

最後に、ナースステーション内の音環境がスタッフに与える心理的な影響について考察する。看護師の静かさに対する満足度は 55dB 前後で不満に変わるとされる⁸⁾が、今回の調査では、高い騒音レベルや、耳につきやすい周波数成分が多いナースステーション内の音環境により、看護師やスタッフにとって不満を感じやすい音環境であることが予測された。また、今回騒音レベルが高かった測定点は調剤業務が中心に行われる場所であり、この場所では特に慎重な作業が求められるといえる。よって、場所によっては、音環境がストレスになりうるということが考えられるため、スタッフ自身が集中力を高めて、ミスを犯さないように十分注意が必要である。また、今回のナースステーションの音環境調査からも、看護師は多忙で常に業務に追われている様子が見受けられ、職業上のストレスもあると推察された。以上のことから、ナースステーションの音環境は検討すべき課題と考える。しかし、単純に騒音レベルが低い環境がよいというわけではなく、特にモニターのアラーム音など重要な情報をもつ音や音声の伝達に支障をきたさない音環境の検討が重要と考える。

今後の課題として、病院、病棟、曜日、時間帯により音環境はかなり異なると考えられることから、他の病院や病棟の音環境の測定や今回測定した以外の時間帯や曜日での測定などが挙げられる。

また、今回は等価騒音レベルを用いて分析を行うことで、30分ごとの音環境実態を明らかにし、ナースステーション内の環境の時間的変化を捉えることができたと考える。さらに、今後は全時間のデータを分析すれば、より正確な騒音レベルや周波数の推移を明らかにすることができると思われる。また、今回の結果との比較により、分析法が適当であったかも評価できると考える。

今後、タイムスタディにおいて音環境を調査する際には、ナースステーションの環境の一日の流れや測定点周囲の環境を把握し、慎重に測定点を選定した上で測定を実施する必要があると考える。

E. 結論

ナースステーション内の音環境が、不快感を与えるなど医療スタッフになんらかの悪影響を与える可能性を見出した。等価騒音レベルの変動にはナースステーション内の人数の変動が関係していることも見出された。ナースステーションの音環境を改善し、スタッフにとってより快適な職場環境をつくる必要性があることが示唆された。

本研究結果は無人タイムスタディを行う基礎資料となり得る。

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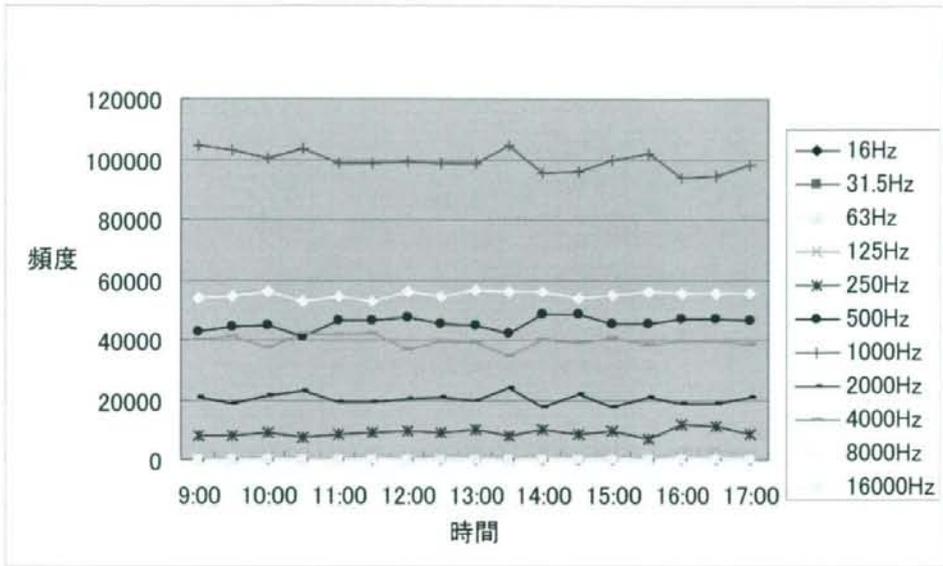


