showed that gefitinib was associated with a nonsignificant trend toward improved overall survival versus placebo.[10] Preplanned subgroup analyses demonstrated a statistically significant increase in survival for gefitinib compared with placebo in patients of Asian origin (hazard ratio [HR], 0.66; 95% CI, 0.48 to 0.91; $P = .010$; median survival, 9.5 *v* 5.5 months) and in never-smokers (HR, 0.67; 95% CI, 0.49 to 0.92; $P = .012$; median survival, 8.9 *v* 6.1 months).[10,11]

Reported here is the first phase III study to compare the effects of targeted therapy (gefitinib) with chemotherapy (docetaxel) on overall survival in Japanese patients with advanced/metastatic (stages IIIB to IV) or recurrent NSCLC who failed one or two chemotherapy regimens.

METHODS

Study Design

This multicenter, randomized, open-label, postmarketing clinical study (V-15-32) compared gefitinib with docetaxel in Japanese patients who had pretreated, locally advanced/metastatic (stages IIIB to IV) or recurrent NSCLC. Patients were randomly assigned by using stratification factors of sex (female *v* male), performance status (PS; 0 to 1 *v* 2), histology (adenocarcinoma *v* others), and study site.

The primary end point was overall survival, and the study aimed to show noninferiority of gefitinib versus docetaxel. Secondary end points were progression-free survival (PFS), time to treatment failure, objective response rate (ORR), disease control rate (DCR), quality of life (QoL), disease-related symptoms, safety, and tolerability.

A late protocol amendment included exploratory end points, such as EGFR gene copy number, protein expression, and mutation status of tumor tissue.

Patients

Patients age 20 years or older were eligible if they had the following: histologically or cytologically confirmed NSCLC (stages IIIB to IV) not amenable to curative surgery or radiotherapy, or postoperative recurrent NSCLC; failure of prior treatment with one or two chemotherapy regimens ($\geq$ 1 platinum-based regimen); life expectancy of 3 months or greater; WHO PS 0 to 2; and measurable disease by Response Evaluation Criteria in Solid Tumors (RECIST). To improve recruitment, the protocol was amended approximately 6 months after study initiation to allow patients without measurable lesions to participate. This was not expected to greatly impact the primary end point.

Treatment

Gefitinib 250 mg/d was administered orally; docetaxel was administered every 3 weeks as a 1-hour intravenous infusion of 60 mg/m^2 (ie, the approved dose in Japan). Patients received treatment until disease progression, intolerable toxicity, or discontinuation for another reason. Poststudy treatment was at physician and patient discretion; a switch to other study treatment was prohibited unless requested by the patient.

Assessments

Overall survival was assessed from date of random assignment to date of death as a result of any cause, or data were censored at the last date the patient was known to be alive. Tumor response by RECIST was performed at baseline, every 4 weeks for the first 24 weeks, and every 8 weeks thereafter. Complete response (CR) or partial response (PR) was confirmed on the basis of two consecutive examinations that were at least 28 days apart. Investigator assessment of best overall tumor response was used for the primary analysis; sensitivity analyses were performed with independent response evaluation committee assessment. PFS was defined as the time from random assignment to the earliest occurrence of disease progression or death from any cause; patients who had not progressed or died at data cutoff were censored at last tumor assessment. QoL was assessed with the FACT-L questionnaire at baseline and every 4 weeks during study treatment until week 12. The FACT-L total score and trial outcome index (TOI; sum of FACT-L physical well-being + functional well-being + additional concerns subscales) were calculated. Disease-related symptoms were assessed weekly with the FACT-L lung cancer subscale (LCS). Improvement was defined as an increase from baseline of at least six points for FACT-L or TOI, or an increase of at least two points for LCS, on two visits that were at least 28 days apart. Adverse events (AEs) were monitored and graded according to the National Cancer Institute Common Toxicity Criteria (NCI-CTC; version 2.0). Routine laboratory assessments were performed. EGFR gene copy number was determined by fluorescent in situ hybridization (FISH).[12] EGFR mutations were assessed by direct sequencing of exon 18 to 21 of chromosome 7. EGFR protein expression was measured by immunohistochemistry with the DAKO EGFR pharmaDxTM kit (DAKO, Glostrup, Denmark).[10]

Statistical Analysis

The primary overall survival analysis was conducted in the intent-to-treat (ITT) population by estimating the HR and two-sided 95.24% CI for gefitinib versus docetaxel, derived from a Cox regression model without covariates (significance level adjusted because of interim analysis). Noninferiority was to be concluded if the upper CI limit was $\leq$ 1.25. Superiority was concluded if the upper CI limit was less than 1. A total of 296 death events were required for 90% power to demonstrate noninferiority, with the assumption that gefitinib had better overall survival than docetaxel (median survival, 14 *v* 12 months[4]), and the study plan was to recruit 484 patients.

Robustness of the primary conclusion was assessed by supportive analyses in the per-protocol population and by using a Cox regression model with covariate adjustment for sex (male *v* female), PS (0 or 1 *v* 2), tumor type (adenocarcinoma *v* other), smoking history (ever *v* never), number of prior chemotherapy regimens (1 *v* 2), age at random assignment ($<$ 65 years *v* $\geq$ 65 years), time from diagnosis to random assignment ($<$ 6 *v* 6 to 12 *v* $>$ 12 months), and best response to prior chemotherapy (CR/PR *v* stable disease [SD] *v* progressive disease not assessable/unknown).

Preplanned subgroup analyses were performed on the basis of these covariates. Subgroups were first assessed for evidence of randomized treatment effect by subgroup interactions, to ensure that outcomes between subgroups were likely to be different; then, the subgroups for which evidence existed were examined further.

For PFS, the HR and its 95% CI for gefitinib versus docetaxel were calculated for the population that was assessable for response (defined as patients with $\geq$ 1 measurable lesion at baseline by RECIST) by using a Cox regression model without covariates. Supportive analyses were performed in the ITT population by using a model adjusted for covariates. Overall survival and PFS were summarized with Kaplan-Meier methods.

The ORR (proportion of CR + PR) and the DCR (proportion of CR + PR + SD $\geq$ 12 weeks) were estimated in the assessable-for-response population and were compared between treatments by generating an odds ratio and a 95% CI from a logistic regression model that included covariates.

The exploratory analysis of biomarker subgroups was performed with similar methods to the overall and clinical subgroup analyses when possible.

RESULTS

Patients

From September 2003 to January 2006, 490 patients were randomly assigned from 50 institutes. In the ITT population, 245 patients were randomly assigned to gefitinib, and 244 patients were randomly assigned to docetaxel; one patient was excluded because of a Good Clinical Practice violation (Fig 1). Treatment groups were generally well balanced for baseline demographics (Table 1), except for some small imbalances in smoking history (7% fewer never-smokers and 10% more ex-smokers in the gefitinib arm). The overall population was representative of an advanced, pretreated NSCLC population in a clinical trial setting in Japan. The median (range) duration of treatment for gefitinib was 58.5 (4 to 742) days and, for docetaxel, was 3 (1 to 12) cycles.

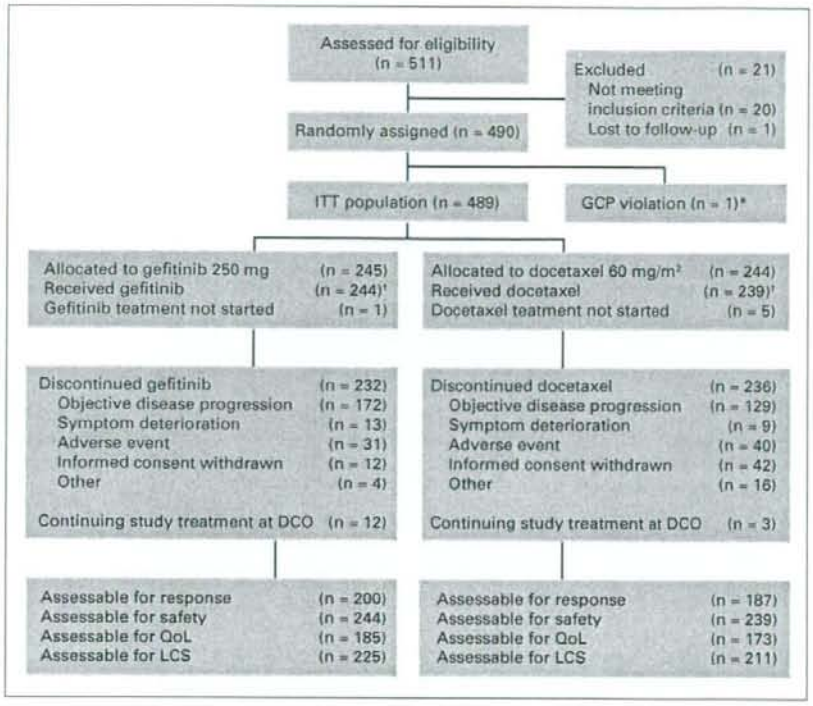

Fig 1. Study flow. (*) Allocated to the docetaxel group. (†) The safety analysis, conducted according to treatment received, was performed on this population. ITT, intent to treat; GCP, Good Clinical Practice; DCO, data cutoff date for overall survival (October 31, 2006); QoL, quality of life; LCS, Lung Cancer Subscale.

Poststudy, 36% of gefitinib-treated patients received subsequent docetaxel, and 40% received no other therapy except for gefitinib; 53% of docetaxel-treated patients received subsequent gefitinib, and 26% received no other therapy except for docetaxel.

Survival

At data cutoff for overall survival (October 31, 2006), overall mortality was 62.6%, and median follow-up was 21 months. Noninferiority in overall survival was not achieved (HR, 1.12; 95.24% CI, 0.89 to 1.40) according to the predefined criterion (upper CI limit for HR $\leq$ 1.25). However, no statistically significant difference in overall survival was apparent (P = .330; Fig 2A).

A supportive Cox analysis, which took into account imbalances in known prognostic factors, showed an HR of 1.01 (95% CI, 0.80 to 1.27; P = .914), which suggested that a demography imbalance that favored docetaxel may have had some impact on the primary, unadjusted, overall survival result.

The median survival and the 1-year survival rates were 11.5 months and 47.8%, respectively, for gefitinib and were 14.0 months and 53.7%, respectively, for docetaxel.

PFS

There was no significant difference between treatments in PFS in the unadjusted analysis (HR, 0.90; 95% CI, 0.72 to 1.12; P = .335); median PFS was 2.0 months with both treatments (Fig 2B). Similar PFS results were obtained from supportive Cox regression analysis adjusted for covariates (HR, 0.81; 95% CI, 0.65 to 1.02; P = .077).

