

corticosteroid-resistant asthma.<sup>40</sup> The establishment of a correct  $T_H1/T_H2$  balance and the induction of the IL-10 gene have been suggested as potential mechanisms of action.<sup>40</sup> It is also possible that induction of  $T_H1$ -like regulatory T cells might be involved in the IFN- $\alpha$ -mediated improvement of corticosteroid-resistant asthma. Further studies designed to explore the capacity of IFN- $\alpha$  to induce  $T_H1$ -like regulatory T cells would be important for a complete understanding of its role in the treatment of bronchial asthma and atopic diseases.

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# Inhibition of CX3CL1 (Fractalkine) Improves Experimental Autoimmune Myositis in SJL/J Mice<sup>1</sup>

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**Idiopathic inflammatory myopathy is a chronic inflammatory muscle disease characterized by mononuclear cell infiltration in the skeletal muscle. The infiltrated inflammatory cells express various cytokines and cytotoxic molecules. Chemokines are thought to contribute to the inflammatory cell migration into the muscle. We induced experimental autoimmune myositis (EAM) in SJL/J mice by immunization with rabbit myosin and CFA. In the affected muscles of EAM mice, CX3CL1 (fractalkine) was expressed on the infiltrated mononuclear cells and endothelial cells, and its corresponding receptor, CX3CR1, was expressed on the infiltrated CD4 and CD8 T cells and macrophages. Treatment of EAM mice with anti-CX3CL1 mAb significantly reduced the histopathological myositis score, the number of necrotic muscle fibers, and infiltration of CD4 and CD8 T cells and macrophages. Furthermore, treatment with anti-CX3CL1 mAb down-regulated the mRNA expression of TNF- $\alpha$ , IFN- $\gamma$ , and perforin in the muscles. Our results suggest that CX3CL1-CX3CR1 interaction plays an important role in inflammatory cell migration into the muscle tissue of EAM mice. The results also point to the potential therapeutic usefulness of CX3CL1 inhibition and/or blockade of CX3CL1-CX3CR1 interaction in idiopathic inflammatory myopathy. *The Journal of Immunology*, 2005, 175: 6987–6996.**

**I**diopathic inflammatory myopathy (IIM),<sup>3</sup> including polymyositis and dermatomyositis, is characterized by chronic inflammation of the voluntary muscles associated with infiltration of inflammatory cells, including CD4 and CD8 T cells and macrophages, in the skeletal muscle (1–3). Infiltrated CD4 and CD8 T cells express cytotoxic molecules, such as perforin and granzyme granules, and the T cells and macrophages express inflammatory cytokines, such as TNF- $\alpha$  and IFN- $\gamma$  (4–8). Therefore, the infiltrated inflammatory cells might play an important role in the pathogenesis of IIM. The inflammatory cell migration into the muscle is thought to involve the interaction of chemokines and chemokine receptors (9–14).

Chemokines are involved in leukocyte recruitment and activation at the site of inflammatory lesion (15). Approximately 50 chemokines have been identified to date, and they are classified into four subfamilies, C, CC, CXC, and CX3C chemokines, based on the conserved cysteine motifs (16). Although the majority of chemokines are small secreted molecules, CX3CL1 (fractalkine) is expressed on the cell surface as a membrane-bound molecule (17, 18). The membrane-bound CX3CL1 is expressed on endothelial cells stimulated with TNF- $\alpha$ , IL-1, and IFN- $\gamma$  (19–21), induces

adhesion of the leukocytes, and supports leukocyte transmigration into tissue (22, 23). The soluble form of CX3CL1 is generated by proteolytic cleavage at a membrane-proximal region of the membrane-bound CX3CL1 by TNF- $\alpha$ -converting enzyme (a disintegrin and metalloproteinase domain 17) and a disintegrin and metalloproteinase domain 10 (24, 25), and is known to induce leukocyte migration (23). In contrast, CX3CR1, a unique receptor for CX3CL1, is expressed on peripheral blood CD4 and CD8 T cells that express cytotoxic molecules and type 1 cytokines (26, 27). CX3CR1 is also expressed on monocytes/macrophages, NK cells, and dendritic cells (28, 29).

Based on the infiltration of CTLs and macrophages into the affected muscles in patients with IIM, we speculated that the CX3CL1-CX3CR1 interaction might contribute to the inflammatory cell migration. In the present study we induced experimental autoimmune myositis (EAM) in SJL/J mice and examined CX3CL1 and CX3CR1 expression in the affected muscle of EAM mice. Furthermore, we studied the effect of CX3CL1 inhibition on EAM mice.

## Materials and Methods

### Induction of EAM

Male 5-wk-old SJL/J mice were purchased from Charles River Japan. Purified myosin from rabbit skeletal muscle (6.6 mg/ml; Sigma-Aldrich) was emulsified with an equal amount of CFA (Difco Laboratories) with 3.3 mg/ml *Mycobacterium butyricum* (Difco Laboratories). Mice were immunized intracutaneously with 100  $\mu$ l of emulsion into four locations (total, 400  $\mu$ l) on the back on days 0, 7, and 14. On day 21, the mice were killed, and the quadriceps femoris muscles were harvested. The muscle tissues were frozen immediately in chilled isopentane precooled in liquid nitrogen, and then 6- $\mu$ m-thick cryostat sections were prepared at intervals of 200  $\mu$ m. The sections were stained with H&E or used for immunohistochemistry. The experimental protocol was approved by the institutional animal care and use committee of Tokyo Medical and Dental University.

### Immunohistochemistry

Immunohistological staining was performed as described previously (26, 30) with some modifications. Briefly, 6- $\mu$ m-thick sections were air-dried and fixed in cold acetone at  $-20^{\circ}\text{C}$  for 3 min. After air-drying at room

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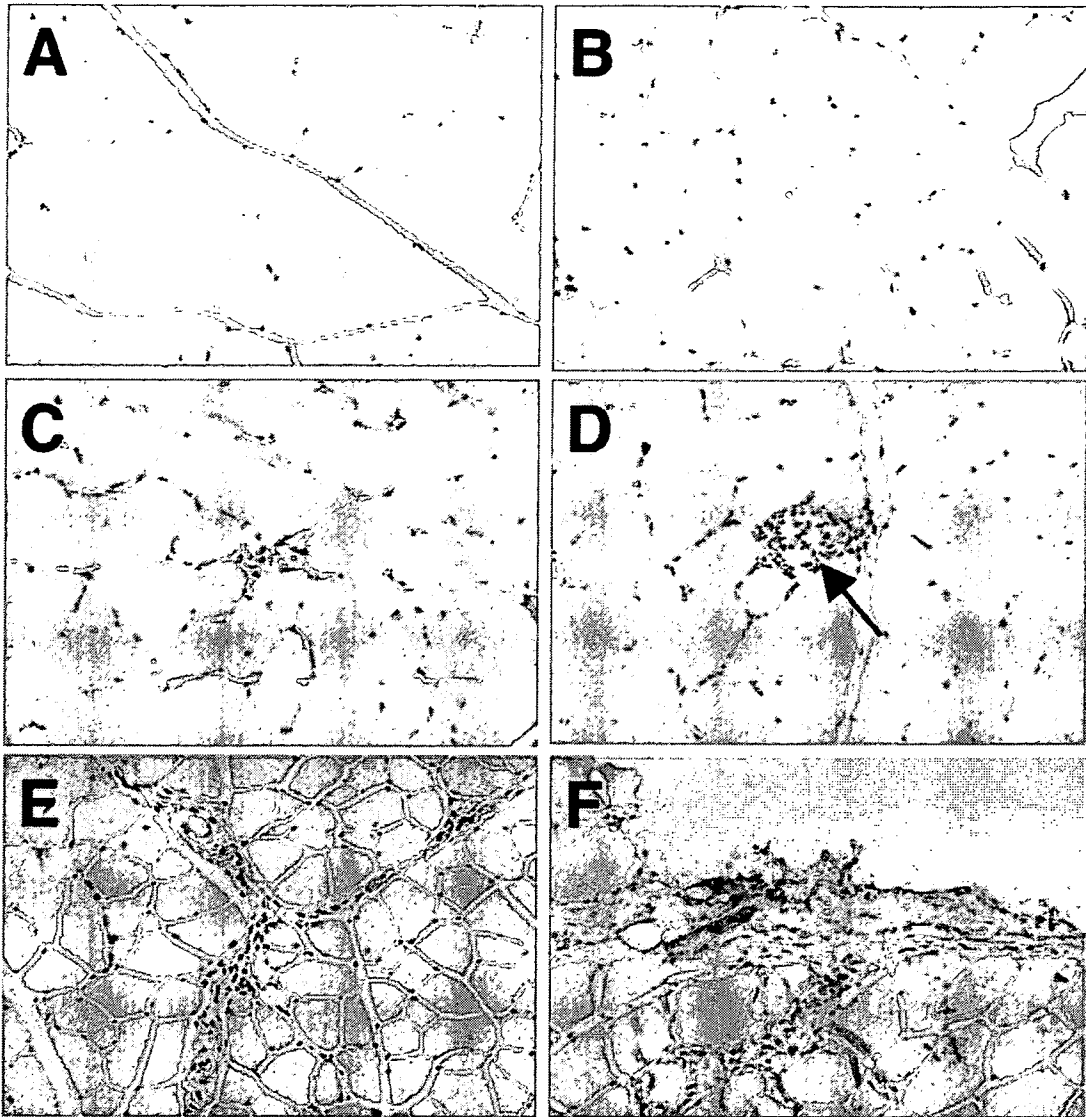
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<sup>3</sup> Abbreviations used in this paper: IIM, idiopathic inflammatory myopathy; EAM, experimental autoimmune myositis; PTX, pertussis toxin.



