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Omega-3 Fish Oil for Nonalcoholic Steatohepatitis  Probe Drugs for Botanical-Drug Interactions  University of Virginia Charlottesville  University of Kansas Medical Center  University of Med/Dent NJ-R W Johnson  Disorders  Medical School	Chromium Treatment of Obesity-related Insulin Resistance	State University New York Stony Brook
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Disorders Medical School		

Caregivers	
Is Chromium Picolinate Renoprotective in Diabetes?	Medical College of Georgia (MCG)
Effects of Probiotics on Neonatal Bacterial Meningitis	Children's Hospital Los Angeles
Lipoic Acid and Insulin Resistance	University of California San Francisco
Dilution and Succussion in Homepathic Remedy Dose–Response Patterns	University of Arizona
Physiologic Characteristics of Traditional Chinese Medicine Based IBS	University of California Los Angeles
Subgroups	
Neuroendocrine and Immune Response to Hypnotic Analgesia: A Pilot Clinical	University of Maryland Baltimore County
Trial	Campus
Herbal Effects on Oxidant Dynamics in Cardiomyocytes	University of Chicago
Carpal Tunnel Syndrome and Static Magnetic Field Therapy	Helfgott Research Institute
Pilot Studies of the Nutritional Supplement D-pinitol in Alzheimer's Disease	Mount Sinai School of Medicine of New York
	University
Uridine Supplementation, Mitochondrial Function, and Glucose Metabolism in	University of California San Francisco
HIV 18 CONTRACTOR OF THE PROPERTY OF THE PROPE	
Acupuncture and Relaxation Response for GI Symptoms and HIV Medication	Boston University Medical Campus
Adherence	
Prevention of Post-Prandial Hypoglycemia Using n-3/n-6 PUFA in PCOS	University of California Davis
Standardization of Banisteriopsis caapi for Chemical and Biological Markers	University of Mississippi
Pilot Randomized, Double-Blind Crossover Study of Pish Oil [EPA and DHA]	University of California Los Angeles
For Intr	
Exploratory Analysis of RR and Mindfulness-Based Stress Reduction for Stress	Massachusetts General Hospital
Reduction	
EGCG and Omega-3 Fatty Acids Impact on Fatty Acid Synthase Activity in the	Oregon Health and Science University
Prostate	
Resveratrol-induced Apoptotic Cell Death in Glioma	Henry Ford Health System
Tai Chi Chih: Complementary Use to Achieve Remission in Geriatric	University of California Los Angeles
Depression	
Probiotic Lactobacillus-Mediated Suppression of TNF in Pediatric Crohn's	Baylor College of Medicine
Disease	
Inhibition of Cholesterol Synthesis by Policosanol	University of Kentucky
Tai Chi for Osteopenic Women: A Pilot Randomized Controlled Trial	Harvard University (Medical School)
Patty Acid Supplementation in Management of Type 2 Diabetes	Ohio State University
Cardioprotective Adaptation to Intermittent Hypoxia	University of North Texas Health Science
	Center
Mechanisms and Effects of Phytoestrogen Treatment in Autoimmune Optic	University of North Texas Health Science

