

207 7900 sequence detection system (Applied Biosystems, Foster City, CA) as described previously  
208 <sup>21</sup>.

209

#### 210 **Reporter Assay and ELISA**

211 After 16 h of stimulation, the promoter-enhancer activity was assessed as fluorescence of  
212 synthetic EGFP detected by flow cytometry as described previously <sup>21</sup>. In some experiments, the  
213 concentrations of IL-4, IL-13 and IFN- $\gamma$  in the culture supernatant were measured by ELISA using  
214 READY-SET-GO ELISA sets (eBioscience) according to the manufacturer's instructions.

215

#### 216 **Restriction Endonuclease Accessibility (REA) Assay**

217 REA was performed according to the method of Guo et al. <sup>23</sup> with modifications. Briefly,  
218  $1 \times 10^6$  cells were washed twice in cold PBS and resuspended in lysis buffer (60 mM KCL, 15  
219 mM NaCl, 5 mM MgCl<sub>2</sub>, 10 mM Tris-HCl [pH 7.5], 300 mM sucrose, and 0.625% NP-40) with  
220 freshly supplied protease inhibitors. After cells were lysed on ice for 10 min, the nuclei were  
221 pelleted at 2000 rpm for 10 min at 4°C. Nuclei were then treated with varying amounts of HaeIII  
222 digestion buffer (50 mM NaCl, 10 mM Tris-HCl [pH7.9], 10 mM MgCl<sub>2</sub> and 1 mM  
223 dithiothreitol) at 37°C for 24 h. The reactions were stopped by addition of EDTA to a final  
224 concentration of 10 mM. Proteinase K and SDS were added to final concentrations of 0.1 mg/ml  
225 and 1%, respectively, and the samples were incubated at 55°C for a minimum of 4 h. The samples  
226 were extracted once with saturated phenol and twice with phenol-chloroform. The DNA was then  
227 precipitated with ethanol. Purified DNA was subjected to quantitative real-time RT-PCR using  
228 TaqMan<sup>®</sup> Genomic-Assays (MGB probes) with an ABI Prism 7900 sequence detection system.  
229 The 5'- and 3'- primers and specific probe sets used to detect the digestion of the T-bet gene were  
230 described in Table E2 in this article's Online Repository. The results were expressed as the  
231 relative amount of intact DNA in comparison with non-enzyme-treated control.

232

233 **Results**

234

235 **CD4<sup>+</sup> T cells are distortedly differentiated into Th2 cells in allergic asthma**

236         Regardless of the Th1/Th2 theory, it has not been clearly evaluated whether Th1 cytokines  
237 are down-regulated in human Th2-related diseases. Therefore, the expression of Th1/Th2  
238 cytokines and transcription factors in CD4<sup>+</sup> T cells of patients with allergic asthma, a typical Th2  
239 disease, was first investigated. To exclude the difference in the antigen specificity among  
240 individual patients, mRNA expression levels in freshly isolated CD4<sup>+</sup> T cells from peripheral  
241 blood were measured by quantitative real-time RT-PCR. Consistent with previous reports <sup>3, 4</sup>,  
242 IL-4, IL-5 and IL-13 expression in asthmatic patients were significantly higher than those in  
243 healthy subjects. However, the same level of IFN- $\gamma$  expression was observed in both groups (Fig.  
244 1). In addition, there was no significant difference in the expression of Th1-specific transcription  
245 factors, STAT4 and T-bet, and Th2 transcription factors, GATA-3 and c-Maf. These findings  
246 suggest that human CD4<sup>+</sup> T cells are not differentiated into typical Th2 cells even in Th2-related  
247 diseases.

