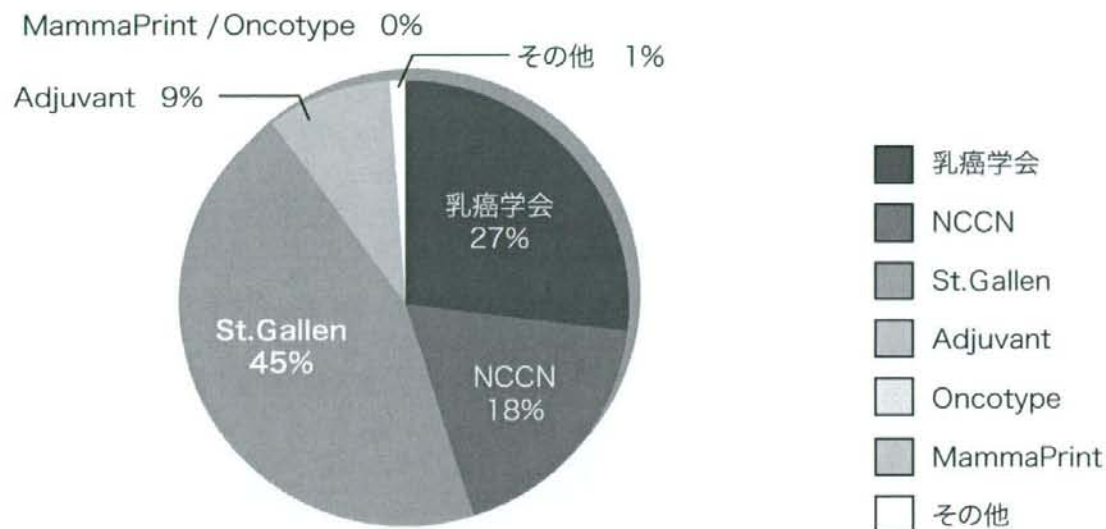
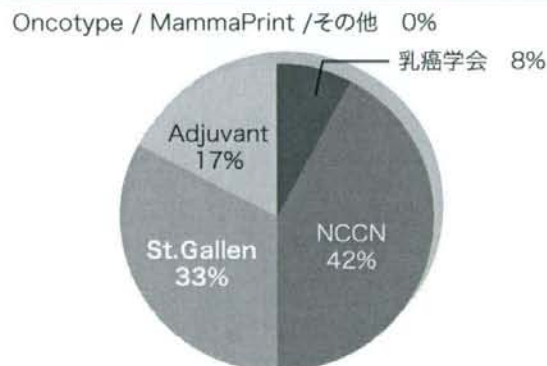


問8:化学療法の適用を決定するさい、何をよく参考にしますか(総数)