Neuritis	Center
Mindfulness for Irritable Bowel Syndrome	University of North Carolina Chapel Hill
Tai Chi for Fibromylagia	Tufts Medical Center
A Modified Dietary Regiment as a Potential Novel Therapeutic Intervention in	Mount Sinaj School of Medicine of New York
Amyotrophic Lateral Sclerosis.	University
Inhibition of Rheumatoid Arthritis Synovial Fibroblasts Invasion by Green Tea	University of Michigan at Ann Arbor
Polyphenols	
Neural Mechanisms Underlying Mindfulness-based Stress Reduction in Socially	Stanford University
Phobic Individuals	,
Effects of Fish Oil and Alpha Lipoic on the Progression of Insulin Resistance	University of California Davis
Stress Reduction for Caregivers: A Randomized Controlled Pilot Study	Healthpartners Research Foundation
Centella Asiatica Triterpene Extract for Diabetic Neuropathy – A Pilot Study	Oregon Health and Science University
Yoga for Women Attempting Smoking Cessation: An Initial Investigation	Miriam Hospital
Dose-dependent Anti-inflammatory Effects of Vitamin D in a Human Gingivitis  Model	Boston University Medical Campus
Longevity Foods, SIRT Activation and Diabetic Dyslipidemia	University of Hawaii at Manoa
Tai Chi for Obesity: A Randomized Controlled Pilot Trial	Queen's Medical Center
Effects of Salacia Oblonga Root Extract on Cardiac Hypertrophy	University of Alabama at Birmingham
Green Tea Polyphenol and Tai Chi for Bone Health: a Pilot Study	Texas Tech University Health Science  Center
Prospective Randomized Double-Blind Study of Acupuncture for Phonotrauma	University of Hong Kong
Stress and Proinflammatory Cytokines: Omega-3 Intervention	Ohio State University
Inhibition of UVB-Induced Inflammation and Carcinogenesis by Black Raspberry	Ohio State University
Extract	
Automated Analysis of Lumbar Spine Kinematics from Dynamic	Mayo Clinic College of Medicine, Rochester
Videofluoroscopy	
Prolotherapy for the Treatement of Chronic Lateral Epicondylitis	University of Pittsburgh at Pittsburgh
Flaxseed VS. Aromatase Inhibitors: Breast Tumor Characteristics and	Roswell Park Cancer Institute Corp
Prognosis	
Therapeutic Efficacy of Flax Seed in the Prevention of Ovarian Cancer	University of Illinois at Chicago
Immunoregulation by DHEA:To Prevent Cardiac Dysfunction	University of Arizona
CAM Intervention for Rheumatoid Arthritis	Montana State University (Bozeman)
Mechanism of Modulation of Interleukin-12 Production by Triptolide	Weill Medical College of Cornell University
Maca Root for the Treatment of Antidepressant-Induced Sexual Dysfunction in	Massachusetts General Hospital
Women	
Ginkgo Biloba Prevention Trial in Older Individuals	University of Pittsburgh at Pittsburgh

Creatine Safety, Tolerability, and Efficacy in Huntington's Disease: CREST-E	Massachusetts General Hospital
Phytoestrogens and Progression of Atherosclerosis	University of Southern California
Dose-response/Efficacy of Manipulation for Chronic Low Back Pain	Western States Chiropractic College
Echinacea for Preventing Colds in Children	University of Washington
Traditional Chinese Medicine for Temporomandibular Disorders: A Multi-site	University of Arizona
Whole Systems Trial	
Qigong Effects on Fatigue and Cognitive Function after Treatment for Breast	University of Arizona
Cancer	
Effect of Yoga Versus Stretching on Chronic Back Pain	Center for Health Studies
A Phase I/II Randomized, Placebo Controlled Trial of Silymarin for Hepatitis C	University of North Carolina Chapel Hill
Phase I/II Trials of Silymarin for Chronic Liver Diseases Data Coordinating	University of Pittsburgh at Pittsburgh
Center	
Clinical Center for Phase I/II Trials of Silymarin in Chronic Liver Disease	Beth Israel Deaconess Medical Center
A Phase I/II Trial of Silymarin for Chronic Liver Diseases	University of Pennsylvania
Silymarin for the Treatment of Nonalcoholic Steatohepatitis	Thomas Jefferson University
lyengar Yoga for Breast Cancer Survivors with Persistent Fatigue	University of California Los Angeles
Creatine Safety and Efficacy in Huntington's Disease: Coordination and	University of Rochester
Statistical Center	
Hypnosis for Hot Flashes: A Randomized Clinical Trial	Baylor University
Developmental Center for Clinical and Translational Science in Chiropractic	Palmer College of Chiropractic
Trametes Versicolor-Induced Immunopotentiation	University of Minnesota Twin Cities
New England School of Acupuncture Acupuncture Research Collaborative	New England School of Acupuncture
Mechanisms of Osteopathic Manipulative Medicine (OMM)	University of North Texas Health Science
	Center
Complementary/Alternative Medicine: Expectancy and Outcome	Oregon Health and Science University
Functional Bowel Disorders in Chinese Medicine	University of Maryland Baltimore
The International Center for Indigenous Phytotherapy Studies: HIV/AIDS,	University of Missouri-Columbia
Secondary Infections and Immune Modululation	Control of the second s
Functional Bowel Disorders in Chinese Medicine	University of Maryland Baltimore
Developmental Center to Study Mechanisms and Effects of Chiropractic	Palmer College of Chiropractic
Manipulation	

