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# “Pulse” Treatment With High-Dose Angiotensin Blocker Reverses Renal Arteriolar Hypertrophy and Regresses Hypertension

Kimiko Ishiguro, Kaori Hayashi, Hiroyuki Sasamura, Yusuke Sakamaki, Hiroshi Itoh

**Abstract**—One ultimate goal of hypertension therapy is to cause permanent reversal (“regression”) of already established hypertension. Our aim was to examine whether high-dose “pulse” treatment with a renin-angiotensin system inhibitor could cause regression of established hypertension and to link this action to reversal of arteriolar hypertrophy and changes in vascular matrix metalloproteinase activities. First, 16-week-old male spontaneously hypertensive rats ( $n=60$ ) were pulse treated for 2 weeks with high-dose angiotensin-converting enzyme inhibitor (enalapril), angiotensin receptor blocker (candesartan), calcium channel blocker (nifedipine), or vasodilator (hydralazine) with or without salt restriction, and the long-term effects on blood pressure were examined. Second, spontaneously hypertensive rats were treated with angiotensin receptor blocker or calcium channel blocker, and the effects on renal gene expressions, arteriolar structure, and vascular matrix metalloproteinase were compared. Treatment of spontaneously hypertensive rats with different antihypertensive agents caused apparently similar reductions in blood pressure during the course of the pulse treatment, within the limitations of the tail-cuff method. After cessation of medications, blood pressure in the rats treated with renin-angiotensin system inhibitor remained reduced by  $>30$  to  $40$  mm Hg for 4 months. No such effect was seen with calcium channel blocker or vasodilator. The 2-week angiotensin receptor blocker treatment induced a marked reversal of the arteriolar hypertrophy specifically in the small ( $30$  to  $100$   $\mu\text{m}$ ) renal arterioles, together with increased expression and activity of matrix metalloproteinase-13. In conclusion, transient high-dose pulse treatment with angiotensin receptor blocker caused changes in vascular matrix metalloproteinase activity, specific reversal of renal arteriolar hypertrophy, and regression of hypertension in spontaneously hypertensive rats. (*Hypertension*. 2009;53:83-89.)

**Key Words:** angiotensin receptor blocker ■ calcium channel blocker ■ regression ■ spontaneously hypertensive rat ■ MMP ■ renal arteriolar hypertrophy

It has been estimated that  $\approx 26.4\%$  of the adult world population in the year 2000 had hypertension, and the number was projected to increase to  $29.2\%$  by the year 2025.<sup>1</sup> Because hypertension is a major risk factor for diseases such as stroke, coronary artery disease, heart failure, kidney disease, and vascular disease, the medical, economic, and social consequences of the current epidemic of hypertension are considerable.<sup>2</sup>

One strategy for managing this disease is “prevention” of the development of hypertension. Previous studies by Harrap et al.<sup>3</sup> Richer et al.<sup>4</sup> and other groups, including our own<sup>5-7</sup>, have shown that treatment of young (4- to 6-week-old) prehypertensive spontaneously hypertensive rats (SHRs) with a renin-angiotensin system (RAS) inhibitor is effective in permanently attenuating the later development of hypertension. In other words, transient administration of a RAS inhibitor, if given before hypertension was fully established, was found to be effective for hypertension prevention in

SHR. The feasibility of using transient RAS inhibition to prevent the development of hypertension in human patients has been confirmed recently by Julius et al<sup>8</sup> in the landmark Trial of Preventing Hypertension.

A different strategy would be to aim for “regression” of already established hypertension. Importantly, Smallegange et al<sup>9</sup> reported that transient treatment of adult SHRs with a high-dose angiotensin-converting enzyme inhibitor (ACEI), together with a low-salt diet, was effective in causing a sustained reduction of blood pressure even if administration of the drug was started at 16 weeks, well after hypertension was established in the SHR model. These results suggested that high-dose RAS inhibition could indeed be effective in the reversal or regression of already established hypertension. Potentially, this could have a great clinical benefit, because it could mean that patients with established hypertension could well be “cured” by appropriate transient therapy.

At present, it is unclear whether regression of hypertension is an effect that is specific to RAS inhibitors or is generally

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seen with high doses of other antihypertensive agents, such as calcium channel blockers (CCBs) or vasodilators. The molecular mechanism is also undefined, in particular, the relationship with renal arteriolar hypertrophy, which is thought to play an important role in the maintenance of hypertension in SHR.<sup>10,11</sup>

The objective of this study was, therefore, to test the hypothesis that high-dose pulse treatment with a RAS inhibitor but not a CCB would cause regression of established hypertension and to link this action to reversal of arteriolar hypertrophy and changes in vascular matrix metalloproteinase (MMP) activities. The specific aim of the first experiment was to compare the efficacy of a total of 8 antihypertensive pulse regimens (with and without a low-salt diet) in inducing regression. In the second experiment, we examined whether high-dose pulse treatment could affect the renal arteriolar hypertrophy found in SHR, as well as cause changes in activities of the vascular matrix metalloproteinases (MMPs). Our results suggest that high-dose pulse treatment with a RAS inhibitor causes changes in arteriolar MMP activity, leading to reversal of arteriolar hypertrophy and, ultimately, to regression of hypertension in the SHR model.

## Methods

### Animal Treatment Protocols

The studies were conducted using 16-week-old male Wistar-Kyoto (WKY) rats (WKY/1zm) and SHR (SHR/1zm) obtained from Sankyo Laboratory Services (Tokyo, Japan). All of the experiments were approved by the institutional review committee and performed in accordance with the Keio University School of Medicine Animal Experimentation Guidelines.

### Experiment 1

SHRs were randomly divided into 10 groups as follows ( $n=6$  per group). Rats in group 1 were control SHRs. Rats in groups 2 to 5 were treated from 16 to 18 weeks with the ACEI enalapril maleate in drinking water (20 mg/kg per day), the ARB candesartan cilexetil dissolved in the drinking water (50 mg/kg per day), the vasodilator hydralazine (25 mg/kg per day), or the CCB nifedipine in chow (50 mg/kg per day). Rats in groups 6 to 10 were treated identically to groups 1 to 5 but were also treated from 16 to 18 weeks with a low-salt diet (0.05% Na). All of the interventions were discontinued at age 18 weeks, and the rats were observed without any medication for a further 18 weeks, then euthanized at age 36 weeks.

### Experiment 2

WKY rats and SHRs were randomly divided into 4 groups as follows ( $n=6$  per group). Rats in group 1 were control WKY rats. Rats in group 2 were control SHRs. Rats in groups 3 and 4 (ARB and CCB groups) were treated with either the ARB candesartan (50 mg/kg per day) or the CCB nifedipine (50 mg/kg per day), as described above, then euthanized at the end of the 2-week pulse treatment at age 18 weeks.

### Assays

The systolic blood pressure and heart rate of awake animals were measured by tail-cuff plethysmography using a Natsume KN-210 manometer (Natsume, Inc). Twenty-four-hour urine collection was performed in metabolic cages, and urine albumin excretion was determined by a direct competitive ELISA (Nephra). Other biochemical assays are described in the online data supplement (available at <http://hyper.ahajournals.org>).

### Histological Studies

The kidneys and thoracic aortas were removed and fixed in 4% paraformaldehyde, then embedded in paraffin blocks. In experiment 2, tissue samples were also obtained from the mesentery, heart, and brain, for the examination of mesenteric, cardiac, and cerebral arterioles. Details of the histological assessment are described in the online data supplement.

### Preparation of RNA and Real-Time RT-PCR and Microarray Analysis

Kidney RNA was prepared for real-time RT-PCR and microarray analysis, as described in detail in the online data supplement.

### In Situ Zymography and Immunofluorescence Staining

High-resolution, high-sensitive zymography was performed using the protocol of Ahmed et al.<sup>12</sup> with minor modifications. Immunofluorescence staining of vascular MMP expression was performed using standard protocols (for details, see the online data supplement).

### Statistics

Results were expressed as the means  $\pm$  SEMs. Statistical comparisons were made by ANOVA, followed by Scheffe's posthoc test.  $P$  values  $<0.05$  were considered statistically significant.

## Results

### Experiment 1

#### Effects of Pulse Treatment With Antihypertensive Agents on Systolic Blood Pressure in SHRs

The changes in systolic blood pressure in the different groups are shown in Figure 1. At age 16 weeks, before the initiation of the pulse treatment, hypertension had been fully established, ie, the blood pressure in the different groups had reached the plateau value of  $\approx 220$  mm Hg. Treatment with the different antihypertensive agents caused a decrease in blood pressure to  $\approx 150$  mm Hg during the duration of the 2-week pulse therapy. After discontinuation of the antihypertensive medication, the blood pressure rapidly reverted to control values in the CCB- and vasodilator-treated groups. In clear contrast, the blood pressure in the ACEI- and ARB-treated groups were maintained at values of  $\approx 180$  mm Hg (a difference of  $>30$  to 40 mm Hg). Essentially similar results were found in groups 6 to 10, which had been exposed to a low-salt diet from age 16 to 18 weeks (Figure 1B).