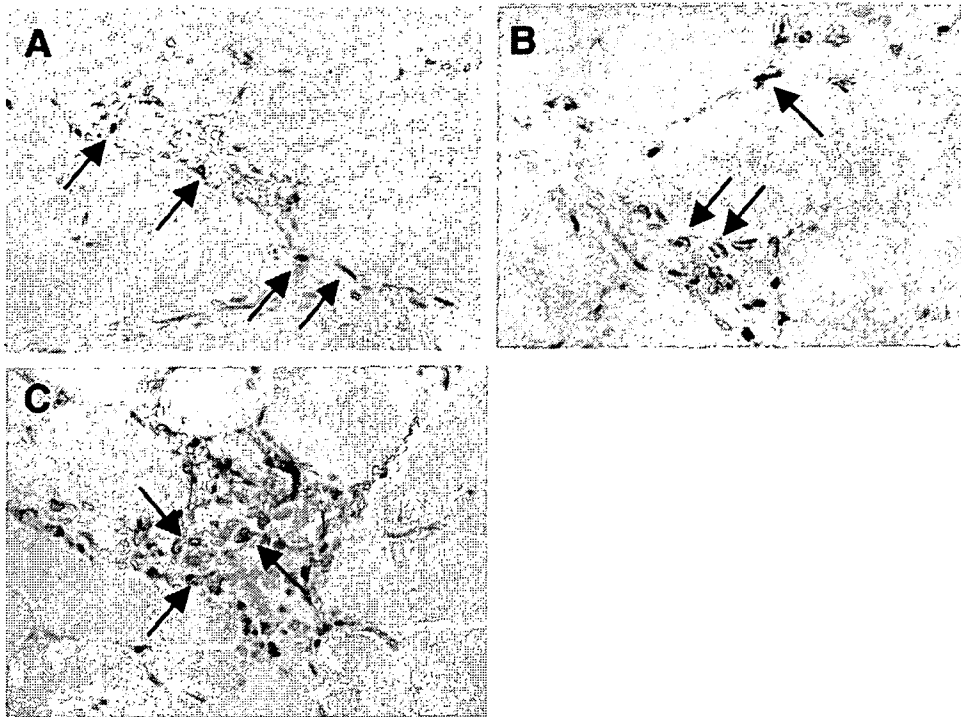
**FIGURE 1.** Histological changes found in the muscle of murine EAM. Quadriceps femoris muscle of normal mice and immunized mice on day 7 showed no inflammatory changes (A and B, respectively). On day 14, mild cellular infiltration in the muscle tissue was shown (C). Muscle tissues of EAM mice on day 21 showed cellular infiltration in the endomysium (D), perimysium (E), epimysium (F), and necrotic muscle fibers (arrow in D). H&E staining was used. Original magnification,  $\times 200$ .

temperature, the slides were rehydrated in PBS for 2 min three times, and then the endogenous peroxidase activity was blocked by incubation in 1.0%  $H_2O_2$  in PBS for 10 min, followed by rinsing for 2 min three times in PBS. Nonspecific binding was blocked with 10% normal rabbit serum in PBS for 30 min. For CD4, CD8, and F4/80 staining, the sections were incubated with 5  $\mu g/ml$  rat anti-mouse CD4 mAb (GK1.5; Cymbus Biotechnology), 2  $\mu g/ml$  rat anti-mouse CD8a mAb (53-6.7; BD Pharmingen), 5  $\mu g/ml$  rat anti-mouse F4/80 mAb (C1:A3-1; Serotec), or normal rat IgG in Ab diluent (BD Pharmingen) overnight at 4°C. The samples were then washed three times in PBS for 5 min each time and incubated with biotin-conjugated rabbit anti-rat IgG (DakoCytomation) for 30 min at room temperature with 5% normal mouse serum. To analyze a time course of cell infiltration, numbers of CD4<sup>+</sup>, CD8<sup>+</sup>, and F4/80<sup>+</sup> cells in six randomly selected fields at  $\times 200$  were counted from three EAM mice on days 0, 7, 14, and 21.

For mouse vascular endothelial cell staining, we used a tyramide signal amplification kit (NEL700A; PerkinElmer). After blocking with 10% normal rabbit serum, the sections were incubated with 5  $\mu g/ml$  rat anti-mouse vascular endothelial cadherin Ab (11D4.1; BD Pharmingen) or normal rat IgG overnight at 4°C. The samples were then washed three times in PBS for 5 min each time and incubated with biotin-conjugated rabbit anti-rat IgG for 30 min at room temperature with 5% normal mouse serum. After

washing three times in PBS for 5 min each time, the sections were incubated with streptavidin-HRP for 30 min at room temperature and washed in PBS three times for 5 min each time. The samples were incubated with biotinyl tyramide amplification reagent at room temperature for 5 min, then washed three times in PBS for 5 min each time, and incubated again with streptavidin-HRP for 30 min. After washing three times in PBS for 5 min each time, diaminobenzidine tablets (Sigma-Aldrich) were used for visualization. The sections were counterstained in hematoxylin for 30 s and washed in tap water for 5 min.

For mouse CX3CL1 staining, the endogenous peroxidase activity was blocked by incubation in 1.0%  $H_2O_2$  in methanol, and then the sections were incubated overnight at 4°C with goat anti-mouse CX3CL1 Ab (sc-7227; Santa Cruz Biotechnology) or normal goat IgG in Ab diluent at 5  $\mu g/ml$ . The samples were then washed three times in PBS for 5 min each time and incubated with biotin-conjugated rabbit anti-goat IgG (DakoCytomation) for 30 min at room temperature with 5% normal mouse serum. After washing three times in PBS for 5 min each time, the sections were incubated with peroxidase-conjugated streptavidin (DakoCytomation) for 30 min at room temperature and washed three times for 5 min each time. For enhancing the expression of CX3CL1 on endothelial cells, a tyramide signal amplification kit was



**FIGURE 2.** Infiltration of CD4 and CD8 T cells and macrophages in the muscles of EAM mice. Frozen sections of the quadriceps femoris muscle of EAM mice on day 21 were examined by immunohistochemistry using mAb against CD4 (A), CD8 (B), and F4/80 (C). The arrows indicate CD4<sup>+</sup>, CD8<sup>+</sup>, and F4/80<sup>+</sup> cells. Original magnification,  $\times 200$ .

used as described above. Diaminobenzidine tablets were used for visualization. The sections were counterstained in hematoxylin for 30 s and washed in tap water for 5 min.

For CD4, CD8 or F4/80, and CX3CR1 double staining, the sections were incubated overnight at 4°C with 5  $\mu\text{g}/\text{ml}$  rat anti-mouse CD4 mAb (GK1.5), 5  $\mu\text{g}/\text{ml}$  rat anti-mouse CD8 mAb (53-6.7), 5  $\mu\text{g}/\text{ml}$  rat anti-mouse F4/80 mAb (C1:A3-1), or normal rat IgG in Ab diluent. Subsequently, the samples were washed three times for 5 min each time in PBS and incubated with Alexa Fluor 488-conjugated goat anti-rat IgG (Molecular Probes) at 5  $\mu\text{g}/\text{ml}$  for 1 h at room temperature. For CX3CR1 staining, the sections were washed three times in PBS for 5 min each time and then incubated with rabbit anti-mouse CX3CR1 Ab (30) or normal rabbit IgG at 5  $\mu\text{g}/\text{ml}$  in Ab diluent for 2 h at room temperature. Next, the samples were washed three times for 5 min each time in PBS and incubated with Alexa Fluor 568-conjugated goat anti-rabbit IgG (Molecular Probes) at 5  $\mu\text{g}/\text{ml}$  for 1 h at room temperature. The slides were examined using fluorescent microscopy (BZ-Analyzer; Keyence).

#### Treatment with anti-mouse CX3CL1 mAb

A mAb against murine CX3CL1 was generated from Armenian hamsters immunized with recombinant murine CX3CL1 by a standard method. One mAb, 5H8-4, was selected for additional studies. The specificity was examined by ELISA using a panel of murine CXC (MIP-2, keratinocyte-derived chemokine, and CXCL9, 10, 12, and 13), CC (CCL1-7, 9-12, 17, 19-22, 25, 27, and 28), C (XCL1), and CX3C (CX3CL1) chemokines. The mAb reacted specifically with murine CX3CL1. Five hundred micrograms of hamster anti-mouse CX3CL1 mAb (5H8-4) or control Ab (hamster IgG; ICN Pharmaceuticals) was injected into the mouse peritoneal cavity three times per week from day 0 for 3 wk. The injection of anti-CX3CL1 mAb did not affect the number of PBMC (data not shown).

The severity of inflammatory changes was classified using five grades according to the classification of Kojima et al. (31) with some modification: score 0, no inflammation; score 1, mild endomysial inflammatory changes; score 2, severe endomysial inflammatory changes; score 3, perimysial inflammatory changes in addition to score 2; and score 4, diffuse extensive lesion. If multiple lesions were found in one muscle specimen, 0.5 point was added to the indicated score. To evaluate the severity of inflammation using a different aspect, we counted the number of necrotic muscle fibers, and CD4<sup>+</sup>, CD8<sup>+</sup>, and F4/80<sup>+</sup> cells in continuous three sections. Each section examined six random fields at  $\times 400$ . The evaluation of histopatho-

logical inflammatory changes was performed in a blind fashion for the experimental group identity.

#### Real-time RT-PCR

Total RNA was prepared from a 100 mg muscle block using RNA extraction solution, Isogen (Nippon Gene), and treated with DNase I (Invitrogen Life Technologies). The first-strand cDNA was synthesized using oligo(dT)<sub>12-18</sub> primers (Pharmacia Biotech) and SuperScript II reverse transcriptase (Invitrogen Life Technologies).

The relative quantitative real-time PCR was performed using SYBR Green I on ABI PRISM 7000 (Applied Biosystems) according to the instructions provided by the manufacturer. The cDNA was amplified with primers for TNF- $\alpha$  (5', GTA CCT TGT CTA CTC CCA GGT TCT CT; 3', GTG TGG GTG AGG AGC ACG TA), IFN- $\gamma$  (5', CCT GCG GCC TAG CTC TGA; 3', CCA TGA GGA AGA GCT GCA AAG), perforin (5', CCA CGG CAG GGT GAA ATT C; 3', GGC AGG TCC CTC CAG TGA), and GAPDH (5', ATG CAT CCT GCA CCA CCA A; 3', GTC ATG AGC CCT TCC ACA ATG). These primers were designed using the ABI Primer Express Software program (Applied Biosystems). The reaction buffer contained the following components: 25  $\mu\text{l}$  of SYBR Green PCR Master Mix (Applied Biosystems), 300 nM forward and reverse primers, 50 ng cDNA template, and RNA-free distilled water up to 50  $\mu\text{l}$  of total volume. The PCR was conducted using the following parameters: 50°C for 2 min, 95°C for 10 min, and 40 cycles of denaturation at 95°C for 15 s and annealing/extension at 60°C for 1 min. GAPDH mRNA was used as an internal control to standardize the amount of sample mRNA. A validation experiment demonstrated approximately equal efficiencies of the target and reference. Thus, the relative expression of real-time PCR products was determined using the  $\Delta\Delta\text{Ct}$  method that compares the mRNA expression levels of the target gene and the housekeeping gene (32, 33). One of the control samples was chosen as a calibrator sample.

