

## Regulatory T cells are necessary for implantation and maintenance of early pregnancy but not late pregnancy in allogeneic mice

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### ABSTRACT

Maternal T cells acquire a transient state of tolerance specific for paternal alloantigens during pregnancy. CD4<sup>+</sup>CD25<sup>+</sup> regulatory T (Treg) cells play a central role in induction and maintenance of tolerance. We have studied the role of Treg cells for the maintenance of allogeneic pregnancy during the implantation period, early pregnancy period and late pregnancy period. We performed depletion of Treg cells using treatment with anti-CD25 monoclonal antibody (mAb) in allogeneic or syngeneic pregnant mice. BALB/c or C57BL/6 female mice were mated with BALB/c or C57BL/6 male mice, and anti-CD25 mAb was injected intraperitoneally on day 2.5 post-coitum (pc), or days 4.5 and 7.5 pc, or days 10.5 and 13.5 pc. Administration of 0.5 mg of anti-CD25 mAb induced depletion of CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup> Treg cells in both allogeneic and syngeneic pregnancy. The extent of depletion of CD4<sup>+</sup>CD25<sup>+</sup> Treg cells in spleen cells was 82.7%. This mAb treatment on day 2.5 pc of pregnancy induced implantation failure in allogeneic pregnant mice, but not in syngeneic pregnant mice. In addition, anti-CD25 mAb treatment on days 4.5 and 7.5 pc significantly increased resorption rates in allogeneic pregnant mice, but not in syngeneic pregnant mice. Interestingly, anti-CD25mAb treatment on days 10.5 and 13.5 pc reduced Treg cell numbers, but this treatment did not induce any abnormal pregnancy parameters such as intrauterine growth restriction, hypertension, or proteinuria. These findings suggest that CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup> Treg cells are important to mediate maternal tolerance to the allogeneic fetus in the implantation phase and early stage of pregnancy, but Treg cells might not be necessary for maintenance of the late stage of allogeneic pregnancy.

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### 1. Introduction

During pregnancy, the fetal 'allograft' is not rejected by the maternal host. It has been recognized that the systemic maternal immune system is altered in normal pregnancy. Maternal T cells acquire a transient

state of tolerance specific for paternal alloantigens during pregnancy. After delivery, tumor grafts that express paternal antigens are rejected, suggesting that the tolerance specific to paternal alloantigens is restricted to the pregnancy period (Tafari et al., 1995). Jiang et al., reported that the number of T cells that recognize fetal antigens decreased in an antigen-specific manner during pregnancy, consistent with peripheral clonal deletion in the maternal immune system (Jiang and Vacchio, 1998).

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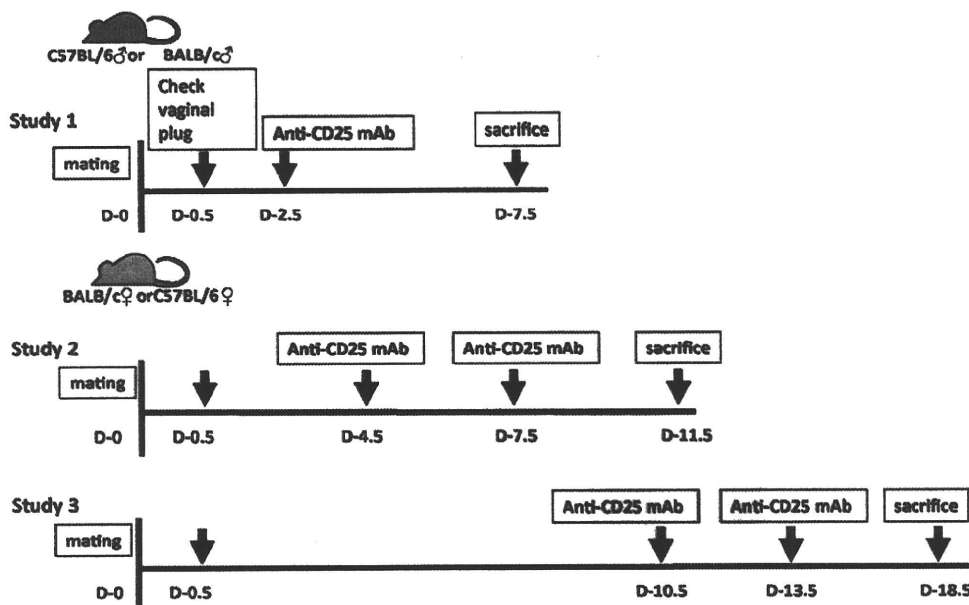


Fig. 1. Protocol for administering anti-CD25 monoclonal antibody to pregnant mice. Mice were checked for vaginal plugs on the morning following mating. The day of detection of vaginal plug was designated as day 0.5 post-coitum (pc). Anti-CD25mAb was injected intraperitoneally on day 2.5 pc (study 1), or days 4.5 and 7.5 pc (study 2), or days 10.5 and 13.5 pc (study 3). Pregnant mice were sacrificed on day 7.5 pc (study 1), day 11.5 pc (study 2), or day 18.5 pc (study 3).

USA) was performed on fixed and permeabilized cells using Cytotfix/Cytoperm (Cat No: 00-5521, e-Bioscience). After staining, the cells were washed, and analyzed on a FACSCalibur flow cytometer (Becton Dickinson) using Cell Quest software (Becton Dickinson).

## 2.6. Statistical analysis

Statistical differences between groups were determined by Mann–Whitney *U*-test or ANOVA test.  $p < 0.05$  was regarded as significant.

## 3. Results

### 3.1. The effect of anti-CD25 mAb treatment on CD4<sup>+</sup>CD25<sup>+</sup> Treg cell population size and resorption rate

We injected anti-CD25 mAb into pregnant mice on days 4.5 and 7.5 pc to deplete Treg cells in the early pregnancy period. Treg cells were measured as CD4<sup>+</sup>CD25<sup>+</sup> cells, expressed as a percentage of total CD4<sup>+</sup> cells (%CD4<sup>+</sup>CD25<sup>+</sup>/CD4<sup>+</sup>). The CD4<sup>+</sup>CD25<sup>+</sup> cell population size in the spleen of BALB/c pregnant mice mated with C57BL/6 males and BALB/c pregnant mice mated with BALB/c males were significantly higher than those of non-pregnant BALB/c mice ( $p < 0.0001$  and  $p < 0.0001$  respectively) (Fig. 2a and c). First, we sought to find the optimal concentration of anti-CD25 mAb to decrease CD4<sup>+</sup>CD25<sup>+</sup> Treg cells. Administration of 0.1 mg and 0.25 mg anti-CD25 mAb did not reduce the CD4<sup>+</sup>CD25<sup>+</sup> cell population size in BALB/c pregnant mice mated with C57BL/6 males (Fig. 2a) or C57BL/6 pregnant mice mated with BALB/c males (Fig. 2b). Furthermore, the resorption rate in these groups did not increase (Fig. 2a and b).

On the other hand, administration of 0.375 mg, 0.5 mg and 1 mg of anti-CD25 mAb significantly reduced the CD4<sup>+</sup>CD25<sup>+</sup> cell population size. The CD4<sup>+</sup>CD25<sup>+</sup> cell population size decreased to  $5.11 \pm 2.51\%$ ,  $2.24 \pm 0.37\%$ , and  $2.26 \pm 0.95\%$ , respectively, from  $12.94 \pm 0.91\%$  in BALB/c pregnant mice mated with C57BL/6 males (Fig. 2a). We also confirmed that CD4<sup>+</sup>Foxp3<sup>+</sup> Treg cells decreased to  $3.29 \pm 1.66\%$  from  $9.43 \pm 0.40\%$  after administration of 0.5 mg of anti-CD25 mAb. In these groups, the resorption rate increased to  $36.4 \pm 11.6\%$ ,  $56.9 \pm 27.9\%$  and  $53.4 \pm 3.0\%$  in BALB/c pregnant mice mated with C57BL/6 males, and  $36.9 \pm 13.9\%$ ,  $55.6 \pm 29.3\%$  and  $53.3 \pm 7.4\%$  in C57BL/6 pregnant mice mated with BALB/c males when administration of 0.375 mg, 0.5 mg and 1 mg of anti-CD25mAb was performed (Fig. 2a and b).

