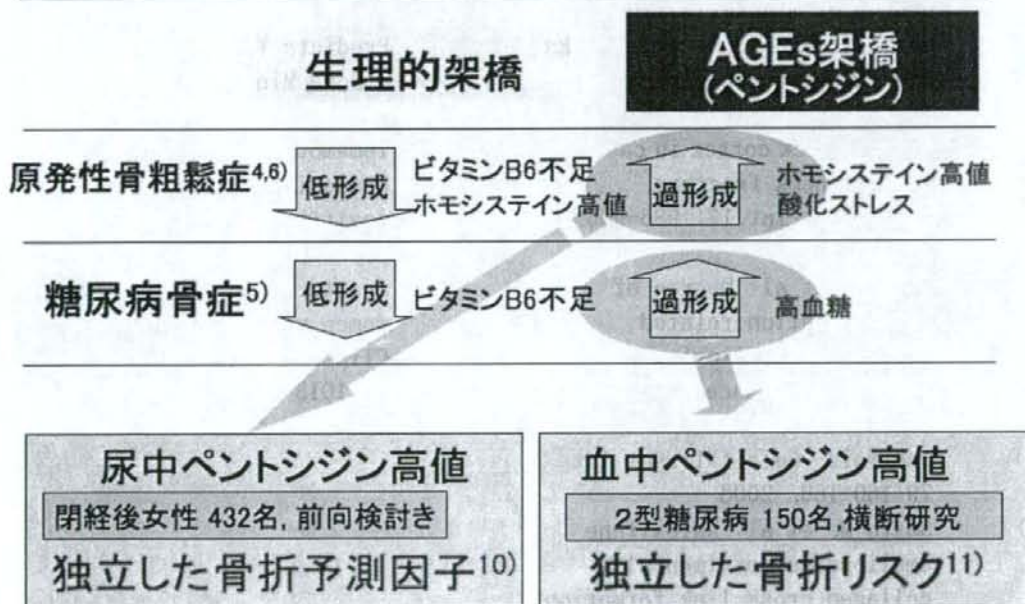


図2. 原発性骨粗鬆症におけるコラーゲンの架橋形成に異常が生じるメカニズム。
 ビタミンB群・葉酸不足, MTHFR 酵素 (TT 型) により, 血中のホモシステインが高値となる。これらの因子は, 生理的架橋の形成に関わるリジロキシダーゼの酵素活性を低下させるのに対して, AGEs 架橋 (ペントシジン) の形成を促進する酸化ストレスを高めてしまう。(著者作成)

表2. 骨コラーゲンの架橋異常と
 骨折リスクマーカーとしての尿中および血中のペントシジン測定

表2



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