

**Table 2. Causes of Inappropriate Therapies**

	Amiodarone group	Non-amiodarone group	P value
Sinus tachycardia, n (%)	6 (5)	13 (11)	NS
Atrial fibrillation, n (%)	3 (3)	14 (12)	0.0098
Atrial flutter, n (%)	1 (1)	1 (1)	NS
NSVT, n (%)	2 (2)	1 (1)	NS
Sensing failure, n (%)	1 (1)	1 (1)	NS
Lead failure, n (%)	0 (0)	1 (1)	NS
EMI, n (%)	1 (1)	0 (0)	NS
Inappropriate shock/ATP, n	10/4	16/15	NS

Data are number of subjects (%).

NSVT, nonsustained ventricular tachycardia; EMI, electromagnetic interference; ATP, antitachycardia pacing.

## Results

### Patient Characteristics

The baseline characteristics of the patients are summarized in **Table 1**. There were no significant differences between the 2 groups in terms of sex, age, New York Heart Association functional class, prior pacemaker implantation or history of supraventricular tachyarrhythmias. The prevalence of ischemic heart disease was higher in the amiodarone group than in the non-amiodarone group (47 vs 33%,  $P=0.044$ ). The patients in the amiodarone group had a lower left ventricular ejection fraction ( $31\pm 12\%$  in the amiodarone group,  $40\pm 17\%$  in the non-amiodarone group;  $P<0.0001$ ), larger left atrial diameter ( $43\pm 10$  mm in the amiodarone group,  $40\pm 9$  mm in the non-amiodarone group;  $P=0.026$ ), and smaller total number of heart beats on the 24-h Holter monitoring ( $88,157\pm 16,536$  beats in amiodarone group,  $93,463\pm 18,199$  beats in the non-amiodarone group;  $P=0.049$ ). Dual-chamber ICDs were more frequently implanted in the patients in the amiodarone group as compared with those in the non-amiodarone group (47% in the amiodarone group, 22% in the non-amiodarone group,  $P=0.0001$ ). There was no significant difference in the combined use of  $\beta$ -blockers. The mean daily mainte-

nance dose of amiodarone was  $170\pm 52$  mg (range, 50–400 mg) in the amiodarone group. Although no fatal side-effects were observed during the follow-up, amiodarone was discontinued because of adverse drug effects in 19 patients (16%), including thyroid dysfunction in 11 (9%), pulmonary intoxication in 6 (5%), liver dysfunction in 1 (0.9%), and proarrhythmic effects in 1 (0.9%).

### Incidence and Cause of Inappropriate ICD Therapies

In total, 14 patients (12%) in the amiodarone group and 31 (27%) in the non-amiodarone group had at least 1 inappropriate therapy during a mean follow-up of  $29\pm 21$  months. Event-free curves were computed for the 2 groups using the Kaplan-Meier method (**Figure**). The inappropriate therapies occurred less frequently in the amiodarone group than in the non-amiodarone group ( $P=0.0068$  by log-rank test). The proportion of patients receiving at least 1 inappropriate shock delivery was 71% in the amiodarone group, and 52% in the non-amiodarone group. As a cause of the inappropriate therapies, only AF was significantly frequent in the non-amiodarone group (3 of 116 patients, 3% in the amiodarone group, 14 of 116 patients, 12% in the non-amiodarone group;  $P=0.0098$ ) (**Table 2**). There was no history of AF documenta-

**Table 3. Univariate Analysis of the Inappropriate Therapies**

	Inappropriate therapy		P value
	Yes (n=45)	No (n=187)	
M/F	36/9	146/41	NS
Age $\geq$ 65 years	11 (24)	69 (37)	NS
NYHA class III or IV, n (%)	2 (4)	13 (7)	NS
Ischemic heart disease, n (%)	16 (36)	76 (41)	NS
Atrial fibrillation, n (%)			
Paroxysmal or persistent, n (%)	16 (36)	24 (13)	0.0007
Permanent, n (%)	6 (13)	16 (9)	NS
LVEF, %	38 $\pm$ 15	35 $\pm$ 16	NS
LAD, mm	41 $\pm$ 9	41 $\pm$ 10	NS
Dual chamber, n (%)	17 (38)	64 (34)	NS
Class Ia, n (%)	0 (0)	8 (4)	NS
Class Ib, n (%)	10 (22)	41 (22)	NS
Amiodarone, n (%)	14 (31)	102 (55)	0.0079
Sotalol, n (%)	2 (4)	8 (4)	NS
$\beta$ -blocker, n (%)	26 (58)	105 (56)	NS

Data are number of subjects (%).  
Abbreviations as in Table 1.

tion before ICD implantation in 5 of 14 patients with inappropriate therapies in the non-amiodarone group. On the other hand, all patients in the amiodarone group with inappropriate therapies caused by AF had a history of spontaneous AF before ICD implantation.

#### Predictors of Inappropriate ICD Therapies

The results of the univariate analysis for inappropriate ICD therapies are shown in **Table 3**. A history of spontaneous AF before ICD implantation and no administration of amiodarone were associated with an increased risk of an inappropriate therapy. The administration of  $\beta$ -blockers or sotalol, and dual-chamber ICD implantation did not differ statistically between those with and without inappropriate therapies. The multivariate logistic regression analysis showed that amiodarone therapy (odds ratio (OR) 0.38, 95% confidence interval (CI) 0.19–0.77,  $P=0.0073$ ) and absence of preexisting spontaneous (paroxysmal/persistent) AF (OR 0.27, 95%CI 0.13–0.57,  $P=0.0007$ ) remained as independent predictors of a lower risk of inappropriate therapies (**Table 4**).

## Discussion

#### Major Findings

In this study, we demonstrated that a history of paroxysmal or persistent AF was a major factor in the delivery of inappropriate therapy by an ICD in patients with structural disease. We further demonstrated that the administration of amiodarone concomitant with implantation of an ICD was associated with less inappropriate ICD deliveries.

#### Amiodarone as an Adjunctive Therapy With ICDs

The aim of adjunctive drug therapy with ICDs is to reduce both the number of appropriate shocks triggered by ventricular tachyarrhythmias and to prevent inappropriate shocks because of SVTs. The avoidance of frequent shocks through the use of antiarrhythmic agents may be crucial for the safety and QOL of patients with ICDs.

Amiodarone, which prolongs the action potential duration and refractoriness of cardiac tissue, has emerged as the antiarrhythmic agent of choice for treating life-threatening ven-

**Table 4. Multivariate Logistic Regression Analysis of the Inappropriate Therapies**

	Odds ratio	95%CI	P value
Amiodarone	0.38	0.19–0.77	0.0073
Free from PAF	0.27	0.13–0.57	0.0007

PAF, paroxysmal or persistent atrial fibrillation; CI, confidence interval.

tricular arrhythmias. Previous prospective randomized studies have suggested that amiodarone prevents the recurrence of VT/VF and unexpected death, and reduces the total mortality in patients with ventricular tachyarrhythmias. Recently, we reported the usefulness of amiodarone therapy guided by VT inducibility for preventing VT/VF recurrence in patients with structural heart diseases and relatively preserved left ventricular ejection function ( $\geq 30\%$ ).<sup>16</sup> On the other hand, the combined use of antiarrhythmic agents with ICDs might lead to adverse responses such as an unacceptable increase in the DFT, underdetection of VT/VF because of prolongation of the arrhythmia cycle length beyond the programmed detection interval or potential proarrhythmias or extracardiac toxicity. Amiodarone is widely used as an adjuvant drug therapy with ICDs; however, there have been few randomized placebo-control trials to evaluate whether amiodarone is beneficial or not.

The efficacy of combination therapy with oral amiodarone plus  $\beta$ -blockers in patients receiving a dual-chamber ICD for secondary prevention has been prospectively evaluated in a randomized multicenter trial,<sup>13</sup> which compared both amiodarone plus  $\beta$ -blockers and sotalol with standard  $\beta$ -blocker therapy for the prevention of ICD shocks in patients with an ejection fraction  $\leq 40\%$  and spontaneous or inducible ventricular tachyarrhythmias and confirmed the efficacy of amiodarone plus  $\beta$ -blockers for avoiding both excessive appropriate and inappropriate shocks without significantly increasing the risk of treatment related mortality. Recently, amiodarone alone also has been shown to be effective for avoiding inappropriate ICD therapies in a patient with AF and congestive heart failure.<sup>14,15</sup> Our study evaluated inappropriate ICD ther-

apies, including not only shock therapies but also antitachycardia pacing therapies, from either single- or dual-chamber ICD systems in patients with and without the oral administration of amiodarone, and our results suggest that not using amiodarone was associated with a higher risk of inappropriate therapies in patients with organic heart disease, regardless of  $\beta$ -blocker administration.