図 3-1 A 病棟測定点 1 におけるオクターブバンド別頻度の推移

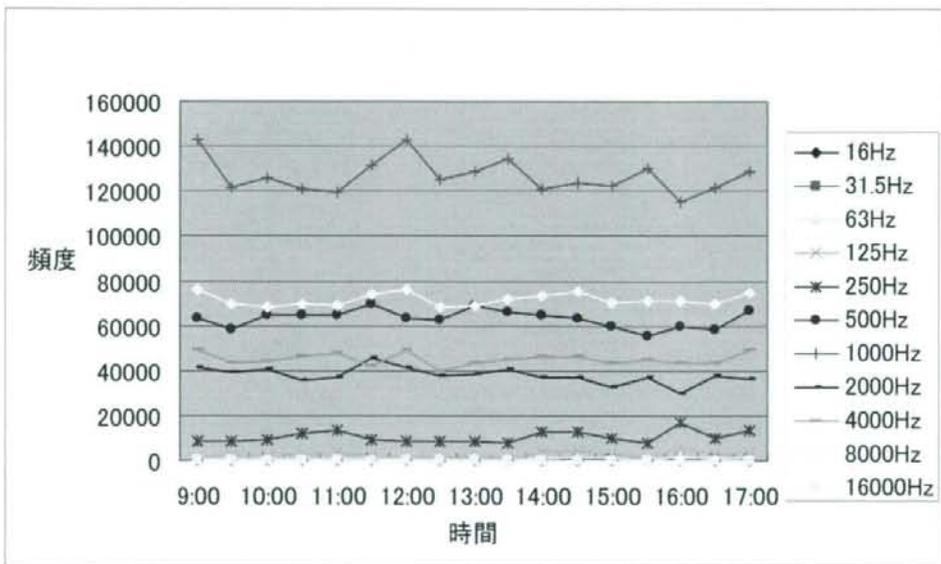


図 3-2 A 病棟測定点 2 におけるオクターブバンド別頻度の推移

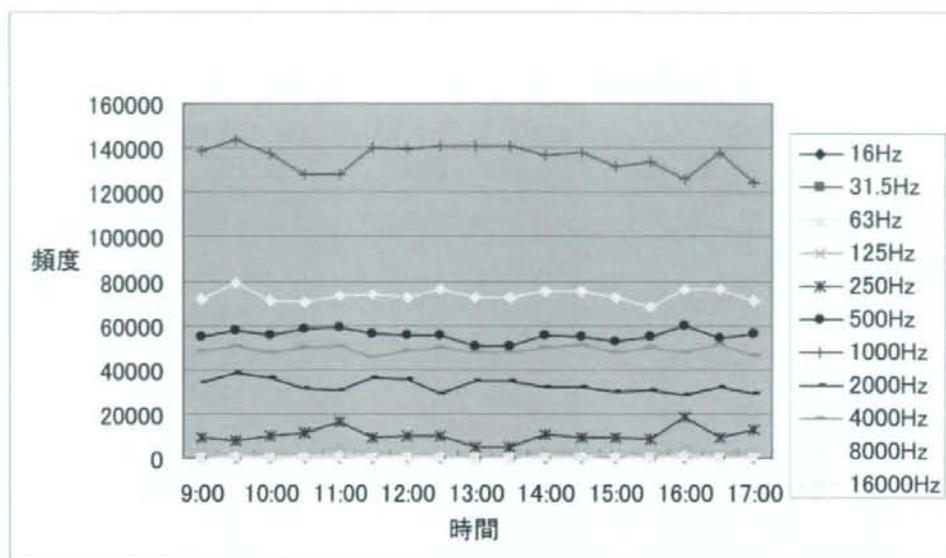


図 3-3 A 病棟測定点 3 におけるオクターブバンド別頻度の推移

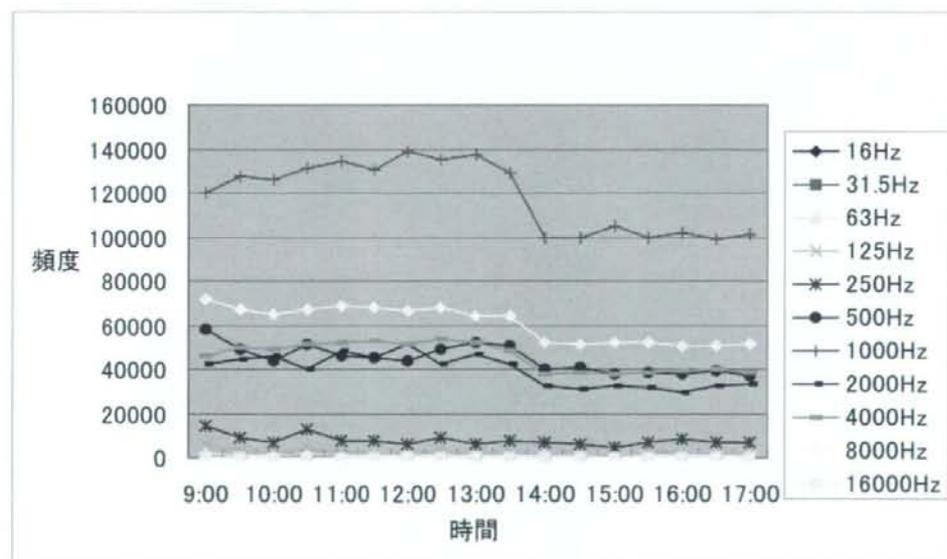


図 3-4 B 病棟測定点 1 におけるオクターブバンド別頻度の推移

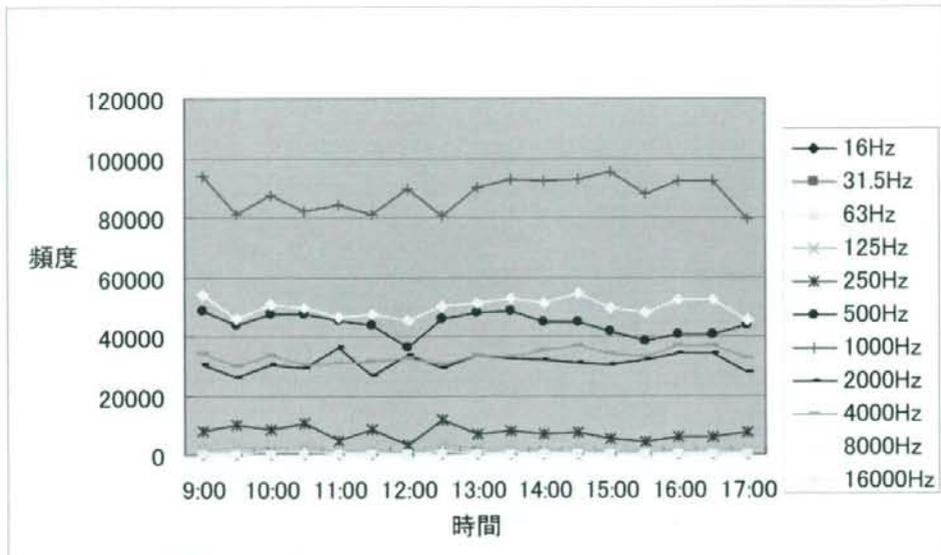


図 3-5 B 病棟測定点 2 におけるオクターブバンド別頻度の推移

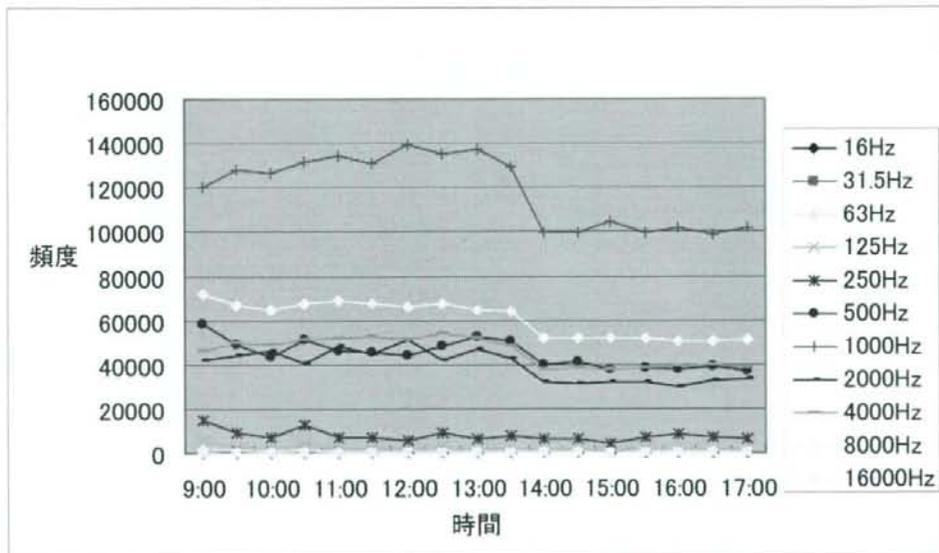


図 3-6 B 病棟測定点 3 におけるオクターブバンド別頻度の推移

Ⅲ. 研究成果の刊行に関する一覧表

研究成果の刊行に関する一覧表レイアウト

書籍

著者氏名	論文タイトル名	書籍全体の 編集者名	書籍名	出版社名	出版地	出版年	ページ
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IV. 研究成果の刊行物・別刷

Original

Investigation into Using Difference Images to Monitor Sleeping Patients

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From the standpoint of ensuring the safety of patients in hospitals, a system that keeps watch over sleeping patients is necessary. In an actual clinical site, depending on a patient's age and medical condition, accidents may occur due to sensors and wires attached to the bed. So there is the need now for technology that monitors patients in an unrestricted state and which is completely detached from sensors. In this paper, we propose a technique that monitors patients using difference video image processing that it was considered realizable at bedside. Detecting unusual movements of a patient is especially critical for this technique. Therefore this technique was focused on the movement amount about subject. As a verification experiment, substantial amount of movement of a healthy subject was calculated at outside the clinical site. From this experiment, it was confirmed the soundness of using difference images to determine substantial movement amount. Then next test was conducted in a clinical site on trial. To verify the possibility of clinical application, it was examined the relation between substantial amount of movement about sleeping patient and the sleep state. For this testing, using difference images we measured body movements of pediatric patient during his sleep stage. At the same time, polysomnogram (PSG) was measured to read sleep stage. We picked up the patient without obstructive sleep apnea syndrome (AHI<1). The results showed that a relationship could be seen between body movements as measured by difference images and the transition periods of sleep stages measured by PSG. From these results, it is considered that substantial movement amount we propose was proper value at clinical testing. Results suggest the possibility of clinical application for monitoring patients during their sleep. In addition to not restricting the patient, this technique has the benefit of not requiring sensors or wires attached to beds. The patient is thus completely free of contact with this system.

