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ORIGINAL ARTICLE

Favorable outcome in patients with breast cancer in the presence of pathological response after neoadjuvant endocrine therapy[☆]

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Breast cancer;
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Summary Neoadjuvant endocrine therapy (NAET) can expand the number of breast cancer patients who can be treated with breast-conserving surgery and can predict benefit from adjuvant endocrine therapy. Because no validated surrogate markers for long-term outcome have been established, we conducted prospective trials to evaluate pathological response and Ki-67 index following treatment with tamoxifen or anastrozole. The study population included postmenopausal women with operable breast tumors that were both estrogen and progesterone receptor-positive and larger than 3 cm. Response was classified as pathological response (minimal response or better) and non-response. Non-responding (25.5%, vs. response 85.9%, $p = 0.002$), axillary node-positive (58.4% vs. node negative 100%, $p = 0.045$), and high pretreatment Ki-67 index (41.4% vs. low Ki-67 87.1%, $p = 0.03$) patients were significantly associated with poor 5-year relapse-free survival. Multivariate analysis of relapse-free survival indicated that pathological response was independent. Therefore, pathological response may be a favorable prognostic factor after NAET.
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Introduction

With the recent development of aromatase inhibitors, neoadjuvant endocrine therapy (NAET) has attracted attention as a potentially effective therapy that might allow breast conservation even in women with large breast tumors¹⁻⁴. In addition, NAET offers the possibility of testing therapeutic efficacy *in vivo*, which is of great importance for optimal adjuvant treatment. However, the short history of NAET leaves several questions to be answered. First, short-term surrogate markers of subsequent risk of relapse and death from breast cancer have not been established for NAET⁵. Recently, early changes in Ki-67 have been reported to be possible predictors of long-term outcome⁶⁻⁸. The short-term reduction in Ki-67 levels in NAET (in the IMPACT trial) paralleled that observed in patients who received the same endocrine therapy in the adjuvant setting (ATAC); this suggested that the changes in Ki-67 in NAET might be predictive of long-term outcome⁷. However, these data were not obtained in direct long-term follow-up studies of NAET. Second, classifications of pathological therapeutic response, which have been mainly produced based on pathological changes following chemotherapy or radiotherapy, have not been validated for tumors treated by NAET. We conducted a small study to clarify the significance of the classification of pathological therapeutic response and the Ki-67 index as prognostic factors of long-term outcome in response to NAET.

Patients and methods

This analysis includes 45 postmenopausal women with operable estrogen and progesterone receptor (ER and PgR)-positive breast tumors that were larger than 3 cm as confirmed by core needle biopsy. These women were enrolled in two-phase II studies on NAET at the National Cancer Center Hospital (NCCH), Tokyo. Between February 1999 and July 2002, 31 patients were enrolled in a neoadjuvant tamoxifen study (neo TAM), in which they received tamoxifen for 4 months preoperatively. Between November 2002 and 2004, 17 patients were enrolled in a neoadjuvant anastrozole study (neo ANZ), in which they received anastrozole for 5 months preoperatively. Three patients in the neo TAM group were excluded from this analysis because they received preoperative chemotherapy following NAET and their tumors could not be evaluated for pathological response to endocrine therapy; two of these patients rejected mastectomy when there was no reduction of their

tumors by NAET. These patients received chemotherapy with the hope that their tumors might shrink enough to allow breast-conserving surgery. Unfortunately, their tumors remained widespread in a mosaic pattern and they finally agreed to mastectomies. The third patient showed progressive disease, which led to skin invasion, and received chemotherapy before surgery. All patients provided written informed consent for study participation as approved by the institutional review board of the NCCH. Patients who responded to NAET continued the same endocrine therapy postoperatively for 5 years. Patients who showed clinically progressive disease or stable disease and pathological lymph node involvement after NAET received adjuvant chemotherapy, if tolerable, with a regimen containing anthracycline or classical CMF (cyclophosphamide, methotrexate, and 5-fluorouracil) following surgery. All patients who underwent breast-conserving surgery received postoperative radiotherapy to the ipsilateral breast.

Tumor response

Primary tumors were clinically assessed every month. Clinical complete response (cCR) was defined as the clinical disappearance of the tumor at the end of NAET, and clinical partial response (cPR) was defined as a $\geq 70\%$ decrease from baseline of the largest diameter⁹. Clinical progressive disease was defined as a $\geq 20\%$ increase from the most reduced size of the largest diameter. If progressive disease was observed, patients immediately underwent radical mastectomy.

Outcome measures

Relapse-free survival (RFS) was defined as the time from the initiation of treatment to local, regional, or distant treatment failure.

Histological examination

Evaluation of ER and PgR status was by immunohistochemical studies using antibodies 1D5 and PgR636 (DAKO, Glostrup, Denmark), and tumors with more than 10% strongly stained nuclei were described as ER- or PgR-positive. Tumors obtained by core needle biopsy judged as positive for both receptors before treatment were eligible for this study. HER2 status was evaluated immunohistochemically using HercepTest (Dako), and 3+: strong complete membrane staining in $> 10\%$ of tumor cells was defined as positive.

Ki-67 was stained using the MIB-1 antibody (DAKO) according to previously described methodology¹⁰. Ki-67 was scored as the percentage of positively stained cells among 1000 malignant cells in specimens obtained by either core needle biopsy before treatment (baseline) or by surgery after NAET. The cut-off value for Ki-67 positivity was defined as the median value of the Ki-67 index in this study population. The proportional change in Ki-67 expression from baseline was calculated as (residual Ki-67 index—pretreatment Ki-67 index) × 1/pretreatment Ki-67 index⁷.

Histopathological therapeutic response was classified according to the General Rules for the Clinical and Pathological Recording of Breast Cancer 2005¹¹. For Grade 0, no response was observed; Grade 1a comprised those tumors with mild changes in cancer cells regardless of the area, or marked changes seen in less than one-third of cancer cells; Grade 1b comprised tumors with marked changes seen in more than one-third but less than two-thirds of tumor cells; Grade 2 tumors contained marked changes in more than two-thirds

of tumor cells; and Grade 3 tumors demonstrated a complete response, with no cancerous cells remaining. Mild changes include slight degenerative changes in cancer cells not suggestive of cancer cell death (including cancer cells with vacuolation of the cytoplasm, eosinophilic cytoplasm, swelling of the nucleus, etc). Marked changes include marked degenerative changes in cancer cells suggestive of cancer cell death (including liquefaction, necrosis, and disappearance of cancer cells). The pathological response group was defined as tumors with Grade 1a, 1b, and 2 responses. The non-response group was defined as tumors with Grade 0 response.

Statistical analysis

The χ^2 test was used for comparisons of tumor characteristics and responses among groups. The Kaplan–Meier methods were used to generate RFS curves. The log rank test was used for the comparison of RFS between two groups. Differences with $p < 0.05$ were considered to be significant.

Table 1 Characteristics of patients and tumors treated with tamoxifen (neo TAM group) and anastrozole (neo ANZ group).

	Neo TAM group (n = 28)	Neo ANZ group (n = 17)	
Age	60 (51–75)	61 (54–87)	
Tumor before NAET			
T2	18	11	
T3	7	4	NS
T4	3	2	
Clinical response			
CR	1	3] p = 0.05
PR	12	10	
NC	15	4	
PD	0	0	
Surgery			
Mastectomy	17	13	
BCS	11	4	NS
Pathological response			
Grade 2	3	3] p = 0.02
Grade 1b	4	2	
Grade 1a	11	11	
Grade 0	10	1	
Axillary nodal status			
Negative	7	6	
1–3	12	7	NS
4–9	7	3	
> 10	2	1	

NAET: neoadjuvant endocrine treatment; CR: complete response; PR: partial response; NC: no change; PD: progressive disease; NS: not significant; BCS: breast-conserving surgery.