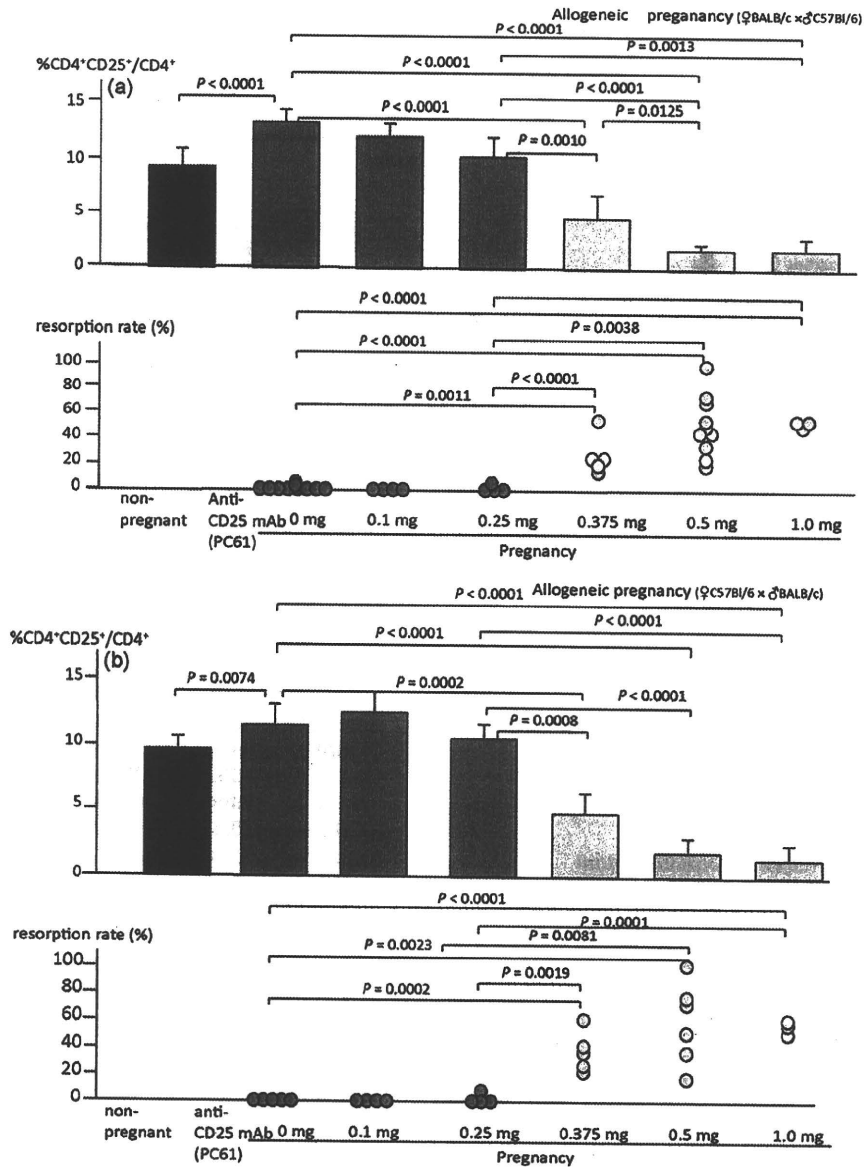
These findings suggested that when the number of Treg cells was reduced to below 50%, the resorption rate increased. Hematoxylin and eosin staining of resorbing fetuses showed hemorrhage at the fetomaternal interface as well as lymphocyte infiltration (Fig. 2d). Treatment with anti-CD25 mAb (0.5 mg) significantly reduced the CD4<sup>+</sup>CD25<sup>+</sup> cell population size in both allogeneic (Fig. 2a and b) and syngeneic pregnancy (Fig. 2c). Depletion of CD4<sup>+</sup>CD25<sup>+</sup> Treg cells induced spontaneous abortion in allogeneic pregnancy, however this mAb treatment did not affect the spontaneous resorption rate in syngeneic pregnancy (Fig. 2c).

### 3.2. Treatment with anti-CD25 mAb on day 2.5 pc causes implantation failure in allogeneic pregnancy

To investigate the role of Treg cells in the implantation phase, we injected anti-CD25 into mated mice on day 2.5 pc. Administration of 0.5 mg anti-CD25 mAb

significantly reduced the size of the CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup> Treg cell population, expressed as a percentage of total CD4<sup>+</sup> cells (%CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup>/CD4<sup>+</sup>), in spleen and draining lymph nodes in both allogeneic pregnancy and syngeneic pregnancy (Fig. 3). No implantation sites were evident in C57BL/6 pregnant mice mated with Balb/c

males after treatment of anti-CD25 mAb, but rat IgG treatment groups showed 11.2 ± 1.7 viable fetuses. The number of viable fetuses in the group treated with anti-CD25 mAb was similar to those in the rat IgG treated group in BALB/c pregnant mice mated with Balb/c males (Fig. 3).



**Fig. 2.** The effect of administering varying amounts of anti-CD25 mAb on days 4.5 and 7.5 pc on the size of the CD4<sup>+</sup>CD25<sup>+</sup> Treg cell population and the resorption rate (study 2). The size of the CD4<sup>+</sup>CD25<sup>+</sup> cell population (upper panel) and resorption rate after treatment with the anti-CD25 mAb (lower panel) in BALB/c female mice mated with C57BL/6 males (a) or in C57BL/6 female mice mated with BALB/c males (b). Anti-CD25mAb treatment was performed for each concentration from 0.1 mg to 1.0 mg (a and b). (c) The size of the CD4<sup>+</sup>CD25<sup>+</sup> cell population (upper panel) and resorption rate (lower panel) after treatment with 0.5 mg of the anti-CD25 monoclonal antibody in syngeneic matings (BALB/c females mated with BALB/c males or C57BL/6 females mated with C57BL/6 males). The size of the CD4<sup>+</sup>CD25<sup>+</sup> cell population is expressed as a percentage of total CD4<sup>+</sup> cells (%CD4<sup>+</sup>CD25<sup>+</sup>/CD4<sup>+</sup>). Resorption rate shows the percentage of aborted fetuses in total implantation sites. Error bars represent standard error. (d) Representative photomicrograph of a hematoxylin and eosin stained section of an aborted embryo in an allogeneic pregnancy (C57BL/6 female mated with a BALB/c male) after treatment with anti-CD25 mAb (0.5 mg).

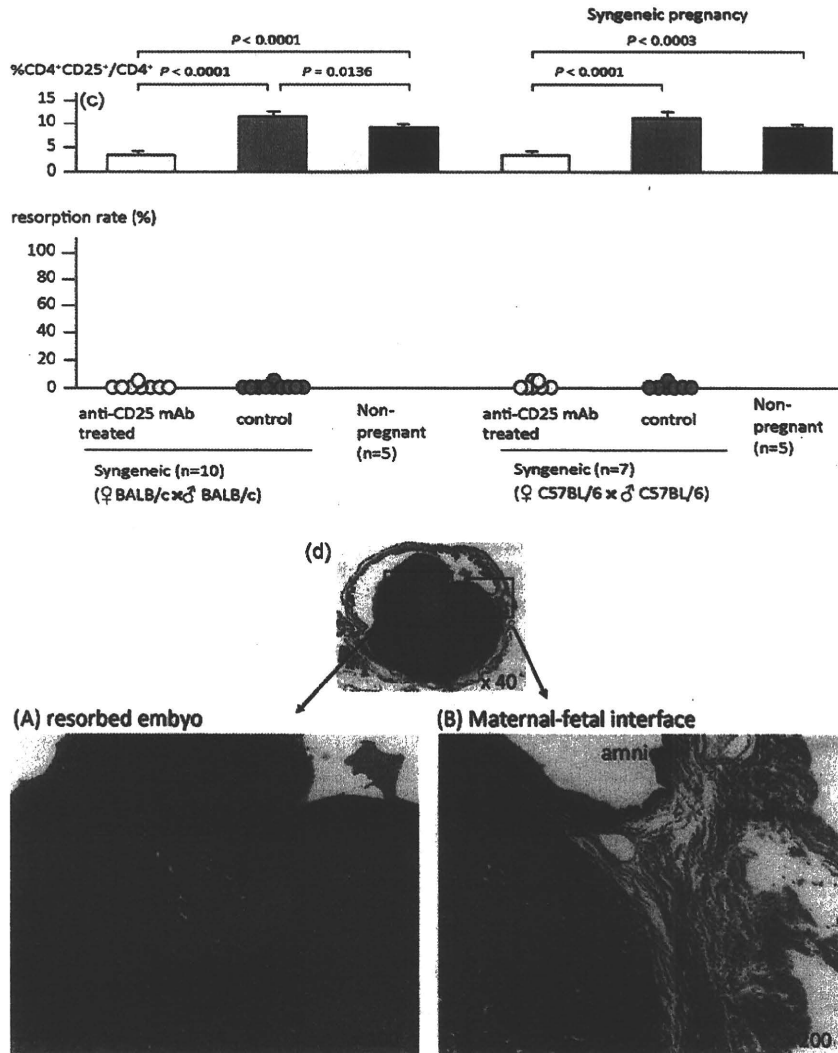


Fig. 2. (Continued)

**3.3. Treatment with anti-CD25 mAb on days 10.5 and 13.5 pc did not induce abnormal pregnancy parameters in allogeneic pregnancy**

Administration of 0.5 mg anti-CD25 mAb on days 10.5 and 13.5 pc significantly reduced the CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup> Treg cell population size in spleen and draining lymph nodes on day 18 in allogeneic pregnancy (Fig. 4). Nevertheless, this treatment did not induce any abnormal pregnancy parameters. The number of viable fetuses in the anti-CD25 mAb treatment group was similar to the rat IgG treated group (Table 1). The weights of the fetus and the placenta were also not different (Table 1).

