

Figure 1 Error in CMRO<sub>2</sub> values due to errors in (A) k, (B)  $\Delta t$ , (C)  $k_w$ , and (D) p for assumed human, pig, monkey and rat. The same type of line indicates the same species. The percentage differences in the CMRO2 values from the assumed true values (Table 1) were plotted as a function of the simulated value of k.  $\Delta t$ ,  $k_w$ , and p.

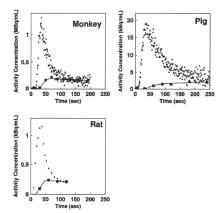


Figure 2 Representative comparison of the measured arterial whole blood and RW time activity curves for monkey, pig, and rat. Closed triangles and closed circles represent the measured whole blood and RW time activity curves, respectively. Estimated time activity curves by 4PF approach were also plotted in a solid line, and indicated a good agreement with the measured one.

optimized calibration protocol, k values were in a good agreement between 4PF and 1PF approaches. As shown in Figure 3, the regression analysis

showed significant correlation for 21 animals including 6 monkeys, 3 pigs, and 12 rats (P < 0.001), and there was no significant difference between the two variables. Figure 4 shows that k values calculated by the 1PF approach (at an optimized time) were in a good agreement with those calculated with the BMRO<sub>2</sub>. Namely, the regression analysis showed significant correlation (P < 0.001, n = 16) and also that there was no significant difference between the two variables. Note that, in the CMRO2 calculation by BMRO<sub>2</sub>, k values were normalized according to the regression line shown in Figure 4. It should also be noted that calculated CMRO2 values at the baseline shown in Table 3 were not significantly different among the four techniques. The average (±s.d.) OEF of obtained were  $0.53 \pm 0.08$ .  $0.52 \pm 0.09$ ,  $0.54 \pm 0.08$ ,  $0.54 \pm 0.09$ , and  $0.56 \pm 0.04$ from A-V difference, directly RW measured approach, 4PF, 1PF, and BM approaches, respectively. The Bland-Altman analysis of OEF between from A-V difference and from others showed small over/underestimation, that is., with bias  $\pm$  s.d. of  $-0.02 \pm 0.09$ ,  $0.01 \pm 0.07$ ,  $0.01 \pm 0.08$ , and 0.02 ± 0.09, by direct RW, 4PF, 1PF, and BM approaches, respectively. Neither of the current methods (direct RW, 4PF, 1PF, and BM) was significantly different from A-V difference approach.

# Discussion

Our study showed that the mathematical formula based on the physiologic model that reproduced the time-dependent concentration of RW in the arterial blood after a short-period inhalation of 15O2 is indeed adequate. Our approach also simplified the procedures for sequential assessment of RW in 15O2 inhalation PET studies, although previous approaches required frequent blood samples and centrifuges of each arterial blood sample. The present approach is an extension of a previous study by Iida et al (1993) and Huang et al (1991). It is essential if one intends to apply the rapid 15O2 PET technique (Kudomi et al, 2005) to pharmacologic and physiologic stress studies on a wide range of species. Because the PET acquisition period can be prolonged >3 mins, statistical accuracy can be significantly improved as compared with Ohta et al (1992) and other researchers (Fujita et al, 1999; Vafaee and Gjedde, 2000; Okazawa et al, 2001a, b; Yamauchi et al, 2003; Mintun et al, 2002), under which to avoid effects of RW, the data acquisition period was limited only to <3 mins (Meyer et al, 1987; Ohta et al, 1992).

The present RW formula consists of three rate parameters of the production rate of RW in the arterial blood (k), and the forward and backward diffusion rate constants of RW between the blood and the peripheral tissues. The k was presumed to correspond to the oxygen metabolism in the total body system, BMRO2, and was in fact shown to be



**Table 2** Averaged values of k,  $\Delta t$ ,  $k_w$ , and p for monkeys, pigs, rat, and human subjects under baseline condition

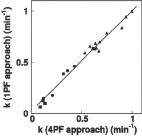
	Weight (kg)	k (per min)	∆t (secs)	$k_w$ (per min)	р
Monkey Pig Rat	$5.2 \pm 0.8^{a}$ $38 \pm 9^{a}$ $0.30 \pm 0.054^{a}$	$\begin{array}{c} 0.34 \pm 0.16^a \\ 0.11 \pm 0.02^{a,b} \\ 0.73 \pm 0.16^a \end{array}$	$4.5 \pm 1.4^{a}$ $10.8 \pm 1.8^{a}$ $2.9 \pm 1.7^{a}$	$0.98 \pm 0.48$ $0.83 \pm 0.19$ $0.87 \pm 0.30$	$0.98 \pm 0.30$ $1.01 \pm 0.26$ $0.83 \pm 0.32$
Human	$58 \pm 10^{a}$	$0.129 \pm 0.023^{a,b}$	_	_ , , , ,	_

Monkey: n = 6; pig: n = 3; rat: n = 12; and human: n = 231. Measured values were obtained by 4PF for monkey, pig, rats, whereas those for human were obtained using data in a steady-state method.

Table 3 Values of k and CMRO<sub>2</sub> in the whole brain region for monkeys under physiologically baseline and stimulated conditions

ID	Condition	k (per min)			CMRO <sub>2</sub> (mL/min per 100 g)			
		4PF	1PF	BMRO <sub>2</sub>	Reference	4PF	1PF	BMRO <sub>2</sub>
1	BL	0.36	0.42	_	3.7	3.7	3.6	_
2	BL	0.62	0.66	1.24	3.0	3.3	3.4	3.4
3	BL	0.32	0.39	0.83	3.0	3.1	3.0	2.9
	(Dose of propofol)							
4	BL	0.21	0.18	0.55	2.0	2.0	2.0	1.8
	8 mg/kg/h	_	0.30	0.69	_	_		_
	12 mg/kg/h	_	0.23	0.52	_	_	_	_
	16 mg/kg/h	_	0.16	0.40	_	_	_	· —
5	BL	0.12	0.15	0.31	2.1	2.1	2.0	1.8
	5 mg/kg/h	_	0.15	0.32	_	_	_	_
	7 mg/kg/h	_	0.16	0.35	_	_	_	
	10 mg/kg/h	_	0.18	0.36	_	_	_	-
	15 mg/kg/h	_	0.071	0.29	_	_	_	_
	(PaCO <sub>2</sub> level)							
6	BL	0.43	0.46	0.95	2.8	3.1	3.0	3.3
	47 mm Hg	_	0.20	0.64	_	_	_	_
	33 mm Hg	-	0.21	0.46	_	_	-	_
	26 mm Hg	_	0.14	0.28	_	_	_	_
	42 mm Hg	_	0.33	0.82	_	_	_	_

4PF, four parameters fitting: 1PF, one parameter fitting: BMRO<sub>2</sub>, total body metabolic rate of oxygen; BL, baseline condition. Reference: RW TAC was obtained using measured RW data at a baseline condition in all monkeys (n = 6). No statistically significant differences were found in CMRO<sub>2</sub> between reference and other techniques.



**Figure 3** Comparison of the production rates of RW (k, per min) obtained by 4PF and those by 1PF. Squares, circles, and triangles correspond to pigs, monkeys, and rats, respectively. The regression line was y = 0.97x + 0.026 (per min) (r = 0.98).

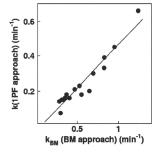


Figure 4 Comparison of the production rates of RW obtained by BM approach and those by 1PF approach in five monkeys at various anesthetic and  $PaCO_2$  levels. The regression line was y=0.50x-0.034 (per min) (r=0.95).

<sup>&</sup>lt;sup>a</sup>Denotes P < 0.001 for other species.

<sup>&</sup>lt;sup>b</sup>Denotes that the difference was not significant in k between pig and human subjects.



significantly correlated to BMRO<sub>2</sub>, as measured from the trachea gas sampling (Figure 4). The latter two parameters  $(k_w \text{ and } p)$  appeared to be consistent and did not differ across various species (Table 2). Also, change in those parameters was less sensitive in CMRO<sub>2</sub> (Figure 1). These findings suggest that the production of RW after inhalation of <sup>15</sup>O<sub>2</sub> could be described only by a single parameter of k, as shown in Figure 3, although further studies are required to validate this because the method was only tested in a group with small number of subjects of particular physiologic situation (under anesthesia) and has not been applied to different populations. It is also important to note that this parameter (k) estimated from the BMRO2 (i.e., BM approach) provided CMRO2, which was consistent with the trachea gas samplings shown in Figure 4, and that the obtained OEF values by the approaches of 4PF, 1PF, and BM applied in the present study were not significantly different to that by A-V difference approach as revealed by Bland-Altman analysis.