248

249 **Human peripheral naïve CD4<sup>+</sup> T cells-derived Th2 cells produce IFN- $\gamma$**

250         To clarify the mechanisms underlying the lack of down-regulation of IFN- $\gamma$  in allergic  
251 asthma, the potential for Th1/Th2 differentiation of peripheral naïve CD4<sup>+</sup> T cells was next  
252 investigated. In this experiment, naïve CD4<sup>+</sup> T cells prepared from cord blood were also  
253 employed, since it has been suggested that cord blood T cells display poor IFN- $\gamma$ -producing  
254 activity <sup>13-15</sup>. As shown in Fig. 2A, peripheral blood and cord blood mononuclear cells contained  
255 ~9% and ~25% CD45RA<sup>+</sup> naïve CD4<sup>+</sup> T cells, respectively. From both mononuclear cells,  
256 CD4<sup>+</sup>CD45RA<sup>+</sup> T cells were successfully enriched (~99% purity) after a combination of negative  
257 and positive selection. The resulting peripheral and cord blood CD4<sup>+</sup>CD45RA<sup>+</sup> cells were

258 composed of a CD25<sup>-</sup>CD44<sup>+</sup>CD62L<sup>+</sup>CD69<sup>-</sup>CD127<sup>+</sup>CCR7<sup>+</sup> homogeneous population (Fig. 2B),  
259 even though the expression levels of the positive molecules differed in individual subjects (data  
260 not shown), suggesting that these cells are recognized as typical naïve T cells. IL-4R $\alpha$  and  
261 IL-12R $\beta$ 1 but not IL-12R $\beta$ 2 were similarly expressed on both cells. After stimulation culture  
262 under Th1 and Th2 conditions, respective phenotypes were clearly induced from cord blood naïve  
263 CD4<sup>+</sup> T cells (Fig. 2C). Th1 differentiation was also successfully induced, though peculiar Th2  
264 differentiation occurred in peripheral blood naïve CD4<sup>+</sup> T cells. Thus, IFN- $\gamma$ -producing cells were  
265 significantly developed even under Th2-skewing conditions (Fig. 2C).

266

267 **Peripheral naïve CD4<sup>+</sup> T cells significantly express T-bet due to high accessibility of the**  
268 **proximal promoter region in the T-bet gene**

269 In order to elucidate the reason for the distorted Th2 differentiation in human peripheral  
270 CD4<sup>+</sup> T cells, the expression of Th1- and Th2-specific transcription factors in peripheral and cord  
271 blood naïve/Th1/Th2 cells was comparatively analyzed by western blot. As shown in Fig. 3A,  
272 GATA-3 expression was hardly observed in both peripheral and cord blood naïve CD4<sup>+</sup> T cells  
273 and slightly induced upon stimulation, whereas it was markedly up-regulated by Th2  
274 differentiation. The expression of c-Maf was relatively stable. In contrast, STAT4 expression was  
275 clearly up-regulated after Th1 differentiation in both peripheral and cord blood CD4<sup>+</sup> T cells. In  
276 cord blood-derived cells, T-bet was also inducible and preferentially expressed in Th1 cells.  
277 However, peripheral CD4<sup>+</sup> T cells displayed an interesting expression pattern of this transcription  
278 factor. Thus, the expression of T-bet was not only equivalent in Th1 and Th2 cells, but was also  
279 clearly detectable in naïve CD4<sup>+</sup> T cells even without stimulation (Fig. 3A).

280 It has been demonstrated that T-bet down-regulated the transcriptional function of its  
281 opposing transcription factor, GATA-3<sup>24</sup>. Phosphorylation of a tyrosine residue in T-bet was  
282 required for the suppression of GATA-3<sup>24</sup>. Therefore, phosphorylation as well as co-expression

283 with GATA-3 of T-bet in Th2 cells derived from peripheral CD4<sup>+</sup> T cells in which both  
284 transcription factors were plentifully expressed was investigated. The expression of GATA-3 and  
285 T-bet in the cells was detectable also by intracellular staining (Fig. 3B). In addition, the  
286 expression levels of T-bet in GATA-3-low and -high populations were equivalent, suggesting that  
287 T-bet was co-expressed with GATA-3 and its expression was not affected by GATA-3. Physical  
288 interaction between GATA-3 and T-bet was not detectable in these cells by IP using anti-T-bet or  
289 anti-GATA-3 Ab in our experimental conditions (data not shown). However, T-bet was  
290 significantly phosphorylated in Th1 and Th2 cells derived from peripheral CD4<sup>+</sup> T cells (Fig. 3C).  
291 Interestingly, the phosphorylation level of T-bet was more potent in Th2 cells than Th1 cells, in  
292 parallel with the expression pattern of GATA-3.

