

Association between Changes in Obesity Parameters and Incidence of Chronic Kidney Disease in Japanese Individuals

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Key Words

Chronic kidney disease · Body mass index · Waist circumference · Health screening

Abstract

Obesity increases the risk for chronic kidney disease (CKD). By analyzing data on individuals who underwent general health screening in two consecutive years, we investigated whether changes in body mass index (BMI) or waist circumference (WC) were associated with the appearance or disappearance of the CKD components; micro-/macroalbuminuria (≥ 30 mg urinary albumin per gram creatinine) and a low estimated glomerular filtration rate (eGFR; < 60 ml/min/1.73 m²). Logistic regression analysis showed that in men with micro-/macroalbuminuria at the first visit, a BMI reduction of ≥ 0.42 or a WC reduction of ≥ 3.0 cm over the 1-year period resulted in a significantly reduced incident of micro-/macroalbuminuria at the second visit. On the other hand, a BMI gain of ≥ 0.33 over 1 year in men without micro-/macroalbuminuria and a low eGFR at the first visit significantly increased the incident of micro-/macroalbuminuria and a low eGFR, respectively, at the second visit. These findings indicate that lowering the obesity indexes in men with micro-/macroalbuminuria reduced the incidence of this condition at the 1-year follow-up and that, on the con-

trary, an increase in BMI in men without micro-/macroalbuminuria and a low eGFR at the first examination increased the risk of these conditions during the 1-year follow-up period.

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Introduction

Chronic kidney disease (CKD), now recognized as a potential risk factor for cardiovascular disease as well as for end-stage renal disease [1], is a worldwide public health problem [2]. Several cross-sectional and longitudinal epidemiological studies showed that obesity may increase the prevalence and incidence of CKD [3–8] and end-stage renal disease [9], although there might be differences according to gender and ethnicity [9–11]. However, fewer studies have investigated whether changes in obesity indexes, such as body weight, body mass index (BMI), and waist circumference (WC), are associated with changes in CKD status [12–14]. In the current study, we retrospectively analyzed data on individuals who underwent general health screening at our institute for 2 consecutive years and investigated whether changes in obesity indexes were associated with changes in CKD status in these Japanese individuals.

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Subjects and Methods

Study Population

The study was approved by The Ethical Committee of Mitsui Memorial Hospital. At our institution, 3,312 (1,203 women, 2,109 men) individuals underwent general health screening including that on urinary albumin excretion between October 2005 and October 2006 (first visit) and also in the subsequent year (second visit). Among the 3,312 individuals, data on 2,861 (1,114 women, 1,747 men) who reported not taking anti-hypertensive drugs at both visits were used for the present study. The mean \pm SD of the interval between the two visits of the enrolled individuals by the study subjects was 355 ± 52 days. Individuals who were taking antihypertensive medications were excluded from the analysis because certain depressor drugs may affect renal function and the extent of proteinuria [15, 16] and because the database did not include information on the class of drugs used. At the time of the health examination, recommendations may have given to overweight or obese subjects to reduce body weight. However, in analyzing data for this study, there was no intention to examine which strategies for weight control, if any, would have an impact on the status of CKD during the follow-up.

In Japan, regular health check-ups for employees are legally mandated; thus, the majority of these subjects did not have serious health problems. In addition, all or most of the costs of the screening are usually paid by the company to which they belong or by each subject. In addition, there are several courses in the health screening program; however, which to choose is up to each individual, but not to physicians or company one belongs to. Therefore, the study population is not considered to be enriched for certain diseased condition.

Laboratory Analysis

Blood samples were taken from the subjects after an overnight fast. Serum levels of total cholesterol (TC), HDL-cholesterol (HDL-C), and triglycerides (TG) were determined enzymatically. Serum uric acid was measured by the uricase-peroxidase method, hemoglobin A_{1C} was determined using the latex agglutination immunoassay, and creatinine was determined by the enzymatic method. Plasma glucose was measured by the hexokinase method and serum insulin was measured by enzyme immunoassay.

Creatinine and urine albumin were measured by TBA-200FR (Toshiba Medical Systems, Tochigi, Japan) and by Accute (Toshiba Medical Systems), respectively, using commercially available kits. Accuras Auto CRE (Shino-test, Tokyo, Japan) and IATRO U-ALB by turbidimetric immunoassay (Mitsubishi Kagaku Iatron, Tokyo, Japan), respectively. Serum creatinine was calibrated using the following formula: serum creatinine (Jaffe method) = $0.2 + \text{serum creatinine (enzyme method)}$. Glomerular filtration rate (GFR) was estimated by equations of the simplified version of Modification of Diet in Renal Disease (MDRD) [17], where 0.881 is a coefficient for eGFR specific to the Japanese population [18]; estimated GFR (eGFR) for Japanese = $186.3 \times (\text{serum creatinine})^{-1.154} \times (\text{age})^{-0.203} \times 0.881 \times 0.742$ (for females). eGFR values <60 ml/min/1.73 m² were classified as low [19]. For the diagnosis of micro-/macroalbuminuria, spot urine samples were collected and analyzed; micro-/macroalbuminuria was defined to be present when the urinary albumin excretion ratio (UAER), expressed as milligrams per gram creatinine, was ≥ 30 mg/g. Normoalbuminuria, microalbuminuria, and macroalbuminuria

were defined as a UAER of <30 , $30-299$, and ≥ 300 mg/g, respectively. Micro-/macroalbuminuria and a low eGFR were considered to be the components of CKD [19]. The difference in BMI and WC between the two visits was designated as Δ BMI and Δ WC, respectively.

Statistical Analysis

Skewed variables (TG, UAER) are presented as median values (interquartile range). Other data are expressed as the mean \pm SD unless stated otherwise. Analyses of variance, the Mann-Whitney U test, χ^2 tests, and logistic regression analysis were conducted as appropriate to assess the statistical significance of differences between groups using computer software, Dr. SPSS II (Chicago, Ill., USA). A value of $p < 0.05$ was taken to be statistically significant.

Results

Baseline Characteristics

The mean \pm SD age of the individuals enrolled was 52.0 ± 10.1 years at the first visit (table 1). Of the 88 females and 149 males with micro-/macroalbuminuria, 83 and 134, respectively, had microalbuminuria and 5 and 15, respectively, had macroalbuminuria.

Changes in BMI and WC Values between the Two Visits

The mean BMI at the second visit was slightly lower than that at the first visit ($p < 0.001$, by paired t test) in men, but did not differ significantly in women. The mean WC at the second visit was slightly larger than that at the first visit ($p < 0.001$, by paired t test) in women and smaller ($p < 0.001$, by paired t test) in men. In this study, we calculated quartiles of WC or BMI by taking into the entire population. Ranges for each quartile for Δ BMI and Δ WC are shown in table 2. About half of the subjects had a decreased WC value at the second visit. The correlation coefficient between the first-visit BMI and Δ BMI was -0.09 ($p = 0.010$) in women and -0.09 ($p = 0.002$) in men, and that between the first-visit WC and Δ WC was -0.31 in women ($p < 0.001$) and -0.28 ($p < 0.001$) in men.

Changes in the Prevalence of Micro-/Macroalbuminuria and a Low eGFR between the Two Visits

Figure 1 shows the number of subjects with micro-/macroalbuminuria and a low eGFR at the first and second visits. Of those with micro-/macroalbuminuria at the first visit, 34% did not have micro-/macroalbuminuria at the second visit, but 4% of subjects who did not have micro-/macroalbuminuria at the first visit had de-

Table 1. Clinical characteristics and laboratory data

Variables	Women (n = 1,114)		Men (n = 1,747)	
	Visit 1	Visit 2	Visit 1	Visit 2
Age, years	51.3 ± 9.9	52.3 ± 9.9	52.5 ± 10.1	53.4 ± 10.1
Height, cm	157.1 ± 5.7	157.1 ± 7.8	169.7 ± 5.9	169.7 ± 5.9
Weight, kg	52.3 ± 7.7	52.3 ± 7.8	67.8 ± 9.2	67.6 ± 9.3
BMI	21.2 ± 2.9	21.2 ± 2.9	23.5 ± 2.7	23.5 ± 2.8
ΔBMI	–	0.0 ± 0.7	–	–0.1 ± 0.7
WC, cm	76.2 ± 8.6	76.9 ± 8.9	85.3 ± 7.5	85.0 ± 7.4
ΔWC, cm	–	0.7 ± 6.0	–	–0.3 ± 3.8
Systolic BP, mm Hg	116 ± 18	115 ± 18	124 ± 17	124 ± 18
Diastolic BP, mm Hg	72 ± 11	72 ± 11	79 ± 11	79 ± 11
Total cholesterol, mg/dl	217 ± 36	215 ± 34	210 ± 32	207 ± 31
LDL-cholesterol, mg/dl	130 ± 30	127 ± 30	128 ± 32	126 ± 31
HDL-cholesterol, mg/dl	69 ± 14	68 ± 14	56 ± 14	56 ± 13
TG, mg/dl	84 ± 46	84 ± 42	127 ± 80	126 ± 101
TG, median (interquartile range)	74 (55–99)	74 (54–101)	107 (77–152)	102 (74–144)
Uric acid, mg/dl	4.5 ± 0.9	4.5 ± 0.9	6.1 ± 1.2	6.0 ± 1.2
Fasting glucose, mg/dl	90 ± 17	91 ± 14	98 ± 21	99 ± 20
Hemoglobin A _{1C} , %	5.2 ± 0.6	5.2 ± 0.5	5.4 ± 0.8	5.5 ± 0.7
Antidiabetic medication, n (%)	5 (0.4)	9 (0.8)	46 (2.6)	58 (3.3)
Blood urea nitrogen, mg/dl	13.4 ± 3.2	13.6 ± 3.3	14.4 ± 3.5	14.5 ± 3.5
Serum creatinine, mg/dl	0.63 ± 0.09	0.62 ± 0.09	0.86 ± 0.28	0.84 ± 0.30
UAER, median (interquartile range)	7.5 (5.1–12.2)	7.9 (5.4–13.1)	5.2 (3.7–10.0)	5.6 (3.9–10.7)
UAER ≥30 mg/g Cr, n (%)	88 (7.9)	91 (8.2)	149 (8.5)	165 (9.4)
eGFR, ml/min/1.73 m ²	69.5 ± 9.3	70.1 ± 9.2	70.9 ± 10.0	71.8 ± 10.2
Low eGFR, n (%)	155 (13.9)	138 (12.4)	212 (13.1)	201 (11.5)
Current smoker	99 (8.9)	93 (8.3)	581 (33.3)	542 (31.0)

Data are means ± SD, median (interquartile range), n, or percentage. BMI = Body mass index; WC = waist circumference; BP = blood pressure; TG = triglycerides; UAER = urinary albumin excretion rate; eGFR = estimated glomerular filtration rate.