Tumor Response

For ORR, gefitinib was statistically superior to docetaxel (22.5% *v* 12.8%; odds ratio, 2.14; 95% CI, 1.21 to 3.78; P = .009; Table 2). Gefitinib was similar to docetaxel in terms of DCR (34.0% *v* 33.2%; odds ratio, 1.08; 95% CI, 0.69 to 1.68; P = .735). The primary ORR results that were based on investigator judgment were generally consistent with those obtained from independent response evaluation committee assessment.

Symptom Improvement and QoL

Gefitinib showed statistically significant benefits compared with docetaxel in QoL improvement rates (FACT-L: 23.4% *v* 13.9%; P = .023; TOI: 20.5% *v* 8.7%; P = .002; Table 2), but there were no significant differences between treatments in LCS improvement rates (22.7% *v* 20.4%; P = .562).

Subgroup Analyses

Survival outcomes were generally consistent across subgroups, with the exception of best response to prior chemotherapy (treatment by subgroup interaction test P = .017). For patients with best response to prior chemotherapy of progressive disease, overall survival was numerically longer on gefitinib than on docetaxel, whereas patients with a best response of SD had significantly longer survival on docetaxel than on gefitinib (HR, 1.58; 95% CI, 1.09 to 2.27; P = .015; Fig 3A). However, the result was not supported by the PFS (Fig 3B) or ORR results in this subgroup, which favored gefitinib.

Table 1. Baseline Patient Characteristics in Intent-to-Treat Population

Characteristic	Patients per Arm: Gefitinib (n = 245) No.	%	Docetaxel (n = 244) No.	%
Age, years				
≤ 64	138	56.3	135	55.3
≥ 65	107	43.7	109	44.7
Sex				
Male	151	61.6	151	61.9
Female	94	38.4	93	38.1
WHO performance status				
0	85	34.7	93	38.1
1	149	60.8	141	57.8
2	11	4.5	10	4.1
Smoking status				
Ever	174	71.0	157	64.3
Never	71	29.0	87	35.7
Histology				
Adenocarcinoma	192	78.4	188	77.0
Squamous cell carcinoma	37	15.1	41	16.8
Other	16	6.5	15	6.2
Time from diagnosis to random assignment, months				
< 6	70	28.6	60	24.6
6-12	99	40.4	96	39.3
> 12	76	31.0	87	35.7
Disease stage at diagnosis				
IIIB	47	19.2	50	20.5
IV	159	64.9	150	61.5
Recurrent	39	15.9	44	18.0
Number of prior chemotherapy regimens				
1	212	86.5	201	82.4
2	33	13.5	42	17.2
Best response to previous chemotherapy				
CR/PR	113	46.1	106	43.4
SD	91	37.1	101	41.4
PD/NA/unknown	41	16.7	37	15.2
Target lesions at baseline				
Yes	201	82.0	187	76.6
No	44	18.0	57	23.4

Abbreviations: CR, complete response; PR, partial response; SD, stable disease; PD, progressive disease; NA, not assessable.

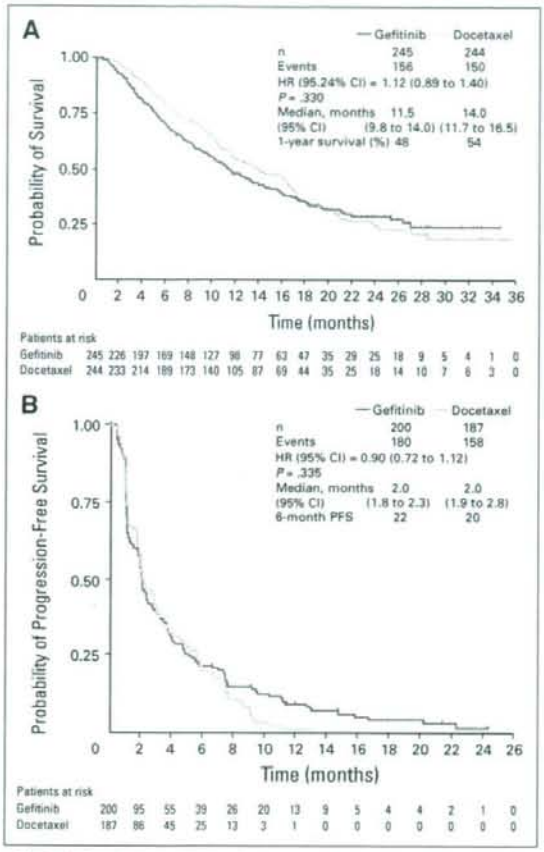

Fig 2. (A) Overall survival in the intent-to-treat population; (B) Progression-free survival (PFS) in the assessable-for-response population. HR, hazard ratio.

Safety

Gefitinib was associated with fewer dose interruptions or delays than docetaxel (26% *v* 52%, respectively). There were no clinically relevant differences in the frequencies of serious AEs or discontinuations of study treatment as a result of AEs between treatment groups (Table 3). Fewer NCI-CTC grades 3 to 4 AEs occurred with gefitinib compared with docetaxel (40.6% *v* 81.6%). There were four deaths as a result of AEs in the gefitinib arm (three as a result of interstitial lung disease that was considered by the investigator to be treatment related; one as a result of pneumonia that was not considered treatment-related), and none in the docetaxel arm.

The most common AEs with gefitinib were rash/acne (76.2%) and diarrhea (51.6%), and the most common AEs with docetaxel were neutropenia (79.5%) and alopecia (59.4%; Table 4). There was a higher incidence of grades 3 to 4 neutropenia with docetaxel (73.6%) compared with gefitinib (8.2%). Interstitial lung disease events occurred in 5.7% (n = 14) and 2.9% (n = 7) of patients who received gefitinib and docetaxel, respectively (Table 3).

Biomarkers

Of the 74 EGFR biomarker samples provided, 53 to 60 were assessable (depending on biomarker). Because of the late protocol amendment, these samples were from long-term survivors who were recruited early or from patients who were recruited later in the study. Compared with the overall study population, this subgroup was over-representative of some stratification factors on both treatment arms: good PS, females, never-smokers, greater than 12 months from diagnosis to random assignment, and best response to prior chemotherapy of CR/PR. There were insufficient events to allow meaningful evaluation of overall survival in relation to biomarker status, and the PFS and ORR data should be interpreted with caution.

Thirty-one (54.4%) of 57 patients had EGFR mutation–positive tumors, and 42 (70.0%) of 60 had EGFR FISH–positive tumors. There

Table 2. Response Rates and Improvement Rates

Rate	Treatment Arm: Gefitinib — Total No. of Assessable Patients	Gefitinib — %	Docetaxel — Total No. of Assessable Patients	Docetaxel — %	Analysis — OR	Analysis — 95% CI	Analysis — P
Response*	200		187				
Overall		22.5		12.8	2.14	1.21 to 3.78	.009
Disease control		34.0		33.2	1.08	0.69 to 1.68	.735
Improvement							
FACT-L	185	23.4	173	13.9	1.89	1.09 to 3.28	.023
TOI	185	20.5	173	8.7	2.72	1.44 to 5.16	.002
LCS	225	22.7	211	20.4	1.15	0.72 to 1.81	.562

Abbreviations: OR, odds ratio; FACT-L, Functional Assessment of Cancer Therapy—Lung (Japanese version 4-A, which includes two additional Japan-specific questions in the subscale on social/family well-being); TOI, trial outcome index; LCS, lung cancer subscale.
*Overall response rate consists of complete response plus partial response rates. Disease control rate consists of the complete response plus partial response rates plus those with stable disease for at least 12 weeks.

was a high degree of overlap between EGFR mutation and clinical characteristics (eg, high frequency in females, in those with adenocarcinoma, and in never-smokers). EGFR mutation–positive patients appeared to have better PFS than EGFR mutation–negative patients on both treatments (gefitinib-positive *v* gefitinib-negative HR, 0.33; 95% CI, 0.11 to 0.97; 17 events; docetaxel HR, 0.15; 95% CI, 0.04 to 0.57; 15 events). In addition, EGFR FISH–positive patients appeared to have better PFS than EGFR FISH–negative patients on both treatments (gefitinib-positive *v* gefitinib-negative HR, 0.75; 95% CI, 0.28 to 1.98; 18 events; docetaxel HR, 0.45; 95% CI, 0.14 to 1.41; 16 events). There were no clear PFS differences between gefitinib and docetaxel in any biomarker subgroups, although the number of events was small and the CIs for the HRs were wide. PFS could not be assessed for EGFR protein expression because of the small number of events in the expression-negative group. For EGFR mutation–positive patients, the ORR was 67% (six of 9 patients) with gefitinib administration and 46% (five of 11 patients) with docetaxel administration. For EGFR FISH–positive patients, the ORR was 46% (five of 11) with gefitinib administration and 33% (six of 18) with docetaxel administration. For EGFR expression–positive patients, the ORR was 36% (five of 14) with gefitinib administration and 31% (four of 13) with docetaxel administration. There were no responses among EGFR mutation–negative, or EGFR FISH–negative, patients, and there was one response (13%) of eight EGFR expression–negative patients who received docetaxel.

DISCUSSION

V-15-32 is the first phase III study to compare gefitinib versus docetaxel in previously treated Japanese patients who have advanced NSCLC. Both gefitinib and docetaxel demonstrated efficacy and tolerability, and findings were consistent with previous experience for both agents in Japan.

Although noninferiority in overall survival for gefitinib versus docetaxel was not proven, there was no statistically significant difference between the two treatments. The original statistical assumption was that gefitinib would have 20% longer survival than docetaxel; hence, the relatively small sample size for a noninferiority study. However, since the study was initiated, data from postmarketing experience in Japan (the SIGN study[13]) and substantial switching to the alternative study treatment on progression in V-15-32 indicated that it would be more likely that gefitinib and docetaxel had similar overall survival. With the assumption of equal survival, the chance (power) of showing noninferiority with this study size is reduced to 48%. The median survival with gefitinib 250 mg/d in our study was consistent with previous experience in Japan (11.5 *v* 13.8 months for Japanese subset of IDEAL 1).[9] Docetaxel demonstrated a longer median survival in V-15-32 (14.0 months) compared with previous Japanese studies (7.8 to 9.4 months).[1,4,14]

In line with increasingly available therapy for NSCLC since the trial was designed and with standard practice in Japan, a large proportion of patients received additional anticancer therapy after discontinuation of the randomly assigned study treatment. Crossover was greater than initially expected, and differences in the number and types of patients who received these poststudy treatments complicated interpretation of survival results. A greater proportion of patients who received docetaxel received poststudy therapy compared with those who received gefitinib. Imbalances in the use of gefitinib after chemotherapy have been reported recently in a phase III study of Japanese patients with lung cancer who were treated with docetaxel and have been cited as a possible explanation for the prolonged median survival seen with docetaxel.[15] INTEREST (Iressa NSCLC Trial Evaluating Response and Survival against Taxotere), a worldwide phase III trial that is comparing gefitinib with docetaxel in pretreated patients who have advanced NSCLC recently demonstrated that gefitinib had statistically noninferior survival to docetaxel.[16] In contrast to V-15-32, INTEREST was larger (1,466 patients) and had subsequent therapies that were well-balanced between treatment arms.