293 To clarify the mechanisms of the hyper-expression of T-bet in peripheral CD4<sup>+</sup> T cells,  
294 REA assay was performed throughout the T-bet gene. Increasing amounts of a restriction enzyme,  
295 HaeIII, degraded its recognition sequence in the distal promoter region (-1753) of peripheral and  
296 cord blood-derived Th1/Th2-differentiated cells and peripheral naïve CD4<sup>+</sup> cells, but not that of  
297 cord blood naïve cells (Fig. 3D). In accordance with the expression pattern of T-bet determined  
298 by western blot (Fig. 3A), the proximal promoter region (-151) was sensitive to the enzyme in  
299 peripheral blood cells as well as in Th1 cells from cord blood, but not in cord blood-derived naïve  
300 and Th2 cells. A similar degree of accessibility among peripheral and cord blood-derived  
301 naïve/Th1/Th2 cells was observed in the first intron (+1790) of the T-bet gene (Fig. 3D). These  
302 findings suggest that the high accessibility of the proximal promoter region in the T-bet gene is  
303 one of the primary reasons for hyper-expression of T-bet in peripheral CD4<sup>+</sup> T cells.

304

#### 305 **Effect of T-bet on cytokine expression in human CD4<sup>+</sup> T cells**

306 Subsequent experiments were performed to investigate the potential of T-bet as well as  
307 other transcription factors for Th1 and Th2 cytokine expression in human CD4<sup>+</sup> T cells. The  
308 T-bet combined with IRES-Venus was introduced into cord blood naïve CD4<sup>+</sup> T cells by a

309 lentivirus infection system during differentiation toward Th2 cells. Determined by the  
310 fluorescence of Venus, 30 to 45% of the resulting cells were recognized to be transduction  
311 positive, and the fluorescence levels were not significantly different between empty vector- and  
312 T-bet-introduced cells (Fig. 4A). In the population of transduction-positive cells, IL-4 but not  
313 IFN- $\gamma$  was clearly produced upon stimulation, whereas <1% were cytokine positive without  
314 stimulation (Fig 4A). The IL-4-positive cells were slightly decreased in T-bet-transduced cells  
315 and more distinctly, a large number of IFN- $\gamma$ -producing cells were induced by T-bet (Fig. 4A).  
316 These findings suggest that T-bet provides IFN- $\gamma$ -producing activity for cord blood CD4<sup>+</sup> T cells  
317 even in Th2-skewing conditions.

318         The effects of T-bet and other transcription factors on Th1/Th2 cytokine mRNA  
319 expression were examined. In this experiment, peripheral naïve CD4<sup>+</sup> T cells were employed  
320 since they expressed both Th1 and Th2 cytokines after stimulation culture under neutral  
321 conditions. GATA-3, c-Maf, STAT4 and T-bet were introduced into the cells using a lentivirus.  
322 Twenty to 30% of the resulting cells were recognized to be transduction positive, and populations  
323 with the same fluorescence level (M1; Fig. 4B) were purified by a cell sorting system. Upon  
324 stimulation, the expression of both Th1 and Th2 cytokines was induced in these cells (Fig. 4C).  
325 IL-4, IL-5 and IFN- $\gamma$  expression was up-regulated by c-Maf, GATA-3 and T-bet, respectively.  
326 STAT4 failed to affect any cytokine examined. Not only marked augmentation of IFN- $\gamma$ , but also  
327 down-regulation of IL-4 (by 81%) and IL-13 (by 34%) was achieved by T-bet. The specific  
328 expression of introduced GATA-3, c-Maf, STAT4 and T-bet was confirmed at the mRNA level  
329 (Fig. 4C).

