

**Figure 1.** Event-free survival (EFS) and overall survival (OS) curves for diffuse large B-cell lymphoma patients treated with cyclophosphamide, doxorubicin, vincristine and prednisone (CHOP) and rituximab-combined CHOP (RCHOP) in relation to soluble interleukin-2 receptor (SIL-2R). EFS (A) and OS (B) curves according to low ( $n = 47$ ) versus high ( $n = 40$ ) SIL-2R in the CHOP group. EFS (C) and OS (D) curves according to low ( $n = 67$ ) versus high ( $n = 74$ ) SIL-2R in the RCHOP group.

**Table 2.** Analysis of 2-year survival rate according to CHOP and RCHOP therapy in both SIL-2R groups

Clinical outcome	Low SIL-2R		High SIL-2R		P-value
	CHOP	RCHOP	CHOP	RCHOP	
2-year survival					
EFS (%)	82	90	43	66	0.0010
OS (%)	93	95	65	84	0.0020

CHOP, cyclophosphamide, doxorubicin, vincristine and prednisone; RCHOP, rituximab-combined CHOP; SIL2R, soluble interleukin-2 receptor; EFS, event-free survival; OS, overall survival.

results were obtained in patients receiving chemotherapy, and the prognostic value of SIL-2R has not been assessed in rituximab-combined treatment.

In the present study, univariate analysis showed that SIL-2R retained its prognostic value in DLBCL patients treated with RCHOP, as well as in those receiving CHOP alone. Multivariate

analysis also showed that SIL-2R was an independent significant prognostic factor after adjustment for IPI risk factors and independently associated with significantly decreased EFS and moderately decreased OS after adjustment by two-categorized IPI in both the CHOP and RCHOP groups. On the other hand, the clinical outcome of patients with high SIL-2R was significantly improved by addition of rituximab to the chemotherapy, in contrast to the lack of any difference in the patients with low SIL-2R. To our knowledge, this is the first report to demonstrate the prognostic value of SIL-2R in DLBCL patients treated with rituximab-combined chemotherapy.

Although the present study was not a randomized prospective one, and possibly biased by factors other than IPI and SIL-2R, the distribution of baseline characteristics, including IPI factors, was similar between the two treatment groups. On the other hand, the population employed in the present analysis had more limited disease and a favorable IPI score compared with those in previous studies of DLBCL [13–17]. This might account for the better outcome of our

**Table 3.** The effects of clinical factors on EFS and OS in CHOP by univariate analysis using Cox proportional hazard model

	Variable	HR	95% CI	P value
<b>CHOP</b>				
EFS	SIL-2R			
	Low	1.00		
	High	4.30	1.94-9.74	<0.001
	Age			
	≤60	1.00		
	>60	1.48	0.64-3.46	0.36
	LDH			
	Normal	1.00		
	High	2.65	0.80-8.74	0.11
	PS			
	0-1	1.00		
	2-3	4.10	1.64-10.25	0.003
	Stage			
	I, II	1.00		
	III, IV	3.75	1.79-7.83	<0.001
	Extranodal sites			
	0-1	1.00		
	≤2	3.24	1.54-6.81	0.002
	IPI			
	L/L-I	1.00		
H/H-I	3.97	1.91-8.25	<0.001	
OS	SIL-2R			
	Low	1.00		
	High	5.64	1.84-17.23	0.002
	Age			
	≤60	1.00		
	>60	2.20	0.64-7.61	0.21
	LDH			
	Normal	1.00		
	High	4.71	0.63-35.41	0.13
	PS			
	0-1	1.00		
	2-3	7.18	2.44-21.13	<0.001
	Stage			
	I, II	1.00		
	III, IV	5.15	1.92-13.81	0.001
	Extranodal sites			
	0-1	1.00		
	≤2	4.24	1.64-10.98	0.003
	IPI			
	L/L-I	1.00		
H/H-I	7.28	2.69-19.67	<0.001	
<b>RCHOP</b>				
EFS	SIL-2R			
	Low	1.00		
	High	4.20	1.72-10.33	0.002
	Age			
	≤60	1.00		
	>60	1.38	0.61-3.11	0.44
	LDH			
	Normal	1.00		
	High	1.41	0.68-2.93	0.35
	PS			
0-1	1.00			
2-3	3.62	1.35-8.46	0.003	

**Table 3.** (Continued)

	Variable	HR	95% CI	P value
	Stage			
	I, II	1.00		
	III, IV	3.42	1.64-7.11	0.001
	Extranodal sites			
	0-1	1.00		
	≤2	3.43	1.67-7.03	<0.001
	IPI			
	L/L-I	1.00		
	H/H-I	3.40	1.82-6.25	<0.001
	OS	SIL-2R		
Low		1.00		
High		6.42	1.45-28.45	0.01
Age				
≤60		1.00		
>60		3.50	0.79-15.52	0.10
LDH				
Normal		1.00		
High		1.69	0.58-4.97	0.34
PS				
0-1	1.00			
2-3	5.97	2.03-17.54	0.001	
Stage				
I, II	1.00			
III, IV	2.46	0.89-6.79	0.08	
Extranodal sites				
0-1	1.00			
≤2	2.65	0.96-7.33	0.06	
IPI				
L/L-I	1.00			
H/H-I	4.03	1.43-11.34	0.08	

