平成15年度

4 7.3 11.8 15.7 19.9 11.9 11.9 12.7 19.9 11.0 12.2 12.2 12.2 12.2 12.2 12.2 12.2	202 2014 2015 33.5 205 206 208 208 208 208 208 208 208 208 208 208	14.8	13.3	D.	0.5
18.9 16.9 17.2 18.9 18.9 19.6 11.1 11.1 11.1 11.1 11.1 11.1 11		22.3	177		5
12.7 14.4 16.9 14.9 16.9 10.4 11.1 11.1 11.1 11.7 11.7 10.5 10.5 10.5 10.5 10.5 10.5 10.5 10.5		-		5	ò
16.9 16.9 17.9 10.1 10.4 10.4 11.7 11.7 11.7 10.5 10.5 10.5 10.5 10.5 10.5 10.5 10.5		17.7	15.6	6	0.3
16.9 17.0 10.1 10.4 10.4 10.4 11.7 11.7 11.7 11.7 11.7 11.7 11.7 11		24.7	21.1	7	0.9
14.9 12.2 13.2 13.2 10.4 11.1 11.1 11.7 11.7 11.7 11.7 11.7 11		19	17.2	7	0
12.2 10.1 10.4 10.4 11.1 7.9 8.6 9.6 11.7 11.7 10.5 10.5 10.5		20.4	20.1	17 7.5	0.5
18.6 10.1 10.4 10.4 11.1 7.19 8.5 8.5 10.5 10.5 10.5		18.8	17.9	9	0
10.1 10.4 10.4 11.7 11.7 11.7 10.5 8.7 12.5 8.7		22.9	19.7	7	0.0
13.2 10.4 10.4 11.7 11.7 11.7 10.5 8.7 8.7		10.4	10.3	4	o
10.4 7.9 8.6 9.6 11.7 11.7 10.5 8.7 8.7		16.7	15.4	ın	0.0
7.9 8.5 9.6 9.6 10.7 12.5 8.7		16.7	15.5	4	0.0
7.9 8.5 9.6 10.7 10.7 10.5 8.7		11.4	11.1	5	0.4
8.5 9.6 11.7 10.5 12.5 8.7		8.5	8.5		0.3
9.6 11.7 10.5 12.5 8.7		13.8	10.3	4	0.4
10.5 10.5 12.5 8.7 8.7 8.7		10.8	9.4	4	0.3
10.5		16.1	15.4	2	0.5
12.5		14.3	14.4	9	0.8
6.3		14	14.3	20	0.7
6.3		13.8	15	4	0.3
6		10.5	10	3	0.4
12.6		19.8	18.9	7	0.8
10.1		14.1	14.3	5	0.5
10.6		13.3	12.6	4	0.4
=======================================	17.5	12	11.3	5	0.4
13		16.4	16.6	9	-
11.5		12.2	13.6	5	0
11.2		12.2	12.3	4	0.3
11.1	18.3	12.7	11.2	4	0
6.3		11.8	11.8	4	0
6.3		00	7.6	e	0
		15.9	15.4	ıo.	0
21.3	es :	29.2	22.9	00	0
11.2	17.2	15.9	16.2	9	0
5,4		20.2	19.9	0	0.4
13.7		5.7	0 0	0 .	0 0
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18		20.9	18.3	9	9.0
17.7		23.5	21	19.6 8.4	0.9
16.2	30	22.3	20.2	00	0
15.3	28	20.3	21.1	9	0.6
15.1	33.	22.3	19.7	00	1.3
7	_	13.9	12.8	3	0.4
11.8	28.	18.2	17	16.5 7.3	0.7
9.8		13.6	12.6	9	0.4

平成16年度

h	12 M	15版米	15歳	10 100	17.咸	18課	- 1	20 成木浦20~24咸	~24歳25~	79 BK	30~34職35~	39歳40	~44歳45~49歳	3
HI:	10.6	erize i	2.1	6.1	9.8	14.5	18.4	10.5	19.8	14.4	12.7	10.9	5.1	
押	14.3	1000						16.9	29.7	20.7	16.5	12.8	4.9	
棋	11.5	/s=/						12.7	20.6	18.2	14.3	13.2	4.8	
#	15.2	197						12.3	30.9	24.5	19.4	15.2	7.7	
城	12.2	V-52.1						11.8	20.6	17.4	15.4	12.3	6.4	
H	13.3							11.2	26.1	21.3	17.2	16.3	9.9	
2	12.6	with-						10.5	22.5	19.6	17.2	15.2	6.6	
olq :	15.8							17.7	29.5	22.9	19.8	16.8	7.5	
類	8							89	13	11.4	10.6	9.6	4.7	
K	11.4							10.7	22.4	16.4	13.8	12	5.2	
眠	11.5							10.2	19.9	16.9	14.4	12.5	5.5	
H	00							9.2	13.3	8.6	9.1	9.1	4.3	
撰	6.9							7.3	11.2	8.3	9.1	8.1	3.6	
四	6.5	TS-						7.5	20.7	13.9	10.3	8.3	3.8	
Ξ	8.3	0.00						8.4	15.1	10.8	9.3	9.8	4.3	
頭	11.4							9.6	19.7	16.2	15.5	13.2	5.8	
Ξ	10.4							9.3	15.9	14	14.1	12.2	7	
Ξ	10.6	747						9.6	19.1	15	13.3	=	5.1	
#	10.1							7.7	17	15.3	13.2	12.2	5	
羅	7.1							6.1	13.3	10	9.1	7.8	3.5	
金	12.9							11.3	23.2	18.4	15.8	15.2	6.7	
計	10.8	200						8.5	20	14.3	13,5	13.2	5.1	
囯	9.7							8.6	17.7	13	12.2	11	4.5	
足	9.2							9.5	16.8	11.6	10.9	9.1	5.2	
EH 2	11.7	nes						12.7	20.1	16.1	14.5	12.6	2.9	
	4.0							9.7	13.5	12.3	13	10.1	5.2	
命に	0 0	12/-0						9.0	18.4	11.3	11,3	10.5	5.1	
製造	0.00							00 0	19.1	12.7	10.9	0 1	4.3	
t a	0,0	= 0-						0,0	0 0	4.6	11.7	0.0	4 0	
X =	1.0							2.01	, c	1,0	14.1	134	2 4	
I A	17.4	N. Walter						19	31.8	25.9	21.5	18.4	200	
推	10							9.8	15.8	14.4	14		5.2	
田田	13.8	-22-53						14.2	24.3	18.3	17.9	13.8	5.8	
明	12.3							13	23	16.7	14.9	11.9	5.3	
4	11.6	24211						12.1	21.9	16.4	15.5	11.8	4.5	
明	8.1.8							10.8	19.1	17.1	14.9	13.6	7.2	
11/2	12.4							12.5	24.6	17.6	16.5	5	40 to	
XX.	7.2							20.00	23.4	D, 0	9 00	12.4	0,0	
Z E	0.0							10.1	5.1.5	7.17	17.5	4 4	6.7	
Į Ņ	1 2 2	21/2						15.0	20.4	0.00	0.70	7.4.	0.0	
K 19	14.9							10.0	20.1	23.1	10	15.1	0 0	
E+	1 4 2							12.0	200	100	0 0		0,0	
<b>(</b> 3	2 4							0.0	23.0	9.6	2 C	14.1	0.0	
14	101							2 5	200	2 4	7.0	0 1	0 1	
g ad	10.7							10.0	25.7	. u	0.0	1 0.1	1.7	
i fi	0							7.0	15.4	10.01	0,0	9 6	o u	
Back 1	5		1	100	7/1 To 100 17 100 1 101 101 101 101 101 101 10	1	100	1.4	2	ч	0.11		0.0	П

