

then examined the capacitance of mouse pancreatic beta cells. The technique used is characterised by high time resolution and thus can detect dynamic changes in the cell surface area that reflect exocytosis. Figure 4a shows the capacitance of mouse pancreatic beta cells. Interestingly, adiponectin at a concentration of 10 $\mu\text{g/ml}$ significantly increased the capacitance of mouse pancreatic beta cells to 2.3-fold above baseline ($p=0.0091$; Fig. 4a), indicating that adiponectin may stimulate insulin granule exocytosis in the absence of any changes in membrane depolarisation, Ca^{2+} currents or $[\text{Ca}^{2+}]_i$.

To elucidate the mechanism by which adiponectin increased the exocytosis of insulin-containing granules, we used TIRF microscopy to monitor the real-time docking and fusion process of single insulin granules labelled with a GFP-tagged insulin near the plasma membrane in mouse pancreatic beta cells. Interestingly, adiponectin significantly increased the number of fusion events by newcomers (40.5 ± 4.1 per $200 \mu\text{m}^2$ in 0–30 min control beta cells vs 72.3 ± 6.5 per $200 \mu\text{m}^2$ in 0–30 min adiponectin-treated beta cells, $p < 0.0005$, $n=45$ for control and $n=52$ for adiponectin-treated cells; Fig. 4b,c and Electronic supplementary material [ESM], video clips), suggesting that adiponectin may accelerate transport of insulin granules from a cytoplasmic pool to the plasma membrane.

Adiponectin stimulates insulin secretion in vivo To elucidate the physiological roles of adiponectin in insulin secretion in vivo, we studied the effect of adiponectin on insulin secretion in C57BL/6 mice after intravenous transcatheter injection of adiponectin and a low concentration of glucose. We tried to adjust the blood glucose level to approximately 5.6 mmol/l. Figure 5a shows the plasma adiponectin level at 10 and 20 min after the intravenous injection of glucose and saline or adiponectin. The plasma adiponectin levels increased significantly to 1.8 fold of baseline following the injection of adiponectin, while the increased blood glucose levels at 10 and 20 min after the injection were not significantly different between the two groups (Fig. 5b). The blood glucose level and insulin level at the starting point were 3.7 ± 0.4 mmol/l and 36.2 ± 5.0 pmol/l, respectively. No significant differences in the increased plasma insulin levels at 10 min after administration were observed between the adiponectin and the saline groups (Fig. 5c). However, the increase in plasma insulin levels at 20 min after the intravenous injection of glucose was approximately 1.6-fold greater in the adiponectin group ($n=19$) than in the saline group ($n=21$; $p=0.048$; Fig. 5c). We evaluated the changes in ratio of the increment of plasma insulin level to that of blood glucose level. At 20 min after glucose loading, the ratio in the adiponectin group was approximately sevenfold higher than that in the saline group ($p=0.0088$) (Fig. 5d). These results suggest that adiponectin stimulates insulin secretion in vivo.

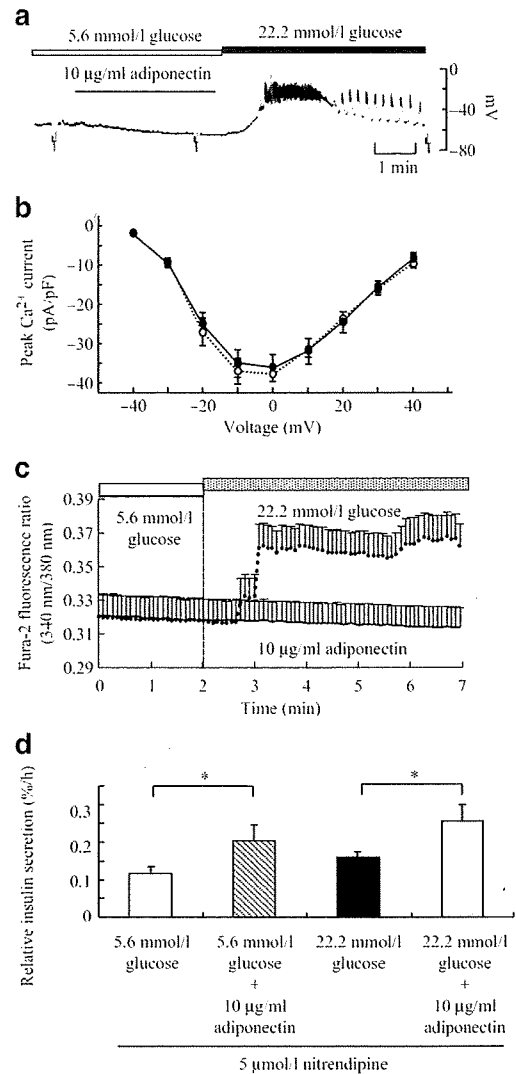


Fig. 2 Adiponectin stimulates insulin secretion without causing membrane depolarisation, closure of K_{ATP}^+ channels or Ca^{2+} entry into the cytosol. **a** Membrane potentials in response to the addition of adiponectin and increasing concentrations of glucose (5.6–22.2 mmol/l) were recorded under the conventional whole-cell mode. Results are representative of three independent experiments. **b** The current-voltage relationships of beta cells treated with (black circles, $n=3$) or without (white circles, $n=3$) adiponectin (10 $\mu\text{g/ml}$). **c** Cytosolic calcium concentrations in response to the addition of adiponectin and increasing concentrations of glucose were measured using fura-2. Mean values are shown ($n=5$). **d** Islets were incubated in KRB containing the indicated concentrations of glucose and 5 $\mu\text{mol/l}$ nitrendipine with or without 10 $\mu\text{g/ml}$ adiponectin ($n=18$ –23). Values are means \pm SEM. * $p < 0.05$

Discussion

In this study we have shown that adiponectin stimulates insulin secretion in vitro and in vivo. In addition, our results also indicate that adiponectin stimulates insulin secretion without causing ATP generation, closure of K_{ATP}^+ channels, Ca^{2+} entry into the cytosol or activation of AMPK.

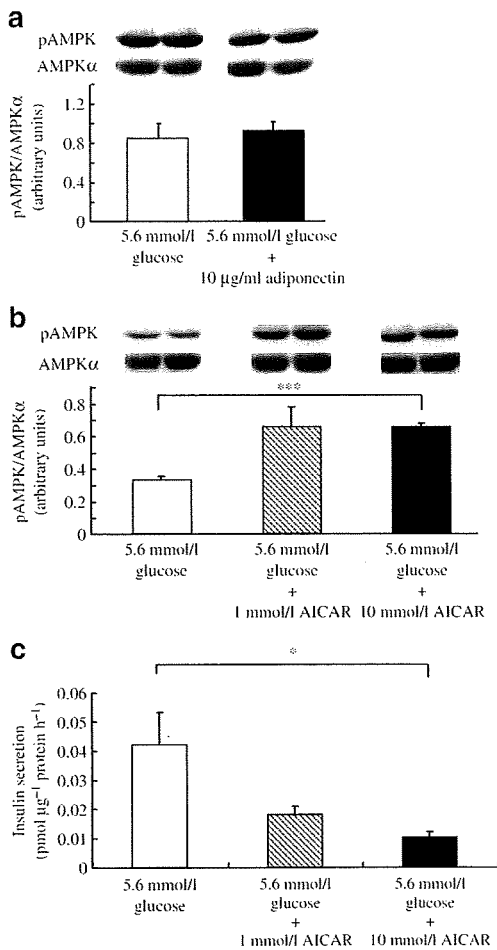


Fig. 3 Adiponectin stimulates insulin secretion without causing activation of AMPK. **a, b** Western blots of phosphorylated AMPK and AMPK α in mouse pancreatic islets ($n=3$, each group). Lysates from 30 islets from each group were subjected to western blot analysis. **c** Isolated islets were incubated with AICAR at 5.6 mmol/l glucose. Values are means \pm SEM. * $p<0.05$, *** $p<0.001$

Adiponectin has previously been reported to increase fatty acid oxidation via activation of AMPK [7, 8], which has been found to increase glucose transport by stimulating the translocation of GLUT4 to the sarcolemma in heart [26] and skeletal muscle [27]. However, adiponectin did not affect the phosphorylation of AMPK in pancreatic islets at 5.6 mmol/l glucose. Since AMPK in pancreatic beta cells is activated by low glucose concentrations [28], adiponectin may be unable to further activate AMPK at this low glucose concentration. By contrast, although the AMPK activator AICAR activated AMPK at this low glucose concentration, AICAR also decreased insulin secretion under these conditions. These results indicate that AMPK is not involved in adiponectin-stimulated insulin secretion at a low glucose concentration.

This study has shown that adiponectin stimulated insulin secretion without causing Ca^{2+} entry into the cytosol. The following cascade is generally accepted to be involved in

glucose-induced insulin secretion. When glucose is metabolised in the cytosol and mitochondria, ATP is generated and promotes the closure of ATP-sensitive potassium channels, thereby depolarising the plasma membrane potential. Depolarisation of the plasma membrane leads to activation of voltage-dependent Ca^{2+} channels, Ca^{2+} entry into the cytosol and a rise in $[Ca^{2+}]_c$, which is thought to finally trigger the exocytosis of insulin-containing granules [29–31]. However, a Ca^{2+} -independent pathway has also been proposed. Thus, Komatsu et al. have suggested that both Ca^{2+} -dependent and Ca^{2+} -independent augmentation occurs via a pathway dependent on glucose metabolism [32, 33]. In this context, we confirmed that adiponectin is able to stimulate insulin secretion when the influx of Ca^{2+} through voltage-dependent Ca^{2+} channels is blocked by nitrendipine; in other words, adiponectin stimulates insulin

