous urothelia obtained from patients with UCs of the renal pelvis or ureter. Thirteen patients with UCs of the renal pelvis or ureter were hierarchically clustered into two subclasses, Clusters A_{NP} ($n = 4$) and B_{NP} ($n = 9$). All four patients who developed intravesical metachronous UC belonged to Cluster B_{NP} .

scattergrams of the signal ratios in normal urothelia and noncancerous urothelia obtained from patients with UCs for representative examples of the 201 BAC clones. Using the cut-off values described in Figure 3(a), noncancerous urothelia obtained from patients with UCs were discriminated from normal urothelia with sufficient sensitivity and specificity (Fig. 3a). From the 201 BAC clones, 83 for which such discrimination was performed

with a sensitivity and specificity of 75% or more than 75% were selected (Table S1). The cut-off values of the signal ratios for the 83 BAC clones, and their sensitivity and specificity, are shown in Table S1.

A histogram showing the number of BAC clones satisfying the criteria listed in Table S1 for 18 normal urothelia (C1–C18) and 17 noncancerous urothelia obtained from patients

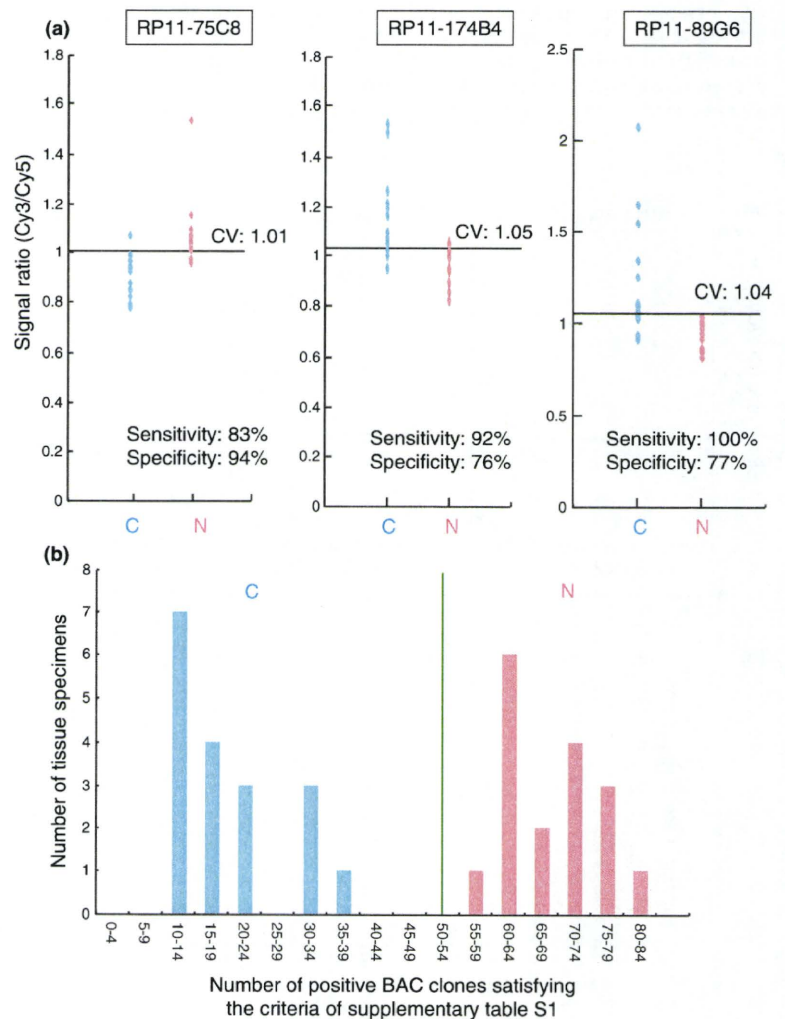


Fig. 3. DNA methylation profiles discriminating noncancerous urothelia obtained from patients with urothelial carcinomas (UCs) (N) from normal urothelia (C). (a) Scattergrams of the signal ratios in C and N on representative bacterial artificial chromosome (BAC) clones, RP11-75C8, RP11-174B4, and RP11-89G6. Using the cut-off values (CV) described in each panel, N in this cohort were discriminated from C with sufficient sensitivity and specificity. (b) Histogram showing the number of BAC clones satisfying the criteria listed in Table S1 in samples C1–C18 and N1–N17. Based on this histogram, we established a criterion that when the noncancerous urothelia satisfied the criteria in Table S1 for 50 (green bar) or more than 50 BAC clones, they were judged to be at high risk of carcinogenesis.

with UCs (N1–N17) is shown in Figure 3(b). Based on this figure, we finally established the following criteria: when noncancerous urothelia satisfied the criteria in Table S1 for 50 or more BAC clones (green bar in Fig. 3b), they were judged to be at high risk of carcinogenesis, and when noncancerous urothelia satisfied the criteria in Table S1 for less than 50 BAC clones, they were judged not to be at high risk of carcinogenesis. Based on these criteria, both the sensitivity and specificity for diagnosis of noncancerous urothelia obtained from patients with UCs in this cohort as being at high risk of carcinogenesis were 100%.

Association of DNA methylation profiles in UCs with recurrence. Unsupervised two-dimensional hierarchical clustering analysis based on BAMCA data (signal ratios) for UCs was able to group 40 patients into two subclasses, Clusters A_T and B_T, which contained 19 and 21 patients, respectively (Fig. 2c). Four patients (19.0%) belonging to Cluster B_T suffered recurrence after surgery (metastasis to the pelvic lymph nodes in three, and metastasis to the lung and bone in one), whereas none (0%) belonging to Cluster A_T did so ($P = 0.0449$). The mean observation period was 29.8 ± 28.0 months (mean \pm SD). These data prompted us to establish criteria for predicting recurrence of UCs based on DNA methylation status.

The Wilcoxon test ($P < 0.01$) revealed that the signal ratios on 20 BAC clones in UCs differed significantly between the patients who suffered recurrence after surgery and patients who did not. Figure 4(a) shows scattergrams of the signal ratios in UCs obtained from patients who suffered recurrence and those in UCs obtained from patients who did not. DNA methylation status of the 20 BAC clones was able to discriminate patients who suffered recurrence from patients who did not with a sensitivity of 100% using the cut-off values shown in Figure 4(a) and

Table S2. A histogram showing the number of BAC clones satisfying the criteria listed in Table S2 for all 40 UCs is shown in Figure 4(b). Satisfying the criteria in Table S2 for 17 or more BAC clones (green bar in Fig. 4b) discriminated patients who suffered recurrence from patients who did not with a sensitivity and specificity of 100%, whereas high histological grade,⁽²¹⁾ invasive growth (pT2 or more), and vascular or lymphatic involvement were unable to achieve such complete discrimination (data not shown).

