

metastatic nodes, consisting of a non-blue and hot node and two non-blue and cold nodes within the lymphatic basin. These patients were proven to be node-positive by permanent section postoperatively, but failed to be diagnosed intraoperatively by frozen section. These patients were closely observed without further surgical treatment, such as followed gastrectomy or additional lymph node dissection, because they had received limited lymph node dissection of the lymphatic basin. To date, at follow-up periods of 9 years and 2 months in 1 patient and 3 years and 5 months in the other patient, neither has had a recurrence.

Of the 190 patients, 16 patients died of other cancers or other diseases, and the remaining 174 patients, including 2 who had metastasis, are alive without recurrence. The median follow-up period of these 174 patients has been 5.7 years to date.

Relationship between the lymphatic basin and the UML classification

As reported in our previous study,² the gastric lymphatic compartments were divided in the following five directions along the main arteries: left gastric artery area (*l-GA*), right gastric artery area (*r-GA*), right gastroepiploic artery area (*r-GEA*), left gastroepiploic artery area (*l-GEA*), and posterior gastric artery (*p-GA*) (Fig. 2). The relationship between the lymphatic compartments and lymph node stations was as follows: the *l-GA* consisted of stations 1, 7, and the left two-thirds of station 3 (component of station 3 along the left gastric artery); *r-GA*, stations 5, 8a, and the right one-third of station 3 (component of station 3 along the right gastric artery); *r-GEA*, station 4d and station 6; *l-GEA*, station 4sa and station 4sb; *p-GA*, station 11p. The lymphatic basins were found within these lymphatic compartments, and could be grouped in these five directions.

Table 4 presents the relationship between the location of the gastric carcinoma according to the UML classification and the appearance of the lymphatic basin classified by the direction of flow in the lymphatic compartments in our 336 patients. There were no lymphatic basins within the *r-GA* or *r-GEA* for tumors located in the U portion, and similarly, there were no lymphatic basins in the *l-GEA* or *p-GA* for tumors located in the L portion. It was recognized that the *l-GA* was the most important lymphatic compartment regardless of the location of cancer on the long axis. It was also proven that the afferent lymphatics of cancers located in the M portion flowed in various directions, except for *p-*

GA, though the frequency of *l-GEA* showed a low rate, of 5.6%.

Appropriate dividing line between the proximal area and the transitional area

In this series, a lymphatic basin within the *l-GEA* was observed in ten cancers located in the M portion. The locations of the tumors in these ten patients are shown in Fig. 3. All tumors were located in or attached to the greater curvature, and reached the left gastroepiploic artery. In contrast, in the two patients with cancers located in the MU portion, afferent flow to the *r-GEA* was demonstrated. Figure 4 shows the details of these two cancers. Both tumors were large in the long axis and reached the right gastroepiploic artery.

These findings suggested that, from the perspective of physiological lymphatic flow, the appropriate point on the greater curvature for dividing the proximal area from the transitional area corresponded to the watershed between

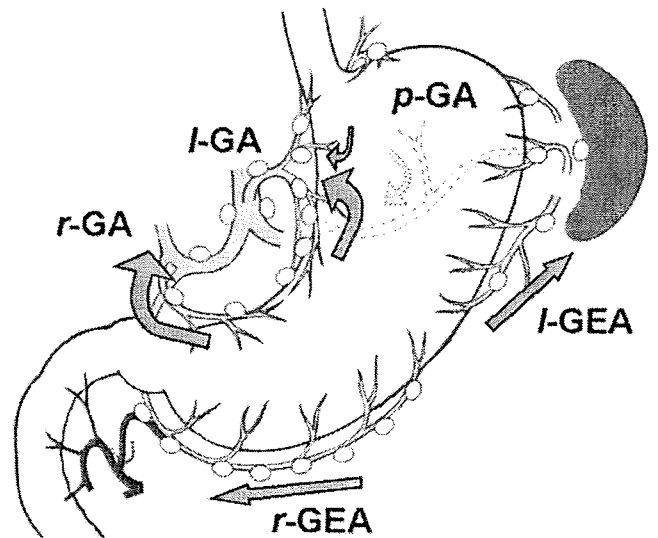


Fig. 2. Gastric lymphatic compartments, divided according to the following five directions along the main arteries. The lymphatic basins were found within these lymphatic compartments. The left gastric artery area (*l-GA*) consisted of lymph node stations 1 and 7, and the left two-thirds of station 3. The right gastric artery area (*r-GA*) consisted of stations 5 and 8a, and the right one-third of station 3. The right gastroepiploic artery area (*r-GEA*) consisted of stations 4d and 6. The left gastroepiploic artery area (*l-GEA*) consisted of stations 4sa and 4sb. The posterior gastric artery (*p-GA*) consisted of station 11p.

Table 4. Relationship between location of the tumor and the stained lymphatic compartments

Tumor location	No. of patients	<i>l-GA</i>	<i>r-GA</i>	<i>r-GEA</i>	<i>l-GEA</i>	<i>p-GA</i>
U	39	37 (94.9 %)	0	0	10 (25.6 %)	9 (23.1 %)
MU	6	5 (83.3 %)	0	2 (33.3 %)	4 (66.7 %)	0
M	178	160 (89.9 %)	34 (19.1%)	116 (65.2 %)	10 (5.6 %)	0
LM	3	3 (100 %)	2 (66.7%)	3 (100 %)	0	0
L	110	69 (62.7 %)	57 (51.8 %)	97 (88.2 %)	0	0

Fig. 3. Locations of tumors in the ten patients who had cancer located in the middle (M) portion of the stomach and the lymphatic basin within the *l*-GEA. All tumors reached the left gastroepiploic artery

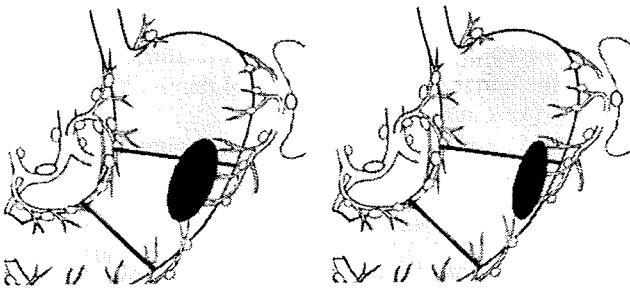
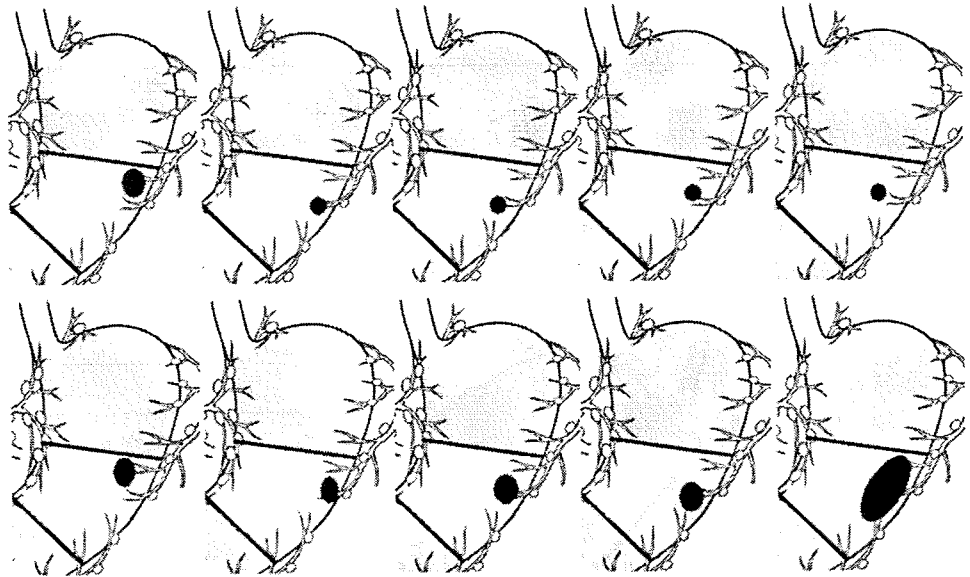


Fig. 4. Locations of the tumors in the two patients who had cancer located in the middle upper (MU) portion of the stomach and the lymphatic basin within the *r*-GEA. Both tumors were large in the long axis and reached the right gastroepiploic artery

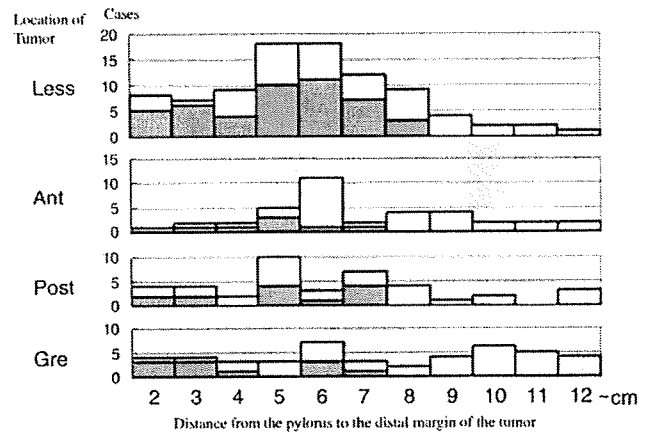


Fig. 5. Relationship between the frequency of the lymphatic basin within the *r*-GA and the distance from the pylorus to the distal margin of the tumor. *Hatched bars* represent patients with the lymphatic basin within the lymphatic compartment of the right gastric artery area. *White bars* represent patients without the lymphatic basin in the lymphatic compartment of the right gastric artery area. *Less*, lesser curvature; *Ant*, anterior wall; *Post*, posterior wall; *Gre*, greater curvature

the left gastroepiploic artery and the right gastroepiploic artery.