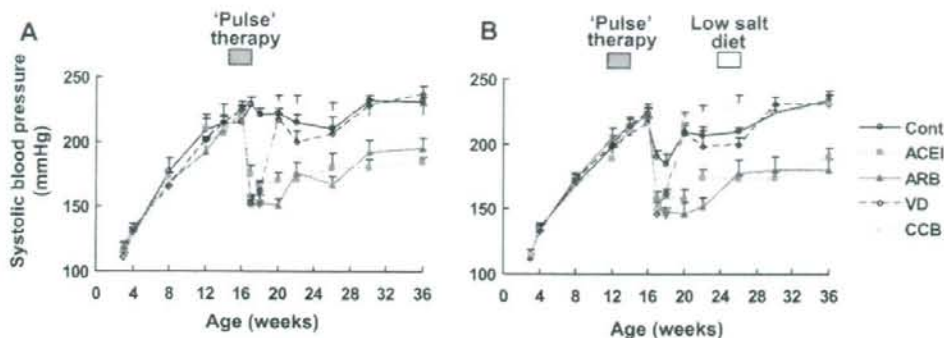
#### Effects of Pulse Treatment With Antihypertensive Agents on Cardiovascular Hypertrophy, Parameters of Renal Function, and Plasma Renin Activity/Plasma Aldosterone Concentration at Age 36 Weeks in SHRs

As expected from the sustained decrease in blood pressure, the heart weight:body weight ratios, aortic media:lumen ratios, and renal arteriolar media:lumen ratios were decreased at the end of the study (age 36 weeks) in the rats previously treated with pulse ACEI or ARB (data not shown). No significant differences in blood urea nitrogen, plasma creatinine, plasma renin activity, plasma aldosterone concentration, or the oxidative marker plasma lipid peroxides were found in the different groups at age 36 weeks.

### Experiment 2

#### Short-Term Effects of Pulse Treatment With ARB or CCB on Cardiovascular Hypertrophy and Parameters of Renal Function at Age 18 Weeks in WKY Rats and SHRs

In experiment 2, we examined the short-term effects of the 2-week pulse treatment on cardiovascular hypertrophy and



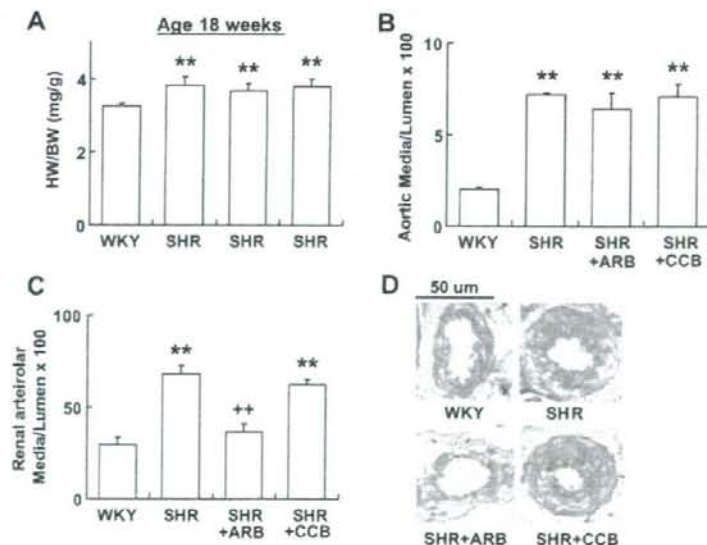
**Figure 1.** Effects of pulse treatment with antihypertensive agents, with and without a low-salt diet, on systolic blood pressure in SHRs. **A**, Results without a low-salt diet. **B**, Results with a low-salt diet. Cont indicates control; ACEI, treated with pulse enalapril; ARB, treated with pulse candesartan; Vd, treated with pulse hydralazine; and CCB, treated with pulse nifedipine from age 16 to 18 weeks. Systolic blood pressures in the ACEI and ARB groups were significantly ( $P < 0.01$ ) decreased vs the Cont groups at all time points from age 20 weeks onward in both **A** and **B** (symbols have been omitted for the sake of clarity).

parameters of renal function in 4 groups of rats: normotensive WKY rats, control SHRs, and SHRs treated with either ARB or CCB for 2 weeks, and data were obtained immediately at the end of the pulse treatment (age 18 weeks). Pulse treatment with ARB was associated with a small decrease in heart weight:body weight ratios compared with CCB, but the results did not attain statistical significance. Similarly, aortic media:lumen ratios were not significantly changed in the rats treated with ARB or CCB. In contrast, the media:lumen ratios in the small (30 to 100  $\mu\text{m}$ ) arterioles were markedly reduced by the ARB pulse treatment but not by the CCB (Figure 2). Of interest, the decreases in media:lumen ratios were found to be specific for renal small arterioles and were not found in larger renal arterioles (100 to 300  $\mu\text{m}$ ) or arterioles from other tissues, namely, the mesentery, heart, and brain (Table S1). Urine albumin excretion was significantly decreased in the SHRs treated with ARB (WKY:  $7.2 \pm 2.6$  mg/d; SHR:

$9.2 \pm 3.0$  mg/d; SHR+ARB:  $0.8 \pm 0.4$  mg/d [ $P < 0.05$  vs SHR]; SHR+CCB:  $3.6 \pm 1.2$  mg/d), but no significant differences in blood urea nitrogen, plasma creatinine, or plasma lipid peroxides were found in the different groups.

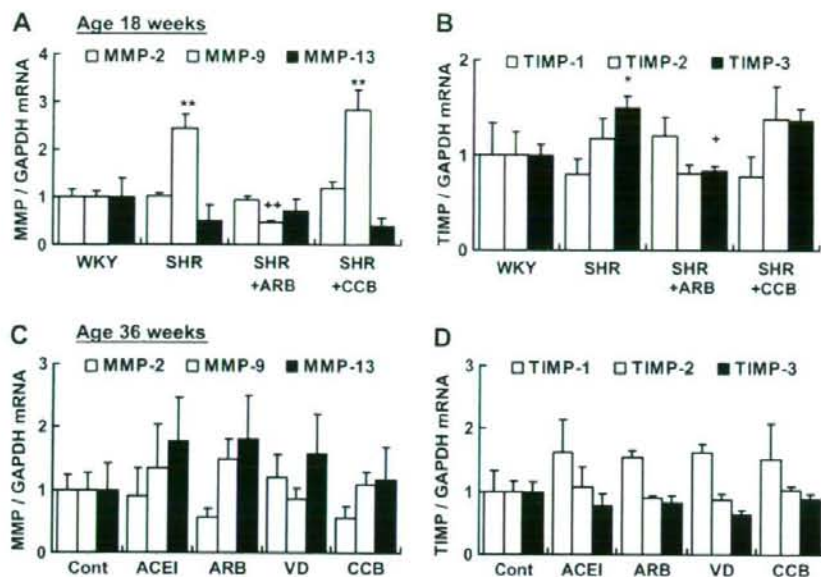
#### Microarray Analysis of Differences in Renal Gene Expressions in SHRs Treated With Pulse ARB or CCB for 2 Weeks

The differences in expression of a total of 28 000 genes in the kidneys of SHRs treated with ARB or CCB were examined using the Affymetrix rat 230 2.0 gene expression array. A total of 1345 genes were elevated in the ARB-treated rats compared with the CCB-treated rats, whereas 5671 were reduced. Several extracellular matrix-related genes, including type IV procollagen and MMP-15, were elevated in the ARB-treated rats, whereas MMP-9, tissue inhibitor of matrix metalloproteinase (TIMP)-2, and TIMP-3 gene expressions



**Figure 2.** Short-term effects of pulse treatment with ARB or CCB on cardiovascular hypertrophy at age 18 weeks in SHRs. **A**, Heart weight:body weight ratios. **B**, Aortic media:lumen ratios. **C**, Media:lumen ratios of renal small arterioles (30 to 100  $\mu\text{m}$ ). **D**, Representative photomicrographs of renal arterioles in the different groups. WKY indicates untreated WKY rats; SHR, untreated SHRs; SHR+ARB, SHRs treated with pulse candesartan; SHR+CCB, SHRs treated with pulse nifedipine. \*\* $P < 0.01$  vs WKY rats; ++ $P < 0.01$  vs SHRs.





**Figure 3.** Effects of pulse treatment with ARB or CCB on renal gene expressions in SHR rats. **A**, MMP-2, MMP-9, and MMP-13 mRNA at age 18 weeks. **B**, TIMP-1, TIMP-2, and TIMP-3 mRNA at age 18 weeks. **C**, MMP-2, MMP-9, and MMP-13 mRNA at age 36 weeks. **D**, TIMP-1, TIMP-2, and TIMP-3 mRNA at age 36 weeks. Abbreviations of groups as in Figures 1 and 2. \* $P < 0.05$ , \*\* $P < 0.01$  vs WKY rats; + $P < 0.05$ , + $P < 0.01$  vs SHRs.

were decreased in the ARB-treated group (Table S2). Among the genes of the RAS, only renin mRNA was increased in the ARB-treated group, which was expected as a feedback response to inhibition of the RAS.

#### Real-Time RT-PCR Analysis of the Short-Term Effects of Pulse Treatment With ARB or CCB on Renal Gene Expressions at Age 18 Weeks in WKY Rats and SHRs

To confirm the results of the microarray analysis, the differences in the gene expression of MMP-2, MMP-9, MMP-13, TIMP-1, TIMP-2, and TIMP-3 were assessed by real-time RT-PCR. As shown in Figure 3, pulse treatment of SHRs with ARB caused a significant decrease in MMP-9 and TIMP-3 mRNA expression, whereas no significant effect was seen with CCB, findings that were consistent with the results of the microarray analysis. Values of MMP-13 mRNA expression were somewhat higher in the ARB-treated rats compared with CCB at the end of the pulse treatment (18 weeks), but the results did not attain statistical significance. No significant differences were found in any of these genes between the different groups at age 36 weeks.