#### Statistical analysis

Differences in the score of tissue inflammation, number of necrotic muscle fibers, number of migrated cells, and relative expression levels of TNF- $\alpha$ , IFN- $\gamma$ , and perforin between control Ab- and anti-mouse CX3CL1 mAb-treated EAM mice, and the relative expression levels of TNF- $\alpha$ , IFN- $\gamma$ , and perforin between normal and EAM mice were examined for statistical significance using Mann-Whitney's *U* test. All data were expressed as the

mean  $\pm$  SEM. The difference between two groups of mice was considered significant at  $p < 0.05$ .

## Results

### Development of EAM

SJL/J mice were immunized with purified rabbit myosin fraction and CFA on days 0, 7, and 14. On days 0, 7, 14, and 21, the quadriceps femoris muscles of these mice were histologically examined with H&E staining. All muscle specimens of normal SJL/J mice and immunized mice on day 7 showed normal appearance with no inflammatory changes (Fig. 1, A and B, respectively), whereas those of mice immunized with rabbit myosin fraction showed mild mononuclear cell infiltration at day 14 (Fig. 1C). On day 21, a significant number of mononuclear cells were infiltrated among the muscle fibers (endomysium; Fig. 1D), at perivascular areas (perimysium; Fig. 1E), and epimysium (Fig. 1F). Scattered lesions with aggregates of infiltrated mononuclear cells were formed, in which atrophic or necrotic muscle fibers were noted (arrow in Fig. 1D). Injection of PBS and CFA into SJL/J mice did not show infiltration of inflammatory cells in the quadriceps femoris muscles (data not shown).

To determine the subsets of infiltrating mononuclear cells in the quadriceps femoris muscles of EAM mice, we performed immunohistochemical analysis using mAbs against CD4, CD8, and F4/80. CD4<sup>+</sup> T cells were mainly located in the perimysium and some were found in the endomysium (Fig. 2A). CD8<sup>+</sup> T cells were predominantly detected in the endomysium and surrounded nonnecrotic muscle fibers (Fig. 2B). F4/80<sup>+</sup> macrophages were located in the endomysium as well and were especially present around the necrotic muscle fibers (Fig. 2C). Because these histological findings of inflammatory cell infiltration patterns resembled those of affected muscle lesions in IIM patients (34–36), we decided to use the EAM mice as an experimental model of IIM.

To evaluate a time course of cellular infiltration into the muscles, we counted the numbers of infiltrated CD4<sup>+</sup>, CD8<sup>+</sup>, and F4/80<sup>+</sup> cells on days 0, 7, 14, and 21 by immunohistochemical method. The majority of the infiltrating cells on day 14 were F4/80<sup>+</sup> macrophage (Fig. 3). In contrast, the number of CD4<sup>+</sup> and CD8<sup>+</sup> T cells was not increased until day 14, and they had significantly migrated into the muscles on day 21. These results were similar to previously reported data (37).

### CX3CL1 and CX3CR1 expression in the muscle of EAM mice

We examined the expression of CX3CL1 in the muscle of normal SJL/J mice and EAM mice by immunohistochemistry. In the quadriceps femoris muscles of normal mice, no CX3CL1 expression was detected (Fig. 4, A and G). In contrast, CX3CL1 was expressed on infiltrated mononuclear cells predominantly in the endomysium and vascular endothelial cells of EAM mice on day 14 (Fig. 4, B and H, respectively) and day 21 (Fig. 4, C and I, respectively).

We next examined the expression of CX3CR1 on the infiltrated mononuclear cells in the quadriceps femoris muscle of EAM mice by double immunohistochemical staining. Some CD4<sup>+</sup> T cells expressed CX3CR1 (Fig. 5, A–C). The majority of CD8<sup>+</sup> T cells and most of the F4/80<sup>+</sup> macrophages expressed CX3CR1 (Fig. 5, D–F and G–I, respectively).

### Effect of anti-mouse CX3CL1 mAb on EAM mice

To analyze the effect of anti-CX3CL1 mAb administration on EAM mice, we evaluated the histological changes in quadriceps femoris muscle using H&E staining. The incidence of inflam-

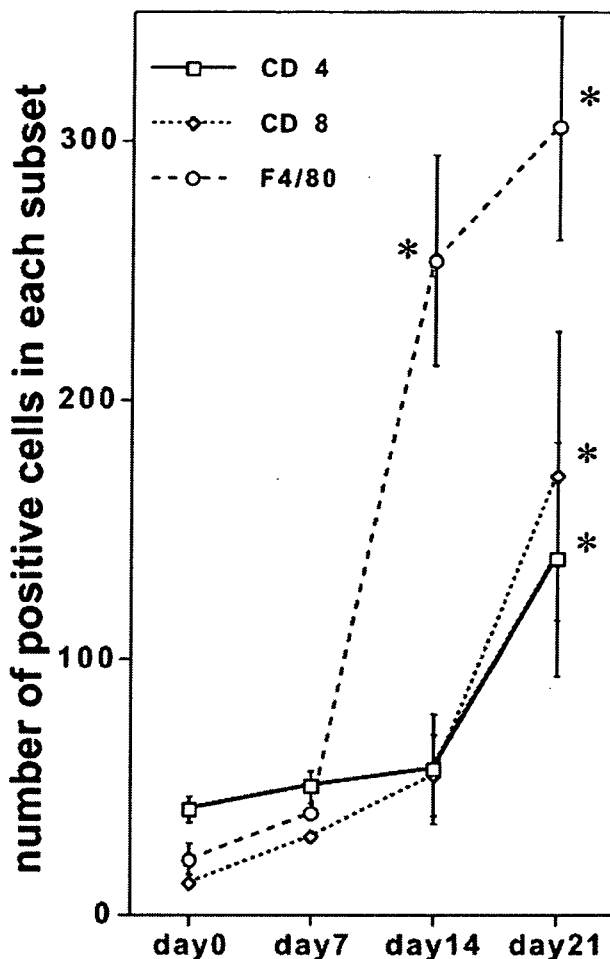
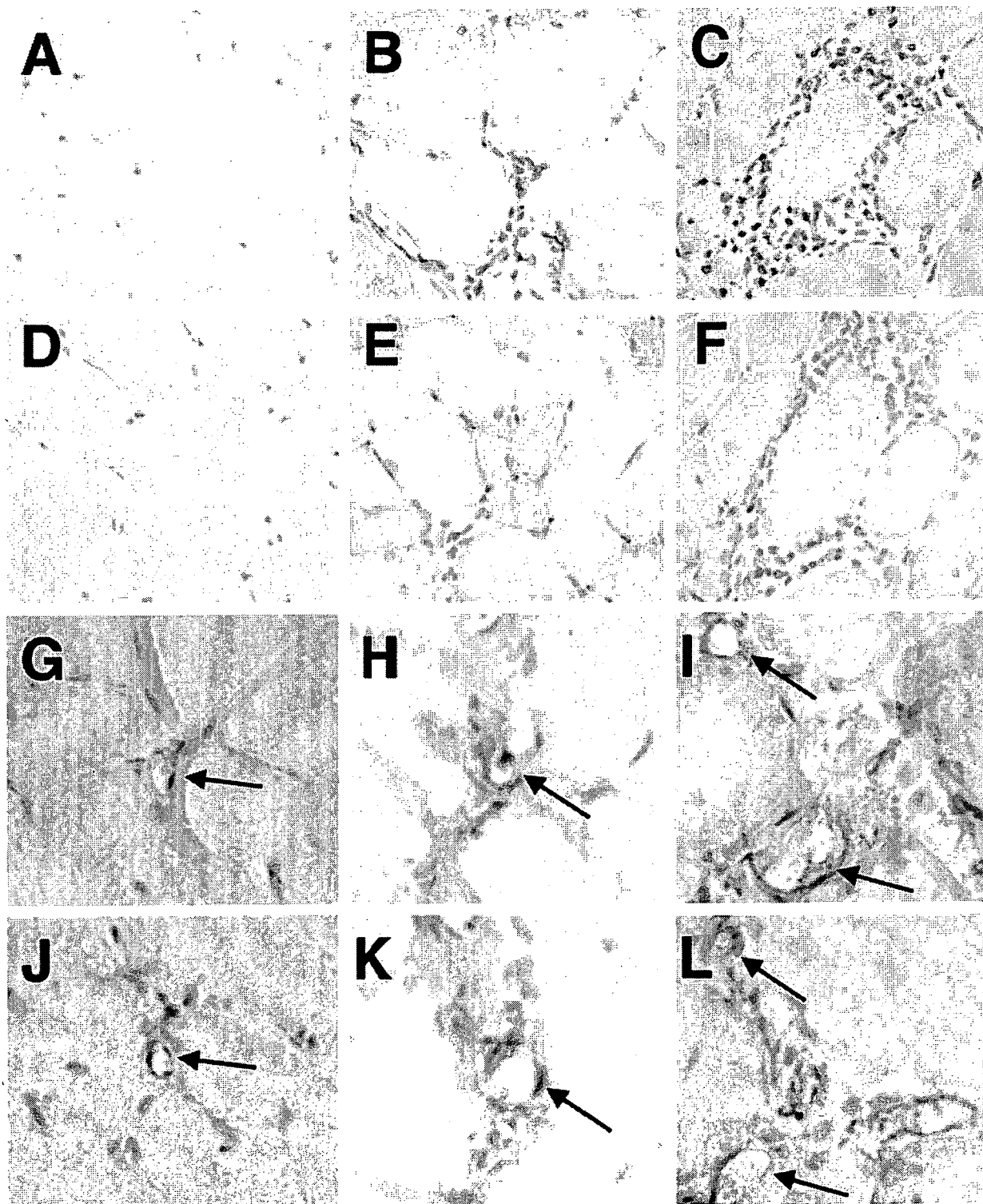


FIGURE 3. Time course of inflammatory cell infiltration into the muscle tissue of EAM mice. The numbers of infiltrating CD4<sup>+</sup>, CD8<sup>+</sup>, and F4/80<sup>+</sup> cells into the quadriceps femoris muscles were counted by immunohistochemistry. Data represent the mean  $\pm$  SEM. \*,  $p < 0.05$ .

matory cell infiltration in control Ab-treated mice was 100% ( $n = 10$ ). Treatment with anti-CX3CL1 mAb did not change the incidence of cellular infiltration (100%;  $n = 10$ ). EAM mice treated with control Ab showed mononuclear cell infiltration with atrophy and necrosis of muscle fibers (Fig. 6A). In comparison, anti-CX3CL1 mAb-treated EAM mice showed milder histological changes (Fig. 6B). Analysis of histological scores of inflammatory changes in the quadriceps femoris muscles indicated that treatment with anti-CX3CL1 mAb significantly reduced inflammatory cell infiltration in the muscles of EAM mice compared with treatment with control Ab (Fig. 6C). Moreover, anti-CX3CL1 mAb treatment reduced the number of necrotic muscle fibers in muscles (Fig. 6D). A similar result was obtained in another independent set of experiments.

