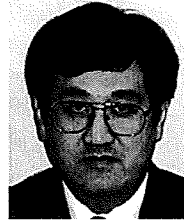


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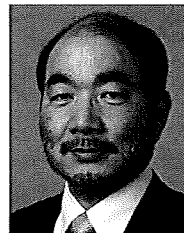
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## Slow head-up tilt causes lower activation of muscle sympathetic nerve activity: loading speed dependence of orthostatic sympathetic activation in humans

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**Kamiya A, Kawada T, Shimizu S, Iwase S, Sugimachi M, Mano T.** Slow head-up tilt causes lower activation of muscle sympathetic nerve activity: loading speed dependence of orthostatic sympathetic activation in humans. *Am J Physiol Heart Circ Physiol* 297: H53–H58, 2009. First published May 15, 2009; doi:10.1152/ajpheart.00260.2009.—Many earlier human studies have reported that increasing the tilt angle of head-up tilt (HUT) results in greater muscle sympathetic nerve activity (MSNA) response, indicating the amplitude dependence of sympathetic activation in response to orthostatic stress. However, little is known about whether and how the inclining speed of HUT influences the MSNA response to HUT, independent of the magnitude of HUT. Twelve healthy subjects participated in passive 30° HUT tests at inclining speeds of 1° (control), 0.1° (slow), and 0.0167° (very slow) per second. We recorded MSNA (tibial nerve) by microneurography and assessed nonstationary time-dependent changes of R-R interval variability using a complex demodulation technique. MSNA averaged over every 10° tilt angle increased during inclination from 0° to 30°, with smaller increases in the slow and very slow tests than in the control test. Although a 3-min MSNA overshoot after reaching 30° HUT was observed in the control test, no overshoot was detected in the slow and very slow tests. In contrast with MSNA, increases in heart rate during the inclination and after reaching 30° were similar in these tests, probably because when compared with the control test, greater increases in plasma epinephrine counteracted smaller autonomic responses in the very slow test. These results indicate that slower HUT results in lower activation of MSNA, suggesting that HUT-induced sympathetic activation depends partially on the speed of inclination during HUT in humans.

autonomic nervous system; baroreflex; heart rate variability; microneurography

HUMANS HAVE BEEN SUBJECTED to ceaseless orthostatic stresses since they first evolved and assume an orthostatic posture most of their lives. Thus the maintenance of arterial pressure (AP) under orthostatic stress against gravity-driven fluid shift is of great importance. During standing, gravitational fluid shift toward the lower part of the body (i.e., abdominal vascular bed, lower limbs) would cause severe orthostatic hypotension if not counteracted by compensatory mechanisms (27). Orthostatic sympathetic activation mediated by arterial baroreflex has been considered to be the major compensatory mechanism (2, 26, 27) since denervation of baroreceptor afferents causes pro-

found postural hypotension (30). Therefore, many earlier human studies have recorded muscle sympathetic nerve activity (MSNA) by microneurographic technique and investigated MSNA response to various orthostatic stresses such as head-up tilt (HUT) and lower body negative pressure (LBNP) (1, 5, 24). One of the important findings is that stronger orthostatic stress results in greater MSNA response during incremental HUT (3, 13, 14, 28) and LBNP (17), indicating the amplitude dependence of orthostatic MSNA activation. However, less attention has been paid to the effects of loading speed of orthostatic stress on orthostatic sympathetic activation in humans. Although earlier studies reported that rapid HUT causes dynamic and transient hemodynamic response (33, 34, 36), they did not investigate MSNA. Thus it remains unclear whether and how the inclining speed of HUT affects HUT-induced activation of MSNA (loading speed dependence of orthostatic MSNA activation), independent of the magnitude of HUT. This is an important clinical issue because the speed of upright tilting of each patient's bed would influence his/her autonomic nervous and hemodynamic conditions.

Orthostatic sympathetic activation is mainly mediated by arterial baroreflex control of MSNA, which exhibits high-pass filter dynamic transfer characteristics at least in anesthetized animals such as rabbits (15) and rats (29), indicating that more rapid change of AP results in greater response of MSNA to pressure change (15). Accordingly, we hypothesized that a lower speed of HUT results in less MSNA activation in humans. To test the hypothesis, we performed passive 30° HUT tests at three inclining speeds (1°, 0.1°, and 0.0167°/s) in 12 healthy volunteers. We compared the responses of MSNA measured by microneurography and hemodynamics during these tests.

### METHODS

#### Subjects

The subjects were 12 healthy volunteers (10 males and 2 females) with a mean age ( $\pm$ SE) of  $24 \pm 5$  yr, mean height of  $164 \pm 11$  cm, and mean weight of  $58 \pm 9$  kg. They were carefully screened by medical history, physical examination, complete blood count, blood chemistry analyses, electrocardiogram, and psychological testing. Candidates were excluded if they had evidence of cardiovascular or other disease, smoked tobacco products, took medications, or were obese (body mass index  $>30$  kg/m<sup>2</sup>). None of the subjects had experienced spontaneous syncope within the past 5 yr. All had a sedentary lifestyle and were not athletes. All subjects gave informed consent to participate in this study, which was approved by the

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### Measurements

MSNA was measured in our laboratory by the method reported previously (22, 35). Briefly, a tungsten microelectrode (model 26-05-1; Federick Haer and Company, Bowdoinham, ME) was inserted percutaneously into the muscle nerve fascicles of the tibial nerve at the right popliteal fossa without anesthesia. Nerve signals were fed into a preamplifier (Kohno Instruments) with two active band-pass filters set between 500 and 5,000 Hz and were monitored with a loudspeaker. MSNA was identified according to the following discharge characteristics (22, 35): 1) pulse-synchronous and spontaneous efferent discharges, 2) afferent activity evoked by tapping of calf muscles but not in response to a gentle skin touch, and 3) enhanced during phase II of the Valsalva maneuver.

AP was measured continuously using a finger photoplethysmograph (Finapres, Model 2300; Ohmeda, Englewood, CO) at the heart level. Systolic and diastolic AP was measured from the continuous pressure wave. Mean AP was calculated by averaging the pressure within a pulse wave. The finger pressure was confirmed to match intermittent (every minute) brachial AP measured by an automated sphygmomanometer (BP203MII; Nippon Colin, Komaki, Japan). In addition, distance between brachial cuff sensor and carotid sinus was measured in individuals, and AP at the height of carotid sinus level was then calculated by subtracting hydrostatic fluid pressure at each tilt angle from brachial AP. Electrocardiogram (chest lead II) and thermistor respirogram were also recorded continuously. A 20-gauge intravenous catheter was inserted into the antecubital vein in the left forearm to obtain venous blood samples for determination of plasma concentrations of epinephrine, norepinephrine, and arginine vasopressin. Thoracic impedance was measured using an impedance plethysmograph (AI-601G; Nihon Koden) to estimate tilt-induced decreases in thoracic fluid volume (12, 19).

### Protocols

We instructed the subjects to refrain from eating for 3 h before the experiments. The experimental room was air-conditioned at a temperature of 26°C. Each subject was requested to remain supine on a tilt table set at 0° horizontally. After the microneurographic MSNA signal was detected and an intravenous catheter was placed, three HUT tests (control, slow, and very slow) were performed on each subject. The three tests were conducted in a random order, with intervals of at least 20 min between tests.

In the control test, the subject remained supine (0°) and rested for at least 20 min. Baseline blood sample was then collected, and baseline recordings of variables including MSNA were done for 10 min. Thereafter, the tilt table was inclined to 30° in a continuous passive manner at a speed of 1°/s. Thus inclination to 30° required 30 s. After reaching 30°, the tilt table was fixed for 8 min. All variables were monitored continuously. After that, a blood sample was again collected.

The slow and very slow tests were performed similarly to the control test except the speed of inclining the tilt table. The tilt table was continuously inclined to 30° at speeds of 0.1 and 0.0167°/s in the slow and very slow tests, respectively. Thus inclination to 30° required 300 s in the slow test and 1,800 s in the very slow test.

These HUT tests were terminated by returning the tilt table to the 0° horizontal position when any of the following incidents was observed: development of presyncope symptoms such as nausea, sweating, yawning, gray out, and dizziness; and progressive reduction in systolic blood pressure to <80 mmHg.

### Data Analysis

Full-wave rectified MSNA signals were fed through a resistance-capacitance low-pass filter at a time constant of 0.1 s to obtain the

mean voltage neurogram. The signals were then resampled at 200 Hz together with other cardiovascular variables. MSNA bursts were identified, and their areas were calculated using a computer program custom-built by our laboratory. MSNA was expressed as both the rate of integrated activity per minute (burst rate) and the total activity by integrating individual burst area per minute (total MSNA). Since the burst area, and hence also the total MSNA, was dependent on electrode position, they were expressed as arbitrary units (AU) normalized by the individual's baseline values at supine rest (0°) at the first HUT test (the average of total MSNA per minute during the 10 min of supine rest was given 100 AU). The area of each burst during the subsequent HUT tests was normalized to this value.

Time-dependent changes in amplitudes of low frequency (LF; 0.04–0.15 Hz) and high frequency (HF; 0.15–0.35 Hz) components of R-R interval variability were assessed continuously by complex demodulation using a custom-designed computer program (6, 8, 21). The complex demodulation technique is a nonlinear time-domain method of time series analysis suitable for the investigation of non-stationary/unstable oscillations within an assigned frequency band (8, 21). This method provides instantaneous amplitudes and frequencies of the LF and HF components as a function of time (8, 21). The instantaneous amplitude of HF component of R-R interval variability was used as the index of cardiac vagal nerve activity in this study.

Variables except blood data were averaged over every 10 min during 0° supine rest in all HUT tests. The data were averaged over every 10, 100, and 600 s during inclination of the tilt table from 0° to 30° in the control, slow, and very slow HUT tests, respectively, and averaged over every 1 min after reaching 60° HUT position in all HUT tests. In addition, the data were averaged over every 10° tilt angle during the inclining period.

### Statistical Analysis

Data are expressed as means  $\pm$  SE. Repeated-measure ANOVA was used to compare variables among the speed of HUT tests (control, slow, and very slow). When the main effect or interaction term was found to be significant, post hoc comparisons were made using the Sheffe's F procedure. A *P* value <0.05 was considered statistically significant.

### RESULTS

Figure 1 shows the typical MSNA data during the control, slow, and very slow HUT tests in one subject. Although HUT increased MSNA during inclination of the tilt table from 0° to 30° in all three tests, the increase was apparently greater in the control test than in the slow and very slow tests (Fig. 1). Data from all subjects showed that increases in MSNA averaged over tilt angle (every 10° tilt) during inclination were greater in the control test than in the slow and very slow tests (Fig. 2). In the control test, MSNA showed a transient overshoot of 3 min after reaching 30° HUT and then declined gradually to the steady-state level (Fig. 2). In contrast, in the slow and very slow tests, MSNA reached steady-state levels without overshoot (Fig. 2). The steady-state levels were similar among the control, slow, and very slow tests.