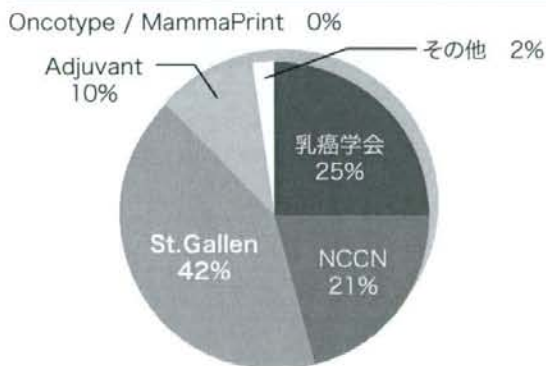


大学卒業年・専門科別

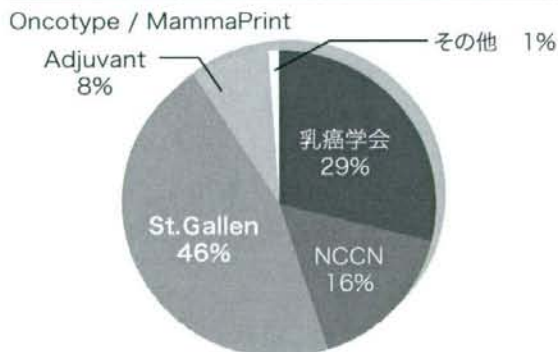
■大学卒業6～10年



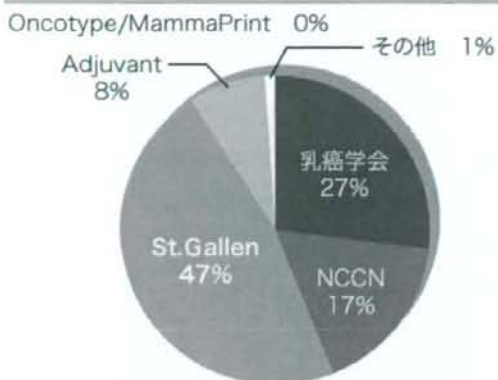
■大学卒業11～20年



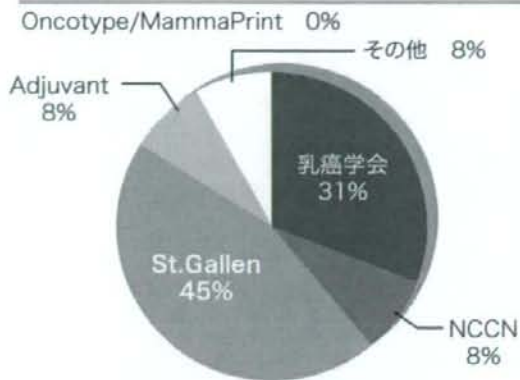
■大学卒業21年以上



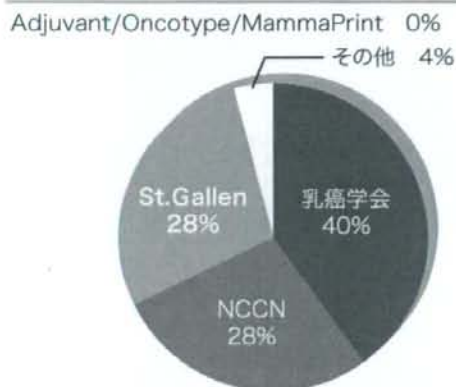
■外科



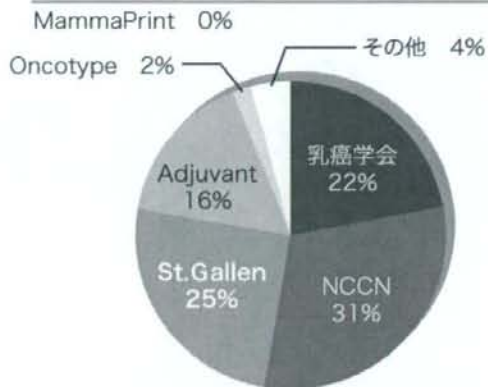
■病理科



■放射線科



■腫瘍内科



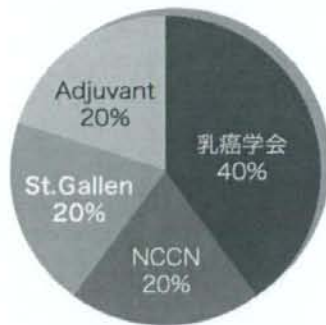
■緩和ケア

St. Gallen/Adjuvant/  
Oncotype/MammaPrint 0%



■その他

Oncotype/MammaPrint/その他 0%





[www.jccnb.net](http://www.jccnb.net)

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## NCCN/JCCNB Seminar in Japan ～乳がん診療ガイドライン総括～

日 時:11月1日(土)・11月2日(日)

場 所:東京国際フォーラム ホール B5、ホール D5

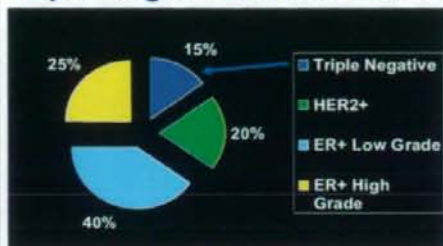
テーマ:乳がん診療ガイドライン総括

当日使用招聘者資料: E.P.Winer (R.W.Carlson)  
R.W.Carlson  
R.L.Theriault  
S.B.Edge  
L.C.Collins

## Triple Negative Breast Cancer

Eric P. Winer, MD  
 Dana-Farber Cancer Institute  
 Harvard Medical School  
 Boston, MA  
 October, 2008

## Triple Negative Breast Cancer

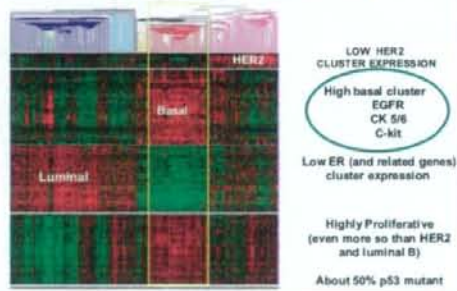


Only approximately 25,000-30,000 cases per year in U.S., but responsible for a disproportionate number of deaths

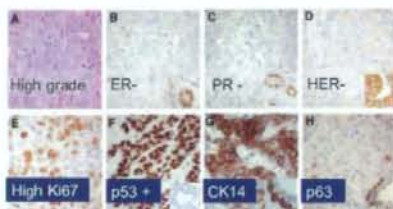
## Triple Negative $\neq$ Basal-like

- Correlation is high, probably > 80%
- At present, clinical studies will use triple negative as a surrogate for basal-like as arrays are not available for clinical use
- As we search for targets, it is reasonable to explore basal clusters on array studies

