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Role of Bone Marrow in the Pathogenesis of Rheumatoid Arthritis

Shunsei Hirohata*

Department of Internal Medicine, Teikyo University School of Medicine, Tokyo 173-8605, Japan

Abstract: Rheumatoid arthritis (RA) is characterized by hyperplasia of synovial lining cells, consisting of macrophage-like type A synoviocytes and fibroblast-like type B synoviocytes. Type A synoviocytes, also called intimal macrophages, have been found to be derived from monocyte precursors in the bone marrow. Accordingly, the spontaneous generation of CD14+ cells from bone marrow CD14- progenitor cells is accelerated in RA, resulting in the facilitated entry of such CD14+ cells into the synovium. Whereas type B synoviocytes, also called fibroblast-like synoviocytes, are thought to arise from the sublining tissue or other support structures of the joint, they might be also derived from bone marrow progenitor cells. Thus, RA bone marrow CD34+ cells show abnormal responses to TNF- α , resulting in their accelerated differentiation into fibroblast-like cells producing MMP-1. On the other hand, persistent neovascularization is crucial for continuous synovial proliferation through delivery of nutrients and recruitment of inflammatory cells. In this regard, RA bone marrow CD34+ cells differentiate into endothelial cells much more effectively than control subjects, suggesting that bone marrow CD34+ cells might play a role in the synovial hyperplasia in RA through mobilization of endothelial progenitor cells that contribute to vasculogenesis. Taken together, these results support the hypothesis that the bone marrow, rather than the synovium, might be the primary-lesion site of RA.

Keywords: Bone marrow, synovium, CD34, CD14, TNF- α , VEGF.

1. INTRODUCTION

Rheumatoid arthritis (RA) is a chronic inflammatory disease characterized by continuous synovial proliferation. Thus, joint in RA consists of massive proliferating synovium, forming an invading tissue termed pannus, which results in the destruction of cartilage and bone. The histologic features of synovium in RA can be summarized as follows:

1. Stratification of synovial lining cells.
2. Infiltration of lymphocytes, plasma cells, macrophages, polymorphonuclear neutrophils, dendritic cells, NK cells and mast cells in sublining layers.
3. Formation of pseudo-germinal center.
4. Angiogenesis.

In the lining layer, both type A and type B synoviocytes, also called intimal macrophages and fibroblast-like synoviocytes, respectively, are found to proliferate [1]. In the sublining layer, there is infiltration of a variety of cells, as mentioned above. Of note, lymphoid cluster in RA synovium sometimes results in the formation of pseudo-germinal center, consisting of CD20+ B cells in the center surrounded by CD4+ T cells [1, 2]. In the synovium of RA, neovascularization is usually accompanied by lining cell proliferation and inflammatory cell infiltration [3]. In fact, it has been shown that lining cells and inflammatory cells produce angiogenic growth factors [4]. Therefore, it has been believed that angiogenesis in the synovium of RA might be secondary to inflammation. However, the synovium of patients with RA also showed the neovascularization in the

area without either lining cell proliferation or inflammatory cell infiltration [5]. The data therefore strongly suggest that the neovascularization might be the primary abnormal feature that is most proximal to the etiology of RA [5]. On the other hand, increasing attention has been paid to the role of mast cells in the pathogenesis of RA [6]. Accumulating within inflamed synovium in response to stem cell factors produced by fibroblast-like synoviocytes, mast cells produce cytokines and other mediators that may contribute to ongoing synovial inflammation [6].

A number of studies have focused on the abnormalities within the synovial tissues. Thus, the abnormal activation of normal joint constituents, such as synovial lining cells, has been implicated in the pathogenesis of RA [8]. However, increasing attention has been paid to the role of bone marrow in the pathogenesis of RA. The present article overviews an update on the role of bone marrow in the pathogenesis of RA.

2. BONE MARROW ABNORMALITIES IN ANIMAL MODELS OF ARTHRITIS

Bone marrow abnormalities were first noted in an atypical murine polyarthritis model [9]. In this model, polyarthritis is induced in C3H/He mice by intraperitoneal injection of allogenic thymocytes from young BALB/c mice. Such polyarthritis has been shown to be induced by host-versus graft (HvG) reaction. Serial histological examination of joint tissues disclosed the occurrence of synovial proliferation confined to the small canals communicating the bone marrow and joint space at day 5 [10]. Fibroblastic cells apparently migrated from bone marrow into the joint space forming synovial proliferation accompanying vascular invasion [10]. At 3 weeks, remarkable synovitis similar to RA was found to develop.

In other experimental models such as collagen-induced arthritis (CIA) in rats, histopathological evidence of articular

*Address correspondence to this author at the Department of Internal Medicine, Teikyo University School of Medicine, 2-11-1 Kaga, Itabashi-ku, Tokyo 173-8605, Japan; Tel: +81-3-3964-1211 Ext. 1568; Fax: +81-3-5375-1308; E-mail: shunsei@med.teikyo-u.ac.jp

synovitis appeared on the 10th day after treatment, followed by the appearance of macroscopic foot swelling on day 14 [11]. In this model of arthritis, IL-6 and IL-1 began to increase in bone marrow sera on the 4th and 7th day, respectively, prior to the onset of arthritis [11]. Almost the same phenomena were observed in rats with adjuvant arthritis [11]. These data indicate that bone marrow was an important site for the development of arthritis. When fibroblastic stromal cells obtained from bone marrow of untreated Lewis rats were injected into splenectomized Lewis rats and then CIA was induced in these rats, migration of such fibroblastic cells into the joint was demonstrated [12]. Thus, bone marrow derived stromal cells were found to migrate into the joint cavities through canals between the articular margin and the synovial insertion (the bare zone) and therein formed synovial cells, suggesting that the origin of at least some synovial fibroblastic cells in CIA might be bone marrow fibroblastic cells, although there is some evidence that there may be other sources as well [12].

To investigate the role of bone marrow cells (BMC) in the induction of antigen induced arthritis (AIA), Saeki and his colleagues examined whether AIA induced by bovine serum albumin could be transferred by bone marrow transplantation (BMT) [13]. BMT experiments were performed using 2 different mouse genotypes, wild type (IL-6^{+/+}) and IL-6 deficient (IL-6^{-/-}) mice, as a donor. All irradiated IL-6^{+/+} mice developed typical AIA by transplantation of BMC from immunized IL-6^{+/+} mice, whereas almost no irradiated IL-6^{+/+} mice transplanted with BMC from the immunized IL-6^{-/-} mice developed definite arthritis [13]. BMC depleted of T cells and/or B cells still induced a definite arthritis although the histological scores were slightly lower compared with the case of T/B cell undepleted (whole) BMC, suggesting that BMC other than pre-activated mature T and B cells play a unique role in the initiation of AIA. These results indicate that BMC play a critical role and IL-6 is a key cytokine for the induction and progression of AIA.

3. BONE MARROW AND TYPE A SYNOVIOCYTES (INTIMAL MACROPHAGES) IN RA

a. Abnormalities in Peripheral Blood Monocytes in RA

Studies with cell lineage specific monoclonal antibodies have confirmed the presence of cells of the mononuclear phagocyte system both in the subintimal area and the lining of the synovial membrane [14, 15], as well as in subcutaneous nodules [16, 17]. It is thus presumed that the macrophages in the synovial tissue as well as in subcutaneous nodules have been recruited from the systemic circulation. In addition, it has been also described that peripheral blood monocytes in patients with RA have enhanced capacity to bind heat aggregated immunoglobulin G (IgG) and monomeric IgG [18, 19], suggesting that the expression of Fc receptors of peripheral blood monocytes might be increased in RA.

Previous studies demonstrated that bacterial products such as LPS activate monocytes and increase CD14 expression [20]. Conversely, expression and release of CD14 by activated monocytes are suppressed by glucocorticoid *in vivo* and *in vitro* [21]. In this regard, we showed that peripheral blood monocytes in patients with active RA are

already activated to express higher densities of CD14 [22]. It is also suggested that peripheral blood monocytes in patients with RA may have intrinsic abnormalities as evidenced by the enhanced expression of FcγR, which is repeatedly observed regardless of the disease activity of RA [22]. Our data are consistent with the previous observation that peripheral blood monocytes in patients with RA have enhanced capacity to bind heat aggregated IgG and monomeric IgG [18, 19] and increased antibody dependent cell mediated cytotoxicity [23]. It has been demonstrated that CD14, FcγRI and FcγRII are involved in the regulation of various functions of monocytes, including the production of cytokines [24] and the expression of adhesion molecules [25]. Therefore, the observed abnormalities in our studies suggest that the recruitment of RA peripheral blood monocytes may result in further activation and adhesion of these cells in local synovial tissues, thus contributing to extending the rheumatoid disease process. More importantly, it is further suggested that abnormalities in bone marrow progenitor cells might play a role in abnormal phenotypes of peripheral blood monocytes in RA.

b. Accelerated Generation of CD14+ Monocyte-Lineage Cells from the Bone Marrow

Although previous studies have suggested a role of dysregulated proliferation of synoviocytes in synovial hyperplasia [26], it was found that rheumatoid synovium rarely evidence of mitosis, and that only 4% of rheumatoid synovial cells showed uptake of thymidine [27]. Thus, there has been no evidence for accelerated or dysregulated proliferation of synoviocytes in rheumatoid synovium.