Table 2. Range for each quartile of ΔBMI and ΔWC

	Q1	Q2	Q3	Q4
ΔBMI	–5.33/–0.42 (–0.75)	–0.41/–0.04 (–0.21)	–0.04/0.32 (0.13)	0.33/3.67 (0.62)
ΔWC, cm	–21.0/–3.0 (–5.0)	–2.9/–0.1 (–1.5)	0.0/2.7 (1.0)	2.8/23.0 (5.0)

BMI = Body mass index; WC = waist circumference. Medians are given in parentheses.

veloped micro-/macroalbuminuria at the second visit (fig. 1a, b). Of individuals who had a low eGFR at the first visit, 28% did not have a low eGFR at the second visit, but alternatively, 3% of individuals who did not have a low eGFR at the first visit had a low eGFR at the second visit.

Association between Changes in BMI or WC and Albuminuric Status

Next, we investigated whether decreases in BMI and WC values were associated with changes in CKD status (fig. 2a, b). Logistic regression analysis adjusted for age, systolic blood pressure, HDL- and LDL-cholesterol, fast-

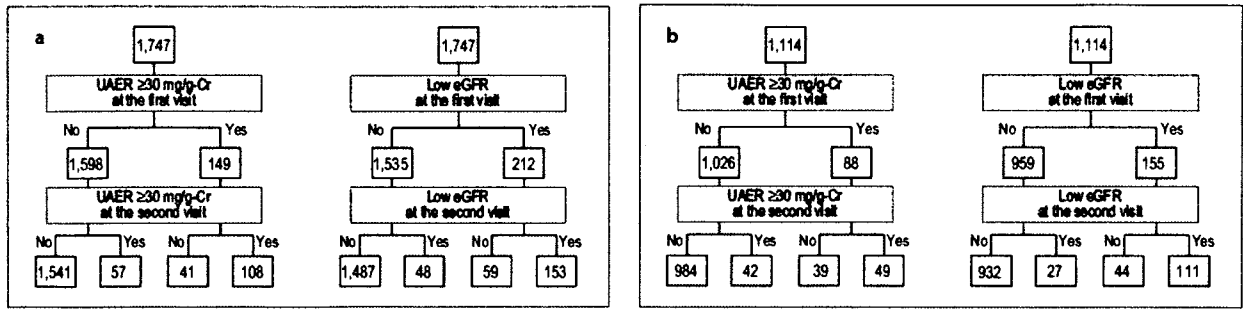


Fig. 1. Flow chart showing the number of men without micro-/macroalbuminuria or a low eGFR at the times of visit 1 and visit 2. **a** Men. **b** Women.

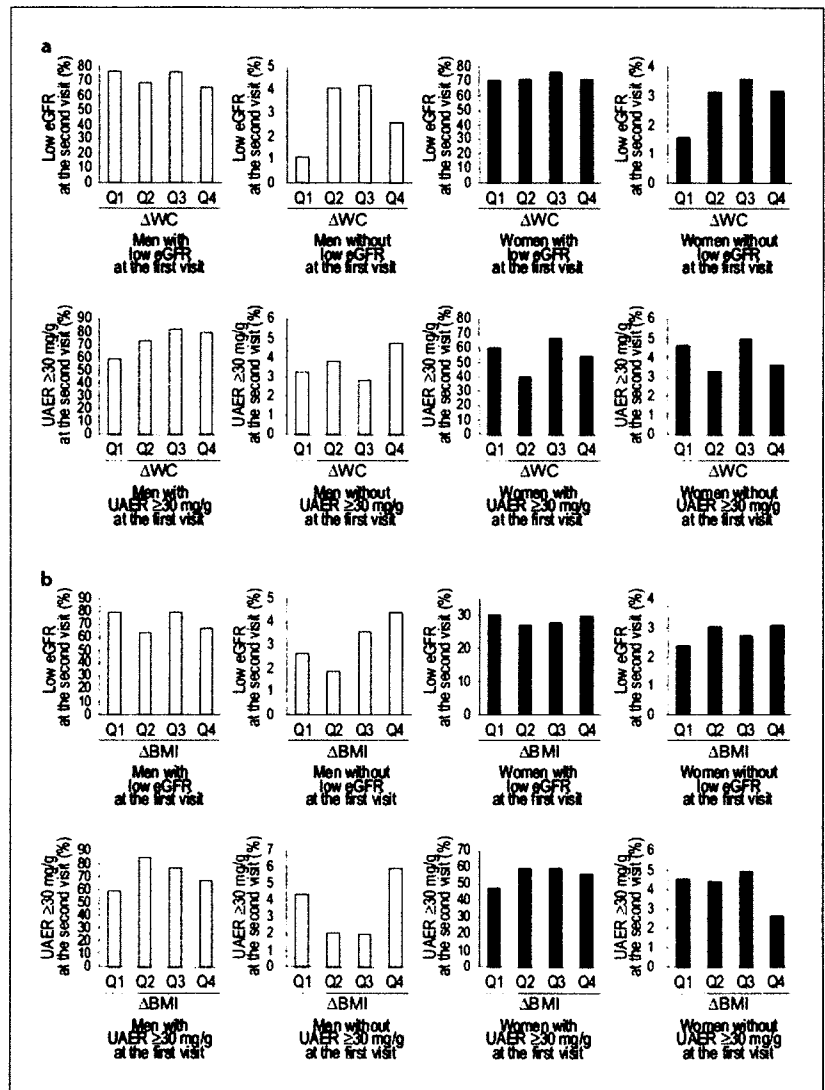


Fig. 2. Prevalence of a low eGFR and elevated levels of albuminuria at visit 2 in subjects with and without a low eGFR or micro-/macroalbuminuria at visit 1 according to quartiles of the difference in waist circumference between visit 1 and visit 2 (Δ WC) (**a**) and the difference in body mass index between the visit 1 and visit 2 (Δ BMI) (**b**).

Table 3. Logistic regression analysis with the lowest Δ waist circumference or Δ body mass index quartile as an independent variable and micro-/macroalbuminuria at the second visit as a dependent variable in individuals with micro-/macroalbuminuria at the first visit

Variables	Age adjusted		Multivariate adjusted*	
	OR (95% CI)	p value	OR (95% CI)	p value
Male (n = 149)				
Δ WC-Q2, Q3, Q4	1.00	–	1.00	–
Δ WC-Q1	0.36 (0.16–0.80)	0.012	0.31 (0.13–0.73)	0.007
Female (n = 88)				
Δ WC-Q2, Q3, Q4	1.00	–	1.00	–
Δ WC-Q1	1.20 (0.41–3.53)	0.735	1.01 (0.33–3.14)	0.987
Male (n = 149)				
Δ BMI-Q2, Q3, Q4	1.00	–	1.00	–
Δ BMI-Q1	0.37 (0.16–0.84)	0.018	0.36 (0.15–0.84)	0.018
Female (n = 88)				
Δ BMI-Q2, Q3, Q4	1.00	–	1.00	–
Δ BMI-Q1	0.51 (0.17–1.54)	0.232	0.52 (0.16–1.74)	0.289

BMI = Body mass index; WC = waist circumference.

* Multivariate adjusted: Adjusted for age, systolic blood pressure, HDL-cholesterol, LDL-cholesterol, fasting plasma glucose, and smoking status.

ing plasma glucose, and smoking status showed that, compared with the higher three Δ BMI quartiles, the lowest Δ BMI quartile (≥ 0.42 reduction) was associated with a significantly lower risk for micro-/macroalbuminuria at the second visit in men who had micro-/macroalbuminuria at the first visit (table 3). Similarly, compared with the higher three Δ WC quartiles, the lowest Δ WC quartile (≥ 3.0 cm reduction) was associated with significantly lower risk for micro-/macroalbuminuria at the second visit in men who had micro-/macroalbuminuria at the first visit. In contrast, in women, who had micro-/macroalbuminuria at the first visit, neither a ≥ 0.42 reduction in BMI nor a ≥ 3.0 -cm reduction in WC significantly reduced the prevalence of micro-/macroalbuminuria at the second visit. Compared with the lower three Δ BMI quartiles, the highest Δ BMI quartile (≥ 0.33 gain) was associated with a significantly higher risk for micro-/macroalbuminuria at the second visit in men who did not have micro-/macroalbuminuria at the first visit (table 4).

Association between Changes in BMI or WC and a Low eGFR Status

Compared with the lower three quartiles, the highest Δ BMI quartile (≥ 0.33 gain) was associated with a significantly higher risk for a low eGFR at the second visit

in men who did not have a low eGFR at the first visit (tables 5–6). The lowest quartile of either Δ BMI or Δ WC was not associated with reduced risk for a low eGFR at the second visit in those who had a low eGFR at the first visit in either gender.

Discussion

In the current study, we demonstrated that a WC reduction of ≥ 2.8 cm or a BMI reduction of ≥ 0.42 over a period of one year in men with micro-/macroalbuminuria at the first visit significantly reduced the risk for micro-/macroalbuminuria at the second visit (OR 0.31, 95% CI 0.13–0.73 and OR 0.36, 95% CI 0.15–0.84, respectively), after multivariate adjustment. On the other hand, a BMI gain of ≥ 0.33 over one year in men without micro-/macroalbuminuria or a low eGFR at the first visit significantly increased the risk at these conditions at the second visit (OR 2.50, 95% CI 1.44–4.37 and OR 1.94, 95% CI 1.04–3.61, respectively). Neither of these associations reached statistical significance in women. These data collectively suggest that the albuminuric status may be altered when men with micro-/macroalbuminuria have a substantial decrease in WC or BMI, and, in reverse, the

Table 4. Logistic regression analysis with the highest Δ waist circumference or Δ body mass index quartile as an independent variable and micro-/macroalbuminuria at the second visit as a dependent variable in individuals without micro-/macroalbuminuria at the first visit

Variables	Age adjusted		Multivariate adjusted*	
	OR (95% CI)	p value	OR (95% CI)	p value
Male (n = 1,598)				
Δ WC-Q1, Q2, Q3	1.00	–	1.00	–
Δ WC-Q4	1.52 (0.83–2.78)	0.177	1.62 (0.88–2.99)	0.120
Female (n = 1,026)				
Δ WC-Q1, Q2, Q3	1.00	–	1.00	–
Δ WC-Q4	0.87 (0.44–1.69)	0.674	0.87 (0.44–1.70)	0.677
Male (n = 1,598)				
Δ BMI-Q1, Q2, Q3	1.00	–	1.00	–
Δ BMI-Q4	2.41 (1.39–4.19)	0.002	2.50 (1.44–4.37)	0.001
Female (n = 1,026)				
Δ BMI-Q1, Q2, Q3	1.00	–	1.00	–
Δ BMI-Q4	0.57 (0.25–1.31)	0.185	0.60 (0.26–1.37)	0.221

BMI = Body mass index; WC = waist circumference.

* Multivariate adjusted: Adjusted for age, systolic blood pressure, HDL-cholesterol, LDL-cholesterol, fasting plasma glucose, and smoking status.

