

Table 4 Cytokine production profiles of Cry j 1-specific T-cell lines obtained from the pollen allergic donors

Antigens	Patients									(pg/ml)
	AR-1	AR-2	AR-3	AR-4	AR-5	AR-6	AR-7	AR-8	AR-9	
Cry j 1 protein	174/877 ^a	437/1410	39/34	550/509	393/316	665/131	59/20	204/46	49/15	
p13-32		82/127								
p61-80			269/46							
p71-90								37/ < 10		
p81-100			39/32							
p86-105			73/ < 10							
p108-125	116/638									
p115-132		< 8/109			480/218					
p127-143				23/118						
p201-220	36/87									
p206-223	51/80			18/27	95/ < 10		27/12			
p230-250	51/58									
p261-280			57/35							
p271-290								91/ < 10		
p301-321				127/115						
p337-353	44/36			127/214		131/98			203/93	

^a The values indicate IFN- γ /IL-4 production, respectively.

ods (24, 48, and 72 hours), and at which times culture supernatants were collected for the determination of cytokine concentrations. These two T-cell lines failed to produce IL-4, while producing large amounts of IFN- γ and undergoing considerable proliferation throughout these three incubation periods (data not shown). Moreover, cultures using various peptide concentrations (2.5, 5, and 10 μ M) were also performed, however; the same patterns of cytokine production were observed (data not shown). These results suggest that p86-105 and p271-290 are likely to be Cry j 1-derived Th1 epitopes.

DISCUSSION

Allergen-specific immunotherapy is a highly effective treatment in patients with IgE-dependent diseases including insect venom anaphylaxis and allergic rhinitis. However, the administration of natural allergen extracts might occasionally give rise to adverse events due to severe IgE mediated reactions, therefore; several new strategies have been developed to reduce the potential to cross-link IgE on mast cells while still containing the relevant T-cell epitopes. As a new approach, synthetic peptides corresponding to T-cell epitopes of the allergen have been evaluated in various studies for peptide-based immunotherapy. More recently, a clinical immunotherapy trial that used synthetic peptides of allergens was also reported.^{8,19,20} One of the advantages of peptide-based immunotherapy may be related to the insufficient length to cross-link IgE on the surface of mast cells, thereby eliminating the risk of induction of anaphylaxis. Another advantage is that immunotherapy can be accomplished within a shorter period of time us-

ing a relatively high-dose injection of antigenic peptides. Fellrath *et al.* have designed a double-blind, placebo-controlled phase I clinical trial in patients hypersensitive to bee venom using 3 long synthetic overlapping peptides mapping the whole sequence of phospholipase A2, a major bee venom allergen, and demonstrated that there was peptide-specific T-cell hyporesponsiveness and an increase of IL-10 and IFN- γ secretion by stimulation with peptides in the peptide group.²⁰ On the other hand, Kay A.B. and colleagues have demonstrated that 12 synthetic overlapping peptides encompassing most of the T-cell epitopes of the major cat allergen Fel d 1 can induce T cell tolerance in animal experiments and these peptides have been shown to decrease the amount of proliferation as well as cytokine production in cat allergic patients.^{6,7} Moreover, this treatment has also been reported to have potential for inhibiting upper and lower airway outcome measurements in a pilot study.⁸ Thus, peptide-based immunotherapies have been shown to be effective for bee venom and cat allergen.

In the present study, we demonstrated that four peptides of Cry j 1 (p61-80, p115-132, p206-225 and p337-353) activated more than one T-cell line. Furthermore, T-cell lines generated from eleven out of twelve donors reacted with at least one of these four peptides. Therefore, a mixture of these four peptides may be a useful cocktail for peptide-based immunotherapy for patients sensitive to Cry j 1. To date, Hirahara *et al.* and Sone *et al.* have reported on the benefit of the hybrid or polypeptides consisting of Cry j 1-derived T cell epitopes for the development of peptide-base immunotherapy.^{12,15} These hybrid pep-