Appropriate dividing line between the transitional area and the distal area

The lymphatic basin within the *r*-GA was common to cancers located in the L portion. The frequency of the *r*-GA in L-portion cancers was 51.8%. However, the frequency of the *r*-GA in cancers located in the M portion was 19.1%, much lower than that for L-portion cancers. Figure 5 shows the relationship between the frequency of the lymphatic basin within the *r*-GA and the distance from the pylorus to the distal margin of the tumor. It was demonstrated that there was no patient with a lymphatic basin in the *r*-GA when the distance from the pylorus was longer than 8 cm, regardless of the cross-sectional circumference.

As the blue dye was injected at the sites marked by metallic clips 1 cm from the edge of the tumor, the appropriate line for dividing the transitional area from the distal area seemed to be an arc at a radius of 8 cm from the pylorus.

The PTD classification: a proposal for a new longitudinal classification for the location of gastric cancer based on the physiological lymphatic flow

Based on our findings in this study, we propose a new classification for the location of gastric cancer, based on the physiological lymphatic flow demonstrated by vital dye findings for sentinel node biopsy. We named this new classification the "PTD" classification, based on zones "P", "T", and "D" described below. The PTD classification is a longitudinal classification (in contrast to the UML classification), in which the stomach is divided into three areas according to the afferent lymphatic system. The proximal region is named "zone P", the distal region is named "zone

Table 5. Grouping of regional lymph nodes for dissection according to proposed PTD classification

	Grouping of lymph nodes		
	Group 1	Group 2	Group 3
P	<i>l</i> -GA, <i>l</i> -GEA, <i>p</i> -GA	No. 2, No. 8a, No. 9, No. 10, No. 11d, No. 19	<i>r</i> -GA, <i>r</i> -GEA, No. 16a2, b1
T	<i>l</i> -GA, <i>r</i> -GEA	No. 8a, No. 9, No. 11p, No. 14v	<i>r</i> -GA, <i>l</i> -GEA, No. 12a, No. 16a2, b1
D	<i>l</i> -GA, <i>r</i> -GA, <i>r</i> -GEA	No. 9, No. 11p, No. 12a, No. 14v	<i>l</i> -GEA, No. 16a2, b1

The *l*-GA, *r*-GA, *l*-GEA, *r*-GEA, and *p*-GA are shown in Fig. 2

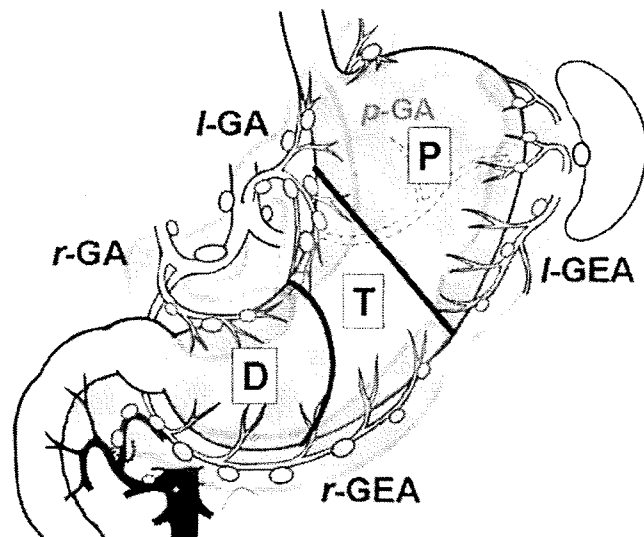


Fig. 6. Proposed PTD classification. The proximal region is named zone P (*P*), the distal region is named zone D (*D*), and the transitional region is named zone T (*T*). The dividing line between zones P and T is the line that links the point of the watershed between the left gastroepiploic artery and right gastroepiploic artery, to the point that is the inflow point of the first descending branch of the left gastric artery; and the dividing line between zones T and D is an arc at a radius of 8 cm from the pylorus

D", and the transitional region is named "zone T". The dividing line between zones P and T is the line that links the point of the watershed between the left gastroepiploic artery and right gastroepiploic artery, to the point that is the inflow point of the first descending branch of the left gastric artery. The dividing line between zones T and D is an arc at a radius of 8 cm from the pylorus (Fig. 6).

The important lymphatic compartments, in which lymph node metastasis tends to appear first and which should undergo lymph node dissection, are different in each zone. For zone P, the important lymphatic compartments are the *l*-GA, *l*-GEA, and *p*-GA. Similarly, the important lymphatic compartments for zone T are the *l*-GA and *r*-GEA; and for zone D, the *l*-GA, *r*-GEA, and *r*-GA.

At resection of early gastric cancer diagnosed as cN0, the PTD classification would provide a guide for both the extent of lymph node dissection and the procedure for gastric resection. When the tumor is located in zone P, proximal gastrectomy and dissection of the lymphatic compartments of the *l*-GA, *l*-GEA, and *p*-GA is recommended. When the tumor is located in zone T, transverse gastrectomy (segmen-

Table 6. Recommended surgical procedures according to PTD classification

	sT1N0	Greater than sT2 or sN1
P	Proximal gastrectomy D1	Proximal gastrectomy D2
T	Transverse gastrectomy D1	Distal gastrectomy (2/3) D2
D	Distal gastrectomy (1/2) D1	Distal gastrectomy (1/2) D2

tal gastrectomy) and dissection of the lymphatic compartments of the *l*-GA and *r*-GEA is recommended. When the tumor is located in zone D, distal gastrectomy and dissection of the lymphatic compartments of the *l*-GA, *r*-GA, and *r*-GEA is recommended.

Table 5 shows a proposal for the grouping of lymph nodes for dissection, and Table 6 shows a proposal for recommended surgical procedures for resectable gastric cancer according to the PTD classification.

Discussion

The prognosis for survival of a patient with gastric cancer is greatly influenced by the presence and extent of regional lymph node metastasis.^{12,13} Lymph node metastases are often found even in patients with early gastric cancer. Therefore, lymph node dissection is thought to be important because nodal dissection appears to prevent recurrence and to improve cancer-specific survival in patients with early gastric cancer with nodal metastasis.¹² However, lymph node dissection results in wide-area resection of the stomach, because it eliminates some of the main arteries feeding the stomach. Thus, omission of lymph node dissection is necessary to preserve the stomach.

From a prognostic perspective in gastric cancer, the omission of lymph node dissection is problematic. At present, almost all mucosal cancers clinicopathologically suspected to be without metastasis can be resected using endoscopic submucosal dissection,¹⁴ while lymph node dissection is necessary for those patients with a possibility of having lymph node metastasis. Therefore, according to the gastric cancer treatment guidelines in Japan, modified gastrectomy A or modified gastrectomy B is recommended for stage IA or IB gastric cancer.¹⁵ Modified gastrectomy A or B is a less extensive resection than D2 standard gastrectomy; the extent of lymph node dissection includes D1 +

station 7 in modified A, and D1 + stations 7, 8a, and 9 in modified B. However, modified gastrectomy A or B also results in wide-area resection of the stomach because these procedures demand D1 at a minimum. Accordingly, the omission of lymph node dissection below D1 is necessary to preserve some main arteries and more stomach area as a reservoir. To accomplish this omission, reexamination of the D-number for gastric cancer is required.

