

N-terminus Flag-tagged Cv2 (designated as P19[Flag-Cv2]) before and after cardiac differentiation.

**Fig. 4.** BMP2 plays distinct roles in early and late cardiomyocyte differentiation, and Cv2 regulates BMP signaling for cardiac lineage decision. *A.* Experimental procedure of treatment. *B.* Representative figures showing that effects of exposure to BMP on cardiomyocyte differentiation at day 6. Treatment with 1 nmol/L of BMP2 during the first 2 days (*b*) (+/-) resulted in no cardiac differentiation at day 6, whereas treatment without BMP2 (*a*) (-/-) generated cardiac cells. Contrary, treatment with 1 nmol/L BMP2 from day 5 to 6 (*c*) (-/+) increased the generation of EGFP-positive cells, suggesting enhanced cardiac differentiation. Scale bars equal 250  $\mu$ m in panels. *C & D.* Percentage of EGFP-positive cells assessed by FACS at day 7 ( $n=3$ ,  $*p<0.05$  vs. no treatment control). Baseline means no-treatment control at day 0. *E.* Effects of either BMP2 or Cv2 on pSmad1/5/8 at day 2. *F.* Effects of either BMP2 or Cv2 on gene expression at day 2. *G.* Real-time PCR analysis of *T* (day 2), *Nkx2.5* (day 6) and *Tbx5* (day 6) after treatment with 2 nmol/L of Cv2 ( $n=3$ ,  $*p<0.05$  vs. no treatment control).

**Fig. 5.** Loss of Cv2 leads to impaired cardiac differentiation that is rescued by addition of Cv2 proteins or co-culture with parental cells. *A.* Representative western blot shows Cv2 was successful knockdown of Cv2 by RNAi. Densitometry analysis shows significant reduction of secreted Cv2 proteins by RNAi in dose-dependent manner. *B.* Cv2 RNAi clone showed impaired cardiac differentiation at day 6. Scale bars equal 250  $\mu$ m in panels. *C.* Treatment of KD cells with Cv2 during the first 2 days. Percentage of EGFP-positive cells assessed by FACS at day 7 ( $n=3$ ,  $*p<0.05$  vs. CTL). Baseline means no-treatment control at day 0. *D.* Representative western blot of pSmad1/5/8 at day 2. Densitometry analysis shows increased pSmad 1/5/8 in KD cells more than control cells at day 2 of differentiation. Treatment of KD cells with Cv2 during the first 2 days inhibited pSmad 1/5/8. *E.* Gene expression analysis by RT-PCR at day 2 and day 6. *F.* Representative figures showing that effects of co-culture on cardiomyocyte differentiation at day 6. *G.* Percentage of EGFP-positive cells assessed by FACS at day 7 ( $n=3$ ).

Table 1. List of genes expressed during early cardiomyocyte differentiation in P19 cells identified by cDNA subtraction analysis

Gene Symbol	Gene Name	NCBI Genbank
Cv2/Bmper	Crossveinless-2 /BMP-binding endothelial regulator	AF454954 /NM028472
Mapkap1	Mitogen-activated kinase associated protein 1	NM177345
Igf2bp3	Insulin-like growth factor 2 mRNA binding protein 3	NM023670
Sparc	Secreted acidic cysteine rich glycoprotein / Osteonectin	NM009242
Fkh18	Forkhead-like 18	NM010226
Wnt3a	Wingless-related MMTV integration site 3A	NM009522

Figure 1

Day 6 of cardiac differentiation

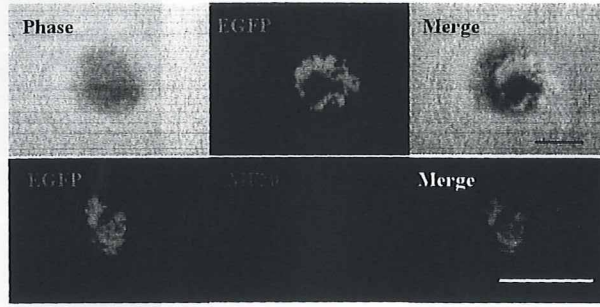
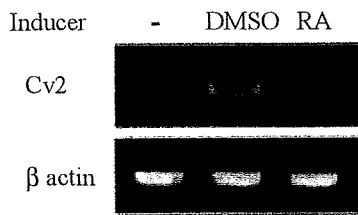
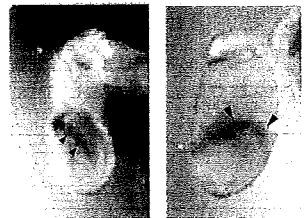


Figure 2

A

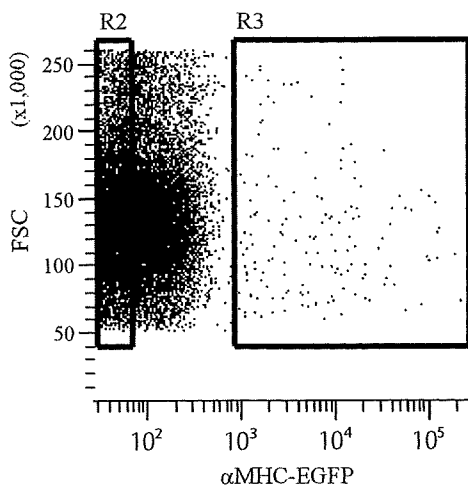


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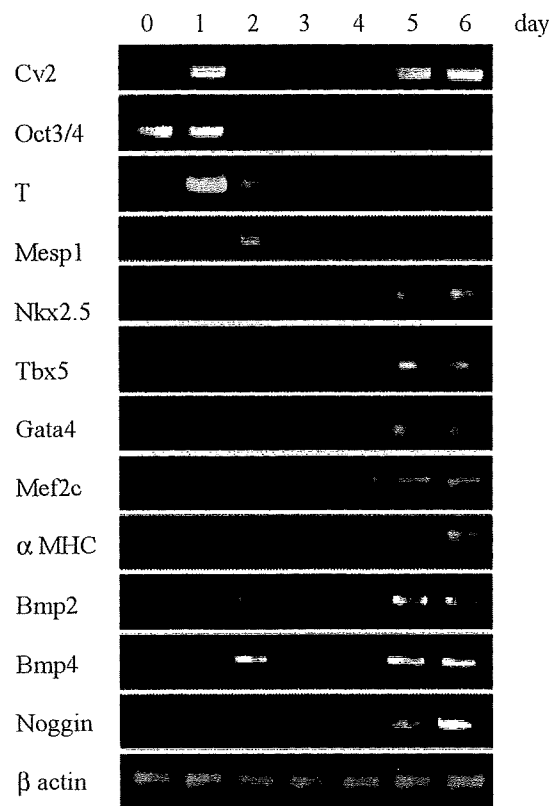


Lateral Views Frontal Views

D



B



E

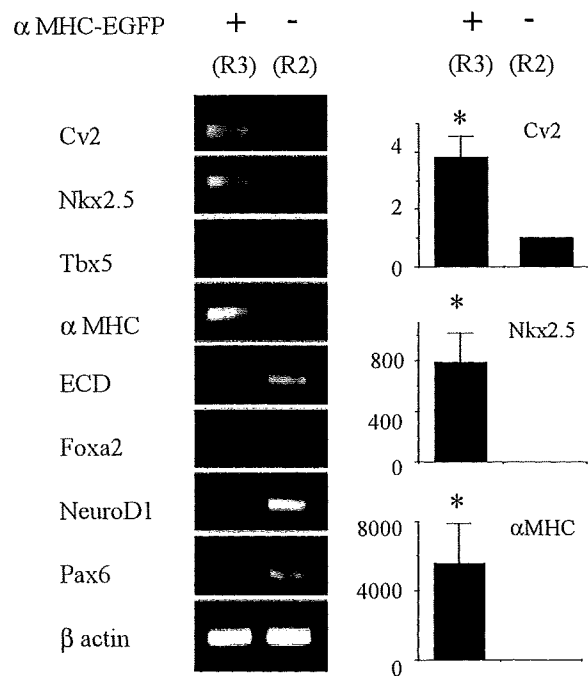
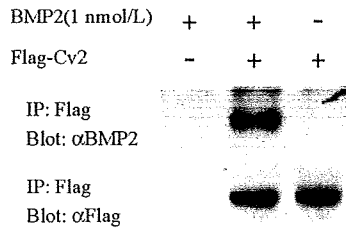
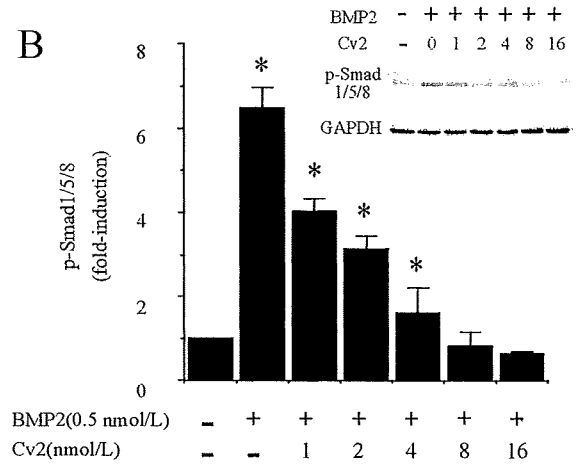


Figure 3

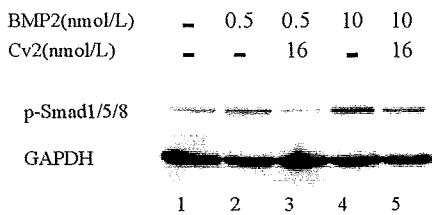
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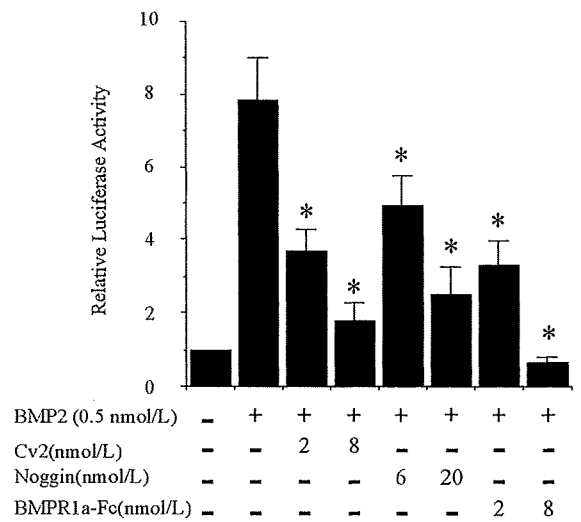
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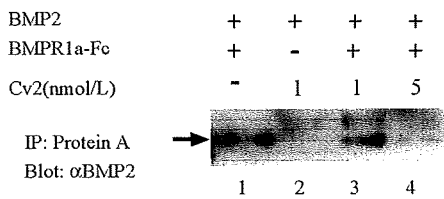
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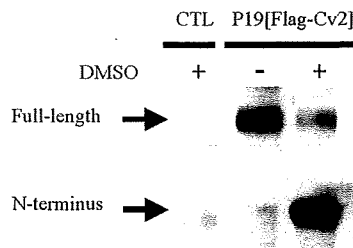
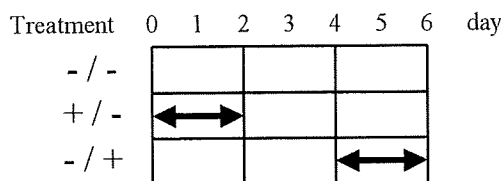
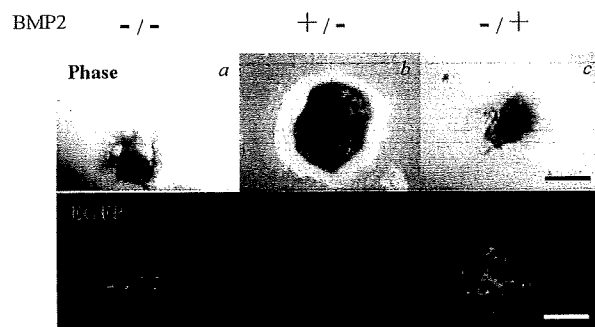


