

Fig. 4. Influence of ganglionic blocker on vagal nerve stimulation-induced ACh release. Right vagal nerve stimulation significantly increased atrial dialysate ACh concentration from 2.5 ± 0.4 to 16.3 ± 2.8 ($P < 0.01$), and intravenous administration of hexamethonium suppressed the ACh concentration to 2.2 ± 0.4 nM. Left vagal stimulation increased atrial dialysate ACh concentration from 1.5 ± 0.3 to 8.7 ± 1.4 nM ($P < 0.01$), and hexamethonium suppressed the ACh concentration to 1.5 ± 0.3 nM. Values are means \pm SE; Rt: right; Lt: left; VNS: electrical vagal nerve stimulation; C6: hexamethonium bromide; n: number of rabbits; ** $P < 0.01$ vs. control; * $P < 0.05$ vs. control.

cervical vagal stimulation decreased the atrial rates to 16.3% and 48.7%, respectively, of prestimulation rates in dogs. In our study, right and left vagal stimulation at a frequency of 40 Hz also decreased the atrial rate to 30% and 42% of prestimulation rates. The difference in atrial rate response between right and left vagal nerve stimulation could be explained by the different innervation densities of the right and left vagal nerves in the right atrium including the SA node. The SA node is innervated by both right and left vagal nerves with a predominance of right vagal nerves (Ardell and Randall, 1986; Randall et al., 1985), and the response of atrial rate to vagal nerve stimulation could be ascribed to vagal ACh release into the SA node. The SA node is probably regulated by ACh released from the left as well as the right vagal nerves. In this study, dialysate ACh concentration in the right atrium (logarithmically transformed) correlated well with atrial rate, and this correlation was independent of right or left vagal stimulation (Fig. 2). These results suggest that dialysate ACh in the right atrium reflects ACh released into the SA node independent of whether the ACh originates from the right or left vagal nerves.

4.2. ACh release in atrium and ventricle

In this study, the mean dialysate ACh concentration in the right ventricle after transection of bilateral vagal nerves was 20 to 30% of that in the right atrium. During vagal nerve stimulation at 20 Hz, the atrial dialysate ACh concentration increased 5 to 7 times the control value but the ventricular dialysate ACh concentration increased to only 2 to 3 times the control value (Fig. 3). This difference between atrial and ventricular dialysate ACh concentrations could be related to the density of vagal innervation. These results are consistent with previous *in vitro* studies (Kilbinger and Löffelholz, 1976; Brown, 1976; Stanley et al., 1978). Kent et al. (1974) reported that the atrial myocardium of the vertebrate heart was richly innervated as identified by specific histochemical staining of acetylcholinesterase, in contrast to the scant innervation in the ventricular myocardium.

Right vagal nerve stimulation increased atrial dialysate ACh more than left stimulation. On the other hand, there was no difference in ventricular dialysate ACh concentration between right and left vagal nerve stimulation. Although the right atrium is predominantly innervated by the right vagal nerves, the right ventricle could be equally innervated by the right and left vagal nerves. When the right vagal nerve was stimulated at 20 Hz, heart rate decreased from 305 ± 3

to 122 ± 4 bpm. When the left vagal nerve was stimulated at 20 Hz, heart rate decreased from 306 ± 5 to 169 ± 19 bpm. This difference in heart rate response could be ascribed to vagal ACh release into the SA node. Atrial dialysate ACh concentrations were 17.9 ± 4.0 and 7.9 ± 1.4 nM ($P < 0.05$) during stimulation of right and left vagal nerves, respectively. In contrast, there was no significant difference in ventricular dialysate ACh concentration between right and left vagal nerve stimulation. Therefore, we consider that dialysate ACh concentration in the right atrium may be a better index of ACh release into the SA node than dialysate ACh in the right ventricle.

4.3. Source of atrial dialysate ACh

In a previous study with anesthetized cats, we demonstrated that ACh in the dialysate sampled from left ventricular myocardium primarily reflects ACh released from postganglionic cardiac vagal nerves (Akiyama et al., 1994). Cardiac ganglia are located predominantly in the posterior aspect of the atria within the subepicardial connective tissue (Löffelholz and Pappano, 1985). It is possible that ACh released from stimulated preganglionic nerves contributes to ACh in the dialysate sampled from the right atrium. In this study, intravenous administration of hexamethonium bromide, a nicotinic antagonist, abolished the increase in ACh release during efferent vagal nerve stimulation. This result demonstrates that ACh in the dialysate sampled from the right atrium primarily originates from the postganglionic cardiac nerve endings.

4.4. Significance of monitoring ACh release to the SA node

Several studies have directly measured electrical efferent vagal nerve activities at the preganglionic site *in vivo* (Jewett, 1964; Kunze, 1972). Although this method has been used to estimate the net activity of cardiac vagal nerves, it is technically difficult to selectively measure the electrical activity of postganglionic vagal nerves innervating the SA node. Moreover, it is possible that preganglionic signals are modulated at intracardiac ganglionic sites (Gray et al., 2004). In fact, Bibevski and Dunlap (1999) have reported that attenuated vagal control in heart failure can be ascribed to attenuated ganglionic transmission. Therefore, information about postganglionic vagal nerve activity is important for understanding vagal control of heart rate.

4.5. Methodological consideration

First, we sectioned the vagi in the neck region but the sympathetic nerves were almost intact because the sympathetic nerves run separately from the vagi at the neck in rabbits. ACh released from vagal nerve terminals may interact with muscarinic receptors on postganglionic sympathetic nerve terminals to inhibit norepinephrine release prejunctionally (Levy, 1984).

Second, ACh is degraded by ACh esterase immediately after its release. Therefore to detect ACh release *in vivo*, addition of a specific ACh esterase inhibitor eserine into the perfusate is necessary. We used eserine at a concentration 10–100 times higher than that required in *in vitro* experimental settings because distribution of eserine across the semipermeable membrane is required, based on previous results (Akiyama et al., 1994). Eserine should spread around the semipermeable membrane, thereby affecting the ACh release in the vicinity of the dialysis membrane. Eserine may have increased the ACh level in the synaptic cleft and enhanced heart rate response by nerve stimulation, and may have also activated regulatory pathways such as autoinhibition of ACh release via muscarinic receptors.

5. Conclusion

We were able to monitor myocardial interstitial ACh levels in the right atrium around the SA node using a microdialysis technique.

Myocardial interstitial ACh level in the right atrium correlates well with atrial rate. Microdialysis combined with HPLC will become a powerful tool for understanding the parasympathetic control of heart rate.

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Preliminary Study on the Detection of Cardiac Arrhythmias based on Multiple Simultaneous Electrograms

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Abstract—Although implantable cardioverter-defibrillators have improved significantly in the past decades, the algorithms used in the identification of life-threatening arrhythmias are still not accurate enough. Conventional methods commonly misclassify tachycardias, sometimes initiating an unnecessary and uncomfortable treatment. In this paper, we proposed a new method for the identification of ventricular tachycardias and fibrillations based on the comparison of simultaneous electrograms. Our method could successfully separate supraventricular tachycardias and normal sinus rhythm, which do not require any treatment, from ventricular tachycardias and fibrillation, which are life-threatening arrhythmias and must be terminated, with a sensitivity of 93.0% and a specificity of 92.7% from the comparison of ventricular electrograms. In future studies, the classification using electrograms from the right heart must be improved.

I. INTRODUCTION

Each year in the United States, about 450,000 people die of unexpected sudden cardiac death [1]. Further, it is known that the risk of a recurrence is high in survivors of sudden cardiac death. Therefore, in patients at risk for recurrent sustained ventricular tachycardia (VT) or fibrillation (VF), implantable cardioverter defibrillators (ICDs) are used to automatically deliver electrical shocks in order to restore the normal rhythm.

The ICDs have been used for more than 2 decades; in this period they have improved substantially becoming highly effective in terminating malignant arrhythmias. However the detection of life-threatening arrhythmias still lacks accuracy. Delivery of inappropriate shocks, commonly related to the misclassification of a supraventricular tachycardia (SVT) as a VT, can lead to pain, anxiety, depression, impaired quality of life, proarrhythmia, and poor tolerance of life-saving ICD therapy [2], [3], [4], [5], [6].

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On the other hand, the long ICD lifetime operating with typical batteries demands very low power consumption by the ICD microprocessor, which limits the use of complex detection algorithms [3].

Conventionally, ventricular arrhythmias are detected either based on the heart rate or based on the electrograms (EGMs) morphology. One example of criterion based on the heart rate is to use programmable thresholds to discriminate the arrhythmias since during a VF the heart rate is higher than during a VT, and during a VT the heart rate is higher than during a normal sinus rhythm (SR). The morphologic criterion is based on comparing the EGM morphology with a sample of pre-stored EGMs of each arrhythmia. However, both heart rate and EGM morphology are not stable, which makes it difficult to define a threshold or a particular morphology for each arrhythmia.

In this paper we propose a method for detection of ventricular arrhythmias based on the comparison of simultaneous EGMs from the left ventricle (EGM_{LV}), the right ventricle (EGM_{RV}) and the right atrium (EGM_{RA}). Preliminary results indicate that this algorithm permits earlier classification of the cardiac rhythm and with a lower computational cost than the conventional methods; however, further comparative studies are necessary. During the SR or during a SVT, the excitation is transmitted from the atrium to both ventricles through the His-Purkinje bundle; therefore, the EGM of both ventricles are synchronized with each other and with the EGM_{RA} . On the other hand, VTs and VFs are caused by an ectopic electrical excitation in the ventricle which is not transmitted through the His-Purkinje bundle causing the ventricular electrograms to be independent of each other and also of the EGM_{RA} .

II. METHODS

A. Data Description

In this study *in vivo* data were obtained from a dog in an acute experiment. EGMs were measured from leads in the left and right ventricles and right atrium and sampled at 250Hz. SVT was simulated by right atrial pacing. VT was simulated by right or left ventricular pacing. And VF was induced by electrical stimuli after the R-wave of the surface electrocardiogram. The distribution of the episodes and the length of the data of each rhythm are detailed in Table I.

