人工妊娠中絶件数:45-49歲

出典:母体保護統計報告(厚生労働省)、母子保健の主なる統計(財団法人母子衛生研究会)

人工妊娠中絶件率(女性人口1000人対):45-49歳

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「薬事工業生産動態統計調査表」

Æ	生産数量	国内生産数	輸入数	国内出荷数	輸出出荷数	国内出荷個数 (国内出荷数×
年,	(グロス)	(グロス)	(グロス)	(グロス)	(グロス)	144)
1979年(S54)	6,226,454			4,681,357	1,545,097	674,115,408
1980年(S55)	6,574,747			5,118,999	1,455,748	737,135,856
1981年(S56)	6,415,853			5,055,846	1,360,007	728,041,824
1982年(S57)	5,999,573			4,607,180	1,392,393	663,433,920
1983年(S58)	6,054,882			4,030,458	2,024,424	580,385,952
1984年(S59)	5,600,018			4,532,890	1,072,624	652,736,160
1985年(S60)	5,529,432			4,454,598	1,178,104	641,462,112
1986年(S61)	5,912,926			4,344,193	1,544,607	625,563,792
1987年(S62)	7,044,357			4,553,463	2,522,058	655,698,672
1988年(S63)	8,024,208			4,398,818	3,276,892	633,429,792
1989年 (H1)	6,693,053			4,070,149	2,443,808	586,101,456
1990年 (H2)	6,477,617			4,239,793	2,671,950	610,530,192
1991年 (H3)	7,260,229			4,254,393	3,126,798	612,632,592
1992年 (H4)	8,094,411			4,502,421	3,502,201	648,348,624
1993年 (H5)	8,494,951			4,747,293	3,589,175	683,610,192
1994年 (H6)	7,657,647			4,227,767	3,200,625	608,798,448
1995年 (H7)	7,410,676			4,102,273	3,508,585	590,727,312
1996年 (H8)	7,138,196			3,917,138	3,094,779	564,067,872
1997年 (H9)	8,587,626			4,001,709	2,670,140	576,246,096
1998年(H10)	7,099,974			4,010,552	3,307,096	577,519,488
1999年(H11)	6,835,389	6,835,389	0	3,450,708	3,023,437	496,901,952
2000年(H12)	5,922,966	5,913,410	9,556	3,418,153	2,564,424	492,214,032
2001年(H13)	5,878,701	5,871,590		3,122,986	2,715,139	449,709,984
2002年(H14)	5,284,674			2,962,868	2,393,930	426,652,992
2003年(H15)	4,897,861	4,894,833		2,949,458	1,981,174	424,721,952
2004年(H16)	4,685,340			2,931,042	1,772,771	422,070,048
2005年(H17)	4,314,451	4,313,896		2,449,625	1,819,014	352,746,000
2006年(H18)	3,608,903		3,562	2,135,382	1,533,208	307,495,008
2007年(H19)	3,537,813			1,994,215	1,577,292	287,166,960

平成 21 年度厚生労働科学研究費補助金(エイズ対策研究事業) 内外の HIV/STI 流行及び関連情報の集約的分析に関する研究:二次データ分析

(国内外の HIV 感染症の流行動向及びリスク関連情報の戦略的収集と統合的分析に関する研究)

Demographic and behavioral characteristics of non-sex worker females attending sexually transmitted disease clinics in Japan: a nationwide case-control study

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Abstract

Background: Although number of sexually transmitted infections (STIs) reported in STI surveillance increased rapidly for women in Japan during the 1990s, the sexual behavior of women potentially at risk of STI infection remains unknown. Methods: In order to determine the demographic and behavioral characteristics of non-sex worker (SW) females attending STI clinics, female attendees (n=145), excluding SW, from nine clinics across Japan and female controls from the general population (n=956), both aged 18-50 years, were compared using two data sets of nationwide sexual behavior surveys conducted in 1999. Results: Although the occupation-type and education level were unrelated to STI clinic attendance in multivariate analysis, non-SW females attending STI clinics were younger (adjusted odds ratios [AOR]=0.94, 95%CI: 0.89, 0.99), and more likely to be unmarried (AOR=4.11, 95% CI: 1.73, 9.77) than the controls from the general population. In the previous year, STI clinic attendees were more likely to have had multiple partnerships (AOR=3.09, 95% CI: 1.42, 6.71) and unprotected vaginal sex with regular partners (AOR=3.59, 95% CI: 1.49, 8.64), and tended to have had their first sexual intercourse at a younger age (AOR=1.77, 95%CI: 0.89, 3.54) and more unprotected vaginal and/or oral sex with casual partners (AOR=2.08, 95%CI: 0.75, 5.71). Identical sexual behavior patterns were observed between the female attendees with a current diagnosis of STI (n=72) and those before diagnosis (n=73) and between those with a past history of STI (n=66) and those without (n=79). Conclusion: These results indicate that not only multiple partnerships or unprotected sex with casual partners, but also unprotected vaginal sex within a regular partnership is prevalent among non-SW female STI clinic attendees. The identical sexual behavior patterns observed between female attendees with a current STI diagnosis and those without, and between those attendees with a past history of STI diagnosis and those without, indicate that the result are unlikely confounded with the cases of non-STI infection. This sexual behavior pattern may be predictive of STI infection among young Japanese women and could have contributed to the STI epidemic in women in Japan during the 1990s.