Table 5. Logistic regression analysis with the lowest Δ waist circumference or Δ body mass index quartile as an independent variable and a low eGFR at the second visit as a dependent variable in individuals with a low eGFR at the first visit

Variables	Age adjusted		Multivariate adjusted*	
	OR (95% CI)	p value	OR (95% CI)	p value
Male (n = 212)				
Δ WC-Q2, Q3, Q4	1.00	–	1.00	–
Δ WC-Q1	1.39 (0.68–2.88)	0.369	1.33 (0.63–2.80)	0.454
Female (n = 155)				
Δ WC-Q2, Q3, Q4	1.00	–	1.00	–
Δ WC-Q1	0.84 (0.38–1.85)	0.664	0.90 (0.39–2.08)	0.808
Male (n = 212)				
Δ BMI-Q2, Q3, Q4	1.00	–	1.00	–
Δ BMI-Q1	1.60 (0.80–3.23)	0.185	1.49 (0.73–3.04)	0.276
Female (n = 155)				
Δ BMI-Q2, Q3, Q4	1.00	–	1.00	–
Δ BMI-Q1	0.73 (0.30–1.81)	0.500	0.91 (0.34–2.38)	0.833

BMI = Body mass index; WC = waist circumference.

* Multivariate adjusted: Adjusted for age, systolic blood pressure, HDL-cholesterol, LDL-cholesterol, fasting plasma glucose, and smoking status.

Table 6. Logistic regression analysis with the highest Δ waist circumference or Δ body mass index quartile as an independent variable and a low eGFR at the second visit as a dependent variable in individuals without a low eGFR at the first visit

Variables	Age adjusted		Multivariate adjusted*	
	OR (95% CI)	p value	OR (95% CI)	p value
Male (n = 1,535)				
Δ WC-Q1, Q2, Q3	1.00	–	1.00	–
Δ WC-Q4	0.84 (0.39–1.83)	0.667	0.88 (0.40–1.91)	0.737
Female (n = 959)				
Δ WC-Q1, Q2, Q3	1.00	–	1.00	–
Δ WC-Q4	1.30 (0.60–2.86)	0.508	1.37 (0.62–3.03)	0.432
Male (n = 1,535)				
Δ BMI-Q1, Q2, Q3	1.00	–	1.00	–
Δ BMI-Q4	1.98 (1.07–3.66)	0.030	1.94 (1.04–3.61)	0.037
Female (n = 959)				
Δ BMI-Q1, Q2, Q3	1.00	–	1.00	–
Δ BMI-Q4	1.22 (0.53–2.83)	0.644	1.23 (0.53–2.89)	0.631

BMI = Body mass index; WC = waist circumference.

* Multivariate adjusted: Adjusted for age, systolic blood pressure, HDL-cholesterol, LDL-cholesterol, fasting plasma glucose, and smoking status.

status of albuminuria or a low eGFR may be altered when men without micro-/macroalbuminuria or a low eGFR, respectively, gain BMI substantially, although such a relationship was not apparent in female subjects. Future studies should be directed toward elucidating whether these observed gender differences were, in part, due to the greater prevalence of other risk factors, such as increased blood pressure, elevated fasting glucose levels, and reduced insulin sensitivity [20, 21], in men than in women.

Several studies have investigated the possible association between the obesity index and CKD. A high BMI has been reported to be associated with CKD [6, 10, 11]. Chou et al. [22] reported that in elder Taiwanese, the waist-hip ratio, body weight and WC, but not BMI, were predictors of a low eGFR, and that among these predictors, the waist-hip ratio may be the best anthropometric index for predicting a low eGFR. Foster et al. [23] showed that the association between obesity with an increased risk of developing stage 3 CKD was not independent, but was confounded by other cardiovascular disease risk factors. These findings suggest that the mode of association between certain obesity index and CKD might differ according to the study design and population studied.

Whether changes in obesity parameters would result in changes in CKD status has also been investigated in

several previous studies. Changes in body weight were found to be associated with parallel changes in albuminuria in 6,894 participants of the Prevention of Renal and Vascular End-Stage Disease (PREVEND) study during a 4.2-year follow-up period [12]. In addition, moderate weight loss induced by a hypocaloric and normoprotein diet in overweight patients with chronic proteinuria resulted in a significant decrease in proteinuria [13]. Furthermore, weight loss induced by an inhibitor of gastrointestinal lipase was associated with the reduction of urinary albumin excretion [14]. Therefore, most, if not all, studies showed that body weight reduction in overweight subjects resulted in a reduction of proteinuria, which was in agreement with the observation in the current study. Compared to the association between changes in obesity parameters and proteinuria, fewer numbers of studies have analyzed the relationship between change in body weight and change in eGFR. In the above-mentioned analysis in the PREVEND study, weight loss or gain did not significantly bring about a change in GFR [12]. Other studies showed that GFR was decreased after weight loss in extremely obese patients, presumably by the mechanisms of amelioration of obesity-associated hyperfiltration [24, 25]. In the current study, BMI gain of ≥ 0.33 was associated with a significantly higher risk for a low eGFR

at the second visit in men, but not in women, who were free from a low eGFR at the first visit. Taking all these results together, it is suggested that the relationship between weight loss and GFR change may also differ according to the target population. Interestingly, high BMI is known to be associated with better survival in dialysis patients [26] designated as a risk factor paradox [27].

The current study has several limitations. First, we retrospectively analyzed data on individuals who underwent general health screening at our institute in two consecutive years; therefore, individuals who did not visit our institute the following year for unknown reasons were not enrolled in the current study, which may cause some biases. Second, we excluded subjects those who were taking anti-hypertensive agents during either visit. This may have excluded from the study population some hypertensive subjects with proteinuria. Whether or not a body weight change results in a change in CKD status in such hypertensive individuals is nonetheless an important question. However, we do not have data on which class of anti-hypertensive agents had been used, which might affect the development, amelioration or elimination of CKD. Third, we used the MDRD equation for the estimation of GFR, which may result in a certain degree of inaccuracy. In addition, changes in weight will be affected not only by the changes in fat mass, but also those in muscle mass, and eGFR determined by MDRD formula is also highly dependent on muscle mass, as this formula takes only serum creatinine into account. We have to be careful in interpreting the results of the current study, as changes in muscle mass will lead to bias when

assessing the association between obesity parameters and eGFR. Fourth, our findings may not be immediately applicable to non-Japanese populations, as the GFR estimated using serum creatinine is again more than slightly affected by muscle mass.

In conclusion, a BMI reduction of ≥ 0.42 or a WC reduction of ≥ 3.0 cm over a 1-year period in men with micro-/macroalbuminuria at the first visit significantly reduced the risk for micro-/macroalbuminuria at the second visit, and a BMI gain of ≥ 0.33 over a period of a year in men without micro-/macroalbuminuria or a low eGFR at the first visit significantly increased the risk for micro-/macroalbuminuria or a low eGFR during the 1-year follow-up. Such associations were not statistically significant in female subjects. Our data indicated that reducing body weight in overweight/obese men with micro-/macroalbuminuria and that maintaining an ideal body weight in non-overweight men without micro-/macroalbuminuria or a low eGFR are both important targets of lifestyle in terms of renoprotection.

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Announcement

The Verband Deutsche Nierenzentren e.V. (Association of German Nephrology Centers) Announces the Bernd Tersteegen Award 2009

Dr. Bernd Tersteegen, the founder of the Verband Deutsche Nierenzentren (DN) e.V., was dedicated to the improvement of outpatient treatment modalities in end-stage renal disease. Specifically, he focused on further technical development of hemodialysis. The Bernd Tersteegen award was established following Dr. Tersteegen's death in 1995. The prize is awarded internationally both for basic and particularly for clinical research related to chronic renal insufficiency and to advances in the treatment of end-stage renal disease.

The annual award of EUR 8,000 is provided by Roche Pharma AG (Grenzach, Germany). The award is usually given to a single applicant but may be shared under certain circumstances. Applicants should be physicians, researchers or engineers who are involved in research in the area of renal failure and renal replacement therapy. Only research papers that have been published in 2008 or 2009 or have not yet been published are suitable for submission. Papers should be written in German or English. Review

articles, dissertations, university habilitation works and manuscripts already entered in other competitions may not be submitted.

Five copies of the work must be submitted by July 15, 2009, to the following address:

Verband Deutsche Nierenzentren (DN) e.V.
Priv. Doz. Dr. med. Werner Kleophas, President
Kleine Klotzbahn 23
DE-42105 Wuppertal (Germany)

The members of the prize committee are chosen by the executive board of the DN. The president of the DN serves as chairman of the committee.

In the case in which no work is found suitable for the award, the prize money is carried over to the following year. An appeal is not allowed.

The award will be conferred at the Annual Meeting of the Association of German Nephrology Centers of the DN in Mannheim, Germany, on November 21, 2009. The presence of the award winner at the award ceremony is required. The award winner will be informed in due time.

Hepatitis B Virus X Protein Shifts Human Hepatic Transforming Growth Factor (TGF)- β Signaling from Tumor Suppression to Oncogenesis in Early Chronic Hepatitis B

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Hepatitis B virus X (HBx) protein is suspected to participate in oncogenesis during chronic hepatitis B progression. Transforming growth factor β (TGF- β) signaling involves both tumor suppression and oncogenesis. TGF- β activates TGF- β type I receptor (T β RI) and c-Jun N-terminal kinase (JNK), which differentially phosphorylate the mediator Smad3 to become C-terminally phosphorylated Smad3 (pSmad3C) and linker-phosphorylated Smad3 (pSmad3L). Reversible shifting of Smad3-mediated signaling between tumor suppression and oncogenesis in HBx-expressing hepatocytes indicated that T β RI-dependent pSmad3C transmitted a tumor-suppressive TGF- β signal, while JNK-dependent pSmad3L promoted cell growth. We used immunostaining, immunoblotting, and *in vitro* kinase assay to compare pSmad3L- and pSmad3C-mediated signaling in biopsy specimens representing chronic hepatitis, cirrhosis, or hepatocellular carcinoma (HCC) from 90 patients chronically infected with hepatitis B virus (HBV) with signaling in liver specimens from HBx transgenic mice. In proportion to plasma HBV DNA levels, early chronic hepatitis B specimens showed prominence of pSmad3L in hepatocytic nuclei. HBx-activated JNK/pSmad3L/c-Myc oncogenic pathway was enhanced, while the T β RI/pSmad3C/p21^{WAF1} tumor-suppressive pathway was impaired as human and mouse HBx-associated hepatocarcinogenesis progressed. Of 28 patients with chronic hepatitis B who showed strong oncogenic pSmad3L signaling, six developed HCC within 12 years; only one of 32 patients showing little pSmad3L developed HCC. In contrast, seven of 30 patients with little Smad3C phosphorylation developed HCC, while no patient who retained hepatocytic tumor-suppressive pSmad3C developed HCC within 12 years. **Conclusion:** HBx shifts hepatocytic TGF- β signaling from the tumor-suppressive pSmad3C pathway to the oncogenic pSmad3L pathway in early carcinogenic process. Hepatocytic pSmad3L and pSmad3C assessment in HBV-infected liver specimens should prove clinically useful for predicting risk of HCC. (HEPATOLOGY 2009;49:1203-1217.)