### Effect of Amiodarone on Inappropriate ICD Therapies

In the present study, only AF was a significant independent cause of inappropriate therapies in a comparison of patients with and without amiodarone. The incidence of inappropriate therapies caused by AF was 2.6% and 12.1%, respectively. Interestingly, half of those patients received inappropriate therapies because of newly developed AF in patients without amiodarone. Further, no cases of inappropriate therapies caused by newly developed AF were observed in the amiodarone group. The patients implanted with an ICD usually have structural heart disease with impaired LV function. There is increased LV end-diastolic pressure caused an increased left atrial pressure from nearly 15–25% and greater complications of AF in these patients.<sup>1,5–7</sup> The reduction in the incidence of spontaneous AF is most likely 1 of the mechanisms of the reduction in inappropriate therapies by ICDs with adjunctive amiodarone. The effect of amiodarone in preventing newly developed AF has been widely recognized.<sup>17,18</sup> Singh et al showed the effectiveness of amiodarone in preventing new AF in patients with sinus rhythm at baseline and reported that ICD shocks were more often seen in patients with AF.<sup>19</sup> Amiodarone also has a  $\beta$ -blocker-like effect and decreases the heart rate during sinus rhythm or AF.<sup>20</sup> However, in the present study it was not possible to clarify whether amiodarone could reduce the frequency of spontaneous AF or decrease the heart rate during AF by its negative chronotropic effects.

### Study Limitations

First, this was a retrospective, single-center study and lacked the clear advantage of a multicenter prospective, randomized study. The OPTIC trial suggested that amiodarone and  $\beta$ -antagonists could prevent inappropriate ICD therapy and our study has emphasized that result. However,  $\beta$ -blocker use was only 44% in a large cohort study in Japan,<sup>21</sup> indicating it is not frequently administered in the Japanese patient population with structural heart disease and ICD implantation. We could not confirm the reason for the relatively lower use of  $\beta$ -blockers in our study. One possible reason is that we included patients who underwent ICD implantation at the end of the 90s (from 1990 to 2005) and  $\beta$ -blockers might be not have been frequently used during that time. Second, the patients in the amiodarone group were more likely to have decreased cardiac function and a larger left atrium. Therefore, amiodarone might have been prescribed for the sicker patients, leading to an underestimation of the drug effect. Third, the ratio of dual-chamber ICD systems was significantly higher in the amiodarone group, so it is possible that the AF-discriminating algorithms of the dual-chamber devices contributed to the reduced number of inappropriate therapies in the amiodarone group;<sup>22</sup> however, the ratio of dual-chamber ICDs did not statistically differ between those with and without inappropriate therapies. Fourth, there was a tendency to a higher incidence of inappropriate therapy because of sinus tachycardia in the non-amiodarone group ( $P < 0.10$ ). Amiodarone may also contribute to reducing sinus rate. A previous study supported that amiodarone can reduce the sinus rate.<sup>20</sup>

In fact, patients in the amiodarone group had a smaller total number of heart beats on 24-h Holter monitoring ( $P = 0.049$ ) in our study. However, sinus rate did not reach statistical significance as a cause of inappropriate therapy.

## Conclusions

This study demonstrated that inappropriate ICD therapies occur predominantly in patients with spontaneous AF and structural heart disease. The results also suggest that amiodarone therapy may be associated with a lower rate of inappropriate ICD therapies safely under careful observation.

### Disclosure

No conflict of interest.

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# The positional relationship between the coronary sinus musculature and the atrioventricular septal junction

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**Aims** The atrioventricular (AV) septal junction includes the coronary sinus (CS) and the compact part of the AV node and its posterior extensions. It has been recognized as the target site for ablation therapy of the AV nodal reentrant tachycardia and its variant forms. Despite the clinical significance of this region, the arrangement of the musculature in the AV septal junction, including the CS, has not fully been elucidated. We tried to explore the histological muscular diversity within the AV septal junction.

## Methods and results

Sixteen autopsied human hearts (seven women), mean age 59.8 years, without structural anomalies, were studied. We removed the whole AV septum, including the CS opening after the macroscopic measurements, and prepared serial sections parallel to mitral and tricuspid annuli (short-axis style) to elucidate the positional relationships between the compact AV node and the CS musculature. Out of 16 hearts, the CS musculature extended deeply into the AV septal junction in eight hearts. In the other eight hearts, the CS musculature was located above the AV septal junction. In the former group, we found that the offset of both annuli was wide (mean  $3.8 \pm 1.4$  vs.  $2.4 \pm 1.1$  mm), the distance between CS opening and membranous septum was long (mean  $14.8 \pm 1.6$  vs.  $12.3 \pm 2.2$  mm), and the CS opening level was lower and closer to the His bundle level (mean  $2.8 \pm 1.9$  vs.  $5.8 \pm 2.9$  mm) ( $P < 0.05$ ).

## Conclusion

The deep extension of CS musculature into the AV septal junction seems to increase the tissue non-uniformity in this area.

## Keywords

Atrioventricular node • Coronary sinus • Histology • Atrioventricular nodal reentrant tachycardia • Atrioventricular septal junction

## Introduction

The Koch's triangle is known as a landmark of the atrioventricular (AV) nodal tissue.<sup>1</sup> It is observed from the macroscopic endocardial view of the right atrium, and is delineated by the following three elements: the tendon of Todaro, the tricuspid valve annulus, and the coronary sinus (CS) opening. In a study, it was shown that the dimensions of the Koch's triangle show considerable diversity.<sup>2</sup> In addition to this diversity, the myocardial

orientation beneath the endocardium has not fully been elucidated. However, the recent advances of clinical electrophysiology revealed that most of the critical regions of the AV nodal reentrant tachycardia (AVNRT) prevail around the anterior CS opening,<sup>3</sup> though the histological prospects of the pathway of AVNRT are still obscure.<sup>4</sup> Therefore, we propose a modified histological method that can provide a reference for the relation between the dimensions of Koch's triangle and the arrangement of CS musculature within the AV septal junction.

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## Methods

### Subjects

The present study included randomly selected 16 autopsied human hearts (9 men, 7 women) without structural anomalies or a history of significant conspicuous supraventricular arrhythmia. The mean age was  $57.9 \pm 18.2$  years ranging between 20 and 80 years. Ten of the human subjects died of malignant diseases, the others died of a liver disease, sepsis, pneumonia, brain haemorrhage, aortic aneurysm, or gastrointestinal bleeding. None of them died of structural heart disease.

### Macroscopic measurement

After fixation in 10% formalin, the posterior AV septal junction, including the opening of the CS, tricuspid valve, and mitral valve, was removed en bloc. We defined the CS as the portion that begins at the confluence of the great cardiac vein and the oblique vein (bundle) of Marshall and ends with its ostium in the right atrium (CS opening).<sup>5</sup> We measured each dimension in this area as follows: (a) the width of the mitral valve–tricuspid valve offset, (b) the longitudinal distance between the CS opening and membranous septum (CS–MS offset), (c) the diameter and the surface area of the CS opening, (d) the distance between the CS opening and tricuspid valve annulus (septal isthmus), and (e) the distance between CS opening and membranous septum (Figure 1).

### Microscopic observation

Removed blocks of the hearts were conventionally processed to paraffin inclusions, and then serial sections of 7- $\mu$ m thickness were made parallel to both the tricuspid and mitral valve annuli, i.e. the short-axis plane of the both ventricles. From the level of the tricuspid valve to the posterior margin of CS opening, every 10th section was stained with Masson's trichrome. We observed the distribution of the CS musculature in this area, and compared it with the dimensions of the Koch's triangle. The CS musculature was defined as the myocardial coverage of the CS.<sup>6</sup>

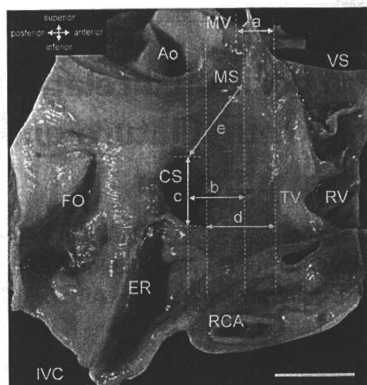
### Statistical analysis

For all the study subjects, we compared heart weights, and each dimension within the Koch's triangle. The values were shown as mean  $\pm$  SD. One-factor ANOVA was used for statistical comparisons between the groups. A *P*-value of  $<0.05$  was considered statistically significant.

## Results

### Measurements

The mean heart weight was  $334.9 \pm 75.8$  g, ranging between 169 and 465 g. The macroscopic measurements as described in Figure 1 were as follows: (a) the mean width of the tricuspid valve–mitral valve offset was  $3.1 \pm 1.4$  mm, (b) the mean longitudinal distance between the CS opening level and membranous septum level (CS–MS offset) was  $4.3 \pm 2.8$  mm, (c) the mean surface area and diameter of the CS opening were  $43.7 \pm 17.3$  mm<sup>2</sup> and  $10.5 \pm 2.8$  mm, respectively, (d) the mean septal isthmus length was  $9.9 \pm 1.8$  mm, (e) the mean distance between CS opening and membranous septum was  $13.5 \pm 2.3$  mm. Detailed measurements and histological patterns of the each individual are shown in Table 1.