BACKGROUND

National sexually transmitted infection (STI) surveillance in Japan witnessed a rapid increase in the reported number of STIs among women, especially in non-viral STIs such as chlamydial and gonococcal infections, beginning in the mid-1990s and reaching peaks in 2002 in both genders [1,2]. In women, average annual numbers of reported cases per designated clinic or hospital increased from 10.0 in 1995 to 27.8 in 2002 for genital chlamydia and from 1.3 to 4.7 for gonorrhea over the same period. Although the reported numbers of chlamydial and gonococcal infections have shown some decline in recent years (in 2006 the average numbers of reported cases per designated clinic or hospital were 19.2 and 2.4 for genital chlamydia and gonorrhea, respectively), they still remain high and other types of STIs such as genital herpes, condyloma acuminatum and syphilis have continued to increase over the same period [3].

Surveillance provides useful information regarding trends in STIs. It shows that genital chlamydia and gonorrhea are the most common types of STI among female patients, and that patients of 30 years old or younger account for 66% of all female cases [4]. However, since the demographic information collected in the surveillance is limited to age, gender and residential area, questions remain about what kind of sexual behaviors in what subpopulations have led to the recent increases in STIs in Japan. Such information is vital for developing effective STI/HIV prevention programs. In a recent case-control study using the data sets of nationwide surveys conducted in 1999, we determined the STI infection risk profiles of male STI clinic attendees in Japan [5]. Using the same data sets, this study attempts to describe demographic and behavioral characteristics of non-sex worker (SW) females attending STI clinics in Japan to gain insight into the sexual behavior patterns that drove the STI epidemic among women during the 1990s and subsequently contribute to the development of effective STI/HIV prevention programs to avert such epidemics.

METHODS

Study design

The study employed a case-control design in which cases and controls were selected from two data sets of sexual behavior surveys conducted in Japan in 1999. One was from a sample of STI clinic attendees and the other from a probability sample of the general population. Both studies were designed by the authors of this study (MOK, MK) using the same set of questions, other than those specific to each study.

Sexual behavior survey of the general population

The sexual behavior survey of the general population was conducted during June-July of 1999 [6]. A sample of 5000 individuals, aged 18-59 years, was selected from the general population using a two-stage cluster sampling procedure. Briefly, the entire country was divided into 11 regions. Each region was further divided into five population density bands, yielding 57 strata. A total of 5000 samples (2559 males and 2441 females) were allocated to each stratum in proportion to the population size. Within each stratum, sampling wards were selected in a probability proportional to size using ward lists prepared for the census survey. Around 20 samples were drawn systematically from the residents' basic register or electoral

register from each ward. Each subject was visited by trained staff, four times at most if absent, and asked to complete an anonymous self-administered questionnaire. To maximize the response rate, visits were arranged at the time and day most convenient for the subject, as identified during the multiple visits. 1762 males and 1800 females were sampled without replacement, yielding final response rates of 68.8% and 73.7%, respectively.

Nationwide STI clinic survey

The nationwide STI clinic survey was conducted during July-September of 1999 [5]. STI clinic attendees were recruited from 21 private STI clinics, including 9 clinics that reported female attendees, in six large cities (Sapporo, Sendai, Tokyo, Osaka, Hiroshima, and Fukuoka) within six districts (Hokkaido, Tohoku, Kanto, Kansai, Chugoku, and Kyushu) of Japan. The clinics were recruited through consultation with local STI physicians' associations and chosen based on their proximity to the largest entertainment district in each city. Subjects were selected from attendees at the clinics who were currently diagnosed with STIs or before diagnosis displaying STI-related symptoms during the study period. STIs included chlamydial infection, gonorrhea, syphilis, non-chlamydial non-gonococcal urethritis, genital herpes, condyloma acuminatum, chancroid, phthirus pubis, and STI-related symptoms included unusual genital discharge (flow), sores, warts, burning with urination, and redness or itching around the genitals. Eligible attendees were consecutively recruited and asked to complete an anonymous, self-administered questionnaire in a waiting room. A total of 1119 subjects participated in the survey, yielding a final response rate of 84.9 percent (791 males, 304 females, 24 unknown gender). As the survey was anonymous, not all participants responded, and information from the clinics could not be linked to the survey, the distribution of the exact diagnosis of STIs and STI-related symptoms among participants was not determined.