Results

Tumor and patient characteristics in the neo TAM and neo ANZ groups are shown in Table 1. The clinical response rates (cCR+cPR) for the neo TAM and neo ANZ groups were 46.4 and 76.5%, respec-

tively. Of the neo ANZ group, only four patients underwent breast-conserving surgery, because some patients with good clinical responses chose mastectomies and refused postoperative radiotherapy. Patients treated with neo ANZ showed a statistically significantly higher rate of pathological

Table 2 Tumor characteristics and responses to NAET stratified by patients with events and those without events.

	Non-response group (n = 11)	Pathological response group (n = 34)	
Age	57 (51–73)	61 (52–87)	
Tumor before NAET			
T2	9	20	
T3	1	10	
T4	1	4	NS
Histological grade before NAET			
Grade 1	1	8	
Grade 2	6	15	
Grade 3	4	9	NS
Not available	0	2	
HER2 status before NAET			
Negative	11	34	
Positive	0	1	NS
NAET			
Tamoxifen	10	18	
Anastrozole	1	16	NS
Clinical response			
CR	0	4	
PR	4	18	
NC	7	12	NS
PD	0	0	
Ki-67 index before NAET			
High	6	17	
Low	5	17	NS
Residual Ki-67 index			
High	7	16	
Low	4	18	NS
Proportional reduction of Ki-67 index Median(Q ₁ –Q ₃)	–0.05 (–0.67–0.37)	–0.46 (–0.85–0.83)	NS
Lymphovascular invasion			
Negative	9	28	
Positive	2	6	NS
Axillary nodal status			
Negative	2	11	
1–3	6	13	
4–9	1	9	
> 10	2	1	NS
Adjuvant therapy			
Endocrine only	5	20	
Chemotherapy added	6	14	NS

Q₁: first quartile; Q₃: third quartile.

response (Grades 1+2) than those treated with neo TAM ($p = 0.02$).

Tumor characteristics stratified by patients with pathological response or non-response are shown in Table 2. There were no statistically significant differences in tumor size, histological grade, HER2 status, clinical response, lymphovascular invasion, pathological nodal status, or addition of adjuvant chemotherapy between these groups. Reduction of Ki-67 was not significantly associated with either pathological or clinical response.

The median follow-up time after NAET was 44.7 months. There were 11 locoregional and/or metastatic events during this time. No ipsilateral breast tumor recurrence was observed after breast-conserving surgery. Patients with pathological non-response (25.5%, vs. response group 85.9%, $p = 0.002$; Fig. 1), axillary node positivity (58.4% vs. node negative 100%, $p = 0.045$), addition of adjuvant chemotherapy (41.2% vs. only endocrine therapy 77.5%, $p = 0.01$), and high pretreatment Ki-67 index (41.4% vs. low Ki-67 index 87.1%, $p = 0.03$; Fig. 2) were significantly associated with poor 5-year RFS. Initial T category, histological grade, clinical response, type of endocrine therapy, presence of reduction in Ki-67 values, and lymphovascular invasion was not associated with survival.

The median follow-up time for the neo TAM group was 65.8 months. In this group, patients with pathological non-response (28.0%, vs. response group 88.2%, $p = 0.006$; Fig. 3), axillary node positivity (59.9% vs. node-negative 100%), addition of adjuvant chemotherapy (43.2%, vs. only endocrine therapy 77.8%, $p = 0.03$), and high residual Ki-67 index (44.0%, vs. low Ki-67 index 100%, $p = 0.01$) were significantly associated with poor 5-year RFS.

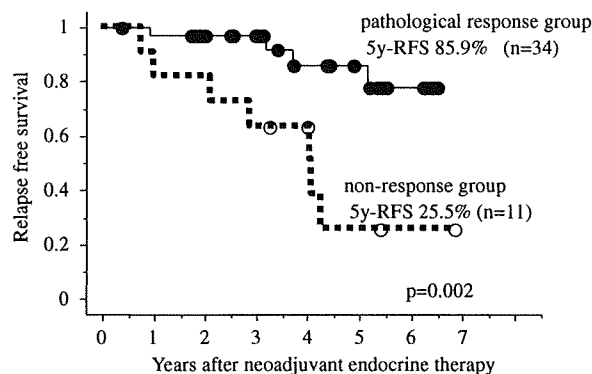


Figure 1 Relapse-free survival curves following neoadjuvant endocrine therapy stratified into a pathological response group (—) and a non-response group (- - -). A statistically significant difference was observed between the groups ($p = 0.002$).

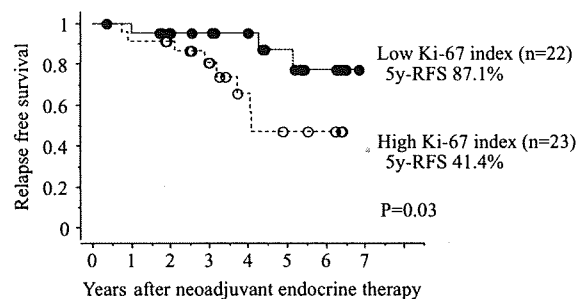


Figure 2 Relapse-free survival curves following neoadjuvant endocrine therapy stratified into a low pretreatment Ki-67 index group (—) and a high Ki-67 index group (- - -). A statistically significant difference was observed between the groups ($p = 0.03$).

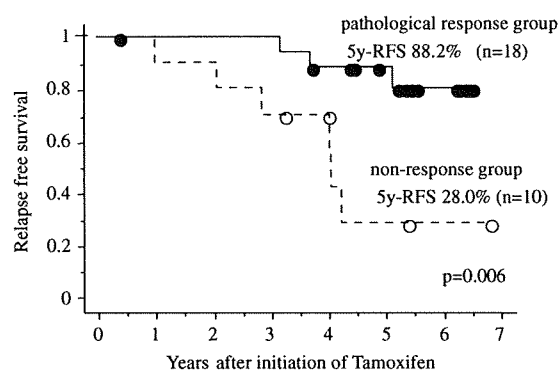


Figure 3 Relapse-free survival curves following neoadjuvant endocrine therapy using tamoxifen stratified into a pathological response group (—) and a non-response group (- - -). A statistically significant difference was observed between the groups ($p = 0.006$).

The median follow-up time for the neo ANZ group was 30.0 months. The pathological response group achieved statistically better 3-year RFS than the non-response group (93.3% vs. 0%, $p < 0.0001$).

Multivariate regression analyses using a logistic regression model were conducted to identify independent prognostic factors for RFS (Table 3). These analyses indicated that pathological response ($p = 0.007$) was significantly related to RFS.

Discussion

Although the sample sizes in this study are small, the pathological response group showed significantly more favorable outcomes than the non-pathological response group following NAET. This result is supported by all of the analyses conducted in this study and suggests that the pathological therapeutic response may be a prognostic factor for

Table 3 Multivariate analysis for RFS after NAET.