Association of DNA methylation profiles in noncancerous urothelia obtained from patients with UCs of the renal pelvis or ureter with intravesical metachronous UC development. It is well known that patients with UCs of the renal pelvis and ureter frequently suffer from metachronous UC development in the urinary bladder after nephroureterectomy.^(24,25) Since such metachronous UC originates from the noncancerous urothelium of the urinary bladder, we focused on the DNA methylation status of noncancerous urothelia obtained by nephroureterectomy from patients with UCs of the renal pelvis or ureter. Unsupervised two-dimensional hierarchical clustering analysis based on BAMCA data (signal ratios) for noncancerous urothelia obtained from patients with UCs of the renal pelvis or ureter was able to group 13 patients into two subclasses, Clusters A_{NP} and B_{NP}, which contained four and nine patients, respectively (Fig. 2d). Four (44%) of the patients in Cluster B_{NP} developed intravesical metachronous UCs, whereas none (0%) belonging to Cluster A_{NP} did so. These data prompted us to establish criteria that could predict the development of intravesical metachronous UC based on DNA methylation status.

The Wilcoxon test ($P < 0.01$) revealed that the signal ratios on 11 BAC clones in noncancerous urothelia obtained from patients with UCs of the renal pelvis or ureter differed

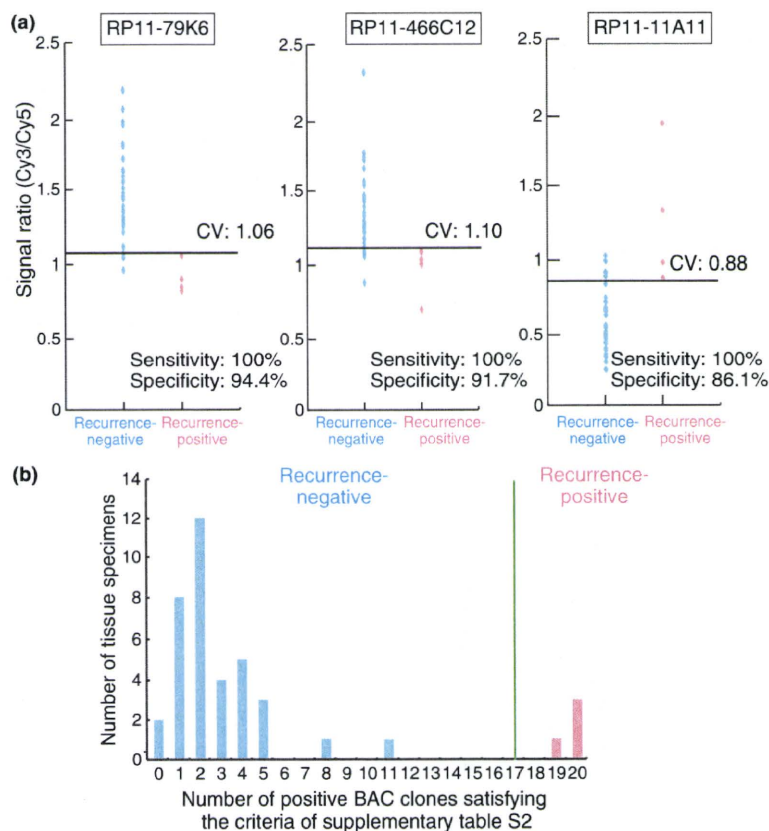


Fig. 4. DNA methylation profiles in urothelial carcinomas (UCs) associated with recurrence. (a) Scattergrams of the signal ratios in UCs from patients who did not develop recurrence ($n = 36$) and UCs from patients who developed recurrence ($n = 4$) on representative bacterial artificial chromosome (BAC) clones, RP11-79K6, RP11-466C12, and RP11-11A11. Using the cut-off values (CV) described in each panel, recurrence-positive patients were discriminated from recurrence-negative patients with 100% sensitivity. (b) Histogram showing the number of BAC clones satisfying the criteria listed in Table S2 in all 40 patients with UCs. Satisfying the criteria in Table S2 for 17 (green bar) or more than 17 BAC clones discriminated recurrence-positive patients from recurrence-negative patients with a sensitivity and specificity of 100%, whereas high histological grade (21), invasive growth (pT2 or more), and vascular or lymphatic involvement were unable to achieve such complete discrimination (data not shown).