EFS, event-free survival; OS, overall survival; CHOP, cyclophosphamide, doxorubicin, vincristine and prednisone; RCHOP, rituximab-combined CHOP; HR, hazard ratio; CI, confidential interval; SIL2R, soluble interleukin-2 receptor; LDH, lactate dehydrogenase; PS, performance status; IPI, International Prognostic Index; L/L-I, low or low-intermediate; H/H-I, high or high-intermediate.

patients than for those in previous reports such as that by Coiffier et al. [14] who observed 2-year survival rates of 70% and 57% in elderly patients treated with RCHOP and CHOP, respectively. Even with the excellent outcome we observed, however, the prognostic value of SIL-2R was significant and greater than that of other IPI risk factors. To allow our present results to be generalized to routine patient care, these findings should be validated in a variety of patient populations.

A number of prognostic markers have been identified in patients with DLBCL treated by chemotherapy alone [19-21], some of which have been reassessed and shown not to be associated with prognosis in patients receiving rituximab-combined chemotherapy [22-24]. BCL2 overexpression was reported to be associated with poorer survival in patients treated with CHOP-like regimens [19], but its prognostic value was not confirmed in patients receiving rituximab-combined chemotherapy in several studies, indicating that addition of rituximab overcomes the negative influence of BCL2

**Table 4.** Multivariate Cox proportional hazard regression analysis for SIL-2R and IPI risk factors in both treatment groups

	Variable	HR	95% CI	P value
<b>CHOP</b>				
EFS	SIL-2R			
	Low	1.00		
	High	2.74	1.05-7.14	0.04
	PS			
	0-1	1.00		
	2-3	2.12	0.73-6.14	0.17
	Stage			
	I, II	1.00		
	III, IV	1.82	0.65-5.09	0.25
	Extranodal sites			
0-1	1.00			
≤2	1.09	0.38-3.10	0.87	
OS	SIL-2R			
	Low	1.00		
	High	3.53	1.03-12.95	0.05
	LDH			
	Normal	1.00		
	High	3.21	0.40-25.51	0.27
	PS			
	0-1	1.00		
	2-3	3.60	0.98-13.20	0.05
	Stage			
I, II	1.00			
III, IV	2.00	0.51-7.87	0.32	
Extranodal sites				
0-1	1.00			
≤2	0.86	0.22-0.83	0.83	
<b>RCHOP</b>				
EFS	SIL-2R			
	Low	1.00		
	High	2.65	1.01-7.30	0.05
	PS			
	0-1	1.00		
	2-3	1.66	0.62-4.42	0.31
	Stage			
	I, II	1.00		
	III, IV	1.69	0.65-4.42	0.28
	Extranodal sites			
0-1	1.00			
≤2	1.36	0.50-3.67	0.55	
OS	SIL-2R			
	Low	1.00		
	High	5.09	1.00-25.88	0.05
	Age			
	≤60	1.00		
	>60	2.45	0.54-11.17	0.24
	PS			
	0-1	1.00		
	2-3	4.49	1.15-17.45	0.03
	Stage			
I, II	1.00			
III, IV	1.02	0.23-4.45	0.98	
Extranodal sites				
0-1	1.00			
≤2	0.70	0.15-3.39	0.66	

SIL2R, soluble interleukin-2 receptor; IPI, International Prognostic Index; CHOP, cyclophosphamide, doxorubicin, vincristine and prednisone; HR, hazard ratio; CI, confidential interval; EFS, event-free survival; PS, performance status; OS, overall survival; LDH, lactate dehydrogenase; RCHOP, rituximab-combined CHOP.

**Table 5.** Multivariate Cox proportional hazard analysis for SIL-2R and categorized IPI in both treatment groups

	Variable	HR	95% CI	P value
<b>CHOP</b>				
EFS	SIL-2R			
	Low	1.00		
	High	2.98	1.22-7.29	0.01
	IPI			
	L/L-I	1.00		
	H/H-I	2.47	1.11-5.47	0.02
OS	SIL-2R			
	Low	1.00		
	High	3.12	0.93-10.41	0.06
	IPI			
	L/L-I	1.00		
	H/H-I	4.66	1.60-13.58	0.005
<b>RCHOP</b>				
EFS	SIL-2R			
	Low	1.00		
	High	3.00	1.12-8.07	0.02
	IPI			
	L/L-I	1.00		
	H/H-I	2.06	0.93-4.57	0.07
OS	SIL-2R			
	Low	1.00		
	High	4.30	0.85-21.91	0.07
	IPI			
	L/L-I	1.00		
	H/H-I	4.16	0.80-6.69	0.08

SIL2R, soluble interleukin-2 receptor; IPI, International Prognostic Index; CHOP, cyclophosphamide, doxorubicin, vincristine and prednisone; HR, hazard ratio; CI, confidential interval; EFS, event-free survival; OS, overall survival; LDH, lactate dehydrogenase; RCHOP, rituximab-combined CHOP; L/L-I, low or low-intermediate; H/H-I, high or high-intermediate.

overexpression [24]. BCL6, a marker of germinal center derivation, has been identified as an indicator of favorable outcome in DLBCL [20], although outcome in patients receiving immunochemotherapy was reported to be uninfluenced by BCL6 status [22]. Similarly, no correlation between immunohistochemically defined GC phenotype and survival rate was observed in patients receiving immunochemotherapy [21], in contrast to previous findings of inferior outcomes in non-GC patients relative to GC patients in the prerituximab era [23]. Up to now, no marker other than IPI has been found to be of prognostic relevance since the clinical introduction of rituximab.