TABLE I
NUMBER OF EPISODES AND TOTAL DURATION OF THE DATA OF EACH RHYTHM

	Number of Episodes	Total Duration [s]
SR	14	179.2
SVT	5	41.6
VT	7	61.4
VF	4	40.6

B. Preprocessing

The data were analyzed in a moving data window with 1.0s length and 0.2s shift. Before the analysis, the signals were band-pass filtered between 0.8Hz and 35Hz to reduce noise and remove the baseline. Next, the relative distribution of each pair of EGMs was extracted from two dimensional histograms with 5x5 bins. In Fig. 1 are represented examples of histograms of EGM_{LV} versus EGM_{RV} for the SR and for some arrhythmias.

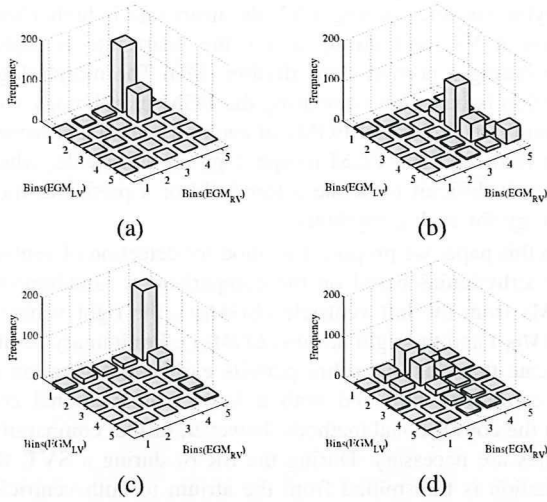


Fig. 1. Histograms representing relative distribution of EGM_{LV} and EGM_{RV} during (a) SR, (b) SVT, (c) VT and (d) VF

C. Classification

The classification was based on a decision tree using the Pearson's χ^2 statistic and the variation of the histograms. The first index was used to separate SRs and SVTs from VTs and VFs, while the second one was used to separate VTs from VFs.

The Pearson's χ^2 statistic was used to test the null hypothesis that the EGM_{LV} and the EGM_{RV} , or the EGM_{RA} and the EGM_{RV} , are independent, which is false in SRs and SVTs. The value of the test statistic χ^2 is

$$\chi^2 = \sum_{i=1}^{n_i} \sum_{j=1}^{n_j} \frac{(O_{ij} - E_{ij})^2}{E_{ij}}, \quad (1)$$

where O_{ij} is an observed frequency, E_{ij} is the expected frequency if confirmed the null hypothesis and n is the number of possible outcomes of each event.

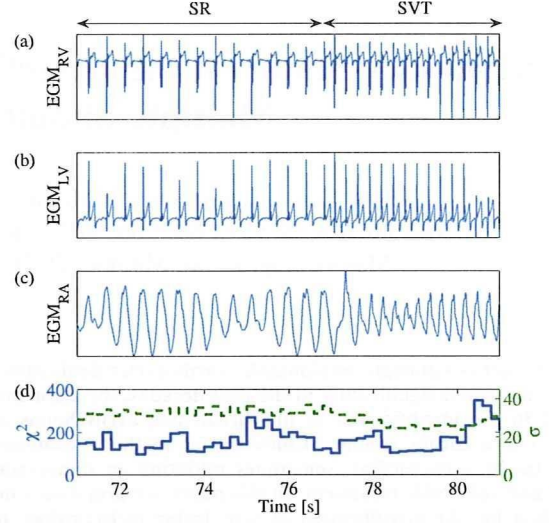


Fig. 2. Example of (a) EGM_{RV} , (b) EGM_{LV} , (c) EGM_{RA} and (d) the calculated χ^2 statistic (continuous line) and dispersion σ (dashed line) during a SVT episode.

We calculated the χ^2 using (2) approximating the joint probability distribution ($p(a_i, b_j)$) to the frequency of each bin of the histogram and the probability distribution corresponding to each EGM ($p(a_i)$ and $p(b_j)$) to the sum of the frequency of each column and each row, respectively.

$$\chi^2 = \sum_{i=1}^5 \sum_{j=1}^5 \frac{(p(a_i, b_j) - p(a_i) \cdot p(b_j))^2}{p(a_i) \cdot p(b_j)}. \quad (2)$$

Next, the dispersion of the histogram of two EGMs was used to identify VFs. The dispersion of the histogram was calculated as the standard deviation (σ) of the counts in each bin of the histogram, as in (3).

$$\sigma = \frac{1}{n_a \cdot n_b} \sum_{i=1}^{n_a} \sum_{j=1}^{n_b} (p(a_i, b_j) - \mu)^2, \quad (3)$$

where μ is the mean of $p(a_i, b_j)$.

The classification was validated using a 10-fold cross validation. The training and validation sets were separated maintaining a constant rate of 9:1 samples of each rhythm. The thresholds were interactively defined as the value that maximizes the sensitivity and the specificity of the classification of the training set.

III. RESULTS

Figs. 2, 3 and 4 show examples of EGMs and the calculated indices during the transition to a SVT, a VT and a VF episode, respectively. In the top three graphs ((a), (b) and (c)) of each figure are represented segments of EGMs acquired simultaneously from the right ventricle, left ventricle and right atrium. In the bottom graph (d) of each figure are shown the values of the indices used for the classification: χ^2 -statistic and σ , extracted from the ventricular EGMs represented in the top graphs.

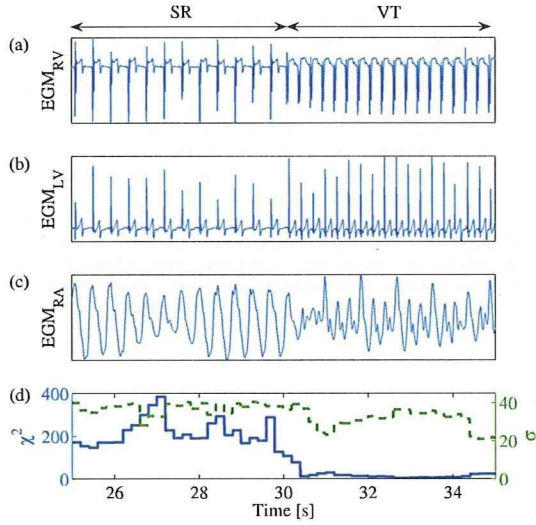


Fig. 3. Example of (a) EGM_{RV} , (b) EGM_{LV} , (c) EGM_{RA} and (d) the calculated χ^2 statistic (continuous line) and dispersion σ (dashed line) during a VT episode.

TABLE II

PERFORMANCE OF THE CLASSIFIER USING EGM_{LV} AND EGM_{RV}
(VENTRICULAR ARRHYTHMIAS VS. OTHER RHYTHMS)

	VT or VF	SR or SVT
Shock	TP = 549	FP = 86
Ignore	FN = 41	TN = 1104
	Sensitivity = 93.0%	Specificity = 92.7%

The results from the validation of the classifier are shown in Tables II - V. In the classification using both ventricular EGMs, EGM_{LV} and EGM_{RV} , the mean (\pm standard deviation) threshold for the χ^2 was 76.4 (\pm 1.9) and the mean threshold for the σ was 16.8 (\pm 0.3). In the classification using ECGs from the right heart, EGM_{RA} and EGM_{RV} , the mean (\pm standard deviation) threshold for the χ^2 was 61.1 (\pm 0.9) and the mean threshold for the σ was 13.2 (\pm 0.2).

The sensitivity and specificity of the classifier were calculated from the sum of the respective true positive (TP), false positive (FP), false negative (FN) and true negative (TN) of each interaction of the cross validation. The detailed results of the detection of life-threatening arrhythmias, by separating VTs and VFs from SVTs and SRs, are shown in Tables II and IV. The results of the decision of whether the ICD should apply a shock to recover from a VF, or start pacing to recover from a VT, are detailed in Tables III and V.

The results presented in Tables II and III correspond to the classification based on the EGM_{LV} and the EGM_{RV} , which are available only in biventricular ICDs. The results presented in Tables IV and V correspond to the classification based on the EGM_{RA} and the EGM_{RV} , which are available also in dual chamber ICDs.

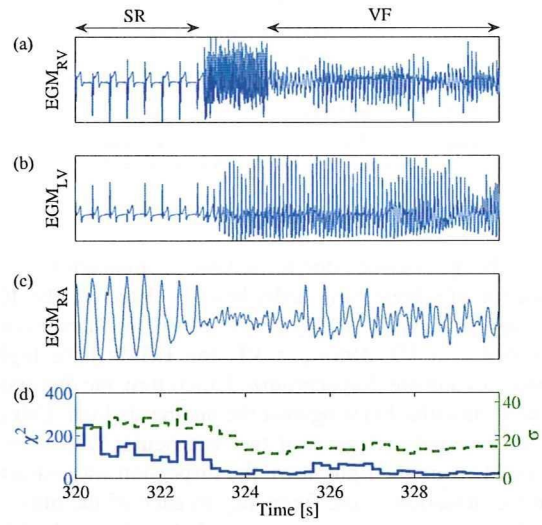


Fig. 4. Example of (a) EGM_{RV} , (b) EGM_{LV} , (c) EGM_{RA} and (d) the calculated χ^2 statistic (continuous line) and dispersion σ (dashed line) during a VF episode.

TABLE III

PERFORMANCE OF THE CLASSIFIER USING EGM_{LV} AND EGM_{RV}
(VT vs. VF)

	VF	VT
Shock	TP = 229	FP = 7
Pacing	FN = 10	TN = 303
	Sensitivity = 95.8%	Specificity = 97.7%

IV. DISCUSSION

Conventional methods for the discrimination of the cardiac rhythms have a special limitation for the separation between SVTs and VTs. Studies using morphology-based algorithms have reported higher specificity and sensitivity in this detection, however it was still necessary to have a more accurate method that could fit the low computational cost requirements of an ICD [5].