#### Short-Term Effects of Pulse Treatment With ARB or CCB on Vascular MMP Activity and Expression at Age 18 Weeks in WKY Rats and SHRs

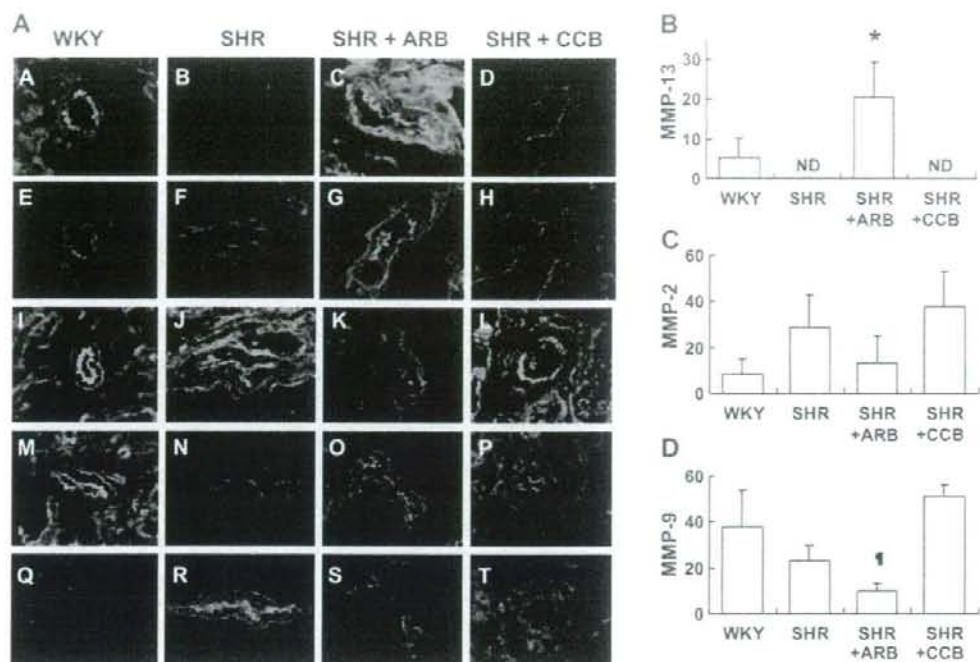
High-resolution, high-sensitivity in situ zymography was performed to examine the activity of MMPs in the renal microvasculature. As shown in Figure 4, degradation of type I collagen (type I collagenolytic activity) in the renal arterioles was found to be clearly increased in the SHRs treated with ARB but not with CCB. Parallel experiments were performed in the presence of an MMP-13 inhibitor, because

MMP-13 is known to be the predominant MMP involved in degradation of type I collagen in the rat, which lacks the MMP-1 gene. The type I collagenolytic activity in the vasculature was inhibited by the MMP-13 inhibitor, confirming that the changes seen reflected MMP-13 activity. In the case of type IV collagenolytic activity, MMP-9-dependent degradation of type IV collagen was decreased in ARB-treated rats but not in the CCB-treated rats. Both type I and type IV collagenolytic activities were completely inhibited by the broad-spectrum MMP inhibitor 1-10 phenanthroline (data not shown). Examination of MMP-13, MMP-2, and MMP-9 expression by immunofluorescence staining showed a similar trend to the results of in situ zymography (Figure 5).

#### Discussion

The main findings of this study were as follows: (1) pulse treatments with ARB and ACEI (with or without concomitant low-salt diet treatment) were equally effective in causing a long-term reduction in blood pressure; (2) the reductions in blood pressure were accompanied by long-term reductions in cardiac and vascular hypertrophy; (3) the pulse treatment caused a remarkable regression of renal arteriolar hypertrophy in the course of just 2 weeks; and (4) these changes were associated with changes in expression and activity of vascular MMPs in the kidney.

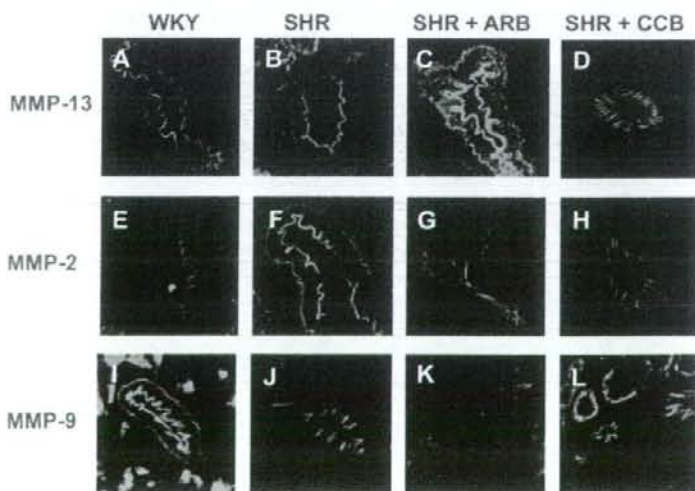
The fact that long-term reductions in blood pressure were seen with an ARB and ACEI but not with the CCB or vasodilator is of interest in view of the widespread use of these agents for the treatment of hypertension. Concerning the dose of ARB or ACEI required to obtain regression, we are performing a companion study to examine the effects of



**Figure 4.** Short-term effects of pulse treatment with ARB or CCB on vascular MMP-13, MMP-2, and MMP-9 activities at age 18 weeks in SHRs. **A**, Representative in situ zymograms of (A through D) total type I collagenolytic activity; (E through H) type I collagenolytic activity in the presence of MMP-13 inhibitor; (I through L) total type IV collagenolytic activity; (M through P) type IV collagenolytic activity in the presence of MMP-2 inhibitor; and (Q through T) type IV collagenolytic activity in the presence of MMP-9 inhibitor. **B** through **D**, Quantification of (B) MMP-13, (C) MMP-2, and (D) MMP-9 activities in medial layers of renal arterioles. Abbreviations of groups as in Figure 2. \* $P < 0.05$  vs WKY rats; † $P < 0.05$  vs SHR + CCB.

pulse treatment with different doses of ARB (1 to 50 mg/kg per day) on regression of glomerular hypertrophy and sclerosis and have found that the maximal effect on the regression of glomerular changes is obtained with the high dose (50 mg/kg per day) used in this study (unpublished observation).

One caveat of this study concerns the limitations of the indirect measurement of blood pressure. As in our previous studies, we performed the blood pressure measurements of the different groups on the same day, with the same experienced investigator, after an initial period of training under



**Figure 5.** Short-term effects of pulse treatment with ARB or CCB on vascular MMP-13, MMP-2, and MMP-9 expression at age 18 weeks in SHRs. Immunofluorescent staining of (A through D) MMP-13 protein; (E through H) MMP-2 protein; and (I through L) MMP-9 protein.



stress-free conditions. Under these conditions, we found a clear-cut reduction of blood pressure ( $>30$  to 40 mm Hg) in the ACEI- and ARB-treated groups every 2 weeks, consistently over several months, compared with the control, CCB-treated, and vasodilator-treated groups. However, it should be recognized that the indirect method is less accurate than direct measurement using an indwelling catheter, and absolute values of blood pressure may not be wholly reliable.<sup>13</sup> Moreover, unlike the telemetry method, the measurements were made at a single point and were not made continuously over multiple days; thus, small differences in blood pressure between the different groups at age 18 weeks cannot be accurately assessed. Because of the limited precision of the tail-cuff method, we cannot conclude whether the effects of ARB at age 18 weeks are entirely independent of blood pressure.

An important finding was that treatment with a high dose of ARB alone was sufficient to cause a remarkable reversal of renal arteriolar hypertrophy in the course of just 2 weeks. The media:lumen ratios of the small renal arterioles in the ARB pulse-treated rats were decreased almost to the levels found in the normotensive WKY rat, whereas the CCB did not have a significant effect. Several lines of evidence suggest that hypertrophy of the small arterioles in the kidney plays a major role in the pathogenesis of hypertension in the SHR.<sup>10,11,14</sup> Therefore, the observed reversal of renal arteriolar hypertrophy is compatible with the regression of hypertension seen in the ARB-treated groups.

Because we found marked changes in the kidney after just 2 weeks of pulse treatment, we performed a comprehensive survey (microarray analysis) of the differences in gene expression in the kidney of ARB-treated and CCB-treated rats. Interestingly, the microarray analysis did not reveal a major change in components of the RAS, except for an increase in renin mRNA, which could be expected as a feedback response to RAS inhibition. In contrast, expression of several extracellular matrix-related proteins, in particular, MMPs and TIMPs, was differently affected by the 2 treatments, and these results were confirmed by RT-PCR analysis. We focused on these findings, because changes in the expression of these genes could be involved in the remodeling of the renal arterioles. To clarify the changes in the renal arterioles, we assayed tissue MMP activity using a recently developed high-resolution, high-sensitivity *in situ* zymography technique.<sup>12</sup> Using this method, we found that the ARB treatment had different effects on the vascular MMP system than the CCB treatment and caused an increase in vascular MMP-13 activity and a decrease in MMP-9 activity, which could explain the different effects on regression of renal arteriolar hypertrophy. These findings were confirmed immunohistologically, by immunofluorescence staining of these MMPs.

It is well established that the MMPs, in particular, members of the collagenase and gelatinase families, play an important role in tissue remodeling by cleaving many structural proteins of the extracellular matrix.<sup>15</sup> MMP-13 is the predominant collagenase in rodents that lack the gene for MMP-1 and is involved in the collagenolysis of types I, II, and III collagens.<sup>16</sup> MMP-13 is known to be expressed in

cultured vascular smooth muscle cells<sup>17</sup> and has been implicated in remodeling of the uterine artery during pregnancy,<sup>18</sup> in angiogenesis,<sup>19</sup> and in aneurysm formation.<sup>17</sup> These reports are consistent with the notion that upregulation of vascular MMP-13 activity by high-dose ARB in this model will result in collagenolysis of vascular collagens, favoring regression of renal arteriolar hypertrophy. It has been reported that MMP-9 (gelatinase B) is also expressed in cultured vascular smooth muscle cells, where it is involved in cell migration<sup>20</sup> and is upregulated by angiotensin II.<sup>21</sup> Therefore, the inhibition of MMP-9 by ARB could cause inhibition of compensatory smooth muscle cell migration, further contributing to the vascular changes.