Heart rate averaged over tilt angle (every 10° tilt) increased during all HUT tests, with similar increases in all three tests (Fig. 3). Instantaneous frequencies of LF and HF bands for R-R interval variability were 0.09 and 0.25–0.28 Hz, respectively, and were almost constant during all HUT tests. The LF amplitude of R-R interval variability did not change in any tests (Fig. 3). Of note, although the HF amplitude of R-R interval variability decreased during inclination of the tilt table from 0° to 30°, the decrease averaged over tilt angle was smaller in the

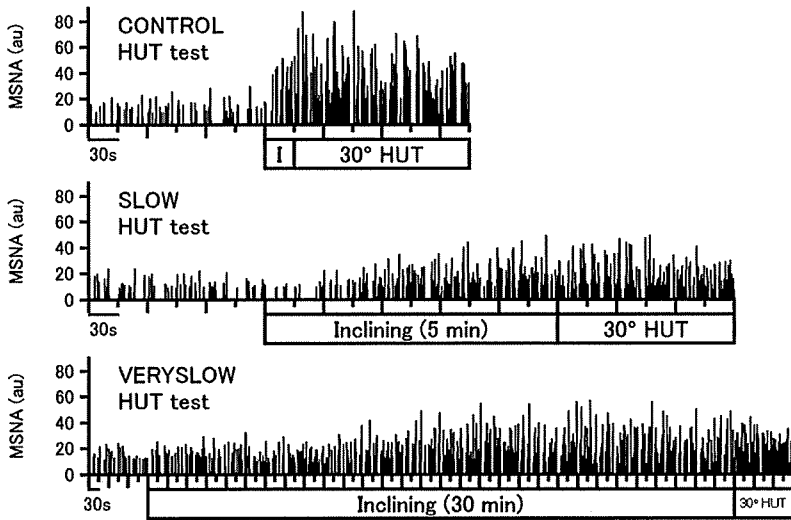


Fig. 1. Representative muscle sympathetic nerve activity (MSNA; integrated signals) data during control (*top*), slow (*middle*), and very slow (*bottom*) head-up tilt (HUT) tests in 1 subject. I (*top*), period of inclination of the tilt bed from 0° supine to 30° HUT posture at an inclining speed of 1°/s. Inclining (*middle* and *bottom*), period of inclination of the tilt bed at speeds of 0.1 and 0.0167°/s, respectively. au, Arbitrary units.

very slow test than in the control and slow tests (Fig. 3). Moreover, the HF amplitude of R-R interval variability reached steady-state levels after reaching 30° HUT, and the level was higher in the very slow test than in the control and slow tests (Fig. 3). Respiratory rate did not change in any tests (Fig. 3).

Systolic AP at the height of brachial level did not change, whereas diastolic AP at the level slightly increased during HUT in the control, slow, and very slow tests. However, there were no differences in both brachial systolic and diastolic APs among the control, slow, and very slow tests (Fig. 4). When AP at the height of carotid sinus level was predicted by subtracting hydrostatic fluid pressure at each tilt angle from brachial AP,

systolic and diastolic AP at the carotid sinus level decreased during HUT similarly in the control, slow, and very slow tests (Fig. 4). Thoracic impedance increased during all HUT tests, and the changes averaged over tilt angle were almost identical in all three tests (Fig. 4).

When compared with the 0° supine level, plasma epinephrine concentration increased at the end of HUT tests, with greater increase in the very slow test (from  $25.3 \pm 3.7$  to

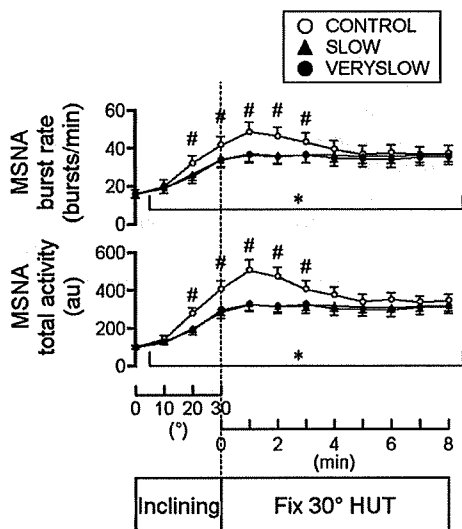


Fig. 2. MSNA burst rate and total activity during control (○), slow (▲), and very slow (●) HUT tests. The x-axis to the left of the vertical dotted line indicates that data are averaged over every 10° tilt angle during inclination from 0° supine to 30° HUT, and the x-axis to the right of the dotted line indicates that data are averaged over every 1 min after reaching 30° HUT. #*P* < 0.05 vs. slow and very slow tests; \**P* < 0.05 vs. 0° supine. Error bars denote SE.

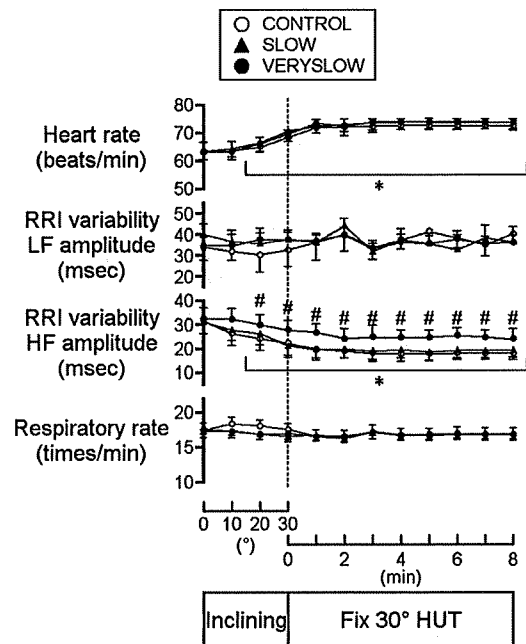


Fig. 3. Heart rate, amplitude of low frequency (LF) and high frequency (HF) component of R-R interval (RRI) variability, and respiratory rate during control (○), slow (▲), and very slow (●) HUT tests. The x-axis to the left of the vertical dotted line indicates that data are averaged over every 10° tilt angle during inclination from 0° supine to 30° HUT, and the x-axis to the right of the dotted line indicates that data are averaged over every 1 min after reaching 30° HUT. #*P* < 0.05 vs. control and slow tests; \**P* < 0.05 vs. 0° supine posture. Error bars denote SE.

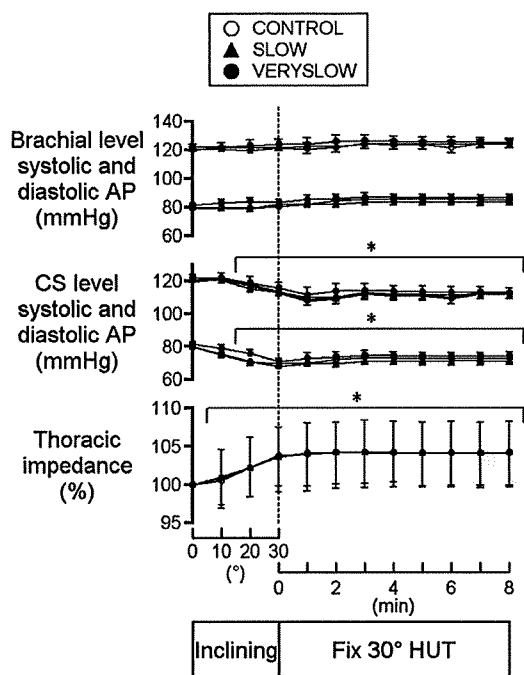


Fig. 4. Systolic and diastolic arterial pressure (AP) measured at the height of brachial level and predicted at the height of carotid sinus (CS) level, and thoracic impedance (percentage of baseline value at 0° supine) during control (○), slow (▲), and very slow (●) HUT tests. The x-axis to the left of the vertical dotted line indicates that data are averaged over every 10° tilt angle during inclination from 0° supine to 30° HUT, and the x-axis to the right of the dotted line indicates that data are averaged over every 1 min after reaching 30° HUT. \* $P < 0.05$  vs. 0° supine posture. Error bars denote SE.

49.3 ± 7.4 pg/ml) than in the control (from 25.8 ± 4.0 to 35.1 ± 5.3 pg/ml) and slow (from 24.3 ± 3.5 to 36.0 ± 5.0 pg/ml) tests. Plasma norepinephrine concentration increased at the end of HUT tests similarly in the control (from 132.2 ± 10.4 to 180.2 ± 11.4 pg/ml), slow (from 134.0 ± 9.2 to 176.5 ± 9.8 pg/ml), and very slow (from 134.2 ± 10.7 to 179.4 ± 9.4 pg/ml) tests. Plasma arginine vasopressin concentration increased at the end of HUT tests similarly in the control (from 3.6 ± 0.4 to 3.9 ± 0.4 pg/ml), slow (from 3.6 ± 0.4 to 3.9 ± 0.4 pg/ml), and very slow (from 3.7 ± 0.4 to 4.0 ± 0.4 pg/ml) tests.

## DISCUSSION

### Speed Dependence of Orthostatic MSNA Activation

Many earlier human studies have reported that HUT at a larger tilt angle results in greater MSNA response, indicating the amplitude dependence of sympathetic activation in response to orthostatic stress. However, little is known about whether and how the inclining speed during HUT influences MSNA response to HUT, independent of the magnitude of HUT. Our major findings of the present study are that 1) MSNA averaged over tilt angle increases during inclination of the tilt table from 0° to 30°, with smaller increase in the slow (0.1°/s) and very slow (0.0167°/s) tests than in the control tests (1°/s) and 2) although a 3-min MSNA overshoot after reaching 30° HUT was observed in the control test, no overshoot was found in the slow and very slow tests. These results support our hypothesis

that a lower speed of HUT results in less MSNA activation in humans, indicating the loading speed dependence of orthostatic MSNA activation. The speed-dependent sympathetic activation would contribute to prevent hypotension and maintain AP during rapid postural change from supine to upright posture.

### Possible Mechanisms for the Speed Dependence of Orthostatic MSNA Activation

Since the HUT activates multiple physiological mechanisms, it is difficult to strictly determine the primary input to humans during postural change from the supine to upright postures. Therefore, we cannot conclude the true mechanisms for the speed dependence of orthostatic MSNA activation observed in this study. In this study, HUT decreased AP at the height of carotid sinus level and increased thoracic impedance. We thus challenged to discuss possible relations of arterial and cardiopulmonary baroreflexes with the speed dependence of orthostatic MSNA activation.

**Arterial baroreflex.** Although arterial baroreflex is the major mechanism that increases sympathetic nerve activity (SNA) and maintains AP under orthostatic stress (2, 26, 27), it has high-pass filter dynamic transfer characteristics from baroreceptor pressure input to SNA. The high-pass filter characteristics have been investigated in detail by baroreflex open-loop experiments in anesthetized animals such as rabbits (11, 15) and rats (29). This indicates that more rapid change of AP resulted in greater response of SNA to pressure change. In addition, the high-pass filter characteristics might also be observed in earlier human study (10), since MSNA increased/decreased and turned to partially decrease/increase in response to stepwise neck pressure/suction. Although transfer function was not calculated in the study, the SNA response in humans may be consistent with the MSNA response (initial drop and partial recover) to stepwise increase in baroreceptor pressure in anesthetized animals (15) and suggests that the arterial baroreflex control of SNA in humans would also have the high-pass filter characteristics.