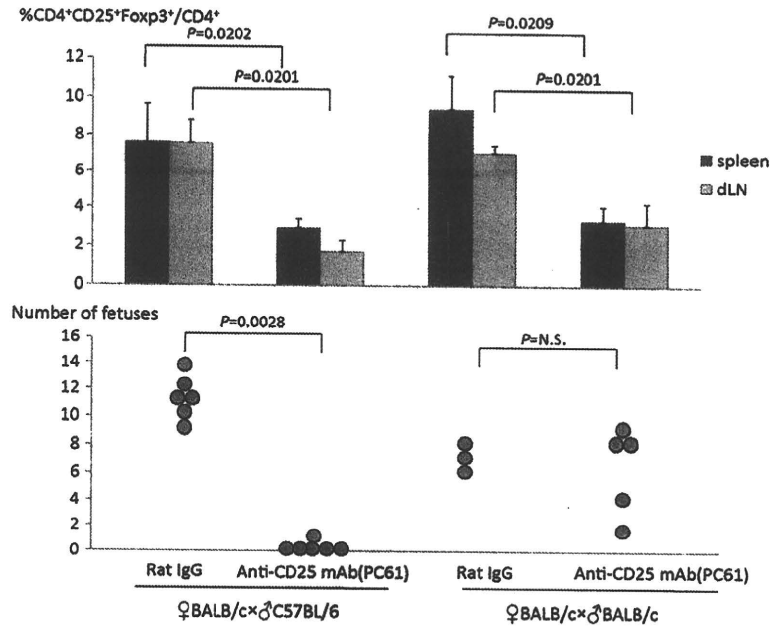
It has been reported that the Treg cell population size is decreased in preeclampsia (Sasaki et al., 2007; Darmochwal-Kolarz et al., 2007; Santner-Nanan et al., 2009). To investigate the relationship between decrease of Treg cells and preeclampsia, we monitored blood pres-

sure and urinary protein levels in Treg cell depleted mice. Administration of anti-CD25 mAb did not elevate the blood pressure, and did not increase urinary protein levels in allogeneic pregnancy, either in BALB/c pregnant mice mated with C57BL6 males, or in C57BL/6 pregnant mice mated with BALB/c males (Table 1).

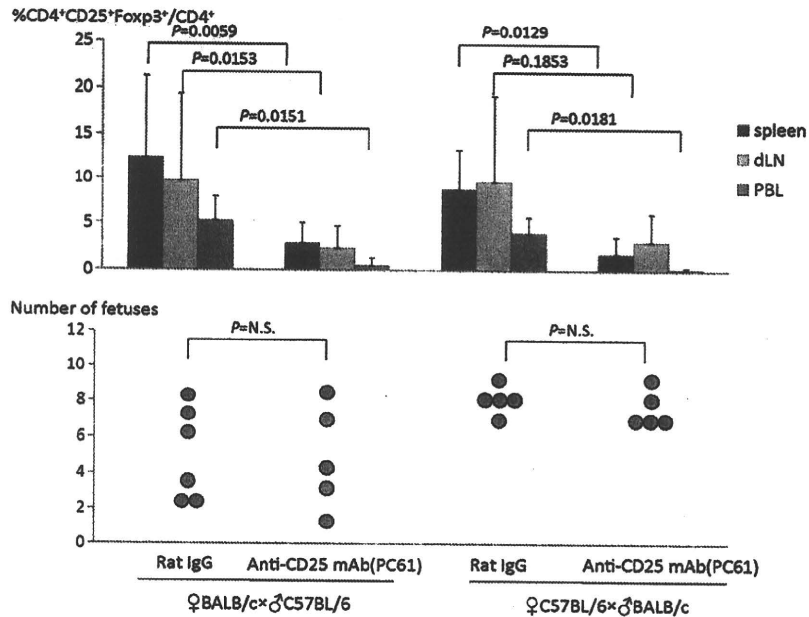
**4. Discussion**

The fetus is considered to resemble a semi-allograft in the maternal host, but the healthy fetus survives and maternal rejection is prevented. Therefore, tolerance systems to the fetus are present during pregnancy. In this process, corticotrophin-releasing hormone (CRH) and the Fas ligand (FasL) play some part in T cell clonal deletion. CRH produced by trophoblasts and decidual cells induces FasL expression on trophoblasts, and FasL promotes apoptosis of maternally activated T cells, which express Fas





**Fig. 3.** Treatment with anti-CD25 mAb on day 2.5 pc causes implantation failure in allogeneic pregnancy (study 1). The size of the CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup> Treg cell population in the spleen (dark gray bar) and draining lymph nodes (dLN: light gray bar) (upper panel), and the number of normal viable fetuses per pregnancy (lower panel) after treatment with 0.5 mg of an anti-CD25 mAb on day 2.5 pc in BALB/c females mated with C57BL/6 males or BALB/c females mated with BALB/c males. The size of the CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup> Treg cell population is expressed as a percentage of total CD4<sup>+</sup> cells (%CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup>/CD4<sup>+</sup>). Error bars represent standard error.



**Fig. 4.** Treatment with anti-CD25 mAb on days 10.5 and 13.5 pc did not induce fetal loss in allogeneic pregnancy (study 3). The size of the CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup> Treg cell population in spleen (dark gray bar), draining lymph nodes (dLN: light gray bar), and peripheral blood (PBL: middle gray bar) (upper panel), and the number of normal viable fetuses per pregnancy (lower panel) after treatment with 0.5 mg of an anti-CD25 mAb on days 10.5 and 13.5 pc in BALB/c females mated with C57BL/6 males or C57BL/6 females mated with BALB/c males. The size of the CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup> Treg cell population is expressed as a percentage of total CD4<sup>+</sup> cells (%CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup>/CD4<sup>+</sup>). Error bars represent standard error.

**Table 1**  
The fetal weight, placental weight, blood pressure and proteinuria in study3.

	Rat IgG N=6	PC61 N=5	P-value	Rat IgG N=7	PC61 N=6	P-value
Fetal weight (g)	1.23 ± 0.22	1.21 ± 0.15	0.8431	1.28 ± 0.07	1.14 ± 0.22	0.2236
Placental weight (g)	0.20 ± 0.05	0.21 ± 0.07	0.6886	0.13 ± 0.01	0.14 ± 0.03	0.8419
Blood pressure (mmHg)						
Day 10.5	98.3 ± 8.9	110.0 ± 7.0	0.0771	116.6 ± 5.2	109.5 ± 9.1	0.2683
Day 13.5	107.8 ± 10.3	117.0 ± 2.0	0.1084	118.8 ± 11.6	116.5 ± 4.4	1.0000
Day 14.5	107.5 ± 9.6	107.7 ± 6.4	0.7237	119.3 ± 9.9	119.0 ± 9.6	0.7188
Day 17.5	118.5 ± 6.5	120.5 ± 4.9	0.6434	122.0 ± 6.6	120.5 ± 7.4	0.7237
Day 18.5	114.3 ± 12.3	118.5 ± 4.8	0.4678	119.8 ± 6.2	123.5 ± 3.5	0.3241
Proteinuria (mg/dl)						
Day 10.5	71.8 ± 44.6	100.0 ± 0.0	0.2888	90.0 ± 26.5	80.0 ± 44.7	0.7080
Day 13.5	76.7 ± 36.1	86.0 ± 31.3	0.6374	95.0 ± 13.2	70.8 ± 34.4	0.1364
Day 18.5	155.0 ± 115.5	140.0 ± 89.4	1.0000	123.6 ± 78.9	100.0 ± 0.0	1.0000

Fetal weight and placental weight were checked on day 18.5. Blood pressure (mmHg) was checked on day 10.5 before anti-CD25 mAb treatment, and checked again over several days. Proteinuria was measured by tape test. Statistical analysis was performed using Mann-Whitney U-test.

on their surfaces (Makrigiannakis et al., 2001). Therefore, Fas-mediated death in T cells is one of the mechanisms of tolerance.

As another mechanism, Treg cells play a very important roles for induction and maintenance of tolerance (Sakaguchi, 2004; Wood and Sakaguchi, 2003). The T reg cell population increases in peripheral blood, in decidua (uterus), the iliac lymph node, inguinal lymph node, and in the spleen, and these increased numbers of Treg cells have been shown to suppress alloreactive proliferation *in vitro* (Aluvihare et al., 2004; Sasaki et al., 2004; Heikkinen et al., 2004; Somerset et al., 2004; Zenclussen et al., 2005; Zhu et al., 2005; Robertson et al., 2009). We have reported that CD4<sup>+</sup>CD25<sup>+</sup> Treg cells increase in early pregnancy decidual tissue in human pregnancy (Sasaki et al., 2004). Aluvihare et al. (2004) reported that when BALB/c derived CD25<sup>+</sup> cell-depleted lymphocytes are injected into T cell-deficient BALB/c nu/nu female mice and mated with C57BL/6 males, these mice (with allogeneic pregnancy) undergo abortion, although mating with BALB/c males (syngeneic pregnancy) results in normal pregnancy.

In this study, we performed *in vivo* antibody-mediated CD25<sup>+</sup> cell depletion to study the role of Treg cells for the maintenance of allogeneic pregnancy in the implantation period, early pregnancy period and late pregnancy period. When 0.1 mg or 0.25 mg of anti-CD25 mAb were injected into BALB/c females mated with C57BL/6 males in early pregnancy periods (days 4.5 and 7.5 pc), the size of the Treg cell population decreased to 4.9% and 19.5%; however they had successful pregnancy. On the other hand, when 0.375 mg, 0.5 mg or 1.0 mg of anti-CD25 mAb was injected into BALB/c females mated with C57BL/6 males, the reduction of Treg cell population size in the spleen was reduced to 60.5%, 82.7% and 82.6%, respectively, and the resorption rate increased to 36.4 ± 11.6%, 56.9 ± 27.9% and 53.4 ± 3.0%, respectively. It was similar in the case of C57BL/6 females mated with BALB/c males. Interestingly, treatment with anti-CD25 mAb reduced Treg cells in both allogeneic and syngeneic pregnancy, but this mAb treatment did not affect the miscarriage rates in syngeneic BALB/c pregnant mice or C57BL/6 pregnant mice.