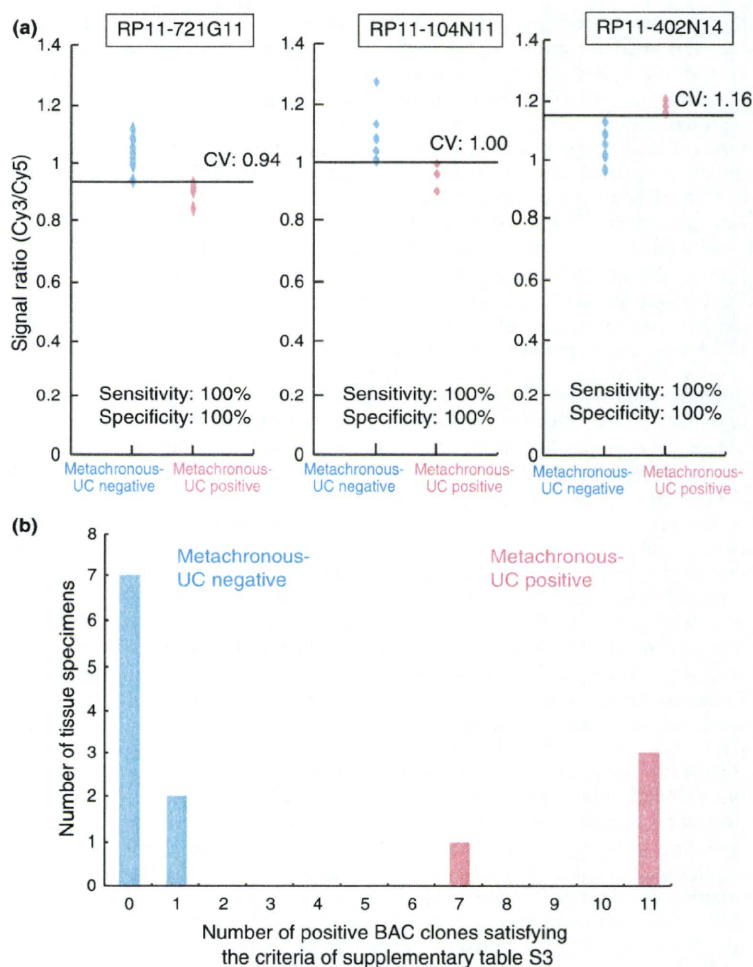


Fig. 5. DNA methylation profiles in noncancerous urothelia obtained from patients with urothelial carcinomas (UCs) of the renal pelvis or ureter associated with intravesical metachronous UC development. (a) Scattergrams of the signal ratios in noncancerous urothelia obtained from patients who did not develop intravesical metachronous UCs ($n = 9$) and noncancerous urothelia obtained from patients who developed intravesical metachronous UCs ($n = 4$) on representative bacterial artificial chromosome (BAC) clones, RP11-721G11, RP11-104N11, and RP11-402N14. Using the cut-off values (CV) described in each panel, metachronous UC-positive patients were discriminated from metachronous UC-negative patients with 100% sensitivity and specificity. (b) Histogram showing the number of BAC clones satisfying the criteria listed in Table S3 in all 13 patients with UCs of the renal pelvis or ureter from whom noncancerous urothelia were obtained. Patients who were negative and positive for metachronous UC were confirmed to show a marked difference in the DNA methylation status of the 11 BAC clones.

significantly between patients who developed intravesical metachronous UC after nephroureterectomy and patients who did not. DNA methylation status of nine of the 11 BAC clones was able to discriminate patients who suffered from intravesical metachronous UC development from patients who did not with a sensitivity and specificity of 100% using the cut-off values shown in Figure 5(a) and Table S3. A histogram showing the number of BAC clones satisfying the criteria listed in Table S3 for 13 noncancerous urothelia obtained from patients with UCs of the renal pelvis or ureter is shown in Figure 5(b).

Discussion

Urothelial carcinomas are clinically remarkable because of their multicentricity: synchronously or metachronously multifocal UCs often develop in individual patients. A possible mechanism for such multiplicity is the "field effect," whereby carcinogenic agents in the urine cause malignant transformation of multiple urothelial cells.⁽²⁶⁾ Even noncancerous urothelia showing no remarkable histological features obtained from patients with UCs can be considered to be at the precancerous stage, because they may be exposed to carcinogens in the urine. On the other hand, UCs are classified as superficial papillary carcinomas or nodular invasive carcinomas according to their configuration. Superficial papillary carcinomas usually remain noninvasive, although patients need to undergo

repeated urethroscopic resections because of recurrences. In contrast, the clinical outcome of nodular invasive carcinomas is poor.^(11,12)

In our previous study, accumulation of DNA methylation on C-type CpG islands associated with DNMT1 protein overexpression was observed even in noncancerous urothelia obtained from patients with UCs.^(8,9) Aberrant DNA methylation was further increased, especially in nodular invasive carcinomas.⁽⁸⁻¹⁰⁾ These previous data suggested that carcinogenic risk estimation and prognostication of UCs based on DNA methylation status might be a promising strategy. Although optimal diagnostic indicators have never been explored using array-based genome-wide DNA methylation analysis, alterations of DNA methylation on several CpG islands in UCs have been reported separately.⁽²⁷⁻³¹⁾

Many researchers in the field of cancer epigenetics have used promoter arrays to identify the genes that are methylated in cancer cells.⁽¹⁴⁻¹⁶⁾ However, the promoter regions of specific genes are not the only target of DNA methylation alterations in human cancers. DNA methylation status in genomic regions that do not directly participate in gene silencing, such as the edges of CpG islands, may be altered at the precancerous stage before the alterations of the promoter regions themselves occur.⁽³²⁾ Genomic regions in which DNA hypomethylation affects chromosomal instability may not be contained in promoter arrays. Moreover, aberrant DNA methylation of large regions of chromosomes, which are regulated in a coordinated manner in

human cancers due to a process of long-range epigenetic silencing, has recently attracted attention.⁽³³⁾ Therefore, we used a custom-made BAC array⁽²⁰⁾ that may be suitable for gaining an overview of the DNA methylation status of individual large regions among all chromosomes (Table S4), and for obtaining reproducible diagnostic indicators. In fact we have successfully obtained optimal indicators for carcinogenetic risk estimation and prognostication of renal cell carcinomas⁽²³⁾ and hepatocellular carcinomas⁽³⁴⁾ by BAMCA using the same array as that employed in this study. On the other hand, we must pay attention to the quantitative accuracy of BAMCA, because it is a PCR-based method differing from other genome-wide DNA methylation analyses not using PCR, such as the methylated DNA immunoprecipitation-microarray. In order to validate the results of BAMCA, we quantitatively evaluated the DNA methylation status of each Xma I/Sma I site yielding labeled products which are effective in BAMCA on representative BAC clones, by pyrosequencing. As shown in the example in Figure S1 and Table S5, pyrosequencing validated the BAMCA data on the representative BAC clone.

The present DNA methylation analysis revealed that stepwise DNA methylation alterations during urothelial carcinogenesis occurred in a genome-wide manner (Fig. 1). We then performed unsupervised hierarchical clustering analysis based on the genome-wide DNA methylation status of noncancerous urothelia, and as a result, 17 patients were subclassified into Clusters A_N and B_N. Corresponding UCs showing deeper invasion were found to be accumulated in Cluster B_N. Genome-wide DNA methylation profiles of noncancerous urothelia obtained from patients with invasive UCs were inherited by the invasive UCs themselves (Fig. 2b). DNA methylation profiles of noncancerous urothelia obtained from patients with superficial UCs were not always inherited by superficial UCs (data not shown), corresponding to the alternative malignant progression of superficial papillary carcinoma to nodular invasive carcinoma, via papillo-nodular carcinoma. Genome-wide DNA methylation alterations that were correlated with the development of more malignant invasive cancers were already accumulated in noncancerous urothelia, suggesting that DNA methylation alterations at the precancerous stage may not occur randomly but are prone to further accumulation of genetic and epigenetic alterations and generate more malignant cancers.

The present genome-wide analysis revealed DNA methylation profiles that were able to completely discriminate noncancerous urothelia obtained from patients with UCs from normal urothelia and diagnose them as having a high risk of urothelial carcinogenesis with a sensitivity and specificity of 100%. We are currently attempting to develop methodology for assessing the tendency for DNA methylation in the 83 BAC regions in urine samples with a view to application for screening of healthy individuals. If it proves possible to identify individuals who are at high risk of urothelial carcinogenesis, then strategies for the prevention or early detection of UCs, such as smoking cessation or repeated urine cytology examinations, might be applicable.