Integration of the data sets

The data sets in the two surveys were combined for female subjects who lived in the six districts mentioned above. Subjects who had sexual intercourse during the previous year, met age criteria (18-50 year old) and denied involvement in commercial sex were included in the analysis. The merged data set included information about age, gender, occupation, educational background, marital status, HIV/STI-related knowledge, age at first sex, number of sexual partners in the previous year, types of sexual partners (regular, casual, or commercially-related), and condom use with each type of sexual partner in the previous year or during their last sexual experience. For STI clinic attendees, information on the presence of a current diagnosis of STI and a past history of STI infection excluding current diagnosis was included for subgroup analysis.

Sample characteristics

The control group was somewhat older than that found in the 2000 census data [7]. The proportion of subjects in the age group of 18-29, 30-39 and 40-50 was 25, 37, and 38 percent respectively for the control group, and 37, 30 and 33 percent respectively for the female census population. Controls were more likely to be married than the census population (78 percent vs. 58 percent), and were better educated (50 percent vs. 42 percent for at least a college/university education). Occupational patterns were similar between the

populations. Regarding STI clinic attendees, only age was available for comparison with the 1999 national sentinel STI surveillance data [8]. STI cases in this study were slightly younger than the STI surveillance population. The proportion of subjects in the age group of 18-29, 30-39, 40-50, was 79, 18, and 3 percent respectively, for STI clinic attendees, and 70, 24 and 6 percent respectively, for the STI surveillance population.

Ethical issues

In both surveys, verbal informed consent was obtained from participants. They were then asked to complete the questionnaire and return it in a sealed envelope, in person or by mail. This research study was approved by the Committee for Research on Human Subjects at Kyoto University in Japan.

Statistical analysis

All statistical analyses were performed using SPSS for windows (version 12.0; SPSS Inc., Chicago, Illinois, USA). Bivariate analyses were performed to determine the association between STI clinic attendance and demographic and behavioral variables. Logistic regression was conducted to calculate adjusted odds ratio (AOR) and 95 percent confidence intervals (CI). Answers to HIV/STI knowledge questions were transformed into scores by giving 1 for a correct answer and 0 for an incorrect answer. Behavioral variables were combined to create variables that coded presence (=1) or absence (=0) of unprotected sex for each type of partner. These variables were compulsorily entered into a multivariate model, together with age at first sex, number of sexual partners in the previous year, and demographic variables, except for the variables of behaviors practiced by too few participants and those strongly interrelated. All statistical tests were two-tailed and results were considered significant when p<0.05.

RESULTS

The study examined data relating to 145 STI clinic attendees and 956 controls. Subjects in the control group who reported having had an STI in the previous year (n=16) were excluded from the study.

Table 1 compares the demographic characteristics and HIV/STI-related knowledge of the two groups. STI clinic attendees were much younger than the control group (average age 24.9 vs. 36.3, p<0.001). There was significant difference in the type of occupation between the groups (p=0.012), with more employed individuals and less housewives among the STI clinic attendees than among the controls. Marital status varied between the groups with 78% of the controls being married while only 15% of the STI clinic attendees were married (p<0.001). Education level was almost equivalent between the groups, with about 50% of both the STI clinic attendees and controls having at least a college/university education. Average scores on HIV/STI-related knowledge were higher for STI clinic attendees than for controls (11.9 vs. 9.6, p<0.001).

Table 2 compares sexual behavior characteristics between the groups. STI clinic attendees experienced their first sexual intercourse almost three years earlier than the controls. Also, there was a remarkable

difference in the number of sexual partners in the previous year. While only 8% of the controls reported that they had multiple partners in the previous year, 44% of STI clinic attendees reported multiple partners in the previous year. 40% of STI clinic attendees reported having had casual partners in the previous year, compared to only about 4% of controls.

Significant difference was observed between the groups in the prevalence of unprotected sexual practice. While the proportion of STI clinic attendees who experienced unprotected vaginal and oral sex with regular partners was 82% and 84%, respectively, the figures were 65% and 55% respectively, among the controls. Also, while the proportion of STI clinic attendees who experienced unprotected vaginal and oral sex with casual partners were 30% and 28%, respectively, with the figures only 2% for both among the controls. The proportions of those having had anal intercourse with either regular or casual partners were low in both groups without statistical difference between them.

Subgroup analysis of the female STI clinic attendees having self-reported current STI diagnosis (n=73) and those before diagnosis (n=72) revealed that the sexual behavioral patterns were identical between the groups with p-values of Chi-square tests for group difference all ranging between 0.77-1.00, except for unprotected oral sex with regular partners (p = 0.16). Subgroup analysis of the female STI clinic attendees with a past history of STI diagnosis (n=66) and those without (n=79) yielded similar results.