The mechanism by which rituximab added to chemotherapy improves outcome in relation to biological features has been evaluated in several studies. They showed that rituximab may suppress the constitutively active nuclear factor-kappa B pathway in non-GC phenotype DLBCL or downregulate Bcl-2-related antiapoptotic proteins, thereby increasing the sensitivity of lymphoma cells to chemotherapy [27-29]. These effects of rituximab may reduce the prognostic significance of the non-GC phenotype and BCL2. Although the mechanism by which SIL-2R retains its prognostic value after addition of rituximab to chemotherapy is unknown, SIL-2R may directly represent the tumor burden [7, 8].

To date, several studies including the present one have demonstrated that IPI score remains predictive in the rituximab era, in contrast to biomarkers [18, 22, 23]. In the present study, the IPI system identified only two risk groups instead of four among our patients—a low and low-intermediate group and a high and high-intermediate group—as reported in previous studies [22, 23].

The addition of rituximab to chemotherapy has improved the outcome of patients. We and others have shown that OS now exceeds 50% even in the groups with unfavorable indicators [14–18, 22, 23], although some patients still have a very poor outcome. Therefore, other predictive factors must be characterized in order to identify patients who should receive alternative initial therapy. A number of molecular prognostic markers have already been identified in patients with DLBCL [30]. These markers now need to be reevaluated in the rituximab era to identify patients with unfavorable prognostic factors and to devise adequate treatment strategies.

In conclusion, we have demonstrated that a high serum SIL-2R level is an indicator of poor prognosis in DLBCL patients receiving rituximab combination chemotherapy. To accurately confirm whether serum SIL-2R influences the outcome of patients receiving rituximab combination chemotherapy, prospective investigation with long-term follow-up will be required.

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## Does Rituximab Really Induce Hepatitis C Virus Reactivation?

**TO THE EDITOR:** We wish to raise several issues regarding the recent case report by Hsieh et al.<sup>1</sup> Both the title of the article and its conclusion suggest that rituximab-induced reactivation of hepatitis C virus (HCV) is possible during combination chemotherapy with rituximab. We think it cannot be concluded with certainty whether rituximab alone was associated with HCV reactivation in the case described.

The first reason for the authors' conclusion is that liver dysfunction did not develop during initial chemotherapy and occurred after combination chemotherapy with rituximab. However, it is known that HCV-infected patients first develop liver dysfunction after the second or later cycles of chemotherapy. Indeed, a previous study of liver dysfunction in HCV-positive patients with diffuse large B-cell lymphoma treated with a cyclophosphamide, vincristine, doxorubicin, and prednisolone-like regimen has shown that the incidence of hepatic toxicity tended to increase with the number of chemotherapy courses.<sup>2</sup>

Reactivation of viruses such as hepatitis B virus (HBV),<sup>3</sup> cytomegalovirus,<sup>4</sup> and varicella-zoster virus<sup>5</sup> is considered to be associated with immunosuppression caused by rituximab treatment. Rituximab targets and depletes CD20-positive malignant lymphocytes along with normal CD20-positive B cells, and previous studies have demonstrated rapid depletion of normal B lymphocytes, whereas immunoglobulin levels remain within normal limits until at least 6 months after treatment.<sup>6</sup> Indeed, HBV reactivation during the fourth to sixth (or between the third and fifth) cycles of rituximab treatment has been reported,<sup>3</sup> and one study has documented markedly late HBV reactivation at several months after completion of rituximab treatment.<sup>7</sup> Therefore we think it is too speculative to conclude that rituximab was responsible for the rapid increase of transaminase levels during the clinical course described.

It is difficult to determine whether liver dysfunction is caused by HCV reactivation or chemotherapy toxicity. In fulminant hepatitis caused by HCV reactivation, the level of HCV RNA has been reported to increase during chemotherapy and dramatically decrease at the onset of severe liver dysfunction.<sup>8</sup> In fact, we have experienced a case in which the expression of HCV RNA increased during rituximab chemotherapy and dramatically decreased to below the normal limit at the time of severe liver dysfunction.<sup>9</sup> The changes in serum HCV RNA and transaminase levels described in the latter two reports suggest that the liver dysfunction may have

been caused by the spread of HCV in the liver and the resulting immune reaction against HCV-infected hepatocytes. However, for the patient described, the authors provide no data to suggest HCV viral load before and after liver dysfunction.

The authors also consider that a synchronized increase of HCV RNA and transaminases could have accounted for the rituximab-induced HCV reactivation. However, they present no details of HCV RNA levels during the first course of chemotherapy without rituximab, and it is unclear whether the HCV viral load had increased before rituximab administration. A previous study of nine patients with chronic HCV hepatitis has shown that prednisone therapy increased the HCV RNA level in all of them,<sup>10</sup> suggesting that anticancer agents may have induced the increase of HCV RNA. Therefore, we think that, in this particular case, it is necessary to clarify how the HCV RNA level changed during the course of treatment.