In the Japanese *Classification of gastric carcinoma*,¹ the lymph node grouping for dissection is too complicated to comprehend. In contrast, the regional lymph nodes of the stomach are strictly classified into stations according to the anatomical structure, and the lymph node station is an excellent classification system for grasping the progression of lymph node metastasis and performing lymph node dissection. The lymph node grouping for dissection is based on the results of studies of lymphatic flow at various tumor sites, together with the observed survival associated with metastasis at each nodal station. The point at issue is that this system is based on studies using the UML classification, which merely divides the stomach into three equal areas, and these are not defined according to anatomical specificity. Based on our experience with IELM, we consider the UML classification to be a rough classification for small gastric cancer.²

Nodal metastasis occurs in a neat and sequential manner early in the development of gastric cancer. In our series, the sensitivity of sentinel node biopsy using IELM was 89.8%, specificity was 100%, and accuracy was 96.6% in the 146 patients who underwent standard gastrectomy with lymph node dissection. In all patients who had pathological metastasis, this could be detected by sentinel node biopsy. The progression pattern of lymph node metastasis was investigated; nodal metastasis occurred in blue or hot nodes first, spread to non-blue and cold nodes within the lymphatic basin next, and rarely extended outside the lymphatic basin. To date, among the 190 patients who were diagnosed as being node-negative intraoperatively on sentinel node biopsy and who underwent surgery with the omission of lymph node dissection outside the lymphatic basin, there has been no recurrence. These results indicate that the sentinel node concept is valid and that IELM accurately predicts nodal status in patients with early gastric cancer. It was interesting to note that the pattern of appearance of lymph node metastasis in the lymphatic basin followed the longitudinal location of the tumor. The lymphatic basin is regarded as the most important lymphatic area in which lymph node metastasis develops first and where lymph node dissection would be needed. Therefore, we propose a new longitudinal classification for the location of gastric cancer, based on the physiological lymphatic flow derived from IELM.

The PTD classification offers an improvement of the longitudinal classification to a more physiological and clinical version. This proposal is based on the experience of IELM, a type of vital dyeing of afferent lymphatics in early gastric cancer. One of the excellent points of the PTD classification is the simplification of the lymph node classification for dissection. Each zone has its own important

lymphatic compartments. The lymphatic compartment is a regulated area of the lymphatic basin; therefore, the important lymphatic compartments tend to develop lymph node metastasis first and should be classified as the group 1 nodal area. Based on our experience, a patient with early gastric cancer diagnosed as having cT1N0 preoperatively would be cured by gastrectomy with dissection of lymph nodes classified in our group 1 lymphatic compartments. The group 2 nodes in our PTD classification are nodes external to the lymphatic compartment and within group 2 of the ordinary classification, and they are nodes that should be dissected in patients with advanced gastric cancer or those with clinically obvious positive nodes.

Another excellent point of the PTD classification is that the classification can be used not only to document location but also as a guide for gastric resection procedures. The UML classification has limited utility for decisions regarding the resection procedure; for example, the appropriate procedures for a patient with early gastric cancer located in the M portion can be as diverse as distal partial gastrectomy, subtotal gastrectomy, pylorus-preserving gastrectomy, and total gastrectomy. In contrast, with the PTD classification, the surgical procedure can be easily decided on according to the location. In early gastric cancer, the recommended procedures are proximal gastrectomy for a patient with tumor located in zone P, transverse gastrectomy (segmental gastrectomy)^{16,17} for a tumor in zone T, and distal gastrectomy for a tumor in zone D. It is a unique point of the PTD classification that transverse gastrectomy is recommended as a regular and safe procedure for cT1N0 cancer located in zone T. Transverse gastrectomy is a type of function-preserving limited surgery that preserves the pylorus, a long antral cuff of more than 3 cm, and the right gastric artery.^{16,17} In a cT1N0 tumor located in zone T, the r-GA lymphatic compartment is outside the lymphatic basin, and so dissection of lymph node station 5 can be omitted and the right gastric artery can be preserved. Transverse gastrectomy has some resemblance to pylorus-preserving gastrectomy.¹⁸ There have been many reports estimating gastric function after pylorus-preserving gastrectomy.¹⁸⁻²³ However, the indications for pylorus-preserving gastrectomy for gastric cancer in these studies were not consistent.¹⁸⁻²⁶ The reason for this discordance seemed to be the necessity of omitting station 5 nodal dissection, and the difficulty in the decision of a lymph node station 5 node-negative case according to the UML classification. In this respect, the PTD classification would provide a new basis for the safe indication of a pylorus-preserving procedure, based on the vital dyeing of afferent lymphatics. Regarding patients with advanced cancer or those who are clinically node-positive, the recommended surgical procedure would change from transverse gastrectomy to distal partial gastrectomy for a tumor located in zone T, because of the need for nodal dissection up to group 2 nodes. However, the area of gastric resection would not change for zone P or zone D cancer. When more than one portion is involved, the area of resection is expanded to cover the merged areas and the extent of nodal dissection is also expanded to the merged group 2 nodes. Therefore, in a patient with advanced cancer

located in zones P and T, or in zones P to D, total gastrectomy is recommended.

A limitation of the PTD classification is the difficulty in determining the tumor location preoperatively. This is a serious issue, because the surgical procedure cannot be established preoperatively unless the location according to the PTD classification is determined. However, it is also difficult to determine the location when using the UML classification. Therefore, the PTD classification is not inferior to the UML classification on this issue. The difficulty in determination occurs for tumors located in the border of each area. Because the line dividing zones T and D is an arc at a radius of 8 cm from the pylorus, measurement of the distance between the pylorus and the anal edge of the tumor is necessary. However, it is not difficult to measure this distance on X-ray examination of the upper gastrointestinal tract. It is also useful that the length of the lesser curvature of the stomach in Japanese patients has been reported to be about 15 cm,²⁷ and the arc dividing zones T and D can be determined as an arc with a radius of half the length of the lesser curvature. Determination of the line dividing zones P and T is more difficult because there is no precise indicator of this line preoperatively. However, the PTD classification is designed for application to surgical treatment; thus, the location of a tumor near the border of zones P and T can be decided intraoperatively, and this issue would not be clinically significant.

Clinically, the PTD classification, as a guide for gastric resection procedures, has the obvious advantage of allowing the preservation of pyloric function for patients with cT1N0 gastric cancer located in the zone T area. Pylorus-preserving procedures are considered to be superior to distal gastrectomy from several points of view; prevention of dumping syndrome, prevention of gallstone formation after gastrectomy, prevention of duodenogastric reflux and duodenoesophageal reflux after gastrectomy, and reduction of reflux gastritis in the remnant stomach.¹⁹⁻²⁶ In our series, 291 patients had gastric cancer located in the M or L portion. Ten of these patients were classified as having cancer located in zone P, and 168 were classified as having cancer located in zone D; thus, the number of patients with cancer located in zone T was 113. Accordingly, almost 40% of patients having cT1N0 gastric cancer located in the M or L portion would reap the benefit of preservation of the pylorus if the PTD classification were to be used as a guide for gastric resection procedures.

It is also an advantage for patients with cT1N0 gastric cancer located in the zone T area that the pylorus can be preserved without diminishing the prognosis. Based on our experience with IELM, afferent lymphatics to the r-GA were common in patients with L-portion cancer and occasionally in those with M-portion cancer. Therefore, according to our estimates, performing a pylorus-preserving procedure would be a risk for 52% of L-portion cancers and 19% of M-portion cancers. In contrast, the estimated risk of nodal metastasis in the r-GA compartment would be negligible in patients with cT1N0 gastric cancer located in zone T. Currently, the diagnosis of nodal status in early gastric cancer has become possible using sentinel node biopsy.

There have been many reports, including ours, in which the sentinel node concept was shown to be valid in patients with early gastric cancer. The clinical application of sentinel node biopsy for employing function-preserving gastrectomy, with the omission of standard lymph node dissection, has been carried out at various specialized centers, including our hospital.²⁻¹⁰ Nevertheless, there are some limitations in the use of sentinel node biopsy, such as the existence of a learning curve, the high cost, the need for radioisotope equipment, the need for additional staff for endoscopic injection and sentinel node identification on the back table, and the extra load on laboratory technicians and pathologists. Therefore, the performance of function-preserving limited gastrectomy under sentinel node navigation would be limited to high-volume centers with well-trained surgeons. In contrast, with the adoption of the PTD classification, the performance of function-preserving limited gastrectomy for patients with cT1N0 cancer located in zone T could be possible at ordinary community hospitals without radioisotope equipment and a pathologist for frozen section diagnosis.

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Cyclooxygenase-2 (COX-2) in Carcinogenesis and Selective COX-2 Inhibitors for Chemoprevention in Gastrointestinal Cancers

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Abstract

Introduction Nonsteroidal anti-inflammatory drugs (NSAIDs) have been reported to have a property to inhibit tumor development in some cancers while it shows various side effects such as gastrointestinal bleeding and renal disorder. Selective cyclooxygenase (COX)-2 inhibitors (coxibs) were originally developed as one of anti-inflammatory drugs to avoid side effect of NSAIDs. Fortunately, the coxibs was also proved to have an inhibiting effect on tumorigenesis by many experimental studies using cell lines and animal models like NSAIDs.

