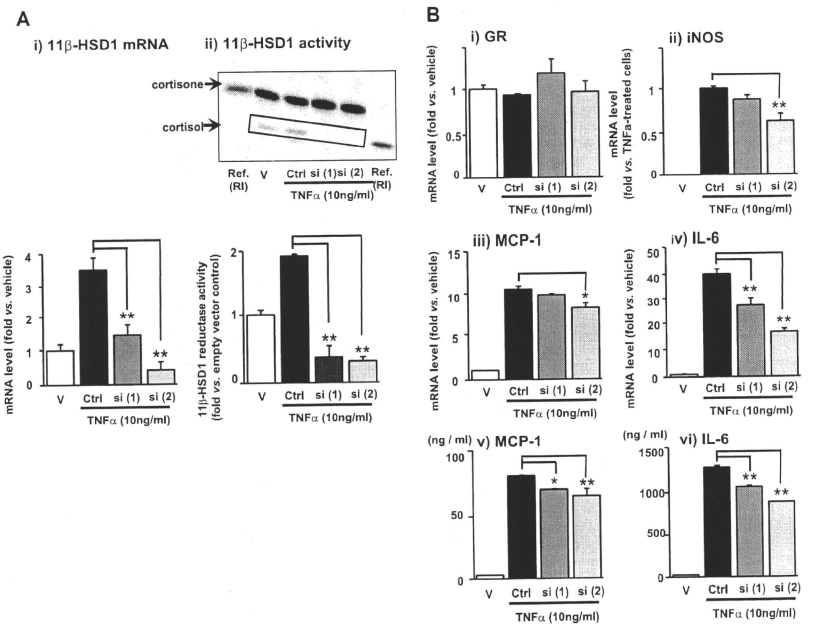

Fig. 4. Effects of 11β-HSD1 knockdown on TNF-α-induced expression of 11β-HSD1 in 3T3-L1 preadipocytes. Cells were transfected with either RNA interference for mouse 11β-HSD1 or a negative control (Ctrl). After 12 h incubation, cells were treated with 10 ng/ml TNF-α for 24 h. *A*: efficiency of 11β-HSD1 knockdown by small-interfering RNA. 11β-HSD1 mRNA (*i*) and reductase activity (*ii*). *B*: effects of knockdown of 11β-HSD1 on MCP-1, IL-6, and iNOS expression in and secretion from TNFα-treated 3T3-L1 preadipocytes. 11β-HSD1 (*i*), GR (*ii*), iNOS (*iii*), MCP-1 (*iv*), and IL-6 mRNA (*v*) levels were determined using real-time PCR. Values were normalized to that of 18S rRNA and expressed as a relative level vs. vehicle control (V). Concentrations of MCP-1 (*vi*) and IL-6 (*vii*) in the medium were measured with ELISA. Data are means ± SE of triplicate experiments. $*P < 0.05$, $**P < 0.01$, compared with TNF-α-treated cells. siRNA for mouse 11β-HSD1: si(1): MSS205244 (Invitrogen) and si(2): sense: 5′-GAAAUGGCAUAUCAUCUGUTT-3′ and antisense: 3′-TTCUUUACCGUAUAGUAGACA-5′ (Takara).

88%, IL-6: 194 ± 64%, and iNOS: 187 ± 47% vs. the empty vector; Fig. 5*B*, *ii-iv*). Similarly, protein levels of MCP-1 and IL-6 in the media were increased in transfectants (MCP-1: 206 ± 32% and IL-6: 156 ± 17% vs. the empty vector; Fig. 5*B*, *v* and *vi*).

Pharmacological inhibition of 11β-HSD1 attenuated TNF-α-induced NF-κB and MAPK signaling in 3T3-L1 preadipocytes. We examined the possible involvement of 11β-HSD1 in proinflammatory signaling pathways. 3T3-L1 preadipocytes were incubated with TNF-α (10 ng/ml), with or without CBX (50 μM) and inhibitor A (10 μM) for 24 h. After a 2-h serum starvation, the cells were incubated with TNF-α (10 ng/ml), with or without CBX (50 μM) and inhibitor A (10 μM) for 10 min. TNF-α-induced p-65 phosphorylation was markedly attenuated by CBX (30 ± 12% decrease vs. TNF-α-treated cells) and inhibitor A (51 ± 11% decrease vs. TNF-α-treated cells; Fig. 6*A*). Regarding MAPK signaling, augmented phosphorylation of p-38, JNK, and ERK with the TNF-α treatment was substantially attenuated by CBX (p-38: 26 ± 8% decrease and JNK: 48 ± 3% decrease vs. TNF-α-treated cells) and inhibitor A (p-38: 51 ± 9% decrease, JNK: 72 ± 5% decrease, and ERK: 36 ± 11% decrease vs. TNF-α-treated cells; Fig. 6*B*).