One possible mechanism for the lower MSNA during inclination in slower HUT tests is the high-pass filter characteristics of the arterial baroreflex control of SNA. Since the decreases in AP predicted at the height of carotid sinus level over tilt angle were similar in the control, slow, and very slow HUT tests, we assumed that the tilt-induced pressure perturbation was similar in the three HUT tests except for the speed. However, the high-pass filter characteristics of the arterial baroreflex control of SNA (11, 15, 16) would cause greater response of SNA to pressure change in the control HUT test that induced more rapid decreases in AP than the slow and very slow HUT tests. Of note, the dynamic transfer characteristics could not explain a few minutes of overshoot of MSNA activation after reaching 30° HUT posture observed in the control HUT test. Other mechanisms would be responsible for the overshoot of orthostatic MSNA response in faster HUT test.

**Cardiopulmonary baroreflex.** In addition to arterial baroreflex, cardiopulmonary baroreflex is known to mediate orthostatic activation of SNA. In our results, at a tilt angle of 10°, thoracic impedance increased similarly in control, slow, and very slow tests, indicating that the gravitational fluid shift directed toward the lower part of the body (such as the abdominal vascular bed and lower limbs) may be similar in all

three tests. In addition, MSNA increased at the tilt angle of 10° similarly in control, slow, and very slow tests, but AP predicted at the height of carotid sinus level did not change. These results suggest that cardiopulmonary baroreflex was activated by 10° HUT similarly in these tests and mediated similar magnitude of orthostatic MSNA activation but did not induce speed-dependent differentiation of MSNA. Therefore, it is possible that cardiopulmonary baroreflex control of MSNA does not have high-pass filter characteristics. However, since even small HUT can activate not only cardiopulmonary but also arterial baroreflexes similarly to low levels (i.e., -10 and -15 mmHg) of lower body negative pressure (4), it is difficult to isolate these baroreflexes and to conclude regarding the relation between cardiopulmonary baroreflex and the speed dependence of orthostatic MSNA activation in HUT. In addition, it was reported that cardiopulmonary and arterial baroreceptor afferents interact in a sense of a nonadditive attenuation (25).

**Other mechanisms.** Mechanisms other than baroreflexes might be responsible for the speed dependence of orthostatic MSNA activation. The first possibility is the vestibul sympathetic reflex, which may be involved in mediating pressor and sympathetic responses to orthostatic stress in rats (23) and humans (31). Since the reflex may be engaged differentially in the control versus the slow and very slow HUT tests, it can relate with the speed dependence of orthostatic MSNA activation observed in this study. The second possibility is the stroke volume, which had a close correlation with MSNA in their changes by orthostatic stress (20), although the neural pathway connecting stroke volume to MSNA may be unclear. Finally, humoral substances can relate with smaller activation of MSNA in the very slow HUT tests. In this study, increases in plasma epinephrine, not norepinephrine and arginine vasopressin, were greater in the very slow test than the control test.

#### *Speed Independence of Orthostatic Tachycardia in the Present Study*

In contrast with MSNA, orthostatic tachycardia is independent of inclining speed of HUT. The results may be consistent with a early study (32) that addressed more rapid HUT (i.e., 70° or 90° passive HUT in 3 s, and 70° passive HUT in 1.5 s) and reported that speed of HUT did not affect on initial heart rate responses to rapid HUT. It is difficult to understand the mechanisms for the finding. If baroreflex control of cardiac SNA is similar to that of MSNA as observed in rabbits (15), it is expected that the very slow test mediates a smaller increase in heart rate during inclination than the control test. This raises a possibility that mechanisms other than sympathetic control counteract the speed dependence of orthostatic sympathetic activation and result in speed-independent orthostatic tachycardia. Although we cannot measure cardiac vagal nerve activity in humans, there is a well-known, hypothetical consideration that the HF amplitude of R-R interval variability can reflect respiratory modulation of cardiac vagal nerve activity (7, 9). If so, our results suggest that the decrease in the index of cardiac vagal nerve activity averaged over tilt angle during inclination of HUT was smaller in the very slow HUT test than in the control test (indicating the speed dependence of orthostatic cardiac vagal suppression). Therefore, the speed independence of orthostatic tachycardia in the present study cannot be explained by autonomic neural controls. One possible ex-

planation is that greater increase in plasma epinephrine counteracted the smaller response of sympathetic and, probably, vagal nerve activities.

#### *Limitations*

This study has several limitations. First, we used a mild to moderate HUT test (30°) in this study. Sequential HUT tests were necessary for this study, but sequential HUT tests at greater tilt angles (>60°) pose a problem in keeping constant electrode positions for microneurography and maintaining the quality of MSNA recording. Second, since we focused on the effects of slow-speed HUT on orthostatic MSNA response, we used inclining speeds of 1, 0.1, and 0.0167°/s in HUT tests. Finally, the HF amplitude of R-R interval variability is a limited measure of cardiac vagal control in the human (18), although we used it as an index of cardiac vagal modulation in the discussion.

In conclusion, although HUT at an inclining speed of 1°/s causes high MSNA activation with an overshoot of a few minutes, slower HUT (0.1 and 0.0167°/s) results in lower MSNA activation. This indicates that that HUT-induced sympathetic activation depends partially on the tilting speed in humans.

#### GRANTS

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## Angiotensin II disproportionately attenuates dynamic vagal and sympathetic heart rate controls

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**Kawada T, Mizuno M, Shimizu S, Uemura K, Kamiya A, Sugimachi M.** Angiotensin II disproportionately attenuates dynamic vagal and sympathetic heart rate controls. *Am J Physiol Heart Circ Physiol* 296: H1666–H1674, 2009. First published February 27, 2009; doi:10.1152/ajpheart.01041.2008.—To better understand the pathophysiological role of angiotensin II (ANG II) in the dynamic autonomic regulation of heart rate (HR), we examined the effects of intravenous administration of ANG II ( $10 \mu\text{g}\cdot\text{kg}^{-1}\cdot\text{h}^{-1}$ ) on the transfer function from vagal or sympathetic nerve stimulation to HR in anesthetized rabbits with sinoaortic denervation and vagotomy. In the vagal stimulation group ( $n = 7$ ), we stimulated the right vagal nerve for 10 min using binary white noise (0–10 Hz). The transfer function from vagal stimulation to HR approximated a first-order low-pass filter with pure delay. ANG II attenuated the dynamic gain from  $7.6 \pm 0.9$  to  $5.8 \pm 0.9 \text{ beats}\cdot\text{min}^{-1}\cdot\text{Hz}^{-1}$  (means  $\pm$  SD;  $P < 0.01$ ) without affecting the corner frequency or pure delay. In the sympathetic stimulation group ( $n = 7$ ), we stimulated the right postganglionic cardiac sympathetic nerve for 20 min using binary white noise (0–5 Hz). The transfer function from sympathetic stimulation to HR approximated a second-order low-pass filter with pure delay. ANG II slightly attenuated the dynamic gain from  $10.8 \pm 2.6$  to  $10.2 \pm 3.1 \text{ beats}\cdot\text{min}^{-1}\cdot\text{Hz}^{-1}$  ( $P = 0.049$ ) without affecting the natural frequency, damping ratio, or pure delay. The disproportional suppression of the dynamic vagal and sympathetic regulation of HR would result in a relative sympathetic predominance in the presence of ANG II. The reduced high-frequency component of HR variability in patients with cardiovascular diseases, such as myocardial infarction and heart failure, may be explained in part by the peripheral effects of ANG II on the dynamic autonomic regulation of HR.

systems analysis; transfer function; heart rate variability; cardiac sympathetic nerve activity; rabbit

AUTONOMIC NERVOUS ACTIVITY changes dynamically during daily activity, and thus the dynamic heart rate (HR) regulation by the autonomic nervous system is physiologically important. The high-frequency (HF) component of HR variability (HRV) is thought to reflect primarily vagal nerve activity, because the vagal nerve can change the HR more quickly than the sympathetic nerve (1, 3, 14, 34). This does not mean, however, that the sympathetic system cannot affect the HF component. For example, an increase in background sympathetic tone augments the HR response to vagal stimulation, an effect that has been referred to as accentuated antagonism (20). In accordance with accentuated antagonism, selective cardiac sympathetic nerve stimulation augments the dynamic HR response to vagal stimulation (14). On the other hand, high plasma concentration

of norepinephrine (NE) with no direct activation of the cardiac sympathetic nerve attenuates the dynamic HR response to vagal stimulation via an  $\alpha$ -adrenergic mechanism (24). These results suggest that the sympathetic system can influence the HF component via complex interactions with the vagal system.

During systemic sympathetic activation, the renin-angiotensin system is activated through stimulation of  $\beta_1$ -adrenergic receptors on juxtaglomerular granular cells (8, 12). In such conditions as hypertension, myocardial ischemia, and heart failure, the renin-angiotensin system and the sympathetic nervous system are both activated (9, 35). Previous studies demonstrated that acute intravenous or intracerebroventricular administration (32) or chronic intravenous administration of angiotensin II (ANG II) modified the baroreflex control of HR in rabbits (5), possibly via a decrease in vagal tone and an increase in sympathetic tone to the heart. In the present study, we focused on the peripheral effects of ANG II and examined the effects of intravenous ANG II on the dynamic HR response to vagal or postganglionic cardiac sympathetic nerve stimulation. In a previous study from our laboratory where anesthetized cats were used, intravenous ANG II ( $10 \mu\text{g}\cdot\text{kg}^{-1}\cdot\text{h}^{-1}$ ) attenuated myocardial interstitial acetylcholine (ACh) release in response to vagal nerve stimulation (17); therefore, we hypothesized that intravenous ANG II at this dose would attenuate the dynamic HR response to vagal nerve stimulation. On the other hand, a previous study from our laboratory where anesthetized rabbits were used demonstrated that intravenous ANG II at a similar dose of  $6 \mu\text{g}\cdot\text{kg}^{-1}\cdot\text{h}^{-1}$  did not affect the peripheral arc transfer function estimated between renal sympathetic nerve activity and arterial pressure (AP) (13). Accordingly, we hypothesized that intravenous administration of ANG II would not modulate the dynamic sympathetic control of HR significantly. We focused on the relative effects of ANG II on the vagal and sympathetic HR regulations because the balance between vagal and sympathetic nerve activities would be a key to understanding the pathophysiology of several cardiovascular diseases.