# 表5. 中小企業研究助成(Small Business Research Grants)

# 2008 年度 NCCAM 研究助成(NCCAM-Funded Research for FY 2008)

Project Title (研究計画の題名)	Institution(研究機関)
Developing a New Antioxidant Activator to Intervene in Lung Inflammatory	Global Life Technologies Corporation
Diseases	
Safety of intraarticular N-acetylglucosamine	Artyx Pharmaceuticals, Inc.
Automated Technology for Purification of Active Ingredients in Natural	Wrightwood Technologies Inc.
Products	
Botanical Treatment of Disseminated Intravascular Coagulation in Sepsis	Toxem, Llc
Engineered Probiotic Yeast to Prevent Infectious Diarrhea	Glycosyn, Inc.
Oral administration of TeaMemTM Inhibits Alzheimer's Disease Pathogenesis	Natura Therapeutics, Inc.
Acupuncture Needling Force and Motion Sensor	Stromatec, Inc
Miniature Ambulatory Hot Flash Monitor	Bahr Management, Inc.
Innovative Cell-Based Urinalysis for Patient Adherence	Swaasth, Inc.
A Wirelss Wearable System to Measure Adherence to Mind-Body Study	Advanced Medical Electronics Corporation
Protocols	

(出典:NCCAM http://nccam.nih.gov/research/extramural/awards/2008/#inst)

## 表6. センター(Centers)

### 2008 年度 NCCAM 研究助成(NCCAM-Funded Research for FY 2008)

Project Title (研究計画の題名)	Institution(研究機関)
Botanical Dietary Supplements for Women's Health	University of Illinois At Chicago
Botanical Center for Age-Related Diseases	Purdue University West Lafayette
Botanicals and Metabolic Syndrome	Lsu Pennington Biomedical Research
	Center
Memorial Sloan-Kettering Cancer Center Research Center for Botanical	Sloan-Kettering Institute For Cancer
Immunomodulators	Rescue
The Wake Forest and Harvard Center for Botanical Lipids	Wake Forest University Health Sciences
Center for Research on Botanical Dietary Supplements	Iowa State University

# 表7. キャリア開発奨学金(Career Development Awards)

## 2008年度 NCCAM 研究助成(NCCAM-Funded Research for FY 2008)

Project Title (研究計画の題名)	Institution(研究機関)
Preclinical Studies of CAM Botanicals and Iron Overload	Bastyr University
Yoga and Cardiovascular Disease Risk in Older Women	University of Virginia Charlottesville
Spatiotemporal Mapping of Neuronal Responses to Acupunture with	Massachusetts General Hospital
Magnetoencephalography	
Mechanism-Based Botanical Drugs in Breast-Cancer Chemotherapy	Texas A and M University System
Structural Integration for Chronic Low Back Pain	Harvard University (Medical School)
Mechanic Pathways of Mindfulness Meditation in Post-Traumatic Stress	Oregon Health and Science University
Disorder	
An Investigation of Jin Shin Treatment after Stroke	University of Colorado at Boulder
Training and Research in Acupuncture and Menopause	University of California Los Angeles
Exploring Neurocircuitry of Acupuncture Action with fMRI	Massachusetts General Hospital
Botanical Menopausal Therapies Mechanisms of Central Nervous System Action	University of Illinois at Chicago
CAM Use, Costs, Outcomes in Recurrent Back Pain Episodes	Palmer College of Chiropractic
Mental Practice Clinical/Neural Effects/Subacute Stroke	University of Cincinnati
Effects of Mindfulness Meditation on Somatosensory Cortical Maps in Chronic	Harvard University (Medical School)
Pain	
Study of Individual Variability in Acupuncture and Placebo Analgesia	Massachusetts General Hospital
Effects of Mind-Body Interventions on Metabolic Syndrome Risk	University of California San Francisco
Acupuncture for Dysphagia after Chemoradiation for Head and Neck Cancer	Harvard University (Medical School)
Academic Career Development in CAM Research and Education	Boston Medical Center
Academic Career Award	University of Virginia Charlottesville
Integrating Social and Behavioral Sciences into Undergraduate Medical	University of California San Francisco
Education	
Medical Student Behavioral Science Learning/Teaching	University of California Los Angeles
Academic Career Development in Botanical Dietary Supplements	University of Illinois at Chicago
The Effect of Bromelain on CD4+ T Cell Function In Asthma	University of Connecticut School of
	Medicine/Dental
Patient-Provider Communication: CAM Beliefs, Attitudes and Practices	University of Pennsylvania
Use of Complementary and Alternative Medicine in Patient Management of	Healthpartners Research Foundation
Diabetes	
Elucidating the Placebo Effects of Acupuncture: Hot Flashes as a Clinical Model	University of Pennsylvania
Mindfulness-Based Stress Reduction and Anxiety: Therapeutic and	Massachusetts General Hospital
N	