In this paper, we proposed a new algorithm for the detection of arrhythmias for ICDs. On the basis of the comparison of EGMs, VF and VT were separated from SVT or SR by the comparison of the independence of the two simultaneous EGMs. It was observed that during the normal SR, and also during SVT, there was a high similarity especially between the EGM_{LV} and the EGM_{RV} , which decreased during ventricular arrhythmias. Dependencies are commonly measured using mutual information or χ^2 statistics; in this study, we

TABLE IV

PERFORMANCE OF THE CLASSIFIER USING EGM_{RA} AND EGM_{RV}
(VENTRICULAR ARRHYTHMIAS VS. OTHER RHYTHMS)

	VT or VF	SR or SVT
Shock	TP = 439	FP = 318
Ignore	FN = 151	TN = 872
	Sensitivity = 74.4%	Specificity = 73.3%

TABLE V
PERFORMANCE OF THE CLASSIFIER USING EGM_{RA} AND EGM_{RV}
(VT vs. VF)

	VF	VT
Shock	TP = 223	FP = 1
Pacing	FN = 26	TN = 189
	Sensitivity = 89.6%	Specificity = 99.5%

choose the χ^2 statistics due to its lower computational cost.

Once a life-threatening arrhythmia is detected, the ICD must apply a shock, if rhythm is a VF, or start pacing, if rhythm is a VT. During a VF, the EGMs have higher frequencies and are desynchronized; therefore, the dispersion of one ventricular EGM against the another is high. Using a two-dimensional histogram of two ventricular EGMs, or of two EGMs from the right heart, the dispersion was extracted from the deviation of the frequency in each of the bins.

A 10-fold cross-validation showed that the method has a high sensibility and specificity even in the separation of SVTs from VTs when using ventricular EGMs. However, EGMs of both ventricles are not usually acquired in dual-chamber ICDs. The results of the classification using EGMs from the right heart showed a poor separation of SVTs and VTs. These results are expected to be improved when accounting information from past windows. For instance, during a SVT if some isolated samples was classified as VT, the classification as a VT is probably wrong. The low standard deviation of the threshold during the cross validation reflects the stability of the chosen indices.

These results were obtained from a limited data set. The algorithm must be evaluated in more data from different conditions. The use of indices obtained from histograms has the advantage to be independent of the signal amplitude. Therefore, it is expected to be more robust, for example, to differences among patients and to patients activities.

V. CONCLUSIONS AND FUTURE WORKS

In a limited dataset, this preliminary study showed the possibility to detect life-threatening arrhythmias from the comparison of simultaneous electrograms by the extraction of the independence of electrograms using the χ^2 statistic and of the relative dispersion of electrograms using the standard deviation of their joint probability.

In future studies, other features should be extracted from the EGM_{RV} and EGM_{RA} , such as phase synchronization and delay or relative period, in order to improve the classification using EGMs from the right heart only, which would permit the application of this algorithm not only in biventricular ICDs but also in dual-chamber ICDs.

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Coronary Artery Volume Noninvasively Measured With Multislice Computed Tomography

— Definition, Accuracy and Implication —

Masaru Sugimachi, MD; Toru Kawada, MD

In this issue of *Circulation Journal*, Ehara et al¹ describe a new concept of measuring 'coronary artery volume' (CAV) to examine the balance between coronary vasculature and myocardial mass. They have developed a method of measuring CAV as accurately as possible using 64-slice computed tomography (64-MSCT). An adaptive threshold value was used to detect the coronary artery border to improve the accuracy of CAV. Ehara et al have exemplified the usefulness of CAV by examining the relationship between CAV and left ventricular mass (LVM) in consecutive patients undergoing MSCT without significant coronary artery stenosis or left ventricular wall motion abnormality. The authors concluded that CAV increases with LVM, but that the increase was not sufficient for the increase in LVM.

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What is CAV?

The authors have defined CAV as the sum of the small volumes opacified by the contrast medium. The opacified small volumes were detected by the difference of radiodensity or Hounsfield unit (an index showing the degree of transparency to X-ray) using 64-MSCT (see below for details). Because the authors have analyzed data of routine 64-MSCT for the evaluation of coronary artery disease, the image is taken when the arterial side is mainly opacified, during the diastolic cardiac phase, and under coronary vasodilatation. Therefore, CAV mainly represents the sum of volumes of epicardial coronary arteries larger than the arteries undetectable due to the limited resolution of MSCT (see below).

How Accurate and Reproducible is CAV Measurement?

In this article, the authors have established a method of measuring CAV with every attempt to improve the accuracy and reproducibility for their MSCT device. These procedures are worthy of being discussed for other researchers who are interested in and would like to reproduce CAV

measurement.

Inaccuracies and variability of CAV measurement would arise from (1) an arbitrary cut-off value for border detection, (2) partial volume effect, (3) motion artifact and (4) possible variable resolution of various MSCT devices. The authors have wisely minimized the errors introduced by the first 3 factors.

It is usually difficult to determine the border of the coronary arteries with a reasonable criterion. This may be because opacification of arteries is incomplete, or the opacification is thinner near the border than the center, resulting in a gradual decrease in radiodensity at the border, rather than a clear-cut abrupt change in radiodensity. In addition, at the border of small arteries, a voxel (the smallest size identified by 64-MSCT) may contain both arterial lumen (which is opacified) and arterial wall (which is not opacified). A voxel has a radiodensity of an intermediate value between an opacified and unopacified voxel, which is known as the 'partial volume effect'.

To minimize the errors introduced by an arbitrary cut-off value and the partial volume effect, the authors have developed a way of reasonably determining the cut-off value for border detection, based on preliminary phantom experiments with moving cylinders containing various concentrations of contrast medium. The results of these preliminary experiments are summarized in Figures 1–3 in Ehara et al¹. Figure 2 clearly shows that a cut-off value that exactly reproduces the phantom cylinder volume can be determined. The cut-off value is, however, not fixed, but changes with the true radiodensity of the contrast medium in the cylinder. Based on this, the authors determined the cut-off value for CAV measurement, adaptively in each subject, in reference to the radiodensity of the proximal region of the left and right coronary arteries. The cut-off value was not relatively influenced by different heart rates, which also decreased the degree of error by motion artifacts. Similar procedures may be applicable to quantitative coronary angiography.

The determined threshold is, however, only valid for the specific MSCT device used in the study by Ehara et al¹. If other researchers are to reproduce their CAV measurement, another attempt to determine the threshold for their device is necessary.

The limited resolution of MSCT would determine the definition of CAV. The authors used MSCT with an isotropic resolution of 400 μm . This indicates that CAV in the paper by Ehara et al would be the sum of volume of the arteries $>400 \mu\text{m}$. If MSCT is used with a different resolution, the definition of CAV would be different and CAV would be systematically different.

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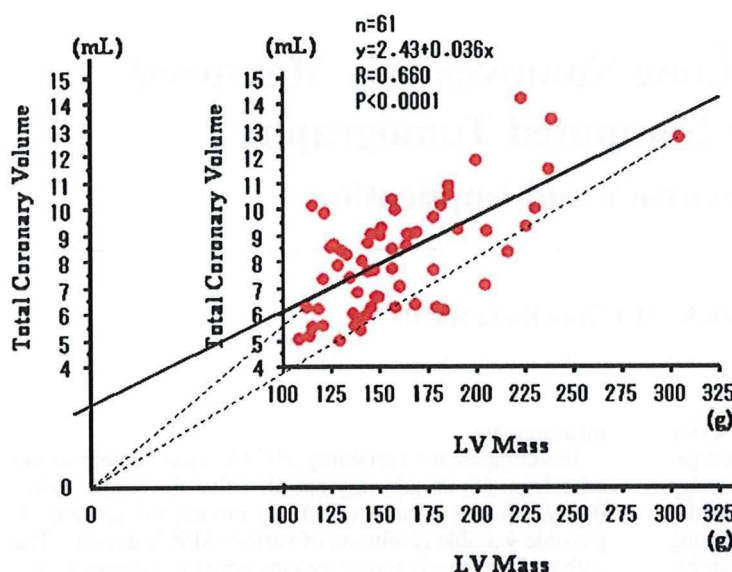


Figure. Linear regression between coronary artery volume (total coronary volume) and left ventricular (LV) mass (reproduced and modified from Ehara et al¹). The axes are extended and the regression line is extrapolated to show a positive offset of coronary artery volume. Schematically, the authors have compared the slopes of dashed lines.

Is CAV a Proxy for Capillary Density or Coronary Flow Reserve?

The relation between coronary vasculature and myocardial mass, or more specifically inappropriate perfusion of the myocardium, has been traditionally examined histologically² by capillary density. Later, similar information was obtained in vivo by the measurement of coronary flow reserve. In fact, some have described the relationship between coronary capillary density and coronary flow reserve in patients with hypertrophic cardiomyopathy³ in patients with idiopathic dilated cardiomyopathy⁴ or in mini pigs with hypercholesterolemia⁵.

In contrast, the way in which CAV correlates with coronary capillary density or coronary flow reserve is yet to be determined. As CAV measures the volume of arteries far larger than capillaries, these problems need to be resolved (eg, by animal experiments) before we can measure CAV in patients with a wide variety of cardiovascular diseases.

It is also reasonable to assume CAV may provide information other than coronary capillary density or coronary flow reserve. In Ehara et al, CAV is only measured under nitroglycerine. The response of CAV to increased coronary flow or to endothelium-dependent vasodilatation may be of clinical value. If better accuracy and reproducibility is established, CAV may potentially replace quantitative coronary angiography for this purpose because of its noninvasive nature.

Is CAV Really Unmatched With LVM?

The authors' conclusion of unmatched CAV with LVM should be discussed. **Figure** shows the linear regression between CAV and LVM reproduced and modified from Figure 6 of Ehara et al. The modified figure has extended axes and the extrapolated regression line has been added.

Even though there is only a single data set for each patient, the authors assumed that the line started at the origin and calculated the slope. Schematically, they have compared the slopes of dashed lines.

Figure, however, indicates that the CAV–LVM relationship obtained from pooled data has a positive CAV offset, but does not indicate that the slope is shallow. Because there is no reason to deny the presence of a positive CAV

offset, and because the slope was not compared with a standard slope, the conclusion of unmatched CAV with LVM is not solid.