Hepatocellular carcinoma (HCC) is the fifth most common cancer worldwide and one of the most deadly, causing approximately 600,000 deaths yearly.¹ The overall incidence of HCC continues to rise, especially in western Europe

and the United States.² During the past 20 years, striking advances have enhanced our understanding of HCC. More than 85% of HCC cases are related to known hepatitis B virus (HBV) and hepatitis C virus (HCV).

Abbreviations: Ab, antibody; HBV, hepatitis B virus; HBx, hepatitis B virus X; HCC, hepatocellular carcinoma; HCV, hepatitis C virus; HSC, hepatic stellate cells; IgG, immunoglobulin G; JNK, c-Jun N-terminal kinase; PPM1A, protein phosphatase magnesium 1A; pSmad3C, C-terminally phosphorylated Smad3; pSmad3L, linker-phosphorylated Smad3; SCP1-3, small C-terminal domain phosphatase 1-3; TGF- β , transforming growth factor β ; T β RI, TGF- β type I receptor; T β RII, TGF- β type II receptor.

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A strong correlation between chronic HBV infection and HCC occurrence has long been apparent according to epidemiologic evidence and the finding of integrated HBV DNA sequences in virtually all HBV-related HCC.³ Hepatitis B virus X (HBx) oncoprotein has been implicated in HBV-mediated hepatocarcinogenesis,^{4,5} and persistent high-level expression of HBx protein in transgenic mouse liver results in hyperplasia leading to HCC, with no preceding inflammation.⁶ Although HBx does not bind DNA directly, HBx activates Ras/mitogen-activated protein kinase pathways including extracellular signal-regulated kinase and c-Jun N-terminal kinase (JNK),⁷ resulting in tumor cell growth and survival.

Transforming growth factor β (TGF- β) can inhibit epithelial cell growth, acting as a tumor suppressor. During carcinogenesis, however, cancer cells gain advantage by selective reduction of the tumor-suppressive activity of TGF- β together with augmentation of its oncogenic activity.⁸ This led us to hypothesize that alterations in the TGF- β signal transduction pathway could be involved in the development of HCC in long-standing HBV infection.

Smads are central mediators of signals from the receptors for TGF- β superfamily members to the nucleus.⁹ Smads are modular proteins with conserved Mad-homology 1, intermediate linker, and Mad-homology 2 domains.¹⁰ The catalytically active TGF- β type I receptor (T β RI) phosphorylates the C-terminal serine residues of receptor-activated Smads, which include Smad2 and the highly related protein Smad3. The linker domain can undergo regulatory phosphorylation by other kinases including mitogen-activated protein kinases and cyclin-dependent kinases.¹¹⁻¹⁴ In contrast to the clearly activating role of the C-terminal phosphorylation events, the regulation of Smad activity by phosphorylation of the linker region is complex. Linker phosphorylation of Smad2 during human colorectal carcinogenesis results in cytoplasmic retention of Smad2 and inhibition of tumor-suppressive TGF- β signaling.^{11,15} However, Smad3 phosphorylated at the linker region (pSmad3L) is localized predominantly to cell nuclei in actively growing Ki-67-immunoreactive colon cancer with distant metastasis.¹⁵ Reversible shifting of Smad-dependent signaling between tumor suppression and oncogenesis in hyperactive Ras-expressing cells indicates that Smad3 phosphor-

ylated at the C-terminal region (pSmad3C) transmits a tumor-suppressive TGF- β signal, whereas oncogenic activities such as cell proliferation and invasion are promoted by the pSmad3L pathway.¹⁶ In addition, Roberts' group¹⁷ has recently reported that Smad3 is critical for Ras/JNK-mediated transformation. Taken together, these findings indicate that oncogenic TGF- β signaling results from the functional collaboration of Ras and Smad3 rather than from Ras-mediated inhibition of the Smad3 pathway. Linker phosphorylation of Smad3 indirectly inhibits C-terminal phosphorylation, minimizing tumor-suppressive pSmad3C signaling.¹⁶ Notably, pSmad3L-mediated signaling in activated hepatic stellate cells (HSCs) promotes liver fibrosis by stimulating extracellular matrix deposition.^{13,18}

The role of HBV and HCV in tumor formation appears to be complex and may involve both direct and indirect mechanisms.¹⁹ Integration of HBV DNA into the host genome occurs at early steps of clonal tumor expansion. Alternatively, chronic liver inflammation and hepatic regeneration induced by host cellular immune responses can increase the risk of HCC development. During progression of HCV-related chronic liver disorders, hepatocytes affected by chronic inflammation undergo a transition from the tumor-suppressive pSmad3C pathway to the JNK/pSmad3L pathway.²⁰ Our present studies extend the previous observations to HBV-related hepatocarcinogenesis. We study Smad3 phosphorylation profiles in HBV-infected human liver and HBx transgenic mouse liver, concluding that HBx oncoprotein in early stages of chronic hepatitis B contributes directly to hepatocarcinogenesis by shifting hepatocytic Smad3-mediated signaling from tumor suppression to oncogenesis.

Patients and Methods

Patients, Follow-up, and Detection of HCC. Ninety patients with HBV-related chronic liver disease underwent liver biopsy at the Department of Gastroenterology and Hepatology of Kansai Medical University Hospital between 1992 and 1994. All patients were seropositive for hepatitis B surface antigen (Abbott Laboratories, North Chicago, IL) and were seronegative for anti-HCV antibody (Ortho Diagnostics, Tokyo, Japan). Patients included 70 with chronic hepatitis, 10 with cir-

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rhosis, and 10 with HCC. Sixty of the chronic hepatitis patients were enrolled in a program for early diagnosis of HCC; the other 10 were lost to follow-up. HBV DNA (Roche Diagnostics, Tokyo, Japan) and hepatitis B envelope antigen (Abbott Laboratories) were measured at the time of liver biopsy. During the surveillance period, patients were followed up with abdominal ultrasonography and plasma alpha-fetoprotein determinations every 3 to 6 months. We also made a random choice of 20 chronic hepatitis B specimens with little fibrosis (F1) and little inflammation (A1) from the liver biopsy specimens of the patients showing high plasma HBV DNA levels.

Necroinflammatory activity and fibrotic stage were graded histologically according to the classification of Desmet and colleagues.²¹ We counted and scored pSmad3, HBx, and c-Myc positivity in hepatocytes as follows: 0, no positivity; 1, <25%; 2, 25% to 50%; 3, 50% to 75%; 4, >75%.²⁰ Written informed consent was obtained from each patient according to the Helsinki Declaration. We also obtained approval for this study from our institutional ethics committee.

Reverse-Transcription Polymerase Chain Reaction.

Reverse-transcription polymerase chain reaction of TGF- β type II receptor (T β RII), Smad2, and Smad4 genes was performed as described.¹⁵

Domain-Specific Antibodies Against the Phosphorylated Smad3. Two polyclonal anti-phospho-Smad3 sera— α pSmad3L (Ser 208/213) and α pSmad3C (Ser 423/425)—were raised against the phosphorylated linker and C-terminal regions of Smad3 by immunization of rabbits with synthetic peptides. Relevant antisera were affinity-purified using phosphorylated peptides as described.¹³

Transgenic Animals. HBx transgenic mice were derived by microinjection of a 1151-bp HBV DNA fragment containing the HBx gene with its own regulatory elements and polyadenylation signal into fertilized eggs of CD-1 mice. An independent line (H9) was derived from founders.⁶

Immunohistochemical and Immunofluorescence Analyses.

Immunohistochemical and immunofluorescence analyses were performed as described.¹⁸ Primary antibodies (Abs) used in this study included mouse monoclonal anti-HBx Ab (2 μ g/mL; Abcam, Cambridge, UK), mouse monoclonal anti-c-Myc Ab (10 μ g/mL; Santa Cruz Biotechnology, Santa Cruz, CA), and mouse monoclonal anti-p21^{WAF1} Ab (0.5 μ g/mL; DAKO, Glostrup, Denmark), in addition to the affinity-purified rabbit polyclonal anti-pSmad3L (2 μ g/mL) and anti-pSmad3C (0.5 μ g/mL) as described above. Anti-pSmad3C Ab cross-reacted weakly with C-terminally phosphorylated Smad2: to block binding of anti-

pSmad3C Ab to phosphorylated domains in Smad2, anti-pSmad3C Ab was adsorbed with 1 μ g/mL C-terminally phosphorylated Smad2 peptide.

For immunohistochemical analyses, sections exposed to primary Abs were then incubated with peroxidase-labeled polymer conjugated to goat anti-mouse or anti-rabbit immunoglobulin G (IgG) (DAKO). Finally, sections were developed with 3,3'-diaminobenzidine tetrahydrochloride (DAB; Vector Laboratories, Burlingame, CA), counterstained with Mayer's hematoxylin (Merck, Darmstadt, Germany), and mounted under coverslips.

For double-labeling immunofluorescence analyses, sections exposed to a pair of primary Abs (rabbit plus mouse) were then incubated in a 1:500 dilution of goat anti-rabbit IgG conjugated with a red fluorophore (Alexa Fluor 594; Molecular Probes, Eugene, OR) and goat anti-mouse IgG conjugated with a green fluorophore (Alexa Fluor 488; Molecular Probes). Images were obtained with a fluorescence microscope (Carl Zeiss Microimaging, Oberkochen, Germany).

Immunoprecipitation and Immunoblotting. pSmad3L and pSmad3C immunoblots on Smad3 immunoprecipitates of cell extracts from frozen tissues representing either HCC or underlying liver diseases were performed as described.²⁰

In Vitro Kinase Assay. *In vitro* kinase assay was performed as described.¹²

Statistical Analyses. The Kaplan-Meier method was used to determine the cumulative probability of appearance of HCC during the 12-year follow-up period. HCC occurrence curves were compared between patients with abundant (scores 3 to 4) and those with sparse (scores 0 to 2) Smad3L/C phosphorylation, by means of the log-rank test. For continuous variables, the optimal cutoff threshold for defining groups was established using receiver operating characteristics curves. All parameters with *P* values less than 0.10 in the univariate analysis were selected for multivariate analysis, which was performed using the Cox proportional hazards model.²² *P* values less than 0.05 were considered significant. The Mann-Whitney U test was used to identify significant differences in hepatocytic pSmad3L and pSmad3C positivity among fibrotic stages.

Results

Two Distinct Hepatocytic Smad3 Signaling Pathways in Human Chronic Hepatitis B: pSmad3L- and pSmad3C-Dominant Types.