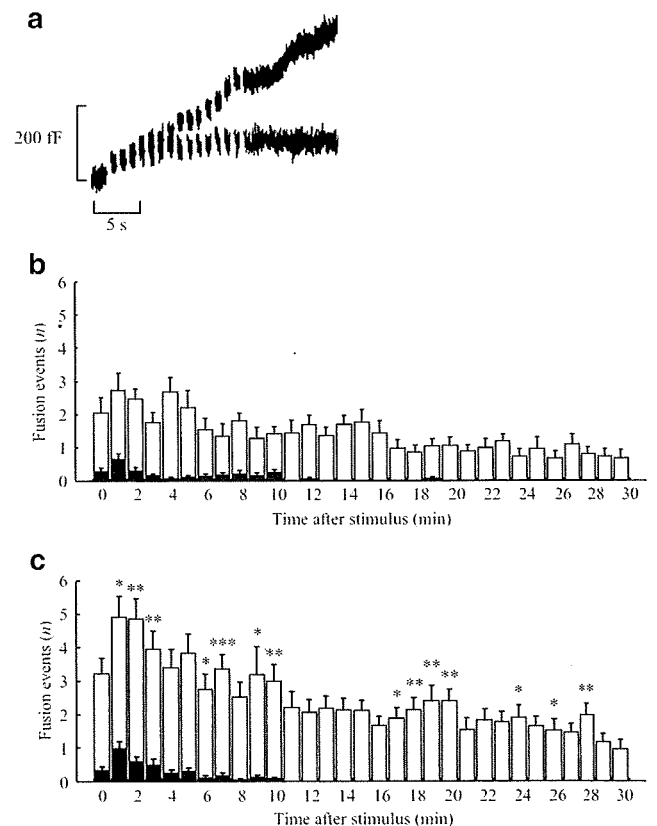


Fig. 4 Adiponectin stimulates insulin release via induction of increased fusion events. **a** The membrane capacitance of mouse beta cells exposed to 5.6 mmol/l glucose alone (lower curve) and 5.6 mmol/l glucose + 10 μ g/ml adiponectin (upper curve) cumulatively increased upon repetitive application of depolarising pulses and then plateaued (glucose alone). The traces shown are representative of three experiments. **b, c** TIRF images were acquired every 300 ms after the addition of adiponectin. The fusion events per 200 μ m² were counted manually. Histograms of the number of fusion events in 5.6 mmol/l glucose in the absence (**b**) ($n=45$) and presence (**c**) ($n=52$) of adiponectin (10 μ g/ml). Black bars, previously docked granules; white bars, newly docked granules. Values are mean \pm SEM. * $p<0.05$, ** $p<0.01$, *** $p<0.005$

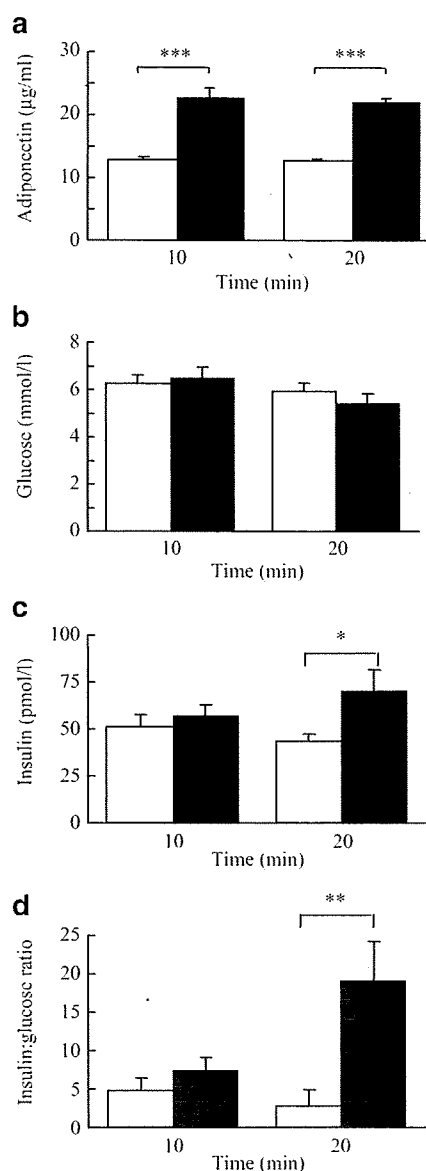


Fig. 5 Adiponectin stimulates insulin secretion in vivo. **a** Plasma adiponectin level after intravenous injection of glucose and saline (white bars, $n=8-21$) or adiponectin (black bars, $n=8-19$). **b** Blood glucose and (**c**) plasma insulin levels after the intravenous injections. **d** Ratio of the increment in plasma insulin level to that of blood glucose level after the intravenous injections. Values are means \pm SEM. * $p<0.05$, ** $p<0.01$, *** $p<0.005$

secretion without requiring influx of Ca^{2+} through voltage-dependent Ca^{2+} channels. It may do this through these augmentation pathways triggered by glucose metabolism [33], namely by replacing part of the Ca^{2+} -dependent/ Ca^{2+} -independent augmentation on newly docked granules. In this regard, it should be noted that adiponectin was able to stimulate insulin secretion at 22.2 mmol/l glucose when the influx of Ca^{2+} was blocked by nitrendipine (Fig. 2d). The observation that this stimulation of insulin secretion by adiponectin is relatively small as compared with that of glucose itself under physiological conditions (Fig. 1c) may

reflect the relatively small role of the Ca^{2+} -independent augmentation pathway, as suggested by Sato et al. [34].

As another possible mechanism, adiponectin may affect remodelling of the cytoskeleton. The cytoskeleton plays a critical role in glucose-stimulated intracellular trafficking and the exocytosis of insulin-containing granules at the plasma membrane of beta cells. In fact, a previous report showed direct evidence of a dynamic interaction between target membrane soluble *N*-ethylmaleimide-sensitive factor attachment protein receptor protein and F-actin during glucose-stimulated insulin secretion in MIN6 cells [35]. It was recently reported that calpain plays a role in facilitating the actin reorganisation required for glucose-stimulated insulin secretion [36]. Another study has suggested that kinesin I plays an important role in the microfilament-dependent movements of insulin containing granules [37]. Adiponectin may cause direct activation of calpain or kinesin I, to influence remodelling of the cytoskeleton.

Conflicting results on the effects of adiponectin on insulin secretory function in vitro have been reported so far. A previous study showed that while adiponectin decreased glucose/forskolin-induced insulin secretion, it reversed NEFA-induced inhibition of insulin secretion [13]. Another group reported that adiponectin had no effect on either basal or stimulated insulin secretion from human islets [38]. Winzell et al. [39] reported that adiponectin decreases insulin secretion from the pancreatic islets of insulin-resistant mice at a 2.8 mmol/l glucose, but stimulates insulin secretion at 16.7 mmol/l glucose. However, there have been no reports on the effects of adiponectin on insulin secretion in vivo. This study is the first study to demonstrate that adiponectin stimulates insulin secretion not only in vitro, but also in vivo.

In conclusion, we have described a novel effect of adiponectin, namely stimulation of insulin secretion, in addition to its known insulin-sensitising and anti-atherogenic effects. Consequently, adiponectin receptor agonists may be useful in the activation of adiponectin signalling as a new therapeutic strategy for treating diabetes and atherogenic diseases.

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Duality of interest The authors declare that there is no duality of interest associated with this manuscript.

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Full Paper

Peroxisome Proliferator-Activated Receptor γ (PPAR γ) Suppresses Colonic Epithelial Cell Turnover and Colon Carcinogenesis Through Inhibition of the β -Catenin / T Cell Factor (TCF) Pathway

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Abstract. Peroxisome proliferator-activated receptor γ (PPAR γ), a nuclear receptor superfamily member, plays a major role in lipid metabolism and insulin sensitivity. We investigated the role of PPAR γ in colonic epithelial cell turnover and carcinogenesis in colon because PPAR γ is strongly expressed in colonic epithelium. Administration of PPAR γ agonists suppressed epithelial cell turnover in mice. Expression level of β -catenin protein, a key molecule in carcinogenesis, was increased in mouse colon treated with PPAR γ ligands. A direct interaction between β -catenin and PPAR γ in cultured cell lines and colonic epithelium in mice was observed. Ligand-activated PPAR γ ligand directly interacts with β -catenin, retaining it in the cytosol and reducing β -catenin / T cell factor (TCF) transcriptional activity that is functionally important on aberrant crypt foci (ACF) formation. PPAR γ hetero-deficiency promoted the induction of ACF, but had no effect on the incidence of colonic polyps. These results indicate that PPAR γ regulates colonic epithelial cell turnover via direct interactions with β -catenin, resulting in inhibition of β -catenin-mediated transcriptional pathways that are involved in promoting cell proliferation. Our findings suggest that PPAR γ plays a role as a physiological regulator of colonic epithelial cell turnover and consequently predisposition to the development of colon cancer in early stage.

Keywords: peroxisome proliferator-activated receptor γ (PPAR γ), epithelial cell turnover, β -catenin, colon cancer

Introduction

Peroxisome proliferator-activated receptor γ (PPAR γ), a nuclear receptor superfamily member, is strongly

expressed in adipocytes (1, 2) and plays a major role in lipid metabolism (3–5) and insulin sensitivity (6, 7). It has been demonstrated that 15-deoxy- Δ 12,14-prostaglandin J₂ (15d-PGJ₂) is a potential endogenous ligand (8) and that thiazolidinediones (TZD), such as pioglitazone and rosiglitazone, widely used as oral hypoglycemic agents, are specific exogenous ligands for PPAR γ . PPAR γ has also been reported to be expressed in the intestinal epithelium (9). In intestinal epithelium,

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PPAR γ has been suggested to play an important role as an endogenous inhibitor of NF- κ B-mediated inflammation (10). PPAR γ has also been detected in colon cancer cells where it has been indirectly linked to colon cancer pathogenesis (11). However, the relationship between PPAR γ and colon cancer have been contradictory. The groups of Lefebvre et al. and Saez et al. have shown that treatment with PPAR γ ligands enhances colon carcinogenesis in APC^{Min} mice (12, 13). In contrast, Sarraf et al. have demonstrated that troglitazone and rosiglitazone suppress the growth of human colonic cancer cells (14). We previously conducted a study to clarify these controversial results and demonstrated that PPAR γ ligands significantly suppress colon carcinogenesis in the azoxymethane (AOM)-induced colon cancer model (15). PPAR γ ligands also significantly reduced the incidence of aberrant crypt foci (ACF), a putative precancerous lesion, and reduced the incidence of tumors developing in the colon in this model. In addition, Tanaka et al. also reported on the suppressive effect of PPAR γ ligands on the formation of ACF in the AOM-induced colon cancer model in rats (16). Niho et al. demonstrated that PPAR γ ligands suppress tumor formation in APC^{Min} mice (17, 18). These results, including our own report, indicate that activation of PPAR γ by various ligands suppresses colon carcinogenesis at the initiation, promotion, and progression stages of the disease. However, the molecular mechanisms underlying the suppression of colonic carcinogenesis by PPAR γ activation have not yet been clarified.