Previous studies have suggested that abnormal myelopoiesis in the bone marrow might play an important role in the development of RA [28]. Thus, it has been shown that 30% of patients with RA have peripheral blood monocytosis [29] and that the mononuclear cell population in RA patients contains higher numbers of monocytes than that in healthy controls [30]. In this regard, we have shown that the spontaneous generation of CD14+ cells from bone marrow CD14- progenitor cells was accelerated in RA patients compared with control patients [31]. Moreover, the expression of HLA-DR on the bone marrow-derived CD14+ cells was also accelerated in RA patients compared with controls, confirming the accelerated maturation of macrophages in RA bone marrow. Consistently, recent studies have revealed that CD14+ CD16+ blood monocytes with high expression of chemokine receptors and CD54 are increased in active RA [32]. It should be also pointed out that the expression of a variety of chemokines and adhesion molecules is enhanced in vascular endothelium and fibroblast-like synoviocytes in the RA synovium [33-35], possibly facilitating the entry of such CD14+ CD16+ blood monocytes into the synovium. These observations strongly support the hypothesis that the accelerated generation of CD14+ cells from bone marrow progenitor cells and the accelerated maturation of such CD14+ cells into tissue-infiltrative CD16+ monocytes before entry into the joint might play an important role in the pathogenesis of RA.

Recent studies have shown that decreased apoptosis is involved in the synovial hyperplasia in RA [36]. Thus, it has been shown that the resistance of RA synovial fibroblasts to



Fig. (1). Transendothelial migration of monocyte into RA synovium (arrows). M: monocyte-like cells, f: fibroblast-like cells, L: lymphocytes.

(Electron microscopy, the scale bar indicates 2 μ m).

tumor necrosis factor (TNF- α)-induced apoptosis is mediated by the NF- κ B-regulated expression of FLICE-inhibitory protein (FLIP) [37]. In addition, recent studies have also revealed that anti-TNF- α therapy induced apoptosis in synovial monocytes/macrophages [38]. These results indicate that in addition to increased cellular infiltration, reduced apoptosis plays a significant role in the increased cellularity in the synovium.

Of note, accelerated angiogenesis have been demonstrated in RA synovium [27], which might facilitate the recruitment of bone marrow-derived monocytes as well as lymphocytes into the synovium. In fact, the transendothelial migration of monocytes in RA synovium can be observed under by electron microscopy (Fig. 1). Of interest, the formation of synovium-like tissue was also observed at the site of non-union in an RA patient (Fig. 2). Since the formation of the synovium-like tissue took place in the place without original synovial tissues, it is suggested that all the constituents of the newly formed tissue might be recruited from the systemic circulation. These observations strongly support the hypothesis that the accelerated generation and continuous recruitment of bone marrow-derived CD14⁺ cells might play a critical role in the synovial hyperplasia in RA, thus accounting for the discrepancy

between the marked synovial hyperplasia and the lack of evidence for accelerated proliferation of synoviocytes.

c. Abnormal Functions of Bone Marrow Derived CD14⁺ Cells in RA - Its Capacity to Stimulate RF-Producing B Cells

One of the characteristic serologic abnormalities in RA is the expression of rheumatoid factors (RF), autoantibodies directed against the Fc portion of IgG [39]. A number of *in vitro* experiments have revealed that RF are produced during the course of polyclonal B cell activation in normal human subjects [40, 41]. Thus, RF can be detected in the sera of normal individuals in the setting of infection [42]. In RA, however, RF production has been noted to be disproportionately high compared with total Ig production [39].

Staphylococcus aureus Cowan I (SAC) was found to enhance the frequencies of IgM-RF-producing precursor cells, but not those of IgM-producing cells, in anti-CD3-stimulated cultures [43]. Previous studies also showed that staphylococcal enterotoxin D (SED) facilitates the selective production of RF [44]. Taken together, these findings suggest that normal subjects and RA patients share a pool of B cells which secrete RF on activation by T helper cells in

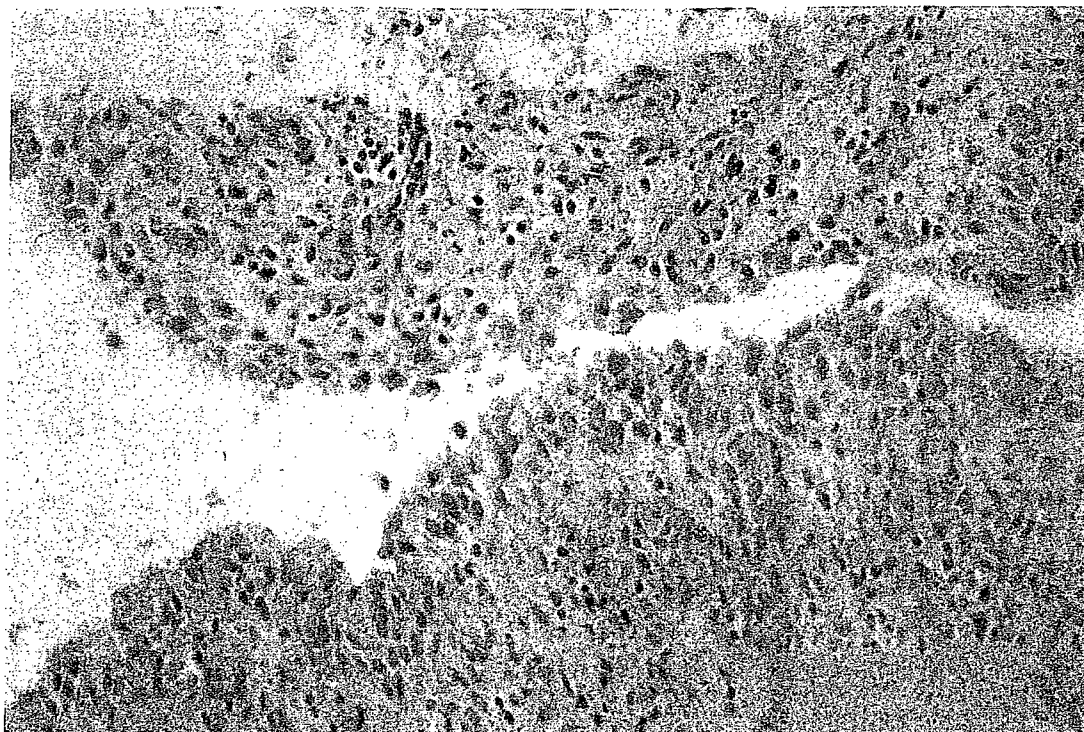


Fig. (2). Synovium-like tissue at non-union lesion in an RA patient. (Hematoxylin and eosin, original magnification x25).

the presence of SED or SAC [44]. These B cells are frequent and obviously anergic in normal individuals, but are ready to be activated by T helper cells alone in RA patients [44]. It is therefore possible that B cells in RA patients might be exposed to stimuli with SED-like effects or SAC-like effects.

Previous studies have also revealed enhanced RF production by B cells in bone marrow [45] as well as in synovial tissue of patients with RA [39]. It should be noted that direct interaction between B cells and monocytes has been shown to play a role in regulating the responses of B cells [46]. Since intimal macrophages as well as sublining macrophages have been considered to be recruited from bone marrow-derived monocytes [15, 31], it is possible that accessory cells of the monocyte lineage generated from RA bone marrow precursors might be able to stimulate RF production in a manner similar to SED or SAC, in the presence of signals delivered by activated T helper cells. In this regard, our study demonstrated that CD14⁺ cells induced by granulocyte-macrophage colony-stimulating factor (GM-CSF) stimulation of RA bone marrow CD14⁻precursors significantly shift the antibody repertoire, with selective production of IgM-RF, compared with CD14⁺ cells induced from osteoarthritis (OA) patient bone marrow CD14⁻precursors [47]. These data emphasize the role of monocyte-lineage CD14⁺ cells in the disproportionately high expression of RF in RA. It is thus likely that sublining macrophages might also facilitate the activation of RF-producing B cells in the RA synovium.

4. BONE MARROW AND TYPE B SYNOVIOCYTE IN RA

Type B synoviocytes (fibroblast-like synoviocytes) have the morphologic appearance of fibroblasts as well as the capacity to produce and secrete a variety of factors,

including proteoglycans, cytokines, arachidonic acid metabolites, and matrix metalloproteinases (MMPs), that lead to the destruction of joints [48]. Unlike intimal macrophages, the precise origin of type B synoviocytes remains unclear, although they are thought to arise from the sublining tissue or other support structures of a joint [48]. On the other hand, a number of studies have shown that peripheral blood dendritic cells accumulate in the synovium, where they undergo phenotypic and functional differentiation *in situ* [49, 50]. Previous studies have also shown that synovial dendritic cells gradually lose their distinct morphologic appearance and become indistinguishable from fibroblasts *in vitro* [51]. Moreover, Kyogoku *et al.* identified the presence of dendritic cell-like cells that strongly express major histocompatibility complex (MHC) class II antigens and interact with T lymphocytes, in the sublining layers of the RA synovium [52]. They also showed that the sublining dendritic cell-like cells proliferate and differentiate into type A as well as type B synoviocytes to replace the lining layers [52].

Since it was shown that dendritic cells are derived from bone marrow CD34⁺ cells, it was also likely that type B synoviocytes might also be induced from bone marrow progenitors. In this regard, we have disclosed that CD34⁺ cells from the bone marrow of RA patients differentiated into cells with fibroblast-like morphology, which expressed prolyl 4-hydroxylase, in the presence of stem cell factor (SCF), GM-CSF, and TNF- α , much more effectively than CD34⁺ cells from bone marrow of control subjects [53]. The generation of fibroblast-like cells was not at all observed in cultures with SCF, GM-CSF, and interleukin 4 (IL-4) with or without TNF- α . In the absence of TNF- α and IL-4, most cells induced from bone marrow CD34⁺ cells from RA patients as well as from control subjects expressed CD14 and

HLA-DR (Fig. 3) [53]. The expression of CD14 was higher and the expression of HLA-DR was lower in the cultured bone marrow cells from RA patients compared with those from control subjects, which is consistent with the previous study [22]. It is noteworthy that the addition of TNF- α dramatically reduced the expression of CD14 and HLA-DR in cultured bone marrow cells from RA patients compared with those from OA patients, corresponding with the generation of fibroblast-like cells (Fig. 3). These features are consistent with those of fibroblast-like synoviocytes in patients with RA, as described in previous studies [52, 54, 55].