Key Words

Body Movement Detection, Difference Image, Sleeping Patient Monitoring

1. Introduction

It is said that the method that monitoring of patient's movement in non-restrictive and non-contact ways in the bed has been needed^{1,2)}. Because in an actual bedside, depending on a patient's age and medical condition,

accidents may occur due to sensors and wires being attached to the bed. Furthermore, due to patients' vomiting or incontinence in bed, cleanliness is becoming increasing important for a monitoring system. These considerations demonstrate a growing need for technology that monitors patients in non-restrictive ways. In additionally, it is also needed the ways in completely detached from sensors.

Systems developed in recent years that are useful for managing physiological conditions by measuring the breathing rate and heartbeat rate of sleeping patients using

1:16.2008 Received, 3:17.2008 Accepted

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highly-sensitive pressure sensors placed on the bed⁷⁾. Furthermore simple method had been developed. The method is that body temperature monitor to evaluate body movement during sleep⁸⁻⁹⁾. These technologies are extremely useful as monitoring systems because they do not restrict the patient movement during sleep. However, the problems involved due to sensors and wires being attached to the bed are not resolved.

The method called videosomnography can be used as a non-contact, non-restrictive means of measuring sleep conditions¹⁰⁾. For this method, the analyst visually examines and notes the appearance of body movement manually from the recorded video of the patient's sleep. This method evaluates an entire night's sleep. However, because one data set extends up to 10 hours, it has the problem of requiring a lot of time for processing.

To address these problems, a system that measures the number of human breath and body movement using a CCD camera and infrared camera is being developed. By carrying out difference processing of video¹¹⁻¹²⁾, it is possible to detect the number of the subject's body movement and breath. The technique of difference processing of video is older method¹³⁾. However, Nakajima et al. recently applied this technique for medical engineering area.

Difference processing of video image detects the movement of a subject by calculating differences in sequential images. To detecting movements of patients in a non-restrictive state and being completely detached from sensors. Additionally, this technique does not store the originally recorded video. Instead, it stores the images obtained after difference processing. Therefore, video images of the subject are not left behind, and it is possible to protect the patient's privacy.

In this paper, we propose a sleeping patient monitoring

technique in a clinical site using difference processing of video image and then determined its possibility of clinical application. Previous research on difference processing mentioned above¹¹⁻¹²⁾ emphasized on counting breath and body movement. However, from the standpoint of a system that monitors the patient's condition, it is critical to have information such as what kind and how big of a movement a patient makes in his or her bed according to sleep state. Therefore this technique was focused on the movement amount about subject. To make a system specialized for monitoring patients in hospitals, we propose a method that estimates the center location of the moving subject from difference images, and from this value, estimates the amount of substantial movement inside the image in order to detect unusual movements from the patient. As the first step of research, the testing was carried out on a healthy subject outside the clinical site. Next, to show the possibility of clinical application in a bedside, it was performed recording video image and analysis of body movement of pediatric patient by difference processing.

2. Measuring Method

Measurements were done on video of subjects to carry out difference processing. Video recording was done using a digital video camera recorder. Infrared recording was used in the darkness after the patient had fallen asleep. The video camera was affixed against the wall of the room, and recorded the entire body of the subject within its frame when the patient was sleeping. The infrared video camera was set up on subject's head side, and taking a picture of the entire bed. To throw up the positional relation between infrared video camera and subject, Fig. 1 indicated a view showing positional relation and one video scene. The recorded video

was transferred directly to a PC's hard drive using an IEEE 1394 connection between the PC and the video camera.

Figure 1



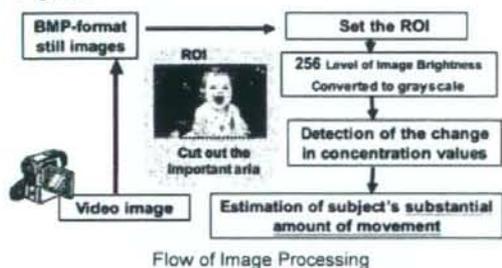
a) The positional relation between infrared video camera and 2) one video scene.

3. Method of Image Processing

(1) Summary of Difference Processing

Difference processing of images was carried out using image processing. The flow of image processing is shown in Figure 2. The video images were transformed to still images, the movements of the subject were captured continuously, and we built an application to detect changes in the movements. The developmental environment of the application was Windows 2000 for the operating system and Microsoft Visual C++ Version 6.0 for the building of the application. Video output from the video camera was converted to BMP-format still images and analyzed. The size of the converted still images was 320 pixels (width) × 240 pixels (height).