It has been reported that the β -catenin–Wnt signaling pathway controls cell proliferation and body patterning throughout development (19). In addition, β -catenin plays an important role as a transcriptional activator in colonic carcinogenesis (20–22). Specifically, accumulation of β -catenin in the cytosol results in its nuclear translocation in the presence of active Wnt signaling, leading to induction of a genetic program that is involved in the promotion of cell growth at the initiation of colonic carcinogenesis (23, 24). Thus, given the effects of PPAR γ ligands on inhibiting the development of ACF and the direct role of Wnt– β -catenin pathways in mediating ACF formation (25), we hypothesized that PPAR γ might affect β -catenin-mediated transcriptional regulation as a mechanism to inhibit colon carcinogenesis. Consistent with this, Girmun et al. showed an increase in the levels of β -catenin in the colonic epithelium of PPAR γ hetero-deficient mice (26), and concluded that PPAR γ suppresses colonic carcinogenesis by regulating the expression levels of β -catenin. However these studies do not show a direct relationship between PPAR γ and β -catenin. Namely, the relationship between PPAR γ and β -catenin in colon carcinogenesis remains

unclear. The aim of this study was, therefore, to clarify the direct interaction between PPAR γ and β -catenin in colon carcinogenesis. To clarify the direct interaction between PPAR γ and β -catenin may reveal the exact role of PPAR γ in influencing epithelial cell turnover and the initial stages of colonic carcinogenesis because β -catenin is the key molecule in the carcinogenesis. Here, we observed that PPAR γ directly interacts with β -catenin and diminishes the translocation of β -catenin into the nucleus, which suppresses the activity of β -catenin in mediating its transcriptional program on culture cells and the AOM-induced colon cancer model.

Materials and Methods

Cell lines and culture conditions

HT-29, Lovo, Caco2, and DLD1 cells were purchased from the Japanese Collection of Research Bioresources (Osaka). HT-29 cells were maintained in D-MEM medium supplemented with 10% fetal bovine serum, 200 U/ml of penicillin, and 200 μ g of streptomycin. Lovo cells were maintained in McCoy's 5A medium supplemented with 20% fetal bovine serum, 200 U/ml of penicillin, and 200 μ g of streptomycin.

Reagents

Pioglitazone and rosiglitazone were kindly provided by Takeda Chemical (Osaka) and by SmithKline Beecham (West Sussex, UK), respectively. PGJ₂ was purchased from ALEXIS Biochemicals (Lausen, Switzerland).

BrdU and PCNA assay

Bromodeoxyuridine (BrdU; BD Biosciences, Franklin Lakes, NJ, USA) was used to label the colonic epithelial cells undergoing DNA replication. BrdU was diluted in phosphate-buffered saline at 1 mg/ml and used at 50 mg/kg body weight. It was given intraperitoneally 1 h prior to the sacrifice of the animals. The immunohistochemical detection of BrdU was conducted using a commercial kit (BD Biosciences). Proliferating cell nuclear antigen (PCNA) was also used to label the colonic epithelial cells undergoing DNA replication and the immunohistochemical detection of PCNA was conducted using a commercial kit (Zymed Laboratories Inc., South San Francisco, CA, USA).

Reporter assay

Lovo cells were seeded at a density of 1×10^4 cells/well in 24-well plates and cultured for 24 h, prior to transfection. Transfections were performed in accordance with the manufacturer's procedure using 3 μ l of Lipofectamine 2000 (Invitrogen, Carlsbad, CA, USA),

2 μ g of Firefly Luciferase Reporter DNA (TOPflash or control FOP flash; Upstate Biotechnology, Inc., New York, NY, USA), and 0.5 μ g of phRL-TK-Renilla Luciferase (Promega, Madison, WI, USA) as a control for transfection efficiency in 200 μ l of Opti-mem (Invitrogen). At 24 h after the transfection, the medium was removed and the cells were treated with medium containing or not containing 10 μ M of PGJ₂ for 8 h. The medium was removed and the Firefly and Renilla luciferase activities were sequentially measured using the Dual-Glo buffer system (Promega). Transfections were performed in triplicate and repeated five times for each set. To normalize the data, the Firefly luciferase activity in each well was divided by the Renilla luciferase value. Each experiment was repeated at least three times. Data represent the TOP/FOP relative luciferase activity and the mean \pm S.D. from three independent experiments.

Knockdown of PPAR γ using siRNA

PPAR γ siRNA was purchased from Santa Cruz Biotechnology (Santa Cruz, CA, USA). This siRNA was transfected into 70%-confluent Lovo cells using Lipofectamine 2000. The cells were treated with 12 nM of PPAR γ siRNA for 24 h prior to the reporter assay. The Stealth RNAi Negative Control Medium GC (Invitrogen) was used as the negative control.

Reverse transcription-polymerase chain reaction (RT-PCR)

Total RNA was isolated from the cells using the RNeasy Kit (Qiagen, Valencia, CA, USA). First-strand cDNA was prepared and RT-PCR was performed using the RNA PCR kit (Takara, Otsu). The PCR primers were designed according to the reported sequences as follows: c-myc (ref. 27) (forward 5'-GGTCTTCCCCTACCCTCTCAACGA-3', reverse 5'-GGCAGCAGGATAGTCC TTCCGAGT-3'), cyclin D1 (ref. 28) (forward 5'-TGT GCTGCGAAGTGGAACC-3', reverse 5'-AAATCG TGCGGGGTCATTGC-3'), β -actin (ref. 27) (forward 5'-AAGAGAGGCATCCTCACCCCT-3', reverse 5'-TAC ATGGCTGGGGTGTTGA-3'). After initial denaturation for 10 min at 9°C, the reaction was conducted over 20 PCR cycles of 95°C for 60 s and 56°C for 60 s. β -Actin mRNA quantification was also performed for standardization.

Immunoprecipitation

Cell extracts were prepared in lysis buffer (20 mM HEPES, 2 mM EGTA, 50 mM β -glycerophosphate, 10% glycerol, 1% Triton X-100, 1 mM dithiothreitol, 1 mM vanadate, and 0.04 mM phenylmethylsulfonyl fluoride) containing a cocktail of protease inhibitors (Sigma,

St. Louis, MO, USA). To determine the interaction between PPAR γ and β -catenin in various colon cancer cell lines in the presence or absence of PPAR γ ligands, immunoprecipitation was performed using a specific anti-PPAR γ antibody (Santa Cruz Biotechnology) or anti- β -catenin antibody (BD Transduction Laboratories, Lexington, KY, USA). The antibodies were pre-adsorbed on protein G-Sepharose beads for 1 h at 4°C. Equal amounts of cell extracts (400 μ g protein each) were incubated with the respective antibody-crosslinked beads overnight at 4°C, with purification of the antibody-protein complex beads by centrifugation. The samples were then resolved by SDS-PAGE, followed by Western blotting. The signals were detected with an ECL-plus kit (Amersham Pharmacia Biotech, London, UK) in accordance with the manufacturer's protocol.

GST-PPAR γ fusion protein and GST pull-down assay

The full-length human PPAR γ 1 cDNA was subcloned into the pGEX-4T vector (Amersham Pharmacia Biotech). The GST-PPAR γ fusion protein was synthesized and purified using the B-PER GST Fusion Protein Purification Kit (PIERCE, Rockford, IL, USA). A clone of β -catenin (GeneStorm clones: RG001399) was purchased from Invitrogen. In vitro transcription and translation were performed using the TNT kit (Promega) in the presence of [³⁵S]-methionine (Amersham Pharmacia Biotech). Lysates were prepared by solubilizing the cells in immunoprecipitation buffer. The β -catenin synthesized in vitro was pulled down with either the GST-PPAR γ fusion protein or the GST protein alone and the immunoprecipitates resolved by SDS-PAGE under reducing conditions, followed by autoradiography.

Animal models

All mice were treated humanely in accordance with the National Institutes of Health and AERI-BBRI Animal Care and Use Committee guidelines. All animal experiments were approved by the institutional Animal Care and Use Committee of Yokohama City University School of Medicine. AOM was purchased from Sigma. Heterozygous PPAR γ -deficient [PPAR γ (+/-)] mice and wild-type [(PPAR γ (+/+)] mice were generated as described previously (29). They were fed a standard diet (Oriental MF; Oriental Co., Tokyo) until sacrifice. Female BALB/c mice were purchased from CLEA Japan (Tokyo). All the animals were housed in a ventilated, temperature-controlled room (23 \pm 1°C) under a 12-h light/dark cycle. To prepare the experimental diet, pioglitazone was mixed with the powdered standard diet (Oriental MF) and stored at 4°C until use; the concentration of pioglitazone in the experimental diet was 200 ppm. After acclimatization for 3 days to the housing

environment and the standard diet, the BALB/c mice were divided into groups that were fed either the standard diet or the experimental diet until sacrifice.

Induction of ACF

Eight-week-old PPAR γ (+/+) (n = 14) and PPAR γ (+/-) (n = 14) mice were injected intraperitoneally with 10 mg/kg of AOM once a week for 2 weeks. Another set of 8-week-old PPAR γ (+/+) (n = 14) and PPAR γ (+/-) (n = 14) mice were treated with saline as a control. After the first administration of AOM or saline for four weeks, the mice were sacrificed at experimental week 5. The entire colon was immediately removed and fixed, and the numbers of ACF and aberrant crypts (ACs) were counted as described previously (15).

Induction of colonic tumors

Eight-week old PPAR γ (+/+) (n = 20) and PPAR γ (+/-) (n = 20) mice were injected intraperitoneally with 10 mg/kg of AOM once a week for 6 weeks. All the surviving mice were sacrificed 37 weeks after the last injection of AOM. The colons were removed immediately and fixed in 10% neutralized formalin as described previously (15).

Histological analysis of the ACF and colonic tumors

All the colons were removed and fixed in neutralized 10% formalin overnight at 4°C. To facilitate counting of the ACF and colonic tumors, the colons were stained with 0.2% methylene blue solution and examined under a dissecting microscope. The ACF and colonic tumors were removed and embedded in paraffin blocks in accordance with standard procedures.

Immunohistochemical analysis

Paraffin-embedded sections were deparaffinized and subjected to immunohistochemical staining with an anti-mouse β -catenin monoclonal antibody (BD Transduction Laboratories) using a Vectastain ABC kit (Vector Laboratories, Burlingame, CA, USA) in accordance with the manufacturer's instructions. The primary β -catenin antibody was used at a dilution of 1:800 and the PPAR γ antibody at a dilution of 1:500, with nuclear counterstaining performed using hematoxylin.

Immunoblotting and immunofluorescence

Colonic epithelium was isolated and protein extraction performed. Western blotting was performed using anti-PPAR γ (Santa Cruz Biotechnology), anti- β -catenin (BD Transduction Laboratories), or anti-G3PDH (Trevigen, Gaithersburg, MD, USA) antibodies. Segments of colonic epithelium from mice fed the experimental or standard diet were embedded in the same block and

frozen sections cut. For the immunofluorescence analyses, the frozen tissue sections were incubated in a working solution of M.O.M. Mouse IgG Blocking Reagent (Vector Laboratories) at 37°C for 1 h. The sections were then washed with PBS and incubated in a working solution of M.O.M. Dilute (Vector Laboratories) at room temperature for 30 min. The sections were then exposed to an anti- β -catenin mouse monoclonal antibody (BD Transduction Laboratories) (1:100 diluted with M.O.M. Dilute) or anti-rabbit PPAR γ polyclonal antibody (Santa Cruz Biotechnology) (1:10 diluted with M.O.M. Dilute) overnight at 4°C. After washing with PBS, the sections were incubated with Alexa Fluor 488 goat anti-mouse IgG (Molecular Probes, Eugene, OR, USA) or Alexa Fluor 555 goat anti-rabbit IgG (Molecular Probe) at 37°C for 1 h. Imaging was performed using a confocal microscope equipped with an argon-krypton laser (LSM-Micro-System; Carl Zeiss, Oberkochen, Germany). Alexa Fluor 488 dye exhibited green fluorescence and Alexa Fluor 555 dye exhibited red fluorescence. The emission patterns of the two fluorescence labels were collected separately and the data overlaid to generate two-color images.