This question may be resolved by comparing the CAV–LVM relationship obtained by sequential CAV measurement during physiological growth and that obtained during the progression of pathological hypertrophy of the heart in animal experiments.

Advantage of CAV Measurement

The noninvasive nature of CAV measurement enhances its clinical usefulness because it enables sequential evaluation and may help to bring evaluations still in the investigational stage into routine bedside practice. Similar technological developments (eg, coronary flow reserve by cine magnetic resonance⁶) may be combined and eventually enable the detailed pathophysiology of cardiovascular disease to be described.

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Feedback Control of Multiple Hemodynamic Variables with Multiple Cardiovascular Drugs

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Abstract—The ultimate goal of disease treatment is to control the biological system beyond the native regulation to combat pathological process. To maximize the advantage of drugs, we attempted to pharmacologically control the biological system at will, e.g., control multiple hemodynamic variables with multiple cardiovascular drugs. A comprehensive physiological cardiovascular model enabled us to evaluate cardiovascular properties (pump function, vascular resistance, and blood volume) and the feedback control of these properties. In 12 dogs, with dobutamine ($5 \pm 3 \mu\text{g} \cdot \text{kg}^{-1} \cdot \text{min}^{-1}$), nitroprusside ($4 \pm 2 \mu\text{g} \cdot \text{kg}^{-1} \cdot \text{min}^{-1}$), dextran ($2 \pm 2 \text{ ml} \cdot \text{kg}^{-1}$), and furosemide (10 mg in one, 20 mg in one), rapid, sufficient and stable control of pump function, vascular resistance and blood volume resulted in similarly quick and stable control of blood pressure, cardiac output and left atrial pressure in 5 ± 7 , 7 ± 5 , and 12 ± 10 minutes, respectively. These variables remained stable for 60 minutes (RMS $4 \pm 3 \text{ mmHg}$, $5 \pm 2 \text{ ml} \cdot \text{min}^{-1} \cdot \text{kg}^{-1}$, $0.8 \pm 0.6 \text{ mmHg}$, respectively).

I. INTRODUCTION

THE ultimate goal of disease treatment is to control the biological system beyond the native regulation to combat pathological process. This control may be partly achieved by native regulatory systems, but these frequently fail when disease progresses.

Many pharmacological treatments have provided us with control measures that may act in ways not possible by native regulators. To fully take advantage of these medicines, we must establish ways of using these agents to control the biological system at our will. As an example, we tried to control multiple hemodynamic variables with multiple cardiovascular drugs.

Several closed-loop systems have succeeded in directly controlling a single hemodynamic variable [1,2]. Multiple-variable control, however, has been unsuccessful [3-5].

Multiple-input multiple-output feedback control remains a challenge if the input-output relationships for all

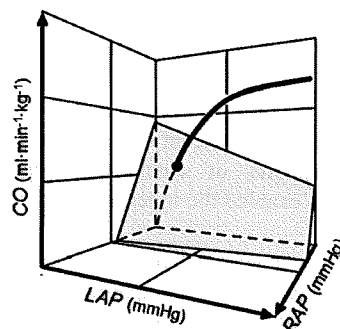


Fig. 1. Extended Guyton's model.

Thick curve, pump function of left and right heart; shaded surface, capacitive function of total vascular beds; CO, cardiac output; LAP, left atrial pressure; RAP, right atrial pressure.

combinations are of equal significance. We therefore tried to decouple the input-output relationships by using a comprehensive physiological cardiovascular model. The model enabled us to define a set of parallel independent relationships between cardiovascular properties and drugs: pump function / inotrope, vascular resistance / vasodilator, and blood volume / volume expander. The model also provided us with a method to quantitatively calculate cardiovascular properties.

II. MODEL AND METHODS

A. Cardiovascular property identification

Abnormalities of hemodynamic variables arise from abnormalities of cardiovascular properties, including pump function, vascular resistance, and blood volume. We identified these properties using an extended version of Guyton's circulatory equilibrium framework (Fig. 1) [6,7].

Pump function of the left heart (S_L) can be quantified as the ratio of cardiac output (CO) to the logarithm of left atrial pressure (LAP) ($S_L = \text{CO} / [\ln(\text{LAP} - 2.03) + 0.80]$). Systemic vascular resistance (R) can be calculated as blood pressure (BP) minus right atrial pressure (RAP) divided by CO. Stressed total blood volume (V) is obtained by $V = (\text{CO} + 19.61 \text{ RAP} + 3.49 \text{ LAP}) \times 0.129$.

B. Autopilot System

Autopilot controller of multiple hemodynamic variables consisted of multiple feedback loops. We designed these

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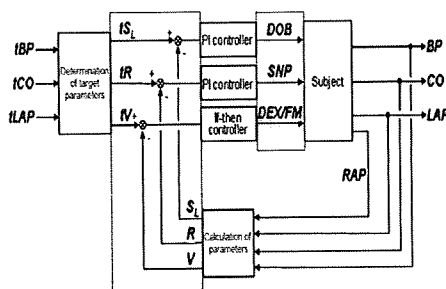


Fig. 2. Autopilot controller.

Calculated cardiovascular properties, rather than hemodynamic variables, were feedback-controlled to achieve multiple independent control of variables.

feedbacks as being independent of each other. The selection and the combination of controlled property and the controlling drugs enabled the independent operation (Fig. 2) [8].

S_L and R were controlled by proportional-integral (PI) feedback, with infusion of dobutamine (DOB) and sodium nitroprusside (SNP), respectively. Proportional and integral gain values were calculated using Chien-Hrones-Reswick's method [9] from gain, time constant, and dead-time delay of the approximated first-order step responses of S_L to DOB and R to SNP. We infused 10% dextran 40 solution (DEX, 10 ml·min⁻¹) as long as V was <1 ml·kg⁻¹ than the target, and injected furosemide (FM, 10 mg) every 20 minutes while V was >2 ml·kg⁻¹ than the target.

C. Animal Experiments

We evaluated the performance of the autopilot controller in 12 adult anesthetized mongrel dogs (both sexes, 25 ± 4 kg). We measured BP, CO, LAP and RAP. DOB, SNP, and DEX were automatically administered into the femoral vein through independent infusion routes, using either a computer-controlled roller pump or an infusion pump. FM was given through the jugular vein manually according to computer instructions.

These dogs underwent coronary microembolization, resulting in left ventricular failure. After hemodynamic stabilization, we began implementing control using the autopilot system.

III. RESULTS

	Proportional gain (K _p) μg·ml ⁻¹	Integral gain (K _i) sec ⁻¹
S _i control	0.06	0.01
R control	-1.37	0.007

Table 1 Selected gain parameters for designed controller.

Dose ($\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$) of drugs for the control of S_L (DOB) or R (SNP) is determined as $(\text{Dose}) = K_p(1 + K_i/s)\Delta(\text{Controlled variable})$

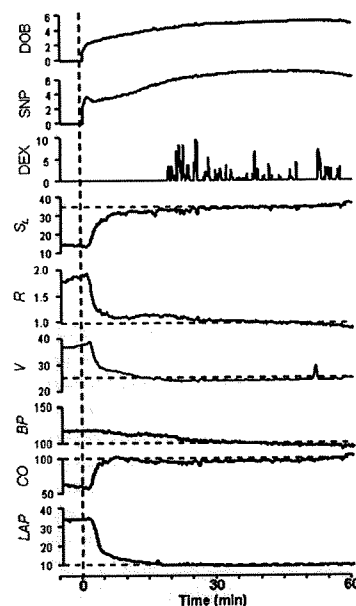


Fig. 3. An example of the automatic control of hemodynamics.

Fig. 3. An example of the anaesthetic protocol used in the study. Feedback control was rapid, sufficient, and stable. DOB, dobutamine ($\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$); SNP, sodium nitroprusside ($\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$); DEX, dextran 40 solution ($\text{ml}\cdot\text{kg}^{-1}$); S_{L} , pump function ($\text{ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$); R, resistance ($\text{mmHg}\cdot\text{ml}^{-1}\cdot\text{kg}\cdot\text{min}$); V, blood volume ($\text{ml}\cdot\text{kg}^{-1}$); BP, blood pressure (mmHg); CO, cardiac output ($\text{ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$); LAP, left atrial pressure (mmHg).

Based on the step response from coronary microembolized dogs, we determined the proportional and integral gain as shown in Table 1.

Similar to the example shown in Figure 3, in 12 dogs, by administering DOB ($5 \pm 3 \mu\text{g} \cdot \text{kg}^{-1} \cdot \text{min}^{-1}$), SNP ($4 \pm 2 \mu\text{g} \cdot \text{kg}^{-1} \cdot \text{min}^{-1}$), DEX ($2 \pm 2 \text{ ml} \cdot \text{kg}^{-1}$), and FM (10 mg in one, 20 mg in one), rapid, sufficient and stable control of S_L , R and V. This resulted in corresponding appropriate control of BP, CO and LAP in 5 ± 7 , 7 ± 5 , and 12 ± 10 minutes, respectively. These remained stable for 60 minutes (RMS BP = 4 ± 3 mmHg, CO = $5 \pm 2 \text{ ml} \cdot \text{min}^{-1} \cdot \text{kg}^{-1}$, LAP = 0.8 ± 0.6 mmHg).

IV. DISCUSSION

We have shown that by evaluating cardiovascular properties (pump function, vascular resistance, and blood volume), and then controlling these properties with individually selected drugs, we were able to automatically control multiple hemodynamic abnormalities rapidly, stably, and simultaneously.

Direct control of multiple hemodynamic variables, however, likely fails because each drug affects more than one variable. Direct control remains unfeasible even with more complicated methods developed in control engineering; appropriate physiological modeling and precise evaluation of cardiovascular properties are essential to achieving adequate control.

V. CONCLUSION

Calculating cardiovascular properties (pump function, vascular resistance, and blood volume) based on a comprehensive cardiovascular model and feedback control of these properties are required for the accurate control of multiple hemodynamic variables (BP, CO, LAP).