Figure 2

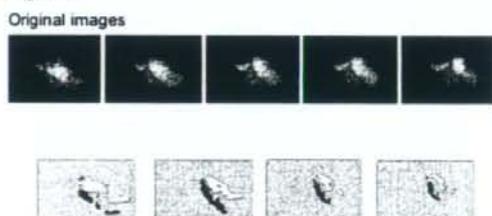


Next, the BMP-format still images were read successively,

and the region of interest (ROI) was specified for high-speed processing. The ROI carves out the necessary region from the overall image for processing. By eliminating excess noise and decreasing the image size, ROI processing makes high-speed processing possible. After ROI processing, the image was converted to grayscale, and changes in concentration values between frames were detected using difference processing. From these values, the coordinate position of the subject in the image and substantial amount of movement were estimated.

About difference processing, it is one of the most important features for patient's privacy to store the images obtained after difference processing. Fig 3 show the example of difference processing images. It could not be identified an individual difference processing images.

Figure 3



Difference processing images

Example of difference processing images.

(2) Detection of Changes in Concentration Values

The concentration value of each point in a moving image changes along with the movement of the subject. The change in concentration value is detected by the difference in two successive frames. Ordinary difference image method was adopted. For one frame of still image, the temporal differentiation of concentration values of all pixels is calculated, and the change in concentration value of each pixel is detected. The size of a static image was $N(1, \dots, n)$ pixels along the x-axis, and $M(1, \dots, m)$ pixels along the y-axis, for a total of $N \times M$ pixels. The size of still

images used in this paper was 320 pixels (width) × 240 pixels (height), so $N = 320$ and $M = 240$.

The matrix of the concentration values in a frame at time t is represented as $\mathbf{D}(t)$. Matrix $\mathbf{D}(t)$ and the temporal differentiation matrix $\dot{\mathbf{D}}(t)$ can be expressed by the following equation (1) and (2).

$$\mathbf{D}(t) = \begin{pmatrix} d(t)_{11} & \cdots & d(t)_{1n} \\ \vdots & \ddots & \vdots \\ d(t)_{m1} & \cdots & d(t)_{mn} \end{pmatrix} \quad (1)$$

$$\dot{\mathbf{D}}(t) = \begin{pmatrix} \dot{d}(t)_{11} & \cdots & \dot{d}(t)_{1n} \\ \vdots & \ddots & \vdots \\ \dot{d}(t)_{m1} & \cdots & \dot{d}(t)_{mn} \end{pmatrix} \quad (2)$$

Next, using temporal differentiation of concentration value for each point and the constant ϵ , the following three expressed. The change in concentration value of a pixel at coordinate (x, y) can be expressed as $d_{xy}(t)$. Based on the condition of $d_{xy}(t)$ below, the following three states can be expressed. The constant ϵ used in the conditions represents the threshold of error.

i) Increase in concentration value

$$|\dot{d}_{xy}(t)| > \epsilon \quad \text{and} \quad \dot{d}_{xy}(t) < 0$$

ii) Decrease in concentration value

$$|\dot{d}_{xy}(t)| > \epsilon \quad \text{and} \quad \dot{d}_{xy}(t) > 0$$

iii) No change in concentration value

$$|\dot{d}_{xy}(t)| \leq \epsilon$$

(3) Estimation of Substantial Amount of Movement within Image

To estimate the substantial amount of movement, the method of estimating is described here, from the changes in concentration values, the center coordinate of the subject.

In difference images, when a subject moves, the coordinate before the movement has a decrease in concentration value and an increase after the movement. Thus, first we calculate the average coordinate position (p_x, p_y) of all pixels that had an increase in concentration value (i) as shown in Section (2) above, and also the average coordinate position (n_x, n_y) of all pixels that had a decrease in concentration value (ii).

Next, taking (p_x, p_y) as the center coordinate of the aggregate of pixels that had an increase in concentration value, and (n_x, n_y) as the center coordinate of the aggregate of pixels that had a decrease in concentration value, the center coordinate of the moving subject can be expressed by calculating the center coordinate of (p_x, p_y) and (n_x, n_y) . Each axis value of the center location (x, y) of the moving subject is calculated as follow expression (3) and (4).

$$x = \frac{p_x + n_x}{2} \quad (3)$$

$$y = \frac{p_y + n_y}{2} \quad (4)$$

Next, the method of estimating the substantial amount of movement is described. The substantial movement amount $L(t)$ is calculated as the value corresponding to the distance of movement within the image from the change in the center coordinate (x, y) of the moving subject at time t . Please note that the image used for processing is expressed in two dimensions, so distortions occur for distance, speed, and amount of movement, which are values of the subject's movement in three-dimensional space. Therefore in this paper, the subject's amount of movement is called the "substantial amount of movement".

$$L(t) = \sqrt{\{(x(t+1) - x(t))\}^2 + \{(y(t+1) - y(t))\}^2}$$

4. Verification Experiment

(1) Methods of Experiment

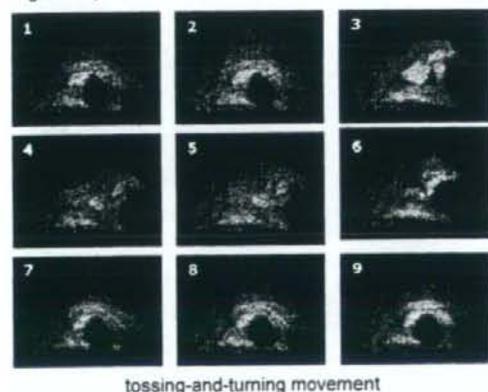
To verify the substantial amount of movement of subjects using difference processing of video images, we had a subject perform three different movements whose movement sizes differ. A healthy male (172cm, 73kg 30years old) lying on a futon, performed the following three movements: tossing and turning, getting up, and getting into a supine position in bed after being out of bed. For these three movements, substantial amount of movement were calculated.