Neuroendocrine Effects

Safety and Neuroprotective Effects of Polyphenon E in Multiple Sclerosis	Louisiana State University Health Sciences
	Center New Orleans
A Platform for Individualized Nutritional Therapy in Alzheimer's Disease	Oregon Health and Science University
The Efficacy of Prolotherapy in Osteoarthritic Knee Pain	University of Wisconsin Madison
Complementary Treatment Approach to Epilepsy	Oregon Health and Science University
Fish Oil for Depression in Multiple Sclerosis	Oregon Health and Science University
Mind-Body Therapies to Prevent Chronic Low Back Pain	University of California San Francisco
Mind-Body Exercise in the Management of Cardiac Disease	Harvard University (Medical School)
Religious Commitments and Clinical Engagements	University of Chicago
Fish Oil, Inflammation, and Metabolic Complications in HIV	Johns Hopkins University
Diet and Stress Reduction in Recurrent Prostate Cancer	University of California San Diego
Biophysics of Acupuncture: Electrical Properties of Loose Connective Tissue	Harvard University (Medical School)
Lipoic Acid as an Immune Modulator in Multiple Sclerosis	Oregon Health and Science University
Osteopathic Manipulative Medicine in Pregnancy: Physiologic and Clinical	University of North Texas Health Science
Effects	Center
Augmenting Behavior Therapy for Insomnia with Mindfulness Meditation	Stanford University
Multi-System Evaluation of Massage Therapy on HIV+ Adolescents	Children's Memorial Hospital (Chicago)
Augmenting Behavior Therapy for Insomnia with Mindfulness Meditation	Rush University Medical Center
Individual Differences in CAM Patient-Centered Outcomes: Research and	University of Arizona
Mentorship	
Research and Mentorship in Alternative Medicine	Beth Israel Deaconess Medical Center
Clinical Studies in Nutrition and Metabolism	University of California Davis
Midcareer Investigator Award in CAM-Osteopathic Medicine	University of North Texas Health Science
	Center
Midcareer Investigator Award in Patient-Oriented Research (K24)	Tufts Medical Center
Mentoring and Research in Placebo Studies, Asian Medicine and CAM	Harvard University (Medical School)
A Comparison of Manual vs. Mechanical Chiropractic Manipulation Methods	University of Pittsburgh at Pittsburgh
Neuroprotective Effect of Ginkgo Biloba and Its Bioactive Components Ischemia	Johns Hopkins University
Mechanisms of Mindfulness: Effects on Sleep Quality, Stress Physiology and	Duke University
Cardiovascular Disease Risk	
An Alternate Therapy for Treatment of Inflammatory Bowel Disease and	Rutgers the St. University of New Jersey,
Prevention of Colon Cancer	New Brunswick

## 表8. その他の研究助成(Other Research Grants)

# 2008年度 NCCAM 研究助成(NCCAM-Funded Research for FY 2008)

Project Title (研究計画の題名)	Institution(研究機関)
Delineating the Evidence-Base for Somato-Visceral Interactions	University of North Texas Health Science
	Center
Bioelectromagnetics Society 30th Annual Conference	Bioelectromagnetics Society
N. American Integrative Medicine Scientific Conference	Harvard University (Medical School)
Cochrane Collaboration CAM Field: Resource for Research	University of Maryland Baltimore
Cochrane Collaboration CAM Field: Resource for Research	University of Maryland Baltimore
Mind/Brain/Body Interactions in Stress-Related Disorders	University of California Los Angeles
Center for Mind-Body Research	Johns Hopkins University
Curriculum Development in Evidence Based Practice	National University of Health Sciences
Naturopathic Physician Research Education Project	Bastyr University
Competency in Research in Manual Medicine and Complementary and	University of North Texas Health Sciences
Alternative Medicine	Center
Research CAMP: Research in Complementary and Alternative Medicine	Helfgott Research Institute
Program	
Acupuncture Practitioner Research Education Enhancement	Oregon College of Oriental Medicine
Evidence-Based Care: Faculty and Curriculum Development	Western States Chiropractic College
Curriculum and Faculty Development in Evidence-Based Medicine	Andrew Taylor Still University of Health
	Sciences
Expanding Evidence-based Medicine and Research Across The Palmer College	Palmer College of Chiropractic
of Chiropractic	
CAM Research Education Partnership Project	Northwestern Health Sciences University