Liver dysfunction during rituximab-containing chemotherapy needs additional investigation, given that rituximab-induced HBV reactivation is a significant clinical problem. If rituximab did, in fact induce severe liver dysfunction through HCV reactivation in the present case, this would have important implications for clinical management. Additional detailed information on the association between rituximab infusion and HCV reactivation is therefore required.

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### AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST

The author(s) indicated no potential conflicts of interest.

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がん治療  
実践研修プログラム

# 大腸



財団法人癌研究会有明病院化学療法科

この資料は厚生労働省がん臨床研究事業「外来化学療法における部門の体制および有害事象発生時の対応と安全管理システムに関する研究」の研究費より印刷しております。

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## がん治療実践研修プログラム

癌研有明病院化学療法科・血液腫瘍科  
外来治療センター  
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## 目標

- 大腸癌・乳癌の戦略的化学療法を学ぶ
  - 治療についても学ぶ：見学と説明文書作成実習
  - 有害事象の観察と対応
- チーム医療の構築
- 近未来の治療導入の仮想的練習
- 一方で研修後に近くの施設を集めて研修が開催できる
- どういう病院なのかをアピールできる

## 研修予定内容

- FOLFOX6療法とXELOX療法(+Bev)
- アービータックス
- Paclitaxel+Herceptin
- RCHOP療法、bortezomib療法
- など多くの実地に導入されるべき治療方法の実際を学んで、帰ってからすぐに実行できる。
- 注射による抗癌剤の治療を正しく普及させる

## 大腸プログラム

研修日	研修日	研修日	研修日	研修日
9/9	研修1 見学	研修2 見学	研修3 見学	研修4 ワークショップ(最終中心)
9/10	研修5 ワークショップ	研修6 研修7 ワークショップ	研修8 研修9 研修10 研修11 研修12 研修13 研修14 研修15 研修16 研修17 研修18 研修19 研修20 研修21 研修22 研修23 研修24 研修25 研修26 研修27 研修28 研修29 研修30 研修31 研修32 研修33 研修34 研修35 研修36 研修37 研修38 研修39 研修40 研修41 研修42 研修43 研修44 研修45 研修46 研修47 研修48 研修49 研修50 研修51 研修52 研修53 研修54 研修55 研修56 研修57 研修58 研修59 研修60 研修61 研修62 研修63 研修64 研修65 研修66 研修67 研修68 研修69 研修70 研修71 研修72 研修73 研修74 研修75 研修76 研修77 研修78 研修79 研修80 研修81 研修82 研修83 研修84 研修85 研修86 研修87 研修88 研修89 研修90 研修91 研修92 研修93 研修94 研修95 研修96 研修97 研修98 研修99 研修100	
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## 乳癌プログラム

( Paclitaxel+Herceptinの場合またはvinorelbine+Herceptin )

研修日	研修日	研修日	研修日
9/9	研修1	研修2	研修3
9/10	研修4	研修5	研修6
9/11	研修7	研修8	研修9
9/12	研修10	研修11	研修12
9/13	研修13	研修14	研修15
9/14	研修16	研修17	研修18
9/15	研修19	研修20	研修21
9/16	研修22	研修23	研修24
9/17	研修25	研修26	研修27
9/18	研修28	研修29	研修30
9/19	研修31	研修32	研修33
9/20	研修34	研修35	研修36
9/21	研修37	研修38	研修39
9/22	研修40	研修41	研修42
9/23	研修43	研修44	研修45
9/24	研修46	研修47	研修48
9/25	研修49	研修50	研修51
9/26	研修52	研修53	研修54
9/27	研修55	研修56	研修57
9/28	研修58	研修59	研修60
9/29	研修61	研修62	研修63
9/30	研修64	研修65	研修66
10/1	研修67	研修68	研修69
10/2	研修70	研修71	研修72
10/3	研修73	研修74	研修75
10/4	研修76	研修77	研修78
10/5	研修79	研修80	研修81
10/6	研修82	研修83	研修84
10/7	研修85	研修86	研修87
10/8	研修88	研修89	研修90
10/9	研修91	研修92	研修93
10/10	研修94	研修95	研修96
10/11	研修97	研修98	研修99
10/12	研修100		

## 学習目標

- 自分の現在の病院、科の評価と反省
- 問題点といかにしたら導入できるのかを具体的に解決方法を、発表する
- 3職種で解決していく
- 癌研有明病院の資料から自分の施設用の説明文書や他のひとへの学習材料を作成する
- 次に併用されるべき薬剤の情報を得て帰る

### 個々の目標は異なるがハーモニーが重要である

- 医師: リーダーシップ、抗がん剤の作用機序と併用療法の理解、IC、有害事象対処、外来治療の利点の理解、効率的な外来運用
- 看護師: 有害事象の理解、有害事象観察、入院中に患者セルフケア能力を向上、ICのサポート、緊急連絡時の説明、コストの説明
- 薬剤師: 服薬指導、薬剤の説明、有害事象説明、ミキシング、dose intensityのチェック、durationのチェック、禁忌など
- 見える化、伝える化へ