Figure 4

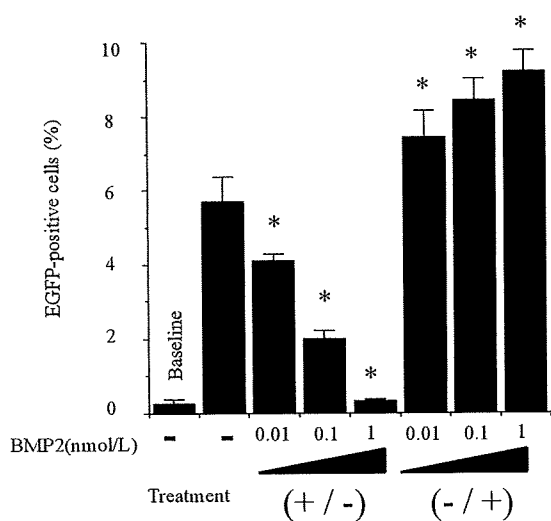
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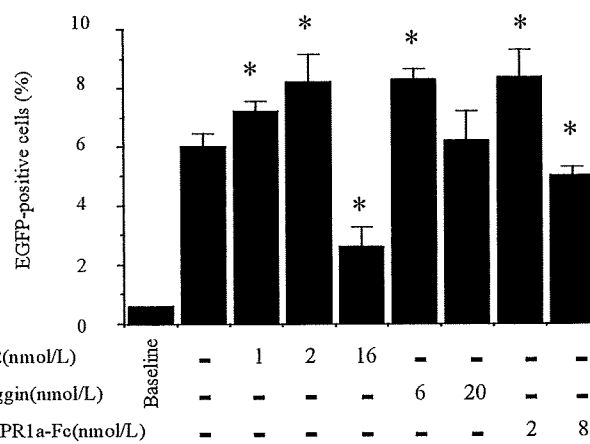
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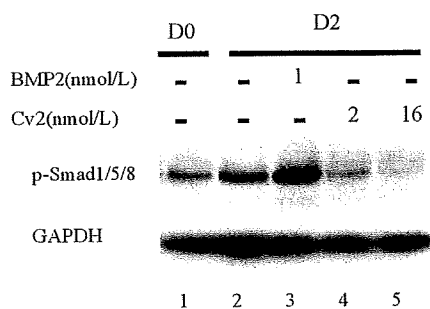
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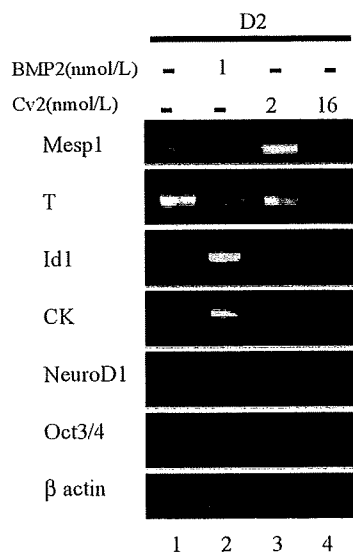
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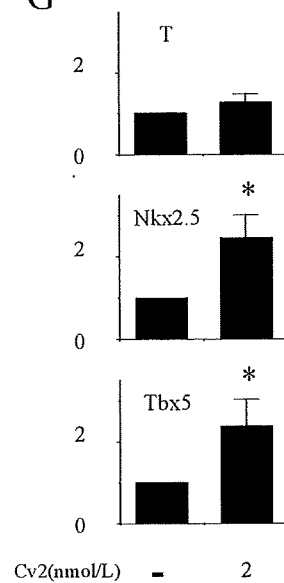
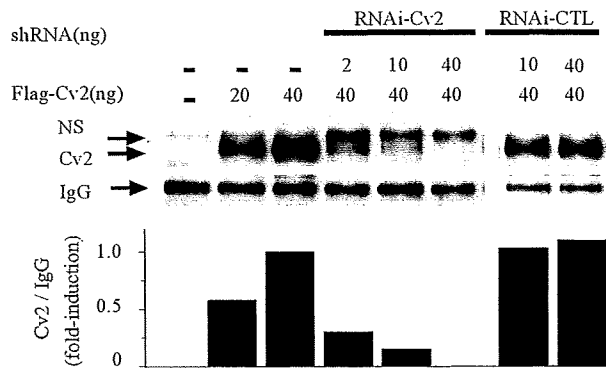
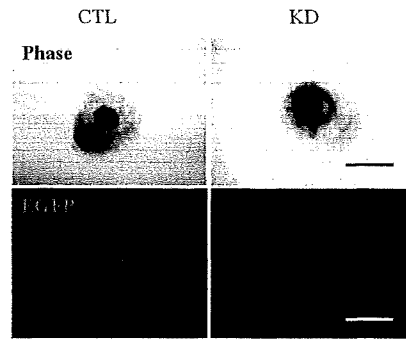


Figure 5

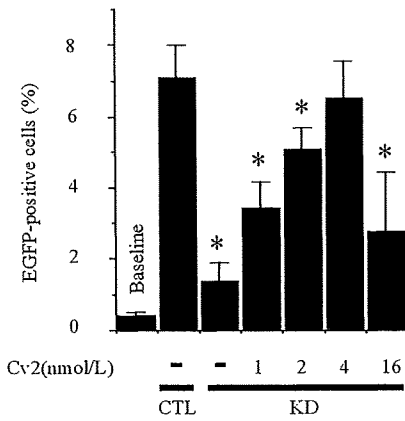
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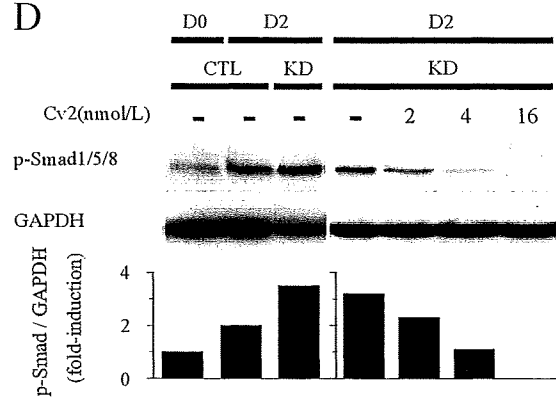
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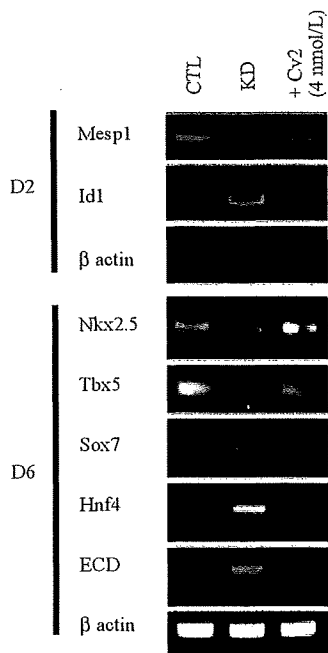
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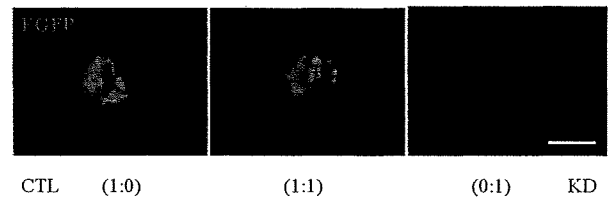
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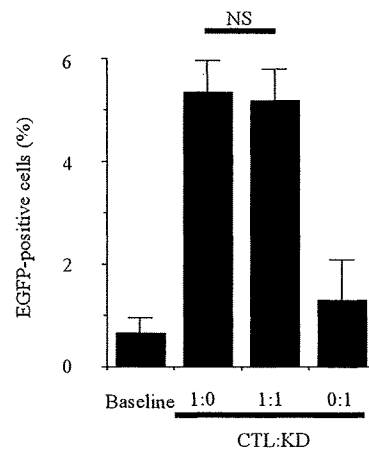
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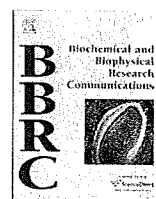


F



G





## Higher mortality in heterozygous neuropilin-1 mice after cardiac pressure overload

Fei Li<sup>a,c,1</sup>, Hui Zhao<sup>a,1</sup>, Yulin Liao<sup>a,b,\*</sup>, Seiji Takashima<sup>a</sup>, Yoshihiro Asano<sup>a</sup>, Yasunori Shintani<sup>a</sup>, Masatsugu Hori<sup>a</sup>, Masafumi Kitakaze<sup>b</sup>

<sup>a</sup> Department of Cardiovascular Medicine, Osaka University Graduate School of Medicine, 2-2 Yamadaoka, Suita, Osaka 565-0871, Japan

<sup>b</sup> Department of Cardiovascular Medicine, National Cardiovascular Center, Osaka, Japan

<sup>c</sup> Department of Cardiovascular Medicine, Xijing Hospital, Fourth Military Medical University, Xi'an, China

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### ABSTRACT

We previously identified that neuropilin-1 (NP-1) was a co-receptor of vascular endothelial growth factor receptor 2 (VEGFR2) and confirmed that NP-1 knockout mice were embryonic lethal due to impairment of vascular development, while VEGF was reported to be involved in the progression of heart failure. However, it is unknown whether NP-1 has any influence on cardiac function, and it also remains poor understood concerning cardiac expression of NP-1 and its interaction with other VEGF receptors in the heart. Here, we first showed that NP-1 heterozygous mice had significantly higher mortality due to either acute or chronic heart failure in response to left ventricular pressure overload. We also observed that NP-1 mRNA and protein were expressed in both neonatal rat cardiomyocytes and adult murine heart. Furthermore, we found that NP-1 formed complexes with VEGFR1 and VEGFR2, respectively, in cardiomyocytes. These findings suggest that NP-1 should play beneficial role in heart failure.