		Hazard ratio (95%CI)	p-value
Pathological response	Non-response/response	6.3 (1.6–23.8)	0.0067
Pretreatment Ki-67	Low/high	0.26 (0.055–1.17)	0.079
Residual Ki-67	Low/high	0.65 (0.14–2.98)	0.58

RFS: relapse-free survival; CI: confidence interval.

long-term outcome following NAET. The response necessary for a favorable prognosis seems to differ between neoadjuvant chemotherapy and NAET. In the neoadjuvant cytotoxic chemotherapy setting, where response (pCR or not) is a clinically significant predictor of outcome¹², long-term outcome following treatment with cytostatic agents can be predicted based on the achievement of minimal pathological change. Using chemotherapy, total killing of cancer cells is necessary to improve prognosis; therefore, physicians should pursue regimens that will reach the highest pCR rates possible. On the other hand, only a few patients have been reported to achieve pCR following NAET³. This is one reason for hesitation in using endocrine agents in a neoadjuvant setting. However, with endocrine therapy, minimal pathological changes may have the same power to improve prognosis.

In this study, low Ki-67 index before NAET in all cases and low residual Ki-67 index in the neo TAM group were significant favorable prognostic factors. Ki-67 has been reported to carry modest prognostic significance and the residual (after treatment) level of Ki-67 may be a better predictor of response and/or absolute long-term outcome than the proportional reduction in Ki-67 because it is more likely to relate to the growth rate of the persistent disease¹³. The results of this study are concordant with these results. The results of the IMPACT trial supported the hypothesis that a reduction of Ki-67 in NAET might be predictive of long-term outcome, but this was not demonstrated in this study. As Urruticoechea has reported that a change in Ki-67 score of at least 32–50% between two determinations using core needle biopsies is required to consider the difference statistically different for an individual patient and attributable to treatment effects¹³, the problem with the reproducibility of Ki-67 measurements must be overcome.

Patients who underwent additional adjuvant chemotherapy showed a statistically significant reduction in RFS compared with those who underwent only endocrine therapy. Selection bias must be considered, as most of the patients with positive lymph nodes were treated with chemotherapy. However, whether or not the chemotherapy was

efficacious remains controversial because hormone-sensitive breast cancer is less responsive to chemotherapy^{14,15}. Further investigations are required to determine the best treatment plan for such cases.

Neoadjuvant chemotherapy has now been established as one of the standard treatments for operable breast cancer. On the other hand, there is less evidence on NAET than on neoadjuvant chemotherapy, including long-term outcome. In this situation, NAET should be used to treat selected patients who will obtain great benefit from endocrine therapy and will not respond to chemotherapy and/or do not need chemotherapy. Without a doubt, hormone receptor status is the first eligibility criterion. Many studies on neoadjuvant chemotherapy have confirmed that hormone-sensitive tumors show worse responses to chemotherapy than hormone-resistant tumors^{14,15}. However, not all hormone-sensitive tumors respond to endocrine therapy, underscoring the need for additional predictive tests. Gene analysis can be used as a second eligibility criterion. A multigene assay (Oncotype DX)TM succeeded in predicting that approximately half of the women with node-negative, hormone receptor-positive breast cancer who were treated with local therapy and tamoxifen have an excellent prognosis, with more than 90% having 10-year relapse-free survival; these patients are unlikely to benefit from chemotherapy^{16,17}. A more favorable response and long-term outcome without severe adverse events may be achieved with only hormone therapy using gene expression profiles to select patients who are good candidates for NAET.

This study suggests that pathological response is a favorable prognostic factor following NAET. We await validation of these results in large studies such as the IMPACT trial or Letrozole P024 to establish the surrogate markers that predict the risk of recurrence.

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Intracystic papillary carcinoma (ICPC) の診断と臨床的特徴 —自験例14例からの検討—

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Clinical and Pathological Features of Intracystic Papillary Carcinoma (ICPC) of The Breast : Akagi T*¹, Kinoshita T*¹, Shien T*¹, Hojo T*¹ and Akashi S*¹ (*¹Breast surgery division, National cancer center hospital)

Background : Intracystic papillary carcinoma (ICPC) of the breast is rare and preoperative diagnosis is difficult. **Materials and Methods** : This study investigated the clinical and pathological features of ICPC. Fourteen ICPC were included in this study. We reviewed their clinicopathological findings and treatments. **Results** : In 9 cases, diagnoses of ICPC were obtained using fine needle aspiration and core needle biopsy. In 5 cases, a diagnosis could not be obtained preoperatively. MRI in addition to sonography helped to establish the differential diagnosis from benign tumor and maintain disease-free surgical margins. **Conclusion** : Preoperative diagnosis of ICPC is difficult and excisional biopsy was necessary unless fine needle aspiration and core needle biopsy can obtain the diagnosis. MRI is available to diagnose the invasiveness of this disease.

Key words : Intracystic papillary carcinoma, Preoperative diagnosis
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はじめに

Intracystic papillary carcinoma (ICPC) は乳癌全体の約2%弱¹⁾とまれな疾患である。現在の乳癌取扱い規約では非浸潤性乳管癌 ductal carcinoma *in situ* (DCIS) に含まれ、線維性の壁に囲まれた内腔へ乳頭状に突出し発育する乳癌で、通常周囲間質に高度の浸潤を伴わないとされる²⁾。しかし、組織学的に嚢胞壁外や乳管内での高度の進展を示す例³⁾や、同時性肝転移例⁴⁾などの報告もある。また良性嚢胞腫瘍との鑑別が困難である。今回われわれは、ICPCの14例を経験したので臨床病理学的検討とともに若干の文献的考察を加えて報告する。

1. 対象と方法

2000年10月から2006年12月まで当科で経験した原発性乳癌は約2,700症例、そのうちICPCと診断されたのは14例0.51%であった。この14例において臨床病理学的特徴、予後を検討し、さらに免疫組織染色によりホルモンレセプター、HER2, p53を評価した。

2. 結果

1) 臨床的特徴 (表1)

年齢は中央値72.5歳 (36~82歳) で、14人のうち1人が男性、女性13人のうち3例が閉経前、10例は閉経後であった。主訴は全例乳房腫瘤で、自己発見が13例、検診発見が1例で、腫瘍径の中央値は25.5mm (11~220mm) であった。占拠部位はA領域に7例、B領域に1例、C領域に2例、D

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表1 Intracystic papillary carcinomaの臨床的特徴および診断

症例	年齢・性	病悩期間 (月)	部位	US 最大径 (囊胞mm)	US 最大径 (充実内腫瘍mm)	US 充実腫 瘍形状	MMG 腫瘍陰影	MMG 石灰化	MRI	FNA	CNB	術前病理診断
1	84・F	2	右A	22	5	不整型	辺縁不整	なし	/	/	/	なし
2	83・F	2	左D	11	6	整型	辺縁平滑	なし	/	class 5	/	DC
3	75・F	3	右A	22	7	不整型	辺縁不整	A	/	class 3	+	なし
4	60・F	4	右B	36	10	整型	辺縁平滑	なし	/	class 2	+	なし
5	43・F	3	左A	15	3	整型	辺縁平滑	なし	/	/	+	なし
6	36・F	9	左C	34	17	不整型	はっきりせず	なし	/	/	+	ICPC
7	57・F	4	左E	10	4	整型	辺縁平滑	なし	/	class 5	/	DC
8	70・M	6	左E	50	15	不整型	辺縁不整	なし	/	/	+	ICPC
9	75・F	2	右A	28	20	整型	辺縁平滑	A	/	class 5	/	DC
10	48・F	3	左A	23	5	整型	辺縁平滑	P	/	class 2	+	なし
11	74・F	8	左A	14	14	整型	/	/	/	/	+	ICPC
12	82・F	24	右C	200	30	整型	/	/	BCP	class 2	+	ICPC
13	81・F	2	右A	170	52	不整型	辺縁不整	なし	BCP	class 2	+	ICPC
14	71・F	2	左E	60	21	不整型	辺縁平滑	なし	BCP	/	+	ICPC