330

331 **Role of endogenously expressed T-bet in cytokine synthesis in peripheral CD4<sup>+</sup> T cells**  
332 **examined using RNAi technology**

333 U6 promoter-driven shRNA against the T-bet combined with EF promoter-driven Venus  
334 (shT-bet; Fig. 5A) was introduced into peripheral blood naïve CD4<sup>+</sup> T cells using a lentivirus  
335 during stimulation culture under neutral conditions. The expression of T-bet in highly transduced  
336 cells (M1; Fig. 5B), purified by a cell sorting system, was examined by real-time RT-PCR and  
337 western blot. In comparison with non-targeted shRNA control, introduction of shT-bet reduced  
338 the expression of T-bet in the cells by ~80% at the level of both mRNA (Fig. 5C) and protein (Fig.  
339 5D). As the protein content control, equivalent expression of actin was observed in shT-bet- and  
340 control shRNA-introduced cells, while GATA-3 was slightly up-regulated, if any, by knockdown  
341 of T-bet (Fig. 5D). After stimulation culture, activated peripheral CD4<sup>+</sup> T cells produced IFN- $\gamma$ ,  
342 IL-4 and IL-13 in the culture supernatant (Fig. 5E). The production of IFN- $\gamma$  was clearly  
343 suppressed and, on the contrary, IL-4 and IL-13 production was enhanced, by the introduction of  
344 shT-bet (Fig. 5E). These findings suggest that endogenously expressed T-bet plays a crucial role  
345 in facilitating IFN- $\gamma$  production in peripheral CD4<sup>+</sup> T cells.

346

#### 347 **Role of T-bet in Th1/Th2 cytokine gene transcription**

348 In addition to the strong augmentation of IFN- $\gamma$ , a suppressive role of T-bet in IL-4 and  
349 IL-13 was demonstrated in human CD4<sup>+</sup> T cells (Figs. 4 and 5). As Th1 and Th2 cytokines  
350 counteract each other, it is not clear whether T-bet-mediated down-regulation of Th2 cytokines  
351 was due to the suppression of Th2 cytokine gene transcription, or occurred as a secondary  
352 response following Th1 polarization. The next experiment was therefore performed to elucidate  
353 the role of T-bet in IL-4 and IL-13 gene transcription. To separate this role from the overall  
354 effects on Th1/Th2 subset differentiation, Jurkat Tag cells expressing both Th1 and Th2 cytokines  
355 upon stimulation were employed. pMACS-T-bet- and its empty vector-transfected Jurkat Tag  
356 cells were purified by a magnetic cell sorting system and stimulated in the presence of anti-IFN- $\gamma$   
357 Ab. As shown in Fig. 6A, T-bet enhanced inducible IFN- $\gamma$  expression, and on the contrary,

358 suppressed the expression of IL-4 and IL-13. GATA-3, c-Maf and STAT4 mRNA expression was  
359 not affected by overexpression of T-bet.

360 The effect of T-bet on Th1/Th2 cytokine gene transcription was further investigated by  
361 employing a promoter reporter assay. Consistent with previous reports <sup>21, 25</sup>, the transcriptional  
362 activity of IFN- $\gamma$ , IL-4 and IL-13 promoter was enhanced upon stimulation. In agreement with the  
363 results of mRNA expression, the inducible promoter activity of IFN- $\gamma$  was augmented, whereas  
364 that of IL-4 and IL-13 was inhibited by T-bet (Fig. 6B). These findings suggest that T-bet not only  
365 behaves as a strong transcription factor for IFN- $\gamma$ , but also down-regulates Th2 cytokines at the  
366 level of gene transcription in human T cells.

367

368 **Discussion**

369

370 Accumulating evidence suggests that Th2 cytokines are up-regulated in asthmatic patients.  
371 These observations have been made not only in bronchial biopsy specimens, but also in  
372 bronchoalveolar lavage fluid, peripheral blood and CD4<sup>+</sup> T cells<sup>6, 26-29</sup>. However, regardless of  
373 the Th1/Th2 paradigm, IFN- $\gamma$  is not always suppressed in allergic asthma. Thus, in some studies,  
374 increased IFN- $\gamma$  mRNA and/or protein was detectable in bronchoalveolar lavage fluid, biopsy  
375 specimens and peripheral blood<sup>6, 9</sup>. Our present study clearly demonstrated that IFN- $\gamma$  mRNA in  
376 CD4<sup>+</sup> T cells of asthmatic patients was expressed equivalently to that in healthy subjects, even  
377 though Th2 cytokines were up-regulated, supporting the previous investigations.