Pharmacological inhibition of 11β-HSD1 attenuated iNOS, MCP-1, and IL-6 mRNA levels in SVF cells from ob/ob mice. We examined the effects of pharmacological inhibition of 11β-HSD1 on proinflammatory gene expression in primary cultured SVF cells isolated from epididymal fat depots in obese *ob/ob* mice or lean control mice.

CBX (50 μM) and inhibitor A (10 μM) did not change the expression level of 11β-HSD1 (Fig. 7*i*). CBX decreased mRNA level of iNOS, MCP-1, and IL-6 in both the basal state (iNOS: 69 ± 4%, MCP1: 42 ± 7%, and IL-6: 56 ± 14% reduction vs. vehicle control) and TNFα-stimulated state (iNOS: 58 ± 11%, MCP-1: 63 ± 5%, and IL-6: 53 ± 8% reduction vs. TNFα-treated cells without compounds) in SVF cells from *ob/ob* mice.

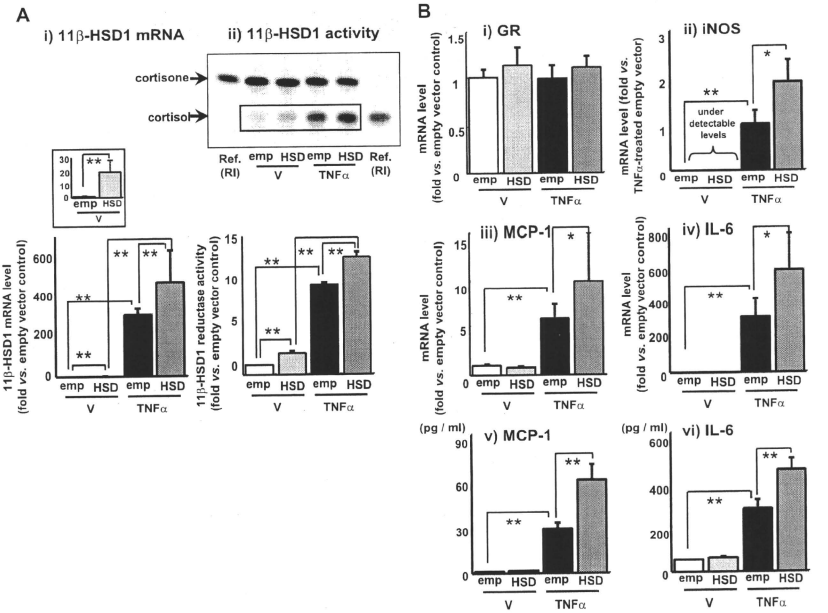

Fig. 5. Effects of overexpression of 11β-HSD1 on MCP-1, IL-6, and iNOS expression in and secretion from TNF-α-treated 3T3-L1 preadipocytes. *A*: efficiency of electroporation-mediated gene transfer. 3T3-L1 preadipocytes were transfected with the expression vector for 11β-HSD1 or a corresponding empty vector using electroporation. After 48 h, cells were treated with or without 10 ng/ml TNF-α for 24 h. Cells were assayed for 11β-HSD1 mRNA (*i*) and reductase activity (*ii*). *B*: effects of overexpression of 11β-HSD1 on MCP-1, IL-6, and iNOS expression in and secretion from TNF-α-treated 3T3-L1 preadipocytes. 3T3-L1 preadipocytes were transfected as above, and 48 h after the infection, cells were treated with or without 10 ng/ml TNF-α for 24 h. Levels of mRNA for GR (*i*), iNOS (*ii*), MCP-1 (*iii*), and IL-6 (*iv*) were determined using real-time PCR. Values were normalized to those of 18S rRNA and expressed as a relative level vs. the vehicle control (V). Concentrations of MCP-1 (*v*) and IL-6 (*vi*) in the medium were measured with ELISA. Data are means ± SE of triplicate experiments. $*P < 0.05$, $**P < 0.01$.

Without TNF-α-treatment, CBX did not change mRNA levels of iNOS, MCP-1 and IL-6 in SVF cells from lean control mice. However, CBX reduced the mRNA levels of iNOS, MCP-1, and IL-6 (iNOS: 64 ± 18%, MCP-1: 67 ± 14%, and IL-6: 58 ± 12% reduction vs. TNF-α-treated cells without compounds) in TNF-α-treated SVF cells from lean control mice (Fig. 7).