Statistical analyses

Statistical analyses for ACF and colonic tumor multiplicity were conducted by using the Mann-Whitney *U* test. Other statistical analyses of the differences in the incidence and histologic characteristics of the colonic tumors were performed by Student's *t*-test. Differences were considered significant when *P* values were <0.05.

Results

PPAR γ modulates the levels of β -catenin

To determine the effect of PPAR γ on β -catenin levels, we examined the quantities of PPAR γ and β -catenin proteins in the colonic epithelium from PPAR γ (+/-) and PPAR γ (+/+) mice. The results of Western-blot analysis indicated that the PPAR γ protein levels were reduced in the colonic epithelium of the PPAR γ (+/-) mice as compared to that observed in the colonic epithelium of wild-type mice (Fig. 1A). Interestingly, the β -catenin protein levels in the colonic epithelium of the PPAR γ (+/-) mice were also reduced in comparison to that observed in the colonic epithelium of the wild-type mice (Fig. 1B). These results indicate that the expression of PPAR γ and β -catenin in the colonic epithelium are coordinately regulated. We, therefore, examined whether PPAR γ might upregulate β -catenin levels in the colonic epithelium of PPAR γ -ligand-treated mice. As expected, Western-blot analysis showed significant upregulation of β -catenin protein levels in the colonic epithelium of

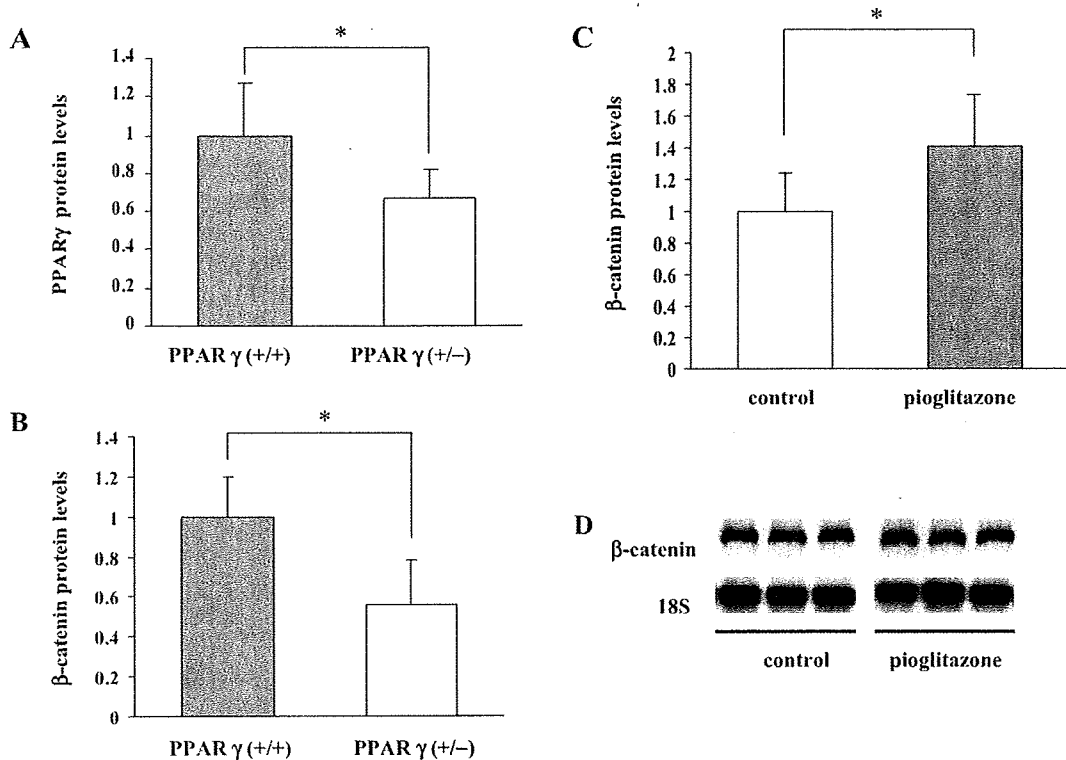


Fig. 1. β -Catenin expression in the colonic epithelium of PPAR γ (+/-)/(+/+) and TZD-treated mice. **A** and **B**: Expression of PPAR γ (**A**) or β -catenin (**B**) in the colonic epithelium of PPAR γ (+/-) and PPAR γ (+/+) mice. Protein lysates were prepared from the colonic epithelium of five mice per group, and the levels of PPAR γ and β -catenin were analyzed by Western-blot analysis. The averaged expression of each protein in wild type (PPAR γ (+/+)) mice was defined as 1.0. The relative expression level of each protein in the PPAR γ (+/-) mice was expressed as "protein level" compared to that in wild type (PPAR γ (+/+)) mice. * P <0.05, as compared with the result in the PPAR γ (+/-) mice. **C**: β -Catenin protein levels in the colonic epithelium of BALB/c mice treated with pioglitazone. Protein lysates were prepared from the colonic epithelium of five mice per group and the levels of β -catenin were analyzed by Western-blot analysis. The Y axis indicates the relative expression levels of β -catenin in the control mice. * P <0.05, as compared with the results in the control mice. **D**: β -Catenin mRNA levels in the colonic epithelium of BALB/c mice treated with pioglitazone. Total RNA was isolated from the colonic epithelium of five mice per group, and the levels of β -catenin mRNA were determined by northern blot analysis. Levels of 18S were determined as an internal control. The results of Northern blot analysis indicated no differences in the β -catenin mRNA levels between the pioglitazone-treated mice and control mice.

the pioglitazone-treated mice as compared to that detected in the colonic epithelium of the vehicle-treated control mice (Fig. 1C).

To clarify whether the PPAR γ -mediated increase in β -catenin protein levels was due to a transcriptional-related mechanism, we performed northern blot analysis on RNA from the colonic epithelium of the pioglitazone-treated and control mice. The results of northern blot analysis showed no differences in the β -catenin mRNA levels in the colonic epithelium from the pioglitazone-treated and control mice (Fig. 1D). These results indicate that the PPAR γ -mediated increase in β -catenin protein levels is not due to transcriptional regulation, but rather due to a post-transcriptional event.

Activation of PPAR γ by ligand treatment suppresses β -catenin/TCF-mediated transcription in colonic carcinogenesis

It is well known that β -catenin which accumulates in the cytosol is translocated into the nucleus whereupon it binds with members of the T cell factor (TCF) / lymphoid enhancing factor (LEF) family and induces target gene transcription, such as c-myc and cyclin D1. To determine whether ligation of PPAR γ regulates β -catenin/TCF activity, Lovo, a colonic cancer cell line, was transfected with a TCF reporter vector, TOPflash, which contains a combination of TCF-binding elements. Incubation with the PPAR γ ligand PGE $_2$ significantly suppressed the transcriptional activity of TOPflash (Fig. 2A). In contrast, knockdown of PPAR γ protein expression by treatment of Lovo cells with siRNA

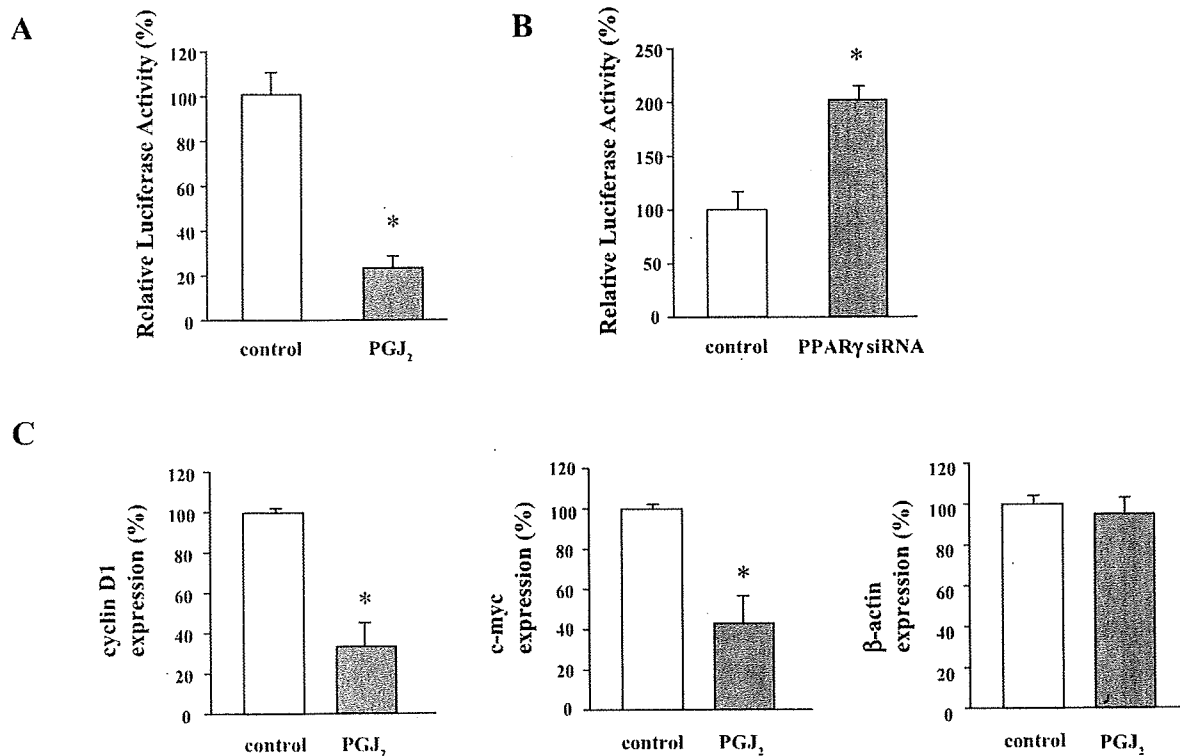


Fig. 2. PPAR γ ligand suppresses the β -catenin/TCF-mediated transcription activity in colonic carcinogenesis. **A:** Ligand activation of PPAR γ reduces β -catenin/TCF activity. Lovo cells were transiently transfected with the TCF-responsive promoter TOPflash or FOP flash. After incubation with 10 μ M PGJ $_2$ for 8 h, dual-luciferase assays were performed. **B:** siRNA inhibition of PPAR γ induces β -catenin/TCF activity. Lovo cells were treated with 12 nM PPAR γ siRNA for 24 h before performing the reporter assay. Each experiment was repeated at least three times. Data represent the TOPflash/FOP flash relative luciferase activity, and each reported value is the mean \pm S.D. from three independent experiments. **C:** Ligand activation of PPAR γ suppresses expression of the β -catenin/TCF target genes c-myc and cyclin D1. Lovo cells were treated with 10 μ M PGJ $_2$ for 5 h. The levels of c-myc and cyclin D1 mRNA were determined by RT-PCR analysis. The level of β -actin as an internal control was also determined. * P <0.05, as compared with the result in the control mice.

promoted TOPflash transcriptional activity (Fig. 2B). These results indicate that PPAR γ negatively regulates the transcriptional activity of β -catenin/TCF. We then performed RT-PCR to determine whether the PPAR γ ligand PGJ $_2$ regulates expression of β -catenin and TCF target genes. The PPAR γ ligand significantly inhibited the expression of c-myc and cyclin D1 (Fig. 2C). Taken together, these results indicate that activation of PPAR γ significantly suppresses β -catenin/TCF activity in vitro despite increased levels of β -catenin.

