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Uterine Cervical Carcinoma: Preoperative Staging with 3.0-T MR Imaging—Comparison with 1.5-T MR Imaging¹

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Purpose:

To prospectively evaluate the efficacy of 3.0-T magnetic resonance (MR) imaging in the preoperative staging of cervical carcinoma compared with that at 1.5-T imaging, with surgery and pathologic analysis as the reference standards.

Materials and Methods:

Institutional review board approval and informed consent were obtained. Thirty-one consecutive patients (age range, 27–71 years; mean age, 51.1 years) underwent 3.0- and 1.5-T MR imaging. Quantitative and qualitative analyses were performed. Two radiologists independently evaluated images in terms of local-regional staging. MR findings were compared with surgicopathologic findings.

Results:

Mean tumor signal-to-noise ratios, mean cervical stroma signal-to-noise ratios, and mean tumor-to-cervical stroma contrast-to-noise ratios at 3.0-T imaging were significantly higher than those at 1.5-T imaging ($P = 9.1 \times 10^{-6}$, $P = 1.8 \times 10^{-6}$, and $P = .008$, respectively). Image homogeneity at 3.0-T imaging was significantly inferior to that at 1.5-T imaging ($P = .005$). There were no significant differences in terms of the degree of susceptibility artifacts. Interobserver agreement between the two radiologists for local-regional staging was good or excellent ($\kappa = 0.65$ – 0.89). Sensitivity, specificity, and area under the receiver operating characteristic curve for radiologist 1 in the evaluation of parametrial invasion were (a) 75% for both 3.0- and 1.5-T imaging, (b) 70% for both 3.0- and 1.5-T imaging, and (c) 0.82 for 3.0-T imaging and 0.85 for 1.5-T imaging, respectively. Corresponding values for vaginal invasion were (a) 67% for both 3.0- and 1.5-T imaging, (b) 68% for 3.0-T imaging and 72% for 1.5-T imaging, and (c) 0.62 for 3.0-T imaging and 0.67 for 1.5-T imaging, respectively. Corresponding values for lymph node metastases were (a) 57% for both 3.0- and 1.5-T imaging, (b) 83% for 3.0-T imaging and 88% for 1.5-T imaging, and (c) 0.72 for 3.0-T imaging and 0.78 for 1.5-T imaging, respectively. Neither radiologist noted significant differences between values obtained with 3.0-T imaging and those obtained with 1.5-T imaging ($P > .5$ for all comparison pairs).

Conclusion:

In this study, 3.0-T MR imaging was characterized by high diagnostic accuracy in the presurgical evaluation of patients with cervical carcinoma, although 3.0-T imaging was not significantly superior to 1.5-T imaging.

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Carcinoma of the uterine cervix is the third most common gynecologic malignancy in the United States, with an estimated 11 070 new cases of this cancer and an estimated 3870 deaths from this disease in 2008 (1). Over the past several decades, the mortality rate has decreased as a result of screening with the Papanicolaou test; however, the survival rate of patients with invasive carcinomas has remained unchanged (2–5). Cervical carcinoma is usually staged and managed on the basis of criteria proposed by the International Federation of Gynecology and Obstetrics (FIGO). These criteria take into account the physical examination, colposcopy, chest radiography, excretory urography, cystoscopy, proctosigmoidoscopy, and barium enema examination findings. However, the FIGO staging system is sometimes inaccurate, in spite of the fact that accurate staging is essential for appropriate treatment planning (5–7). The usefulness of magnetic resonance (MR) imaging in the preoperative assessment of patients with cervical carcinoma has been recognized (7–13) and is expected to optimize the therapeutic strategy.

Theoretically, 3.0-T MR imaging offers a higher signal-to-noise ratio (SNR) and higher spectral separation than does 1.5-T MR imaging. While 3.0-T MR imaging has already been shown to be more effective than 1.5-T imaging in the

brain and musculoskeletal system, the advantages of its use in the abdomen or pelvis remain unclear because of artifacts like dielectric effects (14,15). Since these artifacts can deteriorate image quality and potentially lead to inferior diagnostic capability, 3.0-T MR imaging may not be adequate for use in the preoperative assessment of cervical carcinoma. This could be a major problem in view of the fact that the number of 3.0-T MR imagers is increasing worldwide. Although some reports have dealt with the value of 3.0-T imaging in the examination of the female pelvis (16–20), to our knowledge, no one has investigated the efficacy of 3.0-T imaging in the presurgical evaluation of cervical carcinoma. Thus, the purpose of our study was to prospectively evaluate the efficacy of 3.0-T MR imaging in the preoperative staging of cervical carcinoma compared with that at 1.5-T imaging, with surgery and pathologic analysis as the reference standards.

Materials and Methods

Patients

This study was approved by the Osaka University Hospital institutional review board, and written informed consent was obtained from all patients. Between November 2006 and October 2007, 59 consecutive women with biopsy-proved untreated cervical carcinoma were examined with MR imaging at Osaka Uni-

versity Hospital. Of these patients, 16 did not agree to be included in the study, and 12 underwent radiation therapy and were excluded from the study. Thus, the final study population comprised 31 patients (age range, 27–71 years; mean age, 51.1 years \pm 9.8 [standard deviation]). All of the patients underwent surgery 13–75 days (mean, 33.5 days \pm 15.1) after MR examination. Surgical confirmation of the diagnosis was obtained by means of Piver type IV hysterectomy with pelvic lymphadenectomy in 27 patients, Piver type III hysterectomy with pelvic lymphadenectomy in one patient, abdominal radical trachelectomy with pelvic lymphadenectomy in two patients, and total vaginal hysterectomy in one patient (21). Histologic examination enabled us to establish that of the 31 tumors, 22 (71%) were squamous cell carcinomas, four (13%) were mucinous adenocarcinomas, two (6%) were serous adenocarcinomas, two (6%) were endometrioid adenocarcinomas, and one (3%) was an adenosquamous cell carcinoma. Pathologic examination demonstrated stage IA1 disease in two patients, stage IA2 disease in one patient, stage IB1 disease in 17 patients, stage IB2 disease in three patients, stage IIA disease in four patients, and stage IIB disease in four patients. One patient did not undergo pelvic lymphadenectomy, and we presumed that this patient did not have metastatic

Advances in Knowledge

- The tumor signal-to-noise ratio of 3.0-T MR imaging was 15% better than that of 1.5-T MR imaging.
- Image homogeneity of 3.0-T MR imaging was inferior to that of 1.5-T MR imaging ($P = .005$).
- Susceptibility artifacts on 3.0-T MR images were larger than those on 1.5-T MR images, but this difference was not significant ($P = .11$).
- The diagnostic capability of 3.0-T MR imaging in the presurgical evaluation of cervical carcinoma was good and comparable to that of state-of-the-art 1.5-T MR imaging.

Implications for Patient Care

- MR imaging at 3.0 T is an effective diagnostic modality in the presurgical evaluation of patients with cervical cancer because its diagnostic performance is comparable to that of state-of-the-art 1.5-T imaging.
- Because image homogeneity due to insufficient radiofrequency penetration at 3.0-T imaging is inferior to that at 1.5-T imaging, it may be advisable to use 1.5-T MR imaging to evaluate certain kinds of patients, such as those who are obese or have massive ascites.

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Abbreviations:

CNR = contrast-to-noise ratio
SNR = signal-to-noise ratio

Author contributions:

Guarantor of integrity of entire study, M.H.; study concepts/study design or data acquisition or data analysis/interpretation, all authors; manuscript drafting or manuscript revision for important intellectual content, all authors; manuscript final version approval, all authors; literature research, M.H., T. Kim, T.M., I.I.; clinical studies, M.H., T. Kim, H.O., K.T., T.T., T.E., T. Kimura, H.N.; experimental studies, M.H., I.I., H.O.; statistical analysis, M.H.; and manuscript editing, all authors

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lymph nodes on the basis of preoperative computed tomography (CT) and MR findings and follow-up CT findings obtained 6 months after surgery.

MR Examination

MR imaging was performed with state-of-the-art 3.0- and 1.5-T imagers (Signa Excite HD 3.0 T and Signa Excite HD 1.5 T; GE Healthcare, Milwaukee, Wis) operating with comparable software and eight-channel body-array coils. For 3.0-T MR imaging, a dielectric pad was placed on the patient's body to improve image homogeneity (22,23). After acquisition of localization images, T2-weighted fast spin-echo images were obtained in oblique sagittal (parasagittal) planes that were parallel to the longitudinal axis of the cervical canal, as well as in oblique (paraxial or paracoronal) planes that were vertical to the cervical canal. The imaging parameters were as follows: repetition time msec/echo time msec, 6000/90 for 3.0-T imaging and 4000/90 for 1.5-T imaging; two signals acquired; echo train length, 18 for 3.0-T imaging and 12 for 1.5-T imaging; receiver bandwidth, 62.5 kHz for 3.0-T imaging and 31.2 kHz for 1.5-T imaging; and 512 × 256 matrix. The section thickness was 5 mm, with a 1-mm intersection gap and a 24-cm field of view. Imaging was performed with superior and inferior spatial presaturation pulses. Saturation bands were placed anteriorly for imaging in parasagittal planes to eliminate the phase-shift artifacts caused by subcutaneous fat. If prominent artifacts from subcutaneous fat were observed in the paraxial plane, we planned to perform additional T2-weighted imaging in this plane with an anterior saturation band. However, this was not needed in our series. Sensitivity encoding techniques were not used. Acquisition time was 198 seconds for 3.0-T imaging and 184 seconds for 1.5-T imaging for each T2-weighted sequence. We performed 3.0- and 1.5-T MR imaging on the same day within a 30-minute interval, and the order of imaging (whether the patient underwent 3.0- or 1.5-T MR imaging first) was random. Fifteen patients underwent the 3.0-T study first, and the remaining 16 pa-

tients underwent the 1.5-T study first. Except when contraindicated, 20 mg of butyl-scopolamine (Buscopan; Nippon Boehringer Ingelheim, Tokyo, Japan) was administered intramuscularly to all patients before the examination to prevent peristalsis artifacts. After T2-weighted images were acquired with both 3.0- and 1.5-T imagers, unenhanced T1-weighted and contrast material-enhanced (17 mL of gadoteridol; ProHance, Eisai, Tokyo, Japan) dynamic T1-weighted MR images were obtained with the 3.0- or 1.5-T imager; however, these images were not used in our study.