378 As it has been reported that cord blood T cells display lower IFN- $\gamma$ -producing activity than  
379 peripheral T cells<sup>13-15</sup>, we investigated the mechanisms of the distorted human Th2  
380 differentiation by comparing peripheral and cord blood CD4<sup>+</sup> T cells. Although Th1- and  
381 Th2-polarized cells had clearly developed from cord blood naïve CD4<sup>+</sup> T cells, and the Th1  
382 phenotype was also induced from peripheral cells, IFN- $\gamma$ -producing cells had significantly  
383 developed from peripheral naïve CD4<sup>+</sup> T cells even under Th2-skewing conditions. Our present  
384 findings are consistent with previous reports<sup>13-15</sup>, and further suggest that the difference between  
385 peripheral and cord blood CD4<sup>+</sup> T cells is already destined in their naïve stage.

386 In relation to the distinct producing activity of Th1 and Th2 cytokines, a differential  
387 expression pattern in peripheral and cord blood CD4<sup>+</sup> T cells was observed for T-bet. Thus, T-bet  
388 was not detectable in unstimulated cord blood naïve CD4<sup>+</sup> T cells, and was preferentially induced  
389 following Th1 differentiation. In contrast, the expression of T-bet was not only equivalent in Th1  
390 and Th2 cells, but was also detectable even in resting naïve CD4<sup>+</sup> T cells derived from peripheral  
391 blood. It has been reported that several transcription factors are differentially expressed in  
392 peripheral and cord blood T cells<sup>12, 16, 17</sup>. Partly in agreement with and partly in contradiction to



393 our present findings, Yu et al. demonstrated that T-bet and GATA-3 mRNA expression was  
394 enhanced and diminished, respectively, in mononuclear cells of peripheral blood but not cord  
395 blood upon stimulation with varicella zoster virus<sup>12</sup>. Our study can not be directly compared with  
396 their report, since they examined mRNA levels and only discussed the stimulation/no stimulation  
397 ratio in the whole mononuclear cell population. However, we have observed that the expression  
398 levels of Th1- and Th2-specific transcription factors as protein was not correlated with those as  
399 mRNA (Fig. E1). Further, mRNA expression levels of transcription factors were not consistent  
400 with the hyper-expression of Th2 cytokines in asthmatic patients (Fig. 1). Therefore, the present  
401 findings demonstrating a differential T-bet expression pattern in purified peripheral and cord  
402 blood CD4<sup>+</sup> T cell populations at the protein level, seems to be more convincing and more  
403 importantly, consistent with the results of the Th1/Th2 differentiation experiment.

404 The importance of T-bet to Th1 differentiation has been reported. T cells derived from  
405 T-bet-deficient mice showed defective Th1 differentiation<sup>30</sup>, and accordingly, these mice  
406 spontaneously manifested Th2-related disorders<sup>31</sup>. Ectopically-expressed T-bet induced IFN- $\gamma$   
407 synthesis in Th2-polarized cells of murine and human origins<sup>32,33</sup>. The expression of T-bet in T  
408 cells is correlated with polarization of the murine Th1 phenotype<sup>32</sup>, though the correlation has  
409 been poorly confirmed in human T cells. Consistent with these previous investigations, our  
410 present study clearly demonstrated that IFN- $\gamma$ -producing activity in human CD4<sup>+</sup> T cells is  
411 generally correlated with resting expression pattern of T-bet protein.

412 We also demonstrated that, like murine T cells, ectopically expressed T-bet induced IFN- $\gamma$   
413 synthesis in human CD4<sup>+</sup> T cells even after stimulation culture under Th2-polarizing conditions.  
414 Furthermore, the functional role of endogenously expressed T-bet in IFN- $\gamma$  synthesis was clearly  
415 demonstrated by employing RNAi technology. Consistently, Lametschwandtner et al. reported  
416 that ectopic expression of T-bet in a human Th2 cell line derived from the skin of patients with  
417 atopic dermatitis induced IFN- $\gamma$ -producing activity<sup>33</sup>. Therefore, it is suggested that T-bet plays a

418 crucial role in expression of IFN- $\gamma$  in human CD4<sup>+</sup> T cells even under a Th2-skewing state, such  
419 as in allergic asthma.