Even after surgery with curative intent, some UCs relapse and metastasize to lymph nodes or distant organs.⁽³⁵⁾ Recently, new systemic chemotherapy and targeted therapy have been developed for treatment for UCs.⁽³⁶⁾ In order to start adjuvant systemic chemotherapy immediately in patients who have undergone surgery and are still at high risk of recurrence and metastasis, prognostic indicators have been explored. The present genome-wide analysis revealed DNA methylation profiles that were able to discriminate patients who suffered recurrence after surgery from patients who did not with a sensitivity and specificity of 100% (Fig. 4b), whereas a high histological grade,⁽²¹⁾ invasive growth (pT2 or more), and vascular or lymphatic involvement, which are known to have a prognostic

impact,^(37,38) were incapable of such complete discrimination (data not shown). Therefore, a combination of the 20 BAC clones can have significant prognostic value for patients with UCs. Since a sufficient quantity of good-quality DNA can be obtained from each surgical specimen, our array-based analysis that overviews aberrant DNA methylation of each BAC region is immediately applicable to routine laboratory examinations for prognostication after surgery. The reliability of such prognostication will need to be validated in a prospective study.

As mentioned above, UCs are remarkable because of their multicentricity. Approximately 10–30% of patients with UCs of the renal pelvis and ureter develop intravesical metachronous UCs after nephroureterectomy.^(24,25) Therefore, such patients have to undergo repeated urethroscoposcopic examinations to detect intravesical metachronous UCs. To decrease the need for invasive urethroscoposcopic examinations and assist close follow-up of such patients after nephroureterectomy, indicators for intravesical metachronous UCs have been needed. All of our patients who developed intravesical metachronous UCs after nephroureterectomy belonged to Cluster B_{NP}, indicating that DNA methylation profiles of noncancerous urothelia obtained by nephroureterectomy from patients with UCs of the renal pelvis or ureter, which may be exposed to the same carcinogens in the urine as noncancerous urothelia from which metachronous UCs originate, are correlated with the risk of intravesical metachronous UC development. The present genome-wide analysis revealed DNA methylation profiles that were able to completely discriminate patients with UCs of the renal pelvis or ureter who developed intravesical metachronous UCs from patients who did not, in noncancerous urothelia from nephroureterectomy specimens. A combination of the present 11 BAC clones may be an optimal indicator for the development of intravesical metachronous UC. The reliability of such prognostication will again need to be validated in a prospective study.

With respect to background factors of genome-wide DNA methylation alterations during urothelial carcinogenesis, smoking history did not correlate significantly with the numbers of BAC clones showing DNA hypo- or hypermethylation in noncancerous urothelia obtained from patients with UCs and in UCs, or with clustering (Cluster A_N vs Cluster B_N and Cluster A_T vs Cluster B_T) (Table S6). In addition, immunohistochemically examined DNMT1 protein expression levels did not correlate significantly with the numbers of BAC clones showing DNA hypo- or hypermethylation in noncancerous urothelia obtained from patients with UCs and in UCs, or with clustering (Cluster A_N vs Cluster B_N and Cluster A_T vs Cluster B_T) (Table S7), indicating that expression levels of DNMT1 did not by themselves simply determine DNA methylation profiles. However, our previous study revealed remarkable protein overexpression of DNMT1 in noncancerous urothelia obtained from patients with UCs as compared to normal urothelia.⁽⁸⁾ Therefore, undefined cofactors may recruit DNMT1 or other proteins regulating DNA methylation status to aberrant target sequences and may participate in DNA methylation alterations in noncancerous urothelia obtained from patients with UCs. Further studies are needed to elucidate molecular mechanisms of DNA methylation alterations in such noncancerous urothelia.

Moreover, when the DNA methylation status for CpG islands of *p16*, human MutL homologue 1 (*hMLH1*), thrombospondin-1 (*THBS-1*), and death-associated protein kinase (*DAPK*) genes and the methylated in tumor (MINT)-1, -2, -12, -25, and -31 clones were examined in noncancerous urothelia obtained from patients with UCs and in UCs by methylation-specific PCR and combined bisulfite restriction enzyme analysis as in our previous study,^(9,39) the incidence of DNA

methylation on each CpG island and the average number of methylated CpG islands did not correlate significantly with the numbers of BAC clones showing DNA hypo- or hypermethylation in noncancerous urothelia obtained from patients with UCs and in UCs, or with clustering (Cluster A_N vs Cluster B_N and Cluster A_T vs Cluster B_T) (Table S8). Therefore, molecular mechanisms for alterations of genome-wide DNA methylation profiles may differ from those for regional DNA hypermethylation on CpG islands.

Although BAMCA mainly provides an overview of the DNA methylation status of individual large regions among all chromosomes as mentioned above, it may also be able to identify genes for which expressions are regulated by DNA methylation, since there are promoter regions of specific genes including CpG islands on BAC clones showing clinicopathologically significant DNA hypo- or hypermethylation (Table S4). Expression levels and the DNA methylation status of these genes, as well as the functions of the proteins coded by such genes, will be examined in a future investigation. If

further studies identify tumor-related genes for which expression levels are regulated by DNA methylation among such candidates, these tumor-related genes may serve as targets for epigenetic prevention and therapy, along with the molecules causing alterations of genome-wide DNA methylation profiles.

Acknowledgments

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Supporting Information

Additional Supporting Information may be found in the online version of this article:

Fig. S1. Examples of bacterial artificial chromosome (BAC) array-based methylated CpG island amplification (BAMCA) data validation by pyrosequencing.

Table S1. Eighty-three bacterial artificial chromosome (BAC) clones that were able to discriminate noncancerous urothelia obtained from patients with urothelial carcinomas (UCs) (N) from normal urothelia (C) with a sensitivity and specificity of 75% or more.

Table S2. Twenty bacterial artificial chromosome (BAC) clones that were able to discriminate urothelial carcinomas (UCs) in patients who developed recurrence (Pos) from those in patients who did not (Neg).

Table S3. Eleven bacterial artificial chromosome (BAC) clones that were able to discriminate noncancerous urothelia in patients with urothelial carcinomas (UCs) of the renal pelvis or ureter who developed intravesical metachronous UC (Pos) from those in patients who did not (Neg).