The simulation study also showed that the most sensitive parameter in CMRO<sub>2</sub> was the RW production rate constant, k, followed by  $\Delta t$ . It was therefore suggested that k could be determined with a single blood sampling procedure using the 1PF approach, in which other parameter values were determined and fixed from results from the 4PF approach. It was further showed that k could be obtained from the BM approach as determined from oxygen concentration in the expiration gas. Both 1PF and BM approaches appeared to be robustly useful in  $^{16}\mathrm{O}_2$  PET for assessing quantitative CMRO<sub>2</sub> and CBF in clinical studies.

It is important to note that k varies significantly depending on the physiologic status even in the same species, as seen in Figure 4. According to the simulation study in Figure 1, this variation causes nonnegligible errors in CMRO<sub>2</sub>, if a constant k is used. Changes in k from 0.1 to 0.6 per min causes errors in CMRO<sub>2</sub> of ±30% in anesthetized monkeys. Results from clinical studies, however, showed the variation in k being less. As shown in Table 2, k for clinical patients was 0.129 ± 0.023 per min, and the coefficient of variation was approximately 18%. Previous work by Huang et al (1991) also showed similar value with comparable variations, namely  $0.131 \pm 0.026$  per min in six human subjects. These variations caused only ±5% errors in CMRO2, according to the simulation shown in Figure 1. The small variation in k in clinical patients is attributed to the fact that all subjects were studied at a relatively stable condition without physiologic stimulation. However, careful attention is needed if one intends to scan the patients whose whole-body oxygen metabolism is largely changed from the baseline condition. For example, during several pharmacologically stressed (Wessen et al, 1997; Kaisti et al, 2003), exercise-induced physically stressed, and hyper- or hypothermia (Sakoh and Gjedde, 2003) conditions.

The simulation also showed that size of errors in CMRO2 increased in smaller animals, where the value of k was larger. Recently, CMRO2 as well as CBF have been measured in rats using a small animal PET scanner (Magata et al, 2003; Yee et al, 2006). Magata et al performed multiple blood samplings and plasma separation for multiple blood samples to estimate the RW in their experiment involving rats. The procedures were crucial, but have caused serious alterations of physiologic condition in heart pressure and heart rate due to large amount of blood samples for small animals. Our proposed simplified technique for estimating RW from a single blood sample or from BMRO2, is essential for small animals to be able to maintain the physiologic status. The calculation of CMRO2 also requires whole blood arterial TAC, which can be obtained from arterial blood samplings and could change the physiologic condition. However, such blood sampling could also be avoided by an arterial-venous bypass (Weber et al, 2002; Laforest et al. 2005), by placing a probe in femoral artery (Pain et al, 2004), or by a noninvasive method (Yee et al, 2006).

Mintun et al (1984) has proposed a simple procedure for RW correction based on a linear interpolation for the bolus <sup>15</sup>O<sub>2</sub> inhalation 60-secs PET scan. As shown in Figure 2, the RW curve is not linear particularly in smaller animals, and a systematic error may be caused or scan duration is limited. Ohta et al (1992) and other investigators (Ohta et al, 1992; Fujita et al, 1999; Vafaee and Gjedde, 2000; Okazawa et al, 2001a, b; Yamauchi et al, 2003; Mintun et al, 2002), however, have used a technique which does not take into account the RW contribution. Only initial short-period data, namely the 3 mins after the bolus inhalation of <sup>15</sup>O<sub>2</sub>, were used in their approach, and thus estimated parameters suffered from statistical uncertainties. The present methodology to estimate RW in the arterial blood allows the prolongation of a PET acquisition period. The technique can also be applicable to the recently proposed sequential administration protocol of 15O2 followed by H25O to estimate CMRO2 and CBF simultaneously from a single session of a PET scan (Kudomi et al, 2005). This protocol, however, required a separation of a RW TAC from the whole blood TAC as showed recently (Kudomi et al, 2007).

The  $k_{\rm BM}$  determined from the total body oxygen metabolism, namely the BM approach, was significantly greater than k obtained by the 4PF or the 1PF approach, by a factor 2, as shown in Figure 4. The reason is not clear, but partly attributed to the limitation of the simplified model. The body system consists of various organs which have different oxygen metabolism along with different circulation systems and with transit times. It is well known that the apparent rate constant defined with a simplified compartmental model could be underestimated as compared with an average of true rate constants, known as heterogeneity effects (lida et al, 1989; Aston et al, 2002). This is, however, not essential.



Simply, linear correction could be applied to convert to the apparent k value as has been performed in this study. CMRO<sub>2</sub> values calculated using BM approach for the RW separation, were in good agreement with those determined with the direct measurement of RW as shown in Table 3.

The current method with modeling approach and simplified procedure provided consistent results in terms of time-dependent RW component, and consequently metabolic product of 15O2 was separated from arterial whole blood for the CMRO2 assessment in PET examination. The modeling approach to separate metabolite from authentic tracer has been showed previously for 6-[18F]fluoro-L-dopa study (fdopa) (Huang et al, 1991). We expect that the modeling approach in conjunction with the simplified method showed in our study could be applied for various kinds of tracers, which require the separation of metabolic product such as fdopa. This approach enables us to assess parametric images for those tracers by eliminating the laborious procedures and by avoiding the amount of blood samplings, particularly for smaller animals.

In conclusion, the present RW model was feasible to reproduce RW TAC from a whole radioactivity concentration curve obtained after <sup>15</sup>O<sub>2</sub> inhalation, and for a wide range of species. The simplified procedure to predict the RW TAC is of use to calculate CMRO<sub>2</sub> in smaller animals as well as clinical patients.

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#### ORIGINAL ARTICLE

# Parametric renal blood flow imaging using $[^{15}O]H_2O$ and PET

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#### Abstract

Purpose The quantitative assessment of renal blood flow (RBF) may help to understand the physiological basis of kidney function and allow an evaluation of pathophysiological events leading to vascular damage, such as renal arterial stenosis and chronic allograft nephropathy. The RBF may be quantified using PET with  $H_2^{-15}O$ , although RBF studies that have been performed without theoretical evaluation have assumed the partition coefficient of water  $(p, \, \text{ml/g})$  to be uniform over the whole region of renal tissue, and/or radioactivity from the vascular space  $(V_A, \, \text{ml/ml})$  to be negligible. The aim of this study was to develop a method for calculating parametric images of RBF  $(K_1, \, k_2)$  as well as  $V_A$  without fixing the partition coefficient by the basis function method (BFM).

Methods The feasibility was tested in healthy subjects. A simulation study was performed to evaluate error sensitivities for possible error sources.

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P. Iozzo Institute of Clinical Physiology, National Research Council, 56100 Pisa, Italy Results The experimental study showed that the quantitative accuracy of the present method was consistent with nonlinear least-squares fitting, i.e.  $K_{1,\mathrm{BFM}}{=}0.93K_{1}$ ,  $_{\mathrm{NLF}}{=}0.11$  ml/min/g ( $r{=}0.80$ ,  $p{<}0.001$ ),  $k_{2,\mathrm{BFM}}{=}0.96k_{2}$ ,  $_{\mathrm{NLF}}{=}0.13$  ml/min/g ( $r{=}0.77$ ,  $p{<}0.001$ ), and  $V_{\mathrm{A},\mathrm{BFM}}{=}0.92V_{\mathrm{A,NLF}}{=}0.00$  ml/ml ( $r{=}0.97$ ,  $p{<}0.001$ ). Values of the Akaike information criterion from this fitting were the smallest for all subjects except two. The quality of parametric images obtained was acceptable.

Conclusion The simulation study suggested that delay and dispersion time constants should be estimated within an accuracy of 2 s.  $V_{\rm A}$  and p cannot be neglected or fixed, and reliable measurement of even relative RBF values requires that  $V_{\rm A}$  is fitted. This study showed the feasibility of measurement of RBF using PET with  ${\rm H_2}^{15}{\rm O}$ .