## Basal-like Breast Cancer: Gene Expression Characteristics

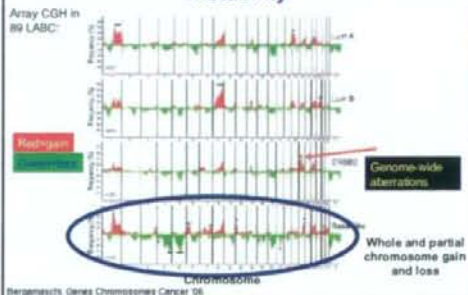


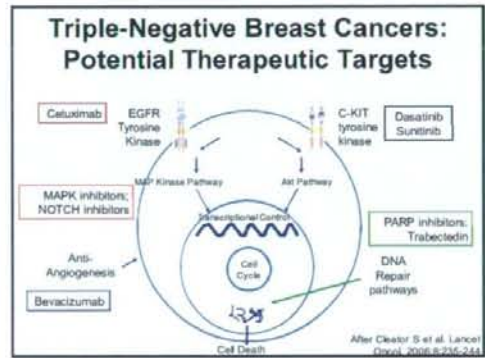
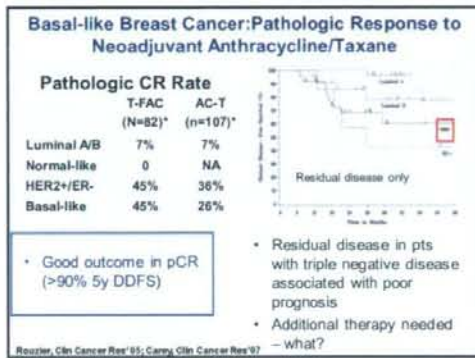
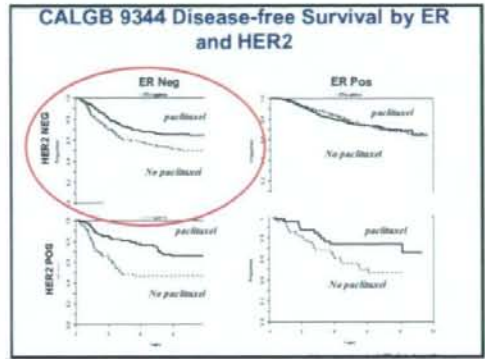
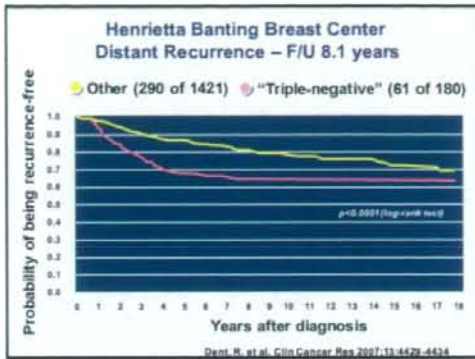
## A Prototypical "Basal-like" Tumor



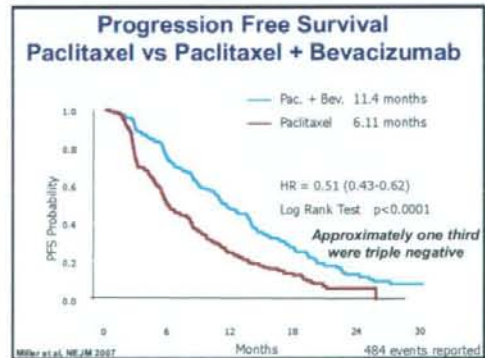
Courtesy of A. Richardson

## Basal-like Breast Cancer and Genomic Instability

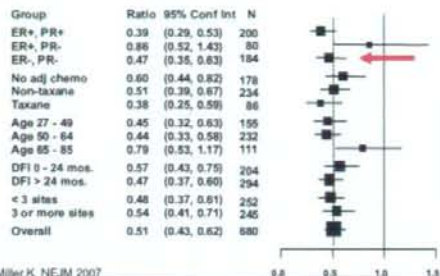




- ### New Therapeutic Approaches
- Angiogenesis inhibitors
  - Tyrosine kinase inhibitors
  - Platinum-based chemotherapy
  - PARP inhibition



### Bevacizumab in Clinical Subsets



### Phase II Trial of Sunitinib in Patients with Refractory Breast Cancer

- N=64
- ORR 7/64 = 11%
- ORR 3/20 = 15% in triple negative
- ?? VEGF-R inhibition vs c-kit inhibition vs both vs neither



Burstein et al, JCO 2008

### EGFR Inhibitors in Breast Cancer

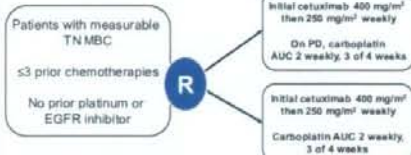
In unselected metastatic breast cancer, single agent EGFR inhibitors have not shown great activity:

- Phase II ZD1839 (Robertson) 2/27 PR 6/27 SD
- Phase II ZD1839 (Baselga) 0/31 PR 12/31 SD
- Phase II OSI-774 (Winer/Dickler) 1/69 PR 3/69 SD
- Phase II ZD1839 (Albain) 1/63 PR 7/63 SD

Summary RR: 2%

### Cetuximab in Triple Negative MBC

Translational Breast Cancer Research Consortium (TBCRC) 001



Primary endpoint: objective response  
 Secondary endpoints: TTP, biomarker correlation with toxicity and response, OS  
 Cetuximab-alone arm failed to meet predetermined response criteria and was closed  
 Only arm 1a (cetuximab alone) and arm 1b (cetuximab alone, then cetuximab + carboplatin on progression) reported

Carey, SABCs 2007 (abstr 307)

### TBCRC 001: Patient Characteristics

- 68% with visceral disease
- Line of therapy and prior rx
  - 46% 1<sup>st</sup> line
  - 54% 2<sup>nd</sup>/3<sup>rd</sup> line
  - 83% prior anthracycline
  - 64% prior taxane
- 44% EGFR+

### Cetuximab in Triple Negative MBC: Clinical Efficacy

Best Response	Cetuximab Alone (n=31)
CR	0
PR	2 (6%)
SD	5 (16%)
Clinical Benefit	3 (10%)