## 表9. 個々のトレーニング (Individual Training)

# 2008 年度 NCCAM 研究助成(NCCAM-Funded Research for FY 2008)

Project Title (研究計画の題名)	Institution(研究機関)
American Ginseng: Effects on Indinavir Pharmacokinetics	National University of Singapore
FMRI of Autonomic Regulation with Acupuncture	Massachusetts General Hospital
Transcription Activation-Based Herb-Drug Interactions	Nanjing Medical University
Central Effects of Acupuncture: Acupoint Specificity	Guang An Men Hospital
Phytotherapy and Endometriosis: Mechanistic Studies	Georgetown University
Dietary Supplements and CAM Use in Breast Cancer Survivors	University of California San Diego
GABA Alpha Activity and Standardization of Black Haw and Related Species	University of Illinois at Chicago
Ginger Extracts in the Prevention of Metabolic Bone Disease	University of Arizona
Longitudinal Effects of Mediation on Empathic Behavior and Neural Activity	Emory University
Echium Oil Modulates Macrophage Inflammation by Promoting Alternative Activation	Wake Forest University Health
	Sciences
Guggulipid for the Chemoprevention of Prostate Cancer	University of Pittsburgh at
	Pittsburgh
Garlic: Molecular Regulation of Hepatic Function	University of Arizona
Yoga for Persons with Rheumatoid Arthritis	Johns Hopkins University
Prevalence and Determinants of Mind-Body Therapies Use	Yale University
The Efficacy of Adapted Yoga in Managing Psychosoccial Risk in Implantable	Clark University (Worcester, Ma)
Cardioverter Defibrillators Patients	
Anti-bronchoconstrictive Effect of the Traditional Chinese Medicine Formula	Mount Sinai School of Medicine of
Antiasthma Herbal Medicine Intervention	New York University
Curcumin-Piperine Interaction with CYP3A, UGT, and SULT Enzymes.	Tufts University Boston
Nutrient State- and Cholesterol-Dependent Action of Chromium	Indiana Univ-Purdue University at
	Indianapolis
Black Raspberry Extracts in the Inhibition of Post-Transplant Skin Cancer	Ohio State University
Anti-pathogenic Activity of Natural Products from Plants Against MRSA	Florida International University
Complementary and Alternative Medicine Use among African-Americans with AIDS	Emory University
A Health Services Research Training Program in CAM for A Naturopathic Physician	Helfgott Research Institute
Chemopreventative Properties of Medicinal and Food Plants of the Lumbee Tribe	University of Illinois at Chicago
Anti-Biofilm Activity of White Horehound Extract in Catheter-Associated Infection	University of Arkansas Medical
	Sciences Little Rock
Qualification of Novel Immune Markers in Human Serum of Patients with Multiple	University of Washington
Sclerosis	
Gestational Dietary Supplement Use on US-Mexico Border	University of Texas Health Science