### MATERIALS AND METHODS

**Surgical preparations.** Animal care was performed in accordance with *Guideline Principles for the Care and Use of Animals in the Field of Physiological Sciences*, which has been approved by the Physiological Society of Japan. All experimental protocols were reviewed and approved by the Animal Subjects Committee at the National Cardiovascular Center. Twenty-one Japanese white rabbits weighing 2.4–3.4 kg were anesthetized with intravenous injections (2 ml/kg) of a mixture of urethane (250 mg/ml) and  $\alpha$ -chloralose (40 mg/ml) and mechanically ventilated with oxygen-enriched room air. A double-lumen catheter was inserted into the right femoral vein, and a supplemental dose of the anesthetics was given continuously (0.5–1.0

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ml·kg<sup>-1</sup>·h<sup>-1</sup>). AP was monitored using a micromanometer catheter (Millar Instruments, Houston, TX) inserted into the right femoral artery. HR was determined from the electrocardiogram using a cardiachometer. Sinoaortic denervation and vagotomy were performed bilaterally to minimize reflex changes in efferent sympathetic nerve activity. The left and right cardiac sympathetic nerves were exposed using a midline thoracotomy and sectioned (16). In the vagal stimulation group, a pair of bipolar stainless steel wire electrodes was attached to the cardiac end of the sectioned right vagal nerve for stimulation. A pair of stainless steel wire electrodes was attached to the proximal end of the sectioned right cardiac sympathetic nerve for recording efferent cardiac sympathetic nerve activity (CSNA). In the sympathetic stimulation group, a pair of bipolar stainless steel wire electrodes was attached to the cardiac end of the sectioned right sympathetic nerve for stimulation. Efferent CSNA was recorded from the proximal end of the sectioned left cardiac sympathetic nerve. The preamplified nerve signal was band-pass filtered between 150 and 1,000 Hz. The signal was then full-wave rectified and low-pass filtered with a cut-off frequency of 30 Hz to quantify the nerve activity. Both the stimulation and recording electrodes were fixed to the nerve by addition-curing silicone glue (Kwik-Sil; World Precision Instruments, Sarasota, FL). We confirmed that the recorded CSNA was mainly postganglionic by observing the disappearance of CSNA following intravenous administration of hexamethonium bromide (50 mg/kg) at the end of each experiment. The body temperature of the animal was maintained at 38°C with a heating pad throughout the experiment.

**Protocols.** In the vagal stimulation group ( $n = 7$ ), the stimulation amplitude was adjusted (3–6 V) in each animal to yield a HR decrease of ~50 beats/min at 5-Hz tonic stimulation with a pulse duration of 2 ms. To estimate the transfer function from vagal stimulation to HR, a random vagal stimulus was applied for 10 min by altering the stimulus command every 500 ms at either 0 or 10 Hz according to a binary white noise signal. The input power spectral density was relatively constant up to 1 Hz, which covered the upper frequency range of interest with respect to the vagal transfer function in rabbits (26).

In the sympathetic stimulation group ( $n = 7$ ), the stimulation amplitude was adjusted (1–3 V) in each animal to yield a HR increase of ~50 beats/min at 5-Hz tonic stimulation with a pulse duration of 2 ms. To estimate the transfer function from sympathetic stimulation to HR, a random sympathetic stimulus was applied for 20 min by altering the stimulus command every 2 s at either 0 or 5 Hz according to a binary white noise signal. The input power spectral density was relatively constant up to 0.25 Hz, which covered the upper frequency range of interest with respect to the sympathetic transfer function in rabbits (15).

In both the vagal stimulation and sympathetic stimulation groups, the dynamic HR response to nerve stimulation was first recorded under conditions of continuous intravenous infusion of physiological saline solution (1 ml·kg<sup>-1</sup>·h<sup>-1</sup>). After the control data were recorded, nerve stimulation was stopped and ANG II was intravenously administered at 10 μg·kg<sup>-1</sup>·h<sup>-1</sup> (1 ml·kg<sup>-1</sup>·h<sup>-1</sup> of 10 μg/ml solution) instead of the physiological saline solution. After 15 min, we repeated the random stimulation of the vagal or sympathetic nerve while continuing the intravenous injection of ANG II. We used the same binary white noise sequence for the control and ANG II conditions in each animal and changed the sequence for different animals.

In a supplemental protocol ( $n = 7$ ), we examined the time effect on the estimation of the sympathetic transfer function. The 20-min random sympathetic stimulation was repeated twice with an intervening interval of more than 20 min.

**Data analysis.** Data were digitized at 200 Hz using a 16-bit analog-to-digital converter and stored on the hard disk of a dedicated laboratory computer system. Prestimulation values of HR, AP, and CSNA were calculated by averaging data obtained during the 10 s immediately before nerve stimulation. The mean HR and AP values in response to nerve stimulation were calculated by averaging data

obtained during the nerve stimulation period. The mean level of CSNA during the nerve stimulation period was not evaluated because contamination from stimulation artifacts could not be completely eliminated.

The transfer function from nerve stimulation to the HR response was estimated as follows. The input-output data pairs of nerve stimulation and HR were resampled at 10 Hz. To avoid the initial transition from no stimulation to random stimulation biased the transfer function estimation, data were processed only from 2 min after the initiation of random stimulation. In the vagal stimulation group, the data were divided into eight segments of 1,024 data points that half-overlapped with neighboring segments. In the sympathetic stimulation group, the data were divided into eight segments of 2,048 data points that half-overlapped with neighboring segments. For each segment, a linear trend was subtracted and a Hanning window was applied. We then performed a fast Fourier transformation to obtain the frequency spectra of the stimulation command  $[X(f)]$  and HR  $[HR(f)]$  (4). We calculated ensemble averages of the power spectral densities of the stimulation command  $[S_{X \cdot X}(f)]$  and HR  $[S_{HR \cdot HR}(f)]$  and the cross spectral density between the two signals  $[S_{HR \cdot X}(f)]$ . Finally, we obtained the transfer function  $[H(f)]$  from the nerve stimulation to HR response using the following equation (23):

$$H(f) = \frac{S_{HR \cdot X}(f)}{S_{X \cdot X}(f)}$$

To quantify the linear dependence of the HR response to vagal or sympathetic nerve stimulation, we estimated the magnitude-squared coherence function  $[Coh(f)]$  using the following equation (23):

$$Coh(f) = \frac{|S_{HR \cdot X}(f)|^2}{S_{X \cdot X}(f) \cdot S_{HR \cdot HR}(f)}$$

The coherence function ranges zero and unity and indicates a frequency-domain measure of linear dependence between input and output variables.

Because previous studies found that the transfer function from vagal stimulation to HR approximated a first-order low-pass filter with pure delay (14, 24), we determined the parameters of the vagal transfer function using the following model:

$$H_{vagus}(f) = -\frac{K}{1 + \frac{f}{f_c} j} e^{-2\pi f j L}$$

where  $K$  is dynamic gain (in beats·min<sup>-1</sup>·Hz<sup>-1</sup>),  $f_c$  is the corner frequency (in Hz), and  $L$  is pure delay (in s). Variables  $f$  and  $j$  represent frequency and an imaginary unit, respectively. The minus sign in the right side of the equation corresponds to the negative HR response to vagal stimulation.

Because previous studies suggested that the transfer function from sympathetic stimulation to HR approximated a second-order low-pass filter with pure delay (14, 28), we determined the parameters of the sympathetic transfer function using the following model:

$$H_{symp}(f) = \frac{K}{1 + 2\zeta \frac{f}{f_N} j + \left(\frac{f}{f_N}\right)^2} e^{-2\pi f j L}$$

where  $K$  is dynamic gain (in beats·min<sup>-1</sup>·Hz<sup>-1</sup>),  $f_N$  is the natural frequency (in Hz),  $\zeta$  is the damping ratio, and  $L$  is pure delay (in s).

Because deviation of the model transfer function  $[H_{model}(f)]$  from the estimated transfer function  $[H_{est}(f)]$  would affect the transfer function parameters, we assessed the goodness of fit using the following equation:

Goodness of Fit (%) = 100

$$\times \left[ 1 - \frac{\sum_{m=1}^N |H_{\text{model}}(f) - H_{\text{est}}(f)|^2}{m} \right] \left/ \left( \frac{\sum_{m=1}^N |H_{\text{est}}(f)|^2}{m} \right) \right]$$

$$f = f_0 \times m$$

where  $f_0$ ,  $m$ , and  $N$  represent the fundamental frequency of the Fourier transformation, a frequency index, and the number of data points used for the fitting, respectively. When  $H_{\text{model}}(f)$  is zero for all of the frequencies, the goodness of fit is zero. When  $H_{\text{model}}(f)$  equals  $H_{\text{est}}(f)$  for all of the frequencies, the goodness of fit is 100%.

To facilitate intuitive understanding of the dynamic characteristics described by the transfer function (see Appendix A for details), we calculated the step response from the corresponding transfer function as follows. An impulse response of the system was calculated using the inverse Fourier transformation of the estimated transfer function. The step response was then obtained from the time integral of the impulse response. The steady-state response was calculated by averaging the last 10 s of data from the step response. The 80% rise time for the sympathetic step response or the 80% fall time for the vagal step response was estimated as the time at which the step response reached 80% of the steady-state response.

**Statistics.** All data are presented as means and SD values. Mean values of HR, AP, and CSNA as well as parameters of the transfer functions and step responses were compared between the control and ANG II conditions using paired *t*-tests. Differences were considered significant when  $P < 0.05$  (11).

**RESULTS**

Typical recordings of the vagal stimulation command, HR, and AP obtained under control and ANG II conditions are shown in Fig. 1A. The random vagal stimulation began at 60 s. The HR decreased in response to the random vagal stimulation. ANG II, which did not affect the prestimulation baseline HR, attenuated the magnitude of the vagal stimulation-induced variations in HR. ANG II increased the AP both before and during the vagal stimulation. ANG II did not change the prestimulation or poststimulation CSNA (Fig. 1B).

As shown in Table 1, ANG II did not affect the mean HR before stimulation of the vagal nerve, whereas it significantly increased the mean HR during the vagal stimulation period. ANG II attenuated the reduction in HR, which was calculated as the difference between the prestimulation HR and the mean HR observed during the vagal stimulation period. ANG II significantly increased the mean AP both before and during the vagal stimulation period. ANG II did not affect the mean level of pre- or poststimulation CSNA significantly.

Figure 2A illustrates the averaged transfer functions from vagal stimulation to HR obtained under the control and ANG II conditions. In the gain plots, the transfer gain was relatively constant for frequencies below 0.1 Hz and decreased as the frequency increased above 0.1 Hz. ANG II decreased the transfer gain for all of the investigated frequencies, resulting in

Fig. 1. A: representative recordings of vagal nerve stimulation (Stim), the heart rate (HR), and arterial pressure (AP). The left and right panels show recordings obtained before and during intravenous administration of angiotensin II (ANG II; 10  $\mu\text{g} \cdot \text{kg}^{-1} \cdot \text{h}^{-1}$ ), respectively. The amplitude of the HR variation in response to vagal stimulation was smaller in the presence of ANG II compared with results obtained without ANG II. B: representative recordings of cardiac sympathetic nerve activity (CSNA) under prestimulation baseline and poststimulation conditions. ANG II did not affect the CSNA significantly.