PPAR γ directly interacts with β -catenin

To elucidate the mechanism by which activation of PPAR γ suppresses the activation of β -catenin and TCF, we investigated the interaction between PPAR γ and β -catenin both in vivo and in vitro. Immunoprecipitation of cell extracts from various colonic cancer cell lines with a PPAR γ -specific antibody revealed a direct interaction between PPAR γ and β -catenin which was increased by

treatment with the PPAR γ ligand pioglitazone (Fig. 3: A and B). Similar results were observed in the colonic epithelium of mice treated with the PPAR γ ligand in vivo (Fig. 3C). In addition, a GST pull-down assay confirmed the direct interaction between PPAR γ and β -catenin (Fig. 3D). These data indicate that activation of PPAR γ causes it to interact with β -catenin which, in turn, is associated with inhibition of β -catenin translocation into the nucleus. This inhibition of β -catenin translocation into the nucleus is further associated with suppression of the ability of β -catenin and TCF to regulate its normal transcriptional program of activity.

To confirm the direct interaction of PPAR γ with β -catenin in vivo, we investigated the localization of PPAR γ and β -catenin in the colonic epithelium of mice. As shown in Fig. 4 (A and B), β -catenin was mostly localized to the cell membrane with PPAR γ localizing to the nucleus in the crypt of the colon. However, in the surface epithelium, PPAR γ and β -catenin co-localized

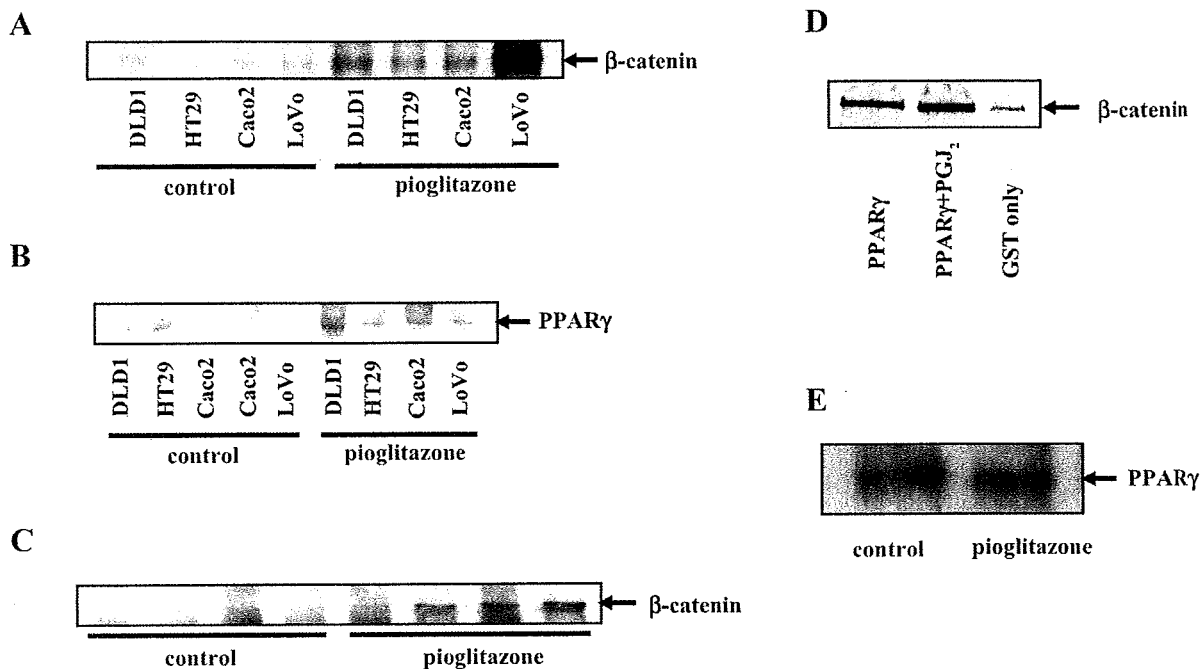


Fig. 3. PPAR γ directly associates with β -catenin both in vivo and in vitro. **A:** Soluble extracts from several colon cancer cells treated/not treated with pioglitazone were immunoprecipitated with anti-PPAR γ antibody, as indicated. The presence of β -catenin in the immunoprecipitates was determined by Western blotting with anti- β -catenin antibody. **B:** Soluble extracts from several colon cancer cells treated/not treated with pioglitazone were immunoprecipitated with anti- β -catenin antibody, as indicated. The presence of PPAR γ in the immunoprecipitates was determined by Western blotting with anti-PPAR γ antibody. **C:** Soluble extracts of colonic epithelial cells of BALB/c mice treated/not treated with pioglitazone were immunoprecipitated with anti-PPAR γ antibody, as indicated. The presence of β -catenin proteins in the immunoprecipitates was determined by Western blotting with anti- β -catenin antibody. **D:** β -Catenin-containing plasmids were transcript and translated in vitro in the presence of ^{35}S , and radiolabel proteins were incubated with either GST alone or GST-PPAR γ fusion protein. The bindings were assayed in the presence or absence of the specific ligand PGJ $_2$. The protein complexes formed were pulled down with glutathione-Sepharose beads and resolved by SDS-PAGE, followed by autoradiography. **E:** Confirmation of PPAR γ protein levels treated with or without pioglitazone in Lovo cells. No marked difference was observed.

with each other in the cytosol (Fig. 4C). These data indicate that PPAR γ directly interacts with β -catenin, retaining the latter in the cytosol and preventing its transcriptional activity in the nucleus. Taken together, activation of PPAR γ by its ligand upregulates the direct interaction between PPAR γ and β -catenin in the colonic epithelial cells, suppressing β -catenin translocation into the nucleus. Furthermore, our data suggest that natural PPAR γ ligands are more highly expressed in surface epithelium at steady-state.

PPAR γ ligand suppresses colonic epithelial cell proliferation

To clarify the mechanism underlying the inhibitory effect of PPAR γ on β -catenin transcriptional activity, we investigated the effect of a PPAR γ ligand on colonic epithelial cell proliferation in vivo. To do so, we used both BrdU and PCNA labeling for the quantitation of cell proliferation. BrdU is a modified pyrimidine analogue that is readily incorporated into nuclei during

the DNA synthetic phase of the cell cycle (S-phase). PCNA is a nuclear antigen whose expression increases during the G $_1$ -phase, peaks at the S-phase, and declines during the G $_2$ /M-phases of the cell cycle. The BrdU-labeled tissue sections and the number of BrdU-labeled cells are shown in Fig. 5 (A–D). The number of BrdU-labeled cells per crypt in the distal colon of pioglitazone-treated mice was significantly reduced as compared with that observed in the colonic epithelium of the control, untreated mice (Fig. 5D). BrdU-stained cells in the colonic epithelium of the pioglitazone- or rosiglitazone-treated mice were decreased and mainly detectable near the crypt base. In contrast, in control mice, BrdU-positive cells extended up from the base towards the surface epithelium. Furthermore, treatment of mice with pioglitazone and rosiglitazone resulted in significantly shorter lengths of the crypts in comparison to control mice (Fig. 5: A–C).

Similarly, the PCNA-labeling index in the colonic epithelium of mice treated with pioglitazone and

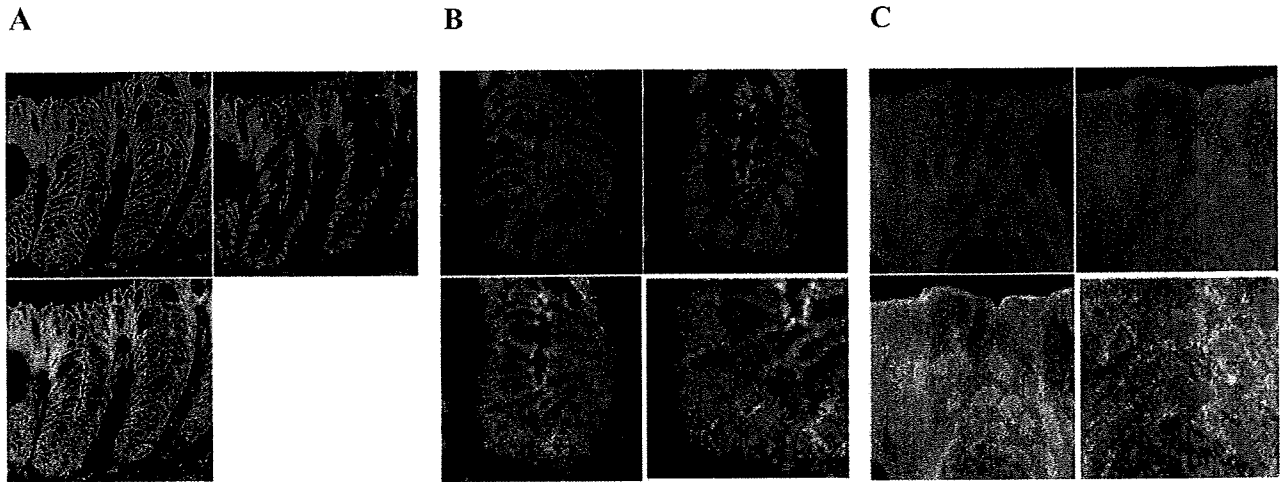


Fig. 4. Immunofluorescence microscopy of PPAR γ and β -catenin in the colonic epithelium of BALB/c mice. Immunostaining for PPAR γ (Alexa Fluor 488, green) and β -catenin (Alexa Fluor 555, red). A: An entire crypt (magnification = 40). B: The bottom of a crypt (magnification = 62). C: The top of a crypt (magnification = 62). Right bottom corner in (B) and (C) represents a high magnification picture.