Image Analysis

Quantitative analysis.—All images were transferred to a workstation (Advantage Workstation 4.2; GE Healthcare) for quantitative analysis. One radiologist (M.H., 15 years experience in genitourinary imaging) performed the analysis and, whenever possible, applied it to images by using the operator-defined region-of-interest (ROI) measurements of mean signal intensity in the cervical stroma (mean area, $0.3 \text{ cm}^2 \pm 0.1$; range, $0.1\text{--}0.6 \text{ cm}^2$) and tumors (mean area, $3.4 \text{ cm}^2 \pm 3.1$; range, $0.3\text{--}12.0 \text{ cm}^2$). Signal intensity was measured in areas devoid of focal signal intensity changes and prominent artifacts. For tumors, a circular ROI was drawn as large as possible to encompass as much of the lesion as possible. The standard deviation of background noise (SD_B) was measured along the phase-encoding direction outside the anterior abdominal wall (mean ROI size, $13.4 \text{ cm}^2 \pm 3.6$; range, $3.8\text{--}16.2 \text{ cm}^2$) to calculate (a) tumor SNR (SNR_T) with the equation $SNR_T = SI_T/SD_B$, (b) cervical stroma SNR (SNR_{CS}) with the equation $SNR_{CS} = SI_S/SD_B$, and (c) tumor-to-cervical stroma contrast-to-noise ratio (CNR) with the equation $CNR = (SI_T - SI_S)/SD_B$, where SI_T is the signal intensity of the tumor and SI_S is the signal intensity of the cervical stroma.

Image qualitative analysis.—Another radiologist (T.Kim, 18 years of experience in genitourinary imaging) reviewed the images obtained in both oblique planes with the 3.0- and 1.5-T

units. This review was conducted over the course of two sessions separated by a 2-week interval, with one set of images from each subject reviewed during each session. The order of the patients was randomized, as was the order in which images obtained with either the 3.0-T unit or the 1.5-T unit were reviewed. To minimize bias, the patient name, imaging parameters, and MR unit used for imaging were masked. The radiologist graded images in terms of image homogeneity and susceptibility artifacts with a four-point scale (1, unacceptable; 2, poor; 3, fair; and 4, good).

Diagnostic performance analysis.—Two radiologists (T.Kim, I.I.) with more than 15 years of experience in gynecologic MR imaging independently reviewed the images obtained with the 3.0- and 1.5-T units. One of the radiologists (I.I.) was from another hospital and was invited to review the images. This radiologist was not involved in the prospective clinical care of any of these patients. The other radiologist (T.Kim) was involved in the clinical care of some of these patients. T2-weighted images obtained in both oblique planes were reviewed. This review was conducted over the course of two sessions separated by a 2-week interval in the same manner as the image quality analysis. The reviewers were blinded to the histopathologic findings, patient name, imaging parameters, and MR unit used; however, they were aware of the patient's age. There was no time restriction for reviewing the images for each case.

The readers were asked to score the images obtained in each patient for the presence of parametrial invasion, vaginal invasion, and lymph node metastases. The readers rated the images and assigned a confidence level (1, definitely absent; 2, probably absent; 3, equivocal; 4, probably present; and 5, definitely present). For calculation of sensitivity and specificity, confidence levels of 1, 2, and 3 were classified as negative, whereas confidence levels of 4 and 5 were classified as positive. These assessments were made on the basis of established MR criteria. First, patients

with supravaginal tumors were suspected of having parametrial invasion if disruption of the hypointense stroma and protrusion through the disrupted stroma into the parametrium were observed. Preservation of the hypointense stromal ring on T2-weighted images was considered a sign of intact parametrium. Patients with tumors within the vaginal fornix were suspected of having parametrial invasion when the lesion protruded through the defect of the hypointense thin vaginal fornix. Vaginal invasion was diagnosed when segmental disruption of a low-signal-intensity vagina or a thick hyperintense vagina was observed. Lymph node metastasis was diagnosed when enlarged regional lymph nodes with a minimal diameter larger than 1 cm were identified.

Statistical Analyses

The paired *t* test was used to compare SNRs and CNRs on 3.0- and 1.5-T images. The Wilcoxon signed rank test was used for statistical comparison of image quality scores.

Figure 1

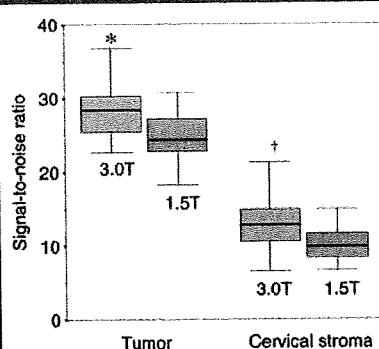


Figure 1: Box plots show SNRs of tumors and cervical stroma. Box plots indicate the median (horizontal line), the 75th (top of box) and 25th (bottom of box) quartiles, and the smallest and largest nonextreme values (whiskers). Mean values were significantly higher for 3.0-T imaging than for 1.5-T imaging for tumors and cervical stroma. The mean ratio of SNR at 3.0-T imaging to that at 1.5-T imaging was 1.15 for tumors and 1.24 for cervical stroma. The signal intensity of tumors was measured in 21 patients, and the signal intensity of cervical stroma was measured in 29 patients. *P* values were calculated with the paired *t* test. * = $P = 9.1 \times 10^{-6}$. † = $P = 1.8 \times 10^{-6}$.

MR findings were compared with surgicopathologic findings. Sensitivity, specificity, positive and negative predictive values, and diagnostic accuracy of the 3.0- and 1.5-T MR imagers were calculated for diagnosis of parametrial invasion, vaginal invasion, and lymph node metastases. These diagnostic parameters were expressed with a 95% confidence interval. The McNemar test was used for statistical comparison of sensitivity and specificity. Receiver operating characteristic analysis was performed to evaluate diagnostic performance in relation to parametrial invasion, vaginal invasion, and lymph node metastases. A receiver operating characteristic curve was fitted to each reader's confidence rating by using a maximum likelihood estimation program (ROCKIT, version 0.9B; C. E. Metz, University of Chicago, Chicago, Ill). The diagnostic performance was then estimated by calculating the area under the receiver operating characteristic curve. The univariate *z* score was calculated to evaluate the significance of the difference between the area under the receiver operating characteristic curve values.

Regarding the five-point scale used

Figure 2

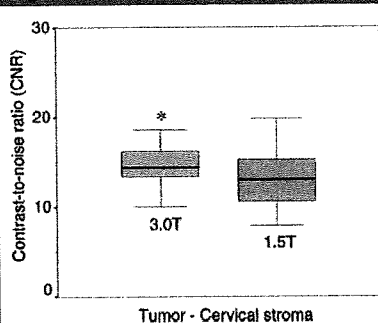


Figure 2: Box plots show tumor-to-cervical stroma CNR. The tumor-to-cervical stroma CNR was calculated in 19 patients. Box plots indicate the median (horizontal line), the 75th (top of box) and 25th (bottom of box) quartiles, and the smallest and largest nonextreme values (whiskers). The mean ratio of tumor-to-cervical stroma CNR at 3.0-T imaging to that at 1.5-T imaging was 1.16. Mean values were significantly higher for 3.0-T imaging than for 1.5-T imaging. * = $P = .008$ (paired *t* test).

to evaluate diagnostic performance, interobserver agreement between the two readers and intermodality agreement between the 3.0- and 1.5-T imager were determined by calculating the weighted κ values (quadratic weighting), with a κ value of 0.00 indicating poor agreement; 0.01–0.20, slight agreement; 0.21–0.40, fair agreement; 0.41–0.60, moderate agreement; 0.61–0.80, good agreement; and 0.81–1.00, excellent agreement (24).

For all statistical analyses other than receiver operating characteristic analysis, a software package (SPSS for Windows, version 11.0; SPSS, Chicago, Ill) was used. A two-tailed *P* value of less than .05 was considered to indicate a significant difference. Power analysis indicated that a minimum sample size of 12 patients would provide 80% power and a 5% significance level in the detection of a mean difference of 15% between values at 3.0- and 1.5-T imaging in tumor SNR, cervical stromal SNR, and tumor-to-cervical stroma CNR. Since our study was an initial experience, no power analysis was performed in terms of diagnostic performance evaluation.