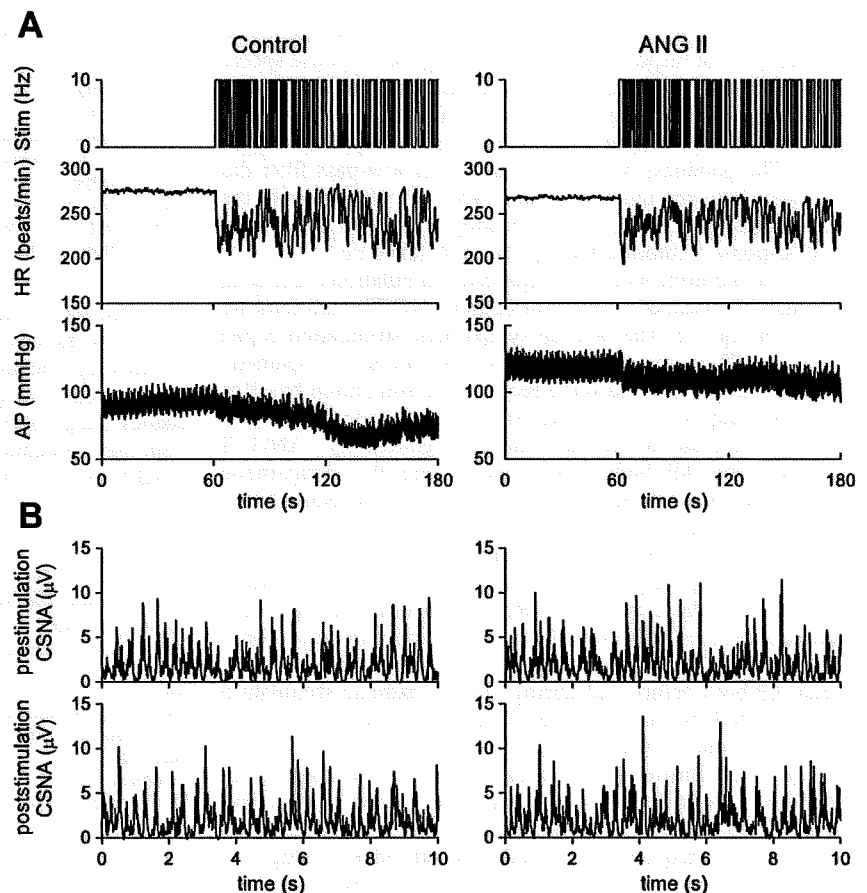


Table 1. Mean values for HR, AP, and CSNA obtained using the vagal stimulation protocol

	Control	ANG II	P Value
HR, beats/min			
Prestimulation	278 ± 21	281 ± 31	0.60
During stimulation	232 ± 19	245 ± 26*	0.046
Difference ‡	-46 ± 6	-37 ± 10†	0.0017
AP, mmHg			
Prestimulation	91 ± 23	127 ± 17†	0.0057
During stimulation	85 ± 24	118 ± 19†	0.0055
Difference ‡	-6.3 ± 9.2	-9.2 ± 8.6	0.34
CSNA, $\mu$ V			
Prestimulation	1.21 ± 0.38 (100%)	1.19 ± 0.46 (98 ± 15%)	0.82
Poststimulation	1.27 ± 0.42 (105 ± 8%)	1.20 ± 0.55 (98 ± 27%)	0.59

Data are means ± SD values; n = 7. HR, heart rate; AP, arterial pressure; CSNA, cardiac sympathetic nerve activity. ‡The difference was calculated by subtracting the prestimulation value from the value obtained during the vagal stimulation period in each animal. \*P < 0.05 and †P < 0.01 based on a paired t-test. Exact P values are also shown.

a parallel downward shift in the gain plot. In the phase plots, the phase approached  $-\pi$  radians at 0.01 Hz and the lag became larger as the frequency increased. ANG II did not alter the phase characteristics significantly. In the coherence plots, the coherence value was close to unity in the frequency range from 0.01 to 0.8 Hz. The sharp variation around 0.6 Hz corresponds to the frequency of the artificial ventilation. Figure 2B depicts the HR step responses calculated from the corresponding transfer functions. ANG II significantly attenuated the steady-state response without affecting the response speed.

As shown in Table 2, ANG II significantly attenuated the dynamic gain of the vagal transfer function to 76.1 ± 8.5% of the control value without affecting the corner frequency or pure delay. The goodness of fit to the first-order low-pass filter did not differ between the control and ANG II conditions. In the HR step response, ANG II significantly attenuated the steady-state response without affecting the 80% fall time.

Typical recordings of the sympathetic stimulation command, HR, and AP obtained under control and ANG II conditions are shown in Fig. 3A. The random sympathetic stimulation began at 60 s. HR increased in response to random sympathetic stimulation. ANG II did not affect the prestimulation baseline HR. The magnitude of the HR variation in response to sympathetic stimulation did not change significantly. ANG II increased the AP both before and during the sympathetic stimulation. ANG II did not change the pre- or poststimulation CSNA significantly (Fig. 3B).

As shown in Table 3, ANG II did not affect the mean HR before or during the period of sympathetic stimulation. ANG II did not affect the increase in HR, calculated as the difference between the prestimulation HR and the mean HR in response to sympathetic stimulation. ANG II significantly increased the mean AP both before and during the sympathetic stimulation period. ANG II did not affect the mean level of pre- or poststimulation CSNA significantly.

Figure 4A illustrates the averaged transfer functions from sympathetic stimulation to HR obtained under control and ANG II conditions. In the gain plots, the transfer gain decreased as the frequency increased. ANG II did not change the transfer gain markedly. In the phase plots, the phase ap-

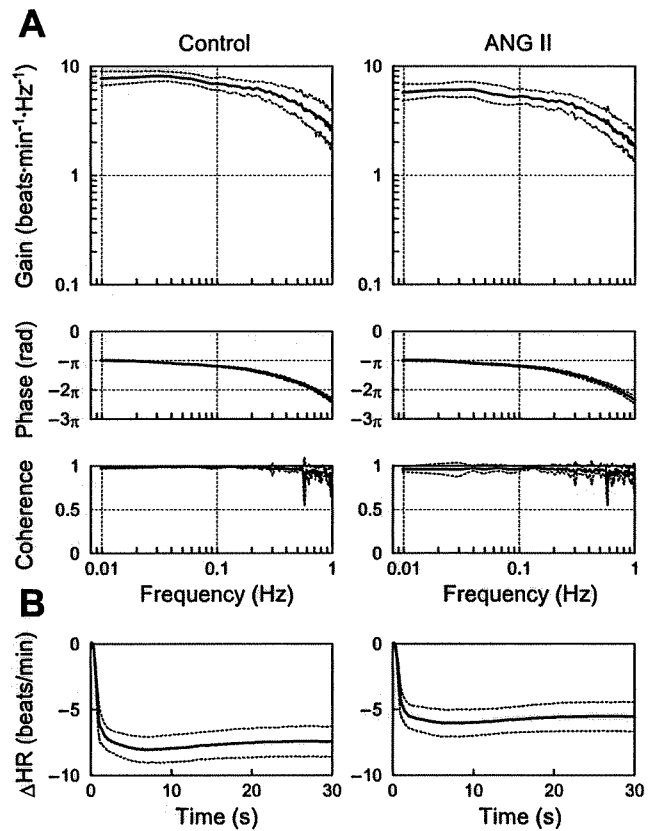


Fig. 2. A: averaged transfer functions from vagal nerve stimulation to the HR response obtained before and during intravenous administration of ANG II. Gain plots (top), phase plots (middle), and coherence plots (bottom) are shown. ANG II caused a parallel downward shift in the gain plot. ANG II did not affect the phase plot or coherence plot significantly. B: step responses of the HR to a unit change in the vagal stimulation calculated from the corresponding transfer functions. ANG II significantly attenuated the step response of the HR.  $\Delta$ HR, changes in heart rate. Solid lines indicate mean, and dashed lines indicate mean ± SD.

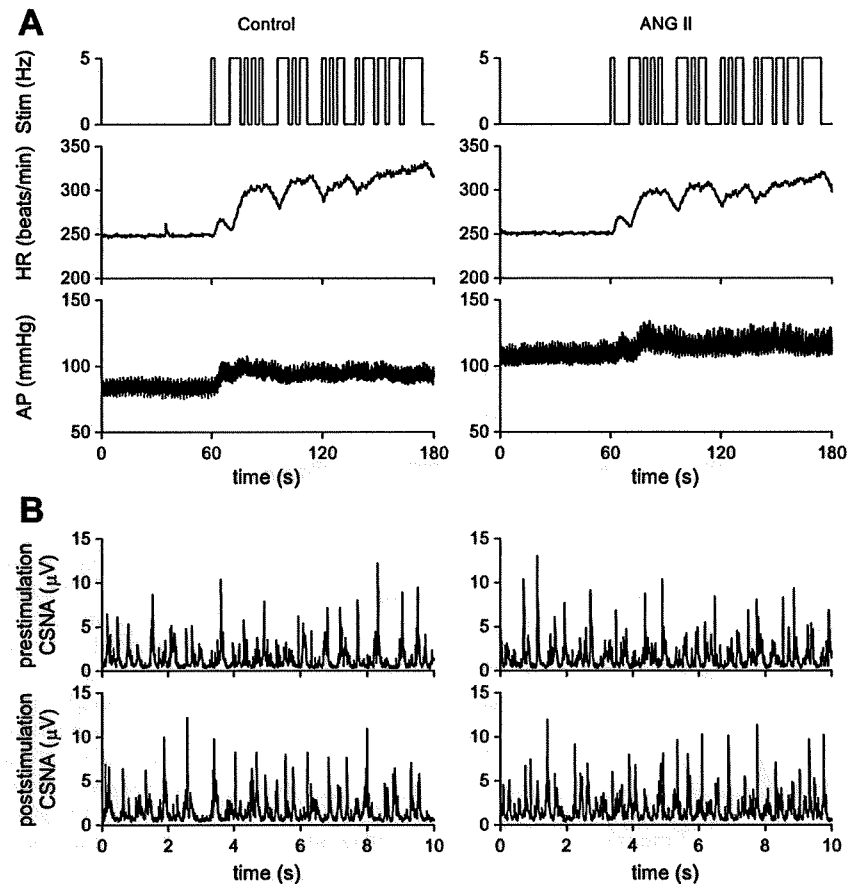
proached zero radians at 0.01 Hz and increasingly lagged as the frequency increased. ANG II did not affect the phase characteristics significantly. The coherence value was above 0.9 for the frequency range below 0.1 Hz and decreased in the frequency range above 0.1 Hz. Figure 4B depicts the HR step responses calculated from the corresponding transfer functions. ANG II did not affect the steady-state response or the response speed.

Table 2. Effects of ANG II on the parameters of the transfer function and the step response relating to the dynamic vagal control of HR

	Control	ANG II	P Value
Dynamic gain, beats·min <sup>-1</sup> ·Hz <sup>-1</sup>	7.6 ± 0.9	5.8 ± 0.9*	0.00042
Corner frequency, Hz	0.39 ± 0.12	0.36 ± 0.10	0.12
Pure delay, s	0.48 ± 0.04	0.47 ± 0.06	0.82
Goodness of fit, %	98.8 ± 0.4	98.6 ± 0.8	0.63
Steady-state response, beats/min	-7.4 ± 1.1	-5.6 ± 1.1*	0.0011
80% Fall time	1.31 ± 0.31	1.33 ± 0.37	0.60

Data are means ± SD values; n = 7. \*P < 0.01 based on a paired t-test. Exact P values are also shown.