(2) Results of Experiment

The actual tossing-and-turning movement of the subject is shown in Figure 4a). The sitting-up movement is shown in Figure 4b). And the movement from out of bed to a supine position in bed is shown in Figure 4c). Finally, the calculated substantial movement amounts for these three actions are shown in Figure 5. Please note that for the coordinates, the upper-left hand corner of the still image is (0, 0) and the lower-right hand corner is (320, 240).

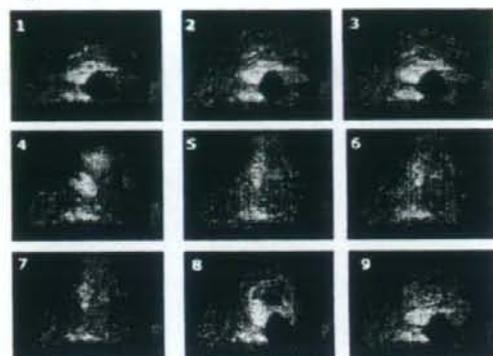
Actual Movements Images of the Subject.

Figure 4a)



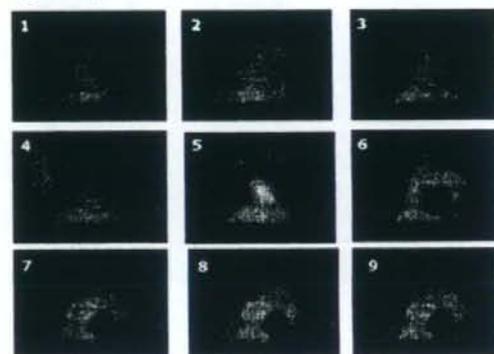
tossing-and-turning movement

Figure 4b)



sitting-up movement

Figure 4c)



out of bed to a supine position

(3) Discussion

From the still images shown in Figure 4a), it is confirmed that the subject tossed and turned during sleep by turning rightward from a supine position, lying still for a while, and then returning to the original position by rolling leftward. From the still images shown in Figure 4b), it could be seen that the subject raised his upper body from a supine position, sat still for a while, then returned to his original supine position. From the still images shown in Figure 4c), it could be seen that from a position away from the bed, the subject entered the bed from the left side of the image and

fell asleep in a supine position.

Next, the validity of the substantial movement amount is investigated from the results of shown in Figure 5. Looking at Fig 5a), for the tossing-and-turning action, after measurement begins, the substantial movement amount increased at the time the subject rolled rightward from a supine position. The significant movement amount became 0 after some stillness. Afterwards, when the subject rolled leftward to return to his original position, the substantial movement amount again increased. Similarly, for the sitting-up action in Fig 5b), substantial movement amount increased at the time the subject sat up, and become 0 when there was stillness for some duration. Afterwards, when the subject returned to his original position, it could be seen that the substantial movement amount increased. For the action of getting into bed and assuming a supine position in Fig 5c), initially the substantial movement amount was 0, indicating no movement for the initial duration. Then, an increase in substantial movement amount could be seen, which matched the increase in substantial movement amount for the action of assuming a supine position.

Substantial Movement Amount.

Figure 5a)

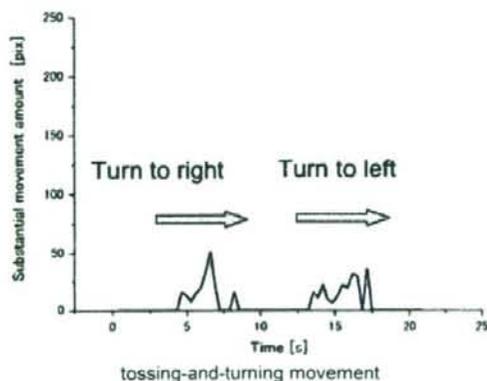


Figure 5b)