### チーム医療をつくるには？

- チームのメンバー
  - 医師
  - 薬剤師
  - 看護師
  - 検査技師
  - 医事課職員
- できたかどうかは何でみる？
  - カンファレンス
  - 治療法の統一
  - インシデント/アクシデントレポート
  - 患者の成績向上、感謝
  - 病院のレベル向上
  - 患者数増加、収入増加

### 作成する資料など

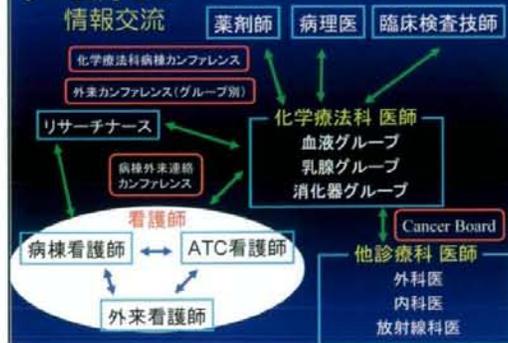
- 患者教育、看護師教育、薬剤師の患者説明（服薬指導など）
- 同意書、薬物療法同意書、化学療法ごとの説明文書、有害事象説明
- コストに関する同意書



### 化学療法科・血液腫瘍科の体制



### チーム内での情報交流





月曜	昼:化学療法科病棟会、部長回診
火曜	昼:乳腺グループカンファレンス 乳腺グループ回診
水曜	昼:血液腫瘍科カンファレンス 夜:頭頸科合同カンファ 化学療法科医局会
木曜	昼:血液腫瘍科カンファレンス 夜:消化器グループカンファレンス 消化器グループ回診
金曜	昼:乳腺グループカンファレンス 夜:消化器グループミーティング
土曜	朝:病棟・外来・ATC連絡会

昼食の時間を利用して！  
集まりが良い時間帯に！

**全体カンファレンス**  
化学療法科病棟会  
化学療法科医局会  
化学療法科部長回診

**グループのカンファ**  
血液腫瘍科カンファ  
血液腫瘍科回診  
第1相試験チーム  
原発不明癌  
新規薬剤導入チーム  
例:チームアバサチン

**他診療科とのカンファ**  
婦人科カンファレンス  
頭頸科合同カンファ  
乳腺Cancer Board  
術前カンファレンス  
消化器Cancer Board  
消化器センターカンファレンス

**コメディカルとの病棟外来ATCカンファ**  
各病棟におけるケースカンファレンス  
ATC・病棟連絡カンファレンス



**年別 新患者数**  
外科医からの紹介がスムーズに行われており、増加している

	乳癌	血液	大腸	食道	胃	その他	計
2000年	241	70	11			20	342
2001年	282	160	57	5	7		511
2002年	284	148	135	155	110		832
2003年	317	133	131	94	72	175	922
2004年	481	209	204	97	110	50	1151
2005年	484	273	298	84	176	103	1418
2006年	748	353	579	136	358	352	2526
2007年	63	28	42	14	32	30	209

### 実際のがん拠点病院ではどうか？

- ・ 病棟連携
- ・ 地域連携
- ・ 外来治療と緊急体制
- ・ 緩和ケア症例の扱い
- ・ セカンドオピニオン
- ・ がん医療相談窓口
- ・ 精神腫瘍科
- ・ チーム医療

## 欠けているのは真のリーダーシップ

- ・ チーム医療形成はできるが、教育には時間と手間がかかる
- ・ なにを手伝えるのか？
- ・ 看護師教育
- ・ 薬剤師指導
- ・ 患者向け資料作成指導

がん薬物療法専門医を目指す先生方へのメッセージ  
Medical oncologistが行うべき対応

- ・ 各種分子標的薬剤の有害事象を理解する
- ・ 有害事象へのすばや  
い、適切な対応を
- ・ できないときは、ほかの  
専門医と協調して安全  
な体制を作る
- ・ 救急医、画像診断医、  
呼吸器内科医、循環器  
内科医、血管外科医な  
ど
- ・ チーム医療はもちろん  
だが、自分の科内部で  
の情報共有、各科専門  
医との協調が重要
- ・ 予測して当たることが  
重要

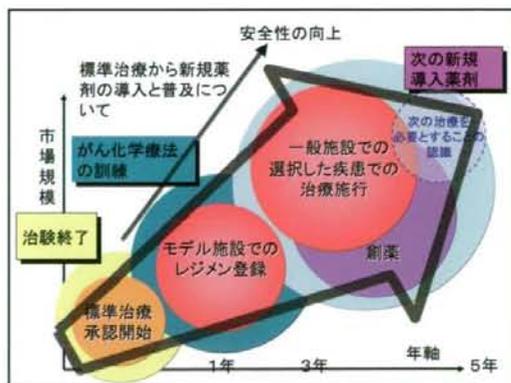
## 余裕があったら

- ・ 自分たちで自習で説明文書を作成していく
- ・ 説明の練習、プレゼンテーションの練習と準備
- ・ 他の施設、他の職種にわかるように説明する
- ・ それでも余裕があるなら、胃癌や食道がん、  
大腸がんも学ぶ