**Keywords** Positron emission tomography · Renal blood flow · Compartment model · Parametric image

# Introduction

The quantitative assessment of renal blood flow (RBF) may help to understand the pathophysiological basis of kidney function and to evaluate pathophysiological events leading to vascular damage, such as renal arterial stenosis and chronic allograft nephropathy. The quantitative estimation of RBF by the use of  $\rm H_2^{-15}O$  and dynamic PET has been developed and demonstrated by Nitzsche et al. [1]. The kinetic model of  $\rm H_2^{-15}O$  is based on the assumptions that all activity is extracted by the parenchyma, extraction is very rapid, and tubular transport has not started or is insignificant at a level that does not influence the calculation of RBF [1–5]. With these assumptions, RBF has been estimated based on regions of interest (ROI) by the  $\rm H_2^{15}O$ 



dynamic PET approach [1, 3, 4]. Also, calculations to produce parametric images of RBF has been reported [5]. However, the quantitative computation of RBF has so far assumed that the blood/tissue partition coefficient of water (p, ml/g) is uniform for the whole region of renal tissue [3, 4], and/or that the contribution of radioactivity from the vascular space is negligible [5–7]. The influence on quantitative accuracy of these assumptions is unknown.

In previous studies RBF has been computed from the uptake rate  $(K_1, \text{ ml/min/g})$  [1-7]. Some studies also simultaneously computed the partition coefficient (p) [6, 7], and the apparent p values obtained ranged between 0.52 and 0.78 ml/g. From the published values of water content for tissue (76%) and blood (81%) [8], the p value can be physiologically determined as: pphys=0.94 ml/g [9]. The much smaller apparent p value might be due to the tissue mixture (or a partial volume effect) [10, 11] because of the composite structure of the kidney. The effects of the tissue mixture affect mostly  $K_1$  and not clearance rate ( $k_2$  $min^{-1}$ ). Therefore the clearance rate of  $H_2^{15}O$  ( $k_2 min^{-1}$ ) multiplied by  $p_{phys}$  could be used for the calculation of blood flow rather than  $K_1$  (ml/min/g) [11] when the effect of the tissue mixture is not negligible, although it is unknown how the glomerular filtration rate (GFR) additionally contribute to  $k_2$ . Thus, the influence of GFR on  $k_2$  should be evaluated and allowed for in the computation of RBF.

The aim of this study was to develop a method to simultaneously calculate parametric images of  $K_1$  and  $k_2$  as well as the arterial blood volume ( $V_A$ , ml/ml). The feasibility in terms of quantitative accuracy and image quality of calculated images was experimentally tested in healthy subjects. GFR was measured in each subject to investigate how much it contributes to the clearance rate ( $k_2$ , min<sup>-1</sup>). A simulation study was also performed to evaluate error sensitivities for possible error sources.

#### Materials and methods

#### Theory

The present formula was characterized by simultaneously estimating multiple parameters of uptake rate constant  $(K_1, \text{ml/min/g})$  and clearance rate constant  $(k_2 \text{ml/g})$  as well as activity concentration in the arterial vascular space  $(V_A, \text{ml/ml})$ . The kinetic model for  $H_2^{-15}O$  was based on a single-tissue compartment model as follows:

$$Ci(t) = (1 - V_A) \cdot K_1 \cdot A_w(t) \otimes e^{-k2 \cdot t} + V_A \cdot A_w(t) \tag{1}$$

where Ci(t) (Bq/ml) is radioactivity concentration in a voxel of PET image,  $A_{\rm w}(t)$  (Bq/ml) is the arterial input function, and  $\otimes$  indicates the convolution integral.

In the present computation, we applied a basis function method (BFM) as introduced by Koeppe et al. [12] to compute the cerebral blood flow parametric image as well as the clearance rate constant simultaneously. Gunn et al. [13] applied this method to parametric imaging of both binding potential and the delivery of ligand relative to the reference region. The computation method has also been applied to myocardial blood flow studies to compute the uptake, clearance rates and blood volume [14, 15]. The BFM procedure for the present RBF computation is illustrated in Fig. 1. The BFM method enables parametric images to be computed by using linear least squares together with a discrete range of basis functions as the parameter value for k2 incorporating the nonlinearity and covering the expected physiological range. The corresponding basis functions formed are:

$$F(k_2, t) = A_w(t) \otimes e^{-k2 \cdot t} \tag{2}$$

For a physiologically reasonable range of  $k_2$ , i.e.  $0 < k_2 < 15.0$  ml/min/g, 1,500 discrete values for  $k_2$  were found to

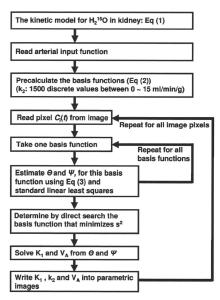


Fig. 1 Schematic diagram of the computation procedure by the BFM

be sufficient. Then Eq. 1 can be transformed for each basis function into a linear equation:

$$Ci(t) = \Theta \cdot F(k_2, t) + \Psi \cdot A_w(t)$$

$$\Theta = (1 - V_A) \cdot K_1$$

$$\Psi = V_A$$
(3)

Hence for fixed values of  $k_2$ , the remaining two parameters  $\Theta$  and  $\Psi$  can be estimated using the given basis function by standard linear least squares, and are represented as  $\Theta_{k2}$  and  $\Psi_{k2}$ . The value  $k_2$  for which the residual sum of squares

$$s(k_2)^2 = \sum (Ci(t) - \Theta_{k2} \cdot F(k_2, t) - \Psi_{k2} \cdot A_w(t))^2$$
 (4)

is minimized is determined by a direct search, and associated parameter values for this solution  $(K_1, k_2, V_A)$  are obtained.

# Subjects

Six healthy human subjects (the demographics are shown in Table 1) were studied under basal conditions and stimulation (after enalapril infusion) conditions. All subjects were nonsmokers and none of them was taking any medication. All subjects gave written informed consent. The study was approved by the Ethics Committee of the Hospital District of South-Western Finland, and was conducted in accordance with the Declaration of Helsinki as revised in 1966.

Table 1 Baseline characteristics of the six subjects studied

Characteristic	Mean±SD
Age (years)	58±5
Plasma creatinine (µmol/l)	85±10
Estimated GFR (ml/min) <sup>a</sup>	78±4
Weight (kg)	82.8±4.5
Body mass index (kg/m <sup>2</sup> )	26.6±2.2
Blood pressure (mmHg)	
Systolic	136±11
Diastolic	82±4
Heart rate (min <sup>-1</sup> )	57±5
Fasting plasma total cholesterol (mmol/l)	5.3±1.0
Fasting plasma high density cholesterol (mmol/l)	1.5±0.4
Fasting plasma triglycerides (mmol/l)	1.2±0.4
Fasting plasma low density cholesterol (mmol/l)	$3.2\pm0.8$
Blood haemoglobin (g/l)	144±12
Fasting plasma glucose (mmol/l)	5.4±0.4

<sup>&</sup>lt;sup>a</sup> Estimated according to the Modification of Diet in Renal Disease study equation.

#### PET experiments

PET was carried out in 2-D mode using a GE Advance scanner (GE Medical Systems, Milwaukee, WI). After a 300-s transmission scan, two scans were undertaken with injection of H<sub>2</sub><sup>15</sup>O (1.0 to 1.5 GBq) into the cephalic vein of the right forearm. The first scan was under resting conditions and the other was under stimulated conditions, namely 20 min after infusion of 0.5 mg enalapril. The scan protocol consisted of 20 frames over a total of 240 s (15×4 s, and 5×10 s). During PET scanning, blood was withdrawn continuously through a catheter inserted into the left radial artery using a peristaltic pump (Scanditronix, Uppsala, Sweden). Radioactivity concentrations in the blood were measured with a BGO coincidence monitor system. The detectors had been cross-calibrated to the PET scanner via an ion chamber [16]. GFR was also measured in each subject [17]. To obtain the PET equivalent flow ratio for GFR, a kidney weight of 300 g and a cortex ratio of 70% were assumed [8].

# Data processing

Dynamic sinogram data were corrected for dead time in each frame in addition to detector normalization. Tomographic images were reconstructed from corrected sinogram data by the OSEM method using a Hann filter with a cut-off frequency of 4.6 mm. Attenuation correction was applied with the transmission data. A reconstructed image consisted  $128\times128\times35$  matrix size with a pixel size of  $4.3\times4.3$  mm and 4.2 mm with 20 frames. Measured arterial blood timeactivity curves (TAC) were calibrated to the PET scanner and corrected for the dispersion ( $\tau=5$  and 2.5 s for intrinsic and extrinsic, respectively) [18] and delay [19]. The corrected blood TAC was used as the input function.

A set of  $K_1$ ,  $k_2$  and  $V_A$  images was generated according to the BFM formula described above, using a set of dynamic reconstructed images and input function. Computations were programmed in C environment (gcc 3.2) on a Sun workstation (Solaris 10 Sun Fire 280R) with 4 GB of memory and two Sparcy9, 900-MHz CPUs.