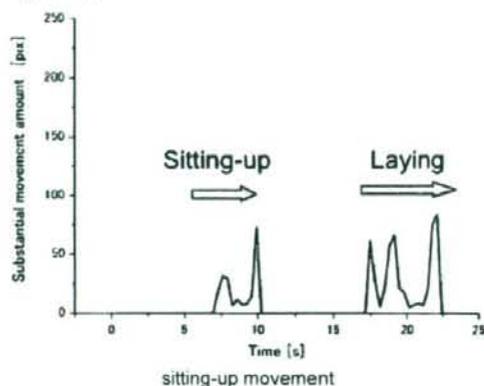
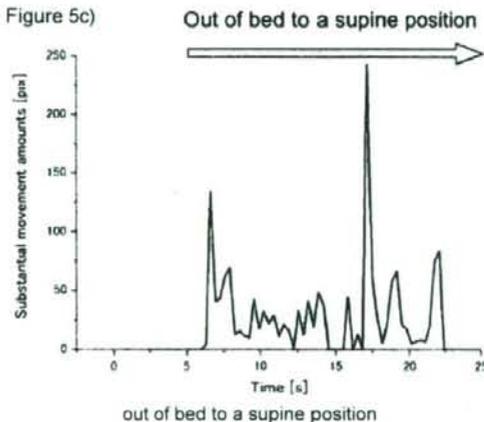


Figure 5c)



Comparing the substantial movement amount, the tossing-and-turning movement showed the least substantial movement amount. The sitting-up movement and the getting-into-supine-position movement both showed great substantial movement amount. Considering the size of the movement, the results were appropriate. From this finding, we judged that the technique was sufficient for use in a clinical site, to figure out how big of a movement a patient makes and performed clinical testing next.

5. Clinical Testing

As mentioned in the preceding this paper, in the case of monitoring the sleeping patient, consider, the bedside accidents have to be considered. In particular, pediatric inpatients need to be taken of how they are wake or sleep or tending to wake. Because they have the characteristic like following things. Hospitalization experiences are easily produce panic for a child. And many bedside accidents occur caused by child's hypersensitivity during waking state. Therefore, it is important to show the pediatric inpatient's sleep state. To show the possibility of clinical application in a bedside, analysis of substantial amount of movement of pediatric patient with sleep-wake cycle was performed by difference image.

(1) Methods of Clinical Testing

To verify the possibility of clinical application, the relation between substantial amount of movement about sleeping patient and the sleep-wake cycle was examined. It was performed polysomnogram (PSG) readings and measurements of body movement using difference images on pediatric patients who visited Osaka University Hospital from April to September 2007.

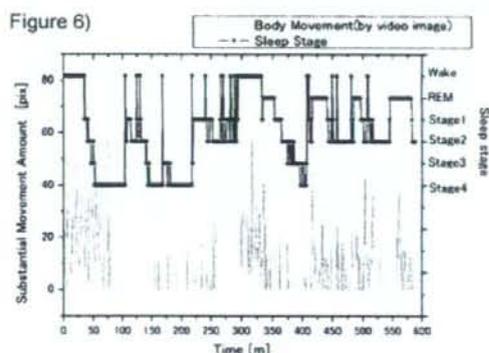
It was confirmed that substantial movement amount measured from difference images fluctuated depending on the sleep condition. Subjects were selected subjects from patient diagnosed without any sleep disorders and removed those who slept together with parents or had duplicate diagnoses. One subject was ended up (114 cm, 18.4 kg 4years old).

For measuring body movement using difference images in a clinical site, sufficient ethical consideration is required. The clinical testing here was performed after receiving

approval from Osaka University Hospital's ethics committee and permission from each patient with written informed consent Institutional Review Board.

(2) Results of Clinical Testing

The sleep stage evaluated by PSG and the substantial movement amount from difference images of a subject are shown in Figure 6. Also, the rate of body movement according to image differences for each stage of sleep (Wake, REM, Stage 1+2, Stage 3+4) is shown in Figure 7, and the average substantial movement amount for each stage of sleep is shown in Figure 8.



The stages of Sleep as Measured by PSG and the Substantial Movement Amount from Difference Images.

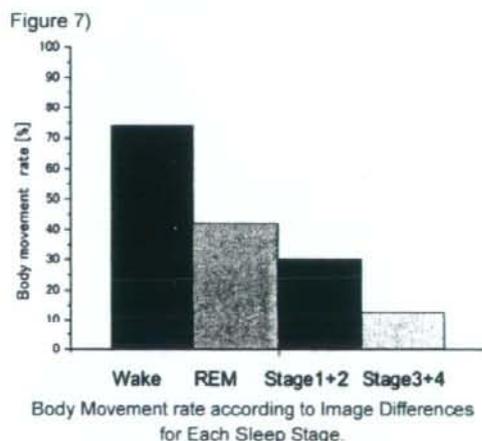
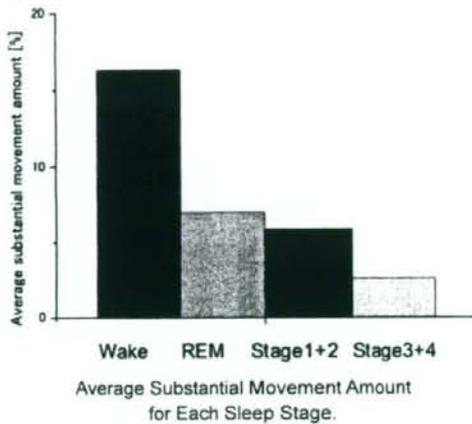