Secondary end points, largely unaffected in this study by subsequent therapy, provided further evidence of the clinical efficacy of both gefitinib and docetaxel in Japanese patients. PFS was similar with gefitinib and docetaxel, and ORR was statistically significantly improved with gefitinib. The ORR in V-15-32 with gefitinib (22.5% *v* 12.8% with docetaxel) was consistent with a subset analysis from IDEAL 1 in Japanese patients (27.5%).[3,8,9]

A number of patient subgroups (including females, patients with adenocarcinoma, and never-smokers) have been reported

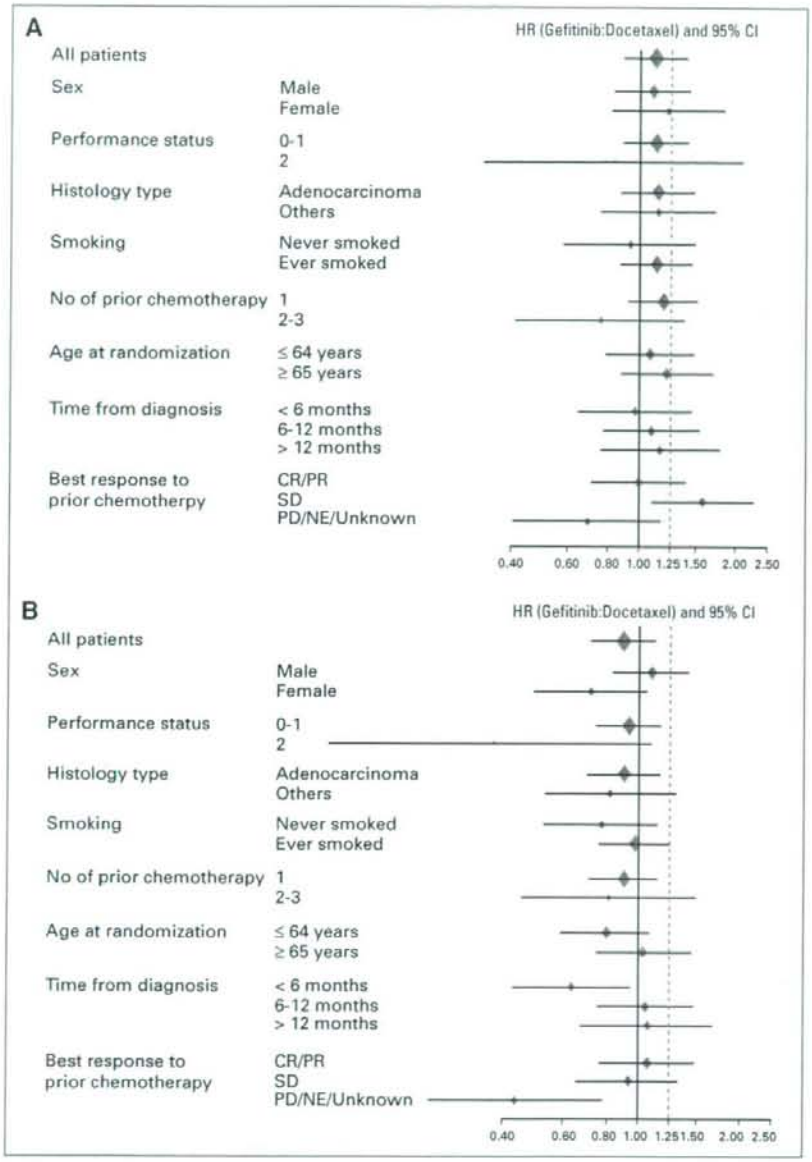

Fig 3. Forest plots of (A) overall survival and (B) progression-free survival that compare treatment groups within clinically relevant subgroups. HR, hazard ratio; CR, complete response; PR, partial response; SD, stable disease; PD, progressive disease; NE, not assessable.

previously to experience improved clinical benefit with gefitinib.[2,4,7,8,10] Subgroup analyses in this study should be interpreted with caution, as the primary objective was not met, some subgroups were small, and there were imbalances in poststudy treatments. In between-treatment comparisons, no statistically significant overall survival benefit was found for gefitinib compared with docetaxel in any subgroup. However, when post hoc, within-treatment comparisons were performed, females, never-smokers, and patients with adenocarcinoma (and also patients with poor PS and > 12 months since diagnosis) had significantly longer survival than their opposite subgroups on both gefitinib and docetaxel ($P < .001$ for females *v* males, adenocarcinoma *v* others, and never-smokers *v* ever-smokers on both treatments). It appears that the subgroups typically associated with a gefitinib benefit were seen but that they also did well on docetaxel. However, the rate of subsequent gefitinib prescription in the docetaxel arm was high in

Table 3. Summary of Adverse Event Data in the Assessable-for-Safety Population

Category*	Patients			
	Gefitinib (n = 244)		Docetaxel (n = 239)	
	No.	%	No.	%
Adverse events	242	99.2	236	98.7
Treatment-related adverse events	233	95.5	233	97.5
Treatment discontinuation because of an adverse event	33	13.5	42	17.6
NCI-CTC adverse event grades 3 to 4	99	40.6	195	81.6
Serious adverse events	42	17.2	34	14.2
Death as a result of a serious adverse event	4	1.6	0	0
ILD events	14	5.7	7	2.9

Abbreviations: NCI-CTC, National Cancer Institute Common Toxicity Criteria; ILD, interstitial lung disease.
*Participants with multiple events in the same category are counted only once in that category. Participants with events in more than one category are counted once in each of those categories.

these subgroups (eg, approximately two-thirds of docetaxel never-smokers and females had gefitinib as their first poststudy treatment); for PFS and ORR, which are largely unaffected by subsequent treatment, the benefit in these subgroups remained for gefitinib but not for docetaxel, which suggested that poststudy treatments are confounding the interpretation of overall survival in the subgroups.

AEs in our study were consistent with those previously observed, and the most commonly reported AEs were rash/acne and diarrhea for gefitinib and neutropenia for docetaxel. Docetaxel demonstrated a

Table 4. Most Common Adverse Events

Adverse Event	Occurrence by Treatment Arm							
	Gefitinib (n = 244)				Docetaxel (n = 239)			
	Total		Grades 3 to 4		Total		Grades 3 to 4	
	No.	%	No.	%	No.	%	No.	%
Rash/acne*	186	76.2	1	0.4	73	30.5	1	0.4
Diarrhea	126	51.6	5	2.0	67	28.0	2	0.8
Dry skin	90	36.9	0	0.0	13	5.4	0	0.0
Constipation	69	28.3	14	5.7	74	31.0	6	2.5
Anorexia	68	27.9	10	4.1	119	49.8	17	7.1
Nausea	61	25.0	5	2.0	92	38.5	9	3.8
Abnormal hepatic function†	59	24.2	27	11.1	13	5.4	2	0.8
Stomatitis	55	22.5	0	0.0	42	17.6	0	0.0
Nasopharyngitis	50	20.5	0	0.0	32	13.4	0	0.0
Pruritus	42	17.2	0	0.0	15	6.3	0	0.0
Vomiting	41	16.8	4	1.6	41	17.2	3	1.3
Fatigue	36	14.8	1	0.4	107	44.8	6	2.5
Paronychia	33	13.5	1	0.4	2	0.8	0	0.0
Insomnia	32	13.1	0	0.0	20	8.4	0	0.0
Neutropenia‡	24	9.8	20	8.2	190	79.5	176	73.6
Pyrexia	24	9.8	1	0.4	51	21.3	1	0.4
Alopecia	19	7.8	0	0.0	142	59.4	0	0.0
Leukopenia	18	7.4	15	6.1	136	56.9	94	39.3
Headache	12	4.9	1	0.4	25	10.5	0	0.0
Edema§	11	4.5	0	0.0	30	12.6	2	0.8
Myalgia	8	3.3	0	0.0	25	10.5	0	0.0
Dysgeusia	7	2.9	0	0.0	37	15.5	0	0.0
Febrile neutropenia	4	1.6	2	0.8	17	7.1	17	7.1

NOTE. The most common adverse events were considered those that occurred in ≥ 10% of the study population or occurred with > 5% difference between treatments.
*Includes MedDRA high-level terms of rashes, eruptions and exanthems; and of acnes and preferred terms of rash pustular, dermatitis, dermatitis exfoliative, and dermatitis exfoliative generalized.
†Includes MedDRA preferred terms of hepatic function abnormal, alanine aminotransferase increased, aspartate aminotransferase increased and liver disorder.
‡With the exception of one treatment-related adverse event, all other instances of neutropenia reported with gefitinib were in patients who had switched to docetaxel 60 mg/m^2 or other chemotherapy and were reported within the 30-day reporting period. In these other instances, no causal relationship was assigned by the investigator.
§Includes MedDRA preferred terms of edema, edema peripheral, face edema, eyelid edema, and macular edema.

typically high incidence of neutropenia (79.5%) and febrile neutropenia (7.1%) compared with gefitinib (9.8% and 1.6%, respectively). These neutropenia levels that accompanied docetaxel treatment are consistent with previously reported studies in Japanese patients (95.4%[1] and 81.5%[4]). The incidence of interstitial lung disease reported in this study with gefitinib (5.7%) is consistent with that reported in the Japanese postmarketing study (5.8%).[17]

Although the patient numbers were too small for firm conclusions, the biomarker data from this study suggest that EGFR mutation–positive or EGFR FISH–positive patients have a greater response to both gefitinib and docetaxel compared with EGFR mutation– or FISH–negative patients. The gefitinib data are consistent with several previous reports.[18] The docetaxel data provide potential new information about EGFR biomarkers and chemotherapy; this has not been consistently seen before, because there are only a few small studies in the literature, and they have conflicting results.[19] Hence, it is difficult to say conclusively that EGFR mutation or EGFR FISH–positivity predict for docetaxel as well as gefitinib benefit.