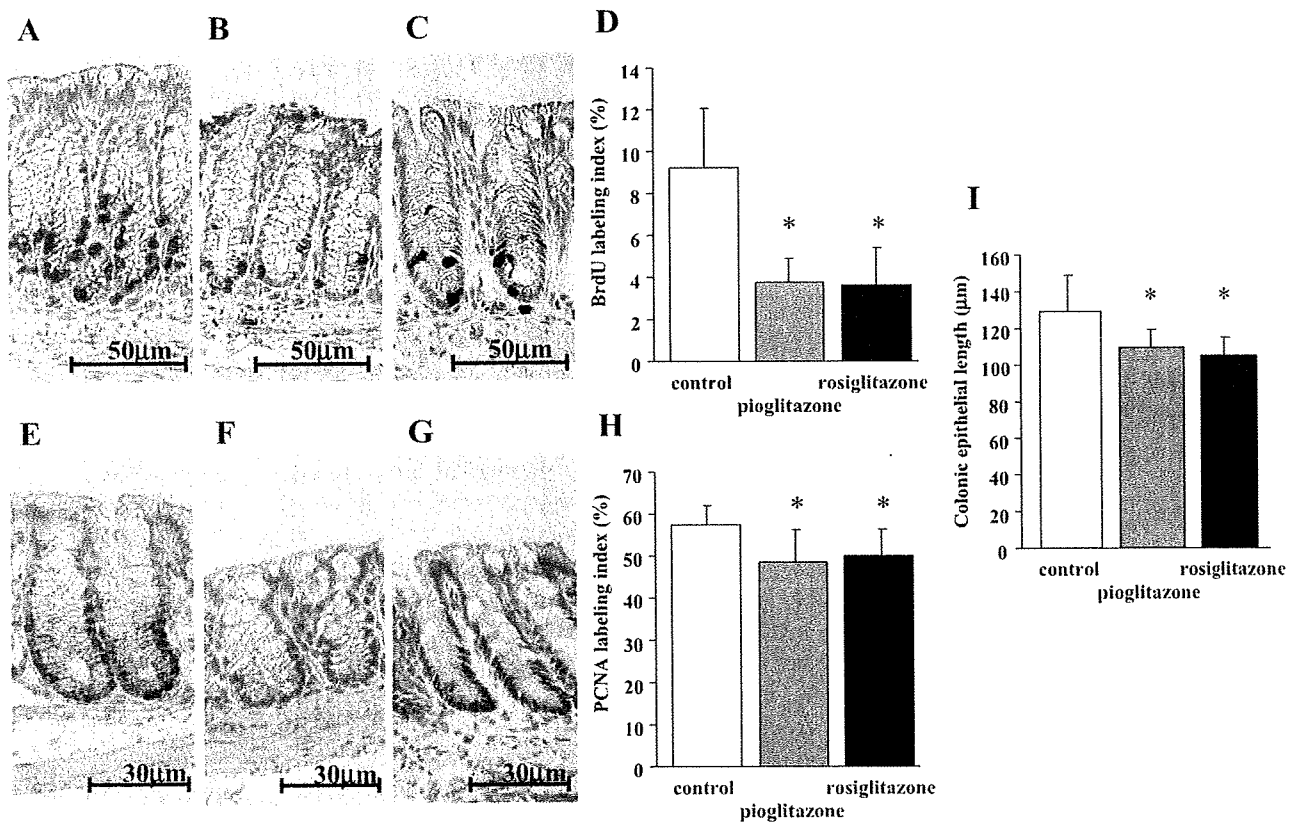


Fig. 5. PPAR γ ligand suppresses colonic epithelial cell proliferation. Immunohistochemical staining of BrdU in the colonic epithelium of control mice (A), pioglitazone-treated mice (B), and rosiglitazone-treated mice (C). D: BrdU-labeling index in pioglitazone-treated, rosiglitazone-treated, and control mice. Immunohistochemical staining of PCNA in the colonic epithelium of control mice (E), pioglitazone-treated mice (F), and rosiglitazone-treated mice (G). H: PCNA-labeling index in pioglitazone-treated, rosiglitazone-treated, and control mice. I: Comparison of the colonic epithelial length in pioglitazone-treated, rosiglitazone-treated, and control mice. The colonic epithelial length in the TZD-treated mice was significantly shorter than that in the control mice. * $P < 0.05$ as compared with the results in control mice.

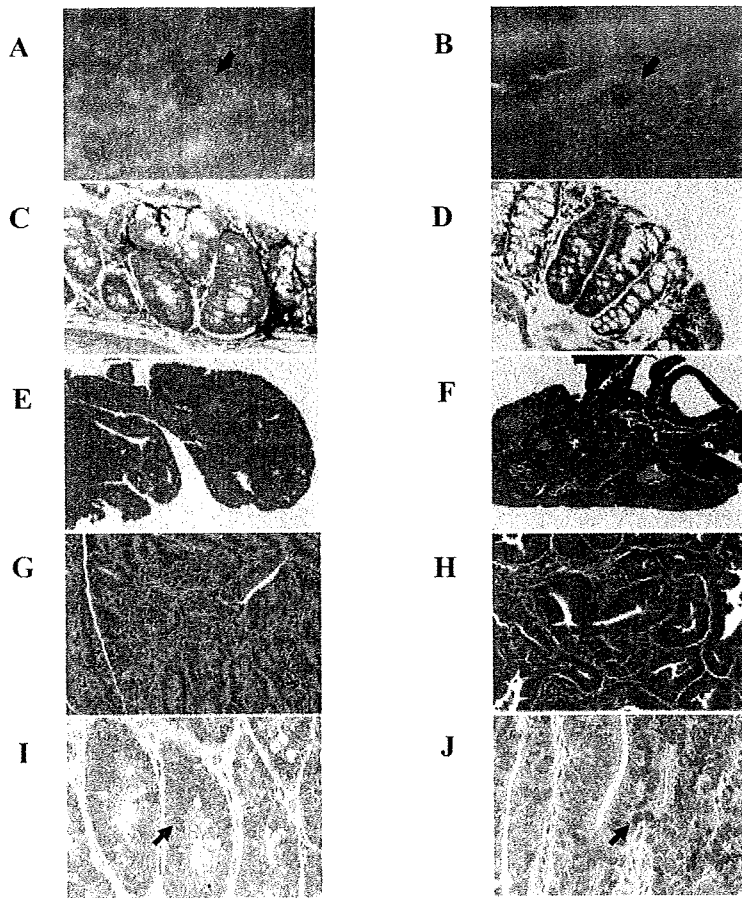


Fig. 6. Histology of ACF and colonic tumors arising in the mice after AOM treatment. ACF arising in the colons of PPAR γ (+/-) (A, C) and PPAR γ (+/+) (B, D) mice. A and B: 0.2% methylene blue staining; ACF is indicated by the solid arrow; C and D: H & E staining (magnification = $\times 20$). Colonic tumors arising in the colons of PPAR γ (+/-) (E, G) and PPAR γ (+/+) (F, H) mice. E and F: H & E staining (magnification = $\times 10$). G and H: H & E staining (magnification = $\times 40$). Immunohistochemical staining of β -catenin in the adenomas of PPAR γ (+/-) (I) and PPAR γ (+/+) (J) mice. β -Catenin was detectable in the cytosol and nuclei (arrows) in the adenomas of both groups of animals

rosiglitazone was also significantly reduced in comparison to that observed in the control mice (Fig. 5: E–H). Importantly, the apoptotic index of the colonic epithelium as determined by TUNEL staining was unchanged in the pioglitazone-treated and control mice (data not shown). These results indicate that PPAR γ ligands suppress colonic epithelial cell proliferation and turnover.

Heterozygous PPAR γ -deficiency promotes ACF formation in AOM-induced colon carcinogenesis

To investigate the effect of PPAR γ -mediated inhibition of β -catenin transcriptional activity in colon carcinogenesis in vivo, we examined the formation of ACF in the AOM-induced colon cancer model in PPAR γ (+/-) mice (Fig. 6: A and B). AOM treatment of PPAR γ (+/-) mice resulted in a significant increase in the formation of ACF in the colon in comparison to that observed in the colons of wild-type mice similarly treated with AOM (Table 1). However, PPAR γ heterodeficiency did not result in an increased incidence or multiplicity of adenocarcinomas (Table 1). Histological analysis of the tumors from both genotypes of mice identified them as either adenomas or adenocarcinomas.

Moreover, there were no significant differences in the histologic characteristics of the ACF, adenomas, or adenocarcinomas observed in PPAR γ (+/-) mice and PPAR γ (+/+) mice (Fig. 6: C–H). As expected, β -catenin was detectable in the cytosol and nuclei in the adenomas of both groups of animals (Fig. 6: I and J). Figure 7 shows that the survival of PPAR γ (+/-) mice and PPAR γ (+/+) mice was identical and observed to be 85% at 37 weeks.

Discussion

The development of colon cancer is the consequence of a multi-step process (30). This genetically driven program causes cellular hyper-proliferation of normal colonic epithelium, resulting in formation of adenomas and, consequently, carcinomas (31–34). In addition, this process is enhanced by chronic inflammation (35). Since PPAR γ is regulated by and, in turn, regulated cellular proliferation and inflammation (36, 37), it is of significant importance to the pathogenesis of colon cancer. However, the physiological role of this receptor in the colonic epithelium remains incompletely charac-

Table 1. Effect of PPAR γ heterodeficiency on the formation of (a) ACF and (b) colonic tumors in the AOM-induced colon cancer model

a				
Genotype	AOM	n	No. of ACF/mouse	No. of ACs/mouse
PPAR γ (+/+)	+	14	11.71 \pm 5.44	18.21 \pm 8.62
PPAR γ (+/-)	+	14	16.21 \pm 4.28*	26.00 \pm 6.00*
PPAR γ (+/+)	-	14	0	0
PPAR γ (+/-)	-	14	0	0

b					
Experimental group	Incidence (%)	Histology			Multiplicity
		Ad	AdCa	total	
PPAR γ (+/+)	10/19 (53)	7	17	24	1.26 \pm 1.81
PPAR γ (+/-)	11/17 (65) [†]	6	13	19	1.12 \pm 1.10 [†]

* $P < 0.05$, as compared with the results in the PPAR γ (+/+) mice treated with AOM. [†]No difference in the number of colon tumors arising in the colons of PPAR γ (+/+) and PPAR γ (+/-). ACs, aberrant crypts; Ad, adenoma; AdCa, adenocarcinoma.