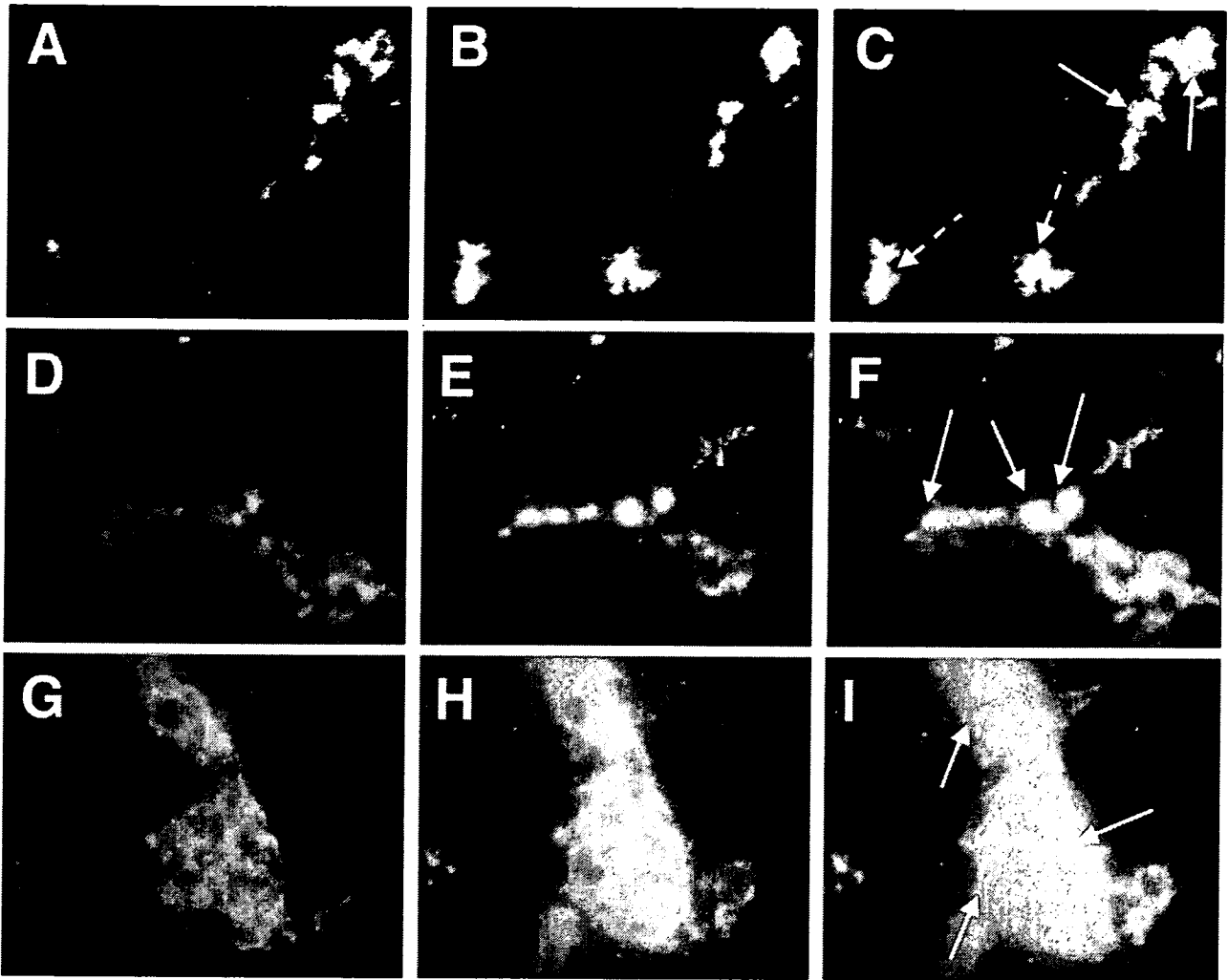
We next examined the effect of anti-CX3CL1 mAb treatment on the numbers of each subset of infiltrating cells. The numbers of CD4<sup>+</sup>, CD8<sup>+</sup>, and F4/80<sup>+</sup> cells in quadriceps femoris muscles were counted and compared between mice treated with control Ab and those with anti-CX3CL1 mAb. Anti-CX3CL1 mAb treatment significantly reduced the number of infiltrated CD4<sup>+</sup> T cells by ~30% (Fig. 7A), CD8<sup>+</sup> T cells by ~50%, and F4/80<sup>+</sup> macrophages by up to 50% (Fig. 7, B and C).



**FIGURE 4.** CX3CL1 expression in the muscles of EAM mice. Expression of CX3CL1 was examined by immunohistochemistry in normal mice (A and G) and EAM mice on day 14 (B and H) and day 21 (C and I). Vascular endothelial cadherin expression in the normal mice (J) and EAM mice on day 14 (K) and 21 (L) was also examined using serial sections with G, H, and I, respectively. Stainings with isotype control Ab for CX3CL1 are shown (D, normal mice; E, EAM on day 14; F, EAM on day 21). Arrows indicate vascular endothelial cadherin-positive endothelial cells (J-L), and corresponding endothelial cells (G-I). Original magnification,  $\times 400$ .

We finally examined the effects of anti-CX3CL1 mAb treatment on the expression of cytokines and cytotoxic molecule in the quadriceps femoris muscle of EAM mice by quantitative RT-PCR. Although the relative quantities of TNF- $\alpha$ , IFN- $\gamma$ , and perforin

mRNA were very low in normal SJL/J mice, they were significantly up-regulated in EAM mice that received control Ab treatment ( $p < 0.05$ ). Furthermore, treatment with anti-CX3CL1 mAb strikingly reduced mRNA expression (Fig. 8).



**FIGURE 5.** CX3CR1 expression on CD4<sup>+</sup>, CD8<sup>+</sup>, or F4/80<sup>+</sup> cells in the EAM muscle. Muscle tissues from EAM mice were double stained with CD4, CD8, or F4/80, and CX3CR1, and analyzed with fluorescent microscopy (A, CX3CR1; B, CD4; C, merged A and B; D, CX3CR1; E, CD8; F, merged D and E; G, CX3CR1; H, F4/80; I, merged G and H). Solid arrows indicate double-positive cells. Dotted arrows indicate CX3CR1-negative CD4 T cells. Original magnification,  $\times 200$ .

Considered together, the above results indicate that treatment with anti-CX3CL1 mAb reduced infiltration of CD4 and CD8 T cells and macrophages and reduced the expression of various inflammatory cytokines and cytotoxic molecule in muscles.

### Discussion

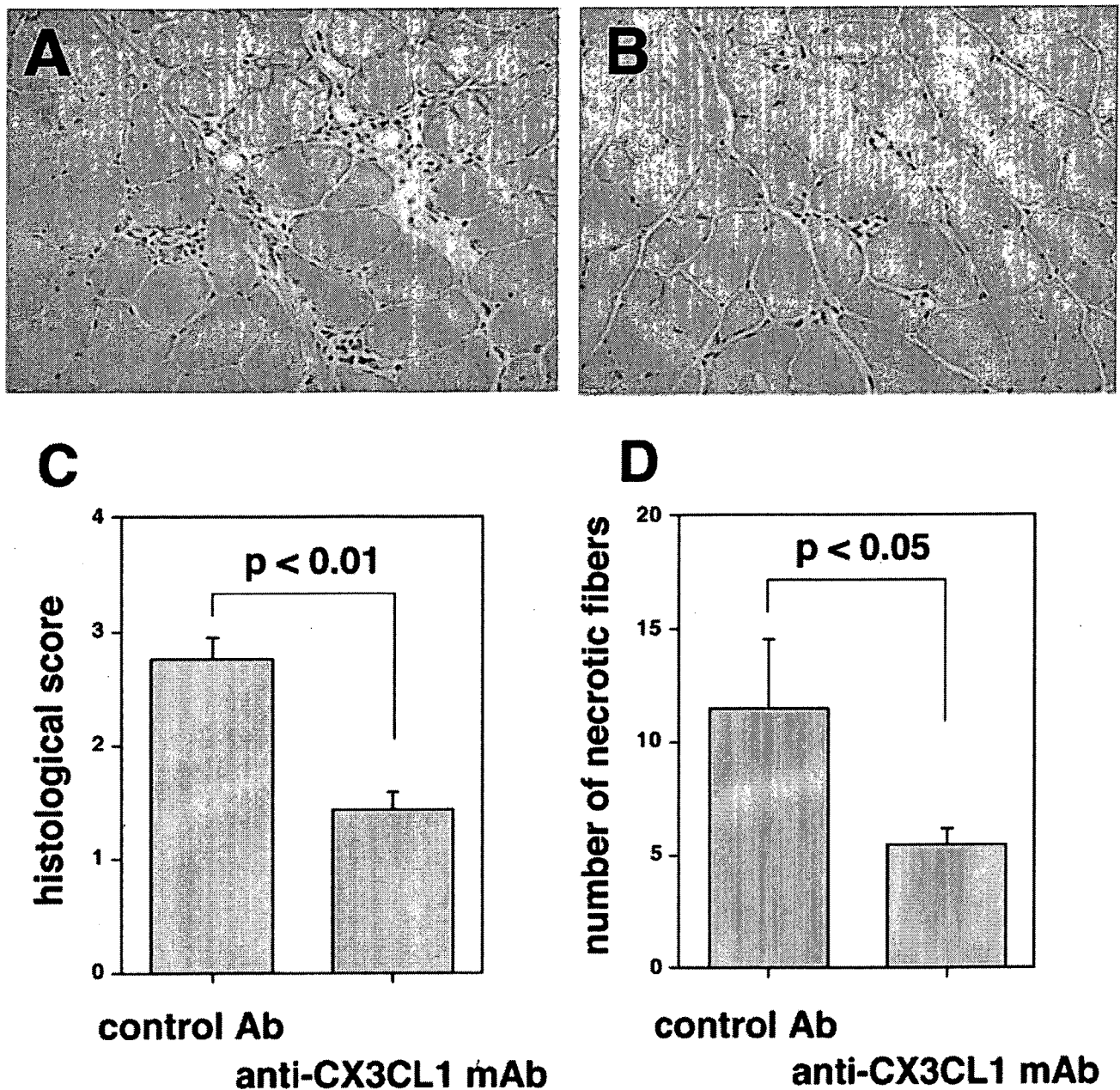
The major findings of the present study were the following. 1) CX3CL1 was expressed on infiltrated mononuclear cells and vascular endothelial cells, and its corresponding receptor, CX3CR1, was expressed on infiltrated inflammatory cells in the muscles of EAM. 2) Treatment with anti-CX3CL1 mAb ameliorated histological inflammatory changes in EAM mice, reduced the numbers of infiltrated CD4 and CD8 T cells and macrophages, and reduced the expression of TNF- $\alpha$ , IFN- $\gamma$ , and perforin in the muscles. These results suggest that CX3CL1-CX3CR1 interaction seems to play an important role in inflammatory cell migration into the muscles of EAM mice.