Results

Quantitative Analysis

On 3.0- and 1.5-T images, tumors could barely be identified in 10 subjects mainly because the tumors were small, and cervical stroma could not be clearly observed in two patients. Thus, signal intensity was obtained for tumors in 21 patients and for cervical stroma in 29 patients, whereas tumor-to-cervical stroma CNR was obtained in 19 patients. The mean SNR of tumors ($P = 9.1 \times 10^{-6}$), mean SNR of cervical stroma ($P = 1.8 \times 10^{-6}$), and mean tumor-to-cervical stroma CNR ($P = .008$) at 3.0-T imaging were significantly higher than those at 1.5-T imaging (Figs 1–3). The mean ratio of SNR at 3.0-T imaging to SNR at 1.5-T imaging was 1.15 (95% confidence interval: 1.10, 1.20) for tumors and 1.24 (95% confidence interval: 1.15, 1.33) for cervical stroma. The mean ratio of

tumor-to-stroma CNR at 3.0-T imaging to that at 1.5-T imaging was 1.16 (95% confidence interval: 1.04, 1.27).

Image Qualitative Analysis

Two patients had poor image homogeneity at 3.0-T imaging, whereas no patient had poor image homogeneity at 1.5-T imaging. The score for image homogeneity at 3.0-T imaging was significantly inferior to that at 1.5-T imaging ($P = .005$) (Table 1; Figs 3, 4). The score for susceptibility artifacts at 3.0-T imaging was also inferior to that at 1.5-T imaging; however, this difference was not significant ($P = .11$).

Diagnostic Performance Analysis

There were no significant differences between 3.0- and 1.5-T MR imaging in terms of the area under the receiver operating characteristic curve, sensitivity, or specificity for each reader ($P > .5$ for all comparison pairs) (Table 2; Figs 4, 5). There was excellent interobserver and intermodality agreement for the diagnosis of parametrial invasion and lymph node metastases ($\kappa > 0.80$) (Table 3) and good interobserver and intermodality agreement for the diagnosis of vaginal invasion ($\kappa = 0.65-0.77$).

Discussion

The SNR at 3.0-T imaging can theoretically be expected to be twice as high as that at 1.5-T imaging. This higher SNR can be maintained or traded for greater speed, improved spatial resolution, or both. Thus, the use of 3.0-T imaging has been firmly established in the neuroradiologic field (25,26); however, there are many problems associated with 3.0-T imaging, particularly imaging of the abdomen and pelvis. These problems include (a) increased T1 relaxation time and somewhat shortened T2 relaxation time, (b) larger chemical shift, (c) larger susceptibility effect, (d) radiofrequency inhomogeneity, (e) increased power deposition, and (f) uncertain efficacy of contrast agents (14,27-29). As a result, the advantages of a higher magnetic field are not directly applicable to the chest, abdomen, or pelvis. Our re-

Figure 3

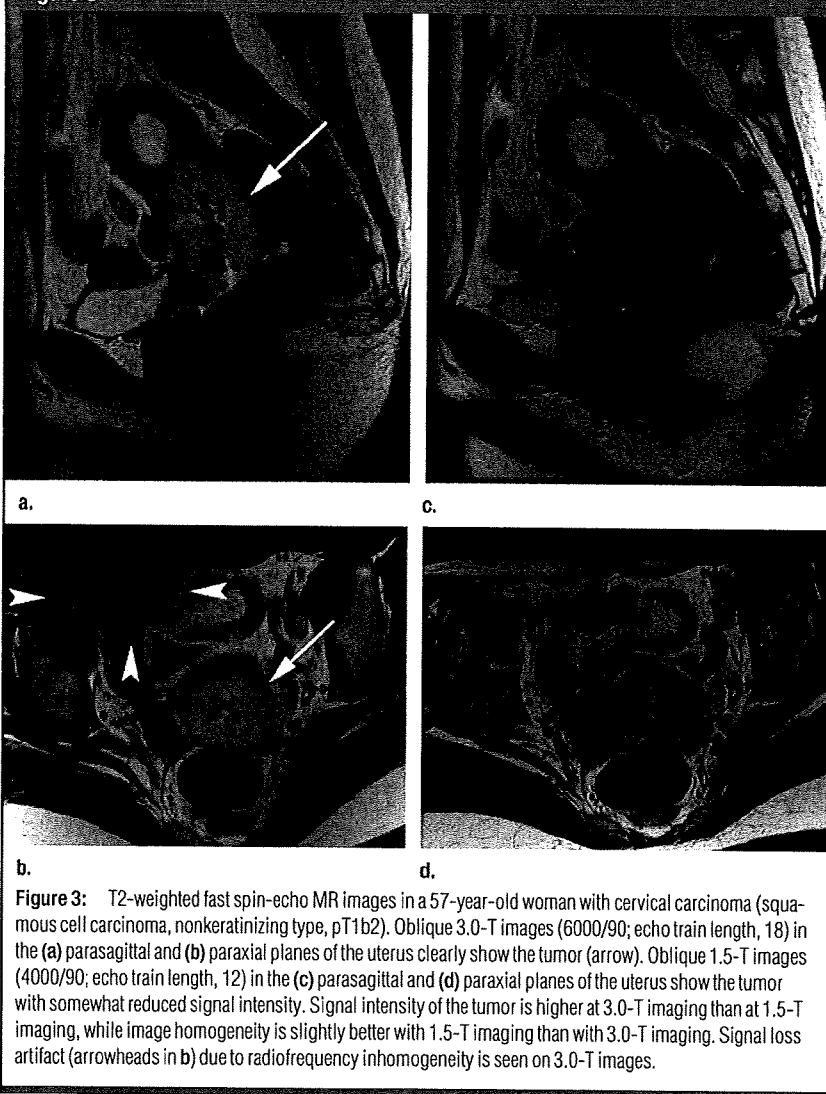


Figure 3: T2-weighted fast spin-echo MR images in a 57-year-old woman with cervical carcinoma (squamous cell carcinoma, nonkeratinizing type, pT1b2). Oblique 3.0-T images (6000/90; echo train length, 18) in the (a) parasagittal and (b) paraxial planes of the uterus clearly show the tumor (arrow). Oblique 1.5-T images (4000/90; echo train length, 12) in the (c) parasagittal and (d) paraxial planes of the uterus show the tumor with somewhat reduced signal intensity. Signal intensity of the tumor is higher at 3.0-T imaging than at 1.5-T imaging, while image homogeneity is slightly better with 1.5-T imaging than with 3.0-T imaging. Signal loss artifact (arrowheads in b) due to radiofrequency inhomogeneity is seen on 3.0-T images.

Table 1

Results of Scores for Image Quality with 3.0- and 1.5-T MR Imaging in 31 Patients

Score	Image Homogeneity*		Susceptibility Artifact†	
	3.0-T Imaging	1.5-T Imaging	3.0-T Imaging	1.5-T Imaging
4	9 (29)	19 (61)	12 (39)	19 (61)
3	20 (65)	12 (39)	19 (61)	12 (39)
2	2 (6)	0 (0)	0 (0)	0 (0)
1	0 (0)	0 (0)	0 (0)	0 (0)

Note.—Data in parentheses are percentages. Image quality was graded in terms of homogeneity and susceptibility artifacts with the aforementioned four-point scale. P values were calculated with the Wilcoxon signed rank test for statistical comparison of scores at 3.0- and 1.5-T MR imaging.

* $P = .005$.

† $P = .11$.

sults show that 3.0-T imaging can improve tumor SNR by approximately 15% and tumor-to-stroma CNR by approximately 16%, yield inferior image homogeneity, and have equivalent diagnostic capability for the presurgical evaluation of cervical carcinoma compared with state-of-the-art 1.5-T MR imaging. This means that 3.0-T imaging is an effective diagnostic modality in the presurgical evaluation of patients with cervical cancer.