Although the study did not prove noninferior survival for gefitinib compared with docetaxel in this patient population, the clinical efficacy and tolerability of gefitinib 250 mg/d in Japanese patients who had NSCLC, reported here, is consistent with the clinical experience reported to date, and gefitinib remains an effective treatment option for previously treated Japanese patients who have locally advanced/metastatic NSCLC.

AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST

Although all authors completed the disclosure declaration, the following author(s) indicated a financial or other interest that is relevant to the subject matter under consideration in this article. Certain relationships marked with a "U" are those for which no compensation was received; those relationships marked with a "C" were compensated. For a detailed description of the disclosure categories, or for more information about ASCO's conflict of interest policy, please refer to the Author Disclosure Declaration and the Disclosures of Potential Conflicts of Interest section in Information for Contributors.

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Appendix

The Appendix is included in the full-text version of this article, available online at www.jco.org. It is not included in the PDF version (via Adobe® Reader®).

Efficacy and Safety of Two Doses of Pemetrexed Supplemented with Folic Acid and Vitamin B_{12} in Previously Treated Patients with Non-Small Cell Lung Cancer

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Abstract

Purpose: The objective of this study was to evaluate the efficacy and safety of two doses of pemetrexed supplemented with folic acid and vitamin B_{12} in pretreated Japanese patients with advanced non-small cell lung cancer (NSCLC).

Experimental Design: Patients with an Eastern Cooperative Oncology Group performance status 0 to 2, stage III or IV, and who received previously one or two chemotherapy regimens were randomized to receive 500 mg/m^2 pemetrexed (P500) or 1,000 mg/m^2 pemetrexed (P1000) on day 1 every 3 weeks. The primary endpoint was response rate.

Results: Of the 216 patients evaluable for efficacy (108 in each arm), response rates were 18.5% (90% confidence interval, 12.6-25.8%) and 14.8% (90% confidence interval, 9.5-21.6%), median survival times were 16.0 and 12.6 months, 1-year survival rates were 59.2% and 53.7%, and median progression-free survival were 3.0 and 2.5 months for the P500 and P1000, respectively. Cox multiple regression analysis indicated that pemetrexed dose was not a significant prognostic factor. Drug-related toxicity was generally tolerable for both doses; however, the safety profile of P500 showed generally milder toxicity. Main adverse drug reactions of severity grade 3 or 4 were neutrophil count decreased (20.2%) and alanine aminotransferase (glutamine pyruvic transaminase) increased (15.8%) in P500 and neutrophil count decreased (24.3%), WBC count decreased (20.7%), and lymphocyte count decreased (18.0%) in P1000. One drug-related death from interstitial lung disease occurred in the P500.

Conclusion: P500 and P1000 are similarly active with promising efficacy and acceptable safety outcomes in pretreated patients with NSCLC. These results support the use of P500 as a second- and third-line treatment of NSCLC.

Pemetrexed (LY231514; Alimta), a multitargeted antifolate, has shown antitumor activity as a single agent or in combination with other anticancer agents (1, 2). Pemetrexed at doses of 500 or 600 mg/m^2 has been evaluated in various clinical settings in a broad range of tumors including lung (non-small cell and mesothelioma), colorectal, gastric, pancreatic, head and neck, bladder, cervical, and breast cancers (3-13). In a randomized phase III trial that compared 3-week regimens of single-agent 500 mg/m^2 pemetrexed versus 75 mg/m^2 docetaxel in pretreated patients with non-small cell lung cancer (NSCLC), respective response rates (9.1% versus 8.8%) and median survival times (MST; 8.3 versus 7.9 months) did not differ between pemetrexed and docetaxel. However, fewer hematologic adverse effects, such as grade 3 or 4 neutropenia, febrile neutropenia, and neutropenic fever, were observed in patients treated with pemetrexed (3).

Myelosuppression is the predominant dose-limiting toxicity of pemetrexed as reported in phase I studies (14-16). A multivariate analysis identified the correlation between poor folate status (as indicated by elevated plasma homocysteine levels) and increased toxicity to pemetrexed, which led to the requirement that patients in all pemetrexed studies receive folic acid and vitamin B_{12} supplementation (2, 17). This has been shown to decrease toxicity to pemetrexed without compromising efficacy (18). Without supplementation, the maximum tolerated dose of pemetrexed, given every 3 weeks, has been shown to be 600 mg/m^2 in heavily pretreated patients (14); however, with supplementation, higher pemetrexed doses have been given without limiting side effects. In a Japanese phase I

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Note: The results of this study have been reported at American Society of Clinical Oncology, World Conference on Lung Cancer, and European Cancer Conference in 2007.

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study of pemetrexed that included folic acid and vitamin B_{12} supplementation, the maximum tolerated dose of pemetrexed was 1,200 mg/m^2 and recommended dose was 1,000 mg/m^2 given every 3 weeks (19). Pemetrexed pharmacokinetics in Japanese patients was not overtly different from those observed in Caucasian patients.

In view of these data, we conducted a randomized, phase II study that confirmed the efficacy and safety of a standard dose of pemetrexed (500 mg/m^2; P500) with that of a higher dose (1,000 mg/m^2; P1000), including folic acid and vitamin B_{12} supplementation, in previously treated NSCLC patients. The primary endpoint was evaluation of response rate. Secondary endpoints were assessments of response duration, progression-free survival (PFS), 1-year survival rate, MST, quality of life (QoL), and adverse events.

Materials and Methods

Patient selection. Men and women, between 20 and 75 years old, with a life expectancy of at least 12 weeks and histologically and/or cytologically confirmed advanced NSCLC were eligible for the study. In addition, all patients met the following inclusion criteria: stage III or IV disease, at least one target lesion, one or two prior chemotherapeutic regimens, an Eastern Cooperative Oncology Group performance status (PS) of 0 to 2, adequate bone marrow function (neutrophils ≥2,000/mm^3, platelets ≥100,000/mm^3, and hemoglobin ≥9.0 g/dL), hepatic function [total bilirubin within 1.5 times the upper normal limit, aspartate aminotransferase (AST) and alanine aminotransferase (ALT) within 2.5 times the upper normal limit, and serum albumin ≥2.5 g/dL], renal function (serum creatinine ≤1.2 mg/dL and creatinine clearance ≥45 mL/min), and pulmonary function (functional oxygen saturation ≥92%).

Patients were excluded from the study for radiographic signs of interstitial pneumonitis or pulmonary fibrosis, serious or uncontrolled concomitant systemic disorders, active infections, the need for chronic administration of systemic corticosteroids, active double cancer and/or brain metastases, treatment with third-space fluid collections within 2 weeks of signing the informed consent or the need of such treatment, grade 3 or 4 toxicity, peripheral sensory neuropathy, previous pemetrexed therapy, unable or unwilling to take folic acid or vitamin B_{12} supplementation, or pregnant or breast-feeding.

This study was conducted in compliance with the guidelines of good clinical practice and the principles of the Declaration of Helsinki, and it was approved by the local institutional review boards. All patients gave written informed consent before study entry.

Study design and sample size. This open-label multicenter study had response rate as the primary objective, and 244 patients were enrolled and 226 were allocated to either 500 mg/m^2 (P500) or 1,000 mg/m^2 (P1000) randomly.

The sample size was calculated to ensure that the response rate in each group exceeded 5%. Based on the results from previous study, assuming a 13% true response rate, 5% one-sided significance level for the test with exact probability based on binomial distribution, and 90% power, at least 107 patients in each treatment arm (total of 214) were necessary. Assuming a 10% dropout rate, 240 patients were planned for the study (actual: 244 patients).

The randomization was done by an independent registration center and was dynamically balanced for PS, previous platinum chemotherapy, disease stage, gender, time from prior chemotherapy to the enrollment, and hospital. Patients were balanced with respect to the study drug in each stratum for each prognostic factor using the minimization method.

Treatment plan. Pemetrexed was administered as an i.v., 10-min infusion on day 1 of a 21-day cycle. Patients were instructed to take orally 1 g/d of a multivitamin containing 500 μg folic acid from 1 week before day 1 of course 1 until 22 days after the last administration of pemetrexed. Vitamin B_{12} (1000 μg) was injected i.m. 1 week before day 1 of course 1 and repeated every 9 weeks until 22 days after the last administration of pemetrexed. Patients were discontinued from the study for disease progression, unacceptable adverse events, inadvertent enrollment, use of excluded concomitant therapy, a cycle delay of >42 days, or if the patient requested to discontinue the study.

Administration of pemetrexed was delayed if patients met any of the following criteria: neutrophils <2,000/mm^3, hemoglobin <9.0 g/dL, platelets <100,000/mm^3, AST/ALT >2.5 times the upper normal limit, total bilirubin >1.5 times the upper normal limit, serum creatinine >1.2 mg/dL, PS 3 or 4, or grade ≥3 nonhematologic toxicity (except for anorexia, nausea, vomiting, and fatigue). The dose of pemetrexed was decreased to 400 mg/m^2 in the P500 arm and to 800 mg/m^2 in the P1000 arm, if any of the following events occurred in the previous course: grade 4 leukopenia or neutropenia, grade ≥3 febrile neutropenia, thrombocytopenia, or platelet transfusion, grade ≥3 nonhematologic toxicity (except for grade 3 anorexia, nausea, vomiting, and fatigue), or AST/ALT increased. The pemetrexed dose was similarly reduced if initiation of the next course was postponed after day 29 due to drug-related adverse events. Patients who continued to show evidence of toxicity after reducing the pemetrexed dose were discontinued from the study.

Baseline and treatment assessments. Pretreatment assessments included chest X-ray, electrocardiogram, blood chemistry, urinalysis, pregnancy test, creatinine clearance, functional oxygen saturation, vital signs, PS, body weight, and use of prior therapies. Tumor size was examined using X-ray, computer tomography, or magnetic resonance imaging done within 28 days before the planned day of the first treatment. This was repeated about every 4 weeks after the first examination.

Tumor response rate was assessed as the percentage of patients in whom complete response (CR) and partial response (PR) were confirmed based on the best overall response of the tumor response evaluation. Response was evaluated according to the Response Evaluation Criteria in Solid Tumors (20). Objective tumor responses in all responding patients were evaluated by an external review committee given no information on the treatment groups.