Multivariate analysis was performed to evaluate the independent association of demographic and behavioral variables with STI clinic attendance (Table 3). While age at the time of the survey was entered into the model as a continuous variable, occupation, educational level, marital status, age at first sexual intercourse, and number of partners in the previous year were entered collectively into the model, together with other behavioral variables that represent the presence of unprotected sex with regular or casual partners, all as dichotomous variables. HIV/STI-related knowledge scores and unprotected anal sex with casual partners were excluded from the analysis. Variables representing unprotected oral and vaginal sex with casual partners were combined to create a single dichotomous variable that represents the presence or absence of unprotected oral and/or vaginal sex, since these variables were closely correlated (r=0.79).

Results of the multivariate analysis showed that female STI clinic attendees were younger (AOR=0.94, 95% CI: 0.89, 0.99) and more likely to be unmarried (AOR=4.11, 95% CI: 1.73, 9.77), while educational and occupational categories showed no significant association with STI clinic attendance. Female STI clinic attendees were more likely to have had multiple partners in the previous year (AOR=3.09, 95%CI: 1.42, 6.71), and have had unprotected vaginal sex with regular partners (AOR=3.59, 95% CI: 1.49, 8.64). Though not statistically significant, they tended to have experienced their first sexual practice at younger ages (AOR=1.77, 95% CI: 0.89, 3.54), and have more unprotected vaginal and/or oral sex with casual partners in the previous year than the controls (AOR=2.08, 95% CI: 0.75, 5.71). In order to eliminate any confounding effects of age, the same analysis was performed in the groups of STI clinic attendees (n=139) and controls (n=139) that were exactly frequency matched for age using one year intervals from 18 to 50 years old. Marital status and the same set of behavioral variables were found to be associated with STI

clinic attendance in similar magnitudes as in the original unmatched analysis with statistical significance except for the age at first sexual intercourse and unprotected vaginal and/or oral sex with casual partners that were associated at the p-value level of between 0.1- 0.2.

DISCUSSION

This is the first study to evaluate the sexual-behavior profile of Japanese, non-SW females attending STI clinics utilizing the data sets collected in 1999. Using population-based controls, rather than hospital-based controls that bring a risk of over-controlling [9], our study shows that female STI clinic attendees are more likely to be younger, unmarried, have unprotected vaginal sex with regular partners in the previous year, and have multiple sex partners in the previous year. They also tended to have their first experience of sexual intercourse at a younger age and have more unprotected vaginal and/or oral sex with casual partners. These results however cannot be immediately translated into the risks for STI infection because the results may be confounded by attendees with non-STI infections such as vulvaginal candidasis, bacterial vaginosis or urinary tract infection. Confounding of such cases may well be why our study found unprotected sex with a regular partner was generally high among our subjects. However, this is unlikely to be the case because identical sexual behavioral patterns were identified between female attendees with a current diagnosis of STI and those before diagnosis, and between those with and without a past history of STI diagnosis. It is, therefore, likely that these sexual behaviors are predictive of STI infection among young women in Japan and could have contributed to the STI epidemic in women which Japan witnessed during the 1990s.

Case-control or cross-sectional studies that assess the possible STI infection risk of women using population-based controls are limited. These include a British study that compared females who attended STI clinics in the previous year (n=250) with those who did not (n=9584) among the probability samples of the general population using the data set of the British National Surveys of Sexual Attitudes and Lifestyles (NATSAL) conducted in 1990 [10]. Another British study, using the 2000 NATSAL samples, also compared females who had STIs in the previous five years (n=416) with those who had not (n=5459) [11]. In the U.S., two population-based studies were performed in North Carolina; one study compared black women with a lifetime history of gonococcal infection (n=27) with women without such histories (n=120) [12]; and the other study compared women in a low-income neighborhood with herpes simplex type 2 infections (n=534) with those who had no such infection (n=1101) [13]. In China, a national population-based study was conducted in 1999-2000 comparing women testing positive for chlamydia (n=41) with negative controls (n=1194) [14]. Finally, in Slovenia, a national population-based study was performed in 2000 that compared women with a lifetime history of STI infection (n=41) and those without (n=737) [15]. Although there are other studies that attempt to assess the correlates of STI infection in females, they either do not include the results of multivariate analysis for women or lack information on sample size [9, 16, 17].

The results of our study are consistent with all of the studies cited above, indicating that multiple

partnerships is a strong correlate with STI infection or STI clinic attendance, though the time frame of the question and the stratification of multiple partners varies between the studies. While our study and the China study adopted the previous one year as the time frame for the questions on sexual behaviors, lifetime or the previous five years were used in other studies. Similarly, while the number of partners was used as a dichotomous variable of one or more in our study, it was used as a dichotomous variable with different categorization, a continuous variable or polychotomous variables in other studies. Our findings that STI clinic attendees are more likely to be unmarried or experienced sex at an earlier age are also consistent with the results of some of these studies in STI patients or STI clinic attendees [9, 10, 12].