The results of this study extend the work of Smallegange et al<sup>9</sup> using ACEI and a low-salt diet. In their studies, they found that cross-transplantation of kidneys from rats treated transiently with ACEI and a low-salt diet to hypertensive rats caused a transfer of the sustained reduction of blood pressure, whereas the untreated kidneys caused an increase in blood pressure. Moreover, the ACEI and low-salt treatment caused a significant decrease in renal vascular resistance. We speculate that the marked regression of renal small arteriolar hypertrophy ("renal microvascular remodeling") reported in this study is intimately involved in the mechanism of hypertension regression found in these models.

### Perspectives

Because the animal studies on the prevention of hypertension development were successfully confirmed clinically by the Trial of Preventing Hypertension,<sup>8</sup> we have now designed a multicenter prospective clinical study (Short Treatment With Angiotensin Receptor Candesartan Surveyed by Telemedicine Study) to examine the feasibility of regression of established hypertension (ie, reversal from stage I to prehypertension) using transient ARB treatment in patients with essential hypertension.<sup>22</sup> The results of this study lead us to speculate that the development of methods to cause regression (or cure) of hypertension, and the study of the mechanisms of regression, may become one of the central themes in hypertension research this century.

### Acknowledgment

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### Disclosures

None.

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ONLINE SUPPLEMENT

'PULSE' TREATMENT WITH HIGH-DOSE ANGIOTENSIN BLOCKER REVERSES RENAL ARTERIOLAR  
HYPERTROPHY AND REGRESSES HYPERTENSION

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Running Title: Pulse ARB treatment in SHR

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Word counts: Manuscript 4334 words, Abstract 229 words

| Group Number<br>Treatment               | 1<br>WKY       | 2<br>SHR        | 3<br>SHR+ARB    | 4<br>SHR+CCB    |
|---|----------------|-----------------|-----------------|-----------------|
| Renal arterioles (30-100 $\mu$ m)       | 29.6 $\pm$ 3.8 | 67.8 $\pm$ 4.4* | 36.5 $\pm$ 4.2† | 62.3 $\pm$ 2.8* |
| Renal arterioles (100-300 $\mu$ m)      | 29.3 $\pm$ 1.7 | 39.0 $\pm$ 2.3  | 37.6 $\pm$ 5.7  | 41.2 $\pm$ 5.6  |
| Mesenteric arterioles (30-100 $\mu$ m)  | 19.0 $\pm$ 3.3 | 21.2 $\pm$ 2.1  | 16.2 $\pm$ 2.0  | 17.2 $\pm$ 1.1  |
| Mesenteric arterioles (100-300 $\mu$ m) | 22.3 $\pm$ 3.4 | 22.0 $\pm$ 3.0  | 20.6 $\pm$ 5.8  | 18.1 $\pm$ 2.3  |
| Cardiac arterioles (30-100 $\mu$ m)     | 17.5 $\pm$ 3.4 | 24.9 $\pm$ 2.1  | 20.1 $\pm$ 1.9  | 25.1 $\pm$ 2.0  |
| Cardiac arterioles (100-300 $\mu$ m)    | 16.9 $\pm$ 1.1 | 22.4 $\pm$ 3.0  | 21.3 $\pm$ 1.6  | 25.4 $\pm$ 1.0  |
| Cerebral arterioles (30-100 $\mu$ m)    | 16.5 $\pm$ 2.1 | 21.1 $\pm$ 3.1  | 18.0 $\pm$ 3.0  | 18.7 $\pm$ 1.4  |
| Cerebral arterioles (100-300 $\mu$ m)   | 16.1 $\pm$ 1.9 | 19.9 $\pm$ 3.0  | 21.4 $\pm$ 3.0  | 20.4 $\pm$ 1.0  |

\*: p<0.01 vs WKY ; † p<0.01 vs SHR

Online Supplement Table S1. Values of media/lumen ratios (x 100) of arterioles in the kidney, mesentery, heart, and brain in the different groups at age 18 weeks in Experiment 2. Results shown are means  $\pm$  SEM. WKY: untreated WKY, SHR: untreated SHR, SHR+ARB: SHR treated with 'pulse' candesartan, SHR+CCB: SHR treated with 'pulse' nifedipine.



# Relation of Blood Pressure Quantitative Trait Locus on Rat Chromosome 1 to Hyperactivity of Rostralventrolateral Medulla

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**Abstract**—Genetic factors that induce essential hypertension have been examined using genome-wide linkage analyses. A quantitative trait locus (QTL) region that is closely linked to hypertension has been found on chromosome 1 in stroke-prone spontaneously hypertensive rats (SHRSPs). We used 2 congenic rats in which the blood pressure QTL on rat chromosome 1 was introgressed from SHRSP/1zm to Wistar-Kyoto (WKY)/1zm (WKYpch1.0) and from WKY/1zm to SHRSP/1zm (SHRSPwch1.0) rats by repeated backcrossing. Previous studies reported that the intermediate phenotype of this QTL for hypertension is characterized by the hyperactivity of the sympathetic nervous system in response to physiological and psychological stress. We performed intracellular patch-clamp recordings of rostral ventrolateral medulla (RVLM) neurons from WKY, WKYpch1.0, SHRSPwch1.0, and SHRSPs and compared the basal electrophysiological activities of RVLM neurons and the responses of these neurons to angiotensin II. The basal membrane potential of RVLM neurons from WKYpch1.0 was significantly “shallower” than that of the neurons from WKY. The depolarization of RVLM neurons from WKYpch1.0 in response to angiotensin II was significantly larger than that in neurons from WKY rats, whereas the depolarization of RVLM neurons from SHRSPwch1.0 was significantly smaller than that in neurons from SHRSPs. The response to angiotensin II of RVLM neurons from WKYpch1.0 and SHRSPs was sustained even after the blockade of all of the synaptic transmissions using tetrodotoxin. The QTL on rat chromosome 1 was primarily related to the postsynaptic response of RVLM bulbospinal neurons to brain angiotensin II, whereas both the QTL and other genomic regions influenced the basal activity of RVLM neurons. (*Hypertension*. 2009;53:42-48.)

**Key Words:** sympathetic nervous system ■ congenic rat ■ angiotensin II ■ stress ■ RVLM neurons

The stroke-prone spontaneously hypertensive rat (SHRSP) is a useful model for the study of human essential hypertension.<sup>1</sup> Previous genome-wide analyses identified a potent quantitative trait locus (QTL) on rat chromosome 1 (Chr-1) that is responsible for hypertension in SHRSPs; this trait was confirmed in congenic strains for the QTLs.<sup>2-5</sup> Further analyses of the congenic strains suggested that this QTL harbored a gene (or genes) that regulated sympathetic responses to various stresses, such as restraint, cold, and air-jet stress.<sup>3-7</sup> Because the stressors used were either physical or emotional in nature, we hypothesized that a common pathway regulating sympathetic responses to stress might be responsible for this phenomenon. In this regard, the genetic effects of the Chr-1 QTL on the neuronal activity of the rostral ventrolateral medulla (RVLM), which is thought to determine the basal sympathetic nervous tone in response to various inputs from higher brain centers,<sup>8,9</sup> were explored in

this study. In addition, among various modulators of RVLM activity, we particularly focused on the role of angiotensin II (Ang II) based on the following observations: physiological studies on rabbits showed that cardiovascular responses to air-jet stress were attenuated by the infusion of Ang II receptor blockers into the RVLM, implying a pivotal role of angiotensinergic neurons in the RVLM on the responsiveness to emotional stress.<sup>10</sup> Thus, we studied the stimulatory effect of Ang II on RVLM neurons in a previous study using brain stem-spinal cord preparations from neonatal rats.<sup>11</sup>

In the present study, we used reciprocal congenic strains constructed to evaluate the effect of the blood pressure QTL on Chr-1 on the electrophysiological activities of RVLM neurons in the absence of any influence from blood pressure and the higher brain center in the hypothalamus. The basal activity and response to Ang II superfusion were recorded in a single neuron using the whole-cell patch-clamp technique.

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## Materials and Methods

### Animals

Two congenic rat strains, WKY-SHRSP-(D1Wox29-D1Arb21)/Izm (abbreviated as WKYpch1.0) and SHRSP-WKY-(D1Wox29-D1Arb21)/Izm (abbreviated as SHRSPwch1.0) were provided through the National BioResource Project for the Rat.<sup>12</sup> These strains were established by introgressing the chromosomal segment from SHRSP/Izm into Wistar-Kyoto (WKY)/Izm rats and vice versa.<sup>13</sup> The congenic region between D1Wox29 and D1Arb21 covered a 100:1 CI for the blood pressure QTL. The genotyping of >150 simple sequence-length markers confirmed that the background genome was homozygous for the original WKY and SHRSPs in the WKYpch1.0 and SHRSPwch1.0 strains, respectively.<sup>14</sup> Information on the congenic strains is available at the Web site of the National BioResource Project for the Rat (<http://www.anim.med.kyoto-u.ac.jp/nbr/home.htm>).