Treatment with anti-CD25 mAb in the implantation period (day 2.5 pc) induced implantation failure in allogeneic pregnant mice. Other reports also showed that depletion of Treg cells using 0.2 mg of anti-CD25 mAb on day 2 of pregnancy led to implantation failure (Zenclussen et al., 2005). Administration of anti-CD25 mAb on the day of mating induced expansion of activated CD8<sup>+</sup> and CD4<sup>+</sup> cell populations in the draining lymph nodes of the uterus and fewer allogeneic fetuses survived to term, whereas no effect was observed in syngeneic pregnancy (Darrasse-Jèze et al., 2006). Recent studies show that the depletion of uterine dendritic cells (DC) induces implantation failure, but depletion of DCs also causes embryo resorption in syngeneic mice (Krey et al., 2008; Plaks et al., 2008). DC appear to govern uterine receptivity in both allogeneic and syngeneic pregnancy. However Treg cells are essential for maintenance of allogeneic pregnancy in the implantation phase and early stage of pregnancy in mice.

Several studies reported an association between Treg cells and implantation failure or recurrent spontaneous miscarriage in humans. We have reported an elevated CD4<sup>+</sup>CD25<sup>high</sup> T cell ratio in peripheral blood and deciduas, and this ratio decreased to a non-pregnancy level in miscarriage cases in humans (Sasaki et al., 2004). Women experiencing repeated miscarriage were shown to have a reduced frequency of Treg cells within peripheral blood, and reduced suppressive capacity, compared with normal fertile women (Arruvito et al., 2007; Yang et al., 2008). Unexplained infertility has also been associated with reduced expression of Foxp3 mRNA in endometrial tissue (Jasper et al., 2006). Other studies show that persistent inhibition of the Toll-like receptor system has a suppressive effect on Treg cells (Pasare and Medzhitov, 2003; Yang et al., 2004). Chronic inflammation and/or decreased Treg cells at the fetomaternal interface might induce implantation failure in IVF-ET or recurrent spontaneous abortion in humans. Recent observations in mice exposed to seminal fluid in the absence of conception support a role for seminal fluid in driving Treg cell activation and proliferation, which promotes tolerance of paternal alloantigens at the time of embryo implantation (Robertson et al., 2009).

Treg cells originally existing in endometrial tissue, as well as Treg cell populations expanded by seminal fluid, may act together to facilitate maternal acceptance at implantation.

In this study, we used administration of anti-CD25 mAb to deplete the CD4<sup>+</sup>CD25<sup>+</sup> Treg cells. However this mAb treatment also depleted CD25<sup>+</sup> NK cells and CD25<sup>+</sup> T cells. This is a weak point of this study. We have already reported that CD25<sup>+</sup>DX5<sup>+</sup>CD3<sup>+</sup>NK cells have the ability to participate in immunoregulation (Ebata et al., 2006), and these NK cells are increased in the pregnant uterus (Lin et al., 2009). The extent of depletion of CD25<sup>+</sup>DX5<sup>+</sup>CD3<sup>+</sup>NK cells was 71% in the draining lymph nodes after administration of anti-CD25 mAb (0.5 mg) in our study. To deplete Treg cells only, Foxp3-DTR mice (Lahl et al., 2007) might be useful. We are planning to study the role of Foxp3<sup>+</sup> Treg cells during pregnancy using this animal model.

Some studies have shown a decreased number of Treg cells in preeclampsia. CD4<sup>+</sup>CD25<sup>high</sup> Treg cells were significantly reduced in both the peripheral blood and decidual tissue of preeclampsia patients compared with normal pregnant women (Sasaki et al., 2007; Darmochwal-Kolarz et al., 2007). To investigate the role of Treg cells in the late pregnancy period, we injected anti-CD25 mAb to allogeneic pregnant mice on days 10.5 and 13.5 pc. Anti-CD25 mAb treatment in late pregnancy phase reduced the Treg cells in a similar manner to treatment on day 2.5 pc or days 7.5 and 10.5 pc, but interestingly this treatment did not induce preeclampsia symptoms such as hypertension, proteinuria, or intrauterine growth restriction. We could not demonstrate a requirement for Treg cells in the late pregnancy phase in allogeneic pregnant mice. The difference between humans and mice in the importance of Treg cells in late pregnancy phase may be explained by several reasons. One reason is the difference in placenta structure in humans and mice. Erlebacher et al. (2007) showed that maternal CD8<sup>+</sup> T cells recognize fetal/placental antigen leading to clonal deletion in the mid and late pregnancy period. They reported that antigen presentation commenced only at mid-gestation in association with endovascular invasion of placental trophoblasts and the hematogenous release of placental debris, and was associated with clonal deletion of CD8<sup>+</sup> T cells. Thus, while Treg cells appear to be necessary for implantation and the early phase of pregnancy, they may not have a critical role in the maintenance of pregnancy in the late gestation phase, because clonal deletion of CD8<sup>+</sup> cells to paternal antigens might occur in the late pregnancy period.

Recent studies showed that abortion-prone CBA/J × DBA/2 mice present with a diminished number of CD4<sup>+</sup>CD25<sup>+</sup>CTLA4<sup>+</sup>IL-10<sup>+</sup> Treg cells compared to normal pregnant mice (Zhu et al., 2005; Zenciusen et al., 2005). Zenciusen et al. (2005) reported that transfer of CD4<sup>+</sup>CD25<sup>+</sup> Treg cells from normal pregnant, but not from non-pregnant, CBA/J mice completely prevented spontaneous abortion, suggesting that paternal antigen-specific CD4<sup>+</sup>CD25<sup>+</sup> Treg cells induce paternal antigen-specific tolerance during pregnancy. By blocking ICAM-1/LFA-1 mediated intracellular adhesion events or the CD86/B7-ligand, the resorption rate in abortion-prone mice was decreased by expanding CD4<sup>+</sup>CD25<sup>+</sup> Treg cells and by shifting cytokine profiles from Th1 predominance to a Th2

bias at the fetomaternal interface (Blois et al., 2005; Zhu et al., 2005). Robertson et al. (2009) reported that seminal fluid drives expansion of the Treg cell pool and induces tolerance to paternal alloantigens in mice. These observations are all consistent with paternal antigen specific Treg cells playing an important role for maintenance of allogeneic pregnancy during the implantation period and early pregnancy period.

These findings suggest that various mechanisms for immune tolerance interact with each other at the fetomaternal interface. In this study, we demonstrated that Treg cells play a central role in the maintenance of pregnancy at the implantation and early stage, but Treg cells may not have an essential role in the late stage of pregnancy in allogeneic pregnant mice.

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## Accumulation of IL-17-Positive Cells in Decidua of Inevitable Abortion Cases

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### Keywords

Decidua, inflammation, miscarriage, Th17

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### Problem

Th17 cells, a new subset of helper T cells, have been focused on as a producer pro-inflammatory cytokines. It is, however, still unknown how Th17 cells affect pregnancy outcome. We investigated the expression of IL-17-producing cells in human spontaneous abortion.

### Method of study

IL-17 expression was analyzed in decidual tissues among normal pregnancy, missed abortion, and inevitable abortion cases by immunohistochemistry and flow cytometry.

### Results

IL-17<sup>+</sup> cells were accumulated in decidua and were detected in decidual CD4<sup>+</sup> T cells and few decidual CD8<sup>+</sup> T cells in spontaneous abortion cases. The number of decidual IL-17<sup>+</sup> cells in inevitable abortion cases involving active genital bleeding was significantly higher than that in normal pregnancy cases ( $P < 0.05$ ). On the other hand, there were no significant differences in the numbers of decidual IL-17<sup>+</sup> cells between missed abortion cases and normal pregnancy subjects. Furthermore, the number of IL-17<sup>+</sup> cells was positively correlated with the number of neutrophils in spontaneous abortion cases.

### Conclusion

IL-17<sup>+</sup> cells might be involved in the induction of inflammation in the late stage of abortion, but not in the early stage of abortion.

### Introduction

CD4<sup>+</sup> helper T cells are classified as T-helper (Th) 1 cells or Th2 cells according to their patterns of cytokine production.<sup>1</sup> Th1 cells produce interleukin (IL)-2, interferon (IFN)- $\gamma$ , and tumor necrosis factor (TNF)- $\alpha$ , and they are presumed to cause spontaneous abortion,<sup>2,3</sup> although conflicting data have also been reported.<sup>4,5</sup> Recently, a novel family of CD4<sup>+</sup>Th cells was detected, which was characterized by IL-17 production and named 'Th17'.<sup>6,7</sup> IL-17, a pro-inflammatory cytokine, induces the expression of many mediators of inflammation. So far, experimental auto-

immune encephalomyelitis (EAE) and collagen-induced arthritis are believed to be Th1 response-related diseases, but recent data have shown that Th17 cells play a central role in the pathogenesis of these diseases.<sup>8</sup> Interestingly, the differentiation and functions of Th17 cells and regulatory T (Treg) cells occur in opposite directions. The differentiation of Th17 cells is initiated by transforming growth factor (TGF)- $\beta$ 1 and IL-6, which activate signal transducer and activator of transcription 3 (Stat3) and induce the expression of the transcription factor retinoic acid-related orphan receptor gamma t (ROR $\gamma$ t). On the other hand, the presence of TGF- $\beta$ 1 but not IL-6



induces the expression of Foxp3, resulting in Treg induction.<sup>9</sup> It is well known that Treg cells play very important roles in the maintenance of allogeneic pregnancy,<sup>10</sup> and decreased numbers of Treg cells and decreased expression of Foxp3 mRNA are observed in the decidua and endometrium in abortion<sup>11</sup> and implantation failure.<sup>12</sup> An elevation in IL-17 was also observed in an acute renal rejection model.<sup>13</sup> Thus, the balance between Th17 and Treg might be correlated with successful pregnancy. In addition, IL-17 has a function in recruitment and activation for neutrophils.<sup>14</sup> As an inflammation is involved in inducing abortion, Th17 may play a role in the pathogenesis of abortion. In this study, we examined Th17 cells in the decidua of spontaneous abortion cases in humans.