The evaluation of parametrial invasion is important because it greatly influences therapeutic strategy. Radiation

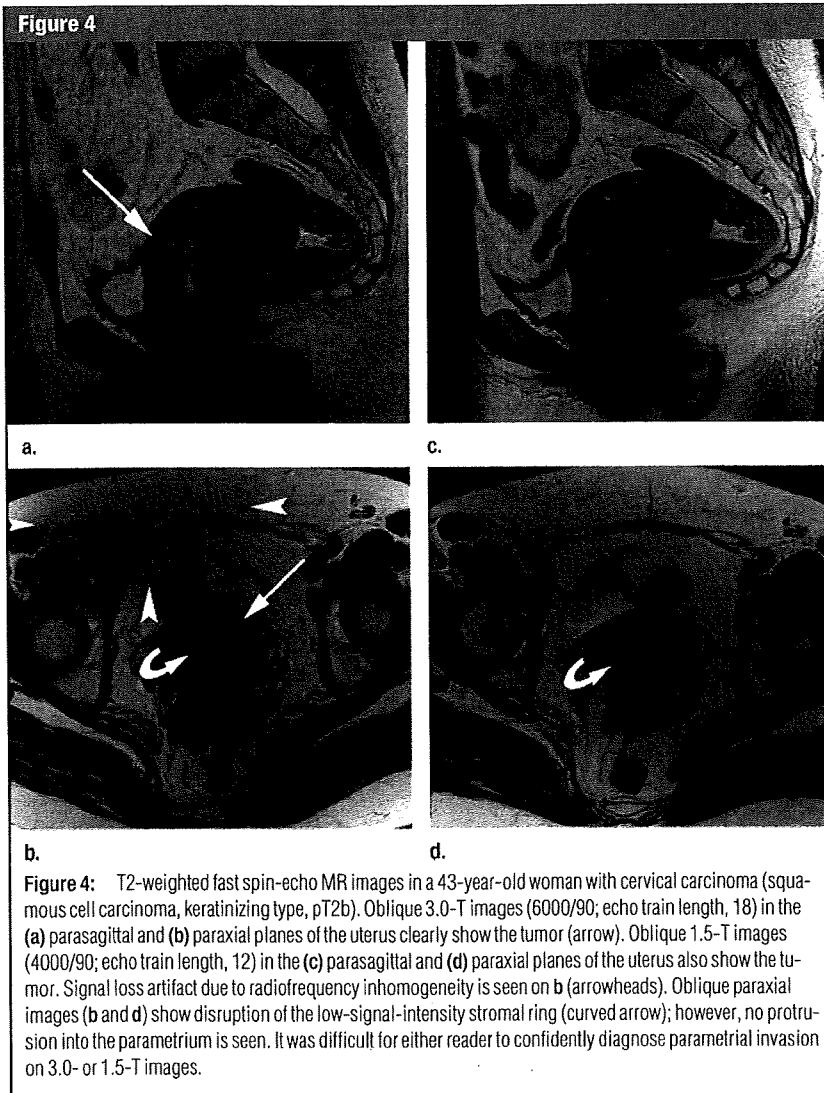
therapy alone or in combination with chemotherapy is the preferred treatment for stage IIB or higher cancer and for lesions larger than 4 cm in diameter, whereas surgery is the treatment of choice for lower-stage disease. Our results show a high negative predictive value of 95% for both 3.0- and 1.5-T imaging in terms of parametrial invasion and high sensitivity, specificity, and accuracy of 75%, 70%–74%, and 71%–74%, respectively. These values were not markedly different from those previously reported (7–13). However, our results show low positive predictive val-

ues of 27%–30% for both magnetic field strengths. Although sensitivity and specificity are considered inherent invariant test characteristics, predictive values depend not only on sensitivity and specificity but also on disease prevalence (30). This leads us to believe that the low positive predictive value of our results can be explained, at least in part, by the low prevalence of parametrial invasion in our study population.

As for vaginal invasion, reader 1 identified more true-positive cases than did reader 2. However, specificity was lower for reader 1 than for reader 2, and the area under the receiver operating characteristic curve was almost the same for the two readers. Moreover, interobserver agreement in the diagnosis of vaginal invasion was lower than that in the diagnosis of parametrial invasion and lymph node metastases. This indicates that the two readers had different thresholds for diagnosing vaginal invasion. In addition, intermodality agreement between 3.0- and 1.5-T imaging for diagnosis of vaginal invasion was also lower than that for parametrial invasion and lymph node metastases. These findings reflect difficulty in diagnosing vaginal invasion.

The quality of image homogeneity for 3.0-T imaging was inferior to that for 1.5-T imaging, in spite of the fact that we used a dielectric pad. Image inhomogeneity is the result of insufficient radiofrequency penetration and is usually severe in obese patients or those with massive ascites at presentation (14). Although our results show no significant difference between the imagers in terms of diagnostic performance, it may be better to use 1.5-T imagers rather than 3.0-T units to examine such patients whenever possible.

Magnetic susceptibility artifacts can theoretically be expected to double when moving from a 1.5-T imager to a 3.0-T unit (14,15). A previous study of 3.0-T imaging revealed no substantial susceptibility artifacts that deteriorated diagnostic performance in the preoperative evaluation of patients with endometrial carcinoma (20). Because the uterine cervix is closer to the rectum than the endometrium, we expected the



susceptibility artifacts to be more substantial when we attempted to diagnose cervical carcinoma than when we tried to diagnose endometrial carcinoma. However, there were no significant differences in the degree of susceptibility artifacts between 3.0- and 1.5-T imaging in our series.

Some imaging parameters—specifically repetition time, echo train length, and receiver bandwidth—used for 3.0-T imaging differed from those used for 1.5-T imaging. Although optimal imaging parameters may differ between 3.0- and 1.5-T imaging, some radiologists use the same parameters for both examinations (16). The T1 relaxation times are longer for 3.0-T imaging than for 1.5-T imaging (31,32), reportedly by 42% for the uterine cervix (32). Thus, a longer repetition time would be needed to obtain T2-weighted 3.0-T images that were as good as those obtained with 1.5-T imaging; however, imaging times would also be longer if echo train length was not adjusted. If echo train length is increased to maintain practical imaging times, image blurring may become prominent. With these considerations, we used longer repetition time and echo train length for 3.0-T imaging than for 1.5-T imaging. We found that 3.0-T T2-weighted fast spin-echo images (6000/90; echo train length, 18) showed similar diagnostic accuracy for presurgical evaluation of patients with cervical carcinoma without a prominent increase in imaging time compared with 1.5-T T2-weighted fast spin-echo images (4000/90; echo train length, 12).

In our study, we assessed the accuracy of staging. However, for preoperative evaluation of radical trachelectomy, which is a fertility-preserving alternative to hysterectomy performed in patients with early-stage disease, tumor staging based on the International Federation of Gynecology and Obstetrics system would not be sufficient, and assessment of tumor extension proximal to the internal os would become crucial (33).

Our study had limitations. We compared only T2-weighted images, and we did not evaluate dynamic con-

Table 2

Statistical Values for MR Assessment of Parametrial Invasion, Vaginal Invasion, and Lymph Node Metastases

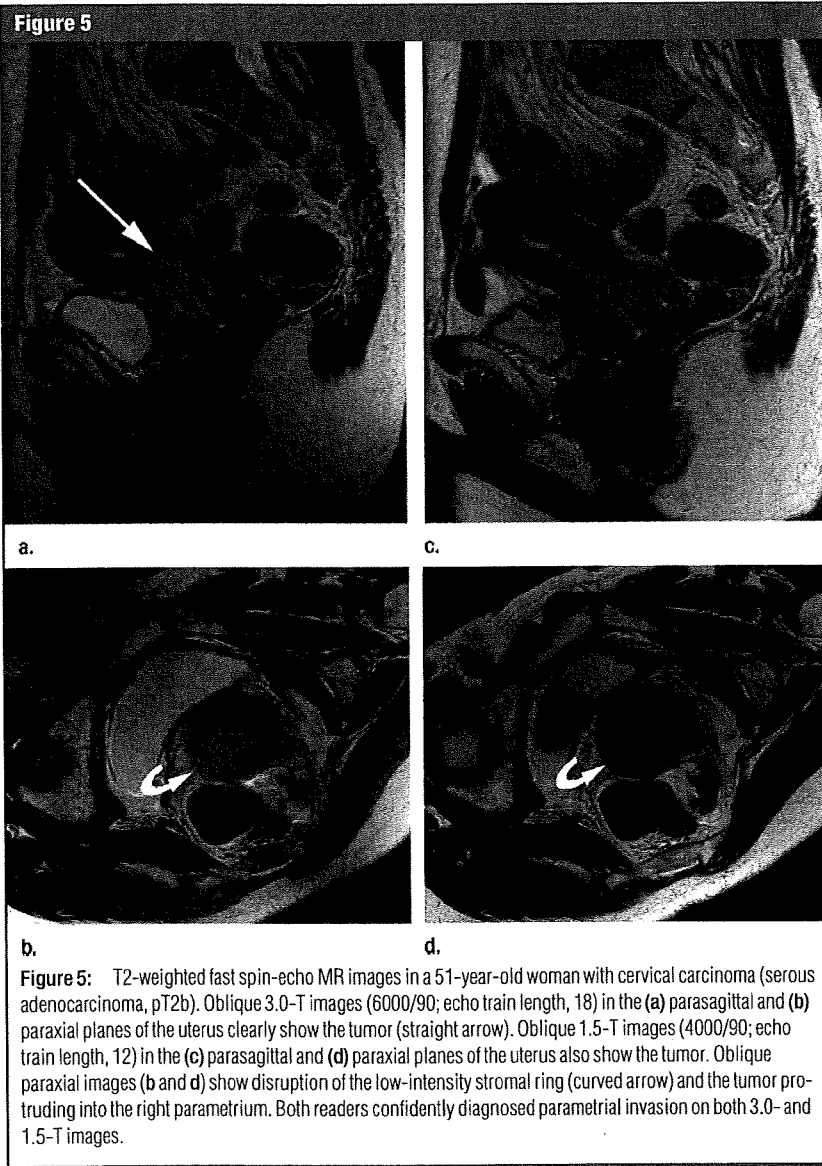
A: Sensitivity, Specificity, and A_z

Reader	A_z	Sensitivity (%)	Specificity (%)
1			
Parametrial invasion			
3.0-T imaging	0.82	75 (3/4) [33, 100]	70 (19/27) [53, 88]
1.5-T imaging	0.85	75 (3/4) [33, 100]	70 (19/27) [53, 88]
Vaginal invasion			
3.0-T imaging	0.62	67 (4/6) [29, 100]	68 (17/25) [50, 86]
1.5-T imaging	0.67	67 (4/6) [29, 100]	72 (18/25) [54, 90]
Lymph node metastases			
3.0-T imaging	0.72	57 (4/7) [20, 94]	83 (20/24) [68, 98]
1.5-T imaging	0.78	57 (4/7) [20, 94]	88 (21/24) [74, 100]
2			
Parametrial invasion			
3.0-T imaging	0.86	75 (3/4) [33, 100]	74 (20/27) [58, 91]
1.5-T imaging	0.85	75 (3/4) [33, 100]	70 (19/27) [53, 88]
Vaginal invasion			
3.0-T imaging	0.71	33 (2/6) [0, 71]	84 (21/25) [70, 98]
1.5-T imaging	0.66	33 (2/6) [0, 71]	92 (23/25) [81, 100]
Lymph node metastases			
3.0-T imaging	0.79	57 (4/7) [20, 94]	88 (21/24) [74, 100]
1.5-T imaging	0.71	57 (4/7) [20, 94]	88 (21/24) [74, 100]