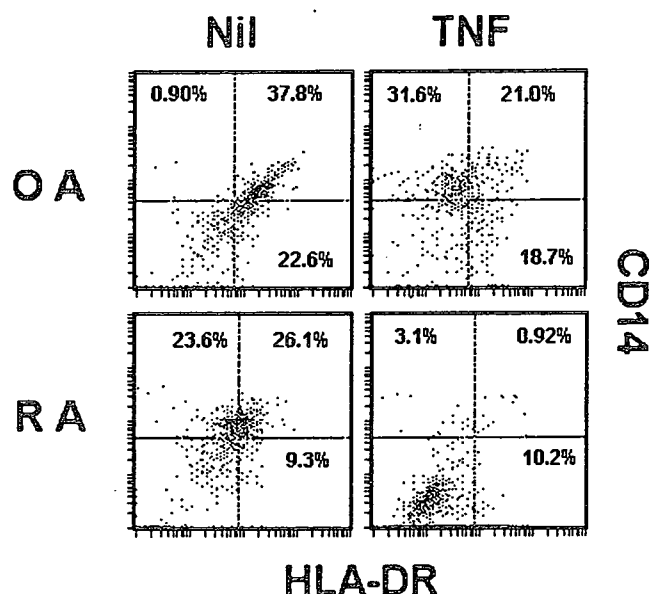


Fig. (3). Representative two-color flowcytometric analysis of the phenotypes of CD34⁺ cells cultured in the presence of SCF and GM-CSF with or without TNF- α for 4 weeks (modified from ref. 53).

On the other hand, it should be pointed out that generation of fibroblast-like cells from RA bone marrow CD34⁺ cells by stimulation with SCF, GM-CSF and TNF- α was correlated with MMP-1 levels in culture supernatants [53]. These results indicate that RA bone marrow CD34⁺ cells have abnormal capacities to respond to TNF- α and to differentiate into fibroblast-like cells producing MMP-1. It is therefore suggested that bone marrow CD34⁺ progenitor cells might generate type B synoviocytes and thus could play an important role in the pathogenesis of RA. In other words, the presence of abnormal precursors within the bone marrow progenitor cells might play an important role in the pathogenesis of RA by providing a repopulating reservoir of type B synoviocytes, as has been also suggested in other recent studies [56].

5. THE ROLE OF ANTIGEN-PRESENTATION IN BONE MARROW IN THE DEVELOPMENT OF SYNOVITIS: LESSONS FROM EXPERIMENTAL ARTHRITIS MODELS

A number of studies have demonstrated that RA is strongly associated with HLA-DR4 or DR1 [57], which are involved in the presentation of antigens to T cells. Although there has been no evidence for the interactions between antigen presenting cells and T cells in bone marrow in

human RA, the role of such interactions in the development of arthritis in animal models has been appreciated. Thus, in the HvG-induced arthritis model, thymocytes of BALB/c mice, which had been injected intraperitoneally, were shown to accumulate in bone marrow and spleen, but not joint tissues, prior to the onset of arthritis in the C3H/He mice [9, 10]. However, when the thymocytes from BALB/c mice were administered into the C3H/He mice after the development of arthritis, they were shown to accumulate in the synovial tissues as well as in the bone marrow [9, 10]. These results suggest that the antigen presentation involving HLA-DR4 or the shared epitope might take place in bone marrow and spleen and thus play a critical role in the development of synovitis in human RA. Moreover, it is also suggested that the antigen presentation in the bone marrow as well as in the inflamed synovium might be important for the persistence of synovitis in RA. Although the interactions between dendritic cells and T cells, possibly through MHC class II antigens, have been disclosed in the sublining layers of the RA synovium [52], further studies are required to explore the presence of such interactions in the RA bone marrow.

6. BONE MARROW AND ANGIOGENESIS IN RA

A number of studies indicated that neovascularization is crucial to the synovial hyperplasia in RA [4, 5]. Postnatal neovascularization has been attributed to so-called angiogenesis, a process characterized by the sprouting of new capillaries from preexisting blood vessels [58]. Thus, it has been shown that the expression of angiogenic factors, such as vascular endothelial growth factor (VEGF) and basic fibroblast growth factor in synovial lining cells and stromal cells, is increased in RA synovium and plays a pivotal role in the angiogenesis [59-61]. It is noteworthy that recent studies have demonstrated that endothelial progenitor cells of bone marrow origin play a significant role in the *de novo* formation of capillaries without preexisting blood vessels, so-called vasculogenesis [62-65]. Moreover, bone marrow-derived endothelial precursor cells have been shown to home to neovascularized hind limb ischemic sites in animal models [62].

We have recently shown that the generation of von Willebrand factor (vWF)-positive cells and CD31⁺/vWF⁺ cells from RA bone marrow-derived CD34⁺ cells was significantly higher than that from control subjects [66]. The generation of vWF⁺ cells from bone marrow CD34⁺ cells correlated significantly with the microvessel densities in the synovial tissues. Finally, RA bone marrow CD34⁺ cells expressed VEGFR2/KDR mRNA at higher levels than OA bone marrow CD34⁺ cells [66]. These results indicate that RA bone marrow CD34⁺ cells have enhanced capacities to differentiate into endothelial cells in relation to synovial vascularization. The data therefore suggest that bone marrow CD34⁺ cells might contribute to synovial neovascularization by supplying endothelial precursor cells and, thus, play an important role in the pathogenesis of RA.

Neovascularization of the synovium is not unique to RA. It has also been observed in OA synovium and has been shown to play an important role in the development of new cartilage and mineralization [67-69]. Of note, recent studies have revealed that levels of expression of the angiogenic

factors VEGF and platelet-derived endothelial cell growth factor are increased in RA as well as in OA, relative to normal subjects, whereas the presence of an activated synovial vasculature was high only in RA [67]. Moreover, the vascular activation by VEGF/KDR was significantly lower in OA than in RA patients, although the activation of the hypoxia inducing factor α (HIF α) pathway was comparable in OA and RA patients [67]. These observations suggest the presence of intrinsic abnormalities in synovial endothelial cells in RA patients. Of note, we have disclosed that the expression of VEGFR-2/KDR mRNA in RA bone marrow CD34+ cells was significantly higher than that in OA bone marrow CD34+ cells [66]. It is therefore likely that the differences in VEGF/KDR vascular activation in bone marrow CD34+ cells might result in differences in their capacity to generate vWF+ cells between RA and OA patients, since signaling through the KDR plays a crucial role in the generation of endothelial cells [59, 70].

Beyond its role in angiogenesis, it is also noteworthy that the abnormality in RA bone marrow CD34+ cells at the mRNA level has been demonstrated for the first time [66]. Further studies to delineate the whole characteristics of bone marrow CD34+ cells would be helpful for a complete understanding not only of the differences in synovial neovascularization in RA and OA, but also of the pathogenesis of RA.

7. BONE MARROW TRANSPLANTATION IN RA

Since 1996, autologous hematopoietic stem cell transplantation (HSCT) has been used to treat severe RA in limited case reports [71, 72]. However, a study with large numbers of patients has disclosed that recurrence of RA is frequent in patients who received autologous HSCT [73, 74]. Frequent recurrence after autologous HSCT for RA suggest that abnormalities in bone marrow stem cells persist after the treatment. It has been recently reported that bone marrow CD34+ progenitor cell reserve and function are defective in RA probably due, at least in part, to a TNF- α mediated effect [75, 76]. Accordingly, significant restoration of the disturbed hematopoiesis was obtained following anti-TNF- α treatment [75, 76]. It should be noted that blockade of TNF- α is not curative for RA, although it ameliorate disease activities of RA [77]. Thus, recurrence of RA is noted after discontinuation of blockade of TNF- α or even during anti-TNF- α therapy [77]. It is therefore likely that intrinsic abnormalities in bone marrow progenitor cells rather than TNF- α itself might cause such defects that lead to recurrence of RA. In this regard, bone marrow CD34+ cells have been shown to display aberrant responses to TNF- α and to differentiate into fibroblast-like cells producing MMP-1 [53]. Therefore, further studies to identify the nature of intrinsic abnormalities in bone marrow would be important for a complete understanding of the pathogenesis and etiology of RA as well as for the establishment of the curative treatment of RA.

8. FUTURE PROSPECTS

In the past decade, the importance of TNF- α in the pathogenesis of RA has come to be increasingly appreciated [78]. Thus, anti-TNF- α mAbs and soluble TNF receptor-Ig fusion proteins have been demonstrated to have beneficial effects in the treatment of RA [77]. We have revealed that

CD34+ cells from bone marrow of RA patients have abnormal responsiveness to TNF- α , resulting in their accelerated differentiation into fibroblast-like cells producing MMP-1 [53]. However, the precise sequelae of abnormal responses of CD34+ cells from bone marrow of RA patients to TNF- α remain unclear. It is likely that mRNA abnormalities of bone marrow CD34+ cells might be involved in the abnormal responsiveness to TNF- α [66]. Further studies that explore in detail such abnormalities in CD34+ cells from bone marrow of RA patients would be helpful in gaining a complete understanding of the etiology and pathogenesis of RA.