Pharmacological inhibition of 11β-HSD1 attenuated NF-κB and MAPK signaling in SVF cells from ob/ob mice. SVF cells from *ob/ob* or lean control mice were incubated with TNF-α (10 ng/ml), with or without CBX (50 μM) and inhibitor A (10 μM) for 24 h. After a 2-h serum starvation, the cells were incubated with TNF-α (10 ng/ml), with or without CBX (50 μM) and inhibitor A (10 μM) for 10 min. Activation of NF-κB (p65) and MAPK (p38, JNK, and ERK) signaling did occur in SVF cells from *ob/ob* mice compared with lean control (Suppl. Fig. S3). In *ob/ob* mice, phosphorylation of these signaling without TNF-α treatment was attenuated by CBX and inhibitor A. TNF-α-induced p-65, p38, JNK, and ERK phosphorylation was also attenuated by CBX and inhibitor A in SVF cells from both *ob/ob* and lean control mice (Suppl. Fig. S3).

DISCUSSION

Here we provide novel evidence that inflammatory stimuli-induced 11β-HSD1 in activated preadipocytes intensifies NF-κB and MAPK signaling pathways and the resultant augmentation of proinflammatory molecules. Not limited to 3T3-L1 preadipocytes, we also demonstrated the notion was reproducible in the primary SVF cells from obese mice. Previous works focused on the metabolically beneficial impact of 11β-HSD1 deficiency on adipose tissue distribution, fuel homeostasis, and insulin sensitivity. On the other hand, clearly distinct from previous works, our present study is the first to highlight an unexpected, proinflammatory role of reamplified glucocorticoids within activated preadipocytes in obese adipose tissue.

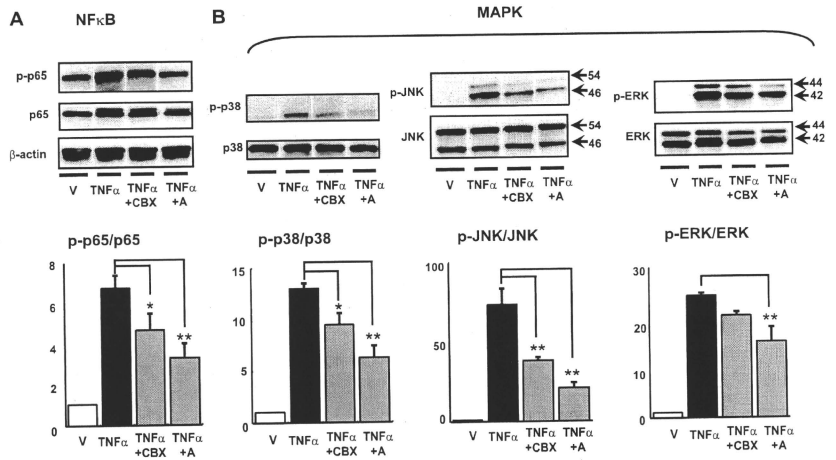

Fig. 6. Effects of inhibition of 11β-HSD1 on TNF-α-induced NFκB and MAPK signaling. NFκB (*A*) and MAPK (*B*) signaling pathways. 3T3-L1 preadipocytes were treated with 10 ng/ml TNF-α for 24 h in the presence or absence of 11β-HSD1 inhibitors (CBX or inhibitor A). After 2-h serum starvation, cells were treated with TNF-α in the presence or absence of 11β-HSD1 inhibitors for 10 min to assess the activation of NFκB and MAPK signaling pathways. Western blot analyses were performed using antibodies against β-actin and NFκB-p65 (*A*), phospho-p65 (*B*), p38-MAPK (*B, left*), phospho-p38 (*B, center*) JNK, phospho-JNK (*B, right*) ERK 1/2, and phospho-ERK1/2. A representative Western blot (*top*) and quantification of p65, p38, JNK, and ERK phosphorylation (*bottom*). Data are means ± SE of triplicate experiments. $*P < 0.05$, $**P < 0.01$ compared with TNF-α-treated cells.

Suppression and overexpression experiments with 11β-HSD1 in activated preadipocytes demonstrate that TNF-α-induced 11β-HSD1 further augments the expression of proinflammatory genes including iNOS, MCP-1, and IL-6. Elevation of iNOS, MCP-1, and IL-6 in adipose tissue is commonly observed in obese subjects, linking to dysfunction of adipose tissue (19, 29, 45, 56). For example, iNOS-deficient mice are protected against obesity-induced insulin resistance and glucose intolerance (45). Moreover, transgenic mice overexpressing MCP-1 in adipose tissue exemplify insulin resistance and exaggerated infiltration of macrophages into adipose tissue (29). Previous studies (20, 36) showed that adipose tissue is a primary production site for IL-6 in humans. In fact, circulating IL-6 levels are shown to elevate in patients with insulin-resistance (19, 56), impaired glucose tolerance (40), and type 2 diabetes (47). Taken together, the present study provides novel evidence for proinflammatory role of 11β-HSD1 in activated preadipocytes.