#### Data analysis

A template ROI obtained by summing whole frames of a reconstructed dynamic image was drawn on an image of the whole region of each kidney (average ROI size for the all subjects was  $153\pm43$  cm³). Also, a ROI was drawn on a region of high tracer accumulation on the summed image as an assumed cortical region. Functional values of  $K_1$ ,  $k_2$  and  $V_A$  were extracted from both ROIs, i.e. for the whole region and the cortical region, respectively. Data re shown individually or as means $\pm$ SD. Student's paired t test was



used for comparisons between the physiological states and p values <0.05 were considered significant.

The ROI for the whole region was divided plane-by-plane into subregions of ten pixels each. The subregions were created by extracting pixels first from the horizontal direction and then from the vertical direction inside the whole ROI in each slice. Each subregion consisted of a single area with the same number of pixels. Functional values of  $K_1$ ,  $k_2$  and  $V_A$  were extracted from each subregion. Tissue TACs were also obtained for each subregion from corresponding dynamic images. The three parameters  $K_1$ ,  $k_2$  and  $V_A$  were estimated using the Eq. 1 and the input function fitted to the tissue TACs by the nonlinear least-squares fitting method (NLF, Gauss-Newton method). Functional values of  $K_1$ ,  $k_2$  and  $V_A$  from corresponding subregions were then compared between the methods. Regression analysis was performed.

The model relevancy introducing p and/or  $V_A$  into the computation was tested using the Akaike Information Criterion (AIC) [20]. The most appropriate model provides the smallest AIC. The tissue TACs from the subregions were fitted and AICs were computed for models with the three parameters  $K_1$ ,  $k_2$  and  $V_A$ , fixing  $p \ (=K_1/k_2)$  at 0.35 ml/g (mean value obtained in the present subjects), fixing  $V_A$  at 0.15 ml/ml (mean value obtained in the present subjects).

# Error analysis in the simulation

Error propagation from errors in the input function for the present BFM formula was analysed for two factors: delay and dispersion in arterial TAC. It is known that the measured arterial TAC is delayed and more dispersed relative to the true input TAC in the kidney because of the time for transit of blood through the peripheral artery and the catheter tube before reaching the detector [18, 19]. Calculations of RBF so far have employed a fixed partition coefficient  $(p, =K_1/k_2, \text{ml/g})$  and/or assumed the blood volume  $(V_A, \text{ml/ml})$  as negligible throughout the whole renal region and do not estimate it regionally. BFM formulae with a fixed value of p (BFM-pfix) and blood volume  $V_A$  (BFM-vfix) in addition to the present BFM formula, and the error in these formulae, were analysed.

A typical arterial input function obtained from the present PET study was used in the present simulation as the true input function. Applying this input function to the water kinetic model in Eq. 1, a tissue TAC was created assuming values for normal kidney tissue ( $K_1$ =2.0 ml/min/g,  $V_A$ =0.14 ml/g [5], and p=0.4 ml/g, corresponding to the estimated means in cortical region in all subjects in this study).

Time in the input function was shifted from -4 to 4 s to simulate the error sensitivity due to the error in the time

delay, where a positive error represents an over-correction of the time delay. The input function was convoluted or deconvoluted with a simple exponential [18] by shifting the time constant from -4 to 4 s to simulate the error sensitivity due to error in dispersion correction, where a negative error represents under-correction, as described previously [18, 21]. Values of  $K_1$  and  $k_2$  were calculated using simulated input functions and the tissue TACs based on the BFM formula. Errors in these calculated  $K_1$  and  $k_2$  values are presented as percentage differences from the assumed values. Then, the value of p was varied from 0.3 to 0.5 ml/g and the tissue TAC was generated as above to simulate the error from the value of p in BFM-pfix formula. Also, the  $V_A$  value was varied from 0.0 to 0.4 ml/ml and the tissue TAC was generated to simulating the error from  $V_A$  in BFM-vfix formula. Then,  $K_1$  and  $k_2$  were calculated using the true input function and the created tissue TACs, assuming p=0.4 ml/g and  $V_A=0.0$  ml/ml in the BFM-pfix and BFM-vfix formulae, respectively. Error in K1 and k2 values due to fixing p is presented as the percentage difference in  $K_1$  and  $k_2$  as a function of p. Error in  $K_1$  and  $k_2$ values due to neglecting VA is presented as the percentage difference in  $K_1$  and  $k_2$  as a function of  $V_A$ . Also,  $K_1$  and  $k_2$ were computed with VA fixed at 0.14 ml/ml in the BFM-vfix formula from the set of the tissue TACs, in which  $K_1$  and pwere fixed at 2.0 ml/min/g and 0.4 ml/g, respectively, and VA was varied. The percentage difference in  $K_1$  and  $k_2$  between the two conditions, i.e. the initial  $(K_1=2.0 \text{ ml/min/g})$  and  $V_A$ =0.14 ml/ml) and changed conditions (presented as  $\Delta K_1$ and  $\Delta k_2$ , respectively) is presented as a function of the percentage difference in the assumed VA from 0.14 ml/ml  $(\Delta V)$  to investigate the extents to which the change in  $K_1$ and  $k_2$  were estimated when  $K_1$  and  $k_2$  were computed in the BFM-vfix formula.

#### Results

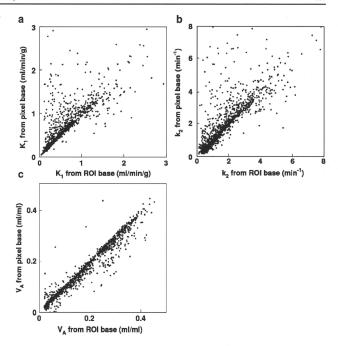
# Experiments

The relationships of the regional ROI values of  $K_1$ ,  $k_2$  and  $V_A$  between NLF and BFM are shown in Fig. 2. The regression lines obtained were  $K_{1,\rm BFM} = 0.93 K_{1,\rm NLF} = 0.11$  m/l min/g (r=0.80, p<0.001),  $k_{2,\rm BFM} = 0.96 k_{2,\rm NLF} = 0.13$  ml/min/g (r=0.77, p<0.001), and  $V_{A,\rm BFM} = 0.92 V_{A,\rm NLF} = 0.00$  ml/ml (r=0.97, p<0.001), where the subscripts show the methods used for calculating the parametric values; the slopes were not significantly different from unity.

The fitted curve by the present model estimating  $K_1$ ,  $k_2$  and  $V_A$  fitted better than the other two models fixing  $p = (-K_1/k_2)$  or  $V_A$ . An example of fitted curves is shown in Fig. 3. Also, the AIC values from three parameter fitting were the smallest for all subjects except two values for two



Fig. 2 Relationships of (a)  $K_1$ , (b)  $k_2$  and (c)  $V_A$  between the ROI-based NLF method and pixel-based BFM. The regression lines were  $K_{\rm LBFM}=0.93K_1$ , NLF=0.11 ml/min/g (r=0.80, p=0.001),  $k_2$ , BFM=0.96 $k_2$ , NLF=0.13 ml/min/g (r=0.77, p=0.001), and  $V_{\rm A,BFM}=0.92V_{\rm A}$ , NLF=0.00 ml/ml (r=0.97, p=0.001)



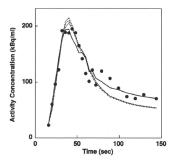


Fig. 3 Curves fitted to the measured tissue TAC from the different computation methods. Three parameters:  $K_1$ ,  $k_2$  and  $V_A$  were computed, p-fixed:  $K_1$  and  $V_A$  were computed with p (= $K_1/k_2$ ) fixed at 0.35 ml/g,  $V_A$ -fixed:  $K_1$  and  $k_2$  were computed with  $V_A$  fixed at 0.15 ml/g.  $V_A$ -ignored:  $K_1$  and  $k_2$  were computed without taking into account  $V_A$ 

parameter fitting fixing  $V_A$  in patient 2 and fixing p in patient 3, although some AIC values were similar (Table 2). These results show that the present method with three parameter fitting is feasible for computing RBF.