420 Nevertheless, peripheral naïve CD4<sup>+</sup> T cells failed to produce IFN- $\gamma$ , regardless of  
421 significant expression of T-bet. In addition to the requirement of other transcription factors, such  
422 as NFAT, NF $\kappa$ B and AP-1, IFN- $\gamma$  gene transcription is strongly affected by T cell receptor  
423 signaling-triggered epigenetic modification of its gene locus<sup>34,35</sup>. Therefore, T-bet might hardly  
424 associate with and activate the IFN- $\gamma$  promoter in peripheral naïve CD4<sup>+</sup> T cells.

425 The expression of T-bet also seems to be regulated at the level of transcription with  
426 epigenetic modification of its gene locus. Indeed, T-bet was strongly inducible upon stimulation  
427 and significantly expressed also in naïve and Th2 cells at 24 h (Fig. 3A). However, the *de novo*  
428 synthesized T-bet did not contribute to the expression of IFN- $\gamma$  (Fig. 2C). As the correct reason  
429 for the discrepancy is not clear, it is probably due to the difference in time course, since cytokine  
430 producing activity was determined in an earlier time point (6 h). In addition, our present findings  
431 suggest that the protein expression levels of transcription factors at the start of stimulation are  
432 crucial for inducible Th1/Th2 cytokine synthesis.

433 We and Lametschwandner et al. demonstrated apparently contradictory findings. Thus, in  
434 addition to the strong promoting activity on IFN- $\gamma$ , down-regulation of IL-4 and IL-13 by T-bet  
435 was observed in our present study, whereas Lametschwandner et al. showed that IL-4 synthesis  
436 was not affected by ectopic expression of T-bet in human Th2 cells<sup>33</sup>. The reason for the  
437 contradiction is unclear, though our present study further demonstrated that T-bet-mediated  
438 down-regulation of IL-4 and IL-13 was achieved at the mRNA transcription level. In agreement  
439 with our findings, IL-4 and IL-13 production by CD4<sup>+</sup> T cells was up-regulated in T-bet-deficient  
440 mice<sup>36</sup>. Even though Th1 and Th2 cytokines counteract each other, down-regulation of IL-4 and  
441 IL-13 by T-bet was not likely to be achieved, at least in part, through the enhancement of IFN- $\gamma$

442 expression, since Jurkat Tag cells failed to produce a detectable amount of IFN- $\gamma$ , as well as IL-4,  
443 IL-5 and IL-13 in the culture supernatant (less than 20 pg by  $10^6$  cells).

444 Nevertheless, Szabo et al. showed that T-bet failed to affect the promoter activity of  
445 murine IL-4, even though IFN- $\gamma$  promoter activity was augmented<sup>30</sup>. They used a reporter  
446 construct containing -760 to +68 of the murine IL-4 promoter and murine EL-4 cells, while we  
447 employed a human T leukemia cell line. Since the homology of the ~1 kb 5'-flanking regions of  
448 the human and mouse IL-4 genes is ~60 %, the effect of T-bet on the IL-4 promoter may vary  
449 among species. As T-bet-binding activity of the human and murine IL-4 and IL-13 gene  
450 promoters, including the T-box-like region, has not been evaluated, further study will be needed  
451 to identify the *cis*-regulatory elements responsible for T-bet-mediated down-regulation of IL-4  
452 and IL-13 gene transcription.

453 Recently, the counteractive effects of T-bet on Th2-specific transcription factors have been  
454 investigated. GATA-3 expression in murine CD4<sup>+</sup> T cells was up-regulated in T-bet<sup>-/-</sup> mice and  
455 contrary, suppressed by retroviral introduction of T-bet<sup>37</sup>. Our present study gained new insights  
456 into the role of T-bet in GATA-3 expression in human CD4<sup>+</sup> T cells. Thus, the expression levels  
457 of T-bet in GATA-3-low and -high populations in Th2 cells derived from peripheral blood CD4<sup>+</sup>  
458 T cells are equivalent. In addition, GATA-3 mRNA expression was minimally affected by ectopic  
459 expression of T-bet in peripheral T cells and Jurkat Tag cells (Fig. 4C and 6A), suggesting that  
460 T-bet does not directly affect GATA-3 expression in human T cells. As the expression of  
461 GATA-3 was slightly enhanced by knockdown of T-bet (Fig. 5D), this is probably due to a  
462 secondary effect caused by the relative polarization to Th2 phenotype.