To optimize experimental condition, the present study was designed to eliminate possible toxic effects and nonspecific effects of 11β-HSD1 inhibitors. Because 11β-HSD2 mRNA and corresponding dehydrogenase enzyme activity (8, 27) were undetected in 3T3-L1 preadipocytes even after the treatment with TNF-α (unpublished observations), CBX virtually serves as a specific inhibitor against 11β-HSD1 in the present study. To further verify the effect of 11β-HSD1 inhibition on activated preadipocytes, we confirmed that an 11β-HSD1-specific inhibitor A exerted similar effects to CBX (Fig. 3). Of note, the expression level of the glucocorticoid receptor did not vary by the treatment with 11β-HSD1 inhibitors (unpublished observations). The notion that TNF-α-induced 11β-HSD1 would reinforce the expression of proinflammatory genes was endorsed by the results of RNAi experiments (Fig. 4) and overexpression experiments (Fig. 5). It should be emphasized that forced overexpression of 11β-HSD1 per se did not influence the expression level of proinflammatory genes in nonactivated preadipocytes (Fig. 5*B*). These findings led us to speculate that 11β-HSD1-mediated active glucoorticoids within cells reinforce inflammation under proinflammatory conditions commonly seen in obese adipose tissue.

The present study demonstrated that 11β-HSD1 was highly expressed in SVF cells from obese adipose tissue (Fig. 1). Although mature adipocytes abundantly express 11β-HSD1 (44, 61), a considerable amount of 11β-HSD1 expression was detected in SVF from adipose tissue (Fig. 1). Potential link between preadipocyte function and pathophysiology of obese adipose tissue has recently attracted research interest (53, 57). A recent study (14) using 11β-HSD1 knockout mice provided evidence that 11β-HSD1 in preadipocytes may affect fat distribution under overnutrition. In 3T3-L1 cells, the expression level of 11β-HSD1 is lower in preadipocytes but is dramatically increased during the course of differentiation into mature adipocytes (51). In fact, active glucocorticoids generated intracellularly by 11β-HSD1 are critical for normal adipose differentiation (33). On the other hand, TNF-α augments 11β-HSD1 expression in preadipocytes (Fig. 2). Of note, in proinflammatory milieu, TNF-α inhibits adipocyte differentiation by decreasing PPARγ expression (43, 46, 64). Depending on the

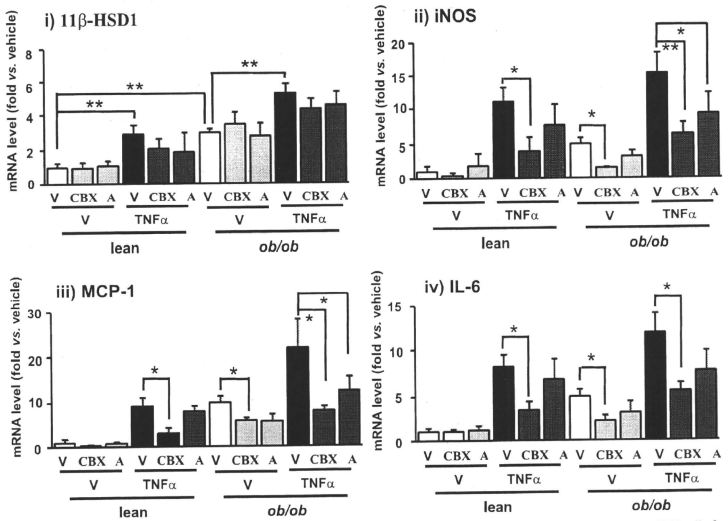

Fig. 7. Effects of pharmacological inhibition of 11β-HSD1 on iNOS, MCP-1, and IL-6 mRNA levels in SVF cells from *ob/ob* mice. SVF cells from *ob/ob* mice and lean control mice were treated with CBX (50 μM) or inhibitor A (10 μM), with or without TNF-α (10 ng/ml) for 24 h. 11β-HSD1 (*i*), iNOS (*ii*), MCP-1 (*iii*), and IL-6 mRNA (*iv*) levels were determined using real-time PCR. Values were normalized to that of 18S rRNA and expressed relative to lean control. Data are means ± SE of triplicate experiments. $^{*}P < 0.05$, $^{**}P < 0.01$.

hormonal milieu, it is therefore conceivable that 11β-HSD1 plays a role in both adipogenesis and inflammatory response in preadipoytes.