# 人工妊娠中絶件数

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D + 0 + 0 +	1,663	87	25	23	32	15	23	42	27	28	30	79	36	139	79	33	18	17	7	2	36	200	0 0	24	18	28	87	22	14	4 1	10	21	43	10	14	20	17	14	76	20	27	33	23	28	45	200
1	19,319	893	208	272	442	190	220	431	407	314	345	860	869	1,618	1,220	392	144	178	133	90	393	342	1 107	333	195	351	1,225	823	158	157	140	284	449	206	129	135	215	115	929	214	311	380	238	208	345	200
20 - 00	46,038	2,263	521	605	952	412	491	953	866	798	779	2,423	1,673	4,037	2,884	888	443	409	276	270	1,019	121	086.6	781	428	921	3,061	1,869	333	372	300	672	1,119	494	305	344	511	339	2,326	449	656	814	568	550	719	400
100	59,748	3,244	899	757	1,312	570	619	1,274	1,205	1,030	1.11	2,673	1,914	5,474	3,435	1,177	522	299	360	289	1,290	924	3.081	943	618	1,106	4,045	2,536	397	535	380	986	1,526	614	444	220	753	521	3,156	268	855	1,008	723	672	861	000
1	59,911	3,515	679	815	1,424	557	602	1,302	1,209	1,045	1,054	2,349	1,789	6,962	3,401	1,059	459	484	319	264	1,186	834	9,476	010	557	1,154	3,994	2,131	371	423	787	891	1.441	706	386	531	764	429	3,503	295	808	1,158	642	595	890	000
1	72,217	4,689	776	938	1,714	670	999	1,476	1,256	1,205	1,071	2,915	1,983	8,201	3,906	1,189	480	609	355	373	1,256	288	2544	1,038	667	1,504	5,035	2,493	390	479	212	1122	1.752	791	428	929	930	575	4,794	702	1,162	1,488	922	999	1,217	1000
н	11,635	734	161	169	297	135	122	280	194	204	171	540	321	993	589	212	81	96	69	48	208	191	488	200	94	249	728	392	64	82	96	192	349	148	62	100	166	109	835	129	173	267	160	127	201	242
10.66	8,236	570	122	108	189	93	75	241	142	126	117	401	273	561	472	134	64	98	35	36	162	100	420	134	72	151	546	272	42	99	459	142	241	90	43	77	108	88	534	90	116	186	98	74	128	
1 886	5,607	348	84	59	124	39	49	151	66	94	95	250	208	339	302	107	52	46	18	27	128	36	217	0.4	90	104	400	212	40	47	4/4	75	162	62	34	61	90	63	321	47	83	124	65	62	73	1
10.88	3,277	195	48	36	99	19	22	67	69	71	51	166	117	196	194	54	26	27	=	17	27	25	104	10 15	300	56	260	103	18	41	26	48	98	39	17	45	45	26	197	34	43	62	27	29	36	4.4
10 MK	1,056	53	15	12	16	9	S	20	19	16	18	46	44	75	72	12	2	2	3	2	24	91	RR RR	200	0	23	97	48	7	14	on e	2 00	36	6	S	o	24	11	19	00	6	14	7	=	16	
10個小	308	28	2	-	Ø	2	63	9	5	4	5	15	7	30	20	2	4	2	4	1	· 2	- 0	20 00	0 1	2	6	29	6	1	9	- •	+ 10	10	2	-	2	7	9	14	ľ	-	2	-	2	2	
NO NA	64				6.577									28,628						1,423					2.758		4				1,960			3,173				2,326	_					3,024	4.534	
	李国	北海道	操作	岩平	阿科	秋田	三	明理	茨城	栃木	群馬	中	千葉	東京	五州三	報源	四	中三	福井	H H	中山	はない	1000年100日	三年	脚拱	京都	大阪	左庫	茶良	石製品	調型	田田	八郎	E	衛島	季三	愛媛	副知	福田	佐瀬	雪峰	意本	大分	四字	鹿児島	