**Figure 1** Macroscopic endocardial view of the Koch's triangle from the right atrium. Arrows shows the measured dimensions, (a) the width of the mitral valve–tricuspid valve offset, (b) the longitudinal distance between the coronary sinus opening and membranous septum (CS–MS offset), (c) the diameter and the surface area of the coronary sinus opening, (d) the distance between the coronary sinus opening and tricuspid valve annulus (septal isthmus), and (e) the distance between coronary sinus opening and membranous septum. Tissue sections were sliced parallel to the dotted lines on the tricuspid valve annulus (short axis) in this photograph. Ao, aorta; CS, coronary sinus; ER, Eustachian ridge; FO, foramen ovale; IVC, inferior vena cava; MS, membranous septum; MV, mitral valve; RCA, right coronary artery; RV, right ventricle; TV, tricuspid valve; VS, ventricular septum. Bar = 10 mm.

### Relationship of the distribution of coronary sinus musculature and the atrioventricular septal junction

We divided the hearts into two groups according to the distribution patterns of CS musculature.

#### Group A: deep extension group (Figure 2)

At a level just above the tricuspid valve, the CS musculature around the CS opening deeply intrudes into the AV septum and merges with the myocardium of the septal isthmus. In the middle part of the CS cavity, the CS musculature was found to have sparse and loose connections with the left atrial myocardium just beneath the compact AV node. In this group, the myocardial connections between both atria were observed mainly at the superior border of the CS opening through the CS musculature.

#### Group B: superficial extension group (Figure 3)

Sections within the septal isthmus just above both mitral and tricuspid annuli showed that the compact node was located between left and right atrial myocardium, and this configuration

**Table 1** Macroscopic measurements and distribution patterns of the coronary sinus musculature into atrioventricular septum

No.	Age/sex	Heart weight (g)	a	b	c		d	e	Distribution pattern of CS musculature into AV septum
			TV-MV offset (mm)	CS-MS offset (mm)	CS opening size (mm <sup>2</sup> )	CS opening diameter (mm)	CS-TV (mm)	CS-MS (mm)	
1	20/F	169	1.4	1	31.4	10	7	15	Group A
2	26/M	380	5.1	2	56.5	12	10	15	Group A
3	34/M	370	1.4	5	40.8	13	11	15	Group B
4	47/F	280	3.5	4	25.1	8	7	15	Group A
5	51/F	270	2.8	6	21.2	9	11	16	Group A
6	55/M	310	5.6	4	76.9	14	9	15	Group A
7	59/M	370	2.8	0	43.2	11	10	12	Group B
8	60/M	290	4.9	0	71.4	13	10	17	Group A
9	66/F	450	1.4	8	27.5	7	8	8	Group B
10	67/F	300	2.1	3	47.1	12	8	12	Group B
11	67/F	345	1.4	7	43.2	11	12	14	Group B
12	69/M	280	4.4	8	28.3	9	9	11	Group B
13	75/M	340	3.5	7	47.1	12	13	12	Group B
14	75/M	465	2.9	3	70.7	15	10	12	Group A
15	76/F	310	4.2	2	33.0	7	12	13	Group A
16	80/M	430	2.1	8	35.3	5	11	14	Group B
Mean ± SD	57.9 ± 18.2	334.9 ± 75.8	3.1 ± 1.4	4.3 ± 2.8	43.7 ± 17.3	10.5 ± 2.8	9.9 ± 1.8	13.5 ± 2.3	

AV, atrioventricular; CS, coronary sinus; MS, membranous septum; MV, mitral valve; TV, tricuspid valve; a-e, see Figure 1.

means that this level is above the AV septal junction and that the CS musculature does not deeply intrude into AV septum. Not only the CS musculature was found to have no connections with the left atrial myocardium in this level, but also myocardial connections between both atria were hardly observed.

In the middle part of the CS of this group, it was found that the musculature of the CS opening merges with the myocardium of the vestibule of the right atrium, in which it is defined as the flat endocardial sector just above the AV valve attachment (Figure 3C).<sup>7</sup> At this level, the CS musculature was close to the left atrial myocardium. The myocardial connections between both atria were observed mainly in the antero-superior border of CS opening through the CS musculature.

### Comparison between the dimensions of each group

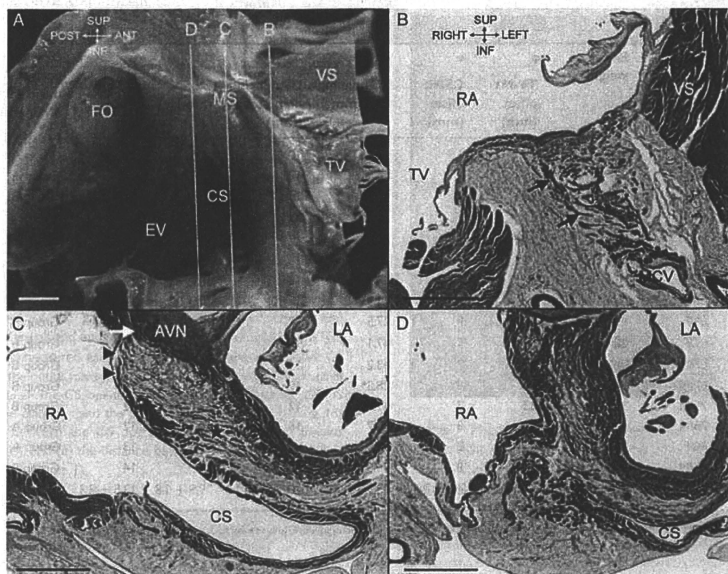
The CS musculature showed a deep extension distribution into the AV septal junction in eight hearts (Group A, Figure 2). The musculature around the CS opening spread beneath the level of the mitral valve annulus as shown in Figure 2B. The remaining eight hearts (Group B, Figure 3) showed that the CS musculature was located above the AV septal junction and showed non-intruding distribution, i.e. superficial extension. In Group A, the offset of both annuli was significantly wider (mean  $3.8 \pm 1.4$  vs.  $2.4 \pm 1.1$  mm,  $P < 0.05$ ), the length between the CS opening and the membranous septum was longer (mean  $14.8 \pm 1.6$  vs.  $12.3 \pm 2.2$  mm,  $P < 0.05$ ), and the CS opening level was lower and

closer to the membranous septum level (His bundle level) (mean  $2.8 \pm 1.9$  vs.  $5.8 \pm 2.9$  mm,  $P < 0.05$ ; Table 2).

Figure 4 represents a schematic explanation for the distributions of the CS musculature in both groups. In Group A (deep extension, Figure 4A), one normal variant of the tricuspid valve anatomy shows the downward displacement of the tricuspid valve annulus into the right ventricle, which draws the CS opening more anteriorly with constant distance between the tricuspid valve annulus and the CS opening. In this group, the CS is facing the compact AV node by its superior margin. This orientation brings the CS musculature to a close relation beneath the compact AV node. In Group B (superficial extension, Figure 4B), another tricuspid valve anatomical pattern is shown in which the tricuspid valve is straight, pushing the CS opening more posteriorly. In this group, the CS opening is facing the compact AV node by its antero-superior margin, an orientation that brings the CS musculature away from the level of the compact AV node. There was no significant difference between both groups regarding age, sex, heart weight, CS diameter, and the septal isthmus length (Table 2).

### Discussion

The AV conduction axis begins from the top of the Koch's triangle.<sup>1</sup> It then penetrates the central fibrous body, and bifurcates into bundle branches beneath the membranous septum. The histological approach for the AV node has not been changed since Tawara's monograph was established.<sup>8</sup> In that method, the histological exploration of the AV conduction axis has mainly been

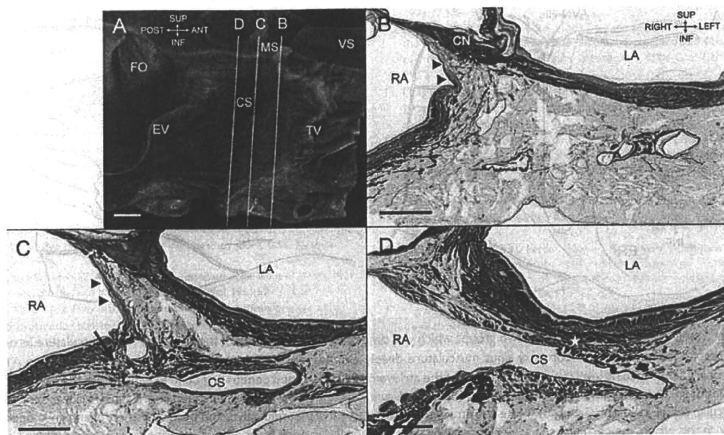


**Figure 2** Representative of hearts with the Group A (the coronary sinus musculature deeply extends into the atrioventricular septum). (A) The macroscopic endocardial view of the Koch's triangle. Three lines (B–D) show the levels of histological sections. (B) Level B is within the septal isthmus, the coronary sinus musculature intrudes into the atrioventricular septal junction and merges with vestibule myocardium (black arrows). (C) Level C is through the middle part of the coronary sinus opening, the coronary sinus musculature shows loose connections with the left atrial myocardium (black star) just behind the atrioventricular node. The black arrow heads show the thin strand of transitional cells which are interposing between the atrioventricular node and the intermingled muscles of coronary sinus and vestibule. The white arrow shows the junction of the atrioventricular node and the penetrating bundle of His. (D) Level D is the posterior margin of the coronary sinus opening adjacent to the Eustachian ridge, the coronary sinus musculature scarcely has connections with left and right atrial myocardium. The connection between both atria through the coronary sinus musculature is observed mainly at the anterior border of the coronary sinus opening (No. 2, 26-year-old male). ANT, anterior; AVN, atrioventricular node; CS, coronary sinus; EV, Eustachian valve; FO, foramen ovale; INF, inferior; LA, left atrium; MCV, middle cardiac vein; MS, membranous septum; MV, mitral valve; POST, posterior; RA, right atrium; SUP, superior; TV, tricuspid valve; VS, ventricular septum. Bars = 5 mm.