tides or polypeptides would have superior potential for inducing T-cell proliferative responses as compared with a mixture of the T-cell determinants. However, the clinical efficacy in immunotherapy using these peptides has yet to be reported. Hirahara *et al.* and Sone *et al.* have selected a total 4 different peptides, p108–120, p211–225, p235–247, and p312–330 from T cell-epitopes identified in the Cry j 1 sequence. In our study, p206–225 inducing T-cell proliferative responses in 4/12 (33.3%) was the identical peptide which they selected. Alternatively, 2 other peptides, p61–80 and p337–353 have also been shown to induce proliferative responses in relative high frequency, 3/12 (25.0%) and 4/12 (41.7%), respectively. Hori *et al.* have demonstrated a significant positive association between Japanese cedar pollinosis and HLA-DPB1*0501 (79.2% in patients versus 60.6% in controls).¹⁴ Furthermore, they found that p214–222 was the minimal antigenic site of the immunodominant peptide for the HLA-DPB1*0501 restricted T cells. Similar to p206–225, the p61–80 peptide has also been reported to be presented in the context of HLA-DPB1*0501 alleles as T-cell defined epitope.¹¹ HLA-DPB1*0501 is one of the most frequently expressed HLA-DP common alleles in the Japanese population, therefore; these two peptides may be useful for peptide-based immunotherapy. It is noteworthy that T cell lines generated from some DPB1*0501 negative donors were able to proliferate in response to p61–80 or p206–225 peptides, suggesting that these two peptides may be recognized in the context of any other HLA class II. With respect to another peptide, p337–353, the restriction element remains unknown. Ikagawa *et al.* showed that Cry j 1 p335–346 was presented in the context of HLA-DRA + DRB3*0301, however; the frequency of HLA-DRB3*0301 is less than 20% in the Japanese population.¹³ Therefore, the p337–353 peptide may also be an immunodominant T cell epitope that is presented by multiple HLA class II molecules. Another possibility is that the p337–353 peptide may be more immunogenic among Cry j 1-derived T cell epitopes. Thus, for development of a broadly applicable peptide-based immunotherapy, universal T cell epitopes that are immunogenic in individuals of many HLA haplotypes should be identified, selected, and used.

In general, it is accepted that PBMC of allergic patients preferentially induce Th2 rather than Th1 responses under stimulation with certain allergens; however, proteins or longer peptides containing multiple epitopes may induce various T-helper responses, and the extent of T-helper responses to each epitope may also vary. Actually, Sone *et al.* indicated that the p191–205 peptide presented by HLA-DRB1*0901 and HLA-DQB1*0602 molecules could preferentially induce Th2 and Th0, respectively.¹¹ Gardner *et al.* demonstrated that high dose allergen stimulation of T cells induced expansion of IFN- γ + T cells, apoptosis

of CD4+IL-4+ T cells and T cell anergy in house dust mite allergic patients.²¹ Thus, other factors such as HLA class II allele, the allergic status of the donor, type of antigens and their concentration, might also influence immune responses in individuals. Interestingly, Cry j 1-specific T-cell lines obtained from AR-3 and AR-8 showed Th1 responses to p86–105 and p271–290, respectively. These T-cell lines secreted IFN- γ , but not IL-4 regardless of the time course and antigen concentrations. Th1 cells have inhibitory effects on Th2 function and have been shown to prevent airway inflammation in mouse models.²² Alternatively, Szabo *et al.* have demonstrated that Th1-associated transcription factor, T-bet not only induced Th1 development but also actively suppressed Th2 differentiation in vitro.²³ Thus, allergen-specific Th1 cells appear to have a suppressive function to Th2 responses to allergen, however; it remains unclear how allergen-specific Th1 cells are interrelated to other regulatory T cell subsets including naturally occurring CD4+CD25+ T cells, Tr1, and Th3 cells, in allergic disease. Furthermore, there is little information regarding the relation between the nature of the peptide and the clinical efficacy in peptide-based immunotherapy. A better understanding of the nature of peptides and the specificity of Cry j 1-specific T cell responses in allergic patients is necessary to better design, and develop more effective peptide-based immunotherapy in the future.

Taken together, our data indicated that four Cry j 1-derived peptides (p61–80, p115–132, p206–225 and p337–353) may be considered to be the immunodominant T-cell epitopes of the Cry j 1 molecule, and can be useful for the design of broadly applicable efficacious peptide-based immunotherapy for the management of Japanese cedar pollinosis.

ACKNOWLEDGEMENTS

This work was supported in part by a grant from the Ministry of Education, Culture, Sports, Science, and Technology, Japan, and by a Health Science Research Grant from the Ministry of Health, Labour and Welfare.

We thank Drs. M. Suzuki (Ajinomoto Co., Kawasaki, Japan) and K. Hama (Ono Pharmaceuticals, Osaka, Japan) for kindly supplying the human recombinant IL-2 and IL-4, respectively.