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	総数	15歳未	15歳	16歳	17歳	18歳	19歳 20	20歳未満20~24歳	~24歳25~	29歳	30~34歲35	35~39藏40.	~44歳45~49歳
全国	10.3		1.8	5.3	8.8	12.5	17.3	9.4	20		12.4	10.6	4.8
と海道	13.6							13.6	755	20.2	16.1	12.2	
青森	11.1							11.6	21.9	17.2	14.8	11.8	
非	13.8							10.8	28.6	21.7	18.2	15.2	6.5
宫城	12.4						宮城 12.4 10.6 2	10.6	22.5	18	15.6	12.8	9
秋田	12.5							=	28	19.2	17.7	13.4	5,5
日常	12.2							8.9	23.4	18.4	17.3	14.7	6.1
祖師	14.6							13.6	28.6	21.8	19.5	15.8	8.9
茨城	8.9							6.8	15.4	13.4	11.4	10.6	
栃木	11.5							9.6	22.8	16.8	14.2	12.4	5.1
群馬	11.5							9.1	21.2	17.2	15.1	11.8	5.7
神田	8							œ	14.1	10.1	9.3	9.4	3.9
十葉	6.7							9.9	11.4	6	7.9	7.7	3.7
東京	9.5							7.9	19.8	14.6	9.9	80	3.8
#奈川	8.2							8.1	15.1	11.3	9.2	8.4	4.2
新海	10.9							8.4	20.5	15.5	15.1	12.5	5,5
田畑	10.4							9.3	19.3	14.3	13	13	4.4
石川	10.3							8.9	19.7	13.5	13.7	10.9	2
福井	9.5							6.8	17.6	13.2	12.9	=	
上	7.7							5,5	16.3	10,5	9.8	9.4	3.2
長野	13.1							11.3	26	18.5	17.1	14.7	9
岐阜	9.5							7.9	-	12.9	12.2	10.6	5.2
国盘	9.3							Ø	17.4	12.9	11.6	10.7	4.4
愛知	8.9							8.3	16.7	11.7	10.3	8.8	4.8
三	11.5							11.1	21.7	16.4	14	12.9	5.6
滋賀	8.9							7.2	16.1	12.1	11.6	9.3	4.5
京都	9.5							8.4	16.4	13	10.8	10.4	4.4
大阪	9.7							9.5	18.9	13.2	10.9	9.3	4.3
兵庫	8.7							7.2	15.6	11.9	11.5	9.4	4.5
茶原	5.8							4.3	6	8.4	7.6	6.9	3.4
日後日	10.6							6.6	19.8	15.1	15.4	11.3	4.7
調告日	16.1							14.8	32.4	24	19.7	17.7	7.9
開油	9.4							4.6	19.3	13.8	11.6	10.6	4.4
五里	10.8							9.5	20.1	2	13.7	11.2	2
日間	11.8							12.4	22.7	16.2	14	11.9	5.2
п Э	10.9							6.0	22.2	17.2	12.7	11.3	4.9
題	11.3							00	19.8	16.9	16.4	12.9	5.3
ķu i	12.3							12.2	27.5	17.4	15.2	11.3	4.6
高級は	12.1							12.2	26.2	8 6	20.0	9.1	4 8. r
高 社 日	D. 4.							5.6	30.6	20.9	20.1	13.1	0
直 三	0.4							14.1	62	20.3	16.7	14	5.9
佐河	15.5							12.6	29.3	21.8	20.9	17.7	00
本語	13.9							10.6	31.5	20	18,3	14.7	6.8
馬本	14.4							13.1	29.6	21.6	17.5	14.9	9.9
大 大	14.2							6.11	30.1	18.3	18.5	16.1	6.7
回回	12.7							80.0	23	00	18.5	16.7	5.9
また場	12.5							ත අ භ අ	25.8	17.6	16.4	14.4	6.4
4	4.6							7. 4		4 5	6		-

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45~49	1,572	62	00	26	44	12	12	47	29	27	23	82	52	126	86	25	19	13	12	12	45	28	4 0	32	14	200	80	19	14	9	6	23	32	5 5	n a	0 6	28	13	89	21	30	29	17	17	66
40~44	17,725	843	183	240	434	180	179	392	372	279	286	982	665	1,597	1,041	320	173	151	112	80	371	293	422	1,045	200	333	1.098	677	124	158	123	106	273	414	125	128	213	122	804	132	262	369	196	232	306
35~39	45,856	2,132	513	579	936	445	428	958	930	772	802	2,410	1,765	4,150	2,834	874	424	400	299	253	666	784	1,302	2,3/0	100	400	3.070	1,812	337	343	288	219	818	1,120	207	366	507	324	2,265	365	651	870	517	481	723
30~34	57,516	2,991	919	157	1,245	539	211	1,228	1,062	096	1,060	2,746	1,865	5,365	3,284	1,044	570	531	321	282	1,224	892	1,469	2,886	200	1 100	3.896	2,176	387	471	445	271	1,138	1,469	407	550	731	464	3,070	510	799	1,099	688	653	0000
25~29	m	3,237	620	848	1,365	205	543	1,226	866	996	944	2,535	1,707	6,949	3,173	1,000	413	453	332	260	1,040	790	1,461	2,850	500	1010	4.030	1,977	334	382	410	251	1,054	0.03	251	510	688	446	3,316	565	753	1,216	609	592	000
20~24	68,563	4,171	746	8/8	1,576	654	605	1,496	1,115	1,161	966	3,027	1,935	8,055	3,579	1,142	479	581	354	299	1,136	945	1,0,1	3,432	933	1 379	4.940	2,262	377	461	301	272	1,289	180,1	384	575	933	497	4,374	702	1,029	1,471	790	637	1 127
19歳	10,859	654	192	145	290	113	92	251	176	162	168	240	368	946	533	204	68	90	21	42	188	139	381	490	000	231	704	332	9	79	68	36	208	502	2 2 2	0 0	156	76	740	191	168	228	138	93	120
18職	7,191	438	82	86	152	99	19	171	128	138	113	351	227	227	385	124	23	99	44	27	138	103	201	283	0.7	100	553	252	25	24	55	32	124	194	43	2 15	86	63	445	99	88	167	75	64	100
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### 平成 20 年度厚生労働科学研究費補助金(エイズ対策研究事業) HIV 感染症の動向と影響及び政策のモニタリングに関する研究 (わが国の HIV 流行に関連する情報のモニタリングと統合的分析に関する研究)

## Demographic and behavioral characteristics of male sexually transmitted disease patients in Japan: a nationwide case-control study.