Discussion Since a randomized study for polyp chemoprevention by celecoxib in familial adenomatous polyposis (FAP) patients demonstrated a significant reduction in the number of colorectal polyps, the clinical use of celecoxib was approved for FAP patients. Three large trials using celecoxib (the Adenoma Prevention with Celebrex and the Prevention of Spontaneous Adenomatopus Polyps) or refecoxib (the Adenomatous Polyp Prevention on Vioxx) for the recurrence of colorectal polyps in patients with a history of colorectal adenoma polypectomized confirmed chemopreventive effects on colorectal adenoma but two of three trails alerted us a hazard of cardiovascular (CV) events. Thereafter, some coxibs were withdrawn from the

market because they showed to increase risk of serious CV events including heart attacks and strokes. But recent reports concluded that a merit of the reduction in gastrointestinal events by coxibs exceeded a demerit of the increase in serious CV events. In this review, a role of COX-2 in carcinogenesis of gastrointestinal tract and a future of coxibs for chemoprevention are discussed

Keywords Cyclooxygenase-2 (COX-2) · selective COX-2 inhibitors (Coxibs) · esophageal cancer · gastric cancer · colorectal cancer

Introduction

Cyclooxygenase (COX) is a rate-limiting enzyme in arachidonate metabolism. The enzyme catalyzes the biosynthesis of prostaglandin H_2 , the precursor of derivatives such as prostaglandins, prostacyclin, and thromboxanes. There are at least two isoenzymes of COX reported, COX-1 and COX-2. COX-1 is constitutively expressed in many tissues and controls homeostasis by maintaining physiological levels of prostaglandins, while COX-2, induced by cytokines, mitogens, and growth factors, is responsible for inflammatory reactions and tumor developments. COX-2 plays an important role in tumorigenesis from development to invasion and metastasis of carcinoma through various mechanisms. COX-2 expression promotes cell proliferation by activation of epidermal growth factor receptor [1] and inhibiting apoptosis by upregulation of bcl-2 [2] and suppresses host immune response [3]. Furthermore, COX-2 induces angiogenesis with vascular endothelial growth factor and basic fibroblast growth factor expression [4] and facilitates a metastatic potential by upregulation of urokinase-type plasminogen activator and matrix metalloproteinase 2 [5, 6].

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COX-2 is related with almost all the malignancies including gastrointestinal (GI), lung, breast, prostate, and skin cancers. In this paper, we reviewed a role of COX-2 in carcinogenesis and a probability of selective COX-2 inhibitors (coxibs) for chemoprevention in gastrointestinal cancers.

COX-2 and Coxibs in Gastrointestinal Cancers

Esophageal Cancer

A rapid increase in the incidence of esophageal adenocarcinoma (EAC) becomes a clinical problem among people of Western countries, particularly in white males. The sequence of events progressing from gastroesophageal reflux disease (GERD) to EAC is thought to involve the development of inflammation-stimulated hyperplasia and metaplasia such as Barrett's esophagus (BE), followed by multifocal dysplasia and adenocarcinoma. COX-2 expression is gradually upregulated with development of esophageal lesions, from 75% in metaplasia to 83% in low-grade dysplasia and to 100% in high-grade dysplasia and EAC [7]. Duodenogastric reflux to esophagus contributes to the development of these diseases [8] and BE patients have higher bile acid levels in the stomach than healthy controls and GERD patients without BE [9]. These observations strongly indicate that duodenal juice including bile is associated with the inflammation–metaplasia–adenocarcinoma sequence. In particular, bile acid is likely to play a pivotal role. Zhang et al. [10] reported that bile acids induced COX-2 mRNA, followed by COX-2 protein and prostaglandin E₂ (PGE₂) production. More recently, it was demonstrated that unconjugated bile acids such as chenodeoxycholic acid and deoxycholic acid induced cyclic adenosine monophosphate response element binding and activator protein 1-dependant COX-2 expression in BE and EAC through phosphoinositide 3-kinases/AKT and extracellular signal-regulated kinase 1/2 pathway [11].

To investigate COX-2 involvement in carcinogenesis by duodenoesophageal reflux, there were two experiments reported by using rodent reflux model. Buttar et al. [12] first showed a preventive effect on EAC by 3-(3, 4-difluorophenyl)-4-(4-(methylsulfonyl)phenyl)-2-(5H)-furanone (MF tricyclic) in a rat model of BE and EAC by duodenogastric reflux. In their report, MF tricyclic prevented the development of EAC but did not suppress the prevalence of BE. On the other hand, we demonstrated that celecoxib suppressed not only the development of EAC but also that of reflux esophagitis and BE by suppressing PGE₂ production in rodent model [13]. Our data indicated that celecoxib could postpone inflammation–metaplasia–adenocarcinoma sequence itself.

These data stimulated a clinical chemoprevention study for the patients with BE. Kaur et al. [14] reported that

administration of 25-mg/day rofecoxib to patients with BE for 10 days significantly decreased COX-2 expression, PGE₂ contents, and proliferating cell nuclear antigen of epithelium of BE. Furthermore, the Chemoprevention for Barrett's Esophagus Trial (CBET) has started in 2003 as a phase IIb, multicenter, randomized, double-masked, placebo-controlled study of celecoxib in patients with Barrett's dysplasia [15]. But the CBET failed to prove to prevent progression of Barrett's dysplasia to cancer [16].

Gastric Cancer

Gastric cancer is still a leading cause of cancer death in many different areas, such as Eastern Asia, Eastern Europe, and Latin America. Gastric cancer develops in a multistep process from normal gastric mucosa to chronic active gastritis, to gastric atrophy and intestinal metaplasia, and finally to dysplasia and cancer [17]. *Helicobacter pylori* has been regarded as one of definite carcinogens in gastric cancer according to recent epidemiologic evidences. It is shown that *H. pylori* induces COX-2 mRNA/protein levels with a production of PGE₂ in the premalignant and malignant lesions [18, 19]. Sun et al. [20] reported that the positive rates of COX-2 by immunohistochemistry in superficial gastritis, gastric atrophy, intestinal metaplasia, dysplasia, and cancer were 10.0%, 35.7%, 37.8%, 41.7%, and 69.5%, respectively. Since Ristimaki et al. [21] have first described an elevated expression of COX-2 in gastric carcinoma in 1997, numerous studies were reported about the relationship between COX-2 expression and gastric cancer. According to a review article, COX-2 mRNA is upregulated in 51% to 76% (median 73%) of the tumors by Northern blot or reverse transcription polymerase chain reaction, and COX-2 protein is overexpressed in 67% to 83% (median 73%) by immunoblotting and 43% to 100% (median 62%) by immunohistochemistry [22].

COX-2 is proven to have a strong relationship with gastric tumorigenesis by using transgenic mice [23]. In the transgenic model expressing both COX-2 and microsomal prostaglandin E synthase 1, the animals developed inflammation-associated hyperplastic gastric tumors in the proximal glandular stomach. Additionally, NS-398 treatment for 4 weeks completely suppressed the gastric hypertrophy, reducing the mucosal thickness. More recently, it is demonstrated that simultaneous activation of both Wnt and PGE₂ pathways causes dysplastic gastric tumors through the metaplasia–carcinoma sequence [24]. We previously established rodent duodenogastric reflux model, in which gastric cancer developed for 50 to 60 weeks without any chemical carcinogens [25]. We have an experimental data of chemopreventive effects of meloxicam on gastric tumors including gastric adenoma and adenocarcinoma by using this model (in submission).

Colorectal Cancer

Colorectal cancer is one of the most popular cancers and its incidence is increasing with high mortality in westernized countries. The relationship between its carcinogenesis and COX-2 is most intensively elucidated in both basic and clinical researches about colorectal polyp, adenoma, and cancer. Before the discovery of coxibs numerous studies for inhibitory effects of nonsteroidal anti-inflammatory drugs (NSAIDs) on intestinal tumorigenesis were performed using chemical carcinogen-induced animal models and *Apc* gene mutant mouse models [26]. The *Apc* gene plays an important role in colon cancer development. An epoch-making paper was published by Oshima et al. [27] in 1996 about contribution of COX-2 to carcinogenic sequence in Wnt/*Apc*/*Tcf* pathway. They induced COX-2 mutation to *Apc*^{Δ716} knockout mice, developing numerous polyps in intestine. In COX-2^{-/-} *Apc*^{Δ716} and COX-2^{+/-} *Apc*^{Δ716} mice, numbers of polyps were dramatically decreased by 86% and 66%, respectively, compared with that in the littermate COX-2^{+/+} *Apc*^{Δ716} mice. They also reported in the same paper that MF tricyclic suppressed number of polyps in *Apc*^{Δ716} mice. This is the first report that a coxib reduced the number of intestinal polyps.

Both celecoxib and rofecoxib had chemopreventive effects on intestinal polyps in *Apc* mutant mouse models. Jacoby et al. [28] performed two experiments for adenoma prevention (early phase) and regression (late phase) by celecoxib using *Min* mice model. They showed that celecoxib decreased not only tumor size and multiplicity in the prevention study but also suppressed established polyps in the regression study. In the rofecoxib study using *Apc*^{Δ716} mice model, the drug successfully decreased the number and size of polyps in a dose-dependant manner [29]. The *Apc* gene mutation is also responsible for familial adenomatous polyposis (FAP) in human. Fruitful outcomes of coxibs in animal models facilitated to start a clinical study of chemoprevention for polyp in FAP patients. Steinbach et al. [30] first reported that treatment with 400-mg celecoxib significantly reduced the number of colorectal polyps in patients with FAP in 2000. Corresponding to these results, the US Food and Drug Administration immediately approved the clinical use of celecoxib for FAP patients.