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Macroscopic Two-Pump Two-Vasculature Cardiovascular Model to Support Treatment of Acute Heart Failure

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Abstract— Comprehensive understanding of hemodynamics remains a challenge even for expert cardiologists, partially due to a lack of an appropriate macroscopic model. We attempted to amend three major problems of Guyton's conceptual model (unknown left atrial pressure, unilateral heart damage, blood redistribution) and developed a comprehensive macroscopic model of hemodynamics that provides quantitative information. We incorporated a third axis of left atrial pressure, resulting in a 3D coordinate system. Pump functions of left and right heart are expressed by an integrated cardiac output curve, and the capacitive function of total vasculature by a venous return surface. The equations for both the cardiac output curve and venous return surface would facilitate precise diagnosis (especially evaluation of blood volume) and choice of appropriate treatments, including application to autopilot systems.

I. INTRODUCTION

COMPREHENSIVE understanding of hemodynamics remains a challenge even for specialist clinicians including cardiologists. This is in part attributed to a lack of an appropriate macroscopic model of hemodynamics that would facilitate reasoning. Most cardiologists relied only on, if at all, the classical Guyton's circulatory equilibrium framework [1].

Guyton's model consists of only two subdivisions of the whole circulation: the cardiopulmonary component (in which both hearts and pulmonary vasculature are lumped) and the systemic vascular bed. These two subdivisions are characterized by the 'cardiac output curve' and 'venous return curve', respectively. The 'cardiac output curve' approximated the (total) pump function, and the 'venous return curve' approximated the capacitive function of systemic vasculature. The intersection of these curves coincides with the operating point of the circulation.

Guyton's model is, however, inappropriate (see MODEL AND METHODS) for the understanding of hemodynamics in

patients with, for example, acute myocardial infarction, where only one ventricle is preferentially damaged. That is why many cardiologists gradually abandoned using Guyton's model for their reasoning.

If we can amend the shortcomings of Guyton's model and develop a more appropriate model, the new model would obviously help diagnosis procedures and treatment selection. Furthermore, the model may be able to quantify the hemodynamic abnormalities rather than just to identify them.

Therefore, the aim of this study was to develop a comprehensive macroscopic model of hemodynamics that would provide quantitative information and aid diagnosis and treatments.

II. MODEL AND METHODS

A. Shortcomings of Guyton's Model

Guyton's model has a number of problems when used in patients with unilateral heart failure.

First, the model does not provide left atrial pressure (LAP) values directly. LAP indicates the degree of pulmonary congestion and blood desaturation, and is as important as cardiac output (CO) and blood pressure.

Second, it is impossible to precisely model unilateral heart failure, which is frequently seen in patients with ischemic heart disease.

Third, in unilateral heart failure, the relative blood volumes in pulmonary and systemic vascular beds vary. As Guyton's model assumes only blood volume within the systemic vascular bed, such redistribution would shift the venous return curve even though the total blood volume remains the same.

B. Development of Comprehensive Cardiovascular Model

To solve the above problems, we extended Guyton's model.

First, a third axis of LAP was introduced in our new model (Fig. 1) [2], [3], so that LAP can be obtained directly. The pumping ability of the heart and the capacitive function of the vasculature are expressed simultaneously in the 3D space (RAP-LAP-CO coordinate system).

Second, the pumping abilities of the left and right heart are expressed separately by the respective cardiac output surfaces that are independent of each other. In an equilibrium state, by matching the cardiac output of both sides, the pumping ability of the whole heart can be integrated and expressed by a curve

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expressing the intersection of the two surfaces (integrated cardiac output curve, Fig. 1, thick curve).

Third, the capacitive function of total vasculature (including both systemic and pulmonary vasculatures) is expressed by the venous return surface (Fig. 1, shaded surface), which is an extension of the venous return curve. This surface expresses the changes in LAP and right atrial pressure (RAP) in response to CO change, while the total intravascular blood volume remains constant. In addition, blood redistribution between systemic and pulmonary vasculatures (without change in total blood volume) will be expressed by movement within the surface rather than by deviation from the surface.

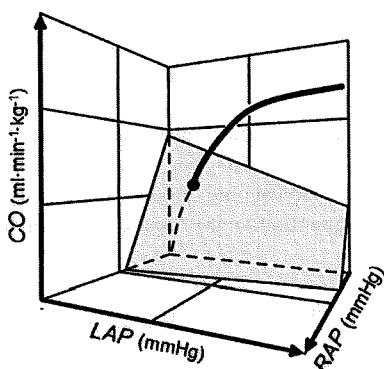


Fig. 1. An original macroscopic model of hemodynamics (an extended Guyton's model). The curve expresses the integrated pumping ability of left and right heart. The shaded surface characterizes the capacitive function of the total (systemic + pulmonary) vasculatures. The surface remains constant as long as the total intravascular blood volume remains the same. CO, cardiac output; LAP, left atrial pressure; RAP, right atrial pressure.

C. Animal Experiments to Characterize Venous Return Surface

Figure 2 depicts the scheme of an experiment to characterize the venous return surface. We replaced the left and right heart with roller pumps, which allows us to change CO of the right heart or left heart independently.

By adjusting the flow (i.e., CO) of the two pumps to the same level, the changes in RAP and LAP in response to a change in CO can be observed. Blood redistribution between systemic and pulmonary vasculatures can be reproduced by transiently unbalancing the flow of the two pumps.

From each dog ($n = 6$), we obtained 6 different sets of data (CO, RAP, LAP). These data were subjected to bivariate linear regression using RAP and LAP as independent variables and CO as the dependent variable.

III. RESULTS

Figure 3 illustrates the venous return surfaces obtained from 6 dogs. Bivariate linear regression in each animal yielded a flat surface in 3D space. The surface is shown as a line in Fig. 3, because we have projected the surface in a

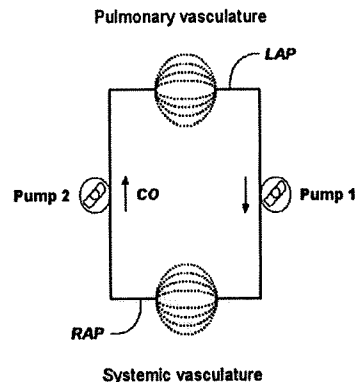


Fig. 2. An experimental scheme to characterize venous return surface. By replacing the left and right heart with roller pumps, one can change cardiac output of the right heart or left heart independently.

direction parallel to the surface. The experimental data obtained from each of the 6 animals showed good fit with the surface. In addition, the surfaces obtained from 6 animals were almost parallel, as shown by the nearly parallel 3D coordinate axes. These experimental results indicated that the venous return surface is linear and can be expressed by a common equation for all animals.

Further, by infusing or withdrawing known amounts of blood, we were able to derive an equation for the venous return surface as follows:

$$CO = V / 0.129 - 19.61 \text{ RAP} - 3.49 \text{ LAP}$$

where V is total intravascular stressed blood volume. This formula [$V = (CO + 19.61 \text{ RAP} + 3.49 \text{ LAP}) \times 0.129$] can be used to quantify V from CO, RAP and LAP.

We also succeeded to quantify the integrated cardiac output curve by logarithmic functions as follows:

$$CO = S_L [\ln(\text{LAP} - 2.03) + 0.80]$$

$$CO = S_R [\ln(\text{RAP} - 2.13) + 1.90]$$

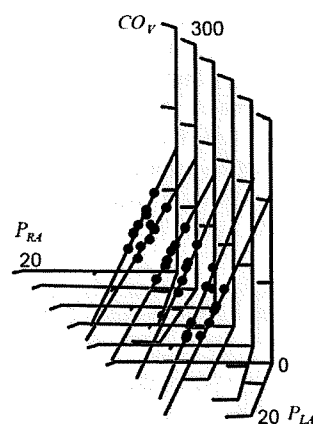


Fig. 3. Superimposed venous return surfaces obtained from 6 dogs. For each dog, the venous return surface (RAP-LAP-CO relationship) in 3D coordinate system was projected in a direction parallel to the surface, and was superimposed with each other.

where S_L and S_R are parameters expressing the pumping ability of the left and right heart, respectively. These equations are also useful for quantifying the pumping ability of right and left heart ($S_L = CO / [\ln(LAP - 2.03) + 0.80]$, $S_R = CO / [\ln(RAP - 2.13) + 1.90]$).

Using this model, we are able to predict with acceptable precision the hemodynamics after infusion or withdrawal of known amounts of blood ($CO: y = 0.93x + 6.5$, $r^2 = 0.96$, $SEE = 7.5 \text{ ml}\cdot\text{min}^{-1}\cdot\text{kg}^{-1}$; $LAP: y = 0.90x + 0.5$, $r^2 = 0.93$, $SEE = 1.4 \text{ mmHg}$; $RAP: y = 0.87x + 0.4$, $r^2 = 0.91$, $SEE = 0.4 \text{ mmHg}$) (Fig. 4) [3].

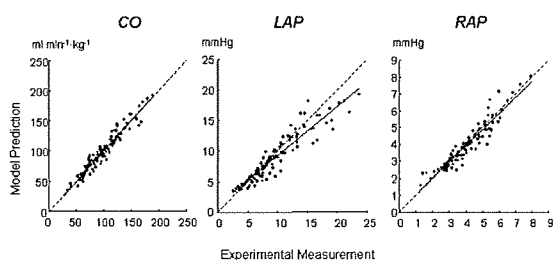


Fig. 4. Prediction of CO, LAP, and RAP based on our comprehensive macroscopic model of hemodynamics.

IV. DISCUSSION

A. Difficulty in Decision Making of Heart Failure Treatment

Three hemodynamic variables: blood pressure, CO and LAP, appear to be the most essential factors influencing the survival of patients with heart failure. Our model clearly indicates that pump functions of left and right heart and total intravascular blood volume are determinants of CO and LAP. Systemic vascular resistance is an additional determinant of blood pressure.

For clinicians, the evaluation of blood volume is relatively difficult compared to pump functions and vascular resistance. In practice, clinicians have been using RAP as a proxy for blood volume. It is clear from our results [$V = (CO + 19.61 \text{ RAP} + 3.49 \text{ LAP}) \times 0.129$] that blood volume (V) is not solely determined by RAP. Rather, all three parameters of CO, RAP and LAP are necessary to evaluate blood volume. The equation indicates that an increase of RAP by 1 mmHg is equivalent to an LAP increase of 5.6 mmHg, and a CO increase of 19.61 mL/min/kg (ca. 0.98 L/min for a 50-kg patient).