Our study, however, differs importantly from other studies in analytic strategy. Though types of partners, types of sex or condom use are usually introduced as separate variables in analysis, we structured the questions so that we could construct dichotomous variables that represent the presence or absence of unprotected sex in each type of sex (vaginal, oral or anal) with each type of partner (regular, casual or paid). This enabled us to more accurately evaluate the potential risk of sexual behaviors for STI infection, especially the sexual behavior with regular partners that has not been adequately addressed because regular partnerships are usually used as a reference for other types of partnerships. Our analysis clearly showed that unprotected vaginal sex with a regular partner is an independent correlate of STI clinic attendance or STI infection. About 60% of female STI clinic attendees in our study experienced sex only with regular partners in the previous year, suggesting that not only multiple partnerships or unprotected sex with casual partners, but also unprotected sex with regular partners may pose a risk of STI infection for young women in Japan. It may be important to note the difference in the type of regular partnership between STI clinic attendees and controls. While 78% of the regular partners for controls were husbands, 77% of the regular partners of STI clinic attendees were boyfriends, who may be potentially short-term, which is consistent with the increased number of partnerships for STI clinic attendees.

The risk of sexual transmission through a regular partnership has been suggested in a number of studies on STIs or HIV [18-21]. These studies are, however, either case studies or cross-sectional studies that only show the proportion of people who are monogamous or have only a regular partner. To our knowledge, our study is the first to quantitatively assess the possible risk of unprotected sex with regular partners among women. The China study introduced variables that represent the level of income or socialization of the male steady partner and showed that women with chlamydial infection are more likely to have steady partners with higher incomes and displaying frequent socialization [14]. Since 98% of women having chlamydial infection had only a steady partner, it was suggested that infection from a steady partner is the single most important risk factor for STI infection for women in China. In view of the importance of the prevention of STI among women, more evidence on the risk of regular partnerships should be accumulated.

It is interesting to interpret the findings of the present study in relation to those of our previous study that analyzed the demographic and sexual behavioral risk profile of male STI clinic attendees using the same data sets and adopting the same analytic strategy [5]. That study showed that male STI clinic attendees are

more likely to be unmarried, have multiple partnerships in the previous year, have unprotected vaginal sex with regular partners, have unprotected vaginal and/or oral sex with casual partners, and unprotected vaginal and oral sex with paid partners in the previous year. These findings, together with the results of the present study, suggest that Japanese women may be at risk of STI infection not only through casual or multiple partnerships but also potentially through regular partnerships with men who have frequent genital and/or oral sexual contact with paid or casual partners. Japanese women, especially unmarried women, may be at a greater risk of STI infection from male partners who buy sex than women in other developed countries because it was shown in our previous study [5] that the proportion of men who paid women for sex was 62.0% of male STI patients and 10.5% of probability male controls, while it is only a few percent among the general male population in other developed countries [22-24].

The results of the present study should be interpreted with caution. Although the case-control design utilized here is pertinent for rare diseases such as STIs, the analytic value may be compromised compared with cross-sectional studies utilizing a representative sample with nested cases and controls. In the present study, STI cases were sampled from private clinics. This is because over 90% of medical institutions in Japan are privately operated and because almost all Japanese people are covered by medical insurance programs, which are applied equally to both private and public institutions. Though selection bias should be considered, important characteristics of the female STI clinic attendees in the current study are shared with the 16 women with STIs in the previous year who were excluded from the control group. Like the STI clinic attendees in the current study, these women were, though to a lesser extent, more likely to have had experienced sex earlier, had unprotected vaginal or oral sex with regular partners or with casual partners and had multiple sex partners in the previous year than the women who had no history of STI infection in the previous year. Among control subjects, although the response rate for our survey (73.7%) was similar to other general population sexual behavior surveys [24-27], our samples were more likely to be married and better educated compared to the census population as described in the Methods section. Since marital status, but not education level, was strongly associated with sexual behavior, this could have affected the results of the bivariate comparison. It is, however, unlikely to have affected the results of multivariate analysis because results were adjusted for both education level and marital status. The control group could have also been biased in that the highly sexually-active subpopulation may have avoided the survey. However, our experience with a nationwide survey of students from 30 universities in 1999 using a similar questionnaire showed little association between the answers to the questions related to sexual behaviors and response rates, which ranged between 16.4-100% [28]. It is also possible that other unmeasured factors could have confounded the results, although in an attempt to avoid this four demographic and four district variables were included in the analysis. Finally, limitations in the results also exists in the fact that our data are 10 years old, making the extrapolation of the findings into the current STI epidemic among women difficult. The present study, however, remains valid because it aimed to analyze the possible background of the STI epidemic among women during the 1990s and this is the only data set available in Japan for this purpose.