B: Accuracy, PPV, and NPV

Reader	Accuracy (%)	PPV (%)	NPV (%)
1			
Parametrial invasion			
3.0-T imaging	71 (22/31) [55, 87]	27 (3/11) [1, 54]	95 (19/20) [85, 100]
1.5-T imaging	71 (22/31) [55, 87]	27 (3/11) [1, 54]	95 (19/20) [85, 100]
Vaginal invasion			
3.0-T imaging	68 (21/31) [51, 84]	33 (4/12) [7, 60]	89 (17/19) [76, 100]
1.5-T imaging	71 (22/31) [55, 87]	36 (4/11) [8, 65]	90 (18/20) [77, 100]
Lymph node metastases			
3.0-T imaging	77 (24/31) [63, 92]	50 (4/8) [15, 85]	87 (20/23) [73, 100]
1.5-T imaging	81 (25/31) [67, 95]	57 (4/7) [20, 94]	88 (21/24) [74, 100]
2			
Parametrial invasion			
3.0-T imaging	74 (23/31) [59, 90]	30 (3/10) [2, 58]	95 (20/21) [86, 100]
1.5-T imaging	71 (22/31) [55, 87]	27 (3/11) [1, 54]	95 (19/20) [85, 100]
Vaginal invasion			
3.0-T imaging	74 (23/31) [59, 90]	33 (2/6) [0, 71]	84 (21/25) [70, 98]
1.5-T imaging	81 (25/31) [67, 95]	50 (2/4) [1, 99]	85 (23/27) [72, 99]
Lymph node metastases			
3.0-T imaging	81 (25/31) [67, 95]	57 (4/7) [20, 94]	88 (21/24) [74, 100]
1.5-T imaging	81 (25/31) [67, 95]	57 (4/7) [20, 94]	88 (21/24) [74, 100]

Note.—Data in parentheses are those used to calculate sensitivity, specificity, accuracy, and positive and negative predictive values. Data in brackets are 95% confidence intervals. There were no significant differences between 3.0- and 1.5-T imaging in terms of area under the receiver operating characteristic curve (A_z), sensitivity, and specificity values determined by each reader ($P > .5$ for all comparison pairs). NPV = negative predictive value, PPV = positive predictive value.

**Table 3** **κ Values for Interobserver and Intermodality Agreement**

Parameter	Interobserver Agreement		Intermodality Agreement	
	Reader 1	Reader 2	3.0-T Imaging	1.5-T Imaging
Parametrial invasion	0.89	0.86	0.91	0.88
Vaginal invasion	0.76	0.65	0.77	0.74
Lymph node metastases	0.87	0.86	0.93	0.85

Note.—The κ values were calculated from the five-point scale scores assigned by the two readers for the presence of parametrial invasion, vaginal invasion, and lymph node metastases by using weighted κ statistics (quadratic weighting) to evaluate interobserver and intermodality agreement.

trast-enhanced MR images, even though some authors have reported that dynamic MR imaging was useful in the evaluation of cervical carcinoma (34). However, other studies have shown that dynamic MR imaging has limited value in the assessment of tumor extent (35,36) and that the role of contrast enhanced imaging is still a matter of debate (5). Furthermore, we thought our patients would be at greater risk if they received two injections of contrast material to compare the efficacy of 3.0-T dynamic MR imaging with that of 1.5-T imaging. Thus, we focused on T2-weighted imaging in this study; however, further study will be needed to evaluate the diagnostic capability of contrast-enhanced 3.0-T MR imaging.

We did not use special techniques—such as parallel imaging, flip angle refocusing, or higher-spatial-resolution techniques—for 3.0-T imaging. We potentially could have achieved better image quality if we used these techniques or if we used a more recently developed 3.0-T unit. This was another limitation of our study, especially because high-spatial-resolution 3.0-T imaging might have yielded more clinically relevant information (18).

Our study was also limited by the relatively small number of patients included ($n = 31$) and the actual number of patients with local invasion. Larger sample sizes are needed to evaluate the diagnostic performance with greater precision. One patient did not undergo pelvic lymphadenectomy. This means that our results for the diagnosis of lymph node metastases may be somewhat inaccurate. However, it is unlikely that this was a substantial drawback because only one of 31 patients did not undergo pelvic lymphadenectomy.

Recall bias could be another limitation of our study because one of the two radiologists who reviewed images in terms of diagnostic performance analysis was involved in the clinical care of some of the patients. However, this was unlikely to be a substantial limitation because another radiologist who was not involved in the clinical care of these patients also reviewed the images, and κ analysis showed excellent or good interobserver agreement.

In conclusion, 3.0-T MR imaging had high diagnostic accuracy in the presurgical evaluation of patients with cervical carcinoma; however, this accuracy was not significantly superior to that of 1.5-T imaging. However, image inhomogeneity due to insufficient radiofrequency penetration was more significant at 3.0-T imaging than at 1.5-T imaging. Thus, it may be better to use 1.5-T MR imaging when evaluating certain patients, such as those who are obese or have massive ascites at presentation.

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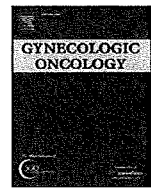
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Postoperative concurrent nedaplatin-based chemoradiotherapy improves survival in early-stage cervical cancer patients with adverse risk factors

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ABSTRACT

Objectives. The aim of this study was to evaluate the efficacy of postoperative nedaplatin-based concurrent chemoradiotherapy (CCRT) in patients with FIGO stage IA2–IIB cervical cancer with adverse risk factors.

Methods. We retrospectively reviewed the medical records of 183 patients with early-stage cervical cancer who had undergone radical surgery between April 1997 and March 2006. Of these, 68 patients displayed high-risk prognostic factors such as positive pelvic lymph nodes, parametrial involvement, or a positive surgical margin. Fifty-seven patients demonstrated intermediate-risk prognostic factors including deep stromal invasion, capillary lymphatic space involvement, or large tumor diameter. These patients were treated postoperatively with CCRT or radiotherapy alone (RT). Fifty-eight patients showed no risk factors and, therefore, received no adjuvant therapy after surgery. The 3-year recurrence rate, progression free survival (PFS), and overall survival (OS) were compared between the treatment groups.

Results. CCRT was significantly superior to RT alone with regard to recurrence rate, PFS, and OS in patients that displayed high-risk and intermediate-risk prognostic factors. The frequencies of acute grade 3–4 toxicities were significantly higher in patients treated with CCRT than in those treated with RT alone. However, no statistically significant difference was observed with regard to severe late toxicities.

Conclusions. Postoperative nedaplatin-based CCRT was safely performed and improved the prognosis of FIGO stage IA2–IIB cervical cancer patients displaying high-risk or intermediate-risk prognostic factors. This treatment can be considered as an alternative to cisplatin-based chemoradiotherapy in this patient population.

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Introduction

Early-stage cervical cancer has traditionally been treated by either radical hysterectomy or primary radiotherapy with similar survival outcomes. According to previous reports, the 5-year survival rate of patients with FIGO stage IB–IIA cervical cancer treated with radical surgery has been reported to be 83–91%, which is comparable to the 74–91% reported for those treated with radiotherapy alone [1–3]. In Japan, patients with stage IA2–IIB cervical cancer are usually treated with radical surgery [4,5].

Several risk factors have been identified that compromise the treatment outcome in patients with early-stage cervical cancer who were primarily treated with radical surgery [6–8]. Generally, patients

with risk factors such as positive pelvic nodes, parametrial invasion, or a positive vaginal margin are regarded as “high-risk” for recurrence [6]. Moreover, patients with a tumor confined to the cervix that display risk factors such as large tumor size, lymphovascular space invasion, and deep stromal invasion are considered to be at “intermediate-risk” of recurrence [7, 8]. Postoperative RT is usually recommended for patients that display these risk factors.

A previous Gynecologic Oncology Group Phase III study (GOG 92) evaluated the role of adjuvant RT in patients that showed “intermediate-risk” prognostic factors, i.e., those with at least two of the following risk factors after radical hysterectomy: >1/3 stromal invasion, lymphovascular space involvement, or large tumor diameter. Although overall survival was not significantly prolonged by the addition of adjuvant RT, this study demonstrated that adjuvant RT significantly reduced the risk of recurrence and prolonged progression free survival in these women [9,10].