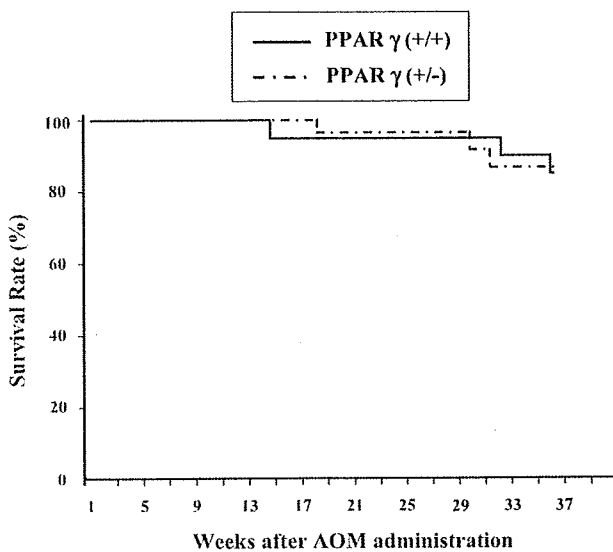


Fig. 7. Survival of PPAR γ (+/-) and PPAR γ (+/+) mice after AOM treatment. PPAR γ (+/-) and PPAR γ (+/+) mice were treated with 10 mg/kg of AOM and observed until 37 weeks after AOM administration. There was no significant difference in the survival rates between the two groups.

terized. In addition, it is still unknown how PPAR γ affects the cell turnover in colon.

In the present study, we observed that PPAR γ ligand markedly suppressed colonic epithelial cell proliferation, independently of apoptosis, resulting in decreased colonic crypt length. These results may indicate that activation of PPAR γ induces a cellular program that decreases epithelial cell proliferation. Namely, PPAR γ negatively regulates colonic epithelial cell turnover by

affecting cell cycle kinetics rather than inducing apoptosis under physiological conditions in vivo. In fact, PPAR γ is expressed abundantly in the colonic epithelium, and it is suggested that PPAR γ is a key molecule in the regulation of colonic epithelial cell turnover.

To clarify how PPAR γ affects the epithelial cell turnover, we investigated the interaction between PPAR γ and β -catenin because β -catenin is a key molecule in cell proliferation and ACF formation in the colon (25). We showed that PPAR γ activation leads to increased β -catenin protein levels in the colonic epithelium. However, this PPAR γ mediated increase in β -catenin protein expression in the colonic epithelium was not associated with the nuclear translocation of β -catenin. Furthermore, it was observed that PPAR γ directly interacted with β -catenin in both colonic cancer cell lines and native colonic epithelial cells in vivo and that this interaction was enhanced by treatment with PPAR γ ligands, suggesting that binding of β -catenin by PPAR γ may prevent its degradation. Moreover, the increase in the direct binding of PPAR γ to β -catenin observed here was associated with the decreased β -catenin translocation into the nucleus, despite increased protein levels, and inhibition of β -catenin and TCF dependent transcription.

It has been reported that ligation and activation of PPAR γ in HT-29 and Lovo colon cancer cells significantly suppresses cellular proliferation (38). Consistent with this, we observed that PPAR γ activation suppressed β -catenin/TCF transcriptional activity. These results indicate that PPAR γ negatively regulates epithelial cell turnover via inhibition of β -catenin movement into the nucleus, resulting in the inhibition of β -catenin/TCF-

dependent transcription.

In the present study, we observed that heterodeficiency of PPAR γ promoted the formation of ACF, a precancerous pathologic marker in the very early stage of carcinogenesis. These results indicate that PPAR γ suppresses tumorigenesis at early stages of initiation. ACF are the formative lesions that lead to adenoma and, consequently, carcinoma. However, PPAR γ heterodeficiency did not result in an increased incidence of tumors. These results may indicate that strong activation with non-endogenous ligands is required to suppress tumor progression, although activation of PPAR γ by endogenous ligands is sufficient to suppress colonic carcinogenesis at early stages of colon cancer development such as ACF formation (15).

In conclusion, PPAR γ regulates colonic epithelial cell turnover via direct interactions with β -catenin, resulting in inhibition of β -catenin translocation into the nucleus. The inhibition of β -catenin translocation prevents β -catenin-mediated transcriptional pathways that are involved in promoting cell proliferation. Our findings indicate that PPAR γ plays a role as a physiological regulator of colonic epithelial cell turnover and consequently predisposition to the development of colon cancer.

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Molecular Mechanism of Moderate Insulin Resistance in Adiponectin-Knockout Mice

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Abstract. Adiponectin has been proposed to act as an antidiabetic adipokine, suppressing gluconeogenesis and stimulating fatty acid oxidation in the liver and skeletal muscle. Although adiponectin-knockout (adipo $^{-/-}$) mice are known to exhibit insulin resistance, the degrees of insulin resistance and glucose intolerance are unexpectedly only moderate. In this study, the adipo $^{-/-}$ mice showed hepatic, but not muscle, insulin resistance. Insulin-stimulated phosphorylation of IRS-1 and IRS-2 was impaired, the IRS-2 protein level was decreased, and insulin-stimulated phosphorylation of Akt was decreased in the liver of the adipo $^{-/-}$ mice. However, the triglyceride content in the liver was not increased in these mice, despite the decrease in the PPAR α expression involved in lipid combustion, since the expressions of lipogenic genes such as SREBP-1 and SCD-1 were decreased in association with the increased leptin sensitivity. Consistent with this, the down-regulation SREBP-1 and SCD-1 observed in the adipo $^{-/-}$ mice was no longer observed, and the hepatic triglyceride content was significantly increased in the adiponectin leptin double-knockout (adipo $^{-/-}$)ob/ob mice. On the other hand, the triglyceride content in the skeletal muscle was significantly decreased in the adipo $^{-/-}$ mice, probably due to up-regulated AMPK activity associated with the increased leptin sensitivity. In fact, these phenotypes in the skeletal muscle of these mice were no longer observed in the adipo $^{-/-}$)ob/ob mice. In conclusion, adipo $^{-/-}$ mice showed impaired insulin signaling in the liver to cause hepatic insulin resistance, however, no increase in the triglyceride content was observed in either the liver or the skeletal muscle, presumably on account of the increased leptin sensitivity.

Key words: Adiponectin, Insulin resistance, Adiponectin-knockout mice, Euglycemic-hyperinsulinemic clamp.

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ADIPONECTIN (also known as Acrp30) [1–4] is a hormone secreted by adipocytes that acts as a major an-

tidiabetic adipokine. Plasma adiponectin levels are decreased in obesity, insulin resistance and type 2 diabetes mellitus [1–4]. Decreased adiponectin has been implicated in the development of insulin resistance in obesity, which has been shown to be reversed by replenishment of adiponectin [5–7]. This insulin-sensitizing effect of adiponectin seems to be mediated by the inhibition of gluconeogenesis in the liver and stimulation of fatty acid oxidation via activation of AMP-activated protein kinase (AMPK) and peroxi-

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Abbreviations: EGP, Endogenous Glucose Production; Rd Rate of disappearance

some proliferator-activated receptor (PPAR) alpha in the liver and skeletal muscle [8–12]. Thus, adiponectin ameliorates insulin resistance in both the liver and skeletal muscle.

Adiponectin-knockout (adipo $^{-/-}$) mice have been described mainly by four groups. We reported that adipo $^{-/-}$ mice showed insulin resistance [13], indicating that adiponectin acts as an insulin-sensitizing hormone *in vivo*. Maeda *et al.* reported that adipo $^{-/-}$ mice fed a normal diet failed to show insulin resistance and glucose intolerance [14]. Ma *et al.* described the absence of insulin resistance and unexpectedly, increased fatty acid oxidation, in the skeletal muscle of adipo $^{-/-}$ mice [15]. Nawrocki *et al.* described that adipo $^{-/-}$ mice exhibited hepatic, but not muscle, insulin resistance, and increased endogenous glucose production (EGP), with absence of any change in the rate of disappearance (Rd) of glucose during the euglycemic-hyperinsulinemic clamp study [16]. However, the degrees of insulin resistance and glucose intolerance were unexpectedly moderate in these adipo $^{-/-}$ mice [13, 15, 16]. We recently reported increased leptin sensitivity in adipo $^{-/-}$ mice [17]. Leptin is known to decrease the expressions of lipogenic genes and also the triglyceride content in the liver [18, 19] and, it has also been shown to activate AMPK in the skeletal muscle [20]. In fact, muscle AMPK activity was shown to be increased in the adipo $^{-/-}$ mice [17]. In this study, we investigated the molecular mechanisms of the insulin resistance observed in the adipo $^{-/-}$ and adiponectin/leptin double-knockout (adipo $^{-/-}$)ob/ob mice.

Materials and methods

Animals

Mice lacking adiponectin were generated as described previously [13, 21]. Adiponectin/leptin double-knockout mice and ob/ob mice were generated by intercrossing of adipo $(+/-)$ ob/+ mice [21]. The mice were allowed free access to water and ordinary laboratory diet. All experiments in this study were conducted on littermate male mice. The animal care and procedures of the experiments were approved by the Animal Care Committee of the University of Tokyo.

Euglycemic-hyperinsulinemic clamp study

A clamp study was carried out as described previously [21]. A catheter was inserted into the jugular vein 2–3 days prior to the clamp study. After overnight food deprivation, insulin was injected constitutively by intravenous infusion at 4 mU/kg/min, and 50% glucose solution enriched to 20% with 6,6- d_2 glucose as tracer was injected to maintain the blood glucose at about 120 mg/dl under conscious and unstressed conditions. Blood was sampled via tail tip bleeds at 90, 105 and 120 min to determine the rate of glucose disappearance (Rd) and endogenous glucose production (EGP).

RNA preparation and analysis

Tissue samples were homogenized to isolate RNA with ISOGEN reagent (Wako, Japan) and analyzed by northern blotting and real-time quantitative PCR. Northern blotting for PPARalpha and SREBP-1 mRNA was carried out as described previously [6, 19]. For real-time quantitative PCR, the ABI 7900 sequence detection system (Applied Biosystems, CA, USA) was used. The RNA sample was processed with TURBO DNase (Ambion, TX, USA) before reverse transcription to synthesize cDNA. 36B4 mRNA was used as the internal control. The primer sets for PEPCCK and G6Pase were purchased from Applied Biosystems. The sequences of the primer sets for SREBP-1c, PPARalpha and 36B4 were as follows [22]; SREBP-1c: forward primer, ATCGGCGCGGAAGCTGTCTGGGGTAGCGTC; reverse primer, TGAGCTGGAGCATGTCTCAA; probe, FAM-ACCACGGAGCCATGGATTGCACATT-TAMRA. PPARalpha: forward primer, CAACGGCGTTCGAAGACAAA; reverse primer, GACGGTCTCCACGGACATG; probe, FAM-CAGAGGTCCGATTCTTCCACTGCTGC-TAMRA. 36B4: forward primer, TGCCACACTCCATCATCAATG; reverse primer, CCGCAAATGCAGATGATC; probe, FAM-CCCACTACTGAAAAGGTCAAGGCCTTCCTG-TAMRA.