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Heart failure (HF) is the leading cause of death among patients with cardiovascular disease. Studies from our laboratory, as well as from others, have demonstrated that growth factors such as heparin-binding EGF-like growth factor [1], transforming growth factors [2] and vascular endothelial growth factor (VEGF) [3–5] were crucially involved in the progression of HF. By combination with its three receptors Flt-1 (VEGFR1), Flk-1/KDR (VEGFR2), and neuropilin-1 (NP-1), VEGF serves as an essential mediator of angiogenesis. We had identified that NP-1 was a co-receptor of VEGFR2 [6] and confirmed that NP-1 knockout mice were embryonic lethal due to impairment of vascular development [7]. Interestingly, VEGF was demonstrated to play a protective role in the process of hypertrophic or diabetic cardiomyopathies [5,8,9]. It has been reported that VEGF blockage promoted the transition from compensatory cardiac hypertrophy to heart failure in response to pressure overload, while VEGF treatment improved cardiac angiogenesis and preserved myocardial contractile functions in pressure overloaded animals [10,11]. Furthermore, inhibition of angiogenesis by a decoy VEGF receptor was demonstrated to promote the progression of HF [9,10]. Taken together, it is plausible to speculate

that both VEGF and its receptors are important to preserve cardiac function. However, it remains completely unknown whether NP-1 also exerts any influence on HF, and little data is available on NP-1 expression in cardiomyocytes as well as its interaction with other receptors of VEGF in the heart.

We previously confirmed that NP-1 was essential for embryonic development and NP-1 knockout mice (NP-1<sup>(-/-)</sup>) died at E12.5–E13.5 with severe neural and vascular development defect, while no discernable abnormal vascular phenotype was observed in heterozygous NP-1 (NP-1<sup>(HE)</sup>) mice [12,13]. Since change of VEGF receptors was believed to be associated with the progression of HF [9,10,14], we hypothesized that NP-1<sup>(HE)</sup> mice would be susceptible to development of HF induced by pathological stress. To address this issue, we designed the present study to observe the survival curves of NP-1<sup>(HE)</sup> mice and their wild-type (WT) littermates in response to transverse aortic constriction (TAC) and determine the cause of death. We also checked NP-1 expression in neonatal rat cardiomyocytes, fibroblasts and adult murine heart, and finally we investigated whether NP-1 is able to form complexes with Flt-1 and Flk-1 in cardiomyocytes.

### Materials and methods

**Animal model.** The heterozygous NP-1 mice (NP-1<sup>(HE)</sup>) were generated as described elsewhere [7]. All procedures were performed in accordance with our institutional guidelines for animal research that conformed to the "Position of the

\* Corresponding author. Address: Department of Cardiovascular Medicine, Osaka University Graduate School of Medicine, 2-2 Yamadaoka, Suita, Osaka 565-0871, Japan. Fax: +816 6879 3473.

E-mail address: [liao.yulin@yahoo.com](mailto:liao.yulin@yahoo.com) (Y. Liao).

<sup>1</sup> These authors contributed equally to this study.



American Heart Association on Research Animal Use" adopted by the AHA on November 11, 1984. NP-1 HE mice and their WT littermates (male, 7–8 weeks old) were anesthetized with sodium pentobarbital (50 mg/kg, i.p.), and TAC was created as we described previously [15]. The occurrence of left ventricular pressure overload (increased systolic blood pressure) was confirmed with a Millar catheter inserted via the right carotid artery in three randomly selected mice from each group (NP-1 HE and WT groups, respectively) at 1 week after TAC. By daily observation of the mice and performing autopsy of the dead animals, we evaluated the survival rate and the cause of death. 36 mice (NP-1 HE,  $n = 14$ ; WT,  $n = 22$ ) were included and followed up for as long as more than 2 months.

**Cell culture.** Rat neonatal ventricular myocytes were isolated as described previously [15] and cultured in Dulbecco's modified Eagle's medium (DMEM; Sigma) supplemented with 10% fetal calf serum (FCS) (Equitech-Bio) which was changed to serum-free medium after 48 h. Cells were cultured under serum free condition for 24 h before being used. Cardiac fibroblasts obtained during the pre-plating step of the cardiomyocyte isolation procedure were maintained in 10% FCS-supplemented medium. After confluence, cells were trypsinized and passaged at 1:3 dilutions. The second passage fibroblasts were used.

**RT-PCR.** Total RNA of homogenized murine whole heart or cell lysates of cultured neonatal rat cardiomyocytes and fibroblasts were prepared using RNA-Bee isolation reagent (Tel-Test, Inc.) according to the protocol of the manufacturer. Reverse transcription-polymerase chain reaction (RT-PCR) was performed to generate cDNA templates from extracted RNA. cDNA template (1  $\mu$ g) was then used for subsequent PCR amplification with primers targeting the genes of NP-1, flt-1, flk and GAPDH. PCR products were loaded onto a 1.5% agarose gel and electrophoresed at 100 V for 45 min. Gels were stained with ethidium bromide. GAPDH was used as internal control. The sequences of primers were as follows: mouse NP-1, sense: 5'-TATGACCGCTGGAGATCTG-3', antisense: 5'-TGTCCTACAGCAGTAACGAA-3'; mouse flt-1, sense: 5'-CTGTACCACAATCACTCCA-3', antisense: 5'-TCCTTCGCTGGCATCTTT-3'; mouse flk-1, sense: 5'-ATTGCCTGGTCAACAGCTCA-3', antisense: 5'-AGTGCCGACGAGGATAATGA-3'; rat NP-1, sense: 5'-TCCTGCGATTCGTTACTGCT-3', antisense: 5'-TCTTCTCATCCAGGTCCA-3'; rat flt-1, sense: 5'-ACCATGCACCATAGCATCAGT-3', antisense: 5'-CACCTCATCTCTTCTGTGA-3'; rat flk-1, sense: 5'-TATAAGACAAAGGGGACAGC-3', antisense: 5'-ACACAAAAGACCAACACCA-3'.

**Western blot and immunoprecipitation.** For detecting the expression of NP-1, flk-1, and flt-1, SDS-PAGE was performed with 50  $\mu$ g of protein extracted from rat cardiomyocytes and fibroblasts or 100  $\mu$ g of protein from murine whole heart. Blots were incubated with antibodies: NP-1 C19, flt-1 C17, and flk-1 C1158 (Santa Cruz, USA). Immunoprecipitation was performed as described elsewhere [7]. Briefly, cells were grown in 6-well dishes, starved for 24 h and replaced with 2.0 ml binding buffer containing DMEM, 1 mg/ml BSA, and 1  $\mu$ g/ml heparin. The cells were washed extensively with ice-cold phosphate-buffered saline (PBS) and lysed on ice with 300  $\mu$ l of 30 mM MOPS, pH 7.0, 0.15 M NaCl, 1 mM Na<sub>3</sub>VO<sub>4</sub>, 5 mM NaF, 1 mM EDTA, 1% NP 40 and protease inhibitors. Cell lysates were incubated with anti-NP1, anti-flt-1 and anti-flk-1 antibodies at concentration of 1–2  $\mu$ g/ml for 16 h at 4 °C and immune complexes were precipitated with protein G.

**Statistical analysis.** Results are reported as the mean  $\pm$  SEM and two-tailed Student's *t*-test was used to compare the differences between groups. Survival analysis was performed using the Kaplan–Meier method.  $P < 0.05$  was considered statistically significant.

## Results and discussion

### Higher mortality in NP-1 HE mice after TAC

Since NP-1 homozygous knockout mice are embryonic lethal, we used NP-1 HE mice to evaluate the role of NP-1 in HF. As we previously reported, NP-1 mRNA levels in NP-1 HE mice are less than one-half of wild-type mRNA levels [7]. During development up to adult, there was no cardiac phenotype was found in NP-1 HE mice. The results showed that systolic aortic blood pressure at baseline and 1 week after TAC was similar between WT and NP-1 HE mice (Fig. 1A), indicating similar pressure overload in the two TAC groups. By following up for two months, we found that the total mortality after TAC was markedly higher in NP-1 HE mice than in their WT littermates, the accumulated survival rates were 21% and 64% in NP-1 HE and WT mice, respectively, ( $P = 0.0109$ ) (Fig. 1B), and the accumulated hazard of death was also significantly higher in NP-1 HE mice for the full follow-up period ( $P = 0.0107$ ) (Fig. 1C). By daily observation of the mice and performing autopsy of the dead animals, we found that acute or chronic heart failure (CHF) was the cause of death, as indicated by the presence of pulmonary hemorrhage or congestion (Fig. 1D). The lung-to-body weight (LW/BW) ratio was usually

higher than 13 mg/g (normal value is 5–6) and pleural effusion was common in mice that died of CHF. Additional analysis of acute mortality showed that nearly 50% of NP-1 HE mice versus 18% of WT mice died during the first week after TAC ( $P = 0.0369$ ) (Fig. 1E). We further analyzed the chronic survival rate in the mice survived to 3 weeks. As a result, the mortality in the period of 21 to 60 days was 57% and 22% in NP-1 HE and WT groups, respectively ( $P = 0.0108$ ) (Fig. 1F).

The above results are the first to show that partial deletion of NP-1 accelerates the development of lethal acute and chronic HF, suggesting an essential role of NP-1 in preserving heart function under pathological states. The higher incidence of lethal CHF in NP-1 HE mice may attribute to the disruption of coordinated cardiac hypertrophy and VEGF-mediated angiogenesis. It was reported that proportional capillary density with cardiac mass was necessary to preserve cardiac contractile function [8,9,16,17]. In TAC models, pressure overload initially induced adaptive hypertrophy with normal capillary density and cardiac contractile function; however, if the mechanical pressure sustained, the number of microvessel per cardiomyocyte decreased and systolic dysfunction developed. Inhibition of angiogenesis resulted in suppressed adaptive cardiac hypertrophy and deteriorated cardiac function [8]. It is highly believable that NP-1 plays a crucial role in VEGF mediated angiogenesis because inhibition of NP-1 attenuated murine retinal neovascularization stimulated by VEGF<sub>165</sub> [18]. And more persuasively, we previously demonstrated that serious angiogenesis defect occurred in NP-1 (–/–) mice [7]. Collectively, it is plausible that NP-1 contributes to preserving cardiac function through mediating VEGF-induced angiogenesis in pressure overload heart.