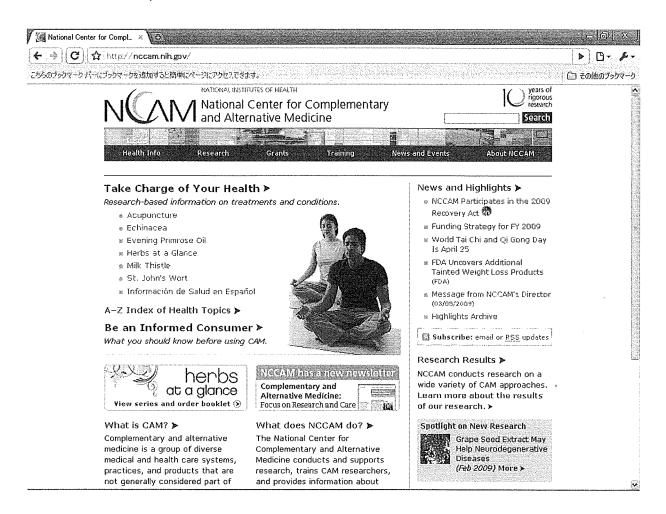
University of Washington

# 表10. 研修制度(Institutional Training)

# 2008 年度 NCCAM 研究助成(NCCAM-Funded Research for FY 2008)

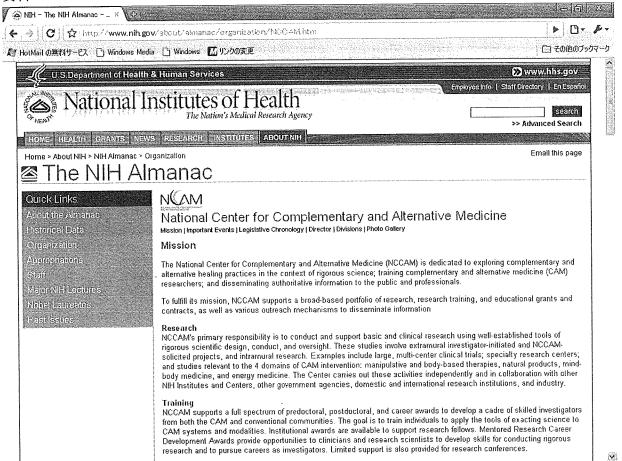
Project Title (研究計画の題名)	Institution(研究機関)
Research Training: Complementary and Integrative Medicine	Harvard University (Medical School)
Training Program in Complementary and Alternative Medicine	University of Virginia
Training in Complementary and Alternative Medical Research	Bastyr University
Morgan State University-Public Health Program-CAM Research Training Program	Morgan State University
(Inst	
Complementary and Integrative Medicine Training Program	Weill Medical College of Cornell University
Arizona Complementary and Alternative Medicine Research Training Program	University of Arizona
CAM Research Training in Neuroscience and Stress	Oregon Health and Science University
UNC Research Fellowship in Complementary and Alternative Medicine	University of North Carolina Chapel Hill
Training Researchers in Clinical Integrative Medicine (TRIM)	University of California San Francisco
Complementary and Alternative Medicine Short Term Research Rotation -	University of North Texas Health Science Center
CAMSTRR	

資料1. 国立相補・代替医療センター (NCCAM: National Center for Complementary and Alternative Medicine) ホームページ



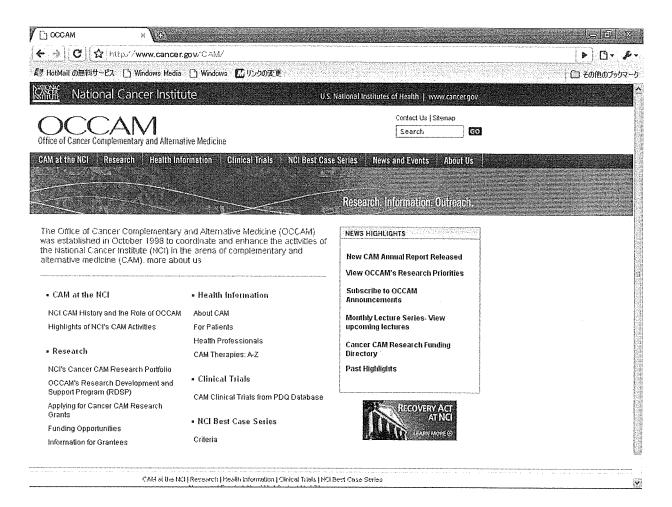
(出典:NCCAM ホームページ http://nccam.nih.gov/)