In early-stage cervical cancer patients with high-risk prognostic factors, a prospective randomized clinical trial (GOG 109/SWOG 87-97) addressed the role of adjuvant concurrent chemoradiotherapy (CCRT) after radical hysterectomy and pelvic lymphadenectomy [11]. The

Abbreviations: CT, computed tomography; MRI, magnetic resonance imaging; OS, overall survival; PFS, progression free interval; ICBT, intracavitary brachytherapy; EBRT, external beam radiotherapy; RT, radiotherapy; CCRT, concurrent chemoradiotherapy.

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study demonstrated that the addition of concurrent cisplatin-based chemotherapy to postoperative RT improved survival in patients with positive pelvic LN and/or a positive resection margin and/or parametrial involvement.

Concurrent chemoradiotherapy, usually with 40 mg/m² of weekly cisplatin, is now accepted as a standard first line treatment for cervical cancer [12,13]. However, in a previous Japanese phase I study, which determined the recommended dose of weekly cisplatin in the setting of CCRT after radical hysterectomy, dose-limiting toxicity (DLT) was observed at 40 mg/m², indicating that a weekly dose of 40 mg/m² of cisplatin may be too high for Japanese patients with cervical cancer [14]. Therefore, the use of an agent that shows less toxicity as a radiosensitizer may be beneficial for Japanese patients with cervical cancer.

Nedaplatin (*cis*-diammine-glycopolatinum), a derivative of cisplatin, was developed by Shionogi Pharmaceutical Company in Japan with the aim of ensuring reduced renal and gastrointestinal toxicity compared to cisplatin but similar effectiveness.

In a preclinical evaluation of cervical cancer, nedaplatin demonstrated significant anti-tumor activity similar to that of cisplatin [15,16]. Its lower incidence of nephrotoxicity in comparison to cisplatin has been demonstrated to be associated with a difference in the kidney distribution of these drugs. When the two agents were administered at the same dose, the concentration of nedaplatin in the rat kidney was approximately 40% of that of cisplatin, leading to lower nephrotoxicity [17,18].

Clinically, previous phase II studies conducted in Japan suggested that nedaplatin has a particularly favorable clinical efficacy on squamous cell carcinoma of the head and neck, esophagus, or uterine cervix [19,20]. In a phase II clinical trial, nedaplatin demonstrated a response rate of 46% in patients with recurrent cervical cancer, which was slightly superior to that obtained with cisplatin (39%) [21]. Moreover, since nedaplatin does not require hydration, the treatment is manageable in an outpatient setting. On the basis of these advantages, nedaplatin has been used clinically in Japan as an alternative to cisplatin for patients with recurrent cervical cancer [22].

The radio-sensitizing properties of nedaplatin have been demonstrated in several preclinical studies [23,24]. However, clinical experience with the use of this agent in the setting of CCRT in patients with cervical cancer is limited. The use of concurrent weekly nedaplatin in patients with invasive cervical cancer in the setting of primary radiotherapy was investigated in two phase I [14,25] and two phase II studies [26,27]; however, in the setting of adjuvant radiotherapy, nedaplatin-based CCRT has been evaluated only in one phase I study [28]. Thus, questions remain unanswered whether postoperative nedaplatin-based CCRT is superior to RT alone in patients with early-stage cervical cancer with intermediate-risk or high-risk prognostic factors. To answer this question, in the current study, we retrospectively evaluated the effectiveness of nedaplatin-based CCRT in Japanese patients with FIGO stage IA2–IIB cervical cancer after radical hysterectomy and pelvic lymphadenectomy.

Materials and methods

Patients

Permission to proceed with data acquisition and analysis was obtained from Osaka University Hospital's institutional review board. A list of patients who had undergone radical hysterectomy (type III) and pelvic lymphadenectomy for FIGO stage IA2–IIB cervical cancer at Osaka University Hospital from April 1997 to March 2006 was generated from our institutional tumor registry. Then, through a chart review, patients who required postoperative radiotherapy with or without nedaplatin-based concurrent chemotherapy because of the criteria outlined below were identified, and their clinical data were retrospectively reviewed. Patients were treated by postoperative

radiotherapy when their pathological report displayed any one of the following "high-risk" prognostic factors: pelvic lymph node metastasis, positive parametrial involvement, or a positive surgical margin or one of the following "intermediate-risk" prognostic factors: deep stromal invasion, lymphovascular space invasion, or large tumor size (over 4 cm).

Based on the U.S. National Cancer Institute (NCI) alert in 1999 [13], we have started a clinical practice of nedaplatin-based adjuvant CCRT for patients with cervical cancer after radical surgery. Basically, nedaplatin-based adjuvant CCRT was indicated in all patients with intermediate-risk or high-risk prognostic factors below the age of 75 years old. However, patients who refused the use of concurrent chemotherapy and patients who had suffered from cervical cancer before the introduction of CCRT were treated with RT alone.

A group of patients with early-stage cervical cancer without any of the above mentioned adverse risk factors and who therefore did not receive postoperative adjuvant therapy were also identified through the chart review and served as the control (low-risk group).

The preoperative staging was performed according to the International Federation of Gynecology and Obstetrics staging criteria by a gynecological oncologist without general anesthesia.

Radiotherapy

Postoperative radiotherapy was performed within 3 weeks of radical surgery. Pelvic radiotherapy was delivered using a 10 megavolt (MV) X-ray from a linear accelerator with the anteroposterior parallel opposing technique. The superior margin of the external radiation field was placed on the upper border of the fifth lumbar vertebra, and the inferior margins were the inferior border of the obturator foramen. Laterally, the field extended 2 cm beyond the lateral margin of the bony pelvic wall. We used multi-leaf collimators to block the upper and lower corners of the radiation field. External irradiation was delivered to the whole pelvis at 2 Gy per fraction for 5 fractions per week, for a total of 25 fractions (50 Gy). Seven patients in the high-risk group that displayed vaginal invasion close to the surgical margin also received intracavitary radiotherapy (ICRT) of 30 Gy in five fractions at 5 mm below the vaginal mucosa after external beam radiotherapy (EBRT).

Chemotherapy

Nedaplatin was given intravenously on a weekly basis during the course of EBRT for 5 weeks. The median number of cycles per patient was five (range: 2–5), and the median dose of nedaplatin was 40 mg/m² (range: 10–45). The first cycle of nedaplatin was initiated on the first day of radiotherapy treatment. The drug was given in a 1-h infusion. Renal function and blood counts were assessed before each cycle. Nedaplatin administration was suspended when the patient's granulocyte count was less than 1500/μl or their platelet count was less than 100,000/μl. Nedaplatin administration was also suspended if the patient could not tolerate the acute gastrointestinal toxicity induced during the course of treatment. In the weeks in which the patient did not receive chemotherapy, radiation was continued as long as their granulocyte count was higher than 1000/μl and their platelet count was higher than 50,000/μl.

Toxicity

Clinical data regarding treatment-related complications were also collected. Complications that occurred within 90 days of the start of primary treatment were considered to be acute complications, and those that occurred more than 90 days after the start of treatment were considered as late complications. The severity of acute complications was classified according to the NCI Common

Table 1
Patients enrolled in this study.

	Low risk	Intermediate risk	High risk
Number of patients	58	57	68
Age (mean)	42	49.7	50.7
Clinical stage	IA2	9	0
	IB	49	43
	IIA	0	14
	IIB	0	0
Histology	Squamous cell	31	17
	Adenocarcinoma	26	37
	Adenosquamous	0	3
	Others	1	0

Terminology Criteria for Adverse Events, Version 2.0. Late complications were graded according to the Radiation Therapy Oncology Group (RTOG) Late Radiation Morbidity Scoring Scheme [29].

Follow-up

Patients were followed regularly and observed for acute and late toxicities by both gynecological oncologists and radiation oncologists. During the treatment, the patients were evaluated weekly by pelvic examination and complete blood counts. For patients treated with chemoradiation, renal and liver function tests were also performed weekly. After treatment completion, the patients were followed in an outpatient clinic every month in the first year, every 2 months in the second year, every 3 months in the third year, every 6 months in the fourth to fifth year, and annually thereafter until 10 years after treatment. Standard clinical surveillance consisted of a clinical history, physical examinations including abdominal, pelvic bimanual, and speculum examinations, and a pap smear from the vaginal vault. Chest X-ray and CT-scans were performed every 6 months in the first to third years and annually in the fourth and fifth years. When clinically indicated, imaging studies including abdominal or vaginal ultrasounds or MRI were performed. Patients who had bloody stools or hematuria underwent endoscopy to identify the site of the bleeding. Pelvic failure was defined as disease persisting or recurring in the pelvis, including central or parametrial failure. Distant failure was defined as disease occurring outside the pelvis, including the paraaortic lymph nodes. When local recurrence was suspected after pelvic examination or smears, a biopsy was taken for confirmation whenever possible. The median duration of follow-up was 36 months (range: 20–80 months).

Table 2
Patient characteristics (intermediate-risk patients).