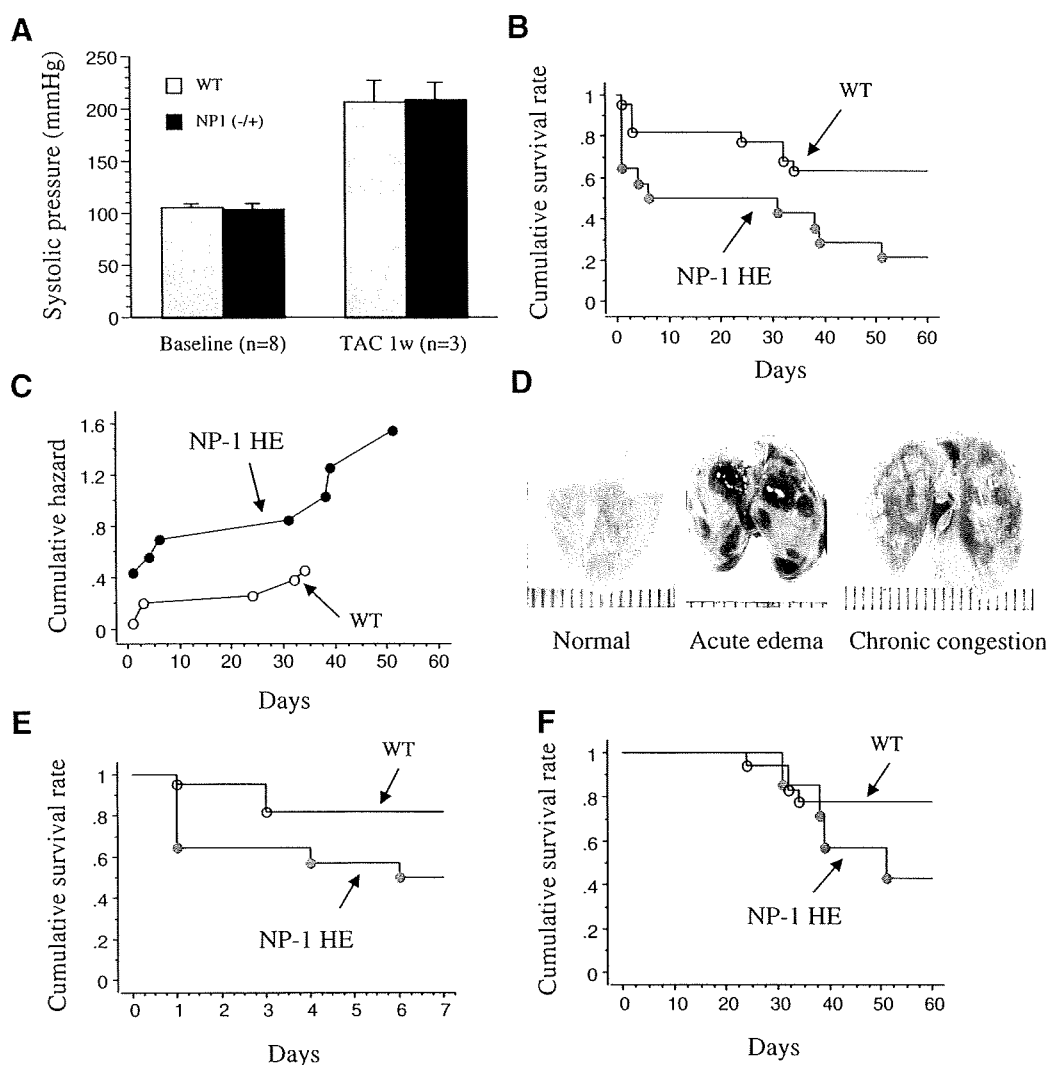
In term of the higher incidence of lethal acute HF in NP-1 HE mice, the mechanism of impaired angiogenesis may not be the case. We speculated that NP-1 might contribute to the VEGF mediated direct influence on cardiac function. In rat neonatal cardiomyocytes, VEGF was reported to directly enhance stretch-induced expression of connexin 43, an essential protein to form hemichannel and gap junctions which are necessary for electrical synchronization and normal systolic function in heart [19]. VEGF was also able to accelerate ventricular contractility in zebra fish and rat cardiomyocytes [4].

To clarify the precise mechanisms for the contribution of NP-1 disruption to lethal HF, substantial studies need to be undertaken. Here, we focused on two basic molecular issues: the expression of NP-1 and the relationship between NP-1 and other VEGF receptors in cardiomyocytes. Although NP-1 has been extensively addressed in endothelial cell, its molecular characteristics were rarely investigated in cardiomyocytes.

### The expression of NP-1 in cardiomyocytes and fibroblasts

We observed that both mRNA and protein of NP-1 was expressed in rat neonatal cardiomyocytes, cardiac fibroblasts and adult murine heart (Fig. 2A–F), whereas Flt-1 and Flk-1 expressed in both neonatal rat cardiomyocytes (Fig. 2A and D) and adult murine whole heart (Fig. 2C and F) but were undetectable in neonatal rat cardiac fibroblasts (Fig. 2B and E).

Expression levels of NP-1 in fibroblasts were lower than in cardiomyocytes, suggesting that its expression in cardiomyocytes was not from contamination of fibroblast. Although NP-1 mRNA was reported to be expressed in human myocardium [6], to our knowledge, this study is the first to show both mRNA and protein of NP-1 expressed in neonatal animal cardiomyocytes and adult whole heart. Considering the co-existence of other VEGF receptors in cardiomyocytes, we speculated that NP-1 might exert some other role in myocardium besides angiogenesis, which need to be clarified in the future.



**Fig. 1.** Higher mortality rate in NP-1 HE mice in response to pressure overload. (A) No significant difference was found in systolic pressure before (baseline) and one week (1w) after transverse aortic constriction (TAC) operation in NP-1 HE and WT mice. (B) Kaplan–Meier cumulative survival analysis in NP-1 HE ( $n = 14$ ) and WT ( $n = 22$ ) mice after TAC. Lower cumulative survival rate was observed in NP-1 HE than in WT ones ( $P = 0.0109$ ). (C) Cumulative hazard curve showed higher hazard in NP-1 HE mice than in WT ones ( $P = 0.0107$ ). (D) Acute pulmonary hemorrhage or edema and chronic pulmonary congestion were observed in dead mice after TAC. (E) Kaplan–Meier curve within 7 days after TAC. Higher mortality rate occurred in NP-1 HE ( $n = 14$ ) mice than in WT ( $n = 22$ ) ones after TAC ( $P = 0.0369$ ). (F) Kaplan–Meier curve in the mice survived to 3 weeks after TAC. Much higher mortality rate was observed in NP-1 HE ( $n = 7$ ) mice than in WT littermate ( $n = 18$ ) ( $P = 0.0108$ ).

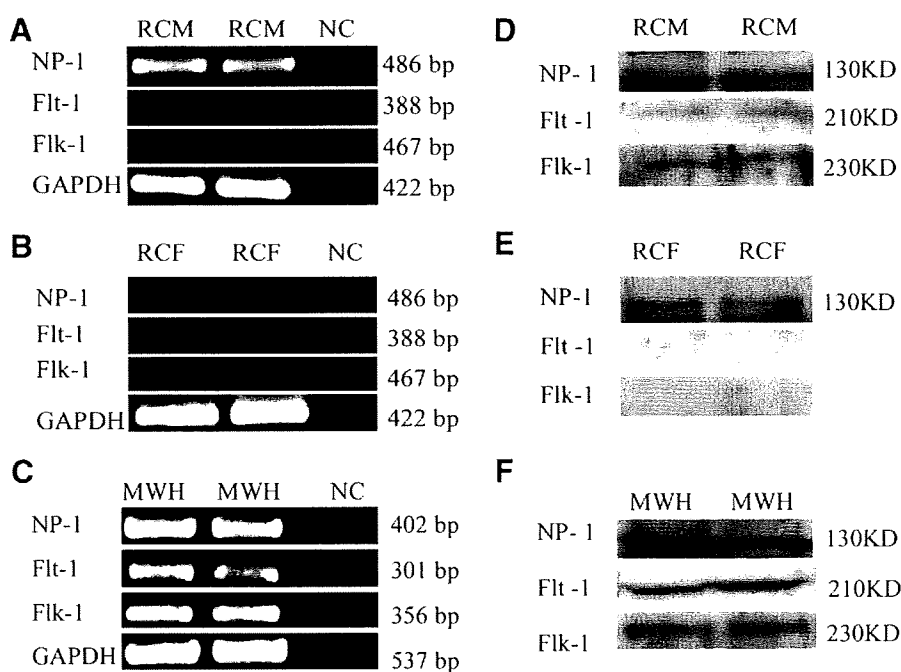
#### Complex formation of NP-1 and other two VEGF receptors in cardiomyocytes

In endothelial cells, NP-1 can associate with Flt-1 or Flk-1 and form complex by VEGF<sub>165</sub> stimulation [20]. To examine whether it is the case in cardiomyocytes, we used anti-NP-1 antibody to immunoprecipitate rat neonatal cardiomyocyte lysates and then performed immunoblot with antibodies of Flt-1, Flk-1, and VEGF, respectively, with or without VEGF pretreatment. The results show that Flt-1, Flk-1, and VEGF were detected in NP-1 immunoprecipitated products independent of VEGF pretreatment (Fig. 3A). To confirm the complex formation, we further immunoprecipitated cardiomyocyte lysates with anti-flt-1 and anti-flk-1 antibodies, respectively, and then immunoblotted with VEGF or NP-1 antibody. As shown in Fig. 3B, in both anti-Flt-1 and anti-Flk-1 immunoprecipitated products, NP-1 and VEGF were detected independent of VEGF pretreatment.

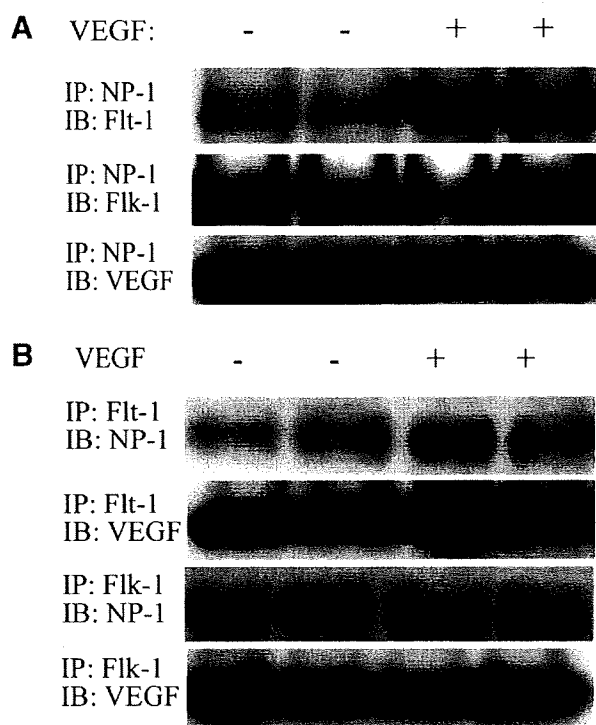
These findings revealed that NP-1 can form complexes with Flt-1 and Flk-1 in cardiomyocytes, providing the molecular basis that

NP-1 might be involved in VEGF mediated influence on cardiomyocytes such as angiogenesis or myocytes contractility. Usually, it is recognized that exogenous VEGF<sub>165</sub> stimulation is necessary for NP-1 to bind Flt-1 and Flk-1, but in the present study, NP-1 combined with other two VEGF receptors independent of VEGF pretreatment. A reasonable interpretation is that cardiomyocytes can produce sufficient endogenous VEGF as we detected in this study to promote the combination of ligand and its receptors, and addition of exogenous VEGF could not further affect the binding efficiency.

In summary, in this study we first found that partial disruption of NP-1 significantly increased the incidence of both acute and chronic heart failure as well as the mortality after left ventricular pressure overload in mice, and we further confirmed the expression and complex formation of NP-1 and other two VEGF receptors in cardiomyocytes. These findings suggest that NP-1 play a pivotal role in preserving cardiac function in response to pressure overload and imply that NP-1 as well as VEGF and its other two receptors may be potential targets for heart failure therapy.