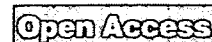
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Research article



Enhanced expression of mRNA for nuclear factor κ B1 (p50) in CD34+ cells of the bone marrow in rheumatoid arthritis

Shunsei Hirohata¹, Yasushi Miura², Tetsuya Tomita³, Hideki Yoshikawa³, Takahiro Ochi⁴ and Nicholas Chiorazzi⁵

¹Department of Internal Medicine, Teikyo University School of Medicine, Tokyo 173-8605, Japan

²Department of Rheumatology, Kobe University FHS School of Medicine, Kobe 654-0142, Japan

³Department of Orthopedic Surgery, Osaka University Medical School, Osaka 565-0871, Japan

⁴Sagamihara National Hospital, Kanagawa 228-8522, Japan

⁵Experimental Immunology and Rheumatology, North Shore-LIJ Research Institute, Manhasset, NY 11030, USA

Corresponding author: Shunsei Hirohata, shunsei@med.teikyo-u.ac.jp

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Abstract

Bone marrow CD34+ cells from rheumatoid arthritis (RA) patients have abnormal capacities to respond to tumor necrosis factor (TNF)- α and to differentiate into fibroblast-like cells producing matrix metalloproteinase (MMP)-1. We explored the expression of mRNA for nuclear factor (NF) κ B in RA bone marrow CD34+ cells to delineate the mechanism for their abnormal responses to TNF- α . CD34+ cells were purified from bone marrow samples obtained from 49 RA patients and 31 osteoarthritis (OA) patients during joint operations via aspiration from the iliac crest. The mRNAs for NF κ B1 (p50), NF κ B2 (p52) and RelA (p65) were examined by quantitative RT-PCR. The expression of NF κ B1 mRNA in bone marrow CD34+ cells was significantly higher in RA than in OA, whereas there was no

significant difference in the expression of mRNA for NF κ B2 and RelA. The expression of NF κ B1 mRNA was not correlated with serum C-reactive protein or with the treatment with methotrexate or oral steroid. Silencing of NF κ B1 by small interfering RNA abrogated the capacity of RA bone marrow CD34+ cells to differentiate into fibroblast-like cells and to produce MMP-1 and vascular endothelial growth factor upon stimulation with stem cell factor, granulocyte-macrophage colony stimulating factor and TNF- α without influencing their viability and capacity to produce β 2-microglobulin. These results indicate that the enhanced expression of NF κ B1 mRNA in bone marrow CD34+ cells plays a pivotal role in their abnormal responses to TNF- α and, thus, in the pathogenesis of RA.

Introduction

Rheumatoid arthritis (RA) is a chronic inflammatory disease characterized by hyperplasia of synovial lining cells, consisting of macrophage-like type A synoviocytes and fibroblast-like type B synoviocytes [1]. It has been appreciated that type A synoviocytes, which are also called intimal macrophages, are derived from monocyte precursors in the bone marrow [1]. On the other hand, type B synoviocytes, which are also called fibroblast-like synoviocytes, have the morphological appearance of fibroblasts as well as the capacity to produce and secrete a variety of factors, including proteoglycans, cytokines, arachidonic acid metabolites, and matrix metallo-

proteinases (MMPs), that lead to the destruction of joints [1]. Apart from type A synoviocytes, the origin of type B synoviocytes has been unclear [1]. Of note, we have recently demonstrated that bone marrow CD34+ cells from RA patients have abnormal capacities to respond to tumor necrosis factor (TNF)- α and to differentiate into fibroblast-like cells producing MMP-1, suggesting that bone marrow CD34+ progenitor cells might generate type B synoviocytes and thus could play an important role in the pathogenesis of RA [2].

TNF- α is one of the first triggers to be found effective for the activation of nuclear factor (NF) κ B in RA synovium [3]. This

β ₂MG = β ₂-microglobulin; ELISA = enzyme-linked immunosorbent assay; GM-CSF = granulocyte-macrophage colony stimulating factor; HSCT = hematopoietic stem cell transplantation; MFI = mean fluorescence intensity; MMP = matrix metalloproteinase; MTX = methotrexate; NF κ B = nuclear factor kappa B; OA = osteoarthritis; PCR = polymerase chain reaction; PE = phycoerythrin; RA = rheumatoid arthritis; SCF = stem cell factor; siRNA = small interfering RNA; TNF- α = tumor necrosis factor-alpha; VEGF = vascular endothelial growth factor.

mechanism of activation was followed by up-regulation of several inflammatory genes usually found in active RA. Accordingly, a number of studies have shown that TNF- α blockade has beneficial effects in the treatment of RA [4]. Moreover, inhibition of NF κ B by the antioxidant N-acetylcysteine significantly reduced TNF- α - and NF κ B-dependent gene expression and synovial proliferation [3]. We thus hypothesized that abnormal responses of RA bone marrow CD34+ cells to TNF- α might result from abnormal expression of NF κ B genes. The current studies were undertaken, therefore, to explore the expression of mRNA for various components of NF κ B in bone marrow CD34+ cells in RA.

Materials and methods

Patients and samples

Bone marrow samples were obtained from 49 patients with RA (8 males and 41 females; mean age, 58.6 years; age range, 35 to 78 years) who satisfied the American College of Rheumatology 1987 revised criteria for RA [5] and gave informed consent in accordance with the World Medical Association Declaration of Helsinki Ethical Principles for Medical Research Involving Human Subjects. The samples were taken during joint operations via aspiration from the iliac crest under anesthesia. As a control, bone marrow samples were similarly obtained from 31 patients with osteoarthritis (OA; 3 males and 28 females; mean age, 71.2 years; age range, 49 to 81 years) who gave informed consent. Most patients with RA and OA were taking non-steroidal anti-inflammatory drugs. Of the 45 patients with RA, 23 were treated with low dose methotrexate (MTX) and 33 were taking oral steroids when bone marrow samples were obtained. No OA patients were taking MTX or oral steroid.

Preparation of bone marrow CD34+ cells

Mononuclear cells were isolated by centrifugation of heparinized bone marrow aspirates over sodium diatrizoate-Ficoll gradients. CD34+ cells were purified from the mononuclear cells by positive selection with magnetic beads (CD34 progenitor cell selection system; Dynal, Oslo, Norway). The cells thus prepared were >95% CD34+ cells and <0.5% CD19+ B cells, as previously described [2]. In addition, CD34+ cells derived from bone marrow aspirates from the iliac crests of healthy individuals (purity >95%) were purchased from BioWhittaker (Walkersville, MD, USA).

RNA isolation and real-time quantitative PCR

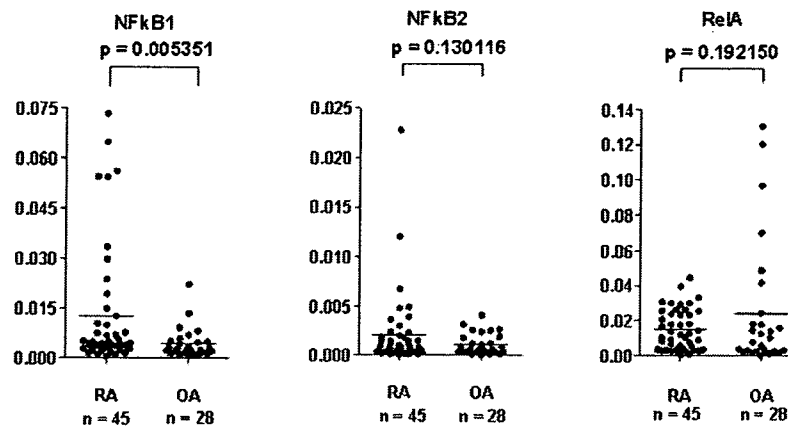
Total RNA was isolated from purified bone marrow CD34+ cells using the Trizol reagent (Life Technologies, Grand Island, NY, USA) according to the manufacturer's instructions. cDNA samples were prepared from 1 μ g of total RNA using the SuperScript reverse transcriptase preamplification system (Life Technologies) with oligo (dT) primer and subjected to PCR. Real-time quantitative PCR was performed using the LightCycler rapid thermal cycler system (Roche Diagnostics, Lewes, UK) with primer sets for NF κ B1, NF κ B2, RelA or β -actin and LightCycler-Fast Start DNA master SYBR Green I (Roche Diagnostics). The primers were designed using Oligo Primer Analysis Software version 5.0 (Takara Bio Inc., Ohtsu, Japan). The detail of primer sequences is shown in Table 1. Quantitative analysis was performed using LightCycler Software v.3.5. PCR reaction conditions composed of denaturing at 95°C for 10 minutes for 1 cycle, followed by 40 cycles of denaturing (10 seconds at 95°C), annealing (10 seconds at 60°C (NF κ B2, RelA) or 62°C (NF κ B1, β -actin)), and extension (5 seconds (NF κ B1), 6 seconds (NF κ B2, RelA), or 10 seconds (β -actin) at 72°C).

Table 1

Primer sequences used in real-time quantitative PCR for analysis of mRNA for various nuclear factor κ B components

Gene product (GenBank accession no.)	Primer sequences	Nucleotides
NF κ B1 [M588603]	Forward: 5'-TCC ACA AGG CAG CAA ATA GA-3'	3,125-3,144
	Reverse: 5'-GGG GCA TTT TGT TGA GAG TT-3'	3,244-3,263
NF κ B2 [NM_002502]	Forward: 5'-TTC TGA AGG CTG GTG CTG AC-3'	2,220-2,239
	Reverse: 5'-AGT GAG GTC AAG AGG CGT GT-3'	2,352-2,371
RelA [NM_021925]	Forward: 5'-GAA GAA GAG TCC TTT CAG CG-3'	1,011-1,030
	Reverse: 5'-GGG AGG ACG TAA AGG GAT AG-3'	1,116-1,135
β -actin [X00351]	Forward: 5'-GCA AAG ACC TGT ACG CCA AC-3'	910-929
	Reverse: 5'-CTA GAA GCA TTT GCG GTG GA-3'	1,150-1,169

Figure 1



The expression of mRNAs for nuclear factor (NF) κ B1 (p50), NF κ B2 (p52) and RelA (p65) in bone marrow CD34⁺ cells. Total RNA was isolated from purified bone marrow CD34⁺ cells. The expression of mRNAs for NF κ B1, NF κ B2, RelA and β -actin was evaluated by real-time quantitative PCR. The data are expressed as the ratio of the mRNA copy numbers to those of β -actin. Horizontal lines indicate the mean values. Statistical significance was evaluated by Welch's *t* test. OA, osteoarthritis; RA, rheumatoid arthritis.