performed by vertically sliced sections of the AV annuli, and this method has been applied for many years.<sup>9</sup> The CS opening is one of the elements composing the Koch's triangle.<sup>1</sup> However, these traditional vertically sliced sections of the Koch's triangle had technical limitations with regard to observing the histological structure of the lower part of the Koch's triangle, including CS opening due to its curvature and the divergence of both mitral and tricuspid annuli. Our histological method employed in this study, in which we made sections parallel to both annuli, provides the reference to the relation between the dimensions of Koch's triangle and the arrangement of CS musculature. Furthermore, these specimens showed both atria in the famous clinical fluoroscopic left anterior oblique (LAO) view style and made it easy to observe myocardial connections between both atria. Chauvin et al.<sup>5</sup>

described the myocardial connections between the left atrial myocardium and the CS musculature using a similar method. Furthermore, Racker and Kadish<sup>10</sup> highlighted the myocardial arrangement within the AV node using the three-plane histological sectioning in dog hearts. However, they have not explored the myocardial arrangement around the AV septal junction. Inoue and Becker<sup>11</sup> described the distribution of the compact node and its extensions with reference to the substrate of the slow pathway in AVNRT in the AV septal junction. In their study, however, spatial distribution of the CS musculature around the AV nodal tissue was not mentioned. The present study with short-axis style sections unveiled the right and left atrial connection beneath the septal isthmus. This myocardial area that might participate in AVNRT was shown in a single autopsy case report.<sup>12</sup>





**Figure 3** Representative of the hearts with Group B (the coronary sinus musculature superficially extends above the atrioventricular septal junction). (A) The macroscopic endocardial view of Koch's triangle. Three lines (B–D) show the levels of histological sections. (B) Level B is within the septal isthmus, myocardial connection between the both atria is hardly observed except for the compact atrioventricular node. The black arrow heads show the indirect continuity between the atrioventricular node and the vestibule muscle of the right atrium. This thin muscle strand shows the transitional cells. (C) Level C is the anterior part of the coronary sinus opening, the coronary sinus musculature merges within the right atrial myocardium at the antero-superior border of coronary sinus opening. The black arrow heads show the transitional cells. (D) Level D is through the posterior margin of coronary sinus opening, the coronary sinus musculature adheres to the left atrial myocardium (white star). (No. 9, 66-year-old female). ANT, anterior; CS, coronary sinus; CN, compact node; ER, Eustachian ridge; FO, foramen ovale; INF, inferior; LA, left atrium; MS, membranous septum; MV, mitral valve; POST, posterior; RA, right atrium; SUP, superior; TV, tricuspid valve; VS, ventricular septum. Bars = 5 mm.

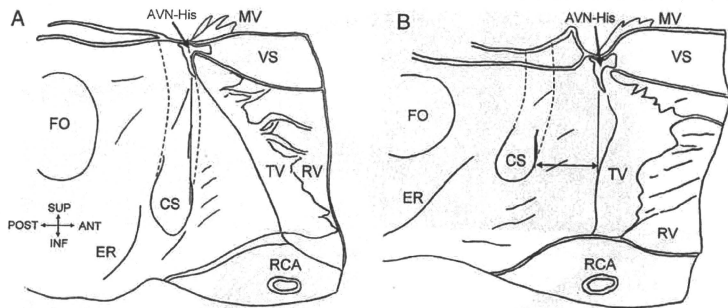
**Table 2** Comparison between the two groups

Distribution pattern of CS musculature into AV septum	Group A (n = 8)	Group B (n = 8)	P-value
Age (years)	51.3 ± 20.4	64.6 ± 13.9	ns (P = 0.15)
Heart weight (g)	309.3 ± 85.9	360.6 ± 58.3	ns. (P = 0.18)
a TV-MV offset (mm)	3.8 ± 1.4	2.4 ± 1.1	P = 0.04
b CS-MS offset (mm)	2.8 ± 1.9	5.8 ± 2.9	P = 0.03
c CS opening size (mm <sup>2</sup> )	48.3 ± 23.0	39.1 ± 7.8	ns. (P = 0.30)
d CS-diameter (mm)	11.0 ± 2.9	10.0 ± 2.8	ns. (P = 0.49)
e CS-TV dimension (mm)	9.5 ± 1.8	10.3 ± 1.8	ns. (P = 0.42)
e CS-MS dimension (mm)	14.8 ± 1.6	12.3 ± 2.2	P = 0.02

AV, atrioventricular; CS, coronary sinus; MS, membranous septum; MV, mitral valve; TV, tricuspid valve; a-e, see Figure 1.

The concern about the exploration of the CS morphology, dilatation of the CS opening, or increase of the CS volume was reported using CS angiography or intracardiac ultrasounds in AVNRT cases.<sup>13,14</sup> Furthermore, DeLurgio *et al.*<sup>15</sup> have also reported a good correlation between CS volume and the presence of dual AV nodal physiology in case of AVNRT. For this reason, it is

supposed that small morphological variations of the CS may provide some substrates of AVNRT. We could not calculate the real volume of the AV septal junction in these specimens, though the CS opening-membranous septum dimension was longer in CS deep extension group (Group A) than in the superficial extension group (Group B). We have reached the conclusion that not



**Figure 4** The schematic representation of two groups which was divided by the distribution of the coronary sinus musculature into the atrioventricular septal junction. (A) The coronary sinus musculature deeply extends into the atrioventricular septal junction (Group A). In these hearts, coronary sinus opening level is close to the level of the atrioventricular node and penetrating bundle of His. Note the normal downward displacement of tricuspid valve annulus into the right ventricle in Figure 2A. (B) The coronary sinus musculature superficially extends above the atrioventricular septal junction (Group B). Note the straight attachment of the tricuspid valve, and pushing the coronary sinus opening more posteriorly. In this group, the coronary sinus opening is facing the atrioventricular node by its antero-superior margin, an orientation that brings the coronary sinus musculature away from the level of the atrioventricular node. ANT, anterior; AVN, atrioventricular node; CS, coronary sinus; ER, Eustachian ridge; FO, foramen ovale; INF, inferior; LA, left atrium; MV, mitral valve; POST, posterior; RA, right atrium; RCA, right coronary artery; RV, right ventricle; SUP, superior; TV, tricuspid valve; VS, ventricular septum.

only AV nodal anatomy, but also the spatial distributions of the CS musculature, may have a role in the pathology of AVNRT, and both of them should be investigated in AVNRT cases. Furthermore, the characteristics provided by CS morphology may be of more significance in the left variant AVNRT cases, because in these cases, the ablation therapy is sometimes performed within the CS.<sup>16</sup>

Ho et al.<sup>4</sup> mentioned the myocardial arrangement around the compact AV node in patients with electrophysiologically proven dual AV nodal pathway using the conventional vertical histological sections. They focused on the distribution of transitional fibres approaching the AV node and found three patterns (superficial, deep, and posterior), but they concluded that the substrate of multiple pathways was ubiquitous. In our study, using the histological LAO view, both of the left and right atrial vestibules had connections with the CS musculature. In addition, the myocardial arrangements, including the CS musculature within the AV septal junction, showed non-uniformity and this phenomenon seems to be related to some of the electrical characteristics in this area.

## Limitations

Because of the uncertainty in the cell-to-cell coupling under the optical microscope using the conventional staining of our study, quantification of the myocardial connections between CS musculature and the proximal AV conduction axis or the left and right atrial myocardium was not possible. We consider that using immunohistochemical staining methods, such as gap junction protein, might add information in this concern.

Although short-axis sections facilitate the histological observation of myocardial arrangements within the AV septal junction,

myocardial arrangements do not always coincide with the electrophysiological phenomena. Recent experimental simulation showed that the transitional cells around the AV node and nodal extensions are associated with the formations of reentrant circuits.<sup>17</sup> Concerning about the participation of the CS musculature in AVNRT cases, accumulation of autopsy findings after successful ablation procedure should be required.

## Conclusion

The CS location provides the variations of the muscular arrangements within the AV septal junction. Especially, the deep extension of the CS musculature into the AV septal junction seems to increase the tissue non-uniformity around the AV node.