Carey, SABCs 2007 (abstr 307)



## TBCRC 001: Clinical Efficacy

ITT population

	Arm 2 (N=71)	Arm 2 + 1b (N=95)	
CR	1 (1.4%)	1 (1%)	Four patients on study Rx at 35, 39, 41, 99 weeks (1CR, 2PR, 1SD)
PR	11 (15%)	15 (16%)	
SD	16 (23%)	22 (23%)	
PD	37 (52%)	49 (52%)	No relationship of line of therapy and likelihood of clinical benefit
NE	6 (8%)	8 (8%)	
RR	17%	17%	
CB	31%	29%	

CB=PR or SD>24wks

*Includes patients initially treated with cetuximab and then treated with combination at time of progression*

Carry et al, ASCO 2008

## Shared Characteristics of Sporadic Basal-like Tumors and BRCA1 -/- Tumors

- ER- PR- Her2/Neu non-amplified
- Co-Cluster by Gene Profiling
- p53 mutant status
- Cytokeratin Expression
- Chromosome X Inactivation
- Genomic Instability



**Pathologic Features**  
High Grade  
Central Necrosis  
Pushing Borders  
Lymphocytic Infiltrate

## DF/HCC SPORE: Neoadjuvant Cisplatin (CDDP) in Triple-Negative Breast Cancer

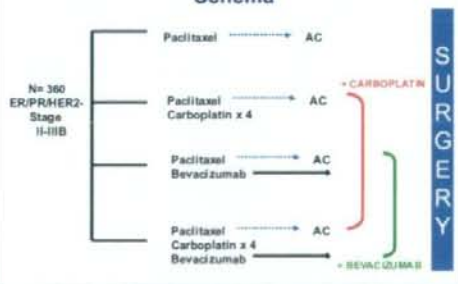
- N = 28
  - $\geq 2$ -cm stage II/III triple negative
  - Single-agent cisplatin 75 mg/m<sup>2</sup> q3w x 4 cycles prior to surgery
- |              |       |   |          |
|--------------|-------|---|----------|
| Grade 4      |       | Pathologic CR                                     | 6 (22%)  |
| ↑ LFT        | 1 pt  | Clinical CR                                       | 4 (14%)  |
| Grade 3      |       | Clinical PR                                       | 10 (36%) |
| Neutropenia  | 2 pts | Stable Disease                                    | 5 (17%)  |
| Tinnitus     | 1 pt  |   |          |
| Nausea       | 1 pt  |   |          |
| Fatigue      | 1 pt  |   |          |
| Hyperkalemia | 1 pt  | Young age correlated with path CR p=0.04          |          |
| ↑ LFT        | 1 pt  | 2 patients with BRCA1 mutation, both with Path CR |          |
- Garber et al/Abx 3274, SABC 2008

## Cisplatin in Preop Setting in Patients With BRCA1-Related Breast Cancer

- Narod and colleagues studied neoadjuvant response to cisplatin in 10 patients with BRCA1 mutations
- Same regimen as in Garber trial
- 9/10 complete pathologic responses
- 10th patient did not complete neoadjuvant therapy

Byrski, T. et al. Breast Cancer Res Treat. Published online: 23 July 2008

## CALGB Triple Negative Neoadjuvant Trial Schema



## The Potential Role of PARP Inhibition

- Loss of BRCA 1 or 2 → increased PARP dependence for DNA repair

Cell Death Increased When PARP Inhibitor Added to Chemotherapy in BRCA2 Deficient Cells



- ↑ Augment efficacy of DNA-damaging agents
- PARP inhibitors are in clinical trials for both BRCA1 and Triple Negative

### Ongoing Studies PARP Inhibitors

- Single agent trial of AZD 2281 in patients with BRCA mutations
- Planned phase I of cisplatin plus AZD 2281
- Planned phase II of cisplatin plus AZD 2281 in preoperative setting for patients with triple negative disease
- Other agents in development from other companies

### Summary

- Molecular characteristics of triple negative and basal-like disease are a subject of active investigation
- More heterogeneity in this tumor subset than once imagined
- EGFR remains an interesting therapeutic target with very limited suggestion that it may be useful for a subset
- Exploitation of angiogenesis inhibition likely to be important
- Platinum salts *MAY* play a role
- PARP inhibitors are of great interest, particularly in triple negative, BRCA1/2 associated disease

## NCCN Guidelines Prognostic/Predictive Tools for Adjuvant Decision Making

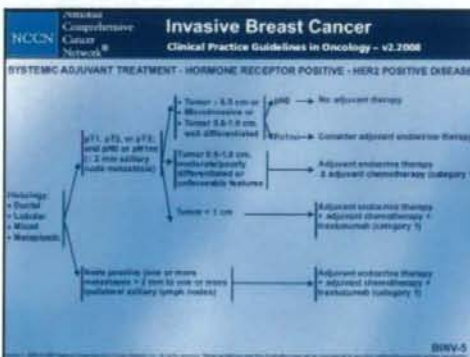
Robert W. Carlson, M.D.  
Chair, NCCN Breast Cancer Panel  
and  
Professor of Medicine  
Stanford University