Despite the possible limitations, the results of this study are important in showing the possible STI risk

profile of non-SW females in Japan for the first time. Together with the results of male STI clinic attendees in our previous analyses, the present results suggest that the epidemic of STIs in young men and women which Japan has experienced since the mid-1990s may have been driven by the sexual network that has expanded among the younger population, linking sex workers and casual and regular partners, and increased in intensity due to multiple partnerships and the prevalent practice of oral sex. These finding should be translated into prevention programs. Of particular importance will be the education campaign to inform the public of the possible risk contained in regular partnerships for both men and women that has been long neglected. Reducing unprotected sex with sex workers by men that may bring STIs into casual and regular partnerships is also important.

Finally, in view of the rapid cultural globalization, the message from the present study may extend to other Asian countries experiencing similar changes in the sexual norms and behavior of young people [29, 30].

CONCLUSION

In a case-control design using population-based controls, our study described demographic and behavioral characteristics of non-sex worker (SW) females attending STI clinics. The results suggested that not only casual sex or multiple partnerships, but also unprotected vaginal sex with regular partners are predictive of STI infection among the non-SW, female population in Japan. HIV/STI prevention programs should focus on both the risk of frequent casual partnerships and the possible risk from regular partnerships that has been long-neglected.

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Table 1. Demographic profile of Japanese non-sex worker female STI clinic attendees compared with population-based female controls

	STI* clinic at	tendees	Population-	based	
	(n=145	5)	controls (n	=956)	
Characteristic	n	%	n	%	p value†
Age at survey					<0.001§
18-19	19	13.1	18	1.9	
20-29	96	66.2	225	23.5	
30-39	26	17.9	353	36.9	
40-50	4	2.8	360	37.7	
Missing	0	0	0	0	
Mean(SD*)	25.0(5.9)		36.1(8.7)		
Median	23		36		
Employment					< 0.001
Self-employed	7	4.8	86	9.0	
Management	0	0	6	0.6	
Employee	88	60.7	467	48.8	
Unemployed, full time student	40	27.6	57	6.0	
Housewife	5	3.4	326	34.1	
Missing	5	3.4	14	1.5	
Marital status					< 0.001
Married	21	14.5	746	78.0	
Not married	123	84.8	201	21.0	
Missing	1	0.7	9	0.9	
Education level					0.43
High school or below	66	45.5	471	49.3	
College/university or above	79	54.5	482	50.4	
Missing	0	0	3	0.3	
HIV/STI-related knowledge score¶					<0.001§
Mean(SD)	11.9(3.0)		9.6(3.6)		
Median	12		10		

^{*} STI, sexually transmitted infection; SD, standard deviation

 $[\]dagger p$ values for chi-square test unless otherwise noted

[¶]Score for HIV/STI-related knowledge is the total number of 18 questions answered correctly.

[§]*P* values for Student's *t*-test

Table 2. Sexual behavior profile of Japanese non-sex worker female STI clinic attendees compared with population-based female controls

	STI* clinic a	ttendees	Population	-based	
	(n=145	5)	controls (n	=956)	
Characteristic	n	%	n	%	p value
Age at first sexual intercourse (years)					<0.001
<19					
19 or older	105	72.4	244	25.5	
Missing	38	26.2	641	67.1	
Mean(SD*)	2	1.4	71	7.4	
Median	17.6(2.7)		20.5(3.3)		
	17		20		
No. of partners (previous year)					< 0.001
1	56	38.6	871	91.1	
2 or 3	33	22.8	65	6.8	
4 or more	30	20.7	12	1.3	
Missing	26	17.9	8	0.8	
Type of sex partner (previous year)					
Regular partner					0.011
Yes	139	95.9	942	98.5	
No	6	4.1	10	1.0	
Missing	0	0	4	0.4	
Casual Partner					< 0.001
Yes	58	40.0	35	3.7	
No	86	59.3	908	95.0	
Missing	1	0.7	13	1.4	
Sex with regular partners (previous year)					
Had unprotected vaginal sex					
Yes					< 0.001
No	119	82.1	622	65.1	
Missing	17	11.7	268	28.0	
Had unprotected oral sex	9	6.2	66	6.9	
Yes					< 0.001
No	122	84.1	524	54.8	
Missing	18	12.4	375	39.2	
Had unprotected anal sex	5	3.4	57	6.0	
Yes					0.31
No	10	6.9	42	4.4	
Missing	130	89.7	851	89.0	