Thereafter, three large chemoprevention trials for the recurrence of neoplastic polyps of the large bowel in patients with a history of colorectal adenoma polypectomized have been performed. The Adenomatous Polyp Prevention on Vioxx (APPROVe) was designed to examine the effects of treatment with rofecoxib in April 2000 [31]. The Adenoma Prevention with Celebrex (APC) cancer trial and the Prevention of Spontaneous Adenomatous Polyps (PreSAP) cancer trial started using celecoxib in December

1999 and March 2001, respectively [32, 33]. All the trials once stopped because of increased risk in cardiovascular (CV) event, but the final outcomes were reported. All three papers concluded that chemoprevention for colorectal adenoma by both coxibs was confirmed but two of three trials alerted us a hazard of CV events. There have been no trials of chemoprevention for colorectal cancer by coxibs.

Conflict of Coxibs

The Vioxx Gastrointestinal Outcomes Research Study (VIGOR study) first proposed a risk of thrombotic CV events of coxibs. The VIGOR study was originally designed to assess whether rofecoxib would be associated with a lower incidence of clinically important upper GI events (gastroduodenal perforation or obstruction, upper GI bleeding, and symptomatic gastroduodenal ulcers) than is naproxen [34]. Expectedly, the incidence of GI events of rofecoxib was much lower than of naproxen (relative risk, 0.5; $P < 0.001$). But the VIGOR study showed that the relative risk of developing a confirmed adjudicated thrombotic CV event (myocardial infarction, unstable angina, cardiac thrombus, resuscitated cardiac arrest, sudden or unexplained death, ischemic stroke, and transient ischemic attacks) with rofecoxib treatment compared with naproxen was 2.38 ($P = 0.002$).

Rofecoxib was withdrawn from the US market because of a possible increased risk of serious CV events, including heart attacks and strokes, in the APPROVe study [31]. On the other hand, the outcomes of other two trials for polyp prevention using celecoxib were completely different. The APC trial demonstrated an increased CV risk over placebo [32], while the PreSAP trial revealed no greater cardiovascular risk than placebo [33]. Recently, White et al. [35] investigated the risk of CV events of celecoxib comparing with other NSAIDs and placebo from a meta-analysis of 39 randomized clinical trials. They reported that the incidence rates of the combined CV events were not significantly different between patients treated with celecoxib and placebo or between those treated with celecoxib and nonselective NSAIDs (diclofenac, ibuprofen, naproxen, ketoprofen, and loxoprofen). Many papers published about CV events during last several years favored celecoxib comparing to rofecoxib. Thus celecoxib remains commercially available.

Thereafter, many researches about CV and GI events by coxibs and NSAIDs have been carried out under meta-analysis, especially in the cases where these drugs were used as original analgesics. Recently, GI events and severe CV events of NSAIDs were compared with those of coxibs by calculating annualized event rates using a number of meta-analyses of large randomized trials [36]. According to the report, while complicated GI events occurred more

frequently with NSAIDs than coxibs, serious CV events occur at approximately equal rates. Furthermore, the reduction in complicated upper GI events was numerically greater than any increase in serious CV events for celecoxib, rofecoxib, and lumiracoxib. Thus, a merit of the reduction in GI events by coxibs exceeded a demerit of the increase in serious CV events, suggesting that clinical use of coxibs would be justified at least for the patients without severe cardiac diseases.

Conclusions

COX-2 contributes to tumorigenesis in gastrointestinal cancers such as esophageal, gastric, and colorectal cancers and coxibs demonstrate suppression of tumor development in the experimental studies. Coxibs clinically reduce the incidence of colon adenomas, but their effect on colorectal cancer remains elucidated. Chemoprevention trial for Barrett's adenocarcinoma using celecoxib has failed and there has been no plan for chemoprevention trial in gastric cancer yet. Current situations might be rather disappointed. But coxibs less frequently show GI events than NSAIDs, and a suspicion against coxibs about increased CV risk has been dispelled. Under the present conditions, new chemoprevention trials with coxibs are expected to start again.

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縮小手術(機能温存根治手術)

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III 胃癌の治療

胃癌に対する手術

縮小手術（機能温存根治手術）

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はじめに

早期胃癌においては、外科手術により治癒が期待できるようになった現在、術後の quality of life (QOL) をいかに改善できるかが問題となっている。D2を伴う定型手術を受けた患者のうち、60%以上の人が胃切除術後症候群に悩まされるのに対して、分化型の粘膜内癌患者の多くは endoscopic submucosal resection (ESD) により治療されるようになっており、術後の障害はほとんど残らない。

すなわち、この2つの術式の間には術後の QOL の面でかなりの gap があり、この間を埋めるべく、縮小手術の必要性が叫ばれているのである。『胃癌治療ガイドライン』では、縮小手術として、リンパ節郭清に関して D1+ α もしくは D1+ β などが提案されているが¹⁾、事実上、郭清の範囲は定型手術 (D2) と大きな差はなく、切除範囲も広範囲胃切除術に準ずるものである。このため D1+ α / β が術後 QOL の改善に役立っているかどうかは不明である。

当科ではセンチネルリンパ節 (sentinel node ; SN) 理論を応用して、各種の縮小手術を行ってきたので^{2,3)}、その考え方や方法について概説する。

必要条件

さて合理的な縮小手術が一般診療に受け入れられるためには、以下の3つの条件が必要である。

1. 根治性の確保 (Curability)

早期胃癌は外科手術により治癒させるべき疾患であ

るから、局所やリンパ節再発を絶対にきたしてはいけない。その意味では縮小手術というよりはむしろ機能温存根治手術もしくは機能温存治療手術というべきであると、われわれは考えている。

根治性を維持しつつリンパ節郭清を省略するためには、術中にリンパ節転移があるかどうか、また、あるとすればどのリンパ節に転移があるのかを診断する必要がある。ガイドラインにおける D1+ α / β は郭清を縮小するための目安で、その根拠は多くのデータから得られた貴重なものではあるが、個々の症例に関して情報を提供するものではないということを確認しておくてはならない。

現在、根治性の確保を可能にすると考えられているのが、乳癌や黒色腫ではすでに臨床応用されている SN 理論である。

2. 普遍性 (Feasibility)

リンパ節郭清の縮小が可能かどうかは、SN 理論が成り立つことが前提となる。これまで国内での単施設から十分有望な成績が報告されているが⁴⁻⁷⁾、より確実なエビデンスを得るためには、現在施行されている2つの多施設共同研究の結果を待たなければならない。ただし SN 理論が成立したとしても radioisotope (RI) tracer が必須となった場合には、縮小手術が全国どこでもできる手術とはならないかもしれない。そのような場合、新しい tracer の開発が必要となろう。

一方、胃切除術の範囲に関する縮小手術、すなわち局所切除術や分節切除術などの手術手技自体は、胃癌の手術を多く手がけている施設では問題なく行えると思われる。

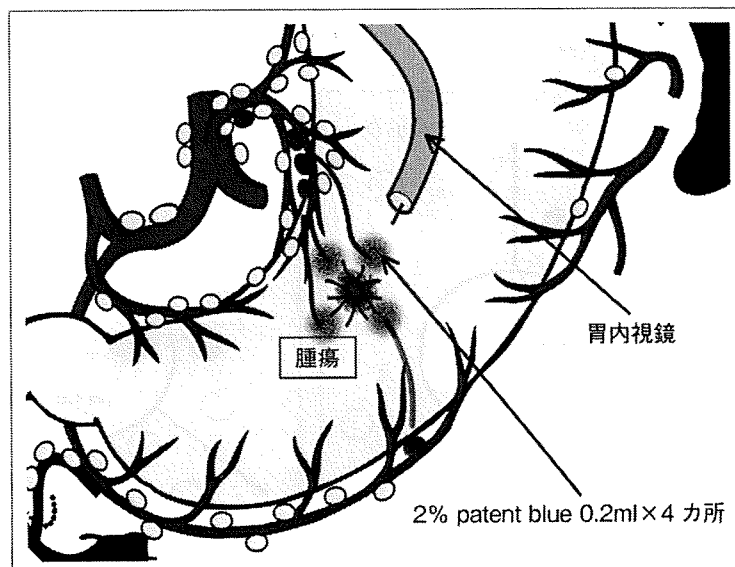


図1 Intraoperative endoscopic lymphatic mapping (IELM)

術中胃内視鏡を用いて2% patent blueを、術前に癌が陰性であることを確認して marking されている腫瘍周囲4カ所に、0.2ml ずつ粘膜下注入することにより、リンパ系を描出する