REFERENCES

1. Nelson HS. Allergen immunotherapy: where is it now? *J Allergy Clin Immunol* 2007;119:769-77.
2. Durham SR. Allergen immunotherapy (desensitization) for allergic diseases. *Clin Med* 2006;6:348-51.
3. Till SJ, Francis JN, Nouri-Aria K, Durham SR. Mechanisms of immunotherapy. *J Allergy Clin Immunol* 2004;113:1025-34.
4. Larche M. Peptide therapy for allergic diseases: basic mechanisms and new clinical approaches. *Pharmacol Ther* 2005;108:353-61.

5. Larche M. Update on the current status of peptide immunotherapy. *J Allergy Clin Immunol* 2007;119:906-9.
6. Oldfield WLG, Kay AB, Larche M. Allergen-derived T cell peptide-induced late asthmatic reactions precede the induction of antigen-specific hyporesponsiveness in atopic allergic asthmatic subjects. *J Immunol* 2001;167:1734-9.
7. Oldfield WLG, Larche M, Kay AB. Effect of T-cell peptides derived from Fel d 1 on allergic reactions and cytokine production in patients sensitive to cats: a randomised controlled trial. *Lancet* 2002;360:47-53.
8. Alexander C, Tarzi M, Larche M et al. The effect of Fel d 1-derived T-cell peptides on upper and lower airway outcome measurements in cat-allergic subjects. *Allergy* 2005;60:1269-74.
9. Yasueda H, Yui Y, Shimizu T, Shida T. Isolation and partial characterization of major allergen from Japanese cedar (*Cryptomeria japonica*) pollen. *J Allergy Clin Immunol* 1983;71:77-86.
10. Sakaguchi M, Inouye S, Taniai M, Ando S, Usui M, Matuhashi T. Identification of the second major allergen of Japanese cedar pollen. *Allergy* 1990;45:309-12.
11. Sone T, Morikubo K, Shimizu K, Komiyama N, Tsunoo H, Kino K. Peptide specificity, HLA class II restriction, and T-cell subsets of the T-cell clones specific to either Cry j 1 or Cry j 2, the major allergens of Japanese cedar (*Cryptomeria japonica*) pollen. *Int Arch Allergy Immunol* 1999;119:185-96.
12. Sone T, Morikubo K, Miyahara M et al. T cell epitopes in Japanese cedar (*Cryptomeria japonica*) pollen allergens: choice of major T cell epitopes in Cry j 1 and Cry j 2 toward design of the peptide-based immunotherapeutics for the management of Japanese cedar pollinosis. *J Immunol* 1998;161:448-57.
13. Ikagawa S, Matsushita S, Chen Y-Z, Ishikawa T, Nishimura Y. Single amino acid substitutions on a Japanese cedar pollen allergen (Cry j 1)-derived peptide induced alterations in human T cell responses and T cell receptor antagonism. *J Allergy Clin Immunol* 1996;97:53-64.
14. Hori T, Kamikawaji N, Kimura A et al. Japanese cedar pollinosis and HLA-DP5. *Tissue Antigens* 1996;47:485-91.
15. Hirahara K, Tatsuta T, Takatori T et al. Preclinical evaluation of an immunotherapeutic peptide comprising 7 T-cell determinants of Cry j 1 and Cry j 2, the major Japanese cedar pollen allergens. *J Allergy Clin Immunol* 2001;108:94-100.
16. Matsushita S, Muto M, Suemura M, Saito Y, Sasazuki T. HLA-linked nonresponsiveness to *Cryptomeria japonica* pollen antigen. I. Nonresponsiveness is mediated by antigen-specific suppressor T cell. *J Immunol* 1987;138:109-15.
17. Griffith IJ, Lussier A, Garman R et al. Cloning of Cry j 1, the major allergen of *Cryptomeria japonica* (Japanese cedar) [abstract]. *J Allergy Clin Immunol* 1993;91:339.
18. Sone T, Komiyama N, Shimizu K et al. Cloning and sequencing of cDNA coding for Cry j 1, a major allergen of Japanese cedar pollen. *Biochem Biophys Res* 1994;199:619-25.
19. Muller U, Akdis CA, Fricker M et al. Successful immunotherapy with T-cell epitope peptides of bee venom phospholipase A2 induces specific T-cell anergy in patients allergic to bee venom. *J Allergy Clin Immunol* 1998;101:747-54.
20. Fellrath JM, Kettner A, Dufour N et al. Allergen-specific T-cell tolerance induction with allergen-derived long synthetic peptides: results of a phase I trial. *J Allergy Clin Immunol* 2003;111:854-61.
21. Gardner LM, O'Hehir RE, Rolland JM. High dose allergen stimulation of T cells from house dust mite-allergic subjects induces expansion of IFN- γ + T cells, apoptosis of CD4+IL-4+ T cells and T cell anergy. *Int Arch Allergy Immunol* 2004;133:1-13.
22. Cohn L, Homer RJ, Niu N et al. T helper 1 cells and interferon γ regulate allergic airway inflammation and mucus production. *J Exp Med* 1999;190:1309-17.
23. Szabo SJ, Sullivan BM, Stemmann C, Satoskar AR, Sleckman BP, Glimcher LH. Distinct effects of T-bet in Th1 lineage commitment and IFN- γ production in CD4 and CD8 T cells. *Science* 2002;295:338-42.