*US：乳腺超音波検査。A：amorphous集簇。P：pleomorphic集簇。BCP：乳癌造影パターン
FNA：Fine needle aspiration。CNB：Core needle biopsy。DC：ductal carcinoma。

表2 手術・病理所見

症例	術式	囊胞壁外浸潤	周囲DCIS	リンパ節転移	各種レセプター	p53	G	NG
1	Bp	なし	なし	郭清なし	ER 2 PgR 2 HER 2+	-	1	1
2	Bp	なし	なし	郭清なし	ER 2 PgR 0 HER 2-	-	1	1
3	Bt+sampling	なし	なし	0/2	ER 2 PgR 2 HER 2-	+	2	2
4	Bq	なし	なし	郭清なし	ER 2 PgR 1 HER 2-	-	2	2
5	Bp+Ax	なし	なし	0/11	ER 2 PgR 2 HER 2-	-	2	2
6	Bp+Ax	なし	あり	0/22	ER 2 PgR 2 HER 2-	-	1	1
7	Bt+Ax	なし	なし	0/20	ER 2 PgR 2 HER 2+	-	2	2
8	Bp	なし	なし	郭清なし	ER 2 PgR 2 HER 2+	2+	2	2
9	Bt+Ax	なし	なし	0/18	ER 1 PgR 1 HER 2-	-	2	3
10	Bq+SLN	なし	なし	0/4	ER 1 PgR 2 HER 2-	-	1	1
11	Bp	あり	なし	郭清なし	ER 2 PgR 2 HER 2-	-	1	1
12	Bt+SLN	なし	なし	1/5	ER 3 PgR 3 HER 2-	-	1	1
13	Bt+SLN	なし	あり	0/5	ER 3 PgR 3 HER 2-	-	1	1
14	Bt+SLN	あり	あり	0/3	ER 3 PgR 2 HER 2-	-	1	1

領域に1例で、E領域に3例に存在した。病悩期間は中央値5.2カ月（2～24カ月）であった。

2) 診断

超音波検査では1例は多房性の囊胞であったが、他13例はすべて単房性の囊胞であり、いずれの症例も内部に充実成分を認めた。腫瘍径は中央値25.5mm（11～220mm）で、充実成分径は中央値12mm（3～52mm）であった。内部の充実成分の形状は整、不整とさまざまであった。

マンモグラフィ（MMG）は12例に施行、7例が辺縁平滑で、4例は辺縁不整の腫瘍陰影として描出され、1例はMMG上腫瘍陰影を認めなかった。amorphousおよびpleomorphicな集簇する石灰化

を3例にみとめた。MRIは3例に施行、囊胞内容液はいずれも血性所見を呈した。ダイナミックスタディーでは3例（100%）ともに乳癌の造影パターンを示した。また囊胞壁外進展を1例（症例14）に認めた。8例にFine needle aspiration施行、class5が3例、class3が1例、class2が4例であった。class5であった3例はいずれもductal carcinoma疑いという結果であった。Fine needle aspirationの細胞診陽性率は8例中3例（37.5%）であった。class3以下の5例にはCore needle biopsy追加施行した。また5例はFine needle biopsy施行せず、はじめからCore needle biopsyを施行。計10例のCore needle biopsyを施行、

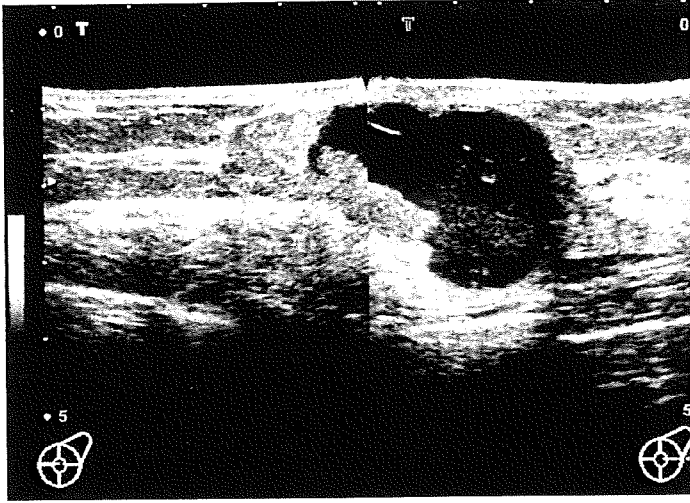


図1 超音波所見

後方エコーの増強を伴った50×43×26 mmの嚢胞と、嚢胞壁の一部から内腔に突出する21×18×7 mm大の乳頭状腫瘍を認めた。



図2 マンモグラフィー所見

medio-lateral viewでE領域に辺縁平滑で、ほぼ均一な腫瘤陰影を認めた。石灰化は認めなかった。

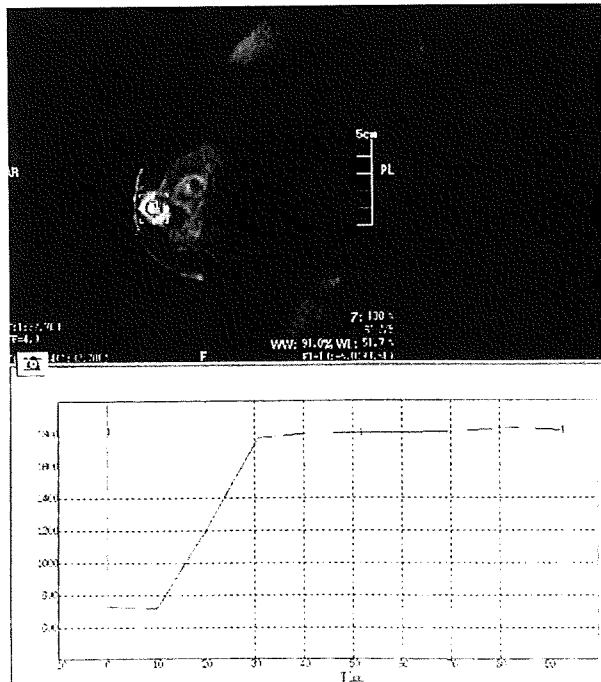


図3 MRI

ダイナミックスタディーにて乳癌の造影パターンを示した。



図4 MRI

T2W1において嚢胞壁と考えられる低信号域の断裂が認められ、MRI上、腫瘍の嚢胞壁外進展がみられた。

ICPCの術前病理学的診断を得た症例は計6例(60%)であり、残りの4例はCore needle biopsyでも確定できず切除生検にて乳癌の診断を得た。な

お1例はFine needle aspirationおよびCore needle biopsyをともに施行せずに切除生検を行った。

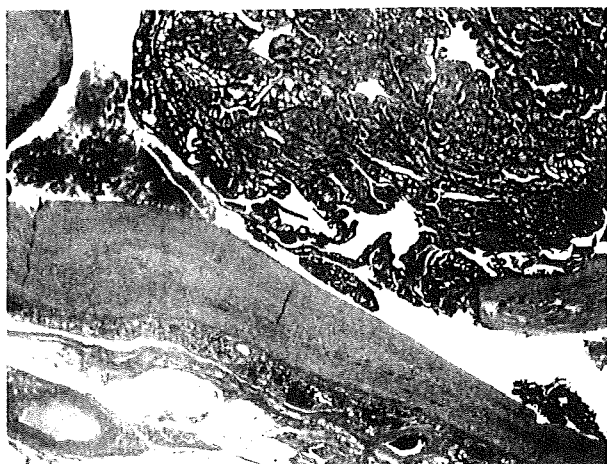


図5 病理組織所見

径5 cm大の嚢胞内に2 cm大の乳頭状隆起性病変を認め、嚢胞液は暗赤色であった。この隆起性病変は中等度の核異型、核分裂像を有する腫瘍細胞が乳頭状、cribriform patternを呈して増殖。