**Fig. 2.** The expression of VEGF receptors in rat cardiomyocytes (RCM), rat cardiac fibroblasts (RCF) and murine whole heart (MWH). (A–C) The mRNA levels of NP-1, Flt-1 and Flk-1 analyzed by RT-PCR. NC, negative control. (D–F) The protein expression of NP-1, Flt-1, and Flk-1 analyzed by Western blot.



**Fig. 3.** NP-1 formed complexes with Flt-1 and Flk-1, respectively, in rat neonatal cardiomyocytes. Rat neonatal cardiomyocytes were incubated in the presence or absence of VEGF (20 ng/ml) for 30 min on ice and 7 min at 37 °C. (A) Cardiomyocyte lysates were immunoprecipitated with anti-NP-1 antibody and immunoblotted with anti-Flk-1, anti-Flt-1, and anti-VEGF antibodies, respectively. (B) Cardiomyocyte lysates were immunoprecipitated with anti-Flk-1 or anti-Flt-1 antibodies and immunoblotted with anti-NP-1 and anti-VEGF antibodies, respectively.

#### Acknowledgments

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## Identification of a novel substrate for TNF $\alpha$ -induced kinase NUA2

Hiroyuki Yamamoto<sup>a</sup>, Seiji Takashima<sup>b,c,\*</sup>, Yasunori Shintani<sup>b</sup>, Satoru Yamazaki<sup>d</sup>,  
Osamu Seguchi<sup>d</sup>, Atsushi Nakano<sup>d</sup>, Shuichiro Higo<sup>b</sup>, Hisakazu Kato<sup>b</sup>,  
Yulin Liao<sup>d</sup>, Yoshihiro Asano<sup>b</sup>, Tetsuo Minamino<sup>b</sup>, Yasushi Matsumura<sup>a</sup>,  
Hirosaki Takeda<sup>a</sup>, Masafumi Kitakaze<sup>d</sup>

<sup>a</sup> Department of Medical Information Science, Osaka University Graduate School of Medicine, Suita, Osaka 565-0871, Japan

<sup>b</sup> Department of Cardiovascular Medicine, Osaka University Graduate School of Medicine, 2-2 Yamadaoka, Suita, Osaka 565-0871, Japan

<sup>c</sup> Health Care Center, Osaka University Graduate School of Medicine, Suita, Osaka 565-0871, Japan

<sup>d</sup> Department of Cardiovascular Medicine, National Cardiovascular Center, Suita, Osaka 565-8565, Japan

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### Abstract

TNF $\alpha$  has multiple important cellular functions both in normal cells and in tumor cells. To explore the role of TNF $\alpha$ , we identified NUA2 family, SNF1-like kinase 2 (NUAK2), as a TNF $\alpha$ -induced kinase by gene chip analysis. NUA2 is known to be induced by various cellular stresses and involved in cell mortality, however, its substrate has never been identified. We developed original protocol of de novo screening for kinase substrates using an in vitro kinase assay and high performance liquid chromatography (HPLC). Using this procedure, we identified myosin phosphatase target subunit 1 (MYPT1) as a specific substrate for NUA2. MYPT1 was phosphorylated at another site(s) by NUA2, other than known Rho-kinase phosphorylation sites (Thr696 or Thr853) responsible for inhibition of myosin phosphatase activity. These data suggests different phosphorylation and regulation of MYPT1 activity by NUA2.

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**Keywords:** NUA2 family, SNF1-like kinase 2 (NUAK2); Myosin phosphatase target subunit 1 (MYPT1); TNF $\alpha$ ; Myosin phosphatase; In vitro kinase assay

Tumor necrosis factor (TNF $\alpha$ ) has multiple cellular functions both in normal cells and in tumor cells. TNF $\alpha$  not only induces apoptotic cell death but also enhances various gene expressions mediated by NF $\kappa$ B family transcriptional factors. Endothelial cells express TNF $\alpha$  receptors, and its NF $\kappa$ B-mediated signals induce various chemokine related molecules and cell adhesion molecules. These molecules enhance attachment of mononuclear cells and help these cells to enter into inflammatory tissues through endothelial cell barrier. TNF $\alpha$  also induces chemo-

tactic molecules of endothelial cell, indicating that cell mobility induced by TNF $\alpha$  signal is mediated by as yet unidentified molecular mechanisms [1].

In the current study, we demonstrated that NUA2 family, SNF1-like kinase 2 (NUAK2) was identified as a TNF $\alpha$ -induced kinase in endothelial cells by gene chip analysis. NUA2 was originally identified in a PCR-based screen designed to identify a novel protein kinase [2]. Subsequent studies indicated that NUA2 was induced by various cellular stresses such as ER stress, elevation of cellular AMP, hyperosmotic stress, and ultraviolet [3]. High expression of NUA2 was also confirmed in various tumor cell lines [4], and overexpression of NUA2 was reported to render tumor cell resistance under apoptotic stimuli. Such inductions and expressional mechanisms of NUA2 have

\* Corresponding author. Address: Department of Cardiovascular Medicine, Osaka University Graduate School of Medicine, 2-2 Yamadaoka, Suita, Osaka 565-0871, Japan. Fax: +81 6 8679 3473.

E-mail address: [takashima@medone.med.osaka-u.ac.jp](mailto:takashima@medone.med.osaka-u.ac.jp) (S. Takashima).

been well reported, however its substrate has never been identified.

Diverse effects of kinases in various tissues depend on specific substrates. To reveal the function of kinase it is essential to purify its substrate. Here, we identified myosin phosphatase target subunit 1 (MYPT1) as a specific substrate for NUA2 using unique purification procedure. This method was designed to purify target substrates by combination of an *in vitro* kinase assay and high performance liquid chromatography (HPLC). NUA2 phosphorylated MYPT1 at a distinct site(s) other than known Rho-kinase (ROCK) phosphorylation sites (Thr696 or Thr853) responsible for inhibition of myosin phosphatase activity, suggesting different phosphorylation and regulation of MYPT1 activity by NUA2.

## Materials and methods

**Cell lines and reagents.** Human umbilical vein endothelial cells (HUVECs) and human aortic smooth muscle cells (AoSMCs) were obtained from Clonetics. They were cultured in endothelial and smooth muscle cell medium (Clonetics) and used up to passage 5. HEK293T cells and HeLa cells were cultured in DMEM with 10% FBS. The following antibodies were purchased: anti-Flag (M2Ab; Sigma), anti-V5 (Invitrogen), anti-Myc (Invitrogen), anti-Tubulin (Cell Signaling), anti-NUA2 (Abgent), anti-MYPT1 (BD Biosciences), anti-phospho-MYPT1 (Thr696) (Upstate Biotechnology), and anti-phospho-MYPT1 (Thr853) (CycLex). The following reagents were purchased: Trypsin (Promega), Lipofectamine 2000 (Invitrogen), Flag peptide (Sigma), and human recombinant TNF $\alpha$  (R&D Systems, Inc.).

**cDNA microarray analysis.** To determine the effect of TNF $\alpha$  on gene expression profile, we treated cultured HUVECs without or with TNF $\alpha$  (20 ng/ml) for 2 h, and then performed cDNA microarray studies. Total RNA was prepared from HUVECs using RNA-Bee-RNA Isolation Reagent (Tel-Test Inc.) according to the manufacturer's instructions. Microarray hybridization was performed in triplicate using Affymetrix Human Genome 133A gene chips (HG-U133A). After synthesizing double-stranded cDNA from the total RNA, an *in vitro* transcription reaction was done to produce biotin-labeled cRNA from cDNA, and the cRNA was fragmented before hybridization. Hybridization, probe washing, staining and probe array scanning were performed following the protocols provided by Affymetrix. Data were analyzed using Genespring 6 software [5]. Normalization was done by a combination of three steps: rewriting negative values as 0.01, normalizing to the 50th percentile per chip and normalizing to the median per gene. We filtered data using a combination of parameters such as signal confidence ('present' flag), fold change (>3), minimum acceptable signal intensity (average difference  $\geq 50$  in at least one of the two groups). Indicated gene accession numbers were derived from the GenBank database.

**Northern blot analysis.** Northern blot analysis was performed as previously described [6]. Briefly, total RNA was isolated and electrophoresed on 1% agarose gel containing 2.2 M formaldehyde, and transferred onto nylon membranes (Bio-Rad). The membranes were hybridized with  $^{32}$ P-labeled fragments of human cDNA corresponding to nucleotides 1–1887 of NUA2 cDNA. A BAS photoimaging system (Fuji) was used for detection.

**Quantitative RT-PCR.** Total RNA was extracted using RNA-Bee-RNA Isolation Reagent (Tel-Test Inc.). Then, 1  $\mu$ g of total RNA was reverse-transcribed using Omniscript RT (Qiagen) according to the manufacturer's protocol. Quantitative RT-PCR was performed with TaqMan technology using the ABI Prism 7000 detection system (Applied Biosystems) according to the manufacturer's instructions. RT-

PCR conditions were 2 min at 50 °C, 10 min at 95 °C, and 40 cycles of 15 s at 95 °C and 1 min at 60 °C. Data were normalized to 18S ribosomal RNA or GAPDH level. Each sample was analyzed in duplicate and the experiments were replicated three times. For 18S ribosomal RNA, GAPDH and NUA2, primers and probes were obtained using TaqMan Assays-on-Demand gene expression products (Applied Biosystems).

**Cloning, plasmid construction, and mutagenesis.** In this experiment, all construction was performed using the Gateway system (Invitrogen) according to the manufacturer's instructions. Human NUA2 cDNA was isolated from HUVECs cDNA using the following sense and antisense primers: sense 5' caccatggagtcgctgtttctg and antisense 5' tcaggtgagcttgagcagacc. With PCR primer designed to include stop codon of NUA2, the amplified fragment was inserted into pENTR/D-TOPO (Invitrogen), named pENTR/NUA2. To generate N-terminal Flag-tagged NUA2 (Flag-NUA2), Flag epitope (DYKDDDDK) was introduced into just before the N terminus of NUA2 by PCR-based mutagenesis using pENTR/NUA2 as a template. The NUA2 constructs were recombined to mammalian expression vector, pcDNA3.1 vector (Invitrogen). We also generated N-terminal Myc-tagged NUA2 (Myc-NUA2) using the same protocol. cDNA encoding human MYPT1 was generated by RT-PCR with RNA from HUVECs. The mammalian expression vectors for MYPT1 were constructed using pENTR/D-TOPO (pENTR-MYPT1). To identify the binding site on MYPT1 for NUA2, pENTR-Flag-MYPT1 D1 lacking aa 11–286, pENTR-Flag-MYPT1 D2 lacking aa 287–514, pENTR-Flag-MYPT1 D3 lacking aa 515–799 or pENTR-Flag-MYPT1 D4 lacking aa 800–1020 were generated by PCR using pENTR-MYPT1 as a template. An *Escherichia coli* expression vector for GST-MYPT1 was constructed using the expression vector, pGEX5X-1 (Pharmacia) and cDNA encoding MYPT1 protein. Expression plasmids for mutated NUA2 and mutated MYPT1 were generated using the QuickChange site-directed mutagenesis kit (Stratagene) following the manufacturer's instructions. All constructs were verified by sequencing.