研究成果の刊行に関する一覧表(全員分)

	発表者氏名	論文タイトル名	発表誌名	巻号	ページ	出版年
1	Okubo K, Nakashima M, Miyake N, Komatsubara M, Okuda M.	Comparison of fluticasone furoate and fluticasone propionate for the treatment of Japanese cedar pollinosis	Allergy Asthma Proc.	30	84-94	2009
2	Ogino S, Nagakura T, Okubo K, Sato N, Takahashi M, Ishikawa T.	Re-treatment with omalizumab at one year interval for Japanese cedar pollen-induced seasonal allergic rhinitis is effective and well tolerated	Int. Arch. Allergy Immunol.	149	239-245	2009
3	Sasaki K, Okamoto Y, Yonekura S, Okawa T, Horiguchi S, Chazono H, Hisamitsu, Sakurai D, Hanazawa T, Okubo K.	Cedar and cypress pollinosis and allergic rhinitis: Quality of life effects of early intervention with leukotriene receptor antagonists	Int. Arch. Allergy Immunol.	149	350-358	2009
4	Hashiguchi K, Tang H, Fujita T, Suematsu K, Tsubaki S, Nagakura H, Kitajima S, Gotoh M, Okubo K	Validation study of the OHIO chamber in patients with Japanese Cedar pollinosis	Int. Arch. Allergy Immunol.	149	141-149	2009
5	Hashiguchi K, Tang H, Fujita T, Suematsu K, Gotoh M, Okubo K.	Bepotastine besilate OD tablets suppress nasal symptoms caused by Japanese cedar pollen exposure in an artificial exposure chamber (OHIO Chamber)	Expert Opin. Pharmacother	10	523-9	2009
6	Gotoh M, Sashihara T, Ikegami S, Yamaji T, Kino K, Orii N, Taketomo N, Okubo K.	Efficacy of Oral Administration of a Heat-Killed Lactobacillus gasseri OLL2809 on Patients of Japanese Cedar Pollinosis with High Japanese-Cedar Pollen-Specific IgE	Biosci. Biotechnol. Biochem.	73	90144-1-7	2009
7	Yonekura S, Okamoto Y, Okubo K, Okawa T, Gotoh M, Suzuki H, Kakuma T, Horiguchi S, Hanazawa T, Konno A, Okuda M	Beneficial effects of leukotriene receptor antagonists in the prevention of cedar pollinosis in a community setting	J. Investig. Allergol. Clin. Immunol.	19	195-200	2009