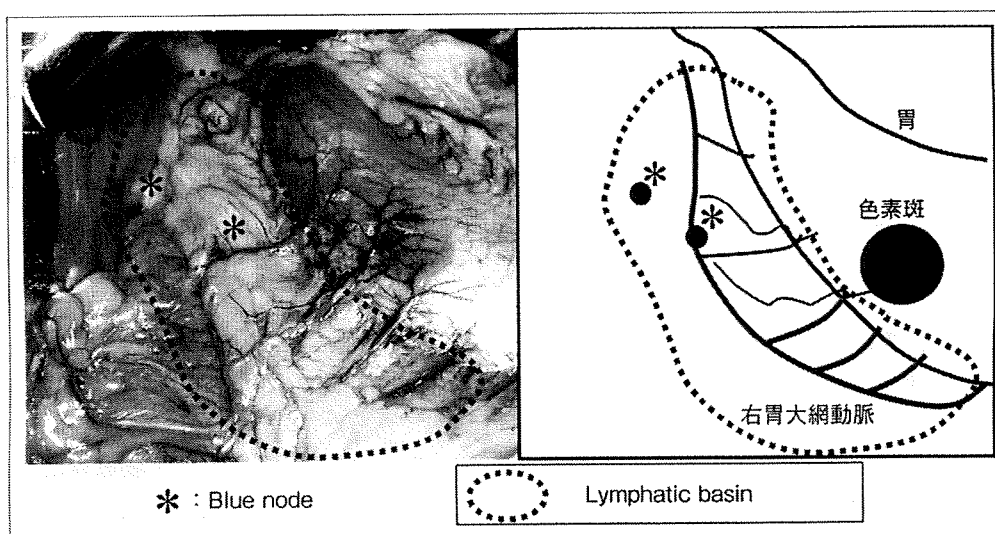


図2 Blue node と lymphatic basin (リンパ流域) —intraoperative endoscopic lymphatic mapping (IELM) における—

色素注入直後に漿膜側に色素斑が出現し、経時的にリンパ管、リンパ節が青く染色される。染色されたリンパ節を blue node (青染リンパ節)、染色されるリンパ節、リンパ管を含む領域を lymphatic basin (リンパ流域) と定義している

3. メリットのあること (Advantage)

縮小手術における最終的な目的は、患者の術後 QOL の改善である。現在までもいくつかの施設から縮小手術の有用性が報告されているが⁴⁰⁾、われわれの検討でも機能温存手術を施行した症例のほうが、食事の摂取量や、体重の維持に関して定型手術を行った症例より良好な成績を示している³⁾。とくに、分節切除術では幽門側胃切除術 (Billroth I 法再建) に比較して、残胃内への胆汁の逆流が少なく、内視鏡的胃炎 (粘膜の発赤) が低率であること、ダンピング症状が少ないことなどが判明している¹⁰⁾。

センチネルリンパ節理論とリンパ流域郭清術

乳癌の領域ではすでに SN 理論が応用され、SN に転移がなければ郭清が省略されている。一方、胃癌に関しては、われわれはこれまでの多数例の経験から、「郭清を省略すると転移リンパ節を残存させる可能性が高い、しかしリンパ流域 (lymphatic basin) を郭清すれば根治性は担保される」と考えており、その根拠をここで説明する。

当科では、1993年に intraoperative endoscopic

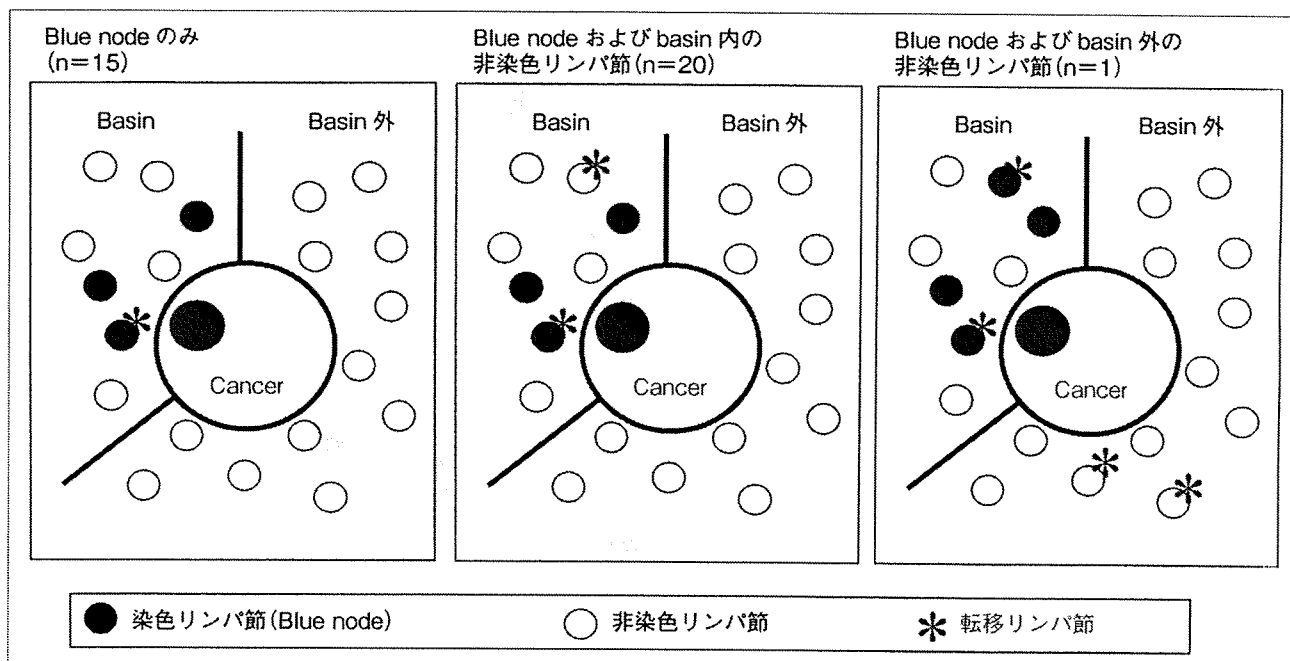


図3 リンパ節転移症例の内訳 (n=36, 肉眼転移を除く)

リンパ節転移はまずSNであるblue nodeに起こり、続いてblue nodeを含むリンパ流域内の他の非染色リンパ節へ広がり、さらに進展するとリンパ流域外の他の非染色リンパ節にまで達する。しかし中央のパネルの症例の場合、術中にblue node そのものあるいは迅速病理でblue nodeにおける転移を見落とした場合、非染色リンパ節における転移が体内に残ってしまうという問題が生じるため、リンパ流域ごと切除する(リンパ流域郭清術=lymphatic basin dissection) ほうが安全である

lymphatic mapping (IELM) と称する色素法によるSNマッピングを開発した¹⁰⁾。IELMは術中内視鏡下に青色色素である2% patent blueを、術前に癌が陰性であることを確認してclippingされている腫瘍周囲4カ所に0.2mlずつ粘膜下注入するものである(図1)。そしてD2の定型手術を行った139例を対象に、IELMにより青く染色される青染リンパ節(blue node)と、郭清後の術後病理検査による全リンパ節とにおける転移診断能を比較した。なお当科ではIELMにより染色されるリンパ節、リンパ管を含む領域をリンパ流域と定義しており、あわせて検討した(図2)。IELMは132例(95%)に成功し、1例あたりのblue node個数の中央値は6個であった。感度88%(36/41)、特異度100%(91/91)、正診率96%(127/132)であった。5例が偽陰性であったが、いずれも肉眼的転移例で術中に容易に判定されるものであり、少なくとも肉眼的リンパ節転移のない症例ではSN理論の成立することが証明された。肉眼的転移例を除く36例の具体的な転移状況を見てみると(図3)、blue nodeのみへの転移が15例、blue nodeを含むリンパ流域内の他の非染色リンパ節への転移が20例と多く認められ、blue nodeとリンパ流域外の他の非染色リンパ節への転移は1例のみであった。最後の1例は

深達度ssでblue nodeに6個、リンパ流域外の他の非染色リンパ節に4個、リンパ節転移を有する進行胃癌であった。

これらのことより、リンパ節転移はまずSNであるblue nodeに起こり、続いてblue nodeを含むリンパ流域内の他の非染色リンパ節へ広がり、さらに進展するとリンパ流域外の他の非染色リンパ節にまで達するものと考えられる。以上から早期胃癌においては、SN理論は成立すると考えられる。しかし、現時点では、blue nodeの見落とし、術中迅速病理の診断率、微小転移の問題などから、blue nodeのみを取り出して術中診断で転移がなければリンパ節郭清を終了するという術式は危険である。なぜなら、前述のごとくblue nodeに転移のあった症例では、半数はblue nodeのみの転移であるが、残り半数はblue node以外にも転移があるため、術中にblue nodeにおける転移を見落とした場合、後者の症例(図3の中央のパネル)ではリンパ流域内の非染色リンパ節における転移が体内に残ってしまうという問題が生じるためである。しかし早期胃癌における転移リンパ節は、われわれの提唱するリンパ流域内に収まっているため、流域ごとに切除する方法(リンパ流域郭清術=lymphatic basin dissection)であれば、これらの問題は解決すると考

表1 Lymphatic basin dissection に基づいた縮小手術 (機能温存根治手術)