Duration of overall response (CR + PR) was measured from the date of the first objective assessment of CR or PR until the date of progressive disease. PFS was measured from the date of registration (for the initiation of course 1) until the date of progressive disease or death. One-year survival rate was defined as the percentage of patients who survived for 1 year from the registration date. Survival was measured from the registration date to the date of death (regardless of cause).

QoL was assessed by the QoL Questionnaire for Cancer Patients Treated with Anticancer Drugs and the Functional Assessment of Cancer Therapy for Lung Cancer (Japanese version; refs. 21–23).

Assessments of QoL were done before treatment, before the second and third courses of chemotherapy, and 3 months after the start of treatment.

Adverse events were recorded throughout the study and after the last drug administration until signs of recovery were evident. All such events were evaluated according to the Common Terminology Criteria for Adverse Events version 3.0.

Statistical analysis. Efficacy measurements were done according to the guidelines for clinical evaluation methods of anticancer drugs. Efficacy analysis was done on patients who met all selection criteria and received at least one dose of pemetrexed. Safety analysis was done on patients who received at least one dose of pemetrexed.

Statistical tests were done to establish a pemetrexed response rate of >5%; 90% confidence intervals (CI) for the objective response rate were constructed for each arm. All survival curves for time-to-event variables were created using the Kaplan-Meier method; 95% CIs were calculated for each arm. Response rate, response duration, and PFS were compared between the two arms using the χ^2 test. Cox multiple regression analysis was done on all evaluable patients from two combined arms to

identify significant prognostic factors for survival. Covariates evaluated were pemetrexed dose, gender, age, PS, disease stage, histology, interval from prior chemotherapy to registration for the first treatment course, the number of prior chemotherapeutic regimens, and use of prior platinum chemotherapy. For the QoL analysis, distributions of subscales were summarized for each arm using descriptive statistics (mean, SD, minimum, median, and maximum). As a retrospective analysis for safety, major grade 3 to 4 drug-related adverse events were compared between the two arms using the χ^2 test.

Results

Patient disposition and characteristics. From October 2004 to October 2005, a total of 244 Japanese patients with advanced NSCLC were enrolled at 28 centers. Of the 244 patients enrolled, 226 were randomly assigned (114 to the P500 arm and 112 to the P1000 arm) at least 1 week before treatment after receiving folic acid and vitamin B_{12} supplementation. A total of 225 patients (114 in the P500 arm and 111 in P1000 arm) were evaluable for safety. Of these patients, 216 (108 in each arm) were evaluable for efficacy. Gender, age, PS, histology, stage, and prior platinum chemotherapy were well balanced across the two arms (Table 1).

Efficacy evaluation. Objective tumor response rates and durations of overall response are shown in Table 2. Of the 108 patients evaluable for efficacy in the P500 arm, 20 achieved PR for an objective response rate of 18.5% (90% CI, 12.6-25.8%); the median duration of response was 4.9 months (95% CI, 3.8-8.7 months). Of the 108 patients evaluable for efficacy in the P1000 arm, 16 achieved PR for an objective response rate of 14.8% (90% CI, 9.5-21.6%); the median duration of response was 3.0 months (95% CI, 2.8-6.1 months). As seen above, the lower limits of the 90% CI in both arms were >5%, showing a statistically significant objective response rate >5% in each of the arms. The differences between arms in response rate and response duration were not statistically significant ($P = 0.5839$ and 0.1740).

By October 2006, 125 of the 216 evaluable patients had died. The MST and 1-year survival rate were 16.0 months and 59.2% in the P500 arm and 12.6 months and 53.7% in the P1000 arm ($P = 0.1463$, log-rank test for survival; Fig. 1). Median PFS was 3.0 months (95% CI, 2.0-3.5 months) in the P500 arm and 2.5 months (95% CI, 1.8-3.2 months) in the P1000 arm ($P = 0.7139$, log-rank test).

Cox multiple regression analysis indicated that pemetrexed dose was not a significant prognostic factor; however, gender (female), PS (0), disease stage (III), histologic type (non-squamous cell carcinoma), and longer intervals from prior chemotherapy were shown to be good prognostic factors (Fig. 2). Of note, patients with non-squamous cell carcinoma had a longer MST compared with those with other histologic types (16.0 versus 9.3 months; $P = 0.00264$, Cox regression analysis). Pretreatment QoL assessments in both arms were relatively high and showed neither worsening nor improvement following pemetrexed treatment (Table 3).

Safety evaluation. A total of 225 patients (114 for P500 and 111 for P1000) were evaluable for safety. Leukopenia, neutropenia, lymphopenia, anemia, elevation of AST/ALT, lactate dehydrogenase, and rash were commonly reported; however, no grade 4 leukopenia or febrile neutropenia was observed (Table 4). Other grade 4 toxicities were uncommon. Gastrointestinal toxicities such as nausea, vomiting, and anorexia were mostly mild and more frequently reported in the P1000 arm. As a retrospective analysis for safety, major grade 3 to 4 drug-related adverse events were compared

Table 1. Patient characteristics

Variable	P500	P1000
Patients who were given at least one dose of pemetrexed	114	111
Gender		
Male	72	71
Female	42	40
Age, median (range)	61.0 (37-74)	62.0 (26-74)
Eastern Cooperative Oncology Group PS		
0	45	37
1	63	68
2	6	6
Histology		
Adenocarcinoma	79	82
Squamous cell carcinoma	25	26
Others	10	3
Disease stage		
III	22	22
IV	92	88
No. prior chemotherapies		
1	44	53
2	67	57
3	3	1
Prior platinum chemotherapy		
Yes	108	104
No	6	7
Interval from prior chemotherapy to registration for the first course starts (mo)		
<3	72	66
3	42	45

Table 2. Objective tumor response and median response duration

Variable	P500 (n = 108)	P1000 (n = 108)
Objective tumor response		
CR	0	0
PR	20	16
Stable disease	40	34
Progressive disease	48	58
Response rate (90% CI), %	18.50 (12.6-25.8)	14.80 (9.5-21.6)
Median response duration (95% CI), mo	4.9 (3.8-8.7)	3.0 (2.8-6.1)

between the two arms using the χ^2 test. Grade 3 or 4 anorexia was reported more frequently in the P1000 arm (10.8% versus 2.6%; P = 0.0284). Drug-related rash was observed in 67.5% and 80.2% of the patients treated with P500 and P1000, respectively. However, all severities were grade 1 or 2. Five of the P500 patients and 3 of the P1000 patients developed interstitial lung disease related to pemetrexed treatment that resulted in the death of one patient (P500 arm). The other 7 patients recovered from their illness after discontinuing the study drug. A total 16 (14.0%) patients in the P500 arm and 26 (23.4%) patients in the P1000 arm discontinued the treatment because of drug-related adverse events.

Dose administration. The median number of treatment courses completed in both arms was 3 (range, 1-24+). Eleven percent of patients in the P500 arm and 8% in the P1000 arm completed at least 10 courses. Dose reduction occurred in 20 (17.5%) patients in the P500 arm and 27 (24.3%) patients in the P1000 arm. The most frequent cause of dose reduction was ALT elevation. Relative dose intensities were 89.6% in the P500 group and 89.8% in the P1000 group.

Discussion

This phase II, randomized study is the first report on the efficacy and safety of a higher dose of pemetrexed (1,000 mg/m^2) in pretreated Japanese patients with NSCLC. Most patients (>50%) received two courses of prior chemotherapy, and the vast majority or patients (>90%) received prior platinum-based chemotherapy. The response data indicate promising tumor reduction activity and are noteworthy in pretreated patients. The survival data are also promising and better than those reported in second- and third-line settings and comparable with those reported in first-line settings (3, 24, 25). In the phase III study (3) comparing pemetrexed with docetaxel, the response

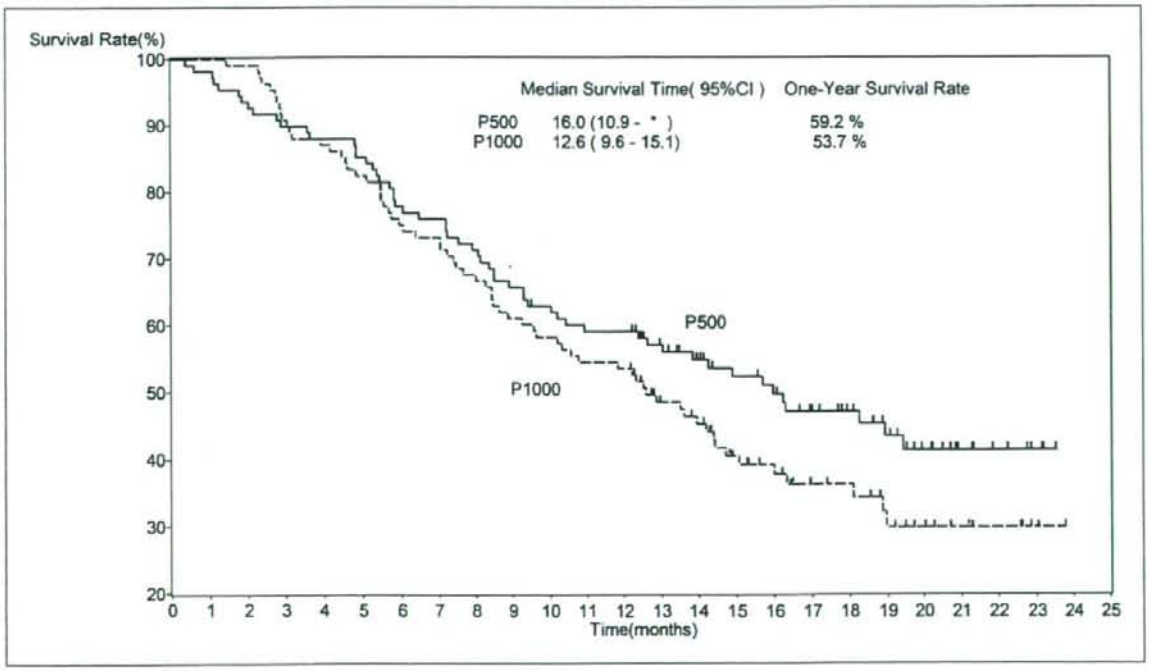

Fig. 1. Kaplan-Meier curve showing the overall survival for each arm. *Asterisk*, upper limit could not be calculated because of the censoring at the end of study period.