NCCN National Comprehensive Cancer Network®		NCCN Breast Cancer Panel Members Clinical Practice Guidelines in Oncology - v2.2008	
Robert W. Carlson, MD/Chair Stanford Comprehensive Cancer Center	David F. Hayes, MD University of Michigan Comprehensive Cancer Center	Elizabeth C. Ross, MD Duke Cancer Center at the Rothman Medical Center	
W. Liang-Arnold, MD Memorial Cancer Center of Boston-Dana Farber and Washington University School of Medicine	William A. Barlow, MD Memorial Sloan-Kettering Cancer Center	Wangyuan Sun, MD Fudan University	
Robert C. Anderson, MD Fred Hutchinson Cancer Research Center/Seattle Cancer Care Alliance	Manohar V. Sahasrabudhe, MD S. J. Quai Memorial Research Hospital/ University of Tennessee Cancer Institute	George Sargent, MD Duke University	
David J. Slamon, MD, PhD UCLA Prostate, Breast, and Melanoma Cancer Center / Biometrics Research Institute Cancer Center	Suzanne E. Barlow, MD National Cancer Institute National Cancer Institute	Michael J. Trinchesi, MD, PhD The University of Texas M. D. Anderson Cancer Center	
M. Reedoff, MD, PhD U. of California Cancer Center / University of California at San Diego	John C. Hudis, MD Sloan Kettering Cancer Center	John V. Heyes, MD Memorial Cancer Institute at the University of Utah	
Stephen B. Edge, MD Memorial Sloan-Kettering Cancer Center	Mark W. Barlow, MD Memorial Sloan-Kettering Cancer Center	Shi P. Wang, MD Shanghai Cancer Institute and Shanghai Cancer Center / Shanghai Easton Memorial Cancer Center	
Michael S. Hoon, MD University of Texas Cancer Center at Houston / University of Texas, M.D. Anderson Cancer Center	Luca R. Bevilacqua, MD University of Michigan Comprehensive Cancer Center	Antonio C. Wolff, MD The Johns Hopkins Comprehensive Cancer Center at Johns Hopkins University	
Luigi J. Stancovski, MD The Cancer Center	Luigi J. Petroni, MD University of Michigan Comprehensive Cancer Center		
William J. Gradishar, MD Roswell Park Comprehensive Cancer Center at Westchester University			

## Biological Application of Adjuvant Therapy

- **Chemotherapy:** benefit in all endocrine and HER2 subtypes.
- **Trastuzumab:** active only in HER2 amplified or over-expressed disease
- **Endocrine therapies:** only effective in estrogen and/or progesterone receptor positive disease

NCCN National Comprehensive Cancer Network®		Invasive Breast Cancer Clinical Practice Guidelines in Oncology - v2.2008	
HISTOLOGY	HORMONE RECEPTOR STATUS	HER2 STATUS	SYSTEMIC ADJUVANT TREATMENT
• Ductal • Lobular • Mixed • Metaplastic	ER positive and/or PR positive	HER2 positive	See Systemic Adjuvant Treatment - Hormone Receptor Positive - HER2 Positive Disease (BRV-3)
		HER2 negative	See Systemic Adjuvant Treatment - Hormone Receptor Positive - HER2 Negative Disease (BRV-4)
• Tubular • Cellular	ER positive and/or PR positive	HER2 positive	See Systemic Adjuvant Treatment - Hormone Receptor Positive - HER2 Positive Disease (BRV-3)
		HER2 negative	See Systemic Adjuvant Treatment - Hormone Receptor Negative - HER2 Negative Disease (BRV-5)
	ER negative and/or PR negative		See Systemic Adjuvant Treatment - Favors Herceptin (BRV-3)



## Prognostic/Predictive Factors

	Prognostic	Predictive
Lymph nodes	Yes	
Tumor size	Yes	
Tumor type	Yes	
Tumor grade	Yes	
LVI	Yes	
Proliferation	Yes	
ER/PR status	Yes	Yes
HER2 status	Yes	Yes
Genomics	Yes	Yes

### Adjuvant! Online

Decision making tools for health care professionals

Adjuvant! for Breast Cancer (Version 8.0)

Female Subpopulation

Age: 50

Race: White

EC Score: 25

Tumor Size: 20

ER Status: 100%

HER2 Status: 0%

Adjuvant Therapy Effectiveness: 100%

Adjuvant Therapy: None

Observed: 50

Adjuvant! Prediction: 50

10-Year DFS: 50

© 2008 Adjuvant! Inc.

www.adjuvantonline.com

### AdjuvantOnline Validation 10-Year DFS

Characteristic	Adjuvant! Prediction (%)	Observed (%)
Age (years)		
20-35	67.8	54.3
36-50	69.8	67.8
51-65	70.5	71.2
66-75	71.7	72.3
>75	74.8	72.0
Tumor Grade		
1	82.8	82.7
2	74.5	73.4
3	63.9	62.1
Unknown	70.7	73.3

Olivotto et al. J Clin Oncol 23:2716, 2005

### AdjuvantOnline Validation 10-Year DFS

Characteristic	Adjuvant! Prediction (%)	Observed (%)
Tumor size, mm		
1-10	80.8	79.7
11-20	74.5	73.3
21-50	60.0	59.5
ER status		
Negative	65.5	66.1
Positive	72.0	69.6
Unknown	74.5	76.2

Olivotto et al. J Clin Oncol 23:2716, 2005

### AdjuvantOnline

- Pros
  - Widely available
  - Free of cost
  - Easy to use
  - Validated
  - Objective, unbiased
- Cons
  - Lack of HER2 and trastuzumab consideration
  - Mix of qualitative/quantitative factors
  - Lack of quality control over biomarkers input

### Invasive Breast Cancer

NCCN Comprehensive Clinical Guidelines in Oncology - v2.2008

SYSTEMIC ADJUVANT TREATMENT - HORMONE RECEPTOR POSITIVE - HER2 NEGATIVE DISEASE

Flowchart illustrating treatment options based on ER status, tumor size, and node status.