Development of EAM in SJL/J mice by immunization with rabbit purified skeletal myosin fraction and CFA was previously reported (37–40). We modified the method by increasing the

amount of immunized myosin and CFA and the addition of *Mycobacterium butyricum*. This modification shortened the period required for the development of myositis from 5 wk, which was thought to be appropriate for the induction (38), to 3 wk. Moreover, although pertussis toxin (PTX) injection into the peritoneal cavity increased the severity of inflammatory changes in the muscle (31), and thus, PTX was administered in the previous models (31, 36, 38), our modified method induces significant myositis without PTX injection. The EAM mice showed inflammatory cell infiltration in the endomysium, perimysium, and epimysium with muscle fiber necrosis. Immunohistochemical analysis showed that the invading cells surrounding nonnecrotic muscle fibers in the endomysium were mainly CD8 T cells, whereas macrophages were predominantly detected in necrotic fibers, and CD4 T cells were located in perimysium. Moreover, quantitative RT-PCR showed up-regulation of expression of TNF- $\alpha$ , IFN- $\gamma$ , and perforin mRNA in the muscle of EAM mice. These findings in EAM mice are similar to those reported in IIM patients (4–8, 34–36).

Inflammatory cell migration into the affected muscle of IIM is thought to involve chemokine-chemokine receptor interaction





**FIGURE 6.** Inhibition of inflammatory changes in the muscle by treatment with anti-CX3CL1 mAb. Five hundred micrograms of hamster anti-mouse CX3CL1 mAb or control Ab was injected into the peritoneal cavity three times per week from day 0 for 3 wk. On day 21, the quadriceps femoris muscles of EAM mice were examined with H&E staining, histological scores were evaluated, and the numbers of necrotic fibers were counted. Mice treated with control Ab showed inflammatory cell accumulation (A). Mice treated with anti-CX3CL1 mAb showed milder inflammatory changes (B). Representative photomicrographs of histology from 10 animals in each group are shown. Histological scores of inflammatory changes in quadriceps femoris muscles were evaluated (C). The numbers of necrotic fibers were counted in the muscle tissues (D). Data represent the mean  $\pm$  SEM.

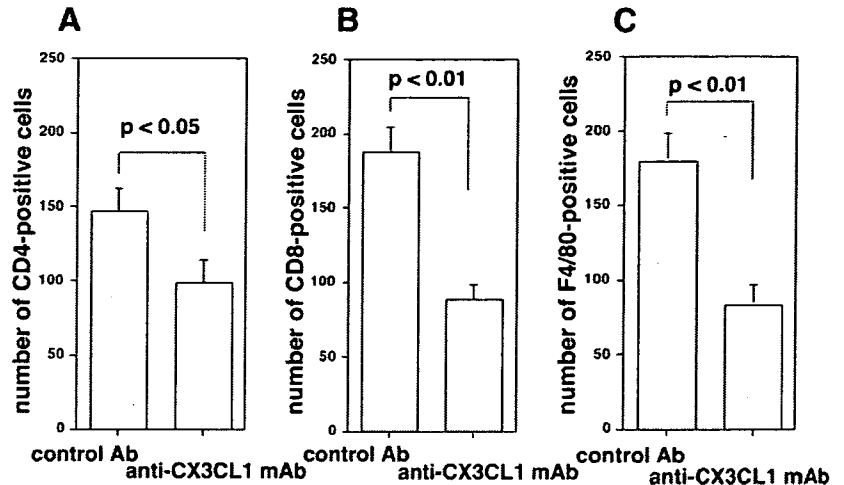
(9–14). In the present study we focused on the role of CX3CL1-CX3CR1 interaction in the inflammatory cell migration. We showed the expression of CX3CR1 on some CD4 T cells and most CD8 T cells in EAM mice. It has been reported that CTLs including both CD4<sup>+</sup> and CD8<sup>+</sup> T cells invade the muscle fibers in IIM patients (3). These cells possess cytotoxic molecules, such as perforin and granzyme B, which are released into muscle cells (4, 5). Furthermore, type 1 cytokines, such as TNF- $\alpha$  and IFN- $\gamma$ , were expressed in the inflammatory lesions of IIM patients (6–8). These findings suggest that the cytotoxic

molecules and type 1 cytokines play important roles in the inflammatory lesions in IIM patients. In contrast, we reported previously that peripheral blood CX3CR1<sup>+</sup> T cells express cytotoxic molecules and type 1 cytokines (26, 27). Therefore, the interaction of CX3CL1 and CX3CR1 could induce the migration of T cells, which express cytotoxic molecules and type 1 cytokines, into the affected muscles.

The infiltrated macrophages into the affected muscle also express inflammatory cytokines (9, 41). They express TNF- $\alpha$  and IL-1 $\beta$ , which could stimulate T cells, macrophages, and



**FIGURE 7.** Decreased numbers of infiltrating cells of each subset by anti-CX3CL1 mAb treatment. Numbers of infiltrating CD4<sup>+</sup>, CD8<sup>+</sup>, and F4/80<sup>+</sup> cells were counted in the quadriceps femoris muscles from the experiment shown in Fig. 6. Data represent the mean ± SEM.

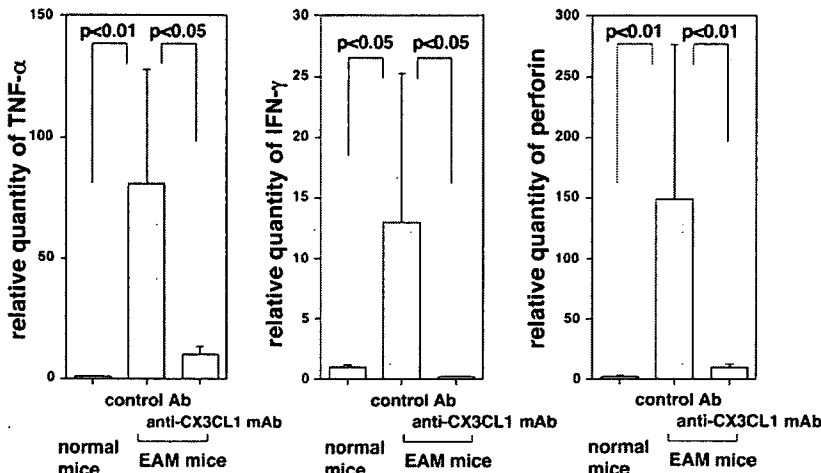


endothelial cells to produce various inflammatory cytokines, chemokines, and adhesion molecules. Moreover, these cytokines might have myocytotoxic effects (42–44). Our results showed that the majority of the F4/80<sup>+</sup> macrophages expressed CX3CR1 in the muscle of EAM mice. Thus, the CX3CL1-CX3CR1 interaction might also play an important role in macrophage migration into the affected muscle in addition to T cell migration.

CX3CL1 was expressed on infiltrated mononuclear cells in the affected muscles of EAM mice. Because CX3CL1 expression was located in the endomysium, infiltrated macrophages and/or CD8 T cells may express CX3CL1 in the muscles. Furthermore, we showed that CX3CL1 was also expressed on vascular endothelial cells in the EAM muscle tissue on days 14 and 21, but not in normal mice. It was reported that CX3CL1 was expressed on endothelial cells activated with TNF- $\alpha$  and IFN- $\gamma$  in vitro (19–21). Expressed CX3CL1 on endothelial cells might recruit CX3CR1<sup>+</sup> cells, including macrophages and T cells, into muscle. These cells, in turn, express TNF- $\alpha$  and IFN- $\gamma$ , which induce additional CX3CL1 expression on endothelial cells and also on recruited inflammatory cells. The enhanced expression of CX3CL1 may induce additional inflammatory cell migration. Consequently, these amplification cascades could contribute to the expansion of pathological changes in EAM mice. In fact, inhibition of CX3CL1 reduced the numbers of migrated CD4 and CD8 T cells and macrophages in the affected

muscles of EAM mice and also reduced the expression of TNF- $\alpha$ , IFN- $\gamma$ , and perforin. These results suggest that CX3CL1 blockade reduces the migration of inflammatory cells, which express cytotoxic molecules and cytokines, into the muscles. Thus, inhibition of CX3CL1-CX3CR1 interaction might be a potentially suitable therapeutic strategy for treatment of IIM.

Our data showed that mRNA expression of TNF- $\alpha$ , IFN- $\gamma$ , and perforin was almost totally inhibited by anti-CX3CL1 mAb treatment, although the numbers of infiltrated monocytes were decreased by up to 50%. Recently it was reported that stimulation with CX3CL1 enhanced production of proinflammatory cytokines such as IFN- $\gamma$  as well as the release of cytolytic granules by T cells (45). Thus, blockade of CX3CL1 might inhibit not only cellular migration, but also cytokine and cytotoxic molecule expression, by stimulation with CX3CL1 in the EAM muscle. Alternatively, because CX3CR1<sup>+</sup> T cells express type 1 cytokine and cytotoxic molecules (23, 26, 27), and CX3CR1<sup>high</sup> positive monocytes greatly produce inflammatory cytokines compared with CX3CR1<sup>low</sup> positive monocytes (46–48), treatment with anti-CX3CL1 mAb may selectively inhibit the migration of such specific T cells and macrophages. Therefore, anti-CX3CL1 mAb might be able to inhibit the expression of cytokine and cytotoxic molecules effectively in muscles, but additional study is required.



**FIGURE 8.** Reduction of TNF- $\alpha$ , IFN- $\gamma$ , and perforin expression by anti-CX3CL1 mAb treatment. Expression of TNF- $\alpha$ , IFN- $\gamma$ , and perforin mRNA in quadriceps femoris muscles from normal mice ( $n = 10$ ) and from the experiment shown in Fig. 6 were measured using real-time RT-PCR. Data represent the mean ± SEM.