Immunofluorescence staining and analysis

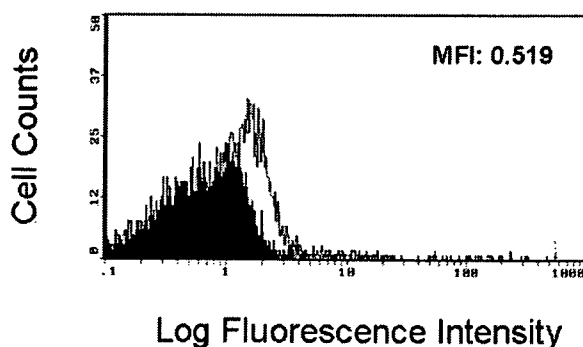
Purified bone marrow CD34⁺ cells (obtained from three RA patients and three OA patients) were treated with IntraPrep™ Permeabilization Reagent (Immunotech, Marseille, France), followed by staining with phycoerythrin (PE)-conjugated anti-NF κ B p50 (E-10; a mouse IgG1 monoclonal antibody against amino acids 120 to 239 mapping at the amino terminus of human NF κ B p50; Santa Cruz Biotech, Santa Cruz, CA, USA) or PE-conjugated normal mouse IgG1 (Santa Cruz). The cells were analyzed using an EPICS XL flow cytometer (Coulter, Hialeah, FL, USA) equipped with an argon-ion laser at 488 nm. A combination of low-angle and 90° light scatter measurements (forward scatter versus side scatter) was used to gen-

erate a bit map gating to identify bone marrow cells using Cyto-Trol™ Control Cells (Coulter) and Immuno-Trol™ Cells (Coulter) as standards. Specific mean fluorescence intensity (MFI) for NF κ B1 (p50) was calculated by subtracting the non-specific MFI of staining with the isotype-matched control mouse IgG1.

Culture medium and cytokines

RPMI 1640 medium (Life Technologies) supplemented with L-glutamine (0.3 mg/ml) and 10% fetal bovine serum (Life Technologies) was used for all cultures. Recombinant human stem cell factor (SCF), granulocyte-macrophage colony stimulating factor (GM-CSF), and TNF- α were purchased from Pepro Tech EC (London, UK).

Figure 2



Expression of nuclear factor (NF) κ B1 (p50) protein in bone marrow CD34⁺ cells. Purified bone marrow CD34⁺ cells from a rheumatoid arthritis patient were permeabilized and then stained with phycoerythrin-conjugated anti-NF κ B p50 monoclonal antibody or phycoerythrin-conjugated normal mouse IgG1, followed by analysis with flow cytometry. The level of NF κ B1 protein was expressed by mean fluorescence intensity as described in Materials and methods.

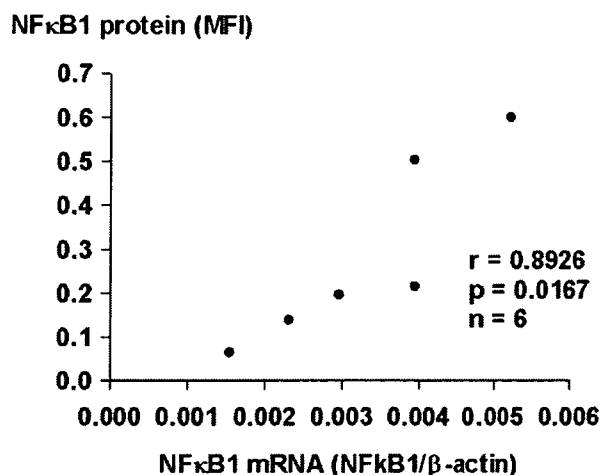
Silencing of NF κ B1 in bone marrow CD34⁺ cells by small interfering RNA

SMARTpool® small interfering RNA (siRNA) for NF κ B1 (p50) gene and nonsense scrambled control siRNA were purchased from Dharmacon (Lafayette, CO, USA). Chemical transfection of siRNAs into bone marrow CD34⁺ cells was performed using siPORT™ Amine Transfection Agent (Ambion, Austin, TX, USA) according to the manufacturer's directions. Briefly, purified bone marrow CD34⁺ cells were cultured in a 24-well microtiter plate (N0. 3524; Costar, Cambridge, MA, USA) at 2×10^5 cells per well in 0.2 ml culture medium in the presence of SCF (10 ng/ml) and GM-CSF (1 ng/ml). After 24 hours of incubation, chemical transfection of siRNAs was performed, and incubated for 4 hours.

Cell cultures and measurement of MMP-1 and vascular endothelial growth factor

After transfection of siRNAs, the cells were cultured with SCF (10 ng/ml) and GM-CSF (1 ng/ml) in 1.0 ml culture medium for

Figure 3



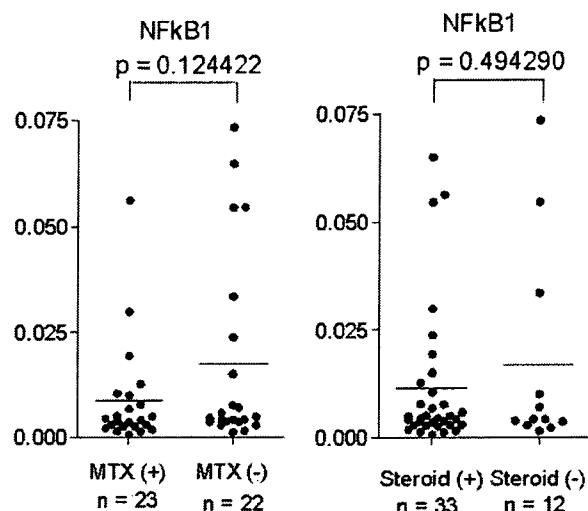
Comparison of the expression of nuclear factor (NF) κ B1 (p50) protein with that of NF κ B1 mRNA in bone marrow CD34+ cells. Purified bone marrow CD34+ cells were permeabilized and then stained with phycoerythrin-conjugated anti-NF κ B p50 monoclonal antibody or phycoerythrin-conjugated normal mouse IgG1, followed by analysis with flow cytometry. The NF κ B1 protein levels as expressed by mean fluorescence intensity were compared with NF κ B1 mRNA levels (expressed as the ratio of the mRNA copy numbers to those of β -actin) in bone marrow CD34+ cells from six patients (three rheumatoid arthritis patients and three osteoarthritis patients). Statistical significance was evaluated by linear regression test.

48 hours and then harvested for RNA extraction. Alternatively, the cells were cultured in a 24-well microtiter plate at 2×10^5 cells per well in 1.0 ml culture medium for 4 weeks in the presence of SCF (10 ng/ml), GM-CSF (1 ng/ml) and TNF- α (10 ng/ml) without medium change, as previously described [2]. The differentiation of fibroblast-like cells was observed under the phase-contrast light microscopy. The concentrations of MMP-1 and vascular endothelial growth factor (VEGF) in the culture supernatants were measured using the Biotrak human MMP-1 ELISA system (Amersham Pharmacia Biotech, Buckinghamshire, UK) and human VEGF immunoassay kit (BioSource International, Camarillo, CA, USA), respectively. The concentrations of β_2 -microglobulin (β_2 MG) were determined by an ELISA as previously described [6].

Statistics

Comparison between RA and OA patients and between RA patients with MTX or steroid and those without MTX or steroid was carried out using Welch's *t* test. Significance of the effects of siRNA transfection on the generation of fibroblast-like cells and on the production of MMP-1 and VEGF was evaluated by Wilcoxon's signed rank test. Correlation between serum C-reactive protein and NF κ B1 mRNA in bone marrow CD34+ cells and that between NF κ B1 mRNA and protein were evaluated using a linear regression test. Correlation between NF κ B1 mRNA in bone marrow CD34+ cells and the

Figure 4



The relevance of treatment with the expression of mRNAs for nuclear factor (NF) κ B1 mRNA in bone marrow CD34+ cells. Total RNA was isolated from purified bone marrow CD34+ cells from 45 rheumatoid arthritis patients. The expression of mRNAs for NF κ B1 and β -actin was evaluated by real-time quantitative PCR. The data are expressed as the ratio of the mRNA copy numbers to those of β -actin. Effect of treatment with methotrexate (MTX) or oral steroids (Steroid) was evaluated by Welch's *t* test. Horizontal lines indicate the mean values.

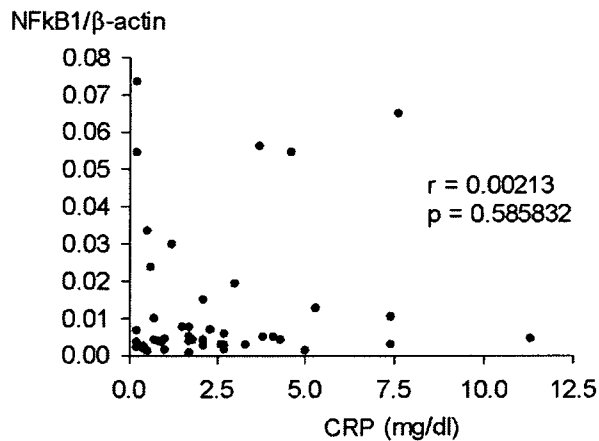
generation of fibroblast-like cells was analyzed using a Spearman's rank correlation test.