B. Application of the Model: Autopilot System

The biggest benefit of our comprehensive visual model of hemodynamics is that it enables us to diagnose the abnormality of cardiovascular system in a quantitative manner. This would lead to appropriate selection of drugs and their doses.

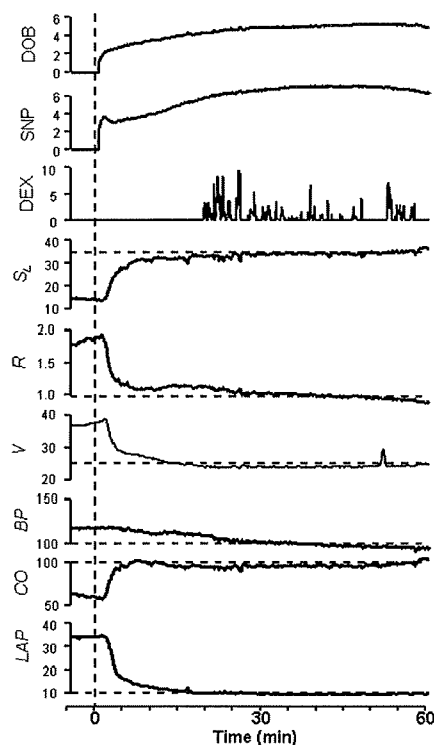


Fig. 5. An example of correction of hemodynamics with an autopilot system. By normalizing cardiovascular properties [pump function (S_L), resistance (R), blood volume (V)] with the administration of dobutamine (DOB), sodium nitroprusside (SNP), and dextran 40 solution (DEX), all the abnormal hemodynamic variables (increased blood pressure [BP], decreased cardiac output [CO], and elevated left atrial pressure [LAP]) were resolved rapidly, sufficiently, and stably.

As shown in Fig. 5, by translating hemodynamic variables into cardiovascular properties (pump function, vascular resistance, and blood volume), and by controlling each of these parameters with individual drug with preferential effect on the parameter, we are able to correct automatically all the parameters of blood pressure, CO and LAP rapidly, stably, and simultaneously.

Using an autopilot system to administer dobutamine (DOB at $5 \pm 3 \text{ mg}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$), nitroprusside (SNP at $4 \pm 2 \text{ mg}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$), dextran infusion (DEX at $2 \pm 2 \text{ ml}\cdot\text{kg}^{-1}$), and furosemide (10 mg in one, 20 mg in one) in 12 dogs with acute heart failure rapidly normalized blood pressure, CO, and LAP in 5 ± 7 , 7 ± 5 , and 12 ± 10 minutes, respectively. The normalized values remained stable thereafter (RMS values, blood pressure = $4 \pm 3 \text{ mmHg}$, CO = $5 \pm 2 \text{ ml}\cdot\text{min}^{-1}\cdot\text{kg}^{-1}$, LAP = $0.8 \pm 0.6 \text{ mmHg}$).

V. CONCLUSION

We have successfully developed a comprehensive macroscopic model of hemodynamics that provides quantitative information. Using a 3D coordinate system, the pump functions of left and right heart are expressed by an

integrated cardiac output curve, and the capacitive function of total vasculature by a venous return surface. The equations of both the cardiac output curve and venous return surface would facilitate accurate diagnosis (especially evaluation of blood volume) and choice of appropriate treatments, including application to autopilot systems.

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Anti-Alzheimer's Drug, Donepezil, Markedly Improves Long-Term Survival After Chronic Heart Failure in Mice

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ABSTRACT

Background: We previously reported that chronic vagal nerve stimulation markedly improved long-term survival after chronic heart failure (CHF) in rats through cardioprotective effects of acetylcholine, independent of the heart rate–slowing mechanism. However, such an approach is invasive and its safety is unknown in clinical settings. To develop an alternative therapy with a clinically available drug, we examined the chronic effect of oral donepezil, an acetylcholinesterase inhibitor against Alzheimer's disease, on cardiac remodeling and survival with a murine model of volume-overloaded CHF.

Methods and Results: Four weeks after surgery of aortocaval shunt, CHF mice were randomized into untreated and donepezil-treated groups. Donepezil was orally given at a dosage of 5 mg·kg⁻¹·day⁻¹. After 4 weeks of treatment, we evaluated in situ left ventricular (LV) pressure, ex vivo LV pressure-volume relationships, and LV expression of brain natriuretic peptides (BNP). We also observed survival for 50 days. When compared with the untreated group, the donepezil-treated group had significantly low LV end-diastolic pressure, high LV contractility, and low LV expression of BNP. Donepezil significantly reduced the heart weight and markedly improved the survival rate during the 50-day treatment period (54% versus 81%, *P* < .05).

Conclusions: Oral donepezil improves survival of CHF mice through prevention of pumping failure and cardiac remodeling. (*J Cardiac Fail* 2009;15:805–811)

Key Words: Acetylcholine, heart failure, survival, vagus nerve.

There is always a need for better intervention or drugs to reduce a high mortality rate and to improve a quality of life in patients with chronic heart failure (CHF). We demonstrated that vagal nerve stimulation markedly improved long-term survival after CHF in rats with large myocardial infarction through cardioprotective effects of acetylcholine (ACh),^{1–4} a neurotransmitter at cardiac nerve endings. Vagal nerve stimulation and ACh have been shown to protect hearts against ischemia-induced lethal arrhythmias by prevention of the loss of functional gap-junction channels.

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We also reported cardioprotective effects of vagal nerve stimulation through the activation of phosphatidylinositol 3-kinase and Akt and the preservation of the mitochondrial transmembrane potential, independent of a heart rate (HR)-slowing mechanism. However, vagal nerve stimulation therapy is invasive and its safety is unknown in clinical settings. Therefore, we considered an alternative therapy with clinically available drugs and our recent retrospective clinical study⁵ suggested a potential efficacy of donepezil, an acetylcholinesterase inhibitor against Alzheimer's disease, in lowering of cardiovascular mortality. The purpose of this prospective study is to confirm the retrospective clinical finding⁵ and to simply test the working hypothesis that chronic donepezil can improve the prognosis of CHF with an animal model.

Here we showed chronic oral donepezil markedly improved the long-term survival of CHF mice through the prevention of pumping failure and cardiac remodeling.

Methods

Animals and CHF Model

The care and use of the animals were in strict accordance with the guiding principles of the Physiological Society of Japan. As

described previously,⁶ volume-overloaded CHF was induced by constructing an atrioventricular (AV) shunt in male ddY mice (SLC, Hamamatsu, Japan), age 8 weeks and weighing 34 to 36 g. Briefly, the abdominal laparotomy was performed to expose the aorta and inferior vena cava 2 mm below the origin of the renal arteries. After temporarily clamping the aorta proximal to the renal arteries, under a surgical microscope (M620, Leica Microsystems, Wetzlar, Germany), a disposable 26-gauge needle was used to puncture the aorta distal to the renal arteries, and the needle was then advanced into the adjacent vena cava to connect both vessels. The needle was withdrawn, and the aortic puncture site sealed with a drop of cyanoacrylate glue. The clamp was carefully removed, and the patency of the AV shunt was visually evident by the oxygenated blood flow into the vena cava. Sham-operated mice which served as control mice underwent the same procedure with exception of the puncture of the aorta and the vena cava.

After each experimental protocol, we carefully checked the patency of the AV shunt by visual inspection with the surgical microscope. The data obtained from the AV shunt mouse that showed a closure of the induced AV shunt at the postmortem study were excluded from the analysis.

Experimental Protocols

Model Validation Study. To check the validity of our model for CHF, we observed a natural history of sham operation—induced and AV shunt—induced changes in hemodynamics, ex vivo cardiac function, and ventricular weight at 4 weeks after the sham operation and the AV shunt surgery.

Donepezil Heart Study. As shown in the Results section, mice with AV shunt demonstrated the characteristics of volume-overloaded CHF in 4 weeks after the AV shunt surgery. Therefore, we started to treat CHF mice with donepezil from 4 weeks after the AV shunt surgery. To examine the effects of donepezil, hemodynamics, ex vivo cardiac function, ventricular weight, brain natriuretic peptide (BNP) expression, and then phospho-Akt and vascular endothelial growth factor (VEGF) protein expression were measured in CHF mice. CHF mice were randomized into untreated and donepezil-treated groups, and then the treatment was continued for 4 weeks. We also examined these effects of donepezil in sham-operated mice.

Donepezil hydrochloride was provided by Eisai Co. Ltd (Tokyo, Japan). Donepezil was added to the drinking water at the final concentration of $5 \text{ mg} \cdot \text{kg}^{-1} \cdot \text{day}^{-1}$. In a preliminary study, we confirmed that this dosage was the submaximum that did not induce diarrhea or growth retardation in normal or sham-operated mice.

Donepezil Survival Study. To examine the effect of a long-term treatment with oral donepezil at a daily dose of 5 mg/kg on prognosis, we observed the survival rate in treated and untreated CHF mice for 50 days from 4 weeks after the surgery of AV shunt. Each cage was inspected daily for mice that had died.

Specific Procedures

Noninvasive Measurement of HR and Blood Pressure in Conscious Mice. In the protocols for the model validation study and the donepezil heart study, HR and blood pressure (BP) were measured noninvasively in conscious mice by a tail-cuff method (Softron, Tokyo, Japan). To exclude the effects of anesthesia on HR and BP, we used the noninvasive method. For each mouse, we made 5 consecutive measurements at intervals of 3 minutes; and then, to estimate the representative values of

HR and BP, we excluded the lowest and highest values and calculated the average of the 3 remaining values.

After the noninvasive measurement, the mouse was randomly assigned to either in situ left ventricular pressure (LVP) or ex vivo pressure-volume (PV) measurement.