Figure 8)



(3) Discussion

From the results shown in Figure 6, it could be seen that the transition to different sleep stages was accompanied by changes in substantial movement amounts as calculated from difference images. It could be seen increases and decreases of substantial movement amount being tied to the sleep-wake cycle. An intimate relationship between body movement and the sleep-wake rhythm is known¹⁴⁾. Therefore it could be said the substantial movement amounts change along with the transition of sleep stage. Conventionally, sleep condition is evaluated by sleep stage. However, sleep stage is a qualitative variable - the value of Electroencephalogram (EEG), Electromyogram (EMG) and Electro-oculogram (EOG) is synthesized and judged according to Rechtschaffen and Kales's sleep scale¹⁵⁾. Therefore to analyze the relation between sleep in physiologic meaning and substantial movement amount more in detail, it might be necessary to compare EEG with substantial movement amount.

As shown in Figure 7, the rate of body movement for each stage of sleep was as follows: Wake > REM > Stage 1+2 > Stage 3+4. According to Oswald¹⁶⁾ after the Wake stage, the amount of body movement is the greatest in

REM sleep stage, followed by Stage 3+4. In other words, body movement was greatly reduced in SWS¹⁷⁾. Our results conformed to this finding. Also, from the results shown in Figure 8, it could be seen that body movement in the Wake stage were large, followed by the REM stage. In the Wake stage, the consciousness level is naturally high and large body movement occur¹⁸⁾. In the REM stage, large tosses and turns occur as a person shifts to the sleep stage¹⁸⁾. Therefore, there was possibility of evaluation not just the number of body movement using difference processing, but also their movement sizes.

As above stated, in this method, it could be confirmed the relation between sleep-wake cycle and substantial movement amount. This method could be applied in not only monitoring sleeping patients, but as simple sleep state screening. However, in this testing it was only one clinical example. So to verify the availability of this method, it is necessary to study more clinical cases in the future works.

6. Conclusion

In this paper, from the standpoint of the ensuring patient safety in hospitals, it was considered the necessity of a system that watches over sleeping patients, and we proposed a monitoring technique using difference processing of video image that had possibilities to implement in an actual clinical site. This technique places great importance on detecting unusual movements of patients, and calculates the substantial movement amounts of patients. Furthermore, to test the effectiveness of this technique in a clinical site, the sleep stage and substantial amount of movement was measured for pediatric patient. The results showed a relationship between body movement as determined by difference processing and the sleep stage. Thus the results

indicated that this technique had prospects of sleeping patient monitoring. In addition to not restraining the patient, this technique has the benefit of not requiring sensors or wires attached to beds. The patient is thus completely free of contact with this system, and it is also possible to protect the patient's privacy. By widening the camera's field of vision, it is possible to monitor not only movement while the patient is sleeping, but also during daytime.

However, a problem of this technique is that because it uses two-dimensional images distortions might occur between x direction and y direction. To address this problem, to obtain near-3D visualization by positioning another camera to record images. However, this has the disadvantages of more complex processing and higher costs. Because this research is especially concerned about detecting unusual movements of patients, such rigorous detection of position movement of the patient is not being considered.

In the future, we plan to apply this technique to clinical site through cooperation with sleep research. In addition, there are several studies about video image analysis for sleep apnea syndrome (SAS)¹⁹⁾. We also plan to construct a SAS patient monitoring system apply the method of difference images.

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差分画像を用いた就寝中の患者 見守り方法の検討

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病院における患者の安全確保という観点から、就寝中の患者の様子を見守るシステムの必要性が考えられる。実際の臨床現場において、患者の年齢、病状、状態によっては、センサによるベッドやベッド付近の配線によって事故が起こる可能性があるため、患者をセンサ類から完全に切り離れた無拘束状態での見守り技術が必要となってくる。そこで、本論文では、実際の臨床現場において、実現可能と考えられる動画の差分処理を用いた患者見守り方法を提案した。本手法では特に患者の動作の大きさを検出することが重要と考え、まず、検証実験として、臨床現場の外で健康被験者1名に対し、被験者の移動相当量の算出を行った。これにより、差分画像による移動相当量の妥当性が確認できたため、さらに臨床現場での有用性の検討を行った。有用性を示すため、移動相当量と睡眠状態との関連を検討した。臨床実験では、小児の患者1名を対象とし、就寝時の睡眠ステージと差分画像による体動計測を同時に行った。この結果、差分画像による体動と睡眠ステージの推移の間に関係が見られ、就寝時の見守りとして有用であることが示唆された。この手法の利点としては、患者が全くの無拘束であることに加え、センサによるベッドやベッド付近の配線が必要ないため患者に対して完全に非接触であり、差分画像を残し、元画像を破壊することで患者のプライバシーも守ることも可能である。

和文キーワード

体動検出, 差分画像, 見守り, 睡眠

2008年1月16日受付; 2008年3月17日受理

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