	5	3.4	63	6.6	
Sex with casual partners (previous year)					
Had unprotected vaginal sex					
Yes					< 0.001
No	44	30.3	20	2.1	
Missing	94	64.8	922	96.4	
Had unprotected oral sex	7	4.8	14	1.5	
Yes					< 0.001
No	40	27.6	17	1.8	
Missing	97	66.9	925	96.8	
Had unprotected anal sex	8	5.5	14	1.5	
Yes					1.00
No	0	0	1	0.1	
Missing	138	95.2	941	98.4	
	7	4.8	14	1.5	

^{*} STI, sexually transmitted disease; SD, standard deviation

 $[\]dagger p$ values for chi-square test unless otherwise mentioned

Table 3. Bivariate and multivariate analyses on the demographic and sex behavioral correlates of STI infection among non-sex worker Japanese women.

	Crude odds		Adjusted	
Characteristic	ratio	95%CI*	odds ratio†	95%CI
Socio-demographic factors				
Age (years)	0.83	0.80-0.86	0.94	0.89-0.99
Occupation				
Unemployed, full time student or housewife Others	0.69	0.47-1.01	0.61	0.30-1.25
	1.00		1.00	
Education				
High school education or less	0.86	0.60-1.21	0.76	0.39-1.48
University education or above	1.00		1.00	
Marital status				
Unmarried	21.74	13.34-35.40	4.11	1.73-9.77
Married	1.00		1.00	
Behavioral factors				
First sexual experience (years)				
□18	7.26	4.87-10.82	1.77	0.89-3.54
□19	1.00		1.00	
Number of sexual partners (previous year)				
□2	12.72	8.29-19.54	3.09	1.42-6.71
1	1.00		1.00	
Sex with regular partners (previous year)				
Had unprotected vaginal sex				
Yes	3.02	1.78-5.11	3.59	1.49-8.64
No	1.00		1.00	
Had unprotected oral sex				
Yes	4.85	2.91-8.10	1.34	0.57-3.18
No	1.00		1.00	
Had unprotected anal sex				
Yes	1.56	0.76-3.18	0.83	0.23-2.95
No	1.00		1.00	
Sex with casual partners (previous year)				
Had unprotected vaginal and/or oral sex				
Yes	23.16	13.51-39.68	2.08	0.75-5.71
No	1.00		1.00	

^{*} CI, confidence interval

[†]Odds ratio was adjusted by multiple logistic regression analysis for districts (Hokkaido/Tohoku, Kanto-Koshinetsu, Chubu/Kinki, Chugoku/Kyushu)

平成 21 年度厚生労働科学研究費補助金(エイズ対策研究事業) 国内外の HIV 感染症の流行動向及びリスク関連情報の戦略的収集と統合的分析に関する研究 分担研究報告書

性感染症患者の HIV 感染と行動のモニタリングに関する研究

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研究要旨

主要都市のSTD クリニックを受診したSTD 症例及び検診のために受診したCSW 症例を対象として、HIV 抗体検査 や梅毒抗体検査などの血清疫学調査と、性器クラミジア、淋菌の核酸診断法による陽性率に関する検査を行い、STD 患者及びCSW におけるHIV 感染の浸透度について検討した。対象症例は、症状を有してSTD クリニックを受診した 患者及び検診のために受診した commercial sex workers (CSW)とし、このうち STD クリニック受診者に対しては、 同意を得て HIV を含む STD 検査を行った。また、可能な症例に対しては性に関するアンケート調査を行った。

平成 21 年度の集積症例数は、STD 外来を受診した男性患者 122 例、女性患者 125 例、検診目的の CSW174 例で合計 421 例であった。このなかで HIV 検査を拒否した症例は、STD 外来を受診した男性患者 14 例と女性 STD 患者 28 例であった。CSW において HIV 検査を拒否した症例はなかったが、HBs 抗原検査を拒否した症例が 6 例みられた。今年度の HIV 抗体陽性者は、男性 STD 外来受診者 122 例中 2 例(1.9%)で、女性 STD 患者、CSW では HIV 抗体陽性者を認めなかった。その他の STD の陽性率はクラミジアは男性 STD 患者で 8.4%、女性 STD 患者で 8.0%、CSW で 6.3%、淋菌は男性 STD で 6.7%、女性 STD で 0.8%、CSW で 1.7%であった。TPHA 陽性者は男性 STD で 5.8%、女性 STD では 0.8%、CSW では 2.9%の陽性率であった。HBs 抗原は男性 STD、女性 STD で 0%、CSW でも 0.6%と低かった。性行動に関するアンケート調査に協力が得られたのは男性 50 例、女性 143 例(CSW は除く)であった。この中で過去 3ヶ月のセックスでのコンドーム使用状況に関する調査では、使用しない方が多かった、一度も使用しなかったと答えたのは女性で 44.1%、男性 34.0%と女性の方が高かった。一方、自分が HIV に感染する可能性がどの程度だと思うかとの質問に対しては、まったくないあるいは低いと思っているのは女性の 60.1%、男性の 78%であった。今回の調査の結果、わが国における男性 STD 患者において、HIV 陽性者は昨年と同程度であった。また、コンドームの使用状況調査については昨年と比べ低くなっており、HIV 感染症を含む STD の予防は十分には行われてはいなかった。今後も継続して STD 患者における HIV 感染の浸透状況の検討を継続していくことが重要と思われた。