Takayuki Homma<sup>1</sup>, Masako Ono-Kihara<sup>2</sup>, Saman Zamani<sup>2</sup>, Yumiko H Nishimura<sup>2,3</sup>, Eiko Kobori<sup>2,3</sup>, Yasuharu Hidaka<sup>4</sup>, Shahrzad M Ravari<sup>2,3</sup>, Masahiro Kihara<sup>2</sup>

<sup>1</sup>Department of Drug Management and Policy, Kanazawa University Faculty of Pharmacy,
Institute of Medical, Pharmaceutical and Health Sciences.

<sup>2</sup>Department of Socio-epidemiology. Kyoto university school of public health

<sup>3</sup>Japanese Foundation for AIDS Prevention.

<sup>4</sup>Department of Epidemiology, Kansai University of Nursing and Health Sciences

#### ABSTRACT

Backgrounds: Sexually transmitted infections (STIs) increased rapidly in Japan during the 1990s.

Methods: To determine the epidemiological characteristics of STI patients, male cases (n=765)
from 21 clinics across Japan and controls from the general population (n=1167), both aged 18-59
years, were compared using two data sets of nationwide sexual behavior surveys conducted in 1999.
Results: Male STI patients were more likely to be under 40 years of age (OR=3.94, 95% CI: 2.17,
7.15), unmarried (OR=2.65, 95%CI: 1.80, 3.91), and at least college/university educated (OR=2.03,
95% CI: 1.45, 2.83). They were also more likely to have had multiple partnerships in the previous
year (OR=3.33, 95% CI: 2.20, 5.05 for 2-3 partners, OR=6.29, 95% CI: 3.81, 10.37 for ≥4 partners),
unprotected vaginal sex with regular partners (OR=2.70, 95% CI: 1.75, 4.17), unprotected vaginal
and/or oral sex with casual partners (OR=2.14, 95% CI: 1.40, 3.26), and unprotected vaginal
(OR=2.64, 95% CI: 1.46, 4.80) and oral sex with paid partners (OR=4.72, 95% CI: 3.04, 7.32) in the
previous year. Conclusions: These results suggest that male STI patients in Japan are highly
educated and have a diverse occupational background, and that STI risks exist universally for
various types of sex and sexual partnerships.

#### INTRODUCTION

According to the sexually transmitted infection (STI) surveillance in Japan, STIs, especially non-viral STIs, began to increase rapidly in the mid 1990s. The increase between 1995 and 1998 was over 30 percent for chlamydial and gonococcal infections in both genders (1-2). Although surveillance information was interrupted due to a nationwide reorganization of sentinel sites in 1999, an increase in these STIs continued thereafter, reaching a peak in 2002 (3). Currently, patients less than 30 years old account for 47% and 68% of all male and female cases, respectively, and genital chlamydia and gonorrhea

are the most dominant STIs among both genders. STI surveillance provides useful information regarding trends in STIs. However, since demographic variables in the surveillance are limited only to age, gender and residential area, questions remain about what types of sexual behaviors in what subpopulations contributed to the recent increase in STIs in Japan. Such information is vital for developing effective STI/HIV prevention efforts (4-5). The present study was conducted to obtain insight into this research question.

#### MATERIALS AND METHODS

#### Study design

This was a case-control study in which cases and controls were selected from two data sets of sexual behavior surveys conducted in 1999 in Japan, one from a sample of STI patients and the other from a probability sample of the general population. We were able to combine these data sets since both were designed by the same authors (MOK, MK, TH) who used the same set of survey questions, other than those specific to each study.

Sexual behavior survey of the general population (6). This survey was conducted during June-July of 1999. A sample of 5000 individuals, aged 18-59 years, was selected from the general population using a 2-stage random sampling procedure. Briefly, the entire country was divided into 11 regions. Each region was further divided into 5 population density bands, yielding 57 strata. A total of 5000 samples were then allocated for each stratum proportionally to the population size. Within each stratum, sampling wards from which 9-22 samples were drawn systematically from residents' basic register or electoral register were selected randomly using the list of wards prepared for the census survey. Each subject was visited by a trained staff 4 times at most when absent and asked to complete an anonymous self-administered questionnaire. A total of 3562 subjects (1762 males, 1800 females) were sampled without replacement, yielding a final response rate of 71.2 percent.

Nationwide STI patient survey. This survey was conducted during July-September of 1999. STI patients were recruited from 21 private STI clinics in 7 large cities (Sapporo, Sendai, Tokyo, Osaka, Hiroshima, and Fukuoka) within 6 districts (Hokkaido, Tohoku, Kanto, Kansai, Chugoku, and Kyushu) of Japan. These clinics were recruited through consultation with local STI physicians' associations and chosen based on their proximity to the largest entertainment district of each city. Subjects were selected from patients who visited the clinic during the study period if they were diagnosed with STIs or typical STI symptoms. STIs included chlamydial infection, gonorrhea, syphilis, non-chlamydial non-gonococcal urethritis, genital herpes, condyloma acuminatum, chancroid, phthirus pubis, and typical STI syndrome included unusual genital discharge (flow), sores, warts, burning with urination, and redness or itching around the penis. Eligible participants were consecutively recruited and asked to complete an anonymous self-administered questionnaire in a waiting room. A total of 1119 subjects participated in the survey, yielding a final response rate of 84.9 percent (791 males, 304 females, 24 unknown gender). Because the survey was anonymous, not all patients responded and information from the clinic could not be linked to the survey, the distribution of the types of STIs or typical STI symptoms among participants was not determined.

#### Integration of the data sets

The data sets of the two surveys were combined for male subjects aged 18-59 years who lived within the 6 districts previously described and who had sexual intercourse during the previous year. The merged data set included information about age, gender, occupation, educational background, marital status, HIV/STI-related knowledge (17 items), age at first sex, number of sexual partners in the previous year, types of sexual partners (regular, casual, or paid) in the previous year, types of sex (vaginal, oral, or anal), and condom use with each type of sexual partner in the previous year or at the last sex. Female subjects were also excluded to avoid potential bias, given that 60 percent of them were recruited from a single clinic.