Values of  $K_1$ ,  $k_2 p_{\text{phys}}$  and  $V_A$  were obtained for the whole renal region and cortical region (Table 3). The  $K_1$ 

Table 2 AIC values for the models

Subject	Three parameters <sup>a</sup>	p-fixed <sup>b</sup>	V <sub>A</sub> -fixed (0.15) <sup>c</sup>	V <sub>A</sub> -ignored <sup>d</sup>
1	484±20	519±28	499±15	494±15
2	474±9	486±14	474±9	477±8
3	525±12	523±8.3	527±10	527±7
4	483±14	497±21	501±12	506±13
5	497±18	502±19	508±32	499±13
6	496±11	507±14	500±9	497±9

 ${}^{a}K_{1}$  and  $k_{2}$ ,  $V_{A}$  computed.

 ${}^{b}K_{1}$  and  $V_{A}$  computed with  $k_{2}$  fixing such that  $p=K_{1}/k_{2}=0.35$  ml/g.

 ${}^{c}K_{1}$  and  $k_{2}$  computed with  $V_{A}$  fixed at 0.15 ml/g.

 ${}^{d}K_{1}$  and  $k_{2}$  computed without taking into account  $V_{A}$ .

Table 3 Values of  $K_1$ ,  $k_2$ :  $p_{phys}$  and  $V_A$  (n=6) in the whole renal region and the cortical region calculated by the present method for the baseline conditions and the stimulated conditions

	$K_1$ (ml/min/g)	$k_2 \cdot p_{\text{phys}} \text{ (ml/min/g)}$	V <sub>A</sub> (ml/ml)	GFR (ml/min/g)
Whole region				
Baseline	1.09±0.33	3.11±1.48	0.15±0.09	0.35±2a
Enalapril-stimulated	1.03±0.44	2.55±1.29	0.16±0.14	
Cortical region				
Baseline	1.57±0.60*	3.64±2.15*	0.18±0.12*	
Enalapril-stimulated	1.42±0.39*	3.55±1.64*	0.25±0.14*	

No significant difference was found between the baseline and stimulated conditions.

values were smaller than  $k_2/p_{\rm phys}$  values and the ratio between them ranged from 0.35 to 0.45, suggesting that  $K_1$  values underestimated RBF due to the partial volume effect. Both  $K_1$  and  $k_2/p_{\rm phys}$  were not significantly different between the resting and stimulated conditions for the whole renal region and the cortical region, respectively, although the value of  $V_A$  was higher under the stimulated conditions than under the basal conditions. The GFR obtained was  $78\pm4$  ml/min, corresponding to a clearance rate of  $0.37\pm0.02$  ml/min/g and to 9.6% of the  $k_2$  obtained for the cortical region under the normal conditions.

Representative  $K_1$  and  $k_2 p_{\rm phys}$  images generated by the present method are shown in Fig. 4. The quality of the image is acceptable. The  $K_1$  and  $k_2 p_{\rm phys}$  values ranged from 1.5 to 2.0 ml/min/g and 3.0 to 5.0 around cortical region, respectively, and some parts showed higher values than these. The average time required to compute the parametric images was 2 min 23 s.

#### Error analysis

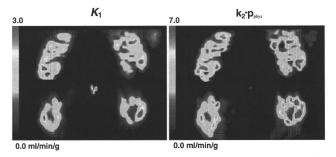
The sizes of the errors introduced in both  $K_1$  and  $k_2$  were less than 20% for estimation of delay and the dispersion

time constant up to 2 s (Fig. 5). The error sensitivity in  $K_1$  and  $k_2$  was 40% when the partition coefficient was 0.35 (Fig. 6). The magnitude of the error was markedly enhanced when the blood volume was ignored (Fig. 7a), and if the arterial blood volume increased by 25%,  $K_1$  and  $k_2$  were overestimated by 20% (Fig. 7a).

#### Discussion

We have presented an approach to generating quantitative  $K_1$ ,  $k_2$  and  $V_A$  images using  ${\rm H_2}^{15}{\rm O}$  and PET applying the BFM computation method. The validity of this approach in healthy human subjects under resting and stimulated conditions is described. The rate constant values of  $K_1$  and  $k_2 p_{\rm phys}$  obtained from the parametric images were consistent against NFL and the quality of the  $K_1$  and  $k_2 p_{\rm phys}$  images obtained was acceptable. The smaller  $K_1$  against  $k_2 p_{\rm phys}$  values suggested that the  $K_1$  values underestimated the absolute RBF value due to the partial volume effect. The simulation showed that the delay time and dispersion time constant should be estimated within an accuracy of 2 s, and  $V_A$  and p cannot be ignored/fixed to

Fig. 4 Representative parametric images of  $K_1$  (left) and  $k_2 p_{\rm phys}$  (right) for a subject under baseline conditions. Coronal (upper) and transverse (lower) views are shown

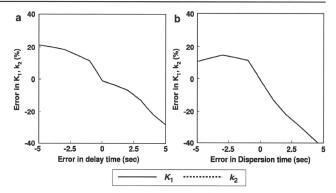




<sup>\*</sup>Difference was significant between the whole and cortical regions.

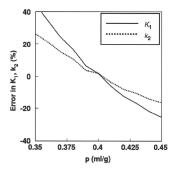
<sup>&</sup>lt;sup>a</sup> A kidney weight of 300 g and a cortex ratio of 70% were assumed.

Fig. 5 Error propagation from the error in input time (a) and dispersion time constant (b) to  $K_1$  and  $k_2$  (the two lines were identical). Positive and negative values of error indicate overand under-correction of delay time and dispersion time, respectively



estimate the rate constants of  $K_1$  and/or  $k_2$ . Also  $V_A$  cannot be ignored, even when only relative rate constant values are needed. These findings suggest that the present  $k_2$  obtained BFM technique provides an RBF image with reasonable accuracy and quality.

In the present study the rate constants of  $K_1$  and  $k_2$  were experimentally computed, and the ratios obtained ranged from 0.35 to 0.45 ml/g, which corresponds to the apparent kidney-blood partition coefficient. The much smaller apparent p value might be due to a partial volume effect, as has been demonstrated in a previous brain and cardiac study [10, 11], because of the composite structure of the kidney, the spatial resolution of the reconstructed image and breathing movement of the patient during the scan. When the rate constant  $K_1$  is underestimated due to the partial



**Fig. 6** Error propagation from the partition coefficient (p, ml/g) to  $K_1$  and  $k_2$ . When the true p was varied between 0.6 and 0.8 ml/g, the size of the error in RBF was simulated assuming p=0.7 ml/g

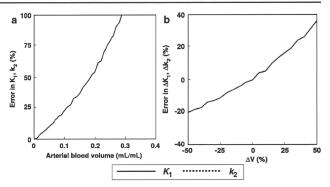
volume effect,  $k_2 p_{\text{phys}}$  could be applied for RBF rather than  $K_1$ . The present study showed that the contribution of GFR to the clearance rate was only 10%, and that  $k_2 p_{\text{phys}}$  is more appropriate for RBF assessment, although further study of how the GFR changes under stimulated conditions is required. The  $k_2 p_{\text{phys}}$  value in the cortical region obtained in the present study was  $3.64 \pm 2.15 \text{ ml/min/g}$  under normal condition, a value within the normal range of 4 to 5 ml/min/g reported in the literature [22]. Middlekauff et al. [23–25] applied the ROI base analysis, and showed similar RBF values around 4 ml/min/g. These findings also support the use of  $k_2 p_{\text{phys}}$  for the calculation of RBF. The different values of RBF between the present study and the previous studies [3–5] might be due to differences in the approaches.

The present computation of RBF by the BFM has two main advantages over the NLF. One is the ability to produce a voxel-by-voxel quantitative parametric map, and the other is faster computing speed. In fact, the parametric images were obtained within a reasonable time, i.e. 2.5 min with an image size of 128×128 pixels with 35 slices and 22 frames. The time could be further reduced by applying a threshold to omit pixels with lower values. From a clinical standpoint, voxel-by-voxel analysis is preferred to ROI-based analysis because the operator can independently define ROIs to improve reproducibility, and faster computations are important for analysing very large datasets.