## 準備しておく知識

1. 分子標的治療薬に特徴的な有害事象
  - ・ Herceptin
  - ・ Avastin
  - ・ Rituxan
  - ・ Glivec
  - ・ Iressa
  - ・ Velcade
  - ・ Mylotarg
2. 有害事象マネージメントにおけるチーム医療の重要性

製薬メーカーにおける新薬のステップ



### 分子標的治療薬:種類

<モノクローナル抗体>

<低分子化合物>

製品名	一般名	標的	適応疾患	製品名	一般名	標的	適応疾患
Herceptin	Trastuzumab	HER2	BC	Glivec	Imatinib mesilate	Bcr-Abi	CML GIST
Avastin	Bevacizumab	VEGF	CRC	Iressa	Gefitinib	EGFR	NSCLC
Rituxan	Rituximab	CD20	NHL	Velcade	Bortezomib	Proteasome	MM
Mylotarg	Gemtuzumab ozogamicin	CD33	AML	Tasevia	Erlotinib	EGFR	NSCLC
Erlbitux	Cetuximab	EGFR	CRC	Nexavar	Sorafenib	Multiple RTKs (DRAF, SHAF, KIT, VEGFR etc)	RCC
Vectivis	Panitumumab	EGFR	CRC	Sutent	Sunitinib malate	Multiple RTKs (PDGFR, VEGFR etc)	RCC
Zevalin	Ibritumomab Tiuxetan	CD20	NHL	Tykerb	Lapatinib	EGFR, HER2	BC

### 分子標的治療薬:がん腫毎

Disease	Molecular targeting agent	Target
乳癌	ハーセプチン Lapatinib	HER2
	Bevacizumab	VEGF
大腸癌	アバスタチン	VEGF
	Cetuximab	EGFR
	Panitumumab	EGFR
肺癌	イレッサ	EGFR
	Erlotinib	EGFR
	Bevacizumab	VEGF
悪性リンパ腫	リツキシマン	CD20
	Ibritumomab tiuxetan	CD20
多発性骨髄腫	Bortezomib	Proteasome
	ベルケード	Proteasome

### 化学療法共通の有害事象

- 好中球減少
- 血小板減少
- 粘膜障害
- 手足症候群
- 嘔気・嘔吐
- 倦怠感
- 過敏症

### 心毒性, 肺毒性

#### 心毒性

- Doxorubicin
- Cyclophosphamide (in high doses)
- Mitoxantrone
- Busulfan
- Mitomycin C
- Taxol
- 5-FU

#### 肺毒性

- Bleomycin
- Cycrophosphamide (rare)
- Gemcitabine (w/prior XRT)
- Vinorelbine
- MTX
- Mitomycin C

### ハーセプチンの使用成績調査より

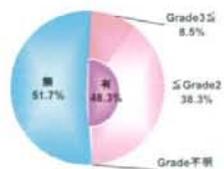
- 目的  
使用実態下における副作用の発生状況、未知の副作用、安全性・有効性に影響を与えると考えられる要因および有効性を把握すること
- 対象症例  
- 契約締結施設にて登録期間中に症例登録を行い、ハーセプチンを使用した  
- 全症例
- 治療方法  
使用実態下の調査であるため、用法・用量については特に定めない
- 登録期間  
平成13年6月～平成13年11月(6ヶ月間)
- 調査期間  
平成13年6月～平成14年3月
- 安全性集計対象  
1142例

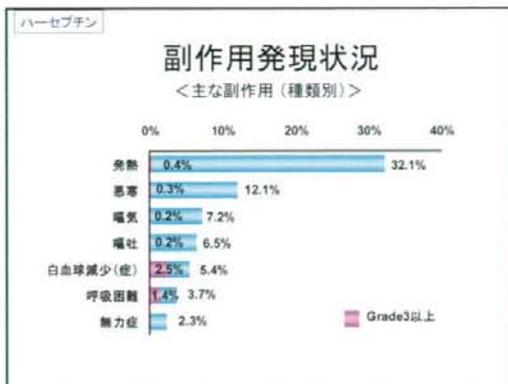
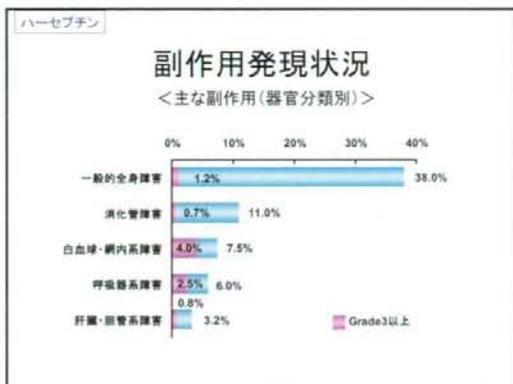
ハーセプチン

### 副作用 発現状況(全体)

副作用発現率  
48.3% (552 / 1,142例)  
副作用発現件数: 1,131件

<重篤度別(厚生労働省 重篤定義)>  
重篤: 7.5% (86 / 1,142例)  
非重篤: 40.8% (466 / 1,142例)