## Acknowledgements

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**Conflict of interest:** none declared.

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# High prevalence of early repolarization in short QT syndrome

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**BACKGROUND** Short QT syndrome (SQTS) is characterized by an abnormally short QT interval and sudden death. Due to the limited number of cases, the characteristics of SQTS are not well understood. It has been reported recently that early repolarization is associated with idiopathic ventricular fibrillation and the QT interval is short in patients with early repolarization.

**OBJECTIVE** The purpose of this study was to study the association between early repolarization and arrhythmic events in SQTS.

**METHODS** The study consisted of three cohorts: SQTS cohort (N = 37), control cohort with short QT interval and no arrhythmic events (N = 44), and control cohort with normal QT interval (N = 185). ECG parameters were compared among the study cohorts.

**RESULTS** Heart rate, PR interval, and QRS duration were similar among the three study cohorts. Early repolarization was more common in the SQTS cohort (65%) than in the short QT control cohort (30%) and the normal QT control cohort (10%). Duration from T-wave peak to T-wave end was longer in the SQTS cohort

than in the short QT control cohort, although QT and corrected QT intervals were similar. In the SQTS cohort, there were more males among patients with arrhythmic events than in those with a family history but without arrhythmic events. In multivariate models, early repolarization was associated with arrhythmic events in the SQTS cohort. ECG parameters including QT and QTc intervals were not associated with arrhythmic events in the SQTS cohort.

**CONCLUSION** There is a high prevalence of early repolarization in patients with SQTS. Early repolarization may be useful in identifying risk of cardiac events in SQTS.

**KEYWORDS** Arrhythmia; Electrocardiogram; QT interval; Repolarization; Sudden death

**ABBREVIATIONS** Qtc = corrected QT interval; SQTS = short QT syndrome

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## Introduction

The short QT syndrome (SQTS) is characterized by an abnormally short QT interval and increased risk of ventricular fibrillation and sudden death.<sup>1,2</sup> Similar to other arrhythmia syndromes, such as long QT syndrome and Brugada syndrome,<sup>3</sup> SQTS is a genetically heterogeneous disease, and, to date, five responsible genes encoding different ion channels have been identified.<sup>3–7</sup> Some inherited

arrhythmia syndromes may share genetic backgrounds that result in overlapping arrhythmia phenotypes.<sup>3</sup>

Although early repolarization is generally considered benign,<sup>8</sup> it has been reported recently that early repolarization is associated with increased risk for sudden cardiac death in patients with idiopathic ventricular fibrillation.<sup>9–12</sup> Haissaguerre et al<sup>9</sup> reported that, among patients with idiopathic ventricular fibrillation, the QT interval was shorter in patients with early repolarization than in those without, suggesting an association between early repolarization and QT interval shortening. Evidence that mutations in calcium channel genes are associated with Brugada-type ST-segment elevation and abnormally short QT intervals further suggests a relationship between early phase repolarization abnormalities and short QT interval.<sup>4</sup> Here we report on our

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study of the prevalence of early repolarization and its association with arrhythmic events in SQTS.

## Methods

This cooperative study consisted of three cohorts. (1) *SQTS cohort* included patients with SQTS referred to our institutions and patients with SQTS from previous reports. The diagnosis of SQTS was made if a patient with a short QT interval [corrected QT interval (QTc) by Bazett formula  $\leq 330$  ms] had an arrhythmic event including documented ventricular fibrillation, resuscitated sudden cardiac death, and syncope and/or had a family history of SQTS, or if a patient with a short QT interval (QTc  $\leq 360$  ms) had mutations in ion channel genes responsible for SQTS.<sup>3,13</sup> We searched in the electronic databases PubMed, EMBASE, and Cochrane for all published studies that examined patients with SQTS. The search was limited to the end of June 2009. Published studies were considered eligible if they included clinical characteristics of the patients and ECGs. All ECGs from patients reported in the literature were reanalyzed. Electrophysiologic study was performed in patients with SQTS based on the indication of each institution. (2) *Control cohort with short QT interval* (QTc  $\leq 330$  ms) and no arrhythmic events was selected from among 86,068 consecutive ECGs stored on the ECG database at Niigata University Medical and Dental Hospital from May 7, 2003 to July 2, 2009. Subjects who did not have arrhythmic events or cardiovascular disease and were not taking any medication were included in this cohort. (3) *Control cohort with normal QT interval* was also selected from the ECG database. This cohort consisted of subjects who were matched to the SQTS cohort for gender and age. Subjects who had normal QT interval (360–440 ms) and did not have cardiovascular disease or were not taking any medication were included in this cohort. Subjects with Brugada-type ST-segment elevation were excluded from all study cohorts.<sup>3,9</sup>

QT intervals were measured on lead V<sub>2</sub> with the tangent methods for determination of QT<sub>end</sub> using a semi-automated digitizing program with electronic calipers by an experienced observer blinded to the clinical details of all subjects

included in this study.<sup>14,15</sup> Early repolarization was defined as elevation of the J point noted as either as QRS slurring or notching  $\geq 0.1$  mV in more than two leads.<sup>9</sup>

Differences in parameters were analyzed using multivariable logistic regression models when SQTS cohort and control cohort with short QT interval were compared and analyzed using conditional logistic regression models when SQTS cohort and control cohort with normal QT interval were compared. All statistical analyses were performed with SPSS (version 12.0, SPSS, Inc., Chicago, IL, USA). Two-sided  $P < .05$  was considered significant. Values are expressed as mean  $\pm$  SD. The study protocol was approved by the Ethics Committee of Niigata University School of Medicine. To determine interobserver variability, a second observer made independent blinded QT interval determinations of all study subjects with short QT interval.

## Results

Thirty-seven patients with SQTS were identified: 12 from our institutions and 25 reported in the literature.<sup>2,5,6,14,16–25</sup> Forty-four control subjects with short QT interval and 185 control subjects with normal QT interval also were identified (Table 1). The SQTS cohort consisted of 25 (68%) patients with symptoms, including 14 with cardiac arrest (3 sudden death, 11 resuscitated) and 11 with syncope. Genetic screening identified mutations in ion channels in 7 (41%) of 17 probands who were genetically screened (2 *KCNQ1*, 4 *KCNH2*, 1 *KCNJ2*). Among patients in our institutions and those reported in the literature, there was no difference with regard to gender, age, prevalence of family history, QT or QTc interval, or inducibility of ventricular tachyarrhythmia by electrical programmed stimulation.

Heart rate, PR interval, and QRS duration in the SQTS cohort were not different among patients in either the short QT control cohort or the normal QT control cohort (Table 1). QT and corrected QT intervals were shorter in the SQTS and short QT control cohorts than in the normal QT control cohort. Early repolarization occurred in 24 (65%) patients with SQTS (Figure 1). Interobserver variability between two investigators was 8.6 ms (95% confidence interval –0.5 to 17.7 ms) for QT interval and 9.0

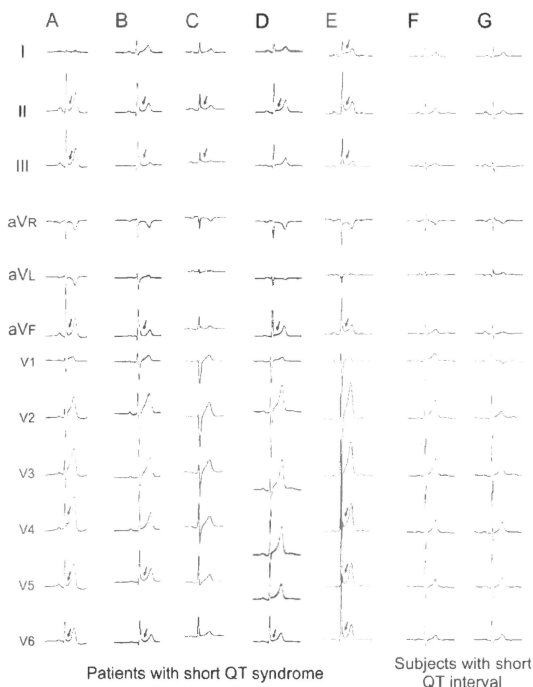
**Table 1** ECG parameters of study cohorts

	Patients with SQTS (N = 37)	Subjects with short QTc (N = 44)	Versus subjects with short QTc*		Subjects with normal QTc† (N = 185)	Versus subjects with normal QTc	
			OR (95% CI)	P value		OR (95% CI)	P value
Male gender [N (%)]	27 (73)	34 (77)	2.84 (0.72–11.2)	.14	135 (73)	—	—
Age (years)	30 $\pm$ 19	47 $\pm$ 23	1.05 (1.02–1.08)	.001	30 $\pm$ 19	—	—
Heart rate (bpm)	69 $\pm$ 393	65 $\pm$ 398	1.00 (1.00–1.01)	.3	70 $\pm$ 327	1.00 (1.00–1.00)	0.70
PR interval (ms)	138 $\pm$ 19	153 $\pm$ 38	1.01 (0.99–1.03)	.54	143 $\pm$ 24	0.99 (0.97–1.01)	0.18
QRS interval (ms)	86 $\pm$ 7	84 $\pm$ 8	0.97 (0.91–1.04)	.38	85 $\pm$ 7	1.01 (0.96–1.06)	0.74
QT interval (ms)	286 $\pm$ 36	286 $\pm$ 15	0.99 (0.97–1.01)	.28	367 $\pm$ 36	0.97 (0.96–0.98)	<.001
QTc (ms)	308 $\pm$ 29	299 $\pm$ 21	0.98 (0.96–1.00)	.06	399 $\pm$ 24	0.97 (0.97–0.98)	<.001

CI = confidence interval; OR = odds ratio; QTc = corrected QT interval; SQTS = short QT syndrome.