WKY/Izm and SHRSP/Izm rats were provided by the Disease Model Cooperative Research Association (Kyoto, Japan). The genomic constructs of the 4 strains used in this study are shown in References 4 and 5. The congenic rats were maintained in the Keio University School of Medicine Animal Laboratory Center. All of the rats were fed a standard laboratory chow and tap water ad libitum and kept in a room maintained at a constant temperature of 25°C. The experimental protocols were approved by the Keio University School of Medicine Animal Research Committee, in compliance with Japanese Law (No. 105).

### Recording of Electrophysiological Activities

Experiments were performed on brain stem-spinal cord preparations obtained from 0- to 4-day-old rats. Under deep ether anesthesia, the brain stem and spinal cord were isolated and sectioned at the second thoracic nerve root (Th<sub>2</sub>) level, as described previously.<sup>11,14,15</sup> The preparation was continuously superfused at 2 to 3 mL/min with a standard solution consisting of (in mmol/L) 124.0 NaCl, 5.0 KCl, 2.4 CaCl<sub>2</sub>, 1.3 MgCl<sub>2</sub>, 26.0 NaHCO<sub>3</sub>, 1.2 KH<sub>2</sub>PO<sub>4</sub>, and 30.0 D-glucose and equilibrated with 95% O<sub>2</sub> and 5% CO<sub>2</sub> (pH 7.4), at 26°C to 27°C.

Intracellular recordings using the whole-cell patch-clamp technique were performed as follows: a patch electrode was filled with the following pipette solution (mmol/L): 130 K-gluconate, 10 EGTA, 10 HEPES, 2 Na<sub>2</sub>-ATP, 1 CaCl<sub>2</sub>, 1 MgCl<sub>2</sub>, and 0.5% Lucifer yellow (Aldrich Chemical [pH 7.2 to 7.3], adjusted with KOH). A patch-clamp amplifier (Axopatch 1D, Axon Instruments) was used to record the membrane potential. Before starting the intracellular recordings, the firing patterns were checked using extracellular recordings. RVLM neurons exhibiting discharges that were synchronized with the simultaneously recorded phrenic nerve activity were assumed to be respiratory neurons and were excluded from the study. The membrane potential was recorded using the current-clamp technique (20-pA increments from -100 to 20 pA, 500-ms duration) and was corrected for the junctional potential at the tip of the pipettes (-11 mV). The basal membrane potential and the firing rate were recorded over 10 minutes. The input resistance was calculated from the current-voltage curve. The membrane potential was shifted to -50 mV because of the negative current. One RVLM neuron per preparation was used in the experiment.

To evaluate the responses to Ang II, we superfused the brain stem-spinal cord preparation for 20 minutes with Ang II (6 μmol/L, Sigma-Aldrich) dissolved in a standard solution and recorded the changes in the membrane potential and in the input resistance of the RVLM neurons. Li and Guyenet<sup>16</sup> used a bath application of 0.3 to 1.0 μmol/L of Ang II in their slice preparations. In an earlier study from our laboratory, we used 1, 3, and 12 μmol/L of Ang II to examine the dose responsiveness of RVLM neurons in a brain stem-spinal cord preparation, in which the target neurons were located 100 μm from the surface of the preparation.<sup>11</sup> Based on these results, we selected the dosage of 6 μmol/L of Ang II, because the distance from the surface of the preparation to the RVLM neurons makes it difficult for Ang II to reach the target neurons.

We then performed superfusion with a mixture of Ang II (6 μmol/L) and tetrodotoxin (50 μmol/L; Wako Pure Chemical

Industries). Tetrodotoxin was used to block every synaptic input to the RVLM neurons. The intermediolateral cell column neurons were stimulated with a stainless-steel electrode (5 to 15 V, 100 ms, single pulse) to identify the RVLM bulbospinal neurons. RVLM bulbospinal neurons showing antidromic action potentials after intermediolateral cell column stimulation were used in the experiments.<sup>17</sup> Lucifer yellow was allowed to diffuse spontaneously or by iontophoresis into the neurons during the intracellular recordings to verify the location of the neurons examined.<sup>18</sup> All of the data were recorded and analyzed using PowerLab (AD Instruments). After the addition of tetrodotoxin, we first confirmed the disappearance of phrenic nerve activity (~15 to 20 minutes after the addition of tetrodotoxin) and then added Ang II to the superfusate. Superfusion with Ang II induced depolarization in the bulbospinal neurons of the RVLM after a 1- or 2-minute latency period.

### Statistics

All of the data were represented as the means ± SDs. Differences between the WKY and WKYpch1.0 rats or between the SHRSPwch1.0 and SHRSP rats were examined using independent *t* tests. A value of *P* < 0.05 was considered statistically significant.

## Results

### Basal Electrophysiological Activities of the RVLM Neurons

The RVLM neurons are classified into 3 types: regularly firing neurons, irregularly firing neurons, and silent-type neurons; however, the physiological roles of these neurons have not yet been fully elucidated.<sup>14</sup> The irregularly firing neurons exhibited many excitatory postsynaptic potentials, whereas the regularly firing neurons rarely showed such behavior (Figures 1 and 2).

In the regularly firing neurons, the basal membrane potential was significantly less negative in the WKYpch1.0 rats (-46.4 ± 2.3 mV) than in the WKY rats (-55.4 ± 5.6 mV). The basal membrane potential of the SHRSPwch1.0 rats (-47.8 ± 2.6 mV) was similar to that of the SHRSP rats (-45.4 ± 3.6 mV). The firing rate did not differ between the WKYpch1.0 and WKY rats or between the SHRSPwch1.0 and SHRSP rats.

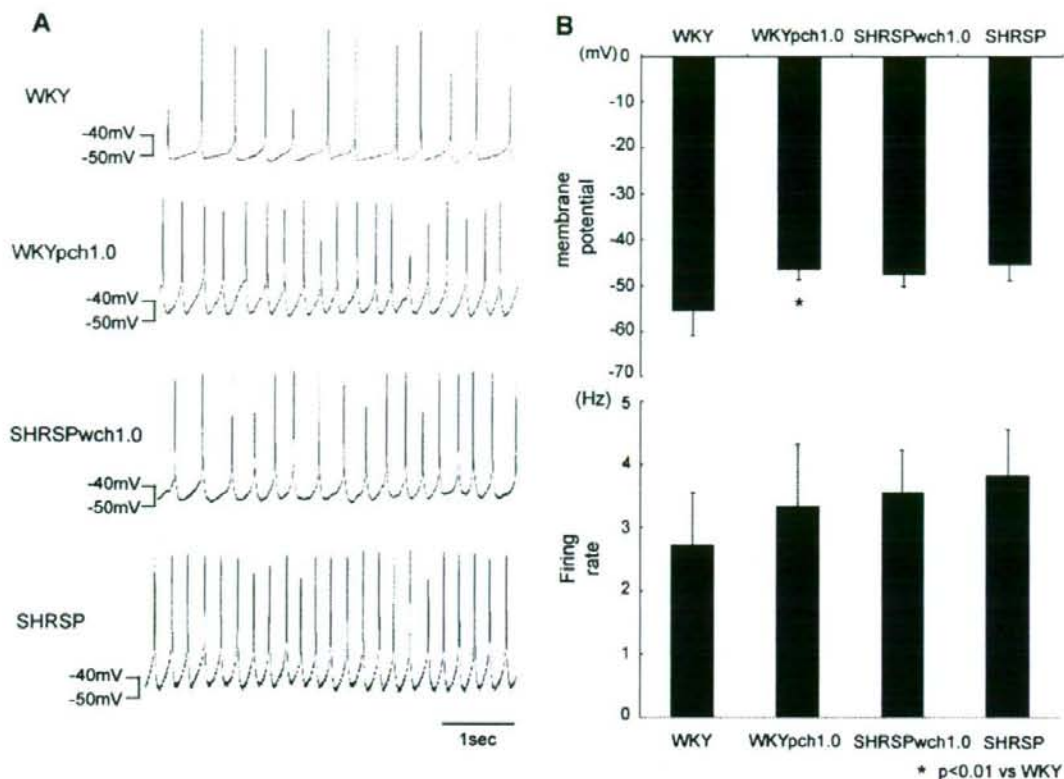
As shown in Figure 2, the same trend was observed in the irregularly firing neurons of the RVLM; the basal membrane potential was significantly less negative in the WKYpch1.0 rats (-49.3 ± 3.0 mV) than in the WKY rats (-57.0 ± 1.0 mV; *P* < 0.01). The basal membrane potential of the SHRSPwch1.0 rats (-51.3 ± 3.2 mV) was similar to that of the SHRSP rats (-50.0 ± 0.0 mV). The firing rate did not differ between the WKYpch1.0 and WKY rats or between the SHRSPwch1.0 and SHRSP rats.

The input resistance of the regularly and irregularly firing neurons was also not significantly different among the 4 strains (data not shown).

### Response to Ang II

Superfusion with Ang II (6 μmol/L) induced depolarization in the bulbospinal neurons of the RVLM after a 1- or 2-minute latency period. Repolarization toward the basal level was then observed over the next 2 or 3 minutes; this repolarization was considered to represent the desensitization of the neurons. We, thus, quantified the magnitude of the maximal depolarization.





**Figure 1.** Basal membrane potential and firing rate of regularly firing neurons in the RVLM of 4 rat strains. A, Representative traces of neuronal activity in RVLM from the 4 strains, recorded using the intracellular whole-cell patch-clamp technique. B, Top and bottom panels show the basal membrane potential and the firing rate (mean  $\pm$  SD of 7 neurons from different rats of each strain).