We recently reported that inhibition of CX3CL1 ameliorated collagen-induced arthritis in mice, probably by suppression of inflammatory cell migration into the synovium (30). Others reported that anti-CX3CR1 Ab treatment blocked inflammatory cell infiltration in the glomeruli, prevented crescent formation, and improved renal function in the Wistar-Kyoto crescentic glomerulonephritis model (49). Furthermore, the gene deletion of CX3CR1 resulted in an ~50% decrease in the formation of atherosclerotic lesions and the number of infiltrated macrophages in the lesion in experimental atherosclerosis mice (50, 51). These results together with our findings suggest that blockade of CX3CL1-CX3CR1 interaction might be therapeutically useful for several diseases associated with inflammatory cell infiltration. In this study we propose that such treatment is also suitable for IIM. To our knowledge, this is the first report demonstrating that a chemokine inhibitor could reduce the severity of myositis.

In conclusion, we demonstrated in the present study that inhibition of CX3CL1 significantly improved histopathological changes in the muscles of EAM mice, suggesting that blockade of CX3CL1 might be therapeutically beneficial for IIM.

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### Disclosures

The authors have no financial conflict of interest.

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## 関節リウマチの病態形成における骨髄異常について

*Bone marrow abnormalities in rheumatoid arthritis*

廣畑 俊成\*

*Hirohata Shunsei*

### はじめに

関節リウマチ (RA) は関節滑膜の増殖による進行性の骨・軟骨破壊を主徴とする原因不明の炎症性疾患である。増殖した滑膜は軟骨・骨に侵入しパンヌスとなってこれらを破壊してゆく。関節滑膜を構成する主要な細胞としては、マクロファージ様のA型滑膜細胞 (M型滑膜細胞) と線維芽細胞様のB型滑膜細胞 (F型滑膜細胞) が存在することが知られている<sup>1)</sup>。これまで、このような滑膜増殖は関節滑膜局所に存在する滑膜細胞の異常増殖に起因すると考えられてきた。しかし、近年になって、A型滑膜細胞は骨髄に由来する可能性が示唆されている<sup>2)</sup>。

一方、RA関節滑膜においては、すでにその早期より血管新生が存在していることが明らかになっている<sup>3)</sup>。さらに、RA骨髄CD34<sup>+</sup>細胞からの血管内皮細胞への分化能は変形性関節症に比し有意に亢進しているこ

とから、これらの異常が関節滑膜の血管新生に関与している可能性も考えられる<sup>4)</sup>。したがって、RAの病態形成においては骨髄の異常の果たす役割が非常に重要であることが示唆されるわけである。本稿においては、これまでわれわれが明らかにしてきたRAの骨髄の異常について述べるとともに、今後解明されるべき問題等についても触れてみたい。

### I. RAの関節滑膜の病理像の特徴

RAの関節滑膜の病理学的特徴は以下の点に集約される<sup>1)</sup>。

①表層細胞 (lining cell) の重層化, ②表層下 (sublining layer) へのリンパ球, 形質細胞, マクロファージ, 多形核白血球, 樹状細胞の浸潤, ③偽性リンパ濾胞の形成, ④血管新生。

表層細胞ではA型およびB型の滑膜細胞の増生がみられるが、A型滑膜細胞の増生がより顕著であるといわれる<sup>1)</sup>。表層下には種々の細胞の浸潤がみられるが、特徴的なのはしばしば偽性リンパ濾胞の形成がみられる点である (図1)。また、完成されたRA関節滑膜においては血管新生が顕著である (図2)。しかし、滑膜に炎症性細胞浸潤や表層細胞の重層化がないRAの極めて早期において、すでに血管新生が認められることが明らかになっている<sup>3)</sup>。したがって、RAの発症において

#### Key words ▶

CD34

滑膜 (synovium)

血管新生 (angiogenesis)

CD14

TNF- $\alpha$

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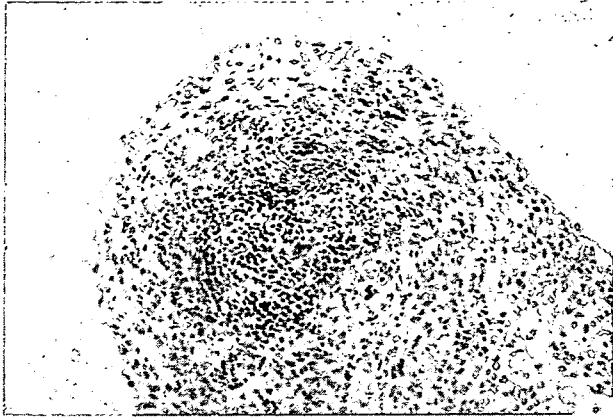


図1 関節リウマチ滑膜の病理組織像 (1)  
偽性リンパ濾胞を認める。(H&E, 原倍率×25)



図2 関節リウマチ滑膜の病理組織像 (2)  
著明な血管新生を認める。(H&E, 原倍率×25)

は関節滑膜での血管新生が primary の病変である可能性が十分に考えられる。

## II. A型滑膜細胞と骨髄

### 1. RA末梢血単球の異常

RAにおいては関節滑膜および皮下結節内に単球系細胞が存在することが確認されており、前者がA型滑膜細胞であると考えられる<sup>1,5,6)</sup>。これらの単球系細胞は、骨髄から産生された単球系細胞が体循環を介して局所に recruitされたものであると考えられる。この点においては、動物の実験関節炎モデルにおいては骨髄と関節腔を結ぶ canal を通じて細胞が侵入する経路も確認されているが<sup>7)</sup>、ヒトではいまだ証明されていない。われわれは、これまでにRAの末梢血の単球表面のCD14がRAの疾患活動期に上昇していること、さらに末梢血単球表面のFcγRI, FcγRIIの発現はRAの活動期・非活動期のいずれにおいても上昇していることを示した<sup>8)</sup>。すなわち、RAにおいては単球系細胞の活性化のみならず何らかの内因性の異常があり、これにより末梢血単球の表面抗原の異常を生じている可能性が考えられる。

### 2. RA骨髄CD14<sup>-</sup>細胞からのCD14<sup>+</sup>細胞の分化の亢進

前項で述べたRA末梢血CD14<sup>+</sup>細胞の異常の機序を明らかにするためには、骨髄レベルでの異常の有無を明らかにする必要がある。通常、骨髄血由来の単核球成分よりCD14<sup>-</sup>細胞を精製して単純に培養しておくだけでCD14<sup>+</sup>細胞が分化してくる<sup>9)</sup>。この際、RA骨髄CD14<sup>-</sup>細胞からは培養開始後24～72時間でOA骨髄CD14<sup>-</sup>細胞に比し、有意に多くのCD14<sup>+</sup>細胞に分化することが明らかになった<sup>9)</sup>。さらに、RAにおいては、骨髄CD14<sup>-</sup>細胞より分化したCD14<sup>+</sup>細胞上のHLA-DR発現が増強していることも示されている<sup>9)</sup>。したがって、RAにおいては骨髄からの単球系細胞の分化の亢進が存在し、これが病態に深く関与している可能性が考えられる。一方、活動期・非活動期のRAおよび健康人の間では末梢血中のCD14<sup>+</sup>細胞数には一般には差が認められない。これは、RAでは組織へのCD14<sup>+</sup>細胞の recruitment が亢進しているため骨髄からのCD14<sup>+</sup>細胞の産生が亢進しているにもかかわらず、末梢血中ではさほどの増加を示さないためではないかと考えられる。事実、電顕上も、RAにおいては滑膜に単球



図3 関節リウマチ滑膜組織の電子顕微鏡像

単球系細胞が滑膜内に侵入しようとしている (矢印).

M: 単球, f: fibroblast-like cell, L: リンパ球, E: 血管内皮細胞  
(スケールは2 $\mu$ Mを示す)

系細胞が入り込む像が認められる(図3)。さらに、RA患者の偽関節においても関節滑膜に酷似した組織が形成される。元々偽関節を発生する骨折部分には滑膜組織は存在しないことから、この組織の構成細胞は、骨髓由来細胞が体循環を経由して局所に流入した可能性が高いと考えられる。

このように、RAにおいては骨髓からのCD14<sup>+</sup>細胞の分化が亢進し、全身の組織へとこれらが循環していることがわかる。しかしながら、単球表面上のFc $\gamma$ RI・Fc $\gamma$ RIIの発現の異常がいかなる機序で生じているのかについてはいまだに明らかにはなっていない。

### 3. RA単球系細胞の機能の異常—特にBリンパ球活性化能について

RAの関節滑膜においては、リンパ球の浸潤のみならず、形質細胞の浸潤が顕著に認められる<sup>11)</sup>。こうした形質細胞はリウマトイド

因子をはじめとする自己抗体を産生していると考えられる<sup>10)</sup>。RAにおいては、多量のリウマトイド因子の産生がみられるが、その機序については十分明らかにされていない。一般に健常人の末梢血Bリンパ球を autologous のCD4<sup>+</sup>Tリンパ球とともに抗CD3抗体の存在下に培養するとリウマトイド因子(IgM-RF)の産生が誘導される<sup>11)</sup>。ここにRA患者骨髓CD14<sup>+</sup>細胞から誘導したCD14<sup>+</sup>細胞を加えると、IgMの産生量は変化させずにIgM-RFの産生量だけが特異的に増加することをわれわれは明らかにしてきた(図4)<sup>12)</sup>。したがって、RA患者骨髓由来CD14<sup>+</sup>細胞は、おそらくは直接の細胞間相互作用を介して、特にリウマトイド因子産生Bリンパ球を活性化し、Tリンパ球からのヘルパーシグナルにより容易にIgM-RFを産生するに至らしめるものと考えられる。しかしながら、現在のところはいかなる細胞間相互作用がリウマトイド因子