Kinetic parameters estimated by the NLF agreed well with those estimated by the BFM as shown in Fig. 2. The disagreement in some rate constant values between the voxel-based (BFM) and ROI-based computation methods might have been due to the composite structure between the cortical region and its surroundings, or to image noise. Although superior to the NLF in terms of computing speed and ability to generate parametric maps, the BFM shares the same source of errors as the NLF because they use the



Fig. 7 a Error propagation from the arterial blood volume  $(V_A, m/m)$ 10 t  $K_1$  and  $k_2$  (the two lines were identical). When the true  $V_A$  changed from 0.0 to 0.4 ml/ml), the size of the error in  $K_1$  and  $k_2$  calculated assuming  $V_A$ =0.0 ml/ml was simulated. be Error propagation from the change in arterial blood volume from 0.14 ml/ml  $(\Delta V_A)$  to the change in  $K_1$  and  $k_2$  from the initial conditions  $(\Delta K_1$  and  $\Delta k_2$ , ml/min/g) (the two lines were identical)



same model and assumption. Delay and dispersion in input function, motion of the patient during a study [26–28], and flow heterogeneity [29] are sources of error for parameters estimated by both the NLF and BFM. Selection of a specific range of  $k_2$  and the number of basis function can affect the accuracy and precision of the estimated parameters in neuroreceptor studies [30, 31]. However, the range was 0 to 15 ml/min/g in the present computation with  $\mathrm{H_2^{15}O}$ , and the limits of this range would be acceptable for the present computation. In practice, selection of a wider range and/or a large number of discrete values of the basis function is slow and inefficient against the required accuracy and precision.

The present simulation study showed that if  $V_A$  is neglected or fixed, not only the absolute rate constants, i. e. RBF value, are overestimated, but estimated changes in RBF between two physiological states could be over- or underestimated. These findings suggest that  $V_A$  should be included to obtain either absolute or relative values of RBF. For p, the present simulation revealed that the error sensitivity in RBF for that value was significant. The values of p for the whole and cortical regions were 0.35 and 0.42 ml/g, respectively. If the value was fixed at 0.4 ml/g, a 40% overestimation in RBF for regions with a p of 0.35 occurred. Thus, regional difference in p introduce error in quantitative RBF values. Also the AIC analysis showed that introducing the extra parameters of p and VA did not increase the AIC value against the others. These findings suggest that both p and  $V_A$  need to be estimated simultaneously with quantitative RBF, especially when changes under different conditions are assessed.

Knowledge of RBF is mostly needed in determining the severity of renovascular disease. Although the degree of renal artery stenosis is easily diagnosed, its actual effect on RBF remains difficult to quantify. In clinical work, estimates of GFR have not shown very good accuracy in relation to possible interventional treatment. Also, there is no good clinical method to easily measure single-kidney or regional RBF. We can obtain the effective renal plasma flow (ERPF) by infusing p-aminohippuric acid and measuring the urine and plasma concentrations, but this method only gives the total ERPF for both kidneys. An alternative is a magnetic resonance (MR) based method, which is problematic in patients with chronic kidney disease, because the contrast agent gadolinium is contraindicated in these subjects [32]. The present PET-related methodology may provide quantitative estimate of regional RBF, and be clinically applicable under conditions such as chronic allograft nephropathy and acute kidney insufficiency. The procedure - as presented here - still involves a small degree of invasiveness because of blood sampling. However, many noninvasive methods for estimating input functions have been proposed [3-5, 23-25, 33, 34], and their implementation will allow RBF to be determined in a fully noninvasive fashion, particularly for clinical purposes.

In conclusion, although some issues remain to be investigated, this study shows the feasibility of measurement of RBF using PET with  ${\rm H_2}^{15}{\rm O}$ .

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# A method to measure PET scatter fractions for daily quality control

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Purpose: Regular monitoring of PET scanner performance is mandatory to assure quality of acquired data. While extensive performance measurements include many scanner characteristics such as resolution, count rate, uniformity, sensitivity, and scatter fraction (SF), most daily QC protocols are limited to uniformity and sensitivity measurements. These measurements may be too insensitive to detect more subtle drifts in detector gains that could lead to reduced detection of primary and increased detection of scattered events. Current methods to measure SF, such as those prescribed by the NEMA protocols (SF-NEMA), however, require specially designed phantoms and are too cumbersome to be performed on a daily basis.

Methods: In this study, a simple and versatile method to determine SF is described. This method (SF-DAILY) does not require additional measurements, making it suitable for daily QC. The method was validated for four different scanners by comparing results with those obtained with the NEMA 1994 protocol.

Results: For all scanner types and acquisition modes, excellent agreement was found between SF-NEMA and SF-DAILY.

Conclusions: The proposed method is a very practical and valuable addition to current daily QC protocols. In addition, the method can be used to accurately measure SF in phantoms with other dimensions than the NEMA phantom. © 2009 American Association of Physicists in Medicine. [DOI: 10.1118/1.3213096]

Key words: PET, scatter fraction, quality control, NEMA

# I. INTRODUCTION

Assessment of PET scanner performance is mandatory to prevent image artifacts and to assure quantitative integrity of acquired data. In general, extensive performance measurements are performed only occasionally, e.g., after scanner installation, an upgrade, or major maintenance, with more concise quality control (QC) measurements being performed on a daily basis (daily QC). The purpose of this daily QC is to detect scanner malfunctioning and to monitor scanner stability. Ideally, this daily QC should be sensitive enough to detect changes in scanner performance that require (immediate) attention. As scanner maintenance may have substantial impact on patient throughput and planning, however, a decision to perform maintenance should be well founded, preferably based on a more extensive set of measured parameters. Therefore, it is important that daily QC tests provide as much relevant information as possible. Apart from offering a solid basis for decision making in clinical practice, daily QC data can also give insight in scanner behavior as a function of temperature, power loss, or time after maintenance.

While the above mentioned extensive (acceptance) performance measurements (using a range of different phantoms) include many scanner characteristics such as uniformity, sensitivity, and scatter fraction (SF), for practical reasons, the daily OC often is restricted to detector uniformity and sensitivity. These parameters are typically derived from a scan of a uniform cylindrical phantom filled with the long-lived isotope <sup>68</sup>Ge. These limited measurements may, however, obscure scanner drift or inaccuracies caused by changing detector gains, possibly leading to reduced detection of primary and increased detection of scattered events. In addition, drifts in electronics settings can lead to loss of sensitivity. For example, a shift in photomultiplier tube (PMT) gains can cause the 511 keV photopeak to drift, eventually (partly) falling outside the energy window.1 This, in turn, may lead to a direct change in the detected SF, and hence image quality

and quantitative accuracy. Especially in state-of-the-art PET scanners that can only operate in 3D mode, SF is high (typically 50% of all detected events) and alterations in measured SF can have a major impact. In order to quantify 3D PET data, sophisticated scatter correction algorithms have been developed. If adjustments are not made while needed, however, changes in SF can cause the algorithm to over- or underestimate the scatter contribution, leading to bias, i.e., incorrect regional activity concentrations.

The SF is defined as the fraction of all events that have been scattered prior to detection. There are many ways to determine this SF, but the most widely accepted method is according to the NEMA standards. NEMA protocols have been established in a collaboration between scanner manufacturers and users. The advantage of NEMA protocols is that results can be interpreted by all parties, without uncertainties about the exact conditions under which measurements were performed. This is especially useful when communicating results between users, manufacturers, or other parties. Disadvantages of NEMA protocols are that they usually require specially designed setups and phantoms and that they are too cumbersome for use on a daily basis. Consequently, NEMA protocols often are used only for acceptance testing and in other situations where extensive measurements are required (e.g., following a major upgrade).

The purpose of the present study was to develop and validate a simple method to accurately estimate scatter fractions using a uniform cylindrical phantom. In general, a uniform cylindrical phantom is used to monitor sensitivity and uniformity on a daily basis and, therefore, this SF method could easily be added to the daily or weekly QC without the need for additional measurements. Validation was performed by comparing measured SF values with those derived according to the NEMA NU-1994 protocol using four different scanners.

#### **II. MATERIALS AND METHODS**

# II.A. NEMA scatter fraction

NEMA standards for PET instrumentation describe a series of phantom measurements to determine scanner characteristics, including spatial resolution, scatter fraction, count rates, sensitivity, accuracy of correction methods, and general image quality. While the older NEMA-1994 protocol<sup>1,2</sup> was defined in a time when PET was primarily used as a brain imaging modality, the 2001 and 2007 protocols reflect the shift toward whole-body oncological applications.3-6 For the SF measurement this is illustrated by the short 20 cm cylinder in the NEMA 1994 protocol (SF-NEMA1994) and the longer 70 cm cylinder in the NEMA 2001 protocol (SF-NEMA2001). The latter phantom was introduced to include scatter that originates from outside the axial field of view (FOV) of the scanner, and therefore SF-NEMA2001 is higher than SF-NEMA1994, especially when scanning in 3D mode (i.e., without septa in the FOV). In a comparative study, however, it was shown that a change in SF-NEMA1994 strongly correlated with a change in SF-NEMA2001.