	RT-group	CCRT-group	P-value	
Number of patients	35	22		
Age (mean)	49.8	49.6	NS	
Clinical stage	IA2	0	NS	
	IB	25	18	
	IIA	10	4	
	IIB	0	0	
Histology	Squamous cell	27	13	0.04
	Adenocarcinoma	5	0	
	Adenosquamous	3	9	
	Others	0	0	
Lymphovascular space involvement	Yes	24	18	NS
	No	11	4	
Stromal invasion	Less than one-half	24	4	0.0003
	More than one-half	11	14	
Tumor diameter	Mean (mm)	29.4	26.5	NS
Pretreatment hemoglobin level	Mean (mg/dl)	12	12	NS
Duration of radiotherapy	Days	37	37	NS

Statistical analysis

The differences between the groups with respect to stage, histology, and risk factors such as node status, parametrial involvement, surgical margin status, deep stromal invasion, and lymphovascular space invasion were assessed using Fisher's exact test. Age, maximum tumor diameter, and the pretreatment hemoglobin level were compared using Welch's t-test. Treatment related toxicities were compared using Fisher's exact test. The survival analysis was based on the Kaplan–Meier method and compared by the log-rank test. PFS was defined as the time from the primary diagnosis to the detection of recurrence. OS was defined as the time from the primary diagnosis to death or the latest observation. *P*-values of <0.05 were considered statistically significant.

Results

Patient characteristics

As shown in Table 1, among a total of 183 patients enrolled in the study, 68 patients displayed high-risk prognostic factors such as positive pelvic lymph nodes, parametrial involvement, or a positive surgical margin. Fifty-seven patients showed intermediate-risk prognostic factors such as deep stromal invasion, capillary lymphatic space involvement, or large tumor diameter. These patients were postoperatively treated with CCRT or RT alone. Fifty-eight patients displayed no risk factors and, therefore, received no adjuvant therapy after surgery.

Among the 57 patients that demonstrated intermediate-risk prognostic factors, 22 were treated with adjuvant CCRT, and 35 were treated with RT alone (Table 2). The characteristics of the patients in the RT-group were similar to those in the CCRT-group. When compared, there was no statistical difference in terms of age; clinical stage; or risk factors such as stromal invasion, lymphovascular involvement, tumor diameter, pretreatment hemoglobin, and the duration of radiotherapy. However, a significantly increased proportion of patients with adenocarcinoma histology or deep stromal invasion was observed in the CCRT-group.

As shown in Table 3, of the 68 patients that displayed high-risk prognostic risk factors, 34 received adjuvant CCRT, and 34 received adjuvant RT. When compared, there was no statistical difference in terms of age, clinical stage, histologic distribution, pelvic node status, tumor diameter, pretreatment hemoglobin, or the duration of radiotherapy. However, a significantly increased number of patients

Table 3
Patient characteristics (high-risk patients).

	RT-group	CCRT-group	P-value	
Number of patients	34	34		
Age (mean)	51.3	50.1	NS	
Clinical stage	IA2	0	NS	
	IB	7	12	
	IIA	9	2	
	IIB	18	20	
Histology	Squamous cell	21	25	
	Adenocarcinoma	13	8	
	Adenosquamous	0	1	
	Others	0	0	
Positive pelvic node	Yes	23	22	NS
	No	11	12	
Parametrial involvement	Yes	18	20	NS
	No	16	14	
Positive margins	Yes	7	0	0.01
	No	0	0	
Tumor diameter	Mean (mm)	41.2	43	NS
Pretreatment hemoglobin level	Mean (mg/dl)	11.4	11.8	NS
Duration of radiotherapy	Days	38	38	NS

Table 4
Treatment outcome.

Intermediate-risk patients		RT-group (n=35)	CCRT-group (n=22)	P-value
Patients with recurrence (%)	Local	12 (34.3)	1 (4.5)	0.01
	Local + distant	7	0	
	Distant	3	1	
PFS (months)	Mean	29	36	0.0026
OS (months)	Mean	32.5	36	0.043
High-risk patients		RT-group (n=34)	CCRT-group (n=34)	P-value
Patients with recurrence (%)	Local	16 (47.0)	9 (26.5)	0.1306
	Local + distant	6	2	
	Distant	4	0	
PFS (months)	Mean	22.6	29.5	0.0812
OS (months)	Mean	29.7	34.2	0.0364

with vaginal invasion close to the surgical margin were observed in the RT-group.

Treatment outcome

In patients without any adverse risk prognostic factors (low-risk patients), no recurrence was observed within 3 years.

In the intermediate-risk group, as shown in Table 4, treatment failure was observed in 1 patient (4.5%) in the CCRT-group and 12 patients (34.2%) in the RT-group. The addition of concurrent

nedaplatin-based chemotherapy resulted in significantly fewer local and distant relapses. The 3-year overall survival rate was 100% in the CCRT-group and 82.9% in the RT-group. When the CCRT-group was compared with the RT-group, as shown in Figs. 1A and B and Table 4, CCRT was significantly superior in terms of recurrence rate ($p = 0.01$), PFS (log-rank; $p = 0.0026$), and OS (log-rank; $p = 0.0435$). When the intermediate-risk group was compared with the low-risk group, although significant differences in PFS and OS were observed in patients treated with RT alone, there were no significant differences in PFS or OS in the patients treated with CCRT (Fig. 2).

As shown in Table 4, in the patients that displayed high-risk prognostic factors, treatment failure was observed in 9 patients (26.5%) in the CCRT-group and 16 patients (47.1%) in the RT-group. The addition of concurrent nedaplatin-based chemotherapy also resulted in fewer local and distant relapses in this patient population. The 3-year overall survival rate was 88.2% in the CCRT-group and 67.6% in the RT-group. When the CCRT-group was compared with the RT-group, as shown in Figs. 1C and D and Table 4, CCRT was significantly superior in terms of OS (log-rank; $p = 0.0364$). The difference in PFS did not reach statistical significance (log-rank; $p = 0.0812$). When the high-risk group was compared with the low-risk group, significant differences in PFS and OS were observed both in the patients treated with RT alone and those treated with CCRT (Fig. 2).

Adverse effects

Generally, nedaplatin-based CCRT was well tolerated. There were no treatment-related deaths. Among a total of 56 patients treated with CCRT, grade 3 or 4 acute toxicities were observed in 36 patients (64.3%).

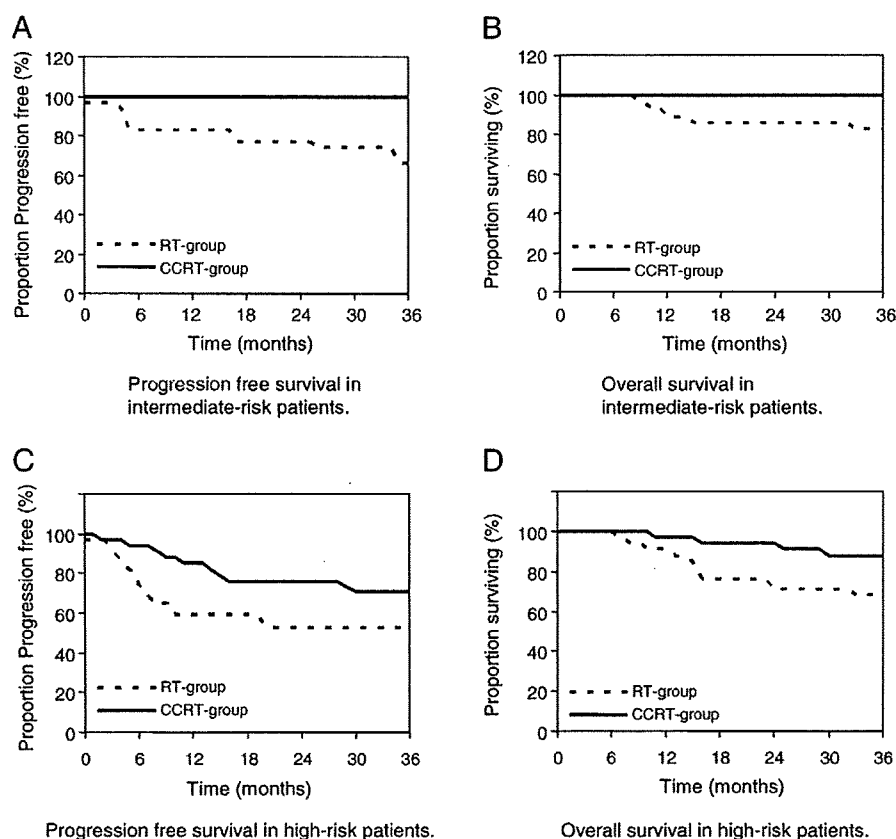


Fig. 1. (A) Progression free survival in intermediate-risk patients. The progression free survival rate was significantly higher among the patients in the CCRT-group ($p = 0.0026$). (B) Overall survival in intermediate-risk patients. The overall survival rate was significantly higher among the patients in the CCRT-group ($p = 0.043$). (C) Progression free survival in high-risk patients. The progression free survival rate was higher among the patients in the CCRT-group, but the difference was not statistically significant ($p = 0.081$). (D) Overall survival in high-risk patients. The overall survival rate was significantly higher among the patients in the CCRT-group ($p = 0.0364$).