Table S4. Genes, CpG islands in the promoter regions, and repeat elements of bacterial artificial chromosome (BAC) clones in Tables S1, S2, and S3.

Table S5. Primer sets for validation study by pyrosequencing.

Table S6. Correlation between smoking history and DNA methylation status in noncancerous urothelia obtained from patients with urothelial carcinomas (UCs) and UCs.

Table S7. Correlation between protein expression levels of DNA methyltransferase (DNMT) 1 and DNA methylation status in noncancerous urothelia obtained from patients with urothelial carcinomas (UCs) and UCs.

Table S8. Correlation between regional DNA hypermethylation on CpG islands and the results of bacterial artificial chromosome (BAC) array-based methylated CpG island amplification (BAMCA) in noncancerous urothelia obtained from patients with urothelial carcinomas (UCs) and UCs.

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2 Epigenetic Alteration of DNA in Mucosal Wash Fluid Predicts
3 Invasiveness of Colorectal Tumors4 AU Seiko Kamimae¹, Eiichiro Yamamoto^{1,2}, Hiro-o Yamano⁵, Masanori Nojima³, Hiromu Suzuki^{1,2},
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Abstract

8 Although conventional colonoscopy is considered the gold standard for detecting colorectal tumors,
9 accurate staging is often difficult because advanced histology may be present in small colorectal lesions.
10 We collected DNA present in mucosal wash fluid from patients undergoing colonoscopy and then assessed
11 the methylation levels of four genes frequently methylated in colorectal cancers to detect invasive tumors.
12 We found that methylation levels in wash fluid were significantly higher in patients with invasive than those
13 with noninvasive tumors. Cytologic and *K-ras* mutation analyses suggested that mucosal wash fluid from
14 invasive tumors contained greater numbers of tumor cells than wash fluid from noninvasive tumors. Among
15 the four genes, levels of *mir-34b/c* methylation had the greatest correlation with the invasion and showed the
16 largest area under the receiver operating characteristic curve (AUC = 0.796). Using cutoff points of *mir-34b/c*
17 methylation determined by efficiency considerations, the sensitivity/specificity were 0.861/0.657 for the
18 13.0% (high sensitivity) and 0.765/0.833 for the 17.8% (well-balanced) cutoffs. In the validation test set, the
19 AUC was also very high (0.915), the sensitivity/specificity were 0.870/0.875 for 13.0% and 0.565/0.958 for
20 17.8%. Using the diagnostic tree constructed by an objective algorithm, the diagnostic accuracy of the
21 invasiveness of colorectal cancer was 91.3% for the training set and 85.1% for the test set. Our results suggest
22 that analysis of the methylation of DNA in mucosal wash fluid may be a good molecular marker for
23 predicting the invasiveness of colorectal tumors. *Cancer Prev Res*; 4(5); 1–9. ©2011 AACR.