ER Positive (pT1, pT2, or pT3 and pN0 or pN1):

- 1-3 cm, 0-1 nodes: Adjuvant therapy (Endocrine therapy ± tamoxifen ± aromatase inhibitor)
- 1-3 cm, 2-3 nodes: Adjuvant therapy (Endocrine therapy ± tamoxifen ± aromatase inhibitor ± chemotherapy)
- 4-5 cm, 0-1 nodes: Adjuvant therapy (Endocrine therapy ± tamoxifen ± aromatase inhibitor ± chemotherapy)
- 4-5 cm, 2-3 nodes: Adjuvant therapy (Endocrine therapy ± tamoxifen ± aromatase inhibitor ± chemotherapy)

ER Negative (pT1, pT2, or pT3 and pN0 or pN1):

- 1-3 cm, 0-1 nodes: Adjuvant therapy (Endocrine therapy ± tamoxifen ± aromatase inhibitor ± chemotherapy)
- 1-3 cm, 2-3 nodes: Adjuvant therapy (Endocrine therapy ± tamoxifen ± aromatase inhibitor ± chemotherapy)
- 4-5 cm, 0-1 nodes: Adjuvant therapy (Endocrine therapy ± tamoxifen ± aromatase inhibitor ± chemotherapy)
- 4-5 cm, 2-3 nodes: Adjuvant therapy (Endocrine therapy ± tamoxifen ± aromatase inhibitor ± chemotherapy)

ER Unknown (pT1, pT2, or pT3 and pN0 or pN1):

- 1-3 cm, 0-1 nodes: Adjuvant therapy (Endocrine therapy ± tamoxifen ± aromatase inhibitor ± chemotherapy)
- 1-3 cm, 2-3 nodes: Adjuvant therapy (Endocrine therapy ± tamoxifen ± aromatase inhibitor ± chemotherapy)
- 4-5 cm, 0-1 nodes: Adjuvant therapy (Endocrine therapy ± tamoxifen ± aromatase inhibitor ± chemotherapy)
- 4-5 cm, 2-3 nodes: Adjuvant therapy (Endocrine therapy ± tamoxifen ± aromatase inhibitor ± chemotherapy)

© 2008 NCCN

### Gene Profiling Technology:

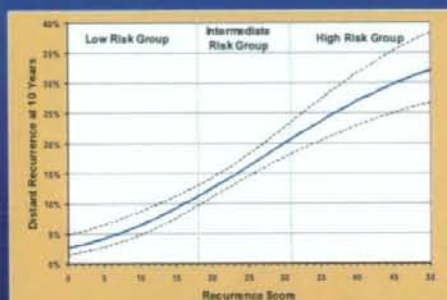
FPET → RNA extraction → RNA → Multigene RNA analysis → Recurrence Score

### Oncotype DX™ Technology: Algorithm and Recurrence Score (RS)

$$RS = +0.47 \times \text{HER2 Group Score} \\ -0.34 \times \text{ER Group Score} \\ +1.04 \times \text{Proliferation Score} \\ +0.10 \times \text{Invasion Group Score} \\ +0.05 \times \text{CD68} \\ -0.08 \times \text{GSTM1} \\ -0.07 \times \text{BAG1}$$

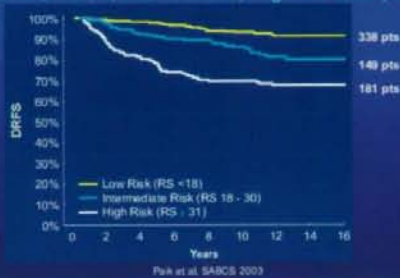
Recurrence Category	RS (0-100)
Low risk	<18
Intermediate risk	18-30
High risk	≥31

### Recurrence Score as a Continuous Predictor



### B14-Results

DRFS—Low, Intermediate, High RS Groups



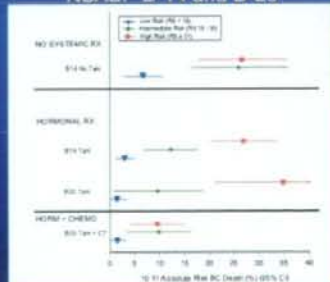
RS as a predictive factor for benefit from tamoxifen: NSABP B-14



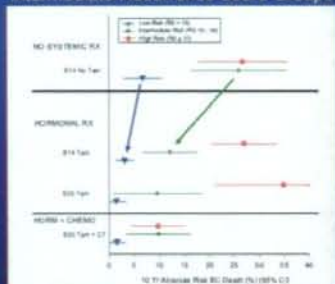
RS as a predictive factor for benefit from adjuvant chemotherapy: NSABP B-20