\*Models were adjusted for gender and age.

†Gender and age were matched between patients with SQTS and subjects with normal QT interval.



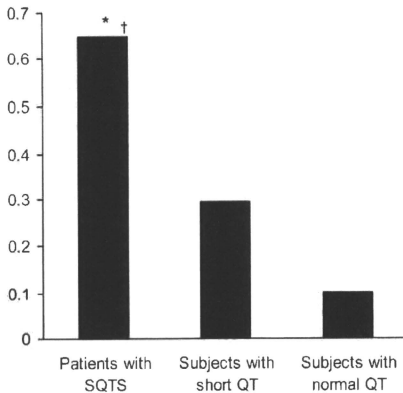
**Figure 1** Early repolarization in short QT syndrome. ECGs were recorded from patients with short QT syndrome (A: 61-year-old woman; B: 30-year-old man; C: 38-year-old man; D: 31-year-old man; E: 22-year-old man) and control subjects with a short QT interval (F: 23-year-old man; G: 44-year-old woman). In each patient with short QT syndrome, early repolarization was evident in the inferolateral leads (arrows).

ms (95% confidence interval  $-0.6$  to  $18.7$  ms) for QTc interval. The frequency of early repolarization was not different between patients in our institutions and those reported in the literature. Early repolarization was present in the inferior leads (II, III, aVF) in 9 patients, in the lateral leads (I, aVL,  $V_1$ – $V_6$ ) in 6 patients, and in both the inferior and lateral leads in 9 patients. Of 10 probands with early repolarization genetically screened, mutations were identified in 3 patients (1 *KCNQ1*, 2 *KCNH2*). Early repolarization was more common in the SQTS cohort than in the short QT control and normal QT control cohorts (Figure 2).

The association of early repolarization with arrhythmic events then was studied in patients with SQTS. In the SQTS cohort, there were more males among patients with arrhythmic events than among those with a family history but without arrhythmic events (Table 2). In multivariate models adjusted for gender and age, early repolarization was associated with arrhythmic events, although ECG parameters

including QT and QTc intervals were not associated with arrhythmic events. Early repolarization remained associated with arrhythmic events after adjustment for age, gender, and QTc interval ( $P = .001$ ). Electrophysiologic study performed in 18 patients with SQTS revealed no difference in inducibility of ventricular tachyarrhythmia between patients with arrhythmic events (73%) and those without arrhythmic events (71%).

QT interval parameters were compared between SQTS and short QT control cohorts because some of the parameters recently have been associated with SQTS.<sup>26</sup> Interval from T-wave peak to T-wave end ( $T_{\text{peak}}$  to  $T_{\text{end}}$ ) was longer in the SQTS cohort than in the short QT control cohort even after heart rate correction using the Bazett formula, whereas QT interval, QTc interval, and interval from Q-wave to T-wave peak ( $QT_{\text{peak}}$ ) were not different between the two cohorts (Table 3). Ratio of  $T_{\text{peak}}$  to  $T_{\text{end}}$  per QT was larger in the SQTS cohort than in the short QT control cohort.



**Figure 2** Frequency of early repolarization. Odds ratios (95% confidence intervals) for early repolarization in patients with short QT syndrome (SQTS) were 5.64 (1.97–16.15) and 16.58 (7.2–38.21) versus subjects with short QT interval and those with normal QT interval, respectively. \* $P = .001$  vs subjects with short QT interval. † $P < .001$  vs subjects with normal QT interval.

## Discussion

SQTS is a recently discovered, very rare disease with an increased risk of sudden death.<sup>2</sup> Due to the limited number of cases, the characteristics of SQTS are not well understood. Therefore, we conducted a cooperative analysis of ECGs from patients with SQTS in our institutions and those reported in the literature and found that early repolarization is common in SQTS.

Early repolarization is a common ECG finding. It is present in 1% to 13% of the general population and usually is considered as a normal variant due to its benign long-term prognosis.<sup>8,11,27–29</sup> However, increasing evidence suggests that early repolarization is associated with arrhythmia.<sup>9,27,30–34</sup> Since 1985, we and other investigators have reported an association between early repolarization (or late depolarization) and sudden cardiac death.<sup>30–42</sup> A multicenter study includ-

ing our institution recently showed that early repolarization is present in one third of patients with idiopathic ventricular fibrillation.<sup>9</sup> Early repolarization is associated with increased risk of sudden cardiac arrest in idiopathic ventricular fibrillation, and the amplitude of early repolarization increases before development of arrhythmic events.<sup>9,10</sup> In Brugada syndrome, which is characterized by J-wave and ST-segment elevation in the right precordial leads on ECG and sudden cardiac death,<sup>3</sup> early repolarization in the inferolateral leads is not uncommon and is associated with arrhythmic events,<sup>34</sup> although another report has shown negative results.<sup>33</sup> In our study, early repolarization in the inferolateral leads was frequently found in SQTS and, more importantly, was associated with arrhythmic events in SQTS. In addition to arrhythmia syndromes unassociated with structural heart disease, a high frequency of early repolarization in arrhythmogenic right ventricular dysplasia/cardiomyopathy has been reported.<sup>27</sup>

It has been suggested that SQTS and idiopathic ventricular fibrillation share clinical characteristics.<sup>23</sup> Short QT interval is frequently found in idiopathic ventricular fibrillation,<sup>23</sup> and QT interval is relatively short in patients with idiopathic ventricular fibrillation who have early repolarization.<sup>9</sup> Spontaneous and inducible ventricular fibrillation can be initiated by short-coupled premature ventricular beat in SQTS and idiopathic ventricular fibrillation.<sup>21,35,36</sup> The efficacy of isoproterenol and quinidine has been reported for both arrhythmia syndromes,<sup>21,37</sup> although the arrhythmogenic effects of isoproterenol in an experimental model of SQTS have been reported.<sup>38</sup> Our study showing an association of early repolarization with SQTS further supports the presence of common arrhythmogenic substrates in SQTS and idiopathic ventricular fibrillation.

A precise mechanism for ventricular fibrillation in SQTS is not known, but characteristic ECG abnormalities may reflect arrhythmogenicity. A prior study showed that the interval from T-wave peak to T-wave end is relatively long in SQTS, and our study replicated the results.<sup>26</sup> T-wave peak to T-wave end interval is considered to reflect transmural dispersion of repolarization, and relative prolongation of the interval in SQTS may indicate a high vulnerability to ventricular fibrillation.<sup>39</sup> An experimental model of SQTS

**Table 2** Characteristics of SQTS patients with and those without arrhythmic events

	Patients with arrhythmic events (N = 25)	Patients without arrhythmic events (N = 12)	OR (95% CI)	P value
Male gender [N (%)]	21 (84)	6 (50)	10.44 (0.85–127.48)	.07
Age (years)	30 ± 19	23 ± 18	1.05 (0.99–1.12)	.13
Heart rate (bpm)	69 ± 393	76 ± 473	1.00 (1.00–1.01)	.38
PR interval (ms)	138 ± 19	134 ± 18	0.99 (0.95–1.04)	.84
QRS interval (ms)	86 ± 7	85 ± 10	0.93 (0.82–1.07)	.31
QT interval (ms)	286 ± 36	271 ± 40	1.00 (0.97–1.03)	.75
QTc (ms)	308 ± 29	306 ± 33	0.98 (0.94–1.02)	.33
Early repolarization [N (%)]	22 (88)	2 (17)	46.53 (4.52–478.79)	.001

CI = confidence interval; OR = odds ratio; QTc = corrected QT interval; SQTS = short QT syndrome. Models were adjusted for gender and age.

**Table 3** ECG parameters for study cohorts with short QT interval

	Patients with SQTS	Subjects with short QTc	OR (95% CI)	P value
QT <sub>peak</sub> (ms)	211 ± 37	222 ± 19	0.99 (0.98–1.01)	.37
Corrected QT <sub>peak</sub>	226 ± 32	234 ± 24	0.99 (0.98–1.01)	.56
T <sub>peak</sub> to T <sub>end</sub> (ms)	81 ± 21	67 ± 13	1.08 (1.03–1.13)	<.001
Corrected T <sub>peak</sub> to T <sub>end</sub>	89 ± 28	72 ± 17	1.05 (1.02–1.09)	.002
QT <sub>peak</sub> /QT ratio (%)	27 ± 6	22 ± 4	0.83 (0.73–0.94)	.004

Models were adjusted for gender and age.