Results

Expression of mRNAs for various components of NF κ B in bone marrow CD34+ cells

The expression of mRNA for NF κ B1 (p50), NF κ B2 (p52), and RelA (p65) in bone marrow CD34+ cells is shown as the ratio of the copy numbers to those of β -actin mRNA in Figure 1. The expression of NF κ B1 mRNA was significantly higher in RA bone marrow CD34+ cells than in OA bone marrow CD34+ cells ($p = 0.005351$), whereas there were no significant differences in the expression of NF κ B2 mRNA ($p = 0.130116$). Although the expression of RelA mRNA appeared to be lower in RA bone marrow CD34+ cells than in OA bone marrow CD34+ cells, it did not reach statistical significance ($p = 0.192150$). These results indicate that the expression of mRNA for components of NF κ B1 is exclusively enhanced in bone marrow CD34+ cells from patients with RA.

Next, experiments were carried out to examine whether the elevation of NF κ B1 mRNA expression parallels the elevation of NF κ B1 protein expression in bone marrow CD34+ cells. The protein expression of NF κ B1 was evaluated by staining of permeabilized bone marrow CD34+ cells from three RA patients and three OA patients with anti-NF κ B p50 monoclonal antibody, followed by analysis with flow cytometry. As can be seen

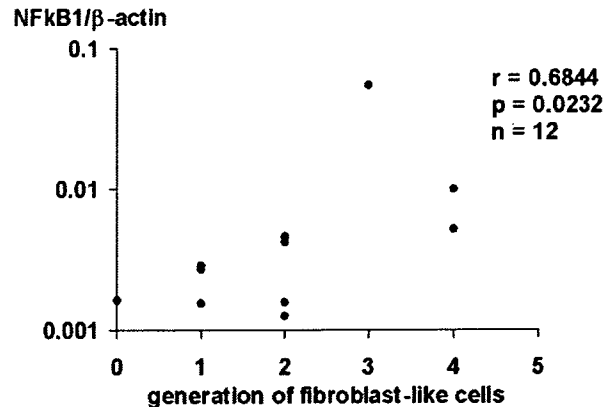
Figure 5

The correlation of the expression of mRNAs for nuclear factor (NF) κ B1 mRNA in bone marrow CD34+ cells with serum C-reactive protein (CRP). Total RNA was isolated from purified bone marrow CD34+ cells from 45 rheumatoid arthritis patients. The expression of mRNAs for NF κ B1 and β -actin was evaluated by real-time quantitative PCR. The data are expressed as the ratio of the mRNA copy numbers to those of β -actin. Statistical significance was evaluated by linear regression test.

in Figure 2, bone marrow CD34+ cells express NF κ B1 (p50) protein, the quantity of which can be expressed as MFI. Moreover, there is significant correlation between MFI for NF κ B1 and NF κ B1 mRNA in the six bone marrow CD34+ cells (Figure 3). The results indicate that the elevation of NF κ B1 mRNA leads to the increase in NF κ B1 protein expression.

Relevance of expression of NF κ B1 mRNA in bone marrow CD34+ cells from RA patients to treatment and clinical parameters

Of note, 22 and 33 of the 45 RA patients were treated with MTX and oral steroids, respectively, whereas no OA patients were taking either MTX or oral steroids. It is therefore possible that MTX and oral steroids might have affected the expression of NF κ B1 mRNA in bone marrow CD34+ cells. As shown in Figure 4, however, there were no significant differences in the expression of NF κ B1 mRNA in bone marrow CD34+ cells between RA patients taking MTX or oral steroids and those who were not, although the expression of NF κ B1 mRNA appeared to be lower in RA patients taking MTX or oral steroids. It is unlikely, therefore, that the medication the RA patients were taking would have resulted in the upregulation of NF κ B1 mRNA expression in bone marrow CD34+ cells. It should be also noted that the expression of NF κ B1 mRNA in bone marrow CD34+ cells was not significantly correlated with serum C-reactive protein (CRP) levels in RA patients (Figure 5). The data thus indicate that the upregulation of NF κ B1 mRNA in bone marrow CD34+ cells is independent of the activity of the systemic inflammation, as reflected by serum CRP.

Figure 6

Comparison of the expression of nuclear factor (NF) κ B1 (p50) mRNA in bone marrow CD34+ cells with their capacity to differentiate into fibroblast-like cells. The expression of NF κ B1 mRNA in bone marrow CD34+ cells from 12 rheumatoid arthritis patients was evaluated by real-time quantitative PCR prior to the culture. The bone marrow CD34+ cells were incubated in culture medium with stem cell factor (10 ng/ml), granulocyte-macrophage colony stimulating factor (1 ng/ml) and tumor necrosis factor- α (10 ng/ml) for 4 weeks with no medium changes. Morphological changes were evaluated under light microscopy. The percentages of fibroblast-like cells were calculated from two view fields at $\times 20$ magnifications. The degree of the generation of fibroblast-like cells were scored as follows: 0, fibroblast-like cells $< 5\%$; 1, fibroblast-like cells 5% to 25%; 2, fibroblast-like cells 25% to 50%; 3, fibroblast-like cells $> 50\%$; 4, formation of a pile or a cluster in at least one view field. Statistical significance was evaluated by Spearman's rank correlation test.

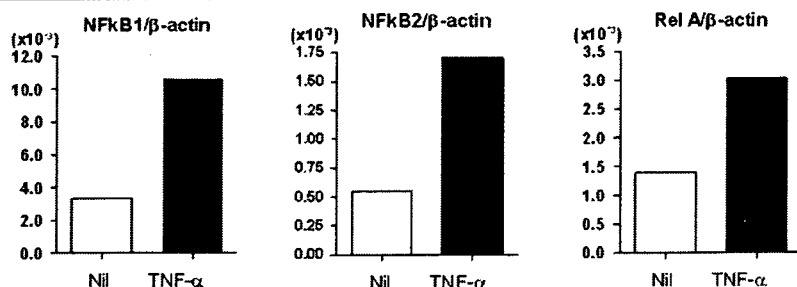
Relevance of the expression of NF κ B1 mRNA to the generation of fibroblast-like cells

There was a variation in the expression of NF κ B1 mRNA among the RA patients. We next examined the relationship of the initial levels of NF κ B1 mRNA in RA bone marrow CD34+ cells with their capacity to differentiate into fibroblast-like cells. As shown in Figure 6, there was a significant correlation between the NF κ B1 mRNA expression and the generation of fibroblast-like cells from bone marrow CD34+ cells upon stimulation with SCF, GM-CSF and TNF- α for 4 weeks in 12 RA patients. The data indicate that the enhanced expression of NF κ B1 mRNA is important for the enhanced generation of fibroblast-like cells.

Effect of TNF- α on the expression of mRNAs for various components of NF κ B in bone marrow CD34+ cells

Previous studies have demonstrated that TNF- α plays a critical role in the pathogenesis of RA [4]. It is possible, therefore, that the up-regulation of NF κ B1 mRNA in bone marrow CD34+ cells might be secondary to the increased levels of TNF- α in the bone marrow; experiments were carried out to test this possibility. Highly purified bone marrow CD34+ cells from healthy individuals were cultured in the presence of TNF- α (10 ng/ml) for 24 hours, after which the expression of mRNA for various components of NF κ B was examined. As shown in Fig-

Figure 7



Effect of tumor necrosis factor (TNF)- α on the expression of mRNAs for nuclear factor (NF) κ B1 (p50), NF κ B2 (p52) and RelA (p65) in bone marrow CD34+ cells. Bone marrow CD34+ cells from healthy individuals were incubated in culture medium with or without TNF- α (10 ng/ml) for 24 hours. After the incubation, total RNA was isolated for evaluation of the expression of mRNAs for NF κ B1, NF κ B2, RelA and β -actin by real-time quantitative PCR. The data are expressed as the ratio of the mRNA copy numbers to those of β -actin. The data are representative of two different experiments.

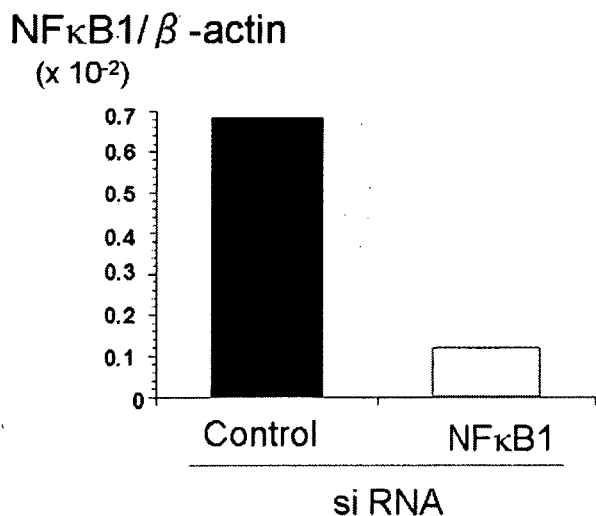
Figure 7, treatment of bone marrow CD34+ cells with TNF- α upregulated not only the expression of NF κ B1 (p50) mRNA, but that of NF κ B2 (p52) mRNA and RelA (p65) mRNA. Since only the expression of NF κ B1 mRNA, but not that of NF κ B2 mRNA and RelA mRNA, was significantly upregulated in RA bone marrow CD34+ cells, the increased expression of NF κ B1 mRNA in RA bone marrow CD34+ cells might not be

accounted for simply by the increased levels of TNF- α in the bone marrow.