## Materials and methods

### Tissue Collection

All samples for this study were approved by the University of Toyama Ethics Committee, and informed consent was obtained from all patients. Ten specimens from cases of elective termination of pregnancy (maternal age median: 28 years, range: 24–37 years; gestational age median: 8 weeks, range: 6–10 weeks) were obtained. These specimens were treated as normal pregnant subjects. Gestational age was calculated from the last menstrual period and confirmed by ultrasound measurements of crown-rump length. Seventeen samples from first-trimester spontaneous abortion cases (maternal age median: 30 years, range: 17–38 years; gestational age median: 7 weeks, range: 4–9 weeks) were collected. An embryonic pregnancies or fetal death was confirmed by ultrasonography. These samples were divided into two groups: missed abortion and inevitable abortion. A missed abortion was defined as a nonviable pregnancy without vaginal bleeding, uterine cramping, or cervical dilatation. An inevitable abortion was defined when there was active vaginal bleeding and an open external cervical os. All samples were collected by vaginal curettage. In inevitable abortion, curettage was carried out within 12 hr of diagnosis. Both groups were subjected to the same exclusionary criteria: women receiving any medication or with autoimmune diseases or other systemic or local diseases were excluded. Clinical details were recorded for each woman (Table I). The tissue samples were fixed in formalin and embedded in paraffin blocks for histological examination and immunohistochemical staining.

**Table I** Clinical data from patients with control, missed abortion and inevitable abortion

	Normal control	Spontaneous abortion	
		Missed abortion	Inevitable abortion
<i>n</i>	10	7	10
Age (years)	28 (24–37)	31 (26–38)	29 (17–37)
Gravidity	1 (0–4)	1 (0–5)	0 (0–7)
Parity	0 (0–3)	0 (0–2)	0 (0–1)
No. of Sp-ab* ( <i>n</i> )	2	2	3
Gestational age (weeks)	8 (6–10)	8 (5–9)	7 (4–9)

Data are expressed as median (range).

\*Number of patients with spontaneous abortion in past history, excluding the abortion cases discussed in this study.

### Immunohistochemistry

Five-micron sections from formalin-fixed, paraffin-embedded human chorionic tissues were deparaffinized in xylene and rehydrated in graded alcohols, before being subjected to antigen retrieval by immersion in 1% sodium citraconic acid in aqueous solution (Nissin EM, Tokyo, Japan) and irradiated with standard microwave equipment (maximum 500 W; Sharp, Tokyo, Japan) for 15 min. After the tissue samples had been cooled down to 37°C at room temperature, endogenous peroxidase activity was blocked with 3% hydrogen peroxide for 5 min. After non-specific staining had been prevented by soaking the sections in 10% rabbit serum, they were incubated with anti-human CD3 mouse mAb (1:100; Novocastra, Newcastle, UK) or goat polyclonal anti-human IL-17 (1:100; R&D, Minneapolis, MN, USA), before being intermittently irradiated (4 s irradiation, 3 s rest) using specialized microwave equipment (MI33; Azumaya, Tokyo, Japan) for 15 min to improve the immunostaining and then incubated for 30 min at room temperature.<sup>15,16</sup> Further processing of the sections for detection was performed using the dextran-polymer method (Dako, Glostrup, Denmark) and diaminobenzidine (DAB; Sigma, Poole, UK). After being washed, the sections were counterstained with Mayer's hematoxylin, washed in water, and successively immersed in graded ethanol solutions and xylene before coverslipping. In the control sections, the primary antibody was replaced by control non-immune goat IgG (Vector Laboratories, Burlingame, CA, USA). Specific IL-17 staining was confirmed by recombinant IL-17 treatment. All

samples were processed under the same conditions. When counting the number of IL-17-positive cells in the IL-17 staining tissues samples, at least three high-power fields were chosen randomly on each sample. Additionally, the number of neutrophils, which have a lobulated nucleus, was counted in the same fields as used for the IL-17 counting in the hematoxylin–eosin-stained samples.

#### Flow Cytometry

Decidual tissues from missed abortion cases were used for flow cytometry because the samples from the inevitable abortion cases had degenerated. Decidual mononuclear cells (leukocytes) were purified by the Ficoll–Hypaque method after homogenization and filtration through a 32- $\mu$ m nylon mesh. Decidual tissues were not enzymatically digested so as to prevent the possibility that enzymatic treatment would affect the fluorescence intensity of surface antigens. Decidual mononuclear leukocytes were stimulated with phorbol myristate acetate (PMA, 10 ng/mL; Sigma Chemical Co., Deisenhofen, Germany) and 1  $\mu$ g/mL of ionomycin (Sigma Chemical Co.) in the presence of 10  $\mu$ g/mL of brefeldin A (Sigma Chemical Co.) for 4 hr at 37°C in an atmosphere containing 5% CO<sub>2</sub>. These cells were stained for 20 min at room temperature with FITC-conjugated mAb to CD4 or CD8 (BD Pharmingen™, San Diego, CA, USA). The cells were then washed and fixed in 4% formaldehyde/PBS for 5 min at room temperature, before being treated with permeabilizing solution buffer (BD Bioscience, San Jose, CA, USA) for 10 min at room temperature. They were then stained with PE-conjugated anti-IL-17 (eBioscience, San Diego, CA, USA) for 30 min on ice. After being washed, the cells were analyzed on a FACS Calibur flow cytometer using the CellQuest software (BD Bioscience). We counted 50,000 cells in each sample. A gate was set on the lymphocytes using characteristic forward scatter (FSC) and side scatter (SSC) parameters. The analyses of CD4 and CD8 staining were performed using the obtained decidual mononuclear cells. An isotype-matched PE-conjugated mouse IgG1 antibody (eBioscience) was used as a control.

#### Statistical Analysis

Background data are presented as the median value and the range. *P*-values < 0.05 were considered sig-

nificant. The frequency of IL-17-positive cells was analyzed with Mann–Whitney *U*-test. Spearman rank correlation coefficient was used to determine associations between the numbers of IL-17-positive cells and neutrophils.

## Results

### Accumulation of IL-17-Positive Cells in Decidua from Spontaneous Abortions

We first examined IL-17 expression in abortive samples obtained from spontaneous abortion cases by immunohistochemistry. Numerous IL-17 antibody-reacted cells were detected in the spontaneous abortive decidual samples (Fig. 1b). Almost all the cells had a round shape and were located in the stroma or blood vessels, suggesting that they were leukocytes (Fig. 1b, arrowheads and arrows). Subsequently, when CD3 staining was performed with serial sections of spontaneous abortive samples, many CD3<sup>+</sup> T cells, which had infiltrated into the stroma, were detected in the same area, suggesting that the IL-17<sup>+</sup> cells were T cells (Fig. 1a). On the other hand, IL-17<sup>+</sup> cells were rare in the decidua of the elective termination samples, in which T cells were recognized. These results suggested that the number of IL-17<sup>+</sup> cells is increased in spontaneous abortion, which causes T-cell infiltration.

### IL-17-Producing Cells in Decidual CD4<sup>+</sup> T Cells and CD8<sup>+</sup> T Cells

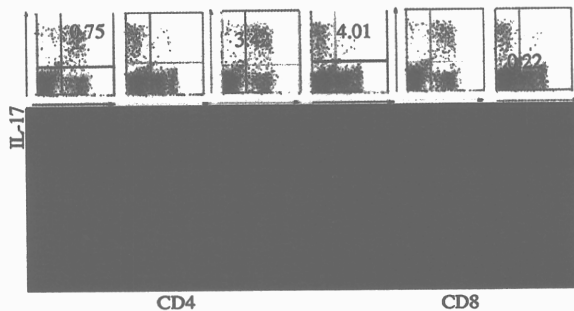
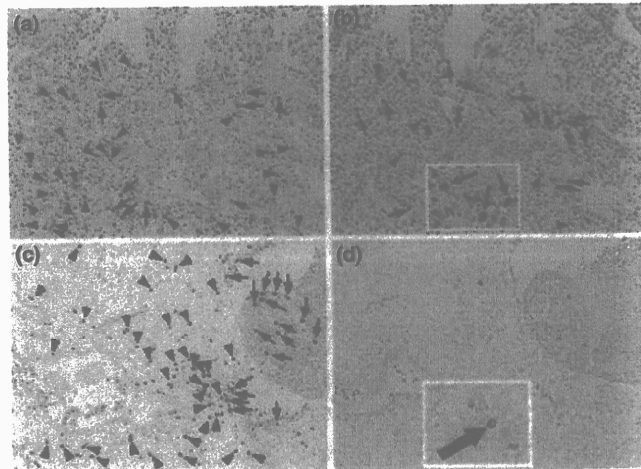
We next examined whether T cells produce IL-17 in decidual lymphocytes by flow cytometry. The main population of IL-17-producing cells was CD4<sup>+</sup> T cells, on the other hand, very few CD8<sup>+</sup> T cells produced IL-17 in the spontaneous abortion cases (Fig. 2), suggesting that the decidual IL-17<sup>+</sup> cells were CD4<sup>+</sup> Th17 cells. The main population of decidual lymphocytes was CD56<sup>bright</sup> NK cells, which belong to CD4<sup>-</sup> and CD8<sup>-</sup> cell population. IL-17<sup>+</sup> cells were very rare in the CD4<sup>-</sup> cell population, suggesting that CD56<sup>bright</sup> NK cells do not produce IL-17.