24 Introduction

25 Q2 Colorectal cancer is one of the most common neoplasias
26 worldwide (1), and its early detection and accurate pre-
27 operative staging are essential for reducing the incidences
28 of invasion and metastasis. The fecal occult blood test is
29 widely used to screen for colorectal tumors, though its
30 sensitivity and specificity are not high (2, 3). Conventional
31 colonoscopy is considered the gold standard for detecting
32 colorectal cancers and adenomas, whereas several other34 methods, including computed tomography, ultrasonogra-
35 phy, and 3D magnetic resonance, have been used for
36 staging (4, 5). Generally, tumor size is used as the marker
37 for invasion and lymph node metastasis; however, accurate
38 staging is often difficult because advanced histology may be
39 present in as much as 10% of small (5–10 mm) colorectal
40 adenomas (6–8).41 Magnified endoscopy is a highly useful method for
42 diagnosing invasive colorectal cancer (9, 10). Although
43 conventional endoscopic examination with indigo carmine
44 dye is not sufficient to determine whether or not a color-
45 ectal cancer is invasive, pit pattern analysis, using high-
46 magnification observation with crystal violet, reportedly
47 enables the diagnosis of invasive colorectal cancers.
48 Recently, narrow-band imaging magnification endoscopy
49 has also been used to predict the invasiveness of colorectal
50 tumors (11). However, it has been suggested that the skills
51 required for pit pattern analysis will limit the number of
52 endoscopists who use the technique.53 DNA methylation plays a critical role in the tumorigen-
54 esis of colorectal cancer (12, 13). For example, promoter
55 hypermethylation is associated with the silencing of var-
56 ious cancer-related genes (14, 15), and aberrant methyl-
57 ation of the CpG islands of genes in stool and serum/plasma
58 can be used as a molecular marker for detection of color-
59 ectal tumors (16–20). On the contrary, because DNAQ1 **Authors' Affiliations:** ¹Department of Biochemistry, ²First Department of
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62	methylation is an early event (21–23), it does not enable	119
63	one to distinguish between premalignant lesions and inva-	120
64	sive tumors. As yet, there is no study describing a molecular	121
65	test for predicting the invasiveness of colorectal tumors.	122
66	In this study, we examined the methylation levels of 4	123
67	genes frequently methylated in colorectal cancers by using	
68	DNA obtained from mucosal wash fluid. We found that the	
69	methylation level of DNA in the wash fluid was signifi-	
70	cantly higher in patients with invasive than those with	
71	noninvasive tumors. Our results suggest that methylation	
72	of DNA in mucosal wash fluid could be a good molecular	
73	marker for predicting the invasiveness of colorectal tumors.	
74	Materials and Methods	
75	Specimens and sample preparation	
76	Colorectal tumor tissues and washing fluid were collected	
77	from Japanese patients who underwent endoscopic	
78	mucosal resection (EMR) or surgical resection of colorectal	
79	tumors at Akita Red Cross Hospital. Informed consent was	
80	obtained from all patients before collection of the speci-	
81	mens. Approval for this study was obtained from the	
82	Institutional Review Board of Akita Red Cross Hospital	
83	and Sapporo Medical University.	
84	We used 2 methods to obtain DNA from mucosal	
85	washing fluid. When a colorectal tumor was detected dur-	
86	ing colonoscopy, the tumor's surface mucus was either	
87	washed away by using 20 mL of water, which was aspirated	
88	through the suction channel of the endoscope, and sus-	
89	pended in ThinPrep PreservCyt solution (Hologic, Inc.;	
90	method 1) or washed away with 20 mL of normal saline	
91	by using an NT tube and collected (method 2). Each sample	
92	of collected washing fluid was placed in a Non-GYN Pre-	
93	servCyt vial (Hologic, Inc.) for a minimum of 15 minutes,	
94	after which the solution was transferred to a disposable	
95	centrifuge tube and centrifuged at 500 × g for 20 minutes.	
96	The resultant supernatant was discarded, and the cell pellet	
97	was suspended in ThinPrep solution until DNA extraction.	
98	After collection of the washing fluid and endoscopic obser-	
99	vation, biopsies of the colorectal tumor and corresponding	
100	normal colonic mucosa were carried out by using biopsy	
101	forceps under endoscopic guidance. For cytology analysis, a	
102	ThinPrep slide was prepared by a T2000 ThinPrep proces-	
103	sor (Hologic, Inc.) and a nongynecologic ThinPrep Filter	
104	with 5-µm pores. The slide was then Papanicolaou stained	
105	and examined by GLab cytotechnologists and a pathologist	
106	(GeneticLab Co. Ltd.), and atypical cells were identified.	
107	Nuclei were stained by 4',6-diamidino-2-phenylindole	
108	(DAPI) and visualized under a fluorescence microscope	
109	(Olympus) as described previously (24).	
110	A total of 337 biopsy specimens including 150 colorectal	
111	tumors and 187 normal colonic mucosa specimens were	
112	examined. We also examined 88 samples of washing fluid	
113	from 70 colorectal tumor patients and 18 healthy patients.	
114	For testing the clinical usefulness of the study, we examined	
115	an additional 47 colorectal tumor biopsy samples as the	
116	test set, which were independently obtained several	
117	months after the collection of prior samples. On the basis	
	of histologic examination after any type of resection,	119
	biopsy specimens and wash fluid samples from a colorectal	120
	tumor were divided into 2 groups: invasive tumors and	121
	noninvasive tumors. Invasive tumors were defined as sub-	122
	mucosal invasive tumors.	123
	Bisulfite pyrosequencing	124
	DNA was extracted from biopsy specimens and washing	125
	fluid by using the standard phenol-chloroform procedure,	126
	after which 1-µg samples of genomic DNA were modified	127
	with sodium bisulfite by an EpiTect Bisulfite Kit (Qiagen).	128
	Bisulfite pyrosequencing was then carried out as described	129
	previously (25). Primers for pyrosequencing were designed	130
	by PSQ Assay Design software (Qiagen). Following PCR,	131
	the biotinylated PCR product was purified, made single-	132
	stranded, and then used as a template in a pyrosequencing	133
	reaction run according to the manufacturer's instructions.	134
	The PCR products were bound to streptavidin Sepharose	135
	beads HP (Amersham Biosciences), after which beads with	136
	the immobilized PCR product were purified, washed, and	137
	denatured by using a 0.2 mol/L NaOH solution. After	138
	addition of 0.3 µmol/L sequencing primer to the purified	139
	PCR product, pyrosequencing was carried out by a	140
	PSQ96MA system (Qiagen) and Pyro Q-CpG software	141
	(Qiagen). The primer sequences are listed in Supplemen-	142
	tary Table S1.	143
	K-ras mutation analysis	144
	Mutation of codons 12 and 13 of <i>K-ras</i> was examined by	145
	using direct sequencing and pyrosequencing, as described	146
	previously (26). Pyrosequencing was done by a <i>K-ras</i> muta-	147
	tion detection kit (Qiagen) as suggested by the supplier.	148
	Statistical analysis	149
	All statistical analyses were carried out by SPSSJ 15.0	150
	(SPSS Japan Inc.). To compare differences in methylation	151
	levels or other continuous values between groups, <i>t</i> tests or	152
	ANOVA with a post hoc Tukey test were carried out. Fisher's	153
	exact test was used for analysis of categorical data. To	154
	evaluate correlations between continuous values, Pearson's	155
	correlation coefficients were calculated. Receiver operating	156
	characteristic (ROC) curves for the diagnosis of invasive	157
	tumors were constructed on the basis of methylation levels,	158
	followed by area under the curve (AUC) calculation. A	159
	diagnostic tree to discriminate invasive tumors was con-	160
	structed by using the training set based on the following	161
	objective algorithm. Step 1: classify the samples based on	162
	the most efficient cutoff of tumor size. Step 2: classify the	163
	samples based on the most efficient cutoffs of methylation	164
	levels in 4 sequences under the classification of the pre-	165
	vious step. Step 3: repeat step 2 until no additional efficacy	166
	is observed. <i>P</i> < 0.05 (2-sided) were considered significant.	167
	Results	168
	Preparation of specimens	169
	We first compared the 2 methods used to obtain tumor	170
	cells from colonoscopy wash fluid. When tumors were	171

Table 1. Amounts of DNA and quality of cytology obtained by using the 2 collection methods tested

	Biopsy (n = 11)	Wash fluid (method 1)			Biopsy (n = 37)	Wash fluid (method 2)		
		Total (n = 11)	IT (n = 8)	NI (n = 3)		Total (n = 37)	IT (n = 18)	NI (n = 19)
DNA, μ g	21.28 \pm 15.25	15.00 \pm 11.12			17.08 \pm 13.00	16.53 \pm 16.88		
Cytology								
Diagnosable	2	1	1		17	11	6	
Not diagnosable	9	7	2		20	7	13	
	18.2%	12.5%	33.3%		45.9%	61.1%	31.6%	

Abbreviations: IT: invasive tumors, NI: noninvasive tumors.

174 found during colonoscopy, the tumor surfaces were
 175 washed with water (method 1) or saline (method 2; Sup-
 176plementary Fig. S1A and B). Both methods enabled us to
 177 obtain enough DNA for molecular analysis (Table 1), but
 178 comparison of the cytology revealed that wash fluid
 179 obtained with saline (method 2) enabled more accurate
 180 detection of anaplastic cells (Supplementary Fig. S1B; Sup-
 181plementary Table 1). We therefore used method 2 for
 182 subsequent analyses.

183 DNA methylation in biopsy specimens

184 The clinical features of the patients examined in this
 185 study are summarized in Table 2. There was no statisti-
 186cally significant difference in age or gender between
 187 patients with invasive and noninvasive tumors. We
 188 selected 4 genes for analysis, *mir-34b/c*, *SFRP1*, *SFRP2*,
 189 and *DKK2*, which are frequently methylated in colorectal
 190 cancer (25, 27, 28). Methylation analysis was carried out
 191 by using bisulfite pyrosequencing with DNA from 337
 192 specimens, including 52 invasive tumors, 98 noninvasive
 193 tumors, and 187 specimens of normal colon tissue. We
 194 found that the methylation levels of the 4 genes were
 195 significantly higher in cancerous tissue than in normal
 196 colorectal mucosa (Fig. 1); however, we found no differ-
 197ence in tissue methylation levels between invasive and
 198 noninvasive tumors.