Effect of silencing mRNA for NF κ B1 on differentiation of RA bone marrow CD34+ cells into fibroblast-like cells upon stimulation with SCF, GM-SCF and TNF- α

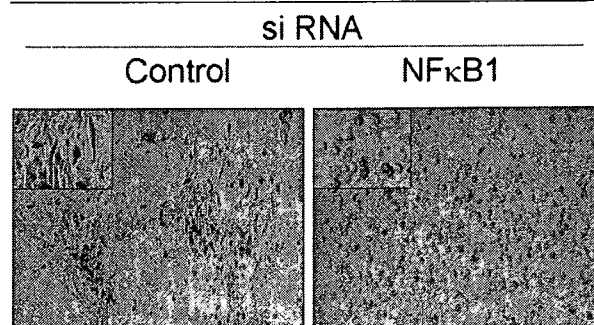
We next examined whether silencing of NF κ B1 (p50) mRNA in RA bone marrow CD34+ cells might correct their abnormal responses to TNF- α . As shown in Figure 8, treatment of bone marrow CD34+ cells with siRNA for NF κ B1 reduced the expression of NF κ B1 mRNA by approximately 80%. More importantly, reduction of NF κ B1 mRNA markedly suppressed the generation of fibroblast-like cells from RA bone marrow CD34+ cells upon stimulation with SCF, GM-CSF and TNF- α (Figures 9 and 10). Accordingly, silencing of NF κ B1 by siRNA

Figure 8



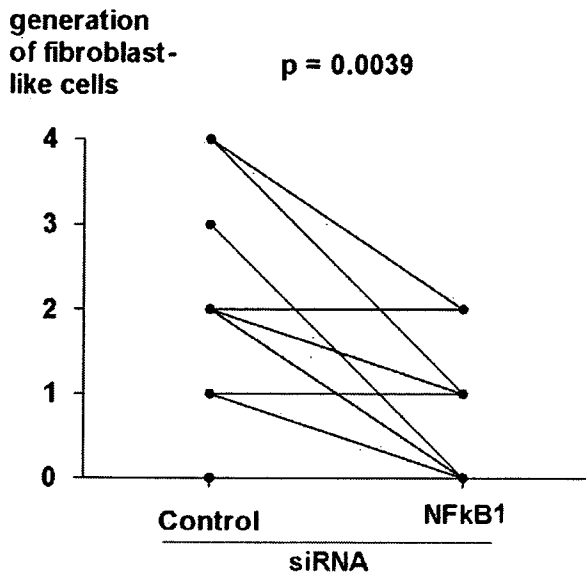
Silencing of nuclear factor (NF) κ B1 mRNA in bone marrow CD34+ cells by small interfering RNA (siRNA) for NF κ B1. Purified bone marrow CD34+ cells were transfected with siRNA for NF κ B1 or a scrambled sequence control siRNA after a 24 hours incubation in culture medium with stem cell factor (10 ng/ml) and granulocyte-macrophage colony stimulating factor (1 ng/ml). After the transfection, the cells were further incubated for 48 hours in culture medium with stem cell factor and granulocyte-macrophage colony stimulating factor, and total RNA was isolated for evaluation of the expression of NF κ B1 mRNA and β -actin mRNA by real-time quantitative PCR. The data are expressed as the ratio of the mRNA copy numbers to those of β -actin.

Figure 9



Inhibition of the generation of fibroblast-like cells by silencing nuclear factor (NF) κ B1 mRNA in bone marrow CD34+ cells from patients with rheumatoid arthritis. Purified bone marrow CD34+ cells were transfected with small interfering RNA (siRNA) for NF κ B1 or a scrambled sequence control, after which the cells were incubated in culture medium with stem cell factor (10 ng/ml), granulocyte-macrophage colony stimulating factor (1 ng/ml) and tumor necrosis factor- α (10 ng/ml) for 4 weeks with no medium changes. Morphological changes were observed under light microscopy (original magnification, $\times 20$; inset, $\times 50$ magnification). The data are representative of 12 different experiments.

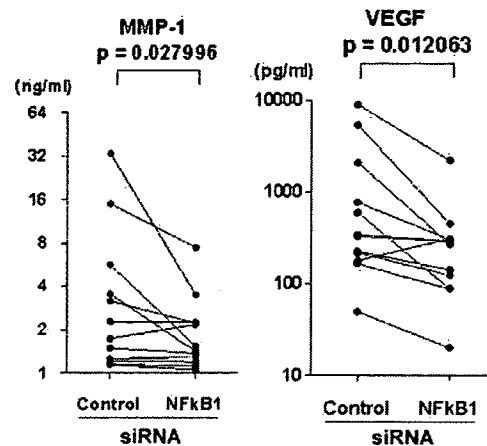
Figure 10



Inhibition of the generation of fibroblast-like cells by silencing nuclear factor (NF) κ B1 mRNA in bone marrow CD34+ cells from patients with rheumatoid arthritis. Purified bone marrow CD34+ cells were transfected with small interfering RNA (siRNA) for NF κ B1 or a scrambled sequence control siRNA, after which the cells were incubated in culture medium with stem cell factor (10 ng/ml), granulocyte-macrophage colony stimulating factor (1 ng/ml) and tumor necrosis factor- α (10 ng/ml) for 4 weeks with no medium changes. Morphological changes were observed under light microscopy. The percentages of fibroblast-like cells were calculated from two view fields at $\times 20$ magnifications. The degree of the generation of fibroblast-like cells were scored as follows: 0, fibroblast-like cells <5%; 1, fibroblast-like cells 5% to 25%; 2, fibroblast-like cells 25% to 50%; 3, fibroblast-like cells >50%; 4, formation of a pile or a cluster in at least one view field. Statistical significance was evaluated by Wilcoxon's signed rank test.

significantly decreased the levels of MMP-1 and VEGF in culture supernatants of RA bone marrow CD34+ cells (Figure 11). Since bone marrow CD34+ cells proliferate in response to SCF, GM-CSF and TNF- α , it was possible that differences in MMP-1 and VEGF might be a result of alteration in cell proliferation by NF κ B1 siRNA. Previous studies disclosed that β_2 MG is produced by a number of cell types, including lymphocytes, myeloid cells, and tumor cells [7-9]. The production of β_2 MG generally correlates with cell proliferation [6-9]. In fact, the levels of β_2 MG in the culture supernatants paralleled the viable cell counts of bone marrow CD34+ cells stimulated with SCF, GM-CSF and TNF- α . Of note, silencing of NF κ B1 also significantly decreased the ratios of MMP-1 and VEGF to β_2 MG (MMP-1/ β_2 MG and VEGF/ β_2 MG) in culture supernatants of RA bone marrow CD34+ cells (Figure 12). Consistently, whereas siRNA for NF κ B1 inhibited the differentiation of RA bone marrow CD34+ cells stimulated with SCF, GM-CSF and TNF- α into fibroblast-like cells (Figure 13), it significantly influenced neither the viable cell numbers nor the levels of β_2 MG in the culture supernatants (Figure 14). These results

Figure 11



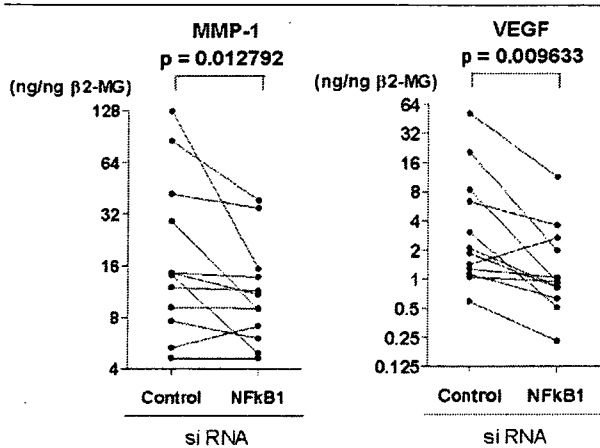
Suppression of the production of matrix metalloproteinase (MMP)-1 and vascular endothelial growth factor (VEGF) by silencing nuclear factor (NF) κ B1 mRNA in bone marrow CD34+ cells from patients with rheumatoid arthritis. Purified bone marrow CD34+ cells from 12 patients with rheumatoid arthritis were transfected with small interfering RNA (siRNA) for NF κ B1 or a scrambled sequence control siRNA, after which the cells were further incubated in culture medium with stem cell factor (10 ng/ml), granulocyte-macrophage colony stimulating factor (1 ng/ml) and tumor necrosis factor- α (10 ng/ml) for 4 weeks with no medium changes. After the incubation, the supernatants were harvested and assayed for MMP-1 and VEGF by ELISA. Statistical significance was evaluated by Wilcoxon's signed rank test.

confirm that the enhanced expression of NF κ B1 mRNA in RA bone marrow CD34+ cells led to their abnormal capacity to differentiate into fibroblast-like cells producing MMP-1 upon stimulation with SCF, GM-CSF and TNF- α without affecting cell viability or proliferation. The data suggest, therefore, that the enhanced expression of NF κ B1 mRNA in bone marrow hematopoietic stem cells might play a pivotal role in the pathogenesis of RA.

Discussion

The importance of TNF- α in the pathogenesis of RA has been well appreciated. Thus, anti-TNF- α antibodies and soluble TNF receptors have been demonstrated to have beneficial effects in the treatment of RA [4]. On the other hand, increasing attention has been paid to the role of bone marrow abnormalities in the pathogenesis of RA. In this regard, we demonstrated that RA bone marrow CD34+ cells have abnormal capacities to respond to TNF- α and to differentiate into fibroblast-like cells producing MMP-1 [2]. It should be noted that NF κ B plays an important role in signal transduction and expression of a variety of genes, including MMP-1, under the influence of TNF- α [3]. The results in the current study have demonstrated that the expression of mRNA for NF κ B1 is increased in RA bone marrow CD34+ cells. Of note, the expression of NF κ B1 mRNA was significantly correlated with that of NF κ B1 protein. Moreover, the initial levels of NF κ B1 mRNA in RA bone marrow CD34+ cells were correlated with

Figure 12



Suppression of the production of matrix metalloproteinase (MMP)-1 and vascular endothelial growth factor (VEGF) by silencing nuclear factor (NF) κ B1 mRNA in bone marrow CD34+ cells from patients with rheumatoid arthritis. Purified bone marrow CD34+ cells from 12 patients with rheumatoid arthritis were transfected with small interfering RNA (siRNA) for NF κ B1 or a scrambled sequence control siRNA, after which the cells were further incubated in culture medium with stem cell factor (10 ng/ml), granulocyte-macrophage colony stimulating factor (1 ng/ml) and tumor necrosis factor- α (10 ng/ml) for 4 weeks with no medium changes. After the incubation, the supernatants were harvested and assayed for MMP-1, VEGF and β_2 -microglobulin (β_2 MG) by ELISA. Statistical significance was evaluated by Wilcoxon's signed rank test.