We initially analyzed mutations of T β RII, Smad2, and Smad4 genes in 10 HCC and six cirrhotic liver samples, finding no mutations in

Table 1. Clinicopathologic Features, Smad3L/C Phosphorylation, and HBx and c-Myc Positivities in Specimens from Patients with HBV-Related Chronic Liver Disease

	Fibrotic Stage*					
	Normal	F1	F2	F3	F4	HCC
Patients, n	2	20	27	23	10	10
Sex (male/female), n	2/0	13/7	19/8	17/6	5/5	10/0
Age (years), mean \pm SD	57.0 \pm 9.9	35.5 \pm 14.3	34.3 \pm 13.9	43.1 \pm 13.7	59.6 \pm 7.6	54.0 \pm 15.1
pSmad3L staining, n [†]						
0	2	0	0	0	0	0
1	0	8	6	2	1	0
2	0	6	6	7	1	0
3	0	3	11	11	2	5
4	0	3	4	3	6	5
pSmad3C staining, n [†]						
0	0	0	0	0	0	0
1	0	0	4	4	2	4
2	0	4	9	12	7	3
3	2	11	7	5	1	3
4	0	5	7	2	0	0
Activity, n*						
A0	2	1	0	0	0	0
A1	0	17	6	1	0	1
A2	0	2	19	11	3	7
A3	0	0	2	11	7	2
HBx staining, n [†]						
0	2	0	0	0	1	1
1	0	6	5	3	2	3
2	0	7	11	8	3	3
3	0	3	7	6	2	2
4	0	4	4	6	2	1
c-Myc staining, n [†]						
0	2	0	0	0	0	0
1	0	2	4	1	1	0
2	0	9	10	8	3	1
3	0	6	8	8	3	3
4	0	3	5	6	3	6
Histology of HCC (well/moderate) [‡]						6/4
TNM stage (I/II/III/IV) [‡]						4/4/2/0
Size of tumor (cm), mean \pm SD						2.2 \pm 0.3
AST (IU/L), mean \pm SD	22.5 \pm 3.5	68.6 \pm 56.1	92.8 \pm 65.8	79.7 \pm 51.8	82.0 \pm 53.1	71.0 \pm 36.4
ALT (IU/L), mean \pm SD	24.0 \pm 2.8	104 \pm 83.5	141 \pm 97.5	84.5 \pm 83.1	68.2 \pm 52.3	59.1 \pm 32.2
Platelet count ($\times 10^9$ /L), mean \pm SD	25.0 \pm 4.2	17.1 \pm 3.6	15.8 \pm 4.9	14.1 \pm 7.1	9.7 \pm 6.7	9.0 \pm 3.7
AFP (ng/mL), mean \pm SD	2.1 \pm 1.3	6.8 \pm 4.6	14.8 \pm 12.2	66.2 \pm 138	132 \pm 208	164 \pm 184

Abbreviations: AFP, alpha-fetoprotein; ALT, alanine aminotransferase; AST, aspartate aminotransferase; pSmad3L, linker-phosphorylated Smad3; pSmad3C, C-terminally phosphorylated Smad3; SD, standard deviation; TNM, tumor-node-metastasis.

*Necroinflammatory activity and fibrotic stage are determined histologically according to Desmet's classification.

[†]Hepatocytic Smad3 phosphorylation is scored as follows: 0, no phosphorylation; 1, <25% Smad3 phosphorylation; 2, 25% to 50% Smad3 phosphorylation; 3, 50% to 75% Smad3 phosphorylation; 4, >75% Smad3 phosphorylation. Extent of HBx and c-Myc expression is indicated as that of pSmad3L positivity.

[‡]Histological grading of HCC is classified according to the criteria of the International Working Party.

[§]TNM is classified by the International Union Against Cancer and American joint Committee on Cancer.

any sample. This confirms the low probability of mutations in HCC tissues, which has been reported recently.²³

To investigate domain-specific phosphorylation mediating Smad3 signaling *in vivo*, we generated two Abs specific to each phosphorylation site, and determined the distribution of pSmad3L and pSmad3C in chronic hepatitis B and C specimens. Table 1 shows clinical background and positivity for pSmad3L and pSmad3C in 90

patients with HBV-related chronic liver diseases. We also studied HCC occurrence over 12 years in 60 patients with chronic hepatitis B who were enrolled in a program for early diagnosis of HCC (Table 2). We recently reported that Smad3 was phosphorylated at the linker region, particularly in groups of hepatocytes adjoining collagen fibers in portal tracts in chronic hepatitis C.²⁰ In contrast, the distribution of pSmad3L and pSmad3C in chronic

Table 2. Clinicopathologic Features, Smad3L/C Phosphorylation, and HCC Incidence in Specimens from Patients with HBV-Related Chronic Hepatitis

Patient No.	Sex	Age	Incidence of HCC	pSmad3L Staining*	pSmad3C Staining*	Fibrotic Stage†	Inflammatory Activity†	HBV DNA (log copies/mL)	HBeAg
1	M	62	○	4	2	3	3	5.4	+
2	F	44	○	4	2	2	2	5.5	-
3	M	22	○	4	2	2	2	5.2	-
4	F	20		4	4	3	3	3.0	-
5	M	43		4	4	2	2	4.5	-
6	M	30		4	2	2	3	4.0	-
7	M	30		4	2	2	3	5.6	-
8	M	65	○	3	2	3	3	4.0	+
9	F	56	○	3	2	3	2	3.7	+
10	M	52	○	3	1	1	1	6.4	-
11	F	40		3	1	1	1	6.9	-
12	M	44		3	1	3	3	5.1	-
13	M	45		3	1	3	3	3.8	-
14	M	28		3	2	3	1	3.0	-
15	M	60		3	2	3	2	2.8	-
16	M	44		3	2	3	3	5.2	+
17	M	44		3	2	3	3	3.2	+
18	M	44		3	2	3	3	4.4	-
19	F	26		3	2	2	1	4.9	-
20	M	20		3	2	2	1	2.9	+
21	M	59		3	2	2	2	4.4	-
22	M	43		3	3	2	2	3.2	+
23	M	29		3	3	3	2	6.2	-
24	M	29		3	3	3	2	3.0	-
25	M	25		3	4	1	1	3.5	-
26	F	33		3	4	2	2	4.6	+
27	M	19		3	3	3	2	5.6	-
28	M	63		3	4	2	2	5.1	-
29	M	52	○	2	1	3	2	3.7	-
30	M	44		2	2	3	3	5.2	-
31	M	29		2	2	3	2	3.9	+
32	F	46		2	4	3	3	3.2	-
33	M	25		2	2	1	2	5.0	-
34	F	23		2	3	1	1	2.1	-
35	F	31		2	3	2	2	3.9	+
36	F	26		2	3	1	1	2.4	-
37	M	35		2	3	1	1	5.6	-
38	M	20		2	3	2	1	3.2	+
39	F	56		2	3	3	2	5.1	+
40	F	36		2	3	3	2	2.6	-
41	F	25		2	3	2	1	5.1	-
42	F	23		2	4	2	1	3.5	-
43	F	41		2	4	1	1	2.0	+
44	M	29		2	4	2	2	4.5	-
45	M	31		2	4	1	1	5.9	+
46	M	42		2	1	2	2	3.7	-
47	M	24		1	1	2	2	3.9	+
48	M	28		1	2	3	2	3.8	-
49	F	11		1	2	2	2	3.0	+
50	M	40		1	1	2	2	3.2	-
51	M	37		1	2	2	2	3.0	-
52	F	10		1	2	2	2	2.3	-
53	M	16		1	3	1	1	5.1	-
54	M	41		1	3	1	1	4.3	-
55	M	40		1	3	1	1	2.2	-
56	M	53		1	3	1	1	2.7	-
57	M	27		1	3	1	1	4.6	-
58	M	53		1	4	1	1	3.3	-
59	M	30		1	4	2	2	2.1	-
60	F	22		1	4	1	0	3.7	-

Abbreviations: F, female; HBeAg, hepatitis B e antigen; HBV, hepatitis B virus; HCC, hepatocellular carcinoma; M, male; pSmad3C, C-terminally phosphorylated Smad3; pSmad3L, linker-phosphorylated Smad3.

*Hepatocytic Smad3 phosphorylation is scored as follows: 0, no phosphorylation; 1, <25% Smad3 phosphorylation; 2, 25% to 50% Smad3 phosphorylation; 3, 50% to 75% Smad3 phosphorylation; 4, >75% Smad3 phosphorylation.

†Necroinflammatory activity and fibrotic stage are determined histologically according to Desmet's classification.

hepatitis B specimens was divided into two distinct patterns. In one liver specimen with moderate fibrosis and inflammation from patient 2 in Table 2 who was diagnosed with HCC 9 years later, intense pSmad3L immunostaining was present in the nuclei of all hepatocytes throughout the liver lobules; C-terminal phosphorylation of Smad3 was strongly suppressed in hepatocytic nuclei (Fig. 1A and Supplementary Fig. 1). In another specimen with similar fibrotic stage and necroinflammatory activity from patient 44 in Table 2 who had not developed HCC, many hepatocytes retained phosphorylation at Smad3C but showed scarce phosphorylation at Smad3L (Fig. 1B). Among 37 patients with chronic hepatitis B who had strong pSmad3L positivity, 24 patients showed little Smad3C phosphorylation, and only 13 patients

Table 3. Correlation Between pSmad3L and pSmad3C in Chronic Hepatitis B Specimens

	pSmad3C Positivity *		Total
	Low (1 and 2)	High (3 and 4)	
pSmad3L positivity *			
Low (1 and 2)	11	22	33
High (3 and 4)	24	13	37
Total	35	35	70

Abbreviations: pSmad3C, C-terminally phosphorylated Smad3; pSmad3L, linker-phosphorylated Smad3.