図6 病理組織所見

腫瘍細胞の間質への浸潤が認められた。

3) 手術・病理 (表2)

5例に腋窩郭清を伴う乳房切除術および乳房部分切除術を施行、4例は腋窩郭清を伴わない乳房部分切除術を施行した。さらに2004年以降の4例はセンチネルリンパ節生検を伴う乳房切除術および乳房部分切除術を施行した。嚢胞内容物の性状はいずれもきわめて薄い血性から濃い暗赤色を呈し、14例のうち2例(14.2%)に間質浸潤を認めた。また3例に嚢胞壁外にDCISを認め、1例に腋窩リンパ節転移を認めた。G1とG2がそれぞれ8例(57%) 6例(43%)、NG1とNG2とNG3がそれぞれ8例(57%) 5例(36%) 1例(7%)であった。またホルモンレセプターはERが全例(100%)、PgRは13例が陽性(92.8%)で、HER2は3例(21.4%)、p53は2例(14.2%)が陽性であった。

4) リンパ節転移症例

ICPC14例のうち1例に腋窩リンパ節転移を認めた。本症例は82歳女性、病悩期間が24カ月、腫瘍径が20cmであった。Core needle biopsyでICPCの診断を得、乳房切除術およびセンチネルリンパ節生検を施行、術中迅速病理診断にてセンチネルリンパ節転移はなかったが、永久標本にてリンパ節1個にmicrometastasisを認めた。ER、PgRはともに陽性、HER2、p53はいずれも発現していなかった。作成標本上、嚢胞壁外への浸潤はみとめていない。

5) 補助療法・予後

13例にTAM投与、温存術8例中3例に残存乳房に対する術後照射を行った。男性症例の1例の他因死を除き、13例すべて再発の所見なく生存中である。次に代表的な1例(症例14)を提示する。

症例：71歳、女性。

家族歴：特記事項なし。

既往歴：特記事項なし。

現病歴：2006年10月、左乳房腫瘤に気づき前医受診し、当科紹介となる。

入院時血液検査所見：末梢血、生化学検査ともに正常範囲内で、腫瘍マーカー(CEA 0.9ng/ml, CA15-3 14U/ml, ST439<1.0)の上昇もみられなかった。

入院時現症：左乳房E領域を中心にBD領域に及ぶ60mm大のやや弾性硬の腫瘤を認めた。胸筋、皮膚への固定は認めなかった。乳頭分泌なく、腋窩リンパ節も触知しなかった。

超音波所見(図1)：後方エコーの増強を伴った60×43×26mmの嚢胞と、嚢胞壁の一部から内腔に突出する21×18×7mm大の乳頭状腫瘍を認めた。

MMG所見(図2)：E領域に辺縁平滑で、ほぼ均一な腫瘤陰影を認めた。石灰化は認めなかった。

MRI：ダイナミックスタディーにて乳癌の造影パターンを示した(図3)。また、T2W1において嚢胞壁と考えられる低信号域の断裂が認められ、

MRI上、腫瘍の嚢胞壁外進展がみられた(図4)。

経過：以上の所見より、2006年11月Core needle biopsy施行し、ICPCの診断を得て、乳房切除術+センチネルリンパ節生検を施行した。術中迅速病理診断にてセンチネルリンパ節に転移は認めなかった。

病理組織所見：径5 cm大の嚢胞内に2 cm大の乳頭状隆起性病変を認め、嚢胞液は暗赤色であった。この隆起性病変は中等度の核異型、核分裂像を有する腫瘍細胞が乳頭状、cribriform patternを呈して増殖(図5)、一部間質への浸潤が認められた(図6)。リンパ節転移は認めず(0/3)、G2, NG2および免疫組織学的検索にてER, PgRはともに陽性、HER2, p53はいずれも発現していなかった。

3. 考察

ICPCは嚢胞内腔へ乳頭状に突出し発育する乳癌で、乳癌全体の約2%弱¹⁾といわれている。一般的にductal carcinoma *in situ*の範疇で浸潤を伴うことはほとんどなく、現在の乳癌取扱い規約によれば、病巣が嚢胞内に限局し、非浸潤性嚢胞内乳癌とすることが記載されている。しかし、組織学的にも嚢胞壁外への浸潤や乳管内で広く進展を示す例²⁾や、同時性肝転移例⁴⁾などの報告もあり、定義についてはいまだコンセンサスを得られていない。したがって今回われわれは、浸潤の有無を問わず病理学的検索にて、ICPCと診断された14例を検討した。通常の乳癌と比較すると、平均年齢65歳(範囲34~92歳)¹⁾と高齢者に多いとされ、今回の14例でも中央値72.5歳(36~82歳)であり通常乳癌より高齢であった。また病期間も長いことも報告^{2,5)}されており、今回も中央値5カ月(1~24カ月)であった。腫瘍の性質として通常乳癌より発育が緩徐で、潰瘍を形成せずにGradeが低いため、放置されやすいと考えられる。良悪性の鑑別として、嚢胞内乳頭腫と鑑別は困難である。鑑別点としては嚢胞内乳頭腫の平均年齢は40.7~47歳で低く、60歳以上の嚢胞内腫瘍では、癌は81%に認めたという報告がある^{7,8,9)}。また腫瘍径は悪性であれば良性より大きい傾向にあるが、良悪性鑑別において診断的価値は低い^{7,8)}と報告されている。超音波検査は良悪性の鑑別検査とし

てあげられるが、嚢胞内腫瘍部分の辺縁など良悪性とも不整なものが多く鑑別にあまり有用でないといわれている^{8,9)}。通常乳癌における良悪性の鑑別としてMRIは有用であり、MRI所見が乳癌病理組織像を反映するという報告もある¹⁰⁾。われわれは症例12以降の3例においてMRIを施行し、いずれもダイナミックスタディーにて悪性を示す造影パターンを呈した。ICPCにおいても良悪性鑑別のため画像診断の1つとしてMRIは重要であると考えられる。またさらに、症例14においてMRIで腫瘍の嚢胞壁外浸潤を認めたように、MRIは進展度診断にも有用であり、嚢胞壁進展の評価にもきわめて有効である。以上より、少しでも悪性が疑われる場合はFine needle aspirationを行い、さらにCore needle biopsyをエコーガイド下に充実性部分を確実に穿刺することが必要である。しかし本検討症例においてもそうであるが、嚢胞内充実成分への針生検は難しく、Fine needle aspirationおよびCore needle biopsyにて診断の得られない症例では積極的に切除生検を考慮するべきと思われる。治療は原則として非浸潤性乳管癌(DCIS)治療に沿って行うことが可能である。しかし、嚢胞壁外浸潤を示す例³⁾や、同時性肝転移例⁴⁾などの報告もあることを把握しておく必要がある。報告によると浸潤癌はまれではなく、乳管内進展についても嚢胞壁より2 cm以上超えて乳管内を進展するものも報告されている⁶⁾。今回の14例中2例に浸潤部分を認め、さらに別の1例に作成標本には浸潤部分は認めなかったが、リンパ節転移を認め、標本作成外に浸潤部分が存在したことが推察された。このように切除範囲決定には、MRIによる進展度評価を参考にし、広範な腫瘍進展を念頭において断端陰性となることが重要である。術前化学療法、術後化学療法の報告はなく、統一された指針はないが、第一選択治療は切除療法と考える。リンパ節転移に関しては0~25%と報告に幅があるが、通常の乳癌より頻度は低いとされている^{8,9)}。われわれは2004年以降よりセンチネルリンパ節生検を開始し、4例にセンチネルリンパ節生検を伴う乳房切除、乳房部分切除術を施行した。通常乳癌と同様、郭清省略には慎重であるべきで、センチネルリンパ節生検はよい適応と思われる。