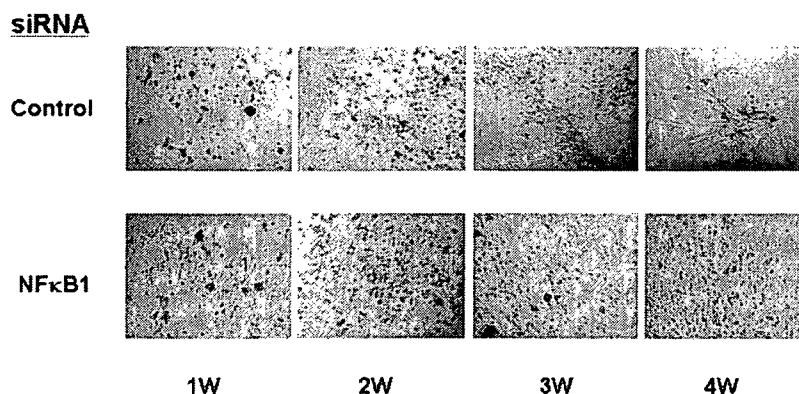
their capacity to differentiate into fibroblast-like cells upon stimulation with TNF- α . The data suggest that the increased expression of NF κ B1 mRNA might lead to constitutive overproduction of NF κ B p50 molecules and thus result in abnormal responses to TNF- α of RA bone marrow CD34+ cells.

Of note, bee venom and its major component melittin have been shown to display anti-arthritic effects through inactivation of NF κ B [10]. Since bee venom and melittin delay and reduce nuclear translocation of the p50 subunit of NF κ B but not p65 (RelA) [10], the importance of NF κ B p50 rather than p65 in the pathogenesis of inflammatory arthritides has been underscored.

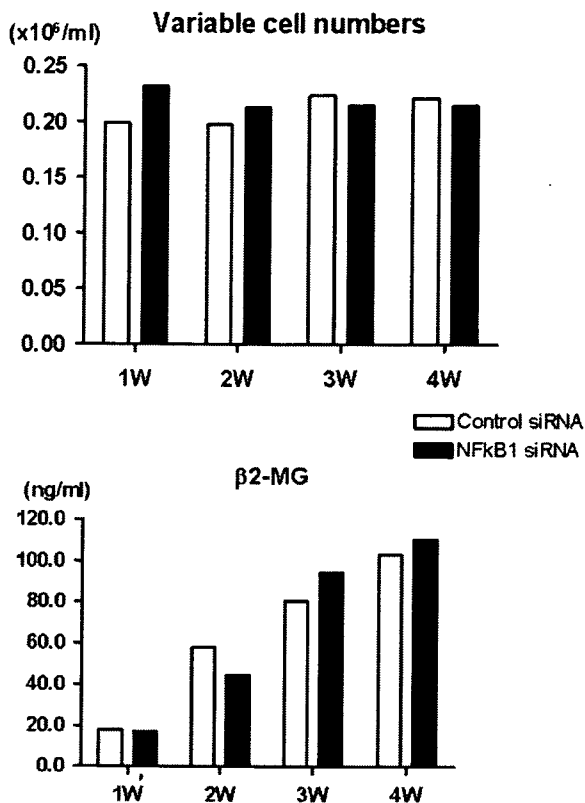
In the present study, significant numbers of RA patients were treated with MTX and oral steroids. However, there were no significant differences in the expression of NF κ B1 mRNA in bone marrow CD34+ cells between RA patients receiving MTX or oral steroids and those who were not, although the expression of NF κ B1 mRNA appeared to be lower in RA patients receiving these drugs. It is suggested, therefore, that administration of MTX and oral steroids might have made the differences in the expression of NF κ B1 mRNA in bone marrow CD34+ cells between RA and OA less marked. On the other hand, the expression of NF κ B1 mRNA in bone marrow CD34+ cells was not correlated with serum CRP levels in RA patients. The upregulation of NF κ B1 mRNA in bone marrow CD34+ cells might not, therefore, be secondary to systemic inflammation, but may be a primary abnormality intrinsic to RA.

In the present study, the expression of mRNA for RelA (p65) appeared to be decreased in RA bone marrow CD34+ cells compared with that in OA bone marrow CD34+ cells, although this decrease did not reach statistical significance. Of note, a previous study demonstrated that embryonic fibroblasts from RelA-deficient mice are defective in the TNF- α mediated induction of mRNAs for I κ B α [11]. Moreover, in RelA deficient fibroblasts, I κ B β protein was absent, presumably due

Figure 13



Time-kinetic effect of silencing nuclear factor (NF) κ B1 mRNA in bone marrow CD34+ cells from patients with rheumatoid arthritis on the generation of fibroblast-like cells. Purified bone marrow CD34+ cells from patients with rheumatoid arthritis were transfected with small interfering RNA (siRNA) for NF κ B1 or scrambled sequence control siRNA, after which the cells were further incubated in culture medium with stem cell factor (10 ng/ml), granulocyte-macrophage colony stimulating factor (1 ng/ml) and tumor necrosis factor- α (10 ng/ml) up to 4 weeks with no medium changes. After various periods of incubation (W, weeks), the morphological changes of the cells were observed under light microscopy. The data are representative of three different experiments.

Figure 14

Time-kinetic effect of silencing nuclear factor (NF) κ B1 mRNA in bone marrow CD34+ cells from patients with rheumatoid arthritis on the viable cell counts and the production of β_2 -microglobulin (β_2 MG). Purified bone marrow CD34+ cells from patients with rheumatoid arthritis were transfected with small interfering RNA (siRNA) for NF κ B1 or scrambled sequence control siRNA, after which the cells were further incubated in culture medium with stem cell factor (10 ng/ml), granulocyte-macrophage colony stimulating factor (1 ng/ml) and tumor necrosis factor- α (10 ng/ml) up to 4 weeks with no medium changes. After various periods of incubation (W, weeks), the cells were counted and the quantities of β_2 MG in the culture supernatants were determined by ELISA. This is the same experiment as shown in Figure 13. Data are representative of three different experiments.

to the decreased stability of I κ B β mRNA [11]. Since I κ B plays an important role in inhibition of translocation of NF κ B into the nucleus, the decrease in RelA mRNA might result in enhanced activation of NF κ B related genes through upregulation of the translocation of NF κ B. It is suggested, therefore, that the decreased expression of RelA mRNA in RA bone marrow CD34+ cells might also contribute to abnormal response to TNF- α .

It is possible that the upregulation of NF κ B1 mRNA in bone marrow CD34+ cells might be secondary to the increased levels of TNF- α in the bone marrow. In fact, the treatment of bone marrow CD34+ cells from healthy individuals with TNF- α

resulted in the increased expression of NF κ B1 mRNA. However, TNF- α also enhanced the expression of mRNAs for NF κ B2 and RelA in bone marrow CD34+ cells from healthy individuals. Of note, the expression of RelA mRNA appeared to be rather decreased in RA bone marrow CD34+ cells as mentioned above. Taken together, these data strongly suggest that the enhanced expression of NF κ B1 mRNA might not be due simply to the increased levels of TNF- α in the bone marrow. Further studies to explore the mechanism of abnormal expression of NF κ B1 mRNA in bone marrow CD34+ cells would be important for delineation of the pathogenesis of RA.

The role of the enhanced expression of NF κ B1 mRNA in RA bone marrow CD34+ cells in their abnormal responses to TNF- α was further confirmed by the experiments of selective silencing of NF κ B1 mRNA. Reduction of NF κ B1 mRNA in RA bone marrow CD34+ cells by transfection of siRNA for NF κ B1 markedly suppressed the generation of fibroblast-like cells as well as the production of MMP-1 and VEGF under the influence of TNF- α without affecting the viability or the capacity to produce β_2 MG. These results indicate that upregulation of NF κ B1 mRNA expression leads to the enhanced responses of RA bone marrow CD34+ cells to TNF- α . Thus, the enhanced NF κ B1 mRNA expression might be a critical defect in RA bone marrow CD34+ cells.

Autologous hematopoietic stem cell transplantation (HSCT) has been used to treat severe RA in limited case reports [12,13]. However, a study with large numbers of patients has disclosed that recurrence of RA is frequent in patients who received autologous HSCT [14,15]. Frequent recurrence after autologous HSCT for RA suggests that abnormalities in bone marrow stem cells might persist after the treatment [16,17]. It is possible that the enhanced expression of NF κ B1 mRNA might be closely related with such abnormalities in bone marrow stem cells, although further studies are required to confirm this point. It would also be important to explore whether there might be another transcription factor that could be inhibited without suppressing the differentiation of bone marrow CD34+ cells into fibroblast-like cells in order to confirm the importance of NF κ B1 mRNA expression in the pathogenesis of RA.

Conclusion

The present study has revealed the enhanced expression of NF κ B1 mRNA in RA bone marrow CD34+ cells as possible intrinsic abnormalities in bone marrow, resulting in abnormal responses to TNF- α . Further studies to delineate the mechanisms for the abnormal NF κ B1 mRNA expression would be important for a complete understanding of the pathogenesis and etiology of RA.

Competing interests

The authors declare that they have no competing interests.

Authors' contributions

SH designed the study, and participated in experimental procedures, collection, analysis, and interpretation of data, and manuscript preparation. YM and NC contributed to analysis and interpretation of data. TT, HY, and TO contributed to collection and analysis of data. All authors read and approved the final text before submission of the manuscript.

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