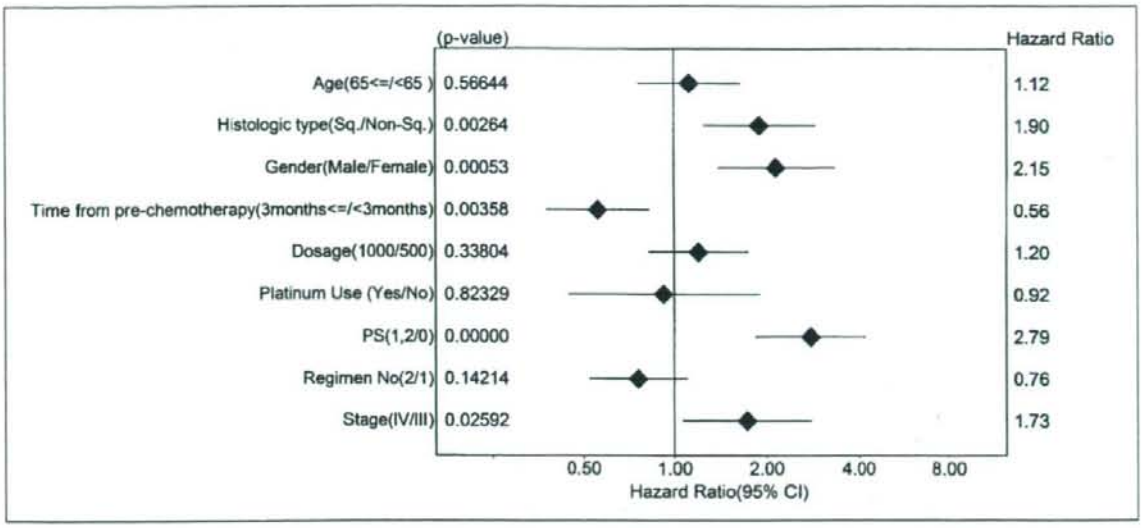

Fig. 2. Forest plot. Cox multiple regression analysis was done on all evaluable patients from two combined arms to identify significant prognostic factors for survival. Covariates evaluated were pemetrexed dose, gender, age, PS, disease stage, histology, interval from prior chemotherapy to registration for the first treatment course, the number of prior chemotherapeutic regimens, and use of prior platinum chemotherapy.

rate and median survival in the pemetrexed arm were 9.1% and 8.3 months, respectively.

Both P500 and P1000 with folic acid and vitamin B_{12} supplementation were similarly active in previously treated patients with NSCLC. All efficacy measures were similar in both arms as shown by the response rate, survival, and PFS, suggesting that doubling the standard dose of pemetrexed does not show superior efficacy. In addition, Cox multiple regression analysis showed that the difference of pemetrexed dose did not influence survival. Overall, toxicity was more frequent at the higher dose, although toxicity in both arms was mild.

Cullen et al. reported a randomized trial of 500 versus 900 mg/m^2 pemetrexed in patients with advanced NSCLC treated previously with platinum-based chemotherapy (26). The response rate, median PFS, and median survival were 7.1%, 2.6 months, and 6.7 months in patients treated with 500 mg/m^2 and 4.3%, 2.8 months, and 6.9 months in patients treated with 900 mg/m^2 pemetrexed, respectively. The higher dose did not improve survival more than the lower dose.

Dose intensification is not always accompanied by higher efficacy, such as in the case of docetaxel and cisplatin. One possible explanation for this in pemetrexed is that either the intracellular transport of pemetrexed is maximal at 500 mg/m^2 or the inhibition of target enzymes is saturated above this dose; however, there are as yet no *in vitro* data to support either mechanism. Although the mechanism still needs to be elucidated, the wide therapeutic window of pemetrexed makes it unique and safe for patients.

Of interest, our subgroup analysis identified some prognostic factors. The subgroups that were identified as good prognostic factors, gender (female), good PS, early-stage disease, and longer intervals from prior chemotherapy are well known as good prognostic factors for NSCLC. Of particular note, the MST

Table 3. Summary for Functional Assessment of Cancer Therapy for Lung Cancer Lung Cancer Subscale

	n	Mean (SD)	Min	Med	Max
P500 (*n* = 108)					
Before course 1	107	71.5 (18.81)	32.1	71.4	100
Before course 2	101	74.3 (16.68)	39.3	75	100
Before course 3	84	74.3 (18.08)	35.7	78.6	100
Registration of course 1 + 3 mo*	59	76.3 (18.1)	32.1	78.6	100
P1000 (*n* = 108)					
Before course 1	107	69.6 (18.52)	25	67.9	100
Before course 2	98	73.5 (17.21)	32.1	75	100
Before course 3	72	71.4 (18.4)	28.6	71.4	100
Registration of course 1 + 3 mo*	61	74.3 (18.62)	28.6	71.4	100

*Three months ±2 weeks after the day of registration for one course.

Table 4. Hematologic and nonhematologic toxicity evaluated by Common Terminology Criteria for Adverse Events version 3.0

	P500 (n = 114)				P1000 (n = 111)				P
	Grade (%)				Grade (%)				
	2	3	4	3/4/5	2	3	4	3/4/5	
Leukopenia	32.5	14.9	0	14.9	38.7	21.6	0	21.6	0.2582
Neutropenia	25.4	17.5	3.5	21.1	27.9	19.8	4.5	24.3	0.6695
Lymphopenia	28.9	9.6	2.6	12.3	30.6	16.2	1.8	18	0.31
Anemia	19.3	7	0.9	7.9	34.2	9	0.9	9.9	0.7667
Thrombocytopenia	0	0	0	0	8.1	0.9	0	0.9	NA
Febrile neutropenia	*	0	0	0	*	0	0	0	NA
Nausea	14	0	0	0	14.4	2.7	0	2.7	NA
Vomiting	7	0	0	0	11.7	1.8	0	1.8	NA
Anorexia	16.7	2.6	0	2.6	15.3	10.8	0	10.8	0.0284
Fatigue	3.5	0	0	0	1.8	0.9	0	0.9	NA
Diarrhea	2.6	0.9	0	0.9	1.8	1.8	0	1.8	0.9815
Constipation	1.8	0.9	0	0.9	5.4	0	0	0	NA
Rash	49.1	2.6	0	2.6	63.1	4.5	0	4.5	0.6903
Alopecia	0	*	*	*	0	*	*	*	NA
Pneumonitis	1.8	1.8	0	2.6†	0	2.7	0	2.7	1
AST	21.9	7.9	0	7.9	25.2	4.5	0	4.5	0.4375
ALT	17.5	16.7	0	16.7	32.4	7.2	0.9	8.1	0.8143

NOTE: Major grade 3 to 4 drug-related adverse events were compared between two arms using χ^2 test.
*Not indicated in Common Terminology Criteria for Adverse Events version 3.0.
†One patient died of drug-induced pneumonitis.

of patients with non-squamous cell carcinoma was significantly longer compared with that in patients with squamous cell carcinoma (16.0 versus 9.3 months; $P = 0.00264$). Pemetrexed induces its antitumor activity by inhibiting key enzymes related to the folate metabolism, such as thymidylate synthase. Studies of the tumor histology of adenocarcinoma progressive disease have reported lower-level expression of thymidylate synthase than squamous cell carcinoma (27). Good survival benefit in patients with non-squamous cell carcinoma by pemetrexed may be explained by lower levels of thymidylate synthase. Because MST was the subject of a subgroup analysis and survival was not a primary endpoint of this study, this finding should be considered exploratory requiring independent confirmation. However, if this finding of superior effectiveness in non-squamous cell carcinoma could be substantiated in future studies, it would be very useful. Indeed, histology could be a simple means of tailoring chemotherapy treatment.

In conclusion, although the recommended dose is P1000 with folic acid and vitamin B_{12} supplementation for Japanese patients, it has similar efficacy and safety with P500, the recommend dosage in rest of the world. These results support the use of P500 as a second- or third-line treatment of NSCLC.

Disclosure of Potential Conflicts of Interest

Authors have conflicts with Eli Lilly and company.

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Phase III trial of docetaxel plus gemcitabine versus docetaxel in second-line treatment for non-small-cell lung cancer: results of a Japan Clinical Oncology Group trial (JCOG0104)

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Background: This trial evaluated whether a combination of docetaxel and gemcitabine provides better survival than docetaxel alone in patients with previously treated non-small-cell lung cancer (NSCLC).

Patients and methods: Eligibility included pathologically or cytologically proven NSCLC, failure of one platinum-based regimen, performance status of zero or one, 20–75 years old, and adequate organ function. Patients received docetaxel 60 mg/m^2 (day 1) or docetaxel 60 mg/m^2 (day 8) and gemcitabine 800 mg/m^2 (days 1 and 8), both administered every 21 days until disease progression.

Results: Sixty-five patients participated in each arm. This trial was terminated early due to an unexpected high incidence of interstitial lung disease (ILD) and three treatment-related deaths due to ILD in the combination arm. Docetaxel plus gemcitabine compared with docetaxel-alone patients experienced similar grade and incidence of toxicity, except for ILD. No baseline factor was identified for predicting ILD. Median survival times were 10.3 and 10.1 months (one-sided $P = 0.36$) for docetaxel plus gemcitabine and docetaxel arms, respectively.

Conclusion: Docetaxel alone is still the standard second-line treatment for NSCLC. The incidence of ILD is higher for docetaxel combined with gemcitabine than for docetaxel alone in patients with previously treated NSCLC.

Key words: docetaxel, gemcitabine, non-small-cell lung cancer, platinum-refractory, second-line chemotherapy

introduction

Lung cancer is the most common cancer worldwide, with an estimated 1.2 million new cases globally (12.3% of all cancers) and 1.1 million deaths (17.8% of all cancer deaths) in 2000 [1]. The estimated global incidence of non-small-cell lung cancer (NSCLC) in 2000 was ~1 million, which accounted for ~80% of all cases of lung cancer [1]. Treatment of advanced NSCLC is palliative; the aim is to prolong survival without leading to deterioration in quality of life [2]. The recommended first-line treatment of advanced NSCLC currently involves up to four cycles of platinum-based combination chemotherapy, with no single combination recommended over others [3]. Although this treatment improves survival rates, a substantial proportion of patients do progress and should be offered second-line treatment. With unsurpassed efficacy compared with other chemotherapeutic regimens or best supportive care [4, 5], docetaxel alone is the current standard as second-line chemotherapy for advanced NSCLC. The recommended regimen of docetaxel 75 mg/m^2 given i.v. every 3 weeks as second-line therapy has been associated with median survival times of 5.7–7.5 months [4, 5] and is also associated with better quality-of-life outcomes compared with best supportive care [2]. Docetaxel monotherapy for recurrent NSCLC after platinum-based chemotherapy has several limitations, however, including low response rates (7–11%), brief duration of disease control, and minimal survival advantage [4, 5].