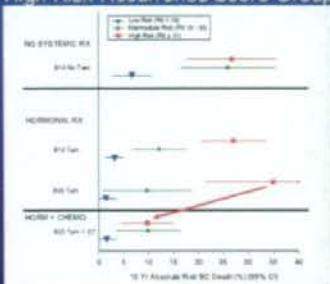
RS and Breast Cancer Death in NSABP B-14 and B-20



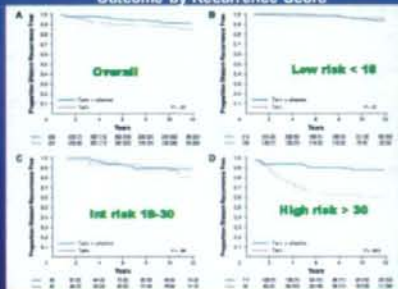
### Largest Tamoxifen Benefit Observed in Low and Intermediate Recurrence Score Groups



### Largest Chemotherapy Benefit Observed in High Risk Recurrence Score Group



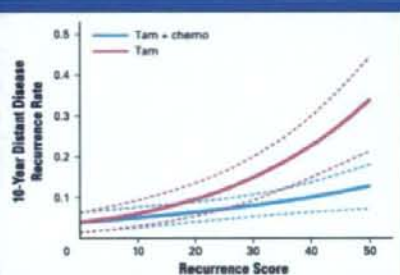
### NSABP B-20 Outcome by Recurrence Score



Pub. 9, et al. J Clin Oncol 24:1736-1744 2006

www.jco.org

Fig 4. Linear fit of the likelihood of distant recurrence as a continuous function of recurrence score for the tamoxifen alone (TAM) and tamoxifen plus chemotherapy (TAM + chemo) treatment groups



Pub. 9, et al. J Clin Oncol 24:3726-3734 2006

www.jco.org

### Use of 21-Gene RT-PCR Test

- Limited to ER+ node negative disease
- Validated only in tamoxifen treated patients with first generation chemotherapy
- Most HER2-positive disease has high RS
- Major use therefore is in ER+, HER2-negative, node negative disease.

### 21-Gene RT-PCR (OncotypeDX™)

- Pros
  - Highly reproducible
  - Quantitative
  - Based primarily upon known prognostic/predictive factors
  - Utilizes paraffin embedded tissue
- Cons
  - Expensive
  - Not clearly superior to assessment of ER/PR/HER2/Grade/Size/etc
  - Not US FDA approved







### Prospective randomized trials of bisphosphonates in bone metastasis from breast cancer

Author	Year	N	Phosphonate	Agent	Events	Events	Events	Events	Events	Events
Elomaa	1987	100	Zoledronic acid	Pamidronate	10	10	10	10	10	10
Paterson	1987	100	Zoledronic acid	Pamidronate	1	2	2	2	2	2
van Holten	1987	100	Zoledronic acid	Pamidronate	10	10	10	10	10	10
Paterson	1987	100	Zoledronic acid	Pamidronate	10	10	10	10	10	10
Hortobagyi	1988	100	Zoledronic acid	Pamidronate	1	1	1	1	1	1
Therasse	1988	100	Zoledronic acid	Pamidronate	1	1	1	1	1	1
Hortobagyi	1988	100	Zoledronic acid	Pamidronate	1	1	1	1	1	1
Paterson	1988	100	Zoledronic acid	Pamidronate	1	1	1	1	1	1

\*12 month analysis

\*Overall survival

†12 month analysis

†Overall survival

### Prospective randomized trials of bisphosphonates in bone metastasis from breast cancer

#### References

- Elomaa I, Blomqvist C, Pöykkö L, et al. Bone 1987;9:553
- Paterson AHG, Popoles TJ, Kams JA et al. J Clin Oncol 1987;5:1159
- van Holten Verzaatvoort AT, Bayvoet OLM, Hermans J et al. Lancet 1987;2:983
- Hortobagyi GN, Theriault RL, Porter L et al. N Engl J Med 1988;319:1785
- Therasse P, Lipton A, Lefrère R et al. Proc Am Soc Clin Oncol 1988;7:122 (abst)
- Hortobagyi GN, Theriault RL, Lipton RL et al. J Clin Oncol 1989;7:846
- Costa PF, Latreille J, Mauriac L et al. J Clin Oncol 1996;14:2552

### Metastatic Breast Cancer

- Zoledronic acid vs pamidronate
- Randomized, double blind, trial
- 1648 patients
- Zoledronic acid 4 mg iv q 3-4 weeks OR
- Pamidronate 90 mg iv q 3-4 weeks
- Duration of study drug 24 months

Evans et al. Cancer 2003;93:1215-1244

### Metastatic Breast Cancer

#### Zoledronic Acid vs. Pamidronate

Combination of 2 randomized controlled trials 1130 patients - breast cancer - osteolytic bone mets  
 Zoledronic acid 4mg IV q 3-4 weeks OR  
 Pamidronate 90 mg IV q 3-4 weeks  
 12 month observation

#### Results:

Proportion with skeletal related events (SRE)

Zoledronic Acid	Pamidronate	overall
43%	45%	lytic disease
48%	58%	
Time to first SRE (days)		
310	174	