Fig. 3. A: representative recordings of cardiac sympathetic nerve stimulation (Stim), HR, and AP. The left and right panels show the recordings before and during intravenous administration of ANG II ( $10 \mu\text{g}\cdot\text{kg}^{-1}\cdot\text{h}^{-1}$ ), respectively. The amplitude of the HR variation during sympathetic stimulation was unchanged by the addition of ANG II. B: representative recordings of CSNA under prestimulation baseline and poststimulation conditions. ANG II did not affect the CSNA significantly.



As shown in Table 4, ANG II slightly attenuated the dynamic gain of the sympathetic transfer function to  $92.5 \pm 8.9\%$  of the value observed under control conditions. ANG II did not affect the natural frequency, damping ratio, or pure delay. The goodness of fit to the second-order low-pass filter did not differ between the control and ANG II conditions. In the HR step response, ANG II did not affect the steady-state response or the

80% rise time. As shown in Table 5, there were no significant differences in the parameters of the sympathetic transfer function between repeated estimations with an intervening interval of more than 20 min.

#### DISCUSSION

Intravenous administration of ANG II at  $10 \mu\text{g}\cdot\text{kg}^{-1}\cdot\text{h}^{-1}$  increased AP but did not affect mean HR or mean CSNA during prestimulation baseline conditions (Tables 1 and 3), suggesting that ANG II at this dose did not affect the residual sympathetic tone to the heart significantly. ANG II significantly attenuated the dynamic gain of the transfer function from vagal stimulation to HR, whereas it only slightly attenuated that of the transfer function from sympathetic stimulation to HR (Tables 2 and 4).

**Effects of ANG II on the transfer function from vagal stimulation to HR.** ANG II attenuated the dynamic gain of the transfer function from vagal stimulation to HR without affecting the corner frequency or pure delay (Fig. 2 and Table 2). Several interventions can affect the dynamic gain of the vagal transfer function and significantly change the corner frequency. For example, inhibition of cholinesterase, which interferes with the rapid hydrolysis of ACh, augments the dynamic gain and decreases the corner frequency (29). Moreover, blockade of muscarinic  $\text{K}^+$  channels, which interferes with fast, membrane-delimited signal transduction, has been shown to attenuate the dynamic gain and decrease the corner frequency (26).

Table 3. Mean values for HR, AP, and CSNA obtained using the sympathetic stimulation protocol

	Control	ANG II	P Value
HR, beats/min			
Prestimulation	267 ± 16	261 ± 19	0.21
During stimulation	317 ± 26	311 ± 23	0.063
Difference†	50 ± 21	50 ± 21	0.94
AP, mmHg			
Prestimulation	74 ± 6	106 ± 15*	0.0011
During stimulation	78 ± 6	110 ± 17*	0.0023
Difference†	4.7 ± 3.6	4.1 ± 5.4	0.71
CSNA, $\mu\text{V}$			
Prestimulation	0.91 ± 0.71 (100%)	0.98 ± 0.78 (99 ± 19%)	0.22
Poststimulation	0.93 ± 0.72 (101 ± 4%)	1.02 ± 0.81 (104 ± 21%)	0.18

Data are means ± SD values;  $n = 7$  except for CSNA data where  $n = 5$ . †The difference was calculated by subtracting the prestimulation value from the value obtained during the sympathetic stimulation period in each animal. \* $P < 0.01$  based on a paired  $t$ -test. Exact  $P$  values are also shown.

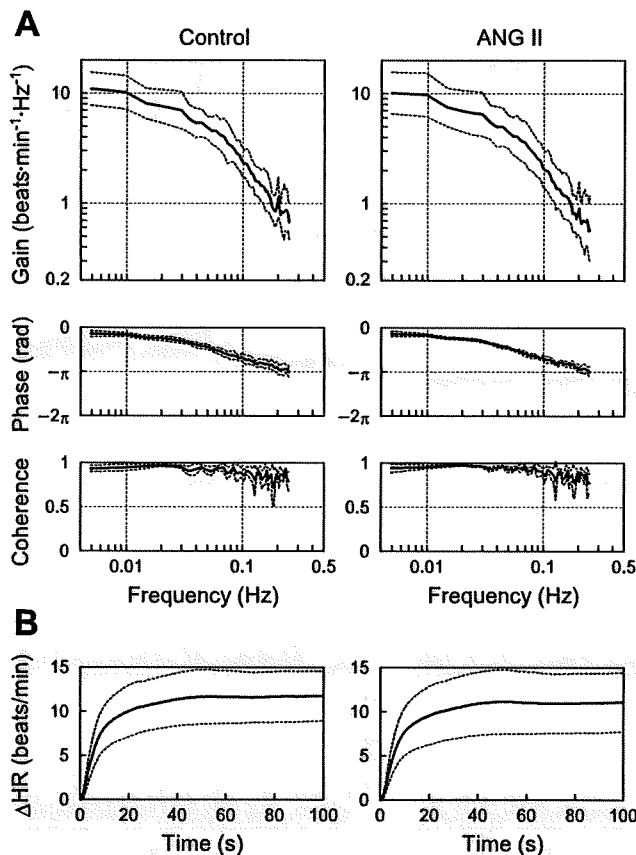


Fig. 4. A: averaged transfer functions from cardiac sympathetic nerve stimulation to the HR response obtained before and during intravenous administration of ANG II. Gain plots (top), phase plots (middle), and coherence plots (bottom) are shown. B: step responses of the HR to a unit change in the sympathetic stimulation calculated using the transfer functions. ΔHR, changes in heart rate. Solid lines indicate mean, and dashed lines indicate mean ± SD.

On the other hand, several other interventions have been shown to alter the dynamic gain of the vagal transfer function without changing the corner frequency. Concomitant cardiac sympathetic nerve stimulation or increased intracellular cyclic AMP levels augments the dynamic gain without affecting the corner frequency (14, 27), whereas β-adrenergic blockade or high plasma NE attenuates the dynamic gain without affecting the corner frequency (24, 25). Because α-adrenergic blockade nullifies its effects, high plasma NE probably functions via

Table 4. Effects of intravenous ANG II administration on the parameters of the transfer function and the step response relating to the dynamic sympathetic control of HR

	Control	ANG II	P Value
Dynamic gain, beats·min <sup>-1</sup> ·Hz <sup>-1</sup>	10.8±2.6	10.2±3.1*	0.049
Natural frequency, Hz	0.069±0.009	0.065±0.006	0.090
Damping ratio	1.53±0.25	1.48±0.21	0.26
Pure delay, s	0.51±0.31	0.42±0.18	0.20
Goodness of fit, %	97.0±1.6	96.9±1.7	0.67
Steady-state response, beats/min	11.8±2.8	11.1±3.4	0.052
80% Rise time, s	17.2±4.7	16.8±4.5	0.62

Data are means ± SD; n = 7. \*P < 0.05 based on a paired t-test. Exact P values are also shown.

Table 5. Time effects on the parameters of the transfer function and the step response relating to the dynamic sympathetic control of HR

	Control 1	Control 2	P Value
Dynamic gain, beats·min <sup>-1</sup> ·Hz <sup>-1</sup>	9.1±1.7	8.6±2.4	0.37
Natural frequency, Hz	0.062±0.014	0.065±0.017	0.10
Damping ratio	1.36±0.22	1.34±0.28	0.75
Pure delay, s	0.65±0.32	0.56±0.25	0.12
Goodness of fit, %	95.8±4.0	97.3±2.2	0.32
Steady-state response, beats/min	9.8±2.0	9.5±2.8	0.55
80% Rise time, s	15.7±3.4	14.4±3.8	0.37

Data are means ± SD; n = 7. Exact P values are shown.

α-adrenergic receptors on preganglionic and/or postganglionic vagal nerve terminals to limit ACh release during vagal stimulation (24). Our observation that ANG II attenuated the dynamic gain without affecting the corner frequency or pure delay is similar to the results observed with high plasma NE, suggesting that ANG II limits ACh release during vagal stimulation. Although estimated values of the corner frequency ranged from 0.1 to 0.4 among studies, the difference may be attributable to the difference in the input signal properties (see Appendix B for details).

Although Andrews et al. (2) reported that ANG II (500 ng/kg, iv bolus) did not inhibit vagally induced bradycardia in anesthetized ferrets, Potter (31) demonstrated that ANG II (5–10 μg, iv bolus; body weight not shown) attenuated vagally induced bradycardia in anesthetized dogs. The latter study also showed that the addition of ANG II (2–5 μg/25 ml) to an organ bath attenuated vagally induced bradycardia in isolated guinea-pig atria. In that study, ANG II did not attenuate ACh-induced bradycardia, suggesting that the inhibition of bradycardia by ANG II was due to an inhibition of ACh release from vagal nerve terminals (31). In a previous study, we confirmed that intravenous ANG II (10 μg·kg<sup>-1</sup>·h<sup>-1</sup>) attenuated myocardial interstitial ACh release in response to vagal nerve stimulation in anesthetized cats (17). The site of this inhibitory action was thought to be parasympathetic ganglia rather than postganglionic vagal nerve terminals, because losartan, an antagonist of the ANG II receptor subtype 1 (AT<sub>1</sub> receptor), abolished the inhibitory action of ANG II when it was administered intravenously but not when it was administered locally through a dialysis fiber. ANG II may also function at the coronary endothelium and produce a diverse range of paracrine effects (6). Although the exact mechanisms remain to be elucidated, intravenous ANG II inhibits ACh release and thereby attenuates the dynamic gain of the vagal transfer function without affecting the corner frequency or pure delay.

Although the observed attenuation of the dynamic HR response to vagal stimulation by ANG II is relatively small, it may have pathophysiological significance as follows. In a previous study, our laboratory has shown that chronic intermittent vagal stimulation significantly improved the survival of chronic heart failure rats after myocardial infarction (21). In that study, the vagal stimulation intensity was such that it reduced HR only by 20 to 30 beats/min (5–10%) in rats. Therefore, change in the vagal effects on the heart, even if relatively small, could affect the evolution of heart failure. Increased plasma or tissue levels of ANG II in heart failure

might attenuate vagal neurotransmission, contributing to the aggravation of disease states.