Gemcitabine is also active against recurrent NSCLC after platinum-based chemotherapy [6]. Gemcitabine 1000 mg/m^2 once a week for 3 weeks every 28 days produced a 19% response rate in a phase II trial, and it shows significant activity mainly

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in patients previously responsive to chemotherapy [6]. Single-agent gemcitabine has a low toxicity profile and is well tolerated [6].

Docetaxel and gemcitabine have distinct mechanisms of action and nonoverlapping toxic effects except for neutropenia. Many studies of the combination of docetaxel and gemcitabine have been conducted in first- and second-line settings [7–16]. The following doses and schedule have been adopted in most studies: docetaxel 80–100 mg/m^2 on day 1 or 8 and gemcitabine 800–1000 mg/m^2 on days 1 and 8 or on days 1, 8, and 15. Furthermore, most studies required use of prophylactic granulocyte colony-stimulating factor (G-CSF) support.

In Japan, however, the recommended dose of docetaxel is 60 mg/m^2 every 3 weeks [17, 18]. Several studies to confirm the dose and schedule of this combination without prophylactic G-CSF support have been conducted in Japan [19–21]. Two studies recommended docetaxel 60 mg/m^2 on day 8 and gemcitabine 800 mg/m^2 on days 1 and 8, and another study recommended docetaxel 50 mg/m^2 on day 8 and gemcitabine 1000 mg/m^2 on days 1 and 8, without prophylactic G-CSF support, every 3 weeks. These studies demonstrated the consistent promising efficacy of this combination regimen. An objective response was observed in 28%–40% of patients, with a median survival time of 11.1–11.9 months and a 1-year survival rate of 41%–47%.

We conducted a multicenter, randomized, phase III trial to evaluate whether the combination regimen of docetaxel and gemcitabine provides better survival than docetaxel alone in patients with previously treated NSCLC.

patients and methods

patient selection

Eligible patients were 20–75 years of age, with histologically or cytologically confirmed stage IIIB (with malignant pleural effusion or contralateral hilar lymph node metastases) or stage IV NSCLC who had failed one platinum-based chemotherapy regimen previously. Patients who had received gemcitabine or docetaxel were excluded. Additional inclusion criteria included a Eastern Cooperative Oncology Group performance status of zero to one, and adequate organ function as indicated by white blood cell count ≥4000/μl, absolute neutrophil count ≥2000/μl, hemoglobin ≥9.5 g/dl, platelets ≥100 000/μl, aspartate aminotransferase (AST)/alanine amonotransferase (ALT) ≤2.5 times the upper limit of normal, total bilirubin ≤1.5 mg/dl, serum creatinine ≤1.2 mg/dl, and PaO_2 in arterial blood ≥70 torr. Asymptomatic brain metastases were allowed provided that they had been irradiated and were clinically and radiologically stable. Prior thoracic radiotherapy was allowed provided that treatment was completed at least 12 weeks before enrollment. Patients were excluded from the study if they had radiologically and clinically apparent interstitial pneumonitis or pulmonary fibrosis. All patients provided written informed consent, and the study protocol was approved by Japan Clinical Oncology Group (JCOG) Clinical Trial Review Committee and the institutional review board of each participating institution.

treatment plan and dose modifications

Eligible patients were centrally registered at JCOG Data Center and were randomly assigned to either docetaxel 60 mg/m^2 as a 60-min i.v. infusion on day 1 or docetaxel 60 mg/m^2 as a 60-min i.v. infusion on day 8 plus gemcitabine 800 mg/m^2 as a 30-min i.v. infusion on days 1 and 8, using a minimization method with institutions and response to prior chemotherapy (progressive disease or not) as balancing factors. Patients receiving docetaxel were administered standard dexamethasone premedication (8 mg orally at the day before, on the day, and the day after docetaxel administration) as previously reported [7] and 50 mg of diphenhidramine 30 min before docetaxel administration. Recombinant human G-CSF was not given prophylactically. Chemotherapy cycles were repeated every 3 weeks until disease progression. Docetaxel was given before gemcitabine in the docetaxel plus gemcitabine regimen.

Dose adjustments were based mainly on hematologic parameters. The doses of docetaxel and gemcitabine were reduced by 10 and 200 mg/m^2, respectively, in subsequent cycles if chemotherapy-induced febrile neutropenia, grade 4 anemia, grade 4 thrombocytopenia, grade 4 leukopenia, or grade 4 neutropenia lasting for >3 days occurred in the absence of fever. Dose reductions were maintained for all subsequent cycles. Patients requiring more than one dose reduction were off-protocol treatment.

baseline and follow-up assessments

Pretreatment evaluation included a complete medical history and physical examination, a complete blood count (CBC) test with differential and platelet count, standard biochemical profile, electrocardiogram, chest radiographs, computed tomographic scans of the chest, abdomen, and brain, magnetic resonance imaging, and a whole-body bone scan. During treatment, a CBC and biochemical tests were carried out weekly. A detailed medical history was taken and a complete physical examination with clinical assessment was carried out weekly to assess disease symptoms and treatment toxicity, and chest radiographs were done every treatment cycle. Toxicity was evaluated according to the National Cancer Institute Cancer—Common Toxicity Criteria Version 2 [22].

All patients were assessed for response by computed tomography scans after every two cycles of chemotherapy. Response Evaluation Criteria in Solid Tumors (RECIST) were used for the evaluation of response [23].

The progression-free survival (PFS) was calculated from the day of randomization until the day of the first evidence of disease progression or death. If the patient had no progression, PFS was censored at the day when no clinical progression was confirmed. Overall survival (OS) was measured from the day of randomization to death.

Disease-related symptoms were evaluated and scored at baseline and 6 weeks after the start of treatment with the seven-item Lung Cancer Subscale (LCS) of the Functional Assessment of Cancer Therapy-Lung version 4 [24], which were translated from English to Japanese. The questionnaire entries were listed as follows: 'I have been short of breath', 'I am losing weight', 'My thinking is clear', 'I have been coughing', 'I have a good appetite', 'I feel tightness in my chest', and 'Breathing is easy for me'. Patients scored using a five-point Likert scale (0–4) by themselves. The maximum attainable score of the LCS was 28, where the patient was considered to be asymptomatic.

statistical analysis

The primary endpoint was OS; secondary endpoints were PFS, the overall response rate, disease-related symptoms, and toxicity profile. Based on previous trials evaluating the docetaxel [4, 5] and docetaxel plus gemcitabine [19–21] regimens, the present study was designed to detect a 12% difference of 1-year survival rate. To attain an 80% power at a one-sided significance level of 0.05, assuming 1-year survival of docetaxel arm as 35% with 1 year of follow-up after 2 years of accrual, 284 patients (142 per each arm) were required. Analyses were to be carried out with all randomized patients. Both the OS and PFS were estimated with the Kaplan–Meier method. The comparisons of OS and PFS between arms were assessed by the stratified log-rank test with a factor used at randomization, response to prior chemotherapy. Two interim analyses were planned after half of the patients were registered and the end of registration.

For the symptom analysis, changes of LCS from initial score were compared between arms using analysis of covariance with initial score as a covariate.

All analyses were carried out with SAS software release 8.2 (SAS Institute, Cary, NC).

results

This trial was terminated early due to the unexpected high incidence of interstitial lung disease (ILD) and three treatment-related deaths due to ILD in the combination arm, which were identified by the Adverse Event Reporting system.

patient characteristics

From January 2002 to September 2003, 130 patients with NSCLC who had failed prior platinum-based chemotherapy from 32 institutions were enrolled (Appendix). These patients were randomly assigned to docetaxel alone ($n = 65$) or docetaxel plus gemcitabine ($n = 65$). One patient died as a result of rapid progressive disease before chemotherapy administration, and one patient did not meet the entry criteria in the docetaxel arm. In addition, one patient did not meet the entry criteria in the docetaxel plus gemcitabine arm. All patients were included in the analysis of survival and PFS, and 64 docetaxel and 65 docetaxel plus gemcitabine patients were assessable for toxicity. Fifty-nine patients with measurable lesions by RECIST in the docetaxel arm and 57 eligible patients in docetaxel plus gemcitabine arm were assessable for response (Figure 1). Table 1 presents baseline patient characteristics.

The median number of cycles was 3 (range 0–6) and 2 (range 1–8) in the docetaxel and docetaxel plus gemcitabine arms, respectively. The median interval between cycles was 22 days for both arms.

toxicity

This trial was terminated early due to the unexpected high incidence of ILD and three treatment-related deaths (4.6%) due to ILD in the docetaxel plus gemcitabine arm. These events were identified by the Adverse Event Reporting system. Thirteen (20.0%) patients receiving combination treatment suffered from all grades of ILD, whereas only two (3.1%) patients receiving docetaxel alone suffered from grades 1–2 ILD. Grades 2–4 ILD occurred in 16.9% of docetaxel plus gemcitabine patients, an unexpected high incidence rate. No risk factors were identified contributing to these pulmonary adverse events.

Toxicity was assessed in all patients who received at least one treatment cycle and in all cycles (Table 2). Overall, grades 3–4 neutropenia occurred in 55 docetaxel patients (85.9%) and 53 docetaxel plus gemcitabine patients (81.5%). Grades 3–4 anemia occurred in two patients (3.1%) and 12 patients (18.5%) treated with docetaxel alone and docetaxel plus

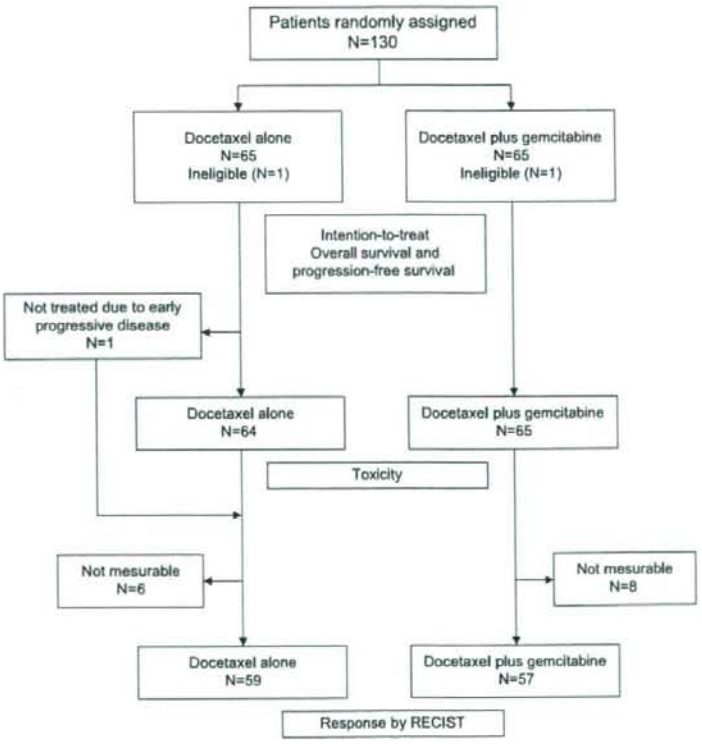

Figure 1. CONSORT diagram for the study.