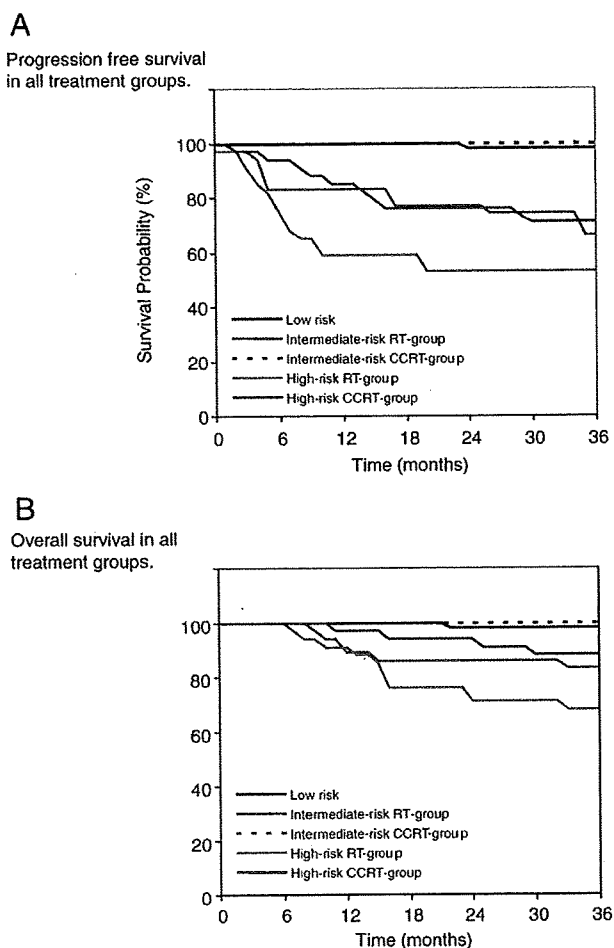


Fig. 2. (A) Progression free survival in all treatment groups. The progression free survival rate in the low-risk patients was equivalent to that in the intermediate-risk patients treated with CCRT ($p=0.5380$), but was significantly higher than that in the intermediate-risk patients treated with RT alone ($p<0.0001$). The progression free survival rate in the low-risk patients was significantly higher than that in the high-risk patients treated with RT alone ($p<0.0001$) or CCRT ($p<0.0001$). The progression free survival rate in the intermediate-risk patients treated with RT alone was equivalent to that in the high-risk patients treated with CCRT ($p=0.6729$). (B) Overall survival in all treatment groups. The overall survival rate in the low-risk patients was equivalent to that in the intermediate-risk patients treated with CCRT ($p=0.5380$), but significantly higher than that in the intermediate-risk patients treated with RT alone ($p=0.0058$). The overall survival rate in the low-risk patients was significantly higher than that in the high-risk patients treated with RT alone ($p<0.0001$) or CCRT ($p=0.0403$). The overall survival rate in the intermediate-risk patients treated with RT alone was similar to that in the high-risk patients treated with CCRT ($p=0.5003$).

Of these, 30 patients had neutropenia alone, and 3 had both neutropenia and thrombocytopenia. Three patients developed non-hematologic toxicities (bowel obstruction in one patient, diarrhea in one patient, and radiation dermatitis in one patient). Among a total of 69 patients treated with RT alone, grade 3 or 4 acute toxicities were observed in 8 patients (11.6%). Of these, four patients had neutropenia alone, and one had both neutropenia and thrombocytopenia. Three patients developed non-hematologic toxicities (bowel obstruction in one patient and diarrhea in two patients). All cases were successfully managed with conservative treatment. When compared, the frequencies of acute grade 3–4 toxicities were significantly higher in the patients treated with CCRT than in those treated with RT alone ($p<0.001$).

Grade 3–4 severe late toxicity was observed in one patient who received RT alone. This woman developed a vesicovaginal fistula 4 months after the completion of RT. No grade 3–4 late toxicity was observed in the patients treated with CCRT.

Discussion

Based on the consistent results of five randomized controlled trials, CCRT, usually involving weekly cisplatin 40 mg/m² for 6 weeks in combination with RT, has become the standard treatment for locally advanced cervical cancer [11,30–33].

In the setting of adjuvant radiotherapy, only one sufficiently powered prospective randomized trial (GOG 109/SWOG 87-97) has examined the use of concurrent chemotherapy with RT after radical hysterectomy and lymphadenectomy [11]. In this trial, progression free survival (PFS) and overall survival (OS) were significantly improved by the addition of concurrent chemotherapy to external beam RT in patients that displayed high-risk factors such as positive pelvic lymph nodes, parametrial invasion, or a positive surgical margin.

In patients that showed intermediate-risk prognostic factors, although a previous Gynecologic Oncology Group Phase III study (GOG 92) demonstrated that adjuvant radiotherapy decreases recurrence and prolongs PFS [9,10], it remains unclear whether the addition of concurrent chemotherapy to EBRT is safer and better than RT alone.

The optimal dose of concurrent weekly nedaplatin in patients with invasive cervical cancer treated by primary radiotherapy was investigated in two phase I [14,25] and two phase II studies [26,27]. In these studies, 30–35 mg/m² nedaplatin for 5–6 weeks was safely administered and was recommended as a standard treatment regimen. In the setting of adjuvant therapy, the optimal dose of concurrent weekly nedaplatin has not been well established because nedaplatin-based adjuvant CCRT has only been evaluated in one phase I study [28], in which the authors recommended 30 mg/m² nedaplatin for 5 weeks as a standard treatment regimen.

Although the dose of nedaplatin utilized in the current study, 40 mg/m² nedaplatin for 5 weeks, was slightly higher than that of the previous study [28], nedaplatin-based adjuvant CCRT was well tolerated in our patient population. Grade 3–4 acute toxicities were observed in 64.3% of patients treated with CCRT, which was significantly higher than the proportion observed in the RT-group. This finding is consistent with a previous study that showed that the frequency of acute adverse effects was increased by concurrent chemoradiotherapy [11]. Nevertheless, there were no significant differences in the length of radiotherapy among these treatment groups.

Due to the lack of a controlled clinical study, it is not clear whether concurrent chemotherapy increases the incidence of late toxicity in the setting of adjuvant therapy. In our study, severe late complications were only observed in one patient treated with RT, which may indicate that the addition of concurrent weekly nedaplatin to pelvic RT does not increase late toxicity.

Although retrospective, to the best of our knowledge, this is the first report that has demonstrated significant improvements in recurrence rate, PFS, and OS in patients treated with nedaplatin-based adjuvant CCRT. Risk of recurrence was decreased by 43.7% and 86.8% in the high-risk and intermediate groups, respectively. Importantly, the addition of concurrent nedaplatin-based chemotherapy resulted in fewer local and distant relapses. Consequently, in the intermediate-risk patients, the 3-year overall survival rate for patients receiving CCRT was 100% versus 82.9% for patients receiving RT alone. Moreover, in the high-risk patients, the 3-year overall survival rate for patients receiving CCRT was 88.2% versus 67.6% for patients receiving RT alone, indicating that the risk of death was decreased by 64% by the addition of nedaplatin-based concurrent chemotherapy. Our results are comparable to those of a previous prospective randomized study, GOG 109/SWOG 87-97, which showed the 4-year overall survival of 81% and 71% for high-risk patients receiving cisplatin-based adjuvant CCRT and RT alone, respectively. Correctively, these results indicate that concurrent nedaplatin-based adjuvant chemoradiotherapy can be considered as an alternative to cisplatin-based adjuvant chemoradiotherapy.

In the current study, although the addition of concurrent chemotherapy to pelvic RT resulted in improved survival, a significant number of patients still suffered recurrence and died of their disease, especially those who displayed high-risk prognostic factors. Therefore, to further improve prognosis, novel treatment strategies such as the use of a new cytotoxic agent for concurrent chemotherapy, the use of a biologic agent as a radiosensitizer, or more conformal dose distributions with intensity-modulated RT need to be investigated in future clinical trials.

One limitation of the present study is the relatively small sample size. The recurrence rate, PFS, and OS were significantly improved by the addition of concurrent nedaplatin in the intermediate-risk patients; however, in the patients with high-risk prognostic factors, although OS was significantly improved, the observed improvements in recurrence rate and PFS did not reach statistical significance, mainly because of the small number of patients enrolled. Moreover, due to the retrospective nature of this study, other potential biases may have influenced the results, such as the heterogeneity of the patient population, and selection bias exercised by physicians in determining which patients would be considered for adjuvant CCRT. In addition, the educational level and the socio-economic status of the patients might also have affected patient selection for the treatment scheme.

In conclusion, our data demonstrate that the concurrent use of weekly nedaplatin with pelvic RT improves survival outcome in early-stage cervical cancer patients that display intermediate-risk or high-risk prognostic factors. Given the advantage of patient's tolerance as well as its significant activity, we believe that nedaplatin-based adjuvant chemoradiotherapy is a reasonable treatment option in this patient population. To definitively demonstrate the activity of nedaplatin-based adjuvant CCRT, further investigation in a future randomized controlled trial, such as to compare concurrent nedaplatin versus cisplatin in the setting of adjuvant CCRT, is warranted.

Conflict of interest statement

The authors declare that they have no conflicts of interest.

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