占居部位	流域 (basin)		術式
	数	部位	
M, L	1	右胃大網動脈	胃局所切除術
U, M	2	左胃動脈 後胃動脈	噴門側胃切除術
M, L	2	左胃動脈 右胃大網動脈	胃横断切除術
L	2	右胃動脈 右胃大網動脈	小範囲幽門側 胃切除術

えられる。

縮小手術の手順

まずSN マッピングとリンパ流域郭清術を行い、リンパ節郭清の縮小が可能な症例かどうかを判定し、その後温存できる動脈 (リンパ流域) を確認して、機能を維持できるように胃を切除する。

1. リンパ節郭清の縮小

方法は、まず術前日に^{99m}Tc フチン酸、または^{99m}Tc スズコロイドを、放射線管理区域内で内視鏡下にIELMと同様の手技で腫瘍周囲4カ所に粘膜下に注入する。RI tracerを使用するのはRIが長時間にわたり滞留するため、腹腔鏡下手術に応用可能なためである。次に、術当日は術中にIELMの手技に従い、2% patent blue または1% lymphazurin を、それぞれ0.2ml または0.5ml ずつ粘膜下注入する。リンパ流域とblue nodeの判定はIELM施行後15~20分後までに行い、ただちにリンパ流域郭清術を施行する。その後、back tableでblue nodeとガンマプローブを用いてRI陽性のhot nodeを取り出し、これをSNとして術中迅速病理組織検査に提出する。転移が陰性の場合、上述のように染色されるリンパ流域の数と腫瘍の位置に応じて各種の機能温存根治手術を行うが、転移が陽性であった場合には定型手術を行う。

2. 主幹動脈の温存

胃の切除範囲は温存される動脈の数によって決定される。われわれの検討では、胃のリンパ流域は5つ (左・右胃動脈、左・右胃大網動脈、後胃動脈流域) 認められる。術中迅速病理診断によりSNに転移がな

いと診断された場合は、郭清はそれ以上必要ではないと考えている。すなわちリンパ流域郭清術により切除された流域以外のリンパ流域は、その主幹動脈とともに温存できることになる。例えばリンパ流域が右胃大網動脈の1流域のみであれば胃局所切除術が適応となるが、左・右胃動脈、右胃大網動脈の3流域となった場合は、幽門側胃切除術を行わざるを得ない。

3. 胃切除範囲の縮小

ESDと同じように考えると、腫瘍の周囲からある十分な長さのマージンさえ確保できれば、胃の切除範囲は十分であることになる。この考えに従えば、胃切除の際もマージンを確保して全周性に摘出できればよいことになるが、もちろん胃壁内のリンパ流の問題、切除する部位によっては切除が困難であったり、再建後の胃の変形が強く、かえって術後障害が強くなったりする可能性の問題もあり、常にその領域さえ切除すればよいという問題ではない。最低限切除すべき胃範囲を決定し、その部分を含むように切除胃をデザインして残胃をトリミングすることにより、術後機能が維持できるような再建法を工夫するように心がけることが重要である。

主な縮小手術を下記に示すが、より具体的な手技などについては、他の論文を参照していただきたい^{12)~14)}。

1) 胃局所切除術

リンパ流域が1つであれば、胃局所切除術が行える。もっとも典型的な例はM, L (M寄りの) 領域の大彎の早期胃癌で、流域が右胃大網動脈流域の場合である。以前はMの小彎側で、流域が左胃動脈流域の場合も胃局所切除術を施行していたが、胃がV字型に変形してQOLが不良となることが判明したため、現在は

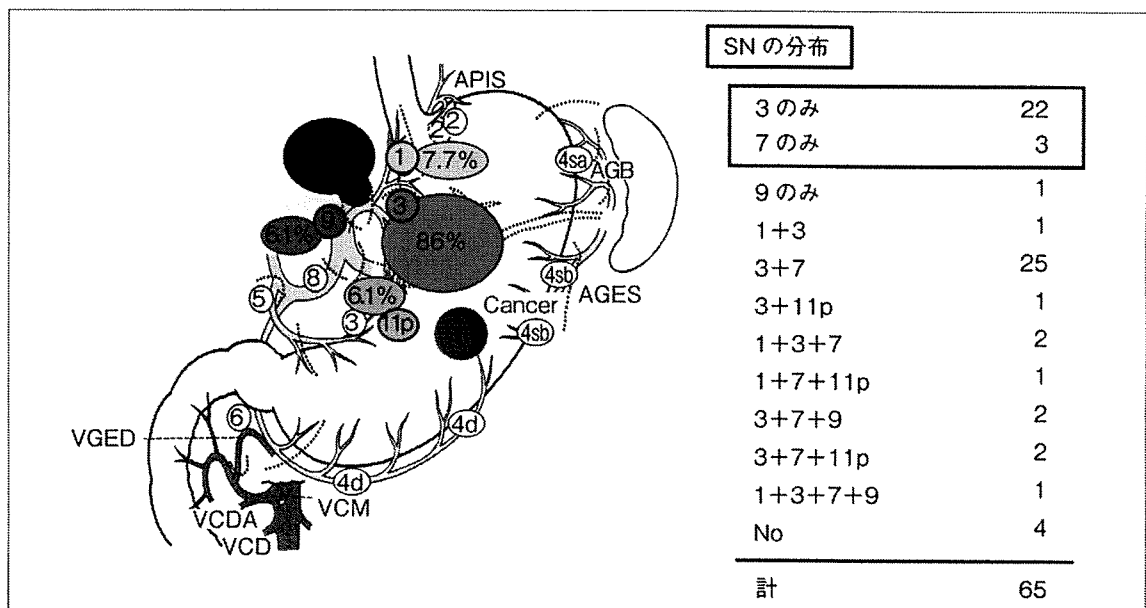


図4 左胃動脈流域におけるSNの分布 (M領域癌, n=65)
 3番リンパ節のみならず7番リンパ節も、単独でSNになることがあり、7番リンパ節は「機能的第1群リンパ節」と考えられる

行っていない。

2) 噴門側胃切除術, 胃横断切除術, 小範囲幽門側胃切除術

これらの3つの術式は、その腫瘍のリンパ流域が小彎と大彎の両側にそれぞれ1つずつある場合と考えられ、腫瘍が上部であれば噴門側胃切除術、中部であれば胃横断切除術、下部であれば小範囲幽門側胃切除術になる。具体的な腫瘍の占居部位とリンパ流域に関しては表1にまとめて表示した。

なお術中リンパ節生検で転移が陽性であった場合はもちろんであるが、リンパ流域が3つのときや、大・小彎の同側に2つあるような場合(左右の胃動脈流域, 左右の胃大網動脈流域など)は、定型手術 (D2) を施行するようにしている。

問題点

患者の術後 QOL の改善を目的に行われる縮小手術であるが、考慮しなければいけない問題がいくつかある。

1. 治癒度

われわれの提唱する縮小手術において、リンパ節郭清範囲は『胃癌取扱い規約』¹⁵⁾ 上 D0 となってしまうことがしばしばである。このため縮小手術は根治度 B になってしまうわけであるが、現在までのわれわれの

成績ではリンパ節転移再発症例はなく、治癒切除になっていると思われる。

われわれは多くの SN マッピングを施行してきたが、7番リンパ節や8aリンパ節が単独でSNになることを経験してきた。これはリンパ管がたまたま長く最初に流入するリンパ節がいわゆる2群リンパ節の位置にあったとも考えられ、aberrant drainageのひとつと思われる¹⁶⁾。もしこのようなリンパ節に転移が起こった場合、これまでは跳躍転移 (skip metastasis) といわれてきたのであるが、SN理論から考えると問題ないことであるかもしれない。われわれは、このようにある領域の胃癌においてSNになりうる一群のリンパ節を「機能的1群リンパ節」と考えており、おおむね、それはリンパ流域に一致するであろうと思われる。

7番リンパ節を例にとって説明する。図4はM領域胃癌症例における左胃動脈流域のSNの分布を示している。各リンパ節がSNになる確率は3番が86%、7番が55%に対して、1番は7.7%と低率であった。さらに単独でSNになりうるのは、3番(34%)と7番(5%)であり、1番単独例はみられなかった。一方、図5にはM領域胃癌症例における右胃大網動脈流域のSNの分布を示すが、各リンパ節がSNになる確率は4d番が76%、6番が26%であった。単独でSNになりうるのは、4d番(40%)と6番(5%)であった。規約上M領域胃癌では1, 3, 4d, 6番リンパ節が第1群、7番リンパ節が第2群と分類さ