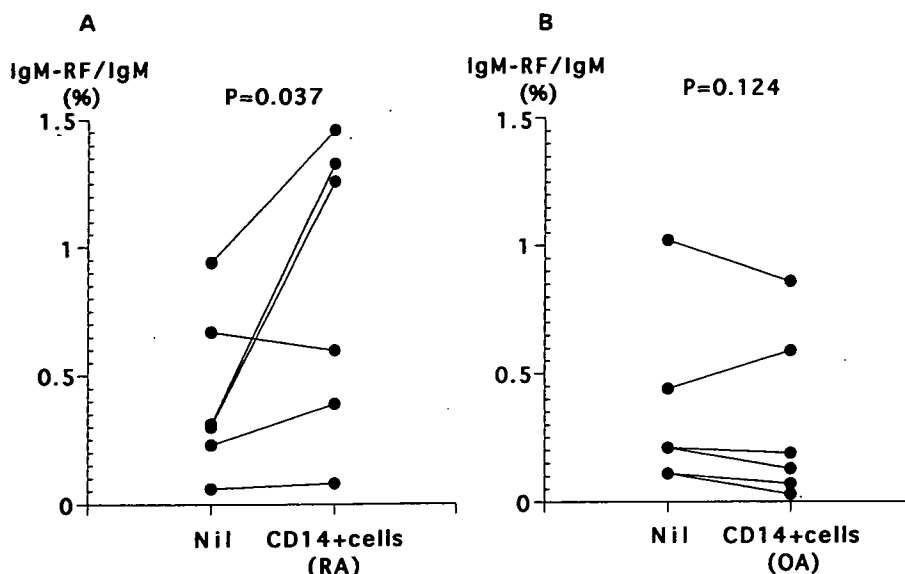


図4 関節リウマチ骨髄由来CD14<sup>+</sup>細胞によるIgMリウマトイド因子(IgM-RF)産生の増強効果

関節リウマチ(RA)骨髄由来CD14<sup>+</sup>細胞は健康人末梢血Bリンパ球によるIgM-RFを選択的に増強している(文献12より引用)。

産生に関与するかについては明らかになっておらず、この点については今後解明してゆく必要がある。

### Ⅲ. B型滑膜細胞と骨髄

前項で述べたように、RAの関節滑膜のA型滑膜細胞が骨髄由来であるということについてはすでにコンセンサスが得られている。一方、線維芽細胞様のB型滑膜細胞の由来についてはなお、さまざまな説があり<sup>13)</sup>、意見の一致をみていない。われわれはRA骨髄のCD34<sup>+</sup>細胞からB型滑膜細胞様の細胞が誘導できるかについて検討を行った。対照群(OAあるいは健康人)の骨髄CD34<sup>+</sup>細胞をstem cell factor(SCF)+granulocyte-macrophage colony stimulating factor(GM-CSF)の存在下に培養を行い、そこにIL-4あるいはTNF- $\alpha$ を添加したところ、TNF- $\alpha$ の存在下にやや線維芽細胞様細胞が多くなる傾向がみられた<sup>14)</sup>。一方、IL-4を添加した場合は、す

べての細胞は円形の細胞となり、clusterを形成し、さらにIL-4とTNF- $\alpha$ の両者を添加した場合にはapoptosisにより多くの細胞が死滅する傾向がみられた。RA骨髄CD34<sup>+</sup>細胞を同様に培養した際には、SCF+GM-CSFに加えてIL-4あるいはIL-4+TNF- $\alpha$ を添加した場合の形態的变化は、OA骨髄CD34<sup>+</sup>細胞とほぼ同様であった。SCF+GM-CSFのみの存在下ではRA骨髄CD34<sup>+</sup>細胞からは線維芽細胞様細胞への分化がやや多くみられたが、ここにTNF- $\alpha$ を添加するとこの傾向は一層著明となった(図5)<sup>14)</sup>。図6に示すように、flow cytometryでこれらの培養細胞の表面抗原を検索すると、TNF- $\alpha$ の添加時に、RA骨髄CD34<sup>+</sup>細胞からの線維芽細胞への分化の亢進に一致して、CD14抗原、HLA-DR抗原の発現の著明な低下を認めた<sup>14)</sup>。IL-4あるいはIL-4+TNF- $\alpha$ の添加によりCD14抗原の発現は低下するものの、HLA-DR抗原の発現はむしろ増加し、これはdendritic cellへの



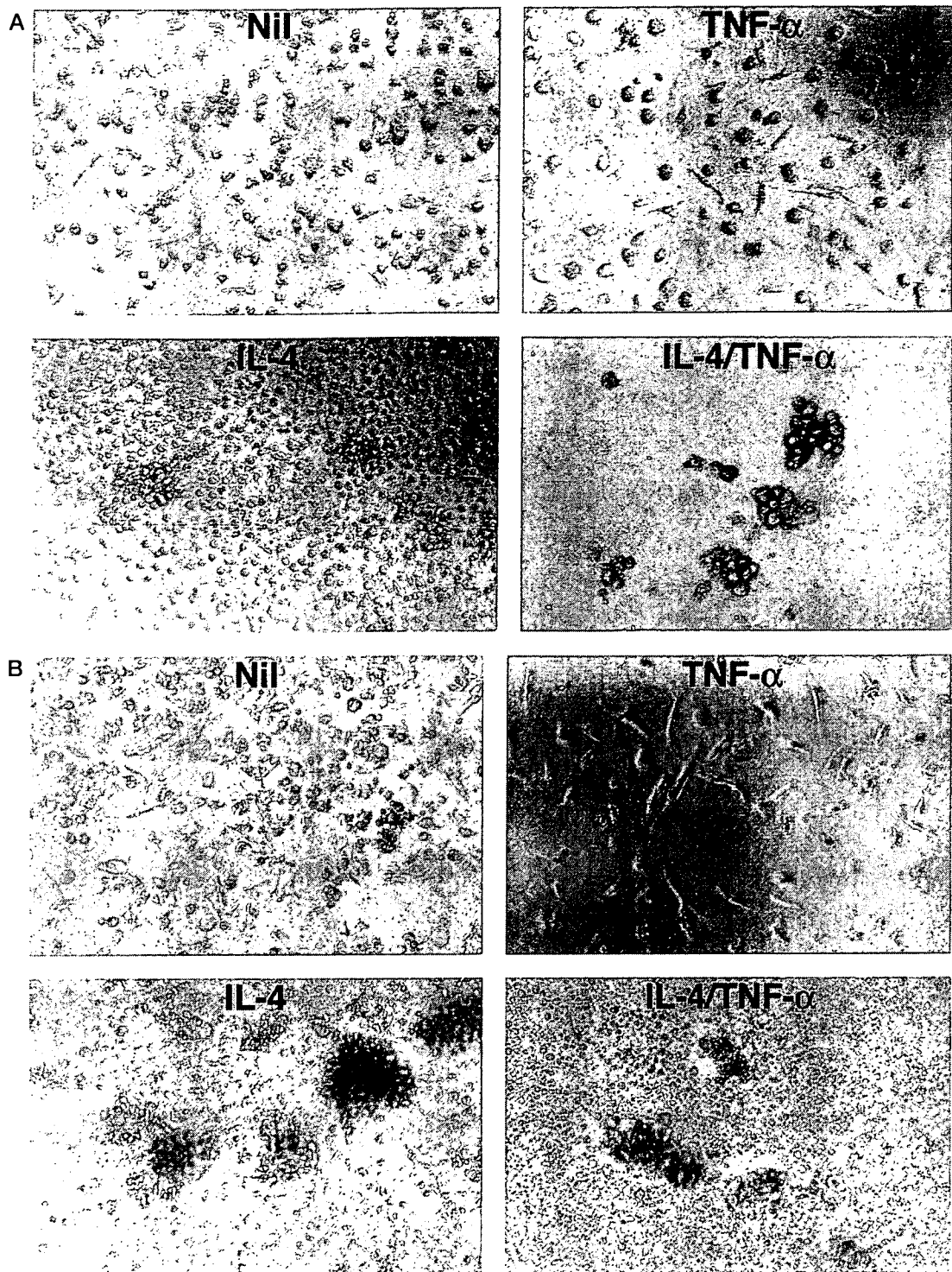


図5 変形性関節症 (A) および関節リウマチ (B) 骨髄CD34<sup>+</sup>細胞からの各種細胞の分化  
 骨髄CD34<sup>+</sup>細胞をSCF+GM-CSFの存在下に、各種サイトカインとともに4週間培養した時の  
 形態変化を示す (文献14を改変)。

分化の誘導を示唆している。これらの結果を  
 まとめてみると、表1に示すように、  
 SCF+GM-CSF+TNF- $\alpha$ の存在下でのRA骨

髄CD34<sup>+</sup>細胞からの線維芽細胞様細胞への  
 分化は、OA骨髄CD34<sup>+</sup>細胞に比し有意に亢  
 進していた。同時に、SCF+GM-CSF+TNF-

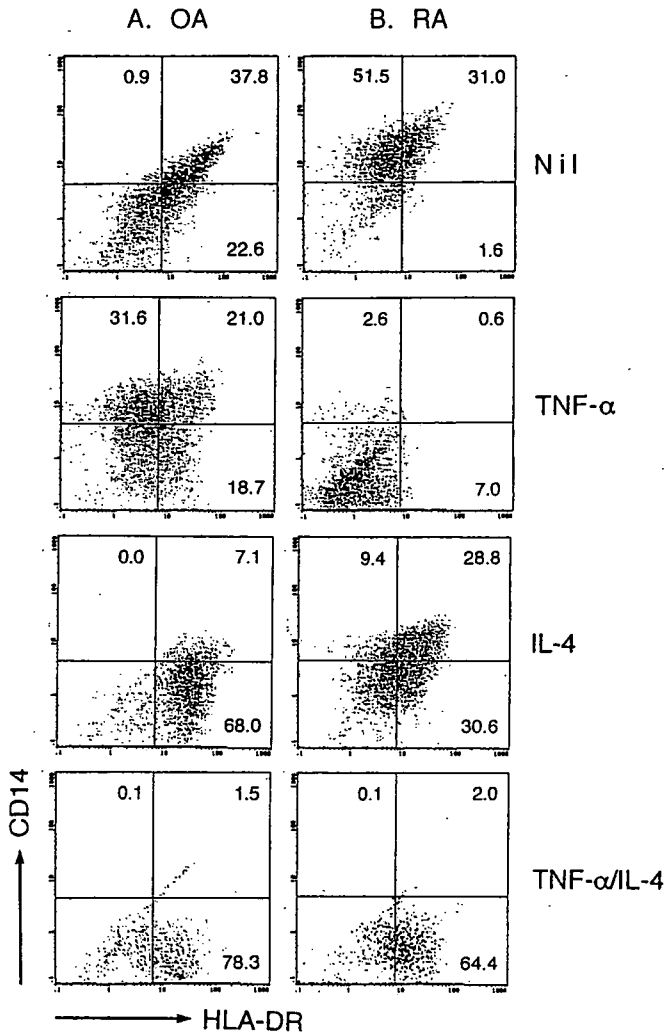


図6 変形性関節症 (A) および関節リウマチ (B) 骨髄 CD34<sup>+</sup> 細胞からの各種細胞の分化  
骨髄 CD34<sup>+</sup> 細胞を SCF+GM-CSF の存在下に、各種サイトカインとともに4週間培養した時の表面抗原 (CD14, HLA-DR) の変化を示す (文献14を一部変更)。