As the cylindrical daily QC phantom often has the same dimensions as the NEMA1994 scatter fraction phantom, SF-NEMA1994 was used as the gold standard for validating the proposed method. The NEMA1994 protocol describes a 20 cm diameter, 20 cm length, water filled cylinder in which a 20 cm line source can be inserted at three different positions (0, 45, and 90 mm from the center) (Fig. 1). After filling the line source with a low level of activity (~5 kBq/cc of <sup>18</sup>F), it was inserted at each of the three positions and, at each position, data were acquired for 15 min to ensure at least 200 kcounts per slice within the central 17 cm of the phantom.

SF-NEMA1994 was then obtained by (1) correcting the three measurements for <sup>18</sup>F decay, detector nonuniformities (normalization), and, where relevant, detector gaps (Fig. 1), (2) straightening the sinograms to eliminate curves due to off-center line source positions (Fig. 1), (3) setting all sinogram pixels corresponding to positions >12 cm from the center of the phantom to zero, (4) adding projection angles to create one profile per line source position, and (5) adding the three scatter profiles, thereby weighting for the annular region in which the line source is positioned, where (6) scattered events under the primary peaks were estimated using linear interpolation between count levels within 2 cm from the peak<sup>2</sup> (Fig. 1).

# II.B. Simplified procedure

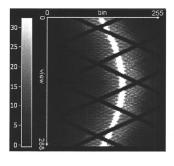
When acquiring PET data using a uniform cylindrical phantom of diameter D, filled with an arbitrary activity and placed centrally in the FOV, the resulting total count (T) projections are the sum of primary (or unscattered) events (P), scattered events (S), and random events. In general, randoms are corrected for by subtracting an independently measured estimate, usually obtained with the delayed window technique and therefore not addressed specifically in this study.  $^{7}$  If r is the position on the projection (bin position) relative to the center of the FOV, then S(r) is an arbitrary function describing the scatter background. The point spread function PSF(r) is a 1D function describing the resolution of the projection data centered around r=0 (Fig. 2). It is now postulated that, for a nonoblique projection plane, the spatial distribution of the total counts T of primary and scattered events within the FOV of a single ring of detectors (or nonoblique, direct plane) originating from a cylindrical phantom with diameter D is given by

$$T(r) = PSF(r) \otimes (P(r,D,p) + S(r)),$$

$$P(r, D, p)$$
  
=  $2\sqrt{\frac{1}{4}D^2 - r^2} \cdot p \cdot \exp\left(-\mu\sqrt{\frac{1}{4}D^2 - r^2}\right), \quad r \le D,$ 

$$P(r,D,p) = 0, \quad r > D, \tag{1}$$

where  $\mu$  is the linear attenuation coefficient at 511 keV (cm<sup>-1</sup>), P(r,D,p) describes the distribution of the detected primary photons, and p is a scaling factor for the total number of detected primary photons that depends on both activity



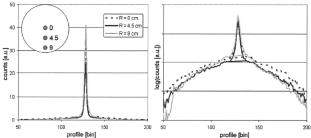


Fig. 1. Illustration of SF-NEMA procedure. The top image shows a sinogram from a line measurement for one of the three positions. Line profiles (bottom) are generated by straightening the profiles and averaging all views of the sinogram. Profiles are also shown using a logarithmic scale including the interpolated curves between ±2 cm (this case ±16 bins) from the center for scatter estimation. Using these curves primary and scatter fractions are extracted by integrating the profiles as described by the NEMA protocol.

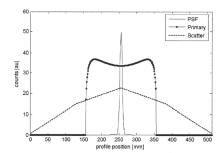


Fig. 2. Example of the three parts of the model used for estimating the SF-Daily: A PSF with a FWHM of 7 mm (scaled for illustration purposes), a primary response from a cylinder with a diameter of 20 cm, and an arbitrary scatter response.

in the phantom and sensitivity of the scanner. In short, the total response is a sum of primary and scatter events, where the shape of the primary contribution is known. In this case the activity of the nonoblique cross section through the cylindrical phantom was approximated by a circle [first term of P(r,D,p)], and multiplication with the attenuation factor (last exponential term) estimates the shape of the response in the absence of scattered photons.

In this study S(r) was modeled as a first order cubic spline<sup>8</sup> based on a set of control points  $(r_1, y_1; ...; r_n, y_n)$ , i.e., S(r) was simply modeled as a piecewise linear function between the coordinates  $(r_1, y_1)$  and  $(r_2, y_2)$ ,  $(r_2, y_2)$  and  $(r_3, y_3)$ , and so on. Although a piecewise linear shape might not be natural, the convolution with PSF(r) removes discontinuities at the control points. Figure 2 gives an example of the components P(r), S(r), and PSF(r).

The new simplified method to derive SF (SF-Daily) makes direct use of Eq. (1). First, the PSF is modeled using a Gaussian function with a fixed width based on scanner specific resolution data. For the sake of simplicity, in all cases a spatially invariant resolution was assumed. Next, for the scatter function S(r), the control points are chosen

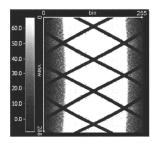


Fig. 3. Sinogram of uniform cylinder used for daily QC measurements. Scatter in the background of the sinogram is clearly visible. Black diagonal lines are due to gaps between detectors heads

equally divided over the data space (r direction) with  $r_1$  located at the beginning and  $r_n$  at the end of the transversal field of view. For this study five control points were used. Since D,  $\mu$ , and PSF(r) are known and  $r_1, \ldots, r_5$  are fixed, T(r) has p and the five base points  $y_1, \ldots, y_5$  as free parameters. These parameters were estimated by fitting T(r) to a measured response projection profile using a nonlinear curve fitting method (Levenberg-Marquardr $^0$ ). It should be emphasized here that Eq. (1) is fitted to all projection data and not just to the tails of the sinogram, making the method very robust. For calculating SF only counts in the region  $r \pm 3/5D$  are taken into account as this is prescribed by the NEMA protocol:

$$SF = \frac{\int_{-3/5D}^{3/5D} S(r) dr}{\int_{-3/5D}^{3/5D} T(r) dr}.$$
 (2)

To acquire data, a uniformly filled cylindrical phantom with known diameter (in the present case 20 cm for the wholebody scanners and 4.5 cm for the animal scanner) has to be placed in the center of the FOV, with its long axis in line with the scanner axis. In case the scanner has scintillation crystals containing intrinsic radioactivity such as L(Y)SO, background radiation has to be taken into account, as it produces randoms and a small fraction of true coincidences due to cascading gamma rays.  $^{10}$  This background activity, however, usually is very low (typically less than  $1\times 10^{-5}$  counts per second per line of response). On the other hand care should be taken not to induce pileup effects that can alter SF due to high count rates. Although this differs from scanner to

scanner, as an example, SF for the high resolution research tomography (HRRT) is stable when total activity in the FOV is between approximately 1 and 100 MBq.<sup>11</sup> Although the count rate has negligible effect on SF as long as it is kept within the clinical range, ideally, total activity in the cylinder should be comparable to that used for the NEMA protocol (2.5 kBq cc<sup>-1</sup>, or 15 MBq). Figure 3 shows an example of an acquired sinogram.

#### II.C. Scanners

To test and validate the new SF-Daily method under various circumstances, data from four different PET scanners were used. The scanners varied in crystal material, crystal size, ring diameter, and axial field of view, characteristics that all affect the scatter fraction. Table I gives an overview of relevant scanner data.

The Siemens HR (also known as ECAT Exact 47)12 is a whole-body BGO scanner that can be operated in both 2D and 3D modes by means of retractable septa. Although 3D acquisitions yield higher sensitivity, the 2D mode is characterized by smaller randoms and scatter fractions, which can be advantageous for high count rate studies. The Philips Allegro<sup>13</sup> is a 3D only whole-body scanner based on curved GSO crystals, which have the advantage of a relatively high energy resolution compared with other PET crystals, resulting in a lower SF. The 3D only Siemens HRRT was one of the first scanners to apply LSO crystals. Its high spatial resolution enables detailed brain studies and small animal applications that can be covered in one bed position, thanks to the large axial FOV.11 The Siemens microPET Focus 120 (Ref. 14) is a dedicated small animal LSO scanner with a gantry opening of approximately 20 cm. Although a new NEMA protocol specifically for small animal PET scanners was introduced only recently 15 microPET experiments using NEMA-like phantoms have already been reported previously.16 Table I also lists resolution data (mm FWHM) as used for modeling PSF in Eq. (1).