The magnitude of the depolarization of the RVLM neurons from WKYpch1.0 rats during Ang II superfusion was  $+4.1 \pm 2.3$  mV, which was significantly larger than that of the neurons from WKY rats (Figure 3). The depolarization of the RVLM neurons from SHRSPs was significantly larger than that of the neurons from SHRSPwch1.0 rats. Of note, the depolarization was statistically significant in the 2 strains (WKYpch1.0 and SHRSP) that possess the SHRSP-derived fragment of the Chr-1 QTL.

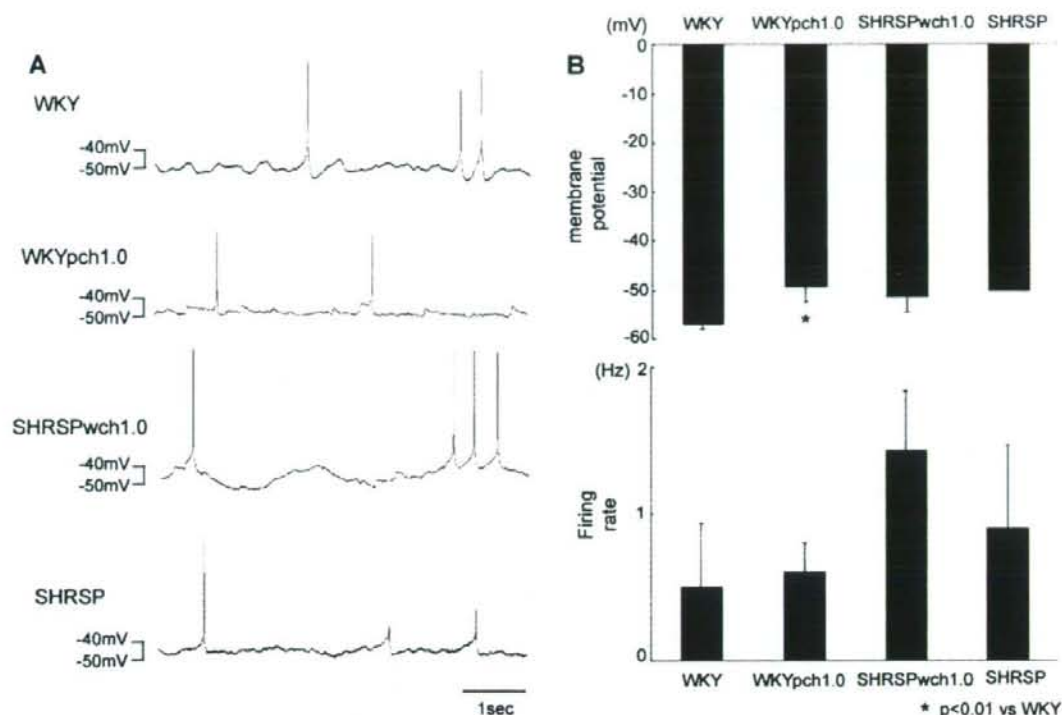
In the next experiment, which used a potent inhibitor of synaptic transmission, tetrodotoxin, we examined whether the Ang II effect was mediated through presynaptic or postsynaptic pathways. After the administration of tetrodotoxin, we first confirmed the disappearance of phrenic nerve activity and then added Ang II to the superfusate. The average magnitude of the depolarization of the neurons from WKYpch1.0 rats during superfusion with tetrodotoxin and Ang II was significantly larger than that of the neurons from WKY rats (Figure 4). Meanwhile, the average magnitude of the depolarization of the neurons from SHRSPs was also significantly larger than that of the neurons from SHRSPwch1.0 rats. These differences in depolarization were basically the same as those obtained in the experiments without tetrodotoxin, and the neurons from SHRSPs and WKYpch1.0

rats showed a significantly greater depolarization than those from the respective counterpart rats.

## Discussion

The major finding of the present study was that the QTL on rat Chr-1 affected the electrophysiological activity of RVLM neurons, particularly their responsiveness to Ang II. Because isolated brain stem-spinal cord preparations from neonatal rats were used in this study, we would like to emphasize that the results were not caused by the secondary effects of hypertension or by the influence of the higher brain centers, such as the hypothalamus. Therefore, this observation strongly suggests that a gene (or genes) responsible for the difference in the activity of the RVLM neurons is (are) located in this genomic region.

In regularly firing neurons, the basal membrane potential differed significantly between neurons from WKY and WKYpch1.0 rats (Figure 1). Considering the genomic composition of the congenic strain (WKYpch1.0), this observation suggests that genes responsible for this interstrain difference are located both inside and outside of the QTL. Furthermore, the lack of a difference between neurons from SHRSPs and SHRSPwch1.0 rats implies that the effects of these genes are not additive, suggesting that they may be



**Figure 2.** Basal membrane potential and firing rate of irregularly firing neurons in the RVLM. A, Representative traces from the 4 strains. B, Top and bottom panels show the basal membrane potential and the firing rate (mean  $\pm$  SD of 8 neurons from different rats).

involved in the same biological process, just as in the case of the blood pressure QTLs in Dahl salt-sensitive rats.<sup>19</sup>

In the irregularly firing neurons, we obtained a similar result regarding the difference in the basal membrane potential and no differences in the firing rate (Figure 2). These results can probably be explained by the fact that a larger number of synaptic inputs modulates the firing rate in irregularly firing neurons.<sup>14</sup> Nevertheless, a similar interstrain difference in the membrane potential was observed in neurons with different properties, suggesting that this genetic effect is ubiquitous in RVLM neurons.

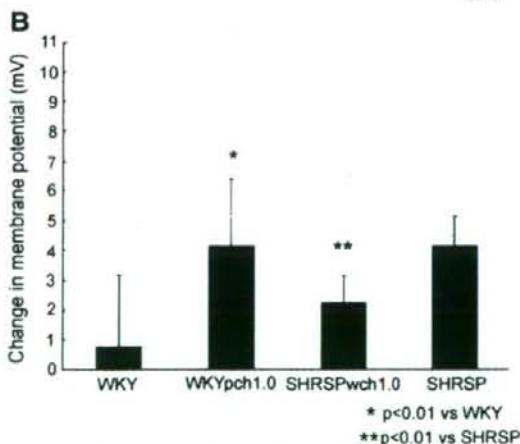
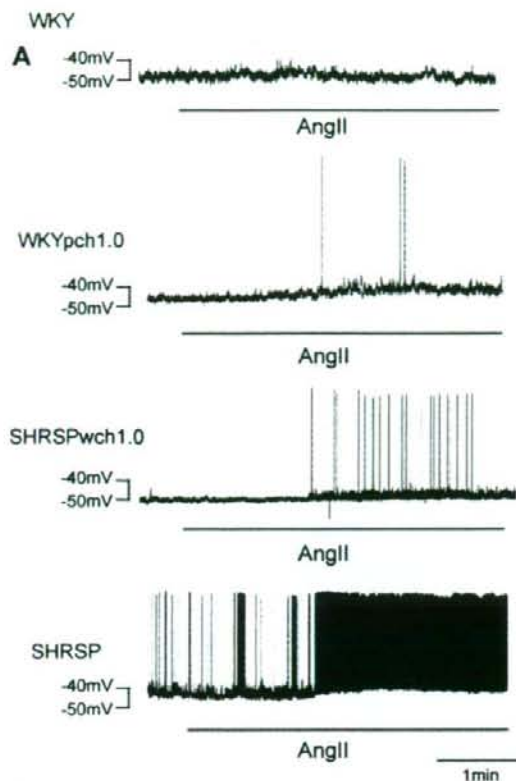
The Ang II-induced depolarization and increase in the firing rate are shown in Figure 3. Of particular importance, these responses depended largely on the genotype of the congenic fragment, irrespective of the background genome: the 2 strains with the congenic fragment originating from SHRSPs (WKYpch1.0 and SHRSP) showed a significantly greater depolarization than the rats containing the congenic fragment originating from WKY rats (WKY and SHRSPwch1.0). This observation suggests that the responsiveness of the RVLM neurons to Ang II was largely determined by the gene(s) located in the QTL.

WKYpch1.0 rats have been shown repeatedly to have exaggerated sympathetic responses to different types of stress.<sup>5-7</sup> Considering a recent observation that the Ang II type 1 receptor in the RVLM mediates activating the sympathetic nervous system by emotional stress, resulting in an

increase in blood pressure in conscious rabbits,<sup>10</sup> it is quite attractive to hypothesize that a gene (or genes) in the Chr-1 QTL affects (affects) the responsiveness of the sympathetic nervous system to stress through an Ang-II-mediated system in the RVLM. Supporting this hypothesis, Yamazato et al<sup>7</sup> reported that the hyperresponsiveness of blood pressure and renal sympathetic nerve activity to air-jet stress in WKYpch1.0 rats was inhibited by the intracerebroventricular injection of an Ang II receptor blocker.