$\alpha$  で刺激した培養上清中の matrix metalloproteinase 1 (MMP-1) の産生も、RA 骨髄 CD34<sup>+</sup> 細胞においては OA 骨髄 CD34<sup>+</sup> 細胞に比して有意に亢進していた。したがって、RA 骨髄 CD34<sup>+</sup> 細胞から SCF+GM-CSF+TNF- $\alpha$  の存在下に分化してくる線維芽細胞様細胞は MMP-1 を産生するという B 型滑膜細胞の性質を有していることが明らかになった<sup>14)</sup>。以上のデータより、RA 関節滑膜に存在する B 型滑膜細胞も骨髄に由来する可能性が高いことが示唆された。

昨今いろいろの生物学的製剤が RA の治療に有用であることが示されており、中でも特に抗 TNF- $\alpha$  抗体や可溶性 TNF レセプター-Ig 融合蛋白の有用性が優れていることから、TNF- $\alpha$  が RA の病態形成上極めて重要な役割を果たすことが確認されている<sup>15)</sup>。上記のわれわれの検討結果は、TNF- $\alpha$  に対する反応性が RA 骨髄 CD34<sup>+</sup> 細胞においては明らかに OA 骨髄 CD34<sup>+</sup> 細胞とは異なっていることを端的に示している<sup>14)</sup>。すなわち、骨髄 CD34<sup>+</sup> 細胞の TNF- $\alpha$  に対する異常反応が RA の病態形成上重要な役割を果たしていることが示唆される。今後、この TNF- $\alpha$  に対する骨髄 CD34<sup>+</sup> 細胞の反応性の異常がいかなる

表1 関節リウマチ患者骨髄 CD34<sup>+</sup> 細胞からの各種細胞の分化

| Cytokines     | Morphology | RA patients (n=21) | Control (n=18) | Significance* |
|---------------|------------|--------------------|----------------|---------------|
| SCF+          | M+D        | 9                  | 13             | P>0.05        |
| GM-CSF        | M+D+F      | 12                 | 5              |               |
|               | F dominant | 0                  | 0              |               |
| SCF+          | M+D        | 1                  | 12             | P<0.001       |
| GM-CSF        | M+D+F      | 9                  | 5              |               |
| TNF- $\alpha$ | F dominant | 11                 | 1              |               |
| SCF+          | M+D        | 21                 | 18             | P>0.05        |
| GM-CSF        | M+D+F      | 0                  | 0              |               |
| IL-4          | F dominant | 0                  | 0              |               |

\*Chi-square test for independence

(文献14より引用)

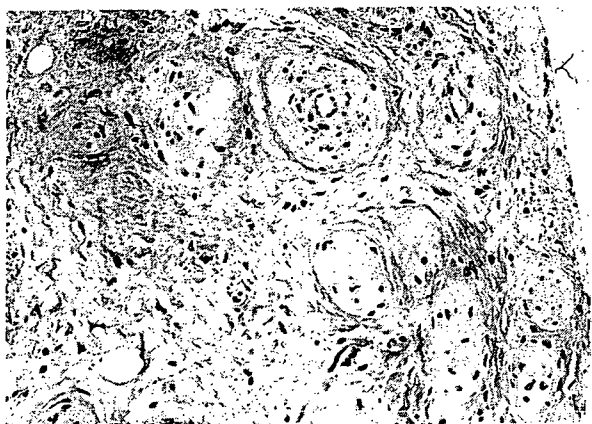


図7 早期関節リウマチ患者の関節滑膜にみられた血管新生 (H&E, 原倍率×40)  
(文献3より引用)

機序によって生じているのかについて検討してゆく必要がある。

#### IV. RAにおける血管新生と骨髄

RAの典型的な臨床像を示す以前に採取された患者の滑膜組織を検索すると、図7に示すように、全く滑膜細胞の増殖や炎症細胞の浸潤がみられないにもかかわらず、血管新生が生じている像が観察される<sup>3)</sup>。これまで、成人にみられる血管新生 (angiogenesis) においては、胎生期の血管形成 (vasculogenesis) とは異なり、既存の血管から新生血管が枝分かれして増殖してくるものと考えられていた。しかし、末梢血中にも骨髄由来の血管内皮前駆細胞が存在することが証明されて以来、こうした骨髄由来の血管内皮前駆細胞の関与する機転 (vasculogenesis) が炎症・腫瘍などにおける血管の増生に関与することが明らかにされた<sup>16,17)</sup>。

骨髄CD34<sup>+</sup>細胞をSCF+GM-CSFの存在下に培養するとvWF<sup>+</sup>細胞への分化がみられるが、RAにおいてはOAに比して、この骨髄CD34<sup>+</sup>細胞からのvWF<sup>+</sup>細胞への分化が有意に亢進していることが最近明らかになっ

た<sup>4)</sup>。さらに、この骨髄CD34<sup>+</sup>細胞からのvWF<sup>+</sup>細胞への分化は関節滑膜の毛細血管密度と正の相関を示していたことから、関節滑膜での血管新生において骨髄由来の血管内皮前駆細胞が重要な役割を果たすことが示唆された<sup>4)</sup>。こうしたvWF<sup>+</sup>細胞の分化の亢進は培養中におけるTNF- $\alpha$ やVEGFなどのサイトカイン産生の亢進に基づくものではなく、RA骨髄CD34<sup>+</sup>細胞自身のintrinsicな異常に基づくものと考えられる<sup>4)</sup>。すなわち、RA骨髄CD34<sup>+</sup>細胞はOA骨髄CD34<sup>+</sup>細胞に比し、VEGFR2 (vascular endothelial growth factor receptor 2)/KDR (kinase domain receptor) のmRNAの発現が有意に亢進していることが明らかになった<sup>4)</sup>。したがって、RA骨髄CD34<sup>+</sup>細胞はVEGFに対する反応性が亢進しており、これにより同じレベルのサイトカインの存在下においてOA骨髄CD34<sup>+</sup>細胞に比しより効率的にvWF<sup>+</sup>細胞へと分化し、関節滑膜での血管新生を支持することにより、関節滑膜の増殖に寄与しているものと考えられる。

#### おわりに

以上、本稿においてはRAの骨髄からはA型滑膜細胞だけでなく、B型滑膜細胞も産生される可能性の高いことを明らかにした。さらに、RA骨髄由来A型滑膜細胞様細胞は機能的にもRF産生Bリンパ球を活性化するという独特の異常を有していることを述べた。さらに、こうした関節滑膜の主要な構成細胞のみならず、これらの細胞が滑膜に侵入するために必要な血管の新生においても骨髄の異常が関与することが明らかになった。このような骨髄の異常は少なくともCD34<sup>+</sup>細胞というhematopoietic stem cellレベルでみられ

ており、こうした細胞において VEGFR2/KDR mRNA の発現亢進という遺伝子異常が存在することも明らかになった。今後は、骨髄 CD34<sup>+</sup> 細胞のもう 1 つの異常である TNF- $\alpha$  に対する反応性の異常がいかなるメカニズムで生じているのかについて解析するとともに、さらにこうした骨髄 CD34<sup>+</sup> 細胞レベルの異常がいかなる機序で生じているのかといった問題について検討を加えてゆくことが、RA の病態のみならず病因を解明する上で重要であると考えられる。

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## 特集・抗リウマチ薬の使い方

## ブシラミン

廣畑俊成\*

## Summary

ブシラミンは1つの分子内に2つのSH基を有する化合物で、分子内S-S結合を有するSA981を生体内で生ずることで、強力な抗リウマチ作用を発揮すると考えられる。その作用は、メトトレキサートと相補的であり、この両者を併用することで、より強力な治療効果が期待できる。ブシラミンの副作用としては、特に顆粒球減少、腎障害、肺障害などに対して注意が必要である。

## はじめに

ブシラミン(bucillamine[BUC])は本邦で開発されたSH化合物であり、メトトレキサート(methotrexate [MTX])とともに関節リウマチ(Rheumatoid arthritis [RA])に対する有効な疾患修飾性抗リウマチ薬(Disease modifying anti-rheumatic drug [DMARD])としての地位を確立したと言っても過言ではない。本稿においては、

BUCの薬理作用、有効性、副作用、使い方などについて概説するとともに、MTXとBUCの併用効果についても触れてみたい。

## A. 薬理作用

## 1. BUCの構造上の特徴

D-ペニシラミン(D-penicillamine [DPC])とBUCはいずれも分子内にSH基を有するいわゆるSH化合物である(図1)<sup>1)</sup>。事実、この両薬剤の効果発現

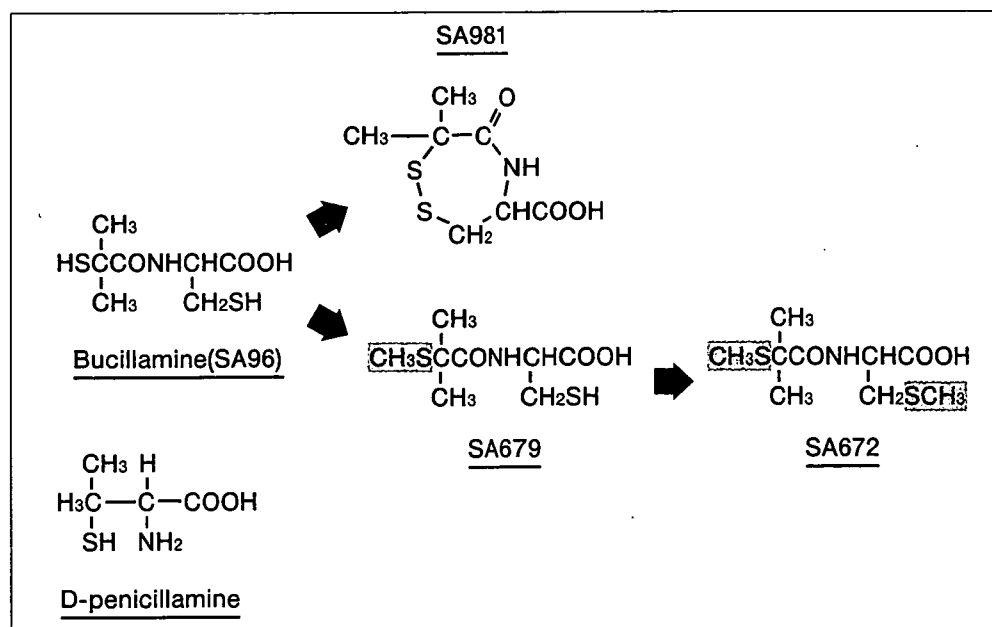


図1 DPC, BUCおよびその代謝体の化学構造式

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