ハーセプチン

### 心障害

1. 症状
  - 主としてうっ血性心不全
  - 心不全：症状：呼吸困難、起座呼吸、咳増加等
  - 症状・異常：S3ギャロップ、駆出率低下、末梢性浮腫等
  - その他：心筋症、徐脈、心膜炎、心臓液貯留、肺浮腫、心原性ショック等
2. 心機能検査
  - 検査方法\*：心エコー（必須）
  - 検査時期の目安\*\*：
    - ・投与前（必須）
    - ・投与開始後 通常：3ヶ月毎 無症候性心機能障害：6～8週毎
  - 心症状の発現状況・症状に応じて頻回を実施。
  - 患者の状態（心駆出率の変動を含む）を十分に観察する

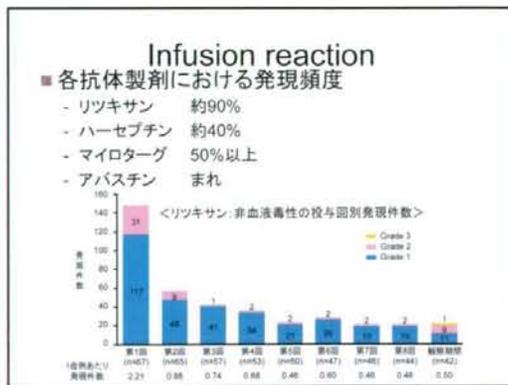
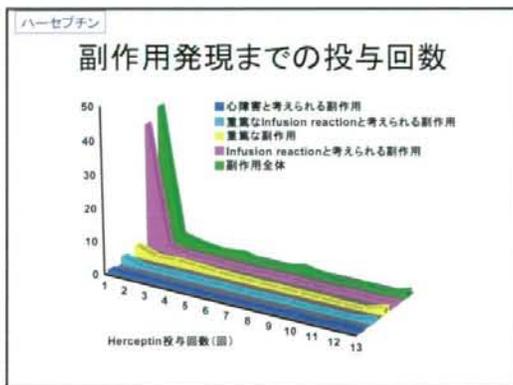
\*本剤投与による心機能障害の発現機序の把握は、心電図では不十分であり、心エコー検査やMUGAスキャンによる（心駆出率（EF）/Ejection Fraction）の測定が必要である。  
\*\*EJL添付文書より

心毒性の予防と早期発見で最も重要なのは、心機能のモニタリングです。

治療開始前には、すべての症例で理学的所見、心電図、心エコーなどで心機能の評価します。高リスク患者に心毒性の発現頻度の高い抗がん剤を投与する場合には、定期的なモニタリングを行って早期発見に努めます。

表15 早期診断のための心機能モニタリング

- 胸部X線 → 心拡大、肺うっ血に注意
- 心電図 → QRSの低電位化、QTcの延長、ST-T変化に注意
- ホルター心電図 → ST-T変化に注意
- 心エコー → 左室駆出率(EF)の10%以上の低下または50%以下に低下した場合は、投与中止を検討
- RIアンギオグラフィ
  - ・心プールシンチ、MIBG心筋シンチ
- バイオマーカー
  - ・BNP、トロポニンなど



## Infusion reaction: リツキサン-1

投与に関連して投与中から開始後24時間以内に多く発現する副作用

※主な症状: 発熱、悪寒、悪心、頭痛、疼痛、そら痒、発疹、咳、虚脱感、血管浮腫等

これらの症状は通常軽微～中等度  
国内臨床第Ⅱ相試験で、初回投与時約90%の症例に発現

※重篤な症状: アナフィラキシー様症状、肺障害、心障害等  
死亡例が報告されている  
【低血圧、血管浮腫、低酸素血症、気管支痙攣、肺炎(間質性肺炎、アレルギー性肺炎等を含む)、閉塞性細気管支炎、肺浸潤、急性呼吸不全、吸気促進候群、心筋梗塞、心室細動、心原性ショック等】

## Infusion reaction: リツキサン-2

※注意を要する患者  
- 血液中に大量の腫瘍細胞がある(25,000/μL以上)など腫瘍量の多い患者  
- 脾腫を伴う患者  
- 心機能、肺機能障害を有する患者

※観察項目  
- 投与中はバイタルサインのモニタリングや自覚症状の観察を行う。  
- 投与後も患者の状態を十分観察する。

※対処方法  
＜軽微～中等度の場合＞  
- 患者の状態を十分に観察し、必要に応じて対症療法を行う。  
(解熱鎮痛剤、抗ヒスタミン剤の投与等)  
- 注入速度を緩めるか、投与を中断することも考慮する。  
＜重篤な場合＞  
- 直ちに投与を中止し適切な処置を行う。  
(酸素吸入、昇圧剤、気管支拡張剤、副腎皮質ホルモン剤の投与等)

## 腫瘍崩壊症候群: リツキサン

治療などにより腫瘍細胞の急速な崩壊が起こる結果、大量の核酸、リン酸、カリウムが細胞内より血中に放出され、致命的な電解質異常および尿酸やリン酸カルシウムの析出による重篤な腎不全が生じること。

- ※症状  
- 腎不全、高カリウム血症、低カルシウム血症、高尿酸血症、高AI-P血症等
- ※注意を要する患者  
- 血液中に大量の腫瘍細胞がある患者、脱水・腎機能障害のある患者
- ※発現時期  
- 初回投与後12～24時間以内に多くあらわれる。
- ※予防  
- 高尿酸血症治療剤(アロプリノール等)の投与  
- 補液による尿量の確保
- ※対処方法  
- 点滴中にあらわれた場合は直ちに投与を中止する。  
- 適切な処置を行う。(生理食塩液、高尿酸血症治療剤等の投与、透析等)  
- 症状が回復するまで患者の状態を十分に観察する。