	発表者氏名	論文タイトル名	発表誌名	巻号	ページ	出版年
8	Okubo K, Gotoh M.	Sublingual immunotherapy for Japanese cedar pollinosis	Allergology International	58	149-154	2009
9	菅原一真、御厨剛史、橋本誠、大久保公裕、山下裕司	ブランルカスト水和物追加投与の花粉症に対する短期QOL改善効果	アレルギー免疫	16	92-98.	2009
10	村山貢司、馬場廣太郎、大久保公裕	スギ花粉症有病率の地域差について	アレルギー	59(1)	47-54	2010
11	岡野光博、大久保公裕	2009年におけるスギ花粉症に対する第2世代抗ヒスタミン薬による初期療法の有用性-JRQLQ No1を用いたQOLの評価	アレルギー免疫	17(1)	102-108	2010
12	奥田稔、今野昭義、馬場廣太郎、大久保公裕、竹中洋、浜田知久馬	鼻噴霧用ステロイド薬デキサメタゾンシペシル酸エステル(NS-126P)の通年性アレルギー性鼻炎における用法用量試験	耳鼻臨床	補 125	1-17.	2010
13	大久保公裕、後藤穰	プライマリケアのための花粉症診療(書籍)	医薬ジャーナル社(大阪)			2010
14	鈴木祐輔、太田伸男、櫻井真一、青柳優、深瀬滋	山形市におけるアレルギー性鼻炎患者の花粉抗原陽性率の検討	アレルギー	58(12)	1619-1628	2009
15	太田伸男、鈴木祐輔、後藤崇成、高橋裕一、青柳優、大久保公裕	スギ花粉症患者のQOLと睡眠障害	アレルギー免疫	17(2)	250-257	2010
16	太田伸男、鈴木祐輔、後藤崇成、高橋裕一、青柳優、	スギ花粉症におけるベポタスチン酸塩とブランルカスト水和物の初期治療効果 QOLと睡眠障害	アレルギー免疫	17(2)	258-265	2010

	発表者氏名	論文タイトル名	発表誌名	巻号	ページ	出版年
17	Okano M.	Mechanisms and clinical implications of glucocorticosteroids in the treatment of allergic rhinitis	Clinical and Experimental Immunology	158(2)	164-173	2009
18	岡野光博	花粉症	ガイドライン外来診療2009(日経メディカル開発)		364-372	2009
19	岡野光博	好酸球性炎症におけるエンテロトキシンの作用とPGE ₂ による制御	日鼻誌	48(1)	15-17	2009
20	松本亮典, 小川晃弘, 牧野琢丸, 岡野光博	耳鼻咽喉科で経験した食物依存性運動誘発アナフィラキシー-FDEIA症例の検討	アレルギー	58(5)	548-553.	2009
21	岡野光博	アレルギー性鼻炎におけるT細胞, 肥満細胞, 好酸球の役割について教えてください	JOHNS	25(3)	287-291	2009
22	岡野光博	プロスタグランジンD ₂ 代謝からみたアレルギー性鼻炎の病態と治療戦略	臨床免疫・アレルギー科	51(5)	487-493	2009
23	岡野光博	抗ヒスタミン薬	MB ENT.	104	40-48	2009
24	岡野光博	アレルギー性上気道炎症(アレルギー性鼻炎)の病態機序	アレルギーの臨床	29(1)	24-29	2009
25	岡野光博	発症のメカニズムと鼻炎におけるアレルギー性鼻炎の位置づけ. 297-301.	アレルギーの臨床	29(4)	297-301	2009

	発表者氏名	論文タイトル名	発表誌名	巻号	ページ	出版年
26	野宮理恵, 岡野光博, 藤原田鶴子, 西崎和則	マウススギ花粉症モデルにおけるCRTH2の役割	岡山医学会雑誌	121(2)	85-90	2009
27	岡野光博	スギ花粉症に対する皮下免疫療法の作用メカニズム-共抑制分子BTLAの関与	耳鼻免疫アレルギー	27(3)	243-248	2009
28	岡野光博	アレルギー性鼻炎(花粉症)のQOL障害と治療による改善～免疫療法～	アレルギー・免疫	16(12)	97-105	2009
29	Okamoto Y, Horiguchi S, Yonekura S, Yamamoto H, Hanazawa T.	Present situation of cedar pollinosis in Japan and its immune responses	Allergology International	58	155-162	2009
30	Sasaki K, Okamoto Y, Yonekura S, Okawa T, Horiguchi S, Chazono H, Hisamitsu M, Sakurai D, Hanazawa T, Okubo K.	Cedar and cypress pollinosis and allergic rhinitis:Quality of life effects of early intervention with Leukotriene receptor antagonists	In ternational Archives of Allergy and Immunology	149	350-358	2009
31	Takashi Fujimura, Yoshitaka Okamoto.	Antigen-Specific Immunotherapy against Allergic Rhinitis: The State of the Art	Allergology International	59	21-31	2010
32	Minoru Gotoh, Toshihiro Sashihara, Shuji Ikegami, Taketo Yamaji, Kohsuke Kino, Naoki Orii, Naoki Taketomo, Kimihiro Okubo	Efficacy of Oral Administration of a Heat-Killed Lactobacillus gasseriOLL2809 on Patients of Japanese Cedar Pollinosiswith High Japanese-Cedar Pollen-Specific IgE	Biosci. Biotechnol. Biochem.,	73 (9),	1971-1977	2009
33	Kimihiro Okubo, Minoru Gotoh	Sublingual Immunotherapy for Japanese Cedar Pollinosis	Allergology International.	58	149-154	2009