### Increase in the Number of Decidual IL-17-Positive Cells in Inevitable Abortion Cases

We next focused on the localization of IL-17<sup>+</sup> cells in spontaneous abortion cases. IL-17<sup>+</sup> cells were distributed over the entire region of the decidua, the



**Fig. 1** IL-17 expression in the decidua of spontaneous abortion cases: Serial paraffin sections of the decidua were stained with anti-CD3 (left panels) and anti-IL-17 (right panels) in spontaneous abortion (upper panels) or normal pregnancy (lower panels) cases of 7-week gestation. The expression of IL-17 was detected in the stroma (arrowheads) and blood vessels (arrows) of spontaneous abortion cases, but not those of normal pregnant subjects. The small region outlined by the white line shows IL-17-positive cells (arrows) and has been highly magnified in panels (b) and (d).



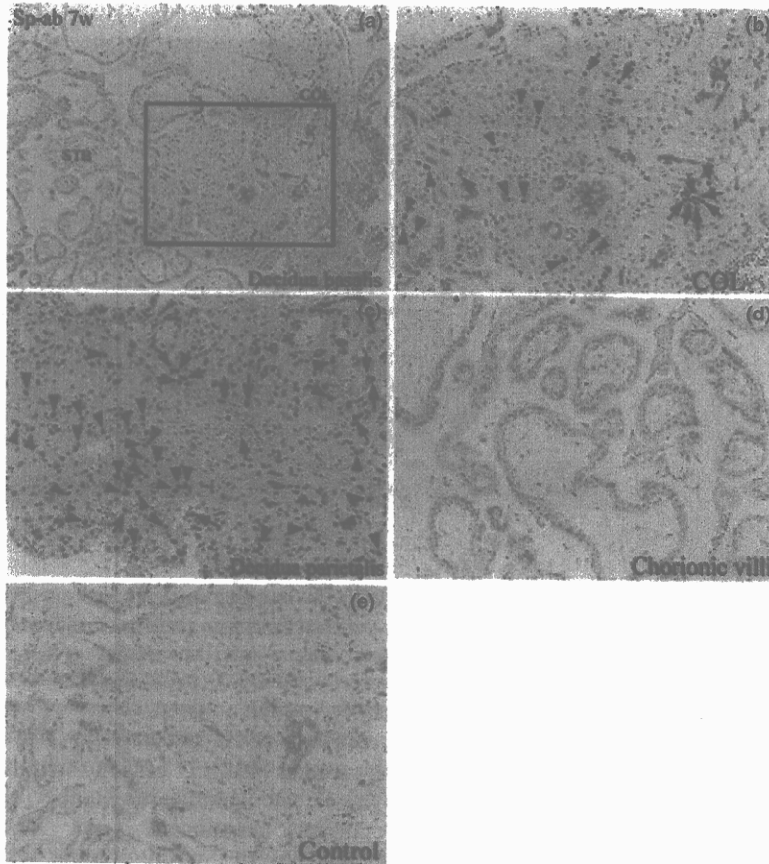
**Fig. 2** IL-17 expression in decidua lymphocytes: The intensity of IL-17 staining is shown on the y-axis, while the intensity of CD4<sup>+</sup> (left panel) or CD8<sup>+</sup> (middle panels) staining is plotted on the x-axis. The numbers represent the percentages of dots in each gated area.

cell column in the decidua basalis, as well as the decidua parietalis (Fig. 3a–c). Around the cell column, IL-17<sup>+</sup> cells were detected not only in the blood vessels (Fig. 3b, arrows) but also in the stroma (Fig. 3b, arrowheads), suggesting that IL-17<sup>+</sup> cells might infiltrate from blood vessels and into the stroma. However, these cells were absent in the villous trophoblastic layer (Fig. 3d). Additionally, we found differences in the number of IL-17<sup>+</sup> cells in the decidua among spontaneous abortion samples. Therefore, we divided the spontaneous abortion samples into two groups: inevitable abortion and missed abortion according to the presence or absence of symptoms, such as genital bleeding and lower abdominal pain. Subsequently, we compared the

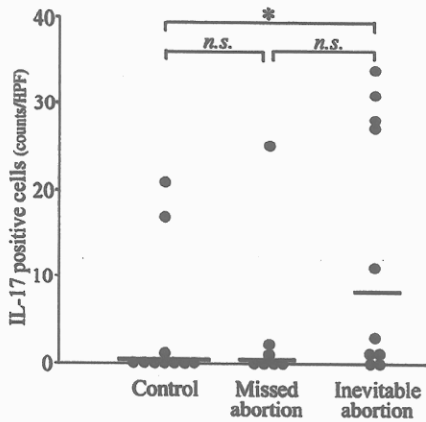
number of IL-17<sup>+</sup> cells among the three groups: normal pregnancy, missed abortion, and inevitable abortion. The median values and the ranges of IL-17<sup>+</sup> cell numbers were 0 (0–21), 0 (0–25), and 7 (0–34) in normal pregnant women, missed abortion cases, and inevitable abortion cases, respectively (Fig. 4). Interestingly, the number of IL-17<sup>+</sup> cells in the inevitable abortion cases was significantly higher than that in the normal pregnancy cases (Fig. 4,  $P < 0.05$ ). These data showed that the number of IL-17<sup>+</sup> cells was significantly increased in the inevitable abortion cases but was not changed in the missed abortion cases.

#### Coexistence of the IL-17-Positive Cells and the Neutrophils in the Inevitable Abortion Cases

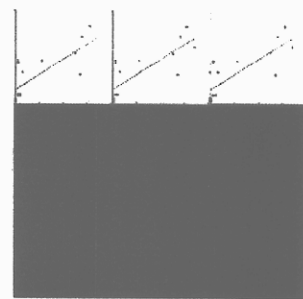
As IL-17 is a pro-inflammatory cytokine that plays an important role in neutrophil infiltration, we next examined the correlation between the number of IL-17<sup>+</sup> cells and the number of neutrophils in the inevitable abortion cases. After counting the numbers of IL-17<sup>+</sup> cells and neutrophils around the IL-17<sup>+</sup> cells in high-power fields, the correlation between the numbers of IL-17<sup>+</sup> cells and neutrophils was analyzed in the spontaneous abortion cases. The index of correlation was 0.89, and a significant positive correlation was observed between the number of IL-17<sup>+</sup> cells and the number of neutrophils in the spontaneous abortion cases (Fig. 5,  $P < 0.0001$ ). On the other hand, few neutrophils were detected in the



**Fig. 3** Distribution of IL-17<sup>+</sup> cells in inevitable abortion cases of 7-week gestation: Our immunohistochemical study showed the IL-17 expression in the decidua basalis (a), decidua parietalis (c), and villous (d) of inevitable abortion cases. Panel (b) shows the region outlined by a black line in panel (a). In the control sections, the primary antibody was replaced by control non-immune goat IgG (e). The expression of IL-17 was detected in the decidual stroma (arrowheads) and blood vessels (arrows), but not in chorionic villi. COL, cell column. The cell column was localized on the left side of panel (b).



**Fig. 4** Comparison of the numbers of IL-17<sup>+</sup> cells in deciduas: The numbers of IL-17<sup>+</sup> cells in deciduas from normal pregnancy, missed abortion, and inevitable abortion cases. The bars indicate the median values. \* $P < 0.05$ .



**Fig. 5** Correlation between the numbers of IL-17<sup>+</sup> cells and neutrophils: A scatter graph was constructed between the numbers of IL-17<sup>+</sup> cells (X-axis) and neutrophils (Y-axis) in spontaneous abortion cases. The coefficient of correlation ( $r$ ) is shown on the upper side of the graph. The line indicates the regression line.

normal pregnant subjects. These results showed that the coexistence of IL-17-positive cells and neutrophils was detected in the late stage of spontaneous abortion.

## Discussion

The etiology of spontaneous abortion varies, including chromosomal aberrations, anatomic anomalies, endocrine disorders, infections, reproductive antiphospholipid syndrome, and immunologic abnormalities.<sup>17</sup> Predominant Th1 type immunity might induce abortion;<sup>2,3</sup> however, recent studies have revealed the specific functions of Th17 cells beyond their previously described effects on Th1 and Th2 immunity, including specific roles in host defense against certain pathogens and in autoimmunity.<sup>3-9</sup>

This study demonstrated that the number of decidual IL-17<sup>+</sup> cells was increased in inevitable abortion cases involving active genital bleeding, but not in missed abortion cases without symptoms. The main population of these IL-17<sup>+</sup> cells was CD4<sup>+</sup> T cells, suggesting that decidual IL-17<sup>+</sup> cells are Th17 cells. Interestingly, Th17 cells coexisted with neutrophils in the inevitable abortion patients. Recent data that IL-17 plays important roles in the induction of neutrophil-mediated protective immune responses against extracellular bacteria and fungal pathogens support our findings.<sup>18</sup> Th17 cells also play an important role in the induction of inflammation.<sup>19</sup> In the obstetrics and gynecologic field, it has been reported that IL-17 stimulates IL-8 production in endometrial stromal cells<sup>20</sup> and amniotic mesenchymal cells in chorioamnionitis.<sup>16</sup> IL-17 also enhances (TNF)- $\alpha$ -induced IL-8 secretion by amniotic mesenchymal cells.<sup>16</sup> Thus, (TNF)- $\alpha$  and IL-17 might cooperatively augment IL-8 secretion, resulting in neutrophil accumulation at the decidua in inevitable abortion. In this study, the number of IL-17<sup>+</sup> cells did not increase in the missed abortion cases without clinical symptoms. Our recent study showed that the number of circulating Th17 cells did not change during pregnancy and that the proportion of Th17 cells in the decidua was significantly higher than that in the peripheral blood.<sup>21</sup> These findings suggest that IL-17 plays a role in the maintenance of pregnancy during the early pregnant period. Indeed, it has been reported that IL-17 augments extravillous trophoblast invasion.<sup>22,23</sup> However, in the late stage of spontaneous abortion, excessive IL-17 expression may induce neutrophil accumulation, resulting in

tissue degeneration or the onset of clinical symptoms. Thus, IL-17 expression level may be involved in a successful pregnancy.