今回14例すべてホルモン感受性を認め、乳房部分切除は8例に施行した。補助療法としては、明確な指針はないがDCIS治療にしたがって、症例を選びホルモン療法、残存乳房放射線照射などを考慮する必要があると思われる。

4. 結 語

ICPCの14例につき臨床病理学的検討を加え報告した。良悪性の鑑別は困難であり、Fine needle aspiration, Core needle biopsyに加え切除生検が必要である。切除範囲決定には、MRIによる進展度評価を参考に、広範な腫瘍進展を念頭において断端陰性となることが重要である。また、腋窩リンパ節の評価は病変の大きさに関わらず必要であり、現在広く施行されているセンチネルリンパ節生検は腋窩リンパ節転移の少ないICPCによい適応と考えられる。

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Original Articles

Feasibility Study of Docetaxel with Cyclophosphamide as Adjuvant Chemotherapy for Japanese Breast Cancer Patients

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Objective: The 7-year follow-up of the US oncology 9735 trial demonstrated the superiority of TC [docetaxel (DTX)/cyclophosphamide (CPA)] to doxorubicin/CPA therapy. To introduce TC therapy in Japan, the verification of the safety and tolerability is essential. We performed a collaborative prospective safety study with Okayama University to introduce TC therapy.

Methods: The subjects were 53 patients aged from 33 to 67 years at intermediate risk based on the St Gallen risk classification who underwent radical surgery for primary breast cancer between August 2007 and December 2008. As post-operative adjuvant chemotherapy, four cycles of TC (DTX 75 mg/m² + CPA 600 mg/m²) were administered at 3-week intervals. Adverse events were evaluated based on National Cancer Institute—Common Terminology Criteria for Adverse Events ver. 3.0. The safety and completion rate were evaluated as the primary and secondary endpoints, respectively.

Results: Regarding hematological toxicity, Grade (G) 4 neutropenia occurred in 71.7% and G3 in 26.4%. G3–4 leukopenia developed in 32.1% and 56.6%, respectively, G4 anemia in 1.9% and G1–2 anemia in 26.4%. Regarding non-hematological toxicity, systemic malaise, skin eruption, edema, myalgia, arthralgia and nausea were noted in most patients. The completion rate was 94.3%, dose reduction was necessary in 7.5% and granulocyte colony-stimulating factor (G-CSF) support was required in 17.0%. On comparison between patients aged 65 years or older and younger than 65 years, the completion rate, dose reduction and incidence of febrile neutropenia (FN) were higher in the elderly patients. G-CSF support was more often needed in this subgroup.

Conclusions: TC therapy is tolerable for Japanese patients, but attention should be paid to the development of FN and neutropenia. The completion rate was lower in the elderly patients, showing that tolerability was not necessarily favorable.

Key words: breast cancer – docetaxel – cyclophosphamide – adjuvant therapy – safety

INTRODUCTION

The standard regimen most widely adopted for post-operative adjuvant chemotherapy for breast cancer is combination chemotherapy with drugs including anthracycline. Taxanes are also key drugs of post-operative adjuvant chemotherapy for breast cancer, and the efficacy of taxanes administered in addition to anthracycline regimens has been demonstrated by many randomized control trials (RCTs) (3). The US

oncology 9735 trial (USON9735) was the first RCT in which anthracycline and taxane were directly compared as post-operative adjuvant chemotherapies for breast cancer, and the analytical results of a 7-year median follow-up have been reported (1,2). AC [doxorubicin 60 mg/m² i.v. on day 1; cyclophosphamide (CPA) 600 mg/m² i.v. on day 1; every 21 days × 4 cycles] and TC [docetaxel (DTX) 75 mg/m² i.v. on day 1; CPA 600 mg/m² i.v. on day 1; every 21 days × 4 cycles] were compared as post-operative adjuvant chemotherapies for Stages I, II and III resectable invasive breast cancer. The primary endpoints were disease-free survival (DFS) and overall survival (OS). The lymph node metastasis

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positivity rate was 50% in the patients, and 16% of the patients were 65 years of age or older. DFS was 81% in the TC group and 75% in the AC group ($P = 0.033$), and OS was 87% in the former and 82% in the latter ($P = 0.032$), showing that TC therapy was significantly superior regarding the two parameters. Concerning the safety profile, the incidence of febrile neutropenia (FN) was slightly higher in the TC than in the AC group, but long-term bone marrow toxicity and cardiotoxicity were low, showing that the therapy was feasible. It was also reported that the tolerability of elderly patients at 65 years of age or older was favorable, showing the superiority of TC therapy. Based on these, the standard post-operative adjuvant chemotherapy for early-stage breast cancer may change from the current regimens including anthracyclines to taxane-based regimens without anthracycline.

There are racial differences in the effects and adverse effects of chemotherapy. The standard regimens to administer many therapeutic drugs for breast cancer employed in Western countries are also applicable for Japanese, but the recommended doses of some drugs established by Phase II dose-setting studies conducted in Japan are lower than those in Western countries. The standard dose of DTX for every 3-week administration in monotherapy is 100 mg/m² in Western countries, but 70 mg/m² in Japan. Moreover, there is no safety data concerning the combination of DTX and CPA in Japan. To introduce the TC regimen (75/600) adopted in the USON9735 into Japan, the confirmation of its safety in Japanese is essential. Based on this background, we performed a study to confirm the safety of the TC regimen (75/600) of the USON9735.

PATIENTS AND METHODS

Of patients who underwent radical surgery for primary breast cancer at the Shikoku Cancer Center and Okayama University Hospital, those who met the following inclusion criteria were selected: an age between 20 and 70 years, and a risk category of intermediate or higher employing the 10th St Gallen risk classification assessed based on the clinical background and post-operative pathological diagnosis, i.e. hormone receptor-negative cases, lymph node metastasis-positive cases and lymph node metastasis-negative cases, hormone receptor-positive cases meeting one of the following conditions: a 2 cm or greater diameter of tissue invasion, histological grade of 2–3, 35 years of age or younger, the presence of severe vascular invasion and HER2-positivity. Estrogen (ER) and progesterone receptors were assessed by immunostaining, and a positive cell rate of 10% or higher was regarded as positive. HER2 was assessed by the Hercep test, and scores of 0 and 1+ were regarded as negative, and 3+ as positive. In cases graded 2+, the HER2/neu amplification rate was determined, and a 2.2 or higher rate was regarded as positive. Other inclusion criteria were the absence of distant metastasis and severe complications with

a performance status of 0 or 1 and sufficient bone marrow, liver and renal functions. Written informed consent was obtained from all patients. Patients with pre-operative chemotherapy, a past medical history of drug allergy which may interfere with the therapy, inflammatory and bilateral breast cancers, double cancer and a past medical history of psychiatric diseases were excluded.