**Co-immunoprecipitation assay.** HEK293T cells were transfected with 5  $\mu$ g cDNA/60 mm dish using Lipofectamine 2000. Two days after transfection, cells were lysed in lysis buffer (1% Nonidet P-40, 0.15 M NaCl, 20 mM Tris, pH 7.2, and 2 mM EDTA including protease inhibitor cocktail (Nacalai)). We then incubated with anti-V5, anti-Myc or anti-Flag agarose for 1 h at 4 °C. After extensive washing, immunoprecipitated samples were subjected to SDS-PAGE and immunoblotting was performed as described previously [7].

***In vitro* kinase assay.** The following recombinant proteins were purchased: human NUA2 (Cell Signaling), and ROCK-II, human active (Upstate Biotechnology). Bacterially purified glutathione S-transferase (GST) fusing proteins were used as substrates. Recombinant proteins were equilibrated in kinase buffer [0.15 M NaCl, 20 mM MOPS (pH 7.0), 10  $\mu$ M MgCl $_2$ , 10% glycerol, and 1 mM DTT], and then incubated with 10  $\mu$ Ci of [ $\gamma$ - $^{32}$ P] ATP (Amersham) and substrates at 30 °C for 60 min. Each sample was boiled in SDS sample buffer for 3 min, and eluted proteins were analyzed by SDS-PAGE. The gel was dried and autoradiographed. ROCK-II, human active (0.317 pmol) and NUA2 (1.33 pmol) were used in this assay.

**Identification of a NUA2-binding protein (p130).** We used HEK293T cells expressing pcDNA3.1-Flag-tagged-NUA2, lysed them with 1 ml of lysis buffer and immunoprecipitated them with anti-Flag antibody followed by elution with Flag peptide (100  $\mu$ g/ml). An *in vitro* kinase assay was performed with the eluate in the presence of [ $\gamma$ - $^{32}$ P] ATP followed by SDS-PAGE, and the radioactivity was detected by a BAS imaging analyzer (Fuji). The FLAG peptide eluate was injected onto a phenyl-reverse phase-HPLC column (4.6  $\times$  250 mm, Nacalai) equilibrated with 0.1% trifluoroacetic acid and 5% acetonitrile. Fractions were eluted with a linear gradient of 35–45% acetonitrile at a flow rate of 1 ml/min. Each fraction was lyophilized and separated by SDS-PAGE. Radioactivity was detected by BAS imaging system.

**Data analysis.** Statistical significance was assessed with ANOVA using the Fisher's post hoc test. A value of  $p < 0.05$  was considered to be statistically significant.

Table 1  
Expression levels and fold change of the upregulated genes by TNF $\alpha$  in HUVECs (top 20)

Gene name	Accession No.	Control group	TNF $\alpha$ group	Fold change (TNF $\alpha$ /Control)
CCL20	NM_004591.1	0.04	7.33	168.20
E-selectin	NM_000450.1	0.08	5.11	70.63
IL-8	NM_000584.1	0.16	8.16	50.35
Coagulation factor III	NM_001993.2	0.29	7.17	24.96
TNFAIP3	NM_006290.1	0.21	4.08	19.05
VCAM1	NM_001078.1	0.16	3.03	18.95
CXCL3	NM_002090.1	0.27	5.07	18.46
CXCL2	NM_002089	0.34	4.99	14.68
TNFAIP2	NM_006291.1	0.26	3.55	13.52
CXCL1	NM_001511.1	0.32	3.70	11.70
CXCR7	NM_020311	0.37	4.02	10.77
ICAM1	NM_000201.1	0.23	2.36	10.34
TNFAIP8	NM_014350.1	0.50	5.01	9.95
Ephrin-A1	NM_004428.1	0.26	2.24	8.63
CD69 antigen	NM_001781.1	0.53	3.93	7.43
CX3CL1	NM_002996	0.36	2.46	6.75
RND1	NM_014470	0.32	2.04	6.37
PMAIP1	NM_021127.1	0.73	4.58	6.26
NUAK2	NM_030952.1	0.31	1.91	6.24
CCL2	NM_002982	0.42	2.47	5.87

HUVECs were stimulated with TNF $\alpha$  (20 ng/ml) (TNF $\alpha$  group) or medium only (Control) for 2 h. Every time, a pair of TNF $\alpha$  and Control was used for cDNA microarray examination, which was repeated for three times in different date. Data are mean for the three times. Only the genes that were upregulated by TNF $\alpha$  for more than 3-folds every times were included in this table. The expression levels were normalized intensity (linear scale).

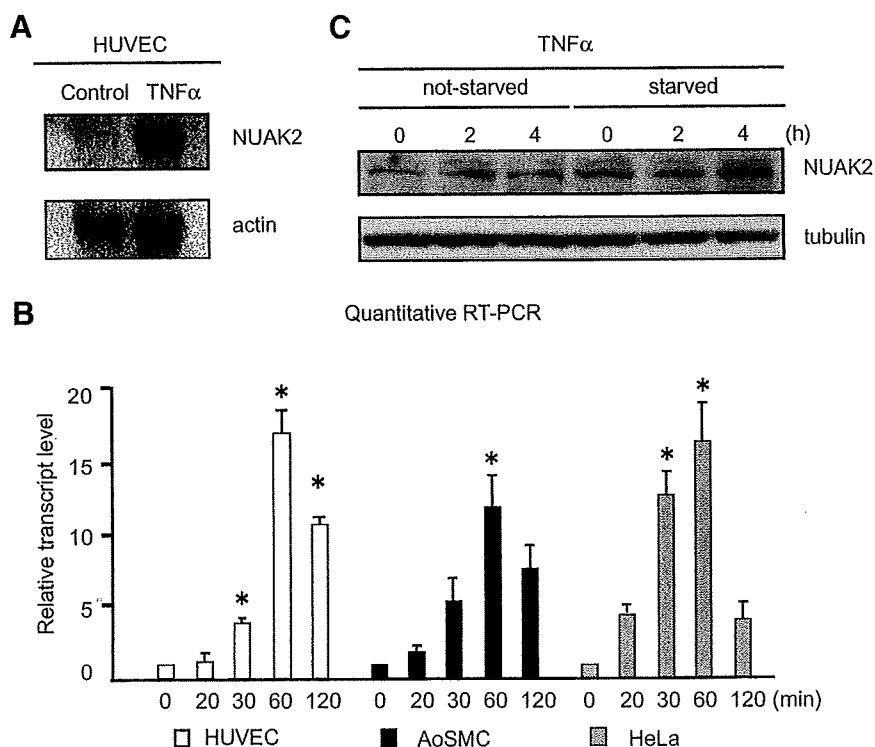


Fig. 1. TNF $\alpha$  induces upregulation of human NUA2 expression. (A) Northern blot analysis. HUVECs were treated with TNF $\alpha$  (20 ng/ml) for 2 h or control. Total RNA was harvested, electrophoresed, and blotted to the nitrocellulose membrane. The membrane was probed with cDNA for human NUA2. Beta actin was used as an internal control for mRNA loading. (B) Time course of NUA2 mRNA levels. Various cell lines were treated with TNF $\alpha$  (20 ng/ml) for the indicated times. Each sample was analyzed in duplicate and experiments were performed in triplicate. (C) HeLa cells were either not starved or starved for 18 h in DMEM containing 0.5% serum. Starved and unstarved cells were then treated with TNF $\alpha$  (20 ng/ml) for indicated times. Cells were lysed and immunoblotting was performed with the indicated antibodies. For panels B, error bars represent SEM. \*P < 0.05 versus baseline.

## Results

### TNF $\alpha$ induced NUA2 mRNA and protein expressions

To identify the specific expression targets of TNF $\alpha$ , the profiles of mRNA expression extracted from HUVECs were analyzed. Triplicate assay of gene chip revealed that 57 genes were enhanced their expressions 2 h after TNF $\alpha$  treatment. Most of these genes increased more than 3-folds are chemokines and their related molecules such as their receptors, adhesion molecules, and transcription factors (Table 1). Among them, one kinase, NUA2, was greatly enhanced its expression by TNF $\alpha$ . No other kinases were enhanced its expression more than 3-folds, suggesting that NUA2 is only a strongly inducible kinase by TNF $\alpha$  signaling in endothelial cells. This result was confirmed by Northern blot analysis (Fig. 1A). Quantitative PCR revealed that an enhanced NUA2 expression after TNF $\alpha$  treatment was seen not only in HUVECs but also in other

cell lines in a time-dependent manner (Fig. 1B). Increasing protein level by TNF $\alpha$  was also confirmed by immunoblotting with anti-NUA2 antibody (Fig. 1C).

### NUA2-associated kinase activity

Since the substrate for NUA2 has not been identified, we screened a protein which bound to NUA2 and was phosphorylated by NUA2. We employed a kinase-dead construct of NUA2 (Flag-KD-NUA2) in which Lys81 was replaced with Arg as a control. HEK293T cells were transiently transfected with Flag-WT-NUA2 or Flag-KD-NUA2. Immunoprecipitation assay was performed with whole-cell extracts using anti-Flag antibody followed by elution with Flag peptide. An in vitro kinase assay was performed with the eluate in the presence of [ $\gamma$ - $^{32}$ P] ATP. NUA2 was autophosphorylated in vitro [4]. Besides NUA2 radioactivity, a phosphorylated band at the size of 130 kDa (p130) was co-immunoprecipitated