Measurement of the tissue triglyceride content

Tissue homogenate was extracted with 2:1 (vol/vol) chloroform/methanol, and the triglyceride content was determined as described previously [22]. In brief, chloroform/methanol was added to the homogenate and shaken for 15 min. After centrifugation at 14,000

rpm for 10 min, the organic layer was collected. This extraction step was repeated three times. The collected sample was dried and resuspended in 1% Triton X-100/ethanol, and measured using L-type Wako (Wako, Japan).

Immunoprecipitation and western blotting

Immunoprecipitation and western blot analyses were carried out as described previously [23]. Tissue lysate was immunoprecipitated with anti-IRS-1 antibody or anti-IRS-2 antibody (Upstate, VA, USA) and blotted with an anti-phospho-tyrosine (anti-pY) antibody (Upstate, VA, USA) to assess the degree of phosphorylation of IRS-1 or IRS-2. For the western blot analyses, antibodies against Akt, phospho-Akt, AMPK and phospho-AMPK (Cell Signaling Technology, MA, USA) were used.

Statistics

All values were expressed as means \pm SEM. The statistical significances of differences were calculated using the *t*-test.

Results

The euglycemic-hyperinsulinemic clamp study revealed hepatic insulin resistance in the *adipo(-/-)* mice

We carried out the euglycemic-hyperinsulinemic clamp study using the tracer technique in the wild-type and *adipo(-/-)* mice. Significant decrease of the GIR was observed in the *adipo(-/-)* mice as compared with that in the wild-type mice (Fig. 1A), indicating that the *adipo(-/-)* mice indeed exhibited insulin resistance, as previously reported [13]. *Adipo(-/-)* mice showed similar Rd to the wild-type mice, but significantly increased EGP. (Fig. 1B, C). The expressions of PEPCK (Fig. 1D) and G6Pase (Fig. 1E), which are involved in gluconeogenesis, were up-regulated during the euglycemic-hyperinsulinemic clamp study in the *adipo(-/-)* mice, indicating the hepatic insulin resistance in the *adipo(-/-)* mice.

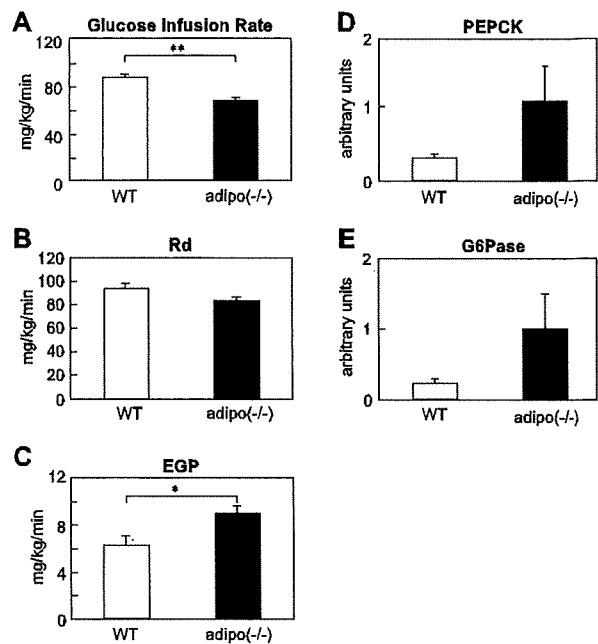


Fig. 1. The euglycemic-hyperinsulinemic clamp study revealed hepatic insulin resistance in the *adipo(-/-)* mice. (A-E) Glucose infusion rate (GIR) (A), rate of glucose disappearance (Rd) (B), endogenous glucose production (EGP) (C), PEPCK (D) and G6Pase (E) mRNA levels in the liver during the euglycemic-hyperinsulinemic clamp study. All values are expressed as means \pm SEM of data (n = 7) obtained from the analysis of wild-type (open bars) and *adipo(-/-)* mice (closed bars). **p*<0.05, ***p*<0.01.

Impaired insulin signaling in the liver of the *adipo(-/-)* mice

Insulin signaling was investigated in the liver and the skeletal muscle of the *adipo(-/-)* mice. Insulin-stimulated tyrosine phosphorylation of IRS-1 was significantly decreased and that of IRS-2 was markedly decreased in the liver of the *adipo(-/-)* mice as compared with that in the liver of the wild-type mice (Fig. 2A). The protein level of IRS-2 was significantly decreased, while that of IRS-1 was not altered (Fig. 2A). Insulin-stimulated phosphorylation of Akt was also significantly reduced in the *adipo(-/-)* mice (Fig. 2B). In the skeletal muscle, the insulin-stimulated tyrosine phosphorylation level of IRS-1 was similar in the wild-type and *adipo(-/-)* mice (Fig. 2C). The insulin-stimulated phosphorylation level of Akt was also similar in the two genotypes (Fig. 2D). These data indicate impairment of hepatic insulin signaling in the *adipo(-/-)* mice.

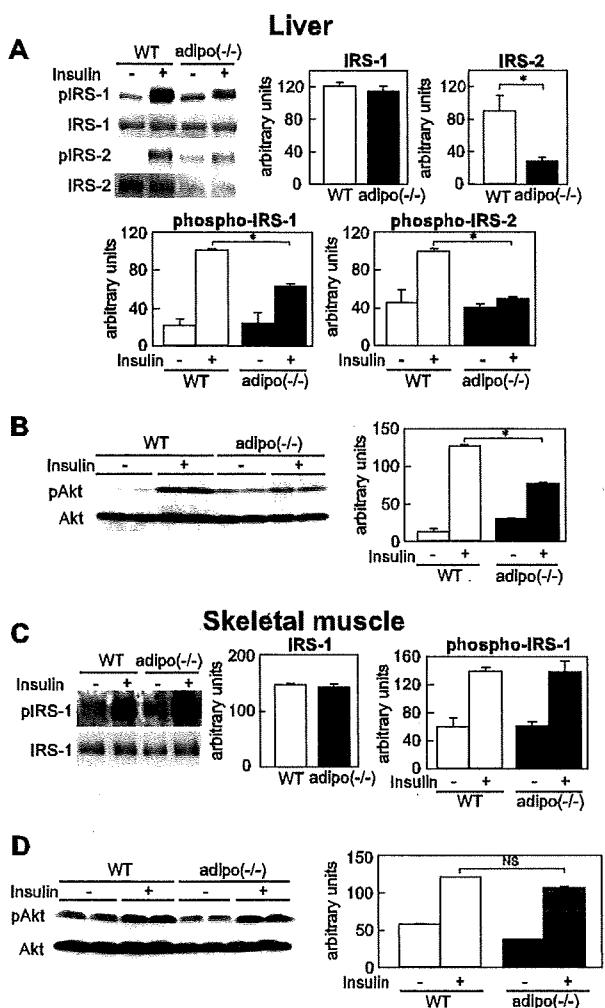


Fig. 2. Impaired insulin signaling in the liver of the *adipo(-/-)* mice.

(A) Insulin-stimulated tyrosine phosphorylation of IRS-1 and IRS-2 in the liver. Quantification of the protein levels (*upper, right*) and phosphorylation levels of IRS-1 and IRS-2 (*lower*). (B) Insulin-stimulated phosphorylation of Akt in the liver. (C) Insulin-stimulated tyrosine phosphorylation of IRS-1 in the skeletal muscle. Quantification of the protein level (*middle*) and phosphorylation level of IRS-1 (*right*). (D) Insulin-stimulated phosphorylation of Akt in the skeletal muscle. All values are expressed as means \pm SEM of data ($n = 4$) obtained from the analysis of wild-type (*open bars*) and *adipo(-/-)* mice (*closed bars*). * $p < 0.05$.

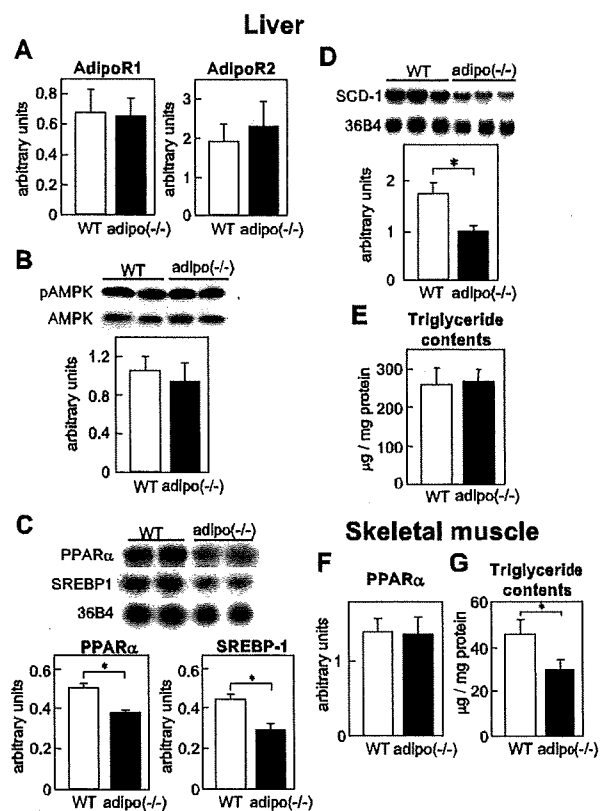


Fig. 3. Hepatic triglyceride content was not elevated and the expressions of lipogenic genes were down-regulated in the *adipo(-/-)* mice.

(A) AdipoR1 and AdipoR2 mRNA expression levels in the liver ($n = 3$). (B) AMPK phosphorylation in the liver ($n = 8-10$). (C-D) The mRNA levels of PPAR α , SREBP-1 (C) and SCD-1 (D) in the liver ($n = 4-5$). (E) Hepatic triglyceride content ($n = 11-14$). (F) PPAR α expression level in the skeletal muscle ($n = 5$). Triglyceride content (G) in the skeletal muscle ($n = 5$). All values are expressed as means \pm SEM of data obtained from the analysis of wild-type (*open bars*) and *adipo(-/-)* mice (*closed bars*). * $p < 0.05$.

*Hepatic triglyceride content was not elevated and the expressions of lipogenic genes were down-regulated in the *adipo(-/-)* mice*

We next investigated the lipid metabolism in the liver of these mice. No significant differences in the expression levels of the adiponectin receptors AdipoR1 and AdipoR2 [24] were observed between the wild-type and *adipo(-/-)* mice (Fig. 3A). While the degree of AMPK phosphorylation remained unchanged (Fig. 3B), significant down-regulation of PPAR α