*Hepatocytic Smad3 phosphorylation is scored as follows: 0, no phosphorylation; 1, <25% Smad3 phosphorylation; 2, 25% to 50% Smad3 phosphorylation; 3, 50% to 75% Smad3 phosphorylation; 4, >75% Smad3 phosphorylation.

showed abundant Smad3C phosphorylation (64.9% versus 35.1% [$P = 0.03$]) (Table 3). In contrast, 22 patients with little Smad3L phosphorylation (scores 0 to 2) versus only 13 patients with abundant Smad3L phosphorylation (scores 3 to 4) showed strong pSmad3C positivity (62.9% versus 37.1% [$P = 0.04$]). Because the extent of Smad3L phosphorylation increased as fibrotic stage and necroinflammatory activity progressed in chronic hepatitis C, Smad3L showed little phosphorylation in early chronic hepatitis C.²⁰ In contrast, degree of linker phosphorylation of Smad3 in hepatocytic nuclei remained high (staining scored as 3 or 4) in 21 of 47 patients with chronic hepatitis B (F1 to F2) (Fig. 1C). These results indicate differential mechanisms of HBV- and HCV-

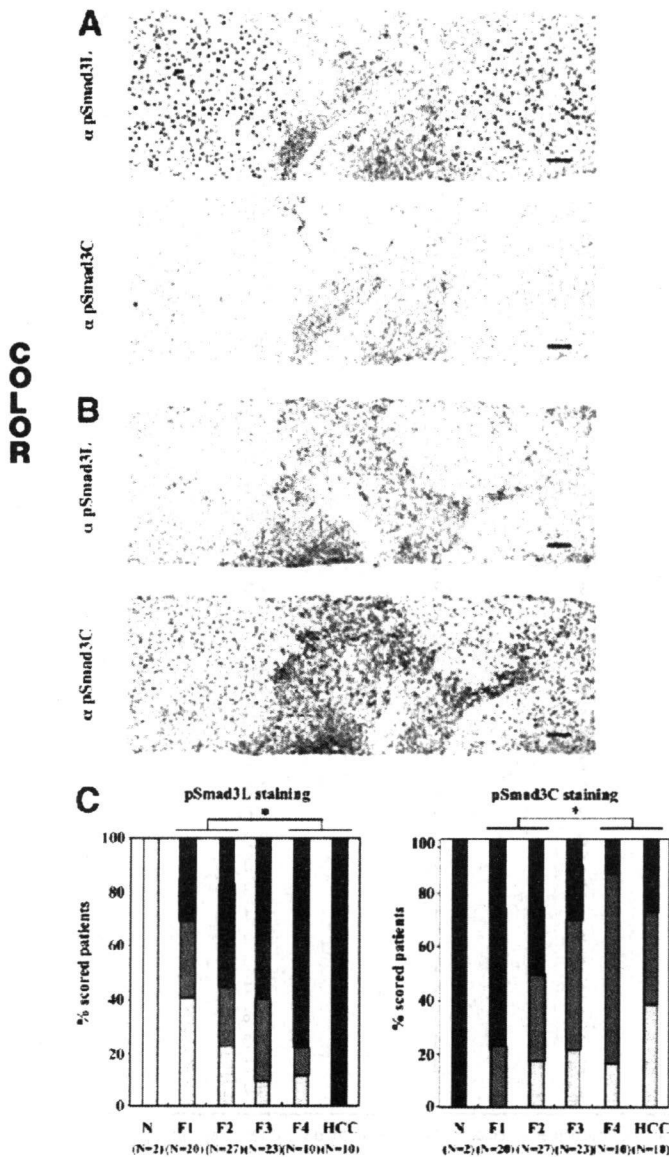
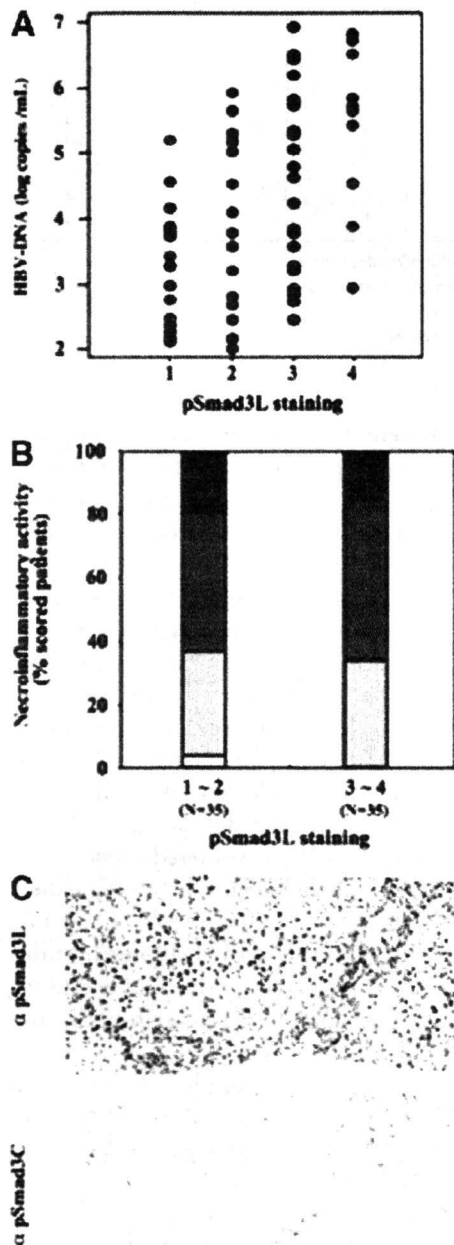


Fig. 1. Two distinct hepatocytic Smad3 signaling pathways in early chronic hepatitis B: pSmad3L- and pSmad3C-dominant types. (A) Smad3 in the nuclei of hepatocytes was phosphorylated sparsely at the C-terminal region (α pSmad3C column) but intensely at the linker region (α pSmad3L column). The liver specimen showing moderate fibrosis and inflammation was obtained from patient 2 in Table 2 diagnosed with HCC 9 years later. Bar = 50 μ m. (B) In patient 44 in Table 2 who had not developed HCC, hepatocytes retained phosphorylation at Smad3C (α pSmad3C column) but showed little phosphorylation at Smad3L (α pSmad3L column). The specimen showed degrees of fibrosis and necroinflammatory activity similar to those in (A). Formalin-fixed, paraffin-embedded liver sections were stained with anti-pSmad3L Ab (α pSmad3L column) and anti-pSmad3C Ab (α pSmad3C column). The pSmad3C section was paired with an adjacent section stained using anti-pSmad3L Ab. Abs were then bound by goat anti-rabbit IgG conjugated with peroxidase-labeled polymer. Peroxidase activity was detected with 3,3'-diaminobenzidine tetrahydrochloride. All sections were counterstained with hematoxylin (blue). Brown color indicates specific Ab reactivity. Bar = 50 μ m. (C) Degrees of Smad3 phosphorylation were stable in hepatocytic nuclei in early chronic hepatitis B specimens (F1 to F2), whereas pSmad3L increased and pSmad3C decreased as chronic hepatitis B (F3) progressed through cirrhosis to HCC. Smad3 phosphorylation in hepatocytes did not change between F1 and F2 stages. Phosphorylation of Smad3L and Smad3C in hepatocytes of cirrhotic liver (F4) and HCC was greater and less than that in livers with grade F1 and F2 fibrosis, respectively. Extent of Smad3 phosphorylation: \square , 0; \square , 1; \square , 2; \blacksquare , 3; \blacksquare , 4. * $P < 0.05$.

associated carcinogenesis, especially in the early stages of chronic hepatitis.

pSmad3L Prominence in Hepatocytic Nuclei in Proportion to Plasma HBV DNA Levels. Because HCC risk is related to plasma HBV DNA levels and chronic inflammation,²⁴ we next investigated the correlation of hepatocytic pSmad3L positivity with plasma HBV DNA levels and necroinflammatory activity in chronic hepatitis B patients (Fig. 2). Positivity of hepatocytic nuclei for pSmad3L in chronic hepatitis B specimens gradually increased in proportion to amounts of HBV DNA.



Sixteen sera samples of 35 patients with abundant Smad3L phosphorylation (scores 3 to 4) but only seven sera samples of 35 patients with little Smad3L phosphorylation (scores 0 to 2) contained more than 5.0 log copies/mL (45.7% versus 20.0% [$P = 0.02$]) (Fig. 2A). However, 23 of 35 chronic hepatitis B patients with abundant Smad3L phosphorylation and 22 of 35 patients with little Smad3L phosphorylation showed a high level of inflammatory activity (A 2 to 3) (65.7% versus 62.9% [$P = 0.80$]) (Fig. 2B). These results indicated that HBV itself could up-regulate the hepatocytic phosphorylation at Smad3L, but inflammation could not strongly affect linker phosphorylation.

To further confirm the direct effects of HBV, besides chronic inflammation, on phosphorylation at Smad3L in early chronic hepatitis B, we examined the degrees of pSmad3L and pSmad3C in a group of patients with little fibrosis (F1), little inflammation (A1), and high plasma HBV DNA. Smad3L was highly phosphorylated in hepatocytic nuclei, whereas the phosphorylation at Smad3C was suppressed (Fig. 2C). Of 20 chronic hepatitis B samples, 12 samples showed abundant Smad3L phosphorylation (scores 3 to 4), but only five samples had abundant Smad3C phosphorylation (60.0% versus 25.0% [$P = 0.03$]) (Table 4).

HBx Protein Involvement in c-Myc-Mediated Oncogenic Activity via the pSmad3L Pathway in Human Chronic Hepatitis B. Integrated viral sequences produce HBx protein, which brings about up-regulation of c-Myc oncoprotein.²⁵ We therefore investigated whether HBx protein affected Smad3L phosphorylation and expression of c-Myc in biopsy specimens from HBV-infected livers by immunostaining sections for

Fig. 2. In proportion to plasma HBV DNA levels, JNK-dependent pSmad3L became prominent in the nuclei of hepatocytes in human early chronic hepatitis B. (A) Positivity for pSmad3L in hepatocytic nuclei in chronic hepatitis B specimens was greater in proportion to plasma HBV DNA levels. Patients with strong pSmad3L positivity in hepatocytic nuclei (staining scored as 3 or 4) had more HBV DNA in plasma than patients with weak pSmad3L positivity (staining scored as 0 to 2). Hepatocytic Smad3 phosphorylation in chronic hepatitis B specimens is scored as follows: 0, no phosphorylation; 1, <25%; 2, 25% to 50%; 3, 50% to 75%; 4, >75%. (B) Degree of Smad3 phosphorylation at the linker region did not strongly correlate with necroinflammatory activity of chronic hepatitis B. Hepatocytic Smad3 phosphorylation at the linker region in livers with necroinflammatory activities of A2 to A3 was essentially similar to phosphorylation in those with activities of A0 to A1. Extent of necroinflammatory activity: □, 0; ◻, 1; ◼, 2; ■, 3. (C) Smad3 in the nuclei of hepatocytes was phosphorylated intensely at linker region (α pSmad3L column) but sparsely at the C-terminal region (α pSmad3C column). The liver specimen showing minimal fibrosis (F1) and inflammation (A1) was obtained from patient 10 in Table 2 who showed high plasma HBV DNA and was diagnosed with HCC 4 years later.