463 The phosphorylation of T-bet was more potent in Th2 cells than Th1 cells in parallel with  
464 the expression of GATA-3 (Fig. 3C). It has been reported that ITK is necessary for GATA-3  
465 association and phosphorylation of T-bet<sup>24</sup>. Therefore, the possibility that GATA-3 is required  
466 for the interaction with ITK and resulting phosphorylation of T-bet is also suggested. As the

467 physiological meaning of hyper-phosphorylation of T-bet in Th2 cells is unclear in our study,  
468 Hwang et al. showed that phosphorylated T-bet interferes with the binding of GATA-3 to its  
469 target DNA <sup>24</sup>. Therefore, a negative contribution of T-bet, expressed and phosphorylated in Th2  
470 cells derived from peripheral blood, to GATA-3-mediated Th2 cytokine synthesis is suggested.

471 In conclusion, T-bet expressed in human peripheral CD4<sup>+</sup> T cells plays a crucial role in  
472 their IFN- $\gamma$ -productivity even in Th2-skewing conditions *via* not only strong induction of IFN- $\gamma$   
473 but also down-regulation of IL-4 and IL-13 at the transcription level. Hyper-expression of this  
474 transcription factor in naïve CD4<sup>+</sup> T cells, due to high accessibility to the proximal T-bet  
475 promoter region, may be one of the primary reasons for the lack of down-regulation of IFN- $\gamma$ ,  
476 regardless of up-regulation of Th2 cytokines, in Th2-diseases including allergic asthma.

477

478 **Acknowledgements**

479

480 We thank Dr. A. Miyawaki for providing Venus and Dr. W. Gray for reviewing this manuscript.

481

482 **References**

483

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583 **Legends for figures**

584

585 **Fig. 1.** Expression of Th1/Th2 cytokines and transcription factors in CD4<sup>+</sup> T cells of asthmatic  
586 patients. Messenger RNA expression in freshly isolated peripheral CD4<sup>+</sup> T cells of asthmatic  
587 patients and healthy donors was determined by quantitative real-time RT-PCR method. Each  
588 dataset (plot) and mean (bar) are expressed as mRNA abundance normalized with GAPDH  
589 expression (n = 16-38). P values were determined by unpaired t-test with Welch's correction.

590

591 **Fig. 2.** Th1 and Th2 cell differentiation from peripheral and cord blood naïve T cells.  
592 CD45RA<sup>+</sup>CD4<sup>+</sup> cells were purified from mononuclear cells in peripheral and cord blood of  
593 healthy subjects and stained for CD4 and CD45RA (A). Cell surface markers on the peripheral  
594 (plain line) and cord blood (bold line) CD4<sup>+</sup>CD45RA<sup>+</sup> cells were stained with specific or isotype  
595 control Ab (indicated as gray area) (B). After 7 to 10 days of stimulation culture under Th1- and  
596 Th2-skewing conditions, peripheral and cord blood CD4<sup>+</sup> T cells were stimulated with 5 nM  
597 PMA plus 1 μM ionomycin for 6 h and stained for intracellular IL-4 and IFN-γ (C). The  
598 representative plots and means ± SEM of cytokine positive cell percentages from four separate  
599 experiments are shown.

600

601 **Fig. 3.** Expression of transcription factors in T cells. Purified naïve CD4<sup>+</sup> T cells and  
602 differentiated Th1 and Th2 cells from peripheral and cord blood of healthy subjects were left  
603 unstimulated or stimulated with 0.1 μg/ml anti-CD3 plus 1 μg/ml anti-CD28 for 24 h. Expression  
604 of transcription factors and actin in the resulting cells was analyzed by western blot. Protein  
605 samples from 10<sup>6</sup> cells of individual groups were loaded and blotted on the same membrane (A).  
606 GATA-3 and T-bet expression in Th2 cells from peripheral CD4<sup>+</sup> T cells was examined by  
607 intracellular staining (B). WCL of Th1 and Th2 cells from peripheral CD4<sup>+</sup> T cells were

608 immunoprecipitated with anti-T-bet Ab. The resulting IP samples or WCL were blotted with  
609 anti-phosphotyrosine, anti-T-bet and anti-GATA-3 Abs (C). The results shown are representative  
610 of four separate experiments. REA assay against HaeIII sites at the T-bet gene was performed on  
611 unstimulated naïve and Th1- and Th2-differentiated peripheral and cord blood T cells (D). Data  
612 are expressed as means  $\pm$  SEM of percent intact DNA compared with HaeIII-untreated control (n  
613 = 4-6).