#### Sample characteristics

Compared to the 2000 census data (7), the control group was slightly older. The proportion of subjects in their 20s, 30s, 40s and 50s was 17, 23, 29 and 30 percent, respectively, for controls and 26, 24, 24 and 27 percent, respectively, for the male census population. Controls were less unmarried than census population (20 percent vs. 39 percent) and were slightly more educated (45 percent vs. 34 percent for at least a college/university education). Occupational pattern was similar between the populations. Regarding STI cases, only age was available for comparison with the 1999 national sentinel STI surveillance data (8). STI cases in this study were slightly older than the STI surveillance population where the proportion of subjects in their 20s, 30s, 40s and 50s was 44, 37, 14 and 5 percent, respectively, for cases, while they were 51, 31, 13 and 5 percent, respectively, for the STI surveillance population.

#### Ethical issues

In both surveys, verbal informed consent was obtained from the participants. Then they were asked to fill out the questionnaire and return it in a sealed envelope, in person or by mail. This research study was approved by the Committee for Research on Human Subjects at Kyoto University in Japan.

#### Statistical analysis

All statistical analyses were performed using SPSS for Windows (version 12.01; SPSS Inc., Chicago, Illinois, USA). Bivariate analyses were performed to determine the association between STI infection and demographic and behavioral variables. Logistic regression was performed to calculate adjusted odds ratios (AOR) and 95 percent confidence intervals (CI). Answers to HIV/STI knowledge questions were transformed into scores by giving 1 for a correct answer and 0 for an incorrect answer. Behavioral variables were combined to create variables that coded the presence (=1) or absence (=0) of unprotected sex for each type of sex with each type of partner. These variables were compulsorily entered into a multivariate model, together with age at first sex, number of sexual partners in the previous year, and demographic variables except for the variables of behaviors practiced by too few participants and those strongly interrelated. All statistical tests were two-tailed and results were considered significant when p<0.05.

#### RESULTS

There were 765 cases and 1167 controls. Those who had STI in the previous year (n=16) were excluded from the control group.

Table 1 compares the demographic characteristics and HIV/STI-related knowledge of the groups. STI patients were much younger than the controls (average age 31.8 years vs. 41.6 years, p<0.001). There were less self-employed and more unemployed individuals among the cases compared to the controls. Although statistically significant (p<0.001), occupational differences between the groups were small. There was a significant difference in marital status. While 20 percent of the controls were unmarried, it was 66 percent among STI patients (p<0.001). STI patients were significantly more educated than the controls, with 65 percent of cases having at least a college/university education compared to 45 percent of the controls (p<0.001). Average scores on HIV/STI-related knowledge were both significantly greater in STI patients than in the controls (p<0.001).

STI patients experienced first sex approximately 2 years earlier than the controls and there was a large difference in the number of sexual partners in the previous year (Table 2). Compared to only 6.1 percent of the controls, 53 percent of STI patients reported having at least 4 sexual partners. More than 50 percent of STI patients reported having casual or paid partners in the previous year, compared to only around 10 percent among the controls. Regarding the prevalence of unprotected sex, the largest differences between the groups were observed in vaginal and oral sex with casual or paid partners. It was 26-49 percent among STI patients, but only 6.3 percent, at most, among the controls. There were slightly but significantly more STI patients who experienced unprotected oral sex with regular partners in the previous year than the controls. Although unprotected anal intercourse with casual or paid partners was also significantly more common among STI patients than the controls, it was only around 2 percent even among STI patients. Proportion of men who had sex with men was 3.2 % among STI patients in the previous year, while it was 1.2% among general population in lifetime.

Multivariate analysis was performed to evaluate the independent association of demographic and behavioral variables with STI infection (Table 3). Age, occupation, number of sexual partners in the previous year, and district variables were entered collectively into the model, together with other demographic and behavioral variables that were entered as dichotomous variables. HIV/STI-related knowledge scores were excluded from the analysis. Unprotected anal sex, which was too few, was also excluded from the analysis as well as the sex between men since time frame for question was different between the studies. Variables representing unprotected oral sex and vaginal sex with casual partners were combined to create a single dichotomous variable that represents the presence or absence of unprotected oral and/or vaginal sex, since these variables were closely correlated (r=0.802).

Results of the multivariate analysis showed that STI patients were more likely to be under 40 year-old, unmarried, have at least a college/university education, while occupational categories showed little association. STI patients were more likely to have multiple partners, unprotected vaginal sex with regular partners, unprotected oral and/or vaginal sex with casual partners, and unprotected oral and vaginal sex with paid partners.

As indicated in Table 3, magnitude of association for some variables was greatly reduced in the multivariate analysis. Association showed largest recovery when both age and marital status were removed from the model, suggesting that the results of the bivariate analyses were largely confounded by these variables. On the other hand, unprotected vaginal sex with regular partners, which was not significant in the bivariate analysis, became significant in the multivariate analysis. However, it became insignificant

when all the demographic variables and the variable for the number of partners were removed from the model, suggesting that the effect of this variable was suppressed by a complex interaction of multiple variables.

#### DISCUSSION

As the first nationwide case-control study of STI infection using a probability sample for controls, this study characterized the demographic and behavioral profiles of Japanese STI patients in comparison to controls.

Compared to STI clinic-based case-control studies, case-control studies that used representative samples for cases and/or controls are limited in number. A British study used probability samples of the British National Surveys of Sexual Attitudes and Lifestyles (NATSAL) conducted in 1990 (n=13,765) (9) and 2000 (n=11,161) (10), in which cases were those who had STIs in the previous 5 years and controls were those who did not. In Slovenia, a national general population survey (n=1752) was conducted in 1999-2001 using the same design as the NATSAL, in which subjects who had STIs in their lifetime were compared to those who did not (11). In China, subjects with chlamydial infections diagnosed with urine tests were compared to those uninfected among national probability samples (n=3426) in 1999-2000 (12). The National Health and Nutrition Examination Survey (NHANES) is a similar large-scale representative survey in the US using laboratory tests to determine STIs (13). It is less pertinent here, however, because published data to date has not included related analysis. Finally, case-control studies with cases and controls sampled from separate populations, as in this study, were conducted in the US and England. Gonorrhea cases (n=103) from the general Seattle population were compared to controls obtained through random digit dialing in 1995 (n=376) (14). In England, patients (n=20,516) from two STI clinics sampled during 1995-1996 were compared to the 1990 NATSAL population samples (15).