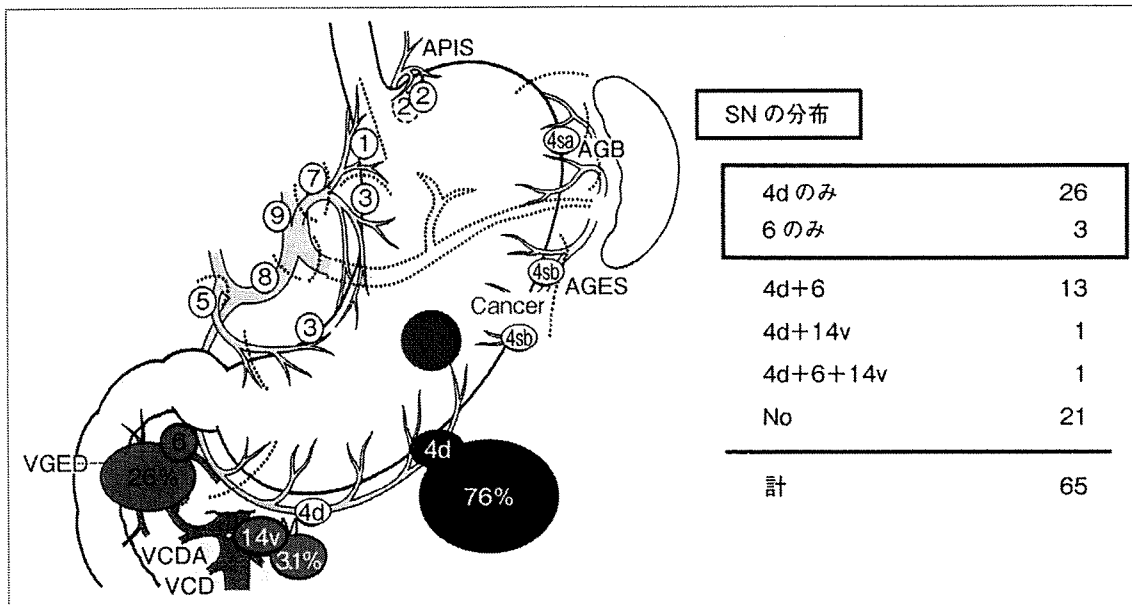
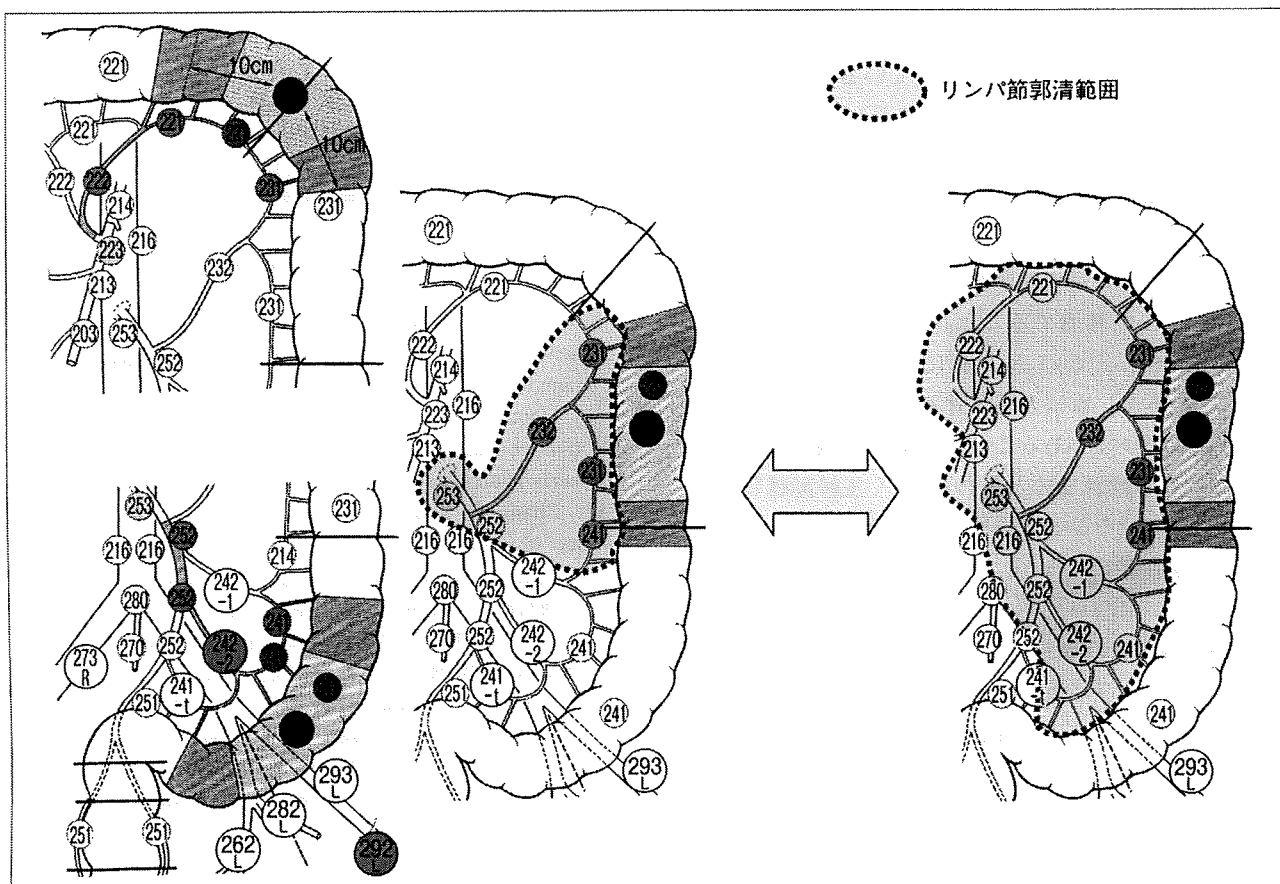


図5 右胃大網動脈流域におけるSNの分布 (M領域癌, n=65)

4d, 6番リンパ節ともに, 単独でSNになることがあり, 「機能的第1群リンパ節」と考えられるが, 右胃大網動脈流域に関しては規約の第1群と合致している



[文献19]より引用

図6 大腸癌の占居部位と郭清リンパ群

左側のパネルに下行結腸癌に対する通常のD3, 右側のパネルには過大な郭清範囲を示す。早期胃癌に対しては右側のパネルに相当するような郭清が行われている可能性がある

れているが、単独でSNになりうるかどうかという点からみると、7番リンパ節は「機能的1群リンパ節」であると考えられるのである。

<リンパ節群とリンパ節郭清に関する paradigm shift の必要性>

『胃癌取扱い規約』では、胃の近位から第1群、第2群リンパ節群を設定しているが、早期胃癌では機能的1群リンパ節を第1群とするほうがよいと考えられる。そして、ある領域の胃癌に対して機能的1群リンパ節を郭清することにより治療手術が達成されるように規定すれば、真に根治的な縮小手術となると考えられる。これまでも小彎側のリンパ節群分類に関して、動脈流域別にひとつの領域と認識すべきであるという論文が発表されているが¹⁷⁾¹⁸⁾、SNマッピングはこの考えに根拠を与えるものと考えられる。

このような考え方は、『大腸癌取扱い規約』¹⁹⁾ではすでに取り入れられている。図6の左側パネルのように下行結腸癌に対しては左結腸動脈に沿った一群のリンパ節を郭清することが基本的な治療手術と定義されている。そのなかでさらに1~3群までの設定はあるものの、ひとつの流域として捉えていることには相違ない。一方、図6の右側パネルに示したような郭清範囲は明らかに過剰なものであるが、横行結腸を胃上部、下行結腸を胃中部、S状結腸を胃下部に置き換えてみるとどうであろうか？ 胃中部の癌に対して1, 3, 5番リンパ節(仮に結腸腸間膜側を小彎とすると)を第1群として郭清することは、まさにこのような過剰郭清を行っていることにならないであろうか？ もちろん、胃は大腸と比較して、長軸が短いこと、血管系が複雑であること、間膜が両側にあることなど、同列には語れないと思われるが、主幹動脈に沿ったリンパ節流域をひとつの群とする概念を取り入れていくことも必要であろう。

2. 異時性胃癌の発生

縮小手術では残存する胃粘膜の面積が大きくなるため、定型手術より異時性胃癌の発生が高くなるのが危惧される。そのため厳密な経過観察が必須であり、早期胃癌の状態で見出しEMRまたはESDで治療させるべく努力が必要である。当科の検討では、機能温存根治手術を施行した160例において、平均5年間の追跡期間の間に5例(2.8%)に異時性胃癌の発生がみられたが、この頻度は報告されている幽門側胃切除術後の頻度と差は認められなかった²⁰⁾。しかし、横断切除術後の胃癌が幽門側の残胃に多いため、初回幽門側切除術を行っていればこれを防止できたという指摘

もあり²¹⁾、今後、長期的に異時性胃癌の発生率をみていくことが重要である。

おわりに

縮小手術を行う際には、早期癌の正しい術前診断、SN生検の手技、術中迅速病理診断など、精度の高い技術が要求される。腹腔鏡下手術と同様に、患者にやさしい(優しい)手術は、外科医にとってはやさしい(易しい)手術ではなく、決して安易な気持ちで取り組んではならないことを、肝に銘ずるべきである。

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