## 資料2. NIH ホームページにおける NCCAM の概要



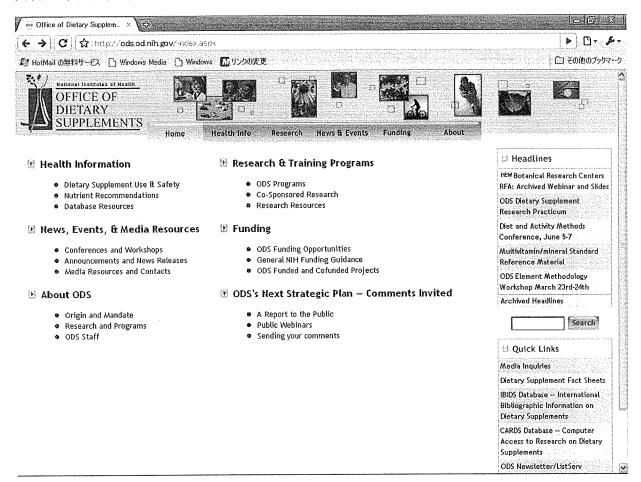
(出典:NIH ホームページ http://www.nih.gov/about/almanac/organization/NCCAM.htm)

資料3. 癌相補・代替医療事務局 (OCCAM: The Office of Cancer Complementary and Alternative Medicine) ホームページ



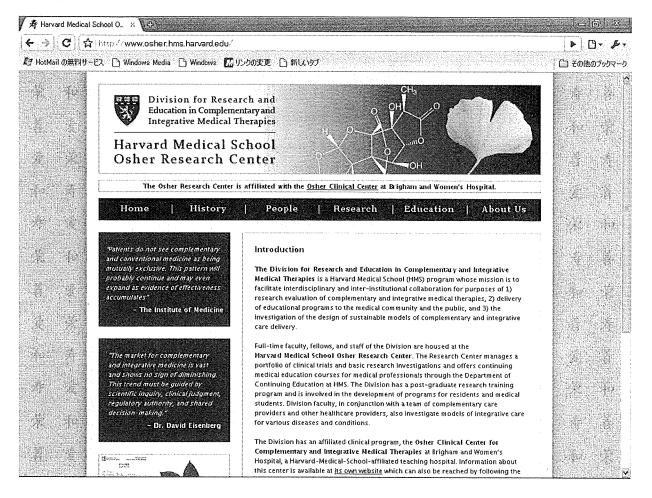
(出典:OCCAM ホームページ http://www.cancer.gov/CAM/)

資料4. 栄養補助食品事務局(ODS:Office of Dietary Supplements)ホームページ



(出典:ODS ホームページ http://ods.od.nih.gov/index.aspx)

資料5. ハーバード大学医学部オッシャー研究センター (Harvard Medical School Osher Research Center)



(出典:Harvard Medical School Osher Research Center

http://www.osher.hms.harvard.edu/)

資料6. カリフォルニア大学サンフランシスコ校オッシャー統合医療センター(UCSF Osher Center for Integrative Medicine)



(出典:UCSF Osher Center for Integrative Medicine http://www.osher.ucsf.edu/index.html)

資料2. 平成20年度研究報告書

Ⅱ. 分担研究報告書 9.

## 厚生労働科学研究費補助金(医療安全・医療技術評価総合研究事業) 統合医療による国民医療費への影響の実態把握研究 分担研究報告書

# イギリス(グレートブリテン及び北アイルランド連合王国) における 統合医療の現状調査研究

研究代表者 西村 周三 (京都大学大学院経済学研究科 教授) 研究協力者 小野 直哉 (同志社大学感情ストレス健康研究センター)

#### 研究要旨

目的:イギリスにおける統合医療や相補・代替医療の概念や種類,範囲の把握,及び保険上の位 置付け、現行及び今後の規制に関する情況を把握し、イギリスにおける統合医療や相補・代替医 療の現状を検討すること. 方法:イギリスにおける統合医療や相補・代替医療の概念や種類,範囲 に関連する既存データや文献等の情報,及び保険上の位置付け,現行及び今後の規制に関する 情況を, 既存文献やインターネット調査を通して, 体系的に情報を収集した. 結果:イギリス王室が 相補・代替医療を支援している. 補完医療研究評議会が結成され, 相補・代替医療の研究及び支 援が行われている. 家庭医やNHS病院で相補・代替医療の一部のサービスを受けることができる. NHS は相補・代替医療の科学的根拠の裏付けに力を入れている. イギリスでは, 相補・代替医療 に関する質の高い、妥当性のある、公的な情報が豊富に国民に提供されている. 考察:イギリス王 室関連の相補・代替医療の動きは、イギリス国民の相補・代替医療への理解と関心に影響を与え ていると考えられる. 家庭医や NHS 病院で一部の相補・代替医療が受けられるため, イギリス国民 の相補・代替医療の認知と利用率は今後も高まっていくと考えられる. 今後は相補・代替医療によ る事故の補償に対する社会的インフラストラクチャーの整備が必要と考えられる. イギリス政府は, 医療費抑制政策の流れから、今後は相補・代替医療を中心とした健康産業が推進されて行く事が 考えられる. 結論: 相補・代替医療は、イギリス王室や補完医療研究評議会から支援されている. 家庭医や NHS の病院で相補・代替医療の一部のサービスを受けることができ, NHS は相補・代替 医療の科学的根拠の裏付けに力を入れている. イギリスでは, 相補・代替医療に関する質の高い, 妥当性のある、公的な情報が豊富に国民に提供されている.