614

615 **Fig. 4.** Effect of T-bet on cytokine synthesis in T cells. T-bet-IRES-Venus (T-bet) and empty  
616 IRES-Venus (Vector) expression cassette were introduced into cord blood naïve CD4<sup>+</sup> T cells of  
617 healthy subjects by a lentivirus infection system during 7 to 10 days of stimulation culture under  
618 Th2 conditions. The resulting cells were stimulated with 5 nM PMA plus 1  $\mu$ M ionomycin for 6 h  
619 and stained for intracellular IL-4 and IFN- $\gamma$  (A). The representative plots and means  $\pm$  SEM of  
620 cytokine-positive cell percentages in Venus-positive population from four separate experiments  
621 are shown. IRES-Venus-combined GATA-3, c-Maf, STAT4 and T-bet expression cassette were  
622 introduced into peripheral naïve CD4<sup>+</sup> T cells during stimulation culture under neutral conditions.  
623 The resulting Venus-positive cells (B; M1 population) were purified and left unstimulated or  
624 stimulated with 5 nM PMA plus 1  $\mu$ M ionomycin for 6 h, and the expression of cytokine and  
625 transcription factor mRNA was measured by quantitative real-time RT-PCR (C). Data are  
626 expressed as means  $\pm$  SEM of mRNA abundance normalized with GAPDH expression (n = 4).

627

628 **Fig. 5.** Knockdown effect of T-bet on human T cell differentiation. A serial expression cassette  
629 containing U6 promoter-driven shRNA and EF promoter-driven Venus (A) was introduced into  
630 peripheral naïve CD4<sup>+</sup> T cells of healthy subjects using lentivirus during 7 to 10 days of  
631 stimulation culture under neutral conditions. The resulting Venus-positive population (B; M1  
632 population) in T-bet (Bold line) and control (plain line) shRNA-introduced cells was purified.

633 Gray area indicates untransfected background. Expression of T-bet and/or GATA-3 in the  
634 purified cells was determined by quantitative real-time RT-PCR (C) and western blot (D). The  
635 purified cells were left unstimulated or stimulated with 0.1  $\mu\text{g/ml}$  anti-CD3 plus 1  $\mu\text{g/ml}$   
636 anti-CD28 for 24 h, and the concentrations of cytokines in the culture supernatant were measured  
637 by ELISA (E).

638

639 **Fig. 6.** Effect of T-bet on cytokine mRNA expression and promoter activity in human T cells. (A)  
640 Jurkat Tag cells were transfected with pMACS-Tbet or empty vector (10  $\mu\text{g}$  each). After 48 h,  
641 H-2<sup>k</sup>-positive cells purified by a magnetic cell sorting system were left unstimulated or stimulated  
642 with PMA (5 nM) plus ionomycin (1  $\mu\text{M}$ ) in the presence of 40  $\mu\text{g/ml}$  anti-IFN- $\gamma$  for 6 h, and the  
643 expression of cytokine and transcription factor mRNA was determined by quantitative real-time  
644 RT-PCR method. Data are expressed as means  $\pm$  SEM of mRNA abundance normalized with  
645 GAPDH expression (n = 4). (B) Cells were transfected with pEF-Tbet or empty vector in the  
646 presence of IFN- $\gamma$ -EGFP, IL-4-EGFP or IL-13-EGFP (10  $\mu\text{g}$  each). At 24 h after transfection,  
647 cells were stimulated in the presence of 40  $\mu\text{g/ml}$  anti-IFN- $\gamma$  for 16 h and the promoter activity  
648 was detected as the fluorescence of synthetic EGFP measured by flow cytometry (n = 4).