Multivariate analysis indicated that male STI patients were more likely to be under 40 year-old, unmarried, and have at least a college/university education, while occupation was not a significant predictor. Population-based case-control studies have consistently found that male STI patients are concentrated in younger age groups. Although the risk of STIs appeared to increase with age in the Slovenia study, it most likely reflected a lifetime history of STIs that was actually measured. The association of marital status and occupation with STI history was assessed in the NATSAL studies. As in this study, being unmarried was significantly associated with a greater STI risk among the 1990 NATSAL population, but not among the 2000 population.

Low socioeconomic status is a well established risk factor for STIs (16). Results of the China and Seattle studies support this association (12,14). However, such findings are not universal. Non-manual social class was found to be significantly more at risk for STIs among the 1990 NATSAL samples (9) and those with higher education were at increased STI risk in our study. Our findings may reflect the possibility that STI patients who actively sought medical care had higher education than those who did not. However, a recent cohort study showed that the general health practice index showed little association with educational background among urban middle-aged Japanese men (17).

The present study showed that STI patients were more likely to have multiple sexual partnerships, have unprotected vaginal sex with regular partners, unprotected vaginal and/or oral sex with casual

partners, and unprotected vaginal or oral sex with paid partners.

Multiple sexual partnerships and sex with paid partners are well established risk factors (18) and consistently identified by population-based studies, except for the China and Seattle studies (12,14). In contrast, unprotected vaginal sex with regular partners was unexpected as a risk factor, since such an association was shown only in the China study (12). Two recent case series studies in Japan support this association. One study reported that STI patients were estimated to have been infected equally from regular, casual and paid partners (19), while another study reported that 48 percent of male gonococcal or non-gonococcal urethritis patients were estimated to have been infected from regular partners (20). It may be that STI risk now exists even among regular partnership in Japan. Our finding was unlikely confounded with recurrent infections within regular partnerships, since similar findings were detected among new STI patients, as well as among those who experienced multiple STIs.

Although it has been well established that STIs, especially non-viral STIs, can cause orogenital infections (21-23), our study is the first population-based study that identified unprotected oral sex with paid partners as a risk factor for STI infection. This result is consistent with a recent clinical finding in Japan, where approximately half of the male gonorrhea patients appear to have been infected through oral sex with paid partners (19). This may be related to the fact that the oral sex industry has proliferated throughout the 1990s in Japan (24). Since oral sex and the use of paid sex are prevalent among youth (25), it is possible that oral sex plays an important role in STI transmission among young people. This concern is shared by a recent clinical finding that among STI patients, over 80 percent practiced oral sex, and approximately 50 percent practiced both oral and vaginal sex with multiple types of sexual partners (26).

Results of the present study should be interpreted with caution. Although the case-control design utilized here is pertinent for rare diseases such as STIs, the analytic value may be compromised compared with cross-sectional studies with a representative sample in which cases are nested. In the present study, STI cases were sampled from private clinics. This is because over 90% of medical institutions are private and because almost all people are covered by medical insurance programs, which are equally applied to both private and public institutions in Japan. Important characteristics of the STI cases in the present study are shared with other studies. Among the 16 patients with STIs in the previous year who were excluded from the control population in the analysis, 9 (56.3%) reported to have paid for sex in the previous year. These patients are younger, more likely to be unmarried, and more educated than the general population sample. A high prevalence of paid sex was also observed in our nationwide sexual behavior survey among national university students in 1999 (n=13100). In that survey, 7 (43.8%) out of 16 male students who ever had a STI reported that they had paid for sex in the previous year (unpublished observation). A case series study from a public hospital in Japan also reported that 52% of 98 gonococcal or non-gonococcal urethritis male patients were identified to be infected through paid sex (20). Such a high prevalence of paid sex among STI patients may reflect the fact that more than 10% of males reported to have paid for sex in the previous year in our national general population survey, compared with less than 0.5% in the National Health and Social Life Survey in the US (27). Such a high proportion of paid sex among men (6-16%) has been also observed from the surveys or surveillances of general population in other Asian countries around 1999-2003 (28), suggesting that STD epidemiology in Japan may share more with other Asian countries than other industrialized nations. Among control subjects, although the response rate of our survey (71.2%) was similar to other general population sexual behavior surveys (29-33), our samples could have been biased in that the highly sexually active subpopulation may have avoided the survey. However, our experience with a nationwide survey of students from 30 universities in 1999 using a similar questionnaire showed little association between the answers to the questions related to sexual behaviors and the response rates that ranged between 16.4-100% (34). Finally, although the present study strongly suggests that oral sex may play an important role in the STI epidemic, it is possible that oral sex may be a marker related to sexual networks or other risks that were not captured in the present study.

Despite these limitations, the results of this study are important in showing that STI patients have diverse occupational backgrounds and are highly educated in Japan. It is also important to note that STI risk is universal, present not only in paid partnerships but also in casual and regular partnerships. Oral sex was just as much of a risk factor as vaginal sex. These findings should be translated into a socially and culturally appropriate STI/HIV prevention program in Japan. A particular focus of prevention should be placed on oral sex, as an oral sex industry has markedly proliferated in Japan during the last decade. This change may further spread STIs and thereby pave the way to an HIV epidemic in Japan. Finally it should be noted that 1999 is the middle of the period when Japan has experienced a dramatic increase in the sexual experience rate among teenagers, a sharp decline of domestic condom sales and the increases in STI and HIV infections (35). It is therefore possible that importance of the risk factors identified in the present study might have been intensified.