Table 1. Patient characteristics

	D arm		DG arm	
	No. of patients	%	No. of patients	%
Patients enrolled	65		65	
Age, years				
Median	62		60	
Range	34–75		34–74	
Gender				
Male	48	73.8	51	78.5
Female	17	26.2	14	21.5
ECOG PS				
0	20	30.8	21	32.3
1	45	69.2	44	67.7
Histology				
Squamous	19	29.2	22	33.8
Adenocarcinoma	40	61.5	40	61.5
Large cell	4	6.2	3	4.6
Others	2	3.1	0	0
Best response of prior chemotherapy				
CR	2	3.1	0	0
PR	38	58.5	40	61.5
SD	20	30.8	19	29.2
PD	5	7.7	6	9.2

D, docetaxel; DG, docetaxel plus gemcitabine; ECOG PS, Eastern Cooperative Oncology Group performance status; CR, complete response; PR, partial response; SD, stable disease; PD, progressive disease.

gemcitabine, respectively. Sixteen patients treated with docetaxel (25.0%) and 11 patients with docetaxel plus gemcitabine (16.9%) developed febrile neutropenia. All required antibiotic treatment and G-CSF; however, no patient died. One patient in the docetaxel plus gemcitabine arm developed anaphylatic shock immediately after administration of docetaxel at the second cycle. Grades 2–4 ALT elevation was more frequent with docetaxel plus gemcitabine than with docetaxel (20.0% versus 4.7%). Grades 2–4 non-neutropenic infection occurred more often with docetaxel plus gemcitabine than with docetaxel (21.5% versus 15.6%). Grades 2–4 ILD was more frequent with docetaxel plus gemcitabine than with docetaxel (16.9% versus 1.6%). Other toxic effects were relatively mild (Table 2). Overall, docetaxel plus gemcitabine was more toxic than docetaxel, however, well tolerated except for ILD in docetaxel plus gemcitabine arm.

treatment efficacy

The overall response rate for docetaxel alone was 6.8% [95% confidence interval (CI) 1.9% to 16.5%] and 7.0% for docetaxel plus gemcitabine (95% CI 2.0% to 17.0%). There was no significant difference between treatment arms ($P = 0.71$; Fisher's exact test).

At the time of this analysis, 50 docetaxel patients (76.9%) and 48 docetaxel plus gemcitabine patients (73.8%) had died. The median survival time was 10.1 months for docetaxel alone and 10.3 months for docetaxel plus gemcitabine (one-sided $P = 0.36$ stratified log-rank test; Figure 2A). The respective 1-year survival rate was 43.1% (95% CI 31.0% to 55.1%) for docetaxel and 46.0% (95% CI 33.8% to 58.1%) for docetaxel plus gemcitabine.

The median PFS time was 2.1 and 2.8 months for docetaxel and docetaxel plus gemcitabine, respectively (one-sided $P = 0.028$ stratified log-rank test; Figure 2B).

Table 2. Hematological and non-hematological toxicity

	D arm ($n = 64$)					DG arm ($n = 65$)				
	NCI-CTC grade					NCI-CTC grade				
Hematological	0–1	2	3	4	3–4%	0–1	2	3	4	3–4%
Anemia	27	35	2	0	3.1	21	32	9	3	18.5
Leukopenia	9	14	29	12	64.1	11	12	32	10	64.6
Neutropenia	7	2	15	40	85.9	8	4	19	34	81.5
Thrombocytopenia	64	0	0	0	0	43	14	8	0	12.3
Non-hematological	0–1	2	3	4	2–4%	0–1	2	3	4	2–4%
Allergic reaction	64	0	0	0	0	59	5	1	0	9.2
Alopecia	45	18	–	–	28.1	49	14	–	–	21.5
ALT	61	2	1	0	4.7	52	10	3	0	20.0
Diarrhea	61	3	0	0	4.7	60	3	2	0	7.7
Edema	63	1	0	0	1.6	64	1	0	0	1.5
Fatigue	56	5	2	1	12.5	56	7	1	1	13.8
Febrile neutropenia	48	–	16	0	25.0	54	–	11	0	16.9
Infection with grades 3–4 neutropenia	59	–	5	0	7.8	56	–	9	0	13.8
Infection without neutropenia	54	8	2	0	15.6	51	4	9	1	21.5
Nausea	55	7	2	–	14.1	55	6	4	–	15.4
Neuropathy	62	2	0	0	3.1	62	2	0	1	4.6
Pneumonitis (ILD)	63	1	0	0	1.6	54	3	7	1	16.9
Stomatitis	61	3	0	0	4.7	60	5	0	0	7.7

D, docetaxel; DG, docetaxel plus gemcitabine; NCI-CTC, National Cancer Institute—Cancer Common Toxicity Criteria; ALT, alanine aminotransferase; ILD, interstitial lung disease.

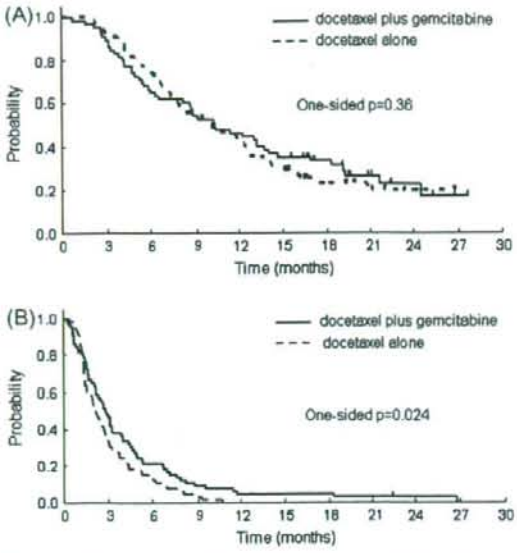

Figure 2. Overall survival (A) and progression-free survival (B) by treatment arm.

disease-related symptom assessment

Patients' compliance with disease-related symptom assessment was 100% at baseline and 95.4% at 6 weeks later. Compliance rates were not different between the arms ($P = 1.00$). LCS data were missing in four surveys due to death or severe impairment of the patient's general condition; this accounted for 1.5% of the total number of surveys scheduled. Mean LCS at baseline and 6 weeks were shown in Table 3. There were no significant differences in the LCS changes from baseline to 6 weeks between docetaxel and docetaxel plus gemcitabine arms ($P = 0.61$).

discussion

This trial was terminated early due to the unexpected high incidence of ILD and three treatment-related deaths due to ILD in the docetaxel plus gemcitabine arm. Our findings seem to indicate that the combination of docetaxel and gemcitabine may be associated with a higher incidence of pulmonary adverse events compared with docetaxel alone, especially in patients with previously treated NSCLC.

Pulmonary toxicity following chemotherapeutic agents, including ILD, has been well recognized for many years. In most cases, this toxicity is mild and self-limiting. However, the mechanism of developing drug-induced ILD is uncertain, and risk factors for developing this disorder have not been identified. In terms of combination therapy with docetaxel and gemcitabine for advanced NSCLC, there were few reports about the incidences of ILD at the time this study was planned. A phase I study of patients with transitional cell carcinoma evaluated thrice-weekly doses of docetaxel given on day 1 plus gemcitabine given on days 1 and 15 and showed that pulmonary toxicity occurred in three of five patients and was

Table 3. Disease-related symptom assessment

Lung Cancer Subscale	D arm	DG arm
Baseline		
Number	$n = 65$	$n = 65$
Mean ± SD	19.0 ± 5.48	19.7 ± 5.25
6 weeks later		
Number	$n = 62$	$n = 62$
Mean ± SD	18.1 ± 5.56	18.9 ± 5.05
Difference		
Mean ± SD	−1.11 ± 3.81	−0.99 ± 4.49

D, docetaxel; DG, docetaxel plus gemcitabine; SD, standard deviation.

the cause of death in one [25]. Recently, some reports have been published about the high incidence of ILD due to the combination regimen of docetaxel and gemcitabine in patients with NSCLC [13, 26, 27], including the present study (Table 4). In Japanese population, ILD is a very complex issue in treatment of patients with lung cancer. Epidermal growth factor tyrosine kinase inhibitor gefitinib is developing ILD significantly in Japanese patients with NSCLC [28]. It is uncertain why ILD is developing more in Japanese patients with NSCLC than the Western patients. Ethnic difference may be one of the explanations for this occurrence. The combination of gemcitabine and docetaxel is associated with a high incidence of severe pulmonary toxicity. The regimen should not be used outside a clinical trial.

The median survival times of 10.1 and 10.3 months and estimated 1-year survival rates of 43.1% and 46.0% with docetaxel alone and docetaxel plus gemcitabine, respectively, suggest that adding gemcitabine to docetaxel did not provide any increased efficacy in patients with previously treated NSCLC. Interestingly, the combination regimen of docetaxel plus gemcitabine significantly improved the median PFS time ($P = 0.028$). Possible reasons for failing to detect a significant difference between survival curves may include an insufficient occurrence of documented events as a result of the study population comprising patients with relatively good prognosis, in addition to a high proportion of patients subsequently receiving third-line therapy. During this study, gefitinib treatment was commonly used for patients with recurrent NSCLC in Japan [29]. Asian ethnicity is a well-known predictive factor for a response for gefitinib [30].

Two randomized phase II trials compared docetaxel alone with docetaxel plus irinotecan in second-line chemotherapy for NSCLC [31, 32]. No significant treatment differences in survival were observed in either trial; however, the trials were phase II study and were not powered or designed to compare survival. This study was not powered to compare survival when it was terminated early due to the unexpected high incidence of ILD in the docetaxel plus gemcitabine arm. However, based on previous studies, as well as the present results, combination chemotherapy with docetaxel and another chemotherapeutic agent has not improved survival in patients with previously treated NSCLC.

In conclusion, docetaxel alone is still the standard second-line treatment for advanced NSCLC. The combination of docetaxel and gemcitabine was too toxic to obtain any survival