We assessed the expression of Pref-1 (a representative molecular marker for preadipocytes; Ref. 7) as well as aP2, PPARγ2, and GLUT4 (a set of representative markers for differentiated adipocytes; Refs. 32 and 59) in preadipocytes overexpressing 11β-HSD1. Consequently, forced augmentation of 11β-HSD1 did not affect the expression level of these genes (Suppl. Fig. S4), supporting that a line of our observation was not a facet of mature adipocytes but of preadipocytes.

Previous studies demonstrated that chronic inflammation is closely associated with insulin resistance in insulin-sensitive organs (24, 64). Glucocorticoids are widely used as anti-inflammatory agents in a clinical setting (49). On the other hand, this hormone simultaneously causes insulin resistance (4, 50). Regarding this apparent paradox, recent studies (34, 55) suggest that reactivated glucocorticoids within cells have the potential to enhance inflammatory or immune responses in a variety of cells. In the present study, replenished dexamethasone in the culture media at pharmacological doses did decrease the synthesis and secretion of proinflammatory molecules in preadipocytes in a dose-dependent manner (Fig. 3). On the other hand, in activated preadipocytes, 11β-HSD1 intensifies TNF-α-induced activation of NF-κB and the MAPK signaling cascade (Fig. 6). In this context, it is possible that intracellular activation of glucocorticoids within physiological range would likely cause proinflammatory responses in certain cell types. It should be noted that preadipocytes possess very few insulin receptors (51). Instead, preadipocytes express a large number of IGF-1 receptors (18). Insulin can bind to the IGF-1 receptor only at supraphysiological concentrations. However, it is likely that increased release of inflammatory cytokines from activated preadipocytes may aggravate insulin receptor signaling in adjacent mature adipocytes in obese adipose tissue. This notion is supported by a line of mouse experiments showing that pharmacological inhibition of 11β-HSD1 ameliorated diabetes, dyslipidemia, and even arteriosclerosis (1, 23).

PPARγ agonists potently suppress the activity of 11β-HSD1 exclusively in adipose tissue (6). The present finding that amplified glucocorticoids within activated preadipocytes may enhance inflammatory responses does not contradict the notion that PPARγ agonists exert potent anti-inflammatory effects in a variety of cell types (37).

Recent studies showed that phosphoinositide 3-kinase (PI3K)-Akt pathways, IL-1 receptor-associated kinase-M (IRAK-M), and suppressors of cytokine signaling-1 (SOCS-1) are negative regulators of NF-κB and MAPK signaling (21). Under inflammatory stimuli, a physiological dose of glucocorticoids positively regulates the expression of SHIP1, a phosphatase that negatively regulates PI3K signaling, resulting in the activation of NF-κB and MAPK in activated macrophages (67). Considering the close biological similarities between activated preadipocytes and activated macrophages (11, 13), we explored whether PI3K-Akt pathways, SHIP1, or other phosphatases could be

involved in the 11β-HSD1-induced NF-κB and MAPK activation. Western blot analyses indicated that phosphorylation of Akt or protein levels of SHIP1, PP2A, or MKP-1 did not change significantly with inhibition or overexpression of 11β-HSD1 (Suppl. Fig. S5). Further studies are warranted to unravel the entire mechanism.

In summary, the present study provides novel evidence that inflammatory stimuli-induced 11β-HSD1 reinforces NF-κB and MAPK signaling pathways and results in further induction of proinflammatory molecules in activated preadipocytes. Our findings highlight an unexpected, inflammatory role of reactivated glucocorticoids within preadipocytes in obese adipose tissue.

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DISCLOSURES

No conflicts of interest are declared by the author(s).

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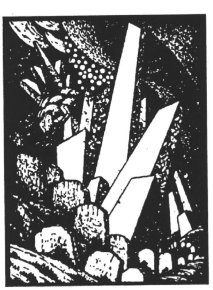
Originally, blots in Figures 2, 3, 4, 5 and 6 were adjusted to show representative blots without demarcation. Revised Figures 2, 3, 4, 5, and 6 are now presented showing representative blots that are clearly separated. 11β-HSD1 activity analyses were performed by running the samples in triplicate under the same conditions as done previously. Independent experiments were performed to confirm the reproducibility of the results. These new figures appear online, linked directly to the article (http://ajpendo.physiology.org/cgi/content/full/ajpendo.00320.2009/DC2). The authors apologize for the previous errors, none of which have altered the conclusions reached in this study.



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