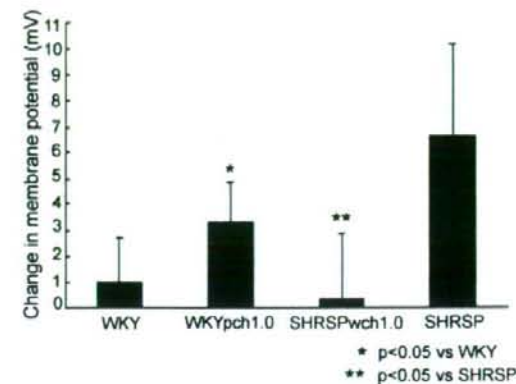
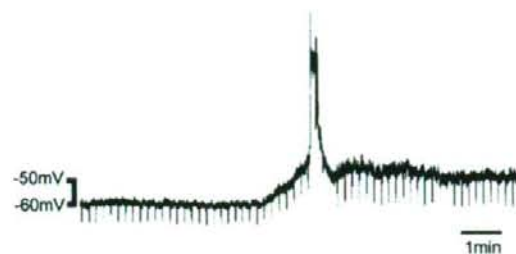
Based on the results of the present study, we suspect that the basal membrane potential in RVLM neurons is affected primarily by age and background genome, whereas the response to Ang II in RVLM neurons depends on the blood pressure QTL of Chr-1. The depolarization of the RVLM neurons by Ang II superfusion was statistically significant in the neonatal WKYpch1.0 and SHRSPs but not in the neonatal WKY and SHRSPwch1.0 rats. Our data are supported by the results reported by Yamazato et al,<sup>7</sup> who showed that increases in renal sympathetic nerve activity in response to air-jet stress were significantly larger in 4-week-old WKYpch1.0 and SHRSPs than in 4-week-old WKY rats and that the sympathoexcitation of WKYpch1.0 rats was similar to that of SHRSPs. The depolarization of RVLM neurons by Ang II shown in our study may account for the increases in sympathetic nerve activity and blood pressure in response to air-jet stress, because the intracerebroventricular injection of Ang II receptor blocker candesartan reduced the sympatho-





**Figure 3.** Effect of Ang II ( $6 \mu\text{mol/L}$ ) superfusion on membrane potential of RVLM neurons. **A**, Representative traces from each strain. **B**, Changes in membrane potential (depolarization) in response to Ang II superfusion (mean  $\pm$  SD of 8 neurons from different rats of each strain).

excitatory and pressor responses.<sup>7</sup> Also, a report from Cui et al<sup>8</sup> demonstrated that the increase in systolic blood pressure in response to restraint stress in 16- to 20-week-old WKYpch1.0 rats was larger than that of WKY rats. These compatible data for different rat ages and from 3 different



**Figure 4.** Top, Representative tracing of membrane potential in response to Ang II superfusion in the presence of tetrodotoxin during the application of a single current pulse (500 ms) for constructing a current-voltage (*iv*) curve every 10 seconds. A significant depolarization was detected as the result of a calcium influx through voltage-dependent calcium channels. Bottom, Changes in membrane potential in response to Ang II ( $6 \mu\text{mol/L}$ ) superfusion in the presence of tetrodotoxin ( $50 \mu\text{mol/L}$ ; mean  $\pm$  SD of 5 neurons from different rats).

laboratories strongly suggest that the genes in the Chr-1 QTL of SHRSPs are responsible for the depolarization response of RVLM neurons to Ang II in neonatal WKYpch1.0 and SHRSPs, the increase in peripheral sympathetic activity in response to air-jet stress in 4-week-old WKYpch1.0 and SHRSPs, and the pressor response to restraint stress in 16- to 20-week-old WKYpch1.0 rats. However, these data do not suggest that age is responsible for the stress responses. In contrast, the basal blood pressures of WKY and WKYpch1.0 rats seem to be determined largely by age and also by genes both inside and outside the QTL.

In some cases, the effects of the QTL region on blood pressure were asymmetrical in reciprocal congenic strains for hypertensive QTLs. As Rapp<sup>20</sup> pointed out previously, strains with congenic fragments from the Dahl salt-sensitive rat on a background of normotensive strains did not show a significant increase in blood pressure, whereas congenic rats with the reversed genotype showed an obvious reduction. Consistent with this finding, WKYpch1.0 rats showed little, if any, increase in blood pressure, whereas SHRSPwch1.0 rats showed a large decrease.<sup>3,13</sup> This asymmetrical nature of the effects of QTLs on blood pressure was probably caused by gene-gene interactions, which convoluted the analyses. In

contrast, reciprocal genetic effects like the one observed in the present study suggest a mendelian control of phenotypes: the genotype (or the haplotype) of a single gene (or a cluster of genes) had a major effect on the phenotype, independent of the genetic background.<sup>21,22</sup> Such a phenotype may be regulated by the gene(s) in a more direct manner and may be useful for speculating the functions of the gene(s).

Because tetrodotoxin blocks all synaptic transmissions, the observation that the addition of tetrodotoxin did not change the responsiveness to Ang II further implied that the inter-strain difference in the responsiveness was intrinsic (or postsynaptic) in the RVLM neurons. A previous study of Summers et al<sup>23</sup> reported that the exaggerated reactivity of RVLM neurons to Ang II in spontaneously hypertensive rats was because of an increase in the number of Ang II receptors on the RVLM neurons, which then induced oxidative stress and activated signal transduction via G proteins. It would be interesting to investigate the underlying intracellular mechanisms of the Ang II-dependent activation of RVLM neurons using congenic strains.

The blood pressure QTL on rat Chr-1 is quite large and contains hundreds of genes and expressed sequence tags.<sup>5,13</sup> Among them, however, several interesting candidates were found when the putative roles of the genes in the sympathetic nervous system were considered. These genes include *Arix*, a transcription factor regulating the development of the sympathetic nervous system, as well as the expression of dopamine  $\beta$ -hydroxylase<sup>24–26</sup>; *Ntrk3*, a receptor for neurotrophin 3<sup>27</sup>; *Arb1*, a cofactor regulating the internalization of the  $\beta$ -adrenergic receptors and angiotensin receptors<sup>28</sup>; *Nox4*, a subunit of NADPH oxidase<sup>29</sup>; and *Homer 2*, a regulator of the metabolic glutamate receptors.<sup>30,31</sup> In future studies, it will be necessary to reduce the number of candidate genes using both their positional and functional information to identify the responsible gene(s) and to confirm the roles of increased RVLM activity in the pathogenesis of hypertension.

The main limitation of this study is the lack of data regarding how RVLM neuron activity may (or may not) differ between strains in older animals and how this possible difference may be correlated with blood pressure. We hope to measure the RVLM neuron activity of both young and old rats in the future. To demonstrate that these early differences in RVLM neuron activity are causally related to stress-related differences in blood pressure, we should have compared the RVLM activity of older congenic and parental rats. Ideally, the electrophysiological properties of RVLM and the blood pressure, heart rate, and renal sympathetic nerve activity should be simultaneously examined in neonatal and older rats in vivo, and the changes in these parameters in response to various stressors should be determined. However, because the contact between the targeted neurons and the patch pipette is impaired by the increase in glial cells and astrocytes that occurs in rats older than 2 weeks of age, intracellular patch-clamp recordings of RVLM neurons are technically impossible to perform in older rats.

## Perspectives

Several lines of evidence have indicated that sympathetic nerve activity differs significantly between spontaneously

hypertensive rats/SHRSPs and WKY rats, and this difference is one of the putative causes of hypertension in spontaneously hypertensive rats/SHRSPs. Because membrane potential of RVLM neurons determines the sympathetic tone, the present observation suggests that a gene (or genes) in the Chr-1 QTL is (are) responsible for the greater sympathetic tone observed in SHRSPs. Identification of the responsible gene(s) will improve our understanding of the role of the sympathetic nervous system in the pathogenesis of hypertension and promote the development of new therapeutic and preventive strategies for essential hypertension.

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## Disclosures

None.

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## Transplantation of vascular cells derived from human embryonic stem cells contributes to vascular regeneration after stroke in mice

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### Abstract

**Background:** We previously demonstrated that vascular endothelial growth factor receptor type 2 (VEGF-R2)-positive cells induced from mouse embryonic stem (ES) cells can differentiate into both endothelial cells (ECs) and mural cells (MCs) and these vascular cells construct blood vessel structures in vitro. Recently, we have also established a method for the large-scale expansion of ECs and MCs derived from human ES cells. We examined the potential of vascular cells derived from human ES cells to contribute to vascular regeneration and to provide therapeutic benefit for the ischemic brain.

**Methods:** Phosphate buffered saline, human peripheral blood mononuclear cells (hMNCs), ECs-, MCs-, or the mixture of ECs and MCs derived from human ES cells were intra-arterially transplanted into mice after transient middle cerebral artery occlusion (MCAo).

**Results:** Transplanted ECs were successfully incorporated into host capillaries and MCs were distributed in the areas surrounding endothelial tubes. The cerebral blood flow and the vascular density in the ischemic striatum on day 28 after MCAo had significantly improved in ECs-, MCs- and ECs+MCs-transplanted mice compared to that of mice injected with saline or transplanted with hMNCs. Moreover, compared to saline-injected or hMNC-transplanted mice, significant reduction of the infarct volume and of apoptosis as well as acceleration of neurological recovery were observed on day 28 after MCAo in the cell mixture-transplanted mice.

**Conclusion:** Transplantation of ECs and MCs derived from undifferentiated human ES cells have a potential to contribute to therapeutic vascular regeneration and consequently reduction of infarct area after stroke.



## Background

Stroke, for which hypertension is the most important risk factor, is one of the common causes of death and disability in humans. It is widely considered that stroke patients with a higher cerebral blood vessel density show better progress and survive longer than patients with a lower vascular density. Angiogenesis, which has been considered to the growth of new capillaries by sprouting of preexisting vessels through proliferation and migration of mature endothelial cells (ECs), plays a key role in neovascularization. Various methods for therapeutic angiogenesis, including delivery of angiogenic factor [1,2] or cell transplantation [3-5], have been used to induce collateral blood vessel development in several animal models of cerebral ischemia. More recently, an alternative paradigm, known as postnatal vasculogenesis, has been shown to contribute to some forms of neovascularization. In vasculogenesis, endothelial progenitor cells (EPCs), which have been recognized as cellular components of the new vessel structure and resided in the bone marrow, can take an important part in tissue neovascularization after ischemia [6]. Previous reports demonstrated that transplantation of mouse bone marrow cells after cerebral ischemia increased the cerebral blood flow partially via the incorporation of EPCs into host vascular structure as vasculogenesis [4]. However, because the population of EPCs in the bone marrow and in the peripheral blood has been revealed to be very small [7], it is now recognized to be difficult to prepare enough EPCs for the promotion of therapeutic vasculogenesis after ischemia.