CI = confidence interval; OR = odds ratio; QTc = corrected QT interval; SQTS = short QT syndrome.

provides evidence that increased transmural dispersion of repolarization under short QT interval conditions results in ventricular tachyarrhythmia.<sup>38</sup> A tall peaked T wave is one of the characteristic ECG abnormalities in SQTS,<sup>1</sup> but the amplitude of the T wave is not different between patients with SQTS and subjects with short QT interval and no arrhythmic events, suggesting that a tall T wave is associated with a short QT interval but is not associated with arrhythmogenicity.<sup>26</sup> In SQTS, characteristic ECG abnormalities are also found in the early repolarization phase. In patients with SQTS, the ECG shows a very short J-point to T-wave peak interval and no flat ST segment.<sup>26</sup> In our study, early repolarization was frequently found in SQTS and was associated with arrhythmic events. Whether the inferolateral J-point elevation reflects late depolarization or early repolarization is controversial, but this pattern has been considered repolarization because of slower inscription, spontaneous changes occurring concurrently with ST segment but not with QRS complexes, and absence of late potentials on signal-averaged ECG.<sup>9,40</sup> Taken together, the finding suggest that abnormalities in the early phase of repolarization create the arrhythmogenic substrate in SQTS.

Sex hormone and gender difference have an important role in the arrhythmia syndromes.<sup>41–43</sup> It is well known that the QT interval is affected by sex hormones, and the QT interval is longer in women than men.<sup>44</sup> Female gender is a risk factor for development of ventricular tachyarrhythmias in both congenital and acquired long QT syndrome.<sup>41,42</sup> On the other hand, Brugada syndrome is more prevalent in men than in women, and the male hormone testosterone is reported to contribute to male predominance in Brugada syndrome.<sup>43</sup> In this study, male gender was associated with arrhythmic events in SQTS and short QT interval was frequently found in men, suggesting a role of sex hormones in SQTS opposite to that in long QT syndrome. Recent evidence that the QT interval can be shortened by anabolic androgenic steroids and testosterone further supports this hypothesis.<sup>45,46</sup>

SQTS is a genetically heterogeneous disease with five responsible genes encoding ion channels: *KCNQ1*, *KCNH2*, *KCNJ2*, *CACNA2D1*, and *CACNB2b*.<sup>3,4</sup> An increase in outward current by gain-of-function mutations in potassium channels or a decrease in inward current by loss of function mutations in calcium channels may be responsible for SQTS.<sup>3,4</sup> Early repolarization was found in patients with mutations in *KCNQ1* and *KCNH2* and in those without

mutations in the known genes, suggesting a heterogeneous genetic background for the association between short QT interval and early repolarization. To date, mutations in calcium channel genes (*CACNA2D1* and *CACNB2b*) have been identified in three probands with Brugada syndrome associated with a short QT interval, but early repolarization is not present in the inferolateral leads in any of them.<sup>4</sup> A recent study has identified a mutation in *KCNJ8*, an initial responsible gene for idiopathic ventricular fibrillation associated with early repolarization.<sup>17</sup> Although there are some similarities in phenotype between SQTS and idiopathic ventricular fibrillation with early repolarization, a common genetic background has not been identified.

## Conclusion

Our study showed a high prevalence of early repolarization in patients with SQTS and an association of early repolarization with arrhythmic events. Early repolarization may be a useful marker for risk stratification of cardiac arrest in SQTS, although further investigation with longitudinal follow-up is required to evaluate our results.

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# KCNE2 modulation of Kv4.3 current and its potential role in fatal rhythm disorders

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**BACKGROUND** The transient outward current  $I_{to}$  is of critical importance in regulating myocardial electrical properties during the very early phase of the action potential. The auxiliary  $\beta$  subunit KCNE2 recently was shown to modulate  $I_{to}$ .

**OBJECTIVE** The purpose of this study was to examine the contributions of KCNE2 and its two published variants (M54T, I57T) to  $I_{to}$ .

**METHODS** The functional interaction between Kv4.3 ( $\alpha$  subunit of human  $I_{to1}$ ) and wild-type (WT), M54T, and I57T KCNE2, expressed in a heterologous cell line, was studied using patch-clamp techniques.

**RESULTS** Compared to expression of Kv4.3 alone, co-expression of WT KCNE2 significantly reduced peak current density, slowed the rate of inactivation, and caused a positive shift of voltage dependence of steady-state inactivation curve. These modifications rendered Kv4.3 channels more similar to native cardiac  $I_{to}$ . Both M54T and I57T

variants significantly increased  $I_{to}$  current density and slowed the inactivation rate compared with WT KCNE2. Moreover, both variants accelerated the recovery from inactivation.

**CONCLUSION** The study results suggest that KCNE2 plays a critical role in the normal function of the native  $I_{to}$  channel complex in human heart and that M54T and I57T variants lead to a gain of function of  $I_{to}$ , which may contribute to generating potential arrhythmogeneity and pathogenesis for inherited fatal rhythm disorders.

**KEYWORDS** Cardiac arrhythmia; M54T variation; I57T variation; KCNE2; Kv4.3; Sudden cardiac death

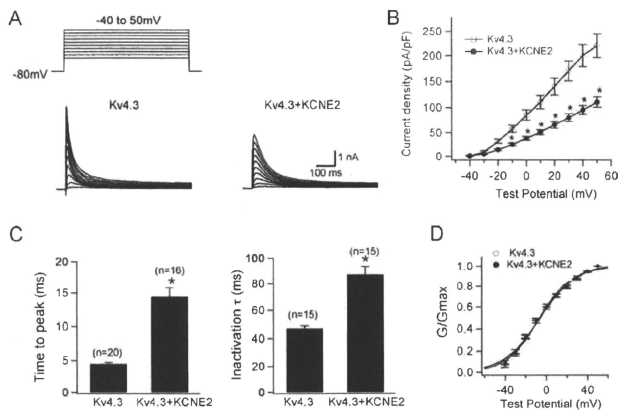
**ABBREVIATIONS** CHO = Chinese hamster ovary; HERG = human ether-a-go-go related gene; WT = wild type

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## Introduction

Classic voltage-gated  $K^+$  channels consist of four pore-forming ( $\alpha$ ) subunits that contain the voltage sensor and ion selectivity filter<sup>1,2</sup> and accessory regulating ( $\beta$ ) subunits.<sup>3</sup> KCNE family genes encode several kinds of  $\beta$  subunits consisting of single transmembrane-domain peptides that co-assemble with  $\alpha$  subunits to modulate ion selectivity, gating kinetics, second messenger regulation, and the pharmacology of  $K^+$  channels. Association of the KCNE1 product minK with the  $\alpha$  subunit Kv7.1 encoding KCNQ1 forms the slowly activating delayed rectifier  $K^+$  current  $I_{Kr}$  in the heart.<sup>4,5</sup> In contrast, association of the KCNE2 product MiRP1 with the human ether-a-go-go related gene (HERG) forms the cardiac rapid delayed rectifier  $K^+$  current  $I_{Kr}$ .<sup>6</sup>

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**Figure 1** *KCNE2* co-expression with *Kv4.3* produces smaller  $I_{oo}$ -like currents with slower activation/inactivation kinetics. **A:** Representative current traces recorded from Chinese hamster ovary (CHO) cells expressing *Kv4.3* (left) and *Kv4.3 + KCNE2* (right). As shown in the inset in panel A, depolarizing step pulses of 1-second duration were introduced from a holding potential of  $-80$  mV to potentials ranging from  $-40$  to  $+50$  mV in 10-mV increments. **B:** Current-voltage relationship curve showing peak current densities in the absence and presence of co-transfected *KCNE2* ( $P < .05$  vs *Kv4.3*). **C:** Bar graphs showing the kinetic properties of reconstituted channel currents: time to peak of activation course (left) and inactivation time constants (right) measured using test potential to  $+20$  mV ( $P < .05$  vs *Kv4.3*). Numbers in parentheses indicate numbers of experiments. **D:** Normalized conductance-voltage relationship for peak outward current of *Kv4.3* and *Kv4.3 + KCNE2* channels.

Abbott et al reported that three *KCNE2* variants (Q9E, M54T, I57T) caused a loss of function in  $I_{Kv}$  and thereby were associated with the congenital or drug-induced long QT syndrome.<sup>6,7</sup> However, the reported QTc values in two index patients with M54T and I57T variants, both located in the transmembrane segment of MiRP1, were only mildly prolonged (390–500 ms and 470 ms).<sup>6</sup> We recently identified the same missense *KCNE2* variant, I57T, in which isoleucine was replaced by threonine at codon 57, in three unrelated probands showing a Brugada type 1 ECG. These findings are difficult to explain on the basis of a loss of function in  $I_{Kv}$ , thus leading us to explore other mechanisms.