Table 4. Clinicopathologic Features, Smad3L/C Phosphorylation, and Plasma HBV DNA Levels in Specimens from Patients with Early Chronic Hepatitis B

Patient No.	Sex	Age	pSmad3L staining*	pSmad3C staining*	Fibrotic Stage†	Inflammatory Activity†	HBV DNA (log copies/mL)
1	M	46	4	2	1	1	5.6
2	M	45	4	2	1	1	5.4
3	F	38	3	1	1	1	6.2
4	F	49	3	1	1	1	5.2
5	F	52	3	1	1	1	6.1
6	F	40	3	2	1	1	5.8
7	F	28	3	2	1	1	5.6
8	M	38	3	2	1	1	5.5
9	M	44	3	2	1	1	5.3
10	F	40	3	2	1	1	5.4
11	M	55	3	2	1	1	5.1
12	F	43	3	3	1	1	5.8
13	M	34	2	1	1	1	5.2
14	M	28	1	1	1	1	5.2
15	F	35	1	2	1	1	5.1
16	M	30	1	2	1	1	5.3
17	M	45	1	3	1	1	5.2
18	M	38	1	4	1	1	5.6
19	M	54	1	4	1	1	5.2
20	M	48	1	4	1	1	5.4

Abbreviations: F, female; HBV, hepatitis B virus; M, male; pSmad3C, C-terminally phosphorylated Smad3; pSmad3L, linker-phosphorylated Smad3.

*Hepatocytic Smad3 phosphorylation is scored as follows: 0, no phosphorylation; 1, <25% Smad3 phosphorylation; 2, 25% to 50% Smad3 phosphorylation; 3, 50% to 75% Smad3 phosphorylation; 4, >75% Smad3 phosphorylation.

†Necroinflammatory activity and fibrotic stage are determined histologically according to Desmet's classification.

pSmad3L, paired with sections immunostained for HBx and c-Myc.

In specimens from patient 3 in Table 2 with chronic hepatitis B, pSmad3L, HBx, and c-Myc were distributed in hepatocytes throughout liver lobules (Fig. 3A and Supplementary Fig. 2). Double immunofluorescence studies in chronic hepatitis B specimens confirmed that pSmad3L was colocalized in HBx- and c-Myc-immunoreactive hepatocytes (Fig. 3B). HBx and c-Myc expression increased in hepatocytes of hepatitis B specimens as Smad3 showed more phosphorylation at the linker region (Fig. 3C).

Increased JNK/pSmad3L/c-Myc Oncogenic Signaling and Impaired pSmad3C/p21^{WAF1} Tumor-Suppressive Signaling as Chronic Hepatitis B Progresses From Cirrhosis to HCC. We further investigated tumor-suppressive and oncogenic Smad3 signaling in biopsy specimens during HBV-related hepatocarcinogenesis by staining sections using anti-pSmad3L Ab and anti-pSmad3C Ab, paired with sections stained for anti-c-Myc Ab and anti-p21^{WAF1} Ab. Although pSmad3L accelerates tumor growth by up-regulating c-Myc, pSmad3C participates in tumor suppression by up-regulating p21^{WAF1} transcription.^{16,20}

In specimens from a patient with chronic hepatitis B, the distribution of pSmad3L fit well with the pattern shown by c-Myc immunolabeling (Fig. 4A, chronic hep-

atitis panel): both were strong in hepatocytes throughout liver lobules. Linker phosphorylation and c-Myc staining increased further as chronic liver disease progressed through cirrhosis to HCC (Fig. 4A, cirrhosis and HCC panels).

Distribution of pSmad3C resembled the pattern obtained by p21^{WAF1} staining in chronic hepatitis B specimens (Fig. 4B, chronic hepatitis panel). As with pSmad3C distribution, hepatocytes showed increased p21^{WAF1} staining in nuclei. In contrast to intense staining for pSmad3L and c-Myc, pSmad3C and p21^{WAF1} staining decreased in hepatocytic nuclei in cirrhotic liver (Fig. 4B, cirrhosis panel). Nuclear pSmad3C and p21^{WAF1} immunostaining showed only a scattered distribution throughout HCC specimens (Fig. 4B, HCC panel). Semiquantitative analyses of positivity for pSmad3L, pSmad3C, and c-Myc in HBV-related chronic liver disease showed increasing pSmad3L/c-Myc and decreasing pSmad3C as chronic hepatitis B progressed from cirrhosis (F4) to HCC (Table 1).

We next quantified the extent of phosphorylation at Smad3L and Smad3C by immunoblotting with domain-specific Abs against phosphorylated Smad3 in tissue samples representing various stages of HBV-related chronic liver disorders. The linker region of Smad3 showed very little phosphorylation in normal liver (Fig. 4C, α pSmad3L panel). Remarkable up-

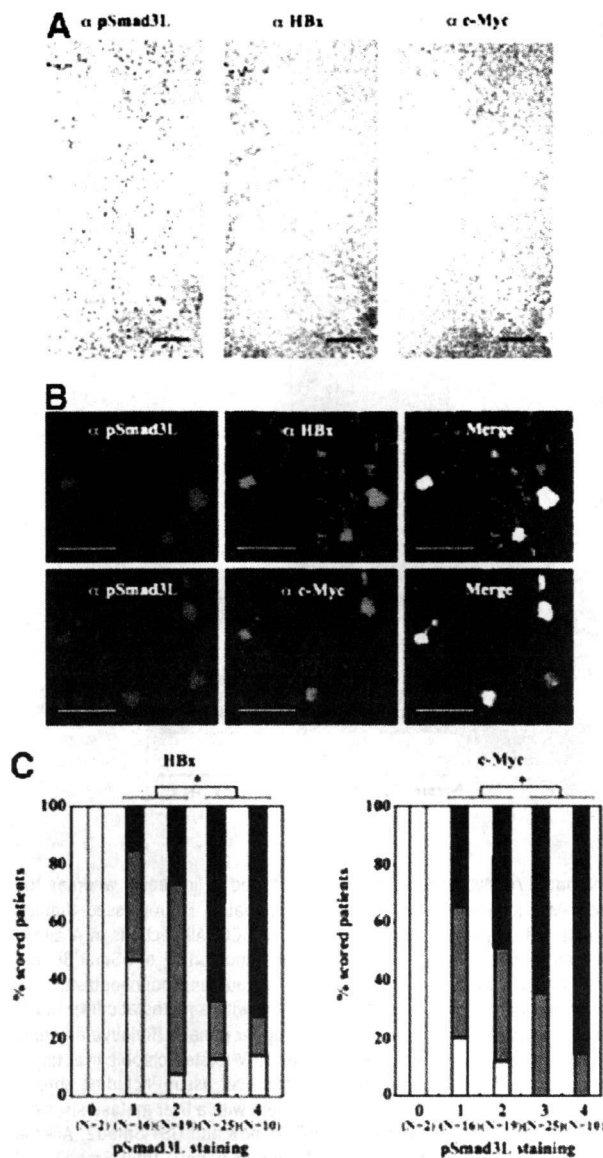


Fig. 3. HBx might be involved in c-Myc-mediated oncogenic activity in human chronic hepatitis B via the pSmad3L pathway. (A) Hepatocytes of chronic hepatitis B specimens from patient 3 in Table 2 showed diffuse immunostaining for pSmad3L, HBx, and c-Myc. All sections were counterstained with hematoxylin (blue). Brown color indicates specific Ab reactivity. Bar = 50 μ m. (B) pSmad3L in hepatocytic nuclei of chronic hepatitis B specimens was colocalized with HBx and c-Myc proteins. Sections of chronic hepatitis B tissues were stained for immunofluorescence to simultaneously detect pSmad3L (red) and HBx or c-Myc (green). Yellow color indicates overlap of proteins. Hepatocytes immunoreactive for pSmad3L showed colocalization of HBx (upper column) and c-Myc (lower column). Bar = 50 μ m. (C) HBx and c-Myc expression increased in hepatocytes of chronic hepatitis B specimens as Smad3 was increasingly phosphorylated at the linker region. HBx and c-Myc expression was greater in hepatocytes with high phosphorylation at Smad3L (staining scored as 3 or 4) than in hepatocytes with staining scored as 0 to 2. The extent of HBx and c-Myc expression is indicated as that of pSmad3L positivity: \square , 0; \square , 1; \square , 2; \square , 3; \blacksquare , 4. * $P < 0.05$.

regulation of pSmad3L was seen with progression of hepatic fibrosis and carcinogenesis. In cirrhotic liver and HCC, pSmad3L was far more abundant than in chronic hepatitis. In contrast, pSmad3C gradually decreased as disease stages progressed toward HCC (Fig. 4C, α pSmad3C panel).

We previously reported that Smad3L served as a substrate for JNK.¹² To address the functional relationship between activated JNK and Smad3L phosphorylation during hepatocarcinogenesis, we presently assayed kinase activity *in vitro*. Although JNK from normal liver showed little ability to phosphorylate Smad3 at the linker region, JNK from livers involved by chronic hepatitis B, cirrhosis, and HCC could directly phosphorylate Smad3L (Fig. 4D). These results suggested that JNK in preneoplastic liver tissues and HCC directly phosphorylated the linker region of Smad3.

Collectively, JNK/pSmad3L/c-Myc oncogenic signaling in hepatocytes came to predominate while the tumor-suppressive pSmad3C/p21^{WAF1} pathway became quiescent as chronic hepatitis B progressed to cirrhosis and then HCC.

Selective Blockade of Linker Phosphorylation Abolishes pSmad3L-Mediated Cell Growth in HBx-Expressing Hepatocytes. pSmad3L, HBx, and c-Myc were colocalized in preneoplastic lesions including chronic hepatitis and cirrhosis (Fig. 3). These findings suggest that HBx oncoprotein might alter hepatocytic TGF- β signaling in chronic hepatitis B. We investigated this hypothesis using HBx-expressing hepatocytes. Selective blockade of linker phosphorylation by a mutant Smad3 lacking the JNK-dependent linker phosphorylation sites abolished pSmad3L-mediated cell growth in HBx-expressing hepatocytes (Supplementary Figs. 3-5). These results suggest that HBx activated the JNK/pSmad3L pathway, further promoting cell proliferation by up-regulating c-Myc transcription (Fig. 5).