## リツキサン使用成績調査より



## リツキサン使用成績調査 :副作用発現状況-1

◇ 副作用発現症例数および副作用分類別の発現症例数

副作用種類	発現症例数 (重篤)	発現頻度 (重篤例頻度)
全副作用	583 (186)	51.3% (16.4%)
血液毒性 (単剤治療: 146例)	24 (5)	16.4% (3.4%)
血液毒性 (化学療法併用: 991例)	299 (133)	30.2% (13.4%)
臨床検査値異常	119 (2)	10.5% (0.2%)
非血液毒性	446 (63)	39.2% (5.5%)

■ 重篤 ■ 非重篤

## Bevacizumab/ Avastin



遺伝子組換えヒト抗VEGFモノクローナル抗体  
(マウス抗ヒトVEGF抗体A4.6.1由来)

- 一般名: ベバシズマブ(遺伝子組換え)
- 分子量: 約149,000 Da
- 由来: 93% ヒトIgG1由来, 7% マウス由来
- 構造: アミノ酸214個の軽鎖2分子とアミノ酸453個の重鎖2分子からなる糖たんぱく質
- 標的: ヒトVEGF (VEGF-A) の全アイソフォームに結合し、VEGFの生物活性を中和
- 親和性: マウスA4.6.1抗体と同等のVEGF親和性
- 種特異性: 本抗VEGF抗体の結合は、ヒト、霊長類、ウサギのVEGFに限定される



出血: 頻度 grade 3-4

大腸がん 0.6% to 2.1%

NSCLC 3% to 15%

転移性乳癌 0.4% to 1.5%

アバチン治療前にmajor surgeryを行ったmCRCでのWound healing/ bleeding

	IFL + placebo	IFL + bevacizumab
Major surgery 28-60 days prior to therapy	1/155	3/150

Scappaticci F, et al. J Surg Oncol 2005;91:173-80

Bevacizumab safety summary

	CRC	NSCLC	BC
1. HTN, proteinuria and epistaxis	X	X	X
2. GI perforation and wound healing	X		
3. ATE	X		
4. Bleeding	X	X	

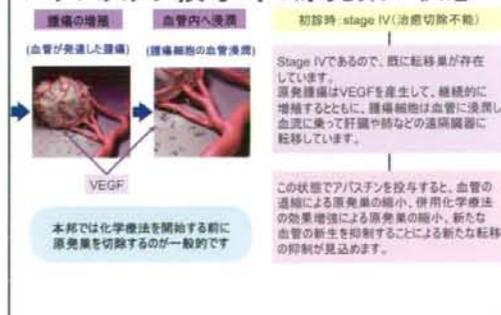
腫瘍増殖過程から見た  
アバチンの投与とその根拠

腫瘍の増殖・進展・転移

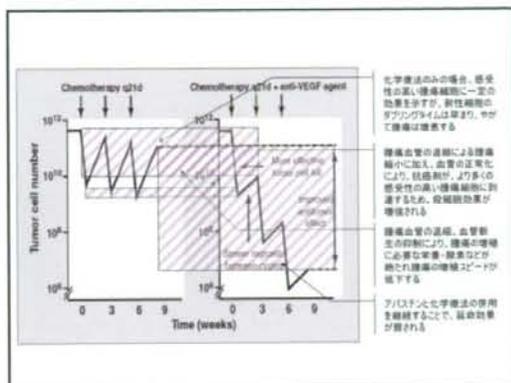
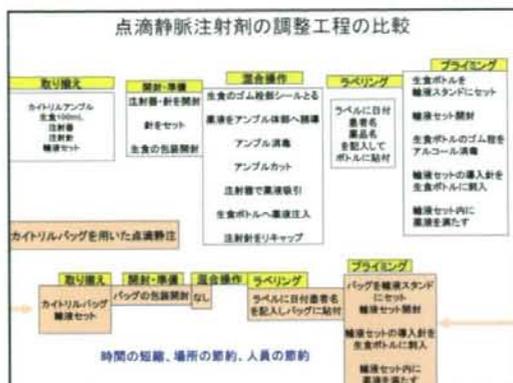
アバチンの効能・効果: 治癒切除不能な進行・再発の結腸・直腸癌



アバチン投与時の原発巣の状態







### マイロターゲット： 肝SOSのマネージメント

- Determining the cause of liver dysfunction
- Identifying the cause of jaundice
- Evaluation of painful hepatomegaly
- Evaluation of ascites
- Evaluation of elevations of serum GOT/GPT
- Evaluation of nonhepatic conditions that contribute to jaundice
- Liver biopsy and measurement of sinusoidal pressure

### Medical care of patients with SOS

- Maintain liver blood flow
- Minimize extravascular fluid accumulation
- Avoidance of further hepatic injury
- Prevention of bacterial translocation
- Prevention of viral and fungal infection

McDonald GB, Clinical Lymphoma 2(suppl1)S35-39, 2002

### EGFR/HERファミリーと分子標的治療薬