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Table 1. Comparison of socio demographic characteristics and HIV/sexually transmitted infection (STI) related knowledge between male STI patients at 21 STI clinics and male controls who were sexually active in the previous year taken from a randomized general population sexual behavior survey

Characteristic		patients = 765)	cc	population ontrols = 1,167)	p value
	No.	%	No.	%	
Age at survey (years)					<0.001§
18-19	29	3.8	16	1.4	
20-29	324	42.4	194	16.6	
30-39	274	35.8	266	22.8	
40-49	103	13.5	341	29.2	
50-59	35	4.6	350	30.0	
Mean(SD*)		31.8(8.8)		41.6(11.0)	
Median		30		43	
Employment					< 0.001
Self-employed	100	13.1	206	17.7	
Management	20	2.6	36	3.1	
Employee	554	72.4	856	73.4	
Unemployed or fulltime student	74	9.7	49	4.2	
Missing	17	2.2	20	1.7	
Marital status					< 0.001
Married	259	33.9	919	78.7	
Not married	504	65.9	238	20.4	
Missing	2	0.3	10	0.9	
Educational level					< 0.001
High school or below	269	35.2	630	54.0	
College/university or above	494	64.6	529	45.3	
Missing	2	0.3	8	0.7	
HIV*-related knowledge score‡					<0.001§
Mean(SD)		7.4(2.2)		6.3(2.4)	
Median		8		7	
STI-related knowledge score¶					<0.001§
Mean(SD)		5.2(1.7)		3.9(2.0)	
Median		6		4	

<sup>\*</sup> STI, sexually transmitted infection; SD, standard deviation

<sup>†</sup> p values for chi-square test unless otherwise mentioned.

<sup>‡</sup> Score for HIV-related knowledge is the total number of 11 HIV-related knowledge questions answered correctly.

<sup>§</sup> p values for Student's ttest

<sup>¶</sup> Score for STI-related knowledge is the total number of 7 STI-related questions answered correctly.

Table 2. Comparison of sexual behaviors between male STI patients at 21 STI clinics and male controls who were sexually active in the previous year taken from a randomized general population sexual behavior survey

Characteristic		atients 765)		opulation (n = 1,167)	p value†
Characteristic	No.	%	No.	%	pvalue
Age at first sexual intercourse (years)		110			< 0.001
<19	427	55.8	420	36.0	
19 or more	327	42.7	639	54.8	
Missing	11	1.4	108	9.3	
Mean(SD*)		18.4(2.8)		20.0(3.5)	
Median		18.0		19.0	
No. of partners (previous year)					< 0.001
1	111	14.5	895	76.7	
2.3	231	30.2	181	15.5	
4 or more	408	53.3	71	6.1	
Missing	15	2.0	20	1.7	
Type of sex partner(s) (previous year)					
Regular partner(s)					< 0.001
Yes	604	79.0	1068	91.5	
No	159	20.8	92	7.9	
Missing	2	0.3	7	0.6	-0.000
Casual partner(s)	100			100	< 0.001
Yes	408	53.3	117	10.0	
No	351	45.9	1015	87.0	
Missing	6	0.8	35	3.0	< 0.001
Paid partner(s)	1001	60.0	100	10 #	~0.001
Yes	474	62.0	122	10.5	
No	283	37.0	1012	86.7 2.8	
Missing	4	1.0	33	2.0	
Sex with regular partners (previous yea	r)				0.000
Had unprotected vaginal sex	101	00.0	744	00.5	0.882
Yes	484	63.3	741	63.5	
No	251 30	32.8	390 36	33.4	
Missing	30	3.9	36	3.1	0.012
Had unprotected oral sex Yes	423	55.3	574	49.2	0.012
No	273	35.7	475	40.7	
Missing	69	9.0	118	10.1	
	us	5.0	110	10.1	0.890
Had unprotected anal sex	20	0.0	40	3.6	0.050
Yes	29	3.8	42	89.4	
No	696	91.0	1043 82	7.0	
Missing	40	5.2	04	7.0	
Sex with casual partners (previous year	,				-0.001
Had unprotected vaginal sex	004	07.1	70	0.0	< 0.001
Yes	284 449	37.1 58.7	73 1056	6.3 90.5	
No		4.2	38	3.3	
Missing	32	4.2	30	0.0	< 0.001
Had unprotected oral sex Yes	286	37.4	74	6.3	-0.001
No	418	54.6	1050	90.0	
Missing	61	8.0	43	3.7	
Had unprotected anal sex	0.1	0.0	43	0.1	< 0.001
	18	2.4	6	0.5	-0.001
Yes			100 100 100 100	96.1	
No	702	91.8	1122	3.3	
Missing	45	5.9	39	3.3	
Sex with paid partners (previous year)					-0.001
Had unprotected vaginal sex	100	00.0	00	0.5	< 0.001
Yes	199	26.0	29 1103	2.5	
No	551 15	72.0	35	94.5 3.0	
Missing	10	2.0	30	3.0	< 0.001
Had unprotected oral sex	nma.	40.0	69	5.0	~0.001
Yes	372 346	48.6 45.2	1058	5.9 90.7	
No Missing	47	6.1	40	3.4	
Had unprotected anal sex	4.1	0.1	40	0.4	0.004
Yes	14	1.8	6	0.5	0.004
No.	712	93.1	1125	96.4	
Missing	39	5.1	36	3.1	
Gender of sexual partners‡	00	0.1	00	0,1	0.003
Only women	728	95.2	1120	96.0	0.000
Only women Only men	17	2.2	6	0.5	
Both men and women	8	1.0	8	0.7	
Missing	12	1.6	33	2.8	

<sup>\*</sup> STI, sexually transmitted infection; SD, standard deviation

 $<sup>\</sup>dagger p$  values for chi-square test unless otherwise mentioned.

<sup>‡</sup>Asked for the previous year for STI patients and for the lifetime for general population.