Three major populations in the decidual leukocytes have been identified: uterine natural killer cells, macrophages, and T lymphocytes. Our previous report showed that the number of granulysin<sup>+</sup> decidual NK cells was increased in the decidua basalis in spontaneous abortion cases and that these NK cells induced apoptosis in extravillous trophoblasts.<sup>24</sup> This study showed that IL-17<sup>+</sup> cells were distributed over the entire region of the decidua, decidua basalis, and the decidua parietalis, in the inevitable abortion cases, but IL-17<sup>+</sup> cells did not increase in the missed abortion cases, suggesting that IL-17 expression is not the cause of such abortions but rather is the result of inflammation caused by tissue degeneration or infection. In regard to the IL-17 expression in decidual leukocytes, we have already reported that decidual CD56<sup>bright</sup> NK cells did not produce IL-17.<sup>16</sup> IL-17 expression was identified in not only CD4<sup>+</sup> T cells but also monocytes;<sup>25</sup> however, our previous study showed no IL-17 expression in CD14<sup>+</sup> cells in decidual leukocytes.<sup>16</sup> And the population of IL-17<sup>+</sup> cells in monocyte area detected by forward and SSCs in flow cytometry was only 0.14%.<sup>16</sup> There are two types of macrophages in the decidua. CD14<sup>+</sup>CD68<sup>+</sup> macrophages predominate in decidua, while CD14<sup>+</sup>CD68<sup>-</sup> macrophages are found in superficial myometrium, and the biological significance of these two macrophage populations is unclear.<sup>26</sup> CD4 is also expressed on macrophage, but the staining intensity is rather weaker than that on T cells. In this study, IL-17 expression was detected in CD4<sup>bright</sup> cell population, suggesting that the main population of IL-17-producing cells is CD4<sup>+</sup> T cells, and IL-17-producing CD14<sup>-</sup> macrophage is very few (0.14%) in the decidua.

In conclusion, decidual IL-17<sup>+</sup> cells were increased in the inevitable abortion cases involving active genital bleeding, but not in missed abortion cases without clinical symptoms. Furthermore, the number of IL-17<sup>+</sup> cells was significantly positively correlated with the number of neutrophils, suggesting that IL-17<sup>+</sup> cells might be involved in the inflammation in the late stage of abortion, but not in the early stage of abortion. Further studies are needed for understanding the role of Th17 cells in unexplained cases of recurrent pregnancy loss with normal fetal chromosomal content.

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## Circulating and Decidual Th17 Cell Levels in Healthy Pregnancy

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### Keywords

Flow cytometry, IL-17 decidual, Th17

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### Introduction

Wegmann et al. proposed that Th2 cytokines may play an important role in the maintenance of murine pregnancy by inhibiting Th1 responses that induce pregnancy failure.<sup>1</sup> His hypothesis has since been adopted in the maintenance of normal human pregnancy,<sup>2,3</sup> pregnancy failure such as recurrent spontaneous abortion,<sup>4,5</sup> and pre-eclampsia.<sup>6,7</sup> However, recent data on cytokine expression at the maternal–fetal interface indicated some problems with this hypothesis.<sup>8</sup> The Th1/Th2 paradigm has recently been reconstituted to include a third population of T helper cells that produce IL-17, which are designated as Th17 cells.<sup>9–11</sup> Th17 cells

### Problem

The Th1/Th2 paradigm has recently been reconstituted to include a third population, Th17 cells. It has been reported that Th2 type immunity is predominantly present in normal pregnancy. However, the level of Th17 cells during pregnancy is still unclear. We investigated the level of peripheral Th17 cells in healthy pregnancy subjects.

### Method of study

To evaluate the levels of Th17 cells, we investigated the proportion of peripheral blood mononuclear cells that produced IL-17 in the first, second, and third trimester pregnancy subjects using flow cytometry. We further studied the proportion of decidual lymphocytes that produced IL-17 in early pregnant subjects.

### Results

Most of the IL-17-producing cells were CD4<sup>+</sup> T cells. The number of circulating Th17 cells did not change during pregnancy. In a paired *t*-test of early normal pregnant subjects, the proportion of IL-17<sup>+</sup> decidual lymphocytes was significantly higher than that of peripheral blood lymphocytes.

### Conclusion

Th17 levels in peripheral blood lymphocytes do not change during normal pregnancy.

have specific roles in host defense against extracellular bacteria and fungi<sup>12</sup> and play an important role in the induction of autoimmune diseases.<sup>9–11</sup> Recent data revealed that transforming growth factor (TGF)- $\beta$  is able to induce the differentiation of regulatory T (Treg) cells and that the combination of the pro-inflammatory cytokine IL-6 and TGF- $\beta$  is able to induce the differentiation of Th17 cells from naive T cells *in vitro* in mice,<sup>13</sup> although the processes behind the induction and regulation of Th17 cells in humans are different from those in mice.<sup>11</sup> Recent data show that Treg cells play a very important role in the maintenance of pregnancy,<sup>14,15</sup> and decreased numbers of Treg cells have been reported in abortion and pre-eclampsia.<sup>16–18</sup> An imbalance between Th17

and Treg cells has been proposed to occur in case of human diseases such as autoimmune diseases and transplant rejection.<sup>19,20</sup> However, no such imbalance has been reported for Th17 levels during pregnancy.

In this study, we measured the proportions of IL-17-producing cells within circulating and decidual CD4<sup>+</sup> T cells during pregnancy.

## Materials and methods

### Sample Collection and the Isolation of Lymphocytes

Informed written consent was obtained from all patients included in this study. All of the tissue sampling methods and uses described in this study were approved by the Toyama University Ethics Committee. All patients were Japanese.

Heparinized venous blood samples were obtained from 11 non-pregnant women, 30 first trimester pregnant subjects, 10 s trimester pregnancy subjects, and 12 third trimester pregnancy subjects. Almost all of the blood sampling of the non-pregnant subjects was performed at the secretory phase. These patients were selected from women with regular menstrual cycles of 26–31 days. Peripheral blood mononuclear cells were isolated using the standard Ficoll–Hypaque method. Clinical details were recorded for each

woman. The clinical indexes except body mass index (BMI) and gestational age were matched among these four groups (Table 1).

For analysis of decidual and peripheral blood lymphocytes, 12 specimens were obtained from patients who had undergone elective termination of pregnancy (maternal age median: 28 years, range: 20–38 years; gestational age median: 7 weeks, range: 6–9 weeks). Decidual mononuclear cells (leukocytes) were purified using the Ficoll–Hypaque method after homogenization and filtration through a 32- $\mu$ m nylon mesh.<sup>15</sup> Decidual tissues were not enzymatically digested so as to prevent the possibility that enzymatic treatment would affect the fluorescence intensity of surface antigens. All groups were subject to the same exclusion criteria: women with infectious, autoimmune, or other systemic or local diseases were excluded.

### Flow Cytometry

Peripheral blood mononuclear cells (PBMCs) were stimulated with phorbol myristate acetate (PMA; 10 ng/mL, Sigma Chemical Co., Deisenhofen, Germany) and 2  $\mu$ g/mL of ionomycin (Sigma Chemical Co.) in the presence of 10  $\mu$ g/mL of brefeldin A (Sigma Chemical Co.) for 4 hr at 37°C in an atmosphere containing 5% CO<sub>2</sub>. Decidual mononuclear leukocytes were also stimulated with PMA

**Table 1** Characteristics of Non-Pregnant, 1st, 2nd, and 3rd Trimester Pregnant Women

	Pregnancy			
	Non-pregnancy	1st trimester	2nd trimester	3rd trimester
n	11	30	10	12
Age (years)	32 (26–37)	28 (17–46)	31 (28–40)	31 (26–39)
Gravidity	1 (0–2)	1 (0–4)	1 (0–4)	1.5 (0–2)
Parity	1 (0–2)	1 (0–3)	1 (0–3)	1 (0–2)
Gestational age (weeks) <sup>a</sup>		7 (4–11)	23 (13–35)	35 (29–36)
BMI	21.5 (17.1–25.1)	21.1 (16.1–27.0)	22.6 (18.2–27.3)	24.0 (19.3–29.1)

Data are expressed as median (range).

Numbers of gravidity excluded the pregnancy of this study.

BMI, body mass index.

<sup>a</sup>Gestational age at blood sampling. *P*-values: age (Non versus 1st: *P* = 0.16, Non versus 2nd: *P* = 0.48, Non versus 3rd: *P* = 0.99, 1st versus 2nd: *P* = 0.69, 1st versus 3rd: *P* = 0.13, 2nd versus 3rd: *P* = 0.46); Gravidity (Non versus 1st: *P* = 0.93, Non versus 2nd: *P* = 0.60, Non versus 3rd: *P* = 0.96, 1st versus 2nd: *P* = 0.49, 1st versus 3rd: *P* = 0.97, 2nd versus 3rd: *P* = 0.56); Parity (Non versus 1st: *P* = 0.57, Non versus 2nd: *P* = 0.76, Non versus 3rd: *P* = 0.72, 1st versus 2nd: *P* = 0.38, 1st versus 3rd: *P* = 0.85, 2nd versus 3rd: *P* = 0.53); Gest. age (1st versus 2nd, 1st versus 3rd, 2nd versus 3rd): *P* < 0.001; BMI (Non versus 1st: *P* = 0.75, Non versus 2nd: *P* = 0.21, Non versus 3rd: *P* = 0.007, 1st versus 2nd: *P* = 0.20, 1st versus 3rd: *P* = 0.002, 2nd versus 3rd: *P* = 0.19).