In the administration, after pre-treatment with 8 mg dexamethasone and 5-hydroxytryptamine (HT)₃ receptor blockade, 75 mg/m² DTX was administered by drip infusion for 60 min, followed by the administration of 600 mg/m² CPA for 30 min on day 1. From 12 h later, oral dexamethasone 4 mg was administered twice daily for 2 days. These were administered every 21 days four times (four cycles). Blood testing was performed on the day of administration in each cycle to decide on the next administration. The criteria for initiating administration were as follows, and administration was postponed until all items recovered: WBC $\geq 3000/\text{mm}^2$, neutrophil count $\geq 1500/\text{mm}^2$, neuropathy \leq Grade (G) 2, edema \leq G2, liver dysfunction \leq G1 and renal dysfunction \leq G1. When these did not recover for 21 days from the scheduled administration day, the protocol was discontinued. When the following adverse reactions were noted in the previous cycle, the first dose reduction was performed based on the dose reduction criteria: (i) G3 or severer non-hematological toxicity, (ii) G4 or severer hematological toxicity excluding leukopenia and neutropenia and (iii) G4 leukopenia and neutropenia persisting for 7 days or longer. The level of first dose reduction was as follows: DTX, 60 mg/m² and CPA, 500 mg/m². When these adverse reactions were present after the dose reduction, the protocol was discontinued. Regarding supportive therapy, preventive antibiotic administration was prohibited, but administration for FN decided on by the attending physician was accepted. The preventive administration of granulocyte colony-stimulating factor (G-CSF) was also prohibited based on the ASCO 2006 guidelines, but according to the decision by the attending physician, the following administration criteria were accepted: (i) fever ($\geq 38^\circ\text{C}$) development with a neutrophil count of $< 1000/\text{mm}^2$ or a neutrophil count of $500/\text{mm}^2$ after the completion of drug administration, (ii) when an identical chemotherapy is employed after meeting the condition (i), the subsequent administration starts when the neutrophil count reaches $1000/\text{mm}^2$.

The primary endpoint was set as the safety. The types and grades of adverse reactions were identified following the National Cancer Institute (NCI)—Common Terminology Criteria for Adverse Events (CTCAE) ver. 3.0, and the incidences of G3 or severer adverse reactions were evaluated. The secondary endpoint was set as the protocol treatment completion rate. During the protocol treatment period, the body weight and temperature were measured, and blood testing was performed to investigate adverse reactions once a week at the outpatient clinic. Expecting of the number of patients in our institutions for a year who correspond to inclusion criteria, the target number of enrollments was set

to 50. This study was approved by the Institutional Review Board.

The standard treatment arm in the USON9735 was AC (60/600), and the tolerability against this regimen has been reported and widely adopted in Japan. The dose of TC superior to AC shown by this trial should be accepted from a dose density viewpoint. Although a dose-setting study is necessary for the safety confirmation of translational combination therapy, the initial dose was set to TC (75/600). To ensure the safety of patients, an early stopping rule was established, in which enrollment was suspended after five early cases were enrolled until the completion of the protocol treatment in all five cases, and adverse reactions were evaluated. When the following adverse reactions were noted in two or more of the five cases, the study protocol was reviewed: (i) G3 or severer edema, (ii) G3 or severer peripheral neuropathy, (iii) FN, (iv) other G4 hematological toxicity and (iv) discontinuation of the protocol treatment due to an adverse reaction. The adverse event profiles of the five cases were submitted to the Effect/Safety Evaluation Committee to examine the feasibility of study continuation.

RESULTS

Enrollment was initiated in May 2007, and the five early cases were enrolled by July 2007. The protocol treatment was completed in four of the five cases, clearing the early stopping rule. Continuation of the study without protocol revision was approved by the Effect/Safety Evaluation Committee. Enrollment was re-started in September 2007, 53 were registered by October 2008 and the protocol treatment of the 53 cases was completed by January 2009. Adverse events could be adequately assessed in all patients.

The clinicopathological background factors of the patients are shown in Table 1. The median age was 54 years (33–67 years) and five patients (9.4%) were 65 years of age or older. Thirty-eight cases (71.7%) were ER-positive, 12 (22.6%) were HER2-positive, the mean tumor size was 1.94 cm (0.7–11.5 cm), and 22 cases (41.5%) were lymph node metastasis-positive, with a mean number of lymph node metastases of 1.4 (1–3).

The protocol treatment was completed in 50 of the 53 cases, with a completion rate of 94.3%. The protocol was discontinued in three due to fatigue, skin eruption, G4 leukopenia and neutropenia based on the judgment by the attending physician or patient's request. One was a 62-year-old female in whom G4 leukopenia and neutropenia occurred after the first cycle, and the dose was reduced following the dose reduction criteria in the second cycle, but her attending physician decided on discontinuation due to G4 hematological toxicity. The second case was a 67-year-old female in whom G4 leukopenia and neutropenia and G2 fatigue developed following the first cycle, and the treatment was discontinued based on the patient's request. The third case was a 61-year-old female in whom G4 leukopenia and neutropenia

Table 1. Patients characteristics

Category	n	%
Age		
<65	48	90.6
≥65	5	9.4
Median age	54 (33–67)	
Menopause		
Pre	24	45.3
Post	29	54.7
ER		
+	38	71.7
–	15	28.3
PgR		
+	32	60.4
–	21	39.6
HER2		
Positive	12	22.6
Negative	41	77.4
T		
T1	25	47.2
T2	27	50.9
T3	1	1.9
N		
0	31	58.5
1	22	41.5
Nuclear grade		
1	12	23.1
2	20	38.5
3	20	38.5
Number of pN		
0	31	58.5
1	16	30.2
2	3	5.7
3	3	5.7
Risk category		
Intermediate	49	92.5
High	4	7.5
Surgery		
Bp	32	60.4
Bt	21	39.6

ER, estrogen receptor; PgR, progesterone receptor; pN, pathological N; Bp, breast conserving; Bt, mastectomy.

Table 2. Hematologic toxicity

	Grade							
	1		2		3		4	
	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%
Neutropenia	1	1.9	0	0	14	25	38	71.7
Leucopenia	0	0	5	9.4	30	56.7	17	32.1
Febrile neutropenia	0	0	0	0	15	28.3	0	0
Anemia	10	18.9	4	7.5	0	0	1	1.9

and G3 systemic skin eruption developed following the first cycle, and her attending physician decided on the discontinuation. Dose reduction conflicting with the dose reduction criteria was necessary in four cases (7.5%).

On hematological toxicity evaluation following the NCI-CTCAE, G3–4 leukopenia developed in 47 (88.7%), G3–4 neutropenia in 52 (98.1%) and FN in 15 (28.3%). G-CSF was administered to nine (17.0%). G4 anemia occurred in one (1.9%) (Table 2).

Regarding non-hematological toxicity, hair loss occurred in most patients, and G2 or milder fatigue in 42 (79.2%). Edema occurred in 13 (24.5%), but all were G1, and could be resolved by diuretic treatment. G2 or milder arthralgia and myalgia occurred in 20 (37.8%) and 21 (39.7%), respectively. Peripheral neuropathy developed in 12 (22.7%), but the severity was G2 or milder (Table 3).

As another non-hematological toxicity, skin eruption accompanied by pruritus appeared at a high incidence. In one case (1.9%), systemic skin eruption developed and was graded G3.

As subgroup analysis by age, the patients were divided into those aged 65 years or older and those younger than 65 years, as in the USON9735. Dose reduction was necessary in 2 of 48 patients younger than 65 years (4.2%), and 2 of 5 patients aged 65 years or older (40%). All patients in the younger group completed the protocol treatment, whereas only two of the five patients (40%) completed the treatment in the elderly group, with higher dose reduction rate, decreasing the completion rate. FN developed in 11 (22.9%) in the younger group and 4 (80%) in the elderly group, showing that the incidence of FN was also higher, and G-CSF support was more often needed in the elderly patients (Table 4).