	発表者氏名	論文タイトル名	発表誌名	巻号	ページ	出版年
34	Kazuhiro Hashiguchi, Huaipeng Tang, Toshio Fujita, Kiyochika Suematsu, Shigekazu Tsubaki, Hitoshi Nagakura, Sei Kitajima, Minoru Gotoh, Kimihiro Okubo	Validation Study of the OHIO Chamber in Patients with Japanese Cedar Pollinosis	Int Arch Allergy Immunol	149	141-149	2009
35	S Yonekura, Y Okamoto, K Okubo, T Okawa, I M Gotoh, H Suzuki, T Kakuma, S Horiguchi, T Hanazawa, A Konno, M Okuda	Beneficial Effects of Leukotriene Receptor Antagonists in the Prevention of Cedar Pollinosis in a Community Setting	J Investig Allergol Clin Immunol	19(3):	195-203	2009;
36	Kawai T, Takeshita S, Imoto Y, Matsumoto Y, Sakashita M, Suzuki D, Shibasaki M, Tamari M, Hirota T, Arinami T, Fujieda S, Noguchi E	Associations between decay-accelerating factor polymorphisms and allergic respiratory diseases.	Clin Exp Allergy	39(10)	1508-1514	2009
37	Sakashita M, Hirota T, Harada M, Nakamichi R, Tsunoda T, Osawa Y, Kojima A, Okamoto M, Suzuki D, Kubo S, Imoto Y, Nakamura Y, Tamari M, Fujieda S.	Prevalence of Allergic Rhinitis and Sensitization to Common Aeroallergens in a Japanese Population.	Int Arch Allergy Immunol	151(3)	255-261	2009
38	Hitomi Y, Ebisawa M, Tomikawa M, Imai T, Komata T, Hirota T, Harada M, Sakashita M, Suzuki Y, Shimojo N, Kohno Y, Fujita K, Miyatake A, Doi S, Enomoto T, Taniguchi M, Higashi N, Nakamura Y, Tamari M.	Associations of functional NLRP3 polymorphisms with susceptibility to food-induced anaphylaxis and aspirin-induced asthma.	J Allergy Clin Immunol	124(4)	779-785	2009
39	Harada M, Obara K, Hirota T, Yoshimoto T, Hitomi Y, Sakashita M, Doi S, Miyatake A, Fujita K, Enomoto T, Taniguchi M, Higashi N, Fukutomi Y, Nakanishi K, Nakamura Y, Tamari M	A functional polymorphism in IL-18 is associated with severity of bronchial asthma.	Am J Respir Crit Care Med	180(11)	1048-1055	2009

	発表者氏名	論文タイトル名	発表誌名	巻号	ページ	出版年
40	Masuyama K, Chikamatsu K, Ikagawa S, Matsuoka T, Takahashi G, Yamamoto T, and Endo S.	Analysis of heoper T cell responses to Cry j 1-derived peptides in patients with nasal allergy: candidate for peptide-based immunotherapy of Japanese cedar pollinosis.	Allergol Int	58	63-70	2009
41	Chikamatsu K, Sakakura K, Matsuoka T, Endo S, Takahashi G, Matsuzaki Z, and Masuyama K.	Analysis of T-helper responses and FOXP3 gene expression in patients with Japanese cedar pollinosis	Am J Rhinol	22	582-588	2008
42	Takahashi G, Matsuzaki Z, Nakayama T, and Masuyama K.	Patterns of drug prescription for Japanese cedar pollinosis using a clinical vignette questionnaire.	Allergol Int	57	405-411	2008
43	Yamanaka K, Yuta A, Kakeda M, Sasaki R, Kitagawa H, Gabazza EC, Okubo K, Kurokawa I, Mizutani H	Induction of IL-10-producing regulatory T cells with TCR diversity by epitope-specific immunotherapy in pollinosis.	J Allergy Clin Immunol	124(4)	842-845	2009
44	湯田厚司 宮本由起子 荻原仁美 服部玲子 大久保公裕	小児スギ花粉症に対する抗原特異的舌下免疫療法	アレルギー	58(2)	124-132	2009
45	湯田厚司	スギ花粉症に対する舌下免疫療法の現状と課題	口咽科	22(1)	35-38	2009