(5 ng/mL) and ionomycin (1  $\mu$ g/mL) in the presence of brefeldin A (10  $\mu$ g/mL) for 4 hr at 37°C in an atmosphere containing 5% CO<sub>2</sub>. These mononuclear cells were stained for 20 min at room temperature with FITC-conjugated mAb to CD4, CD8, or CD14, respectively (BD Pharmingen™, San Diego, CA, USA). The cells were washed and fixed in 4% formaldehyde/PBS for 5 min at room temperature, before being treated with permeabilizing solution buffer (BD Bioscience, San Jose, CA, USA) for 10 min at room temperature. They were then stained with PE-conjugated anti-IL-17 (eBioscience, San Diego, CA, USA) for 30 min on ice. After being washed, the cells were analyzed on a FACS Calibur flow cytometer using CellQuest software (BD Bioscience). We counted 50,000 cells in each sample. A gate was set to separate PBMC and decidual mononuclear leukocytes using characteristic forward (FSC) and side (SSC) scatter parameters. Monocyte and lymphocyte populations were divided by manual gating (Fig. 1a, upper panels). Intracellular cytokine patterns were analyzed using flow cytometry. The analyses of CD4 and CD8 staining were performed using the cells obtained from the lymphocyte-gated PBMC or decidual mononuclear cells, and the analysis of CD14 was carried out using the cells obtained from the mono-

cyte-gated PBMC (Fig. 1a, upper panels). An isotype-matched PE-conjugated mouse IgG1 antibody (eBioscience) was used as a control.

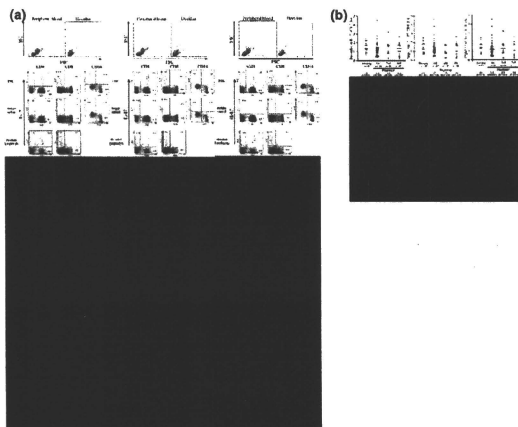
#### Statistical Analysis

Background data are presented as the median value and range. *P*-values less than 0.05 were considered significant. The frequency of IL-17 cells in CD4<sup>+</sup> T cells was analyzed using the ANOVA test. In comparisons between decidual and peripheral IL-17 ratios, the paired *t*-test was used. The analyses of age, gravidity, parity, gestational age, and BMI were performed with the unpaired *t*-test.

## Results

### The Proportion of IL-17 Positive Cells During Pregnancy

We first elucidated the main IL-17-producing subset of peripheral lymphocytes. Fig. 1a shows the flow cytometric profiles of IL-17-producing cells for peripheral blood lymphocytes and decidual lymphocytes. The expression of IL-17 was mainly detected in CD4<sup>+</sup> T cells in both peripheral lymphocytes and



**Fig. 1** IL-17 expression in peripheral blood lymphocytes: (a) Upper two panels: FSC is shown on the x-axis and SSC is shown on the y-axis. The lower gate indicates the lymphocyte and the upper gate indicates the monocytes in peripheral blood (left panel). The gate in decida indicates the lymphocytes (right panel). Lower nine panels: The intensity of IL-17 staining is shown on the y-axis, whereas the intensity of CD4<sup>+</sup> (left panels), CD8<sup>+</sup> (middle panels), or CD14<sup>+</sup> (right panels) staining is plotted on the x-axis. The numbers represent the percentages of dots in each gated area. PBL (upper panels), PBL treated with isotype control for PE-conjugated anti-IL-17 antibody (middle panels), and decidual lymphocytes (lower panels) were used. (b) The ratios of IL-17<sup>+</sup> to CD4<sup>+</sup> cells in the peripheral blood lymphocytes of non-pregnant and 1st, 2nd, and 3rd trimester pregnant women. The bars indicate median values. The numbers in the lower rows represent the median value and range.

decidual lymphocytes. IL-17<sup>+</sup> cells were few in CD8<sup>+</sup> T cells or CD14<sup>+</sup> monocytes in peripheral lymphocytes (Fig. 1a, second row). Subsequently, we analyzed the ratio of IL-17<sup>+</sup> to CD4<sup>+</sup> cells in the peripheral blood lymphocytes of normal pregnant women. The median values and ranges of the ratio of IL-17<sup>+</sup> to CD4<sup>+</sup> cells were 1.2% (0.4–4.6), 1.3% (0.2–3.3), and 1.4% (0.2–2.7) in the first, second, and third trimester normal pregnant women, respectively (Fig. 1b); whereas, the peripheral lymphocytes of non-pregnant women showed a IL-17<sup>+</sup> to CD4<sup>+</sup> cell ratio of 1.4% (0.7–2.5) (Fig. 1b). No significant differences were detected in the proportion of IL-17<sup>±</sup> cells among these groups (*P*-values: Non versus 1st: *P* = 0.81, Non versus 2nd: *P* = 0.92, Non versus 3rd: *P* = 0.96, 1st versus 2nd: *P* = 0.84, 1st versus 3rd: *P* = 0.78, 2nd versus 3rd: *P* = 0.98). Furthermore, we compared the ratio of IL-17<sup>+</sup> to CD8<sup>+</sup> cells in normal pregnant women during pregnancy. The median values and ranges of the ratio of IL-17<sup>+</sup> to CD8<sup>+</sup> were 0.1% (0–0.7), 0.1% (0–0.5), and 0% (0–1.4) in the first, second, and third trimester normal pregnant women, respectively. There were no significant differences among these groups. Thus, the levels of IL-17<sup>+</sup> cells remained stable in peripheral lymphocytes before and during pregnancy.

#### Comparison of IL-17 Positive Cell Rates Between Peripheral Blood and Decidual Lymphocytes

As mentioned above, the ratio of IL-17<sup>+</sup> to CD4<sup>+</sup> cells remained stable in peripheral blood lymphocytes during pregnancy. As the next step, we compared the IL-17 ratios between peripheral blood and decidual lymphocytes in the first trimester pregnant women. The median values and ranges of IL-17<sup>+</sup> cells were 1.1% (0.4–2.9) and 3.2% (0.4–9.1) in peripheral blood and decidual lymphocytes, respectively (Fig. 2). The ratio of IL-17<sup>±</sup> to CD4<sup>±</sup> cells in decidual lymphocytes was significantly higher than that in peripheral blood lymphocytes (*P* ≤ 0.01). In four of 12 paired samples, the ratios of IL-17<sup>+</sup> to CD4<sup>+</sup> cells in decidual lymphocytes were stable, compared with those in the peripheral blood. However, there was no difference between the four samples and the other eight samples with regard to their clinical data. These results indicated that Th17 cells represent a higher proportion of lymphocytes in human decidua compared with that in the peripheral blood in the first trimester.

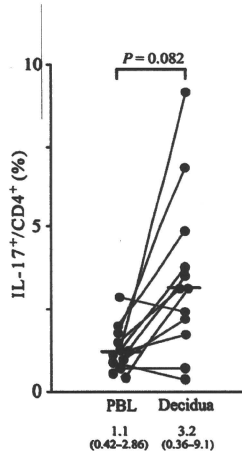


Fig. 2 Comparison of the ratio of IL-17<sup>+</sup> to CD4<sup>+</sup> cells between the peripheral blood and decidual lymphocytes in 1st trimester pregnant women. The ratios of IL-17<sup>+</sup> to CD4<sup>+</sup> cells in peripheral blood lymphocytes (PBL: left) and decidual lymphocytes (Decidua: right) are shown. A paired *t*-test was performed. The bars indicate median values. The numbers represent the median value and range.

#### Discussion

Th2-polarizing immunity is observed in normal pregnancy,<sup>2,3</sup> whereas a shift in Th1/Th2 balance to Th1-polarizing immunity is seen in complicated pregnancies such as those involving abortion and preeclampsia.<sup>4–7</sup> A new unique subpopulation of CD4<sup>+</sup> T cells, Th17 cells, may influence the tolerance system during pregnancy. Elevation in IL-17 mRNA and IL-17 protein was observed in an acute renal rejection model,<sup>21,22</sup> and neutralization of IL-17 prevented acute rejection of aortic and cardiac allografts.<sup>23</sup> These data suggest that the proportion of Th17 cells might be decreased during pregnancy to prevent rejection. However, our study revealed that the Th17 cell population remained very stable from the first pregnancy period to the late pregnancy period.

Th17 cells are formed in response to the production of TGF- $\beta$  and IL-6 produced by dendritic cells; whereas, TGF- $\beta$  in the absence of IL-6 promotes the differentiation of naive T helper cells into Foxp3<sup>+</sup> Treg cells in mice.<sup>13</sup> However, the pathway of Th17 differentiation in humans is different from that in