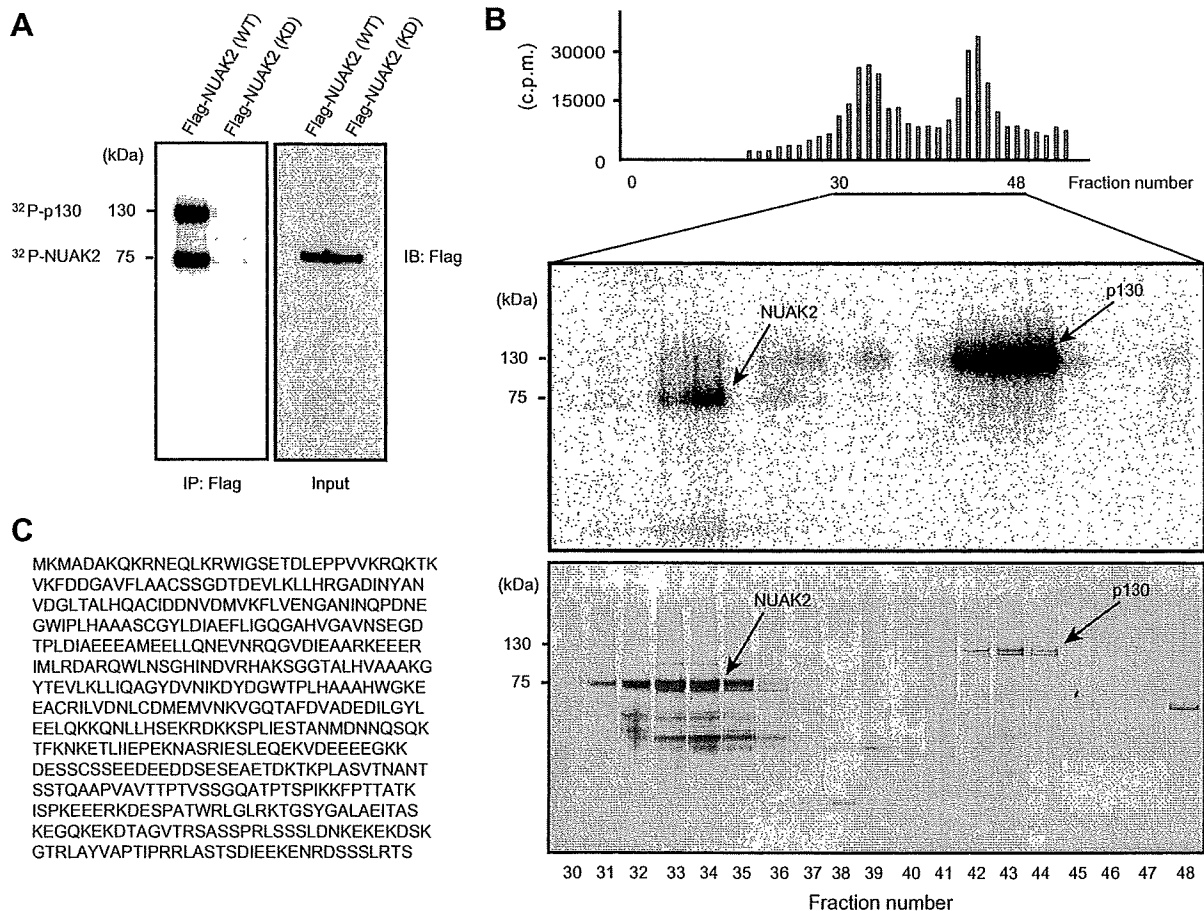


Fig. 2. Purification and identification of MYPT1. (A) HEK293T cells were transiently transfected with Flag-WT-NUA2 or Flag-KD-NUA2. Immunoprecipitation assay was performed with whole-cell extracts using anti-Flag antibody followed by elution with Flag peptide. An in vitro kinase assay was performed with the eluate in the presence of [ $\gamma$ - $^{32}$ P] ATP (left panel). The lysates were immunoblotted with anti-Flag antibody (right panel). (B) The complex of radiolabeled NUA2 and p130 was separated by a phenyl reverse-phase column and indicated fractions were quantified for phosphorylation of the complex (upper panel). These proteins in the indicated fractions were resolved by SDS-PAGE followed by autoradiography (middle panel). Large-scale purification of the protein complex was done using the same protocol without radioactive material. The purified products of the protein complex were resolved on SDS-PAGE and silver stained (lower panel). (C) Amino acid sequence of human MYPT1. The peptides derived from the purified protein (p130), which fitted with those of human MYPT1 as assessed by mass spectrometry, are shown in bold red. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)



(Fig. 2A). In the control lane, neither NUA2 nor p130 could be detected, suggesting that p130 was a NUA2-binding substrate.

#### Purification of NUA2 substrate

To characterize p130, we applied the Flag eluate to a reverse phase column. There were two radioactive peaks (fraction numbers 32–34, 42–44) detected in these fractions (Fig. 2B, upper panel) and each fraction was electrophoresed followed by autoradiography (Fig. 2B, middle panel). NUA2 and p130 were well separated and matched to radioactive peak. To identify p130, we scaled up the purification procedure using HEK293T cells ( $4.0 \times 10^7$ ) expressing Flag-tagged NUA2 without radioactive material. The purified products of the protein complex were resolved by SDS-PAGE and silver stained. Silver staining of these fractions detected NUA2 and p130 (Fig. 2B, lower panel). We analyzed the peptides digested from the p130 band by mass spectrometry. P130 included fragments of the amino acid sequences of WIGSETDLEPPVVKR, QWLNSGHINDVR and LAYVAPTIPR that matched

human myosin phosphatase targeting subunit 1 (MYPT1) (Fig. 2C).

#### MYPT1 is associated with NUA2

To test whether MYPT1 is associated with NUA2, HEK293T cells were transiently transfected with or without Myc-NUA2. Protein extracts were subjected to immunoprecipitation with anti-Myc antibody, followed by immunoblotting with anti-MYPT1 antibody. We confirmed direct binding of endogenous MYPT1 to recombinant NUA2 (Fig. 3A). Next, to identify the binding site on MYPT1 for NUA2, we constructed several MYPT1 deletion mutants (Fig. 3B). Mutation analysis revealed that the NUA2-binding domain corresponded to the C-terminal domain (amino acids 800–1020) of MYPT1 (Fig. 3C).

#### In vitro phosphorylation of MYPT1 by NUA2

Recombinant human NUA2 purified by baculovirus expression system efficiently phosphorylated *E. coli* recombinant MYPT1, suggesting that NUA2 directly phosphorylates MYPT1 (Fig. 4A). Rho-kinase (ROCK) is

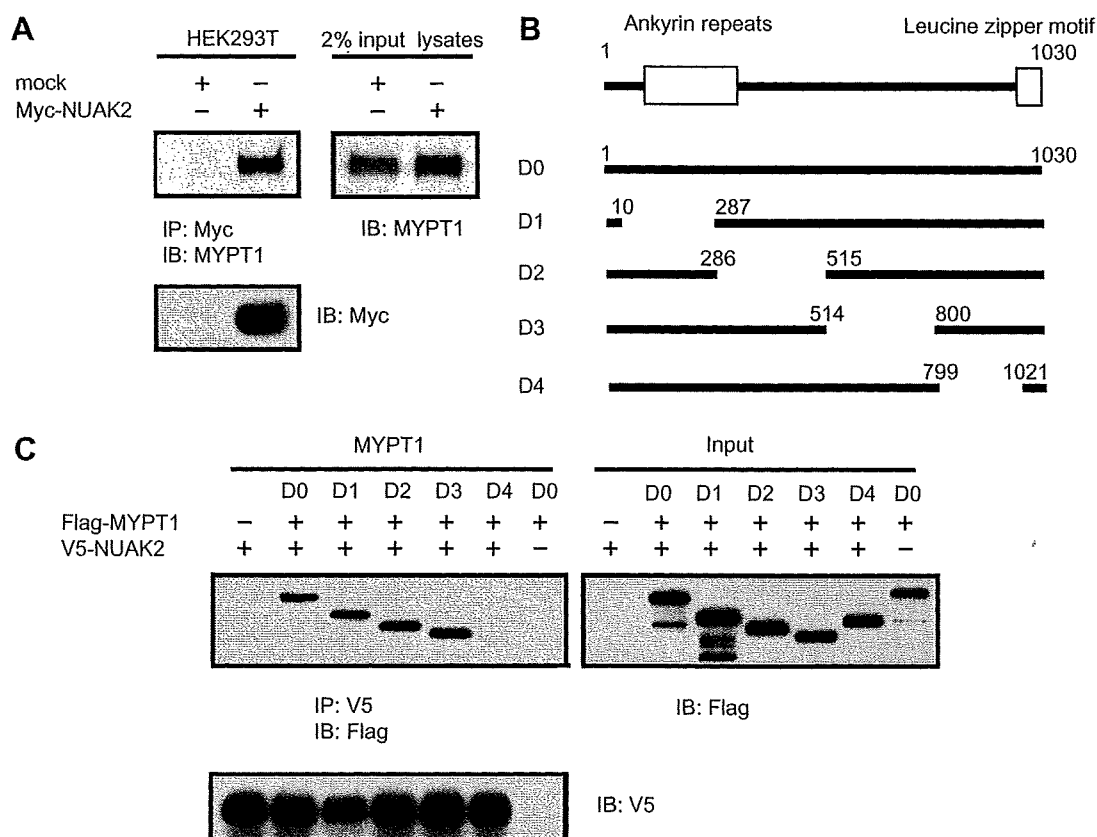


Fig. 3. NUA2 interacts with MYPT1. (A) HEK293T cells were transiently transfected with mock or Myc-tagged NUA2. Whole-cell extracts were subjected to immunoprecipitation assays using anti-Myc antibody followed by immunoblotting using anti-MYPT1 antibody. The same filter was reprobed with anti-Myc antibody. The same lysates were also analyzed by immunoblotting using anti-MYPT1 antibody. (B) Schematic model of the MYPT1 deletion mutants. The numbers are the amino acid number. (C) HEK293T cells were transiently transfected with V5-tagged NUA2, Flag-tagged WT or various truncated MYPT1, alone, or together as indicated. Co-immunoprecipitation assays were performed with whole-cell extracts using anti-V5 antibody, followed by immunoblotting using anti-V5 or anti-Flag antibodies. The same lysates were also analyzed by immunoblotting using anti-Flag antibody.

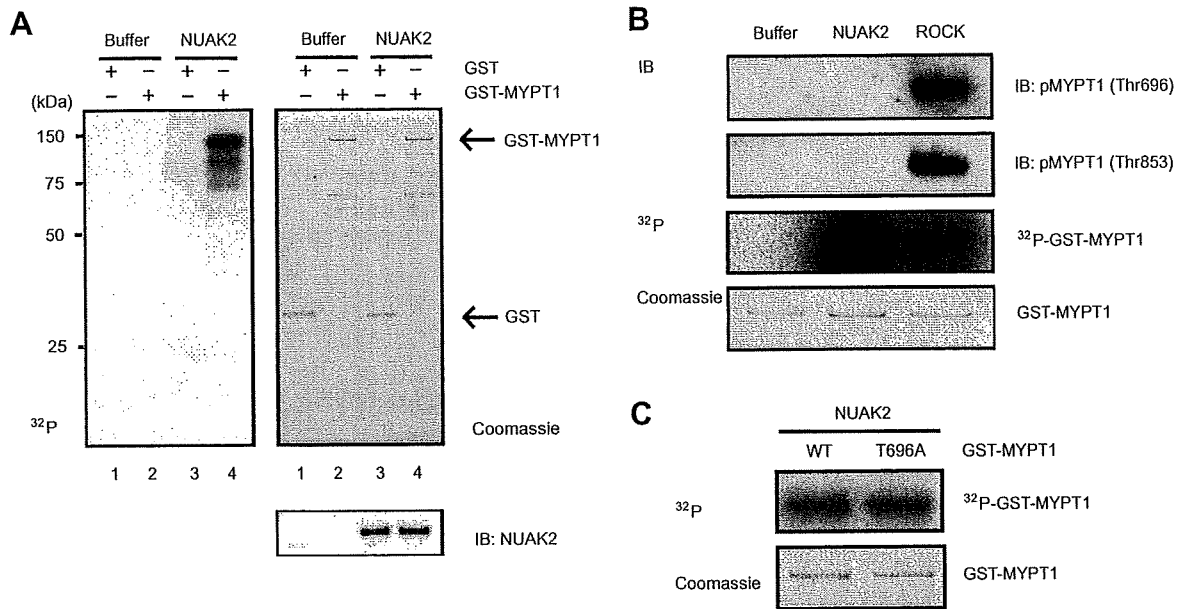


Fig. 4. NUAK2 phosphorylates MYPT1 at another site(s), other than known ROCK phosphorylation sites. (A) GST-alone (lanes 1 and 3) or GST-MYPT1 (lanes 2 and 4) were subjected to an *in vitro* kinase assay with control (lanes 1 and 2) or GST-NUAK2 (lanes 3 and 4), followed by autoradiography (left panel); Coomassie stain of the same gel (right upper panel), or by immunoblotting with anti-NUAK2 antibody (right lower panel). (B) GST-MYPT1 phosphorylated by recombinant NUAK2 or ROCK was resolved by SDS-PAGE followed by immunoblotting with anti-phosphospecific antibodies against MYPT1 (Thr696 or Thr853), or by autoradiography, or by Coomassie stain, as indicated. These results are representative of three independent experiments. (C) WT or the T696A mutant form of GST-MYPT1 phosphorylated by GST-NUAK2 was resolved by SDS-PAGE followed by autoradiography (upper panel); Coomassie stain of the same gel (lower panel).