A 研究の目的

主要都市のSTDクリニックを受診したSTD症例とCSWを対象として、HIV 抗体検査や梅毒抗体検査、HBs 抗原

検査などの血清検査と、性器クラミジア、淋菌の陽性率に関する病原検査を行って STD 患者における HIV 感染の浸透度について検討した。これらの結果をもとに、STD としてのHIV 感染と他の STD 感染でどの程度相互関連性をもつのかを検討した。 さらに、可能な症例に対して、性行動に関するアンケート調査を行って STD への予防介入の試みを行った。

B 対象

- 1) STD 患者:東京、川崎、前橋、札幌、京都において STD 外来をもつ診療施設に受診し、HIV 検査を含む他の STD 検査について同意が得られた症例。
- 2) CSW: 検診を目的として受診した症例。 上記1)、2) とも原則として20歳以上の成人を対象 とした。

C 方法

- 1) 上記5都市のSTD クリニック受診症例を対象に、 患者の同意を得てHIV 抗体、梅毒血清抗体(TPHA)、 B型肝炎ウイルス検査(HBs ag)及び、初尿あるいは 腟分泌物(自己採取可)を検体としてクラミジア、 淋菌の保有状況をPCR 法により検査した。
- 2) その結果については、患者のプライバシーに十分配慮して通達する方法をとった。HIV 検査が陽性であった症例に対しては、確認検査を行い、希望があれば専門の医療機関を紹介することとした。なお、検診のために来院した CSW については検査の同意は不要とした。研究のために行う検査の費用については、当該患者において疑われる性感染症の検査を除く他の検査にかかる費用を研究費で負担した。CSW を除く男性、女性の STD 症例については、検査を勧めた症例数とそのなかで何人が検査を拒否したのかを検査項目毎に記録にとどめた。また、可能な症例に対しては、性に関するアンケート調査への協力を依頼した。

3) 本研究は、日本性感染症学会倫理委員会の承認を得て行った(受付番号 JSSTI-09-002)

D 結果

1) 集積症例数とその内訳

平成 21 年度の目標症例数は、男性 STD 症例 186 例、女性 STD 症例 186 例、CSW 症例 186 例であった。 実際の集積症例は、男性 STD 症例 122 例、女性 STD 症例 125 例、CSW174 例で、合計 421 例であった。 このうち、今年度に HIV 検査を拒否した症例は STD 外来を受診した男性 14 例、女性 28 例で、CSW では 0 であった。症例別年齢分布では男性 STD 症例では 20 歳代が 54. 2%、30 歳代が 17%、女性では STD 症 例では 20 歳代が 66. 6%、30 歳代が 31. 8%であった。 CSW では 20 歳代が 36. 2%、30 歳代が 33. 9%であった。 CSW では 20 歳代が 36. 2%、30 歳代が 33. 9%であった。

2) 症例別 STD 関連項目陽性率

今年度対象となった症例のなかで HIV 抗体陽性 例は、男性 STD 症例 108 例中 2 例 (1.9%)、この 2 例の年齢分布は、20 歳未満が 1 例、20 歳代後半が 1 例であった。

その他、女性STD症例、CSWにはHIV 陽性者はみられなかった。

他の STD 関連項目の陽性率は、クラミジアは男性 STD 症例が 8.4%、女性 STD 例で 8.0%、CSW では 6.3%であった。

淋菌の陽性率は、男性 STD 症例で 6.7%、女性 STD 例で 0.8%、CSW で 1.7%であった。TPHA 陽性者は、男性 STD 例で 5.8%、女性 STD 例で 0.8%、CSW 例で 2.9%であった。HBs 抗原陽性者は男性 STD 症例、女性 STD 症例では 0%であったが CSW 例で 0.6%といずれも低かった。

クラミジア陽性者を年齢別にみると、男性 STD 症例では 40 歳代前半に 1 例認め、他は不明であった。女性 STD 症例では殆どが 20 歳代であった。一方、淋菌陽性者は、男性 STD では不明例が多かったが、女性 STD では 20 歳代後半に 1 例認めた。

TPHA は男性STD において 40 歳代後半の陽性率が高く、20 歳未満に 1 例認めた。

3) 性に関するアンケート調査