#### II.D. Scatter fraction measurements

SF-NEMA and SF-Daily were measured and compared for all four scanners. For the HR, SF was measured using a cylinder, filled with <sup>18</sup>F, in both 2D and 3D acquisition modes. This provided a means to evaluate the effects of septa on measured SF for both methods. Although in most cases 3D sinograms were acquired, analysis was performed only on nonoblique (direct) planes in the sinogram. Hence, all

TABLE I. Relevant data of the various scanners.

Scanner	Crystal material	Crystal thickness (mm)	Axial FOV (cm)	Diameter gantry (cm)	Resolution used (mm FWHM)	Ring diameter (cm)
Siemens HR	BGO	30	15	51	5	82.7
Philips Allegro	GSO	20	18	56	5	86.4
Siemens HRRT	LSO	20	25	31	3	46.9
Siemens microPET Focus 120	LSO	10	7.6	20	2	25.8

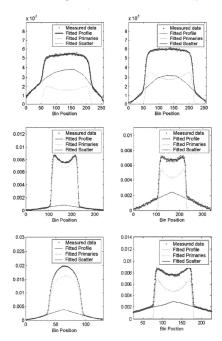


Fig. 4. Profiles of measured and fitted data. Top: HRRT before (left) and after (right) scanner setup. Mid: HR in 2D (left) and 3D (right) acquisition mode. Bottom: MicroPET (left) and Allegro (right). Due to the normalization process vertical units are arbitrary.

oblique planes (also called segment 1 and higher) were disregarded, effectively resulting in a 2D sinogram.

For the HRRT, SF-Daily was measured using a <sup>68</sup>Ge phantom (diameter of 20 cm, length of 27 cm, 20 MBq), routinely used for daily QC purposes. Sensitivity of SF-NEMA to small changes in SF was investigated by measuring SF of the HRRT just before and after performing a setup process (i.e., tuning of gain and other settings in order to maximize performance), as this setup process will decrease SF due to optimized energy calibration. SF was measured for the whole gantry and plane by plane. To assess effects of noise, SF-Daily for the whole gantry was measured using acquisition times of 15, 2, and 1 min.

For the Allegro, SF was determined for different lower energy threshold settings (260, 310, 360, and 410 keV) and an upper level discriminator set to 665 keV in order to investigate the correlation between both SF methods. For this a 20 cm diameter, 20 cm length cylinder filled with 20 MBq <sup>18</sup>F was used. As no mini-scatter-phantom was available for the microPET Focus 120, only SF-Daily was measured using

TABLE II. Comparison of SF-NEMA and SF-Daily.

Scanner	SF-NEMA (%)	SF-Daily (%)
HRRT before setup	63	63
HRRT after setup	50	51
HRRT 15 min	50	51
HRRT 2 min	50	50
HRRT 1 min	50	50
HR 2D	14	13
HR 3D	38	33
MicroPET 45mm diameter cylinder	27ª	23
Allegro	36	34

<sup>a</sup>The SF-NEMA was determined for a 60 mm phantom (8).

a cylinder with an inner radius of 4.5 cm and a length of 10 cm, filled with 10 MBq, and this measurement was compared with published SF-NEMA values.<sup>4</sup>

#### III. RESULTS

Sinogram profiles of the central axial plane and SF-Daily curve fits of total response T(r) according to Eq. (1) are shown in Fig. 4 for all scanners. In addition, resulting primary P(r) and scattered events S(r) are shown. In all cases, the analytical response function equation (1) could be fitted to the data with high accuracy. Clearly, both shape and amplitude of the scatter distribution differ among scanners and acquisition modes. The HRRT setup process resulted in a lower SF and a more symmetric scatter distribution. Differences in scatter contribution between 2D and 3D modes are clearly illustrated by the HR profiles. The HR in 3D mode and the Allegro (measured using the lower level discriminator set at 410 keV) have similar profiles, indicating the impact of scanner geometry. The shape of the fitted primaries of the microPET deviates substantially from that of the other scanners due to the much smaller size of the phantom used. In general, SF measurement using SF-Daily were relatively insensitive to changes in PSF. Typically, doubling PSF (e.g., from 5 to 10 mm) resulted in only a 10% change in SF-Daily.

Table II summarizes SF values as obtained with SF-Daily and SF-NEMA. In addition, in case of the HRRT, SF values for different noise levels are included. Plane-by-plane SF values for the HRRT are shown in Fig. 5.

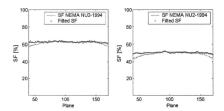


Fig. 5. Plane-by-plane values of SF-NEMA and SF-Daily (fitted SF) for the HRRT before (left) and after (right) setup.

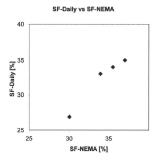


Fig. 6. SF-Daily and SF-NEMA values measured on the Allegro. Data points with higher SF refer to measurements with lower threshold values (260, 310, 360, and 410 keV).

Figure 6 shows SF values of the Philips Allegro for varying lower energy threshold settings. Both SF-NEMA and SF-Daily increased slightly with decreasing threshold channel, and a good correlation between both methods was found ( $R^2$ =0.96). Finally, Fig. 7 shows a Bland-Altman plot of the combined results presented in Table II and Fig. 6.

# IV. DISCUSSION AND CONCLUSION

Using a simple curve fitting method, SF-Daily values were determined for different scanners and acquisition modes and compared to SF-NEMA values. A difference between SF-Daily and SF-NEMA only existed for the HR in 3D mode and for the microPET. For the latter, however, SF-Daily was measured using a cylinder with an inner diameter of 4.5 cm, while published SF-NEMA data were obtained with a cylinder of 6 cm diameter. The impact of noise was negligible for the three acquisition times investigated. The count rate in the HRRT scans was approximately 50 koounts per slice, resulting in more than 100 counts per bin in the 1 min profiles, apparently sufficient for an accurate fit. The

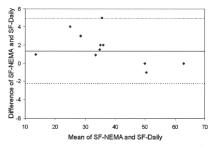


Fig. 7. Blant-Altman plot of all SF data from all four scanners and scan modes (data from Table II).

plane-by-plane comparison of SF-Daily and SF-NEMA showed good agreement especially in the center of the FOV. The slight deviation for the outer planes is probably due to the slightly longer phantom used for SF-NEMA than for SF-Daily.

In general, slight deviations in fitted and acquired profiles could be seen, especially at the maxima of the response (Fig. 4). Most likely these deviations are due to the fact that the thickness of the wall of the cylinder was not taken into account. Nevertheless, they have negligible effect on the resulting SF.

Similar to SF-NEMA, SF-Daily can be performed on either only a subset of the total sinogram, e.g., only on nonoblique (direct) planes, or on all sinogram planes/segments via a rebinning step. The latter requires slight adaption of Eq. (1), as the primary response in oblique planes will be based on an oblique cross section of the phantom (in case of a cylinder this will become an ellipse) rather than a circle. In this study SF values were only determined using direct (2D) sinograms for both the SF-NEMA and SF-Daily methods. For one scanner these sinograms were derived from data acquired in both 2D mode (with septa) and 3D mode (without septa) in order to test different levels of scatter and randoms.

Although the SF-Daily method does require that the phantom is positioned in the center of the FoV, in practice it proved to be insensitive to slight misplacements. The method could, however, easily be extended with an algorithm to align the sinogram, similar to the SF-NEMA requirement.

One limitation is that not all scanners use cylindrical phantoms for daily QC purposes but rely on measurements of small sources in air. Although this has the benefit of requiring less activity, it gives the energy resolution at 511 keV rather than the scatter fraction. Furthermore, use of a point source in air also prohibits measurement of uniformity of coincidence timing over a large area of the FOV.

It should be emphasized that SF-Daily fits a profile to all projection data. This is in contrast to some scatter correction methods<sup>17</sup> that rely on fitting the tails of the scatter profile. In the presented approach all data are used and that knowledge about the primary response is included, making the method robust and insensitive to noise.

In general, SF-Daily values obtained were in close agreement with those derived using the NEMA protocol, making the method sufficiently sensitive to detect small changes in SF. Because the shape of the primary distribution is well known, accurate fits of the sum of scatter and primary events to the total profile can be achieved, without making prior assumptions about the shape of the scatter distribution. Furthermore no discontinuities in the estimated responses S(r) were found. The method is also suitable for determining SF values in case of "dirty" radionuclides (i.e., radionuclides that emit gamma rays in addition to positrons), <sup>18</sup> activity outside the FOV, and phantoms with deviating dimensions, as long as the exact dimensions are known.

In conclusion, as this method does not require measurements with special phantoms, it can be used to accurately