199 DNA methylation in mucosal washing fluid

200 We next examined gene methylation in 76 samples of
 201 mucosal wash fluid from 36 patients with invasive tumors
 202 and 34 with noninvasive tumors, and from 18 patients
 203 without colorectal lesions (Fig. 1). When we compared the
 204 invasive and noninvasive tumors, we found no differences
 205 for *SFRP2* and *DKK2*. However, *mir-34b/c* and *SFRP1*
 206 showed higher levels of methylation in wash fluid from
 207 patients with invasive than with noninvasive tumors.

208 We then used ROC analysis to further compare mucosal
 209 wash fluid from invasive and noninvasive tumors (Fig. 3A
 210 and B). The odds ratios (OR) for the risk of invasion
 211 associated with the methylation levels of the 4 genes tested
 212 are shown in Table 3. High levels of methylation were
 213 significantly associated with an increased risk of invasion.

215 Among the 4 genes, levels of *mir-34b/c* methylation had the
 216 greatest impact on the risk of invasion and showed the
 217 largest AUC (0.796). Using various cutoff points of *mir-34b/c*
 218 methylation determined on the basis of efficiency
 219 considerations for clinical use, the sensitivity/specificity
 220 were 0.861/0.657 for the 13.0% (high sensitivity) cutoff
 221 point and 0.765/0.833 for the 17.8% (well balanced) cut-
 222 off. We also subdivided the tumors on the basis of whether
 223 they were ≥ 25 mm or < 25 mm in size. In tumors 25 mm or
 224 larger, *mir-34b/c* showed the highest AUC (0.816); its
 225 sensitivity/specificity was 0.862/0.667 and its OR was
 226 12.5. In tumors smaller than 25 mm, *SFRP1* showed the
 227 highest AUC (0.810), with a sensitivity/specificity of 0.821/
 228 0.833 and an OR of 23.0.

229 We further verified the utility of DNA methylation in
 230 mucosal washing, using an independent set of specimens,
 231 which was established as the test set (Figs. 2, 3C and D;
 232 Table 4). All of these ROC analyses were considered the
 233 training set. In the test set, the methylation levels of *mir-34b/c*
 234 showed very high AUC again (0.915), sensitivity/
 235 specificity was 0.870/0.875 for the 13.0% cutoff, and
 236 0.565/0.958 for the 17.8% cutoff. In tumors 25 mm or
 237 larger, the AUC of the methylation levels of *mir-34b/c* was
 238 0.778. In tumors smaller than 25 mm, the AUC of the
 239 methylation levels of *SFRP1* was 0.695.

240 To make a more efficient diagnostic method suitable for
 241 clinical situations, we then constructed a diagnostic tree to
 242 classify invasive and noninvasive tumors on the basis of the
 243 combination of methylation levels detected in wash fluid
 244 (Fig. 4A). First, because most endoscopists make an endo-
 245 scopic diagnosis according to the size of lesions, we defined
 246 the most efficient cutoff of tumor size as the first node of
 247 the diagnostic tree. As the next nodes, we used the most
 248 efficient cutoffs of the methylation levels of the 4 genes
 249 (*mir-34*, *SFRP1*, *SFRP2*, and *DKK2*). For example, as shown
 250 in Figure 4A, if the tumor size is more than 25 mm and the
 251 methylation level of *mir-34b/c* is more than 15%, this lesion
 252 is diagnosed as an invasive tumor. In the training set, the
 253 sensitivity and specificity were 0.943 (33/35) and 0.882
 254 (30/34), respectively. The total accuracy of the diagnosis
 255 was 91.3% (63/69). For use in clinical situations, we
 256 validated this diagnostic tree by using an independent test

Table 2. Clinicopathologic features of the patients

	Training set						Test set							
	Biopsy sample			Washing fluid			Biopsy sample			Washing fluid				
	IT (n = 52)	NI (n = 98)	P	Normal (n = 187)	IT (n = 36)	NI (n = 34)	P	Normal (n = 18)	IT (n = 20)	NI (n = 21)	P	IT (n = 23)	NI (n = 24)	P
Demographics														
Age	67.4	66.7	0.720	67.2	68.8	64.7	0.101	59.6	69.3	69.6	0.553	70.3	69.3	0.707
Male	16 (30.8%)	24 (24.5%)		126 (67.4%)	22 (61.1%)	25 (73.5%)		9 (50.0%)	14 (70%)	14 (66.7%)		14 (60.9%)	17 (70.8%)	
Female	36 (69.2%)	74 (75.5%)	0.408	61 (32.6%)	14 (38.9%)	9 (26.5%)	0.269	9 (50.0%)	6 (30%)	7 (33.3%)	0.332	9 (39.1%)	7 (29.2%)	0.213
Tumor size														
≥25 mm	31 (59.6%)	12 (12.2%)	<0.001	27 (75%)	5 (14.7%)	5 (14.7%)	<0.001	15 (75%)	5 (25%)	3 (14.3%)	<0.001	18 (78.3%)	3 (12.5%)	<0.001
<25 mm	21 (40.4%)	86 (87.8%)		9 (25%)	29 (85.3%)	29 (85.3%)		5 (25%)	11 (55%)	18 (85.7%)		5 (21.7%)	21 (87.5%)	
Location														
Right	21 (40.4%)	44 (44.9%)		12 (33.3%)	17 (50%)	17 (50%)		11 (55%)	7 (35%)	12 (57.1%)		11 (47.8%)	13 (54.2%)	
Left	15 (28.8%)	25 (25.5%)		14 (38.9%)	7 (20.6%)	7 (20.6%)		7 (35%)	2 (10%)	7 (33.3%)	0.883	8 (34.8%)	8 (33.3%)	
Rectum	16 (30.8%)	29 (29.6%)	0.853	10 (27.8%)	10 (29.4%)	10 (29.4%)	0.332	2 (10%)	2 (10%)	2 (9.5%)		4 (17.4%)	3 (12.5%)	0.980
Histology														
Hyper/inflammatory		15 (15.3%)		3 (8.8%)	3 (8.8%)			3 (8.8%)	0 (0.0%)	0 (0.0%)		0 (0.0%)	0 (0.0%)	
Tubular adenoma		29 (29.6%)		10 (29.4%)	10 (29.4%)			10 (29.4%)	9 (42.9%)	9 (42.9%)		12 (50%)	12 (50%)	
Tubulovillous adenoma		28 (28.6%)		7 (20.6%)	7 (20.6%)			7 (20.6%)	7 (33.3%)	7 (33.3%)		7 (29.2%)	7 (29.2%)	
Severe dysplasia		26 (26.5%)		14 (41.2%)	14 (41.2%)			14 (41.2%)	5 (23.8%)	5 (23.8%)		5 (20.8%)	5 (20.8%)	
Cancer	52 (100.0%)			36 (100.0%)				20 (100.0%)	20 (100.0%)			23 (100.0%)		

Abbreviations: IT: invasive tumors, NI: noninvasive tumors.