Activation of the pSmad3L/c-Myc Pathway as HBx Transgenic Mouse Livers Progress Through Hyperplasia to HCC. We further investigated localization of pSmad3L, HBx, and c-Myc during HBx-induced hepatocarcinogenesis in HBx transgenic mouse livers. Beginning at the age of 2 months, HBx transgenic mouse liver showed centrilobular foci of cellular alteration with cytoplasmic vacuolation surrounding the central veins where bromodeoxyuridine was uptaken into the hepatocytes.⁶

In this hyperplastic mouse liver, phosphorylation at Smad3L was observed in hepatocytic nuclei in the centrilobular region, and distribution of pSmad3L was similar to those of HBx and c-Myc (Fig. 6A). pSmad3L, HBx,

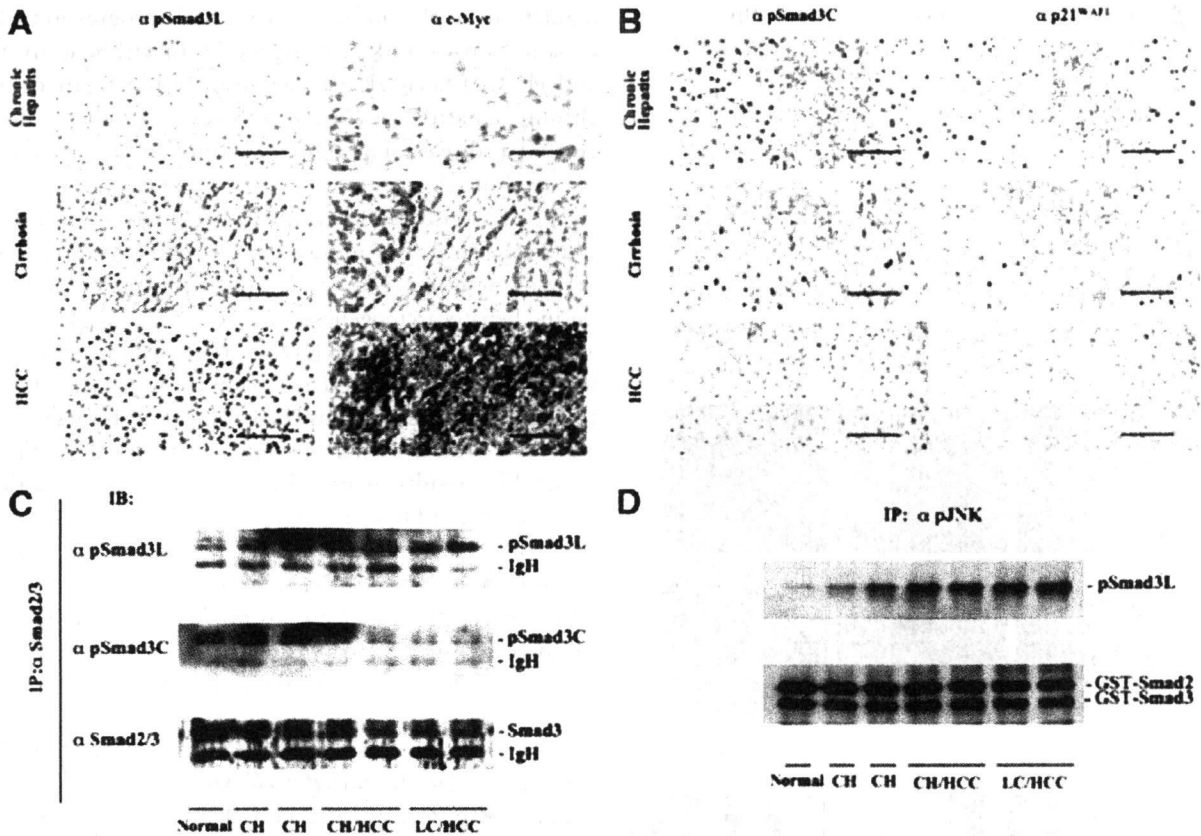


Fig. 4. As chronic hepatitis B progressed through cirrhosis to HCC, JNK/pSmad3L/c-Myc oncogenic signaling started to increase, whereas the tumor-suppressive pSmad3C/p21^{WAF1} pathway decreased. (A) pSmad3L and c-Myc increased as human chronic hepatitis B progressed through cirrhosis to HCC. (B) pSmad3C and p21^{WAF1} decreased as human chronic hepatitis B progressed through cirrhosis to HCC. All sections in A and B were counterstained with hematoxylin (blue). Brown staining indicates specific Ab reactivity. Bar = 50 μ m. (C) Immunoblotting of pSmad3L and pSmad3C in HBV-related chronic liver diseases. Cell lysates obtained from hepatocellular carcinoma (HCC) and surrounding nonneoplastic liver tissues including chronic hepatitis B (CH) or liver cirrhosis (LC) as well as uninvolved normal liver tissues from a patient with a metastatic liver tumor were subjected to anti-Smad3 immunoprecipitation (IP) and were then immunoblotted with each anti-pSmad3 Ab (upper panels). Relative amounts of endogenous Smad3 were determined via immunoblotting using anti-Smad3 Ab (bottom panel). (D) JNK in human HBV-related chronic liver tissue directly phosphorylated Smad3 at the linker region. Cell lysates obtained from HCC and surrounding nonneoplastic liver tissue including chronic hepatitis (CH) and liver cirrhosis (LC) from HBV-infected patients, as well as uninvolved normal liver tissue from a patient with a liver metastasis, were subjected to anti-phospho-JNK1/2 immunoprecipitation (IP), and were then mixed with bacterially expressed GST-Smad3 and GST-Smad2. After *in vitro* kinase assay, phosphorylation of Smad3L was analyzed via immunoblotting using anti-pSmad3L antibody (upper panel). Total Smad3 and Smad2 were determined via immunoblotting using anti-Smad2/3 Ab (lower panel).

and c-Myc were distributed diffusely in HCC specimens (Fig. 6B, HCC panel). Semiquantitative analyses of positivity for these molecules in HBx transgenic mouse livers also revealed that hepatocytic pSmad3L, HBx, and c-Myc increased as mouse liver progressed through hyperplasia to HCC (Fig. 6C). Double immunofluorescence studies in hyperplastic specimens confirmed that pSmad3L was colocalized in HBx- and c-Myc-immunoreactive hepatocytes (Fig. 6D).

Success in comparative study of HBx, pSmad3L, and c-Myc positivity during human and mouse hepatocarcinogenesis identified pSmad3L as a key regulatory element

that offers a general framework for understanding the origins of HBV-related HCC.

Chronic Hepatitis B Patients with Hepatocytes Positive for pSmad3L and Negative for pSmad3C Increased Risk of HCC Development. We finally investigated whether phosphorylation levels of Smad3 could affect the risk of neoplastic evolution in the patients with chronic hepatitis B (Table 2). To compare HCC incidence, patients were classified into those with abundant (scores 3 to 4) and limited (scores 0 to 2) Smad3 phosphorylation in hepatocytic nuclei. HCC developed in six of 28 patients with abundant Smad3L phosphory-

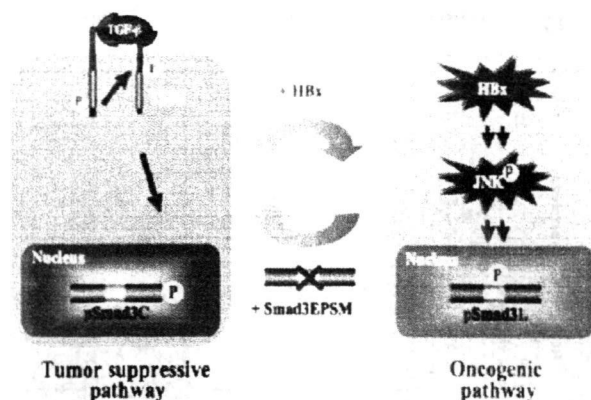


Fig. 5. Reversibility of Smad3-dependent signaling between tumor suppression and oncogenesis in HBx-expressing hepatocytes. Hepatocytes exhibit TGF- β -dependent Smad3 phosphorylation at the C-terminal region, which results in growth inhibition by repression of c-Myc. High expression of HBx protein in hepatocytes tends to shut down pSmad3C-mediated signaling and favor acquisition of constitutively active JNK-mediated pSmad3L signaling, which fosters cell growth by up-regulating c-Myc. Selective blockade of linker phosphorylation by a mutant Smad3 lacking the JNK-dependent linker phosphorylation sites (Smad3E/PSM) restores the TGF- β -dependent tumor-suppressive response involving pSmad3C that is shown by parental hepatocytes.

lation, but in only one of 32 patients with limited Smad3L phosphorylation (log-rank = 0.03) (Fig. 7A). In contrast, HCC developed only in the patients with limited Smad3C phosphorylation, and no patients with abundant hepatocytic pSmad3C developed HCC (log-rank = 0.009) (Fig. 7B).

Several studies have analyzed risk factors for HCC occurrence in patients with HBV-related chronic liver disease, including elevated plasma HBV DNA²⁴ and seropositivity for hepatitis B e antigen.²⁶ In the univariate analysis, HCC occurrence in high pSmad3L positivity ($P = 0.01$), low pSmad3C positivity ($P = 0.03$), and plasma HBV-DNA levels of more than 5.0 log copies/mL ($P = 0.05$) showed P values less than 0.10, thus being significantly associated with HCC (Table 5). All variables with statistical significance in the univariate analysis were entered in the multivariate analysis, and high pSmad3L and low pSmad3C positivity were considered significantly predictive of HCC development within 12 years. Hepatocytic positivity for pSmad3L and pSmad3C should allow us to distinguish chronic hepatitis B patients at high and low risk for the development of HCC in near future.

Discussion

In patients with chronic hepatitis B, persistent HBV infection is clearly the primary inducer of HCC.¹⁻⁷ Com-

parative studies that seek to identify conserved oncogenic signaling common to HCC in both humans and experimental animals will help to eventually identify the molecular pathways that drive the development of HCC.²⁷ Much is known about the morphologic changes of cells and tissues that precede and accompany development of HCC in humans, allowing earlier diagnosis in some instances.²⁸ A variety of molecular alterations have been detected in fully developed HCC and to a lesser extent in morphologically defined preneoplastic precursor lesions.²⁹ Our current studies compared pSmad3L- and pSmad3C-mediated signaling in biopsy specimens of chronic hepatitis, cirrhosis, or HCC from 90 patients with chronic HBV infection versus signaling in preneoplastic and neoplastic liver lesions of HBx transgenic mice. Taken together with the results of *in vitro* experiments using HBx-expressing hepatocytes, our findings indicate that the HBx oncoprotein participates directly in hepatocarcinogenesis by shifting hepatocytic Smad3-mediated signaling from tumor suppression to oncogenesis in patients with early chronic hepatitis B (Fig. 7C). According to the two-step model of carcinogenesis (initiation and promotion), tumor formation can be explained by permanent HBx-dependent activation of the JNK/pSmad3L cascade that has a tumor promoter-like action.

HCC is a human neoplasm associated with viral infection.^{1,3} At present, hepatitis virus-associated carcinogenesis can be seen as a multifactorial process that includes both direct and indirect mechanisms.¹⁹ A major factor in the process of HCC development is the host immune system.³⁰ Chronic inflammation, degeneration, and regeneration induced by the host cellular immune response are common to a variety of human liver diseases, and subsequent cellular proliferation might increase the risk of cancer. We previously reported that increased phosphorylation of Smad3L and decreased phosphorylation of Smad3C were associated with an increased risk of HCV-related HCC.²⁰ Similarly to HCV-related chronic liver disease, strong pSmad3L positivity was observed in the late stages of HBV-related chronic liver disease (F3 to F4) (Fig. 1C). Considering the development of HCC in HCV core gene-transgenic mice,³¹ hepatitis viruses themselves together with the host immune response might promote human hepatocarcinogenesis via the JNK/pSmad3L pathway during the late stage of the carcinogenic process in both HBV- and HCV-related chronic liver disease.

However, HBV and HCV have different roles in human hepatocarcinogenesis when early chronic hepatitis (F1 to F2) is considered. The histological severity of HCV-related liver disease correlates closely with the risk