**Effects of ANG II on the transfer function from sympathetic stimulation to HR.** Although ANG II attenuated the dynamic gain of the transfer function from sympathetic stimulation to HR without affecting the natural frequency, damping ratio, or pure delay, the attenuating effect was not definitive because the effect was not significant on the steady-state response in the calculated step response (Fig. 4 and Table 4). There are conflicting reports about the effects of ANG II on sympathetic control of the heart. Starke (33) reported that ANG II (1 ng/ml) potentiated NE release in response to postganglionic sympathetic nerve stimulation in isolated rabbit hearts, whereas no effect on spontaneous or tyramine-induced NE output was observed. Farrell et al. (10) demonstrated that administration of ANG II (100  $\mu$ M at 1 ml/min for 10 min;  $\sim$ 35–42  $\mu$ g $\cdot$ kg $^{-1}$ ) into right atrial ganglionated plexus neurons via a branch of the right coronary artery caused the release of catecholamine into the myocardial interstitial fluid of anesthetized dogs, suggesting that ANG II affects intrinsic cardiac neurons. In that study, the effect of ANG II on the catecholamine release induced by cardiac sympathetic nerve stimulation was not investigated. On the other hand, Lameris et al. (19) demonstrated that administration of ANG II (0.5 ng $\cdot$ kg $^{-1}$  $\cdot$ min $^{-1}$  or 30 ng $\cdot$ kg $^{-1}$  $\cdot$ h $^{-1}$ ) into the left anterior descending coronary artery of anesthetized pigs did not yield spontaneous NE release or enhance the NE release induced by cardiac sympathetic nerve stimulation. Cardiac ganglia derived from different species can demonstrate differences in phenotype for ANG II receptors, and this may impact on the resultant neurohumoral interactions. Dendorfer et al. (7) demonstrated that ANG II (0.3 to 1  $\mu$ g/kg bolus) increased renal sympathetic nerve activity during ganglionic blockade in pithed rats, suggesting direct ganglionic excitation by ANG II. In the present study, because we stimulated the postganglionic cardiac sympathetic nerve, possible direct ganglionic excitation by ANG II might not have affected the dynamic sympathetic control of HR. In addition, postganglionic CSNA did not change significantly in our experimental conditions (Tables 1 and 3), indicating that the 10  $\mu$ g $\cdot$ kg $^{-1}$  $\cdot$ h $^{-1}$  dose of intravenous ANG II was not high enough to produce direct ganglionic excitation.

In isolated rabbit hearts, Peach et al. (30) demonstrated that ANG II (0.2 ng/ml) inhibited NE uptake. Starke (33) reported a higher dose of ANG II (10  $\mu$ g/ml) to inhibit NE uptake. In a previous study from our laboratory, blockade of neuronal NE uptake using desipramine attenuated the dynamic gain, decreased the natural frequency, and increased the pure delay of the transfer function from sympathetic stimulation to HR (28). In the present study, however, neither the natural frequency nor the pure delay was changed by ANG II, suggesting that NE uptake was not inhibited. In an *in vivo* study using canine hearts, Lokhandwala et al. (22) demonstrated that ANG II (100 and 200 ng $\cdot$ kg $^{-1}$  $\cdot$ min $^{-1}$  or 6 and 12  $\mu$ g $\cdot$ kg $^{-1}$  $\cdot$ min $^{-1}$  iv) did not affect the positive chronotropic effects of either postganglionic cardiac sympathetic nerve stimulation or intravenous NE infusion. In that study, ANG II enhanced the positive chronotropic effects of sympathetic nerve stimulation but not of intravenous NE infusion after blocking neuronal NE uptake with desipramine. The authors' interpretation of the results was that ANG II facilitated NE release in response to sympathetic nerve stimulation, whereas any effects of ANG II might be masked in animals with functioning neuronal NE uptake mechanisms (22). To make matters more complex, Lameris et al. (19)

did not observe enhanced NE release during cardiac sympathetic stimulation in porcine hearts even after neuronal NE uptake was blocked with desipramine. Thus it appears that differences in species, ANG II doses, and experimental settings (*in vivo* vs. isolated hearts, intravenous vs. intracoronary administration, with or without the contribution of sympathetic ganglia) critically affected the experimental results. Therefore, we believe that assessing the relative effects of ANG II on the vagal and sympathetic systems is important to understand the pathophysiological roles of ANG II in the autonomic regulation of HR.

**Limitations.** Our results should be interpreted in the context of various experimental limitations. First, we obtained data from anesthetized animals. If the data had been obtained under conscious conditions, the results might have been different. Because we disabled the arterial baroreflexes and cut the autonomic efferent pathways, however, the anesthetics should not have markedly affected our results. Second, because we stimulated the postganglionic cardiac sympathetic nerve, the possible effects of ANG II on the sympathetic ganglia were not assessed. Further studies that stimulate the preganglionic cardiac sympathetic nerve with various doses of ANG II are required to determine the effects of ANG II on the cardiac sympathetic ganglionic transmission. Finally, ANG II may affect the autonomic regulation of HR chronically. Further studies focused on the effects of chronically elevated ANG II levels on the autonomic regulation of HR are required to elucidate the pathophysiological significance of elevated ANG II levels.

In conclusion, continuous intravenous administration of ANG II at a dose that did not induce direct cardiac sympathetic ganglionic excitation significantly attenuated the dynamic gain of the transfer function from vagal stimulation to HR. The attenuation of the transfer gain was observed uniformly in the frequency range under study, suggesting that ANG II can attenuate the HF component of HRV even when vagal outflow from the central nervous system remains unchanged. In addition, the same dose of ANG II did not markedly affect the dynamic gain of the transfer function from postganglionic sympathetic stimulation to HR. Although there remains a room for arguments relating to the different site of stimulation (preganglionic for vagal vs. postganglionic for sympathetic), possible disproportional suppression of the dynamic vagal and sympathetic regulation of HR likely results in a relative dominance of sympathetic control in the presence of ANG II. Because many neurohumoral elements remodel or adapt during the evolution of cardiac pathology (18), we cannot directly extrapolate the results of acute neurohumoral interactions observed in the present study to the chronic pathological situations. If we do so, however, the reduction of the HF component of HRV in patients with cardiovascular diseases, such as myocardial infarction and heart failure (34), may be partly explained by the peripheral effects of ANG II on the dynamic autonomic regulation of HR.

#### APPENDIX A

**Meaning of a step response calculated from a transfer function.** We calculated a step response from a transfer function relating to the vagal or sympathetic HR control. The calculated step response is useful for time-domain interpretation of the low-pass filter characteristics described by the frequency-domain transfer function but does not necessarily conform to an experimentally estimated step response because of the following reasons. The transfer function identifies the



linear input-output relationship of a given system around a mean input signal (5 Hz for vagal and 2.5 Hz for sympathetic stimulation in the present study). The step response is then calculated for a unit change in the input signal. If we perform a kind of experiment where we change the stimulation frequency from 4.5 to 5.5 Hz for the vagal system and from 2 to 3 Hz for the sympathetic system, the resultant step response is most likely close to the calculated step response. The ordinary experimental step response is, however, estimated by a step input in which the stimulation is completely turned off before the stimulation starts. The calculated step response and the ordinary experimental step response can conform only when the system is purely linear. Whenever nonlinearities exist such as threshold and saturation commonly observed in biological systems, the two step responses disagree. Conversely, information gained by the ordinary experimental step response has a limited ability to estimate the dynamic HR response unless the system is purely linear.

Once vagal or sympathetic transfer function is identified, an impulse response of the system is obtained by an inverse Fourier transform of the transfer function. We can estimate the dynamic HR response from a convolution of a input signal and the impulse response. Figure 5 represents typical data of measured HR and calculated HR based on the transfer function. Figure 5A is a continuation of the time series obtained under the control condition depicted in Fig. 1A. Figure 5B shows a scatter plot of measured HR versus calculated HR during dynamic vagal stimulation. The solid line

indicates a linear regression line ( $r^2 = 0.94$ ). Figure 5C is a continuation of the time series obtained under the control condition depicted in Fig. 3A. Figure 5D shows the scatter plot of measured HR versus calculated HR during dynamic sympathetic stimulation. The solid line indicates a linear regression line. Although a slight convex nonlinearity is noted between the measured HR and calculated HR, squared correlation coefficient is high ( $r^2 = 0.89$ ). These results indicate that the transfer function can represent the dynamic HR response reasonably well.

APPENDIX B

*Binary white noise versus Gaussian white noise.* In a previous study from our laboratory (29), we reported a corner frequency of  $\sim 0.1$  Hz for a transfer function from vagal stimulation to HR, which was distinctly different from the result of the present study. Possible explanation for the discrepancy is the difference in the input variance (or power) of vagal stimulation. In the previous study, we used a Gaussian white noise (GWN) with a mean stimulation frequency of 5 Hz and a SD of 2 Hz so that the input signal covered at most 98.8% (means  $\pm 2.5$  SD) of the Gaussian distribution when the actual stimulation frequency was limited between 0 and 10 Hz. The variance of the GWN signal is 4 Hz<sup>2</sup>. In contrast, the 0–10 Hz binary white noise used in the present study has a variance of 25 Hz<sup>2</sup>. Hence, the binary white noise has a merit of increasing the input variance over the GWN when the stimulation frequency is limited between 0 and 10 Hz. Increasing the

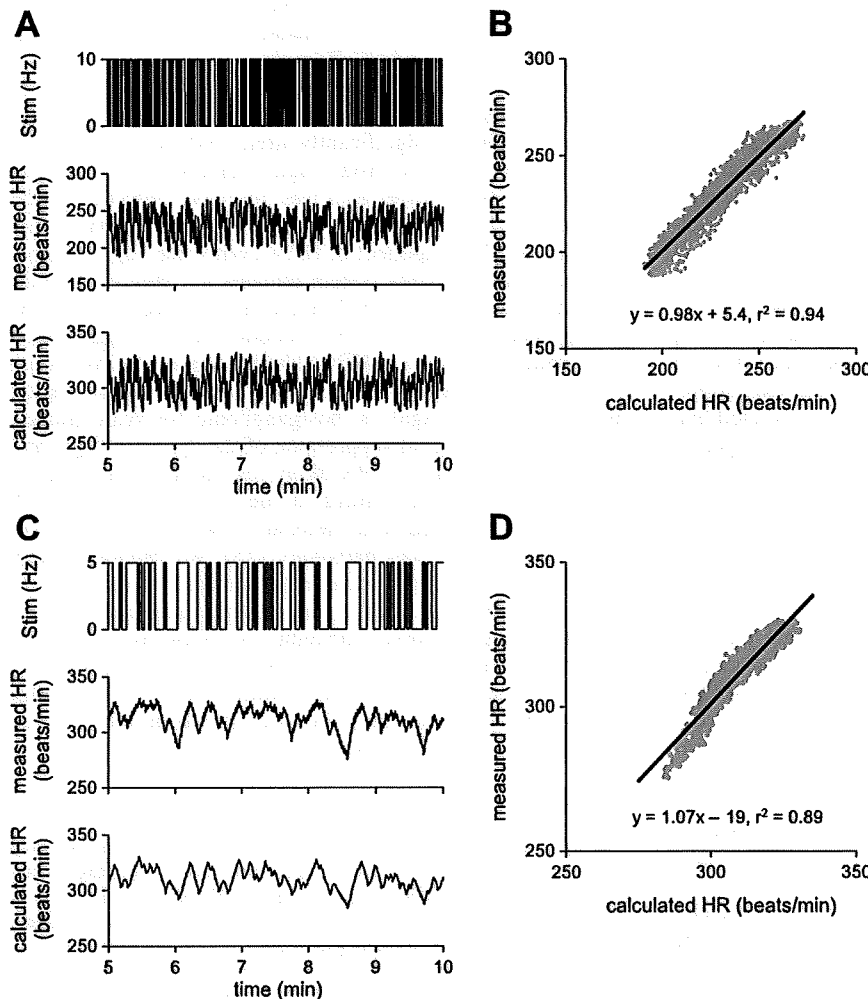


Fig. 5. A: data showing vagal stimulation (Stim), measured HR, and calculated HR based on the identified vagal transfer function of this animal. Time axis indicates the minutes after the initiation of random vagal stimulation (continuation of Fig. 1A). B: scatter plot between measured and calculated HR values. A solid line indicates a linear regression line. C: data showing sympathetic stimulation (Stim), measured HR, and calculated HR based on the identified sympathetic transfer function of this animal. Time axis indicates the minutes after the initiation of random sympathetic stimulation (continuation of Fig. 3A). D: scatter plot between measured and calculated HR values. A solid line indicates a linear regression line.

input variance is effective to increase the signal-to-noise ratio in the output signal and to improve the estimation of the transfer function.