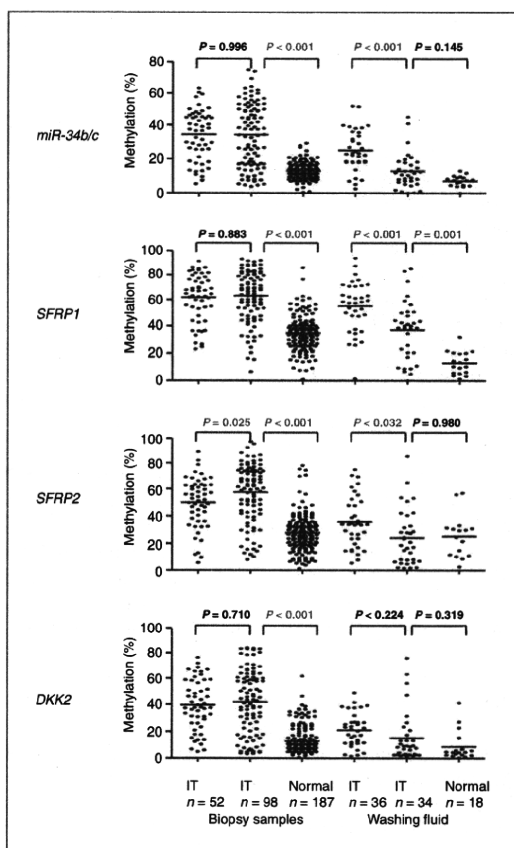


Figure 1. Levels of *miR-34b/c*, *SFRP1*, *SFRP2*, and *DKK2* methylation in invasive and noninvasive colorectal tumors. Methylation levels detected with DNA from biopsy and wash fluid. The genes analyzed are shown on the left.

259 set ($n = 47$). The application of the diagnostic tree to the
 260 test set is shown in Figure 4B. Although a slight reduction in
 261 sensitivity was observed (0.740, 17/23), the specificity was

263 very high (0.958, 21/24). The total accuracy of the diag-
 264 nosis was 85.1% (40/47) for the test set.

265 We also assessed the correlation between methylation
 266 levels detected in biopsy specimens and in wash fluid
 267 (Supplementary Fig. S2). We found that overall methyla-
 268 tion levels in biopsy tissues and washing fluid were well
 269 correlated. When we divided the data for invasive and
 270 noninvasive tumors, however, only invasive tumors
 271 showed a significant correlation between methylation
 272 levels in biopsy tissue and washing fluid.

Detection of *K-ras* mutation by mucosal washing fluid

273 Finally, we tested for mutation of *K-ras* codons 12 and 13
 274 by using DNA obtained from biopsy tissue or wash fluid
 275 (Supplementary Table S2). With invasive tumors, muta-
 276 tions of *K-ras* were found in 9 of 27 (33.3%) biopsy spec-
 277 imens. Among the 9 positive tumors, we were able to
 278 also detect mutations in 7 (77.7%) wash fluid samples.
 279 With noninvasive tumors, mutations were detected in 6 of
 280 24 (25%) biopsy specimens, but in only 2 (33.3%) of the
 281 corresponding wash fluid samples. Addition of *K-ras* muta-
 282 tion did not improve the accuracy of diagnosis of invasi-
 283 veness by the diagnostic tree (data not shown). Consistent
 284 with this finding, nuclear staining showed more intact
 285 nuclei in wash fluid from invasive tumors than from
 286 noninvasive tumors (Supplementary Fig. S1C). Thus, sam-
 287 ples from invasive tumors seem to contain higher concen-
 288 trations of tumor-derived DNA than samples from
 289 noninvasive tumors.

Discussion

291 Small colorectal tumors are usually removed by endo-
 292 scopic mucosal dissection, but if the tumor is invasive,
 293 surgical treatment is required because of the higher risk of
 294 lymph node metastasis. Consequently, precise preoperative
 295 diagnosis is critical for appropriate treatment of colorectal
 296 tumors. Magnifying colonoscopy is a useful means of
 297 distinguishing invasive from noninvasive tumors (9, 10).
 298 However, invasive colorectal tumors show a heterogeneous
 299 pit pattern, making it difficult to determine a therapeutic
 300

Table 3. Results of ROC analyses of the methylation levels in 4 genes in the training set.

Tumor size	Genes	Training set				
		AUC Estimate (95% CI)	Cutoff (%)	Sensitivity Estimate (95% CI)	Specificity Estimate (95% CI)	ORs Estimate (95% CI)
Total	<i>miR34b/c</i>	0.796 (0.686–0.906)	13.0	0.861 (0.705–0.953)	0.647 (0.465–0.803)	11.4 (3.5–36.9)
			17.8	0.833 (0.609–0.899)	0.765 (0.588–0.893)	16.3 (5.0–53.0)
			21.0	0.611 (0.435–0.769)	0.882 (0.726–0.967)	11.8 (3.4–40.7)
	<i>SFRP1</i>	0.736 (0.616–0.857)	45.0	0.750 (0.578–0.879)	0.706 (0.525–0.849)	7.2 (2.5–20.7)
<i>SFRP2</i>	0.688 (0.562–0.814)	33.0	0.583 (0.408–0.745)	0.765 (0.588–0.893)	4.5 (1.6–12.8)	
<i>DKK2</i>	0.702 (0.572–0.831)	11.0	0.806 (0.64–0.918)	0.647 (0.465–0.803)	7.6 (2.6–22.5)	
≥25mm	<i>miR34b/c</i>	0.816 (0.665–0.967)	15.0	0.862 (0.683–0.961)	0.667 (0.223–0.957)	12.5 (1.7–92.3)
<25mm	<i>SFRP1</i>	0.810 (0.594–1.000)	51.0	0.821 (0.631–0.939)	0.833 (0.359–0.996)	23.0 (2.2–242.1)