In Situ LVP Measurement in Anesthetized Mice. In the protocols for the model validation study and the donepezil heart study, after the noninvasive measurement of HR and BP, the mouse assigned for in situ LVP measurement was first placed in a glass jar where it inspired a mixture of 2% halothane (Fluothane, Takeda Pharmaceuticals, Tokyo, Japan) in oxygen-enriched air for 5 to 10 minutes. After induction of anesthesia, the mouse was ventilated artificially with a volume-controlled rodent respirator (MiniVent 845, Harvard Apparatus). Anesthesia was maintained through the use of 1.2% halothane during surgical procedures and 0.6% halothane during data recording. For the measurement of LVP, a 0.8-Fr catheter-tip micromanometer (SPR-671, Millar Instruments, Houston, TX) was placed in the left ventricular cavity through the apex. The analog signal of LVP was digitized at 1000 samples/second for the subsequent off-line analysis of the peak systolic value (LVSP), the maximum value of the first derivative (dp/dt_{max}), and the end-diastolic value (EDP) of LVP with IgorPro ver3.16 (Wavemetrics). After the LVP recording, the heart was excised, washed in ice-cold diethylpyrocarbonate-treated water, and weighed under sterile conditions. Immediately after weighing of the whole heart, both atria were trimmed off, and the biventricular weight was measured. In the protocol for the donepezil heart study, both ventricles were kept at -80°C until the subsequent analysis of BNP expression.

Ex Vivo PV Measurement in Langendorff-Perfusion Models. In the protocols for the model validation study and the donepezil heart study, after the noninvasive measurement of HR and BP, the mouse assigned for ex vivo PV measurement was anesthetized with a pentobarbital sodium (50 mg/kg, intramuscularly). We estimated the PV relationships of the left ventricle (LV) by an isovolumic Langendorff (IPH-W2 BH, Labo Support, Osaka, Japan) perfusion method.⁷ The chest was opened at the midline of the sternum. The heart was rapidly removed from the chest, and then the end of the aorta was cannulated and perfused via a 19-gauge cannula with warmed perfusate (37°C). The left atrium was opened, and a collapsed thin balloon (Unique Medical, Osaka, Japan) was placed in the LV through the mitral orifice. Before each experiment, the pressure-volume relationship of the balloon was measured, and the balloon was used only if the volume was zero up to an intraballoon volume of 100 μL . An air-tight Hamilton syringe was connected to the balloon. The heart was placed in a chamber, and paced at 480 beats/min. The heart temperature was maintained at 37°C . Coronary perfusion pressure was maintained at 80 mm Hg. Analog signals of pressure and volume were digitized at 1000 samples/second. Digitized data was offline analyzed with IgorPro ver3.16.

To describe the mechanical properties of the LV, we estimated the slope (E_{es}) and the volume intercept (V_0) of the end-systolic PV relationship (ESPVR).⁸ Because of curvilinearity of the ESPVR of the murine LV,^{9,10} a linear regression analysis was not suitable for characterization of the entire ESPVR. Therefore, we determined V_0 by a logarithmic regression analysis according to Mirsky et al.¹¹ For estimation of local E_{es} , we determined the slope of the ESPVR in a normal operating volume range from 20 to 30 μL by a linear regression analysis. After assessment of the PV relationships, the volume of the balloon wall plus the tip of the tubing within the balloon was determined by water

replacement after loading a known volume of fluid within the balloon.⁹ The measured volume of the balloon wall plus the tip of the tubing within the balloon was used for correction of the value of LV volume. The biventricular weight was also measured. We did not use the ventricles sampled in this experiment for the analysis of BNP expression, because extensive volume loading for the assessment of PV relationship would affect ventricular BNP expression.

Reverse Transcription-Polymerase Chain Reaction Analysis for BNP. In the protocol for the donepezil heart study, after the in situ LVP measurement, total RNA was isolated from ventricular samples according to a modified acid guanidinium-phenol-chloroform method with an RNA isolation kit, and reverse-transcribed to obtain a first-strand cDNA. This first-strand cDNA was amplified by specific primers for BNP and β -actin (Sigma-Aldrich Japan, Hokkaido, Japan), and the polymerase chain reaction products were fractionated by electrophoresis. Amplification of mouse BNP was 37 cycles, which profile consisted of denaturation at 95°C for 3 minutes, primer annealing at 59°C for 1 minute, and extension at 74°C for 3 minutes as previously described.⁴ For each experiment, the level of BNP expression was normalized by that of β -actin.

Western Blot Analysis for pAkt, Akt, and VEGF. After the in situ LVP measurement, total protein was isolated from ventricular samples in CHF mice. Cell lysates were mixed with a sample buffer, fractionated by 12% or 15% sodium dodecyl sulfate poly-acrylamide gel electrophoresis (SDS-PAGE) and transferred onto membranes. The membranes were incubated with primary antibodies against phospho-Akt and Akt (Cell Signaling Technology, Beverly, MA), VEGF (Santa Cruz Biotechnology, CA), and then reacted with an anti-mouse or an anti-rabbit secondary antibody (Santa Cruz Biotechnology) for phospho-Akt, Akt and VEGF. Positive signals were detected with an enhanced chemiluminescence system (Amersham, Piscataway, NJ).

Statistical Analysis

For the model validation study, differences between 2 groups were examined by a Mann-Whitney *U* test. For the donepezil heart study, nonparametric multiple-comparison tests among 4 groups were performed by using a Steel-Dwass test with Excel Statistics ver5.0 (Esumi, Tokyo, Japan). Survival data are presented as Kaplan-Meier curves; the effect of the 50-day treatment on survival was analyzed by a log-rank test. Differences were considered significant at a value of $P < .05$. Values are expressed as mean \pm SD.

All authors had full access to the data and take responsibility for its integrity. All authors have read and agree to the manuscript as written.

Results

Model Validation Study

In this experimental protocol, 45 mice underwent surgery, out of which 33 mice were assigned to induction of the AV shunt and 12 mice were sham-operated. Although no sham-operated mice died within the postoperative 4 weeks before performance of hemodynamic measurement, 11 mice with the AV shunts died within the postoperative 4 weeks. Postmortem studies on these mice revealed severe pulmonary

edema with markedly enlarged hearts as well as ascites, suggesting that these mice died of severe heart failure. Consequently, the postoperative mortality of mice with the AV shunt was calculated to be 33% in 4 weeks. Thus, we obtained the data from 12 sham-operated mice and 12 AV-shunt mice.

As shown in Table 1, there was a significant difference in HR but no significant difference in BP under conscious conditions. Under anesthetized conditions, mice with AV shunt had significantly higher LVEDP, lower LVSP, and lower $LVdp/dt_{max}$ than sham-operated mice, whereas there was no significant difference in HR. When compared with the ex vivo LVs of mice after sham operation, those after AV shunt surgery showed significantly large V_0 , low E_{es} . The measurements of normalized biventricular weight indicated a significant hypertrophy in mice with AV shunt. These results indicated that the AV shunt surgery induced LV dysfunction and remodeling in 4 weeks. Therefore, we referred to the mice with AV shunt as CHF mice.

Donepezil Heart Study

In this experimental protocol, 90 mice underwent the AV shunt surgery and 40 mice were sham-operated. At 4 weeks after the AV shunt surgery, the surviving CHF mice ($n = 52$) were randomized into untreated ($n = 28$) and treated ($n = 24$) groups. Before completion of the treatment period for 4 weeks, 8 untreated CHF mice and 4 treated CHF mice died. There were no deaths in sham-operated mice. Thus, we obtained the data from 20 mice for each group.

As shown in Table 2, in sham-operated mice, donepezil treatment for 4 weeks had no significant effect on HR or BP. On the other hand, HR was progressively decreased

Table 1. Model Validation Study at 4 Weeks after Surgery

	Sham Operation	Aortocaval Shunt
Noninvasive measurement		
Number of animals	12	12
HR, beats/min	700 \pm 13	643 \pm 9*
SBP, mm Hg	112 \pm 7	103 \pm 3
In situ LVP measurement		
Number of animals	5	5
HR, beats/min	480 \pm 53	470 \pm 24
EDP, mm Hg	3.71 \pm 0.33	8.05 \pm 1.02*
SP, mm Hg	135.6 \pm 25.7	119. \pm 10.1*
dp/dt_{max} , mm Hg/s	8120 \pm 1134	5620 \pm 881*
Ex vivo PV measurement		
number of animals	7	7
V_0 , μ L	1.2 \pm 0.2	2.2 \pm 0.3*
E_{es} , mm Hg/ μ L	1.96 \pm 0.16	1.32 \pm 0.04*
Heart weight measurement		
Number of animals	12	12
Biventricular, mg/g	4.48 \pm 0.18	5.56 \pm 0.10*

Heart rate (HR), systolic blood pressure (SBP) were measured under conscious conditions. In measurement of in situ left ventricular pressure (LVP) under halothane anesthesia, HR, end-diastolic pressure (EDP), peak systolic pressure (SP), and the maximum value of the first derivative (dp/dt_{max}) were computed. In ex vivo LV pressure-volume experiment, the volume intercept (V_0) and the slope (E_{es}) of the end-systolic pressure volume relationship were estimated. Biventricular weight was normalized by body weight. Values are expressed as mean \pm SD.

* $P < .05$ from sham-operated mice.

in the untreated CHF group during observation term. In contrast, a progressive decrease in HR was attenuated in the treated CHF group. Consequently, there was significant difference in HR between untreated and treated groups.

The 4-week donepezil treatment prevented LV expansion and dysfunction in CHF mice (Table 2); when compared with untreated CHF mice, treated CHF mice had low LVEDP, high LVSP, high $LVdp/dt_{max}$, small V_0 , and high E_{es} .

In untreated CHF mice, there was a further increase in heart weight. However, donepezil treatment significantly attenuated such an increase in heart weight (6.07 ± 0.78 versus 5.64 ± 0.68 mg/g, $P < .05$).

In sham-operated mice, donepezil had no effect on mRNA expression for BNP (Table 2). In untreated CHF mice, mRNA expression for BNP was significantly upregulated, when compared with sham-operated mice. Donepezil-treated CHF mice showed significantly lower expression for ventricular BNP mRNA than untreated CHF mice.