Table 3. Factors associated with sexually transmitted infection (STI) in a case control study using male STI patients at 21 STI clinics compared to male controls who were sexually active in the previous year taken from a randomized general population sexual behavior survey

Characteristics	Crude OR*	95% CI*	Adjusted OR†	95% CI
Socio demographic factors				
Age (years)				
18.39	13.2	9.12, 19.0	3.94	2.17, 7.15
40-49	3.02	2.00, 4.56	1.76	0.93, 3.30
50-59	1.00		1.00	
Employment				
Self-employed	0.32	0.29, 0.50	1.15	0.57, 2.30
Management	0.37	0.19, 0.71	1.00	0.31, 3.19
Employee	0.43	0.29, 0.62	0.95	0.54, 1.70
Unemployed or fulltime student	1.00		1.00	
College/university education or above (referred to high school or less)	2.19	1.81, 2.64	2.03	1.45, 2.83
Unmarried (referred to married)	7.51	6.11, 9.24	2.65	1.80, 3.91
Behavioral factors				
First sexual experience at ≤18 years old (referred to >18 year old )  Number of sexual partners in the previous year	1.99	1.64, 2.40	0.99	0.71, 1.39
1	1.00		1.00	
2.3	10.3	7.80, 13.6	3.33	2.20, 5.05
≥4	46.3	33.6, 63.8	6.29	3.81, 10.4
Sex with regular partners in the previous year				
Had unprotected vaginal sex (referred to no)	1.02	0.84, 1.23	2.70	1.75, 4.17
Had unprotected oral sex (referred to no)	1.28	1.06, 1.56	0.70	0.48, 1.01
Had unprotected anal sex (referred to no)	1.04	0.64, 1.68	0.93	0.40, 2.17
Sex with casual partners in the previous year				
Had unprotected vaginal and/or oral sex (referred to no)	10.9	8.34, 14.1	2.14	1.40, 3.26
Sex with paid partners in the previous year				
Had unprotected vaginal sex (referred to no)	13.7	9.18, 20.6	2.64	1.46, 4.80
Had unprotected oral sex (referred to no)	16.5	12.4, 21.9	4.72	3.04, 7.32

<sup>\*</sup>OR, odds ratio: CI, confidence interval †Odds ratio was adjusted by multiple logistic regression analysis for districts (Hokkaido, Tohoku, Kanto-Koshinetsu, Kinki, Chugoku and Kyushu)

#### 平成20年度厚生労働科学研究費補助金(エイズ対策研究事業) HIV 感染症の動向と影響及び政策のモニタリングに関する研究 分担研究報告書

#### 性感染症患者の HIV 感染と行動のモニタリングに関する研究

分担研究者: 小野寺 昭一 東京慈恵会医科大学感染制御部

研究協力者: 赤枝 恒雄 赤枝六本木診療所

家坂 清子 いえさか産婦人科医院

佐々木 寛 佐々木医院 南 邦弘, 前田 信彦 札幌東豊病院

澤村 正之 新宿さくらクリニック

保科 眞二 保科医院

尾上 秦彦 宮本町中央診療所 大原 宏樹 新宿山の手クリニック

吉尾 弘 吉尾産婦人科

澤畑 一樹、白岩 陽 三菱化学ビーシーエル

#### 研究要旨

主要都市のSTD クリニックを受診したSTD 症例及び検診のために受診したCSW (commercial sex worker) 症例を対象として、HIV 抗体検査や梅毒抗体検査などの血清疫学調査と、性器クラミジア、淋菌、ヒト乳頭腫ウイルス (HPV) の陽性率に関する検査を行い、STD 患者及びCSW における HIV 感染の浸透度を検討した。対象症例は、症状を有して STD クリニックを受診した患者及び検診のために受診した CSW とし、このうち STD クリニック受診者に対しては、同意を得て HIV を含む STD 検査を行った。また、可能な症例に対しては性に関するアンケート調査を行った。

平成 20 年度の集積症例数は、STD 外来を受診した男性患者 194 例、女性患者 205 例、検診目的の CSW268 例で 合計 667 例であった。このなかで HIV 検査を拒否した症例は、STD 外来を受診した男性患者 1 例と女性 STD 患者 2 例で合わせて3例であった。CSW において HIV 検査を拒否した症例はなかったが、HBs 抗原検査を拒否した症例が 17例みられた。今年度のHIV抗体陽性者は、男性STD外来受診者で尖圭コンジローマを有さない132例中1例(0.8%)、 尖圭コンジローマを有していた 61 例中 1 例 (1.3%) で、女性 STD 患者、CSW では HIV 抗体陽性者を認めなかった。 その他の STD の陽性率はクラミジアは男性 STD 患者で 6.9%、女性 STD 患者で 10.3%、CSW で 9.7%、淋菌は男性 STD で 6.1%、女性 STD で 2.9%、CSW で 2.6%であった。TPHA 陽性者は男性 STD (コンジローマなし) で 8.4%、コンジロ ーマ症例で 1.6%であったが、女性 STD では 1.0%、CSW では 1.9%の陽性率であった。HBs 抗原は男性 STD では 0%、 女性 STD でも 0%、 CSW でも 0.4%と低かった。 性行動に関するアンケート調査に協力が得られたのは男性 179 例、 女性 65 例 (CSW は除く) であったが、女性においては 78.4%が 20 歳代であった。この中で過去3ヶ月のセックス でのコンドーム使用状況に関する調査では、使用する方が多かった、毎回使用したと答えたのは、女性で 40%、男 性 33.6%と女性の方が高かった。一方、自分が HIV に感染する可能性がどの程度だと思うかとの質問に対しては、 まったくないあるいは低いと思っているのは女性の73.4%、男性の73.8%であった。今回の調査の結果、わが国に おける男性 STD 患者において、HIV 陽性者は昨年に比べ減少していた。また、コンドームの使用状況調査について も女性において昨年と比べやや改善する傾向がみられたが、それでも HIV 感染症を含む STD の予防は十分には行わ れているとは言えず、HIV を含む STD への感染に対する認識もきわめて低いことが明らかになった。今後も継続し て STD 患者における HIV 感染の浸透状況の検討を継続していくことが重要と思われた。