Evans LE et al. Cancer 2004;103:36-41

### Metastatic Breast Cancer Zoledronic acid vs. Pamidronate - Long Term Efficacy

	Zoledronic Acid	Pamidronate	p value
SRE (%)	46%	49	NS
SRE (NRT)	19%	24%	0.037
Time to 1 <sup>st</sup> SRE (days)	376	356	NS
Time to 1 <sup>st</sup> SRE (days) by ca endocrine	415	370	0.047
SMR	9	1.49	0.125

### NCCN Guideline Recommendation BINV - 16 footnote "X"

- Pamidronate or zoledronic acid (with calcium 1200-1500mg and vitamin D 400-800 IU daily supplement) should be given (category 1) in addition to chemotherapy or endocrine therapy if bone metastasis present, expected survival  $\geq$  3 months and creatinine  $\leq$  3.0 mg/dL.

## Clinical Endpoints

- Decrease fracture risk
- Decrease need for radiation to bone
- Decrease need for surgery for bone
- Improve pain

## Bisphosphonates and Metastases

- Established role in metastatic bone disease
  - Data sources
    - Randomized, placebo controlled trials
    - Randomized controlled trials
    - Meta analyses
    - Cochrane reviews

## Patient Supplements

- Calcium 1200 – 1500 mg po daily
- Vitamin D 400 – 800 IU po daily
- Pre-administration assessment
  - Serum creatinine (adjust bisphosphonate per FDA black box)
  - Dental evaluation and treatment as needed

Wetmore K, Senter H, Brilman EF, Tawney PJ, Laverne LN, Day R, et al. Global review updated recommendations for the prevention, diagnosis, and treatment of metastases of the spine in cancer patients. 3 May 2008. *U.S. Bone Health*. 2007;62:148-52.

## Guidelines Revision Recommended

- Bisphosphonate for bone metastasis. Pamidronate 90mg IV over not less than 2 hours monthly (FDA approved) *OR* Zoledronic acid 4mg IV over not less than 15 minutes monthly (FDA approved).
- Ibandronate 6mg IV over 1-2 hours monthly (not FDA approved)

Taylor T, Body JJ, Brington B. Review of zoledronic acid in the treatment of metastatic bone disease: experience from phase III trials. *Onco Ther* 2004;6:1047-55.

Prekerish R, Brizan S, Body JJ, Cui L, Brington B. Long-term safety of intravenous zoledronic acid for up to 4 years in metastatic breast cancer: an open-label trial. *Onco Ther* 2006;8:110-22.

## Bisphosphonates Cancer Treatment Induced Bone Loss (CTIBL)

- NCCN Guideline – None
- Background
  - Chemotherapy and ovarian ablation result in bone loss
  - Presumed mechanism hypoestrogenism
  - Aromatase inhibitors result in bone loss and increased fracture risk

## CTIBL – Studies with Bisphosphonates

Risedronate				
Study	# Pt	End Point	Agents	Results
IBBCT	51	IBMD L1, hip	Risedronate 35 mg (once daily) 1.3 weeks, 35 mg (once daily) 1.3 weeks, 35 mg (once daily) 1.3 weeks, 35 mg (once daily) 1.3 weeks	Improved IBMD L1, hip with risedronate
IBBCT	87	IBMD L1, hip	Risedronate 35 mg weekly vs placebo	Improved IBMD L1, hip
IBBCT	116	IBMD L1	Risedronate 35 mg weekly vs placebo	No difference in IBMD L1 at 12 mos
Ibandronate				
IBBCT	131	IBMD	Ibandronate 6mg weekly vs placebo	Improved IBMD L1, hip



## Monitoring of Bone Health

- Monitor BMD at baseline, 12 months and annually
- Calcium 1200 – 1500 mg po daily
- Vitamin D 400 – 800IU daily
- Dental exam and treatment prior to bisphosphonate use
- Monitor serum creatinine per FDA recommendation

## Adjuvant Bisphosphonate

- Potential to reduce recurrence and death from breast cancer
- Moot point if bisphosphonate used for BMD preservation.

## Oral Clodronate for Primary Breast Cancer

- 1069 patients
- Oral clodronate 1600 mg/day or placebo
- 2 years of therapy – start within 6 months
- Endpoint – bone relapse

Powles T et al. J Clin Oncol 2002; 20:3219-3224

## Results Powles et al.

- During clodronate – significant decrease in bone mets
- Significant reduction in mortality during follow-up (23% reduction)

Powles T et al. J Clin Oncol 2002; 20:3219-3224  
Abula S et al. Drug Safety 2003; 26:661-671

## Reductions in New Metastases in Breast Cancer with Adjuvant Clodronate

- 302 patients primary breast cancer
- Bone marrow positive by cytokeratin (at least one cell)
- Clodronate 1600 mg daily or nil
- 2 years treatment
- Endpoints – distant mets, survival

Diel U et al. N Engl J Med 1998; 339:357

## Results Diel et al.

Distant mets	21 clodronate	42 nil
Deaths	6 clodronate	22 nil
Bone mets	12 clodronate	25 nil
Median follow-up	36 months	

Diel U et al. N Engl J Med 1998; 339:357  
Diel U et al. Cancer 2000; 3083-3088