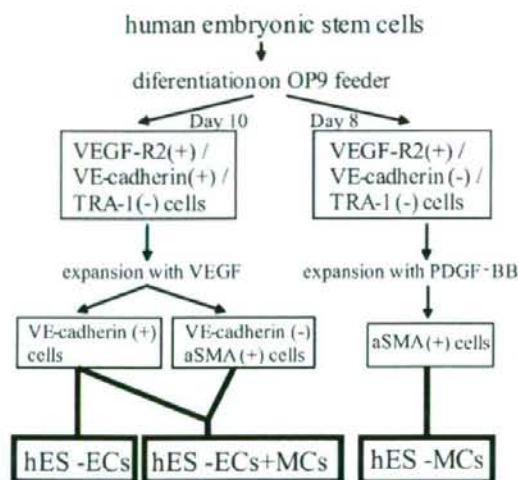
We previously demonstrated that VEGF-R2-positive cells induced from undifferentiated mouse embryonic stem (ES) cells can differentiate into both VE-cadherin-positive endothelial cells (ECs) and  $\alpha$ SMA-positive mural cells (MCs), and these vascular cells construct blood vessel structures [8]. We have also succeeded that after the induction of differentiation on OP9 feeder layer, VEGFR-2-positive cells derived from not only monkey ES cells [9] but human ES cells [10], effectively differentiated into both ECs and MCs. Next, we demonstrated that VE-cadherin<sup>+</sup>VEGF-R2<sup>+</sup>TRA-1<sup>-</sup> cells differentiated from human ES cells on day 10 of differentiation, which can be considered as ECs in the early differentiation stage, could be expanded on a large scale to produce enough number of ECs for transplantation [10]. Moreover, we also succeeded in expanding not only ECs but also MCs derived from these ECs in the early differentiation stage in vitro.

In the present study, we examined whether ECs and MCs derived from human ES cells could serve as a source for vasculogenesis in order to contribute to therapeutic neovascularization and to neuroprotection in the ischemic brain.

## Methods

### Preparation of human ECs and/or MCs derived from human ES cells

Maintenance of human ES cell line (HES-3) was described previously [10]. We plated small human ES colonies on OP9 feeder layer to induce differentiation into ECs and MCs [10]. On day 10 of differentiation, VE-cadherin<sup>+</sup>VEGF-R2<sup>+</sup>TRA-1<sup>-</sup> cells were sorted with a fluorescence activator cell sorter (FACSaria; Becton Dickinson). Monoclonal antibody for VEGF-R2 was labeled with Alexa-647 (Molecular Probes). Monoclonal antibody for TRA1-60 (Chemicon) was labeled with Alexa-488 (Molecular Probes) and anti VE-cadherin (BD Biosciences) antibody was labeled with Alexa 546 (Molecular Probes). After sorting the VE-cadherin<sup>+</sup>VEGF-R2<sup>+</sup>TRA-1<sup>-</sup> cells on day 10 of differentiation, we cultured them on type IV collagen-coated dishes (Becton Dickinson) with MEM in the presence of 10% fetal calf serum (FCS) and 50 ng/ml human VEGF165 (Peprotech) and expanded these cells. After five passages in culture (= approximately 30 days after the sorting), we obtained the expanded cells as a mixture of ECs and MCs derived from human ES cells (hES-ECs+MCs). The cell mixture was composed of almost the same number of ECs and MCs. We resorted the VE-cadherin<sup>+</sup> cells from these expanded cells to obtain ECs for transplantation (Figure 1). The ECs derived from human ES cells (hES-ECs) were labeled with CM-Dil (Molecular Probes) before the transplantation.



**Figure 1**  
Schematic representation of preparation of the transplanted vascular cells differentiated from human ES cells.



After sorting VE-cadherin<sup>+</sup>VEGFR-2<sup>+</sup>TRA-1<sup>+</sup> cells on day 8 of differentiation, we cultured these cells on type IV collagen-coated dishes by five passages (= approximately 40 days after the sorting) in the presence of 1% FCS and PDGF-BB (10 ng/ml) (PeproTech) to obtain only MCs derived from human ES cells (hES-MCs) for the transplantation (Figure 1). On the day of transplantation, these cells were washed with PBS twice and harvested with 0.05% trypsin and 0.53 mmol/L EDTA (GIBCO) for 5 minutes. Each cells used for the transplantation was suspended in 50 ul PBS.

#### **Preparation of human mononuclear cells**

We performed the transplantation of human mononuclear cells (hMNCs), which contain a very small population of EPCs ( $\leq 0.02\%$ ) [7], to examine the non-specific influences due to the cell transplantation itself. The hMNCs were prepared from 10 ml samples of peripheral blood of healthy volunteers. Each sample was diluted twice with PBS and layered over 8 ml of Ficoll (Biosciences). After centrifugation at 2500 g for 30 minutes, the mononuclear cell layer was harvested in the interface and resuspended in PBS ( $3 \times 10^6$  cells/50 ul) for the transplantation.

#### **Immunohistochemical examination of cultured cells**

Staining of cultured cells on dishes at 5<sup>th</sup> passage was performed as described elsewhere [8,10]. Monoclonal antibodies for alpha smooth muscle actin ( $\alpha$ SMA) (Sigma), human CD 31 (BD Biosciences) and calponin (Dako Cytomation) were used.

#### **Middle cerebral artery occlusion (MCAo) model and cell transplantation**

We used adult male C57 BL6/J mice weighing 20–25 g for all our experiments, and all of them were anesthetized with 5% halothane and maintained 1% during the experiments. We induced transient left middle cerebral artery occlusion (MCAo) for 20 min as previously described [11]. Briefly, a 8-0 nylon monofilament coated with silicone was inserted from the left common carotid artery (CCA) via the internal carotid artery to the base of the left MCA. After the occlusion for 20 minutes, the filament was withdrawn and intra-arterial injection of hES-derived vascular cells was performed through the left CCA. We prepared four groups of the transplanted cells; Group 1: PBS (50 ul), Group 2: hMNCs ( $3 \times 10^6$  cells), Group 3: hES-ECs ( $1.5 \times 10^6$  cells), Group 4: hES-MCs ( $1.5 \times 10^6$  cells), Group 5: hES-ECs+MCs ( $3 \times 10^6$  cells). After transplantation, the distal portion of CCA was ligated. All animals were immunosuppressed with cyclosporin A (4 mg/kg, ip) on day 1 before the transplantation, postoperative day 1–7, 10, 14, and 21. Experimental procedures were performed in accordance with Kyoto University guidelines for animal experiments.

#### **Assessment for cerebral blood flow after the transplantation**

We measured the cerebral blood flow (CBF) just before the experiments (= day 0) and on day 4 and 28 after MCAo by mean of a Laser-Doppler perfusion imager (LDPI, Moor Instruments Ltd.). During the measurement, each mouse was anesthetized with halothane and the room temperature was kept at 25–27°C. The ratio of blood flow of the area under MCA in the ipsilateral side to the contralateral side was calculated as previously described [11].

#### **Immunohistochemical examination of the Ischemic striatum**

The harvested brains were subjected to immunohistochemical examination using a standard procedure as previously described [12]. In all of our examination, free-floating 30- $\mu$ m coronal sections at the level of the anterior commissure (= the bregma) were stained and examined with a confocal microscope (LSM5 PASCAL, Carl Zeiss). Sections were subjected to immunohistochemical analysis with the antibodies for human PECAM-1 (BD Biosciences, 1:100), mouse PECAM-1 (BD Bioscience, 1:100), human HLA-A, B, C (BD Biosciences, 1:100),  $\alpha$ SMA (BD Biosciences, 1:100), Neu-N (Chemicon, 1:200), and single stranded DNA (Dako Cytomation, 1:100).

In our model of MCAo, the infarct area was confined to the striatum. The ischemic striatum at the level of the anterior commissure from each mouse was photographed on day 28 after MCAo. The procedure of the quantification of vascular density was carried out as described in Yunjuan Sun et al. [13] with slight modification. Vascular density in the ischemic striatum was examined at  $\times 20$  magnification, by quantifying the ratio of the pixels of human and/or mouse PECAM-1-positive cells to  $512 \times 512$  pixels in that field: the ratio was expressed as %area. The number of transplanted MCs detected in the ischemic core at  $\times 20$  magnification was calculated. To identify localization of transplanted ECs or MCs, the fields in the ischemic striatum were photographed at  $\times 63$  magnification. The infarct area ( $\text{mm}^2/\text{field}/\text{mouse}$ ) at the level of the bregma was defined and quantified as the lesion where Neu-N immunoreactivity disappeared in the striatum at  $\times 5$  magnification as previously described [11,14]. The measurement of infarct volumes was carried out as described in Sakai T. et al. [14] with slight modification. Another saline- and EC+MC-injected groups were sacrificed on day 28 after MCAo. For the measurements of the infarct volume, 5 coronal sections (approximately -1 mm, -0.5 mm,  $\pm 0$  mm, +0.5 mm and +1 mm from the bregma) were prepared from each mouse and each infarct area ( $\text{mm}^2$ ) was measured. And then, the infarct area was summed among slices and multiplied by slice thickness to provide infarct volume ( $\text{mm}^3$ ). To calculate apoptotic