known to the major kinase responsible for phosphorylation of MYPT1 [8]. To investigate how the MYPT1 phosphorylation by NUAK2 was regulated, we compared MYPT1 phosphorylation by NUAK2 and that by ROCK. ROCK is known to phosphorylate Thr696 and Thr853 in MYPT1. ROCK phosphorylated MYPT1 at the Thr696 and Thr853, confirmed by immunoblotting with anti-phosphospecific antibodies. Surprisingly, however, NUAK2 did not enhance the phosphorylation of either Thr696 or Thr853 (Fig. 4B). The non-phosphorylatable T696A mutant MYPT1 in which Thr696 was replaced with Ala was phosphorylated by NUAK2 to the same extent as WT-MYPT1 (Fig. 4C). Similarly, the T853A mutant MYPT1 also was phosphorylated by NUAK2 to the same extent as WT-MYPT1 (data not shown). These data suggests that NUAK2 phosphorylates MYPT1 at another site(s), other than known ROCK phosphorylation sites.

## Discussion

TNF $\alpha$  is a pleiotropic cytokine that mediates diverse biological responses. To investigate the signal transduction pathways modulated by TNF $\alpha$  and their effect on endothelial cells, the profiles of mRNA expression extracted from HUVECs were analyzed. Most of TNF $\alpha$ -induced genes were chemokine family molecules and chemokine related molecules. We focused on one kinase, NUAK2 among them because it was strongly induced by TNF $\alpha$ . However, none of its substrate has been reported. Knowledge of kinase-substrate relationships is essential to dissect the sig-

naling and regulatory events in which each kinase participates [9]. Direct binding of kinase to its substrate is often reported. Structural analysis reveals that the several binding sites besides catalytic site exist between kinase and its substrate [10]. The kinetics of reactions needs to be enhanced by binding between substrate and kinase. Those affinities might help efficient purification of substrate for target kinase. We successfully purified MYPT1 as a novel substrate for NUAK2 with simple two-step purification. This method is useful for rapid identification of an unknown substrate for certain kinase and can be applied for other substrate screening of kinases.

MYPT1 is a regulatory subunit of myosin phosphatase (MP) which catalyzes dephosphorylation of MLC. Phosphorylation of myosin light chain (MLC) elicits many cellular functions, including smooth muscle contraction [11,12]. MP activity is known to be regulated by upstream kinases. ROCK is most intensively examined [8]. ROCK directly binds MYPT1 and phosphorylates Thr696 and Thr853 of MYPT1 [13]. Phosphorylated MYPT1 by ROCK reduced MP activity resulting increased phosphorylation of MLC [14]. Several other kinases (MYPT1 kinase, integrin-linked kinase and myotonic dystrophy protein kinase) also can phosphorylate the same inhibitory site (Thr696) on MYPT1 [15–17]. The mechanism to reduce MP activity by MYPT1 phosphorylation is still unknown, however, phosphorylation of Thr853 was suggested to directly reduce MYPT1 binding to myosin [18]. Dissociation of the MP holoenzyme by MYPT1 phosphorylation is another suggested mechanism of reduced MYPT1 activ-

ity [19]. NUA2 did not phosphorylate MYPT1 at either Thr696 or Thr853, confirmed by immunoblotting with anti-phosphospecific antibodies (Fig. 4B) and mutation analysis of MYPT1 (Fig. 4C). These data suggest that NUA2 phosphorylates MYPT1 at a different site(s) to elicit different regulatory functions. Further characterization of phosphorylation site(s) and elucidation of MYPT1 regulation by NUA2 are necessary for future study.

Physiological function has been seldom analyzed about NUA2, however, Legembre et al. reported that NUA2 works as a part of antiapoptotic signals and an enhancer of cell motility [4]. If NUA2 phosphorylates MYPT1 and modulates MLC phosphorylation, these phenotypes would be explained by functional regulation of MYPT1 and its target molecule, myosin. One intriguing thing about NUA2 is that this is the only kinase highly induced by TNF $\alpha$ . Most of other induced genes were chemokines and adhesion molecules. Chemokine induces chemotaxis of various normal cells, and also plays an important role for invasiveness of tumor cells partly reflected by cell motility. NUA2-mediated MYPT1 phosphorylation might enhance these chemokine signaling by modifying myosin motor function. In tumor cell lines, TNF $\alpha$  also strongly induces expression of NUA2, which is related to its motility and invasiveness [4]. These tumor characteristics might be also regulated by NUA2-mediated myosin motor regulation. The physiological significance of the phosphorylation of MYPT1 by NUA2 both in normal cells and in tumor cells is now under investigation.

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# Exercise-Induced Changes of Functional Mitral Regurgitation in Asymptomatic or Mildly Symptomatic Patients With Idiopathic Dilated Cardiomyopathy

Tetsuhiro Yamano, MD, PhD<sup>a</sup>, Satoshi Nakatani, MD, PhD<sup>a,\*</sup>, Hideaki Kanzaki, MD<sup>a</sup>, Norihisa Toh, MD<sup>a</sup>, Makoto Amaki, MD<sup>a</sup>, Jun Tanaka, MD<sup>a</sup>, Haruhiko Abe, MD<sup>a</sup>, Takuya Hasegawa, MD<sup>a</sup>, Takahisa Sawada, MD, PhD<sup>b</sup>, Hiroaki Matsubara, MD, PhD<sup>b</sup>, and Masafumi Kitakaze, MD, PhD<sup>a</sup>

It has remained unclear why functional mitral regurgitation (MR), even if it is of a mild degree, has prognostic importance in patients with idiopathic dilated cardiomyopathy (IDC). Exercise-induced changes in functional MR, which might be a clue to this question, have not been fully clarified. Thus, in this study, semisupine exercise echocardiography was performed on 32 asymptomatic or mildly symptomatic patients with IDC (29 men, mean age  $45 \pm 14$  years). The mean ejection fraction was  $28 \pm 10\%$  (range 13% to 45%). The effective regurgitant orifice (ERO) area of MR was measured, as well as echocardiographic parameters including mitral valve geometry. ERO at rest was associated best with systolic mitral tenting area ( $r_s = 0.85$ ,  $p < 0.001$ ). Functional MR did not newly appear during exercise in 9 subjects without MR at rest. In the remaining 23 subjects with functional MR at rest, all showed exacerbations of MR, with a median ERO of  $10.5 \text{ mm}^2$  (interquartile range 6.3 to 16.5) to  $18.7 \text{ mm}^2$  (interquartile range 9.5 to 29.3) ( $p < 0.001$ ). An increase in ERO was correlated best with the enlargement of tenting area ( $r_s = 0.90$ ,  $p < 0.001$ ) and was the strongest independent determinant of exercise duration ( $\beta = -0.55$ ,  $p = 0.002$ , multiple  $R^2 = 0.46$ ). In conclusion, functional MR complicated with IDC was significantly exacerbated during exercise, with mitral valve deformation, which was strongly related to exercise intolerance; thus, the clinical impact of functional MR in patients with IDC could be more serious than can be expected by its degree at rest. © 2008 Elsevier Inc. All rights reserved. (Am J Cardiol 2008;102:481–485)

It has not yet been fully clarified why even mild functional mitral regurgitation (MR) is an independent predictor of reduced survival in patients with idiopathic dilated cardiomyopathy (IDC).<sup>1,2</sup> Some studies have reported increases in functional MR with exercise,<sup>3–6</sup> which might be a clue to solving this question. However, these previous studies were limited to patients with left ventricular (LV) systolic dysfunction caused by ischemic heart disease. Changes in LV volume and the ejection fraction (EF) in response to exercise also might contribute to functional MR changes,<sup>7</sup> which should be different between patients with IDC and those with previous myocardial infarctions, from the viewpoint of neurohumoral responsiveness as well as regional LV function.<sup>8,9</sup> Thus, it is unknown whether mild functional MR in IDC changes during exercise. To clarify these issues, we investigated patients with IDC using exercise echocardiography.

## Methods

We prospectively studied consecutive patients with IDC who were admitted to our institution for the further treatment of chronic heart failure or scrutiny for LV dysfunction from June 2005 to October 2006. They were all diagnosed with IDC, with echocardiographic LV diastolic internal dimensions  $>58$  mm and EFs  $<50\%$ , in the absence of angiographic coronary artery stenosis  $>50\%$  and other specific cardiomyopathies. Inclusion criteria were (1) capability to perform an exercise test, (2) adequate echocardiographic images, and (3) normal sinus rhythm. Patients with structural mitral valve disease and those with uncontrollable ventricular arrhythmia were excluded. Finally, our study subjects consisted of 32 patients (29 men; mean age  $45 \pm 14$  years; mean EF  $28 \pm 10\%$ , range 13 to 45). Nine were in New York Heart Association functional class I and 23 were in class II. No patient was completely sedentary, and no one was engaged in regular exercise. Medical treatment included diuretics in 23 patients (72%), digitalis in 15 (47%), angiotensin-converting enzyme inhibitors or angiotensin II receptor blockers in 24 (75%), and  $\beta$  blockers in 27 (84%). All subjects gave written informed consent to the study protocol, which was approved by the institutional ethics committee.

A symptom-limited graded exercise test was performed in the semisupine position using a recumbent bicycle (Angio ergometer with Imaging Table; Lode BV, Groningen, The Netherlands). No cardiovascular drugs were discontin-

<sup>a</sup>Cardiovascular Division of Medicine, National Cardiovascular Center, Suita; and <sup>b</sup>Department of Cardiovascular Medicine, Kyoto Prefectural University of Medicine, Kyoto, Japan. Manuscript received January 9, 2008; revised manuscript received and accepted March 24, 2008.

\*Corresponding author: Tel: 81-6-6833-5012; fax: 81-6-6872-7486.

E-mail address: nakatas@hsp.ncvc.go.jp (S. Nakatani).