In an earlier study on the transfer function analysis, Berger et al. (3) demonstrated that the roll-off of the vagal transfer function was gentle (i.e., the corner frequency was high) at high mean stimulatory rates and became more abrupt (i.e., the corner frequency was lower) with lower mean stimulatory rates. Although they attributed the difference in the roll-off characteristics to the difference in mean stimulatory rates, because they set the variance of input signal at  $\sim 1/4$  of the mean stimulatory rates, which of the mean stimulatory rates or the input variance contributed to the determination of corner frequency seems inconclusive. Because there was no significant difference in the corner frequency between the vagal transfer functions estimated by GWNs of  $5 \pm 2$  Hz and  $10 \pm 2$  Hz (means  $\pm$  SD) in a previous study from our laboratory (29), we speculate that the difference in the input variance rather than the mean stimulation frequency might have caused the different values of the corner frequency between the previous and the present results. This speculation requires further verification in future.

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## Servo-Controlled Hind-Limb Electrical Stimulation for Short-Term Arterial Pressure Control

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**Background:** Autonomic neural intervention is a promising tool for modulating the circulatory system thereby treating some cardiovascular diseases.

**Methods and Results:** In 8 pentobarbital-anesthetized cats, it was examined whether the arterial pressure (AP) could be controlled by acupuncture-like hind-limb electrical stimulation (HES). With a 0.5-ms pulse width, HES monotonically reduced AP as the stimulus current increased from 1 to 5 mA, suggesting that the stimulus current could be a primary control variable. In contrast, the depressor effect of HES showed a nadir approximately 10 Hz in the frequency range between 1 and 100 Hz. Dynamic characteristics of the AP response to HES approximated a second-order low-pass filter with dead time (gain:  $-10.2 \pm 1.6$  mmHg/mA, natural frequency:  $0.040 \pm 0.004$  Hz, damping ratio  $1.80 \pm 0.24$ , dead time:  $1.38 \pm 0.13$  s, mean  $\pm$  SE). Based on these dynamic characteristics, a servo-controlled HES system was developed. When a target AP value was set at 20 mmHg below the baseline AP, the time required for the AP response to reach 90% of the target level was  $38 \pm 10$  s. The steady-state error between the measured and target AP values was  $1.3 \pm 0.1$  mmHg.

**Conclusions:** Autonomic neural intervention by acupuncture-like HES might provide an additional modality to quantitatively control the circulatory system. (Circ J 2009; 73: 851–859)

**Key Words:** Proportional-integral controller; Transfer function

Because abnormality in the autonomic nervous system is often associated with cardiovascular diseases, treating cardiovascular diseases by autonomic neural interventions have attracted many researchers.<sup>1–6</sup> Recently, autonomic neural interventions using electronic devices have again gained the focus of attention as a potential modality for treating cardiovascular diseases resistant to conventional therapeutics. To name a few, chronic vagal nerve stimulation dramatically improves the survival of chronic heart failure after myocardial infarction in rats.<sup>7</sup> Chronic baroreceptor activation enhances the survival of pacing-induced heart failure in dogs.<sup>8</sup> A recent version of a device-based treatment of hypertension in human is reported.<sup>9</sup> A framework of electrical neural intervention is also effective to elevate arterial pressure (AP) against hypotensive events.<sup>10–13</sup>

Aside from direct neural stimulation, electroacupuncture

can modify autonomic balance, thereby treating cardiovascular diseases.<sup>14–16</sup> Although one feature of the electroacupuncture might be its long-lasting effects, immediate cardiovascular responses to acupuncture-like stimulation are also observed in several experimental settings. For example, a 60-s manual acupuncture-like stimulation of a hind limb reduces renal or cardiac sympathetic nerve activity, causing hypotension and bradycardia in anesthetized rats.<sup>17,18</sup> We have shown that electrical stimulation of a hind limb using acupuncture needles immediately resets the arterial baroreflex and reduces sympathetic nerve activity in anesthetized rabbits.<sup>19</sup> Acupuncture-like hind-limb electrical stimulation (HES) induces immediate hypotension with changes in the relationship between cardiac and renal sympathetic nerve activities in anesthetized cats.<sup>20</sup>

In the present study, we hypothesized that AP could be controlled by HES. Quantification of the dynamic input-output relationship between a given stimulus and the AP response is essential for artificially controlling AP.<sup>10–12</sup> Accordingly, the first aim was to identify the dynamic input-output relationship between HES and the AP response. The second aim was to develop a feedback controller system that could reduce AP at a prescribed target level using HES.

### Methods

#### Surgical Preparation

Animal care was provided in strict accordance with the *Guiding Principles for the Care and Use of Animals in the Field of Physiological Sciences*, approved by the Physiological Society of Japan. All protocols were approved by the Animal Subject Committee of the National Cardiovascular Center. Eight adult cats weighing from 2.3 to 4.3 kg were

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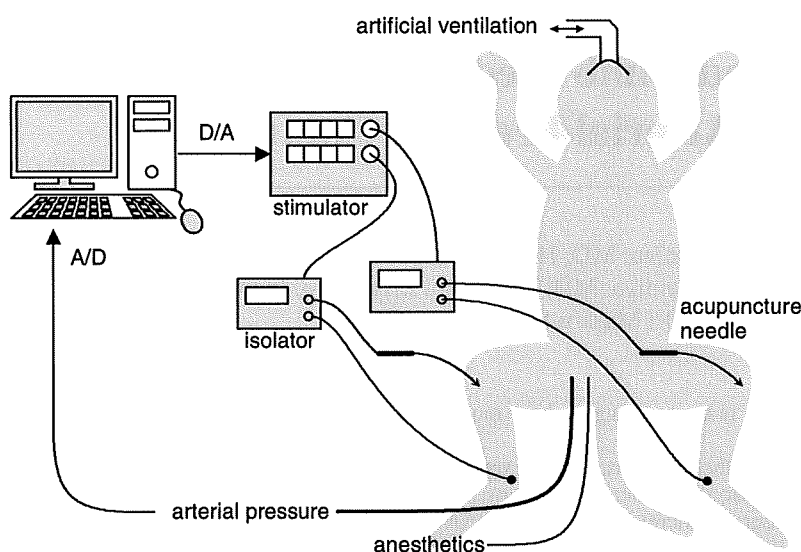


Figure 1. Experimental setup.

anesthetized by an intraperitoneal injection of pentobarbital sodium (30–35 mg/kg) and ventilated mechanically via a tracheal tube with oxygen-supplied room air. The depth of anesthesia was maintained with a continuous intravenous infusion of pentobarbital sodium ( $1\text{--}2\text{ mg}\cdot\text{kg}^{-1}\cdot\text{h}^{-1}$ ) through a catheter inserted into the right femoral vein. Vecuronium bromide ( $0.5\text{--}1.0\text{ mg}\cdot\text{kg}^{-1}\cdot\text{h}^{-1}$ , iv) was given continuously to suppress muscular activity. AP was measured using a catheter-tip manometer inserted from the right femoral artery and advanced into the thoracic aorta.

### HES

In the supine position, both hind limbs were lifted to obtain a better view of the lateral sides of the lower legs. An acupuncture needle with a diameter of 0.2 mm (CE0123, Seirin-Kasei, Shimizu, Japan) was inserted into a point below the knee joint just lateral to the tibia.<sup>20</sup> A 23-gauge needle was inserted into the skin behind the ankle as the ground. HES was applied bilaterally via 2 independent isolators connected to an electrical stimulator (SEN 7203, Nihon Kohden, Tokyo, Japan) as shown in **Figure 1**. The pulse width was changed manually whereas the stimulus frequency and the stimulus current were controlled by a dedicated laboratory computer system. The electrical stimulation was started after the hemodynamic effects of needle insertion had disappeared, and the acupuncture needle remained inserted during each protocol.

### Protocols

**Protocol 1 (n=8)** To quantify the AP response to HES as a function of stimulus current and pulse width, we fixed the stimulus frequency at 10 Hz and changed the stimulus current stepwise from 0 to 5 mA in 1-mA increments every minute. The 6-min current test was repeated with an intervening interval of 3–5 min using different pulse widths (0.1, 0.2, 0.5 and 1 ms). The order of the pulse-width settings was randomized across the animals.

**Protocol 2 (n=8)** To quantify the AP response to HES as a function of stimulus frequency and pulse width, we fixed the stimulus current at 3 mA and changed the stimulus frequency sequentially from 0 to 100 Hz (0, 1, 2, 5, 10, 15, 20, 50 and 100 Hz). Each stimulus frequency was maintained for 1 min. The 9-min frequency test was repeated with an

intervening interval of 3–5 min using different pulse widths (0.1, 0.2, 0.5 and 1 ms). The order of the pulse-width settings was randomized across the animals.

**Protocol 3 (n=8)** To identify the dynamic input–output relationship between HES and the AP response, we randomly turned HES on and off every 2 s according to a binary white noise sequence for 30 min. The HES setting (0.5-ms pulse width, 10 Hz, 3 mA) was chosen to induce effective hypotension based on the preliminary results obtained from Protocols 1 and 2.

**Protocol 4 (n=8)** Based on the result of Protocol 3, we designed a feedback controller that could automatically adjust the stimulus frequency and the stimulus current for HES. The pulse width was fixed at 0.5 ms. To examine the performance of the feedback controller, we set a target AP value at 20 mmHg below the baseline AP and activated the feedback controller for 10 min.

The following 2 supplemental protocols were performed in 3 of the 8 cats: (1) we inserted 2 acupuncture needles into the triceps surae muscle with a distance of approximately 2.5 cm, and examined if changes in AP was associated with direct muscle stimulation (0.5-ms pulse width, 10 Hz, 3 mA). Both hind limbs were stimulated simultaneously using 2 independent isolators; and (2) we exposed the sciatic nerve after finishing Protocols 1 through 4, and examined if sectioning the sciatic nerve abolished the hemodynamic effects of HES. Unilateral HES was performed (0.5-ms pulse width, 10 Hz, 3 mA) before and after sectioning the ipsilateral sciatic nerve.

### Data Analysis

In Protocols 1 and 2, the AP value was obtained by averaging the last 10-s data at each stimulus condition. In Protocol 1, the effect of stimulus current was assessed by changes in AP from the 0-mA stimulus condition for each pulse width. In Protocol 2, the effect of stimulus frequency was assessed by changes in AP from the 0-Hz stimulus condition for each pulse width.

In Protocol 3, the transfer function from HES to AP was estimated by means of an analysis for one-input, one-output systems. Data were first resampled at 10 Hz and segmented into 8 sets of 50%-overlapping bins of 4,096 points each. For each segment, a linear trend was subtracted and a