#### A. 研究目的

イギリスにおける統合医療や相補・代替医療(特に伝統医学及び健康食品等)の概念や種類,範囲の把握,及びイギリスにおける統合

医療や相補・代替医療(特に伝統医学及び健康食品等)に関する保険上の位置付け(公的保険,私的保険の償還の現状等),現行及び今後の規制(制度上,正規の医療システムに

含まれるか否か等)に関する情況を把握し、イギリスにおける統合医療や相補・代替医療(特に伝統医学及び健康食品等)の現状を検討すること.

#### B. 研究方法

イギリスにおける統合医療や相補・代替医療(特に伝統医学及び健康食品等)の概念や種類,範囲に関連する既存データや文献等の情報,及び統合医療や相補・代替医療(特に伝統医学及び健康食品等)に関する保険上の位置付け(公的保険,私的保険の償還の現状等),現行及び今後の規制(制度上,正規の医療システムに含まれるか否か等)に関する情況を,既存文献やインターネット調査を通して,体系的に情報を収集した.

#### (倫理面への配慮)

文献調査及びインターネット調査を基本としており、倫理面への配慮は必要ない.

#### C. 研究結果

#### 1. イギリスの社会状況

#### 地理·環境

グレート・ブリテン及び北アイルランド連合王国, いわゆるイギリスは, イングランド, スコットランド, ウェールズ, 北アイルランドから構成されている連合王国である. 主な通称はイギリス, 英国, 連合王国, ブリテンなど. また, イギリス連邦王国の一国である.

ヨーロッパ北西部の島国である. 国家体制は国王を国家元首とし, 議院内閣制に基づく立憲君主制である. 国際連合安全保障理事会常任理事国の一つである. 公用語である英語は実質上世界共通語としての機能を果たしており, 広大な英語圏を形成している. しばし

ば,老大国と称される.

大航海時代を経て,世界屈指の海洋国家として成長.西欧列強のひとつとして世界に植民地を拡大した.第一次世界大戦以降の勢力均衡中心の時代にあっては名誉あるバランサーを標榜し,自国と自国の交易上,友好関係にある国々,地域,植民地の経済と安全保障の安定化に向けた世界戦略を展開したことで,パックスブリタニカ(イギリスによる平和)と呼ばれる比較的平和な時代をもたらしたが,第二次世界大戦を機に植民地の大部分を失い衰退し,現在に至る.

イギリスはグレートブリテン島のイングランド, ウェールズ,スコットランド,およびアイルランド 島北東部の北アイルランドで構成されている. この2つの大きな島と,その周囲大小の島々を イギリス諸島と呼ぶ.グレート・ブリテン島は中 部から南部を占めるイングランド,北部のスコットランド,西部のウェールズに大別される.アイ ルランド島から北アイルランドを除いた地域は アイルランド共和国がある.

イングランドの大部分は岩の多い低地からなり、西から東へと順に並べると、北西の山がちな地域(湖沼地帯のカンブリア山脈)、北部(ペニンネスの湿地帯、ピーク・ディストリクトの石灰岩の丘陵地帯、パーベック島、コッツウォルズ、リンカーンシャーの石灰岩質の丘陵地帯)から南イングランドの泥炭質のノース・ダウンズ、サウス・ダウンズ、チルターンにいたる、イングランドを流れる主な河川は、テムズ川、セヴァーン川、トレント川、ウーズ川である。主な都市はロンドン、バーミンガム、ヨーク、ニューカッスル・アポン・タインなど、イングランド南部のドーヴァーには、英仏海峡トンネルがあり、対岸のフランスと連絡する、イングランドには標高1000mを超える地点はない。