DISCUSSION

Although the importance of systemic drug therapy to improve the prognosis of breast cancer is widely recognized, combination chemotherapy including anthracycline has been employed as the standard post-operative adjuvant chemotherapy after initial cyclophosphamide, methotrexate, 5-FU

Table 3. Non-hematologic toxicity

	Grade					
	1		2		3	
	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%
Fatigue	22	41.5	20	37.7	0	0
Aiopeicia	1	1.9	51	98.1	0	0
Arthralgia	18	34	2	3.8	0	0
Myalgia	18	34	3	5.7	0	0
Nausea	17	32.1	2	3.8	0	0
Vomiting	4	7.5	0	0	0	0
Constipation	11	20.8	2	3.8	0	0
Diarrhea	8	15.1	1	1.9	0	0
Edema	13	24.5	0	0	0	0
GOT, GPT	5	9.4	0	0	0	0
Nail change	15	28.3	0	0	0	0
Rash	18	34	10	18.9	1	1.9
Stomatitis	8	15.1	2	3.8	0	0
Watery eye	1	1.9	0	0	0	0
Neuropathy	10	18.9	2	3.8	0	0
Cystitis	2	3.8	0	0	0	0

GOT, glutamic oxaloacetic transaminase; GPT, glutamic pyruvic transaminase.

Table 4. Summary by age group

	≥65 (<i>n</i> = 5)	<65 (<i>n</i> = 48)
Completion rate	40%	100%
Dose reduction	40%	4.2%
G-CSF support	40%	14.6%
Febrile neutropenia	80%	22.9%

G-CSF, granulocyte colony-stimulating factor.

therapy (4–6). Many clinical studies have since been performed, and the efficacy of additional taxane administration for lymph node metastasis-positive and -negative high-risk cases was demonstrated, which attracted attention to taxanes for post-operative adjuvant therapy (7,8). Although the efficacy of anthracyclines was established, the development of cardiotoxicity and myelodysplasia as late adverse effects was often problematic. An increase in the incidence of cardiotoxicity to 4–18% in a cumulative dose-dependent manner has been reported (9). Three fatal cases due to heart disease and osteomyelodysplasia syndrome were also reported in the USON9735, for which the involvement of adriamycin could not be ruled out because of the administration of the AC arm alone (1). As HER2 and Topo II α gene aberrations attract attention as anthracycline efficacy predicting factors, the

individualized administration of anthracycline in consideration of these predictive factors may also progress in the future (10,11). In addition, a recurrence-inhibitory effect of trastuzumab in HER2-overexpressing patients has been demonstrated, and the frequency of combining trastuzumab with cytotoxic drugs or consecutive administration has increased, with which the usefulness of taxanes with lower-level cardiotoxic adverse effects has been increasing (12,13). As the superiority of TC to AC therapy was demonstrated in the USON9735 (1,2), taxane regimens not including anthracycline may become a major trend in the future, and this trend may not be ignored in Japan. Regarding the safety, although the 9735 trial reported favorable tolerability (1), it is well known that there exists ethnic or racial difference in pharmacokinetics and pharmacodynamics. These have been attributed to the distinctions in the genetics, physiological and pathological factors. Moreover, these differences are also known to be influenced by several extrinsic factors such as socioeconomic backgrounds, culture, diet and environments (14,15). Therefore, the verification of tolerability and adverse effects is an important clinical task to introduce TC therapy into Japan. This is the first report on the safety of TC therapy in Japanese patients.

The overall completion rate was 94.3%, similar to that (93%) in the USON9735. The protocol treatment was discontinued in three cases (5.7%). Dose reduction was necessary in 7.5%. The dose intensities of DTX and CPA were 98.5% and 98.7%, respectively. The completion rate was mostly favorable, and fewer cases required dose reduction, but hematological toxicity: G3–4 leucopenia and neutropenia occurred in almost all cases. In the USON9735, the incidence of G3–4 neutropenia was 61%, slightly lower than that in the present study, but this difference may have been due to variation in the observation interval: every 3 weeks in the 9735 trial, whereas weekly in our study to closely observe adverse effects. Since the safety of TC therapy in Japanese was confirmed by this study, observation every 3 weeks and on the administration days may be sufficient for actual clinical practice. The incidence of FN in all cases was reported to be 5% in the USON9735, but attention should be paid to the fact that the administration of prophylactic antibiotics was accepted in the USON9735. No prophylactic administration was performed in our study, and the incidence was 28.3%. FN could be controlled by oral antibiotics in most cases, but G-CSF administration was necessary in 17%. Regarding hematological toxicity in AC therapy (60/600 mg/m²), Tsutani et al. (16) reported that G3–4 neutropenia occurred in 24.3% and FN in 3.8% in Japanese. Based on these findings, the incidences of hematological toxicity and FN are apparently higher in TC than in AC therapy, to which closer attention should be paid. For actual clinical cases, prophylactic antibiotics administration may be considered. Regarding non-hematological toxicity, G2 or milder edema developed in 34% in the USON9735, whereas the grade was G1 or milder, and the incidence was only 24.5% in our

study. Diuretics were administered to some cases, but most cases remitted under course observation alone. The incidences of nausea and vomiting were 35.9% and 7.5%, respectively, lower than those in the USON9735 (53% and 14%, respectively). Another non-hematological toxicity mentioned was skin eruption. The incidences of G1, G2 and G3 skin eruption were 34%, 18.9% and 1.9%, respectively, ~55% in total. Skin eruption persisted after the completion of four cycles in some cases. The establishment of effective countermeasures against skin eruption in TC therapy is necessary. Regarding DTX-induced skin eruption, although several cases have been reported, no therapy has been established, and only symptomatic therapy is available (17–19). The incidence in DTX monotherapy is reported to be 20–48%, suggesting that the combination with CPA increases the rate of development (20).

The subgroup analysis by age in the 9735 trial concluded that the incidence of adverse effects in elderly patients aged 65 years or older was not significantly different, and the tolerability of the elderly patients was favorable (1). In contrast, in our study, because of the small sample size, statistical comparison was not performed, the protocol treatment completion rate was lower in the patients aged 65 years or older than in those younger than 65 years (40% vs. 100%), the dose reduction rate was higher (40% vs. 4.2%) and the incidence of FN was higher (80% vs. 22.9%) (Table 4). Although the number of patients was small, it cannot be concluded that TC therapy is applicable for patients aged 65 years or older. Loibl et al. (21) investigated tolerability against taxane-based adjuvant therapy by age, in which the incidences of leukopenia and neutropenia increased with age, but the incidence of FN was similar. Regarding non-hematological toxicity, there was no age-related difference in the incidence of G1–2 fatigue, but the incidence of G3–4 fatigue was significantly higher in the elderly patients. Regarding skin eruption, there was no age-related difference in the incidence of G1–2, but that of G3 or severer skin eruption was significantly higher in the elderly patients (21). Although simple comparison with TC in the above reports is difficult because the regimen was different, these previous reports may support our study results regarding the feasibility of taxane-containing regimens for elderly patients. No significant difference was noted in non-hematological toxicity between the age groups, which may have been due to the small number of patients.

This study confirmed that TC therapy can be safely performed in Japanese. Regarding hematological toxicity, since FN developed at a relatively high rate (28.3%), the use of prophylactic antibiotics should be considered. Regarding non-hematological toxicity, no severe edema developed, but skin eruption accompanied by pruritus appeared in about half of the patients, for which the establishment of supportive therapy may be necessary. On profiling adverse effects by age, the incidence of hematological toxicity markedly increased in patients aged 65 years or older, decreasing the treatment completion rate. The tolerability of patients aged

65 years or older is not favorable, and administration should be carefully decided upon.

Conflict of interest statement

None declared.

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