In addition, in Donepezil-treated CHF mice ($n = 7$), protein expression levels of pAkt and VEGF were more increased than untreated CHF mice ($n = 7$) (Fig. 1).

Survival Study

Although a total of 72 mice underwent AV-shunt surgery for the survival study, 21 mice died before randomization at 4 weeks after the surgery. Oral donepezil markedly suppressed the mortality rate of CHF mice during a 50-day observation period (Fig. 2); there were only 5 deaths among the 27 treated mice versus 11 deaths among the 24 untreated

mice (19% versus 46%, $P < .05$). Donepezil therapy achieved a 59% reduction in a relative risk ratio of death.

Discussion

The prognosis of patients with CHF is still poor, even though various pharmacological approaches with a β -adrenergic receptor blocker,¹² angiotensin-converting enzyme inhibitor,¹³ angiotensin-receptor blocker,¹⁴ and aldosterone antagonist¹⁵ are available. The present results demonstrated that donepezil markedly improved the long-term survival of CHF mice through prevention of the progression of cardiac remodeling and dysfunction, suggesting its usefulness as an anti-heart failure drug.

Indeed, a bradycardiac effect of vagal nerve stimulation¹ and β -blockers¹² is beneficial to CHF patients with tachycardia under CHF-induced sympathotonic conditions, but it is not evidenced in CHF patients without tachycardia. A direct sinus node inhibitor without negative inotropic effects, zatebradine, improved tachycardia-induced deterioration in ventricular mechanics and energetics in CHF patients¹⁶; however, zatebradine adversely promoted ventricular remodeling in CHF rats without tachycardia.¹⁷ As shown by earlier studies,^{6,18,19} the murine model of CHF used in the present study did not exhibit tachycardia after CHF. In the murine model of CHF after the large AV shunt, a rapid progression of severe atrial distension and fibrosis from volume overload would induce sinoatrial electrical remodeling²⁰ and would not result in tachycardia, even under CHF-induced sympathotonic conditions.

Table 2. Donepezil Heart Study

	SO		CHF	
	Untreated	Treated	Untreated	Treated
Noninvasive measurement				
Number of animals	20	20	20	20
HR, beats/min	707 \pm 42	722 \pm 12	573 \pm 11*	643 \pm 11*,†
SBP, mm Hg	116 \pm 13	124 \pm 10	105 \pm 10	108 \pm 15
In situ LVP measurement				
Number of animals	10	10	10	10
HR, beats/min	550 \pm 46	562 \pm 68	522 \pm 51	519 \pm 42
EDP, mm Hg	4.6 \pm 1.6	5.6 \pm 1.7	14.9 \pm 0.8*	10.2 \pm 1.6*,†
SP, mm Hg	112.2 \pm 7.2	117.0 \pm 12.2	91.6 \pm 11.3*	104.3 \pm 8.6*,†
dp/dt_{max} , mm Hg/s	6146 \pm 749	6672 \pm 902	4506 \pm 997*	5961 \pm 562*,†
Ex vivo PV measurement				
Number of animals	10	10	10	10
V_0 , μ L	1.2 \pm 0.2	1.2 \pm 0.3	5.1 \pm 0.4*	3.1 \pm 0.3*,†
E_{es} , mm Hg/ μ L	1.91 \pm 0.08	2.09 \pm 0.11	0.96 \pm 0.09*	1.47 \pm 0.05*,†
Heart weight measurement				
Number of animals	20	20	20	20
Biventricular, mg/g	4.42 \pm 0.41	4.13 \pm 0.24	6.07 \pm 0.78*	5.64 \pm 0.68*,†
LV BNP measurement				
Number of animals	10	10	10	10
BNP mRNA (a.u.)	0.10 \pm 0.02	0.09 \pm 0.01	0.56 \pm 0.08*	0.37 \pm 0.06*,†

Heart rate (HR), systolic blood pressure (SBP) were measured under conscious conditions. In measurement of in situ left ventricular pressure (LVP) under halothane anesthesia, HR, end-diastolic pressure (EDP), peak systolic pressure (SP), and the maximum value of the first derivative (dp/dt_{max}) were computed. In ex vivo LV pressure-volume experiment, the volume intercept (V_0) and the slope (E_{es}) of the end-systolic pressure volume relationship were estimated. Biventricular weight was normalized by body weight. The level of BNP mRNA expression was normalized by that of β -actin. Values are expressed as mean \pm SD. SO, sham operation; CHF, chronic heart failure after aortocaval shunt operation; a.u., arbitrary units.

* $P < .05$ from untreated SO mice.

† $P < .05$ from untreated CHF mice.

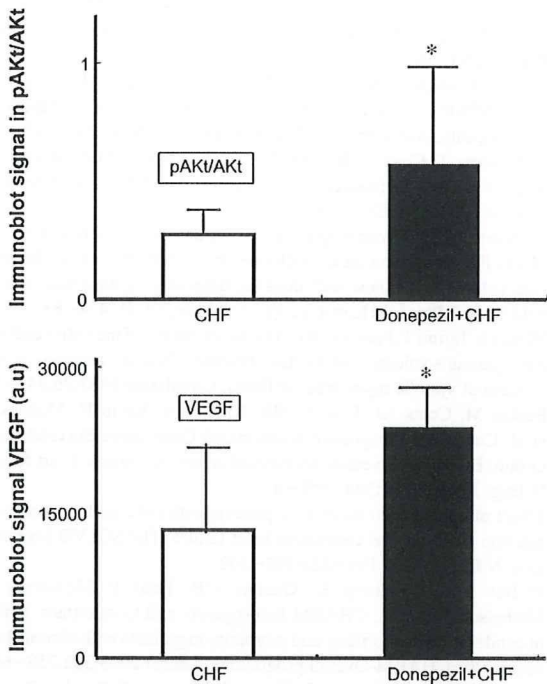


Fig. 1. Effects of donepezil on Akt phosphorylation and vascular endothelial growth factor (VEGF) expression in CHF mice. Each panel shows quantitative densitometric results from immunoblot analysis for left ventricles of untreated chronic heart failure (CHF) mice and donepezil-treated CHF mice (donepezil + CHF). Values are mean \pm standard deviation ($n = 7$ for each group). a.u., arbitrary units. * $P < .05$ from CHF group.

It is well known that a large dosage of donepezil has a bradycardiac effect on the vagally innervated heart through cholinesterase inhibition.^{21,22} However, in the present study, this dosage of donepezil did not decrease HR in sham operative model, and then prevented the progression of CHF induced by large AV shunt. The present results suggest that the bradycardia induced by large AV shunt is prevented by donepezil. Similarly, our previous studies²⁻⁴ showed that vagal nerve stimulation and ACh protected ventricular cardiomyocytes against ischemic and hypoxic insults through a different mechanism from its HR-slowing effect. Therefore, donepezil would have a cardioprotective effect independent of the HR-slowing mechanism. As our previous studies indicated, ACh released from vagal nerve stimulation inhibited hypoxia induced cell death through a PI3 K/Akt/hypoxia-inducible factor 1- α pathway, leading to cell survival,³ and then, we showed that donepezil upregulated protein expression of phospho-Akt and VEGF, as shown in vagal nerve stimulation. Because the PI3 K/Akt pathway is one of the important cell survival signaling pathways²³; therefore, the present results suggest that the beneficial effect of donepezil is derived from activation of cell survival pathways for prevention of CHF.

Donepezil was originally developed as a centrally acting inhibitor of acetylcholinesterase, and is available for the

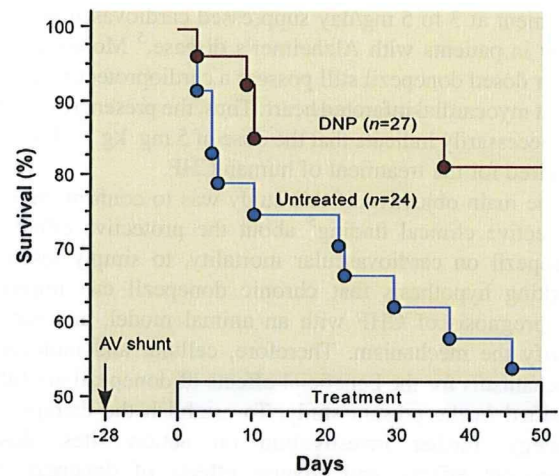


Fig. 2. Survival curves of chronic heart failure (CHF) mice with a large aortocaval (AV) shunt. At 4 weeks after the AV-shunt surgery, the survivors were randomized into untreated (blue line, $n = 24$) and donepezil-treated (red line, $n = 27$) groups. Donepezil treatment was continued for 50 days. The treatment significantly improved the survival rate ($P = .039$).

treatment of Alzheimer's disease.²⁴ Therefore, it is likely that the beneficial effects of donepezil on CHF resulted from its central actions. However, several in vitro studies also suggest that the neuroprotective actions of donepezil would be exerted principally by its pharmacological properties other than acetylcholinesterase inhibition.^{25,26} Unlike peripherally acting cholinesterase inhibitors such as physostigmine and neostigmine, donepezil is reported to have a high affinity for σ receptors and to exhibit cytoprotective effects on neuronal cells via the σ receptor-related activation of intracellular choline acetyltransferase.²⁷ Although the presence of σ receptors has been also shown in cardiomyocytes of animals²⁸ and humans,²⁹ there is very little information available on the functional role of σ receptors in CHF. Therefore, further studies are needed for clarifying the mechanism of anti-CHF effects of the anti-Alzheimer's drug.

Limitations

The dosage of donepezil used in the present study was almost 50 times higher than that in clinical settings for the treatment of Alzheimer's disease. Therefore, it might be better to investigate whether or not the clinical dosage for donepezil also has a beneficial effect on CHF in mice comparably with the higher dose. However, despite of the lower dose for clinical application, in animal studies with donepezil, the daily dose of 5 mg/kg has been extensively used to exhibit a beneficial effect on dementia in a rodent model.³⁰ Auletta et al reported that the chronic oral daily dose larger than 10 mg/kg has adverse effects on food consumption, blood biochemistry, and urinalysis in rodents.³¹

Furthermore, our recent clinical investigation also has suggested the protective effect of chronic donepezil