Recent studies have demonstrated that interaction between  $\alpha$  and  $\beta$  subunits (*KCNES*) of voltage-gated  $K^+$  channel is more promiscuous; for example, MiRP1 has been shown to interact with *Kv7.1*,<sup>8–10</sup> *HCN1*,<sup>11</sup> *Kv2.1*,<sup>12</sup> and *Kv4.2*.<sup>13</sup> These studies suggest that MiRP1 may also co-associate with *Kv4.3* and contribute to the function of transient outward current ( $I_{to}$ ) channels.<sup>14</sup> Indeed, a recent study reported that  $I_{to}$  is diminished in *kcnk2* ( $-/-$ ) mice.<sup>15</sup>

In the human heart,  $I_{to}$  currents are of critical importance in regulating myocardial electrical properties during the very early phase of the action potential and are thought to be central to the pathogenesis of Brugada-type ECG manifestations.<sup>16</sup> Antzelevitch et al demonstrated that a gain of function in  $I_{to}$  secondary to a mutation in *KCNK3* contributes to a Brugada phenotype by interacting with *Kv4.3* and thereby promoting arrhythmogenicity.<sup>14</sup>

We hypothesized that mutations in *KCNE2* may have similar actions and characterize the functional consequences of interaction of wild-type (WT) and two mutant (I57T, M54T) MiRP1 with *Kv4.3*<sup>17,18</sup> using heterologous co-expression of these  $\alpha$  and  $\beta$  subunits in Chinese hamster ovary (CHO) cells.

## Methods

### Heterologous expression of hKv4.3 and $\beta$ subunits in CHO cells

Full-length cDNA fragment of *KCNE2* in pCR3.1 vector<sup>19</sup> was subcloned into pIRES-CD8 vector. This expression vector is useful in cell selection for later electrophysiologic study (see below). Two *KCNE2* mutants (M54T, I57T) were constructed using a Quick Change II XL site-directed mutagenesis kit according to the manufacturer's instructions (Stratagene, La Jolla, CA, USA) and subcloned to the same vector. Two *KCNE2* mutants were fully sequenced (AB13100x, Applied Biosystems, Foster City, CA, USA) to ensure fidelity. Full-length cDNA encoding the short isoform of human *Kv4.3* subcloned into the pIRES-GFP (Clontech, Palo Alto, CA, USA) expression vector was kindly provided by Dr. G.F. Tomaselli (Johns Hopkins University). Full-length cDNA encoding Kv channel-interacting protein (*KCNIP2*) subcloned into the PCMV-IRS expression vector was a kind gift from Dr. G.-N. Tseng (Virginia Commonwealth University). *KCNK3* was transiently transfected into CHO cells together with *KCNE2* (or M54T or I57T) cDNA at equimolar ratio (*KCNK3* 1.5  $\mu$ g,

**Table 1** Effects of *KCNE2* on Kv4.3 and Kv4.3 + KChIP2b

Parameter	Kv4.3	Kv4.3 <i>KCNE2</i>	Kv4.3 KChIP2b	Kv4.3 KChIP2b <i>KCNE2</i>
Current density at +20 mV (pA/pF)	142.0 ± 16.0 (n = 12)	66.0 ± 6.6* (n = 12)	191.5 ± 33.8 (n = 15)	77.8 ± 5.9† (n = 20)
Steady-state activation ( $V_{0.5}$ in mV)	-6.5 ± 2.1 (n = 9)	-5.5 ± 1.7 (n = 11)	-7.5 ± 1.7 (n = 8)	-7.4 ± 1.4 (n = 8)
Steady-state inactivation ( $V_{0.5}$ in mV)	-46.0 ± 1.3 (n = 10)	-40.8 ± 1.7* (n = 8)	-49.8 ± 1.4 (n = 7)	-44.5 ± 1.9† (n = 7)
$\tau$ of inactivation at +20 mV ( $\tau_{inact}$ in ms)	47.3 ± 2.0 (n = 15)	87.2 ± 6.2* (n = 15)	47.5 ± 2.2 (n = 15)	66.6 ± 3.5† (n = 15)
Time to peak at +50 mV (TTP in ms)	4.5 ± 0.2 (n = 20)	14.4 ± 1.4* (n = 16)	4.1 ± 0.2 (n = 15)	6.1 ± 0.5† (n = 21)
$\tau$ of recovery from inactivation (ms)	419.6 ± 18.8 (n = 6)	485.6 ± 74.8 (n = 6)	89.2 ± 5.3 (n = 6)	60.2 ± 6.9† (n = 6)

\*Significantly different from Kv4.3.

†Significantly different from Kv4.3 + KChIP2b.

*KCNE2* 1.5  $\mu$ g) using Lipofectamine (Invitrogen Life Technologies, Carlsbad, CA, USA) according to the manufacturer's instructions. In one set of experiments, we also co-transfected equimolar levels of KChIP2b (*KCND3* 1.5  $\mu$ g, *KCNE2* 1.5  $\mu$ g, *KCNIP2* 1.5  $\mu$ g). The transfected cells were then cultured in Ham's F-12 medium (Nakalai Tesque, Inc., Kyoto, Japan) supplemented with 10% fetal bovine serum (JRH Biosciences, Inc., Lenexa, KS, USA) and antibiotics (100 international units per milliliter penicillin and 100  $\mu$ g/mL streptomycin) in a humidified incubator gassed with 5%  $CO_2$  and 95% air at 37°C. The cultures were passaged every 4 to 5 days using a brief trypsin-EDTA treatment. The trypsin-EDTA treated cells were seeded onto glass coverslips in a Petri dish for later patch-clamp experiments.

### Electrophysiologic recordings and data analysis

After 48 hours of transfection, a coverslip with cells was transferred to a 0.5-mL bath chamber at 25°C on an inverted microscope stage and perfused at 1 to 2 mL/min with extracellular solution containing the following (in mM): 140 NaCl, 5.4 KCl, 1.8  $CaCl_2$ , 0.5  $MgCl_2$ , 0.33  $NaH_2PO_4$ , 5.5 glucose, and 5.0 HEPES; pH 7.4 with NaOH. Cells that emitted green fluorescence were chosen for patch-clamp experiments. If co-expressed with *KCNE2* (or its mutants), the cells were incubated with polystyrene microbeads precoated with anti-CD8 antibody (Dyna beads M450, Dynal, Norway) for 15 minutes. In these cases, cells that emitted green fluorescence and had attached beads were chosen for electrophysiologic recording. Whole-cell membrane currents were recorded with an EPC-8 patch-clamp amplifier (HEKA, Lambrecht, Germany), and data were low-pass filtered at 1 kHz, acquired at 5 kHz through an LH-1600 analog-to-digital converter (HEKA), and stored on hard disk using PulseFit software (HEKA). Patch pipettes were fabricated from borosilicate glass capillaries (Narishige, Tokyo, Japan) using a horizontal microelectrode puller (P-97, Sutter Instruments, Novato, CA, USA) and the pipette tips fire-polished using a microforge. Patch pipettes had a resis-

tance of 2.5 to 5.0 M $\Omega$  when filled with the following pipette solution (in mM): 70 potassium aspartate, 50 KCl, 10  $KH_2PO_4$ , 1  $MgSO_4$ , 3  $Na_2$ -ATP (Sigma, Japan, Tokyo), 0.1  $Li_2$ -GTP (Roche Diagnostics GmbH, Mannheim, Germany), 5 EGTA, and 5 HEPES (pH 7.2).

Cell membrane capacitance ( $C_m$ ) was calculated from 5 mV-hyperpolarizing and depolarizing steps (20 ms) applied from a holding potential of -80 mV according to Equation 1<sup>19</sup>:

$$C_m = \tau_c I_0 / \Delta V_m (1 - I_\infty / I_0), \quad (1)$$

where  $\tau_c$  = time constant of capacitance current relaxation,  $I_0$  = initial peak current amplitude,  $\Delta V_m$  = amplitude of voltage step, and  $I_\infty$  = steady-state current value. Whole-cell currents were elicited by a family of depolarizing voltage steps from a holding potential of -80 mV. The difference between the peak current amplitude and the current at the end of a test pulse (1-second duration) was referred to as the transient outward current. To control for cell size variability, currents were expressed as densities (pA/pF).

Steady-state activation curves were obtained by plotting the normalized conductance as a function of peak outward potentials. Steady-state inactivation curves were generated by a standard two-pulse protocol with a conditioning pulse of 500-ms duration and obtained by plotting the normalized current as a function of the test potential. Steady-state inactivation/activation kinetics were fitted to the following Boltzmann equation (Eq. 2):

$$Y(V) = 1 / (1 + \exp[(V_{1/2} - V)/k]), \quad (2)$$

where  $Y$  = normalized conductance or current,  $V_{1/2}$  = potential for half-maximal inactivation or activation, respectively, and  $k$  = slope factor.

Data relative to inactivation time constants, time to peak, and mean current levels were obtained by using current data recorded at +50 mV or +20 mV. Recovery from inactivation was assessed by a standard paired-pulse protocol: a 400-ms test pulse to +50 mV (P1) followed by a variable